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Dominant Entropic Binding of Perfluoroalkyl Substances (PFASs) to Albumin Protein Revealed by ^{19}F NMR

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Abstract

Mechanistic insight into protein binding by poly- and perfluoroalkyl substances (PFASs) is critical to understanding how PFASs distribute and accumulate within the body and to developing predictive models within and across classes of PFASs. Fluorine nuclear magnetic resonance spectroscopy (^{19}F NMR) has proven to be a powerful, yet underutilized tool to study PFAS binding; chemical shifts of each fluorine group reflect the local environment along the length of the PFAS molecule. Using bovine serum albumin (BSA), we report dissociation constants, K_d , for four common PFASs well below reported critical micelle concentrations (CMCs) – perfluorooctanoic acid (PFOA), perfluorononanoic acid (PFNA), perfluorohexanesulfonic acid (PFHxS), and perfluorooctanesulfonic acid (PFOS) – as a function of temperature in phosphate buffered saline. K_d values were determined based on the difluoroethyl group adjacent to the anionic headgroups and the terminal trifluoromethyl groups. Our results indicate that the hydrophobic tails exhibit greater binding affinity relative to the headgroup, and that the binding affinities are generally consistent with previous results showing that greater PFAS hydrophobicity leads to greater protein binding. However, the binding mechanism was dominated by entropic hydrophobic interactions attributed to desolvation of the PFAS tails within the hydrophobic cavities of the protein and on the surface of the protein. In addition, PFNA appears to form hemimicelles on the protein surfaces below reported CMC values. This work provides a renewed approach to utilizing ^{19}F NMR for PFAS-protein binding studies and a new perspective on the role of solvent entropy.

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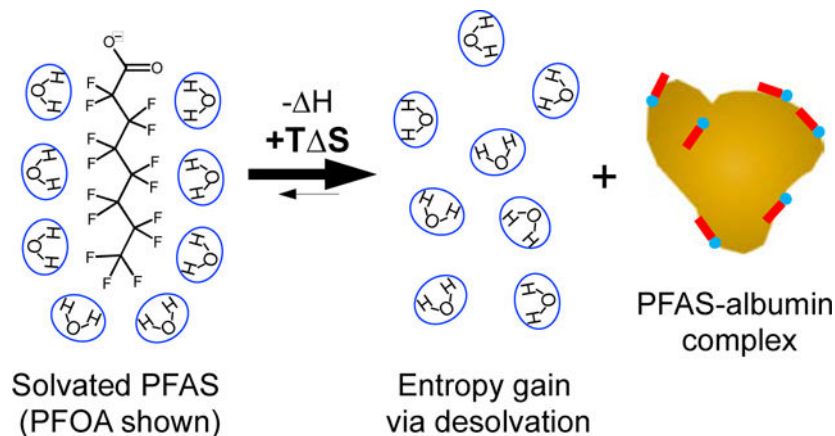
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Declaration of interests

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Graphical Abstract



Keywords

PFAS; protein binding; albumin; NMR

1. INTRODUCTION

Poly- and perfluoroalkyl substances (PFASs) are a class of highly fluorinated synthetic chemicals used in a variety of industrial and commercial applications, including firefighting foams and non-stick or stain resistant materials.^{1,2} Due to the strength of the carbon-fluorine bond, these compounds possess unique chemical and physical properties, including high chemical stability, thermal inertness, and ultra-low surface energy.^{3,4} In addition, PFASs have greater hydrophobicity and acidity than their hydrocarbon analogs,⁵ resulting in new mechanisms of interaction within environmental and biological systems.⁶⁻⁸ PFASs persist in the environment, withstanding biodegradation, photolysis and hydrolysis. As a result, they may bioaccumulate in the food chain, are transported long distances via air or water and are detected ubiquitously even in remote regions with no history of their production.⁸⁻¹¹

Perfluorooctanoic acid (PFOA; $C_8HF_{15}O_2$), perfluorononanoic acid (PFNA; $C_9HF_{17}O_2$), perfluorohexanesulfonic acid (PFHxS; $C_7HF_{15}O_3S$) and perfluorooctanesulfonic acid (PFOS; $C_8HF_{17}O_3S$) are four of the most historically used PFASs. Of the estimated thousands of different PFASs, these four compounds have received attention due to their high frequency of detection in the environment and in humans.^{2,12} Studies have reported widespread exposure in humans, where PFASs were detected in the blood samples of over 94% of the individuals examined in a particular cohort within the United States.¹³ They have also been detected in cord serum of infants and in breast milk of nursing mothers.^{14,15} PFAS persistence is demonstrated by their long half-lives in humans, estimated to be 3.8 years for PFOA, 2.5 years for PFNA, 8.5 years for PFHxS, and 5.4 years for PFOS.^{16,17} From epidemiological studies, the critical effects of PFOA and/or PFOS are an increase in serum total cholesterol in adults,¹⁸ a decrease in antibody response for vaccinations,^{19,20} pregnancy-induced hypertension and preeclampsia,²¹ and kidney and testicular cancer.²² The mechanisms by which PFASs interact with and transport throughout the human body

remain under investigation.^{19,23} The PFASs listed above are detected primarily in the blood and the liver of humans, highlighting their proteinophilic nature.²⁴

Serum albumin are ligand binding proteins that likely play an important role in the accumulation patterns of PFASs in blood.^{25–27} For example, human serum albumin (HSA), typically ranging in concentration from 30 to 50 g L⁻¹ (0.45 to 0.75 mM), is the most abundant protein in human blood, transporting natural and exogenous ligands including fatty acids, pharmaceuticals, and small organic anions throughout the body.²⁸ Studies have estimated that over 90% of the total PFASs in the body will be bound to HSA due to their structural similarity with fatty acids – aliphatic tails and anionic head groups.²⁹ HSA contains seven distinct fatty acid binding sites that are asymmetrically distributed around the protein.²⁸ Competition for binding sites between molecules can significantly affect the equilibrium between bound and unbound states of PFASs.^{26,27} PFAS-albumin binding is important in governing half-lives and determining biodistribution, as protein binding is an essential factor in newly-proposed versions of mechanistic models for PFAS bioaccumulation.⁶ A recent study has correlated PFAS-HSA association constants (K_a) with placental transfer efficiency (PTE) of PFASs in humans, concluding there is a positive correlation between degree of binding to proteins and PTE.³⁰ PTE is the ratio of PFAS concentration in cord blood to that in maternal blood, an important marker for fetal PFAS burden.³¹ Each of these studies highlights the importance of accurate PFAS-protein binding parameters as tools for assessing exposure and risk.

