

Article

DNA Barcode Authentication of Devil's Claw Herbal Dietary Supplements

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Abstract: Devil's claw is the vernacular name for a genus of medicinal plants that occur in the Kalahari Desert and Namibia Steppes. The genus comprises two distinct species: *Harpagophytum procumbens* and *H. zeyheri*. Although the European pharmacopeia considers the species interchangeable, recent studies have demonstrated that *H. procumbens* and *H. zeyheri* are chemically distinct and should not be treated as the same species. Further, the sale of *H. zeyheri* as an herbal supplement is not legal in the United States. Four markers were tested for their ability to distinguish *H. procumbens* from *H. zeyheri*: *rbcL*, *matK*, *nrITS2*, and *psbA-trnH*. Of these, only *psbA-trnH* was successful. A novel DNA mini-barcode assay that produces a 178-base amplicon in *Harpagophytum* (specificity = 1.00 [95% confidence interval = 0.80–1.00]; sensitivity = 1.00 [95% confidence interval = 0.75–1.00]) was used to estimate mislabeling frequency in a sample of 23 devil's claw supplements purchased in the United States. PCR amplification failed in 13% of cases. Among the 20 fully-analyzable supplements: *H. procumbens* was not detected in 75%; 25% contained both *H. procumbens* and *H. zeyheri*; none contained only *H. procumbens*. We recommend this novel mini-barcode region as a standard method of quality control in the manufacture of devil's claw supplements.

Keywords: *Harpagophytum procumbens*; *Harpagophytum zeyheri*; mini-barcode; Pedaliaceae; *psbA-trnH*



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1. Introduction

Harpagophytum (Pedaliaceae) is a genus of tuberous plants from the Kalahari Desert and Namibia Steppes that is commonly known as devil's claw due to its hooked fruits [1]. The genus comprises two distinct species—*H. procumbens* and *H. zeyheri*—that have been separated on the basis of morphology [2–4] and chemistry [5]. *Harpagophytum procumbens* consists of two subspecies [3], *H. procumbens* subsp. *procumbens*, which occurs across Namibia, Botswana, and Northern South Africa, and *H. procumbens* subsp. *transvaalense*, which occurs only in the Limpopo region of South Africa. *Harpagophytum zeyheri* comprises three subspecies [3], *H. zeyheri* subsp. *zeyheri*, which is restricted in distribution to northeastern South Africa, and *H. zeyheri* subsp. *schijffii* and *H. zeyheri* subsp. *sublobatum*, which are both widely distributed across regions of Angola, Zambia, and Zimbabwe and the northern regions of Namibia and Botswana.

There are unsubstantiated reports of possible hybridization in the few places where *H. procumbens* and *H. zeyheri* are sympatric [4,6,7]. Although purporting to demonstrate hybridization, RAPD and ISSR data [7] are, at best, inconclusive: no species-specific genotype groups were detected [7], thus a definitive pattern of hybridization cannot possibly be observed; the published Principal Component Analysis [7]—which is inappropriate for detecting hybridization [8,9]—identifies five putative hybrids, but only one individual is truly intermediate while several non-hybrid samples are equally or more intermediate than the putative hybrids; and the published UPGMA dendrogram [7] refutes the hypothesis of hybridization because it nests the putative hybrids well within the two parental clusters rather than at the cluster base where hybrids are expected to appear [10].

In addition, morphological data [4] purportedly demonstrate hybridization, but they are not statistically significant: the published Discriminant Function Analysis (DFA) [4] improperly implemented DFA such that hybrids were assumed to be present rather than using DFA to test that supposition. In addition, measurements that violate the Gaussian distribution assumed by DFA [11] were included. If DFA is conducted on the five characteristics that do not deviate [12] significantly ($p > 0.01$) from the Gaussian distribution (arm width, seed column height, fruit length, fruit width, and fruit circumference), the putative hybrids [4] are classified without evidence of intermediacy ($pp \geq 0.99999$). Independent of the improperly implemented DFA, no statistical test was conducted to determine if the putative hybrids were truly intermediate [4]: the character count procedure [9] employing the sign [13] and Scheffé [14] tests ($p = 0.05$) does not indicate intermediacy for any characters and thus no trace of hybridity was detected ($p = 1.0$).

Given this critical review, there are no published data showing evidence of hybridization between *Harpagophytum* species and further study of additional specimens and characteristics is needed to determine if hybridization does indeed occur.

Devil's claw has traditionally been used to treat dyspepsia, fever, constipation, hypertension, and venereal disease [1]. Commercial preparations of *H. procumbens* are sold to treat arthritis in both the European and United States markets [15]. *Harpagophytum zeyheri* cannot be legally sold as an herbal supplement in the United States [16] but it was appended to the European Pharmacopeia [17]. Both species are wild sourced—primarily from Namibia [18].

