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Mini-review: Synaptojanin 1 and its implications in membrane trafficking

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Abstract

This mini-review aims to summarize a growing body of literature on synaptojanin 1 (Synj1), a phosphoinositide phosphatase that was initially known to have a prominent role in synaptic vesicle recycling. Synj1 is coded by the *SYNJ1* gene, whose mutations and variants are associated with an increasing number of neurological disorders. To better understand the mechanistic role of Synj1 in disease pathogenesis, we review details of phosphoinositide signaling pathways and the reported involvement of Synj1 in membrane trafficking with a specific focus on Parkinson's disease (PD). Recent studies have tremendously advanced our understanding of Synj1 protein structure and function while broadening our view of how Synj1 regulates synaptic membrane trafficking and endosomal trafficking in various organisms and cell types. A growing body of evidence points to inefficient membrane trafficking as key pathogenic mechanisms in neurodegenerative diseases associated with abnormal Synj1 expression. Despite significant progress made in the field, the mechanism by which Synj1 connects to trafficking, signaling, and pathogenesis is lacking and remains to be addressed.

Keywords

Synaptojanin1; *SYNJ1*; Membrane trafficking; Synaptic vesicle recycling; Autophagy; Parkinsonism; Neurodegenerative disease

1. Synj1 overview

In 1994, a then-unknown protein involved in synaptic vesicle endocytosis and recycling was found to interact with growth factor receptor-bound protein 2 (Grb2); this unnamed protein was later labeled as the 145 kDa isoform (isoform b, NP_982271.2) of Synj1 [1]. Since then, another naturally-occurring isoform of Synj1 at 170 kDa (isoform a, NP_003886.3) has been discovered. While this isoform is widely dispersed throughout various tissues in the body,

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the 145 kDa Synj1 protein is predominantly localized to the brain [2]. Synj1 is coded by the *SYNJ1* gene on human chromosome 21q22.2 [3]. Synj1, as a member of the synaptojanin protein family, consists of three domains: suppressor of actin 1 (SAC1), 5'-phosphatase, and a proline-rich domain (PRD) [4] (Fig. 1). Unlike most proteins, Synj1 possesses two enzymatic domains for lipid homeostasis, and these domains are crucial for Synj1-mediated molecular signaling and membrane trafficking. In *Drosophila* and *C. elegans*, there is one synaptojanin gene required for viable organisms, as opposed to mammals, which require two [5,6].

Early research focused on unveiling the exact endocytic steps Synj1 is involved in and how each domain contributes to this process. In the past two decades, Synj1 abnormalities have been found to contribute to multiple neurological and neuropsychiatric diseases, such as PD, Alzheimer's disease (AD), Down Syndrome (DS), autism, schizophrenia, and bipolar disorder [4,7–13] (Fig. 1). While the associations of *SYNJ1* mutations or polymorphisms with many of the above disorders are still obscure or controversial, the field has seen a growing interest in investigating Synj1 irregularities in the pathogenesis of PD, which we will focus on in the latter part of this mini-review.

2. Membrane trafficking

Membrane trafficking includes essential processes such as endocytosis and exocytosis, whereby molecular cargo is transported, in vesicles, across the cell membrane into subcellular locations for function or degradation. Synj1, which regulates membrane resident phosphatidylinositol, has prompted robust investigation regarding its integral part in membrane trafficking. Additionally, while studies have focused on the role of Synj1's 145 kDa isoform in synaptic trafficking, recent research has shown promising insight into its significance in endosomal and autophagic trafficking.

2.1. Synaptic membrane trafficking

Synaptic membrane trafficking describes the recycling of membrane cargos in the synaptic vesicle (SV); it is an essential cellular process that regulates neurotransmission, where neurotransmitters are released from SVs and received by postsynaptic receptors. Altered synaptic transmission may contribute to Synj1-mediated neurodegeneration, and understanding how Synj1 regulates synaptic membrane trafficking will ultimately inform our understanding of pathogenic processes.