Dissociation constants ($K_d = K_a^{-1}$) quantify PFAS-HSA binding and have been reported to range from 10⁻² M to 10⁻⁶ M.^{25,29,32} The range of K_d over four orders of magnitude can be explained in part by the variety of experimental techniques amenable to different mechanisms of PFAS-albumin binding including van der Waals, hydrophobic, and electrostatic interactions as well as hydrogen bonding. Of these, van der Waals interactions and hydrogen bonding are reportedly dominant.³³ There is conflicting literature on the mechanisms of PFAS-albumin binding and the number of binding sites.^{27,29,32,34,35} For instance, fluorescence quenching indirectly measures PFAS binding based on changes in the chemical environment within the hydrophobic cavities of the protein. Equilibrium dialysis directly measures the amount of bound PFAS within hydrophobic cavities as well as PFAS associated on the protein surface. Once specific hydrophobic sites with high binding affinity are occupied by PFASs, they will continue to be adsorbed non-specifically to albumin surfaces.³⁶ Hence, the number of PFASs bound to a single albumin protein ranges from 1 to 50 in literature.^{37,38}

The goal of this study was to further investigate the binding mechanisms of four PFASs (PFOA, PFNA, PFHxS and PFOS) with bovine serum albumin (BSA) at relevant physiological parameters using ¹⁹F NMR. PFOA, PFNA, PFHxS and PFOS are the most common PFASs found in the United States population, with average serum concentrations of 1.56, 1.18, 0.577, and 4.72 μg L⁻¹ reported for 2015–2016, respectively.³⁹ BSA was used because it shares a high level of homology with HSA,^{40,41} and because it has been used previously for PFAS-albumin protein binding, providing a comparative basis.^{26,32,33,35} ¹⁹F NMR spectroscopy is a powerful tool to study PFAS-protein interactions³⁷ because each

fluorine atom gives an individual signal in the spectrum that reflects the local chemical environment.^{24,27,32,42–44} It is therefore uniquely suited to directly examine molecular binding mechanisms. Furthermore, we propose that through synchronous observation of the ¹⁹F signals near both the charged head and the fluorinated tail of the PFAS molecules, it is possible to examine the effect of the hydrophilic headgroup and the hydrophobic tail on protein binding for a given PFAS or comparatively across a collection of PFASs (Figure 1).

2. MATERIALS AND METHODS

2.1. Chemicals.

BSA (99% fatty acid free lyophilized powder) and trifluoromethyl acrylic acid (TFMAA) (98%) were obtained from Sigma Aldrich (St. Louis, MO) and deuterium oxide (D₂O) (99%) from Fisher Scientific (Agawam, MA). PFOA (99%), PFNA (99%), PFHxS (95%) and PFOS (98%) were obtained from AccuStandard (New Haven, CT). The purities listed are reported by the manufactures. Phosphate buffered saline (PBS) was prepared at pH 7.4 with 2.68 mM KCl, 1.47 mM KH₂PO₄, 136.89 mM NaCl, and 8.06 mM Na₂HPO₄•7H₂O. Chemicals were used as received from the suppliers.

2.2. Nuclear Magnetic Resonance Spectroscopy (¹⁹F NMR).

BSA concentrations were held constant at 10 μM in PBS to apply chemical shift perturbation (CSP) analysis, which requires that PFAS be in excess relative to the protein.^{27,45} BSA solutions were prepared at least one day in advance of ¹⁹F NMR measurements and kept at 4 °C overnight. Each PFAS was dissolved in PBS and prepared at least a day in advance of the experiments and stored at room temperature. PFAS stock solutions were stored in polypropylene vials. PFAS solutions were transferred into analytical 5 mm NMR tubes at 90:10 PFAS:D₂O ratios summing to 400 μL of solution. D₂O was required for NMR lock and calibration. TFMAA (5 μL) was added as a second reference point for the CSP analysis. Spectra were obtained using a Bruker Advance III HD 400 NanoBay spectrometer (Bruker BioSpin, Rheinstetten, Germany) equipped with a 5 mm BBFO z-gradient smart probe using a Bruker Automatic Sample Changer (SampleXpress).

¹⁹F NMR spectra were automatically acquired under the control of ICON-NMR (Bruker BioSpin, Rheinstetten, Germany) in the range from +20 to –220 ppm with the Bruker 5 mm auto-band probe tuned to 470 MHz for ¹⁹F resonance. Chemical shifts were recorded relative to D₂O (0.000 ppm) and TFMAA (–64.866 ppm). A 90° pulse width for 18.0 μs was used for all experiments to provide the maximum signal to noise ratio (S/N) and to minimize the influence of the off-resonance effects on the accuracy of ¹⁹F NMR measurements.²⁴ A total of 4096 scans were collected yielding 131072 data points to maximize the S/N. 1D ¹⁹F NMR spectra were obtained with a spectral width of 89285.7 Hz, an acquisition time of 0.64 s and a recycle delay of 1 s to ensure full T₁ relaxation. For evaluation of the thermodynamic parameters of the PFAS-BSA binding, ¹⁹F NMR spectra were recorded at three different temperatures; 298 K, 304 K, and 310 K.

The Bruker pulse program, zgflqn, was used with a receiver gain (RG) of 212. All spectra were automatically phased and baseline corrected for accurate quantitative

measurements using the Topspin3.2 software package (Bruker BioSpin, Rheinstetten, Germany), MestReNova software package (Mestrelab Research, Escondido, CA) and Origin Software (Origin Lab, Northampton, MA). Peak shifts were obtained by the electronic Gaussian fit of the expanded regions around diagnostic resonances using Origin Software. All ^{19}F NMR experiments were repeated independently in triplicate.

The following criteria were required to identify PFAS binding mechanisms: (1) the molecular recognition event was sufficiently defined to provide a well-structured binding complex; (2) there were a number of independently varying ^{19}F NMR signals that shift, providing a multidimensional analysis; and (3) the shift of the PFAS ^{19}F resonances was induced by spatial proximity to the protein to access structural information on the whole PFAS molecule.⁴⁶ By comparing the chemical shifts for both ends of a PFAS molecule, the 1D ^{19}F NMR experiments provided insight into the binding mechanism and structure of the PFAS bound to BSA.^{32,34,47,48}

2.3. Calculated PFAS-BSA Binding Parameters.

The dissociation constant (K_d) is an equilibrium constant that measures the propensity of a complex in the bound state to reversibly dissociate into its constituent parts based on the nature and strength of the intermolecular interactions. In this work, PFAS bound with BSA, [PFAS-BSA], represents the complex while unbound PFAS and BSA represent the free ligands in solution. K_d can be represented from the following reaction and ratio, seen in equation (1) and (2), and is inversely proportional to the association constant, K_a .



$$K_d = \frac{[\text{PFAS}][\text{BSA}]}{[\text{PFAS} - \text{BSA}]} \quad (2)$$

The chemical shift of a ligand NMR signal in the presence of a protein is commonly used to monitor the formation of a protein-ligand complex. 1D NMR spectra of small molecules (MW ~ 500 Da) typically have sharp peaks due to rapid dipole-dipole relaxation. Binding of a ligand to a high molecular weight molecule such as a protein induces peak broadening and a corresponding chemical shift in the NMR signal because the bound ligand experiences the slow relaxation time of the protein compared to the free state of the ligand.⁴⁹

