



Emerging forest–peatland bistability and resilience of European peatland carbon stores

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Northern peatlands store large amounts of carbon. Observations indicate that forests and peatlands in northern biomes can be alternative stable states for a range of landscape settings. Climatic and hydrological changes may reduce the resilience of peatlands and forests, induce persistent shifts between these states, and release the carbon stored in peatlands. Here, we present a dynamic simulation model constrained and validated by a wide set of observations to quantify how feedbacks in water and carbon cycling control resilience of both peatlands and forests in northern landscapes. Our results show that 34% of Europe (area) has a climate that can currently sustain existing rainwater-fed peatlands (raised bogs). However, raised bog initiation and restoration by water conservation measures after the original peat soil has disappeared is only possible in 10% of Europe where the climate allows raised bogs to initiate and outcompete forests. Moreover, in another 10% of Europe, existing raised bogs (concerning ~20% of the European raised bogs) are already affected by ongoing climate change. Here, forests may overgrow peatlands, which could potentially release in the order of 4% (~24 Pg carbon) of the European soil organic carbon pool. Our study demonstrates quantitatively that preserving and restoring peatlands requires looking beyond peatland-specific processes and taking into account wider landscape-scale feedbacks with forest ecosystems.

peatlands | water–carbon feedbacks | resilience

Northern soils (latitude >35° N) are estimated to contain over 65% of the global soil organic carbon pool (1–5). Here, wet soil conditions and low temperatures slow down the decay of plant material (6) and cause organic matter to accumulate in peat soils (2, 7). Soils rich in organic matter can hold more water and are often less permeable to water flow than the underlying mineral soils (8). In the European domain of this study, trees that may increase evaporation, dry the soil, and induce decay of organic matter (9–12) do not grow well under such wet and organic conditions (7, 13, 14). Hence, organic matter accumulation, which increases soil wetness, suppresses tree growth, and thus stimulates further organic matter accumulation, is a strong feedback sequence that reinforces the wet state of wetlands (7, 8, 13). This feedback sequence also operates in the opposite direction. It starts with tree initiation on a peat soil during prolonged dry periods. The growing trees increase water usage and thereby dry the soil further (15). The peat soil decomposes, which enhances tree growth until water shortages start to occur (16–18).

From these opposing feedback sequences, two dominant alternative ecosystem states emerge: relatively dry forests with high biomass, high water use, and a thin organic soil (from here on

referred to by “forest”) versus peat-forming wetlands with few and/or small trees, relatively low biomass, low water use, and a thick organic soil (19–22) (from here on referred to by “peatland”). The interplay between climate, subsurface, and the local hydrological conditions controls which state occurs or whether both states are potentially stable for a particular landscape setting. In the latter situation, which we refer to by “forest–peatland bistability,” the past trajectory determines which state currently prevails. Under specific conditions, trees may also grow abundant on peatlands. This likely reflects a transitional state (both in space and/or in time) from peatland to forest (23, 24) or specific conditions that may create additional stable states such as frozen soils that allow organic matter accumulation despite the dryer conditions required for trees (25). Frozen soils are not considered in this study. The opposing feedback sequences operate at the location of a forest or peatland but also extend to their surroundings via surface and groundwater water flows (Fig. 1B).

Significance

Peatlands are sensitive ecosystems that store carbon and water and support biodiversity. Currently, European peatlands are threatened by climate change and exploitation. In this study, we show that many landscape settings may support both wetland ecosystems on thick peat soils and forest ecosystems on thin organic soils. Both ecosystems have distinctly different water–carbon dynamics that create internal positive feedbacks, allowing both ecosystems to coexist (bistability) but also to shift when critical limits are exceeded. With this new landscape perspective, we find that currently, 20% of European raised bogs are threatened by climate change and drainage. This study demonstrates that a landscape perspective including interactions between peatlands, forests, and rivers is essential to understand and steer the future of peatlands.

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Such short- and long-range feedbacks typically underlie patterned landscapes (26, 27). The commonly observed patterned landscapes with sharp transitions between forests and peatlands (13, 22) (Fig. 1A) are thus consistent with the hypothesis of opposing feedback sequences creating bistability between forests and peatlands. Although bistability and patterning between trees and wetland vegetation is known from studies on individual peatlands (16, 27), we argue that much of the northern biome can be viewed as a patterned landscape where both forests and peatlands are potentially stable (19). With this landscape perspective, we aim to identify the European peatland regions most sensitive to tree growth and the implications of such ecosystem shifts for soil carbon storage.

