

# Exposure to Air Pollution in Relation to Risk of Dementia and Related Outcomes: An Updated Systematic Review of the Epidemiological Literature

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**BACKGROUND:** Dementia is a devastating neurologic condition that is common in older adults. We previously reviewed the epidemiological evidence examining the hypothesis that long-term exposure to air pollution affects dementia risk. Since then, the evidence base has expanded rapidly.

**OBJECTIVES:** With this update, we collectively review new and previously identified epidemiological studies on air pollution and late-life cognitive health, highlighting new developments and critically discussing the merits of the evidence.

**METHODS:** Using a registered protocol (PROSPERO 2020 CRD42020152943), we updated our literature review to capture studies published through 31 December 2020, extracted data, and conducted a bias assessment.

**RESULTS:** We identified 66 papers (49 new) for inclusion in this review. Cognitive level remained the most commonly considered outcome, and particulate matter (PM) remained the most commonly considered air pollutant. Since our prior review, exposure estimation methods in this research have improved, and more papers have looked at cognitive change, neuroimaging, and incident cognitive impairment/dementia, though methodological concerns remain common. Many studies continue to rely on administrative records to ascertain dementia, have high potential for selection bias, and adjust for putative mediating factors in primary models. A subset of 35 studies met strict quality criteria. Although high-quality studies of fine particulate matter with aerodynamic diameter  $\leq 2.5 \mu\text{m}$  (PM<sub>2.5</sub>) and cognitive decline generally supported an adverse association, other findings related to PM<sub>2.5</sub> and findings related to particulate matter with aerodynamic diameter  $\leq 10 \mu\text{m}$  (PM<sub>10</sub>, NO<sub>2</sub>, and NO<sub>x</sub>) were inconclusive, and too few papers reported findings with ozone to comment on the likely direction of association. Notably, only a few findings on dementia were included for consideration on the basis of quality criteria.

**DISCUSSION:** Strong conclusions remain elusive, although the weight of the evidence suggests an adverse association between PM<sub>2.5</sub> and cognitive decline. However, we note a continued need to confront methodological challenges in this line of research. <https://doi.org/10.1289/EHP8716>

## Introduction

Dementia erodes the affected person's independence, imposes emotional and financial burdens on care partners, and levies enormous costs to social safety nets (Alzheimer's Association 2018; El-Hayek et al. 2019). An estimated 5.8 million older Americans have Alzheimer's disease and related dementias (ADRD) (Hebert et al. 2013), and pre-COVID-19 forecasts predict 13.8 million ADRD cases by 2050 due to the changing age structure of the U.S. population (Hebert et al. 2013). This trend will echo globally (Prince et al. 2015). Efforts to develop drugs to treat Alzheimer's dementia (AD) have a >99% failure rate (Cummings et al. 2014). As such, efforts to identify and intervene on modifiable factors that prevent or delay the onset of dementia are critical to addressing the dementia epidemic (Alzheimer's Association 2015; Brookmeyer et al. 1998, 2018; Wu et al. 2016). However, interventions that

rely on changes in individual behavior (e.g., physical activity, diabetes management) are notoriously challenging to apply broadly, and their success may require fundamental changes to social and economic norms. In contrast, many environmental exposures can be modified in the absence of individual behavioral change, yielding significant improvements in health. For example, regulations and technological innovation have demonstrably reduced air pollution exposures (Brauer et al. 2016; Samet 2011), and past reductions in air pollution exposure have contributed to increased life expectancy (Clancy et al. 2002; Correia et al. 2013; Dominici et al. 2007; Hedley et al. 2002; Laden et al. 2006; Peters et al. 2009; Pope et al. 2009, 2013).

We previously reviewed the epidemiological evidence examining the hypothesis that long-term exposure to air pollution affects risk of ADRD (Power et al. 2016). This review encompassed investigations of ADRD, along with its related cognitive precursors and manifestations (lower and worsening cognitive performance), and neuroimaging indices of dementia-related pathology. At the time, most studies observed that higher exposure to air pollution was associated with at least one adverse dementia-related outcome, yet air pollution is only now starting to enter clinical and advocacy discussions of risk factors for late-life cognitive impairment (Alzheimer's Association 2020; Livingston et al. 2020; Mayo Clinic 2020). Since our previous review, studies have continued to amass. Other systematic reviews have emerged as well, with most concluding that air pollution is likely associated with dementia or related outcomes (Babadjouni et al. 2017; Cipriani et al. 2018; de Prado Bert et al. 2018; Killin et al. 2016; Peters et al. 2019). Those reviews differed from ours in scope; some focused on a subset of outcomes (e.g., dementia, cognitive decline, or MRI-based outcomes) (de Prado Bert et al. 2018; Peters et al. 2019), and others extended to additional neurodegenerative conditions (Oliveira et al. 2020). They also differed in terms of purpose; whereas most other reviews aimed to comprehensively summarize all findings, we

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sought to systematically identify those studies with the strongest designs for testing these hypotheses, given the numerous methodological challenges in conducting this research. This work builds on our previous review of epidemiological studies linking air pollution to AD/DRD, along with its cognitive and neuroimaging correlates by updating our search and integrating the new and previously reviewed evidence. We highlight new developments and critically discuss the merits and limitations of the evidence, focusing on those papers with the most methodological strengths.

## Methods

We registered the original (PROSPERO 2015 CRD42015016805) and updated (PROSPERO 2020 CRD42020152943) systematic review protocols with PROSPERO. Under the updated protocol, we repeated our original literature searches (Supplemental Material, Appendix A) to capture articles added to PubMed and EMBASE between 11 August 2015 and 31 December 2020, and we conducted additional searches of PubMed and EMBASE from inception through 31 December 2020 to improve identification of manuscripts reporting on associations with neuroimaging outcomes (Supplemental Material, Appendix B).

We used eligibility criteria identical to those in the original review (Power et al. 2016). Briefly, eligible articles quantified the association between long-term, outdoor air pollution exposures and dementia-related outcomes in samples of adults (ages 18 y or older) who were not selected on the basis of having a specific disease other than cognitive impairment or dementia. Eligible outdoor air pollution exposures included 1-y or longer averages of ozone (O<sub>3</sub>), sulfur dioxide (SO<sub>2</sub>), oxides of nitrogen (NO<sub>x</sub>, NO<sub>2</sub>), and particulate matter (PM, any size fraction), including fine PM, [PM with an aerodynamic diameter less than or equal to 2.5 μm (PM<sub>2.5</sub>)], and coarse PM [PM with an aerodynamic diameter 2.5–10 μm (PM<sub>2.5–10</sub>)], or common surrogates for PM or traffic-related air pollution, including distance to road, soot, or black carbon. Eligible dementia-related outcomes included cognitive test scores; longitudinal change in cognitive test scores; cognitive impairment, dementia, or dementia subtypes; and neuroimaging findings associated with dementia or change in these neuroimaging findings. We excluded conference abstracts and non-peer-reviewed publications and considered only a single report from each data source unless the exposure–outcome pairs were distinct. In situations when multiple papers reported the effect estimate for an identical exposure–outcome pair in the identical study population, we retained results from the earliest paper. If effect estimates for an identical exposure–outcome pair were reported from different subsets of the same source population, we retained the estimates based on the larger sample size or longer follow-up. Papers focusing on effect modification or additional covariate adjustment were excluded if a paper reporting on the main effect was also available.

One author (E.E.B.) conducted the literature search update, manually excluded duplicate records, and reviewed the reference lists of review articles identified through our literature search for additional relevant citations. Two authors (M.C.P. and E.E.B.) independently reviewed titles and abstracts for all new unique citations to determine eligibility for full-text review. M.C.P. and J.W. reviewed the final list of eligible articles to identify any missing, eligible articles known to these authors. L.R., E.E.B., M.C.P., and J.W. reviewed articles identified for full-text review for eligibility and abstracted prespecified information from each eligible article (Supplemental Material, Appendix C). L.R., E.E.B., or S.A. and M.C.P. or J.W. independently assessed each new, eligible article for risk of bias, and M.P., S.A., and J.Y. additionally assessed each article for risk of bias related to exposure assessment, using criteria developed for the prior review. We

selected these criteria to reflect common challenges in epidemiological studies of air pollution and dementia-related outcomes (Power et al. 2016). Bias determinations for all studies were reviewed at a consensus conference, and disagreements at each stage were resolved by discussion. Results from the updated literature search and bias assessment were combined with the results from the original literature search (Power et al. 2016) for the purpose of describing the state of the literature and discussing methodological strengths and limitations.

Next, we evaluated the state of the evidence and identified higher-quality studies. We collapsed our bias review criteria into five domains: exposure assessment and variability, outcome assessment, confounding and statistical adjustments, cohort formation and loss to follow-up, and generalizability. The central purpose of this review is to highlight and synthesize findings from those studies that had the strongest designs for evaluating the relationships of interest. Highlighting these studies is important, because informative research in this area is notoriously challenging to conduct, and evidence from studies with considerable methodological limitations may inadvertently sway conclusions about the general direction and strength of associations of interest. Therefore, we tabulated findings from all studies that exhibited strengths in three or more of the five domains above.

Among those studies deemed to have strengths in three or more methodologic domains, we intended to meta-analyze findings when five or more population-specific estimates were available for any given exposure–outcome pair and could be aligned in terms of a difference in comparable outcome (e.g., cognitive level ascertained using Mini-Mental State Examination (MMSE), scored out of 30, and parameterized dichotomously with a cutoff of <24) per standard exposure contrast (e.g., per 10 μg/m<sup>3</sup> PM<sub>2.5</sub>). Ultimately, this criterion was not met for any exposure–outcome pair. As an alternative and more comprehensive approach to summarizing the quantitative findings, we tabulated all the primary exposure–outcome effect estimates from these papers (see Supplemental Tables). We also generated forest plots of these results when estimates of a specific exposure–outcome association were available from at least five populations (see Supplemental Figures). Where possible, we transformed all associations shown in this report between pollutant exposures and outcomes of interest to common exposure and outcome contrasts. We used per 10 μg/m<sup>3</sup> as a common exposure contrast for NO<sub>2</sub>, NO<sub>x</sub>, PM<sub>10</sub>, PM<sub>2.5</sub>, and PM<sub>2.5–10</sub> and used 10 ppb for O<sub>3</sub>. Differences in cognitive level outcomes were expressed in standard deviation units, and differences in rates of cognitive score change were expressed in change in standard deviation (SD) units per 2 years, where possible. Because most studies reported results from several association models, these supplemental tables and figures show results from the most fully adjusted models that were not adjusted for putative mediators. When a study reported associations between both continuous and categorized exposure levels and a given outcome, we extracted only the former. Additionally, when multiple exposure windows were considered, we extracted the exposure window with the largest effect size; in most studies, exposure window choice did not substantially affect effect estimates.

From this subset of papers exhibiting strengths in three or more methodological domains, we synthesized the findings by air pollutant and dementia-related outcome, focusing on the direction, magnitude, and precision of associations, and without reliance on null hypothesis significance testing to issue summary judgments (Amrhein et al. 2019; McShane et al. 2019). We implemented two strategies to avoid giving undue weight to studies that reported results on a large number of cognitive measures. When a study reported results specific to multiple separate

cognitive tests, we considered the findings collectively, rather than as independent associations. This approach was taken because performance across cognitive tests, particularly those administered in the context of dementia-oriented studies, is correlated—that is, individuals who perform well on one test will, on average, perform well on others. In situations when associations were reported for composite scores as well as associations for the separate test scores that contributed to the composite scores, we focused on unique information to draw conclusions.