Although clinical trials have demonstrated the efficacy of *H. procumbens* for musculoskeletal pain relief [19–22], animal and in vitro studies have produced conflicting results [23–27]. The suspected active compounds—harpagoside, harpagide, 8-p-coumaroyl-harpagide, and acteoside—inhibit cyclooxygenase (COX) 1 and 2 [28–30] and the pro-inflammatory cytokines tumor necrosis factor- α (TNF- α), interleukin-1 β (IL-1 β), and interleukin-6 (IL-6) [31,32]. Harpagoside is the main anti-inflammatory agent, but it is less effective in isolation [31] and thus the constituents of *H. procumbens* are thought to have synergistic effects [33].

Commercial herbal supplements are most frequently sold as dry fragments or powders. As a result, the authentication of these materials has traditionally relied upon macro- and microscopic morphological examination along with chemical assays for specific compounds or classes of compounds [34]. In the last two decades, DNA-based assays have become more common with assays for specific plants (e.g., molecular marker-based methods that utilize simple sequence repeats (SSR) or single nucleotide polymorphisms (SNP)) and general untargeted analysis techniques (e.g., short fragment sequencing methods such as whole metagenome analysis and metabarcoding) now being prominently used [35–37]. DNA barcoding has emerged as a preferred method of herbal supplement authentication due to the fact that it generally works well with highly fragmented DNA from high-copy regions (e.g., plastid), can detect multiple species at once, and is relatively inexpensive. These characteristics make the method ideal for assaying the DNA in highly degraded herbal products.

Devil's claw supplements are sold mainly in capsule or tablet form [38]. Thus, it is impossible to determine which species they contain without additional analysis. A reliable identification method to ensure correct labeling is needed. We aim to create and test a DNA mini-barcode assay for both *Harpagophytum* species.

2. Results

2.1. Reference Sequences

Reference sequences from four markers were generated from 39 morphologically identifiable specimens (Table 1). In total, 17 *rbcl*, 23 *matK*, 22 nrITS2, and 35 *psbA-trnH* barcodes were produced. Median sequence quality (B_{30} [39]) exceeds the requirements of the BARCODE data standard (version 2.3 [40]): 0.841 (IQR 0.682–0.936) for *rbcl*, 0.891 (IQR 0.649–0.941) for *matK*, 0.849 (IQR 0.682–0.879) for nrITS2, and 0.845 (IQR = 0.466–0.890) for *psbA-trnH*.

Table 1. Morphologically identifiable reference samples used to generate *rbcL*, *matK*, nrITS2, *psbA-trnH* and/or *psbA-trnH* mini-barcode sequences and to validate the *psbA-trnH* mini-barcode. Standard herbarium codes are used [41]. Cultivated specimens are indicated, all others are presumed to be wild collected. All sequences except EU531713 [42] were produced for this study.

Species	Voucher Specimen	Locality	Sample Type	GenBank Accession			
				<i>rbcL</i>	<i>matK</i>	nrITS2	<i>psbA-trnH</i>
<i>Dicerocaryum zanguebarium</i>	Loeb and Koch 339 (NY)	Namibia: Oshikango	reference and validation	—	—	—	KT717163
<i>Harpagophytum procumbens</i>	Allen 308 (MO)	Botswana: Orapa	reference and validation	—	KT717103	KT717127	KT717148
<i>Harpagophytum procumbens</i>	Davidse and Loxton 6296 (MO)	Namibia: Keetmanshoop	reference and validation	KT717178	KT717109	KT717133	KT717153
<i>Harpagophytum procumbens</i>	de Koning 8142 (MO)	Mozambique: Chigubo	reference	—	KT717110	—	—
<i>Harpagophytum procumbens</i>	Dinter 396 (MO)	Namibia: Okahandja	reference and validation	—	—	—	KT717150
<i>Harpagophytum procumbens</i>	Grignon 239 (MO)	Botswana: Ghanzi	reference and validation	KT717174	KT717104	KT717128	KT717149
<i>Harpagophytum procumbens</i>	Hardy 6575 (MO)	Namibia: Aranos	reference and validation	KT717168	KT717095	KT717124	KT717154
<i>Harpagophytum procumbens</i>	Herman 1264 (MO)	South Africa: Blouberg Privaatnatuurreserwe	reference and validation	KT717176	KT717107	KT717131	KT717151
<i>Harpagophytum procumbens</i>	Lavranos and Bleck 22701 (MO)	Namibia: Otjiwarongo	reference and validation	KT717177	KT717108	KT717132	KT717152
<i>Harpagophytum procumbens</i>	Lavranos and Bleck 22703 (MO)	Namibia: Khorixas	reference and validation	KT717173	KT717102	KT717126	KT717147
<i>Harpagophytum procumbens</i>	Leach 10682 (MO)	Zimbabwe: Beit Bridge	reference	—	KT717099	—	—
<i>Harpagophytum procumbens</i>	Long and Rae 44 (MO)	Botswana: Jwaneng	reference and validation	KT717171	KT717101	KT717120	KT717145
<i>Harpagophytum procumbens</i>	Ngoni 257 (MO)	Botswana: Mosu	reference	—	KT717105	KT717129	KY706349
<i>Harpagophytum procumbens</i>	Owens 19 (MO)	Botswana: Deception Valley	reference and validation	KT717172	KT717096	KT717125	KT717146
<i>Harpagophytum procumbens</i>	Rodin 3539 (NY)	South Africa: Vryburg	reference	—	—	—	KY706351
<i>Harpagophytum procumbens</i>	Rogers s.n. (MO)	South Africa: Bellville	reference	—	KT717097	—	KY706348
<i>Harpagophytum procumbens</i>	Sidey 305 (MO)	South Africa: Fauresmith	reference and validation	KT717169	KT717098	KT717119	KT717143
<i>Harpagophytum procumbens</i>	Skarpe S-319 (MO)	Botswana: Hukuntsi	reference and validation	KT717170	KT717100	KT717123	KT717144
<i>Harpagophytum procumbens</i>	Smuts and Gillelt 2130 (MO)	South Africa: Rooikop	validation	—	—	—	—

