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Soluble TWEAK may predict carotid atherosclerosis in treated HIV infection

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Abstract

Background: Soluble Tumor Necrosis Factor Weak Inducer of Apoptosis (sTWEAK) has been proposed as a novel biomarker of cardiovascular disease risk. This study compares levels of sTWEAK, sCD163 and the sCD163/sTWEAK ratio in HIV-infected and uninfected patients and their associations with cardiovascular and inflammatory factors.

Methods: The data for our analysis come from 274 HIV-infected adults and 59 controls. HIV participants were on stable antiretroviral therapy (ART). Wilcoxon-Mann-Whitney tests were used for comparing markers between HIV-infected participants with HIV viral load <50 copies/mL (aviremic group), HIV-infected participants with detectable viremia (HIV-1 RNA 50 copies/mL; viremic group) and HIV negative participants. Multivariable quantile regression analyses were used to assess associations of sTWEAK and sCD163 with other markers of inflammation and carotid intima-media thickness (cIMT).

Results: Overall, 74% of participants were male; 59% were African Americans; median age was 40 years and CD4 595 cells/mm³. Overall, HIV-infected participants had reduced sTWEAK and increased sCD163 levels compared to HIV-uninfected participants (p=0.0001 for both markers). In addition, these biomarkers were significantly different between HIV-infected viremic and aviremic patients (p 0.01 for both markers). In multivariable models, sTWEAK and sCD163 in aviremic patients were significantly correlated with common carotid artery IMT (p 0.05). In HIV-infected aviremic participants, sTWEAK and sCD163 were both associated with IL-6, CD14+CD16+ monocytes (p 0.02); additionally, sCD163 was associated with D-dimer- ($\beta=-69.5, 0.05$), VCAM ($\beta=72.4, p=0.05$), TNF RI ($\beta=91.1, p<0.01$) and TNF RII ($\beta=87.8, p<0.01$).

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Author Contributions:

GAM designed the study and obtained funding. AS provided statistical support. MK and NF provided laboratory support. All authors contributed to data analysis and writing of the manuscript.

Conflicts of Interest:

GAM served as a consultant for Bristol-Myers Squibb, ViiV/GlaxoSmithKline, Pfizer, Gilead, and ICON. She received research grants from Gilead, GSK, BMS, and Astra Zeneca. NF served as a paid consultant for Gilead Science.

Conclusions: HIV-infected participants showed increased systemic inflammatory and monocyte activation markers. Soluble CD163 and sTWEAK levels were associated with carotid intima-media thickness.

Keywords

inflammation; cardiovascular disease; immune activation

Introduction

Tumor Necrosis Factor Weak Inducer of Apoptosis (TWEAK) is a cytokine that belongs to the tumor necrosis factor (TNF) family that is mainly produced by macrophages. TWEAK gets cleaved into a membrane-bound form and an active soluble variant (sTWEAK). TWEAK binds to fibroblasts growth factor-inducible 14 (Fn 14) and is involved in a multitude of signaling inflammatory pathways including angiogenesis and thrombosis [1]. Soluble CD163 (sCD163), a marker of immunomodulation, is cleaved from macrophages during inflammation and has been strongly correlated to coronary atherosclerosis [2]. CD163 has been proposed to act as a TWEAK scavenger receptor [3]. sTWEAK has been proposed as a biomarker in cardiovascular diseases [4]. Reduced levels of sTWEAK have been reported in patients with chronic kidney disease and type II diabetes [5], and have been associated with coronary artery disease, heart failure, aortic abdominal aneurysm and peripheral artery disease [6-9]. Carotid intima-media thickness (cIMT) is a strong predictor of cardiovascular disease and has also been correlated with sTWEAK in renal patients [10-12] and recently, sTWEAK levels were independently and negatively associated with cIMT in participants with subclinical cardiovascular disease [13].

