



On-pump beating heart versus off-pump myocardial revascularization—a propensity-matched comparison

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Abstract

Objective On-pump beating heart (OP-BH) coronary artery bypass grafting (CABG) is often undertaken as an alternative between off-pump coronary artery bypass (OPCAB) and conventional on-pump coronary artery bypass grafting (On-pump CABG), especially in India. However, outcome data following OP-BH surgery is sparse. The aim of this study was to compare the outcomes of OP-BH CABG with OPCAB.

Methods From our institutional database, all patients undergoing OP-BH CABG (n = 531) were identified. A propensity-matched cohort undergoing OPCAB (n = 531) was identified from the database. Nearest neighbor matching technique was used and the groups were matched for variables including age, gender, body mass index, EuroSCORE, history of recent myocardial infarction or unstable angina, hypertension, peripheral vascular disease, chronic obstructive airway disease, diabetes, pre-op renal impairment, pre-op neurological events, and left ventricular function.

Results The propensity-matched groups were well matched in terms of baseline characteristics. The mean EuroSCORE was 3.17 and 3.20 in the OP-BH and the OPCAB groups. The unadjusted 30-day mortality in the propensity-matched OPCAB group was 2.07% (11/531) while mortality in the on-pump beating heart group was significantly higher at 6.9% (37/531). Multivariate analysis showed that OP-BH CABG was an independent risk factor for 30-day mortality as well as major adverse post-operative outcomes including renal, neurological, and respiratory outcomes and post-operative atrial fibrillation.

Conclusions OP-BH CABG is associated with worse clinical outcomes compared to patients undergoing OPCAB.

Keywords On-pump beating heart · OPCAB · CABG

Introduction

On-pump beating heart surgery (OP-BH) has attracted the interest of coronary surgeons in the last couple of decades. Unlike conventional on-pump coronary artery bypass grafting (On-pump CABG) which utilizes both cardiopulmonary bypass (CPB) as well as cardioplegic arrest and off-pump coronary artery bypass (OPCAB) which utilizes neither, OP-BH uses CPB but not cardioplegic arrest. Thus, it is often considered to be an intermediate strategy between OPCAB and On-pump CABG for myocardial revascularization.

The technique is occasionally used in high-risk situations like after a recent myocardial infarction (MI) or acute coronary syndrome (ACS), during emergency surgery or in patients with impaired left ventricular function. It has also been used as a bridge for training of coronary surgeons wishing to make a transition from On-pump CABG to OPCAB as well as by junior trainees.

Despite the technique being in vogue for almost 2 decades, outcome data is sparse with conflicting reports in the literature. While some studies have shown lower in-hospital mortality in the OP-BH group, others have reported no mortality benefit between OP-BH and conventional On-pump CABG [1–5]. Yet others have concluded that while the 30-day mortality was similar, incidence of new irreversible myocardial injury in the OP-BH patients was significantly higher [6].

However, it has to be noted that OP-BH has mostly been compared to conventional on-pump technique and rarely

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with OPCAB. The outcome data emerging out of these comparisons have also been influenced adversely by the heterogeneity of study population as well as by small sample sizes. There have been only two randomized control trials (RCT) and one propensity-matched comparison on the subject all of which compared OP-BH with conventional On-pump CABG [1, 2, 6]. Until date, there have been no RCT comparing OP-BH and OPCAB. There has been only a single prospective study [7], with the rest of the evidence made available from retrospective studies of varying sizes and research questions [5, 8–15].

In the Indian scenario, where over 60% of myocardial revascularizations are performed using the OPCAB technique, it is more relevant to compare the outcomes of OP-BH surgery with OPCAB. We carried out this propensity-matched comparison between OP-BH and OPCAB to address this important lacuna in literature.

Material and methods

This study is a propensity-matched comparison of patients undergoing OP-BH (n = 531) at our institution. The study period extended from 2011 to 2019. The total number of patients undergoing CABG during this time period was 10,572. Of these, 531 (5.02%) were carried out using the OP-BH technique and 10,041 (94.9%) were operated using the OPCAB technique. The patients undergoing OP-BH (n = 531) were then matched with patients undergoing OPCAB (n = 10,041) during the same period using propensity matching.