While overwhelming evidence supports the involvement of Synj1 in synaptic membrane trafficking, the exact biophysical step where Synj1 is involved is not entirely clear. Early electron microscopy (EM) analysis suggests that clathrin coat shedding is regulated by Synj1, as mouse brains without Synj1 exhibited an accumulation of clathrin-coated vesicles [3]. A study of *C. elegans* lacking the synaptojanin (*unc 26*) gene showed an accumulation of both clathrin-coated vesicles and clathrin-coated pits at the plasma membrane, suggesting an additional role of Synj1 in SV endocytosis [6], which may have been masked in mammalian synapses due to compensatory changes. Later analysis in Synj1-deficient models further supports the involvement of Synj1 in SV endocytosis [14–16]. This conclusion is not entirely surprising given the number of BAR proteins, such as endophilin

and amphiphysin, which interact with the PRD of Synj1 [17,18]. A later study suggests that in addition to the PRD, mutations in the two phosphatase domains also impair SV endocytosis [15]. Such impairment may be due to PRD dysfunction through intramolecular interaction of Synj1, which has been previously demonstrated [19–22]. It is also likely that phosphatidylinositol conversion is a crucial step for membrane curvature formation and the completion of endocytosis [23–25]. Supporting this idea, flash-and-freeze EM was recently used to demonstrate that Synj1, along with endophilin, is required for the neck formation of endocytic pits [26]. Notably, the study showed that the 5'-phosphatase, but not the SAC1-like phosphatase, is involved in this process.

Alternative models have been proposed regarding Synj1's involvement in endocytosis. For example, the endocytic function of Synj1 may be carried out by the long isoform via binding to AP-2, clathrin, and Esp15, while the short isoform is recruited in the later stage for clathrin uncoating [27]. However, this hypothesis conflicts with the finding of poor 170 kDa isoform expression in the adult rat brain [2]. It thus remains unclear if the sequential recruitment of Synj1 isoforms is the predominant endocytic mechanism at the central synapse. Interestingly, while Synj1 has long been recognized to facilitate clathrin-mediated endocytosis, recent evidence reveals its role in ultrafast endocytosis [26]. This new data expands our traditional view of Synj1-mediated synaptic trafficking and reveals further information regarding the physiological role of Synj1.

2.2. Endosomal and autophagic trafficking

While Synj1's role in synaptic trafficking has dominated the field since its identification, research has also indicated Synj1 expression in low levels in astrocytes [28,29] and that Synj1 substrates such as PI(3)P, PI(3,5)P₂, and PI(4)P are prevalent lipids on intracellular membranes such as the autophagosome, ER and Golgi. In recent years, increasing research attention has probed the details of Synj1's potential involvement in endosomal trafficking and autophagic function.

Among other developmental neural processes, *endo*-lysosomal sorting and trafficking of AMPA receptors are crucial to synaptic efficacy; an early study showed that Synj1 deficiency affects AMPA receptor recycling [30–32]. The De Camilli group found that neurotransmission was adversely affected in Synj1-deficient hippocampal neurons, where they had greater numbers of surface-exposed AMPA receptors and possessed larger miniature excitatory postsynaptic current amplitudes than wild-type (WT) mice. Whether the recycling of other plasma membrane cargo proteins requires Synj1 remains unclear. In our recent study of the *Synj1*-deficient cortical astrocytes, we showed reduced levels of the membrane glucose transporter, GLUT1 [29]. Similarly, the transferrin receptors were shown to exhibit intracellular retention in Synj1-deficient conditions [33]. These results suggest that Synj1 may regulate different cargo proteins via different mechanisms. While some cargos exhibit membrane retention, others may suffer from poor membrane insertion when Synj1 is deficient.

