### REVIEW

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# **New progresses of circular RNA biology: from nuclear export to degradation**

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#### **ABSTRACT**

Circular RNA, typically generated from backsplicing reaction, is a class of single-stranded and covalently linked RNA. Although most circular RNAs are lowly expressed, some of them are able to accumulate to high levels and even exceed their cognate mRNAs due to their longer half-lives. Once produced in the nucleus, the majority of circular RNAs are exported to the cytoplasm for their proper functions or degradation. In this review, we will summarize the biogenesis and classification of circular RNAs and highlight the recent advances in our understanding of circular RNA nuclear export and degradation.

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#### **KEYWORDS**

Pre-mRNA splicing; backsplicing; RNA-binding protein; circular RNA; nuclear export; degradation

## **Introduction**

<span id="page-0-3"></span>Most eukaryotic genes were split by introns which must be removed from precursor message RNA (pre-mRNA) through joining an upstream 5ʹ splicing site (5ʹ ss) to a downstream 3ʹ splicing site (3ʹ ss) by the splicing machinery in linear order [\[1](#page-6-0)]. It has been well-established that the standard splicing process is mostly executed in a co-transcriptional manner and highly regulated to yield a mature mRNA that will be exported subsequently to the cytoplasm fraction for translation [\[2–4](#page-6-1)]. However, only recently has it been appreciated that the splicing event can also happen in an alternative or noncanonical way to allow the backsplicing reaction by joining a downstream 5ʹ ss to an upstream 3ʹ ss, thereby generating a circular RNA with covalently linked structure [\[5–11](#page-6-2)].

<span id="page-0-7"></span><span id="page-0-5"></span><span id="page-0-4"></span>With the development of high-throughput RNA sequencing (RNA-seq) technique, thousands of circular RNAs have been detected or identified across different cell lines, tissues, and species [\[12–17\]](#page-6-3). Although the majority of circular RNAs are rarely produced comparing with their cognate mRNAs, they, at least for some of them, could still accumulate to high levels as they naturally lack features utilized by diverse exonucleases [\[18](#page-6-4)]. For instance, a circular RNA generated from the *laccase 2* gene is 10-fold more abundant than its linear cognate mRNA in *Drosophila* DL1 cells [\[19\]](#page-6-5). Also, circular RNAs have been found as the major products from roughly 50 human genes in different cell lines [\[13](#page-6-6)]. These studies suggest that at least some of circular RNAs may have important functional roles.

## <span id="page-0-13"></span><span id="page-0-11"></span><span id="page-0-8"></span>**The biogenesis of circular RNAs**

<span id="page-0-14"></span>The majority of circular RNAs identified so far are generated from exon(s) of protein-coding genes [\(Fig. 1\)](#page-1-0). We thus call <span id="page-0-12"></span><span id="page-0-10"></span><span id="page-0-9"></span><span id="page-0-6"></span>them exonic circular RNAs (EcircRNAs). Many EcircRNAs contain multiple exons, usually two or three, but it is important to note that there is a minimal length of a single exon that allows circularization [\[18–20](#page-6-4)]. In human cells, a median length of 353 nt of a circularized exon is required for singleexon backsplicing, whereas only 112–130 nt per exon for multiple-exon backsplicing is required [[21\]](#page-6-7). Moreover, a series of plasmid experiments have successfully demonstrated that only exons > 300 nt could be circularized efficiently in *Drosophila* system [[19](#page-6-5)]. Besides the role of exonic sequences play in circular RNA formation, a previous study on mouse *Sry* revealed that the reverse complementary sequence flanking the circularized exon is important for the generation of a circular RNA [[8\]](#page-6-8). Indeed, many sequence feature analyses have proved that the flanking introns are longer than average and are more likely to have reverse complementary sequences, such as Alu repeats in human [\[18,](#page-6-4)[21\]](#page-6-7). Base pairing between the flanking introns brings together the 5ʹ ss and 3ʹ ss in close intervene, which facilitates backsplicing reactions ([Fig. 1\)](#page-1-0) [\[18](#page-6-4)[,21\]](#page-6-7). In some cases, short reverse complementary sequences, even as short as 30–40 nt, are sufficient to promote backsplicing [[18](#page-6-4)]. However, it should be noted that all circularized exons lack noticeable flanking intronic sequences in *yeast*, indicating that the reverse repeats-mediated mechanism may not account for circularization in lower eukaryotes [\[20](#page-6-9)[,22\]](#page-6-10). In fact, the formation of a circular RNA can proceed through an exon skipping-mediated mechanism (also called indirect backsplicing reaction) by re-splicing of an exoncontaining lariat precursor in *Schizosaccharomyces pombe*  [\(Fig. 1\)](#page-1-0) [\[22\]](#page-6-10). There is another category of exon-containing circular RNAs, named as exon-intron circular RNAs (EIciRNAs) that consist of both exon(s) and intron(s) [[23](#page-6-11)]. In this case, the intron between the circularized exons is