K_d values were determined based on the resonance chemical shift (δ) of the PFAS bound to the BSA relative to its unbound state in solution.^{29,34,50} The observed chemical shift is the population-weighted average of free and bound ligands, which allows the determination of K_d from measurement of the peak positions.^{44,45} The chemical shift of the PFAS resonance peak is sensitive to structural differences of its bound and unbound states, meaning that a genuine binding interaction of PFAS with BSA will produce a perturbation. A change in δ greater than 0.02 ppm indicates that the environmental structure of the ligand experiences some transformation (e.g. change in polarity or electrostatic interactions).⁴⁵ At a fixed BSA concentration, these perturbations are dependent on the PFAS concentration, reflecting

differences in the fraction of PFAS that is bound to BSA. A smaller fraction is bound at high PFAS concentrations, resulting in resonances that more closely resemble those of the free PFAS. These spectral changes are related to the fraction of bound ligand.⁵¹

K_d values were determined graphically based on equation (3)

$$[\text{PFAS}]_T = \frac{n[\text{BSA}]_T}{\Delta\delta} \cdot \Delta\delta_{\text{Bapp}} - K_d \quad (3)$$

where $\Delta\delta = \delta_{\text{obs}} - \delta_{\text{free}}$ is the net change in chemical shift of the monitored resonance of the bound ligand, $[\text{PFAS}]_T$ is the total PFAS concentration, $[\text{BSA}]_T$ is the total protein concentration, n is the number of binding sites per protein molecule and $\Delta\delta_{\text{Bapp}}$ is the apparent change in the chemical shift for the monitored resonance in the bound state.^{29,34} The value of K_d is extracted as the negative y-intercept from the plot of the PFAS concentration versus the inverse of the PFAS chemical shift.⁵² Monitoring the perturbations of the chemical shifts for both the head (difluoroethyl, α) and tail (trifluoromethyl, ω) of PFASs reflects the binding affinity of these two ends of the molecule (Figure 1).

The K_d values were measured for PFAS concentrations ranging from 10 μM to 1 mM for PFOA, PFNA, PFHxS and PFOS. This concentration range of PFAS is above the $\sim 1 \mu\text{M}$ detection limit of the ^{19}F NMR method and can be found in a body of a highly exposed individual.⁴³

Dissociation of PFAS with BSA is accompanied by a change of the standard Gibb's free energy, ΔG° , determined as

$$\Delta G^\circ = RT \ln K_d \quad (4)$$

where R is the ideal gas constant and T is absolute temperature. ΔG° can be further related to the changes in the standard enthalpy, ΔH° , and standard entropy, ΔS° , of the binding.

$$\Delta G^\circ = \Delta H^\circ - T\Delta S^\circ \quad (5)$$

ΔH° and ΔS° , were determined from the slope ($-\Delta H^\circ/R$) and the y-intercept ($\Delta S^\circ/R$) based on the van't Hoff equation.

$$\ln K_d = \frac{\Delta H^\circ}{RT} - \frac{\Delta S^\circ}{R} \quad (6)$$

The signs of ΔH° and ΔS° (+ or -) can be used to determine the dominant intermolecular forces for PFAS-BSA binding: hydrophobic interactions when $\Delta H^\circ > 0$ and $\Delta S^\circ > 0$, electrostatic interactions when $\Delta H^\circ < 0$ and $\Delta S^\circ > 0$, or van der Waals interactions and hydrogen bonding when $\Delta H^\circ < 0$ and $\Delta S^\circ < 0$.^{33,35,53,54}

3. RESULTS AND DISCUSSION

3.1. Carboxylic acids (PFCAs).

PFOA and PFNA exhibited 1D ^{19}F NMR spectra consistent with linear n-PFCAs free of impurities or branched isomers detected (Figure S1), consistent with prior results.^{24,29,34} The highest PFCA concentrations examined (1000 μM) were below reported critical micelle concentrations (CMCs) and no evidence of micellization, reported as an upfield shift in the $-\text{CF}_3$ group due to shielding,⁵⁵ was observed. It should be noted that reported CMC values vary significantly and have not been examined as functions of pH, salt composition or concentration, or temperature.

Significant ^{19}F chemical shifts, peak broadening, and reductions in peak intensity were observed for both the α and ω groups of PFOA and PFNA upon binding to BSA, reflecting the formation of a PFAS-BSA complex. Exemplary 1D ^{19}F NMR spectra are shown for PFNA in Figure 2 in the absence and presence of BSA. At low PFCA concentrations corresponding to $[\text{PFOA}]:[\text{BSA}] < 2.5:1$ and $[\text{PFNA}]:[\text{BSA}] < 7.5:1$ nearly all measurable PFOA was protein-bound, and the greatest deshielding (downfield shift) was observed for the α and ω resonances. As $[\text{PFCA}]:[\text{BSA}]$ was increased the α and ω resonances approached their native chemical shift positions in the absence of BSA. This is demonstrated with the $-\text{CF}_2-$ α peak of PFNA in Figures 2B1-B2 (310 K, pH 7.4 PBS). Also shown in Figure 2A2 is a shielding of the $-\text{CF}_3$ ω at $[\text{PFNA}]:[\text{BSA}] > 50:1$, which will be discussed later in more detail. The fluorine α resonance on the carbon adjacent to the headgroup is the most sensitive to protein binding and does not fully return to its original position, similar to results from prior studies.³⁴

PFCA K_d values were determined based on changes in the chemical shift of the α (head) and ω (tail) positions as a function of temperature, from room to physiological (Figures 3A and 3B, respectively). Only the linear range of $[\text{PFCA}]$ vs. $\Delta\delta^{-1}$ up to $[\text{PFCA}]:[\text{BSA}]$ ratios of 25:1 were considered for this analysis. All calculated K_d values were on the order of 10^{-6} to 10^{-5} M and decreased with increasing temperature, consistent with binding driven by hydrophobic interactions (Figure 3C). Values for K_d of the same order of magnitude have been calculated from fluorescence quenching experiments^{33,47} and electrospray ionization mass spectrometry.⁵⁶ This was confirmed by the positive values for enthalpy (ΔH°) and entropy (ΔS°) of binding (Figure 3D). The lowest K_d values (highest protein affinity) were also observed for the $-\text{CF}_3$ ω position, which is more hydrophobic itself, compared to the $-\text{CF}_2-$ α position, and expected to preferentially bind to hydrophobic regions on the protein. PFOA exhibited slightly lower K_d values than PFNA despite PFNA being more hydrophobic (PFNA with C_8 fluorinated carbons vs. PFOA with C_7). While these results differ from prior ^{19}F NMR work reporting higher binding affinity of PFNA to BSA compared to PFOA,²⁹ they are in agreement with BSA-water distribution coefficients determined by equilibrium dialysis.³² The higher K_d observed for PFNA may be attributed to steric hindrance. PFASs with long carbon tails have been shown to adopt helical conformations that hinder binding to the hydrophobic pockets of BSA.⁵⁷

