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Human and herpesvirus microRNAs in periodontal disease

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Abstract

Periodontitis is a multi-etiologic infection characterized clinically by pathologic loss of periodontal ligament and alveolar bone. Herpesviruses and specific bacterial species are major periodontal pathogens which cooperate synergistically in producing severe periodontitis. Cellular immunity against herpesviruses and humoral immunity against bacteria are key periodontal host defenses. Genetic, epigenetic and environmental factors are modifiers of periodontal disease severity. MicroRNAs (miRNAs) are a class of noncoding, gene expression-based, post-transcriptional regulatory RNAs of great importance for maintaining tissue homeostasis. Aberrant expression of miRNAs has been associated with several medical diseases. Periodontal bacteria and herpesviruses elaborate several miRNAs which are of current research interest. This review attempts to conceptualize the role of periodontal miRNAs in the pathogenesis of periodontitis. The diagnostic potential of salivary miRNAs is also addressed. Employment of miRNA technology in periodontics represents an interesting new preventive and therapeutic possibility.

1. Introduction

Periodontitis is a multi-etiologic disease involving bacteria and herpesviruses, protective and destructive host defenses, and disease modifying factors such as genetic, epigenetic and environmental determinants.^{1–4} Periodontitis affects approximately 50% and severe/ progressive forms 11% of the global population.⁵ Periodontitis exerts broad pathogenic effects and is a major public health problem. Severe periodontitis can lead to tooth loss and increased risk for cardiovascular disease, stroke, cancer, Alzheimer's disease, diabetes, rheumatoid arthritis, adverse pregnancy outcome and 50 other systemic diseases.^{6,7} Although periodontitis is not a fatal disease *per se*, dissemination (via the gingival and systemic circulation) of infectious agents present in periodontitis to various sites in the body may result in the development of life-threatening diseases. Periodontal herpesvirus virions seem to comprise the greatest risk for transmission and colonization of nonoral sites. The

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8 human herpesviruses can infect epithelial cells, endothelial cells, hematopoietic cells, connective tissue cells, neural ganglia, parenchymal cells, and other cell types, and can cause disease in virtually every organ system in the human body, including the kidneys, liver, pancreas, heart, brain, lungs, stomach, adrenal glands, genitalia, eye, blood vessels, intestines, joints, skin, and salivary glands.^{8,9}

The interplay between microbial virulence, genetics, epigenetic factors, and host defenses determines disease susceptibility and eventually disease outcome. Epigenetic modifications alter the physical structure of DNA and the biological response to environmental stimuli. The shift in DNA morphology causes a change in gene expression which, despite being not encoded in the DNA sequence, participates in chromatin remodeling (DNA methylation and histone modification) and gene activation or inactivation.^{10,11} The epigenetic noncoding RNAs (ncRNAs) are divided, based on the length of nucleotides (nts), into short ncRNAs (<30 nts; miRNAs), short interfering RNAs (siRNAs), piwi-interacting RNAs (piRNAs) and long RNAs (lncRNAs; >200 nts; mediating gene silencing, DNA methylation, heterochromatin formation and histone modification).^{12–15} The human genome encodes ~2300 true miRNAs and binds approximately 60% of the genes.¹⁶ Guided by 2-8 nucleotides of their sequence, miRNAs complementarily bind to the 3' untranslated regions (3'UTRs) of the target messenger RNA (mRNA). The result may be mRNA cleavage or translational suppression. Messenger RNA degradation comprises one of the main final outcomes of miRNA targeted transcripts.^{12,13} Due to imperfect complementary binding by miRNAs, a single miRNA molecule can bind to >100 different mRNAs and become a key negative regulator of gene expression.

Noncoding RNA (ncRNA)-mediated transcriptional and post-transcriptional modifications have biological significance. miRNAs can interfere with the messenger RNA (mRNAi) regulation of post-transcriptional gene expression.^{17,18} The miRNA synchronization of gene expression is an important mechanism governing genetic regulations of multiple physiological and pathophysiologic processes. Changes in miRNA expression, identified by microarrays, RT-PCR and RNA sequencing, may occur in physiological and pathologic conditions, including cancer, inflammatory disease, autoimmune and endocrine disorders, and serve as a biomarker or molecular therapeutic target.^{19,20} Cancer onset, progression, angiogenesis, and metastasis have been related to under-expression of miRNAs, termed oncomiRNAs and metastamiRNAs, and to tumor suppressor miRNAs.^{20,21} miRNAs may play a distinct role also in epithelial stem cell differentiation with tooth development. For example, specific sets of miRNAs exist in incisor vs. molar teeth and in epithelium vs. mesenchymal tissue,²² pointing to roles in determining size and shape of teeth. Conditional deletion of the RNase III enzyme Dicer1 in the dental epithelium and the mesenchyme hampers differentiation of progenitor cells, leading to irregularity in miRNA expression and to malformed incisors and molars.²³

Periodontal tissues are strongly trophic to various viruses, including herpesviruses, papillomaviruses, Torque Teno viruses, SARS-CoV-2 and HIV. An interesting feature of some human viruses is their ability to encode for miRNAs, despite lacking proteins involved in the generation of mature miRNAs. Several viral miRNAs have been identified in animal viruses as well. Members of the herpesvirus family, which contains large DNA viruses with

100–250 kilobases genomes, encode multiple functional miRNAs that possibly contribute to herpesvirus pathosis in periodontitis, periimplantitis and endodontic pathosis.^{9,24–26} However, little is known concerning herpesvirus-encoded miRNAs in periodontal disease and their biological mechanisms.

Periodontal cellular and herpesvirus ncRNAs conduct epigenetic regulation, which has been linked to periodontal inflammation and resolution, including myeloid cell differentiation and migration, bacterial phagocytosis, and Toll-like receptor signaling. That differentially expressed ncRNAs occur in untreated and treated periodontitis lesions suggest a role in tissue homeostasis, wound healing and host defense. Human cellular and viral encoded miRNAs may in fact reveal a new facet of the host-pathogen interactions in periodontal disease. This article focuses on cellular and viral miRNAs in periodontopathogenesis and on the mechanisms regulated by disease-associated miRNAs. The article also discusses miRNAs as a promising diagnostic and prognostic tool for periodontal disease management. Noncoding RNAs governing genetic regulation may help to monitor periodontal treatment, and miRNAs in saliva and gingival crevicular fluid may serve as valuable non-invasive resources for research.