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<span id="page-1-0"></span>**Figure 1.** Circular RNAs biogenesis.

A model shows a pre-mRNA with 4 exons and how different types of circular RNAs are generated. **(A)** Base-pairing between the two flanking introns, which contain reverse complementary sequences, brings together a downstream 5ʹ ss and an upstream 3ʹ ss and facilitates backsplicing reactions to produce circular RNAs. **(B)** RBPs binding to the flanking introns can act analogously as flanking complementary sequences to promote backsplicing of circularized exons. **(C)** Exon skipping generates a mature mRNA and a lariat RNA. Instead of debranching and degradation, the lariat RNA goes for another round of splicing to generate a circular RNA and a double lariat RNA. **(D)** During canonical splicing, lariat RNAs fail to be debranched and accumulate as circular intronic RNAs (ciRNAs). **(E)** Some circular RNAs might be products of the intergenic genome region.

retained during splicing. But the backsplicing process of EIciRNAs is similar to EcircRNAs.

<span id="page-1-2"></span>Besides exon-containing circular RNAs, circular intronic RNA (ciRNA) is a type of lariat RNAs that fails to be debranched during the process of splicing and accumulates in the nucleus instead ([Fig. 1\)](#page-1-0) [\[24–26\]](#page-6-12). ciRNAs were identified in different species, and most of them are 100–500 nt in length [\[24–26\]](#page-6-12). Interestingly, a large proportion of them tend to contain an unusual cytosine at the branchpoint rather than the more common adenine [\[25](#page-6-13)]. These cytosine branchpoints may account for the resistance of the stable lariat intronic RNAs (ciRNAs) to debranching enzyme [\[25\]](#page-6-13). A study on a ciRNA derived from the second intron of *ANKRD52* revealed that a consensus motif containing a 7-nt GU-rich element near the 5ʹ ss and an 11-nt C-rich element near the branchpoint are able to stabilize ciRNAs, but the detailed molecular mechanisms are still unclear [\[24\]](#page-6-12). In addition, a few of bioinformatics studies suggested that some circular RNAs are products of the intergenic genome region [\[27–29](#page-6-14)]. Nevertheless, the accuracy of these intergenic circular RNAs needs to be further validated in the future through specialized techniques such as RNase R-treated assays and northern blotting experiments.

