




Omalizumab Effectiveness in Severe Allergic Asthma with Multiple Allergic Comorbidities: A Post-Hoc Analysis of the STELLAIR Study


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Background: Immunoglobulin (Ig) E-mediated pathophysiological mechanisms are common in allergic diseases including severe allergic asthma (SAA). The anti-IgE monoclonal antibody omalizumab may be particularly beneficial for patients with SAA and multiple allergic comorbidities (AC) including perennial/seasonal rhinitis, conjunctivitis, atopic dermatitis (AD), and food allergy.

Methods: We conducted a post-hoc analysis of the patients from the STELLAIR study (n=872, 149 minors and 723 adults). The patients were classified based on the presence of multiple AC (≥ 3 AC or < 3 AC) or AD as assessed by questionnaire. Response to omalizumab was assessed after 4–6 months (T_{4-6}) and after 12 months (T_{12}). Asthma response at T_{4-6} was based on global evaluation of treatment effectiveness, reduction of $\geq 40\%$ in annual exacerbation rate, and a combination of both. Asthma response at T_{12} was based on change in yearly exacerbation and hospitalization rates. AC improvement at T_{12} was based on patient perception.

Results: Patients with ≥ 3 AC demonstrated a higher combined response to omalizumab (74.7% vs 58.3%) at T_{4-6} and had reduced yearly exacerbation and hospitalization rates (88.9% vs 77.4% and -94.0% vs -70.5% , respectively). Patients with ≥ 3 AC were more likely to show an improvement in their AC (85.3% vs 51.9%) at T_{12} . Results were similar in minors and adults. The presence of AD was associated with greater omalizumab effectiveness at T_{4-6} and a greater AC improvement at T_{12} . Improvement of AD and food allergies at T_{12} were 73.2% and 38.7%, respectively, in the population overall.

Conclusion: This post-hoc analysis of the STELLAIR study shows that omalizumab is beneficial for all SAA patients and especially for patients with multiple AC or AD. In patients with ≥ 3 AC, omalizumab also improved AC outcomes.

Keywords: Ig-E, multiple allergic comorbidities, omalizumab, severe allergic asthma

Plain Language Summary

Patients with severe allergic asthma (SAA), and especially children, often have other allergic comorbidities, such as conjunctivitis, rhinitis, dermatitis, and food allergy. We conducted a post-hoc analysis of the real-life STELLAIR study to investigate the relevance of omalizumab, a recombinant humanized IgG1 monoclonal antibody, in adults and minors with SAA and allergic comorbidities. We demonstrated that omalizumab is more effective in patients with multiple allergic comorbidities. Our results confirm that the inhibition of IgE-mediated pathways may have a broad effect that goes beyond the control of SAA and could be useful in helping physicians decide on the optimal treatment for their patients with severe allergic asthma.

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Introduction

Approximately 5–10% of patients with asthma have severe disease with uncontrolled or partially controlled symptoms despite intensive treatment.¹ The burden of severe asthma is high in terms of mortality, comorbidities and healthcare resources.²

From a clinical point of view, severe asthma is a heterogeneous disease with different phenotypes, such as eosinophilic and allergic asthma.^{1,3} Immunoglobulin (Ig) E plays a key role in the pathogenesis of severe allergic asthma (SAA), as they are known to participate in immediate hypersensitivity responses in the airways and in the induction of chronic allergic bronchial inflammation.^{4,5}

Allergic asthma often coexists with other allergic diseases that share the same underlying IgE-mediated pathophysiological mechanism.⁶ Therefore, IgE-mediated pathways represent an attractive target for the treatment of both allergic asthma and related allergic comorbidities (AC).

Severe asthma with multiple AC and high IgE levels is particularly prevalent in children. Multiple AC have been observed in children with high specific IgE levels and with severe asthma from different birth cohorts.⁷ Similarly, in an inner-city cohort of children, those with the most symptomatic asthma with Global Initiative for Asthma (GINA) Steps 4 and 5 exhibited multiple AC and higher total serum IgE levels (median 733 kU/L) compared with children in less symptomatic clusters.⁸

Omalizumab is a recombinant humanized IgG1 monoclonal antibody that binds to the C3 domain of IgE preventing interaction with the cognate receptor, and ultimately reducing the allergic response and inflammation. Omalizumab is indicated as an add-on treatment for patients ≥ 6 years old with uncontrolled persistent SAA. It is also known to be effective in a variety of IgE-mediated diseases.^{4,9–20}