Most European peatlands initiated and evolved during the Holocene (4, 28). However, given the substantial climate variability during the Holocene, it is likely that some of these peatlands formed under climate conditions that were more suited for peatland formation than the current climate (4, 29, 30). Such peatlands can persist under the current climate due to the described feedback mechanisms that enable these peatlands to maintain wet conditions under drier and warmer climates (7, 31). However, continued climate change and artificial drainage may reduce the resilience (32) of peatlands to cope with climate variability. When peatland resilience is exceeded (i.e., when peatlands experience a change that exceeds a critical threshold), shifts from peatland to forest, possibly amplified or initiated by peatland fires (33), and a subsequent release of large amounts of carbon to the atmosphere (3, 34) have been observed (23, 35). These interactions between peatland and forest ecosystems are not yet taken into account in current global peatland models and are a major source of uncertainty in their predictions (28, 36). Thus, to improve our understanding of the future of peatlands, it is essential to quantify the range of climatic and anthropogenic changes under which peatlands remain resilient to disturbances and under which conditions peatland resilience is exceeded, peatland ecosystems shift toward forest ecosystems, and recovery becomes exceedingly difficult (2, 3, 35, 37). In this study, we explore the hydrological and climatological conditions at which peatlands are likely to shift to forests and vice versa throughout Europe. These tipping points, the bistable range between both tipping points, and vegetation dynamics approaching the tipping points are related to peatland type, peatland resilience, and potential carbon release in Europe.

Results and Discussion

Drain or Drown: Ecosystem Bistability and Peatland Type. We use a dynamic simulation model that links vegetation (living above-ground biomass), soil organic matter, and water and carbon uptake rates of both forests and peatlands to climate (*Methods and Materials* and *SI Appendix, Fig. S1.1*). This model is used to identify, for all of Europe south of the tree line, the range of landscape positions where both forests and peatlands are stable under current climatic conditions. The lateral flow of groundwater is assumed to be the main long-range feedback mechanism that regulates competition for favorable growing conditions between forests and peatlands in which forests tend to drain peatlands (8), and peatlands drown forests (7). This lateral flow of groundwater strongly depends on soil type, geology, and permeability of the subsurface and topography. To account for a wide range of landscape positions, we introduced a “groundwater flux” (conceptually illustrated in Fig. 1B–D, and model results example shown in *SI Appendix, Fig. S2.1*), which collapses the two-dimensional landscape into a single variable (from Fig. 1D to the x -axis of Fig. 1C). Positive groundwater fluxes represent landscape positions where groundwater flow increases the water availability in the soil profile (referred to by “exfiltration sites”), which typically occur in river valleys or depressions. Negative groundwater fluxes correspond to infiltrating landscape positions (for example, in coarse upslope soils), while near-zero groundwater fluxes represent impermeable soils or flat, wet landscape positions with negligible infiltration. The model parameters and relationships

were selected based on literature (*SI Appendix, Model Setup*) such that simulated equilibrium states (after 1,000 y of simulation) for both forests with optimal water supply and forests that cannot reach saturated groundwater closely envelope observed standing biomass, net primary productivity (*NPP*), and soil carbon stocks for the European climatic conditions (Fig. 2A and B and *SI Appendix, Water and Carbon Stores and Fluxes*). Water availability is thus assumed to control the position of a forest within the envelope. For peatlands, the model is set up to yield realistic water and carbon fluxes (Fig. 2C and D and *SI Appendix, Water and Carbon Stores and Fluxes*). The simulated long-term rates of carbon accumulation were close to observed values (root mean square error = 4.3 g/m²/y, red and yellow points in Fig. 2D), while the simulated net atmospheric exchange rates were within the range of the observed interannual variability (vertical and horizontal bars in Fig. 2D). The model setup for Europe was validated against similar Canadian forest and peatland datasets, which confirmed its robustness (*SI Appendix, section S3.2*).

For each position in Europe, 1,000 y of ecosystem development was simulated, initiated from both a forest and a peatland state under a large range of external groundwater fluxes. These results were summarized in biomass bistability diagrams (one per position, Fig. 1C shows examples; *Methods and Materials*). Most importantly, the bistability diagram quantifies the threshold groundwater flux of the tipping points from peatland to forest and from forest to peatland (TIP [threshold infiltration flux for peatlands] and TEF [threshold exfiltration flux for forests] in Table 1) and the range in groundwater fluxes where both states are potentially stable. These bistability diagrams are consistent with definitions of well-known peatland types (39) (Fig. 1) with each type related to specific carbon storage properties. The bistability diagrams are classified into potential peatland types (*Methods and Materials*). With “potential,” we mean that climate supports these peatland types but that topography, soil type, and geology may cause groundwater flows (both infiltration and exfiltration) that prevent these types from actually occurring. The distinction between groundwater-fed “valley fens” and rainwater-fed “raised bogs” is a fully physical one: a region is assigned “valley fen” when peat can only form with additional water supply. Such exfiltration conditions typically occur in valleys or depressions (Fig. 1B), which cover small fractions of the landscape [in Europe, on average eight NATURA2000 (38) peatlands per 10⁴ km²; *SI Appendix, Estimate of Potential Carbon Loss*]. In contrast, in places where peat-forming wetlands can persist under infiltration conditions once they have established, they can grow into “raised bogs” of up to 12 m thick and cover large areas (39) (Fig. 1B). As such, raised bog regions represent large carbon stores (200 to 300 PgC; *SI Appendix, Estimate of Potential Carbon Loss*) with on average 18 peatlands per 10⁴ km² (38) (*SI Appendix, Table S5.1*). The high agreement between the simulated and observed position of the boundary between raised bogs and valley fens is a strong independent model validation (Fig. 2E).

