# MINISYMPOSIUM: PEDIATRIC CARDIOVASCULAR CT



# Coronary computed tomography angiography in children

LaDonna J. Malone<sup>1,2</sup> · Cara E. Morin<sup>3</sup> · Lorna P. Browne<sup>1,2</sup>

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#### Abstract

Imaging the coronary arteries of children, with their faster heart rates, small vessel size and common inability to lie still or breath-hold, has been a major challenge. With numerous advances in technology, CT examinations can now be performed quickly, often with children free-breathing and with much lower radiation doses than previously. This has led to increased use in children. Care must be taken with technique and choice of electrocardiogram (ECG)-gating technique to obtain adequate imaging for a diagnosis while keeping radiation dose as low as reasonably achievable (ALARA). In this paper, we discuss techniques and tips for CT imaging of the coronary arteries in children, including use of dual-source- and ultrawide-detector CT scanners.

Keywords Anomaly  $\cdot$  Children  $\cdot$  Computed tomography  $\cdot$  Congenital heart disease  $\cdot$  Coronary arteries  $\cdot$  Dual-source computed tomography  $\cdot$  Heart

# Introduction

Computed tomography (CT) angiography is often the firstline diagnostic modality of choice for noninvasive imaging of the coronary arteries in both adults and children. CT is rapidly acquired and can be performed in the setting of multiple support devices. Compared with cardiac MRI and transthoracic echocardiography, CT provides excellent spatial resolution with superior visualization of the entire course of the coronary arteries [1].

Recent advances in CT technology have allowed for dramatic decreases in radiation dose while maintaining the excellent spatial resolution that allows for detailed anatomical evaluation. Acquisition of complete cardiac imaging in children typically requires less than 1 s, obviating the need for sedation or breath-holding in many circumstances. The newest scanners allow for the modulation of multiple

- <sup>1</sup> Department of Radiology, University of Colorado, Aurora, CO, USA
- <sup>2</sup> Department of Radiology, Children's Hospital of Colorado, 13123 E. 16th Ave., B125, Aurora, CO 80045, USA
- <sup>3</sup> Department of Diagnostic Imaging, St. Jude Children's Research Hospital, Memphis, TN, USA

components, including tube potential, tube current, pitch and gating, while new technologies include dual-source CT, ultrawide detectors and iterative reconstruction [2–7]. Manipulation of these components allows for reduced-dose radiation protocols in pediatric cardiac CT, allowing for effective doses in the sub-millisievert (<1 mSv) range.

Imaging of the coronary arteries in children with congenital and acquired coronary abnormalities is important for prognosis and treatment/surgical planning. This article describes the utility of CT for evaluating congenital anomalies of coronary origin and course, coronary abnormalities in Kawasaki disease, and pre- and postoperative evaluation in several scenarios.

# Technique

# Scanners

Dual-source CT scanners have two tubes at a 90° angle, with second- and third-generation dual-source CT scanners achieving a temporal resolution of 66–75 ms, which allows for imaging of the entire heart during a single heartbeat [8]. This improved temporal resolution has opened the possibility for imaging coronary arteries in pediatric patients with fast heart rates while keeping in line with the ALARA (as low as reasonably achievable) principle.

LaDonna J. Malone ladonna.malone@childrenscolorado.org

Ultrawide-detector scanners have 256-320 row detectors and up to 160 mm in length of z-axis coverage that enable scanning of the entire heart in a single volume acquisition. The temporal resolution has improved from 175 to 137 ms with newer scanners [9]. In the pediatric population, 80-mm z-axis coverage has been shown to be effective for coronary artery imaging [10], 160-mm z-axis coverage in other studies [11, 12]. Advantages of this technique include usually complete pediatric cardiac coverage without the need for table movement, resulting in a zero pitch (lower radiation), less motion artifact and no stairstep artifact. Radiation reduction in z-axis lengths less than the total detector width of 160 mm is a result of the ability to scan in axial mode, so there are less pitch-related overscanning, overlap and overbeaming compared to helical methods [13, 14]. These benefits are negated if the scan length is greater than 160 mm in the z-axis because this exceeds the volume that can be scanned in the axial mode and requires helical scanning.

In summary, both types of modern scanners can be used to adequately evaluate coronary arteries in pediatrics with lower radiation doses compared to older-generation CT scanners. Meticulous attention to technique is needed to achieve optimum image quality and dose reduction. Dual-source CT has better temporal resolution, at 66–75 ms vs. 140 ms for volume scanners. However, volume scanners have larger z-axis coverage without table movement, at 160 mm vs. 38.4–57.6 mm for dual-source CT [8].

