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Clinical characteristics and cytokine biomarkers in patients with chronic graft-vs-host disease persisting seven or more years after diagnosis

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Abstract

Chronic graft-versus-host disease (cGVHD) is the leading late complication after allogeneic hematopoietic stem cell transplantation (HSCT). Many patients receive multiple lines of systemic therapy until cGVHD resolves, but about 15% remain on systemic treatment for more than 7 years after cGVHD diagnosis. This study describes the clinical and biological factors of patients who present with cGVHD persisting for ≥ 7 years (persistent cGVHD). Patients with persistent cGVHD (n = 38) and those with cGVHD for <1 year (early cGVHD) (n = 83) were enrolled in a prospective cross-sectional natural history study. Patients in the persistent cGVHD group were a median of 10.2 years from cGVHD diagnosis (range 7–27 years). Fifty-eight percent of persistent cGVHD patients (22/38) were receiving systemic immunosuppression, compared to 88% (73/83) in the early cGVHD group. In multivariable analysis, bone marrow (BM) stem cell source, presence of ENA autoantibodies, higher NIH lung score, higher platelet counts,

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CONFLICT OF INTEREST

There are no conflicts of interest to report.

SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section at the end of this article.

and higher IgA levels were significantly associated with persistent cGVHD. A high sensitivity panel of serum biomarkers including seven cytokines diagnostic for cGVHD was analyzed and showed significantly lower levels of BAFF and CXCL10 in patients with persistent cGVHD. In conclusion, standardly accepted clinical measures of disease severity may not accurately reflect disease activity in patients with persistent cGVHD. However, many patients with persistent cGVHD are still receiving systemic immunosuppression despite lacking evidence of disease activity. Development of reliable clinical biomarkers of cGVHD activity may help guide future systemic treatments.

1 | INTRODUCTION

Chronic graft-versus-host disease (cGVHD) is the leading cause of late non-relapse morbidity and mortality after allogeneic hematopoietic stem cell transplantation (HSCT).¹ cGVHD is a systemic immune disorder affecting multiple organs including skin, oral mucosa, eyes, genitalia, lungs, gastrointestinal tract, liver, joints and fascia.² Due to its multi-organ nature, most treatments require systemic immunosuppression with corticosteroids or various other immunomodulators. Two-year cumulative incidence of cGVHD requiring systemic treatment is between 30% and 40%.³ The average duration of systemic immunosuppression for cGVHD is 2–3 years. However, approximately 15% of patients still receive systemic immunosuppression 7 years after diagnosis of cGVHD.⁴ The duration of immunosuppression with corticosteroids is of critical importance as its long term use is associated with debilitating side effects including increased susceptibility to infections, myopathy, cataracts, osteoporosis, steroid-induced diabetes, cardiovascular events, psychological changes, and weight changes.⁵ Even non-steroidal systemic therapies are not benign and have a wide range of toxicities.^{6,7} Thus, better understanding the natural history, biology, and course of cGVHD in patients requiring prolonged systemic therapy will enable development of appropriate treatments and ability to respond to individual patient needs.

Prior studies have identified some clinical factors that were associated with longer duration of systemic immunosuppression, including: peripheral blood HSCT graft source, female stem cell donor to male recipient, donor-recipient human leukocyte antigen (HLA) mismatch, serum bilirubin >2 mg/dL at diagnosis of cGVHD, and increased number of organ sites involved by cGVHD.⁴ However, there is paucity of information describing characteristics of patients with persistent cGVHD lasting for 7 years. The predictive factors and underlying pathogenesis driving persistent cGVHD are unknown. Symptoms in many of these patients, such as those related to eyes, salivary glands, lungs or joint contractures could also be a reflection of irreversible target organ damage and late-stage fibrosis, rather than a continued active immune inflammatory process.