The aim of the study was to compare OP-BH with OPCAB in propensity-matched cohorts. The objective of the study was to assess if OP-BH is an independent risk factor for adverse outcome following coronary artery bypass grafting. The primary outcome was 30-day all-cause mortality. Secondary outcome was post-operative morbidity and included atrial fibrillation; respiratory, renal, neurological, and cardiovascular complications; sternal dehiscence; and deep sternal wound infections (DSWI).

All patients undergoing isolated primary CABG using the OPCAB or OP-BH technique were **included** in the study. Patients undergoing combined procedures or those below the age of 18 years were **excluded** from the study.

Anesthetic techniques

A standard anesthetic technique was used throughout the study period, with short-acting, easily reversible agents for induction and volatile agents for maintenance. All patients received sedative premedication.

Surgical techniques

All operations were performed by cardiac surgeons with significant experience in OPCAB surgery. During both OPCAB and OP-BH procedures, the Octopus stabiliser (Octopus Device, Medtronic, Minneapolis, MN) was used for stabilization of the target coronary artery along with Star fish apical stabilization device. In OP-BH, cardiopulmonary bypass was established using standard distal ascending aorta and 2-stage right atrial venous cannulation technique. An intra-coronary shunt was used for all coronary anastomoses. Visualization was enhanced by using a surgical blower-humidifier. The target mean arterial pressure (MAP) was kept between 70 and 80 mmHg to optimize coronary perfusion during coronary grafting.

Definitions

Operative mortality was defined as any death that occurred within 30 days of operation. Additive European System for Cardiac Operative Risk Evaluation (EuroSCORE) I was used to calculate the risk profile as in a significant number of patients in the early part of the study only EuroSCORE I was recorded. Renal failure was defined using the RIFLE (Risk, Injury, Failure, Loss of kidney function, and End-stage kidney disease) criteria and included a rise of creatinine 3 times the baseline or serum creatinine ≥ 4 mg/dl, urine output < 0.3 ml/kg/h for 24 h or anuria for 12 h or need for new-onset renal replacement therapy [16]. Gastro-intestinal (GI) complications included GI bleeds, ischemia, acute abdomen, and paralytic ileus lasting more than 48 h. Adverse neurological events included both type I (fatal or nonfatal stroke; as well as transient ischemic attacks and coma) and type II (confusion and seizures which required treatment) events. Post-operative MI was defined by presence of persistent ST changes anytime during the in-hospital stay accompanied by evidence of new regional wall dysfunction on echocardiography. Troponin I was measured in these patients but no clear cut threshold was in place to define MI in the early part of the study.

Definitions with respect to other pre-morbid conditions and post-operative complications are those used in the Society of Thoracic Surgeons (STS) Adult Cardiac Surgical Database, Version 4.20.2 [17]. Major adverse cardiac and cerebral event (MACCE) rates were defined as a composite of 30-day mortality, post-operative MI, and stroke.

Statistical analysis

Categorical data was described as number and percentage. Continuous variables were reported using mean and standard deviation. For propensity matching, nearest neighbor matching technique was used and the groups were matched for variables including age, gender, body mass index,

EuroSCORE, history of recent myocardial infarction or unstable angina, hypertension, peripheral vascular disease, chronic obstructive airway disease, diabetes, pre-op renal impairment, pre-op neurological events, and left ventricular function. Multiple logistic regression was carried out on the pooled data of 1062 patients. Mortality was the dichotomous dependent variable. The independent variables included age, body mass index (BMI), additive EuroSCORE, glycosylated hemoglobin (HbA1c), gender, history of recent MI, unstable angina, peripheral vascular disease, hypertension, chronic obstructive airway disease, pre-operative renal impairment, cerebrovascular accident, left ventricular ejection fraction (LVEF) < 40%, presence of left main coronary artery stenosis, triple vessel disease, usage of left internal thoracic artery, and the OP-BH technique. Odds ratio (OR) and 95% confidence intervals (CI) were used to express risk-adjusted outcomes. All statistical analysis was performed using SPSS v.24.0 (IBM Corp., Armonk, NY, USA).

Results

The total study population consisted of 1062 patients (mean age 58.79 ± 8.41) and consisted of 122 (11.5%) females. Two hundred fourteen (20.2%) presented with a recent history of MI within the last 30 days prior to the procedure. The cohort included two groups each including 531 patients. The first group consisted of patients who had undergone OP-BH surgery. Another cohort of 531 propensity-matched patients was identified from the patients who underwent OPCAB surgery during the same time period.