#### Patient preparation

#### Goal of imaging

In pediatrics, if coronary artery imaging is requested, often the goal is identifying the origins and proximal course for congenital coronary anomalies for preoperative planning or to evaluate aneurysms or significant stenoses in postoperative patients or those with inflammatory disorders such as Kawasaki [8]. With modern scanners, this information can frequently be obtained while children are free-breathing [8]. However, if distal coronary artery course and caliber evaluation are desired by the clinical service, breath-holding often becomes necessary, requiring the use of general anesthesia in younger children.

#### Sedation or general anesthesia

With older-generation CT scanners, evaluation of the smallcaliber coronary arteries in young children often used to require sedation or anesthesia to compensate for respiratory motion and fast heart rates. The improved temporal resolution of modern CT scanners now allows for free-breathing acquisitions for most indications. Children ages 6–7 years and older can generally comply with breath-holding instructions and do not require sedation. For very young infants (<1 month), no sedation is typically needed when using the feed-and-swaddle method or giving sucrose on a pacifier during the exam. For older infants and children younger than 6–7 years, imaging is often obtained while children are sedated but free-breathing [3, 10, 11, 15–24]. The use of general anesthesia with suspended respiration is occasionally required for children younger than 6–7 years, especially for evaluating the distal coronary arteries [25].

#### Heart rate and heart rate variability

Pediatric patients typically have much faster heart rates than adults, and they often respond variably or inadequately to medications used to decrease heart rates such as beta-blockers. Studies have found that in heart rates below 70–75 beats per minute (bpm), optimum imaging with limited cardiac motion is obtained in end-diastole, at 70% of the RR interval, whereas with faster heart rates imaging is geared toward end-systole, at 30–40% of the RR interval [16, 19, 23].

Heart rate variability can also cause some difficulty with the timing of exams, particularly methods such as prospective-gated step-and-shoot methods. Less heart rate variability and typically lower heart rates occur in children under general anesthesia [5, 26]. Some institutions consider < 6–10 bpm variation to be low variability [5, 12]. One study did not see a difference in the visualization of coronary arteries with increased variability [26].

# Medication for fast heart rates

In many adult studies, medications were given to decrease heart rate, most commonly beta-blockers [27] and vasodilators such as nitroglycerin [28], or both [9, 29]. This is not as frequently done in the pediatric population. The use of betablockers has been reported for imaging coronary arteries in pediatrics by Han et al. [5] for a goal heart rate of 60 bpm and by Le Roy et al. [12] for a heart rate of > 70 bpm. In a case report of a child with Kawasaki disease without adequate response to beta-blockers for reducing heart rate and developing hypotension, the authors described the use of phenylephrine to achieve the desired heart rate for imaging [30].

#### Additional technical considerations

As we continue to push for lower radiation doses for CT scans, meticulous technique is required for optimal image quality and for dose-reducing modulation techniques on the scanner to work correctly. For instance, streak artifacts from contrast agent flowing into the heart are increased at lower kilovoltage peak, and the presence of contrast agent in the left innominate vein can affect image quality. This can be

decreased with different techniques, including preference for a lower-extremity intravenous (IV) line, contrast/saline mixture to decrease the density of contrast agent during infusion (see contrast section), or scan direction in z-axis beginning opposite of the injection, i.e. caudocranial for an upper-extremity IV line and craniocaudal for a lowerextremity IV line [18]. An additional factor is beam-hardening artifact, which increases at a lower kilovoltage peak. This artifact be reduced by having the child's hands overhead instead of beside the chest for the scan. Additional artifacts from electrocardiogram (ECG) leads and other support and monitoring devices can affect image quality, particularly at lower kilovoltage peaks (70-80 kVp). ECG leads should be placed away from the thorax, on the arms and abdomen, to reduce this [8, 16]. Because of the material differences in ECG leads, some types cause worse artifacts than others, and some leads that are safe for use in MRI also have fewer streak artifacts when used in CT. Also, the child must be in the isocenter of the scanner for optimal dose modulation with modern scanners [8].

# **Electrocardiogram gating**

The type of ECG gating used is important in determining image quality for the exam and, along with z-axis coverage discussed later, is what determines radiation dose for these examinations.

