



Metabolomics-driven Approaches on Interactions Between *Enterococcus faecalis* and *Candida albicans* Biofilms

Enterococcus faecalis ve *Candida albicans* Biyofilmleri Arasındaki Etkileşimler Üzerine Metabolomik Odaklı Yaklaşımlar

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ABSTRACT

Objectives: This study aimed to determine the effect of *Enterococcus faecalis* on the cell growth and hyphal formation of *Candida albicans* and to understand the exact mechanism of candidal inhibition by the existence of *E. faecalis* by metabolomic analysis.

Materials and Methods: Single- and dual-species biofilms of *E. faecalis* and *C. albicans* were formed in a microtiter plate, and the metabolomic profiles of both biofilms was determined by gas chromatography-mass spectrometry. The hyphal cell growth of *C. albicans* after treatment with both the supernatant and biofilm cells of *E. faecalis* was examined microscopically. The expression levels of Efg1 and the images of *C. albicans* cell wall in single- and dual-species biofilms were determined by real-time quantitative polymerase chain reaction and transmission electron microscopy, respectively. The violacein levels produced by *Chromobacterium violaceum* were measured to determine the quorum sensing (QS) inhibitory activity of single- and dual-species biofilms.

Results: The biofilm cell growth, Efg1 expression, and hyphal development of *C. albicans* were inhibited by *E. faecalis*. Compared to single-species biofilms, alterations in carbohydrate, amino acid, and polyamine metabolites were observed in the dual-species biofilm for both microorganisms. Putrescine and pipercolic acid were detected at high levels in dual-species biofilm. A thicker β -glucan chitin and a denser and narrower fibrillar mannan layer of *C. albicans* cell wall were observed in dual-species biofilm. QS inhibitory activity was higher in dual-species biofilm suspensions of *E. faecalis* and *C. albicans* than in their single-species biofilms.

Conclusion: *E. faecalis* inhibited the hyphal development and biofilm formation of *C. albicans*. Biofilm suspensions of *C. albicans* and *E. faecalis* showed an anti-QS activity, which increased even further in the environment where the two species coexisted. Investigation of putrescine and pipercolic acid can be an important step to understand the inhibition of *C. albicans* by bacteria.

Key words: Dual-biofilm, *Candida albicans*, *Enterococcus faecalis*, fungal inhibition, metabolomic

ÖZ

Amaç: *Enterococcus faecalis*'in *Candida albicans*'in hücre büyümesi ve hifal gelişimi üzerine etkisini değerlendirmeyi ve *E. faecalis* varlığında candidal inhibisyonunun ana mekanizmasını metabolomik analizler ile belirlemeyi amaçladık.

Gereç ve Yöntemler: *E. faecalis* ve *C. albicans*'in tek ve ikili biyofilmleri mikropalak içinde geliştirildi ve her iki biyofilmin metabolit profili gaz kromatografisi-kütle spektrometresi ile belirlendi. *C. albicans*'in hifal hücre büyümesi, *E. faecalis*'in hem süpernatant hem de biyofilm hücreleri ile muamelesi sonrasında mikroskopik olarak incelendi. Efg1 ekspresyon seviyeleri ve tek ve ikili biyofilmlerdeki *C. albicans*'in hücre duvarı görüntüleri sırasıyla RT-qPCR ve transmisyon elektron mikroskobu ile belirlendi. *Chromobacterium violaceum* tarafından üretilen violacein seviyeleri, tek ve ikili biyofilmlerin quorum sensing (QS) inhibitör aktivitelerini belirlemek amacıyla ölçüldü.