As part of intracellular trafficking, the autophagy pathway is of particular interest in neurodegenerative disorders. Macroautophagy, or autophagy, is the process whereby cells degrade unwanted molecular components to maintain proper homeostasis by forming an

autophagosome. The autophagic contents are eventually degraded in the autolysosome when the autophagosome fuses with the lysosome. The multi-step autophagy pathway is complex: where Synj1 fits in remains elusive. The Verstreken group reported that the intact function of the SAC1 domain, which hydrolyzes the phosphate at the 3' position of PI(3)P and PI(3,5)P₂ [34–36], is important for autophagosome maturation [5,37]. Introducing the R258Q mutation, which nullifies SAC1 phosphatase action while leaving the 5' phosphatase unaffected, in turn, diminished autophagosome maturation in presynaptic terminals of drosophila, likely through crowding of PI(3,5)P₂ and its binding proteins [37]. A study from our lab using the *Synj1*^{+/-} mouse model found enhanced LC3 immunofluorescence and increased autophagy substrate, p62, in the brains of aged mice, suggesting a defect in autolysosomal degradation [21]. Consistently, we found increased basal level autophagosome and autolysosomes in Synj1 deficient astrocytes [29]. Supporting these findings, another group showed that Synj1-deficient zebrafish exhibited enlarged acidic vesicles, abnormal late endosomes, and disrupted autophagy in the inner cone segments, suggesting a significant role of Synj1 in the endolysosomal pathway [38]. A later study from the same group demonstrated that 5' phosphatase domain, but not SAC1 domain, activity is required to rescue the abnormalities in the endosomal pathways, suggesting that PI(4,5)P₂ is crucial to autophagic clearance, at least in zebrafish [39]. These studies indicate that Synj1 may influence the autophagy pathway at various steps, from autophagosome lipidation and maturation to autolysosomal degradation. The SAC1 and the 5'-phosphatase domains may be recruited sequentially to accomplish the clearance of autophagic content. However, this hypothesis requires further research providing comprehensive molecular details downstream of the Synj1 mutations and lipid alterations, which may elucidate the connections between Synj1 and autophagy machinery.

In contrast to the above Synj1-deficient models, there has been no evidence suggesting an altered autophagy pathway in the Synj1 over-expressors, such as the Ts65Dn mouse [40]. However, enlarged early endosomes were observed in multiple Synj1 overexpressing models [8,41,42]. These studies suggest that Synj1 expression level in an intact system requires fine-tuning to maintain the proper functions of membrane trafficking.

3. Clinical pathogenesis relevance

Since 2013, *SYNJ1* autosomal recessive mutations, including R258Q, R459P, R839C, and L1406F, have been identified to result in comorbidities of early-onset Parkinsonism and epilepsy [9,35,43–46]. Patients typically have juvenile-onset and exhibit fast progression. The R258Q and R839C mutations primarily impair Synj1's function in the phosphatase domains [21,35], while the L1406F mutation impacts Synj1's molecular interaction; these associations have not yet been fully investigated. Subsequent studies have revealed additional *SYNJ1* variants, such as R136*, Y888C, W843*, Q647R, and S1112T, resulting in either protein truncation or lack of protein expression [47,48] (Fig. 1). These variants are associated with severe intellectual disabilities and early-onset aggressive neurodegeneration, suggesting an essential role of Synj1 in maintaining the proper function of the brain.

In understanding the pathogenic mechanisms underlying these disease mutations, various animal models have been generated and investigated. In a recent study by Cao et al.,

the authors showed that the Parkinsonism-related missense R258Q mutation in the SAC1 domain impaired cortical neuron SV endocytosis after brief or prolonged synaptic activities. The amount of exocytosis was, however, not affected at various stimulations [14]. The mild synaptic defects do not fully explain the reduced lifespan and apparent motor deficits shown in the *Synj1* R258Q knock-in (KI) mice. It is possible that the R258Q mutation disrupts synaptic transmission of a yet-unknown type of synapse other than the reported cortical synapse in a more profound way. For example, in our analyses of *Synj1* heterozygous midbrain neurons, we found a significant slowing of the SV endocytosis rate [21], while heterozygous deletion of *Synj1* is largely tolerated in cortical neurons and hippocampal neurons [15,21]. These results suggest that midbrain synapses could be more vulnerable to the R258Q disease mutation. In another study of the *Synj1* truncation mutant zebrafish, the vestibulospinal reflex was significantly defective [49], consistent with the earlier finding of poor SV turnover in the ribbon synapses of the hair cells [50]. Whether the R258Q mutation has a profound effect on the vestibular system that contributes to posture control in zebrafish and mammalian models is yet to be examined. Alternatively, it is also likely that the mutation impairs other membrane trafficking events, such as autophagy [37], which is equally essential for cellular function and survival. To understand the relevant lipid signaling pathways for Parkinsonism, a more recent study examined another PD candidate gene, *Sac2/INPP5F*, which specifically acts on PI(4)P; and its synergistic effect with the known SAC1 mutation on *SYNJ1* [51]. While *Sac2* KO mice alone demonstrated no significant defects, mice with both the *Synj1* R258Q mutation and *Sac2* KO exhibited an exacerbated phenotype and survived no longer than three weeks with stunted growth [51]. These results suggest an essential role of PI(4)P metabolism in neurodevelopment and dopaminergic dystrophy.