2. miRNA biogenesis

The first step in miRNA biogenesis is the generation of primary miRNA transcripts in the nucleus (pri-miRNA) (Figure 1). miRNA gene is usually transcribed by RNA polymerase II with the characteristic 5' cap and 3' poly-A tail. Pri-miRNAs can vary in lengths ranging from hundreds to thousands of nucleotides.^{12–15}, The pri-miRNA undergoes posttranscriptionally several maturation steps. RNase III endoribonuclease and Drosha recognize the localized secondary structures on the pri-miRNAs and generates the stem loop 70- to 100-nucleotide-long hairpin shaped RNA termed precursor miRNA (pre-miRNAs). These pre-miRNAs are then translocated by exportin-5 to the cytoplasm, where they are acted upon by the RNase III enzyme Dicer.¹²⁻¹⁵ Dicer-mediated cleavage of the pre-miRNA at their terminal loop yields a 19- to 25-nucleotide-long double-stranded RNA structure. After exclusion of one strand of the duplex, the other strand is incorporated into the miRNA-induced silencing complex (mi-RISC) as the mature miRNA.¹²⁻¹⁴ The hallmark of miRNA mediated gene dysregulation is a reduction in protein expression, with or without reduced mRNA expression.¹²⁻¹⁴ This aberration can lead to derangements in the immune system, autoimmune disorders, lymphocyte proliferation, and cancer.^{19,20,27} The differential expression of miRNAs in embryogenesis and differentiation of various cell types and tissues, point to the importance of miRNAs in various developmental processes. The mature miRNA-guided protein machinery associated with mRNAs may ultimately affect targets' structural stability or interfere with translation.^{12–15}

Human herpesviruses encode the largest number of mature miRNA species of all known virus families. Herpesviruses depend on the host miRNA processing and effector machinery to generate functionally mature v-miRNAs. To date, no herpesvirus protein has been identified that participates in the v-miRs biogenesis. In the absence of herpesvirus proteins, an expression vector with cloned viral precursor miRNAs was needed to form mature Epstein-Barr virus miRNAs.^{28–30} However, herpesvirus proteins can potentially impaire host

Similar to human miRNAs, herpesvirus-encoded miRNA biogenesis commences with the transcription of primary miRNA transcripts (pri-miRNAs) mediated predominantly by RNA polymerase II (Pol II). Pri-miRNAs contains one or several hairpin loop structures in which the mature miRNA sequence is embedded (Figure 1).^{28,32} Besides RNA pol II, some herpesviruses utilize RNA III pol, tRNase Z or other non-canonical pathways to generate mature v-miRs.^{33–35} For simplicity, this article will focus on the predominant canonical miRNA biogenesis pathway for v-miR biogenesis.

3.1. miRNAs and Periodontal Disease

Gingival epithelial and macrophages/Langerhans immune cells are the first responders to microbes and microbial by-products (lipopolysaccharide, lipoteichoic acid, DNA) via specific Toll-like receptors (Figure 2).³⁶ miRNAs partly regulate Immune cell functions, and an altered miRNA expression can exert profound impact on immune reactions.³⁷ Proinflammatory stimulators including lipopolysaccharide activate miRNAs, which may play a modulatory role in myeloid cells of the periodontal host response.^{38,39} miRNAs participate also in regulation of gene stressor patterns in various cellular and molecular pathways that are associated with inflammation and periodontal disease.^{40–42}

Table 1 summarizes miRNAs which show differential expression in periodontal disease as compared to healthy gingiva.^{26,43–46} miRNA expression differs between gingival biopsies obtained from obese/non-obese subjects with or without periodontal disease. A wide-range upregulation of miR-15a, miR-18a, miR-22, miR-30d, miR-30e, miR-103, miR-106b, miR-130a, miR-142-3p, miR-185 and miR-210 has been reported periodontal disease.^{27,47} A significant upregulation occurs of periodontal miRNA species that share inflammatory and metabolic targets.⁴⁴ Co-regulation between miRNAs and protein coding genes may take place in innate and adaptive immune responses and in tissue healing events. The pathophysiology of periodontitis may also involve miRNAs and regulatory frameworks governing immune cell differentiation and function.⁴³ Dissecting the downstream pathways of miRNAs, however, is a daunting task but of crucial importance for identifying miRNAs that are part of the host defense, contribute to pre-inflammatory or pro-resolution cascades, are responsive to pattern recognition receptor signaling, and triggers of Toll-like receptor signaling, immune cell activation and macrophage polarization.^{43–47} Detailed miRNA profiles of periodontal health, disease and disease resolution may also provide a robust focus measure on the suitability of miRNAs to serve diagnostic purposes.

Porphyromonas gingivalis, a major periodontal pathogen, stimulates Toll-like receptors 2 and 4 signaling,⁴⁸ and Toll-like receptor 2 activation also initiates neutrophil recognition of *P. gingivalis*.⁴⁹ Toll-like receptors 2,4 and 7/8, which activate tumor necrosis factor-α and interleukin-1β via lipopolysaccharides, other bacterial cell wall components or in-vitro treatment, can upregulate miR-9 in human polymorphonuclear neutrophils and monocytes in MyD88-dependent and NF-κB (nuclear factor kappa-light-chain-enhancer of activated B cells)-dependent manners.⁵⁰ miR-9 overexpression negatively regulates the expression of NF-κB1, a key member of the NF-κB family, which may subdue inflammation. Lee et

al (2011) found ~2.5-fold higher expression of miR-9 in inflamed vs. healthy gingiva.⁵¹ Periodontal bacteria may induce moderate level of anti-inflammatory miRNAs to subdue exuberant host immune responses, possibly by suppressing NF- κ B, tumor necrosis factor- α or interleukin-1 β .⁵² Whether miR-9 overexpression triggers an anti-inflammatory loop in periodontal disease remains to be established.

