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Characterizing Residual Structure in Disordered Protein States Using Nuclear Magnetic Resonance

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Summary

The importance of disordered protein states in biology is gaining recognition, and can be attributed in part to the participation of unfolded and partially folded states of globular proteins in normal and abnormal biological functions, such as protein translation, protein translocation, protein degradation, protein assembly, and protein aggregation (1–5). There is also a growing awareness that a significant fraction of gene products from various genomes, including the human genome, fall into a category that includes low complexity, low globularity, or intrinsically unstructured proteins (6–9). Unlike native states of globular proteins, disordered protein states, by definition, do not adopt a fixed structure that can be determined using classical high-resolution methods. Nevertheless, there has long been evidence that many disordered states contain detectable and significant residual or nascent structure (10–16). This structure has been found to be important for nucleating local structure, as well as mediating long range contacts upon either intramolecular folding to the native state (17–21) or intermolecular folding with specific binding partners (22– 24), and is also predicted to influence intermolecular folding into structured aggregates (25,26). The primary tool for the characterization of such structure is high-resolution solution state nuclear magnetic resonance (NMR) spectroscopy. Advances in NMR instrumentation and methods have greatly facilitated this task and in principle can now be accomplished by those without extensive prior experience in NMR spectroscopy. This chapter describes how this can be accomplished.

Keywords

Protein folding; residual structure; nascent structure; intrinsically unstructured; natively unfolded; unfolded state; denatured state; molten globule; folding intermediates; NMR; secondary shifts; random coil

1. Introduction

Detailed structural information for the end point of typical protein folding reactions has been available for many decades. Only recently, however, has it become practical to address the structural properties of the ensemble of unfolded states from which folding initiates. Optical methods, such as circular dichroism, fluorescence, and Fourier-transform infrared spectroscopies of unfolded proteins frequently contain evidence for a small, but detectable amount of structure (10), but further characterization of such structure was not often pursued. More recently, this has begun to change.

With the advent of multidimensional solution nuclear magnetic resonance (NMR) spectroscopy it became possible to resolve signals from individual sites in proteins, even in their denatured state (12), and, therefore, to learn about the local environment and structure of these sites. There are two primary requirements for achieving this goal. First, the individual NMR resonances have to be mapped to the corresponding nuclei in the protein from which they originate. This is referred to as the resonance assignment process, and remained the primary hurdle for NMR studies of disordered proteins for some time. Recent advances in NMR methods combined with increased access to high-field and ultrahigh-field NMR spectrometers, however, have provided the tools needed to make this a routine task, at least for backbone resonances, and the process will be described in detail in Subheading 4. Once backbone resonance assignments are available, measurable parameters that inform regarding local environment and structure are required. Many such parameters are useful in the high resolution structural characterization of well-folded proteins (27), including chemical shifts, coupling constants, nuclear Overhauser effects (NOEs), relaxation rate constants (28-31), and more recently residual dipolar couplings (32,33). These same parameters can also be used to analyze the structural properties of disordered proteins, but the weak signatures of elements of residual structure require somewhat different considerations.

2. Production of Isotopically Labeled Protein

Like classical NMR structure determination, analyzing residual structure in proteins by NMR is greatly facilitated by the use of isotopically labeled protein, in which ¹⁴N and ¹²C are replaced with ¹⁵N and ¹³C. A requirement for this approach is the ability to produce the protein of interest recombinantly. Although isotopic labeling of proteins produced in yeast and in cell culture is slowly becoming feasible (34,35), these systems are not described here as the great majority of proteins for NMR study are produced in *Escherichia coli*. Once recombinant protein can be expressed and purified from *E. coli*, producing isotopically labeled material is usually a simple exercise. To prevent incorporation of unlabeled isotopes into the protein, bacteria are grown on a minimal medium completely lacking in carbon or nitrogen, to which a single source of these elements is then added, typically in the form of ammonium-sulfate or -chloride for nitrogen and glucose for carbon. Usually, minimal media is made using an M9-recipe similar to the one shown in Table 1 (36). Protein yield is typically as much as 50% lower from cultures grown on minimal media, especially when limiting quantities of ¹³C-labeled glucose are used.

Because disordered proteins are generally quite flexible, the relaxation rates that determine the efficiency of magnetization transfer during the triple-resonance experiments described below are quite favorable. This means that the benefits obtained from triple labeling with ²H, ¹³C, ¹⁵N are not typically needed. If required, highly deuterated samples can be made by using D₂O instead of H₂O in preparing the M9 media, and uniformly deuterated samples can be produced by using ²H, ¹³C-labeled glucose as well as D₂O. Growing bacterial cultures in D₂O-based media leads to a significant (approximately twofold typically) reduction in growth rate, and often leads to a further decrease in protein yield. In order to reduce the amount of D₂O and isotopically labeled compounds needed for the production of labeled proteins, it is possible to grow cultures to midlog phase in rich media, spin down the cells,

wash them, and then resuspend them in minimal media. The cells should then be given 30–60 min to recover before protein production is induced. Nearly uniform labeling can be achieved in this way with lower costs (37).