A serious limitation in studying patients with persistent cGVHD is the absence of reliable diagnostic tools that can decipher symptoms and signs related to active disease vs cumulative target organ damage. The implication is that some patients might be exposed to prolonged and potentially unnecessary doses of systemic therapies despite less active cGVHD. Prior studies sought to identify potential serum biomarkers of cGVHD diagnosis,

progression and response to immunosuppressive treatment.⁸ Cytokines including B cell activating factor (BAFF), CXCL9, and CXCL10 have been shown to be significantly increased in cGVHD patients compared to patients without cGVHD.^{9–12} However, such biomarkers of systemic inflammation have not been studied specifically in patient cohorts with persistent cGVHD. The aim of this study is to describe clinical and biological characteristics in clinically annotated patients referred with cGVHD persisting for more than 7 years after diagnosis.

2 | METHODS

Patients were enrolled in a cross-sectional prospective study of the natural history of cGVHD at the National Institutes of Health (NIH) (NCT00092235). This study involves a multi-disciplinary team evaluation during a 1 week visit by specialists with expertise in cGVHD (dermatology, dentistry, rehabilitation medicine, occupational therapy, gynecology, pain and palliative care, hematology/oncology and ophthalmology). Patients referred by their primary transplant physician for cGVHD evaluation who were able to give written informed consent were eligible. Patients who enrolled on the study 7 years from the time of cGVHD diagnosis (defined as persistent cGVHD) were compared to those who enrolled <1 year from cGVHD diagnosis (defined as early cGVHD). Healthy volunteers without any evidence of cGVHD were also included as controls for the serum cytokine analyses.

Clinical variables collected included age, gender, Karnofsky Performance Status, underlying disease, donor relationship, type of stem cell source, conditioning regimen intensity, administration of total body irradiation, donor HLA mismatch, number of involved organs and cGVHD subclassification. Other clinical variables were type of cGVHD onset, NIH global severity, NIH individual and average organ scores, Lee cGVHD total symptom scale and subscales (skin, eyes and mouth, breathing, eating and digestion, muscles and joints, energy, mental and emotional). Additional variables were presence of moderate/high immunosuppression intensity (moderate intensity defined as prednisone 0.5 mg/kg/day and/or any single agent/modality; high intensity defined as two or more modalities/agents \pm prednisone 0.5 mg/kg/day¹³), prednisone dose at the time of evaluation, Human Activity Profile (HAP) patient self-report, walk velocity, cGVHD clinician and patient assessed global severity and sclerotic and erythema body surface area involved. Patients were categorized based on their distance from the transplant center (0–25 miles, 26–100 miles, 101–300 miles and > 300 miles) to address if barriers to care may have an effect on the duration of cGVHD.

Patients' cGVHD disease was also categorized based on status per the EBMT-NIH-CIBMTR consensus paper, into one of the four following categories: active, controlled, inactive or resolved.¹⁴ The "active" group had ongoing inflammatory or worsening manifestations irrespective of their treatment status or cGVHD sequelae. The "controlled" group did not have those manifestations and was on immunosuppressive therapy (IST) or off IST for <24 weeks. The rest of the patients with no active cGVHD and off IST >24 weeks were divided either into "inactive" or "resolved" groups, with the "inactive" group having cGVHD sequelae and the "resolved" group having no sequelae. The Lee cGVHD symptom scale was used to evaluate the symptom burden including skin, eyes and mouth, breathing, eating and

digestion, muscle and joints, energy, mental and emotional, with a higher score indicating higher disease burden.¹⁵ HAP is a 94-item self-report measure of energy expenditure or physical fitness.¹⁶

Laboratory variables collected included serum bilirubin, C-reactive protein, erythrocyte sedimentation rate, C3 and C4 complement, albumin, ferritin, autoantibodies (CCP, ds-DNA, LKM-1, mitochondrial, ANA, ENA, anti-cardiolipin, RF), IgG, IgM, IgA and lymphocyte subsets CD3, CD4, CD8, CD19 and NK cells. IFN- γ , IL-6, IP-10, and MCP-1 were assayed using V-PLEX by from Meso-ScaleDiscovery (MSD). The BAFF, CXCL9, and ST2 high-sensitive assays were developed and customized for clinical testing using MSD electrochemiluminescence immunoassay technology with antibody pairs obtained from R&D Systems.