The role of miRNAs in periodontal disease is complex. Jiang et al showed, in human periodontal ligament cells, that *P. gingivalis* lipopysaccharide reduced expression of miR-146a, Toll-like receptor 2 and 4, NF- κ B, p65 nuclear activity and proinflammatory cytokines, but activated Toll-like receptor 2 and 4 and NF-κB-induced proinflammatory genes (Figure 2).⁵³ He et al. reported that miR-146a, by virtue of targeting interleukin-1 receptor-associated kinase 1 (IRAK1) and tumor necrosis factor receptor-associated factor 6 (TRAF6) at their 3'UTRs, exert both pro- and anti-inflammatory attributes and suggested a positive regulation of innate and adaptive immunity via NF-kB signaling pathway.⁵⁴ In addition, P. gingivalis challenge of THP-1 macrophages (an immortalized monocyte-like cell line) increased the expression level of miR-132 via Toll-like receptor 2 and 4 and via NF- κ B signaling, while a decreased level of miR-132 strongly suppressed tumor necrosis factor-a secretion (Figure 2).⁵⁵ Upregulation of miR-29b triggered osteoclast differentiation in tumor necrosis factor-a/RANKL-treated cells, and similar miR-29b-mediated mechanism of bone breakdown may contribute to periodontal bone loss.⁵⁶ Franceschetti et al. demonstrated that upregulation of all three members of miR-29 family were key to a robust osteoclastogenesis, while miR-29 inhibition stymied bone breakdown.⁵⁷

Phagocytosis is an attribute of monocytes, macrophages and dendritic cells.^{58,59} miR-24, miR-30b and miR-142-3p regulate negatively phagocytoses in macrophages and dendritic cells, as overexpression of these miRNAs significantly attenuates the phagocytosis of *Escherichia coli* and *Staphylococcus aureus* and suppresses proinflammatory cytokine secretion (tumor necrosis factor-a and interleukin-6, 8 and 12p40) from phagocytic cells (Figure 2).^{60–62} Interestingly, miR-24, miR-30b and miR-142-3p were down-regulated in gingivitis compared to healthy gingiva. Suppression of these pro-resolving miRNA networks might be a host response against bacterial-induced exuberant inflammation; however, dysregulated suppression of such miRNAs may generate overt inflammation and contribute to periodontal pathology.

To sum up, different miRNAs exhibit unique and varying expression patterns that may contribute to hyperinflammation or resolution of periodontal disease.

3.2. miRNA and periodontal inflammatory cells

Figure 3 illustrates unique subset of miRNAs that regulate immune cell-specific functions. It is notably that some miRNAs exhibit overlapping yet mutually exclusive functions in different immune cells. miRNAs also play an active role in regulation of the overall immune response in periodontitis development, and miRNA expression is markedly different in gingival tissue of periodontitis and control animals.⁴¹ miRNA expression in periodontal immune cells is the topic of this section.

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Neutrophils—Neutrophils are the predominant mammalian cell type in the periodontal pocket where they exert anti-bacterial function by phagocytosis and by enzymatic activity and reactive oxygen species.^{63–65} The tumor necrosis factor- α enriched environment of periodontal disease leads to induction of endothelial adhesion molecules (E-selectin and intercellular adhesion molecule-1) and a concomitant downregulation of their miR-31 and miR-17-3p targeting miRNAs.⁶⁶ A downregulation of these miRNAs occcurs both in human and mouse periodontitis models.⁴¹ Downregulation of miR-17-3p also supports the expression of its target interleukin-8, which is essential for the recruitment of neutrophils. miR-451 is also downregulated in periodontal disease versus healthy controls.⁴¹ Conversely, a systemic administration of miR-451 negatively affected the infiltration of neutrophils in an air-pouch model of local inflammation.⁶⁷ Evidently, miRNAs can support periodontal infiltration of neutrophils during disease development.

Macrophages—Monocytes and macrophages are key cellular components of innate and adaptive immunity and play vital functions in maintaining tissue homeostasis. miRNA profiles can significantly modulate and alter the attributes of macrophages. Macrophage exposure in vitro to lipopolysaccharide of *Aggregatibacter actinomycetemcomitans* and *P. gingivalis* cause a downregulation of miR-29b and let-7f. Validated targets of miR-29b are interleukin-6 receptor a and interferon- γ -inducible protein 30 and of flet-7f, a suppressor of cytokine signaling 4 and thrombospondin-1.³⁹ Macrophage activation and function in gingivitis are also guided by differential regulation of miR-146 and miR-155 via NF- κ B-dependent and Toll-like receptor pathways in macrophages.^{44,53,68–70} Interestingly, miR-146 acts as a negative feedback regulator in innate immunity by targeting the transcription factor RelB and miR-155 which exert dual effects on macrophage activation and function by upregulating both pro- and anti-inflammatory pathways in context dependent manners.⁷¹

An abundance of M1/M2 macrophages in periodontal disease is strongly associated with expression of miR-155 and miR-125b, with most upregulation occurring in M1 macrophages in agreement with a polarization of M1 macrophages in periodontitis. miR-155 promotes the M1 macrophage phenotype via suppression of the CCAAT/enhancer-binding protein- β signaling cascade and via degradation of SHIP-1, IL13Ra.1 or SMAD2/3 during macrophage programming and activation.^{69,72–75} Similarly, overexpression of miR-125b enhances macrophage activation via targeting IRF4.^{75,76} miR-24b also serves as a negative regulator of macrophage classical activation and may promote an alternate pathway of macrophage activation. Downregulation of miR-24 will likely activate pro-inflammatory gene networks and may participate in host defense responses.^{26,60,77,78}