Table 1. Cont.

Species	Voucher Specimen	Locality	Sample Type	GenBank Accession			
				<i>rbcL</i>	<i>matK</i>	nrITS2	<i>psbA-trnH</i>
<i>Harpagophytum procumbens</i>	Venter 9637 (MO, NY)	South Africa: Glen Agricultural College	reference	KT717175	KT717106	KT717130	KY706350
<i>Harpagophytum zeyheri</i>	Germishuizen 00733 (MO)	South Africa: Bamboeskloof	reference and validation	—	KT717114	KT717122	KT717159
<i>Harpagophytum zeyheri</i>	Germishuizen 990 (MO)	South Africa: Vaalwater	reference and validation	KT717183	—	KT717138	KT717160
<i>Harpagophytum zeyheri</i>	Luwiiika et al. 335 (MO)	Zambia: Lukona Basic School	reference	—	KT717116	KT717137	—
<i>Harpagophytum zeyheri</i>	Mashasha 111 (MO)	Zimbabwe: Victoria Falls	reference and validation	KT717179	KT717111	KT717134	KT717155
<i>Harpagophytum zeyheri</i>	Mogg 37171 (MO)	South Africa: Sandsloot	reference and validation	KT717182	KT717113	KT717136	KT717157
<i>Harpagophytum zeyheri</i>	Moyo 7 (MO)	Zimbabwe: Victoria Falls	reference	—	—	KT717118	—
<i>Harpagophytum zeyheri</i>	Norlindh and Weimarck 5234 (NY)	South Africa: Pietersburg	reference	—	—	—	KY706353
<i>Harpagophytum zeyheri</i>	Rodin 9140 (MO)	Namibia: Rundu	reference and validation	KT717184	KT717115	KT717121	KT717158
<i>Harpagophytum zeyheri</i>	Rushworth 110 (MO)	Zimbabwe: Dina Pan	reference and validation	KT717180	KT717094	KT717135	KT717156
<i>Harpagophytum zeyheri</i>	Yalala 300 (MO)	Botswana: Mahalapye	reference	KT717181	KT717112	KT717117	KY706352
<i>Josephinia euginiae</i>	Michell and Boyce 3144 (MO)	Australia: Nitmiluk National Park	reference and validation	—	—	—	KT717162
<i>Pedaliodiscus macrocarpus</i>	Luke et al. TPR 73 (MO)	Kenya: Tana River National Primate Reserve	reference and validation	—	—	—	KT717139
<i>Pedalium murex</i>	Comanor 608 (NY)	Sri Lanka: Potuvil—Panama Road	reference and validation	—	—	—	KT717140
<i>Pterodiscus auranthacus</i>	Seydel 4135 (NY)	Namibia: Windhoek	reference and validation	—	—	—	KT717141
<i>Pterodiscus speciosus</i>	Zietsman 4079 (NY)	South Africa: Hoopstad	reference and validation	—	—	—	KT717142
<i>Rogeria adenophylla</i>	Seydel 4368 (NY)	Namibia: Windhoek	reference and validation	—	—	—	KT717167
<i>Sesamum indicum</i>	Donmez 9932 (NY)	Turkey: Kula	reference and validation	—	—	—	KT717164
<i>Sesamum indicum</i>	Nesbitt 1939 (RNG)	—	reference	—	—	—	EU531713

Table 1. Cont.

Species	Voucher Specimen	Locality	Sample Type	GenBank Accession			
				<i>rbcL</i>	<i>matK</i>	nrITS2	<i>psbA-trnH</i>
<i>Sesamum radiatum</i>	Thomas 10563 (NY)	Brazil: Ilhéus	reference and validation	—	—	—	KT717165
<i>Sesamum triphyllum</i>	Zietsman and Peyper 4061 (NY)	South Africa: Petrusburg	reference and validation	—	—	—	KT717161
<i>Uncarina grandidieri</i>	Falk 97001 (NY)	cultivated	reference and validation	—	—	—	KT717166

Within *Harpagophytum*, variation was only observed in *psbA-trnH* (Figure 1, Figure A1). *Harpagophytum* can be unambiguously distinguished from all other Pedaliaceae by alignment positions 16, 64, and 116. The two *Harpagophytum* species can be differentiated by alignment positions 76 and 107. Intraspecific variation was observed in reference samples of both *H. procumbens* (alignment position 95) and *H. zeyheri* (alignment positions 77 and 88). Only one of these variants is exactly correlated with geography or current taxonomy: position 77 distinguishes *H. zeyheri* subsp. *suboblatum* (sample from Namibia) from *H. zeyheri* subsp. *zeyheri* (samples from South Africa). No samples of *H. zeyheri* subsp. *schiffii* were available for examination.