<span id="page-1-3"></span><span id="page-1-1"></span>Notably, neither reverse repeats nor lariat production is sufficient to give rise to circular RNAs, indicating an additional parameter regulating the generation of circular RNAs. Indeed, beyond *cis*-elements, a number of RNA-binding proteins (RBPs) were found to actively modulate circular RNA <span id="page-1-7"></span><span id="page-1-6"></span><span id="page-1-5"></span><span id="page-1-4"></span>biogenesis [\(Fig. 1](#page-1-0) and [Table 1](#page-2-0)) [\[19](#page-6-5)[,30–39\]](#page-6-15). Adenosine deaminase 1 acting on RNA (ADAR1), a double-stranded RNAbinding protein, is able to inhibit exon circularization through converting A to I which disrupts the base pairing between the two flanking introns [\[30\]](#page-6-15). The alternative splicing factor Quaking (QKI) increases the production of a subset of highly expressed circular RNAs during human epithelialmesnchymal transition (EMT) [[32\]](#page-7-0). QKI is able to recognize the QKI binding sites in the flanking introns of circularized exons, thereby acting analogously as reverse complementary sequences to facilitate circularization. Inserting of QKI motifs to the flanking introns is sufficient to generate certain circular RNAs from exons that do not produce circular RNAs normally in cells. In *Drosophila*, the splicing factor Muscleblind (Mbl) promotes the production of circular RNAs through binding to the flanking introns of circularized exon when there is an excess amount of the protein, thereby fine-tuning its host gene expression [\[33](#page-7-1)]. Afterwards, the RBP fused in sarcoma (FUS), a well-characterized splicing factor that functions in amyotrophic lateral sclerosis (ALS), was also described as a potent regulator of circular RNA biogenesis in mouse motor neurons [[39\]](#page-7-2). In addition to the RBPs regulating the production of circular RNAs through modulating the base pairing between flanking introns, depletion of spliceosome components or inhibiting splicing activity pharmacologically resulted in shifting the outputs of at least a subset of genes towards the production of circular RNAs while their linear cognate mRNA levels were damped in both fly and

<span id="page-2-0"></span>**Table 1.** RBPs involved in circular RNA biogenesis.

<b>Species</b>	Trans factors	<b>REFs</b>
Homo sapiens	QKI (Quaking)	32
Homo sapiens	ADAR1 (adenosine deaminase 1 acting on RNA)	30
Homo sapiens	RBM20 (RNA-binding motif protein 20)	35
Homo sapiens	NF90/NF110 (nuclear factor 90 and its 110 isoform NF110)	34
Homo sapiens	HnRNP (heterogeneous nuclear ribonucleoprotein)	19, 36
Drosophila melanogaster		
Homo sapiens	DHX9 (DExH-box helicase 9)	31
Drosophila melanogaster	Mbl (muscleblind)	33
Drosophila melanogaster	SR (serine-arginine) proteins	19
Mus musculus	FUS (fused in sarcoma)	39
Drosophila melanogaster Rattus norvegicus	Spliceosome	37, 38

<span id="page-2-3"></span><span id="page-2-2"></span>human cells [[37](#page-7-3)]. In line with this, similar expression pattern of circular RNAs and their cognate mRNAs was observed in rat primary neurons treated with splicing inhibitor [\[38\]](#page-7-4).

## **The nuclear export of circular RNAs**

Different types of circular RNAs have distinct localizations, which might be regulated by nuclear localization sequences or nuclear export sequences positioned in the circularized exons or retained introns. In fact, ciRNAs and EIciRNAs were found to be mainly retained in the nucleus [[23](#page-6-11),[24](#page-6-12)], whereas the vast majority of EcircRNAs were enriched in the cytoplasmic fraction. Nucleus-localized circular RNAs were proposed to regulate gene expression through modulating either transcription or alternative splicing pattern [[23,](#page-6-11)[40](#page-7-5)]. Cytoplasmic circular RNAs also have diverse functions such as acting as microRNA sponges and translation templates [[41](#page-7-6)]. Considering that a large amount of circular RNAs are detected in non-dividing cells, such as sperm and neuronal cells, the changes in circular RNA cellular distribution may not simply rely on nuclear envelope breakdown during the cycle of cell division or chromosome segregation. Therefore, it is more likely that active transport processes control the nuclear export of cytoplasm-localized circular RNAs. Indeed, a comprehensive circular RNA profiling in HepG2 cells revealed that cytoplasm-enriched circular RNAs consist of motifs recognized by nuclear export RBPs through analysing the binding motif distribution of 19 nuclear export RBPs [[42](#page-7-7)]. This study suggests that RBP-mediated selective transportation maybe responsible for cells to distinguish between linear RNAs and circular RNAs for their nuclear export.