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Bulgular: *C. albicans*'ın biyofilm hücre büyümesi, Efg1 ekspresyonu ve hifal gelişimi *E. faecalis* tarafından inhibe edilmiştir. Tekli biyofilmler ile karşılaştırıldığında, her iki mikroorganizma için ikili biyofilmde karbonhidrat, amino asit ve poliamin metabolitlerinde değişiklikler gözlenmiştir. İkili biyofilmde putresin ve piperkolik asit yüksek düzeyde tespit edilmiştir. *C. albicans* hücre duvarının daha kalın β -glukan kitin ve daha yoğun ve daha dar fibrillar mannan tabakası ikili biyofilmde gözlenmiştir. *E. faecalis* ve *C. albicans*'ın ikili tür biyofilm süspansiyonlarında ölçülen QS inhibitör aktivitesinin tekli biyofilmlerine kıyasla daha yüksek olduğu bulunmuştur.

Sonuç: *E. faecalis*, *C. albicans*'ın hifal gelişimini ve biyofilm oluşumunu inhibe etmiştir. *C. albicans* ve *E. faecalis*'ın biyofilm süspansiyonları, iki türün bir arada bulunduğu ortamda daha da artan bir anti-QS aktivitesi göstermiştir. Putresin ve piperkolik asitin araştırılması, *C. albicans*'ın bakteriler tarafından inhibisyonunu anlamak için önemli bir adım olabilir.

Anahtar kelimeler: İkili-biyofilm, *Candida albicans*, *Enterococcus faecalis*, fungal inhibisyon, metabolomik

INTRODUCTION

Biofilms formed in non-sterile mucosal sites are polymicrobial, and interspecies interactions in biofilms vary. They can interact either in a synergistic or antagonistic manner.¹⁻⁴ *Candida albicans* and *Enterococcus faecalis* are frequently found together in biofilm-related infections.⁵⁻⁷ They have common features such as strong biofilm-forming capability that complicates the treatment of chronic infections, especially infections associated with foreign bodies.^{8,9}

Microbial metabolomics has attracted great attention in microbiology in recent years.^{10,11} To better understand the biofilm structure of microorganisms, metabolic differences between planktonic and biofilm forms of the same microorganism have been investigated, but the results of the polymicrobial biofilm environment containing multiple species have not been reported in the literature yet.⁶

Studies concerning the details of the relationship between *C. albicans* and *E. faecalis* are limited.⁴ Thus, this study aimed to investigate the interactions at the metabolic level in the dual-species biofilm model formed by *E. faecalis* and *C. albicans*. The metabolic profile that both cells exhibit alone and in a common biofilm environment were compared by gas chromatography-mass spectrometry (GC-MS)-based metabolic analysis. Besides metabolomics analysis, the effects of each other were also investigated by several analyses including microscopy, quorum sensing (QS), and mRNA expression.

MATERIALS AND METHODS

Microbial strains

E. faecalis ATCC 47077/OG1RF and *C. albicans* ATCC MYA-2876 were cultured in brain heart infusion broth (BHI) (Oxoid, Basingstoke, UK) overnight at 37°C. *Chromobacterium violaceum* ATCC 12472 was grown in Luria Bertani broth (Merck, Darmstadt, Germany).

Effect of *E. faecalis* on *C. albicans* hyphal morphogenesis

C. albicans were cultured in Yeast extract-peptone-dextrose broth (Merck, Darmstadt, Germany) at 30°C for 24 h. The inoculum suspension of the cell pellet was prepared in Roswell Park Memorial Institute Medium (RPMI) as 10⁵ cfu/mL. After the addition of 1 mL of the inoculum to the wells of cell culture slides, which were coated with 20% fetal bovine serum (FBS), they were incubated for 90 min at 30°C. After the incubation period,

the wells were rinsed with phosphate-buffered saline (PBS); then, RPMI containing 20% FBS and *E. faecalis* supernatant at a ratio of 1:1 (v/v) were transferred into wells.

To evaluate the direct effect of *E. faecalis* cells on hyphal cells, 50 μ L of *E. faecalis* suspension was transferred to *C. albicans*, which had previously adhered to slides via incubation for 90 min. Finally, 950 μ L of Spider medium containing 20% FBS was transferred onto slides and incubated at 37°C for 24 h.⁴ To assess the effect of *E. faecalis* supernatant on the development of *C. albicans* hyphal cells, the supernatant of *E. faecalis* was used instead of its cell suspension in the same method above. Slides containing biofilms were rinsed with PBS, and microscopic images were acquired using an inverted microscope (Thermo Scientific, MA, USA).