The classifications of “boreal fens” and “blanket bogs” are additional conditions to the conditions required for “raised bogs.” These classes are based on a combination of physical reasoning and interpretation of the observed spatial pattern. At high latitudes (>60° N), peatlands do not tend to grow into raised bogs but remain confined to valleys and depressions even though enough water is available (boreal fens). We hypothesize that peat accumulation in boreal fens is too slow to overcome the temporary carbon loss associated with a species shift from more nutrient-rich groundwater-fed fens to nutrient-poor rainwater-fed raised bogs. By overlaying the observed spatial transition between raised bogs and boreal fens with our model results, we estimated this threshold net carbon accumulation (NEP) at 28 ± 3 gr C/m²/y (Fig. 2E). Boreal fens tend to occupy a significant fraction of the landscape (21 peatlands per 10⁴ km²; *SI Appendix, Estimate of Potential Carbon Loss*), but remain thin compared to raised bogs (39). Given

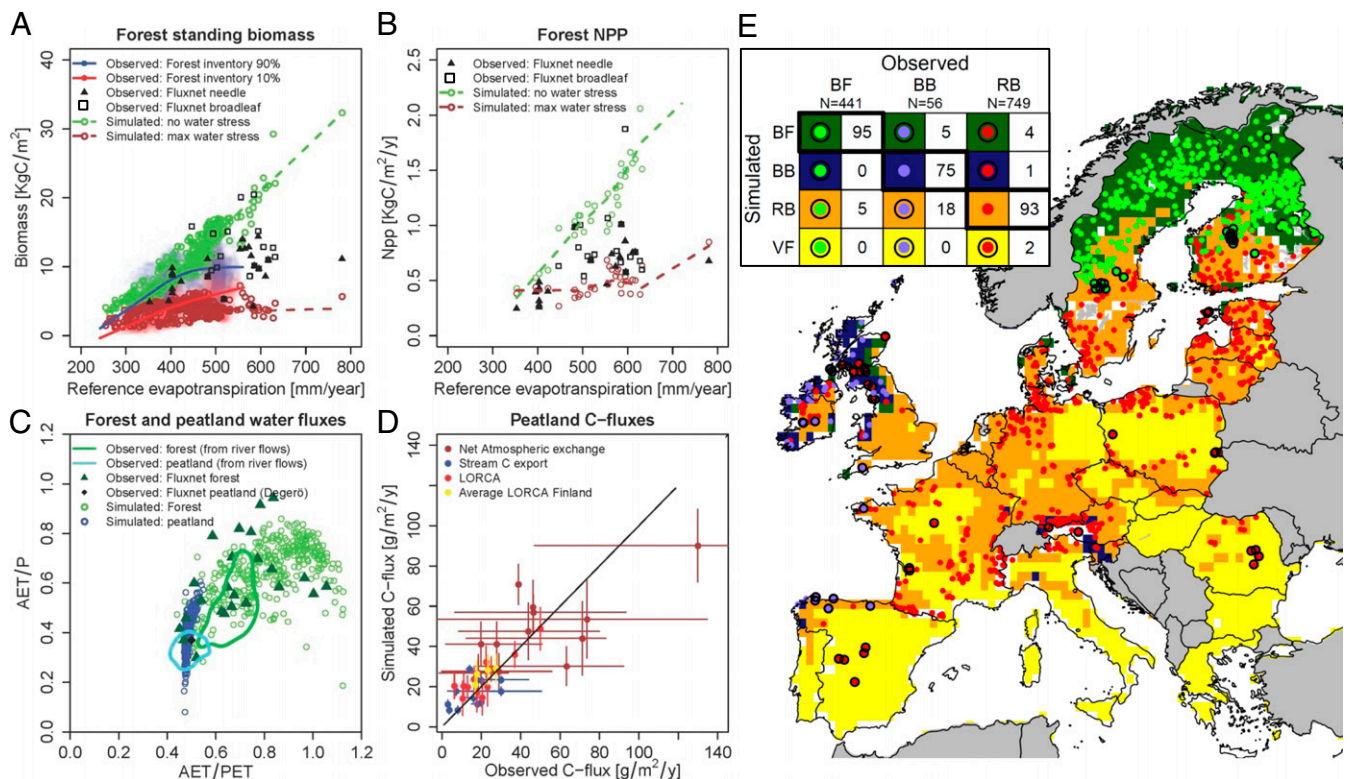


Fig. 2. Observed versus simulated properties for forests and peatlands. Model comparison with observed relationships between reference evapotranspiration and forest biomass (A), forest net primary production (B), forest and peatland water fluxes (C), and peatland carbon fluxes (D) (refer to *SI Appendix, Water and Carbon Stores and Fluxes* for the locations of the sites and forest soil carbon). In A and B, we simulated forests that have an optimal water supply (green dots) and forests that cannot reach saturated groundwater (dry forests, brown dots). The brown and green dashed lines represent smoothed lines for forests older than 60 y (*SI Appendix, Model Example*). The percentages 90 and 10% in the legend of A refer to the 0.9 and 0.1 percentile biomass for forests older than 60 y (*SI Appendix, Model Example*). The green and blue solid lines (C) are estimates of peatland and forest water usage derived from river runoff in Sweden (11). The black solid line (D) is the 1:1 line, and the horizontal bars indicate year-to-year variability when multiple years are measured, while the vertical bars indicate the SD of the year-to-year modeled fluxes. (Refer to *SI Appendix, Fig. S2.1* for additional validation with Canadian datasets). Validation and verification of potential peatland type classification (*Classification*) with recorded spatial distribution of peatland types (E) [$>1,200$ sites, Natura 2000 ecotypes (38); BF = boreal fen, BB = blanket bog, RB = raised bog, VF = valley fen]. Dots and grids represent observed and simulated peatland types, respectively. Black circled dots indicate wrongly simulated peatland types (wrong when distance between observed type and corresponding simulated type are >80 km). The color legend is given by colors in the confusion matrix (*inset in E*). The numbers in the confusion matrix represent percentages of occurrence of that combination of observation and simulation (100% is perfect). All gray countries (E) are not covered by the Natura 2000 dataset.

potential region may be at risk for disappearing due to being less resilient to extreme weather episodes and human disturbances or nonideal groundwater flows. In the context of our study, we define peatland resilience (32, 34) as the capacity of peatlands to absorb climate, natural, and artificial disturbances by reorganizing its biomass growth, species composition (41), peat decomposition, and water storage while maintaining its current functioning as carbon store. Resilience, often visualized with stability landscapes (19, 42) (examples in Fig. 3), entails many aspects (32, 43) and therefore cannot easily be fully quantified. From our model results, we selected three key resilience aspects, which we combined to identify the sensitivity of raised bogs in the next section:

- 1) Threshold infiltration of peatlands (TIP): The groundwater flux at the tipping point from peatland to forest (Fig. 4A).
- 2) Restoration resistance (TEF-TIP): The range in groundwater flux where both forests and peatlands are stable states (shaded bands in Fig. 1C, illustrated in model results of *SI Appendix, Fig. S2.1* and in Fig. 3). When a peatland is artificially drained and is overgrown by forests, the restoration resistance indicates how much the groundwater flux needs to be restored to induce a shift back into peatland (Fig. 4B).
- 3) Critical flux: When an ecosystem state approaches a tipping point, typically a “critical slowing down” is observed (43).

Here, we quantified this critical slowing down by the increase in the 3-y temporal autocorrelation (AR3) (43) of the peatland biomass. For AR3, the contrast in autocorrelation between peatland and forest was found to be highest. The critical flux is the range in groundwater flux measured from the peatland-to-forest tipping point (TIP) over which this critical slowdown of the peatland biomass occurs (Figs. 4C and D). For example, if for a certain location the TIP occurs at an infiltration rate of 0.5 mm/d and the AR3 starts to increase at an exfiltration rate of 0.4 mm/d, the critical flux is 0.9 mm/d.

The TIP follows a clear north–south gradient with exceptions for high precipitation landscapes related to coastal zones and mountain ranges (Fig. 4A). Raised bogs, boreal fens, and blanket bogs are rainwater-fed peatland types and by their definition exist with some degree of infiltration and thus require a negative TIP. As such, the magnitude of the TIP is an important resilience indicator, signaling how close these peatland types minimally are to their tipping point. Low restoration resistances are simulated in several key peatland regions such as northern Sweden, Estonia, Scotland, northwest Europe, and north of the Alps, mostly related to a relatively high variability in precipitation between years (*SI Appendix, Fig. S4.2*). Here, peatlands and forest are expected to switch relatively easily and frequently with little hysteresis (i.e., restoration

Table 1. Definitions, criteria, and reasoning used to classify the bistability diagrams into peatland types and raised bog sensitivity

Definition of variables	Type	Condition	Summary of reasoning
	Valley fen	$TIP > 0$	Landscape where additional water inflow is needed to accumulate peat.
	Blanket bog (BB)	$TEF \leq -1.5$	Trees require at least 1.5 mm/d infiltration to grow. Peatlands outcompete trees even on slopes with runoff.
	Boreal fen	$TIP \leq 0$ and $TEF > -1.5$ and $NEP_0 < 28$	Peatlands can form with infiltration, not a BB, biomass productivity not sufficient for an RB.
	Raised bog (RB)	$TIP \leq 0$ and $TEF > -1.5$ and $NEP_0 > 28$	Peatlands can form with infiltration, not a BB, biomass productivity sufficient to accumulate carbon.
	RB robust	RB and $TEF < 0$	Trees cannot grow under exfiltration and thus cannot overgrow and “drain” an RB from its sides where exfiltration prevails.
	RB sensitive	RB and $TEF \geq 0$	Trees can grow under exfiltrating conditions and can potentially grow over an RB from its sides.
	RB highly sensitive	$TIP + CR \geq 0$	Peatland vegetation dynamics at no infiltration (equals minimal infiltration for RB) show signs of increased AR \rightarrow tipping point is near.