The two groups were compared for baseline characteristics and were found to be closely matched (Table 1). There were no differences between the groups with regard to age ($p = 0.9$), gender distribution ($p = 0.3$), or risk profile as assessed by EuroSCORE ($p = 0.45$). No differences were observed in terms of presence of left main stem disease ($p = 0.36$), triple vessel disease ($p = 0.93$), presence of carotid stenosis ($p = 0.69$), or other pre-morbid conditions like hypertension ($p = 0.49$) and neurological dysfunction ($p = 0.45$). The mean ejection fraction between the OP-BH and the OPCAB groups was 50.43 ± 0.53 and $49.66 \pm .55$ respectively (p value = 0.32).

The mean number of grafts in the OP-BH and the OPCAB was 3.3 and 3.5 respectively. Usage of one or more arterial grafts in addition to the left internal thoracic artery (LITA) was 31 (5.8%) in the OPCAB group and 34 (6.4%) in the OP-BH group ($p = 0.7$).

In the OP-BH group, univariate comparison revealed a significantly higher incidence of atrial fibrillation ($p = 0.002$) as well as life-threatening arrhythmias like ventricular tachycardia and ventricular fibrillation ($p = 0.01$). Respiratory complications ($p = 0.001$), renal failure ($p < 0.001$), GI ($p = 0.005$), and neurological complications ($p = 0.01$) were all

Table 1 Baseline comparison of propensity-matched groups

	OPCAB (n=531)	OP-BH n=531)	p-value
	no(%)	no(%)	
Age*	58.9±8.4	58.66±8.4	0.955
Female	56 (10.55%)	66 (12.43%)	0.387
Body mass index*	23.9±3.5	24±3.9	0.855
EuroSCORE*	3.42±2.32	3.36±2.37	0.45
Left main disease	64 (12.05%)	75 (14.12%)	0.363
Triple vessel disease	439 (82.67%)	437 (82.30%)	0.936
Double vessel disease	75 (14.12%)	77 (14.5%)	0.93
Single vessel disease	13 (2.45%)	10 (1.88%)	0.67
LVEF<40%	171 (32.2%)	161 (30.32%)	0.551
Carotid artery stenosis	58 (10.92%)	63 (11.86%)	0.69
Pre-op CVA	6 (1.13%)	10 (1.88%)	0.451
Pre-op renal impairment	31 (5.84%)	40 (7.53%)	0.326
Hypothyroid	23 (4.33%)	31 (5.84%)	0.328
COPD	47 (8.85%)	48 (9.04%)	1
Smoker	124 (23.35%)	141 (26.55%)	0.257
Hypertension	357 (67.23%)	381 (71.75%)	0.125
PVD	22 (4.14%)	32 (6.03%)	0.208
Recent MI	112 (21.09%)	102 (19.21%)	0.491

* expressed as mean ± sd. CVA cerebro-vascular accident, COPD chronic obstructive pulmonary disease, PVD peripheral vascular disease, MI myocardial infarction, LVEF left ventricular ejection fraction

significantly more common in the OP-BH group despite the groups being closely matched (Table 2). The MI rate in the OPCAB group was 5 (0.9%) as compared to 30 (5.6%) in the OP-BH group and the stroke rate was 1 (0.18%) and 4 (0.75%) respectively ($p = 0.17$). There were 48 (4.5%) deaths in total. Of these, 11 (2.1%) occurred in the OPCAB group and 37 (6.9%) in the OP-BH group ($p < 0.001$) (Fig. 1). The overall MACCE rates were 17 (3.2%) in the OPCAB group and 71 (13.3%) in the OP-BH group, $p < 0.001$.

Multiple logistic regression was carried out to assess if OP-BH was an independent risk factor for 30-day mortality (Table 3). Apart from OP-BH (OR 5.658, 95% CI 2.8–11.4), only other risk factor which influenced 30-day mortality independently was the EuroSCORE (OR 1.38, 95% CI 1.14–1.66).