Development of single- and dual-species biofilm models

Inoculum suspensions with final concentrations of ~10⁶ cfu/mL for *E. faecalis* and 10⁵ cfu/mL for *C. albicans* were made in BHI. Mature biofilms were formed as described previously.¹² Our experimental conditions include the biofilm formation of *E. faecalis* and *C. albicans* alone and culturing both microorganisms together.

For the quantification of biofilm cells, plates containing biofilms were sonicated after 5 min of vortexing, thereby allowing biofilm cells to break out of the wells.¹² Tryptic soy agar (TSA; Merck, Darmstadt, Germany) and sabouraud dextrose agar (SDA; Merck] were used for the enumeration of single-species *E. faecalis* and *C. albicans* biofilm cells, respectively. For the enumeration of *E. faecalis* and *C. albicans* cells in dual-species biofilms, TSA media with amphotericin B (0.025 mg/mL) and SDA media with vancomycin (0.100 mg/mL) were used.

Quantitative real-time polymerase chain reaction (PCR)

C. albicans biofilms (single and dual) were harvested as described above. The mRNA expression changes of Efg1 in *C. albicans* biofilms were evaluated using qPCR method adopted from a study.¹² The sequence of each primer was compared in *C. albicans* database using Basic Local Alignment Search Tool to assess its specificity.^{13,14}

Quantification of violacein in single- and dual-species biofilms

The production of purple-colored violacein, which is regulated by the QS system in *C. violaceum*, is an easily observable and

measurable marker and is widely used in QS research.¹⁵ In the present study, after obtaining *E. faecalis* and *C. albicans* cells and supernatants in single- and dual-species biofilms as described above, QS activities were evaluated by slightly modified violacein measurement analysis according to methods by Sankar Ganesh and Ravishankar Rai¹⁵ The amounts of violacein produced by *C. violaceum* after separate treatment with both cell and supernatant solutions of single- and dual-species biofilms were compared with each other.

Metabolomic analysis

As mentioned above, the biofilms (single and dual) were formed in 96-well micro plates with minor revisions. Shortly, *C. albicans* (10^6 cfu/mL) was attached for 4 h individually. After transferring *E. faecalis* (10^6 cfu/mL) to the culture medium after 4 h, the coculture was incubated at 37°C for 24 h.¹⁶

The preparation of samples and GC-MS-dependent conditions was conducted following methods reported by previous a study.¹⁶

Freeze-substitution transmission electron microscopy (TEM) analysis

TEM analysis was applied as described previously.¹⁷ Briefly, *C. albicans* biofilm cells were harvested by sonication and centrifugation as described above. Briefly, the cell pellets were mixed in 1% agarose and moved to the sample carriers. After freeze-substitution of the cells in liquid nitrogen, the samples were embedded in epoxy resin. Ultra-thin sections were obtained (100 nm thickness). Samples were visualized with a Hitachi HT7800 TEM.

Statistical analysis

SPSS version 23 (SPSS, Chicago, IL, USA) was used for the statistical analyses. Groups were compared by Student's t-test. P values <0.05 were significant, and each test was performed at least three times.

Ethics committee approval

The authors declared that an ethics committee approval was not needed for this study.

RESULTS

Effects of *E. faecalis* supernatant and biofilm cells on *C. albicans* hyphal morphogenesis and biofilm development

When grown in the common medium, *E. faecalis* biofilm cells prevented the growth of *C. albicans* cells. However, no significant change was seen in the growth of *E. faecalis* (Figure 1). Although it was not statistically significant, *C. albicans* biofilm cell counts treated with biofilm culture supernatant of *E. faecalis* decreased (Figure 1).