3. NMR Sample Preparation

NMR experiments typically require approx 0.5 mL of ¹³C, ¹⁵N double-labeled protein at a concentration of approx 0.3 mM. Higher concentrations can provide better signal to noise but should be used with caution, as disordered proteins often aggregate easily. NMR twodimensional (2D) proton-nitrogen correlation (HSQC) spectra can be used as a diagnostic for aggregation in tandem with other techniques, such as gel filtration or light scattering. The use of NMR tubes with susceptibility-matched plugs (available from Shigemi, Inc. for example) allows sample volumes of 0.25–0.3 mL to be used if sample quantity is limiting. Because the backbone amide protons in disordered proteins are typically not protected from the solvent by either intramolecular hydrogen bonds or burial, samples should be prepared at lower pH if possible to limit the exchange of amide protons with solvent protons (38,39). A pH of 4.0 is ideal for slowing exchange, but is often too low to maintain physiological relevance and can perturb the structure of interest. pH values of up to 7.5 or so can be used successfully by lowering the sample temperature to 10°C or even 5°C. Salt concentrations should be such that ionic strength remains below approx 0.2 mM. If cryogenic probe technology is to be used, sample concentrations can be reduced to approx 0.1 mM in favorable cases, although lower salt concentration and low-conductivity buffers may be necessary to achieve the necessary gain in sensitivity (40).

4. Obtaining NMR Backbone Resonance Assignments for Disordered

Proteins

In comparison to well-structured proteins, disordered proteins give rise to crowded, highly degenerate NMR spectra, increasing the challenge of assigning the individual resonances. Nevertheless, certain nuclei in polypeptide backbones retain significant dispersion that can be taken advantage of. In particular, the resonance frequencies or chemical shifts of both backbone ¹⁵N nuclei (41) and backbone ¹³CO nuclei (42,43) are highly sequence dependent, even in the absence of well-ordered structure. In contrast to the ¹⁵N and ¹³CO sites, the chemical shifts of the ¹³Ca and ¹³C\beta nuclei in the absence of well-ordered structure are quite degenerate. This, however, can also be made use of, because the combination of these two chemical shifts is highly effective at discriminating between different amino acid side chains (44), and is, therefore, of great use in the assignment process (45). With these considerations in mind, the following set of three-dimensional (3D) triple-resonance experiments can be considered as ideal for obtaining the data necessary for backbone resonance assignments of disordered proteins:

- **1.** HN(CA)CO (correlates NH_i , N_i and $CO_{i/i-1}$).
- 2. HNCO (correlates NH_i, N_i, and CO_{i-1}).
- **3.** HNCACB (correlates NH_i, N_i, and Ca, C $\beta_{i/i-1}$).
- **4.** CBCA(CO)NH or the equivalent HN(CO)CACB (correlates NH_i , N_i , Ca, $C\beta_{i-1}$).

These experiments are available in standard form in the pulse sequence libraries provided by the major manufacturers of NMR spectrometers, and can, therefore, be executed in a straightforward fashion. Although a minimal familiarity with the details of operating a NMR spectrometer is required, sufficient training can be obtained in 1 d, or even a few hours, from a knowledgeable facility manager or user. Processing of the resulting data to produce the 3D spectra is also straightforward, with a variety of software available for the task.

Each of these four experiments results in spectra that contains peaks, or correlations, that are each characterized by three resonance frequencies or chemical shifts: that of a backbone amide proton, of its covalently attached nitrogen, and of the CO, C α , or C β nucleus that belongs to either the same residue (an "i" correlation) or the one immediately preceding it in the protein sequence (an "i–1" correlation). All together, the experiments provide the complete backbone and C β chemical shifts for each dipeptide spin system that gives rise to detectable signals. The data can be illustrated schematically for the HN, N, C α , and CO shifts of a cyclical four-residue peptide as shown in Fig. 1.

