

Research Article

# 11 $\beta$ HSD2 Efficacy in Preventing Transcriptional Activation of the Mineralocorticoid Receptor by Corticosterone

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**Abbreviations:** 11 $\beta$ HSD2, 11 $\beta$ -hydroxysteroid dehydrogenase type 2; CHO, Chinese hamster ovary cells; cDNA, complementary DNA; doxy, doxycycline; EC<sub>50</sub>, 50% maximal mineralocorticoid receptor activation; FCS, fetal calf serum; GC, glucocorticoid; G-luc, *Gaussia* luciferase; GR, glucocorticoid receptor; HRE, hormone response element; HRP, horseradish peroxidase; HSD, hydroxysteroid dehydrogenase; MMTV, mouse mammary tumor virus; MR, mineralocorticoid receptor; tet, tetracycline.

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## Abstract

Affinity of the mineralocorticoid receptor (MR) is similar for aldosterone and the glucocorticoids (GC) cortisol and corticosterone, which circulate at concentrations far exceeding those of aldosterone. 11 $\beta$ -hydroxysteroid dehydrogenase type 2 (11 $\beta$ HSD2) inactivation of GC within the immediate vicinity of the MR is credited with prereceptor specificity for aldosterone in cells coexpressing MR and 11 $\beta$ HSD2. 11 $\beta$ HSD2 efficacy is also critical to other recently described 11 $\beta$ HSD2 substrates. The aim of this work was to address doubts that low levels of expression of 11 $\beta$ HSD2 in aldosterone target tissues suffice to prevent the initiation of gene transcription by the MR activated by physiological concentrations of corticosterone. Cell models stably expressing an MR/*Gaussia* luciferase reporter and various levels of constitutive or induced 11 $\beta$ HSD2 at concentrations lower than those in rat kidney homogenates and microsomes were produced. Aldosterone and corticosterone were equipotent transactivators of the MR reporter gene in cells without 11 $\beta$ HSD2. Rate of conversion of tritiated corticosterone to 11-dehydrocorticosterone increased and corticosterone-induced nuclear translocation of MR decreased, as 11 $\beta$ HSD2 expression increased. The 50% maximal MR activation for the reporter gene stimulation by corticosterone rose with increasing 11 $\beta$ HSD2 expression, shifting the steroid

dose-response curve for corticosterone-induced MR transactivation to the right. Several stable cell lines expressing an easily and reproducibly measured MR reporter system and consistent incremental amounts of 11 $\beta$ HSD2 protein were produced and used to document that 11 $\beta$ HSD2 within low physiological levels inactivates relevant concentrations of GC and decreases MR transactivation by GC in a dose-dependent fashion, laying to rest doubts of the efficacy of this enzyme.

**Key Words:** 11 $\beta$ HSD2, mineralocorticoid receptor, glucocorticoids, corticosterone, *Gaussia luciferase*

The mineralocorticoid receptor (MR) is a member of the steroid-thyroid hormone receptor superfamily of ligand-dependent transcription factors and has diverse functions. It is unique among steroid hormone receptors in that it has 3 primary physiological agonists: aldosterone, cortisol, and corticosterone [1]. Corticosterone is the main glucocorticoid (GC) in animals that do not express the 17-hydroxylase in the zona fasciculata, including laboratory rats and mice. Before the mineralocorticoid and the glucocorticoid receptors (GRs) were cloned, it was thought that the MR was expressed primarily in epithelial cells involved in electrolyte and water transport such as those of the renal collecting tubule and colon, and that there were 2 corticosteroid receptors, one with 10-fold higher affinity than the other, reviewed in [2]. On cloning of the MR and GR, it was demonstrated that the MR was the high-affinity corticosteroid receptor and that it had a similar affinity for corticosterone, cortisol, and aldosterone of about 0.5 to 1 nM [3]. At the time it was also known that total circulating GC levels are 1000-fold higher and free, nonprotein-bound GC concentrations are 100-fold higher than those of aldosterone, providing a clear stoichiometric advantage to the GC, yet clearly aldosterone, not corticosterone or cortisol, acted through the MR to ensure water and electrolyte homeostasis [3-5]. At the time the interconversion of cortisol and cortisone, and 11-dehydrocorticosterone by 11 $\beta$ -hydroxysteroid dehydrogenase (11 $\beta$ HSD), enzymatic activity was being studied in the context of patients with a hereditary form of hypertension, apparent mineralocorticoid excess [6]. In addition to the hypertension, hypokalemia, and alkalosis expected of excessive aldosterone production, these patients had low aldosterone and low urinary ratios of cortisol plus cortisol metabolites to cortisone plus cortisone metabolites, indicating that they had deficient 11 $\beta$ HSD activity. Within months of the demonstration that the MR had an equal affinity for aldosterone and the GC, 2 different laboratories demonstrated that 11 $\beta$ HSD was coexpressed with the MR in aldosterone target tissues and provided selectivity to the MR by converting the more abundant cortisol and corticosterone into inactive cortisone and 11-dehydrocorticosterone and their metabolites, respectively [7, 8]. Within a few years, 2 11 $\beta$ HSD enzymes

were cloned and characterized by several laboratories, as reviewed in [2]. 11 $\beta$ HSD2 is a high-affinity, NAD<sup>+</sup>-dependent, obligate hydroxysteroid dehydrogenase (HSD) with a Michaelis constant (4-14 nM) for corticosterone and cortisol that is low enough to be relevant to their circulating levels [9]. The products, 11-dehydrocorticosterone and cortisone, are inactive as ligands for the MR and GR. 11 $\beta$ HSD2 is expressed with the MR in aldosterone target cells, where it confers aldosterone specificity to the MR over the much more abundant GCs.

Despite the large amount of evidence accrued from clinical and experimental studies that is generally accepted [2], others have reported studies casting doubt that the low levels of endogenous 11 $\beta$ HSD2 in the kidney in vivo are sufficient to confer prereceptor specificity for aldosterone to the MR given the large amounts of free circulating GC [10, 11], reviewed in [12]. To address reservations about whether expression and catalytic activity of 11 $\beta$ HSD2 is sufficient to prevent corticosterone binding and transcriptional activation of the MR, we produced several stable cell lines that constitutively express different levels of 11 $\beta$ HSD2 below those found in the kidney and others that expressed it on induction to provide consistent graded concentrations of the enzyme and characterized its catalytic efficacy for the conversion of active GC to their inactive 11-HSD metabolites. These cells were also engineered with an MR reporter gene to demonstrate the efficacy of different expression levels of the 11 $\beta$ HSD2 enzyme on MR transcriptional activation by physiologically relevant concentrations of corticosterone and aldosterone.