To analyze the influence of both *E. faecalis* cells and factors released by *E. faecalis* on *C. albicans* hyphal cell formation, *C. albicans* biofilms were formed on the slides. At 48 h of mature *C. albicans* single-species biofilm formation, a significant number of hyphal cells were observed (Figure 1b). However, the hyphal

formation of *C. albicans* cells was inhibited by both *E. faecalis* biofilm cells and its supernatant when they were incubated together (Figure 1c, d).

EFG1 gene expression profile in *C. albicans*

To research the inhibitory activity of biofilm cells and supernatant of *E. faecalis* on *C. albicans* hyphae formation, *Efg1* expression in *C. albicans* was determined by RT-qPCR. The expression of *Efg1* gene in *C. albicans* was significantly downregulated for both treatment ($p < 0.05$) (Figure 2).

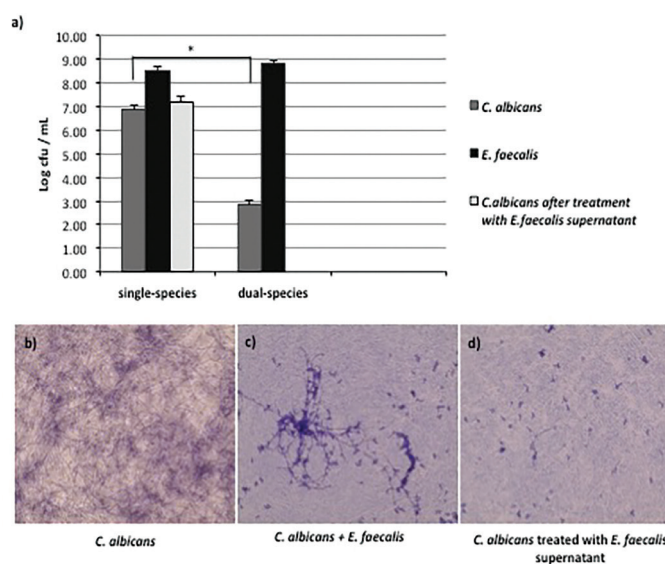


Figure 1. *Enterococcus faecalis* biofilm cells prevent the proliferation and hyphal development of *Candida albicans*. a) Proliferation of cells in single- and dual-species biofilms (cfu/mL). Compared with *C. albicans* in single-species biofilm, *E. faecalis* prevented the proliferation of *C. albicans* cells in dual-species biofilm (* $p < 0.05$). Optical microscope images of b) *C. albicans* biofilm cells formed in six-well cell culture plate. c) *C. albicans* biofilms with *E. faecalis* cells and d) *C. albicans* biofilms exposed to the supernatant of biofilm culture of *E. faecalis*

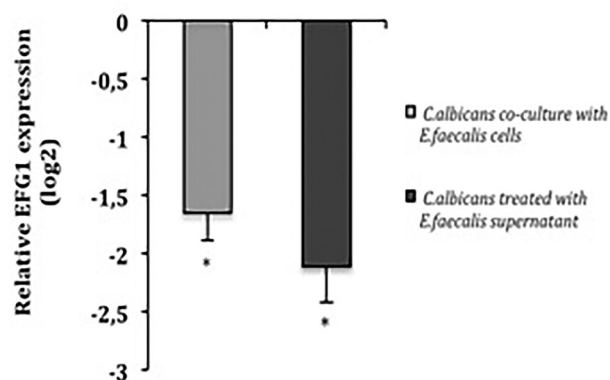


Figure 2. Expression of *Efg1* gene in *Candida albicans*. It was significantly downregulated both in the presence of *Enterococcus faecalis* cells and in treatment with biofilm culture supernatant of *E. faecalis*. Statistical significance (* $p < 0.05$) was relative to untreated *C. albicans* single-species biofilm

Changed metabolite levels in the single- and dual-species biofilms

In this study, GC-MS-based metabolomic analyses were performed to understand how the presence of one microbial species in the dual-species biofilm environment developed by *E. faecalis* and *C. albicans* affects the other at the metabolic level. A total of 172 different metabolites were determined, and 112 of them were identified by the index library. Partial least squares discriminant analysis methods were used for both multivariate statistical analysis of GC-MS metabolomic results and the determination of the differences in metabolomic profiles between single- and dual-species biofilms (Figure 3). First, statistical analysis of the models was performed using R2 and Q2 values. All biofilms with values >0.7 show that the method was valid and the models were stable.