3.2. Sulfonic acids (PFSA).

In addition to the α and ω groups for PFHxS and PFOS ^{19}F NMR spectra, both contained branched isomer content as commonly observed for PFSA (Figure S2).^{42,52,58} Understanding how the protein binding of isomers differs from linear PFSA has not been studied in detail by ^{19}F NMR due to challenges connected with the coalescing and splitting of isomer peaks, and the isolation of PFSA isomers.⁵⁸ In this work, the binding properties of PFSA were determined based on the α and ω groups (Figure 4A, B), and the additional resonance peak observed at -71.868 ppm (labeled i; Figure 5A). This resonance peak corresponded to the most abundant branched isomer found in both PFHxS and PFOS and is consistent with the CF_3 isopropyl group previously identified.⁵⁸ The carbon chain lengths of the PFHxS and PFOS isomers are reduced by one and the presence of the branched CF_3 isopropyl groups on the carbon adjacent to the sulfonic head group is expected to modify the interaction with BSA compared to with linear structures.

PFSA K_d values based on the α and ω positions are shown in Figure 4C. High K_d values (low binding affinity) were determined for PFHxS compared to PFOS, consistent with the dominant role of hydrophobic interactions in PFAS-BSA binding, as observed for PFCA. Based on the positive values for binding enthalpy and entropy, PFSA binding was driven by hydrophobic interactions. The binding of PFHxS and PFOS isomers (i) was also hydrophobic, though the presence of the branched CF_3 isopropyl group near the headgroup coupled with a shorter perfluoroalkyl tail led to these isomers exhibiting the lowest binding affinity (highest K_d) of all PFASs examined (Figure 5), consistent with previous work using ultrafiltration to measure albumin binding.⁵⁹

4. DISCUSSION

Association constants ($K_a = K_d^{-1}$) for fatty acid binding to albumin are reported to decrease with temperature, characterized by a favorable exothermic process ($\Delta H^\circ < 0$) with a modest gain in entropy due to desolvation of the alkyl tail.⁶⁰ PFAS binding is also reported as being a favorable exothermic process driven by attractive van der Waals interactions and H-bonding ($\Delta H^\circ < 0$ and $\Delta S^\circ < 0$).^{33,35,53,54} For the PFASs studied herein BSA binding is entropic, with significant gains in entropy that compensate for an unfavorable endothermic process (positive $\Delta H^\circ > 0$). This observation, that PFAS binding is driven by hydrophobic interactions, can be partially explained by fluoroalkyls exhibiting strong hydrophobic interactions, stronger than their hydrocarbon analogs, due to the large structured water cavity required to solvate the fluorine groups.⁵ The observed pattern of PFAS association with BSA at 310 K follows the van der Waals volume (shown in parentheses; calculated using MarvinSketch) of the compounds examined with the largest PFAS (PFOS) exhibiting the highest K_d^{-1} value: PFOS (275 \AA^3) > PFOA (231 \AA^3) \approx PFNA (258 \AA^3) > PFHxS (221 \AA^3). To our knowledge the dominance of entropic hydrophobic interactions have not been reported for PFASs despite the general observation that protein binding increases with PFAS hydrophobicity (excluding steric hinderance). This may be attributed to the use of ^{19}F NMR, which is specific to the PFAS molecules and changes in their chemical environment.

K_a values for fatty acid binding to HSA at 310 K have been reported as 15 mM^{-1} for hexanoic acid, 34 mM^{-1} for octanoic acid, and 100 mM^{-1} for decanoic acid.⁶¹ Comparatively, we report K_a values of 17 mM^{-1} (α) and 31 mM^{-1} (ω) for PFHxS; 18 mM^{-1} (α) and 155 mM^{-1} (ω) for PFOA; and 18 mM^{-1} (α) and 357 mM^{-1} (ω) for PFOS. Values corresponding to the terminal $-\text{CF}_3$ (ω) group for PFOA and PFOS, and greater association of PFOS than PFOA, are in good agreement with recent results based on mass spectrometry.⁵⁶ In this prior work, K_a values for HSA binding were approximately half that compared to BSA. Hence, PFHxS, PFOA, and PFOS are expected to competitively bind with albumin proteins compared to their hydrocarbon analogs.²⁵

Studies have shown that PFAS binding to BSA follows a two-step Langmuir sequence; the first and most favorable being PFAS binding within the protein hydrophobic binding sites, followed by surface adsorption.⁶² This explains in part why up to approximately 50 apparent albumin binding sites have been reported for PFOA.^{25,34,48} Changes in the chemical shift with increasing ratio of [PFAS]:[BSA] observed by ^{19}F NMR support a two-step binding process (Figure 6). PFASs preferentially bind to hydrophobic sites as depicted by a steep decrease in $\Delta\delta$ with increasing [PFAS]:[BSA]. At a critical [PFAS]:[BSA] ratio, δ begins to plateau and approach their original positions for each PFAS. For PFOA, PFNA, and PFHxS this ratio was [PFAS]:[BSA] ≈ 12 – 14 , denoting the shift from binding site to surface adsorption. Beyond this ratio, up to [PFAS]:[BSA] ≈ 25 , additional adsorption was likely driven by hydrophobic interactions with hydrophobic patches comprised of apolar amino acids on the BSA surface.^{63,64}

PFNA exhibited unique behavior at high concentrations – shielding of the $-\text{CF}_3$ (ω) group leading to negative values for δ observed at each of the three temperatures examined (Figure 6A). Shielding and broadening of the line width (Figure 2A2) reflect self-assembly processes, likely micelle formation as observed for PFOS using ^{19}F NMR.⁵⁵ In the presence of a charged surface, such as a polymer or activated carbon, PFAS hemimicelles are reported to form at values well below the CMC.^{65–69} The CMC of PFNA has been reported to be roughly 2 to 3 mM in deionized water at 298 K. Based on our results and this prior work, we propose that PFNA at concentrations greater than 0.5 mM formed partial micelles on the surface of BSA from 298 to 310 K driven again by entropic hydrophobic interactions.⁷⁰ While the biological implications of hemimicelle formation are unclear, this would represent an additional mechanism by which an albumin protein could binding and transport a PFAS.

Finally, the ^{19}F NMR signal for PFOS (α and ω) was particularly weak and could not be observed in the presence of BSA below a [PFAS]:[BSA] ratio of 25:1. This is reflected in the high δ values at high [PFAS]:[BSA] ratios relative to the other PFASs. The weakened signal may be partially due to the presence of significant isomeric impurities in the commercial samples, consistent with prior work.⁴² Despite the weak PFOS signal, the K_d values and how they compare to the other PFASs are in agreement with literature values and trends, respectively. While PFOS exhibited the greatest binding of all PFASs examined, the values reported only correspond to the linear and isopropyl isomers tracked by ^{19}F NMR.