TIP, infiltration at tipping point from peatland to forest (mm/d); TEF, exfiltration at tipping point from forest to peatland (mm/d); NEP_0 , net ecosystem productivity of the peatland initiated run with 0 groundwater flux ($gC/m^2/y$); CR, critical flux (mm/d).

effort) in response to climate or artificial drainage. In contrast, the more stable continental climate in western Russia allows both forest and peatland states to fully adapt to its climate, which results in much larger restoration resistances (Fig. 4B and *SI Appendix*, Fig. S3.2). The smallest critical fluxes are found in a north–south band through Finland, western Russia, Belarus, and Ukraine (Fig. 4C). Here, disturbances in the groundwater flow by artificial drainage or an extreme climate episode outside the range of the input climate are least likely to induce shifts from peatland to forest. Both the input climate variability and additional infiltration do not seem to affect the dynamics of the peatland vegetation, even when the peatland is close to its tipping point. In contrast, high critical fluxes are found in Poland, parts of Sweden and France, and in parts of western Russia for a range of peatland types in which shifts are thus more likely to occur.

Raised Bogs, Ecosystem Shifts, and Potential Carbon Loss. We focus on the transition from landscapes with raised bogs to forested landscapes with valley fens because this is a likely and ongoing transition (30) given the current trajectory of a warming climate and increased drainage and implies a significant carbon release (*SI Appendix, Estimate of Potential Carbon Loss*, largest decrease in average soil carbon storage). Moreover, for raised bogs, we showed that a small negative threshold infiltration flux (TIP) indicates that a tipping point is near. Boreal fens and valley fens might also be at risk for being overgrown by trees, but because these types occur under groundwater supply conditions, TIP is not a good indicator for the proximity of a tipping point. The tipping point proximity for these peatland types requires site-specific studies of local groundwater flows.

To quantify raised bog sensitivity, we combined the threshold infiltration, restoration resistance, and critical flux into “highly sensitive,” “sensitive,” and “robust” raised bogs (Fig. 4). Highly sensitive raised bogs are those peatlands that show “critical slowdown” due to a nearby tipping point under zero infiltration (and thus also under all negative groundwater fluxes required for raised bogs). We assumed that these raised bogs, that currently already show early warning signs (43) for a shift toward forest, are the most sensitive to artificial disturbances or extreme climate episodes

that fall outside the input climate variability (Fig. 4D, III). Restoration or growth of raised bogs without substantial supply of external rainwater, restoration of regional groundwater flows, and/or regional vegetation patterns is unlikely to be successful. Sensitive raised bog systems are defined based on the spatial interaction between forests and peatlands. We expect that, where forests can grow under exfiltration conditions, they can potentially overgrow and/or drain raised bogs from its edges where exfiltration conditions are common (Figs. 1B and 4A, II). Restoring a raised bog from a forested state will only be successful if water storage measures are accompanied by continued deforestation. Raised bogs were classified robust when raised bogs do not show signs of critical slowing down at zero infiltration, and fully grown forests cannot exist under exfiltration conditions. Here, it is possible to restore raised bogs from a forested state by restoring the local hydrology (Fig. 44).

Our analysis shows (Fig. 4D combined with NATURA2000 sites and soil carbon inventory; *SI Appendix, Table S5.1*) that under the current climate, raised bogs can potentially be present in 34% of European landscapes (area fraction between $>35^\circ N$ and $<75^\circ E$). Of this 34%, only 10% of landscapes are locations where raised bogs can form from mineral soils under the current climate (i.e., robust). Another 14% of European landscapes is marked as sensitive to tree growth and will likely not form raised bogs from forests without extensive ecosystem management under the current climate. The last 10%, estimated to include >500 peatlands (*SI Appendix, Table S5.1*), is identified as “highly sensitive.” These are the most likely locations where transitions from a raised bog– to valley fen–dominated landscape can occur. Based on a detailed global soil carbon inventory (5) of the top 2 m, we conservatively (because raised bogs frequently are thicker than 2 m) estimated that a shift from raised bogs to valley fens (when raised bogs shift to forests, only valley fens remain) may release 4% (up to 24 Pg carbon) of the total European soil organic carbon pool into the atmosphere (*SI Appendix, Estimate of Potential Carbon Loss*).

To project the rate of this carbon loss, the size of individual raised bogs is likely important and not taken into account in this study. The larger a raised bog, the smaller the topographic gradients and infiltration, and the more surface ponding is expected. Moreover,