The STELLAIR (Next Steps Towards personalised care: Evaluating responders to XoLAIR treatment in patients with SAA) study assessed the value of pre-treatment peripheral blood eosinophil counts as a predictive measure for response to omalizumab.²¹ Results of the STELLAIR study showed that omalizumab effectiveness was similar in SAA irrespective of eosinophil counts. Another study was conducted to identify predictive markers of response to omalizumab in a cohort of children ($n=45$) with SAA treated with omalizumab for at least 4 months.²² Results of this study identified atopic

dermatitis (AD) as a predictive factor to complete response to omalizumab. In addition, they suggested that the presence of multiple AC and multiple sensitizations (≥ 2) were associated with the complete response to omalizumab.

This article presents the results of a post-hoc analysis of the data from the STELLAIR study aimed at investigating the possible impact of multiple AC and AD on omalizumab effectiveness in adults and minors with SAA, and the effect of omalizumab on AC.

Materials and Methods

Study Design and Participants

STELLAIR was a multicenter, non-interventional, retrospective, observational study conducted in France from December 21, 2015 to September 30, 2016. The methods and results of this study have been previously published in ERJ by Humbert et al., 2018.²¹ Hospital-based pulmonologists and pediatric pulmonologists provided data collected from patients with SAA treated with omalizumab (up to 30 consecutive patients per physician) who complied with the study inclusion criteria. Patients were ≥ 6 years old; had been treated with omalizumab for poorly controlled SAA; had recorded value of blood eosinophilia and number of exacerbations within the year prior to omalizumab initiation; and had a documented physician evaluation of response to omalizumab and number of exacerbations recorded after 4–6 months of treatment. The study was conducted in accordance with the Declaration of Helsinki and approved by the institutional committees in charge of data protection in biomedical research in France (Comité Consultatif sur le Traitement de l'Information en matière de Recherche and Commission Nationale de l'Informatique et des Libertés). Patients who refused collection of their medical data for research purposes were excluded in line with the ethics committee requirements. Parent or legal guardian of minors provided informed consent.

For all patients, omalizumab was prescribed as an add-on therapy to high-dose inhaled corticosteroids, plus a long-acting β_2 -agonist with or without oral corticosteroids (OCSs).²¹

The study was completed using retrospective secondary patient data recorded in electronic case report forms. Data collected were analyzed at 4–6 months (T_{4-6} , first effectiveness assessment as required by the omalizumab summary of product characteristics) and 12 months (T_{12} ,

for renewal of prescription, if available) following treatment initiation.

Since STELLAIR was a retrospective non-interventional study, it did not require registration on ClinicalTrials.gov.

Multiple AC

We included the following allergic diseases as AC: conjunctivitis, perennial or seasonal allergic rhinitis (AR), AD, and food allergy. A patient was classified as having multiple AC if they presented with ≥ 3 AC besides perennial or seasonal AR which were present in $>80\%$ of the patients in the study.

Asthma Outcomes

Response to omalizumab treatment at T_{4-6} was assessed using three criteria:

1. The physician's overall evaluation according to the Global Evaluation of Treatment Effectiveness (GETE). GETE is a five-point scale with lower points indicating a better asthma control: 1=excellent (complete asthma control), 2=good (marked improvement), 3=moderate (discernible but limited improvement), 4=poor (no appreciable change), 5=worsening. Patients with scores of 1 and 2 were considered as "responders", while those with scores of 3, 4 or 5 were considered as "non-responders".
2. Annual exacerbation rate. An asthma exacerbation was defined as a significant worsening of asthma requiring either a short burst of OCSs or an increase in the OCS dose regimen for patients treated with an OCS. Patients were considered as "responders" when they exhibited a reduction in annual exacerbation rate of $\geq 40\%$.
3. A combination of the GETE and a $\geq 40\%$ reduction in the annual exacerbation rate ("combined response").

At T_{12} , omalizumab effects on yearly exacerbation and hospitalization rates were assessed.

AC Outcome

The presence of AC was assessed at treatment initiation. To gauge comorbidity improvement at T_{12} , physicians were asked the following Yes/No question based on the patient's chart: "Have you observed any improvement in comorbidities since omalizumab initiation?". If the answer

was positive (Yes), they were asked to specify which of the comorbidities had improved.