2.1 | Selection of cytokines

The cytokines measured in this study included BAFF, CXCL9, IP-10 (CXCL10), IL-6, IFN- γ , ST2, and MCP-1. BAFF is a member of the TNF ligand family that functions to promote B-cell survival. BAFF is upregulated in patients with cGVHD and is also predictive of cGVHD development.^{11,17} Interferon- γ (IFN- γ) inducible pathways along with release of CXCL9 from myeloid tissues and local production of IL-6 may lead to initiation and persistence of cGVHD.¹⁸ In addition, CXCL9 levels were increased in newly diagnosed cGVHD and affected by disease activity.¹⁹ The IFN- γ inducible protein-10 (IP-10), also known as CXCL10, and ST2, a member of the IL-1 family, was also associated with active cGVHD.^{8-10,20} Monocyte chemoattractant protein-1 (MCP-1) is a known chemoattractant for monocytes and may similarly contribute to local inflammation seen in cGVHD.

2.2 | Statistical analysis

Factors reported as a continuous parameter, or that could be essentially considered as if continuous, were compared between two groups using a Wilcoxon rank test, and among three groups using a Kruskal-Wallis test. Ordered categorical parameters were compared between the two groups using a Cochran- Armitage test for the trend. Dichotomous parameters were compared between the two groups using Fisher's exact test. Following an initial screening by the univariate methods described, univariate and multivariable logistic regression analysis was used to identify a set of factors that could jointly impact the persistent vs early cGVHD classification. All *P*-values reported are two-tailed and presented without any formal adjustment for multiple comparisons. In view of the number of the tests performed, *P* values for the univariate analyses such that $P < .005$ could be considered statistically important, while $.005 < P < .05$ would represent strong trends.

3 | RESULTS

Between 2004 and 2015, 38 patients with persistent cGVHD and 83 patients with early cGVHD were prospectively enrolled as part of the cross-sectional natural history study. Fourteen patients were excluded due to patient declination to complete study ($n = 2$), lack of cGVHD ($n = 9$), and PI discretion ($n = 3$); patients ($n = 138$) who were 1 to 7 years from cGVHD diagnosis were also excluded. In patients with persistent cGVHD, the median time

from diagnosis to enrollment was 10.2 years (range 7–27), (Figure S1). Patients with early cGVHD were slightly older (median age 48.5 years compared to 41.9 years in persistent cGVHD patients, $P = .10$), but both groups had similar performance status.

Univariate analysis revealed several clinical characteristics that were different between the groups (Tables 1 and 2). Factors that were associated with persistent cGVHD included: bone marrow (BM) stem cell source, myeloablative conditioning, higher breathing symptom burden on Lee cGVHD symptom scale, lower ferritin, lower doses of prednisone, positive ENA autoantibody, and higher platelets, CD19 cells, CD4 cells, IgG and IgA levels. Fifty-eight percent of patients (22/38) in the persistent cGVHD group were on systemic immunosuppression compared to 88% (73/83) in the early cGVHD group. Fewer patients with persistent cGVHD were on higher intensity immunosuppression than newly diagnosed patients (47% vs 80%, $P < .001$, Tables S1 and S2). In addition, lung involvement was more common among patients with persistent cGVHD (87% vs 65%, $P = 0.002$). This finding was supported by the fact that the persistent cGVHD group had lower FEV1 values than the early cGVHD group, consistent with long-standing lung damage. This finding is also consistent with earlier observations of lower lung scores in patients able to discontinue systemic immunosuppression²¹ (Table 1). Finally, there were no differences in factors associated with cGVHD disease characteristics, NIH global or organ severity, or distance from home to the transplant center.

Approximately 30 parameters with $P < .10$ were identified in the univariate screening process, but only variables missing 15 data values were included in the multivariable logistic analysis. Factors that had $P < .05$ in a univariate logistic regression analysis were subsequently evaluated in the multivariable model by a backward selection process. In the multivariable model using this process, BM stem cell source, presence of ENA autoantibodies, higher NIH lung score, higher platelet count and higher IgA were identified as being significantly associated with persistent cGVHD (Table 3).