5. CONCLUSIONS

By using ^{19}F NMR, which directly probed the PFASs examined, entropic hydrophobic interactions were determined to be dominant in PFCA and PFSA binding to BSA. These interactions, which reflect the size of the structured water cage required to solvate a fluoroalkyl tail and the entropy gained from desolvating upon protein binding, should be characteristic for PFASs based on the number of fluorinated carbons and structure of the fluoroalkyl tail. This provides new insight to modeling PFAS-protein binding based on the local solvent structure. The importance of water interactions and solvation structure is gaining attention in protein-ligand binding and drug discovery.⁷¹

Results for K_d values are consistent with previous reports using methods such as equilibrium dialysis and mass spectrometry as these account for PFASs bound in hydrophobic cavities and on protein surfaces. However, advantages of ^{19}F NMR include the ability to directly determine the nature of binding, and also to directly examine isomer impurities and PFAS self-assembly. This was demonstrated for PFOS and PFHxS isopropyl isomers, which exhibited lower binding affinity compared to the linear PFASs, and for PFNA where protein-bound hemimicelles appear to have formed below the CMC, respectively.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Highlights

- PFAS-albumin binding measured for four common PFASs found in the U.S. population.
- Entropic gains through desolvation revealed by ^{19}F NMR proportional to PFAS volume.
- Association constants suggesting that PFASs may compete for fatty acid binding sites.
- PFAS bound per protein ranged from 12–14 via binding site and surface adsorption.

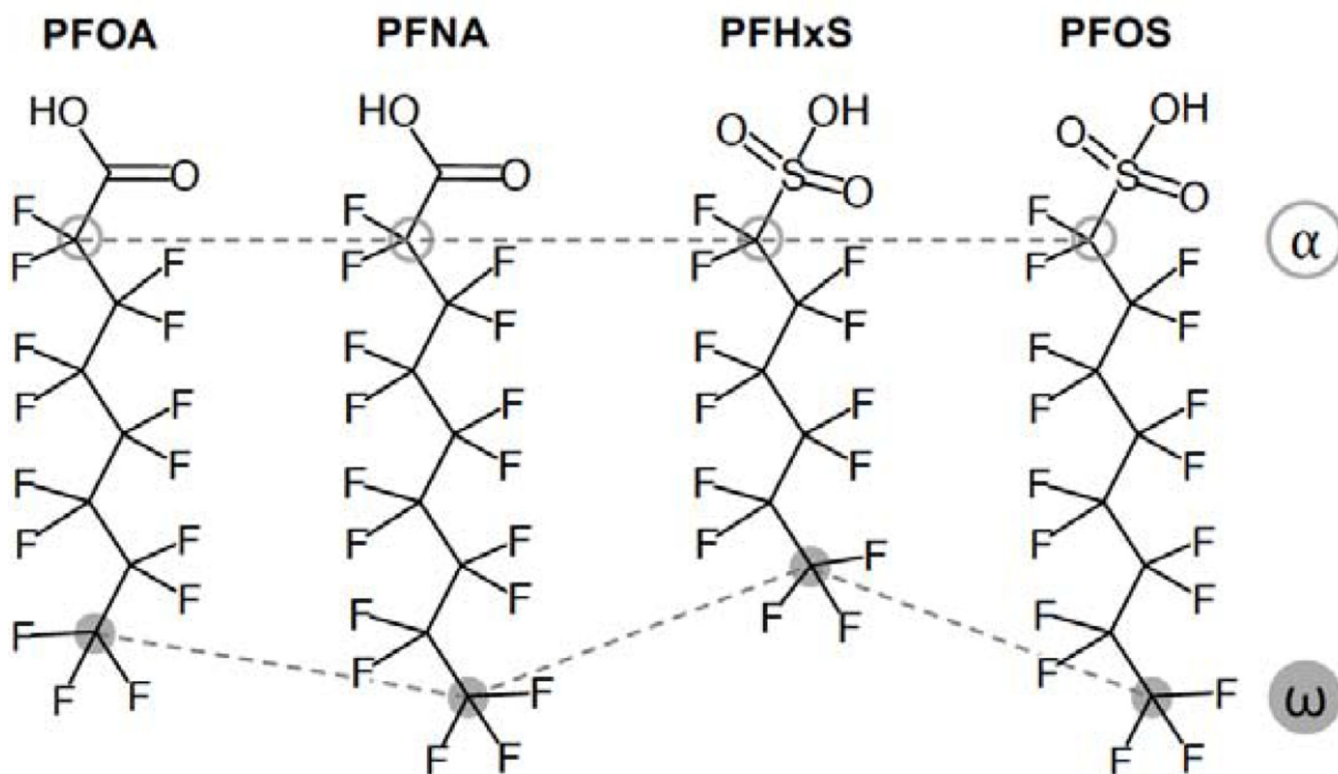
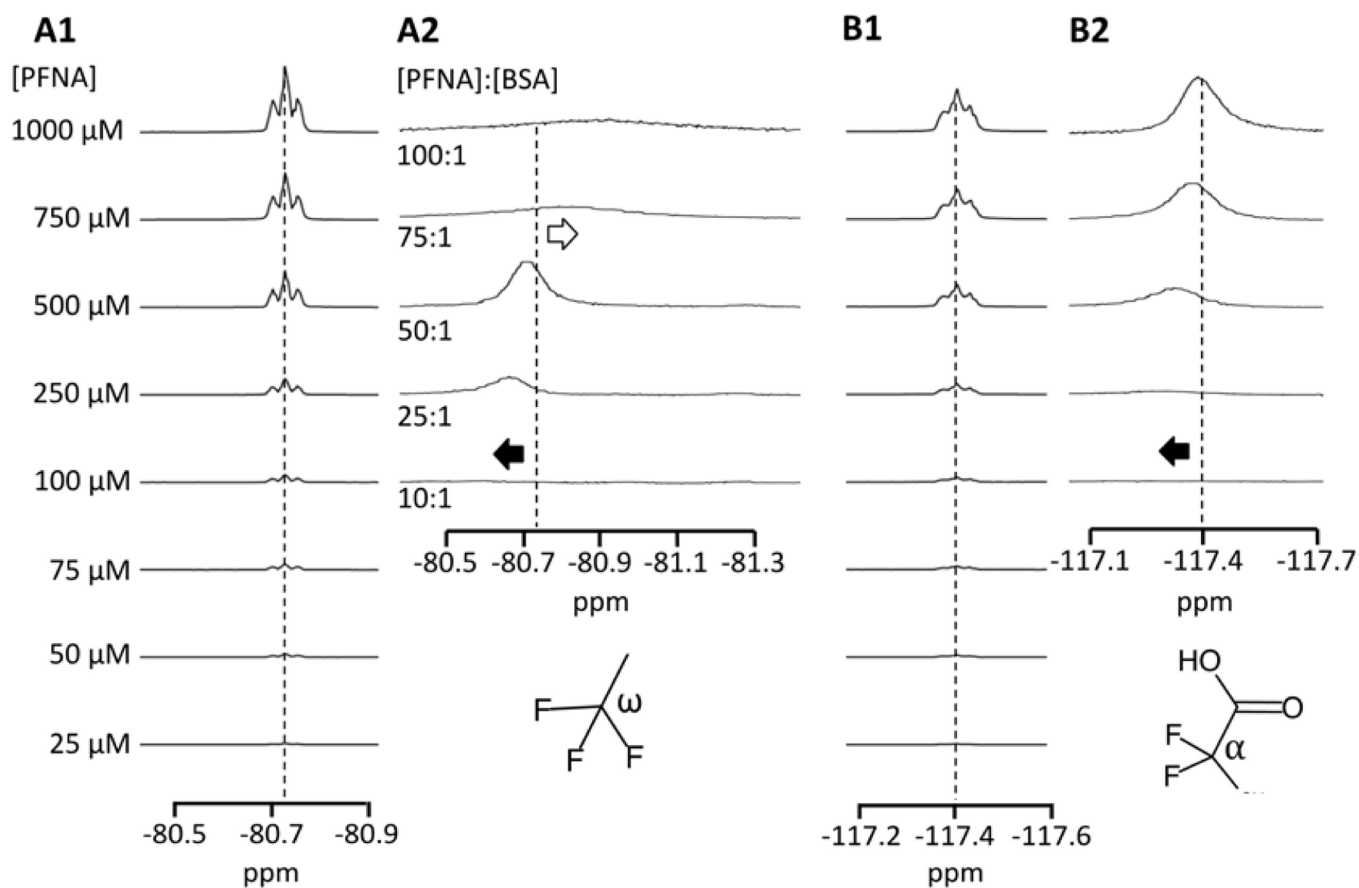