<span id="page-2-7"></span><span id="page-2-6"></span>Using a focused RNAi screening, Huang *et al*. found that depletion of *Drosophila* DExH/D-box helicase Hel25E resulted in a robust accumulation of long (> 800 nt) but not short circular RNAs in the nucleus [\[43](#page-7-8)]([Fig. 2\)](#page-2-1). Interestingly, the two human homologs of Hel25E (UAP56 and URH49) are

<span id="page-2-5"></span><span id="page-2-4"></span>

#### <span id="page-2-1"></span>**Figure 2.** Circular RNA nuclear export.

Once generated, circular RNAs can be fed into different export pathways. *Drosophila* Hel25E and human UAP56 regulate the nuclear export of long circular RNAs. Human URH49 controls short circular RNA export. YTHDC1 promotes the export of m6A-modified circNSUN2 in human cells.

also involved in the localization of circular RNAs but with distinct characteristics. UAP56 is responsible for exporting of long circular RNAs (>1300 nt), while URH49 is required for short circular RNAs (< 400 nt) nuclear export. Moreover, through generating chimeric proteins and rescue experiments, a four-amino-acid motif was found to be necessary and sufficient to dictate circular RNA export preferences [[43–45](#page-7-8)]. However, the detailed mechanism whereby the length of circular RNAs is measured by the two homologs remains unclear.

<span id="page-3-5"></span><span id="page-3-4"></span><span id="page-3-3"></span>*N*6 -methyladenosine is the most abundant internal modification on RNAs [\[46](#page-7-9)[,47\]](#page-7-10), and it plays diverse roles in gene expression at the transcriptional, post-transcriptional, and/or translational levels [\[48](#page-7-11)]. Intriguingly, m<sup>6</sup>A circular RNAs are frequently derived from exon(s) that are not methylated in linear mRNAs [\[49](#page-7-12)]. m<sup>6</sup>A modification has been proposed to participate in circular RNA nuclear export [[50\]](#page-7-13). For example, a circular RNA (circNSUN2) derived from  $4<sup>th</sup>$  and  $5<sup>th</sup>$  exon of the *NSUN2* gene was found to interact with YTH domaincontaining protein 1 (YTHDC1), an m<sup>6</sup>A reader, via an m<sup>6</sup>A motif (GAACU) formed in the backsplicing junction site [\[50](#page-7-13)]. Knocking down YTHDC1 or m<sup>6</sup>A deposit methyltransferase METTL3 led to a significant accumulation of circNSUN2 in the nucleus, and this phenomenon could be rescued by re-expression of wild type proteins [\[50](#page-7-13)]. But m<sup>6</sup>Amediated circular RNA nuclear export appears to be unique to a few cases as only a small number of circular RNAs have  $m<sup>6</sup>A$  modification [\[51](#page-7-14)]. A case in point is that the subcellular localization of circZNF609 was not altered upon YTHDC1 depletion [[52](#page-7-15)]. Nevertheless, our current understanding on how circular RNAs are exported to the cytoplasm and/or

<span id="page-3-9"></span>which factor determines their localization is still very limited. With the development of single molecule tracking system and CRISPR-based genome engineering or nucleic acid detection [\[53–58\]](#page-7-16), we believe future researches will provide more insights into orchestrated circular RNA transportation pathways.

#### **The degradation of circular RNAs**

<span id="page-3-10"></span>Naturally closed characteristics of circular RNAs theoretically prevent them from degradation by exonucleases that typically degrade linear RNAs from either 5ʹ or 3ʹ end. Therefore, circular RNAs have much longer half-lives than their linear cognate RNAs generally [[59](#page-7-17)]. Although it is not fully understood how circular RNAs are degraded in steady-state condition, there have been exciting studies beginning to shed light on the clearance of circular RNAs through multiple pathways.