Risk-adjusted outcome analysis showed that atrial fibrillation (OR 1.66, 95% CI 1.82–2.34) respiratory (OR 1.64, 95% CI 1.22–2.21), renal (OR 6.25, 95% CI 1.76–22.13), cardiovascular (OR 5.51, 95% CI 3.1–9.8), and neurological (OR 2.27, 95% CI 1.11–4.63) complications were all significantly more common in the OP-BH. After adjustment, the risk of sternal dehiscence (OR 1.56, 95% CI 0.58–4.17) and DSWI (OR 1.24, 95% CI 0.52–2.97) was similar across both groups.

Of the 531 patients, OP-BH was decided upon in 239 patients at the outset. Of the remaining 10,333 patients where OPCAB was the initial technique, 292 (2.8%) were converted

Table 2 Univariate post-operative comparison in propensity-matched groups

	OPCAB (531)	On-pump beating heart (531)	
Atrial fibrillation	70 (13.8%)	106 (19.96%)	0.002
Episodes of VT/VF needing defibrillation	4 (0.75%)	15 (2.82%)	0.01
Respiratory* complications	103 (19.4%)	152 (28.63%)	0.001
CPAP	6 (1.13%)	13 (2.45%)	0.163
Atelectasis	40 (7.53%)	56 (10.55%)	0.108
Effusion (including mild)	78 (14.69%)	112 (21.09%)	0.008
Pneumothorax	1 (0.19%)	3 (0.56%)	0.624
Tracheostomy	7 (1.32%)	20 (3.77%)	0.011
Re-intubation	23 (4.3%)	48 (9%)	.001
Post-op renal failure	16 (3.01%)	49 (9.23%)	<.001
GI complications	6 (1.13%)	20 (3.77%)	.005
Re-explorations	15 (2.8%)	41 (7.7%)	<0.001
IABP	38 (7.1%)	87 (16.3%)	<0.001
High inotropic support	17 (3.2%)	69 (12.9%)	<0.001
MI	5 (0.9%)	30 (5.6%)	<0.001
Adverse neurological outcomes	12 (2.26%)	28 (5.27%)	.010
Sternal dehiscence	7 (1.32%)	11 (2.07%)	0.34
Deep sternal wound infection	10 (1.88%)	12 (2.26%)	0.667
Leg wound infection	3 (0.56%)	8 (1.51%)	0.224
Transfusion of blood or blood products	242 (45.57%)	396 (74.58%)	<0.001

*Some patients had more than one respiratory complications. *VT* ventricular tachycardia, *VF* ventricular fibrillation, *GI* gastro-intestinal, *CPAP* continuous positive airway pressure, *MACCE* major adverse cardiac and cerebral events, *IABP* intra-aortic balloon pump. *High inotropic support*—adrenaline requirement of greater than 0.5 mcg/kg/min or use of vasopressin in addition to adrenaline

to OP-BH intra-operatively. Thus, 292 of OP-BH cases resulted due to conversions from planned OPCAB cases. A subgroup analysis of mortality in these patients showed that there were 23 (7.8%) deaths in patients who were converted from

OPCAB to OP-BH. The cohort where OP-BH was planned before the start of the operation, the mortality was 14 (5.8%) out of 239 patients. The difference in 30-day mortality between those where OP-BH was carried out as a result