# **Retrospective gating**

Scanning has been performed using retrospective ECG gating with full dose throughout the cardiac cycle, which has the highest radiation dose, or with dose modulation. With dose modulation, higher radiation is used during a short period of the RR interval and a much lower dose is used for the remainder. The radiation dose for the scan is dependent upon the amount of dose administered throughout the exam. In pediatrics, dose-modulated retrospective ECG gating is typically used with some techniques, ranging from full dose at optimum stillness based on heart rate to 4% of the dose for the remainder of the cardiac cycle [19].

#### **Prospective gating**

With newer scanners, success rates in the visualization of coronary arteries in pediatrics have been shown using prospective techniques, including step-and-shoot and ECG-triggered exams. Step-and-shoot technique acquires images over three or more consecutive heartbeats and is susceptible to heart rate variability and motion artifact including stairstep artifact. Step-and-shoot technique has been associated with a significant rate of stairstep artifact because it obtains data  
 Table 1
 Estimated effective dose for dual-source computed tomography (DSCT) comparison on non-electrocardiogram (ECG)-gated and high-pitch spiral ECG-triggered examinations

DSCT	Age (y)	Effective dose (mSv)
Non-ECG-gated		
Ben Saad et al. [15]	<1 y	0.5
Jin et al. [19]	<5 y	0.74
Kanie et al. [20]	<6 y	1.3
Liu et al. [21]	DSCT	0.47
High-pitch spiral ECG-triggered		
Han et al. [5]	<18 y	0.24
Li et al. [31]	<4 y	0.4
Liu et al. [21]	<5 y	0.41
Malone et al. [26]	<20 y	0.98

mSv millisieverts, y years

over several cardiac cycles, during which time patient position can change and limit visualization of coronary arteries in some cases. In heart rates < 75 bpm, optimum visualization of coronary arteries is typically at end-diastole (at 70% of the RR interval), while with faster heart rates, visualization is best at end-systole (at approximately 40% of the RR interval), which is most often the case in pediatric patients. The radiation dose is again dependent on the amount of cardiac cycle imaged as well as z-axis coverage, with some institutions using a relatively narrow window (30–40% of the cardiac cycle) and others a wider window (40–80% of the cardiac cycle) or a form of dose-modulated scanning from 25% to 85% of the cardiac cycle, with a higher dose at optimum stillness based on heart rate and the remainder at 20% mAs [12, 26].

While there is overlap in techniques of ECG gating for retrospective and prospective gating with scanner types, there are notable differences in the rapid type of imaging that can be done with ECG gating for two scanner types: highpitch spiral mode for dual-source CT and target mode for ultrawide detectors, both using prospective ECG triggering.

#### High-pitch spiral prospective gating

The lowest radiation dose type of ECG-gated scan on dualsource CT is high-pitch spiral with prospective ECG triggering, which uses a pitch of 3.2–3.4 and is accomplished without artifact because of the dual-source detectors. The goal is to image at 40% of the RR interval for faster heart rates and at end-diastole (at 70% of the RR interval) for lower heart rates. This technique can be done with a similar effective dose to non-ECG-gated studies, as shown in Table 1 [5, 15, 19–21, 26, 31]. Adequate visualization of coronary arteries is often achieved at lower heart rates with little heart rate variation, with some centers using this technique if heart rates are < 60 bpm and have < 10 bpm variation [6].

#### Target electrocardiogram-gated

On ultrawide detector scanners, a type of prospective ECG-triggered scan obtains images at a point in the cardiac cycle without padding, which allows for further radiation dose reduction. This scan can image up to 160 mm without table motion, so there are no stairstep artifacts, and in less than one cardiac cycle, which reduces motion artifact [14]. Similar heart-rate-based targets are used. This technique involves the use of half-scan reconstruction of raw data as a post-processing technique to find a motion-free phase within the rotation time of 270–350 ms.

# Non-electrocardiogram-gated

Non-ECG-gated exams have also been reviewed for evaluation of coronary arteries in pediatrics, with variable results: Ben Saad et al. [15] visualized 43% of the left coronary artery and 15% of the right; Kanie et al. [20] visualized 80.5% of proximal segments of both coronary arteries.

#### Z-axis coverage

After deciding on the adequate type of ECG gating for coronary artery evaluation, one must select coverage in the z-axis (head-to-foot direction) that is adequate for visualization. For instance, if coronary artery origins are the clinical question, the field of view (FOV) could be limited to several centimeters centered at the aortic root level, whereas if the origins and entire course of the coronary arteries is required, then coverage must include the bottom of the heart, and a typical coverage might be from the level of the aortic arch through the cardiac apex. On some occasions, there are multiple clinical questions for the scan, requiring a larger FOV in the z-axis. If retrospective or prospective gating with padding is going to be used, a second scan with a larger FOV, either without ECG gating or with high-pitch spiral or "target" mode, might be used for the larger FOV scan in order to limit radiation dose.