Macrophages are promptly recruited to the sites of periodontal infection and encounter antigens from invading organisms.⁷⁹ Several miRNAs are involved in leukocyte differentiation, innate signaling and macrophage activation.^{19,60,80,81} Key miRNA players such as miR-155, miR-146a, miR-127and miR-125b may modulate macrophage activation state.^{81–83} Overexpression of miR-155 drives macrophages to M1 phenotype, by regulating Akt-dependent M1/M2 M Φ polarization, and suppresses M2 phenotype by downregulating the expression of interleukin-13Ra1. Overexpression of miR-24, miR-30b, and miR-142-3p in lipopolysaccharide-stimulated monocytes, macrophages, and dendritic cells can also inhibit myeloid cell functionality including reduction of pro-inflammatory cytokine

secretion.⁶⁰ Over-expression of miR-146a can significantly decrease the production of tumor necrosis factor-a in M1 macrophages and increase the production of M2 marker genes such as Arg1 by targeting the Notch signaling pathway.⁸⁴ Divergent miRNA expression occurring in periodontal disease can influence monocyte-to-macrophage differentiation and affect the macrophage functionality in disease pathogenesis (Figure 4).

A challenge of miR-24 with either lipopolysaccharide of *P.gingivalis, A. actinomycetemcomitans* or *Escherichia coli* resulted in downregulation of miR-24 expression, similar to the downregulation of miR-24 observed in diseased gingival biopsies after IgG stimulation.^{26,60,77,78} Also, miR-24 in lipopolysaccharide-challenged macrophages exhibited reduced secretion of the proinflammatory cytokines tumor necrosis factor-α, interleukin-12p40 and interleukin-6.⁶⁰ Overexpression of miR-24 confers immunosuppressive phenotypes in macrophages by inducing CD206 in alternatively activated (M2 phenotype) macrophages but not in classically activated (M1 phenotype) macrophages.⁷⁷ Together, these findings suggest an importaant role of miRNAs in shaping the immune response against periodontopathogens.

Dendritic cells—Dendritic cells are phagocytic antigen-presenting cells that are present in periodontal, mucosal, lymphoid and skin tissues and serve as a link between innate and adaptive immunity.^{85,86} In mouse and human periodontitis models, significant upregulation takes place in dendritic cell-related miRNAs, including miR-24, miR-30, miR-126, miR-142, miR-146, miR-155 and let-7i. These miRNAs are involved in maturation and functions of dendritic cells (and macrophages), suggesting another miRNAs participation in the pathogenesis of periodontal disease.⁴¹ Studies show that miR-155 increases the pathogen-binding ability of dendritic cells and promotes antigen-specific T cell activation via targeting downregulation of PU.1.^{87,88} Furthermore, both miR-155 and let-7i enhances interleukin-12 production and induction of proinflammatory cytokines via targeting SOCS-1 expression in mature dendritic cells.^{89–91}

T cells—T cells predominate in cell-mediated (macrophage/lymphocyte) immunity and are imperative for polyclonal B cell activation. Mature T cells are categorized as CD4 T and CD8 T cells based on two major surface receptor molecules. The T cell receptor signal activation initiates several downstream pathways that result in cytokine production and T helper cell differentiation,⁹² and in significant changes in the miRNA profile.⁹³ T cell activation of CD4 and CD8 causes upregulation of the miR-181 family, miR-17-92 clusters, miR-214, miR-146a, miR-155 and let-7 and downregulation of miR-29, miR-125 and miR-216.94 Upregulation of the miR-181 family miRNAs negatively targets multiple phosphatases, including SH2 domain-containing protein tyrosine phosphatase 2, protein tyrosine phosphatase, non-receptor type 22 and dual-specificity protein phosphatase 5 and 6, and negatively regulate the activation of T cells.^{95–97} The miR-181a expression results in enhanced phosphorylation of immunoreceptor tyrosine-based activation motifs on the cytosolic side of the T-cell receptor/CD3 complex.98,99 Upregulation of the miR-214 and miR-17-92 cluster during T cell activation targets the tensin homologue and the negative phosphatase regulator in the PI3K/Ak strain transforming pathway.^{100,101} miR-146 functions as a feedback regulator of NF-xB signalling and modulates T cell division, division and

growth and productive immune response.¹⁰² miR-146 also targets tumor necrosis factor receptor associated factor 6 and interleukin 1 receptor associated kinase 1 in activated T cells for feedback control of the intensity and duration of NF- κ B signaling.^{98,102}

Th1-type phenotype is known as proinflammatory and regulated by miR-29 and the miR-17–92 cluster. miR-29 inhibits Th1 cell differentiation and interferon- γ production in CD4 T cells by targeting T-box transcription factor Tbx21 and eomesodermin (Eomes; Th1 specific transcription factors) and interferon- γ mRNA expression.¹⁰³ miR-17–92 cluster negatively effects Th1 differentiation and interferon- γ production via targeting transforming growth factor- β receptor type 2 and cAMP-responsive element-binding protein-1. These factors are induced in cluster targets and are involved in regulatory T cell differentiation.¹⁰⁴ Th2 cells are associated with humoral immunity and show anti-inflammatory properties and are regulated by miR-155, let-7 family members and miR-126.^{105,106} MiR-155 inhibits Th2 differentiation¹⁰⁷ and the let-7 family negatively regulates Th2 differentiation by targeting interleukin-13.¹⁰⁸ Knockdown of miR-126 after T cell activation exhibits increased interleukin 5 and 13 expression and favors a Th2 differentiation.¹⁰⁹

Dysregulation between T regulatory cells and Th17 cells may contribute to periodontitis.¹¹⁰ T regulatory cells possess a differential miRNA expression pattern characterized by high levels of miR-155 and miR-146 and low levels of miR-24, miR-31 and miR-125.^{111,112} miR-155 directly targets SOCS-1 (an inhibiter of STAT5 signaling) during T regulatory cell differentiation and is essential for maintaining stability and function of the T regulatory cell lineage.¹¹³ Both miR-24 and miR-31 target forkhead box P3, a lineage specification factor of T regulatory cells, and a downregulation of these miRNAs results in increased forkhead box P3 expression and enhanced T regulatory cell differentiation and function.^{114,115}