*(1) MicroRNA-mediated circular RNA degradation*  [\(Fig. 3A](#page-3-0))

<span id="page-3-2"></span><span id="page-3-1"></span>Circular RNA CDR1as/ciRS-7 has a near perfect target site for miR-671 [[16](#page-6-16)]. The binding of miR-671 to CDR1as leads to direct RNA cleavage by endonuclease Argonaute-2 (Ago2), thereby generating a 5ʹ and 3ʹ free end. The cleaved RNA is subjected subsequently to fully degradation by different exonucleases on both ends. However, whether other circular RNAs can be degraded though microRNA-mediated endonucleolytic cleavage is still unclear, because only few circular RNAs exhibit properties expected of microRNA sponges for their lack of potential microRNA binding sites [[15](#page-6-17)]. Based on the proof-of-concept experiments in hand, the levels of many circular RNAs (e.g. *Drosophila* circdati and circlaccase2) were

<span id="page-3-8"></span><span id="page-3-7"></span><span id="page-3-6"></span>

<span id="page-3-0"></span>**Figure 3.** Circular RNA degradation.

A model shows how different types of circular RNAs are degraded. (A) microRNA-mediated circular RNA degradation; (B) m<sup>6</sup>A-mediated circular RNA degradation; (C) RNase L-mediated circular RNA degradation; **(D)** GW182-mediated circular RNA degradation; **(E)** structure-mediated circular RNA degradation.

unaffected by knocking down of microRNA silencing factors [\[60\]](#page-7-18).

(2) *m6 A-mediated circular RNA degradation* ([Fig. 3B](#page-3-0)).

<span id="page-4-1"></span>In a recent study, *Park* and colleagues found that the m<sup>6</sup>A reader protein YTHDF2 is able to recognize m<sup>6</sup>A modification deposited on circular RNAs and interacts with the adaptor protein HRSP12 which further recruit RNase P/MRP complex to specifically degrade circular RNAs [[61](#page-7-19)]. Although the finding first demonstrates the molecular mechanisms of circular RNA degradation mediated by m<sup>6</sup>A modification, it is not likely a general mechanism for the regulation of circular RNA metabolism based on the reported characteristics that most of circular RNAs lack m<sup>6</sup>A modification.

<span id="page-4-2"></span>*(3) RNase L-mediated circular RNA degradation* [\(Fig. 3C\)](#page-3-0) Upon poly(I:C) treatment or encephalomyocarditis (EMCV) RNA virus infection, endogenous circular RNA level falls rapidly due to the activation of endonuclease RNase L [[62\]](#page-7-20). In this case, many circular RNAs are able to interact with protein kinase (PKR) though their intramolecularly imperfect 16–26 bp duplex, a special topological structure, to suppress the activity of PKR in steady state. Once infected by EMCV, rapid circular RNA degradation by RNase L is likely to release the circular RNA-associated PKR which is further activated and engaged in early cellular immune response. Furthermore, elevated PKR phosphorylation level and global circular RNA reduction were detected in cells from patients with autoimmune disease systemic lupus erythematosus, indicating that the regulation of circular RNA stability is an important therapeutic strategy for certain diseases. Nevertheless, the question whether other virus infection also induces the activation of RNase L which leads to cleavage of RNAs is still waiting for further investigation.

*(4) GW182 (gawky)-mediated circular RNA degradation*  [\(Fig. 3D\)](#page-3-0).