Figure 1. Chemical structures of perfluorooctanoic acid (PFOA), perfluorononanoic acid (PFNA), perfluorohexanesulfonic acid (PFHxS), and perfluorooctanesulfonic acid (PFOS). Fluorinated carbons labeled α (open gray circles) and ω (filled gray symbols) represent the $-\text{CF}_2$ -group near the hydrophilic headgroup and the terminal $-\text{CF}_3$ group, respectively.

**Figure 2.**

^{19}F resonance peaks for the (A) $-\text{CF}_3$ (ω , tail) and $-\text{CF}_2-$ (α , head) groups of PFNA in pH 7.4 PBS at 310 K in the absence (A1, B1) and presence (A2, B2) of 10 μM BSA.

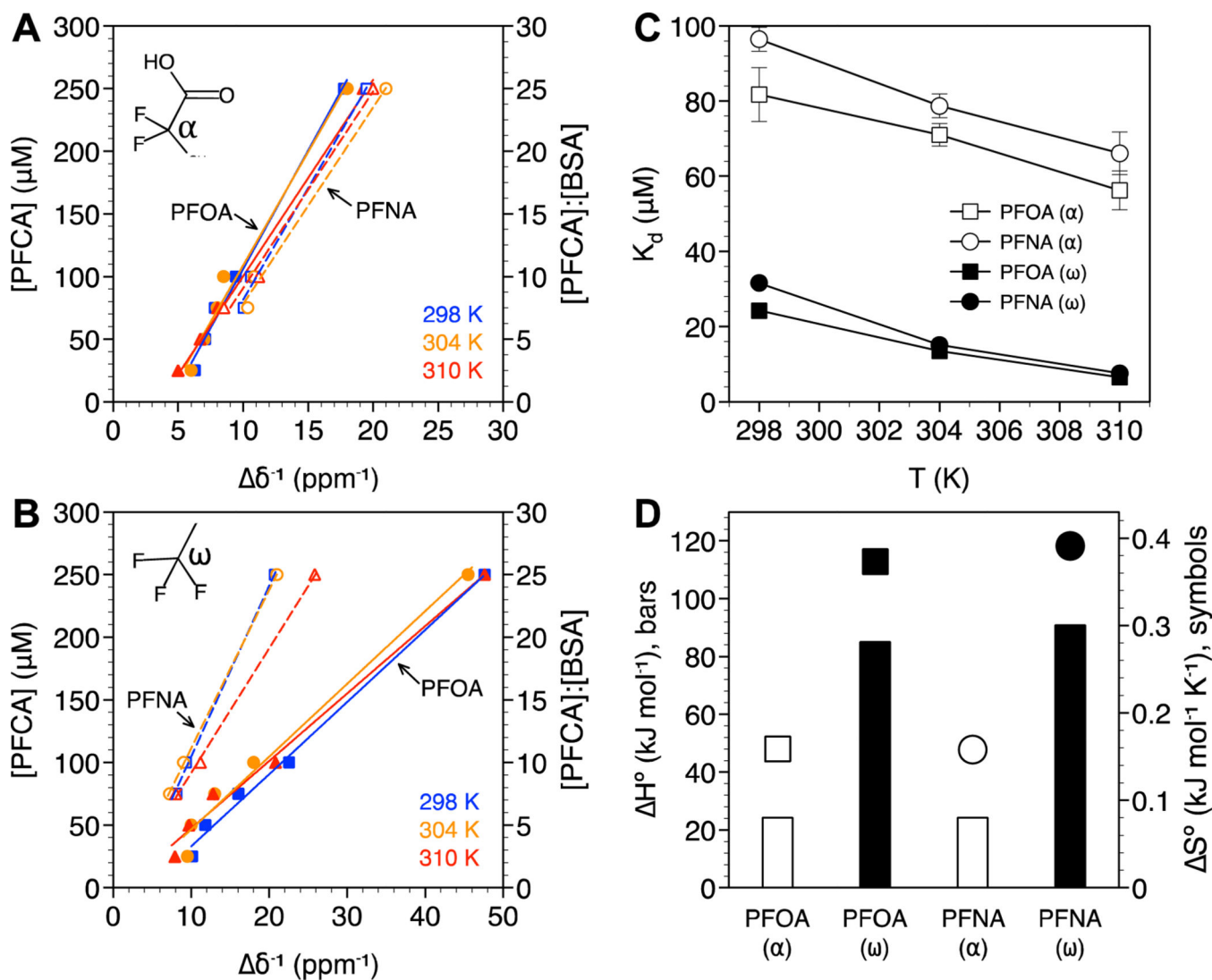


Figure 3.