## Results

We conducted our updated literature search in two phases and report each separately given overlap in identified studies (Figure S1). We initially identified 366 unique records through 31 July 2020, and after including two additional papers known to the authors, we selected 94 for full-text review after title and abstract review. We excluded 50 articles that did not meet our eligibility criteria and 6 articles that were previously included in our original review (Supplemental Material, Appendix D). Altogether, 38 new articles met our eligibility criteria (Cacciottolo et al. 2017; Carey et al. 2018; Casanova et al. 2016; Cerza et al. 2019; Chen et al. 2017a, 2017b; Cleary et al. 2018; Colicino et al. 2014; Crous-Bou et al. 2020; Cullen et al. 2018; Erickson et al. 2020; Gale et al. 2020; Grande et al. 2020; Hedges et al. 2019; Hedges et al. 2020; Ilango et al. 2020; Kim et al. 2019; Kulick et al. 2017, 2020; Lee et al. 2019; Li et al. 2019; Lo et al. 2019; Nußbaum et al. 2020; Oudin et al. 2017; Oudin et al. 2018; Paul et al. 2020; Petkus et al. 2020; Power et al. 2018a; Salinas-Rodríguez et al. 2018; Shin et al. 2019; Tallon et al. 2017; Tzivian et al. 2016; Wang et al. 2020; Wilker et al. 2016a; Wu et al. 2015; Wurth et al. 2018; Younan et al. 2020a; Yuchi et al. 2020). We further identified 78 unique records from 1 August 2020 through 31 December 2020 and selected 34 for full-text review. After excluding 21 articles, 13 new articles met our eligibility criteria (Ailshire and Walsemann 2021; Chen et al. 2017c, 2020; Dimakakou et al. 2020; He et al. 2020; Iaccarino et al. 2021; Petkus et al. 2021; Ran et al. 2021; Rocha et al. 2020; Shi et al. 2020; Smargiassi et al. 2020; Yao et al. 2021; Younan et al. 2020b). After combining the results of these new searches with results of the 18 articles previously reviewed (Ailshire and Crimmins 2014; Ailshire and Clarke 2015; Chang et al. 2014; Chen and Schwartz 2009; Chen et al. 2015; Gatto et al. 2014; Jung et al. 2015; Kioumourtoglou et al. 2016; Loop et al. 2013; Oudin et al. 2016; Power et al. 2011, 2016; Ranft et al. 2009; Schikowski et al. 2015; Tonne et al. 2014; Wellenius et al. 2012a; Weuve et al. 2012; Wilker et al. 2015; Zeng et al. 2010) and further excluding 3 papers reporting effect estimates for the same population that were also reported in other included studies (Cacciottolo et al. 2017; Kioumourtoglou et al. 2016; Lee et al. 2019), we considered a total of 66 articles (Table 1).

### Study Characteristics

**Geographic settings.** The geographic areas from which participants were recruited ranged from specific metropolitan areas (Carey et al. 2018; Cerza et al. 2019; Chen et al. 2020; Colicino et al. 2014; Crous-Bou et al. 2020; Gatto et al. 2014; Grande et al. 2020; Kulick et al. 2017, 2020; Paul et al. 2020; Power et al. 2011; Rocha et al. 2020; Smargiassi et al. 2020; Tonne et al. 2014; Wellenius et al. 2012a; Wurth et al. 2018; Yuchi et al. 2020) to broader regions (Chen et al. 2017a, 2017b; He et al. 2020; Ilango et al. 2020; Kim et al. 2019; Nußbaum et al. 2020; Oudin et al. 2016, 2017, 2018; Power et al. 2018a; Ran et al. 2021; Ranft et al. 2009; Schikowski et al. 2015; Smargiassi et al. 2020; Tzivian et al. 2016; Wilker et al.

2015, 2016a; Wu et al. 2015; Yao et al. 2021) to entire countries (Ailshire and Walsemann 2021; Ailshire and Crimmins 2014; Ailshire and Clarke 2015; Casanova et al. 2016; Chang et al. 2014; Chen and Schwartz 2009; Chen et al. 2015, 2017c; Cleary et al. 2018; Cullen et al. 2018; Dimakakou et al. 2020; Erickson et al. 2020; Gale et al. 2020; Hedges et al. 2019, 2020; Iaccarino et al. 2021; Jung et al. 2015; Li et al. 2019; Lo et al. 2019; Loop et al. 2013; Petkus et al. 2020, 2021; Salinas-Rodríguez et al. 2018; Shi et al. 2020; Shin et al. 2019; Tallon et al. 2017; Wang et al. 2020; Weuve et al. 2012; Younan et al. 2020a, 2020b; Zeng et al. 2010). Since our last review, the geographic scope expanded to include studies in Canada (Chen et al. 2017a, 2017b; Ilango et al. 2020; Smargiassi et al. 2020; Yuchi et al. 2020), Italy (Cerza et al. 2019), Mexico (Salinas-Rodríguez et al. 2018), South Korea (Kim et al. 2019; Shin et al. 2019), Spain (Crous-Bou et al. 2020), and Brazil (Rocha et al. 2020). However, most newly identified studies were set in the United States (Ailshire and Walsemann 2021; Casanova et al. 2016; Chen et al. 2017c; Cleary et al. 2018; Colicino et al. 2014; Iaccarino et al. 2021; Kulick et al. 2017, 2020; Paul et al. 2020; Petkus et al. 2020, 2021; Power et al. 2018a; Shi et al. 2020; Tallon et al. 2017; Wilker et al. 2016a; Wurth et al. 2018; Younan et al. 2020a, 2020b) or in Europe (Carey et al. 2018; Cerza et al. 2019; Crous-Bou et al. 2020; Cullen et al. 2018; Dimakakou et al. 2020; Erickson et al. 2020; Gale et al. 2020; Grande et al. 2020; Hedges et al. 2019, 2020; Nußbaum et al. 2020; Oudin et al. 2017, 2018; Tzivian et al. 2016).

**Dementia-related outcomes: scope and methods.** Cognitive level (i.e., cognitive test scores at a single time point) remained the most commonly considered outcome (Table 1), with 15 of the newly identified studies reporting on this outcome (Chen et al. 2020; Crous-Bou et al. 2020; Cullen et al. 2018; Kim et al. 2019; Kulick et al. 2020; Lo et al. 2019; Nußbaum et al. 2020; Rocha et al. 2020; Salinas-Rodríguez et al. 2018; Shin et al. 2019; Tallon et al. 2017; Tzivian et al. 2016; Wurth et al. 2018; Yao et al. 2021; Younan et al. 2020a). In both previously included and newly identified studies, methods for defining cognitive level varied. Fifteen studies used domain-specific cognitive tests (Chen and Schwartz 2009; Chen et al. 2020; Crous-Bou et al. 2020; Cullen et al. 2018; Gatto et al. 2014; Kulick et al. 2020; Power et al. 2011; Ranft et al. 2009; Rocha et al. 2020; Salinas-Rodríguez et al. 2018; Tonne et al. 2014; Tzivian et al. 2016; Wellenius et al. 2012a; Wurth et al. 2018; Younan et al. 2020a), 14 used tests of global cognition (Ailshire and Crimmins 2014; Ailshire and Clarke 2015; Chen et al. 2020; Crous-Bou et al. 2020; Kim et al. 2019; Lo et al. 2019; Power et al. 2011; Ranft et al. 2009; Schikowski et al. 2015; Shin et al. 2019; Tallon et al. 2017; Wellenius et al. 2012a; Yao et al. 2021; Zeng et al. 2010), and 6 combined scores from domain-specific cognitive tests to create a global cognitive score (Crous-Bou et al. 2020; Gatto et al. 2014; Kulick et al. 2020; Power et al. 2011; Rocha et al. 2020; Tzivian et al. 2016). Additionally, eight studies dichotomized cognitive scores to classify persons as having “low” or impaired cognitive function (Chen et al. 2020; Kim et al. 2019; Lo et al. 2019; Power et al. 2011; Shin et al. 2019; Wellenius et al. 2012a; Yao et al. 2021; Zeng et al. 2010).

Newer studies were more likely to evaluate cognitive change, neuroimaging, or incident cognitive impairment/dementia. Of the 10 studies considering longitudinal change in cognitive function, 8 were newer studies (Cleary et al. 2018; Colicino et al. 2014; Cullen et al. 2018; Kulick et al. 2020; Oudin et al. 2017; Petkus et al. 2020, 2021; Younan et al. 2020a). Likewise, of the 22 studies considering incident cognitive impairment or dementia, 18 emerged in our updated literature search (Ailshire and Walsemann 2021; Carey et al. 2018; Cerza et al. 2019; Chen et al.

**Table 1.** Summary of study characteristics for eligible studies on air pollution and late-life cognitive health identified through 31 December 2020.

Study Focus	Citation/cohort	n/Location	Exposures considered						Outcomes considered									
			PM <sub>10</sub>	PM <sub>2.5-10</sub>	PM <sub>2.5</sub>	PM <sub>2.5</sub> pollution <sup>a</sup>	Wood-burning PM	NO <sub>2</sub> or NO <sub>x</sub>	Ozone	API	Cognitive test scores	Prevalent cognitive impairment	Change in cognitive test scores	Dementia (medical records or claims)	Dementia (study assessment)	Other incident cognitive impairment	Neuroimaging	New to the review
Cognitive Level	(Ailshire and Crimmins 2014)/HRS	13,996/USA	—	—	Yes	—	—	—	—	—	—	—	—	—	—	—	—	—
Cognitive Level	(Ailshire and Clarke 2015)/ACL Survey	780/USA	—	—	Yes	—	—	—	—	—	—	—	—	—	—	—	—	—
Cognitive Level	(Chen et al. 2020)/TIGER	360/Taipei and Keelung, Taiwan	Yes	Yes	—	—	—	—	—	—	Yes	—	—	—	—	—	—	Yes
Cognitive Level	(Chen and Schwartz 2009)/NHANES III	1,764/USA	Yes	—	—	—	—	—	—	—	Yes	—	—	—	—	—	—	—
Cognitive Level	(Gatto et al. 2014)/WISH, BVAIT, and ELITE	1,496/Los Angeles Basin, USA	—	—	Yes	—	—	—	—	—	Yes	—	—	—	—	—	—	—
Cognitive Level	(Kim et al. 2019)/Volunteer community-based sample in South Korea	1,484/four regions of South Korea	Yes	Yes	—	—	—	—	—	—	Yes	—	—	—	—	—	—	Yes
Cognitive Level	(Lo et al. 2019)/TLA	6,546/Taiwan	Yes	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Yes
Cognitive Level	(Power et al. 2011)/NAS	680/Greater Boston, USA	—	—	—	—	Yes	—	—	—	Yes	—	—	—	—	—	—	—
Cognitive Level	(Ranft et al. 2009)/SALIA	399/Ruhr and adjacent area, Germany	Yes	—	—	—	—	—	—	—	Yes	—	—	—	—	—	—	—
Cognitive Level	(Rocha et al. 2020)/ELSA-Brasil	3,050/Sao Paulo, Brazil	—	—	—	—	—	—	—	—	Yes	—	—	—	—	—	—	Yes
Cognitive Level	(Salinas-Rodriguez et al. 2018)/ENSANUT-2012	7,986/Mexico	—	—	Yes	—	—	—	—	—	Yes	—	—	—	—	—	—	Yes
Cognitive Level	(Schikowski et al. 2015)/SALIA	789/Ruhr and adjacent area, Germany	Yes	—	Yes	—	—	—	—	—	Yes	—	—	—	—	—	—	—
Cognitive Level	(Shin et al. 2019)/KFACS	2,896/South Korea	Yes	—	—	—	—	—	—	—	Yes	—	—	—	—	—	—	Yes
Cognitive Level	(Tallon et al. 2017)/NSHAP	3,377/USA	—	—	Yes	—	—	—	—	—	Yes	—	—	—	—	—	—	Yes
Cognitive Level	(Tzivian et al. 2016)/Heinz Nixdorf RECALL	4,050/Ruhr area, Germany	Yes	Yes	—	—	—	—	—	—	Yes	—	—	—	—	—	—	Yes
Cognitive Level	(Wellenius et al. 2012a)/MOBILIZE Boston	765/Boston, USA	—	—	—	—	—	—	—	—	Yes	—	—	—	—	—	—	—
Cognitive Level	(Wurth et al. 2018)/BPRHS	1,497/Boston, USA	—	—	Yes	—	—	—	—	—	Yes	—	—	—	—	—	—	Yes
Cognitive Level	(Yao et al. 2021)/CLHLS	11,187/China	—	—	—	—	—	—	—	—	Yes	—	—	—	—	—	—	Yes
Cognitive Level	(Younan et al. 2020a)/WHIMS-MRI and WHISCA	998/USA	—	—	Yes	—	—	—	—	—	Yes	—	—	—	—	—	Yes	Yes
Cognitive Level	(Zeng et al. 2010)/CLHLS	15,973/China	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Neuroimaging Level and Cognitive Level	(Crous-Bou et al. 2020)/ALFA	958 (cognitive level); 228 (neuroimaging)/Barcelona, Spain	Yes	Yes	—	—	—	—	—	—	Yes	—	—	—	—	—	—	Yes