Despite antiretroviral therapy (ART), HIV-infected adults remain at a higher risk of co-morbidities including cardiovascular disease. Impaired metabolic pathways and persistent inflammation and immune activation are potential contributing factors to these increased co-morbidities. Searching for novel biomarkers to further understand the pathophysiology and predict the risk of cardiovascular disease in asymptomatic HIV-infected patients is imperative. Soluble CD163 is associated with noncalcified plaque in HIV-infected patients [14, 15], however to our knowledge, there is only one small study comparing sTWEAK levels in patients with HIV [16] versus uninfected controls. This study by Beltran et al analyzed levels of sTWEAK in 26 HIV-infected participants, pre and post ART, compared to levels in uninfected controls. Patients with HIV had lower levels of sTWEAK and higher sCD163/sTWEAK ratio; antiretroviral therapy had no effect on sTWEAK levels. Evidence is lacking on the role of sTWEAK on cardiovascular measures and other markers of inflammation and immune activation in HIV-infected patients. Carotid IMT has been used extensively in patients with HIV to understand the relationship between different risk factors and subclinical atherosclerosis. To help us further understand the role of sTWEAK in HIV-infected patients, we analyzed sTWEAK, sCD163 and sCD163/sTWEAK ratio in uninfected controls and HIV-infected adults and the relation of these measurements with cIMT and other systemic inflammatory markers that have been characterized in HIV infection. Several studies have suggested a link between HIV viremia and cardiovascular disease [17, 18]. In this day and age, we believe it is important to consider HIV-infected individuals on ART

with suboptimal viral suppression. Patients were therefore further stratified with viral load < or = 50 copies/mL in order to extrapolate our findings to those participants on ART with residual viremia which may have an impact on markers of inflammation and immune activation.

Methods

Study Design

This analysis used a cohort of HIV-infected and uninfected participants prospectively enrolled at University Hospitals Case Medical Center, Cleveland, Ohio. The study was approved by the local Institutional Review Board, and written informed consent was provided by all participants. All participants were ≥ 18 years of age, with HIV-1 infection on stable ART for at least 3 months with cumulative ART duration of at least 6 months. Participants were excluded if they had a history of coronary disease or diabetes, were pregnant or lactating, or had an active infectious or inflammatory condition.

Study evaluations

Blood draws were obtained for measurements of renal and lipid profiles, glucose and insulin levels. Blood was drawn after a 12-hour fast. Additionally, blood was processed and plasma, serum, and peripheral blood mononuclear cells were cryopreserved for measurement of markers of immune activation, systemic inflammation and coagulation as previously described [19, 20].

Inflammation and soluble immune activation markers

Soluble markers of inflammation [interleukin-6 (IL-6), soluble tumor necrosis factor receptors I and II (sTNF-RI and -RII)], soluble vascular cell adhesion molecule (VCAM) were measured by ELISA (R&D Systems, Minneapolis, MN) with the exception of high sensitivity C-reactive protein (hsCRP) which was determined by particle enhanced immunonephelometric assay on a BNII nephelometer (Siemens, Indianapolis, IN, USA). D-Dimer levels were determined by immunoturbidometric assay on a STA-R coagulation analyzer (Diagnostic STago, Inc., Parsippany, NJ). Soluble markers of monocyte activation [soluble CD14 (sCD14) and soluble CD163 (sCD163)] as well as sTWEAK were measured by ELISA (R&D Systems, Minneapolis, MN).

Cellular markers of monocyte and T-cell activation

Monocyte and T-cells were phenotyped by flow cytometry as previously described [20]. CD4⁺ and CD8⁺ T-cell activation was defined as co-expression of CD38 and HLA-DR. Monocyte phenotype was determined by the relative expression of CD14, CD16 and surface tissue factor (TF).

Subclinical vascular disease

Mean-mean common carotid artery (CCA) intima media thickness (CCA-IMT) was measured by high resolution ultrasound as described previously [21, 22]. For carotid IMT, a high-resolution B-mode ultrasound scan of the bilateral common carotid arteries was

performed using a Philips iU22 ultrasound system with an L9-3 MHz linear array transducer (Philips Healthcare, Andover, MA). R-wave gated still frame images of the distal 1 cm of the common carotid artery (CCA) far wall were obtained at three separate angles bilaterally (anterior, lateral and posterior). CCA IMT was measured offline using semi-automatic edge detection software (Brachial Analyzer for Research; Medical Imaging Applications LLC, Coralville, IA). The mean-mean CCA IMT, mean-max CCA IMT, mean bulb and mean-max carotid bulb were used for analysis. Measurements were taken at three separate angles bilaterally and the average of the six measurements was used for analysis.