Statistical Analysis

Statistical analyses were performed using the SAS version 9.4 (SAS Institute, Cary, NC, USA). Sub-analyses were performed by age (minors: 6–17 years old; adults: ≥ 18 years old), presence of AC (≥ 3 AC or < 3 AC), and presence of AD (Yes/No). Of note, since AR (perennial or seasonal) was present in $>80\%$ of cases (see Table 1), patients with multiple AC were defined as those presenting with ≥ 3 AC. For qualitative variables, the number and percentage of patients are presented. For quantitative variables, the number of patients, mean and standard deviation (SD) are presented. For the asthma outcomes at T_{4-6} , the 95% confidence intervals (CIs) are indicated.

Univariate and multivariate regression analyses were performed to identify potential surrogates for response to omalizumab. Factors tested included: age at omalizumab initiation, sex, total serum IgE levels, blood eosinophil count, number of AC at omalizumab initiation (≥ 3 , < 3), AD at omalizumab initiation, and number of asthma exacerbations in the year before omalizumab initiation. Only the significant factors identified in the univariate analysis ($p < 0.10$) were introduced in the multivariate analysis.

Results

Patient Disposition

Of the 879 patients meeting the inclusion/exclusion criteria, 872 were included in the analysis at T_{4-6} and 706 at T_{12} (Figure 1). Of note, the lower number of patients at T_{12} was because a visit was not mandatory at 12 months.

Demographic and Clinical Characteristics at Baseline

All patients included in the study had SAA, exhibiting approximately five exacerbations and two hospitalizations in the year before omalizumab initiation (Table 1). IgE levels and blood eosinophil count in the year before omalizumab initiation were generally higher in minors than adults.

The mean age of omalizumab initiation was lower in adults with ≥ 3 AC than with < 3 AC (39.3 ± 14.19 vs 51.4 ± 13.96 years), and similar in minors with ≥ 3 or < 3 AC (11.3 ± 2.97 and 11.5 ± 3.12 years, respectively).

A high proportion of patients had at least one AC (Table 1). More minors than adults presented with ≥ 3

Table 1 Demographic and Clinical Characteristics at Baseline

	Minors N=149		Adults N=723		Total (Minors and Adults) N=872	
	<3 AC	≥3 AC	<3 AC	≥3 AC	<3 AC	≥3 AC
N (%)	105 (70.5)	44 (29.5)	684 (94.6)	39 (5.4)	789 (90.5)	83 (9.5)
Sex, n (%)						
Male	59 (56.2)	35 (79.5)	273 (39.9)	10 (25.6)	332 (42.1)	45 (54.2)
Female	46 (43.8)	9 (20.5)	411 (60.1)	29 (74.4)	457 (57.9)	38 (45.8)
Age at omalizumab initiation, years						
Mean±SD	11.5±3.12	11.3±2.97	51.4±13.96	39.3±14.19	46.1±18.82	24.5±17.20
Allergic Comorbidities, n (%)						
Yes	90 (85.7)	44 (100.0)	360 (52.6)	39 (100.0)	450 (57.0)	83 (100.0)
Perennial rhinitis	67 (74.4)	41 (93.2)	263 (73.1)	37 (94.9)	330 (73.3)	78 (94.0)
Seasonal rhinitis	25 (27.8)	30 (68.2)	82 (22.8)	24 (61.5)	107 (23.8)	54 (65.1)
Conjunctivitis	11 (12.2)	20 (45.5)	49 (13.6)	36 (92.3)	60 (13.3)	56 (67.5)
Atopic dermatitis	17 (18.9)	33 (75.0)	23 (6.4)	17 (43.6)	40 (8.9)	50 (60.2)
Food allergy	9 (10.0)	28 (63.6)	24 (6.7)	16 (41.0)	33 (7.3)	44 (53.0)
Number of exacerbations[†]						
n	105	44	684	39	789	83
Mean±SD	5.2±4.03	5.2±3.51	4.3±3.08	4.2±2.74	4.5±3.24	4.7±3.19
Number of hospitalisations[†]						
n	58	21	281	14	339	35
Mean±SD	2.3±1.87	2.1±2.17	1.7±1.39	1.6±0.85	1.8±1.50	1.9±1.77
Total serum IgE, IU/mL						
n	104	44	645	38	749	82
Mean±SD	1198.8±1412.85	1744.2±1445.2	512.5±752.00	801.7±1351.82	607.8±904.52	1307.4±1472.11
Blood eosinophil count[†], cells/μL						
n	105	44	684	39	789	83
Mean±SD	667.1±525.87	726.4±464.02	457.5±614.34	328.3±224.44	485.4±607.20	593.3±419.76

Note: [†]One year before omalizumab initiation.