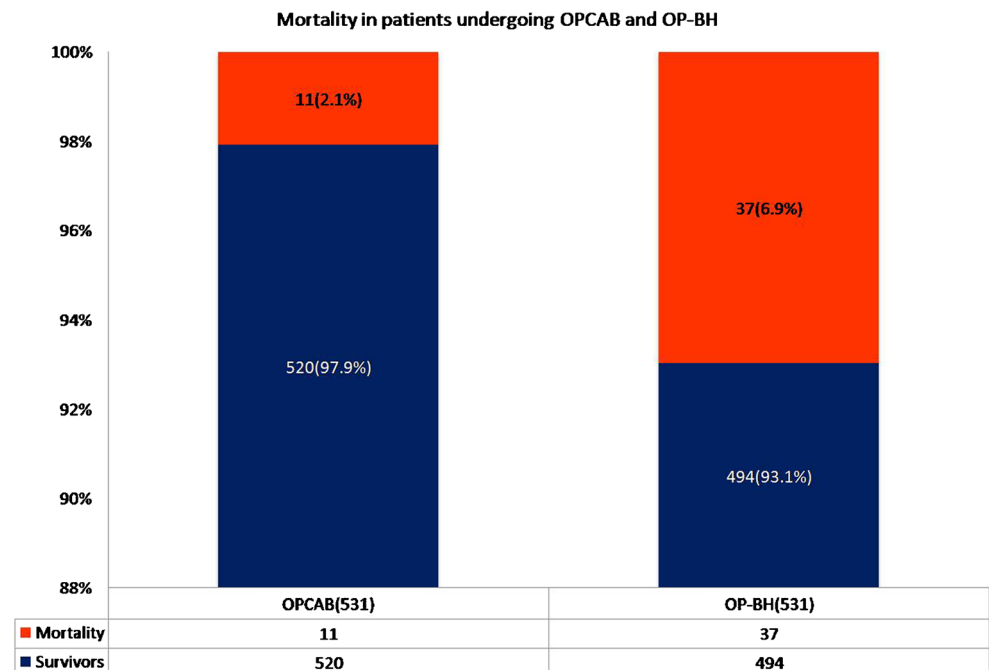
Fig. 1 30-day mortality comparison between OP-BH and OPCAB in propensity-matched cohort

Table 3 Risk factors as identified following multiple logistic regression analysis for 30-day mortality

	OR	95% CI	p value
Age	1.004	0.96–1.04	0.839
BMI	0.973	0.89–1.05	0.494
EuroSCORE	1.383	1.14–1.66	<0.001
Gender	1.629	0.78–3.39	0.192
Recent MI	0.708	0.33–1.49	0.364
Pre-op renal impairment	1.605	0.69–3.72	0.270
Pre-op CVA	0.773	0.09–6.4	0.811
LVEF <40%	1.318	0.71–2.41	0.373
Left main disease	0.805	0.36–1.79	0.597
OP-BH	5.658	2.8–11.4	<0.001

of conversion was thus higher (7.8%) but not statistically significant (p = 0.3) compared to those where the OP-BH was planned at the outset (5.8%) (Fig. 2).

Discussion

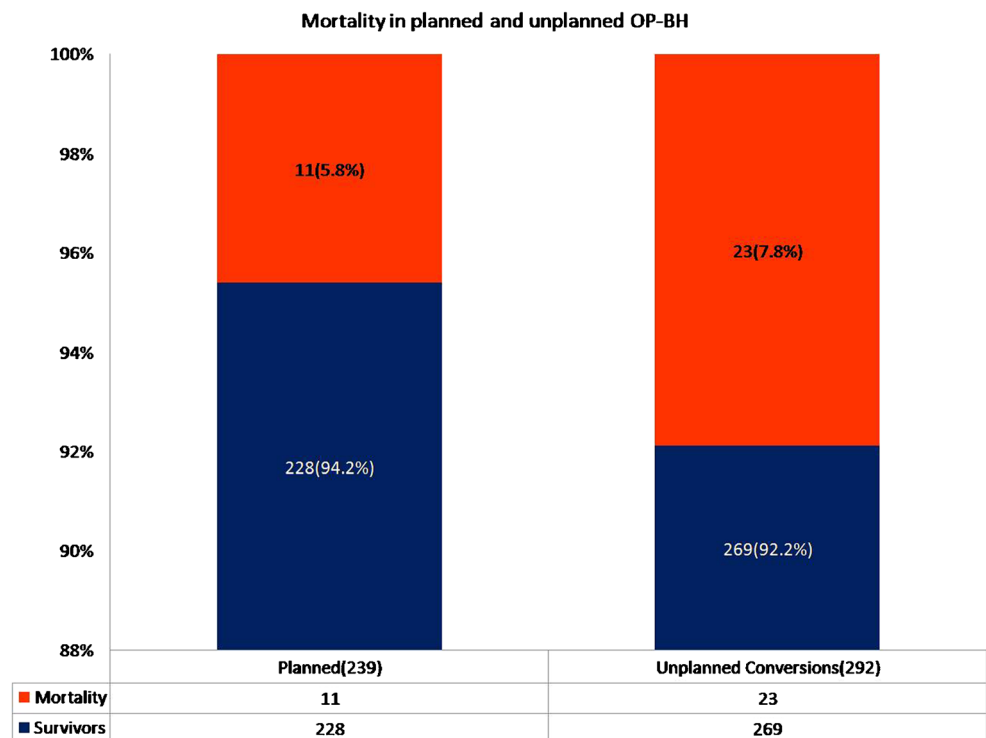
The main finding of our study was that OP-BH compared with OPCAB is associated with worse outcomes. OP-BH was an independent risk factor for 30-day mortality as well as major adverse post-operative outcomes including renal,