		0000000000	00000	0000000000	00000
		0000000000	00000	0000000000	11111
		1122333456	6667	778899999	01134
<i>n</i>	561316744345656	676812345726	96		
<i>Dicerocaryum zanguebarium</i>	1	TACAAGACTA	TACTATAATT	---	A-GTA
<i>Harpagophytum procumbens</i>	16	.T...TG...	G.A.GA-	...	TTWTGA..
<i>Harpagophytum zeyheri</i>	8	.T...TG...	G.A.TK-M.	..	TTAGGA..
<i>Josephinia eugeniae</i>	1TC...C
<i>Pedalioidiscus marcocarpus</i>	1	. .C.TG...	.CAA.A-
<i>Pedaliium murex</i>	1	. .C.TG...	.AA.A-
<i>Pterodiscus auranthacus</i>	1	. .C.AG.A.	.CA.A-
<i>Pterodiscus speciosus</i>	1	. .C.AGTA.	.CA.A-
<i>Rogeria adenophylla</i>	1TG...	. .A.TA-	...AAA-	A...
<i>Sesamum indicum</i>	2TG... NN
<i>Sesamum radiatum</i>	1	A.TG...
<i>Sesamum triphyllum</i>	1	. .A. .G... - .AATCA.
<i>Uncarina grandidieri</i>	1	. . .C.G..C.	.A.T.-	...AAA-
supplement type A	9	.T...TG...	G.A.T.-	...	TTAGGA..
supplement type B	2	.T...TG...	G.A.T.-M.	...	TTAGGA..
supplement type C	4	.T...TG...	G.A.TK-M.	...	TTAGGA..
supplement type D	2	.T...TG...	G.A.KW-	...	TTAKGA..
supplement type E	1	.T...TG...	G.A.KD-M.	...	TTAKGA..
supplement type F	2	.T...TG...	G.A.KW-	...	TTAKGA..

Figure 1. Variable nucleotides within the *psbA-trnH* mini-barcode (voucher information is in Table 1; herbal dietary supplement information is in Table 2; the full alignment is in Figure A1). Alignment positions are numbered vertically. Bases identical to the first sequence are indicated with “.”. Variable bases are indicated with standard International Union of Pure and Applied Chemistry (IUPAC) codes: D = {AGT}, K = {GT}, M = {AC}, N = {ACGT}, and W = {AT}. The number of sequences summarized (*n*) for each species/supplement type is indicated. Alignment positions that unambiguously distinguish *Harpagophytum* from all other Pedaliaceae (16, 64, and 116) are highlighted in blue. The alignment positions 76 and 107—which distinguish between the two *Harpagophytum* species—are highlighted in orange.

Across Pedaliaceae, the *psbA-trnH* alignment is 427 columns and has 13 unique insertion/deletion (indel) events ranging from 1–13 bases (median 6; IQR 4–7). The unaligned sequences range from 367–394 bases (median 383; IQR 373–383). Within *Harpagophytum*, the *psbA-trnH* sequences are uniformly 383 bases without any evidence of indels.

2.2. Mini-Barcode Validation

Validation *psbA-trnH* mini-barcode (*n* = 30) median sequence quality was 0.569 (IQR 0.532–0.587). BRONX [43] was able to correctly identify all *H. procumbens* validation samples and exclude *H. procumbens* as a possible identification for all other validation samples (*n* = 13 *H. procumbens*; *n* = 17 other species; specificity = 1.00 [95% confidence interval = 0.80–1.00]; sensitivity = 1.00 [95% confidence interval = 0.75–1.00]; [44]). The absolute consistency of alignment positions 16, 64, 76, 107, and 116 prevent infraspecific variation from having any bearing on *Harpagophytum* species identification.

2.3. An Analysis of Herbal Supplements

Amplifiable DNA was extracted from 20 of 23 (87%) herbal supplements. Amplification success was significantly correlated with the reports of root extract on product labels (McNemar test [45]; *p* = 0.04331; Table 2). The failure rate for samples labeled as having root extract (17%) was nearly double that of samples without root extract (9%; Table 2).

Table 2. Herbal dietary supplement label ingredients and *psbA-trnH* mini-barcode determination. Supplement sequence type corresponds to those in Figure 1. If Latin names were not provided on the product label, the Latin name was determined using [16]. Despite being noted on some labels, the sale of supplements containing *H. zeyheri* is not legal in the United States.