It is worth noting that different model organisms could have varying responses to *Synj1* deletions/mutations. For example, unlike rodent cortical neurons, where SAC1 activity is necessary for normal SV recycling [14,15], the *SYNJ1* R258Q mutation KI fly did not exhibit noticeable abnormalities in SV endocytosis compared to the WT [37,52]. Worm models then further surprise us. While they parallel the *drosophila* model in that the SAC1 domain's functionality is not required for effective synaptic recycling at the neuromuscular junction, the SAC1 domain's physical presence is involved in coordinating the *Synj1* and endophilin interaction [20]. The same study found even more intriguingly that worms with truncated *Synj1* without the PRD encountered no difficulties in SV recycling, contrasting results obtained in other model organisms [5,53,54]. Another example is the kinase regulation of *Synj1* activity [55]. Phosphorylation driven by Cdk5 inhibits the protein's activity in rat brains [19], yet phosphorylation mediated by a different kinase, *Dyrk1A*, enhances *Synj1* activity at the *drosophila* neuromuscular junction [19,52]. Therefore, it is worthwhile to investigate each *Synj1* disease mutation in multiple synaptic systems and different animal models, especially human-derived cells. Investigations along this line would likely lead to identifying specific neuronal pathways implicated in disease pathogenesis. More interestingly, a recent study has suggested possible sex-dependent homeostasis for PIP₂, the primary substrate of *Synj1* [56]. As PD tends to afflict males over females in the population, it would be interesting to dissect the sex-dependent synaptic regulation when addressing disease mechanisms.

4. Discussion

Our knowledge of Synj1 has seen robust growth in the past few decades. Although gaps regarding the precise mechanisms underlying Synj1-mediated membrane trafficking and Synj1-associated neurodegenerative diseases exist, there has been a growing body of evidence suggesting that the development of neurodegenerative diseases such as PD is correlated with endosomal trafficking issues, synaptic membrane trafficking issues, and sometimes both [33,57–59]. However, the mechanistic details of Synj1 function are still lacking; hence, our understanding of Synj1-mediated pathogenesis remains superficial, which calls for sustained research efforts.

One confounding factor in current Synj1 literature is the inconsistent results obtained through various model systems (summarized in Table 1). Future research, if provided cell type-specific analyses for Synj1, could bring more clarity. As we noted earlier, human cell models will be precious in elucidating disease mechanisms. Among the many disorders shown to associate with *SYNJ1*, PD has gained increasing credibility in recent years.

Much research is presently investigating the role of Synj1 in autophagic clearance in addition to its traditional role in synaptic trafficking. Importantly, for complex brain disorders like PD, Synj1 does not act alone. Other lipid kinases and phosphatases in the same phosphoinositide signaling pathway, as well as Synj1-associated molecules, could all contribute to defining the pathogenic course. Identifying these signaling partners through disease-based bioinformatics analyses can inform our understanding of Synj1's roles in pathogenesis. In summary, future progress in the right direction will pave the way for us to pinpoint where Synj1 fits in membrane trafficking, signaling pathways, and ultimately pathogenesis.