The changed metabolite levels determined in the biofilms (single and dual) are shown separately in Table 1. No significant difference was found in the amounts of the remaining tricarboxylic acid (TCA) cycle intermediates, except for succinate and citric acid in both biofilms of *E. faecalis* (Table 1). This result is not surprising considering that *E. faecalis* lacks the TCA cycle. *C. albicans* has lower concentrations of TCA intermediates in the dual-species biofilm than in the single-species biofilm (Table 1). Levels of maltose, glucose, and leucrose were high in *C. albicans* biofilm alone. The existence of *E. faecalis* in the same environment caused a significant decline in the amounts of these metabolites.

When comparing both biofilms (single and dual), the concentrations of valine, leucine, glycine, methionine, threonine, and phenylalanine were significantly reduced, specifically for *E. faecalis*, and a decrease in the level of tyrosine was also notable for *C. albicans*. Putrescine and pipercolic acid concentrations in

the dual-species biofilm remained significant, which are the most promising results of this study.

Changes in *Candida* cell wall architecture in single- and dual-species biofilms

The cell wall biomass was significantly different in dual-species biofilm including the thicker β -glucan-chitin layer and the more dense and narrower fibrillar layer of mannan, when compared with the cells in biofilm alone (Figure 4).

Measurement of violacein in single- and dual-species biofilms

The amount of violacein produced by *C. violaceum* was determined in single- and dual-species biofilms formed by *E. faecalis* and/or *C. albicans* (Figure 5). Compared with untreated media containing only *C. violaceum* (control), *C. violaceum* produced less violacein after separate treatment of *E. faecalis* and *C. albicans* single- and dual-species biofilms with both supernatant and cell culture suspensions. When single- and dual-species biofilms of both microorganisms were compared, *C. violaceum*, which was treated with both cell and supernatant suspensions of the dual-species biofilms, produced less violacein for all test conditions, except for the supernatant of *E. faecalis*.

DISCUSSION

Infections are often considered and treated as a condition caused by a single microorganism; however, in several microorganisms, coexistence of many human microbiome members is observed. These microorganisms live together harmoniously under physiological conditions. Many environmental factors may disrupt this balance; consequently, single or several species become dominant in the environment.¹⁸