Supplement Sequence Type	Label Species	Devil's Claw Material Type	Contains <i>H. procumbens</i>	Contains <i>H. zeyheri</i>
A	<i>Harpagophytum procumbens</i> , <i>Curcuma longa</i> , <i>Crataegus oxyacantha</i> , <i>Arctium lappa</i> , <i>Smilax febrifuga</i> , <i>Yucca schidigera</i> , <i>Zingiber officinale</i> , and <i>Vaccinium myrtillus</i>	root extract	no	yes
A	<i>Harpagophytum procumbens</i>	root	no	yes
A	<i>Harpagophytum procumbens</i>	root	no	yes
A	<i>Boswellia serrata</i> , <i>Curcuma longa</i> , and <i>Harpagophytum procumbens</i>	root extract	no	yes
A	<i>Boswellia serrata</i> , <i>Uncaria tomentosa</i> , <i>Harpagophytum procumbens</i> , <i>Yucca schidigera</i> , <i>Gymnema sylvestre</i> , <i>Curcuma longa</i> , <i>Camellia sinensis</i> , and <i>Oryza sativa</i>	root	no	yes
A	<i>Harpagophytum procumbens</i> and <i>Oryza sativa</i>	root extract	no	yes
A	<i>Harpagophytum procumbens</i>	root extract	no	yes
A	<i>Harpagophytum procumbens</i>	root	no	yes
A	<i>Harpagophytum procumbens</i> , <i>Boswellia serrata</i> , <i>Curcuma longa</i> , and <i>Tanacetum parthenium</i>	root extract	no	yes
B	<i>Harpagophytum procumbens</i>	root	no	yes
B	<i>Harpagophytum procumbens</i>	root extract	no	yes
C	<i>Harpagophytum procumbens</i>	root	no	yes
C	<i>Harpagophytum procumbens</i> and <i>Oryza sativa</i>	root extract	no	yes
C	<i>Harpagophytum procumbens</i>	root	no	yes
C	<i>Harpagophytum procumbens</i>	root	no	yes
D	<i>Harpagophytum procumbens</i>	root	yes	yes
D	<i>Harpagophytum procumbens</i> and/or <i>Harpagophytum zeyheri</i>	root extract	yes	yes
E	<i>Harpagophytum procumbens</i>	root and root extract	yes	yes
F	<i>Harpagophytum procumbens</i>	root	yes	yes
F	<i>Harpagophytum procumbens</i> and/or <i>Harpagophytum zeyheri</i>	root extract	yes	yes
—	<i>Harpagophytum procumbens</i>	root	unknown	unknown
—	<i>Polygonum cuspidatum</i> , <i>Curcuma longa</i> , <i>Zingiber officinale</i> , <i>Camellia sinensis</i> , <i>Harpagophytum procumbens</i> , and <i>Salix alba</i>	root extract	unknown	unknown
—	<i>Harpagophytum procumbens</i>	root extract	unknown	unknown

PCR products were successfully sequenced for all 20 amplifiable supplements: mini-barcode median sequence quality was 0.561 (IQR 0.451–0.587)—very similar to the quality of the validation samples.

Harpagophytum zeyheri was found in all 20 fully-analyzable samples: all supplements contained either *H. zeyheri* (75%; 15/20; Types A, B, and C; a “T” at alignment position 76 and a “G” at alignment position 107; Figure 1, Table 2) or a combination of *H. procumbens*

and *H. zeyheri* (25%; 5/20; Types D, E, and F; a “K” [“G” and “T”] at alignment positions 76 and 107; Figure 1, Table 2); no supplements contained only *H. procumbens*.

Types A, B, and C contain *H. zeyheri* haplotypes that exhibit the same variation found in the reference samples. Type A is composed of samples that contain only one *H. zeyheri* haplotype, while types B and C are mixtures of *H. zeyheri* haplotypes (e.g., Figure 2). In contrast, types D, E, and F are mixtures of *H. procumbens* and *H. zeyheri* haplotypes. Type E contains one *H. procumbens* haplotype and two *H. zeyheri* haplotypes (a “D” [“A”, “G” and “T”] at alignment position 77; Figure 1).