Statistical Analysis

The major objective of this study was to compare sTWEAK, sCD163 and sCD163/sTWEAK ratio between HIV-infected participants with HIV viral load less than 50 copies/mL (aviremic group), HIV-infected participants with detectable viremia (HIV-1 RNA >50 copies/mL; viremic group) and HIV negative participants. Secondary objectives were to examine associations between sTWEAK, sCD163, sCD163/sTWEAK and cIMT and markers of systemic inflammation, immune activation and coagulation. Continuous measures were summarized either by mean \pm SD or medians (inter-quartile range) depending on the data distribution. Normally distributed data were summarized by mean \pm SD and equality of the means in three groups was tested using analysis of variance. Skewed data were summarized by median (inter-quartile range) and equality of the data distributions in three groups are tested using Kruskal Wallis test. The sTWEAK, sCD163 and sCD163/sTWEAK ratio measures were studied graphically using box plots. These variables distributions do not follow Gaussian distribution, and thus we used robust (median) regression approach to assess association between sTWEAK, sCD163 and sCD163/sTWEAK ratio and cIMT, as well as other markers of inflammation. For these, separate regression models were constructed with sTWEAK, sCD163 and sCD163/sTWEAK ratio were as the outcome. For these models, clinically relevant variables as well as markers of inflammation, immune activation and cIMT were considered for inclusion. All the statistical analyses are performed using statistical software Stata 13.0 (StataCorp. 2013. Stata Statistical Software: Release 13. College Station, TX).

Results

Baseline characteristics

Overall, 274 HIV-infected participants and 59 uninfected controls were included in the present analysis. Demographic information and baseline characteristics are displayed in Table 1. Overall, the median age among all participants was 40 years, 74% were male and 59% were African American. Among HIV-infected participants, the median CD4 cell count was 595 cells/mm³. In patients with HIV-1 RNA > 50 copies/mL, the median viral load was 1860 copies/mL.

sTWEAK, sCD163 and sCD163/sTWEAK differences

Overall, HIV-infected participants had reduced sTWEAK levels and increased sCD163 levels compared to levels in controls (Fig 1 and Table 2). sTWEAK, sCD163 and sCD163/sTWEAK were significantly different between viremic and aviremic HIV-infected

individuals ($p = 0.01$) and between the aviremic and uninfected participants ($p=0.0001$). After adjusting for demographic factors that were statistically different between the groups such as age, gender, race, family history of diabetes and current smoking, sTWEAK, sCD163 and sCD163/sTWEAK ratio remained significantly different between HIV-infected and uninfected participants ($p = 0.02$).

Association between sTWEAK, sCD163 and sCD163/sTWEAK and inflammatory and cardiovascular biomarkers

As seen in table 3, separate regression models were constructed in aviremic HIV-infected participants to assess the association between sTWEAK, sCD163, sCD163/sTWEAK and clinically significant variables as well as inflammatory markers and cIMT. In aviremic HIV-infected participants, sTWEAK, sCD163 and sCD163/sTWEAK were all associated with common carotid artery IMT ($p = 0.05$). Soluble TWEAK, sCD163 and sCD163/sTWEAK were associated with markers of general inflammation, coagulation, endothelial activation as well as T cell activation and monocyte markers. Specifically, both sTWEAK and sCD163 were associated with IL-6 and the proportion of CD14+CD16+ monocytes ($p = 0.02$); sCD163 levels were also associated with levels of D-dimer, VCAM, TNF RI and RII ($p = 0.05$).

Among traditional CVD risk factors in aviremic participants, age and hypertension were associated with sTWEAK ($p=0.03$ for both), and age as well as waist-to-hip ratio with sCD163 ($p = 0.01$). There were no significant associations between sTWEAK or sCD163 and body mass index, sex, HOMA-IR, LDL- or HDL- cholesterol, ($p = 0.09$) (see table 3) In aviremic patients, we tested several HIV variables, but only viremia was associated with sCD163/sTWEAK ratio ($p=0.04$). None of the others variables were significant, including HIV duration, current CD4 count, nadir CD4 count, current protease inhibitor use ($p = 0.10$).

In HIV-uninfected patients and in HIV-infected viremic patients, no association was found between sTWEAK, sCD163 or sCD163/sTWEAK and carotid artery IMT ($p = 0.12$).

Discussion

For the first time in HIV-infected participants, we investigated the relationship between sTWEAK levels and early markers of cardiovascular disease. We found that in HIV-infected adults virologically suppressed on ART, sTWEAK, sCD163 and sCD163/sTWEAK ratio were associated with common carotid artery intima media thickness, a surrogate marker of atherosclerosis.