## Materials and Methods

[1,2-3H]-Corticosterone was purchased from American Radiolabeled and unlabeled steroids from Steraloids. Channeled thin-layer chromatography plates (silica gel GF254, 60 Å) were obtained from Analtech and reagent-grade solvents from Fisher Scientific. A biconchonic acid kit from Pierce Biotechnology was used to measure protein concentrations. Solvents and other reagents were purchased from Millipore Sigma. The antibodies for 11 $\beta$ HSD2 (C.E.G.S., University of Mississippi Medical

Center, catalog No. 2147, RRID:AB\_2892988; [https://antibodyregistry.org/search.php?q=AB\\_2892988](https://antibodyregistry.org/search.php?q=AB_2892988)) and MR (DSHB catalog No. rMR1-18 1D5, RRID:AB\_1157909; [https://antibodyregistry.org/search.php?q=AB\\_1157909](https://antibodyregistry.org/search.php?q=AB_1157909)) were developed in house against the recombinant rat 11 $\beta$ HSD2 protein in sheep [13] and the rat MR protein in mice, respectively [14, 15]. Peroxidase-conjugated rabbit antibodies against  $\beta$ -actin and glyceraldehyde-3-phosphate dehydrogenase (GAPDH) were obtained from Proteintech, catalog Nos. HRP-60008, RRID:AB\_2819183; <https://www.ptglab.com/products/ACTB-Antibody-HRP-60008.htm> and HRP-60004, RRID:AB\_2737588; [https://scicrunch.org/resolver/RRID:AB\\_2737588](https://scicrunch.org/resolver/RRID:AB_2737588), respectively. The antilamin A/C antibody (DSHB catalog No. MANLAC1[4A7], RRID:AB\_2618203; [https://scicrunch.org/scicrunch/resolver/RRID:AB\\_2618203](https://scicrunch.org/scicrunch/resolver/RRID:AB_2618203)) was from Developmental Studies and Hybridoma Bank (DSHB, University of Iowa), MANLAC1 (4A7). The horseradish peroxidase (HRP)-conjugated donkey antishoop secondary antibody was purchased from Jackson ImmunoResearch Labs (catalog No. 713-001-003, RRID:AB\_2340702; <https://www.jacksonimmuno.com/catalog/products/713-001-003>).

### Production, Culture, and Characterization of Stable Cell-Line Models

Chinese hamster ovary cells (CHO) (CLS catalog No. 603479/p746\_CHO, RRID:CVCL\_0213; [https://scicrunch.org/scicrunch/resolver/CVCL\\_0213?i=5dc224499898c958a92d4333](https://scicrunch.org/scicrunch/resolver/CVCL_0213?i=5dc224499898c958a92d4333)) were grown in Dulbecco's modified Eagle's medium supplemented with 5% newborn calf serum until 50% confluent, were transduced with a lentivirus carrying the rat MR complementary DNA (cDNA) (pWPT-rMR), cloned, then transduced with a lentivirus with a reporter gene *Gaussia* luciferase (*G-luc*) and 3 hormone response elements (HREs; pBM14-TAT3-Gluc), and selected with 0.5 mg/mL of G418 (geneticin) as previously described [16]. The resulting CHO-rMR-pBM14-TAT3-Gluc cells were then transduced by a lentivirus pCDH-CMV-r11 $\beta$ HSD2 (SBI, System Biosciences). Additional cells were also transduced with an all-in-one tetracycline (tet)-inducible plasmid (pCW57.1, Addgene.org plasmid 41393, from the laboratory of Dr David Root) carrying the rat 11 $\beta$ HSD2 cDNA. Transduced cells were selected with 5- $\mu$ g/mL puromycin. The CHO-rMR-pBM14-TAT3-Gluc cells were transduced with pCDH-puro-r $\beta$ 11HSD2 for 1, 2, or 3 times to produce 3 stably transduced cells with progressively greater 11 $\beta$ HSD2 expression. The resulting stably transfected cell lines are designated CHO-rMR-pBM14-TAT3-Gluc r11 $\beta$ HSD2 ( $\times$ 1-3) and CHO-rMR-pBM14-pTAT3-Gluc.tet-inducible-r11 $\beta$ HSD2.

CV1 monkey kidney cells (CLS catalog No. 605471/p715\_CV-1, RRID:CVCL\_0229; [https://scicrunch.org/scicrunch/resolver/CVCL\\_0229?i=5fbef78f0143b73be5149fff](https://scicrunch.org/scicrunch/resolver/CVCL_0229?i=5fbef78f0143b73be5149fff)) stably transduced with a lentivirus containing a hormone-response element from the mouse mammary tumor virus (MMTV) and a *G-luc* reporter gene (pBM14-MMTV-Gluc) were kindly provided by Dr William E. Rainey [17]. These cells were transduced with a lentivirus carrying the rat MR (pWPT-rMR) cDNA and the resulting CV1-rMR-MMTV-Gluc cells were transduced with a tet-inducible plasmid (pCW57.1-r11 $\beta$ HSD2) carrying the rat 11 $\beta$ HSD2 cDNA and a puromycin selection gene. Antibiotic selection with puromycin and G418 produced the stably transduced CV1-rMR MMTV-Gluc.tet-inducible-r11 $\beta$ HSD2. Cells were maintained in Dulbecco's modified Eagle's medium containing 10% fetal calf serum (FCS) under a humidified atmosphere of 5% CO<sub>2</sub>, at 37 °C. CV1-rMR MMTV-Gluc.tet-inducible-r11 $\beta$ HSD2 and CHO-rMR-pBM14-pTAT3-Gluc.tet-inducible-r11 $\beta$ HSD2 cells were incubated in media with several concentrations of doxycycline (doxy) 0.1 to 1.0  $\mu$ g/mL for 48 hours to induce 11 $\beta$ HSD2 expression before experiments. Before each experiment the cells were transferred to medium in which the FCS had been treated with 1% charcoal to remove steroids.