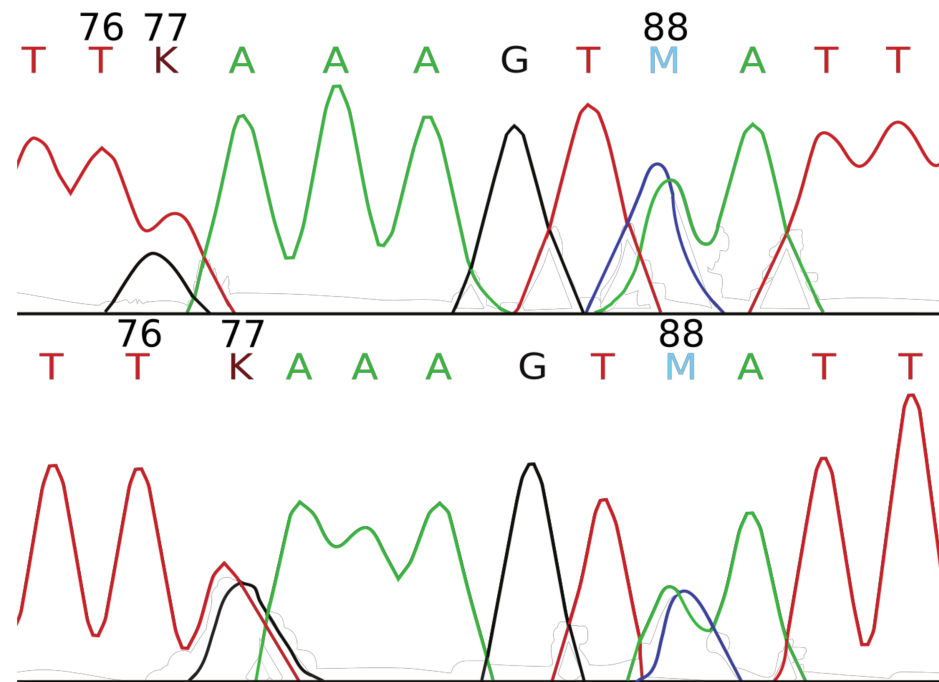


Figure 2. Portions of forward (top) and reverse (bottom) Sanger sequencing chromatograms demonstrating polymorphic positions (alignment positions 77 and 88) in herbal supplement mini-barcode sequences of a Type C sequence. Diagnostic nucleotides (Figure 1) are indicated by their alignment position; “A” = green; “G” = black; “K” = maroon {GT}; “M” = indigo {AC}; “T” = red. Despite the supplement being labeled as containing only *H. procumbens*, alignment position 76 indicates that this sample is composed exclusively of *H. zeyheri*.

3. Discussion

The *psbA-trnH* mini-barcode absolutely differentiates *Harpagophytum* from all other Pedaliaceae (Figure 1: blue highlighted positions 16, 64, and 116) and in turn *H. procumbens* and *H. zeyheri* from one another (Figure 1: orange highlighted positions 76 and 107). Thus, the species have consistent character state differences and can be considered distinct phylogenetic species [46]. The absolute consistency of *psbA-trnH* mini-barcode alignment positions 16, 64, 76, 107, and 116 prevent intraspecific variation from having any bearing on repeatable *Harpagophytum* species identification (specificity = 1.00 [95% confidence interval = 0.80–1.00]; sensitivity = 1.00 [95% confidence interval = 0.75–1.00]). Although there are reports of possible interbreeding between the two *Harpagophytum* species [4,6,7], the pattern observed here is inconsistent with hybridization because the morphological and molecular species identifications exactly match. No intermediate morphological phenotypes have been confirmed either in the literature or in our research, suggesting that hybrids, if they exist, have retained strong morphological similarity to one of the parental species. Therefore, absolute rejection of the hybridization hypothesis would require the investigation of multiple biparentally inherited molecular markers. Given the lack of support for the supposition of hybridization in the data, the regulatory distinction between *H. procumbens* and *H. zeyheri* in the United States [16] can be enforced.

The variation within the *psbA-trnH* mini-barcode used to differentiate between the two *Harpagophytum* species could be assayed using molecular techniques other than the Sanger sequencing method demonstrated here. For instance, one could use PCR-RFLP with *AseI* (5'-ATTAAT-3') to assay alignment position 107 (*H. procumbens* will cut, but *H. zeyheri* will not); RT-PCR with specific primers and/or probes targeted to alignment positions 16, 64, 76, 107, and/or 116; or short read genome skimming (e.g., Illumina) with appropriate bioinformatic postprocessing to find alignment positions 16, 64, 76, 107, and 116 in the output sequences. Depending upon the needs of the user, each of these techniques could be conducted in such a way as to quantify the relative or absolute amounts of DNA from each species present in the sample.

The observed mini-barcode PCR amplification failure rate from herbal supplements of 13% is a bit high compared to the 3–10% reported for similar studies [47–49]. Although the processing of plant materials for herbal supplement manufacturing frequently results in DNA fragmentation and destruction [50–70] that can prevent amplification, the processing techniques used for devil's claw may be more damaging than those used for other herbal supplements studied thus far—which is supported by the significant correlation between reports of root extract (a relatively damaging technique [70]) on product labels and PCR failure (McNemar test [45]; $p = 0.04331$; Table 2). It is also possible that some, or all, of the high rate of PCR failure can be attributed to the amount of recoverable DNA in devil's claw tap roots being low and/or less enzymatically accessible in comparison to aerial parts as is the case in carrot (*Daucus carota*) tap roots [71,72].

Labels of only two of the 20 analyzable supplements (Table 2) list *Harpagophytum zeyheri*, but *H. zeyheri* was found in all 20 fully-analyzable samples. Somehow the two, predominantly allopatric [1], species were mixed. Although *H. zeyheri* can be legally sold in the European Union [17], it cannot be sold in the United States [16].