To our knowledge, only one other report has been published on levels of sTWEAK in a small cohort of HIV-infected patients ($n=26$) versus controls [16]. Participants in this study were ART naive and sTWEAK was measured at baseline and again 48 weeks after ART initiation. Similar to our findings, patients with HIV had reduced sTWEAK levels and increased sCD163 compared to uninfected controls; however, the sTWEAK levels reported were much lower than what we found. In the study by Beltran et al, patients with HIV had sTWEAK median levels of 354 pg/mL compared to 850 pg/mL in our study; and HIV-negative controls median sTWEAK levels of 468 pg/mL compared to 1707 pg/mL

reported here. Several factors could explain these differences: participants in their study were slightly younger (37 vs 43 years), had a lower BMI (24 vs 28) and higher levels of baseline viremia (32,050 copies/mL vs 1,860 copies/mL) in addition the kits used were different (the source of our kits was R&D Systems, Minneapolis, MN, while theirs Bender Med Systems, Vienna, Austria).

sTWEAK was significantly higher in aviremic HIV-infected participants compared to viremic participants supporting the hypothesis that ongoing viremia contributes to inflammation and immune activation and highlighting the importance of viral suppression.

Unlike TNF- α , which stimulates the innate inflammatory response, TWEAK appears to play an important role in immune modulation. Lower levels of sTWEAK are associated with inflammatory conditions such as rheumatoid arthritis [23] and atherosclerosis [13]. TWEAK is reduced in mice with chronic autoimmune diseases such as systemic lupus erythematosus and autoimmune hemolytic anemia [24]. In addition, studies performed in TWEAK knockout mice suggest that the expression of TWEAK by natural killer cells and macrophages in response to infection helps to downregulate the inflammatory response [25]. Elevated levels of sCD163 has been well documented in HIV [14, 26] and also in other proinflammatory conditions including rheumatoid arthritis [27], lupus [28] and Gaucher disease [29]. Soluble CD163 is known to act as a scavenger receptor for sTWEAK [3]. In vitro studies also suggest that macrophages expressing CD163 are able to internalize sTWEAK [30]. In addition, Fn14, the TWEAK receptor, is almost absent in healthy tissue and gets upregulated during tissue injury, in myocardial infarction and atherosclerotic plaques and binds sTWEAK [9, 31, 32]. Therefore, we hypothesize that the reduced levels of sTWEAK seen in HIV-infected patients could be the result of the upregulation of sCD163 by macrophage activation and/or Fn14 by damaged tissue.

Soluble TWEAK levels are lower in carotid plaques compared to levels in normal arteries [4]. Similar results have been found in plasma samples from patients with carotid stenosis relative to levels from control participants. IMT, a marker of CVD, has been negatively associated with sTWEAK concentrations in asymptomatic participants and in patients with chronic kidney disease [11, 12, 33]. In our cohort of HIV-infected patients who are aviremic, we show for the first time that sTWEAK correlated with carotid bulb and common carotid artery intima media thickness. As seen in renal transplant patients [10], sTWEAK in aviremic participants was positively correlated with IMT. Further supporting the role of sTWEAK as a marker of CVD in HIV, we found that this cytokine was negatively correlated with the inflammatory subset of monocyte (CD14+CD16+) which has been linked to CVD risks and events in HIV-infected [34] and uninfected [35] population. We suspect that the pathogenesis of atherosclerosis in HIV is multifactorial and although TWEAK /Fn14 appear to play a role in vascular remodeling, other members of the TNF family are likely involved promoting both the canonical as well as the non-canonical NF-kappa B pathways [36].

In HIV-uninfected patients, low sTWEAK has also been correlated with other risk factors associated with cardiovascular disease including hemoglobin A1C, central obesity [37], insulin resistance [38], however, in HIV, we did not find a correlation between sTWEAK and HOMA-IR, BMI ,waist hip ratio or cholesterol and LDL.

Levels of sCD163 have been associated with both arterial inflammation [26] and noncalcified plaque [14] in HIV-infected patients; we extend these observations with our finding that sCD163 is associated with cIMT as well as several endothelial and markers of general inflammation.