Th17 cells recruit neutrophils and macrophages to control periodontal disease.^{116–118} miR-17–92 cluster and miR-19b favor Th17 cell differentiation,^{119,120} and miR-17 promotes Th17 polarization by inhibiting its target, the ikaros family zinc-finger 4.¹¹⁹ miR-17 and miR-19b suppress inducible regulatory T cell differentiation.¹⁰⁴ Another miRNA that favors Th17 cell function is miR-155, which post-transcriptionally suppresses the inhibitory effects of Jumonji and AT-rich interaction domain-containing 2.¹²¹ On the other hand, miR-301 suppresses the expression of the E3 SUMO-protein ligase PIAS3, a negative regulator of STAT3 pathway and Th17 differentiation.¹²²

miRNA expression studies have revealed an upregulated expression of miR-17, miR-19, miR-155 and miR-301 in inflamed gingiva of periodontitis patients and animals compared to healthy controls.⁴¹ These miRNAs promote the development of Th17 cells, which help initiate and maintain the inflammatory response in periodontal disease. Inhibition of these miRNAs may induce T regulatory cell formation and shift the immune response to a Th2 profile to attenuate, if warranted,, the severity of periodontal disease.

B cells—B cells comprised a critical proportion of the inflammatory infiltrate in diseased periodontal tissues and occur at elevated levels in advanced stages of periodontitis.^{123,124} Inflammation-related miRNAs (miR-125, miR-148, miR-155, miR-181 and miR-217) are upregulated in severe periodontitis where they regulate B cell terminal differentiation by

targeting a network of transcription factors. MiR-125b targets transcription factors (B lymphocyte-induced maturation protein-1 and interferon regulatory factor 4) and perturb B cell terminal differentiation.¹²⁵ miR-148 targets BTB domain and CNC homologue 2 expression and promotes plasma cell lineage commitment plus fosters germinal centre B cell survival via targeting pro-apoptotic factors PTEN and Bim.^{126,127} miR-217 stabilizes the expression of the Bcl-6 transcriptional repressor in germinal centre and facilitates generation of class-switched antibodies.¹²⁸ Both miR-155 and miR-181 negatively regulate the expression of activation-induced cytidine deaminase (AID) to reinforce and repress AID expression.^{129,130}

3.3. Herpesvirus miRNAs and periodontal disease

Herpesvirus miRNA expression profile can provide valuable information regarding viral presence, state of latency/reactivation and pathogenic role in periodontal disease. Herpesviruses encode various proteins to subvert host cellular pathways and the discovery of virus-encoded miRNAs highlights yet another multifaceted molecule by which herpesviruses can evade the host immune response. Since the first report of herpesvirus-derived miRNAs (v-miRs) in 2004,³³ a large number (~250) of v-miRs sequences have been deposited in the miRBase (http://www.mirbase.org/cgi-bin/browse.pl).

Herpesviruses express miRNAs during the latent and lytic phases.^{32,131,132} Numerous reports demonstrate a direct regulation of host transcriptome by v-miRs.^{26,29,32,131,133} All herpesviruses except varicella-zoster virus and herpesvirus-6A encode multiple miRNAs. Mature miRNAs are reported in Epstein-Barr virus (n=44), human cytomegalovirus (n=26), herpesvirus-6B (n=8), herpes simplex virus-1 (n=27), and Kaposi sarcoma-associated herpesvirus (n=25).^{32,131}

Figure 5 shows the genomic organization of v-miRs of the 5 most prominent herpesviruses in oral diseases. Because herpesviruses lack proteins and rely on the host protein machinery to generate viral miRNA, they are under positive selection pressure to maintain the sequence of miRNAs precursors. Stem-loop structure recognized by specific host enzymes ensures generation of mature miRNAs.^{12,13} Mutations in miRNA precursor can impair sequence complementarity and alter the molecular secondary structure required for interaction with RNA-binding endonucleases.

Specific herpesvirus miRNAs accumulate with higher expression level and prevalence in periodontal disease than in periodontal health. Herpes simplex virus-1 miR-H1–5p and ICP0 transcript were present in inflamed gingiva but not detectable in most healthy gingival biopsies (Figure 6A, D).²⁵ Cytomegalovirus miR-US4 and Kaposi sarcoma virus-miR-K12-3 also showed higher expression levels and prevalence and in inflamed than in healthy gingiva. High level of v-miR expression is suggestive of an active herpesvirus state (Figure 6B,C). Higher v-miRs expression was also detected in obese human subjects with periodontal disease than with healthy periodontium.²⁶

v-miR expression may impair host innate and cellular functions. Evidence relates an overexpression of herpes simplex virus-1 (miR-H1), Kaposi sarcoma virus (miR-K12-3) and cytomegalovirus (miR-UL70) miRNAs to marked changes in the host transcriptome

miRnome in gingival epithelial cells and macrophages.^{26,133} High v-miR level is also related to functional modulation of cytokine/chemokine secretion, host transcriptome (including mRNA and miRNA) changes, and impaired bacterial phagocytosis.^{26,133} Attenuation of bacterial phagocytosis is of particular interest because ex vivo data correlate v-miRs accumulation with increased bacterial growth in gingival biopsies.^{134,135} A transcriptome-wide impact of vmiRs on various host cells suggests a pathogenic role by perturbing cellular pathways. High gingival expression of v-miRs may contribute to periodontal disease by impairing host immune responses and cellular functions.

Epstein-Barr virus and Kaposi sarcoma virus are oncogenic herpesviruses involved in oronasal carcinomas and other cancers. Herpesvirus miRs may contribute to carcinogenesis, metastasis, and resistance to treatment, and v-miRs profiles may be helpful in judging cancer diagnosis, disease activity, prognosis and response to treatment. Herpesvirus spread and persistence may be facilitated by suppression of immune recognition by v-miRs.