# **Radiation dose and scan parameters**

The radiation dose for coronary CT scan varies greatly based upon the type of ECG gating used, with retrospective ECG gating having the highest radiation doses, and high-pitch spiral or target the lowest, and prospective gating methods in the middle. The length of z-axis coverage plays a significant role in radiation dose, as mentioned. One paper with ranges of effective dose estimates for dual-source CT using different ECG-gating methods listed high-pitch spiral at 0.2–0.5 mSv, prospective ECG sequential (step-and-shoot) at 0.3–1 mSv, and retrospective ECG gated with dose modulation at 2–5 mSv [8]. For second- and third-generation dual-source CT scanners, a comparison of non-ECG-gated and high-pitch spiral ECGtriggered scans shows a similar effective dose (Table 1). For wide-row volume — 256–512-slice — scanners, published effective dose for prospective ECG-triggered exams has ranged 0.97–1.65 mSv [10–12].

With modern scanners, there are weight-based protocols for getting adequate images for diagnostic purposes (including acceptable noise, etc.), with many scanners having weight ranges for kilovoltage peak (kVp) selection as well as dose-modulated milliampere-seconds (mAs) parameters. Remember that the "k-edge" of iodine is at 70 kV. Additional considerations are needed for children with implanted materials (e.g., stents, pacemaker leads) that cause more streak artifacts at lower radiation levels, so sometimes a higher kVp is used, but the balance between adequate evaluation and radiation dose must always be maintained.

# **Contrast injection**

# Intravenous catheter

Although some studies report injecting into a central venous catheter, the majority of studies evaluating coronary arteries reported using a peripheral venous catheter, with the right antecubital vein being most common, employing a 24-gauge in infants and up to an 18-gauge in adolescents [8]. Size of peripheral catheter affects the injection rate. Central venous catheters and peripheral venous catheters have a different scan start time [3, 15]. Power injection is vital for uniform contrast injection rates and can be done safely with parameters set up for pressure thresholds to stop injecting if there is potential extravasation of contrast agent.

Low osmolar or iso-osmolar contrast agents are used with 300–370 mg iodine/mL, with typical doses ranging 1.5–2 mL/kg, for coronary artery imaging [8]. Injection rates vary from 0.5–5 mL/s to rates of 0.5–2 mL/s for younger children with smaller catheter sizes. A saline bolus immediately follows contrast injection, typically a volume of 10–20 mL using the same injection rate as the contrast agent; this is considered a biphasic injection and is used at many centers [10, 12, 19, 21, 23]. Other injection methods include triphasic injection, with the first phase being full-strength contrast agent, the second phase diluted contrast agent or full-strength contrast agent at a slower injection rate, and the third phase being a saline flush [8, 17]. Some centers use a contrast dilution mixture for infants < 4 kg with a minimum dose of 7 mL contrast mixed with saline at a ratio of 7:3 followed by saline bolus [19].

# Scan timing

For coronary artery imaging, we aim for first-pass contrast agent in the aorta. Scan timing can be done by placing a region of interest (ROI) in the left ventricle or within the ascending or descending aorta. The scan start time can be set based upon the length of contrast injection, automatically triggered with a threshold value set for the ROI (usually 100–150 Hounsfield units [HU]) or manually by a technologist or radiologist at the scanner [8, 11, 12, 21, 23, 26, 31]. Some institutions have standard start times and adjust the rate of contrast injection accordingly, or set the start time based on the end of contrast injection [3, 8, 10, 15, 19, 20, 22]. The timing of scan start varies slightly with different scanners or protocols, depending on delay time, table movement, etc.

#### Scan reconstruction

Filtered back-projection has been a commonly used algorithm for providing simple, rapid imaging reconstruction, but newer iterative reconstruction methods have become more widely used in pediatrics [8, 12, 22, 23]. These include sinogram affirmed iterative reconstruction (SAFIRE) and adaptive statistical iterative reconstruction (ASIR). SAFIRE has been shown to have improved image quality and signal-to-noise ratio (SNR) as well as decreased noise when compared to filtered back-projection [8, 22].