Chronic inflammation is involved in the development of atherosclerosis. Activation of NF-kappa B pathways leads to the expression of adhesion molecules and inflammatory cells which allows the initiation and perpetuation of the inflammatory response that enables atherosclerosis progression. TWEAK when bound to Fn14 can activate NF-kappa B and promote the inflammatory pathway implicated in atherosclerosis. In mice, anti-TWEAK monoclonal antibody decrease the activation of NF-kappa B [39], decrease macrophage uptake by modified lipids in atherosclerotic plaques [40], and decrease the expression of prothrombotic factors in plaques [41]. These findings suggest that anti-TWEAK treatment could potentially prevent the inflammatory and cellular changes involved in atherosclerosis.

Our study has several strengths, including the comprehensive evaluations of inflammation, immune activation and cardiovascular disease risk. The limitations include the cross-sectional design, therefore we cannot prove causal relationships or exclude the possibility of residual confounding. In addition, because of the study design, the baseline characteristics were significantly different among the three groups including several of the CVD risk factors. Our population was also mostly men and African American, so our findings may not be applicable to other HIV-infected populations.

In conclusion, we show that sTWEAK levels are lower in HIV-infected patients compared to uninfected participants. Our findings also suggest that sTWEAK might have a role in the pathogenesis of atherosclerosis in patients with HIV and could be a novel biomarker of CVD. Large scale longitudinal studies are warranted to determine how Fn 14, sCD163 and sTWEAK interact and their relevance in atherosclerosis pathogenesis in HIV. Finally, the use of targeted therapy towards this axis such as monoclonal antibody and statins could potentially inhibit plaque formation and remodeling and warrant further investigation.

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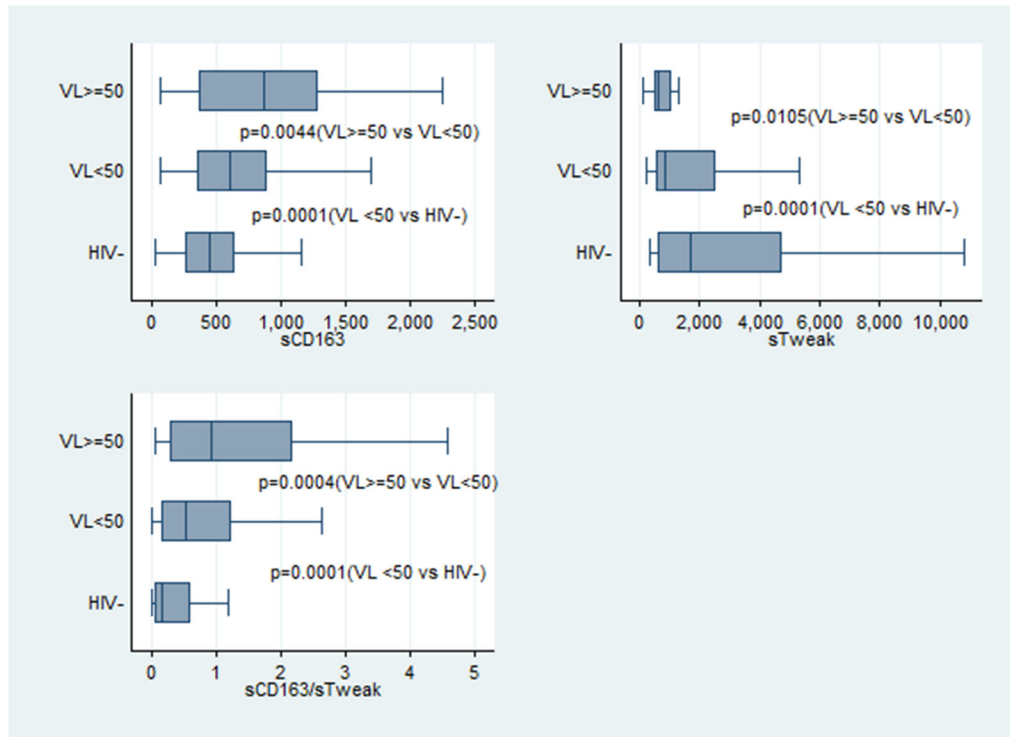


Figure 1: sTWEAK, sCD163 and sCD163/sTWEAK ratio in HIV-infected participants and controls

Table 1.

Baseline Characteristics.