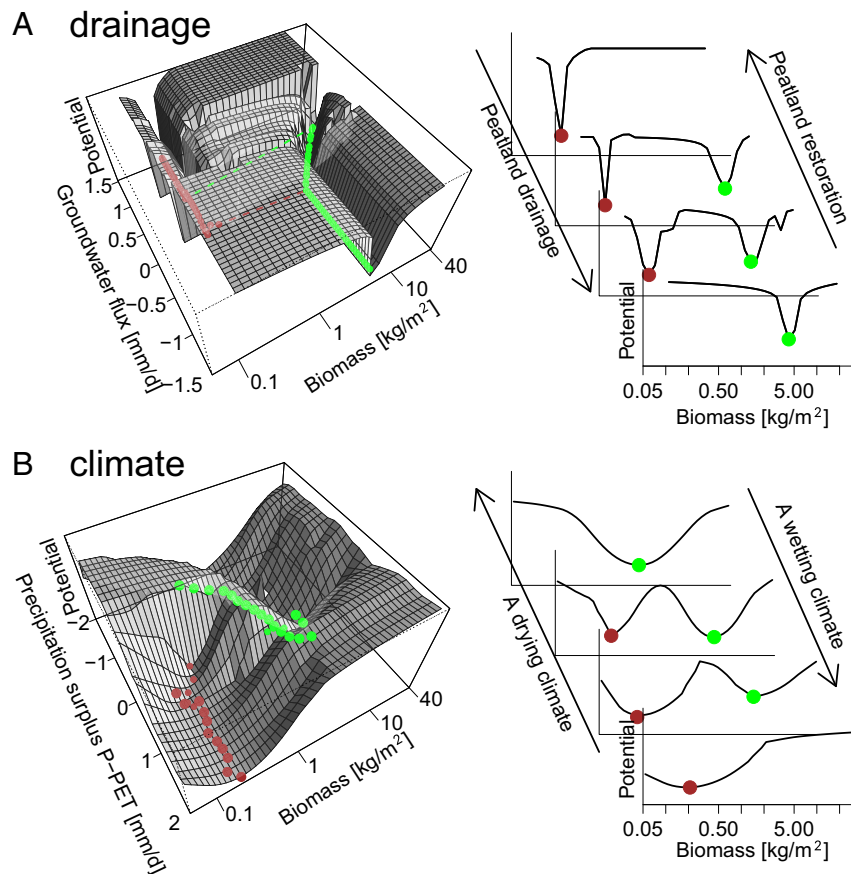


Fig. 3. Ecosystem stability landscapes (42) show restoration resistance (range in groundwater fluxes between two clear minima) against drainage for a single location (A) and climate change based on model results for all Europe (B). Green dots indicate a high biomass forest state, while brown dots indicate a peatland state. Potential (y-axis) is calculated by $\log(1/\text{probability})^{36}$, where probability represents the probability of a certain biomass during the last 200 y of simulation (for one site [A], for all sites and zero groundwater flux [B]).

raised bog size is also controlled by surface runoff, which leads to stream incision and subsequent drainage (44–46). Thus, raised bog size as a function of climate and runoff is likely an additional control on peatland resilience, which may both amplify or dampen the rate of peatland–forest transitions, especially in flat low-runoff regions such as western Siberia (47) and the Canadian boreal plain (10). In addition, in continental regions with cold winters, permafrost is likely to allow organic matter accumulation under drier conditions and therefore change the stable states between trees and peatlands (2, 36, 48). This expectedly is a key mechanism behind the formation of wooded bogs (20), a stable state that does not emerge in our model, as soil temperature is not incorporated, that are commonly found in colder regions outside Europe. The effect of permafrost on the interaction between forest and peatland ecosystems requires further study and is the main reason we confined our study to Europe, where permafrost is not widespread. Other model simplifications that were outside the scope of this study and require further study are the temporal and spatial dynamics of the groundwater flux, the effects of long-term trends and periodicity in past and future climates, and the role of species initiation, composition, and succession.

Despite incorporating only a few of the many feedback mechanisms acting in peatlands (8, 30, 49, 50), we quantitatively unified the essentials of water and carbon cycling at the timescale of decades to centuries for both forests and peatlands from a landscape perspective. Notwithstanding the strong simplifications, our results are well supported by multiple sources of data, including water and carbon cycling and the coverage of peatland types. Using

well-established concepts of feedbacks, bistability, and resilience, we show that forest- and peat-forming wetlands can occupy the same landscape position for a range of hydrological conditions. The resulting interactions between forests and peatlands have shaped European landscapes and are likely to continue to affect these landscapes in the face of climate change and increasing human pressure. Our results urge for a change in the focus of research and conservation efforts toward a landscape perspective. Only then, peatlands and associated services including carbon storage, biodiversity, and water storage may be preserved or regenerated. This landscape perspective requires interactions between peatlands and their supporting landscape via groundwater, river morphology, and competing ecosystems states such as forests, in which neither of these interactions can be considered constant.

Methods and Materials

Model. We formulated a one-dimensional (along a groundwater flux gradient) landscape-scale model that captures the key interactions between water and carbon in vegetation and soils (Eqs. 1–4). We simplified vegetation ranging from forest to peatland vegetation in a biomass continuum (B) with one set of parameters quantifying growth and mortality. This strong simplification compared to typical ecosystem models (16, 51) is possible because of the high contrast in living biomass between peatlands and forests.