### Western Blot Analyses

The levels of 11 $\beta$ HSD2 protein expression in each stably transfected cell line was measured by Western blot. Cells were cultured in 6-well plates until subconfluent. The CV1-rMR-MMTV-Gluc.tet-inducible-r11 $\beta$ HSD2 and CHO-rMR-pBM14-pTAT3-Gluc.tet-inducible-r11 $\beta$ HSD2 cells were treated with doxy at several doses, 0 to 1.0  $\mu$ g/mL, for 48 hours to provide a stable induction of 11 $\beta$ HSD2. Cells were solubilized in a mixture of ice-cold radioimmunoprecipitation assay buffer and 1 $\times$  protease inhibitor (Thermo Fisher). The cell lysates were centrifuged, the supernatants mixed with 2 $\times$  Laemmli buffer, and then heated at 65 °C for 20 minutes. The proteins were separated using 12.5% sodium dodecyl sulfate-polyacrylamide gel electrophoresis gels and transferred electrophoretically to polyvinylidene difluoride membrane (EMD Millipore). The membranes were blocked using 1% bovine serum albumin for 1 hour and then incubated in 1% bovine serum albumin containing the rat 11 $\beta$ HSD2 antibody (sheep antirat, 1:3000 dilution) overnight at 4 °C. The membranes were further incubated with HRP-conjugated secondary antibody (donkey antishoop, 1:5000 dilution) for 1 hour at room temperature and then washed in Tris-buffered saline. Chemiluminescence was performed for visualization using a luminal reagent prepared as described by Haan and Behrmann [18]. Protein bands were imaged with a

ChemiDoc imager (Bio-Rad). The membranes were stripped and reincubated with a HRP-conjugated anti- $\beta$ -actin antibody (rabbit, 1:10 000 dilution) for protein normalization. The quantification of signal densities from triplicate wells was performed by Image J software (National Institutes of Health).

### Gaussia Luciferase Assay for the Reporter Gene

Cell lines were grown in 96-well plates (0.2 mL/well) using phenol-red free growth media until confluent, then changed to 1% charcoal-treated FCS media plus steroid ligand overnight. CHO-rMR-pBM14-TAT3-Gluc-r11 $\beta$ HSD2 ( $\times 1-3$ ) were incubated overnight in steroid stripped media with 0.1- to 1000-nM aldosterone or corticosterone and 10- $\mu$ M (100-fold excess) mifepristone to prevent GR activation and transactivation of the reporter HRE. Cells stably transduced with the tet-inducible plasmid pCW57.1-r11 $\beta$ HSD2 were incubated for 48 hours without or with 0- to 1.0- $\mu$ g/mL doxy, then incubated with 1% charcoal-treated FCS media containing the same amounts of doxy plus aldosterone or corticosterone overnight with suppression of GR transactivation with mifepristone as described earlier. All experiments were performed in quadruplicate. After overnight incubation with or without an MR agonist, 25  $\mu$ L of media was used for G-luc analysis with 50  $\mu$ L of the substrate coelenterazine (diluted 1:100 in 50-mM Tris and 150-mM NaCl buffer) [16]. Luminescence was measured with a BMG microplate reader according to the manufacturer's instructions. The ligand concentration that produced 50% maximal MR activation ( $EC_{50}$ ) was calculated from the dose-response curves.

### Conversion of Corticosterone to 11-Dehydrocorticosterone

To assess the enzymatic activity, CV1-rMR-MMTV-Gluc and CHO-rMR-pTAT3-Gluc cells stably transduced with tet-inducible plasmid pCW57.1-r11 $\beta$ HSD2 were seeded on 24-well plates (0.5 mL/well) and treated for 48 hours with different doses of doxy. Cells were serum-starved for 1 hour, then the media were replaced with fresh phenol red-free media containing 1% charcoal-stripped FCS and 500 000 cpm of [1,2<sup>3</sup>H]-corticosterone per well. After a 2-hour incubation, the supernatants were collected in glass tubes, mixed well with 2 mL of methylene chloride, the aqueous phase aspirated and discarded, 20  $\mu$ g of unlabeled corticosterone and 11-dehydrocorticosterone added, and the samples dried by evaporation under vacuum. Steroids were then dissolved in 50- $\mu$ L isopropanol and separated on channeled silica-gel thin-layer chromatography plates using acetone-methylene chloride (18:82). Areas corresponding

to the steroids were located under UV light, scraped, and eluted with 0.5 mL of isopropanol and counted using a liquid scintillation counter. All experiments were performed in quadruplicate. The 4 types of CHO-rMR-TAT3-Gluc cell lines created by titrated infection (0, 1, 2, and 3 times) with lentivirus carrying the 11 $\beta$ HSD2 were grown then seeded on a 12-well plate (1 mL/well) and cultured until subconfluent. The media were replaced with media containing 500 000 cpi of [3H]-corticosterone and the steroid extraction and measurements performed as described earlier.

### Nuclear Translocation of the Mineralocorticoid Receptor Induced by Aldosterone and Corticosterone

The CHO-rMR-pBM14-pTAT3-Gluc.tet-inducible-r11 $\beta$ HSD2 cells grown in 10-cm dishes were incubated without and with doxy at the indicated doses for 48 hours, serum-starved overnight with the same concentration of doxy, and then treated with 10-nM aldosterone or corticosterone for 1 hour. After trypsinization and phosphate-buffered saline wash, a portion of the whole cells was taken and lysed to measure the 11 $\beta$ HSD2 and MR in total protein. The remaining cells were homogenized in ice-cold sucrose 0.25 M, HEPES 20 mM, Molybdate 20-mM buffer (pH 7.4) supplemented with a protease inhibitor cocktail (Goldbio.com), and centrifuged at 800g for 10 minutes. The pellet was resuspended in an isolation buffer containing 1.8-M sucrose and 0.5% Igepal with HEPES and molybdate, centrifuged at 60 000g for 40 minutes to pellet the nuclei. The nuclear pellet was washed once with the same buffer and lysed. The supernatant of the 800g spin was further centrifuged at 100 000g for 1 hour to separate the cytosolic fraction in the supernatant. All centrifugations were performed at 4 °C. Protein concentration of all fractions was determined by bicinchoninic acid kit. To assess the purity of the nuclear and cytosolic fractions, we performed immunoblotting for Lamin A/C and GAPDH, nuclear and cytosolic markers, respectively.

### Statistical Analysis

Results are expressed as mean  $\pm$  SEM. Differences between a single data set and a grouped data set were analyzed by 1-way and 2-way analysis of variance, respectively, followed by Bonferroni multiple comparisons. The differences were considered significant at *P* less than .05. Statistical analyses were performed using GraphPad/Prism (v6 for Windows software; GraphPad Software).