Discrimination of metabolomic profiles

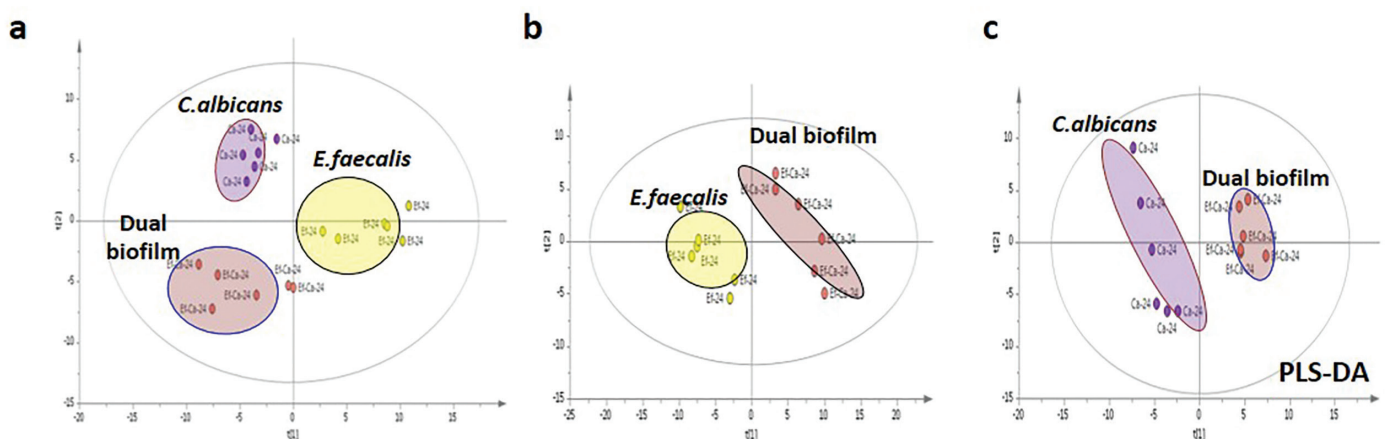


Figure 3. a) PLS-DA score graphs of single- and dual-species biofilm of *Candida albicans* for metabolomic profile comparison. b) PLS-DA score plots show clear separation between *Enterococcus faecalis* and its dual-species biofilm. c) PLS-DA score plots demonstrate apparent distinction with *C. albicans* and its dual-species biofilm. Each circle represents the sharp metabolomic distinction in the biofilms

PLS-DA: Partial least squares discriminant analysis

Table 1. Relative metabolite amounts in the biofilms of *Enterococcus faecalis* or *Candida albicans*

Metabolites	Ef-Ca/Ca	Ef-Ca/Ef	Pathways
Tricarboxylic acid cycle			
Citric acid	0.09***	↓ 3.95**	↑
Fumaric acid	0.49*	↓ 1.58**	↑
Lactic acid	0.38**	↓ -	
Malic acid	2.1**	↑ -	
Ketoglutaric acid	5.42**	↑ -	
Oxalic acid	0.4**	↓ -	Carbohydrate metabolism
Pyruvic acid	-	-	
Succinate	0.45*	↓ 0.3**	↓
Maltose	0.49*	↓ 5.11**	↑
Glucose	0.29**	↓ -	
Leucrose	0.49*	↓ 5.43**	↑
Amino acid metabolism			
Cysteine	0.21**	↓ 0.44*	↓
Serine	0.15***	↓ 0.4**	↓
Threonine	-	0.33**	↓
Aspartate	2.05**	↑ -	
Glutamic acid	2.37**	↑ 1.63**	↑
Proline	0.40**	↓ 0.41**	↓
Tyrosine	0.06***	↓ -	
Valine	-	0.36**	↓
Leucine	-	0.33**	↓
Alanine	0.44**	↓ 0.45*	↓
Glycine	-	0.40**	↓
Methionine	-	0.37**	↓
Lysine	-	-	
Tryptophan	-	-	
Phenylalanine	-	0.43**	↓
Metabolism of nitrogen-containing compounds			
Urea	-	0.45*	↓
Ornithine	8.74***	↑ -	
Ornithine-arginine	7.33***	↑ -	Nitrogen metabolism
Creatine	-	0.43**	↓
Other metabolisms			
Putrescine	9.99***	↑ 3.38***	↑
Pipecolic acid	24.2***	↑ 14.10***	↑
Ethanolamine	-	3.09**	↑
Glycerol-1-phosphate	-	9.37***	↑
Glycerol	-	2.53**	↑

*Compared with dual-species biofilm, the metabolite level was significantly changed in single-species biofilm, *p<0.5, **p<0.05, ***p<0.001