Bulk materials of devil's claw are usually sold in a morphologically unidentifiable state [1,5]. Thus, a chemical test that measures the relative quantity of harpagoside and 8-p-coumaroyl-harpagide is often used to distinguish between bulk materials from the two species [73]. The data that purport to validate the assay were not analyzed statistically [73]. Unfortunately, the data do not statistically differentiate between the *Harpagophytum* species (Mann–Whitney test [74]; $p = 0.1386$)—perhaps due to the minuscule sample size ($n = 5$). Therefore, this chemical assay cannot be considered reliable. Revalidation with additional, morphologically identifiable and vouchered samples may redeem this assay for harpagoside and 8-p-coumaroyl-harpagide.

Due to the legal status of *H. zeyheri* in the United States, it is imperative that supplement manufacturers employ a robust method of quality control to evaluate all devil's claw supplements sold. Because the mini-barcode presented here is reliable, cost-efficient, and simple to use, we recommend it as a standard method of quality control instead of the relative quantity of harpagoside and 8-p-coumaroyl-harpagide.

4. Materials and Methods

A barcode reference database of *rbcl*, *matK*, nrITS2, and *psbA-trnH* sequences was created from morphologically identifiable samples of Pedaliaceae. Specimen identifications followed standard references [3,6,75]. Sequences outside *Harpagophytum* were sampled from close (*Pterodiscus*, *Pedalioidiscus*, *Pedaliium*, *Uncarina*, and *Rogeria*) and distant relatives (*Dicerocaryum*, *Josephinia*, and *Sesamum*; Table 1; [76]).

Validation samples were chosen arbitrarily ($n = 30$; Table 1). Herbal supplements (capsules and compression tablets) were purchased online.

A *psbA-trnH* mini-barcode was designed from all Pedaliaceae reference sequences. The mini-barcode is anchored within the intergenic spacer (alignment positions 1–122) and extends into *trnH* (alignment positions 123–147; Figure A1). This region was selected for its compactness and discriminatory power.

DNA was isolated [48] from leaves of reference and validation samples and powdered herbal supplements. Markers were amplified using the polymerase chain reaction (PCR).

Each 15 µL reaction contained 1.5 µL PCR buffer (200 mM tris pH 8.8, 100 mM KCl, 100 mM (NH₄)₂SO₄, 20 mM MgSO₄, 1% (v/v) Triton X-100, 50% (w/v) sucrose, 0.25% (w/v) cresol red, and 0.25 µg/µL BSA), 0.2 mM of each dNTP, 1.0 µM of each amplification primer, 0.5 units of *Taq* polymerase, and 0.5 µL DNA. Primer sequences and cycling conditions are given in Tables 3 and 4.

Table 3. PCR primers used for amplification and sequencing.

Marker	Primer Name	Sequence (5′–3′)	Source
<i>matK</i>	1R	ACCCAGTCCATCTGGAAATCTTGGTTC	K.J. Kim (pers. com.)
<i>matK</i>	3F	CGTACAGTACTTTTGTGTTTACGAG	K.J. Kim (pers. com.)
nrITS2	S2F	ATGCGATACTTGGTGTGAAT	[77]
nrITS2	S3R	GACGCTTCTCCAGACTACAAT	[77]
<i>psbA-trnH</i>	psbAF	GTTATGCATGAACGTAATGCTC	[78]
<i>psbA-trnH</i>	trnHR	CGCGCATGGTGGATTACAAAATC	[78]
<i>psbA-trnH</i> mini-barcode	F	GAAGATAAATGAAATGATTGAAATGC	novel
<i>psbA-trnH</i> mini-barcode	R	TGGATTACAAAATCCACTGC	novel
<i>rbcL</i>	32F	TGGATTCAAAGCTGGTGTT	[79]
<i>rbcL</i>	a_F	ATGTCACCACAAACAGAGACTAAAGC	[80]
<i>rbcL</i>	ajf634R	GAAACGGTCTCTCCAACGCAT	[81]

Table 4. PCR cycling conditions used. Amplification reactions used an initial denaturation of 150 s at 95 °C and a final extension of 600 s at 72 °C (*psbA-trnH* used 64 °C). Primer names correspond to those in Table 3.

Marker	Primers	Cycling
<i>matK</i>	1R & 3F	10 × {30 s, 95 °C; 30 s, 56 °C; 30 s, 72 °C}; 25 × {30 s, 88 °C; 30 s, 56 °C; 30 s, 72 °C}
nrITS2	S2F & S3R	35 × {30 s, 95 °C; 30 s, 56 °C; 30 s, 72 °C}
<i>psbA-trnH</i>	psbAF & trnHR	10 × {30 s, 95 °C; 120 s, 55 °C}; 23 × {45 s, 90 °C; 120 s, 55 °C}
<i>psbA-trnH</i> mini-barcode	F & R	35 × {30 s, 95 °C; 120 s, 58 °C}
<i>rbcL</i>	32F & ajf634R	35 × {30 s, 95 °C; 30 s, 58 °C; 30 s, 72 °C}
<i>rbcL</i>	a_F & ajf634R	35 × {30 s, 95 °C; 30 s, 58 °C; 30 s, 72 °C}

PCR products were treated with ExoSapIt (ThermoFisher, Waltham, MA), and sequenced bidirectionally on a 3730 automated sequencer (ThermoFisher) using the amplification primers and BigDye 3.1 (ThermoFisher).