# Post-processing

Post-processing is vital for adequate evaluation of coronary arteries. This is often performed on a separate workstation or software. Three-dimensional (3-D) reconstructions can aid in clinical interpretation and are also appreciated by clinical colleagues and surgeons. Orthogonal planes, including the plane of the aortic root, are especially helpful for evaluating coronary artery origins. Additional aspects that can be useful in select cases are "curved plane reformat" multiplanar reconstruction, which lays out the coronary artery and a virtual fly-through of the intraluminal coronary artery from its origin.

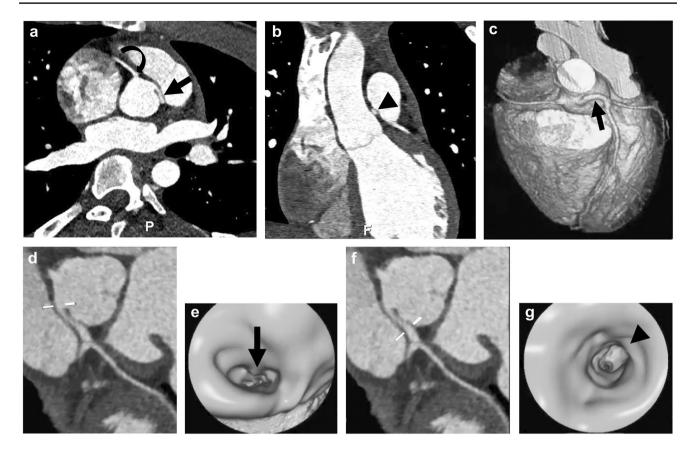
# Common indications for imaging coronary arteries in the pediatric population

#### Anomalies of coronary artery origin and course

The spectrum of coronary artery anomalies ranges from benign/incidental findings to significant cardiac morbidity in infancy or increased risk of cardiac sudden death in childhood or adolescence [32]. Abnormalities can be found in the coronary artery origin, course, and size or the number of vessels. Isolated anomalies of coronary artery origins, in those without structural heart disease, had an estimated incidence of 0.7% in the general population in a review of 77 studies [33]. Two of these are anomalous aortic origin of the right coronary artery from above the left sinus of Valsalva with interarterial course (between the aorta and pulmonary artery) and anomalous left coronary artery from above the right sinus of Valsalva. Incidence of anomalous right coronary artery from above the left sinus is relatively more common (incidence 0.23%) than anomalous left coronary artery (incidence 0.03%), although anomalous left coronary artery has a higher incidence of sudden cardiac death, estimated at 38–66% [33]. Coronary artery origins can often be seen on echocardiogram, although advanced cross-sectional imaging is often obtained for further evaluation or when the coronary artery origins are not seen on echo in the setting of chest pain [1, 34]. Once an anomalous coronary artery origin is seen, determining the course is important for management decisions. Interarterial course (between aorta and pulmonary artery) has higher association with sudden death than retroaortic or prepulmonic courses [34]. Also, an intramural course of the coronary artery has important implications for potential therapy. Although the direct findings of coronary artery coursing in the aortic wall are not easily determined by CT, indirect findings that correlate with intramural course include acute angulation of origin with slit-like ostium and narrowed oblong shape of the coronary artery [34].

Treatment decisions are complex and can be medical or surgical. Surgical treatment options include unroofing in the setting of intramural course (Fig. 1), translocation/reimplantation, or coronary artery bypass graft [34, 35]. Many anomalous left coronary arteries with intramural course can be treated with surgical unroofing, and while anomalous right coronary artery treatment is the same, the procedure is more controversial given the lower incidence of sudden cardiac death. In a single-institution prospective cohort of 44 patients who underwent surgery including both anomalous left and anomalous right coronary arteries, one required reintervention and 91% (40/44) were asymptomatic after surgery, with 42 returning to full activity [35].

Coronary artery anomalies have a higher incidence in children with congenital heart disease, ranging from an



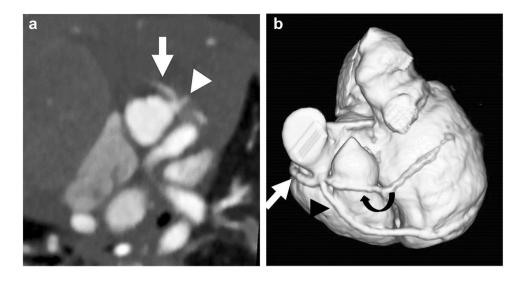
**Fig. 1** Anomalous origin of the left coronary artery in a 16-year-old boy with syncope. **a** Oblique reconstruction from CT angiography in aortic root plane shows anomalous origin of the left coronary artery from above the right sinus of Valsalva with interarterial course and likely intramural course (*straight arrow*). Right coronary artery origin is normal (*curved arrow*). P posterior. **b** Coronal oblique reconstruction from CT angiography demonstrates oblong shape of the left coronary artery (*arrowhead*), taller than wide, suggesting intramural course. **c** Three-dimensional (3-D) reconstruction image from CT angiography viewed from the anterior demonstrates coronary artery origins and proximal course, with the anomalous left coronary artery and ascending aorta were removed for adequate coronary artery visualiza-