**Table 1. (Continued.)**

Study Focus	Citation/cohort	n/Location	Exposures considered							Outcomes considered								
			PM <sub>10</sub>	PM <sub>2.5-10</sub>	PM <sub>2.5</sub>	Traffic-related air pollution <sup>a</sup>	Wood-burning PM	NO <sub>2</sub> or NO <sub>x</sub>	Ozone	API	Cognitive test scores	Prevalent cognitive impairment	Change in cognitive test scores	Dementia (medical records or claims)	Dementia (study assessment)	Other incident cognitive impairment	Neuroimaging	New to the review
Neuroimaging Level and Cognitive Level	(Nubbaum et al. 2020)/1000BRAINS	615/Ruhr area, Germany	Yes	—	Yes	Yes	—	—	—	—	—	—	—	—	—	—	Yes	Yes
Neuroimaging Level	(Casanova et al. 2016)/WHIMS-MRI	1,365/USA	—	—	Yes	—	—	—	—	—	—	—	—	—	—	—	Yes	Yes
Neuroimaging Level	(Chen et al. 2015)/WHIMS-MRI	1,403/USA	—	—	Yes	—	—	—	—	—	—	—	—	—	—	—	Yes	—
Neuroimaging Level	(Erickson et al. 2020)/UK Biobank	18,292/UK	Yes	Yes	Yes	—	—	—	—	—	—	—	—	—	—	—	Yes	Yes
Neuroimaging Level	(Gale et al. 2020)/UK Biobank	18,288/UK	Yes	Yes	Yes	—	—	—	—	—	—	—	—	—	—	—	Yes	Yes
Neuroimaging Level	(Hedges et al. 2019)/UK Biobank	18,278/UK	Yes	Yes	Yes	—	—	—	—	—	—	—	—	—	—	—	Yes	Yes
Neuroimaging Level	(Hedges et al. 2020)/UK Biobank	18,278/UK	Yes	Yes	Yes	—	—	—	—	—	—	—	—	—	—	—	Yes	Yes
Neuroimaging Level	(Iaccarino et al. 2021)/IDEAS	18,178/USA	—	—	Yes	—	—	—	—	—	—	—	—	—	—	—	Yes	Yes
Neuroimaging Level	(Kulick et al. 2017)/NOMAS	1,075/New York, USA	—	—	Yes	Yes	—	—	—	—	—	—	—	—	—	—	Yes	Yes
Neuroimaging Level	(Power et al. 2018a)/ARIC	1,753/4 regions of the USA	Yes	—	Yes	—	—	—	—	—	—	—	—	—	—	—	Yes	Yes
Neuroimaging Level	(Wilker et al. 2015)/FOS	929/ <sup>a</sup> New England, USA	—	—	Yes	Yes	—	—	—	—	—	—	—	—	—	—	Yes	—
Neuroimaging Level	(Wilker et al. 2016a)/MADRC	2,366/New England and New York, USA	—	—	Yes	Yes	—	—	—	—	—	—	—	—	—	—	Yes	Yes
Neuroimaging Level	(Younan et al. 2020b)/WHIMS-MRI	1,365 (cross-sectional); 712 (longitudinal)/USA	—	—	Yes	—	—	—	—	—	—	—	—	—	—	—	Yes	Yes
Cognitive Level and Cognitive Change	(Cullen et al. 2018)/UK Biobank	86,759 (cross-sectional analysis); 2,913 (follow-up sample)/UK	Yes	Yes	Yes	—	—	—	—	—	—	—	—	—	—	—	Yes	—
Cognitive Level and Cognitive Change	(Kulick et al. 2020)/WHICAP and NOMAS	5,330 (WHICAP); 1,093 (NOMAS)/northern Manhattan, New York, USA	Yes	—	Yes	Yes	—	—	—	—	—	—	—	—	—	—	Yes	—
Cognitive Level and Cognitive Change	(Tonnesen et al. 2014)/Whitehall II	2,867/Greater London, UK	Yes	—	Yes	Yes	—	—	—	—	—	—	—	—	—	—	Yes	—
Cognitive Change	(Cleary et al. 2018)/National AD Centers Database	5,116/USA	—	—	Yes	—	—	—	—	—	—	—	—	—	—	—	Yes	—
Cognitive Change	(Colicino et al. 2014)/NAS	387/Greater Boston, USA	—	—	—	Yes	—	—	—	—	—	—	—	—	—	—	Yes	—

**Table 1.** (Continued.)

Study Focus	Citation/cohort	n/Location	Exposures considered							Outcomes considered								
			PM <sub>10</sub>	PM <sub>2.5-10</sub>	PM <sub>2.5</sub>	Traffic-related air pollution <sup>a</sup>	Wood-burning PM	NO <sub>2</sub> or NO <sub>x</sub>	Ozone	API	Cognitive test scores	Prevalent cognitive impairment	Change in cognitive test scores	Dementia (medical records or claims)	Dementia (study assessment)	Other incident cognitive impairment	Neuroimaging	New to the review
Cognitive Change	(Oudin et al. 2017)/Betula	1,469/Umeå, Sweden	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	Yes
Cognitive Change	(Petkus et al. 2020)/WHISCA	2,202/USA	—	—	Yes	—	—	—	—	—	—	—	—	—	—	—	—	Yes
Cognitive Change	(Petkus et al. 2021)/WHIMS-ECHO	1,583/USA	—	—	Yes	—	—	—	—	—	—	—	—	—	—	—	—	Yes
Cognitive Change	(Weuve et al. 2012)/NHS	19,409/USA	Yes	Yes	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Prevalent Dementia	(Dimakou et al. 2020)/UK Biobank	502,504/UK	—	—	Yes	—	—	—	—	—	—	—	Yes	—	—	—	—	Yes
Incident Dementia or Other Incident	(Ailshire and Walsemann 2021)/HRS	9,970 (year 2004); 9,185 (year 2014)/USA	—	—	Yes	—	—	—	—	—	—	—	—	—	—	—	—	Yes
Cognitive Impairment	(Carey et al. 2018)/CPRD	130,978/Greater London, UK	—	—	Yes	Yes	Yes	Yes	Yes	Yes	—	—	Yes	—	—	—	—	Yes
Incident Dementia or Other Incident	(Cerza et al. 2019)/Rome Longitudinal Cohort	350,844/Rome, Italy	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	—	—	Yes	—	—	—	—	Yes
Cognitive Impairment	(Chang et al. 2014)/NHIRD Taiwan	29,547/Taiwan	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Incident Dementia or Other Incident	(Chen et al. 2017a)/Ontario Population Health and Environment Cohort	2,066,639/Ontario, Canada	—	—	Yes	—	—	—	—	—	—	—	Yes	—	—	—	—	Yes
Cognitive Impairment	(Chen et al. 2017b)/Ontario Population Health and Environment Cohort	2,165,268/Ontario, Canada	—	—	—	Yes	—	—	—	—	—	—	—	—	—	—	—	—
Incident Dementia or Other Incident	(Grande et al. 2020)/SNAC-K	2,927/Kungsholmen district, Stockholm, Sweden	—	—	Yes	—	—	—	—	—	—	—	Yes	Yes	—	—	—	Yes

**Table 1.** (Continued.)

Study Focus	Citation/cohort	n/Location	Exposures considered							Outcomes considered								
			PM <sub>10</sub>	PM <sub>2.5-10</sub>	PM <sub>2.5</sub>	Traffic-related air pollution <sup>a</sup>	Wood-burning PM	NO <sub>2</sub> or NO <sub>x</sub>	Ozone	API	Cognitive test scores	Prevalent cognitive impairment	Change in cognitive test scores	Dementia (medical records or claims)	Dementia (study assessment)	Other incident cognitive impairment	Neuroimaging	New to the review
Incident Dementia or Other Incident Cognitive Impairment	(He et al. 2020)/ZIMPHS	7,311/Zhejiang province, China	Yes	—	Yes	—	—	—	Yes	Yes	—	—	—	—	—	—	—	Yes
Incident Dementia or Other Incident Cognitive Impairment	(Blango et al. 2020)/NPHS and CCHS participants	34,391/Ontario, Canada	—	—	Yes	—	—	—	Yes	—	—	—	Yes	—	—	—	—	Yes
Incident Dementia or Other Incident Cognitive Impairment	(Jung et al. 2015)/NHIRD	95,690/Taiwan	—	—	Yes	—	—	—	—	—	—	—	Yes	—	—	—	—	—
Incident Dementia or Other Incident Cognitive Impairment	(Li et al. 2019)/NHIRD	4,155/Taiwan	Yes	—	—	—	—	—	Yes	—	—	—	Yes	—	—	—	—	Yes
Incident Dementia or Other Incident Cognitive Impairment	(Loop et al. 2013)/REGARDS	20,150/USA	—	—	Yes	—	—	—	—	—	—	—	—	—	—	—	Yes	—
Incident Dementia or Other Incident Cognitive Impairment	(Oudin et al. 2016)/Betula	1,806/Umeå, Sweden	—	—	—	—	—	—	Yes	—	—	—	—	—	—	—	Yes	—
Incident Dementia or Other Incident Cognitive Impairment	(Oudin et al. 2018)/Betula	1,806/Umeå, Sweden	—	—	—	Yes	—	—	—	—	—	—	—	—	—	—	Yes	—
Incident Dementia or Other Incident Cognitive Impairment	(Paul et al. 2020)/SALSA	1,564/Sacramento Valley, California, USA	—	—	—	Yes	—	—	—	—	—	—	—	—	—	—	Yes	—
Incident Dementia or Other Incident Cognitive Impairment	(Ran et al. 2021)/Chinese EHS	59,349/Hong Kong, China	—	—	Yes	—	—	—	—	—	—	—	Yes	—	—	—	—	Yes





2017a, 2017b, 2017c; Grande et al. 2020; He et al. 2020; Ilango et al. 2020; Li et al. 2019; Oudin et al. 2018; Paul et al. 2020; Ran et al. 2021; Shi et al. 2020; Smargiassi et al. 2020; Wang et al. 2020; Wu et al. 2015; Yuchi et al. 2020). Of the 17 studies on incident dementia, 6 assessed dementia using in-person examinations (Chen et al. 2017c; Grande et al. 2020; Oudin et al. 2016, 2018; Paul et al. 2020; Wu et al. 2015), sometimes supplemented with medical records (Grande et al. 2020; Oudin et al. 2016, 2018); the remainder relied on administrative data to identify dementia cases (Carey et al. 2018; Cerza et al. 2019; Chang et al. 2014; Chen et al. 2017a, 2017b; Ilango et al. 2020; Jung et al. 2015; Li et al. 2019; Ran et al. 2021; Shi et al. 2020; Smargiassi et al. 2020; Yuchi et al. 2020). One additional study considered prevalent dementia defined using diagnostic codes in hospital records (Dimakakou et al. 2020). Finally, of the 16 articles examining neuroimaging outcomes (Casanova et al. 2016; Chen et al. 2015, 2017c; Crous-Bou et al. 2020; Erickson et al. 2020; Gale et al. 2020; Hedges et al. 2019, 2020; Iaccarino et al. 2021; Kulick et al. 2017; Nußbaum et al. 2020; Power et al. 2018a; Wilker et al. 2015, 2016a; Younan et al. 2020a, 2020b) (Table 1), 14 were identified in our updated search (Casanova et al. 2016; Chen et al. 2017c; Crous-Bou et al. 2020; Erickson et al. 2020; Gale et al. 2020; Hedges et al. 2019, 2020; Iaccarino et al. 2021; Kulick et al. 2017; Nußbaum et al. 2020; Power et al. 2018a; Wilker et al. 2016a; Younan et al. 2020a, 2020b). Most considered brain volumes or related measures indicative of atrophy (Casanova et al. 2016; Chen et al. 2015, 2017c; Crous-Bou et al. 2020; Erickson et al. 2020; Gale et al. 2020; Hedges et al. 2019, 2020; Kulick et al. 2020; Nußbaum et al. 2020; Power et al. 2018a; Wilker et al. 2015; Wilker et al. 2016a; Younan et al. 2020a, 2020b), and five also considered white matter hyperintensity volumes or other markers of cerebrovascular injury (Chen et al. 2017c; Kulick et al. 2017; Power et al. 2018a; Wilker et al. 2015, 2016b). One study analyzed associations with PET amyloid positivity (Iaccarino et al. 2021).