KB 1.4 (ThermoFisher) was used to generate base calls and quantity values from raw chromatograms. Contigs were assembled and edited with Sequencher (version 5.2.3; Gene Codes, Ann Arbor, MI). Sequence quality was determined using *B* (version 1.2; [39]) with expected coverage (*x*) set to the number of reads. Newly generated mini-barcode sequences were compared to reference sequences using BRONX (version 2.0; [43]). R version 3.3.1 (<http://www.R-project.org>, accessed on 21 August 2021) was used to calculate discriminant function analysis [11], the Mann–Whitney test [74], the McNemar test [45], the Scheffé [14] test, the Shapiro–Wilk test [12], the sign test [13], and specificity and sensitivity [44].

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Appendix A

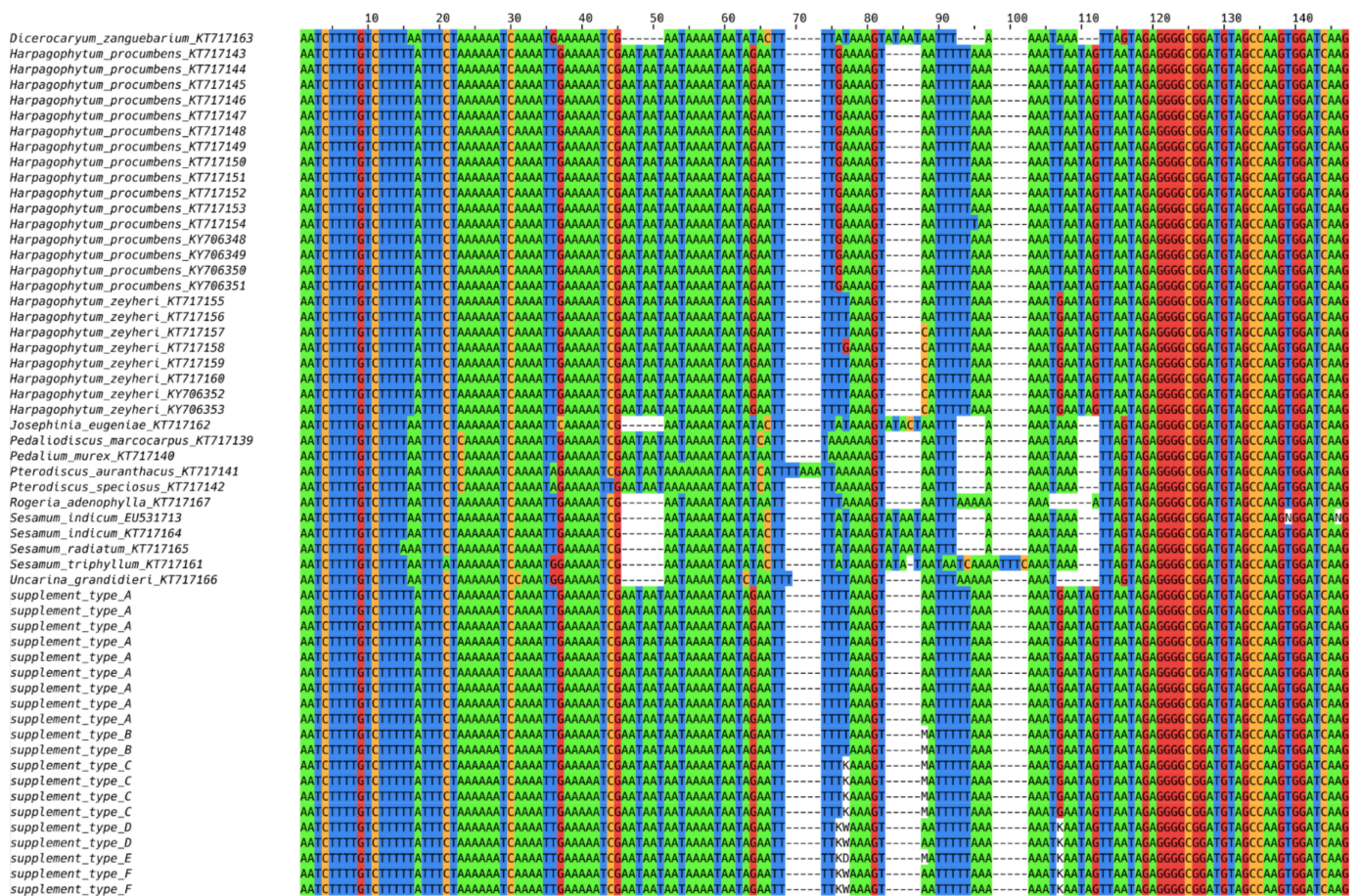


Figure A1. Full *psbA-trnH* mini-barcode alignment.

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