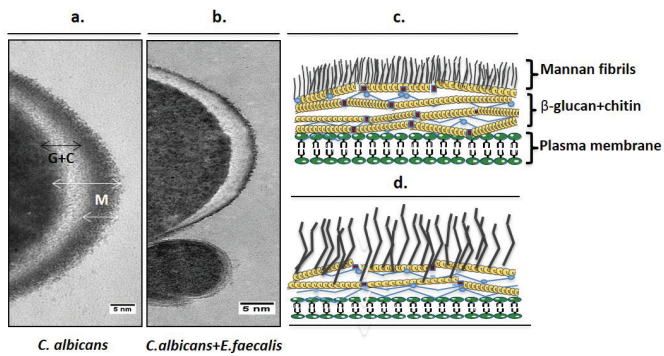


Figure 4. Visualization of *Candida albicans* cell walls grown in single-species (a) and dual-species biofilms (b). (Figures consisted of ≈ 100 cell images); bar, 5 nm. G + C, β -glucan and chitin; M, mannan. Drawings representing the possible structural changes are shown in c (for the cell wall of *C. albicans* in dual-species biofilm) and d (for the cell wall of *C. albicans* in single-species biofilm)

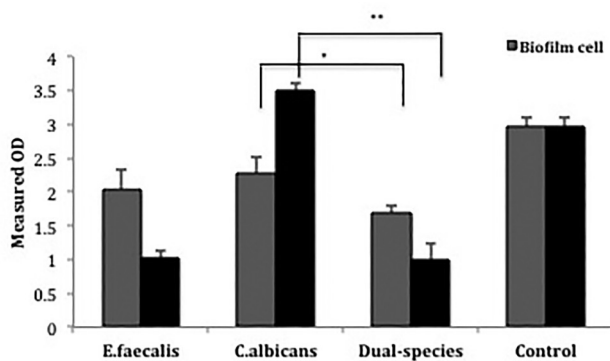


Figure 5. Quantitative measurement of violacein in both single- and dual-species biofilms. Asterisks indicate significance ($p < 0.05$). A significant decrease was shown for all test conditions compared with the control

In this study, the effect of the interaction between *E. faecalis* and *C. albicans* on biofilm formation was investigated based on microscopy and metabolomics. The results revealed that in dual-species biofilms, the proliferation of *E. faecalis* is not affected by the presence of *C. albicans*; however, the existence of these species in the same environment has an antagonistic effect on the growth of *C. albicans* (Figure 1). Compared with controls, the reduction of the production of violacein, which provides QS signal communication in *C. violaceum* treated by single-biofilm cells of *C. albicans*, also indicates the presence of a molecule that provides *C. albicans*-induced anti-QS activity in the environment.

In this study, compared with the untreated *C. albicans* cells, the number of *C. albicans* hyphal cells decreased when treated with cell suspension or supernatant of *E. faecalis* biofilm (Figure 2). Therefore, both *E. faecalis* cells and factors released into the medium have been found to inhibit the hyphal development of *Candida*. Similar to this finding, in recent studies, bacterial-fungal cooccurrence has been reported to have an antagonizing effect on *Candida* cell growth. A study that investigated the

interference between *C. albicans* and *Lactobacillus* species showed that *C. albicans* did not grow on the surface of the vaginal mucosa because of the lactic acid produced by the *Lactobacillus* species.¹⁹ The coexistence of *Staphylococcus aureus* and *C. albicans* in the biofilm environment leads to a substantial increase in the attachment and colonization ability of *S. aureus*. Thus, *S. aureus* can use *C. albicans* hyphal cells as a scaffold to the development of a biofilm.²⁰

In this study, the coexistence of *E. faecalis* and *C. albicans* in the biofilm model developed may have supported the formation of an anaerobic environment because of increased oxygen consumption. Under this condition, *Candida* relies on the glycolytic pathway to produce energy. No significant difference was found in the single- and dual-species biofilms of *E. faecalis* in glucose consumption. The elevated levels of maltose and leucrose in the dual-species biofilm are thought to be caused by the existence of *C. albicans*. The bacteria within the biofilm are exposed to various environmental conditions, causing the population to be highly heterogeneous in terms of oxygen content.²¹ Fox et al.²² showed that the hypoxic nature of *C. albicans* biofilms supports the growth of anaerobic bacteria that share the same environment.