**Air pollutant exposures: scope and methods.** PM remained the most commonly considered air pollutant exposure, although a growing number of studies also considered NO<sub>2</sub> or NO<sub>x</sub>, measures of traffic-related air pollution, and O<sub>3</sub> (Table 1).

In studies in the previous review, investigators often relied on air pollution estimates linked to participants at the level of the participants' communities (Chang et al. 2014; Chen and Schwartz 2009; Zeng et al. 2010), postcodes (Jung et al. 2015; Tonne et al. 2014), or census tracts or census blocks (Ailshire and Crimmins 2014; Ailshire and Clarke 2015) rather than participants' residential addresses (Chen et al. 2015; Gatto et al. 2014; Loop et al. 2013; Oudin et al. 2016; Power et al. 2011; Ranft et al. 2009; Schikowski et al. 2015; Wellenius et al. 2012a; Weuve et al. 2012; Wilker et al. 2015). Although more of the newly identified studies relied on participants' residential addresses (Casanova et al. 2016; Cerza et al. 2019; Chen et al. 2017c, 2020; Colicino et al. 2014; Crous-Bou et al. 2020; Cullen et al. 2018; Erickson et al. 2020; Gale et al. 2020; Grande et al. 2020; Hedges et al. 2019, 2020; Kim et al. 2019; Kulick et al. 2017, 2020; Nußbaum et al. 2020; Oudin et al. 2017, 2018; Paul et al. 2020; Petkus et al. 2020, 2021; Power et al. 2018a; Ran et al. 2021; Rocha et al. 2020; Tallon et al. 2017; Tzivian et al. 2016; Wang et al. 2020; Wilker et al. 2016a; Wu et al. 2015; Yao et al. 2021; Younan et al. 2020a, 2020b), many still assigned exposures based on participants' counties or cities (He et al. 2020; Li et al. 2019; Lo et al. 2019; Wurth et al. 2018), full or partial postal codes (Carey et al. 2018; Chen et al. 2017a, 2017b; Cleary et al. 2018; Iaccarino et al. 2021; Shi et al. 2020; Smargiassi et al. 2020; Yuchi et al. 2020), or census tracts (Ailshire and Walsemann 2021; Chen et al. 2017c; Salinas-Rodríguez et al. 2018). One study defined

exposure based on both residential and workplace addresses (Rocha et al. 2020). In another study, participants were asked to estimate the distance of their homes to the nearest busy road (Yao et al. 2021). Three additional new papers did not contain sufficient information to determine how air pollution exposures were linked to participants (Dimakakou et al. 2020; Ilango et al. 2020; Shin et al. 2019).

In general, newer studies also used more refined approaches to estimate pollution concentrations. In our prior review, approximately half of the studies used the following as surrogates for ambient pollutant concentrations at a person's home: pollutant concentrations from a single monitoring station (Chang et al. 2014; Ranft et al. 2009) or several (Ailshire and Crimmins 2014; Ailshire and Clarke 2015; Chen and Schwartz 2009; Gatto et al. 2014; Jung et al. 2015) monitoring stations nearest to a participant's residential location, city/county air pollution index values (Zeng et al. 2010), or distance to road or traffic load measures (Ranft et al. 2009; Schikowski et al. 2015; Wellenius et al. 2012a; Wilker et al. 2015). In contrast, the majority (Ailshire and Walsemann 2021; Carey et al. 2018; Casanova et al. 2016; Cerza et al. 2019; Chen et al. 2017a, 2017c, 2020; Cleary et al. 2018; Colicino et al. 2014; Cullen et al. 2018; Dimakakou et al. 2020; Erickson et al. 2020; Gale et al. 2020; Grande et al. 2020; Hedges et al. 2019, 2020; Iaccarino et al. 2021; Ilango et al. 2020; Kim et al. 2019; Kulick et al. 2017, 2020; Li et al. 2019; Nußbaum et al. 2020; Oudin et al. 2017, 2018; Paul et al. 2020; Petkus et al. 2020, 2021; Power et al. 2018a; Ran et al. 2021; Salinas-Rodríguez et al. 2018; Shi et al. 2020; Smargiassi et al. 2020; Tallon et al. 2017; Tzivian et al. 2016; Wang et al. 2020; Wilker et al. 2016a; Wu et al. 2015; Younan et al. 2020a, 2020b; Yuchi et al. 2020) of the newer studies used models that predicted ambient concentrations at or around each participant's home address (even if the spatial granularity of the models could not be fully exploited due to imprecise information on participant location). These spatial prediction models varied in their specific approach: Models used in 2 of the papers from the prior review (Loop et al. 2013; Wilker et al. 2015) and 10 of the new papers (Chen et al. 2017a; Cullen et al. 2018; Ilango et al. 2020; Kulick et al. 2020; Ran et al. 2021; Salinas-Rodríguez et al. 2018; Shi et al. 2020; Smargiassi et al. 2020; Wang et al. 2020; Wilker et al. 2016a) incorporated data on aerosols in the atmosphere from satellite measurements; models used in 6 of the older papers (Oudin et al. 2016; Power et al. 2011; Schikowski et al. 2015; Wellenius et al. 2012a; Weuve et al. 2012; Wilker et al. 2015) and 27 of the new papers (Cerza et al. 2019; Chen et al. 2017a, 2017c; Colicino et al. 2014; Crous-Bou et al. 2020; Cullen et al. 2018; Dimakakou et al. 2020; Erickson et al. 2020; Gale et al. 2020; Hedges et al. 2019, 2020; Ilango et al. 2020; Kim et al. 2019; Kulick et al. 2017, 2020; Nußbaum et al. 2020; Oudin et al. 2017; Petkus et al. 2021; Power et al. 2018a; Salinas-Rodríguez et al. 2018; Shi et al. 2020; Smargiassi et al. 2020; Tallon et al. 2017; Tzivian et al. 2016; Wang et al. 2020; Wilker et al. 2016a; Yuchi et al. 2020) incorporated characteristics of place, such as land use and local emission sources; and models used in 1 paper from the prior review (Tonne et al. 2014) and 22 of the new papers (Ailshire and Walsemann 2021; Carey et al. 2018; Casanova et al. 2016; Cerza et al. 2019; Chen et al. 2017a, 2017c; Cleary et al. 2018; Grande et al. 2020; Iaccarino et al. 2021; Ilango et al. 2020; Kulick et al. 2017; Nußbaum et al. 2020; Oudin et al. 2018; Paul et al. 2020; Petkus et al. 2020, 2021; Shi et al. 2020; Smargiassi et al. 2020; Tallon et al. 2017; Wang et al. 2020; Younan et al. 2020a, 2020b) included predictions from a chemical transport or dispersion model. Overall, across both older and newer papers, the spatial resolution of the exposure models ranged from address-specific predictions (resolved down to tens of

meters) to 1,296 km<sup>2</sup>, with reported validation  $R^2$ 's ranging from approximately 0.4 to 0.9. In general, models of traffic-related pollutants performed best, and models of PM<sub>2.5-10</sub> performed worst. The explanatory power of the PM<sub>2.5</sub> model in the Manchester region in the United Kingdom was notably low ( $R^2 = 0.2$ ) (Eeftens et al. 2012).

Between more specific participant location information and better spatial resolution of the prediction models, the overall spatial resolution of model-based exposure estimation approaches used in the literature has improved since our last review. Of studies modeling PM<sub>2.5</sub>, 5 older (Chen et al. 2015; Schikowski et al. 2015; Tonne et al. 2014; Weuve et al. 2012; Wilker et al. 2015) and 24 newer studies (Casanova et al. 2016; Cerza et al. 2019; Chen et al. 2017c, 2020; Crous-Bou et al. 2020; Cullen et al. 2018; Erickson et al. 2020; Gale et al. 2020; Grande et al. 2020; Hedges et al. 2019, 2020; Kulick et al. 2017, 2020; Nußbaum et al. 2020; Oudin et al. 2018; Petkus et al. 2020, 2021; Power et al. 2018a; Ran et al. 2021; Tzivian et al. 2016; Wang et al. 2020; Wilker et al. 2016a; Younan et al. 2020a, 2020b) used approaches with overall spatial resolutions of 1 km<sup>2</sup> or less. Of NO<sub>2</sub> or NO<sub>x</sub> studies, 2 older (Oudin et al. 2016; Schikowski et al. 2015) and 15 newer studies (Cerza et al. 2019; Chen et al. 2020; Crous-Bou et al. 2020; Cullen et al. 2018; Gale et al. 2020; Grande et al. 2020; Hedges et al. 2019, 2020; Kim et al. 2019; Kulick et al. 2017, 2020; Nußbaum et al. 2020; Oudin et al. 2017; Petkus et al. 2021; Tzivian et al. 2016) had overall resolutions of 1 km<sup>2</sup> or less. Three newer studies (Cerza et al. 2019; Kulick et al. 2017; Wu et al. 2015) had overall resolutions of 1 km<sup>2</sup> or less for O<sub>3</sub>. For markers of traffic, excluding NO<sub>2</sub> and NO<sub>x</sub>, all older studies (Power et al. 2011; Ranft et al. 2009; Schikowski et al. 2015; Wellenius et al. 2012a; Wilker et al. 2015) and 10 newer studies (Cerza et al. 2019; Chen et al. 2017c; Colicino et al. 2014; Crous-Bou et al. 2020; Kulick et al. 2017, 2020; Nußbaum et al. 2020; Oudin et al. 2018; Tzivian et al. 2016; Wilker et al. 2016a) used measures with spatial resolution less than 1 km<sup>2</sup>. All other papers had coarser or unspecified resolution.

### Quality Assessment Review

Although newer studies had better overall spatial resolution for exposure estimates, and there has been an increase in the number of studies evaluating cognitive change and incident dementia, methodological challenges remain in this literature. In fact, the overall quality of published research has declined since our initial literature search, with a smaller proportion of newly identified studies, vs. studies identified in our prior review, having strengths in three or more methodological domains (Table 2). Many limitations were study-specific, but three major limitations remained pervasive: *a*) use of claims or medical records to identify dementia; *b*) lack of information on cohort attrition, or, in MRI studies, predictors of participation, along with the associated potential for selection bias; and *c*) inclusion of potential mediators in primary covariate sets.

Although not rising to the level of a limitation in our risk of bias analysis, most studies continued to average exposures over periods less than 5 years. These short periods were unlikely to capture the etiologically relevant time period of exposure, especially when dementia was the outcome. Instead, these studies relied on the assumption that shorter averaging periods reflect exposures in the etiologically relevant window. Because wide-scale air pollution monitoring was less common before 2000 in the United States, and there is a similar lack of monitor data elsewhere, this is an inherent challenge to measuring distant exposures with historical data but is likely to improve over time.

### Summary of Study Findings

Here we focus on the results from the subset of studies that had strengths in three or more methodological domains, as identified through our quality assessment (Table 2). Results from these studies are summarized in Tables S1 to S4 and Figures S2 to S7, except for results from (Zeng et al. 2010), which did not include exposure contrasts for air quality index (AQI) corresponding to the estimated effects.

**NO<sub>2</sub> and NO<sub>x</sub>.** Collectively, results on NO<sub>2</sub> and NO<sub>x</sub> were mixed. Some studies suggested adverse associations with cognitive level and cognitive change, but some reported effect sizes were small and imprecise, and other studies reported beneficial associations or a set of inconsistent associations (Tables S1 and S2; Figure S2). Associations with incident cognitive impairment and dementia were mixed (Table S3). The three papers that evaluated neuroimaging outcomes all reported adverse associations of NO<sub>x</sub> exposure with measures of brain volume. Results from these same studies with respect NO<sub>2</sub>, and with respect to either NO<sub>x</sub> or NO<sub>2</sub> in relation to cerebrovascular outcomes, were small in magnitude, in mixed directions, and fairly imprecise. (Table S4).

**O<sub>3</sub>.** Findings on O<sub>3</sub> were reported in only five studies. These findings, none of which pertained to cognitive decline, were not consistent.