Living biomass is assumed to grow (*NPP*) as a function of transpiration (*T*) via a biomass and stress-dependent water use efficiency (52). Wet conditions in peatlands reduce biomass production because of limited availability of oxygen (53) and CO_2 (54). Also, the higher albedo of peatlands compared to forests is likely to reduce energy available for photosynthesis and thus biomass growth and lower evapotranspiration in peatlands compared to forests (55, 56). These processes are lumped by reducing the evapotranspiration

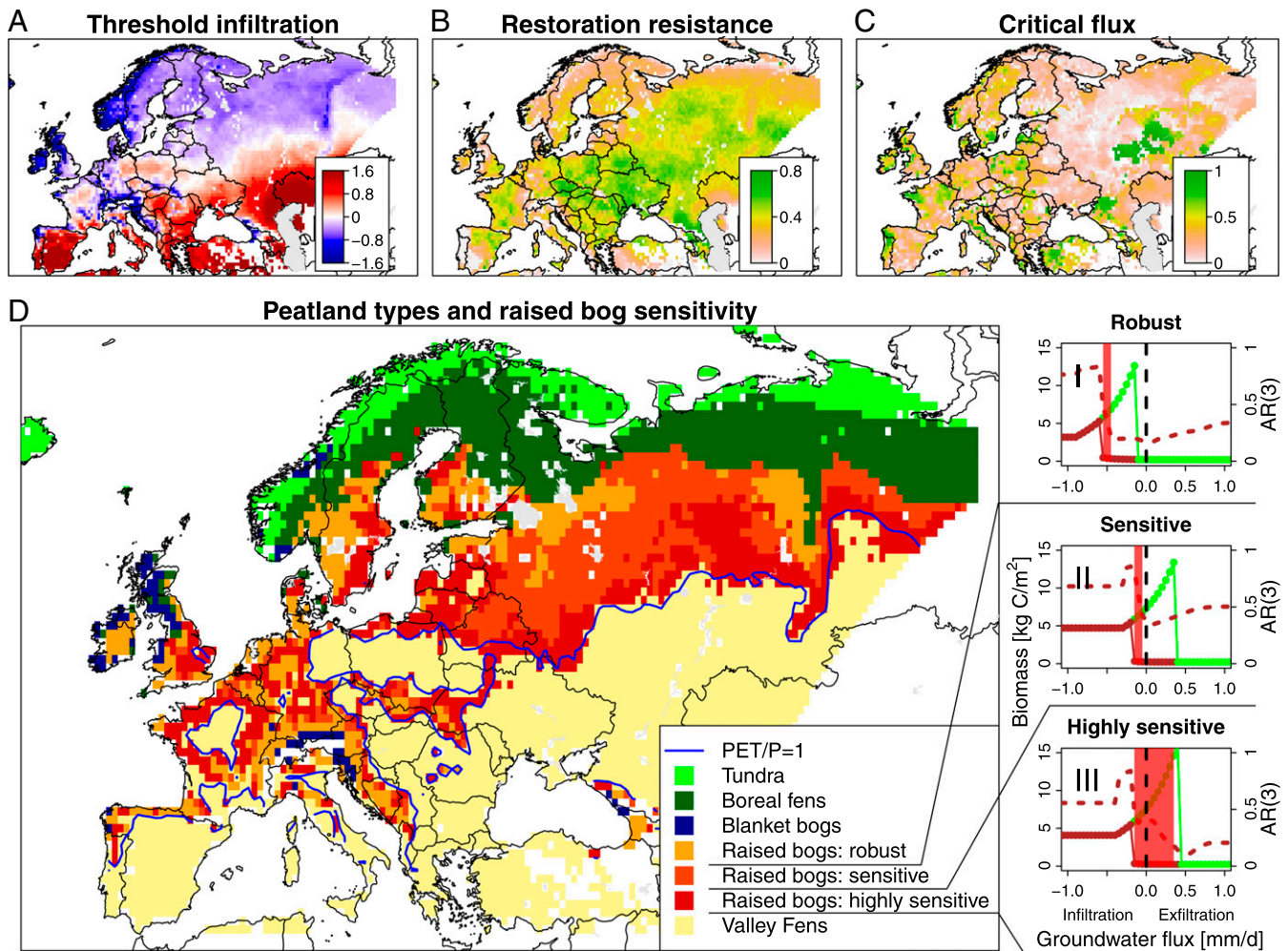


Fig. 4. Resilience of potential raised bogs. The indicators (A–C) together identify regions with the most sensitive raised bogs (D). (I to III) The bistability diagrams for robust, sensitive, and highly sensitive raised bogs. The black dashed line indicates zero groundwater flux, which identifies potential raised bog sites (II), while the red shaded range indicates the groundwater fluxes over which “critical slowing down” is simulated [AR (3) brown dashed line]. Critical slowing down occurring from TIP into exfiltration conditions is defined highly sensitive raised bog (III). The blue line in D indicates a dryness index equal to 1.

from groundwater (the sum of evaporation and transpiration, $E_{gr} + T_{gr}$) when the water table (H) is above or in the top of the rootzone. Furthermore, when rain and snowmelt (R) raise the groundwater table above the soil surface, runoff occurs (Q), and direct evaporation from soil or surface ponds becomes dominant over transpiration of the vegetation, which further reduces biomass growth under wet conditions.