In the cytokine analysis, patients with persistent cGVHD had significantly lower levels of BAFF and CXCL10. Also, CXCL9, IFN- γ , MCP-1 and IL-6 showed a trend towards lower levels in the persistent cGVHD group. This suggests a lower level of inflammation in these patients (Figure 1). Additionally, IL-6, CXCL9, BAFF, CXCL10, MCP-1 and ST2 were all significantly higher in the early cGVHD group compared to healthy volunteers.

Per the EBMT-NIH-CIBMTR consensus GVHD categorizations, patients with persistent and early cGVHD were categorized into the “active,” “controlled”, and “inactive” groups. There were no patients fitting into the definition of “resolved” GVHD among our cohort. To see if worsening GVHD or treatment has any effect on the levels of biomarkers of cGVHD, the cytokine levels were compared among all the cGVHD status categories for patients in the persistent cGVHD group. The CXCL10 levels were higher in the active group ($n = 16$) compared to controlled ($n = 5$) and inactive ($n = 2$) groups (median 312.6 vs 144.5 and 167.6, respectively, $P = .04$, for overall comparison). However, there was no difference between controlled and inactive groups ($P = .57$) in CXCL10 levels, at least in part because of the limited number of patients in each group. BAFF and ST2 levels in persistent cGVHD

did not demonstrate significant differences between active and controlled or inactive groups (data not shown).

4 | DISCUSSION

This study aimed to describe clinical and biological characteristics of patients with persistent cGVHD 7 years after diagnosis. Patients with persistent cGVHD were more likely to have lung cGVHD and a higher Lee cGVHD breathing symptom burden, but lower levels of cytokines that are diagnostic and prognostic for cGVHD, including BAFF and CXCL10 compared to the patients with early cGVHD. Most (74%) of these patients with persistent cGVHD were determined to have severe cGVHD by NIH global severity and 58% of these patients remain on immunosuppression. Our findings suggest that patients with persistent cGVHD may have less active inflammatory processes and increased symptom burden, requiring a more tailored need for treatment due to accumulated irreversible damage, involving those focused on reversing sclerotic processes. Standard accepted clinical measures of disease severity may not be helpful in distinguishing active disease from accumulated late effects in target organs and tissues.

Interestingly, despite the severity of disease and high symptom burden scores, persistent cGVHD patients on this study showed fewer laboratory indicators of systemic inflammation, as reflected by significantly higher albumin and lower ferritin serum levels than in the early cGVHD group. In addition, plasma cytokine analysis revealed a significantly lower level of CXCL10 and BAFF in persistent cGVHD, compared to the <1 year early cGVHD group, and a trend towards lower levels for CXCL9, IFN- γ , MCP-1 and IL-6. In the persistent cGVHD group, patients were further categorized based on the EBMT-NIH-CIBMTR consensus disease status categories and patients with active cGVHD were found to have higher levels of CXCL10 compared to patients in the inactive and controlled cGVHD, despite the limited number of sample size in the latter two groups. Several groups have shown BAFF and CXCL10 to be diagnostic and prognostic for GVHD, and that BAFF levels are increased at the onset of and throughout pulmonary cGVHD.^{12,22,23} However, despite having increased lung scores and lower FEV1, patients in the persistent cGVHD group had significantly lower cytokine levels compared to those in the early cGVHD group, which cannot be explained by the lower median dose of steroids in this group (median 0 compared to 0.19 mg/kg prednisone equivalent). These findings suggest that clinically persistent cGVHD may not accurately reflect immunologically active disease. Symptoms in some of these patients might be driven by irreversible damage and end stage fibrosis rather than an active disease process. It is noteworthy that 63% of these patients with persistent cGVHD were determined after comprehensive multi-specialist clinical evaluation as having active cGVHD, and were recommended to consider further intensification or change of systemic therapy. As an alternate explanation, lower levels of BAFF in the persistent cGVHD group could possibly be explained by the higher number of B-cells compared to the early cGVHD group, as B-cells remove BAFF from the plasma.^{11,18} This finding is also supported by the higher IgA levels in the early cGVHD group. Regardless, the difference in the levels of BAFF between the two groups is conspicuous and is a finding that requires further research and understanding.