PFCA binding analysis based on the (A) $-\text{CF}_2-$ α and (B) $-\text{CF}_3$ ω positions. PFOA (solid symbols, solid lines) or PFNA (open symbols, dashed lines) concentration are plotted against the inverse change in chemical shift (δ^{-1}) with and without BSA at 298 K (blue squares), 304 K (orange circles), and 310 K (red triangles). The molar ratio of PFCA:BSA are also shown. R^2 values for the linear fits ranged from 0.983 to 0.994. (C) Dissociation constants (K_d) as a function of temperature and (D) standard enthalpy and entropy of BSA binding for the $-\text{CF}_3$ ω (closed symbols) and $-\text{CF}_2-$ α (open symbols) positions. Standard error bars in (C) are based on $n = 3$. Error bars not visible are smaller than the symbols.

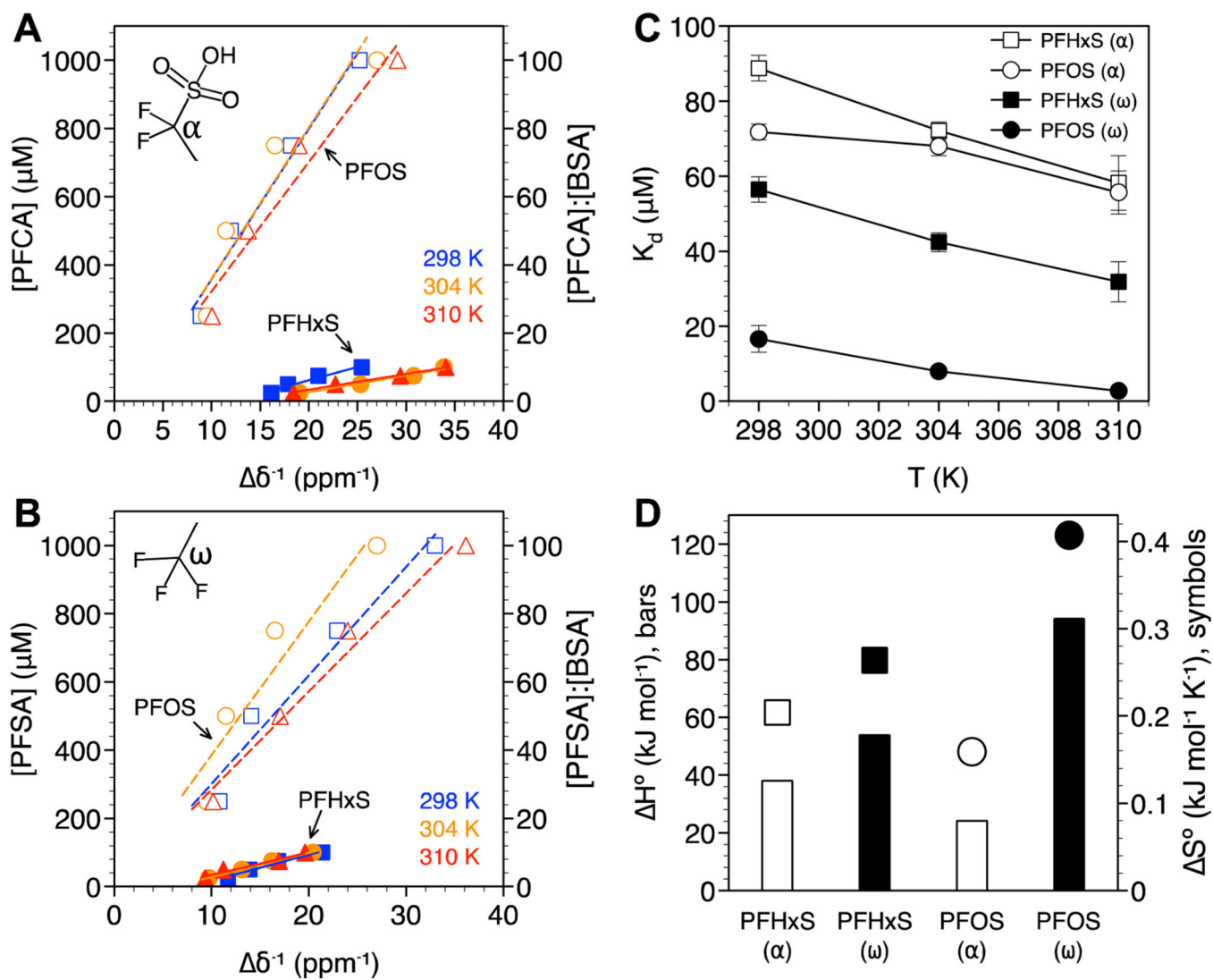


Figure 4.

PFSA binding analysis based on the (A) $-\text{CF}_2-$ α and (B) $-\text{CF}_3$ ω positions. PFHxS (solid symbols, solid lines) or PFOS (open symbols, dashed lines) concentration are plotted against the inverse change in chemical shift (δ^{-1}) with and without BSA at 298 K (blue squares), 304 K (orange circles), and 310 K (red triangles). The molar ratio of PFCA:BSA are also shown. R^2 values for the linear fits ranged from 0.9 to 0.996. (C) Dissociation constants (K_d) as a function of temperature and (D) standard enthalpy and entropy of BSA binding for the $-\text{CF}_3$ ω (closed symbols) and $-\text{CF}_2-$ α (open symbols) positions. Standard error bars in (C) are based on $n = 3$. Error bars not visible are smaller than the symbols.