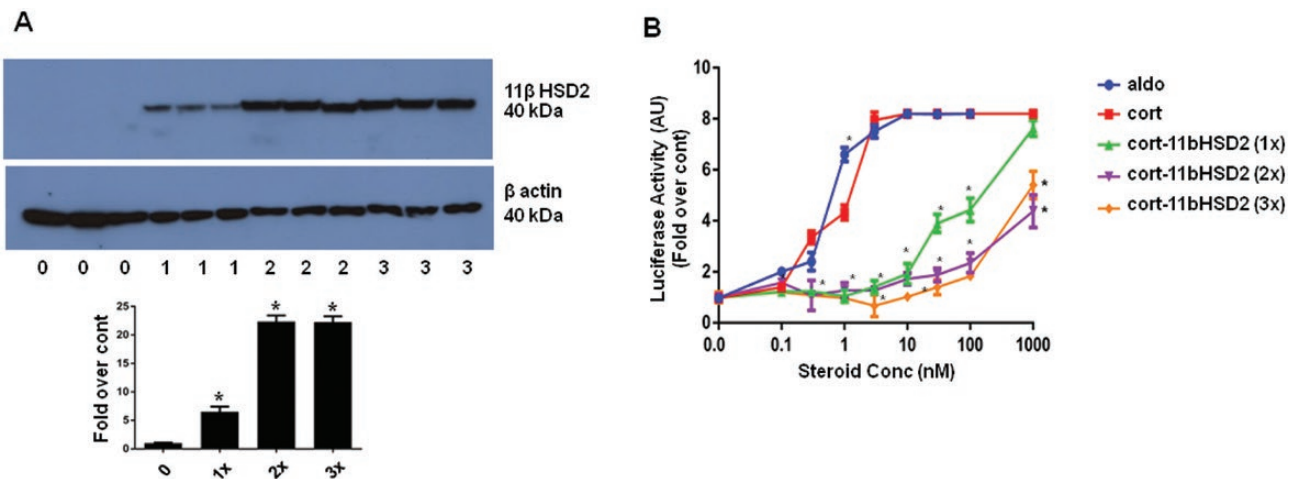
## Results

Consistent with a previous report [19], endogenous expression of 11 $\beta$ HSD2 mRNA and protein were not detected in the CHO and CV1 cells by reverse-transcriptase polymerase chain reaction and Western blot analysis (data not shown). Expression of the MR/G-luc was stable as reported for our original model cell [15]. 11 $\beta$ HSD2 protein levels analyzed by Western blot were reproducibly commensurate with the times the CHO-rMR-pBM14-TAT3-Gluc cells were stably transduced with the lentivirus carrying the rat *Hsd11b2* cDNA (Fig. 1A), and concentration of doxy used to induce the expression of the gene (Fig. 2). To elucidate the effect of different levels of 11 $\beta$ HSD2 expression on agonist-induced MR transactivation, luciferase activity was measured in the media of the cell models after stimulation with aldosterone or corticosterone at concentrations from 0 to 1000 nM. Mifepristone was added to block binding of corticosterone to endogenous GR to determine the effect of different levels of 11 $\beta$ HSD2 protein on the ability of the steroids to stimulate MR transcriptional activity (Fig. 1B). MR transactivation was enhanced similarly by aldosterone or corticosterone in cells that did not express 11 $\beta$ HSD2 (red and blue lines). Corticosterone-induced MR transcriptional activity was significantly attenuated in an 11 $\beta$ HSD2 concentration-dependent manner, with the level of inactivation correlating with the concentration of enzyme (see Fig. 1A and 1B). A single transduction with the pCDH-puro-r11 $\beta$ HSD2 lentivirus containing the entire coding

region of the rat 11 $\beta$ HSD2 was enough to decrease the EC<sub>50</sub> for corticosterone by 2 orders of magnitude.

To demonstrate that expression of 11 $\beta$ HSD2 protein in the several model cells was within low physiological ranges reported in other aldosterone target tissues, it was compared to its relatively high endogenous expression in rat kidney homogenate and microsomes. Fig. 2A and 2B are representative Western blots of 11 $\beta$ HSD2 protein in CV1-rMR MMTV-Gluc.tet-inducible-r11 $\beta$ HSD2 and CHO-rMR-pBM14-pTAT3-Gluc.tet-inducible-r11 $\beta$ HSD2 cells treated with graded doses of doxy. Doxy at 0.3 and 1.0  $\mu$ g/mL dose-dependently increased the 11 $\beta$ HSD2 protein in these stably transduced cells. The same amount of total protein, 20  $\mu$ g, was loaded in each lane. The proportion of 11 $\beta$ HSD2 protein in the model cells was stable (not shown) and lower than in rat kidney homogenates and rat kidney microsomes.