tion. **d** Curved planar reformat from CT angiography shows horizontal lines indicating level for virtual fly-through image. **e** Intraluminal virtual fly-through image from CT angiogram viewed from inside the aorta looking right at the level shown in (**d**). The intraluminal image of the proximal left coronary artery demonstrates oblong shape (*arrow*) of the coronary artery proximally. **f** Curved planar reformatted image from CT angiography shows horizontal lines at the level of the virtual fly-though image further distally in the coronary artery. **g** Intraluminal virtual fly-through image from CT angiography viewed from inside the right coronary artery at the level shown in (**f**) in the more distal left coronary artery, where it regains its rounded shape (*arrowhead*)

incidence of 5% in those with coarctation [36] to 7% in tetralogy of Fallot [35] and up to 37% in single-ventricle physiologies [36]. Identifying these anomalies has become an important part of the preoperative evaluation to avoid inadvertent injury and has been shown to be effectively diagnosed with modern CT techniques compared to surgical visualization and catheter angiography [36, 37]. An example of preoperative CT evaluation of coronary anatomy in an infant with a diagnosis of congenital heart disease is shown in Fig. 2. Coronary artery anomalies in children with congenital heart disease can alter the surgical approach and even the surgical options, and preoperative imaging can aid in surgical planning and counseling prior to surgery [36, 37]. More rare coronary artery origin anomalies include anomalous left coronary artery from the pulmonary artery (ALCAPA) and, even more rare, anomalous right coronary artery from the pulmonary artery (ARCAPA). Children with ALCAPA are usually symptomatic in the first year after birth because of coronary steal [38]. Less than half of people with ARCAPA in adulthood were found to be symptomatic (41%) and 40% had ischemia [38]. Figure 3 shows images of an infant with ALCAPA.

## Kawasaki disease

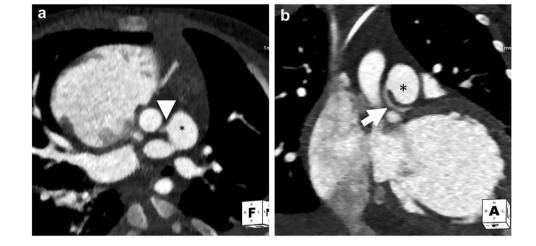
Kawasaki disease is a febrile vasculitis of unknown origin that occurs primarily in children younger than 5 years and



**Fig. 2** Tetralogy-of-Fallot-like double-outlet right ventricle with probable single coronary artery in a 1.5-month-old girl. **a** Axial oblique reconstruction from CT angiography in plane of aortic root shows a coronary artery originating from the left sinus with trifurcation: right coronary artery (*arrow*); left anterior descending artery (LAD; *arrowhead*); and prominent diagonal branch. **b** The diago-

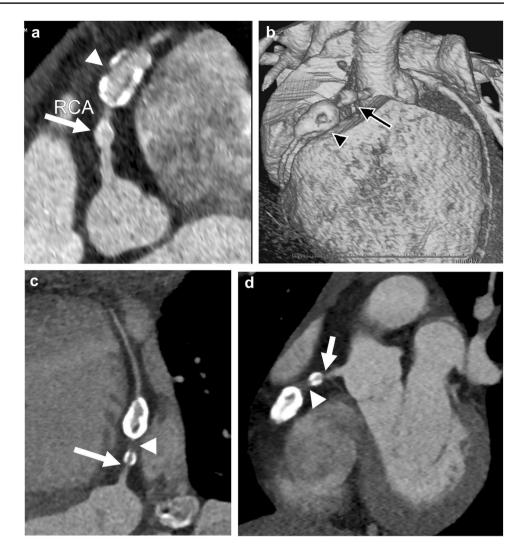
nal branch is better visualized on three-dimensional reconstruction. Three-dimensional reconstruction from CT angiography viewed from the anterior left shows coronary artery origin and trifurcation with right coronary artery (*straight arrow*), LAD (*arrowhead*) and prominent diagonal branch (*curved arrow*). The circumflex artery originated separately (not shown)