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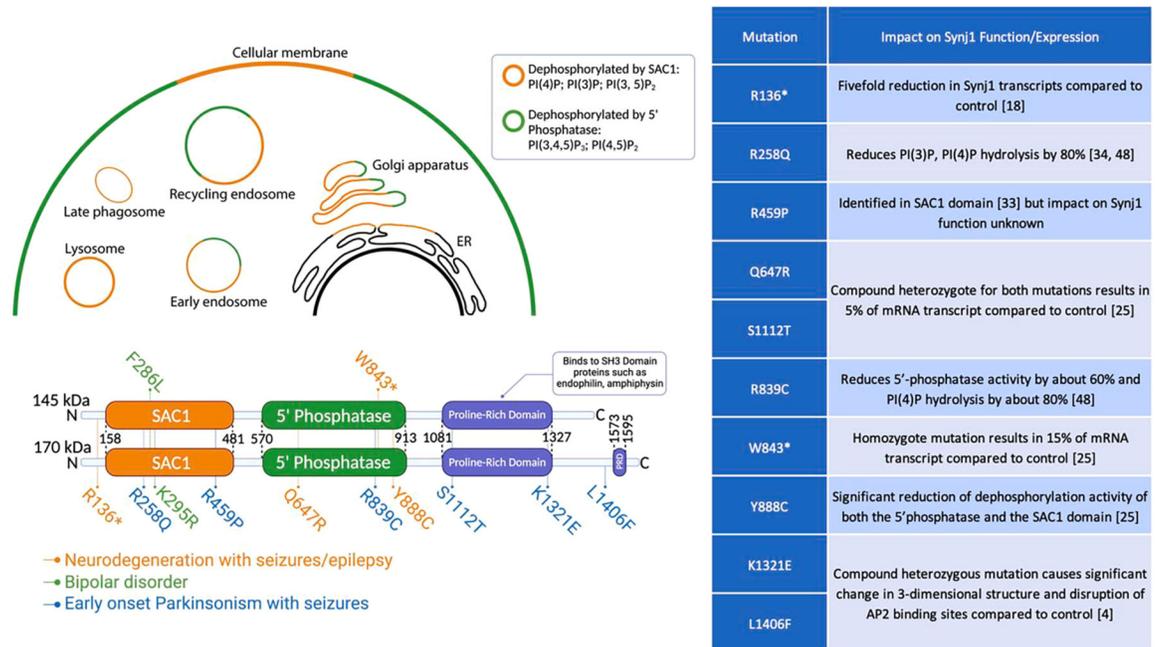


Fig. 1. The domain structures and identified mutations of Synj1 isoforms.

Both isoforms contain a SAC1 domain with phosphatase action on phosphatidylinositol 4-phosphate (PI(4)P), phosphatidylinositol 3-phosphate (PI(3)P), and phosphatidylinositol 3, 5- bisphosphate (PI(3,5)P₂), a more selective 5' phosphatase domain that predominantly dephosphorylates phosphatidylinositol 4, 5- bisphosphate (PI(4,5)P₂) to PI(4)P, and a proline-rich domain (PRD), known to bind to multiple binding factors involved in endocytosis via SH3 domains, such as endophilin and amphiphysin. Other binding motifs with proteins like Esp15 and AP2 may vary between isoforms. SNPs in the introns [11] and postzygotic mosaic mutations [13] have also been reported for *SYNJ1* associated with certain neuropsychiatric disorders but are not shown here. Created with assistance from [BioRender.com](https://www.biorender.com).

Table 1

Summary of Synj1 models and phenotypes.