<span id="page-4-0"></span>Through a focused RNAi screening, Jia *et al*. found that circular RNA levels increased upon GW182 depletion in *Drosophila* DL1/S2 cells, and the changes can only be observed in pre-existing circular RNAs but not newlysynthesized transcripts, indicating GW182 is specifically responsible for circular RNA degradation [\[60](#page-7-18)]. As an evolutionarily conserved protein, GW182 is usually thought as the key factor involved in microRNA-mediated gene silencing and localizes to the processing body (P-body) which contains multiple factors for mRNA decay and translation repression [\[63](#page-7-21)[,64\]](#page-7-22). Moreover, three human homologs of GW182 (TNRC6A, TNRC6B, and TNRC6C) showed similar roles in regulating endogenous circular RNA degradation in HeLa cells. Extensive mutagenesis of GW182 further revealed that the Mid domain itself may function as a scaffold to mediate the degradation of circular RNAs by ribonucleases, and thus the process is likely independent of P-body.

<span id="page-4-3"></span>(5) *Structure-mediated circular RNA degradation* ([Fig. 3E](#page-3-0)).

A recent work found that the RBP UPF1 and its associated factor G3BP1 cooperatively control the degradation of linear RNAs in a structure-dependent manner [\[65\]](#page-7-23). In this pathway, target mRNAs typically consist of highly structured 3ʹ UTRs which are recognized and bound by UPF-1 and G3BP1. Concerning circular RNAs, highly structured circular RNAs were also upregulated when UPF1 or G3BP1 was depleted from multiple cell lines. G3BP1 was found to be specifically bound to highly structured circular RNAs, while UPF1 lacks specificity for the degree of structure of circular RNAs, suggesting that G3BP1 plays a critical role in recognizing highly structured circular RNAs in structure-mediated degradation pathway [[65](#page-7-23)].

## <span id="page-4-4"></span>**The functional roles of circular RNAs**

The functions of most circular RNAs remain largely unexplored, but emerging evidence is starting to reveal that circular RNAs play important roles in many biological processes.

*(1) Sponging microRNA and modulating expression of its target genes*

One of the typical and most studied circular RNAs is CDR1as/ciRS-7 which contains over 60 evolutionarily conserved miR-7 binding sites and one miR-671 binding site [[16](#page-6-16)]. It was originally thought that CDRas circular RNA sequesters many miR-7 in the cytoplasm and ultimately leads to the increased level of miR-7 target mRNAs [\[16](#page-6-16)]. However, this hypothesis was challenged by a follow up observation that miR-7 level increased and its target mRNA level decreased when CDR1as was knocked out through removing the whole gene locus in mouse model [\[66](#page-7-24)]. Besides this classical circular RNA, some other circular RNAs were found to be able to sponge microRNAs, although most of them only contain a limited number of microRNA binding sites [\[41](#page-7-6),[67](#page-7-25),[68\]](#page-7-26). As most circular RNAs are lowly expressed, further studies are needed to determine in what extend circular RNAs could sponge microRNAs in different context.

<span id="page-4-6"></span><span id="page-4-5"></span>*(2) Affecting the splicing of their host pre-mRNAs.*

In *Arabidopsis*, circSEP3, which is derived from exon 6 of *SEPALLATA3* (*SEP3*), tightly binds to the single-strand DNA of its cognate gene locus and forms an R-loop (RNA:DNA), while its linear cognate mRNAs cannot form stable interaction with DNA [[40](#page-7-5)]. The R-loop structure inhibits RNA Polymerase II (Pol II) elongation and ultimately leads to the generation of its host transcript without exon 6 [\[40](#page-7-5)].

*(3) Promoting RNA Pol II mediated transcription.*

A considerable number of EIciRNAs were found to be enriched in the nucleus and associated with Pol II [[23\]](#page-6-11). As one of the example, EIciRNA EIF3J interacts with U1 snRNP via specific RNA-RNA interaction to promote transcription of its host gene through forming a larger complex with Pol II in the promoter region. Knocking down EIciRNA EIF3J by the antisense oligonucleotide (ASO) or siRNA specifically targeting junction region resulted in decreased expression of its cognate mRNA. In addition, the second intron of *ANKRD52*  derived ciRNA is also predominantly enriched in the nucleus, and it was found to positively regulate its host gene expression [\[24](#page-6-12)]. However, whether the effect of these nuclear-retained circular RNAs on their host gene represents a general phenomenon is still unknown.