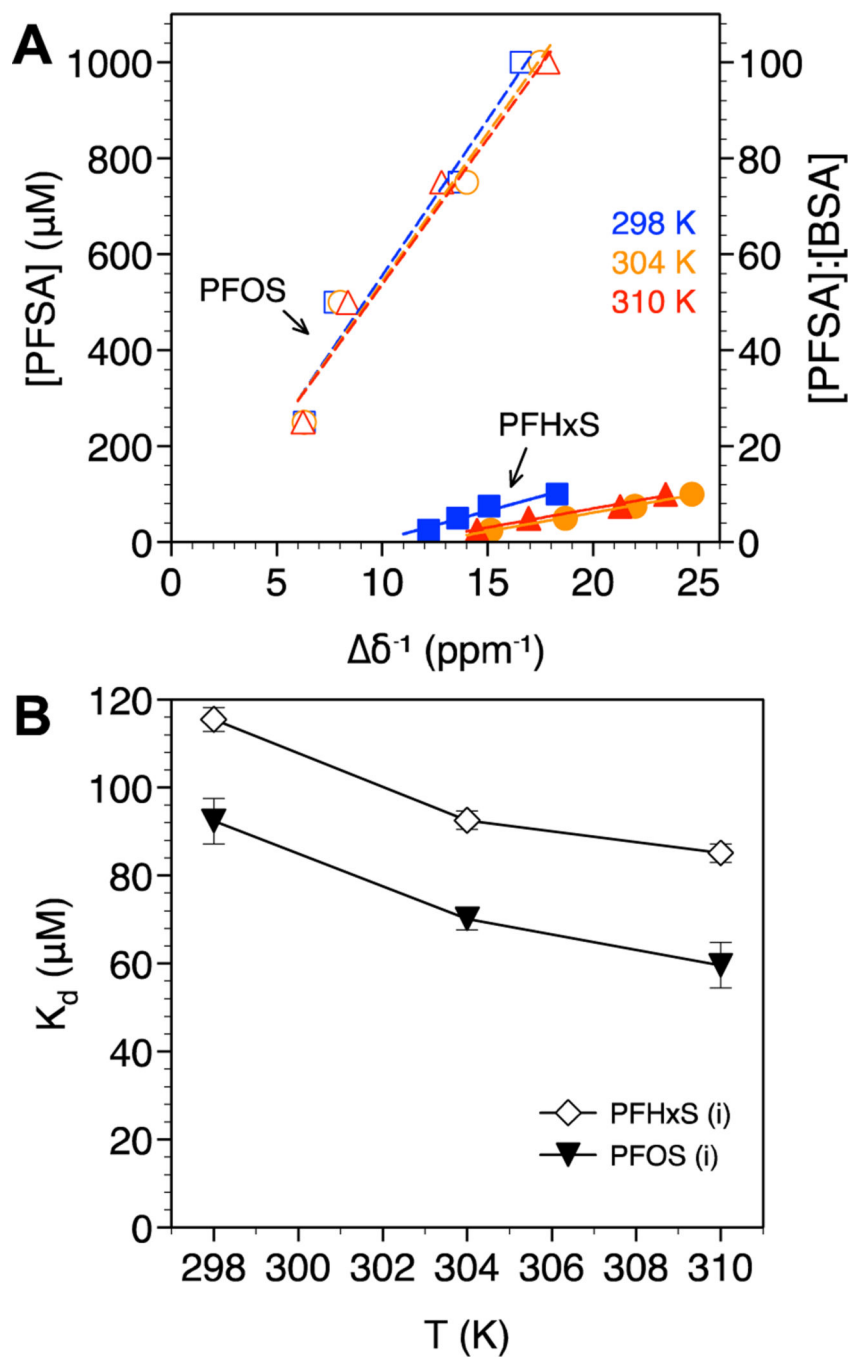


Figure 5. PFSA isomer binding analysis based on (A) the branched CF_3 isopropyl group for PFHxS (solid symbols, solid lines) and PFOS (open symbols, dashed lines) at 298 K (blue squares), 304 K (orange circles), and 310 K (red triangles). The molar ratio of PFCA:BSA are also shown. R^2 values for the linear fits ranged from 0.953 to 0.983. (B) Dissociation constants (K_d) as a function of temperature. Standard error bars in (B) are based on $n = 3$.

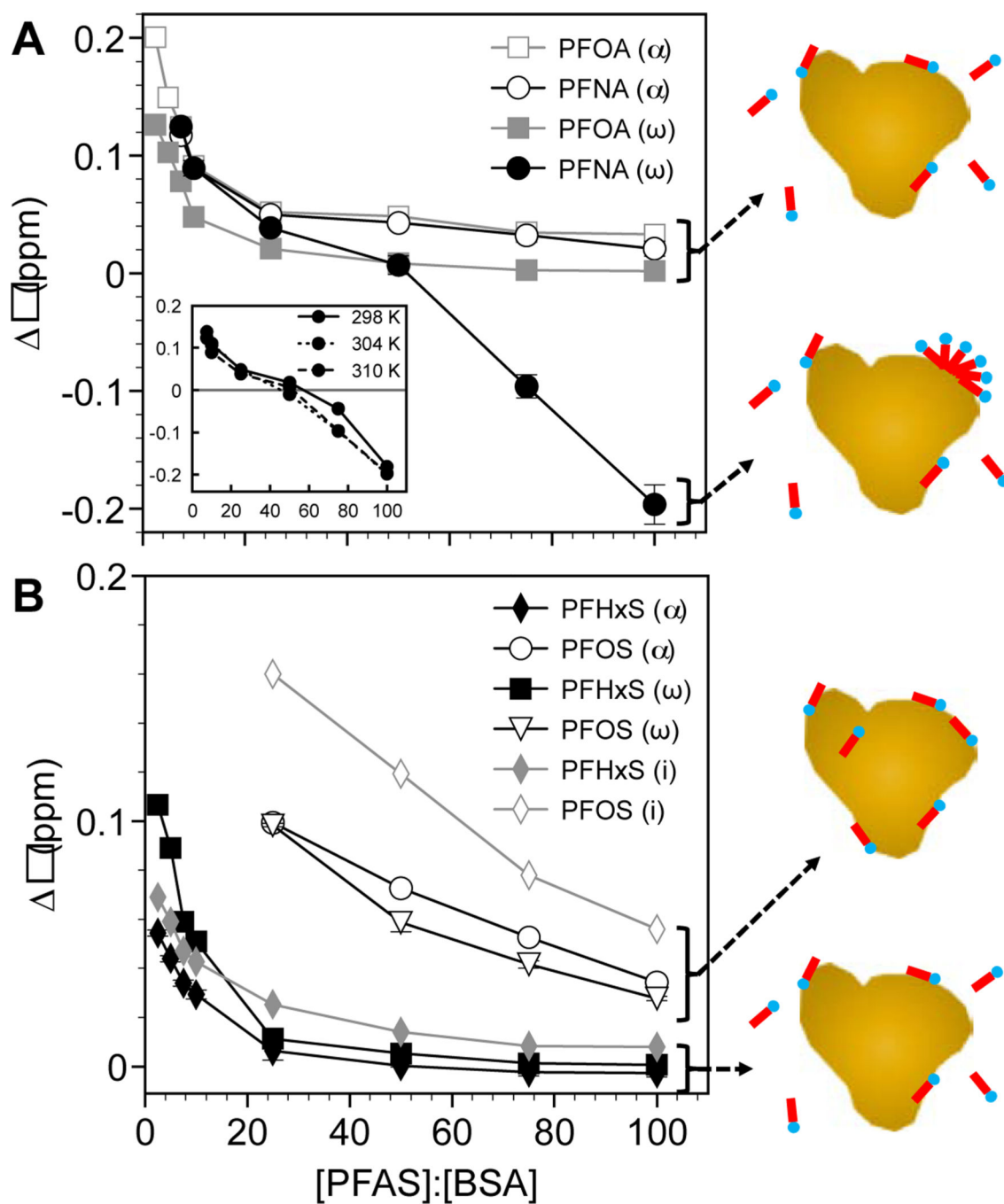


Figure 6. Changes in PFAS chemical shifts at 310 K as a function of the [PFAS]:[BSA] molar ratio for (A) PFCAs and (B) PFSAs. The inset in (A) is for PFNA at 298 K, 304 K, and 310 K. Standard error bars are based on $n = 3$. Error bars not visible are smaller than the symbols.