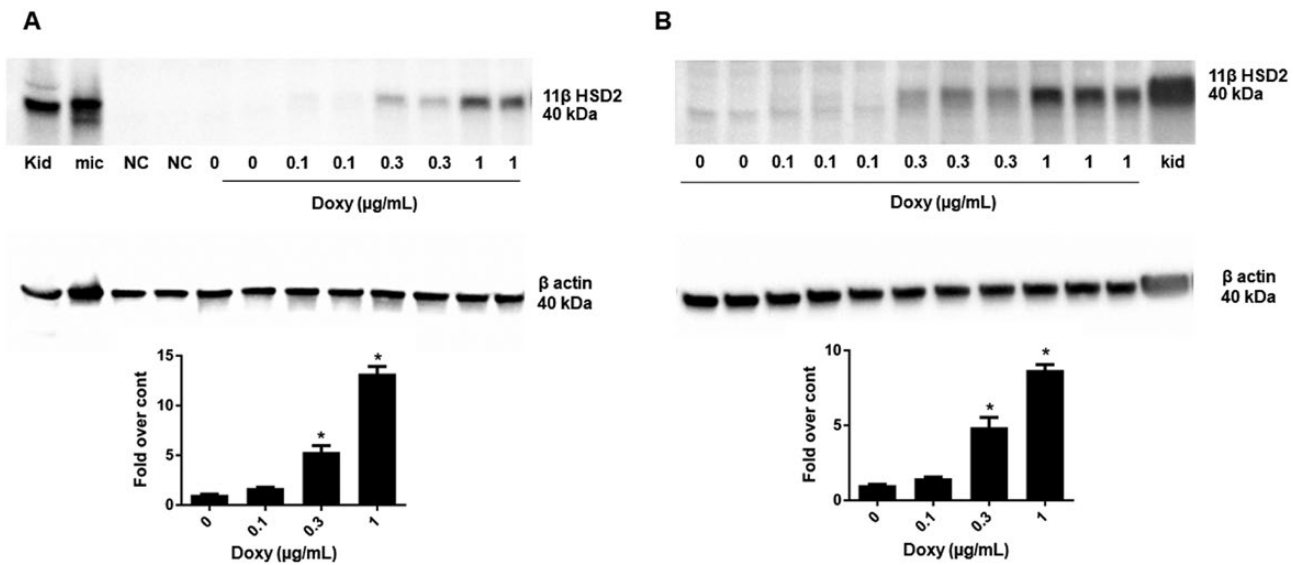
Fig. 3 shows the results of representative MR transactivation assays using a Gluc reporter construct in CV1-rMR MMTV-Gluc.tet-inducible-r11 $\beta$ HSD2 (Fig. 3A) and CHO-rMR-pBM14-pTAT3-Gluc.tet-inducible-r11 $\beta$ HSD2 (Fig. 3B) cells. The general patterns of transactivation were similar in the 2 cell lines. Corticosterone-stimulated MR transactivation of the luciferase reporter gene significantly decreased with increasing doxy concentration in the incubation media, commensurate with an increase in 11 $\beta$ HSD2 protein measured in Fig. 2, shifting the curves to the right in a dose-responsive manner. The EC<sub>50</sub> for transactivation



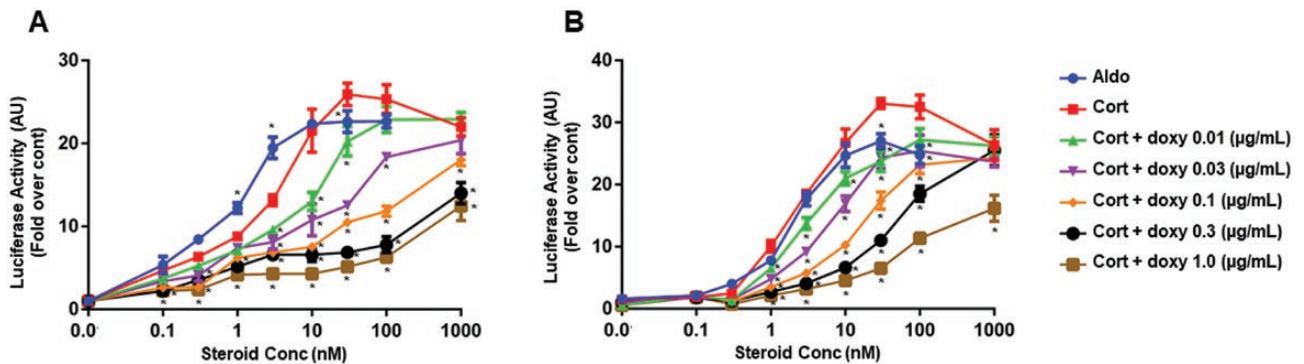
**Figure 1.** A, Western blot analysis of rat 11 $\beta$ -hydroxysteroid dehydrogenase type 2 (11 $\beta$ HSD2) protein in cell lysates of control: CHO-rMR-pBM14-TAT3-Gluc 1 (0); CHO-rMR-pBM14-TAT3-Gluc r11HSD2 (1x), CHO-rMR-pBM14-TAT3-Gluc r11HSD2 (2x) cells, and CHO-rMR-pBM14-TAT3-Gluc r11HSD2 (3x) cells [3]. B, Corticosterone-induced mineralocorticoid receptor transactivation assessed by luciferase secretion into the media by stably transfected CHO-rMR-pBM14-TAT3-Gluc cells infected 0 (red and blue lines), 1, 2, or 3 times with a virus carrying 11 $\beta$ HSD2. For A and B, mean values are based on data from quadruplicate wells for each concentration of steroids from 3 separate experiments and expressed as fold over control (0), without doxycycline. Results are shown as mean  $\pm$  SEM. \**P* less than .05 vs control. Results are shown as mean  $\pm$  SEM. \**P* less than .05 vs the same concentration of corticosterone in control cells without doxycycline.

by aldosterone in the CV1-rMR MMTV-Gluc.tet-inducible-r11 $\beta$ HSD2 cells was about 0.9 nM, and by corticosterone was 3.0 nM without doxy (see Fig. 3A), and after 11 $\beta$ HSD2 induction with 0.01, 0.03, 0.1, 0.3, and 1  $\mu$ g/mL of doxy, the EC<sub>50</sub> for corticosterone was significantly increased to 29.29, 30.0, 29.87, 78.51, and 164.5 nM, respectively. The EC<sub>50</sub> in CHO-rMR-pBM14-pTAT3-Gluc.tet-inducible-r11 $\beta$ HSD2 for aldosterone was 2.28 nM, similar to the EC<sub>50</sub> for corticosterone without doxy, 2.84 nM. Induction of 11 $\beta$ HSD2 with 0.01, 0.03, 0.1, 0.3, and 1  $\mu$ g/mL of doxy resulted in a significant increase in EC<sub>50</sub> values for corticosterone to 2.98, 9.8, 10.2, 51.06, and 56.43 nM, respectively (see Fig. 3B).