Dying of biomass (M) is described as a fixed percentage of biomass and an additional die off under too wet and too dry conditions (Wd). All plant litter accumulates on the soil as soil organic carbon (O), where it raises the surface (S) and changes the soil specific yield (Sy). Soil organic carbon decomposes (D) with a rate depending on the yearly minimum groundwater table and yearly average temperature. Above this deepest groundwater table, the zone where most microbial activity takes place (acrotelm), decomposition is more than 1,000 times faster than the zone below the water table that remains saturated (catotelm, after ref. 57). Soil organic carbon removed by streams (Se) is incorporated to remove additional soil organic carbon under wet climates. All peat types have the same decomposition parameterization, and no special consideration is given to frozen soils. The interactions between the variables are described in detail in *SI Appendix, Model Setup*. Nutrient dynamics and species composition are not considered in this model. Although nutrient availability affects biomass growth of forests and peatlands substantially at short time and spatial scales (27), we assumed that over centennial timescales and the “forest versus peatland” focus of this study, the nutrient input and species composition is directly linked to groundwater inflow (i.e., rainwater-fed peatlands have a low nutrient status, and groundwater- or river water-fed peatlands have a higher nutrient status).

The water fluxes, and groundwater levels are calculated with a daily time step to ensure a realistic partitioning of precipitation into discharge, recharge, and evapotranspiration (18), while all carbon fluxes and stores are simulated yearly. The simulation time is 1,000 y, and for each climate on a $0.5 \times 0.5^\circ$ grid across Europe, we varied the initial conditions. The landscape is represented by the groundwater flux (J), which we ranged from 2 mm/d exfiltration (positive) to 2 mm/d infiltration (negative) with steps of 0.05 mm/d, resembling a realistic range of possible landscape hydrological conditions. In reality, this groundwater flux is likely not a year round constant water flux but is expected to vary seasonally with landscape wetness. The typical dynamics of the vegetation was found to have a longer timescale of several years, allowing this simplification of a constant groundwater flux. The model was initiated with both representative forest conditions (high biomass, 8 kg C/m²; low soil organic carbon, 4 kg C/m²; groundwater table 1 m below surface) and peatland conditions (low biomass; 0.1 kg C/m², high soil organic matter 100 kg C/m², and groundwater at surface) on top of a sandy parent material.

$$\text{Water: } \frac{\partial H}{\partial t} = \frac{R - (E_{gr} + T_{gr}) - Q - J}{Sy} \quad [1]$$

$$\text{Biomass: } \frac{\partial B}{\partial t} = Npp - M - Wd. \quad [2]$$

$$\text{Soil organic matter: } \frac{\partial O}{\partial t} = M + Wd - D - Se. \quad [3]$$

$$\text{Soil surface: } \frac{\partial S}{\partial t} = \frac{1}{\rho} \frac{\partial O}{\partial t} \quad [4]$$

An example model result for a specific climate (SI Appendix, Fig. S2.1) shows that for most groundwater fluxes, biomass reaches its new equilibrium within 100 y. However, for several groundwater fluxes, a shift from high to low biomass (forest to peatland) occurs after a sequence of wet years. As shown, this shift is not instantaneous because it may take several centuries to build up or reduce a peat layer. Note that these transitions rely on peat oxidation rates and forest mortality on which we did not include measured data and had to rely on previously derived parameter sets (36, 57). Moreover, spatial feedbacks within the peatland (8, 31) and temporal variability of landscape wetness conditions may considerably change the groundwater fluxes over time (here considered constant) and therefore affect the rate of forest–peatland transitions.

The average biomass in the period between 800 and 1,000 y after the start of the simulation for each groundwater flux shows that within a specific range of groundwater fluxes, it depends on the model initiation state (forest or peatland) for which state is simulated (SI Appendix, Fig. S2.1B). We identified this range as the restoration resistance, that is, the range in groundwater flux in which both a forest and a peatland are stable.

Classification. Two classifications are used to classify the simulated biomass bistability diagrams into peatland type (Fig. 2C) and into raised bog sensitivity classes summarized in Table 1.

Model Forcing, Parameterization, and Validation. The model was forced with the European Climate Assessment & Dataset (58) spanning Europe and western Russia for the period 1955 to 2015 (downloaded in 2017). For each $0.5 \times 0.5^\circ$ grid cell, 60 y of climate data were randomly resampled to yield 1,000 y of weather data. The model results should therefore be interpreted as the water–carbon interaction under the current climate conditions assuming no periodicity or trends that are outside the range that could be

achieved by selecting 1,000 random years from the observed 60 y. By selecting 1,000 random years, still sequences of dry and wet, warm and cold years occur. Reference evapotranspiration is calculated using the Priesley–Taylor approach (59) (SI Appendix, section S3.2). Model results were discarded in a buffer <50 km around coastal zones and big lakes, as the Priestley–Taylor approach yielded unreliable values here.

The model parameters and equations were chosen from literature to match observed forest and peatland water and carbon uptake rates in Europe (Fig. 2 and SI Appendix, Model Setup and Fig. S2.1). Therefore, these observed relationships ultimately control model behavior, and we expect that different model setups describing the same relationships yield similar results. Model setup and parameters were validated against Canadian datasets (SI Appendix, section S3.1.2). Model parameter sensitivity analyses for Europe (SI Appendix, Sensitivity Analysis) revealed that the parameters describing evapotranspiration differences between forest and peatlands more strongly control the tipping points and bistability than the parameters describing water storage and soil type differences.

Data Availability. All presented datasets are openly available through the given references. Model scripts and model input to reproduce the results from this study are available at the DataverseNL repository, <https://doi.org/10.34894/ZHUBQA> (60). All other study data are included in the article and/or SI Appendix.

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