Compared with *C. albicans* alone, reduced amounts of citric acid, fumaric acid, and oxalic acid in the dual-species biofilm indicate that *C. albicans* need more energy in the presence of *E. faecalis*. A study reported that α -ketoglutarate dehydrogenase, a TCA cycle enzyme, is suppressed by Efg1, which is a crucial factor for the hyphal development of *C. albicans*.²³ The downregulation of Efg1 in *C. albicans* obtained in our study may have led to the suppression of α -ketoglutarate dehydrogenase, which may lead to the transition of *C. albicans* into the glyoxylate cycle. Thus, it can be a reason for the accumulation of large amounts of ketoglutaric acid and malic acid in the dual-species biofilm.

Glycerol metabolism is an important pathway for the synthesis of lipids and (lipo) teichoic acids in *E. faecalis*. Lipids, one of the main membrane components, are needed for energy accumulation.²⁴ *E. faecalis* has increased lipid-related metabolite synthesis when grown with *C. albicans*. This increase indicates the greater need for lipid-related cell membrane products such as phospholipids and/or lipoteichoic acids in *E. faecalis*.

Putrescine, an important polyamine in cellular survival, does not support cell proliferation in low amounts; by contrast, the overabundant quantity of internal cells led to the inhibition of cell proliferation.^{25,26} In this study, one of the most important differences was the concentration of putrescine. Compared with *C. albicans* biofilm alone, it enhanced approximately by 10- and 3.4-fold in dual-species biofilm and *E. faecalis*, respectively. In our previous study, the high level of putrescine detected in the dual-species biofilms formed by *C. albicans* and *Proteus mirabilis* supports our current data.¹⁶

Another interesting result of our study was that the pipercolic acid level increased by 24- and 14-fold for *C. albicans* and *E. faecalis* in dual-species biofilm environment when compared with both *C. albicans* and *E. faecalis* single biofilms, respectively. The naturally occurring alkyl derivatives of pipercolic acid

(piperidine-2-carboxylic acid) are structural components of many biologically active compounds.²⁷ Detailed studies have also shown that the organic compound pipercolic acid is an osmoprotectant and plays a role in protecting macromolecules from denaturation. In the osmoregulation stages, which are generally the same in all living organisms, the first stage is the accumulation of potassium and glutamate, followed by the accumulation of small organic compounds by intracellular synthesis or uptake by external media.²⁸ In our study, higher levels of sugars such as maltose and leucrose in the dual-species biofilm than *E. faecalis* biofilm alone may have been a threat for *E. faecalis* because of increased osmolarity. *E. faecalis* may have synthesized pipercolic acid known to be an osmoprotectant to deal with this threat. The synthesis of bacterial pipercolic acid is a byproduct during the catalysis of the proline amino acid, which may explain the low level of proline in the dual-species biofilm obtained from our study.

The alterations in the yeast cell wall as an adaptation to osmotic stress have been highlighted in the literature.²⁹ We detected the more dense and shorter mannan layer and thicker β -glucan-chitin layer in *Candida* cell wall grown in dual-species biofilm than in the single-species biofilm. In both cases, alterations in the cell wall of *C. albicans* are similar to those in cells with and without salt-induced osmotic stress in the study of Ene et al.²⁹ This strengthens the possibility of increased osmotic stress in the dual-species biofilm environment.

Compared with the single-species biofilm of both microorganisms, significant decrease was observed in many amino acid levels in the dual-species biofilm. This reduction in amino acid levels in the dual-species biofilm shows that anabolic reactions are dominant for both species to grow, develop, and multiply. Clearly, amino acid synthesis is required for *C. albicans* biofilm development

CONCLUSION

The metabolite diversity of both microorganisms, which was affected by each other by increasing the cellular stress due to high carbohydrate consumption, more energy needs, etc., was demonstrated in our results. The high levels of putrescine and pipercolic acid synthesized as osmoprotectant by both species may have suppressed the growth of *Candida*. This study provided preliminary data for a detailed investigation of the possible role of putrescine and pipercolic acid in the prevention of *C. albicans* via bacterial species.

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