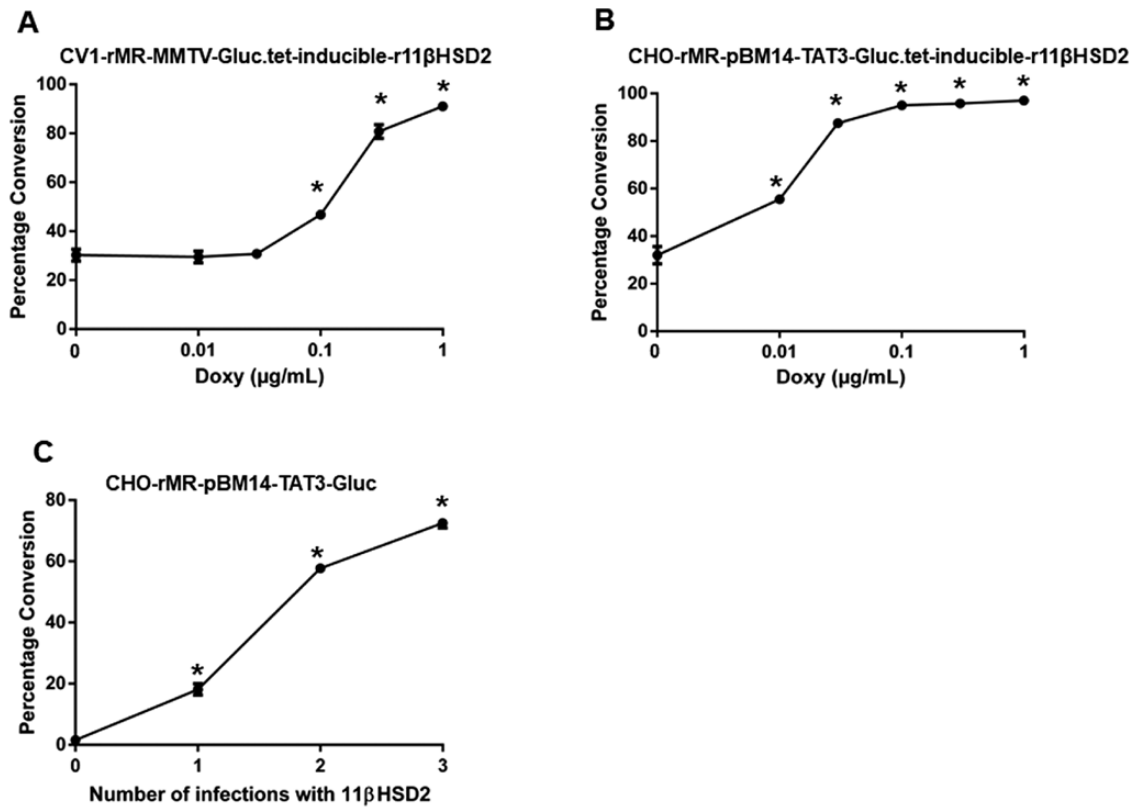
Dose-dependent activity of the 11 $\beta$ HSD2 in the model cells was assessed by performing a radioactive substrate conversion assay. Fig. 4A and 4B are representative results of the conversion of tritiated corticosterone to 11-dehydrocorticosterone in CV1-rMR MMTV-Gluc.tet-inducible-r11 $\beta$ HSD2 (see Fig. 4A), and CHO-rMR-pBM14-pTAT3-Gluc.tet-inducible-r11 $\beta$ HSD2 (see Fig. 4B) cells as a function of the concentration of doxy. Conversion increased commensurate with the dose of doxy in both cell lines. The efficacy of induction was greater in the CHO-rMR-pBM14-pTAT3-Gluc.tet-inducible-r11 $\beta$ HSD2 cells. Similarly, conversion increased significantly with each successive infection with the lentivirus carrying the r11 $\beta$ HSD2 cDNA in CHO-rMR-pBM14-TAT3-Gluc cells (Fig. 4C).



**Figure 2.** 11 $\beta$ -hydroxysteroid dehydrogenase type 2 (11 $\beta$ HSD2) protein measured by Western blot analysis in lysates of A, CV1-rMR MMTV-Gluc.tet-inducible-r11 $\beta$ HSD2, and B, CHO-rMR-pBM14-pTAT3-Gluc.tet-inducible-r11 $\beta$ HSD2 cells incubated with graded concentrations of doxycycline for 48 hours. Kidney homogenates and kidney microsomes were used as controls. A total of 20  $\mu$ g of protein was used in all lanes. Results are shown as mean  $\pm$  SEM. \**P* less than .05 vs control (0), without doxycycline.



**Figure 3.** Corticosterone-induced mineralocorticoid receptor transactivation in A, CV1-rMR MMTV-Gluc.tet-inducible-r11 $\beta$ HSD2, and B, CHO-rMR-pBM14-pTAT3-Gluc.tet-inducible-r11 $\beta$ HSD2 cells assessed by a *Gussia* luciferase reporter gene system. Results are shown as mean  $\pm$  SEM. \**P* less than .05 vs the same concentration of corticosterone in control cells without doxycycline (doxy). Mean values based on data from quadruplicate wells for each concentration of steroids from 3 separate experiments were plotted and expressed as fold over control.