**PM.** As a whole, the findings of papers considering PM<sub>2.5</sub> were supportive of adverse associations, although the consistency of evidence varied by outcome (Tables S1–S4; Figures S3–S6). Half of the studies of PM<sub>2.5</sub> and cognitive level (reporting results specific to 12 cohorts) suggested an adverse association. Associations were clearly adverse in six of those cohorts [Health and Retirement Study (HRS), Heinz-Nixdorf RECALL, National Social Health and Aging Study (NSHAP), ENSANUT (National Survey of Health and Nutrition in Mexico), Washington Heights-Inwood Community Aging Project (WHICAP), Korean Frailty and Aging Cohort Study (KFACS)]. In the Whitehall II cohort, results were mixed but on balance tended to favor an adverse association. Results from the 1000BRAINS study and Women's Health Initiative Memory Study Magnetic Resonance Imaging Study/Women's Health Initiative Study of Cognitive Aging (WHIMS-MRI/WHISCA) were mixed, and results of the remaining three cohorts (SALIA, NOMAS, ALFA) had mixed results that, on balance, suggested benefit of higher PM<sub>2.5</sub> levels (Table S1; Figure S3). All studies of PM<sub>2.5</sub> and cognitive decline reported effect estimates, with varying degrees of precision, that were supportive of an adverse association, but considerably fewer cohorts were represented with respect to this outcome ( $n = 5$ , reporting on results specific to five cohorts) (Table S2; Figure S4). In contrast, studies of incident cognitive impairment or dementia ( $n = 4$  with one reporting separate results from the same underlying cohort specific to periods 10 years apart) reported less consistent associations (Table S3). Among the seven studies reporting on associations between PM<sub>2.5</sub> and brain volumes, findings tended to indicate smaller volumes with higher exposure, but these associations were often small in magnitude and estimated with substantial imprecision (Table S4; Figure S5). One study identified an association of PM<sub>2.5</sub> with longitudinally assessed increase in gray matter atrophy (Younan et al. 2020b). Findings across the four studies reporting associations between PM<sub>2.5</sub> and cerebrovascular imaging (Table S4; Figure S6) measures were inconsistent and imprecise, although interestingly, findings related to white matter hyperintensity volume consistently indicated a protective effect.

Results from the 13 papers (reporting estimates on 13 cohorts) that examined associations with PM<sub>10</sub> did not strongly support the presence of an association (Tables S1–S4; Figure S7). The collection of results from nine papers (reporting results on nine

**Table 2.** Summary of quality assessment for eligible studies on air pollution and late-life cognitive health identified through 31 December 2020.

Study focus	Citation/cohort	Study strengths <sup>a</sup>				Generalizability	New to the review	Noted study limitations <sup>b</sup>
		Exposure assessment and variability	Outcome assessment	No substantial issues with confounding/inappropriate adjustment	No substantial issues with cohort formation/loss to follow-up			
Cognitive level	(Ailshire and Crimmins 2014)/HRS	—	Yes	Yes	Yes	—	No individual-level exposure assessment, restricted to regions near regulatory monitors.	
Cognitive level	(Ailshire And Clarke 2015)/ACL Survey	—	—	—	Yes	—	No individual-level exposure assessment, restricted to regions near regulatory monitors; insensitive test of cognition will likely only pick up highly impaired; crude age and education adjustment.	
Cognitive level	(Chen et al. 2020)/TIGER	—	—	—	—	Yes	Limited exposure variability; reporting on outcome definition is unclear; inappropriate adjustment for a potential intermediate; no information on correlates of attrition.	
Cognitive level	(Chen and Schwartz 2009)/NHANES III	—	Yes	—	Yes	—	No individual-level exposure assessment, restricted to regions near regulatory monitors; adjusted for age in 10-year bands, different adjustment for socioeconomic status across exposures, specifically some models of PM <sub>10</sub> not adjusted for both race/ethnicity and socioeconomic status.	
Cognitive level	(Gatto et al. 2014)/WISH, BV AIT, and ELITE	—	Yes	Yes	—	—	Only modest capture of local exposure gradients; cohort was extremely healthy for age due to inclusion/exclusion criteria of original randomized controlled trials.	
Cognitive level	(Kim et al. 2019)/Voluntary community-based sample	Yes	—	—	—	Yes	Outcome was below threshold on dementia screening test after excluding persons with dementia or mild cognitive impairment; crude age adjustment, inappropriate adjustment for intermediates, reported only stratified analysis without justification.	
Cognitive level	(Lo et al. 2019)/TLSA	—	—	—	—	Yes	No individual-level exposure assessment or information on exposure distribution; insensitive test of cognition will likely only pick up highly impaired; inappropriate adjustment for IADLs; lack of information on loss to follow-up despite use of repeated measures for cross-sectional analysis.	
Cognitive level	(Power et al. 2011)/NAS	Yes	Yes	—	Yes	—	Inappropriate adjustment for intermediates.	
Cognitive level	(Ranft et al. 2009)/SALIA	—	Yes	—	Yes	—	Relatively little exposure variability in recent exposure for rural participants, modest capture of local exposure gradients; crude adjustment for age and socioeconomic status, inappropriate adjustment for co-morbidities.	
Cognitive level	(Rocha et al. 2020)/ELSA-Brasil	Yes	Yes	Yes	—	Yes	Excluded substantial proportion of sample for missing exposure data.	
Cognitive level	(Salinas-Rodríguez et al. 2018)/ENSANUT-2012	—	Yes	Yes	Yes	Yes	No individual-level exposure assessment, limited capture of local air pollution exposure gradients.	
Cognitive level	(Schikowski et al. 2015)/SALIA	—	Yes	Yes	Yes	—	Relatively little variation in PM across study participants.	
Cognitive level	(Shin et al. 2019)/KFACS	—	Yes	—	Yes	Yes	Limited exposure variation, exposure estimation poorly documented, no individual-level exposure assessment, inappropriate adjustment for comorbidities.	
Cognitive level	(Tallon et al. 2017)/NSHAP	—	Yes	Yes	Yes	Yes	Excluded one-third of participants from analyses with NO <sub>2</sub> exposure, spatial resolution is limited, especially for NO <sub>2</sub> .	
Cognitive level	(Tzivian et al. 2016)/Heinz Nixdorf RECALL	—	Yes	Yes	Yes	Yes	Limited exposure variability.	
Cognitive level	(Wellenius et al. 2012a)/MOBILIZE Boston	Yes	Yes	Yes	—	Yes	Lack of information on loss to follow-up despite use of repeated measures for cross-sectional analysis.	

**Table 2.** (Continued.)

Study focus	Citation/cohort	Study strengths <sup>a</sup>					New to the review	Noted study limitations <sup>b</sup>
		Exposure assessment and variability	Outcome assessment	No substantial issues with confounding/inappropriate adjustment	No substantial issues with cohort formation/loss to follow-up	Generalizability		
Cognitive level	( <a href="#">Wurth et al. 2018</a> )/BPRHS	—	Yes	—	—	Yes	Yes	Limited exposure variation, no individual-level exposure assessment; no adjustment for calendar time (necessary because a single monitor was used to assess exposure based on individual's cognitive test date); lack of information on loss to follow-up despite use of repeated measures for cross-sectional analysis.
Cognitive level	( <a href="#">Yao et al. 2021</a> )/CLHLS	—	Yes	Yes	—	Yes	Yes	Use self-report for assessment of distance to road; excluded 23% due to missing MMSE data.
Cognitive level	( <a href="#">Younan et al. 2020a</a> )/WHIMS-MRI and WHISCA	Yes	Yes	—	Yes	—	Yes	Inappropriate adjustment for intermediates; MRI sample appears extremely healthy based on sample characteristics.
Cognitive level	( <a href="#">Zeng et al. 2010</a> )/CLHLS	—	Yes	Yes	Yes	Yes	—	API is a crude measure combining multiple air pollutants with variable correlation, measured at the community level.
Neuroimaging level and cognitive level	( <a href="#">Crous-Bou et al. 2020</a> )/ALFA	—	Yes	Yes	Yes	—	Yes	Did not report exposure contrast associated with reported effect estimate; enriched in participants who are APOE E4 positive, have a family history of dementia.
Neuroimaging level and cognitive level	( <a href="#">Nußbaum et al. 2020</a> )/1000BRAINS	—	Yes	Yes	Yes	Yes	Yes	Limited exposure variability.
Neuroimaging level	( <a href="#">Casanova et al. 2016</a> )/WHIMS-MRI	Yes	Yes	—	—	—	Yes	Adjustment for intermediates in presented models; no comparison of MRI subcohort to full cohort; MRI sample appears extremely healthy based on sample characteristics.
Neuroimaging level	( <a href="#">Chen et al. 2015</a> )/WHIMS-MRI	—	Yes	Yes	—	—	—	~11% of the cohort were missing >40% of PM <sub>2.5</sub> data for the exposure assessment period and point estimates are attenuated, but remain statistically significant when excluding this group; no comparison of MRI subcohort to full cohort; MRI sample appears extremely healthy based on sample characteristics.
Neuroimaging level	( <a href="#">Erickson et al. 2020</a> )/UK Biobank	Yes	Yes	—	—	—	Yes	Inappropriate adjustment for intermediates or consequences of exposure or outcome; no comparison of MRI subcohort to full cohort; sample is much healthier than general UK population.
Neuroimaging level	( <a href="#">Gale et al. 2020</a> )/UK Biobank	Yes	—	—	—	—	Yes	Unclear if volumes standardized by intracranial volume, no information on MRI processing pipeline, left/right separated without confirmation of effect modification; inappropriate adjustment for intermediates or consequences of exposure or outcome, a proxy of exposure; no comparison of MRI subcohort to full cohort; sample is much healthier than general UK population.
Neuroimaging level	( <a href="#">Hedges et al. 2019</a> )/UK Biobank	Yes	—	—	—	—	Yes	Unclear if volumes standardized by intracranial volume, no information on MRI processing pipeline, left/right separated without confirmation of effect modification; inappropriate adjustment for intermediates or consequences of exposure or outcome, a proxy of exposure; no comparison of MRI subcohort to full cohort; sample is much healthier than general UK population.

**Table 2.** (Continued.)

Study focus	Citation/cohort	Study strengths <sup>a</sup>				Generalizability	New to the review	Noted study limitations <sup>b</sup>
		Exposure assessment and variability	Outcome assessment	No substantial issues with confounding/inappropriate adjustment	No substantial issues with cohort formation/loss to follow-up			
Neuroimaging level	(Hedges et al. 2020)/UK Biobank	Yes	—	—	—	—	Yes	Unclear if volumes standardized by intracranial volume, no information on MRI processing pipeline, left/right separated without confirmation of effect modification; inappropriate adjustment for intermediates or consequences of exposure or outcome, a proxy of exposure; no comparison of MRI subcohort to full cohort; sample is much healthier than general UK population.
Neuroimaging level	(Iaccarino et al. 2021)/IDEAS	—	Yes	—	—	—	Yes	No individual-level exposure assessment; inappropriate adjustment for intermediates; selection based on cognitive status could cause collider bias; highly selected clinical sample of people with uncertain cognitive impairment etiology who access tertiary care.
Neuroimaging level	(Kulick et al. 2017)/NOMAS	Yes	Yes	Yes	—	Yes	Yes	No comparison of MRI subcohort to full cohort.
Neuroimaging level	(Power et al. 2018a)/ARIC	—	Yes	Yes	—	Yes	Yes	Limited exposure variation for site-specific analyses, selection based on cognitive status could cause collider bias.
Neuroimaging level	(Wilker et al. 2015)/FOS	Yes	Yes	Yes	—	Yes	—	No comparison of MRI subcohort to full cohort.
Neuroimaging level	(Wilker et al. 2016a)/MADRC	Yes	Yes	Yes	—	—	Yes	Highly selected clinical sample.
Neuroimaging level	(Younan et al. 2020b)/WHIMS-MRI	Yes	Yes	Yes	Yes	—	Yes	MRI sample appears extremely healthy based on sample characteristics.
Cognitive level and cognitive change	(Cullen et al. 2018)/UK Biobank	Yes	—	Yes	—	—	Yes	Time period elapsed and limited number of assessments may limit ability to detect change given age of sample; not representative of sampling frame and low participation rate; sample is much healthier than general UK population.
Cognitive level and cognitive change	(Kulick et al. 2020)/WHICAP and NOMAS	—	Yes	Yes	—	Yes	Yes	Low exposure variability within NOMAS participants; no comparison of MRI subcohort to full cohort.
Cognitive level and cognitive change	(Tonne et al. 2014)/Whitehall II	—	Yes	—	Yes	Yes	—	Relatively little variation in total PM <sub>10</sub> and total PM <sub>2.5</sub> across study participants, no individual-level exposure assessment; did not report whether they adjusted for time-by-covariate interactions in analyses of cognitive change.
Cognitive change	(Cleary et al. 2018)/National AD Centers Database	—	Yes	—	—	—	Yes	No individual-level exposure, low spatial resolution of model, use of tertiles for exposure; did not specify if including cross-product terms to adjust for confounding of decline; highly selected clinical sample and required development of cognitive impairment during follow-up; enriched in participants who are APOE E4 positive, have a family history of dementia, or have rare dementias.
Cognitive change	(Colicino et al. 2014)/NAS	Yes	—	—	—	Yes	Yes	Inappropriate adjustment for potential intermediates; no discussion of extent or correlates of attrition during follow-up.
Cognitive change	(Oudin et al. 2017)/Betula	—	Yes	Yes	Yes	Yes	Yes	Exposures were predicted for 2009–2010, but outcome follow-up spanned 1993–2010.
Cognitive change	(Petkus et al. 2020)/WHISCA	Yes	—	—	—	Yes	Yes	Inappropriate adjustment for intermediates; no discussion of extent or correlates of attrition during follow-up.