Abbreviations: AC, allergic comorbidities; Ig, immunoglobulin; SD, standard deviation.

AC: 44/149 (29.5%) vs 39/723 (5.4%). Among non-respiratory AC, AD was the most common.

Notably, the proportion of patients suffering from AD and food allergies was greater in minors than adults (33.6% vs 5.5% and 24.8% vs 5.5%, respectively), and greater in patients with ≥3 AC than <3 AC (minors: 75.0% vs 18.9% and 63.6% vs 10.0%, respectively; adults: 43.6% vs 6.4% and 41.0% vs 6.7%, respectively).

Omalizumab Effectiveness at T₄₋₆ and T₁₂ in Patients with ≥3 or ≤3 AC Asthma Outcomes

At T₄₋₆, a majority of patients were classified as responders to omalizumab based on the three criteria used to test effectiveness. Overall, more responders were observed in

the patients with ≥3 AC than in those with <3 AC (ie, GETE score: 83.1% vs 67.4%, change in yearly exacerbation rate: 85.5% vs 71.0%, and combined response: 74.7% vs 58.3%) (Table 2 and Figure 2, Panel A). Similar results were observed in adults and minors.

A univariate analysis revealed that response to omalizumab at T₄₋₆ was associated with the following factors at omalizumab initiation: age (p=0.025), total serum IgE levels (p=0.001), blood eosinophil count (p=0.036), number of AC (<3 vs ≥3; p=0.003) and AD (Yes/No; p=0.031) for the overall population; total serum IgE (p=0.090) and blood eosinophil count (p=0.033) for minors; total serum IgE (p=0.024) and number of AC (p=0.017) for adults.

A multivariate analysis revealed that presence of ≥3 AC (ie, multiple AC) at omalizumab initiation was a surrogate of