In addition to higher levels of B-cells and immunoglobulins, patients with persistent cGVHD also had higher levels of autoantibodies. In particular, the presence of extractable nuclear antigen (ENA) autoantibodies was predictive for persistent cGVHD in this analysis. The ENA is a set of antigens which include Ro, La, Sm and many other nuclear and ribonuclear antigens. Antibodies to these antigens are seen in a wide range of rheumatologic diseases, particularly Sjogren's disease, systemic lupus erythematosus, and systemic sclerosis.²⁴ These diseases have clinical manifestations including xerostomia, salivary gland destruction, oral sensitivity and keratoconjunctivitis sicca, which are similar to oral and eye cGVHD. A prior study showed that presence of various autoantibodies was common in oral cGVHD involvement.²⁵ That study also found that patients with >1 year cGVHD duration had a higher incidence of autoantibodies compared to patients <1 year. Though it remains unclear if any of these autoantibodies have a pathogenic role in persistent cGVHD, their significance should be further investigated in this clinical setting.

Interestingly, variables shown in prior studies to predict longer time for discontinuation of systemic immunosuppression at time of cGVHD diagnosis, such as HLA mismatch, serum bilirubin levels, number of involved GVHD sites or peripheral blood stem cell source, did not show differences in frequencies between the early and persistent comparison groups here. This lack of association could be due to the study design. For example, BM stem cell source was predictive for persistent chronic GVHD in both univariate and multivariate analyses. This is contrary to the previous research stating that peripheral stem cell graft sources are associated with higher incidence of cGVHD and increased need for immunosuppression.^{26,27} This observation has a few possible explanations. As the persistent cGVHD group is followed 7 years and many of these patients underwent their transplant over a decade ago, that group had a higher usage of BM stem cell source (Table 1), as peripheral stem cells as a source in allogeneic HSCT became widespread only after the early-mid 2000s.²⁶ The fact that 60% (23/38) of patients in the persistent cGVHD group were transplanted before the year 2000 and 83% (19/23) of those patients received BM stem cell source is in line with this explanation. In contrast, 100% of our early cGVHD group received their transplant after the year 2000. Alternatively, patients with peripheral stem cell source may have succumbed to their higher cGVHD burden earlier, thus leaving a higher percentage of patients with BM stem cell source in the persistent cGVHD group.²⁸⁻³⁰

This study had some limitations that should be taken into consideration. First, the patient population was selected from a cross sectional study, so it does not allow us to longitudinally analyze and associate clinical findings with potential laboratory markers of disease activity. Secondly, the cytokine panel used here does not include other cytokines of interest like MMP3 and osteopontin for example, that are putative biomarkers of cGVHD.²⁰ A longitudinal study with a more comprehensive cytokine panel measured at scheduled and event-driven time points may provide more information about the biology in persistent cGVHD. Nevertheless, the results of the study presented here were obtained in a clinically annotated cohort of patients with long standing cGVHD, who have been determined by their primary clinicians as having active cGVHD and potentially requiring systemic therapy.

In conclusion, the findings presented here demonstrate that most patients with persistent cGVHD are still on substantial doses of systemic immunosuppression while our current

measures including laboratory signs of systemic inflammation may not capture the degree of GVHD sequelae, such as fibrosis and sclerosis. Symptoms in these patients are commonly pulmonary and may be due to irreversible target organ damage or fibrosis rather than presence of active inflammation, and treatment approach should be tailored accordingly. The results presented here also support the practice to exert increased caution when making therapeutic decisions about systemic therapy in patients with persistent cGVHD, especially in patients with fibrotic changes. The development of clinically useful biomarkers of cGVHD activity is an imperative and high research priority.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