Various vmiRs are potential candidates for carcinoma assessment tests. Zhang et al. (2015) found plasma levels of miR-BART7 and miR-BART13 decreases after radiotherapy, suggesting the usefulness of vmiR expression to monitor therapeutic response.¹³⁶ Plasma levels of miR-BART7 can separate patients with nasopharyngeal carcinoma from healthy subjects, suggesting circulating vmiRs are potential diagnostic markers.¹³⁷ High levels of miR-BART7 confer resistance to nasopharyngeal carcinoma likely due to dysregulation of cancer-related cellular gene networks. These findings point to a role of vmiRs in cancer development and diagnostics. However, the reason specific sets of v-miRs are enriched in disease and participate in disease pathogenesis are largely unknown. Only limited data exist regarding herpesvirus transcript profiles in diseased and healthy oral tissues. Herpes simplex virus-1 ICP0 mRNA occurs with high expression level in inflamed gingival biopsies (Figure 6D).

4. Saliva for oral herpesvirus identification

Detection of miRNAs in saliva, serum and plasma supports their clinical application as potential biomarkers. Recent studies found that salivary miRNA expression can distinguish periodontitis and healthy controls.^{138–140} Saliva testing represents an interesting alternative to nasopharyngeal swabs and serum sampling due to lower costs, increased patient comfort, and reduced transmission risk to healthcare personnel from swab-induced coughing and sneezing and from blood-borne pathogens. Furthermore, patients may collect their own salivary samples at home, causing a reduction in demand for healthcare personnel and testing supplies. Also, compared to conventional gene testing, miRNAs exhibit exclusive biogenesis, can modulate entire gene programs, and may minimize off-target test results. A single miRNA molecule that target multiple genes can potentially influence simultaneously the expression of several proteins.

Initial research points to the feasibility of employing a saliva-based test for rapid detection of herpesvirus mRNA and miRNA. Herpes simplex virus-1 mRNA and miRNA have shown even higher expression and detection frequency in saliva than in gingival crevicular fluid in subjects with periodontal disease (Figure 7); similar difference was not observed for the

RNU6B endogenous gene which served as control. These initial results support the notion of detecting salivary herpesvirus vmiRs to assess periodontal disease severity.

5. Future Directions

The long-term research goal is to translate the miRNA diagnostic and therapeutic possibilities into patient management, but several challenges remain. High throughput sequencing at single-cell resolution will be critical to identify the periodontal cellular sites of miRNA production. Studies on the role of periodontal miRNA in cytokines/chemokine production may be needed to distinguish protective and adverse immune reactions.

Herpesviruses are at the center of the host-pathogen interaction in severe periodontal disease, and miRNAs perform potentially dual functions by targeting multiple herpesvirus and host transcripts that regulate herpesvirus replication and persistence. Certain miRNAs are associated with either the herpesvirus lytic or latent stage which therefore make them candidates to gauge the herpesvirus lifecycle status. As lytic herpesviruses are triggers of progressive periodontitis, identification of vmiRs that support productive herpesvirus infections may help identify mechanisms of periodontal disease progression and assist in periodontal diagnosis, treatment planning and treatment outcome assessment. Synthetically derived siRNAs or anti-miRNA oligonucleotides may also be used therapeutically to target mRNA for translational repression.^{27,141,142} Future dental practice will most likely employ saliva-based biomarkers, including miRNAs, to diagnose oral diseases and guide more precision-based treatment. However, the application of miRNAs in dental practice will depend on design of novel assays and technologies that can be accessed by dental practitioners. Further research into the biology of periodontal miRNAs is warranted and encouraged.

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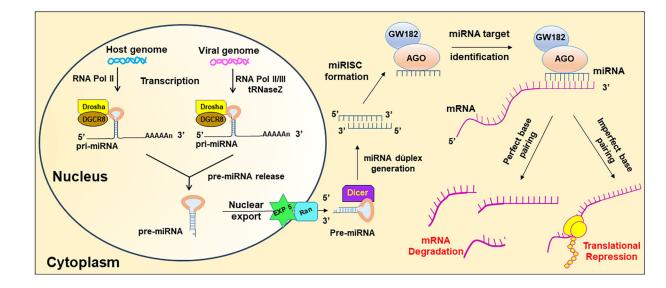


Figure 1: Model of host and viral-encoded miRNA biogenesis.

Human primary miRNAs (pri-miRNA) are generally transcribed RNA polymerase II (Pol II), while viral miRNAs are transcribed by RNA pol II and in some instances RNA pol III or tRNase Z. Subsequent to pri-miRNAs, both human and viral miRNA biogenesis is largely similar. Pri-miRNA are processed to precursor- miRNAs (pre-miRNA) in the nucleus by the "microprocessor complex" composed of Drosha and DGCR8. Pre-miRNA are exported to cytoplasm by Exportin 5 and Ran-GTPase complex. In the cytoplasm, pre-miRNAs are processed to duplex miRNA by RNA endonuclease Dicer and its co-factor TRBP. Dicer and TRBP relay the short dsRNA to an Argonaute homolog (Ago1-4 isoforms in mammals) and GW182 (TNRC6A). The mature miRNA guided protein machinery targets respective mRNAs that eventually affects target's structural stability or interferes with translation. DGCR8- DiGeorge Syndrome Critical Region Gene 8; TRBP: Transactivation response element RNA-Binding Protein; TNRC6A- Trinucleotide Repeat Containing Adaptor 6A.