Median values (interquartile range)

	HIV positive 50 copies/mL (n=100)	HIV positive <50 copies/mL (n=174)	HIV negative (n=59)	P value
Demographics				
Age, years	41 (31,49)	43 (25,51)	35 (23,44)	0.01
Male sex	79%	78%	64%	0.08
African American	65%	70%	41%	<0.01
Metabolic and cardiovascular risk factors				
Family history of MI	29%	25%	19%	0.64
Family history of diabetes	34%	40%	15%	0.01
BMI, kg/m ²	27 (23,31)	25 (22,29)	28 (25,31)	<0.01
Waist Hip Ratio	0.89 (0.77,0.92)	0.86 (0.75,0.92)	0.86 (0.73,0.92)	0.90
Active Hepatitis C	8%	4%	0%	0.04
Systolic blood pressure, mm Hg	122 (110,131)	122 (114,133)	120 (110,128)	0.18
Hypertensive Medication	26%	32%	10%	<0.01
HDL cholesterol, mg/dL	43 (37,53)	46 (38,56)	47 (42,58)	0.03
LDL cholesterol mg/dL	99 (78,120)	95 (75,112)	118 (91,135)	<0.01
HOMA-IR	1.54 (0.72,2.31)	1.99 (1.21,4.07)	1.32 (0.65,2.38)	<0.01
Current Smoking	59%	55%	19%	<0.01
HIV parameters				
Current CD4+ count, cells/mm ³	538 (461,709)	653 (451,860)		0.06
Nadir CD4+ count, cells/mm ³	107 (322,524)	198 (80,300)		<0.01
HIV RNA, copies/mL	1860 (160,10322)	20 (20,48)		<0.01
Current protease inhibitor use	19%	46%		<0.01
Measures of subclinical vascular disease				
Mean-Mean common carotid artery IMT, mm	0.64 (0.59,0.69)	0.64 (0.57,0.73)	0.59 (0.56,0.68)	0.02
Mean-Max common carotid artery IMT, mm	0.80 (0.75,0.90)	0.81 (0.72,0.91)	0.78 (0.69,0.88)	0.22
Mean- mean carotid bulb IMT, mm	0.72 (0.65,0.81)	0.74 (0.64,0.89)	0.67 (0.61,0.79)	0.06
Mean-Max Carotid Bulb IMT, mm	1.03 (0.92,1.17)	0.81 (0.72,0.91)	0.78 (0.69,0.88)	0.14
Inflammation and Immune activation				
hsCRP, µg/mL	1.15 (0.59,3.50)	2.15 (0.56,2.30)	0.86 (0.34,1.82)	<0.01
D-dimer, µg/mL	0.20 (0.11,0.36)	0.21 (0.11,0.71)	0.19 (0.11,0.28)	0.15
Interleukin 6, pg/mL	2.61 (1.88,4.14)	2.16 (1.33,3.76)	1.81 (1.10,2.72)	<0.01
TNFα- receptor I, Pg/mL	1261 (1053,1445)	1253 (944,1762)	1243 (1087,1394)	0.79
TNFα- receptor II, Pg/mL	2888 (2474,3515)	2332 (1848,2859)	2295 (2052,2662)	<0.01
VCAM, ng/mL	843 (653,1069)	670 (562,812)	570 (467,714)	<0.01
CD4+CD38+HLADR+T-cells, %	18 (13,21)	13 (10,17)		

	HIV positive 50 copies/mL (n=100)	HIV positive <50 copies/mL (n=174)	HIV negative (n=59)	P value
CD8+CD38+HLADR+T-cells, %	43 (31,52)	29 (21,38)		
CD14+CD16+monocytes, %	20 (18,42)	23 (18,32)		
CD14dimCD16+monocytes, %	12 (8,18)	11 (8,14)		
sCD14, ng/mL	1558 (1289,1883)	1997 (1572,2401)	1221 (1031,1494)	<0.01
sTWEAK, pg/mL	638 (500,1096)	850 (541,2539)	1707 (629,4780)	<0.01
sCD163, ng/mL	867 (373,1291)	607 (363,901)	449 (265; 651)	<0.01
sCD163/sTWEAK	0.92 (0.33,2.19)	0.52 (0.17, 1.24)	0.17 (0.06; 0.61)	<0.01

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Table 2:

sTWEAK and sCD163 levels between HIV positive participants and HIV negative controls

	HIV positive viral load \geq 50 copies/mL (n=100)	HIV positive viral load < 50 copies/mL (n=174)	HIV negative (n=59)	P value
sTWEAK (pg/mL) median (IQR)	638 (500,1096)	850 (541,2539)	1707 (629,4780)	0.0001
sCD163 (ng/mL) median (IQR)	867 (373,1291)	607 (363, 901)	449 (265; 651)	0.0001
sCD163/sTWEAK median (IQR)	0.92 (0.33,2.19)	0.52 (0.17, 1.24)	0.17 (0.06; 0.61)	0.0001