In vivo models		In vivo phenotypes		In vitro sample origin		In vitro phenotypes		citations	
Deficient models	KO mouse	Perinatal lethal and diminished embryonic growth rate		Rodent brain		1	Accumulation of brain PI(4, 5)P ₂ and PI(3,4,5)P ₃	[3,15,28,29]	
						2	Accumulation of Clathrin coated vesicles		
						3	Slow endocytosis kinetics		
						4	Impaired AMPA receptor trafficking		
						5	Impaired astrogligenesis		
						6	Hyperactive autophagosome formation in astrocyte		
HET mouse		1 Age-dependent hyperactive locomotion followed by motor deficit	[16,21]	Rodent brain		1	Midbrain neuron-specific impairment in synaptic endocytosis	[15,16,21]	
		2 Reduced DA metabolism				2	Normal endocytosis in cortical and hippocampal neurons		
		3 Loss of striatal DAergic terminals in aged mice				3	Normal exocytosis		
KO <i>Drosophila</i> eye		Capable of detecting light and display phototaxis	[5]	<i>Drosophila</i> photoreceptor		1	Densely clustered and Clathrin coated vesicles	[5]	
KO Zebrafish		1 No optokinetic response	[38,60]	Zebrafish photoreceptor		2	Impaired endocytosis at high frequency stimulation		
		2 Abnormal retina cone receptors, but normal rods				3	Normal exocytosis		
		3. Abnormal swim behavior				1	Enlarged Acidic vesicles	[38]	
						2	Irregular late endosome		
						3	impaired autophagy clearance		
						4	Abnormal localization of synaptobrevin and RibeyeB		
KO <i>C. elegans</i>		1 Diminished locomotion rates	[6]	<i>C. elegans</i> NMJ		1	Accumulation of clathrin coated vesicles and clathrin coated pits	[6]	
		2 Abnormalities associated with loss of GABA and cholinergic transmission				2	Depletion of synaptic vesicles		
						3	Increased endosomes		

	In vivo models	In vivo phenotypes	citations	In vitro sample origin	In vitro phenotypes	citations
Overexpression models	Human with DS			Heterologous cells expressing Synj1 shRNA	1 Increased number and size of early endosomes	[33]
	Human with DS/AD				2 Normal late endosomes	
	Synj1 BAC transgenic Mouse	1 Learning deficits in the Morris water maze task 2 Hippocampal dependent memory and cognitive deficits	[40,41,61]		3 Intracellular accumulation of transferrin receptors	
Knock-in models				Human blood cells	Increased size of early endosomes	[41]
	R258Q KI Mouse	1 Shortened lifespan 2 Motor function deficits	[14]	Postmortem human brain Mouse brain	Reduced Synaptophysin level	[61]
Knock-in models					1 Decreased brain PI(4,5)P ₂ , increased brain PIP	[41,61].
				<i>SYNJ1</i> R258Q patient-derived human induced neurons	2 Increased size of early endosomes in the prefrontal cortex neurons 3 Hippocampal hyperexcitability 4 Place cell dysfunction	[37]
Knock-in models				Mouse brain	Accumulation of clathrin coated vesicles at synapse	[14,51]
	R258Q KI <i>Drosophila</i>	1 Viable but reduced lifespan upon starvation 2 Normal retina function	[37]		2 Accumulation Parkin, Amphiphysin 2, Auxilin, and Clathrin light chain 3 Dystrophic DAergic axon and clustering of DAT in the dorsal striatum 4 Normal early endosome and lysosome	[37]
Knock-in models				<i>Drosophila</i> NMJ	Impaired autophagosome formation in response to synaptic activity and starvation	[37]
	<i>Synj1</i> C378S, D380N KI <i>C. elegans</i>	Normal EPSC from muscle wall recording	[20]	<i>Synj1</i> C383S KI mouse cortical neuron	1 Impaired endocytosis after small stimuli 2 Normal endocytosis during persistent synaptic activity	[15]
Knock-in models				<i>Synj1</i> R258Q KI mouse cortical neuron	1 Impaired endocytosis after small stimuli	[14]
	<i>Synj1</i> SAC1 KI <i>C. elegans</i>	1 Impaired EPSC from muscle wall recording	[20]			

In vivo models	In vivo phenotypes	citations	In vitro sample origin	In vitro phenotypes	citations
				2	Normal endocytosis during persistent synaptic activity
<i>Synj1</i> D716A KI <i>C. elegans</i>	1	[20]	<i>Synj1</i> D730A mutant KI mouse cortical neuron	1	Impaired endocytosis during persistent synaptic activity
	2			2	Impaired endocytosis following short stimuli
				3	Impaired SV re-availability
<i>Synj1</i> PRD KI <i>C. elegans</i>	1	[20]	<i>Synj1</i> /endophilin binding mutant (EBM) KI mouse cortical neuron	1	Impaired endocytosis during persistent synaptic activity
	2			2	Partially impaired SV re-availability
	3			3	Normal <i>Synj1</i> synaptic localization