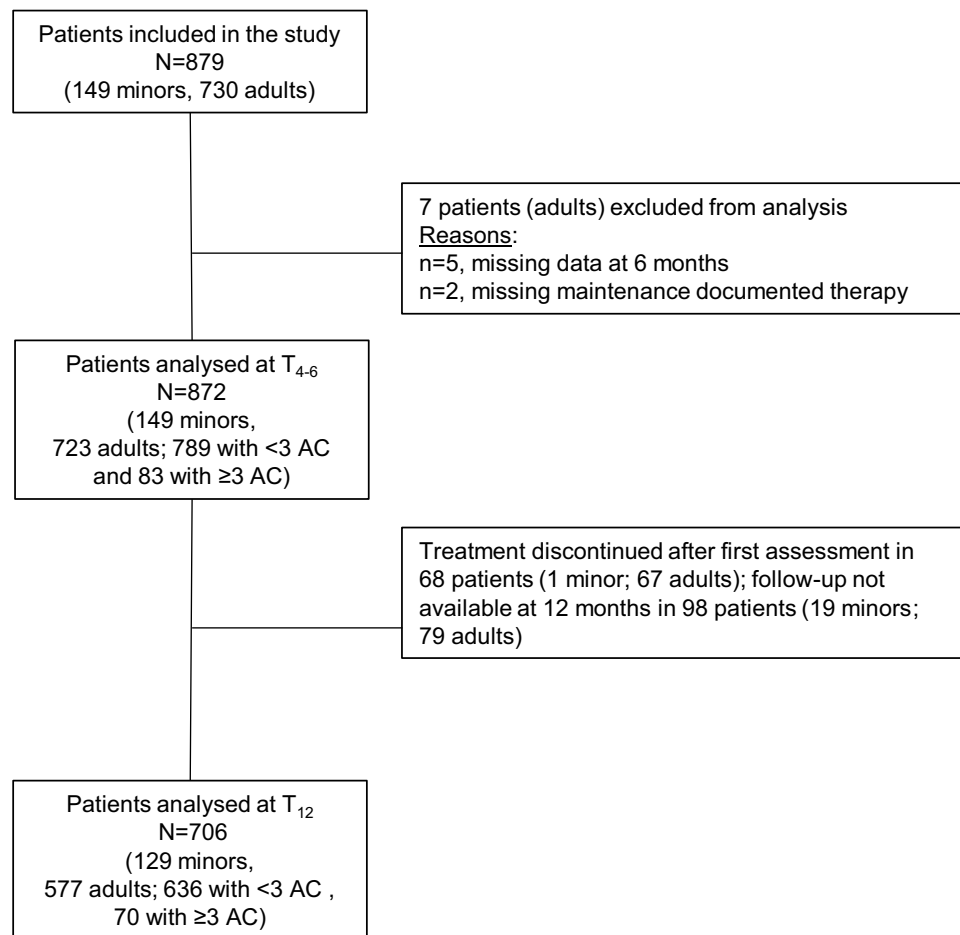


Figure 1 Patients disposition.

Abbreviations: AC, allergic comorbidities; T₄₋₆, 4–6 months; T₁₂, 12 months.

response to omalizumab at T₄₋₆ in the overall population and adults (odds ratio: 2.304 [p=0.0060] and 2.685 [p=0.0291], respectively) (Figure 3).

At T₁₂, omalizumab was more effective in patients with ≥ 3 AC than in those with < 3 AC in the overall population in terms of change in yearly exacerbation rate (responders: 88.9% vs 77.4%) and change in the yearly hospitalization rate related to asthma ($-94.0\% \pm 26.04$ vs $-70.5\% \pm 56.22$) (Table 2). Similar results were observed in minors and adults.

At T₁₂, a general improvement in AC after omalizumab initiation was observed in 94/115 (81.7%) minors and 154/319 (48.3%) adults; in particular, AC improvement was observed in more patients with ≥ 3 AC than in those with < 3 AC in the overall population (85.3% vs 51.9%), minors (91.9% vs 76.9%) and adults (77.4% vs 45.1%) (Table 2).

AC Outcome

In the overall population, the proportions of minors with AD or food allergies at omalizumab initiation who improved

these comorbidities at T₁₂ were 73.2% and 38.7%, respectively; the corresponding proportions of adults were 24.1% and 16.1%, respectively (data not shown).

Omalizumab Effectiveness at T₄₋₆ and T₁₂ in Patients with or without AD

At T₄₋₆, in the overall population, there were more responders among patients with AD than among those without AD for GETE score (78.9% vs 67.8%), change in yearly exacerbation rate (80.0% vs 71.5%), and combined response (71.1% vs 58.6%) (Table 3 and Figure 2, Panel B). Similar results were obtained in minors and, to a lesser extent, in adults.

At T₁₂, there was a greater proportion of yearly exacerbation rate responders in patients with AD vs those without AD for the overall population (87.5% vs 77.2%), minors (90.9% vs 79.7%), and less so for adults (80.0% vs 76.6%) (Table 3). There were no differences in terms of change in yearly hospitalization rates related to asthma