Fig. 3 Anomalous left coronary artery from pulmonary artery (ALCAPA) in a 3-month-old girl with cardiac dysfunction and concern for coronary anomaly. **a** Axial oblique CT angiogram shows anomalous left coronary artery (*arrowhead*) originating from the pulmonary artery (*asterisk*). **b** Coronal oblique CT angiogram shows left coronary artery (*arrow*) originating from the pulmonary artery (*asterisk*), known as ALCAPA



is now the most common cause of acquired heart disease in children in the United States [39]. During the acute illness, some children experience necrotizing arteritis, predominantly of the coronary arteries. A combination of destruction of the arterial walls, ongoing inflammation, and development of thrombus leads to acute and chronic cardiovascular complications [39]. As a result, up to 25% of these children develop coronary artery aneurysms, which can thrombose or develop significant stenosis [8, 39]. With treatment, the prevalence of coronary artery abnormalities can be reduced to 4–8% [40, 41]. Prognosis and management of these children require detection and quantification of coronary artery aneurysms and stenoses, typically with echocardiography, which has high sensitivity and specificity for detecting abnormalities in the proximal coronary artery segments [39]. However, the utility of echocardiography is more limited for detecting distal coronary artery stenoses, thrombi and distal coronary involvement [39]. CT is widely used to obtain high-resolution imaging of the entire coronary anatomy [8]. Figure 4 demonstrates multiple coronary artery aneurysms in the right coronary artery in a child with Kawasaki disease as well as progression with development of stenoses on follow-up.

Fig. 4 Kawasaki disease and right coronary artery aneurysms in an 8-year-old boy. a Curved planar reformat from CT angiography of the right coronary artery (RCA) demonstrates a smaller aneurysm proximally (arrow) and a large aneurysm with coarse calcifications distally (arrowhead). b Three-dimensional reconstruction from CT angiography viewed from the right anterior also demonstrates a proximal aneurysm (arrow) and distal aneurysm with calcifications (arrowhead). c Curved planar reformat from CT angiography on follow-up 6 years later at 14 years old demonstrates increased calcification peripherally in both aneurysms as well as new high-grade stenosis just proximal to the proximal aneurysm (arrow) and a nearly non-opacified coronary artery segment between the aneurysms (arrowhead). d Coronal oblique reconstruction from CT angiography demonstrates high-grade stenosis (arrowhead) and near occlusion of the artery between the aneurysms (arrow)

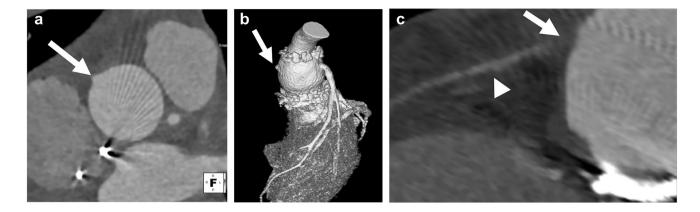


Children who experience the multisystem inflammatory syndrome in children (MIS-C) associated with the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) disease of 2019, or COVID-19, have similar coronary artery manifestations to children with Kawasaki disease. Approximately 6–24% of children with MIS-C have coronary artery dilation or aneurysms [42].

# **Postoperative patients**

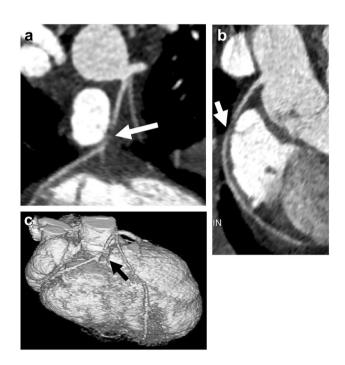
Several complex congenital heart surgeries require coronary artery manipulation and sometimes relocation. These include the arterial switch procedure with Lecompte maneuver for transposition of the great arteries and the Ross or Ross Konno procedure for aortic valve stenosis. Both procedures involve excision of the coronary arteries with re-implantation, which can be associated with both early and late complications related to impaired coronary flow. Coronary artery evaluation by CT is the noninvasive method of choice for evaluating these children if there is clinical suspicion for complication. All people who have undergone coronary artery manipulation should be evaluated for coronary artery patency and anatomical integrity at least once in adulthood, and CT angiography is often the noninvasive method of choice for this evaluation [43]. Particular attention should be paid to origins and proximal course. Examples of a case in the acute postoperative setting are shown in Fig. 5 and in the late postoperative period, years after surgery, in Fig. 6.