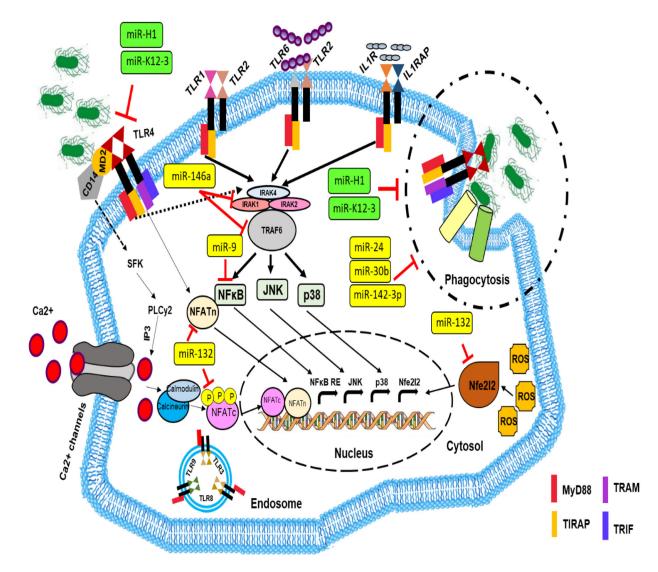


Figure 2. Regulation of innate immune responses by cellular and viral miRNAs.

Tissue homeostasis at the gingival sulcus is disrupted due to the dysbiotic colonization of "keystone" periodontal pathogens elevating the pathogenicity of the whole community. Microbial products (PAMPs/DAMPs) induce innate immune signaling once bound to their ligand. TLRs (except TLR3) recruit the adaptor protein MyD88, thereby activating activate NF κ B and MAP kinases by acting on their upstream activators IRAK, TRAF6 and TAK1. Activated NF κ B and MAPK translocate to the nucleus and bind their respective motifs in the promoters of target genes to induce transcription. This includes early response and inflammatory genes like TNF α , IL1 β , IL6, IL12, IL23, causing increased cytokine/ chemokine production. Various cellular miRNAs including miR-9, miR-132 and miR-146a are shown to regulate innate immunity in response to periodontopathogenic challenge. Viral miRNAs also impair innate immunity by suppressing bacterial phagocytosis and cytokine secretion that may create favorable microenvironment for bacteria. HSV-1 miR-H1 and KSHV miR-K12-3 are two viral miRNAs that are enriched in inflamed gingiva and exhibit immunomodulatory functions.

TLR- Toll-like Receptor; PAMP- Pathogen Associated Molecular Pattern; DAMP- Damage Associated Molecular Pattern; MyD88- Myeloid Differentiation Primary Response Gene 88; NF κ B- Nuclear Factor Kappa-light-chain-enhancer of activated B cells; MAPK- Mitogen-Activated Protein Kinase; IRAK- Interleukin 1 Receptor Associated Kinase; TRAF6- TNF Receptor Associated Factor 6; TAK1- Transforming growth factor- β -Activated Kinase 1; TNF α - Tumor Necrosis Factor α ; IL- Interleukin; PLC γ - Phospholipase γ ; JNK- c-Jun N-terminal kinases; HSV-1- Herpes Simplex Virus-1; KSHV- Kaposi Sarcoma-Associated Herpesvirus; TIRAP: TIR Domain Containing Adaptor Protein; TRAF- TNF receptor Associated Factor; TRIF- TIR-domain-containing adapter-inducing interferon- β ; ROS-Reactive Oxygen Species; NFATn- Nuclear Factor of Activated T-Cells n; IP3- Inositol 1,4,5-tris Phosphate

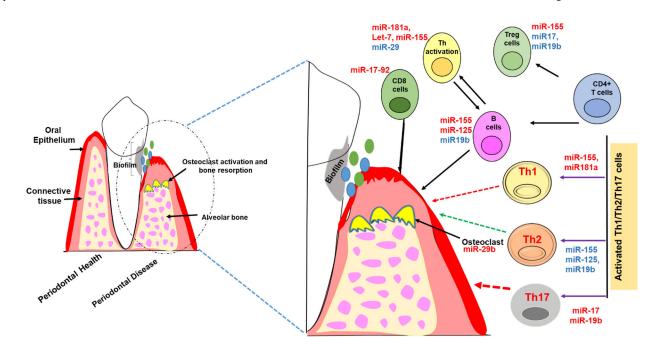


Figure 3. microRNA regulates unique function and phenotype of various immune cell relevant to periodontal disease pathogenesis.

A diverse set of immune cells contribute to immunity against periodontopathogens. To elicit adept immune response in a dynamic manner, rapid changes in transcriptional profiles can occur. miRNAs can play important role in swift polarization of immune cells necessary to mount robust immune activation. A few miRNAs have been characterized that may be critical for the acquisition of various immune cell and osteoclasts relevant to periodontal disease.

Th- T helper; Treg- T regulatory

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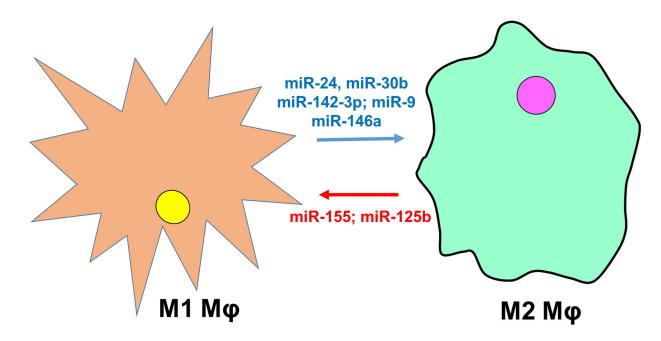


Figure 4. microRNA regulate inflammatory and pro-resolving macrophage phenotype. A unique subset of pro- (red) and anti-inflammatory (blue) miRNAs have been characterized in the context of periodontal disease or periodontopathogen challenge. Dysregulation in the expression of specific miRNAs could be an important strategy by perioddontopathogens to alter the functional phenotype of macrophages (M φ), a critical microbicidal innate immune cell. For instance, in periodontopathogen challenged myeloid cells miR-24 favors M2 over M1 phenotype by inhibiting proinflammatory cytokine production and inducing M2-associated surface markers

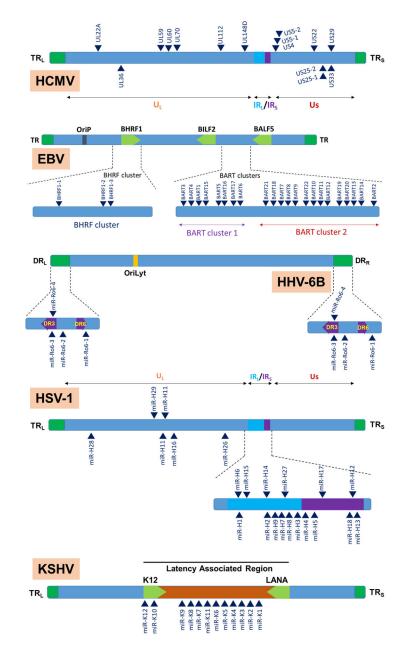


Figure 5. Genome organization of viral microRNAs in 5 herpesviruses associated with oral diseases.