neurological, and respiratory outcomes and post-operative atrial fibrillation. Irrespective of whether OP-BH was undertaken as conversion from OPCAB or planned at the outset, the outcomes remained worse when compared to OPCAB.

OP-BH was first reported more than 25 years back and used in high-risk patients for whom OPCAB surgery was considered technically too challenging while conventional CABG surgery was considered too risky [18, 19]. Even though avoidance of cardioplegic arrest was thought to be beneficial in high-risk patients both CPB and cardioplegic arrest have the potential to determine inflammatory activation and myocardial, cerebral, and renal dysfunction [20–22]. Cardioplegic arrest is associated with myocardial injury, low cardiac output, renal impairment, and release of free oxygen radicals and interleukins after reperfusion of the ischaemic myocardium [23–25] but despite avoiding cardioplegic arrest, OP-BH still requires CPB support. It is well known that CPB-related factors like lower systemic pressures, non-pulsatile blood flow, and exposure of blood to artificial surfaces can lead to sub-system organ injury and activation of inflammatory humoral and cellular responses [26, 27].

A randomized controlled study comparing conventional CABG with OP-BH confirmed that the increased inflammatory activation and myocardial injury are similar and are due mostly to CPB which is used both in conventional CABG as well as OP-BH [2]. In OPCAB, the deleterious effects of both cardiopulmonary bypass and cardioplegic arrest can be

Fig. 2 Mortality comparison between patients undergoing OP-BH as an emergency conversion and as planned procedure



avoided, and thus, the superiority of OPCAB over conventional on-pump CABG as well as OP-BH is therefore scientifically intuitive.

However, the available evidence is quite conflicting. Compared to conventional CABG, adoption of OP-BH has been reported to be associated with improved mortality [1, 3, 28, 29]. This has however been contested by other studies which have shown either no difference or beneficial outcome for conventional CABG [2, 4–7, 12, 13]. The comparison between OP-BH and OPCAB has been mainly carried out in retrospective studies [5, 8–15]. These studies have also reported contradictory findings; however, predominantly most of the studies showed similar outcomes between OPCAB and OP-BH [5, 9, 10, 12, 14, 15].

In one of the studies, OPCAB was compared with OP-BH in patients with LVEF <40%. The study showed equivalent mortality rates between the two techniques [14]. Similar findings were seen in another study that compared OP-BH with OPCAB in patients with LVEF <35% [15]. In the OP-BH group, there was an increase in post-operative morbidity in terms of respiratory complications and neurological outcomes but these differences did not reach statistical significance. This lack of difference in mortality or morbidity could be due to a small sample size that ranged from only 44 to 88 patients in the OP-BH arm in these studies [5, 9, 10, 14, 15].

The indications of using OP-BH in our study varied depending on the timing of the decision. Intra-operatively, the main indications for conversions included presence of significant hemodynamic instability, ventricular arrhythmias or widespread ischemic changes. The decision for OP-BH made prior to the start of the operation was influenced by presence of diffuse coronary artery disease where endarterectomy was contemplated; as well as very poor ejection fraction with severe hemodynamic instability that required pre-operative intubation, inotropic support and intra-aortic balloon pump (IABP). Heparin and other anti-platelet agents may have been continued in these patients until the time of surgery. Since, data on duration of pre-operative cessation of anti-platelet agents was not available in all cases this could not be used for propensity matching. Endarterectomies along with continuation of anti-platelet agents may have contributed to the significantly higher re-exploration rates seen in the OP-BH group.

Increased incidence of myocardial infarctions and inotropic requirements seen in our study can be partially explained by the left ventricle being susceptible to subendocardial ischemia during OP-BH. This has been established by another study that provided Magnetic resonance imaging (MRI) evidence of irreversible myocardial injury in more than one-third of the patient undergoing OP-BH [6]. An increase in mortality has also been reported by two other studies with the OP-BH technique compared to OPCAB [7, 8].