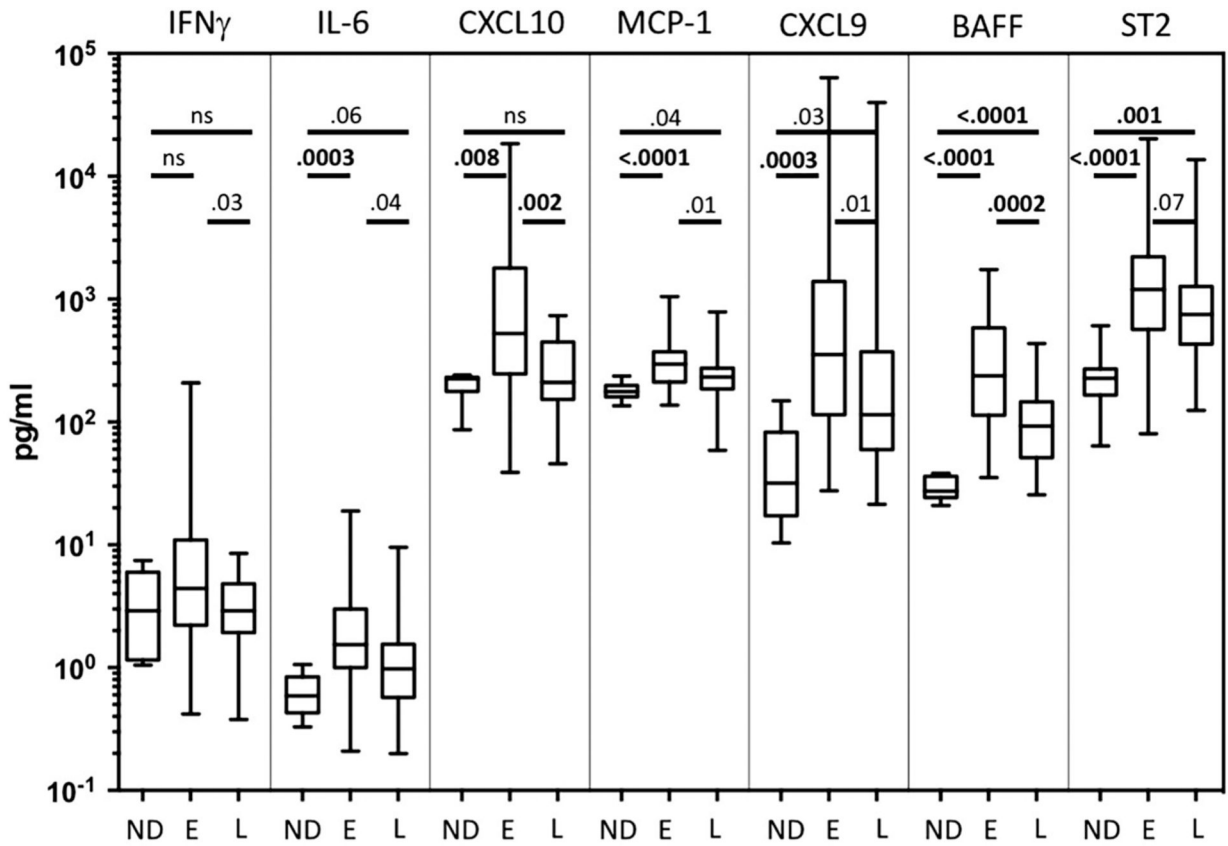
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Bold: statistically significant (p<0.01)

ns: not significant
 ND: no disease (healthy volunteers)
 E: early cGVHD
 L: late cGVHD (persistent cGVHD)

FIGURE 1. Cytokine analysis in persistent vs early chronic GVHD and healthy volunteer. Graph comparing levels of 7 selected cGVHD biomarkers (in pg/ml) among individuals with no disease (ND), early cGVHD (<1 year) (E) and persistent cGVHD >7 years (L) using Wilcoxon rank sum test. A total of 52 early and 26 persistent cGVHD patients were tested with the ELISA panels. Each bar represents the SD for the measurement within each group and solid line within the bar stands for the median value. Vertical lines represent the range of measurements. BAFF and CXCL10 levels were significantly higher in the early cGVHD group compared to persistent cGVHD group. IL-6, CXCL9, BAFF, CXCL10, MCP-1 and ST2 were all significantly higher in the early cGVHD group than in healthy volunteers