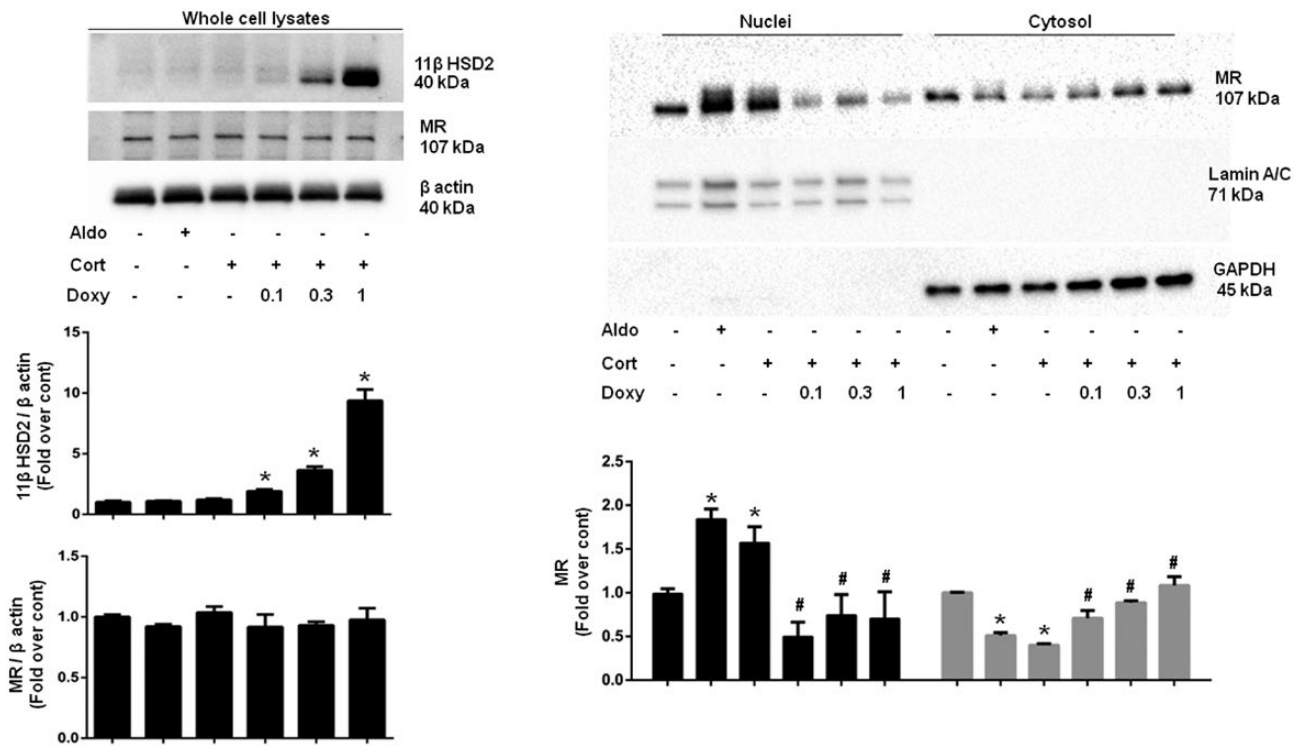
**Figure 4.** Determination of dose-dependent enzymatic activity by measuring the conversion of corticosterone to 11-dehydrocorticosterone by cells with variable amounts of enzyme. 11 $\beta$ -hydroxysteroid dehydrogenase type 2 (11 $\beta$ -HSD2) is induced by graded doses of doxycycline (doxy) indicated by the x-axis in A, CV1-rMR MMTV-Gluc.tet-inducible-r11 $\beta$ HSD2, and B, CHO-rMR MMTV-Gluc.tet-inducible-r11 $\beta$ HSD2 cells. C, CHO-rMR-pBM14-pTAT3-Gluc.tet-inducible-r11 $\beta$ HSD2 cells stably infected 1 to 3 times with the virus 11 $\beta$ HSD2. Results are presented as the mean of percentage of conversion  $\pm$  SEM. \**P* less than .05 vs control (0), without doxycycline induction for A and B and without infection of the complementary DNA for r11 $\beta$ HSD2. Mean values based on data from quadruplicate wells were plotted.

Fig. 5 represents the results of experiments demonstrating the effect of increasing levels of 11 $\beta$ HSD2 expression on corticosterone-induced MR nuclear translocation in CHO-rMR-pBM14-pTAT3-Gluc.tet-inducible-r11 $\beta$ HSD2 cells by isolating nuclei and cytosolic fractions and measuring MR by Western blot. 11 $\beta$ HSD2 was undetected in whole-cell lysates (upper left panel) in the absence of doxy, then increased after 48 hours of incubation with increasing concentrations of the inducing agent. As in the original model cell [15], MR/G-luc expression was stable and not significantly affected by different 11 $\beta$ HSD2 levels. MR expression levels in the nuclear fraction was significantly and similarly increased by corticosterone and aldosterone (upper right panel) in the absence of doxy, when 11 $\beta$ HSD2 was undetected in whole-cell lysates. Treatment with 0.1, 0.3, and 1  $\mu$ g/mL of doxy markedly attenuated the corticosterone-induced movement of the MR from cytosol into the nucleus. The lowest dose of doxy produced minimally detectable expression of the

enzyme 11 $\beta$ HSD2, yet significantly inhibited the nuclear transport and consequent activation of the MR by corticosterone. Lamin A/C and GAPDH are nuclear and cytosolic markers, respectively, and were measured to determine the purity of the isolated cell fractions.

## Discussion

Circulating levels of the major physiological agonists of the MR, aldosterone and the GCs cortisol and corticosterone, are regulated by distinct physiological signals including the renin-angiotensin-aldosterone system and hypothalamic-pituitary-adrenal axis, respectively. As the affinity of the MR for the GCs is 10-fold that of the GR, in cells with both receptors but no 11 $\beta$ HSD2, only MRs are occupied at lower concentrations of GCs [1]. 11 $\beta$ HSD1 and 11 $\beta$ HSD2 further modulate intracellular concentrations of the GCs, thus their occupation of both MR and GR. The effect of GC binding to the MR is gene, cell-type, and physiological context dependent. It may activate gene transcription as does



**Figure 5.** Nuclear translocation of the mineralocorticoid receptor (MR) in CHO-rMR-pBM14-pTAT3-Gluc.tet-inducible-r11 $\beta$ HSD2 cells induced by 10-nM aldosterone or corticosterone for 1 hour. Cells were lysed and the nuclear and cytosol fractions separated by centrifugation. Laminin A/C and glyceraldehyde-3-phosphate dehydrogenase (GAPDH) are markers for nuclei and cytosol, respectively. \**P* less than .05 vs no treatment control, and #*P* less than .05 vs corticosterone, without doxycycline.

aldosterone or maintain the MR in a quiescent state unless there are secondary factors, in particular inflammation and oxidative stress, that render the GC a full agonist for the MR [20].

The premise that 11 $\beta$ HSD2 protects the MR from inappropriate activation by GCs has been challenged primarily from data from in vivo studies and those using whole-organ homogenates [12]. In vitro systems have limitations; however, they allow the determination of specific enzyme and receptor functions and interactions within the milieu in which they function. For example, in the kidney, MR expression is limited to only a few cell types; expression of 11 $\beta$ HSD2 is even more limited and occurs in cells also expressing MR [15, 21, 22]. In vitro models such as ours for this report reflect the nature of aldosterone target cells in which MR and 11 $\beta$ HSD2 are coexpressed and produce their physiological effects, not the whole organ or organism.

Our cells used for these studies model the aldosterone target cell. Like the aldosterone-target MR of the renal tubular epithelium of patients who are genetically deficient in 11 $\beta$ HSD2 who suffer from apparent mineralocorticoid excess described earlier, the transcriptional effect of GC and aldosterone in the aldosterone target cells is the same. Therefore, studies in which model cells are incubated with both ligands were not conducted. Aldosterone

and corticosterone were equally potent in producing transactivation of the MR reporter gene in our model cells that did not express the enzyme 11 $\beta$ HSD2. While generally accepted, the concept that 11 $\beta$ HSD2 in aldosterone target cells confers aldosterone specificity to the MR by inactivating GCs has been disputed on the grounds of the small amount of enzyme relative to steroid substrate. Study of the enzymatic characteristics of 11 $\beta$ HSD2 in vivo has been difficult because of its restricted distribution and expression, as well as coexpression with 11 $\beta$ HSD1 in several tissues, including the kidney. The results presented herein dispel doubts about the efficacy of low levels of 11 $\beta$ HSD2 in inactivating corticosterone and preventing its activation of MR transcriptional activities.