EBV- Epstein-Barr Virus; HHV6B- Human Herpesvirus 6B; HSV-1- Herpes Simplex Virus-1; KSHV- Kaposi Sarcoma-Associated Herpesvirus; HCMV- Human Cytomegalovirus

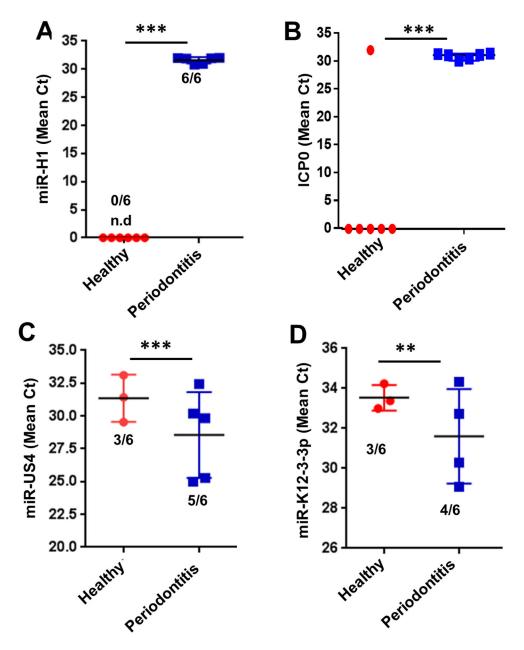


Figure 6. Herpesvirus miRNA and mRNA are enriched in inflamed gingival biopsies. Total RNA isolated from periodontally healthy and disease gingiva was used for viral miRNA and mRNA quantification by reverse transcription PCR (RT-qPCR). Dot plots show mean Ct values of (A) hsv1-miR-H1, (B) hcmv-miR-US4 and (C) kshv-miR-K12-3, and (D) ICP0 mRNA of HSV-1 in gingiva of healthy and periodontitis subjects (n=6/group). Ct value 35 was considered as not detected. Lower Ct values indicate higher expression. Numbers of positive samples are mentioned for each group. Student's t-test was used to calculate

p-values. **p<0.01; ***p<0.001.

HSV-1- Herpes Simplex Virus 1; HCMV- Human Cytomegalovirus; KSHV- Kaposi Sarcoma-Associated Herpesvirus; ICP0- Infected Cell Protein 0

Naqvi and Slots

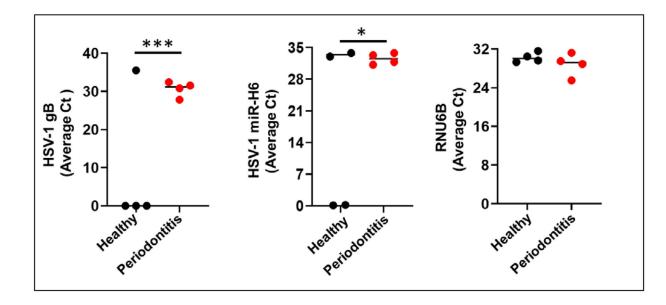


Figure 7. Salivary detection of viral transcript for periodontal health monitoring.

Total RNA was isolated from saliva of periodontally healthy and diseased subjects (n=4/ group) and the expression of HSV-1 mRNA (gB) and miRNA (miR-H6) was examined by quantitative reverse transcription PCR (RT-qPCR). As a control, RNA, U6B Small Nuclear (RNU6B) was used. Student's t-test was used to calculate p-values. *p<0.05; ***p<0.001.

Table 1.

List of studies that reported differential expression of miRNAs in periodontal disease. Only a few differentially expressed miRNAs are cited as example.

Differential expression of Selected miRNAs in periodontal disease	miRNA Detection Technique	Study
Upregulated miRNAs (11): miR-15a, miR-18a, miR-22, miR-30d, miR-30e, miR-103, miR-106b, miR-130a, miR-142-3p, miR-185, and miR-210	miRNA PCR array	Perri et al., 2012
Upregulated miRNAs (91): hsa-miR-451, hsa-miR-223, hsa-miR-486-5p, hsa- miR-3917 Downregulated miRNAs (68): hsa-miR-1246, hsa-miR-1260, hsa-miR-141, hsa- miR-1260b, hsa-miR-203, hsa-miR-210, hsa-miR-205 *	miRNA microarray	Stoecklin-Wasmer et al., 2012
Upregulated miRNAs (17): hsa-miR-150, hsa-miR-223, and hsa-miR-200b Downregulated miRNAs (22): hsa-miR-379, hsa-miR-199a-5p, and hsa-miR-214.	miRNA microarray	Ogata et al., 2014
Upregulated miRNAs (39): miR-21-5p, let-7f-5p, miR-29b/c, miR-24-3p, miR-27a-3p Downregulated miRNAs (2): miR-423-5p, miR-196b-5p	miRNA PCR array	Naqvi et al., 2019
Upregulated miRNA (1): miR-143–3p Downregulated miRNA (1): miR-222-3p	miRNA PCR array	Pettiette et al., 2019
Upregulated miRNAs: hsa-miR-29c Downregulated miRNAs: hsa-miR-27b-5p, hsa-miR-25-5p, hsa-miR-26a-5p, hsa-miR-26b-5p	miRNA PCR array	Uttamani et al (unpublished)

refers to passenger microRNA strand.