TABLE 1

Univariate analysis of clinical factors associated with persistent chronic GVHD

	Persistent cGVHD (>7 years from diagnosis) N = 38 ^{***}	Early cGVHD (<1 year from cGVHD diagnosis) N = 83 ^{***}	P value
Baseline transplant characteristics			
Patient age, median (range)	41.9 (16–66)	48.5 (7–72)	.10
Kamofsky performance status % (median)	80	80	.81
Donor/patient gender (F/M)	15 (42%)	14 (18%)	.01
Underlying disease			
• Lymphoid	7 (18%)	38 (46%)	.004
• Myeloid/other	31 (82%)	44 (54%)	
Related donor	28 (74%)	45 (56%)	.07
Bone marrow (BM) stem cell source	22 (58%)	9 (11%)	.0001
Myeloablative conditioning regimen	32 (86%)	37 (45%)	.0001
TBI in conditioning	15 (41%)	21 (26%)	.13
HLA-mismatch	6 (17%)	8 (10%)	.36
cGVHD characteristics			
Number of organs involved (median)	4	4	.35
Serum bilirubin at the time of evaluation in mg/dL (median)	0.4	0.6	.19
Prednisone dose at the time of evaluation in mg/kg (median, range)	0 (0–0.57)	0.194 (0–3.37)	.001
Progressive type of onset	19 (51%)	28 (34%)	.10
cGVHD classification			
• Classic	34 (94%)	61 (74%)	.01
• Overlap	2 (6%)	21 (26%)	
NIH global severity			
• Moderate	10 (26%)	35 (44%)	.10
• Severe	28 (74%)	45 (56%)	
NIH average organ score (median)	1	0.857	0.05
NIH individual organ scores *			
• Skin	27 (71%)	60 (73%)	.61
• Mouth	25 (66%)	57 (70%)	.40
• Eyes	29 (76%)	62 (77%)	.31

	Persistent cGVHD (>7 years from diagnosis) N = 38 ^{***}	Early cGVHD (<1 year from cGVHD diagnosis) N = 83 ^{***}	P value
• GI tract	22 (58%)	36 (44%)	.10
• Liver	16 (43%)	45 (55%)	.28
• Lungs	33 (87%)	53 (65%)	.002
• Joints and fascia	21 (55%)	38 (46%)	.09
• Genital	10 (53%)	23 (53%)	.98
cGVHD by therapeutic intent			
• Active	17 (63%)	24 (34%)	.01
• Not active	10 (37%)	47 (66%)	
EBMT-NIH-CIBMTR classification			
• Active	22 (63%)	39 (49%)	.007
• Controlled	9 (26%)	40 (50%)	
• Inactive	4 (11%)	1 (1%)	
Moderate to high intensity of IS^{**}	18 (47%)	66 (80%)	<.001
Lee symptom scale total (median)	39.5	34	0.02
Lee scale subscores (median)			
• Skin	6	5	.83
• Eyes and mouth	8	6	.09
• Breathing	5	2	.001
• Eating and digestion	2	1	.11
• Muscles and joints	7.5	5.5	.05
• Energy	5.5	4	.02
• Mental and emotional	4	3	.31
Sclerotic cGVHD (dermal) %BSA	0.005	0	.008
Sclerotic cGVHD (deep) %BSA	0	0	.05
Erythema, %BSA	0	0.004	.033
Total BSA, percent (median)	20	22	.30
Clinician severity, Form A ^{****} (median)	6	6	.92
Patient severity, Form B ^{****} (median)	6	5	.55
FEV1 (median)	69	92.65	<.001
HAP, MAS ^{****} (median)	77	71	.23

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	Persistent cGVHD (>7 years from diagnosis) N = 38 ^{***}	Early cGVHD (<1 year from cGVHD diagnosis) N = 83 ^{***}	P value
HAP, AAS ^{*****} (median)	65	58	.35
Two minutes walk test in feet (median)	556	594	.34
Range of motion, percent predicted (median)	40	55	.16
Socioeconomic characteristics			
Distance from transplant center			
• 0–25 miles	9 (28%)	17 (23%)	.78
• 26–100 miles	8 (25%)	22 (29%)	
• 101–300 miles	4 (13%)	10 (13%)	
• >300 miles	11 (34%)	26 (35%)	

Values in bold are the variables turned to be statistically important ($P < .005$) and their corresponding P values.