Table 2. (Continued).

Study focus	Citation/cohort	Study strengths <sup>a</sup>				Generalizability	New to the review	Noted study limitations <sup>b</sup>
		Exposure assessment and variability	Outcome assessment	No substantial issues with inappropriate confounding/adjustment	No substantial issues with cohort formation/loss to follow-up			
Cognitive change	(Petkus et al. 2021)/WHIMS-ECHO	Yes	Yes	—	—	Yes	Yes	Inappropriate adjustment for intermediates; recruitment required survival to age 80, no discussion of extent or correlates of attrition during follow-up.
Cognitive change	(Weuve et al. 2012)/NHS	Yes	Yes	Yes	—	Yes	—	No discussion of correlates of attrition during follow-up.
Prevalent dementia	(Dimakakou et al. 2020)/UK Biobank	—	—	—	—	—	Yes	No information on exposure distribution, no information on how exposure was linked to participants; reliance on medical records; inappropriate adjustment for potential consequences of disease, no adjustment for individual-level SES; sample is much healthier than general UK population, inclusion of young participants not at risk of dementia; not representative of sampling frame and low participation rate.
Incident dementia or other incident cognitive impairment	(Ailshire and Walsemann 2021)/HRS	—	Yes	Yes	—	Yes	Yes	No individual-level exposure assessment; no information on proportion of persons lost to follow-up or correlates of attrition
Incident dementia or other incident cognitive impairment	(Carey et al. 2018)/CPRD	—	—	—	—	Yes	Yes	Limited exposure variation, no individual-level exposure assessment; reliance on medical records/claims data; no adjustment for individual-level education; no discussion of extent or correlates of attrition during follow-up.
Incident dementia or other incident cognitive impairment	(Cerza et al. 2019)/Rome Longitudinal Cohort	—	—	Yes	Yes	Yes	Yes	Exposures were predicted for 2009–2010, but outcome follow-up started in 2001; reliance on hospital admissions for identifying dementia.
Incident dementia or other incident cognitive impairment	(Chang et al. 2014)/NHIRD Taiwan	—	—	—	—	—	—	No individual-level exposure estimates, exposure averaging period depended on date of censoring; use of ICD-9-CM codes for identification of dementia, youngest participants not at risk of dementia given <65 years of age for duration of follow-up; no adjustment for education, inappropriate adjustment for multiple potential mediating health conditions in all presented models; no information on attrition or its correlates; inclusion criteria required respiratory tract infection, which may have resulted in selection of sicker or more susceptible persons.
Incident dementia or other incident cognitive impairment	(Chen et al. 2017a)/Ontario Population Health and Environment Cohort	—	—	—	—	Yes	Yes	No individual-level exposure assessment, poor resolution for ozone; reliance on medical records/claims data; crude adjustment for SES; no discussion of extent or correlates of attrition during follow-up.
Incident dementia or other incident cognitive impairment	(Chen et al. 2017b)/Ontario Population Health and Environment Cohort	—	—	—	—	Yes	Yes	Proximity to major roadways based on postcode centroid; reliance on medical records/claims data; crude adjustment for SES, adjustment for mediators in primary analyses; no discussion of extent or correlates of attrition during follow-up.

**Table 2.** (Continued.)

Study focus	Citation/cohort	Study strengths <sup>a</sup>					New to the review	Noted study limitations <sup>b</sup>
		Exposure assessment and variability	Outcome assessment	No substantial issues with confounding/inappropriate adjustment	No substantial issues with cohort formation/loss to follow-up	Generalizability		
Incident dementia or other incident cognitive impairment	(Grande et al. 2020)/SNAC-K	—	—	—	Yes	Yes	Yes	Limited exposure variability; partial reliance on medical records for identification of dementia without information on frequency of identification through this method; inappropriate adjustment for intermediates.
Incident dementia or other incident cognitive impairment	(He et al. 2020)/ZIMPHS	—	Yes	Yes	Yes	Yes	Yes	No individual-level exposure assessment, spatial resolution is limited.
Incident dementia or other incident cognitive impairment	(Ilango et al. 2020)/NPHS and CCHS participants	—	—	Yes	—	Yes	Yes	Lacking information on how air pollution linked to participant location; reliance on medical records/claims data; no discussion of extent or correlates of attrition during follow-up.
Incident dementia or other incident cognitive impairment	(Jung et al. 2015)/NHIRD Taiwan	—	—	—	—	Yes	—	No individual-level exposure estimates; use of ICD-9-CM codes for identification of dementia; no adjustment for education or socioeconomic status; no information on attrition or its correlates.
Incident dementia or other incident cognitive impairment	(Li et al. 2019)/NHIRD Taiwan	—	—	—	—	Yes	Yes	No individual-level exposure assessment; use of ICD-9-CM codes for identification of dementia; crude adjustment for SES; case-control design assumes no informative attrition.
Incident dementia or other incident cognitive impairment	(Loop et al. 2013)/REGARDS	—	Yes	—	—	Yes	—	No individual-level exposure estimates; no information on correlates of attrition and requirement of completion of two cognitive assessments for inclusion in analysis.
Incident dementia or other incident cognitive impairment	(Oudin et al. 2016)/Betula	—	Yes	Yes	Yes	Yes	—	Exposures were predicted for 2009–2010, but outcome follow-up spanned 1993–2010, results using back-extrapolated exposure predictions were reported to be similar, but data not shown; partial reliance on medical records for identification of dementia.
Incident dementia or other incident cognitive impairment	(Oudin et al. 2018)/Betula	Yes	—	Yes	—	Yes	Yes	Partial reliance on medical records for identification of dementia; did not address loss to follow-up as a potential source of bias.
Incident dementia or other incident cognitive impairment	(Paul et al. 2020)/SALSA	Yes	Yes	Yes	Yes	Yes	Yes	Nothing of note.
Incident dementia or other incident cognitive impairment	(Ran et al. 2021)/Chinese EHS	—	—	Yes	—	—	Yes	Limited exposure variability; reliance on medical records; no information on correlates of attrition; fee charged for participant enrollment.
Incident dementia or other incident cognitive impairment	(Shi et al. 2020)/Medicare fee-for-service beneficiaries	—	—	—	Yes	Yes	Yes	No individual-level exposure assessment; reliance on claims data; crude adjustment for SES

**Table 2.** (Continued.)

Study focus	Citation/cohort	Study strengths <sup>a</sup>				Generalizability	New to the review	Noted study limitations <sup>b</sup>
		Exposure assessment and variability	Outcome assessment	No substantial issues with confounding/inappropriate adjustment	No substantial issues with cohort formation/loss to follow-up			
Incident dementia or other incident cognitive impairment	(Smargiassi et al. 2020)/QICDSS	—	—	—	—	Yes	Yes	No individual-level exposure assessment, distance to road based on postcode centroid; reliance on medical records/claims data; no adjustment for individual-level SES; no information on correlates of attrition.
Incident dementia or other incident cognitive impairment	(Wang et al. 2020)/CLHLS	Yes	—	—	—	Yes	Yes	No information on timing of follow-up assessment; inappropriate adjustment for intermediates; no discussion of selective survival to enrollment or correlates of attrition despite large loss to follow-up.
Incident dementia or other incident cognitive impairment	(Wu et al. 2015)/Case-control	—	Yes	—	—	Yes	Yes	Inadequate documentation of exposure model validation, used tertiles of exposure; large differences in age across cases and controls may result in positivity violations; unclear whether case-control selection related to exposure.
Incident dementia or other incident cognitive impairment	(Yuchi et al. 2020)/MSP Registry	—	—	—	—	Yes	Yes	No individual-level exposure assessment; reliance on medical records/claims data; crude adjustment for SES, inappropriate adjustment for potential mediators; no information on attrition or its correlates.
Incident dementia or other incident cognitive impairment and neuroimaging level	(Chen et al. 2017c)/WHIMS	—	Yes	Yes	—	—	Yes	No individual-level exposure assessment for diesel; no comparison of MRI subcohort to full cohort, no discussion of extent of or correlates of attrition; MRI appears extremely healthy based on sample characteristics.

Note: ACL, Americans' Changing Lives; AD, Alzheimer's disease; ALFA, Alzheimer's and Family; ARIC, Atherosclerosis Risk in Communities; BPRHS, Boston Puerto Rican Health Study; BVAIT, B-Vitamin Atherosclerosis Intervention Trial; CCHS, Canadian Community Health Survey; CLHLS, Chinese Longitudinal Healthy Longevity Survey; CPRD, Clinical Practice Research Datalink; EHS, Elderly Health Service; ELITE, Early versus Late Intervention Trial; ELSA-Brasil, Brazilian Longitudinal Study on Adult Health; ENSANUT-2012, National Survey of Health and Nutrition in Mexico in 2012; FOS, Framingham Offspring Study; Heinz Nixdorf RECALL, Heinz Nixdorf Risk factors, Evaluation of Coronary Calcium and Lifestyle study; HRS, Health and Retirement Study; IADL, instrumental activities of daily living; ICD-9, International Classification of Diseases, Ninth Revision; ICD-9-CM, International Classification of Diseases, Ninth Revision, Clinical Modification; IDEAS, Imaging Dementia—Evidence for Amyloid Scanning; KFACS, Korean Frailty and Aging Cohort Study; MADRC, Massachusetts Alzheimer's Disease Research Center Longitudinal Cohort; MMSE, Mini-Mental State Examination; MOBILIZE, Maintenance of Balance, Independent Living, Intellect, and Zest in the Elderly; MRI, magnetic resonance imaging; MSP, Medical Service Plan; NAD, non-Alzheimer's dementia; NAs, Normative Aging Study; NHANES III, Third National Health and Nutrition Examination Survey; NHIRD, National Health Insurance Research Database; NHS, Nurses' Health Study; NO<sub>2</sub>, nitrogen dioxide; NO<sub>x</sub>, nitrogen oxides; NOMAS, Northern Manhattan Study; NPHS, National Population Health Survey; NSHAP, National Social Health and Aging Study; PM, particulate matter; PM<sub>2.5</sub>, particulate matter with an aerodynamic diameter ≤2.5 micrometers; PM<sub>10</sub>, particulate matter with an aerodynamic diameter ≤10 micrometers; QICDSS, Quebec Integrated Chronic Disease Surveillance System; REGARDS, Reasons for Geographic and Racial Differences in Stroke; SALJA, Study on the Influence of Air Pollution on Lung Function, Inflammation, and Aging; SALSA, Sacramento Area Latino Study on Aging; SES, socioeconomic status; SNAC-K, Swedish National Study of Aging and Care in Kungsholmen; TIGER, Taiwan Institute for Geriatric Epidemiological Research; TLISA, Taiwanese Longitudinal Study on Aging; WHICAP, Washington Heights-Inwood Community Aging Project; WHIMS-ECHO, Women's Health Initiative Memory Study of the Epidemiology of Cognitive Health Outcomes; WHIMS-MRI, Women's Health Initiative Memory Study Magnetic Resonance Imaging Study; WHISCA, Women's Health Initiative Study of Cognitive Aging; WISH, Women's Isoflavone Soy Health; ZIMPHS, Zhejiang Major Public Health Surveillance.