*(4) Acting as protein decoys to modulate protein function.*

<span id="page-4-7"></span>Circular RNAs were also found to have diverse functions via direct interaction with different proteins [[69–71](#page-7-27)]. CircPABPN1 was reported to suppress translation by

<span id="page-5-1"></span>sequestering HuR from binding to its host PABPN1 mRNA [\[69](#page-7-27)]. Both circFoxo3 and circANRIL are able to regulate cell proliferation by interacting with specific proteins. CircFoxo3 inhibits cell division protein kinase2 (CDK2) activity and blocks cell proliferation by forming ternary complex with CDK2 and cell cycle-dependent kinase inhibitor 1 (p21) [\[70](#page-7-28)]. INK4 antisense derived circANRIL is able to induce nucleolar stress and p53 activation. CircANRIL induces apoptosis and inhibits proliferation by binding to pescadillo homologue (PES1) which is important for ribosome biogenesis in vascular smooth muscle cells and macrophages [[71](#page-7-29)]. Moreover, some circular RNAs could also bind to NF90/ NF110, PKR, or cGAS and are involved in innate/autoimmune response [[34](#page-7-30),[62](#page-7-20)[,72](#page-7-31)].

## <span id="page-5-2"></span><span id="page-5-0"></span>*(5) Translating to proteins*

<span id="page-5-4"></span><span id="page-5-3"></span>Generation of protein isoforms via circularization of selected exon(s) from pre-mRNA transcripts is an intriguing field that raises many studies. Several lines of evidence revealed that a few circular RNAs could be translated into proteins through internal ribosome entry site (IRES) in a capindependent manner [\[73,](#page-7-32)[74\]](#page-7-33). For example, circZNF609, derived from the second exon of the *ZNF609* gene, is translatable during myoblast proliferation. It contains a complete ORF that shares the same start codon with its cognate gene and has a stop codon 3 nt right after the splice junction [[74](#page-7-33)]. However, the function of circZNF609-derived protein remains elusive. Another nice work by Weigelt *et al*. demonstrated that insulin-sensitive circSf1 is able to translated into a peptide which shares the N terminal with the full-length Sfl protein encoded by the *sulfateless* gene [\[75\]](#page-7-34). Interestingly, circSf1-derived peptide is sufficient to extend lifespan of fruit flies [\[75\]](#page-7-34). Besides employing IRES, circular RNAs with ORF were proposed to be translated when the m<sup>6</sup>A modification site exists, and the translation efficiency is positively correlated with the number of  $m<sup>6</sup>A$  sites [76]. m-<sup>]. m6</sup>A recruits translation initiation factors through YTHDF3, a reader protein of m<sup>6</sup>A, and the translation efficiency can be reversibly regulated by both METTL3/14 methyltransferases and fat mass and obesity-associated (FTO) protein (demethylase) [\[76\]](#page-7-35). However, a recent comprehensive study on circZNF609 produced from plasmid revealed that its translation is independent of IRES or METTL3/METTL4-mediated m6 A modification, but from *trans*-splicing by-products of plasmid, suggesting that future works on the translation of circular RNAs should be evaluated carefully, especially when a plasmid system is used [[77](#page-7-36)].

<span id="page-5-7"></span><span id="page-5-6"></span><span id="page-5-5"></span>*(6) Regulating mitochondrial entry of nuclear-encoded proteins and mitochondrial permeability transition pore*