The underlying mechanism is due to the subendocardium of the left ventricle being especially prone to myocardial

ischemia, as perfusion to this area occurs exclusively during diastole [30]. Subendocardial ischemia results due to an imbalance between energy supply and demand. The energy supply is dependent on the oxygen delivery which in turn is primarily dependent on the coronary perfusion. With a decrease in coronary perfusion pressure, there is a progressive redistribution of blood flow away from the subendocardium [31]. In OPCAB surgery, subendocardial ischemia to a large extent is prevented by auto-regulation [32]. In OP-BH surgery, the cardiac workload is reduced in an empty beating heart; however, the bypassed beating heart is completely dependent on the perfusion pressure and a drop in perfusion pressure below 50 mm of Hg leads to significant subendocardial ischemia [33, 34].

Another important explanation for higher mortality seen in the OP-BH group could be due to the conversions (planned or unplanned). These conversions could have been either an outcome of hemodynamic instability requiring emergency conversions (unplanned) or could have been chosen electively at the start of the operation in anticipation of hemodynamic instability or technical problems (planned). High-volume centers have reported a mortality rate as high as 6% where the conversion occurred electively but was 32% in emergency conversions [35]. However, in our study, the mortality in the patients who were converted from OPCAB was higher (7.8%) but not significantly so compared to those where OP-BH was used as an elective strategy (5.8%). It is also possible that some of the OP-BH strategy deemed elective were done so because of concerns over using the preferred strategy of OPCAB. In fact, this important issue was discussed in a best evidence paper comparing OP-BH with OPCAB, which highlighted that most of the available data on OP-BH arises from specialist off-pump surgeons or centers where OP-BH is invariably carried out in the higher risk patients [36]. OP-BH has been used primarily in high-risk situation and it is difficult to ascertain whether the poor outcome seen with OP-BH is due to the technique or is merely a reflection of a more severe underlying disease process and patient-related factors. In view of available evidence, a randomized study may be ethically challenging and outcome data from well-designed prospective observational studies in low-risk patients can provide some evidence about the technique itself. In view of poor outcomes seen with this technique, utilization of the conventional on-pump technique should be contemplated in these situations.

Limitations

The most important limitation of our study is a selection bias. All surgeons at the institution were predominantly OPCAB surgeons. Therefore, every time a patient was chosen for OP-BH, there must have been compelling reasons for doing so. While the risk stratification takes cognizance of well-defined parameters, there are undefined factors, determined by the surgical

experience to anticipate problems, with a particular technique. Severe diffuse lesions, poor targets, and anticipation of needing endarterectomies are not assessed by risk stratification scores but may have influenced surgeons' decision to embark on OP-BH. We have attempted to adjust for this selection bias by carrying out a robust propensity matching where the groups were closely matched for all measured parameters. However, certain unmeasured factors may remain which could have influenced our outcomes. We also used EuroSCORE I and not the more recent EuroSCORE II or the STS score because in a significant number of patients, in the early part of the study, only EuroSCORE I was recorded. However, we feel that since the same risk stratification method was used in both arms it should not unfairly influence the interpretation of our findings. Retrospective studies are also limited by adequacy and accuracy of data capturing. In our study, capturing of type II neurological defects as well as MI is liable to be deficient in this respect.

Conclusion

OP-BH in our study was associated with poor outcomes. Propensity matching allowed a balance comparison between OPCAB and OP-BH; however, unquantified factors may have influenced the outcomes too. Irrespective of the cause, it is apparent that utilization of OP-BH either by design or by compulsion is associated with worse outcomes. Thus, OP-BH in a predominantly OPCAB center may be considered to be an indirect marker of poor outcome. Further, prospective randomized studies would be required to answer the question with certainty but its feasibility remains questionable.

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Declarations

Ethics committee approval Was obtained from the institutional ethics committee (NHRTICSEC/AP/2021/002) on the 4th of January 2021.

Human rights statement The research was conducted in accordance with the 1964 Helsinki Declaration.

Informed consent As the study was a retrospective analysis of data, the need for individual patient consent was waived off.

Conflict of interest The authors declare no competing interests.

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