* NIH organ scores are reported on a 0 to 3 scale indicating increasing category of involvement. The percentages shown are for scores of 1–3. P values determined by Cochran-Armitage test for trend across all ordered categories.

** Moderate: prednisone 0.5 mg/kg/day and/or any single agent/modality; high: two or more modalities/agents ± prednisone 0.5 mg/kg/day.

*** Percentages are based on numbers with complete information for a given parameter.

**** Form A and Form B are used to assess clinician assessed and patient reported cGVHD symptoms, respectively.

***** HAP, MAS: Human Activity Profile, Maximum Activity Score is the highest oxygen demanding activity still performed and is determined in comparison with peers of same age and gender.

***** HAP, AAS: Human Activity Profile, Adjusted Activity Score is the MAS minus the total number of stopped doing responses below MAS and represents the average level of activity.

TABLE 2

Univariate analysis of laboratory factors associated with persistent chronic GVHD

	Persistent cGVHD (>7 years from diagnosis) N = 38	Early cGVHD (<1 year from diagnosis) N = 83	P value
Platelet count, 10 ⁹ /L (median)	277.5	193	<.0001
ESR, mm/hr (median)	15	18.5	.44
CRP, mg/L (median)	2.175	1.43	.27
C3, mg/dL (median)	140.5	128	.03
C4, mg/dL (median)	28.5	27	.14
Albumin, g/dL (median)	4	3.5	<.0001
Ferritin, ng/mL (median)	150	1240	<.0001
CD3, cells/ μ L (median)	897.5	691	.15
CD4, cells, μL (median)	533.5	327	.002
CD8, cells μ L (median)	320.5	310	.88
CD19, cells μL (median)	265.5	87	<.001
NK, cells/ μ L (median)	170.5	144.5	.03
IgG, mg/dL (median)	756	516	<.001
IgM, mg/dL (median)	70	49	.007
IgA, mg/dL (median)	145	32	<.0001
Presence of autoantibodies (%)			
Anti-CCP*	5 (13%)	4 (5%)	.151
Anti-dsDNA*	0 (0%)	2 (3%)	1.0000
Anti-LKM-1*	19 (50%)	25 (32%)	.068
Anti-mitochondrial	3 (8%)	10 (13%)	.545
ANA*	14 (37%)	17 (21%)	.0789
ENA*	7 (18%)	1 (1%)	.001
Anti-cardiolipin IgM	6 (16%)	3 (4%)	.057
Anti-cardiolipin IgG	1 (3%)	7 (9%)	.272
Rheumatoid Factor	5 (14%)	5 (6%)	.284

* CCP-1: Citric citrullinated peptide, dsDNA: double stranded DNA, LKM-1: Liver-kidney microsomal type 1, ANA: anti-nuclear antibody, ENA: Extractable nuclear antigen.

TABLE 3

Multivariable analysis depicting factors associated with persistent cGVHD after adjusting for factors in the univariate analysis: bone marrow stem cell source, presence of ENA autoantibodies, higher NIH lung score, higher platelet count and higher IgA. Standard estimate stands for parameter estimate that is part of a model predicting patients with persistent cGVHD. The higher the value, the stronger the contribution of that variable to the model

Parameter	DF	Estimate	Standard error	Wald Chi-square	P value
Intercept	1	-6.35	1.33	22.71	<.0001
Bone marrow (BM) stem cells	1	1.85	0.67	7.71	.006
ENA autoantibody	1	4.06	1.37	8.76	.003
NIH lung score	1	1.02	0.36	7.96	.005
Platelets	1	0.0077	0.0032	5.83	.016
IgA	1	0.015	0.0045	11.97	<.001

Estimates represent the difference in log(odds) or log(odds ratio). Estimates correspond to the following comparisons: patients who received bone marrow stem cells vs. patients who received peripheral blood or cord blood stem cells; patients with detectable extractable nuclear antigen (ENA) antibodies vs. patients with undetectable antibodies; patients who differ by one stage of NIH lung score; patients who differ by $10^9/L$ platelets; and patients who differ by 1mg/dL of IgA.