Table 2 Omalizumab Effectiveness at T₄₋₆ and T₁₂ in Patients with <3 or ≥3 AC

	Minors		Adults		Total (Minors and Adults)	
	<3 AC	≥3 AC	<3 AC	≥3 AC	<3 AC	≥3 AC
T₄₋₆, N	105	44	684	39	789	83
GETE score						
Responders, n (%)	79 (75.2)	36 (81.8)	453 (66.2)	33 (84.6)	532 (67.4)	69 (83.1)
[95% CI]	[66.98; 83.49]	[70.42; 93.21]	[62.68; 69.77]	[73.29; 95.94]	[64.16; 70.70]	[75.08; 91.19]
Change in yearly asthma exacerbation rate						
Responders, n (%)	78 (74.3)	39 (88.6)	482 (70.5)	32 (82.1)	560 (71.0)	71 (85.5)
[95% CI]	[65.93; 82.65]	[79.26; 98.01]	[67.05; 73.89]	[70.01; 94.10]	[67.81; 74.14]	[77.98; 93.11]
T₁₂, N	92	37	544	33	636	70
Yearly rate of asthma exacerbation						
n	63	29	282	7	345	36
Mean±SD	1.2±1.58	1.0±1.71	1.4±2.01	0.6±0.59	1.4±1.94	0.9±1.56
Change in yearly asthma exacerbation rate						
n	63	29	282	7	345	36
Responders, n (%)	51 (81.0)	26 (89.7)	216 (76.6)	6 (85.7)	267 (77.4)	32 (88.9)
Yearly rate of hospitalization						
n	90	37	536	32	626	69
Mean±SD	0.3±0.74	0.0±0.13	0.2±0.62	0.0±0.24	0.2±0.64	0.0±0.19
Change in yearly hospitalisation rate						
n	52	18	223	11	275	29
Mean±SD	-64.6%±60.55	-97.9%±9.09	-71.9%±55.22	-87.6%±41.06	-70.5%±56.22	-94.0%±26.04
Improvement in AC after omalizumab initiation[†]						
n	78	37	288	31	366	68
Yes, n (%)	60 (76.9)	34 (91.9)	130 (45.1)	24 (77.4)	190 (51.9)	58 (85.3)

Note: [†]Only patients with AC at omalizumab initiation are included in the analysis.

Abbreviations: CI, confidence interval; AC, allergic comorbidities; GETE, Global Evaluation of Treatment Effectiveness; SD, standard deviation; n, patients with available data.

between patients with AD and those without for the overall population. In minors, a greater improvement was shown in patients with AD than those without AD (-87.8%±28.73 vs -67.3±60.85), while the opposite was observed in adults (-49.2%±80.77 vs -74.3%±52.10) (Table 3).

At T₁₂, a general improvement in AC after omalizumab initiation was observed in more patients with AD vs those without AD in the overall population and minors (68.6% vs 54.9% and 87.8% vs 78.4%) but not in adults (Table 3).

Discussion

This article presents the results of a post-hoc analysis of data collected in the STELLAIR cohort to assess the impact of AC (≥3 or <3) on omalizumab effectiveness.

As previously reported,²³ a high proportion of the patients with SAA (>80%) treated with omalizumab in our study presented with allergic and non-allergic comorbidities. Our results confirm that the inhibition of IgE-mediated

pathways may have a broad effect that goes beyond the control of SAA.^{24,25} However, the main results of the analyses we present here suggest that the presence of ≥3 AC may be associated with a better performance of omalizumab in real-life settings. Compared to patients with <3 AC, patients with ≥3 AC had a greater short-term (T₄₋₆) and long-term (T₁₂) asthma response to omalizumab. In addition, they exhibited a greater improvement in AC. In line with these observations, presence of ≥3 AC at omalizumab initiation was identified as a surrogate of response to omalizumab in the overall population and adults. These results are in line with those reported in a small cohort of children with SAA, which showed that multiple AC are necessary for a complete asthma response to omalizumab.²² Overall, these results confirm the importance of considering the presence of comorbidities when choosing treatment for severe asthma.²⁶

In our study, special attention was given to AD and food allergies, as they were the only non-respiratory AC