<span id="page-5-9"></span><span id="page-5-8"></span>Eukaryotic cells contain many copies of mitochondrial DNA [[78–81](#page-7-37)]. Although it has long been thought that there is no splicing during the transcription cycle of mitochondria genome-encoded genes, hundreds of backsplicing junction reads supported the existence of mitochondria-encoded circular RNAs (MecciRNAs) in different vertebrate species [[82](#page-8-0)]. Detailed studies on MecciND1 and MecciDN5 further suggested that they could interact with nuclear-encoded proteins and promote their importing into mitochondria. Another interesting work by Zhao *et al*. demonstrated that mitochondria-located circular RNA SCAR is dysregulated in non<span id="page-5-10"></span>alcoholic fatty liver disease (NAFLD) patients' liver fibroblasts and can turn off mitochondrial permeability transition pore (mPTP) via direct interaction with ATP5B, a subunit of mitochondrial ATP synthase [\[83\]](#page-8-1). With further *in vivo* experiments, the authors proved that the human circular RNA SCAR can interact with mouse ATP5B and is able to alleviate high fat diet-induced cirrhosis in mice, providing a potential therapeutic strategy.

## **Perspectives and moving forward**

Localization of circular RNAs to specific location within cells is an important aspect of the control of gene expression during differentiation, development, ageing, and multiple diseases. EIciRNAs and ciRNAs are retained in the nucleus to regulate their host gene transcription [[23](#page-6-11),[24](#page-6-12)], while the EcircRNAs are mostly enriched in the cytoplasmic fraction to modulate gene expression post-transcriptionally through sponging microRNAs or decoy functional proteins. Our current understanding is only limited to Hel25E and its human homologs (UAP56 and URH49) which mediate circular RNA nuclear export in a length-dependent manner [\[43\]](#page-7-8). In the future, it will be important to figure out the detailed mechanisms whereby circular RNAs are exported from the nucleus and the question whether there are other factors that are able to specifically recognize and facilitate the exporting process. Furthermore, it is not intuitive why intron-containing circular RNAs are retained in the nucleus and how cells may distinguish them from EcircRNAs. Our group is working on the question currently.

On the other hand, cells under stress conditions not only undergo a huge change in gene expression, but also in dyslocalization of RNAs and proteins, such as the components of nuclear pore complex (NPC) and different RBPs. Therefore, it would also be intriguing to evaluate the localization of circular RNAs in response to different stresses and their potential roles in defence against stresses.

<span id="page-5-11"></span>In addition to circular RNA intracellular transportation, circular RNAs could be sorted and packed into exosomes which are nanoscale (30–150 nm) extracellular vesicles of endocytic origin released by many cells and exported out of cells [\[84–86](#page-8-2)]. However, whether circular RNAs are randomly wrapped or selective sorted into exosomes is unclear. Furthermore, some parasitic plants, such as *Cuscuta campestris*, can facilitate bidirectional movement of proteins and mRNAs between parasite and host during parasitism. In fact, some microRNAs of *Cuscuta campestris* were found to act as transspecies regulators of host gene expression in *Arabidopsis thaliana* [\[87\]](#page-8-3). This raises an interesting question whether circular RNAs could also be exchanged between cells or even species. If so, what are the roles of these circular RNAs?

<span id="page-5-12"></span>Multiple pathways have been proposed to regulate the degradation of circular RNAs either in normal cells or under virus infection, but the detailed molecular mechanisms are still obscure and many attractive questions are raised. For instance, (1) does the degradation of circular RNA represent a general phenomenon upon virus infection? (2) What are the responses and functions of circular RNAs when cells are challenged with different viruses? (3) How do the distinct

structures of circular RNAs determine their functions and stability? (4) Is there a specific endoribonuclease which is solely responsible for circular RNA turnover in normal cells?

<span id="page-6-18"></span>Considering that the dysregulation of circular RNA transportation or degradation may result in various pathological conditions, such as cancers and brain disorders [[66,](#page-7-24)[88–92](#page-8-4)], future exploration on the transportation and degradation of different types of circular RNAs will shed more insights on the functions of circular RNAs and provide novel diagnostic or therapeutic strategies for human diseases.

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## **Author contributions**

MZ, MX, ZL, and CH wrote the paper. MZ contributed to the figures in the paper.

## **Disclosure statement**

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