<sup>a</sup>Studies that received a check mark for the study strength category were not found to have any substantial limitations in those categories. Substantial limitations in categories without a check mark are explained in the column farthest to the right.

<sup>b</sup>Study bias assessment pertains only to exposure-outcome associations that were unique to the sample population.



cohorts) on cognitive performance was not consistent, with adverse associations that were limited in count and magnitude. The three papers (reporting results on four cohorts) examining cognitive change suggested a possible adverse relation (Table S2), but their estimates were generally imprecise. Although associations with neuroimaging outcomes were suggestive of an adverse effect of PM<sub>10</sub>, this evidence was restricted to three papers (Table S4). The two papers examining PM<sub>10</sub> and dementia or impairment generated inconsistent results (Table S3).

Only four papers reported associations pertaining to PM<sub>2.5-10</sub>, and these results were inconsistent. Although associations with cognitive decline (Weuve et al. 2012) and neuroimaging brain volume indices (Crous-Bou et al. 2020) were adverse, associations with cognitive function were mixed (Crous-Bou et al. 2020; Tzivian et al. 2016), and the single study of incident dementia reported a protective association with this outcome (Cerza et al. 2019).

**Markers and measures of traffic-related air pollution (excluding total NO<sub>2</sub> and NO<sub>x</sub>).** Eleven papers (studying 11 cohorts) reported on measures of traffic-related air pollution and cognitive function with mixed results (Table S5). Results from three papers (reporting on four cohorts) on cognitive decline (Table S6), and the five studies of neuroimaging outcomes (Table S8) similarly did not support an adverse association with greater exposure to traffic. Two of the three studies of incident cognitive impairment/dementia (Table S7) reported adverse associations with higher exposure.

**AQI.** The single study of AQI found little association with incident cognitive impairment (He et al. 2020).

## Discussion

Epidemiological evidence on the relation of air pollution exposure to dementia risk continues to amass rapidly. Here we summarized the findings of the 35 of 66 papers with strengths in three or more methodologic domains that reported on associations with NO<sub>2</sub>/NO<sub>x</sub>, O<sub>3</sub>, PM, or traffic-related air pollution. On balance, results on PM<sub>2.5</sub> exposure and cognitive level were mixed. Although they were slightly more likely to suggest an adverse association than a null or beneficial effect, the margin was narrow. Studies of PM<sub>2.5</sub> and cognitive decline generally supported an adverse association, whereas there was suggestive but less abundant support for links of PM<sub>2.5</sub> with brain volumes. Findings related to PM<sub>10</sub>, NO<sub>2</sub>, NO<sub>x</sub>, and of traffic-related exposures were mixed, and findings on other air pollutants, including PM<sub>2.5-10</sub> and O<sub>3</sub>, were too sparse to discern a likely direction of effect, if any.

We note several new developments in the literature since our last review in 2016. The literature has expanded to include a substantial number of studies considering cognitive change, incident dementia or cognitive impairment, and dementia-related neuroimaging markers. Such studies offer different windows into dementia etiology, including whether specific air pollutants act on distinct etiologies. Moreover, triangulation across studies considering different dementia-related outcomes allows higher confidence in overall conclusions. Since the last review, overall spatial resolution for estimated air pollutant exposures has improved. This finer level of detail helps to distinguish the exposure profiles of individuals within the same region or city, thus reducing error in exposure measurement aside from that introduced by exposure modeling assumptions and increasing statistical precision. Newer studies have also begun to consider community noise as either a confounder or effect modifier. To date, studies with data on noise and air pollution have not found noise to be a substantial source of confounding (Andersson et al. 2018; Carey et al. 2018;

Tzivian et al. 2016). However, there was some suggestion that it may be an effect modifier (Tzivian et al. 2017).

## Recommendations for Further Strengthening the Evidence Base

**Dementia ascertainment.** As in our prior review, most studies of air pollution and incident dementia relied on administrative claims or medical records to identify persons living with dementia. One advantage of this approach is that it permits large studies inclusive of populations often underrepresented in research, and with greater sample size comes enhanced precision of effect estimates. However, use of this data to identify persons with dementia likely introduces systematic bias to the estimated effects of air pollution, resulting from misclassification of dementia status.

Administrative data, including insurance claims and medical records, are not created for research purposes. Many dementia claims reflect rule-out diagnoses; as such, a claim may not represent a true diagnosis. For example, the positive predictive value of a dementia claim in U.S. Medicare claims is only 56% (Taylor et al. 2009). However, an even bigger issue with use of claims and medical records data to ascertain dementia status is underdiagnosis of dementia due to missed or delayed diagnosis, which is extremely common, often exceeding 50% (Lang et al. 2017). If the resulting misclassification of dementia status were nondifferential, the result would generally be bias toward the null. Of particular consequence to estimating the effects of air pollution on dementia incidence, misclassification of dementia status in administrative data does not appear to be random. Rates of dementia underdiagnosis differ by race/ethnicity (Gianattasio et al. 2019) as well as health status and other sociodemographic factors (Power et al. 2020). This differential misclassification has been shown to lead to biased measures of association of other factors with dementia, even after adjustment for key covariates (Power et al. 2020).

In many settings, it is plausible that the same factors that predict the discordance between true dementia status and diagnostic status also correlate with air pollution exposure (Hajat et al. 2015; Miranda et al. 2011). For example, areas with high levels of air pollution could have greater rates of dementia overdiagnosis because air pollution, a risk factor for chronic disease, increases interactions with the medical system. Conversely, it could be that areas or subgroups with high air pollution exposure may have greater rates of dementia underdiagnosis or delayed diagnosis. If other air pollution-related health effects are more pressing or revenue-generating, the existence of dementia may never enter the medical record or generate a claim. It could also be that who is diagnosed (or misdiagnosed) and how much delay is involved are determined by spatially patterned factors, such as quality of and access to medical care and the level of stigma associated with a diagnosis of dementia.

There is little if any evidence about how much dementia misclassification in administrative records varies by level of exposure to air pollution, but the potential for bias from differential misclassification seems high. Although the pattern and severity of dementia misclassification in administrative data may vary by setting and over time, misclassification is common enough to warrant attention when these data are used in studies of air pollution, even in settings that provide universal health care for older adults or expansive socialized health care (McGuinness et al. 2019; Power et al. 2020; Rizzuto et al. 2018; Solomon et al. 2014; Taylor et al. 2009; Wilkinson et al. 2018). Unfortunately, adjusting for determinants of misclassification does not mitigate this bias and can instead induce bias (Greenland and Robins 1985).

Some new studies used an outcome definition of hospitalization with a dementia diagnosis. This measure likely captures newly onset cases as well as established cases that require hospitalization because they are sufficiently severe or involve acute comorbid conditions. Thus, estimates from these studies may mismeasure dementia onset and reflect the effects of air pollution on acute comorbid conditions (Phelan et al. 2012) or even the exacerbation of dementia symptoms. This latter possibility is of interest but was not an explicit focus of our review.

No study in our review that relied on administrative records for dementia ascertainment reported on the validity of their dementia ascertainment approach against *research-quality dementia adjudication* (i.e., in-person, study-based ascertainment that does not rely on interfacing with clinical services in the community), nor did any such study test the sensitivity of its findings to assumptions about the accuracy of these records. In the absence of such evaluations or evidence that diagnostic accuracy is not related to exposure status, confidence in studies that use records-based ascertainment remains limited. Thus, to the extent possible, we recommend that the performance of dementia classification using administrative data be evaluated against that of criterion-standard dementia diagnoses, with added investigation of whether performance differs by air pollution exposure status. Fortunately, a raft of validation studies in multiple settings on other outcomes such as stroke and heart failure—a body of work that has shaped research on these outcomes—offers a framework for moving in this direction.

**Neuroimaging.** The number of studies reporting on neuroimaging outcomes has grown substantially; however, it remains difficult to synthesize these reports. Some neuroimaging studies focused on markers of atrophy report on both broad (e.g., total brain volume) and selected regions of interest (e.g., thalamic volume), whereas others focused on a single, preselected region of the brain. Although there is value and potential mechanistic insight in considering regions known to atrophy preferentially with specific dementia-related disease processes, these results should be interpreted in the context of estimated associations with broader regions. For example, if we see an association between air pollution and atrophy of the thalamus, without more expansive investigation and reporting, it is unclear whether this is selective atrophy of the thalamus or simply a reflection of global atrophy. This logic also applies to measures of small vessel disease—e.g., white matter hyperintensities, lacunes, small subcortical infarcts, cerebral microbleeds, and perivascular spaces (Wardlaw et al. 2013). Examination of the set of markers thought to indicate a common underlying etiology is therefore more valuable than piecemeal examination of any specific marker.

Similarly, studies are beginning to evaluate neuroimaging findings as mediators of an association between air pollution and cognition (Younan et al. 2020a). Such analyses must be interpreted in the context of the broader literature. First, the currently available neuroimaging markers are crude measures of underlying pathological processes. As such, it may be difficult to detect substantial mediation between air pollution and cognitive symptoms by neuroimaging markers using the markers available to existing epidemiological studies. The field continues to evolve, and new developments may provide better options. Second, the choice of a particular marker to assess as a mediator of a particular air pollution–cognitive test performance association appears largely based on prior cohort-specific results, rather than on *a priori* hypotheses or biological plausibility informed by the broader literature. Without first establishing that the main effect of an air pollutant exposure appears across studies, reproducibility of mediation results is likely to be poor. Furthermore, it can be challenging to establish the temporal order of exposure, neuroimaging

mediator, and cognition. Although it is of interest to understand the etiological underpinnings of associations between air pollution and cognition, using mediation analyses to explore questions about etiology requires strong rationale, rigor, and replication in diverse settings.

**Attention to potential for selection bias.** As in the prior review, reporting related to selection bias continues to be scarce. It is well established that cognitive status predicts study participation (Weuve et al. 2015), and it is reasonable to assume that higher air pollution exposures may be associated with study participation given their established adverse health effects, including increased mortality risk (Christidis et al. 2019; Dockery et al. 1993; Pope et al. 2019; Stockfelt et al. 2015; Weuve et al. 2016). If both high air pollution and low or declining cognitive status were to reduce participation, the ensuing bias would likely result in an underestimate of the effect of air pollution on cognitive decline.

These concerns are especially pertinent to brain imaging studies, and the expected direction of bias may differ in these settings. For example, imaging subcohorts of the Framingham Offspring Study and the Women's Health Initiative Memory Study comprised 51% and 61%, respectively, of eligible participants from the primary cohorts (DeBette et al. 2010; Jaramillo et al. 2007). The selection patterns may be further affected by the incentives, barriers, and contraindications to participating in a brain imaging protocol, which requires participants to travel to the site housing the instrument. Alternatively, individuals may be motivated on the basis of family history or perceived personal risk. For example, investigators for the established cohort study, Monongahela–Youghiogheny Healthy Aging Team, asked study participants at their second assessment if they would be interested in undergoing a brain MRI protocol. Among those who were interested, mild cognitive impairment and dementia were less prevalent, but carriage of the *APOE4* allele (a common risk gene for dementia) was more prevalent than among those not interested (Ganguli et al. 2015). Similarly, in studies involving PET imaging and cerebrospinal fluid measurement of amyloid and tau, *APOE4* carriage was far more prevalent than in the general population of older adults (Li et al. 2017a; Morris et al. 2019). Thus, the direction of an ensuing bias may be difficult to predict without information on participants and nonparticipants. Imaging cohorts are also sometimes purposefully selected based on cognitive status (Iaccarino et al. 2021; Power et al. 2018a), which may lead to collider bias.

Most studies in this review had characteristics that made them vulnerable to selection bias, such as advanced participant age at entry, long duration of follow-up and/or substantial losses of participants over follow-up, or a study protocol that placed considerable logistical burdens on participants (e.g., neuroimaging). Some studies quantified participation and reported indices such as the percentage of participants who remained alive and continued through the entire follow-up, or the percentage of participants who engaged in neuroimaging protocols. Far fewer studies reported correlates of participation, which is useful to gauge the risk of substantial bias from selective participation. A few studies, including an imaging study, explicitly attempted to adjust for selection bias using statistical methods including restriction to younger ages, inverse probability of selection weights, multiple imputation, or quantitative bias analysis and related simulations (Kulick et al. 2020; Paul et al. 2020; Power et al. 2018a; Weuve et al. 2015; Younan et al. 2020b). We recommend reporting details of the selection process, including persons contacted, refused, and lost to follow-up, as well as correlates of participation. Furthermore, where evidence suggests selection bias may be substantial, we recommend use of established statistical approaches to mitigate this bias.