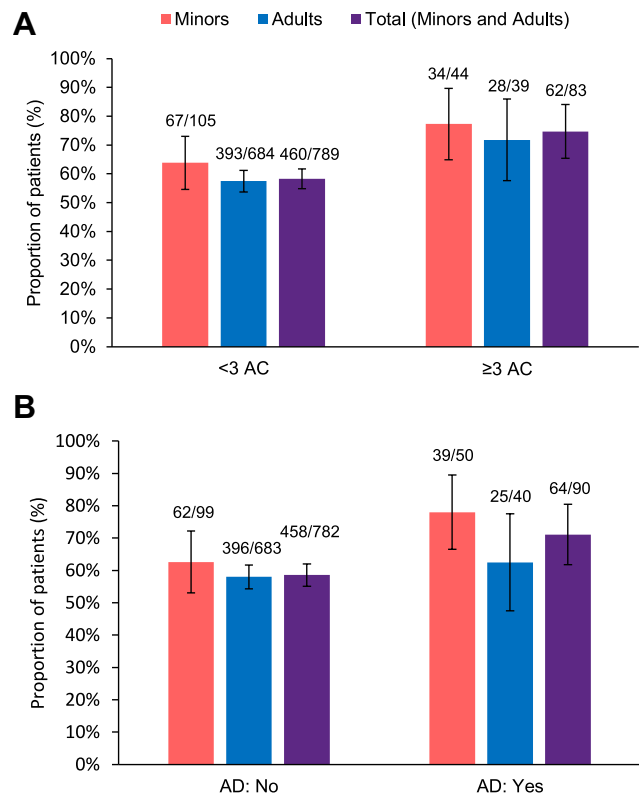


Figure 2 Responders to omalizumab treatment in minors, adults and total population (minors and adults) at T₄₋₆ based on combined criteria (combination of GETE and exacerbation rate decrease) according to <3 AC or ≥3 AC (Panel A) and AD: no/yes (Panel B). AD: no = absence of AD at omalizumab initiation; AD: yes = presence of AD at omalizumab initiation. Error bars indicate 95% CI. **Abbreviations:** AC, allergic comorbidities; AD, atopic dermatitis; CI, confidence interval; T₄₋₆, 4–6 months.

reported in the STELLAIR cohort. AD is of greater interest as it is a recognized gateway for the development of allergies, especially food allergy; this pathway has been

previously described as “atopic march”. Our results suggest that omalizumab may improve these two conditions, and more so in children than in adults. This may be relevant as AD and food allergies were more common in minors. There are ongoing investigations in food allergy²⁷ and published studies in AD²⁸ reporting the beneficial effect of omalizumab on IgE-mediated diseases, providing a strong rationale for the use of omalizumab in this context. In addition, omalizumab has been designated as a Breakthrough Therapy by the Food and Drug Administration for the prevention of severe food allergy reactions after accidental exposure. Particularly in children, improvement of AD with omalizumab has been reported in various case series,²⁹ while AD has also been identified as a predictive factor of complete response to omalizumab.²² The present results support the fact that omalizumab may be effective in the treatment of these IgE-mediated diseases, especially in minors, and encourage further studies to support these findings.

The analyses presented in this report are mostly descriptive, representing a limitation of the study. In addition, the comorbidity improvement was assessed based on patients’ charts. Despite these limitations, it is important to note that the reported data are from the real-world setting and as such they have an added value compared to data from controlled clinical studies, where patients’ characteristics have to satisfy strict criteria. In addition, the STELLAIR cohort represents one of the biggest cohorts worldwide of SAA patients treated with omalizumab. Although not robust from a statistical point of view and

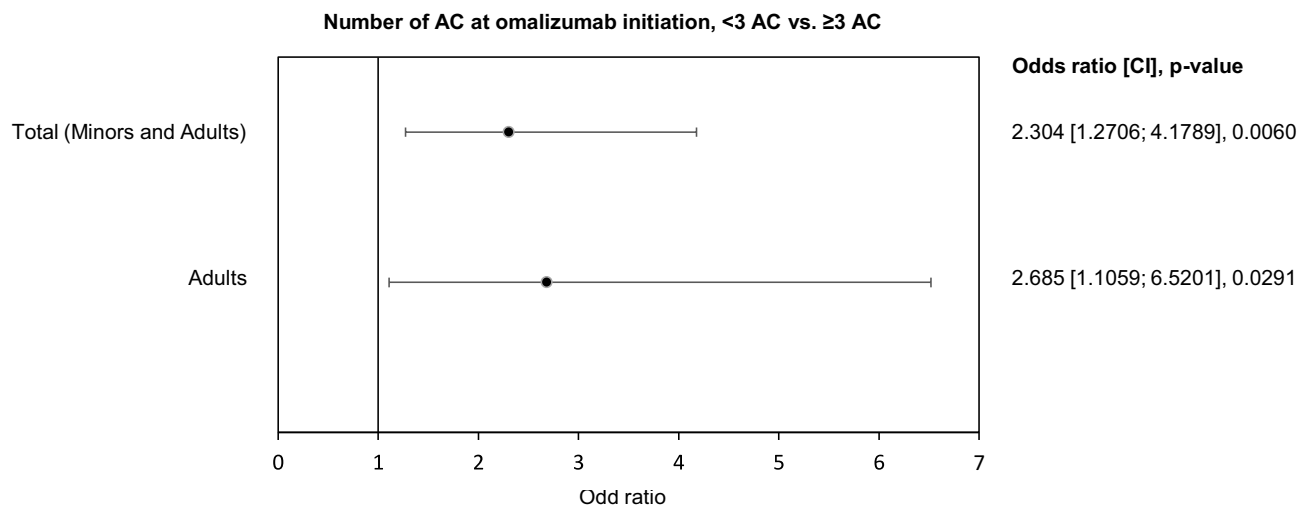


Figure 3 Responders to omalizumab treatment at 4–6 months for adults and total population (minors and adults) based on the presence of ≥3 AC (ie multiple AC), in multivariate analysis. **Abbreviations:** AC, allergic comorbidities; CI, confidence interval; T₄₋₆, 4–6 months.