Computed tomography angiography is also useful in the postoperative evaluation of coronary artery bypass grafts and stents  $\geq 3 \text{ mm}$  [44] and to assess for coronary allograft vasculopathy in children post heart transplant [45]. Figure 7 shows a child with two prior heart transplants and findings thought to represent coronary artery vasculopathy.



**Fig. 5** Early postoperative imaging in a 10-year-old boy with Loeys– Dietz syndrome status post aortic root replacement. Echocardiography in the acute postoperative period showed a flared tricuspid valve with right coronary artery injury by retraction in the operating room and subsequent repair. **a**, **b** Orthogonal reconstruction of CT angiography in the plane of the aortic root (**a**) and three-dimensional

reconstruction of CT angiogram viewed from the left (**b**) demonstrate abrupt cutoff of the right coronary artery at its origin (*arrows*). **c** Multiplanar reconstruction of the right coronary artery from CT angiography shows no opacification of proximal right coronary artery (*arrow*), with reconstitution of the vessel distally (*arrowhead*)



# Coronary artery compression from epicardial leads

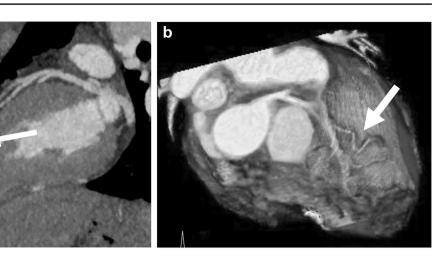
Epicardial leads placed in pediatric patients can result in complications related to adhesion of the leads to the epicardial surface as the child grows, causing cardiac strangulation or coronary artery compression and risk of sudden death [46]. What was thought to be a rare complication of epicardial leads in case reports was shown by Mah et al. [47], in a retrospective review of 145 patients, to have an incidence of 5.5%. Chest radiography has been proposed as an initial screening tool, with a classic pattern of cardiac strangulation defined as a heart-shaped orientation of the atrial and ventricular leads within the cardiac silhouette on an anteroposterior/posteroanterior radiograph [46, 47]. Asymptomatic pediatric patients with epicardial leads are screened with periodic chest radiographs. Children with suspicious findings on chest radiography or those with clinical suspicion for coronary artery compression can undergo noninvasive imaging with CT angiography [47] (Fig. 8).

**Fig. 6** Late postoperative imaging in an 8-year-old girl with a history of D-transposition of the great arteries and coarctation status post repair, imaged for routine evaluation. **a**, **b** Coronal (**a**) and sagittal oblique (**b**) reconstructions from CT angiography demonstrate decreased caliber of right coronary artery as it courses around the main pulmonary artery to the right atrioventricular groove (*arrows*). **c** Three-dimensional reconstruction from CT angiography, viewed from the anterior with the pulmonary artery and ascending aorta removed above the sinotubular junction, also demonstrates right coronary artery distribution on subsequent stress cardiac MR (not shown). This was thought to be a result of mass effect from the pulmonary artery

# Conclusion

The use of coronary CT angiography in children has grown with technological advances, including faster scans and better ECG gating. To achieve high-quality images in children, radiologists must optimize techniques for the child, CT scanner and clinical indication. We have reviewed methods for technique optimization and the common indications for imaging coronary arteries in children. a

**Fig. 7** Coronary artery vasculopathy in a 17-year-old girl status post heart transplant. **a** Sagittal maximum-intensity projection CT angiogram shows significant tortuosity of the left anterior descending (LAD) artery (*arrow*) as well as tortuous branches thought to be secondary to coronary artery vasculopathy. **b** Three-dimensional reconstruction from CT angiography viewed from above shows tortuous mid and distal LAD artery (*arrow*)





**Fig. 8** Lead compression of the coronary arteries in a 13-year-old girl with epicardial pacer leads. **a** Axial oblique maximum-intensity projection (MIP) CT angiogram shows deviation and compression of the left anterior descending artery in the interventricular groove by an epicardial lead (*arrow*). **b** Catheter angiography in the right anterior oblique projection of a contrast injection of the left anterior descending (LAD) artery also demonstrates deviation and compression of the

LAD (*arrow*). **c** Sagittal oblique MIP CT angiogram of the right coronary artery shows compression by an epicardial lead (*arrow*). **d** This is also demonstrated on subsequent catheter angiography in the left lateral projection (*arrow*). **e** Curved planar reformatted CT angiogram of the left coronary artery and LAD artery following lead removal shows no significant sequela

# Declarations

Conflicts of interest None

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