Corticosterone- and aldosterone-stimulated MR transactivation in model cells that did not express 11 $\beta$ HSD2 were the same. The HRE used for the transcription reporter for these studies is shared by the MR and GR, as are most in vivo. The affinity of cortisol and corticosterone for the GR is about one-tenth that for the MR, thus in cells lacking 11 $\beta$ HSD2 the GR is activated at higher steroid concentrations after most or all MRs are occupied. Addition of the GR antagonist mifepristone to the media limited transcription of the reporter gene by the GR activated by the highest concentrations of corticosterone in the culture media.



Total basal serum concentrations of corticosterone in the rat are about 5 to 20  $\mu\text{g/dL}$ , or 0.14 to 0.58  $\mu\text{M}$ ; most corticosterone is protein-bound and cannot enter the cell. Free GC ranges typically from 14 to 60 nM, concentrations that still exceeded that of aldosterone by 100-fold. The lower concentrations of corticosterone used for the MR transactivation experiments are well within basal physiological concentrations; the highest concentration used is within stress concentrations reported to saturate and cause product inhibition of the 11 $\beta$ HSD2 [2]. Thus, both the expression levels of 11 $\beta$ HSD2 and the concentrations of corticosterone were within physiological limits. Sequential increments in 11 $\beta$ HSD2 protein in our cell models shifted the corticosterone-induced activation curves toward the right and increased the  $\text{EC}_{50}$  for corticosterone for MR transcriptional activity, indicating that the levels of 11 $\beta$ HSD2 transcription, translation, and activity are within the functional dynamic range relevant for prereceptor reduction of GC binding to the MR.

The plots for the proportion of corticosterone converted to 11-dehydrocorticosterone also indicated that the enzyme expression and concentrations of corticosterone studied were in a dynamic range. It is not necessary that a large proportion of the total GCs within the cell be inactivated. The 11 $\beta$ HSD2 protein spans the membrane of the endoplasmic reticulum and nucleus so that the C-terminus comprising the catalytic domain and structural features that promote a close association with the MR are in close proximity in the cytoplasm [23]. Inactivation of the GC need only occur within the microenvironment of the receptor (reviewed in [2]). It has been suggested that in tissues in which 11 $\beta$ HSD1 and 11 $\beta$ HSD2 are both expressed, for example, the aortic endothelium where 11 $\beta$ HSD2 expression is lower than that of 11 $\beta$ HSD1, the net activity within the cell is that of a reductase [24, 25]. However, in addition to the affinity of 11 $\beta$ HSD2 for the active steroids being an order of magnitude greater than that of 11 $\beta$ HSD1 for 11-dehydrocorticosterone and cortisone, the catalytic site of 11 $\beta$ HSD2 is in the cytosol, that of the 11 $\beta$ HSD1 is in the endoplasmic reticulum lumen. Thus, the net tissue or cell 11 $\beta$ HSD activity does not necessarily reflect that of the microenvironment of the receptor. Our present studies confirm that low physiological levels of the rat 11 $\beta$ HSD2 inactivate physiologically relevant concentrations of corticosterone and thereby prevent corticosterone from activating the MR and initiating the recruitment of proteins required for its translocation into the nucleus, where it can initiate transcription. Translocation of the MR from the cytosol to the nucleus is a separate event from its nuclear transcription activities. Both require ligand binding and activation of the receptor [26].

The effect of 11 $\beta$ HSD2 on MR-mediated effects are more complex than preventing inappropriate activation

of MR by GCs. In addition to limiting GC access to the MR, 11 $\beta$ HSD2 limits access of GCs to the GR. GRs are expressed in many, though not all, cells that express MR, including some kidney tubular epithelial cells, and many GR-mediated transcriptional and functional activities have profound, often oppositional effects on those of the MR [27]. MR and GR share most, but not all, HRE on the DNA, as well as cell- and context-specific chaperone proteins and transcription coregulators. MR most frequently activates gene transcription; GR may activate or suppress gene transcription depending on the context and cell type [1]. Thus at higher concentrations of GCs, activation of GR represses transcription at some HREs that MR activates [28]. The same cotranscription factor may have different effects depending on the steroid receptor. ELL (eleven-nineteen lysine-rich leukemia) is a coactivator for the ligand-bound MR, but a corepressor for the ligand-bound GR [29]. 11 $\beta$ -HSD2 reduces the amount of GC available to bind to the GR, thus protecting the transcriptional activity of the MR at the level of HRE binding. In the brain, where 11 $\beta$ HSD2 is limited to very few neurons, basal levels of GCs activate the MR, which mediates essential trophic processes and neuron activation. High-stress levels of GCs activate the GR, which dampens many MR-mediated effects and modulates the stress response [30].

In conclusion, the results of these enzyme function and transactivation studies demonstrate that the low physiological levels of 11 $\beta$ HSD2 convert physiological amounts of corticosterone to 11-dehydrocorticosterone and prevent transactivation of the MR by corticosterone, dispelling doubts about its efficacy. The importance of this work is not limited to the MR and GR. The search for the mechanism for extrinsic ligand specificity for the MR diverted attention from other crucial functions of the 11 $\beta$ HSD2. The affinity of 11 $\beta$ HSD2 and 11 $\beta$ HSD1 for other endogenous and exogenous sterols is similar or greater than for the GC, as reviewed in [2]. Among these are bile and cholesterol metabolites and adrenal androgens. 11 $\beta$ HSD2 also regulates concentrations of 7 $\beta$ , 27-dihydroxycholesterol, an agonist of the retinoid-related orphan receptor- $\gamma$  [31], and catalyzes the formation of the active adrenal androgens 11-ketotestosterone and 11-ketodihydrotestosterone from their inactive 11 $\beta$ -hydroxy forms [32]. Estrogens formed from 11-keto androgens by aromatization are potent activators of the estrogen receptor [33]. While their circulating levels may be negligible [33], like aldosterone, they may be physiologically relevant within the cells where they are formed. Our findings suggest that the low levels of 11 $\beta$ HSD2 will prove to be physiologically relevant in the context of these less well-studied substrates as well.

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