Table 3 Omalizumab Effectiveness at T₄₋₆ and T₁₂ in Patients without or with AD

	Minors		Adults		Total (Minors and Adults)	
	AD: No	AD: Yes	AD: No	AD: Yes	AD: No	AD: Yes
T₄₋₆, N	99	50	683	40	782	90
GETE score						
Responders, n (%)	73 (73.7)	42 (84.0)	457 (66.9)	29 (72.5)	530 (67.8)	71 (78.9)
[95% CI]	[65.07; 82.41]	[73.84; 94.16]	[63.38; 70.44]	[58.66; 86.34]	[64.50; 71.05]	[70.46; 87.32]
Change in yearly asthma exacerbation rate						
Responders, n (%)	73 (73.7)	44 (88.0)	486 (71.2)	28 (70.0)	559 (71.5)	72 (80.0)
[95% CI]	[65.07; 82.41]	[78.99; 97.01]	[67.76; 74.55]	[55.80; 84.20]	[68.32; 74.65]	[71.74; 88.26]
T₁₂, N	88	41	546	31	634	72
Yearly rate of asthma exacerbation						
n	59	33	274	15	333	48
Mean±SD	1.2±1.60	1.0±1.66	1.4±2.02	1.1±1.61	1.4±1.95	1.0±1.63
Change in yearly asthma exacerbation rate						
n	59	33	274	15	333	48
Responders, n (%)	47 (79.7)	30 (90.9)	210 (76.6)	12 (80.0)	257 (77.2)	42 (87.5)
Yearly rate of hospitalisation						
n	87	40	537	31	624	71
Mean±SD	0.2±0.60	0.2±0.73	0.2±0.58	0.3±0.85	0.2±0.59	0.3±0.79
Change in yearly hospitalisation rate						
n	50	20	218	16	268	36
Mean±SD	-67.3%±60.85	-87.8%±28.73	-74.3%±52.10	-49.2%±80.77	-73.0%±53.79	-70.7%±60.20
Improvement in AC after omalizumab initiation[†]						
n	74	41	290	29	364	70
Yes, n (%)	58 (78.4)	36 (87.8)	142 (49.0)	12 (41.4)	200 (54.9)	48 (68.6)

Note: [†]Only patients with AC at omalizumab initiation are included in the analysis.

Abbreviations: AC, allergic comorbidities; AD, atopic dermatitis; CI, confidence interval; GETE, Global Evaluation of Treatment Effectiveness; SD, standard deviation; n, patients with available data.

limited to a cohort of patients in France, these results are potentially clinically relevant and worthy of further investigation.

In conclusion, in our cohort of SAA patients, presence of ≥ 3 AC was observed in minors and in adults, albeit to a lesser extent, suggesting that this phenotype is persistent throughout life. Omalizumab was shown to be beneficial in all SAA patients, though its effectiveness was greater in patients (minors and adults) with ≥ 3 AC. Our results also suggest that omalizumab might improve AC and in particular AD and food allergies. In future studies on the efficacy of biological treatments for severe asthma, dedicated pre-planned analyses taking into account the presence of multiple AC at baseline should be performed.

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Author Contributions

J. Just, C. Thonnelier, M. Humbert, M. Molimard and L. Mala contributed to data analysis and interpretation. M. Humbert, M. Molimard and L. Mala contribute to the STELLAIR study concept and data acquisition. M. Humbert, J. Just and M. Bourgoïn-Heck contributed to patient recruitment. All authors made substantial contributions to conception and design, acquisition of data, or analysis and interpretation of data; took part in drafting the article or revising it critically for important intellectual content; agreed to submit to the current journal; gave final approval of the version to be published; and agreed to be accountable for all aspects of the work.

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