**Exposure.** The overall spatial resolution of exposure estimates has improved substantially in more recent work, but a number of other exposure-related considerations warrant increased attention.

Existing studies used a wide variety of exposure estimation approaches; however, reporting on these approaches and models often lacked key details necessary to assess the likely degree of exposure misclassification. Studies should report the spatial resolution of their participant location information; this reporting is especially important for studies assigning exposures based on areas such as participants' postal codes. In addition, we recommend that epidemiological studies present all validation statistics from exposure prediction models and that statistics be based on exposure averaging periods and spatial domains that are relevant to the study at hand. We further recommend that reports provide information on both the absolute errors of the model and correlation with observed values as well as the source of these observed values (e.g., regulatory monitoring only or supplemented with research-based monitoring campaigns).

Many studies continue to consider 1- to 3-year average exposures near the time of outcome assessment as explicit or implicit proxies for exposure over longer or more historical periods (Power et al. 2016). Yet dementia-related changes to the brain (Jack et al. 2013) and even subtle declines in cognitive function (Knopman et al. 2018; Li et al. 2017b) are detectable decades before dementia diagnosis (Jack et al. 2013). As such, the etiologically relevant time period for exposure is likely in the more distant past for outcomes such as dementia or late-life cognitive decline, and slightly more recently for outcomes that capture earlier stages of the disease process (e.g., neuroimaging outcomes). Certainly, spatial contrasts in pollutant concentrations are largely stable over time, thus preserving ranks in concentration and meaning that recent exposure exposures often positively correlate with longer-term and historical exposures (Colmer et al. 2020). Nonetheless, with changes to air pollution concentrations globally over the past few decades, this correlation will weaken with longer time elapsed from the relevant to the measured exposures. The practice of using relatively recent exposures in the study of dementia-related outcomes is understandably driven by practical constraints due to a paucity of measurements in the 1990s and earlier. Fortunately, with air pollution models incorporating more time periods—e.g., models developed starting from the 2000s could conceivably extend through the 2020s—and as studies of aging continue to recruit individuals who are newly entering middle and older age, opportunities will abound to investigate exposures spanning much longer periods and even to delve into which period(s) might be most relevant. Thus, we encourage future studies that examine longer lags and longer averaging periods and attempt to identify the etiologically relevant period for these exposures. It is also worth considering the concentration–response function of these associations, given evidence from the literature of nonlinear health effects of air pollution (Burnett et al. 2014).

**Statistical adjustment.** Finally, there are a number of considerations related to modeling the effect of air pollution on dementia-related outcomes. There remains a common practice of adjusting for potential mediators, particularly cardiovascular risk factors and outcomes, in at least one set of analyses. Some studies designated these factors as potential mediators and compared estimates with and without adjustment for them. The assumption, occasionally made explicit, is that attenuation of the effect estimate with adjustment is evidence for mediation by cardiovascular risk factors and outcomes, and lack of attenuation indicates no mediation (e.g., Chen et al. 2015, 2017c; Ilango et al. 2020; Tzivian et al. 2016; Wilker et al. 2015). Drawing such

conclusions, however, requires strong assumptions. For example, it is challenging to establish the temporal order of air pollution and cardiovascular risk factors relative to dementia-related outcomes, especially because midlife vascular risk factors appear important to dementia risk and most studies of air pollution rely on recent measures of exposure and mediators. In addition, most studies that adopted the “add-one-in” approach to mediation analysis did not evaluate the extent to which their analyses violated the key assumptions involved in using this method for inferring mediation (Kaufman et al. 2004; Valeri and Vanderweele 2013).

Another key issue is that air pollution levels have been dropping over time in many areas of the world, and dementia incidence, as well, appears to have declined in North America and Europe in recent decades (Satizabal et al. 2016; Wolters et al. 2020). Inasmuch as trends in dementia diagnosis or incidence over time may be unrelated to air pollution, time trends may be an important source of confounding to consider. This is especially true if outcome assessment occurs over a long period and time-varying exposures are used in the analysis. Studies with recruitment from multiple sites should consider potential confounding and heterogeneity of effect by place because sociodemographics and health are often tightly linked to place. Place can be difficult to adjust for using typical covariates, and site-adjustment or site-specific analyses may be warranted. (Burnett et al. 2014; Carroll and Stefanski 1995; Holloman et al. 2004; Park et al. 2014; Szpiro et al. 2011; Szpiro and Paciorek 2013; Zeger et al. 2000)

**Limitations of this review.** This systematic review was not without its own limitations. First, we personally have contributed to this literature and needed to review our own papers (Colicino et al. 2014; Power et al. 2011, 2018a; Weuve et al. 2012). Each paper underwent detailed evaluation by at least one reviewer who was not an author on that paper, and the final quality assessment judgments were agreed on by the whole team. This arrangement was not ideal, however, given the potential for bias about our own work, along with potential status differentials among members of our review team. However, excluding these papers' findings from consideration did not materially change any of the conclusions about the pollutant–outcome associations, except with respect to associations for which findings were already sparse.

We also acknowledge that risk of bias lies on a continuum, thus some elements of this review involve a degree of subjectivity. We built our quality assessment strategy using our combined expertise and experience in air pollution and dementia epidemiology. In doing so, we prioritized the methodological challenges faced in these realms (Weuve et al. 2015), which may differ in relevance from challenges in other lines of inquiry (Savitz et al. 2019). We also set criteria to identify and synthesize findings from studies with strengths across three or more core methodologic domains. We note that the use of three strengths as a cut point is arbitrary, and our designation gave equal weight to all domains, which might not be ideal (Savitz et al. 2019). Nonetheless, we felt that it was important to highlight the findings of research with stronger methodological features and found that some conclusions changed with more lenient cutoffs. Using studies of PM<sub>2.5</sub> and incident dementia or impairment as an example, the collective findings from the four studies that had the most methodological strengths do not strongly support an adverse association. The findings from these four studies stand in contrast to the findings from the 10 other studies with higher risks of bias, which collectively *do* support an adverse association. It remains possible that studies with noted limitations may still provide some insights into air pollution's relationship to dementia; however, the differences in

take-home messages between studies with more vs. less risk of bias highlight the need to carefully consider potential biases when interpreting this literature.

### **Future Directions and Gaps in the Literature**

In addition to addressing the methodologic challenges raised above, there is benefit in expanding the scope of studies on air pollution and dementia risk. For example, only one study quantified the association of air pollution exposure with accumulation of brain pathologies that define Alzheimer's disease [amyloid beta plaque or neurofibrillary tangles (NFTs) made of hyperphosphorylated tau] (Iaccarino et al. 2021). As inquiries move in this direction—through the use of PET imaging, cerebrospinal fluid, blood, or autopsy—it is important to note that mixed dementia is the most common type of dementia and that a diverse set of neuropathologies may contribute to the clinical syndrome that we diagnose as dementia (Boyle et al. 2018; Brenowitz et al. 2017; Power et al. 2018b). These other neuropathologies (e.g., hippocampal sclerosis, Lewy bodies, etc.) should be assessed as well. There is also a clear need for mechanistic studies using experimental models, which would provide biological rationale for future work on mechanisms. Such studies would improve our understanding of the mechanisms by which air pollution exposure increases risk of cognitive impairment and dementia.

Similarly, monitoring change in brain morphology (e.g., Younan et al. 2020b) or markers of cerebrovascular disease would provide stronger evidence of a causal link than MRI results at a single time point. Such research may be particularly warranted because studies on PM<sub>2.5</sub> exposure and white matter hyperintensity volume reported protective associations. One author suggested that if PM<sub>2.5</sub> is associated with loss of white matter, there would be less white matter remaining to be susceptible to white matter hyperintensity formation, possibly explaining the unexpected direction of these associations (Wilker et al. 2016a). Longitudinal MRI studies may help determine whether these protective effects spuriously arise from this mechanism, or whether another mechanism is at play. (Carey et al. 2018; Oudin et al. 2018; Power et al. 2018a; Tonne et al. 2014)

Our review focused on air pollution's effects on dementia-related outcomes overall (i.e., "main effects"), rather than effects of combinations of exposures or in subgroups of individuals. Yet heterogeneity in the estimated effects of PM and other pollutants could stem, in part, from the presence of other pollutants or coexposures because a person is typically exposed to mixtures of pollutants rather than a single pollutant. Yet little is known about the extent to which exposures to two or more air pollutants magnify each other's effects on dementia risk, especially if they operate on different etiologic levers. Wurth et al. initiated an exploration into mixtures and PM constituents by fitting two-pollutant models and also evaluating metal constituents within PM<sub>2.5</sub> (Wurth et al. 2018), but mixtures and PM constituents remain sparsely studied dimensions of air pollution and dementia risk. Similarly, little is known about the extent to which the constituents of PM or sources of PM explain the heterogeneity in the observed associations with dementia related end points within (Power et al. 2018a) or across studies. Addressing the importance of PM sources or heterogeneity in PM composition is a key outstanding research question both to inform public health interventions and ability to help indicate neurotoxic constituents of PM. Four studies in our review evaluated traffic-specific PM (Carey et al. 2018; Chen et al. 2017c; Oudin et al. 2018; Tonne et al. 2014), one of which also evaluated PM from wood smoke (Oudin et al. 2018). Also of potential interest are other coexposures, such as noise. As with studies encompassing longer

exposure periods, we anticipate that the future holds more availability of both measured and modeled exposures of PM components and PM from different emission sources.

Of course, some caution is and will be warranted in comparing associations across pollutants in both single and multipollutant models because different pollutants are measured with differing levels of error. For example, total PM<sub>2.5</sub> is a more regional pollutant and is typically measured with less error than other pollutants such as O<sub>3</sub> and NO<sub>x</sub>, which are more influenced by local sources. This can distort the relative apparent strength of associations, especially when pollutants are correlated.

It may also be informative to probe variation in air pollution's effects on cognitive health by socioeconomic status, as a few newer studies have done (Ailshire and Walsemann 2021; Chen et al. 2020; Yao et al. 2021). Some other health effects of air pollution appear to vary by socioeconomic status (Forastiere et al. 2007; Laurent et al. 2007; Martins et al. 2004; Yi et al. 2010), and socioeconomic factors may be tied to cognitive reserve (Stern et al. 2018), which posits that early and midlife advantage may confer protection from cognitive symptoms typically associated with an underlying dementia process until the process reaches a more severe state (Stern 2012).

### **Conclusions**

In spite of substantial improvements in air quality, low levels of exposure remain associated with poor health outcomes (Di et al. 2017; U.S. EPA 2009, 2016; Wellenius et al. 2012b). If causally related, further reductions in air pollution levels across the globe may offer another path by which to address the dementia epidemic—one that does not rely on changing individual behavior. In updating our prior review of the state of the evidence linking long-term exposure to air pollution to dementia and related outcomes, we documented advances and continuing gaps in the evidence that has accrued in the last 5 years. This newly accrued evidence, in combination with the evidence that preceded it, suggests that exposure to air pollution may influence late-life cognitive health. Nonetheless, there remains substantial heterogeneity of findings across studies, and many studies have considerable limitations that could have altered their effect estimates, precluding strong conclusions for most pollutants. Overall, the evidence was strongest, in terms of volume and consistency, with respect to PM<sub>2.5</sub> and cognitive decline. This distinction is notable in light of a recent judgment of the U.S. Environmental Protection Agency. In its recent Integrated Science Assessment of PM<sub>2.5</sub>, it concluded that long-term exposure to PM<sub>2.5</sub> was "likely to be causal" in relation to "nervous system effects" (U.S. EPA 2019).

With our review, we found a growing body of evidence. The newer evidence includes advances in exposure estimation and more studies on cognitive decline and incident dementia, although the overall quality of the evidence has not improved. Although no study is immune from limitations or the potential for bias, well-designed studies will be instrumental in allowing strong conclusions as future studies aim to fill the current gaps in the literature. These improvements will provide confidence that the resulting research, joined with the existing evidence base, can meaningfully inform future public health and environmental policy decisions.

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