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Embracing National Cancer Registries for Improved Care of Rare Tumors

David F. Schneider, MD, MS

Section of Endocrine Surgery, Department of Surgery, University of Wisconsin, Madison, WI

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Adrenocortical carcinoma (ACC) is one of the scarcest but deadliest cancers. According to recent SEER data, the incidence in the U.S. is 0.72 persons per one million population (1). The scarcity of ACC makes it nearly impossible for any single center to amass enough data for any meaningful conclusions. National cancer registries provide large volumes of data related to patient, tumor, and treatment characteristics. In this issue of *Annals of Surgical Oncology*, Gratian et al. utilized the National Cancer Database (NCDB) to analyze treatment patterns and outcomes for ACC as they relate to hospital volume (2). Patients at high volume centers were more likely to undergo radical resection, lymph node evaluation, and chemotherapy. Despite more aggressive treatment, survival of patients treated at high volume centers did not differ from those patients treated at low-volume centers (2). This is a well-done study and could never have been done without large, national cancer registries like the NCDB.

Although the NCDB made this study possible, there are some issues with large national cancer databases that this study also brings to light. Gratian and colleagues defined high volume as at least 4 cases of primary adrenal malignancy annually (2). This selective definition might be unnecessary or even misleading for a few reasons. It likely represents the select subset of centers that solely focus on cancer treatment. This likely classified many centers performing an overall high volume of adrenal surgery as low volume centers due to the malignancy requirement. Since guidelines rarely recommend biopsy of adrenal masses (3), the diagnosis of ACC only becomes confirmed at operation. This methodology likely selected out patients with a preoperative diagnosis of ACC who sought care at super-specialized cancer centers.

Additionally, the NCDB lacks complete data on recurrence. A recent study highlighted the lack of recurrence data in national cancer databases, and the NCDB is not alone (4). Even though survival did not differ between high and low-volume centers, might it have impacted

Address for Correspondence: David F. Schneider, MD, MS, Director, Endocrine Surgery Research, Assistant Professor, Department of Surgery, University of Wisconsin, K4/738 Clinical Science Center, 600 Highland Avenue, Madison, WI 53792, Phone: 608-263-1387, Fax: 608-263-7652, schneiderd@surgery.wisc.edu.

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recurrence rates? Missing or incomplete data also becomes a problem in any large registry. In the study by Gratian et al, tumor grade was missing in 77% and clinical stage was missing in 84% (2). Although this could lead to bias when comparing high volume to low volume centers, imputation techniques can adjust for missing data.

Many would cite these issues and dismiss this work altogether. It is very easy to identify clinical nuances or problematic features with population-level data. Any dataset has its own weaknesses, and I would challenge them to analyze better data for ACC. National cancer registries are not perfect. Perhaps if we could study disease-free survival in ACC, we might find that more aggressive treatment carried out at high volume centers does impact recurrence.

So what is the take-home message from the study by Gratian et al? The most striking finding is that despite the most aggressive treatment, done at the highest volume, specialized centers, ACC remains such a fatal cancer, that aggressive treatment and experienced clinicians from highly specialized centers cannot really move the bar in terms of survival. Historically, only 30% of ACCs were confined to the adrenal gland at diagnosis (5). Conventional wisdom suggests that widespread use of high quality cross-sectional imaging would lead to earlier diagnosis of smaller tumors, thereby leading to earlier treatment and improved outcomes. This study and an earlier analysis of the NCDB indicate that this simply is not true (1). At the very least, this should make us question current practices, and begin to think about alternatives. Instead of criticizing these types of studies that use population-level data, I think we should instead focus on improving them. As electronic, automated systems to extract data from medical records improves, so too will the quality of our national cancer databases. The rapid adoption of electronic medical record systems, natural language processing, and increased interoperability of electronic medical record systems will hopefully allow us to capture more complete information and additional variables like recurrence (6).

Finally, testing new treatments for rare diseases like ACC remains challenging, and prospective clinical trials are not always feasible. The consolidation of data on outcomes and treatment is the first step. Newer comparative effectiveness research techniques such as pragmatic clinical trials, simulation, and propensity scores can identify optimal treatment strategies for rare diseases like ACC (7). The study by Gratian et al indicated dismal outcomes for ACCs despite our most aggressive methods utilized at the highest volume centers. Despite the unfavorable biology of ACC, the continued use of big data and its associated comparative effectiveness methodologies along with surgical and medical innovation can hopefully identify different treatments that improve upon our current treatment of ACC.

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