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Table 3:

Multivariable analysis for relationship between inflammatory markers between sTWEAK, sCD163, sTWEAK/sCD163 and inflammatory and cardiovascular markers for HIV-infected patients with VL<50 copies/mL

	sTWEAK		sCD163		sCD163/sTWEAK	
	β (SE)	P value	β (SE)	P value	β (SE)	P value
Demographics						
Age, years	-125.42 (55.9)	0.03	120.02 (26.80)	<0.01	0.20 (0.34)	<0.01
Male sex	53.19 (217.8)	0.80	16.44 (67.90)	0.81	-0.02 (0.23)	0.91
Metabolic and cardiovascular risk factors						
Waist Hip Ratio	-439.67 (972.10)	0.65	988.36 (383.75)	0.01	1.46 (0.74)	0.05
BMI, kg/m ²	-8.81 (10.59)	0.41	9.31 (6.10)	0.13	0.011 (0.01)	0.18
Hypertensive Medication	602.42 (266.75)	0.03	-233.96 (137.86)	0.10	-0.56 (0.38)	0.14
HOMA-IR	-6.00 (14.20)	0.67	1.144 (9.09)	0.90	0.15 (0.01)	0.21
Cholesterol, mg/dL	26.46 (97.51)	0.79	-61.43 (38.32)	0.11	-0.04 (0.05)	0.41
LDL, mg/dL	96.84 (90.19)	0.28	-59.68 (35.58)	0.09	-0.06 (0.05)	0.28
HIV parameters						
Nadir CD4+ count, cells/mm ³	193.16 (116.58)	0.10	0.033 (38.89)	0.99	-0.07 (0.06)	0.20
HIV RNA, copies/mL	-83544.14 (99169.93)	0.40	62948.01 (44852.87)	0.16	127.89 (63.99)	0.05
Measures of subclinical vascular disease						
Mean-Mean common carotid artery IMT, mm	1806.50 (685.16)	<0.01	678.82 (304.98)	0.03	-0.75 (0.37)	0.05
Mean-Max common carotid artery IMT, mm	1128.18 (555.64)	0.04	776.63 (199.34)	<0.01	-0.13 (0.33)	0.70
Mean- mean carotid bulb IMT, mm	65.76 (281.92)	0.82	165.53 (106.64)	0.12	0.15 (0.22)	0.52
Mean-Max Carotid Bulb IMT, mm	371.17 (289.68)	0.20	99.20 (94.18)	0.29	0.04 (0.18)	0.81
Inflammation and Immune activation						
hsCRP, μ g/mL	36.62 (55.62)	0.51	13.31 (22.69)	0.56	0.01 (0.04)	0.82
D-dimer, μ g/mL	-10.61 (74.61)	0.89	-69.54 (34.62)	0.05	-0.00 (0.05)	0.92
Interleukin 6, pg/mL	29.21 (7.06)	<0.01	6.59 (2.67)	0.015	-0.01 (0.00)	0.11
TNF α - receptor I, Pg/mL	-60.59 (54.96)	0.27	91.07 (25.49)	<0.01	0.10 (0.05)	0.06
TNF α - receptor II, Pg/mL	89.60 (96.40)	0.35	87.78 (30.48)	<0.01	-0.00 (0.06)	0.90
VCAM	-0.04 (100.10)	1.00	72.46 (36.30)	0.05	0.05 (0.07)	0.45
CD4+CD38+HLADR+T-cells, %	17.86 (14.33)	0.22	5.08 (6.00)	0.40	-0.00 (0.01)	0.77
CD8+CD38+HLADR+T-cells, %	172.72 (118.55)	0.15	5.48 (52.81)	0.92	-0.13 (0.13)	0.31
CD14+CD16+monocytes, %	-11.77 (5.15)	0.02	7.93 (2.00)	<0.01	0.01 (0.01)	0.06
CD14dimCD16+monocytes, %	-30.14 (21.82)	0.17	2.50 (8.35)	0.77	0.04 (0.02)	0.03
sCD14, ng/mL	11.73 (35.82)	0.74	14.26 (16.23)	0.38	0.2 (0.02)	0.44
sCD163, ng/mL	0.54 (0.21)	0.01				

All regression coefficients were adjusted for age, sex and race