The process of making sequence-specific resonance assignments involves linking individual dipeptide systems to each other by matching the overlapping chemical shifts, in this case the CO, Ca, and C β shifts. Because the Ca and C β shifts are highly degenerate, as previously discussed, they are less useful for linking dipeptides than the better dispersed CO shifts. However, the Ca and C β shifts can often be used to identify or constrain the specific side chains of each residue in the dipeptide spin system, and this information can be invaluable in placing the dipeptide, and any segments linked to it, into the known sequence of the protein. The process of linking the dipeptide spin systems is illustrated in Fig. 2. Once this basic concept is understood, various techniques can be used to accomplish the task at hand. One approach is to simply select an inter-residue (i-1) peak in one of the spectra and graphically search all other peaks in the appropriate spectrum for the corresponding intraresidue (i) peak. At the other end of the spectrum, one can generate a numerical table of all the correlations, identify the chemical shift of an inter-residue correlation, and search the numerical table for possible matches. Different people typically develop their own preferred approach. Note that although software packages for automated assignments of NMR backbone resonances of proteins (AutoAssign [46], MARS [47], and others) can be highly effective when applied to well-structured proteins, they are typically less successful with spectra from disordered proteins and significant manual effort is usually required.

5. Identifying Residual Structure

5.1. Chemical Shifts

Once backbone resonance assignments have been obtained, it is possible to begin to learn about the structural preferences of specific residues in the disordered protein of interest. The easiest and perhaps most sensitive parameters to analyze are chemical shifts, many of which are conveniently available immediately from the assignment process. Chemical shifts have proven to be sensitive and accurate predictors of secondary structure (48–54) and this property has been used to develop a robust algorithm to identify secondary structure in well-folded proteins (55,56). Although this algorithm can be applied to several nuclei, its application to C α shifts will be described here because they have proven to be the

most sensitive and accurate predictors of secondary structure, being least affected by other factors (57). The algorithm relies on calculating the differences between each observed chemical shift and the values that would be expected if a given residue were in an idealized random-coil state. The latter values have been estimated either from statistical analyses of chemical shift databases from well-structured proteins (49,54,58), or from direct measurements of chemical shifts from residues in short peptides that contain little or no structural preferences (53,59–62). The differences between the observed and tabulated random-coil shifts are referred to as secondary shifts. Once calculated, secondary shifts are used to predict the presence of helical or strand structure based on their sign, amplitude, and contiguity. For Ca secondary shifts, positive values correlate with helical structure and negative values with strand structure, and the Ca amplitude thresholds used to analyze structure in well-folded proteins are typically 0.5 PPM (63). Uninterrupted stretches of positive or negative secondary shifts above the amplitude threshold indicate helical or strand structure, respectively. The contiguity criterion requires uninterrupted stretches of at least four nonstrand-indicating secondary shifts to establish a helix, and at least three non-helix-indicating values to establish a strand, and in either case, the "density" of helix- or strand-indicating values should exceed 70%.

Although highly successful in identifying and delineating secondary structure elements in well-folded proteins, the previously mentioned algorithm is more difficult to apply to highly disordered proteins because the secondary structure elements are not well formed, being instead transient in nature, and the associated secondary shifts are of much lower amplitude. Nevertheless, Ca secondary shifts in particular still provide highly accurate information if care is taken. When dealing with residual or nascent structure, it is of crucial importance to use the "best" possible random-coil shifts. In contrast to examining well-formed structure, where secondary shifts are relatively large in magnitude (several PPM for $C\alpha$), residual structure leads to secondary shifts that are typically quite small (less than 1 PPM and often just a few tenths of a PPM for Ca), so errors in the random-coil shifts can have a profound effect on the results. In general, our experience has indicated that statistically derived random-coil shifts are not as accurate for analyzing poorly structured states as experimentally measured random-coil values. In contrast, the statistical values may be somewhat superior in the prediction of well-formed structure. Of the experimentally determined data sets, the most recent tabulation by Wishart et al. (62), which was obtained at pH 5.0 and 25°C, is in our experience the most accurate for analyzing samples at near physiological pH values, while the data of Schwarzinger et al. (64) is most appropriate for proteins denatured in urea at low pH.

The latter data set was later accompanied by a detailed analysis of sequence-specific corrections to the residue-specific, random-coil shifts (65). Although this analysis demonstrates clearly that these corrections are quite small for the Ca shifts, the corrections do improve the analysis of residual structure (66). However, it should be noted that the corrections may be specific to the conditions used for the measurements, and it is not yet clear if they can be directly applied to residue-specific, random-coil values determined under other conditions. Sequence-specific corrections have also been carefully tabulated by Wang and Jardetzky using a statistical approach (67), but these corrections too, in our experience, cannot be taken out of context and applied to experimentally determined random-coil values.

Ultimately, the best possible results can be achieved only by directly measuring random-coil shifts from small peptides, including sequence-specific corrections, under conditions close to those of interest (but note that small peptides can adopt nonrandom structure [66] and such structure must be destabilized). In the absence of such pain-staking measurements, the more appropriate of the Wishart (62) or Schwarzinger (64,65) data sets should be used, but pH differences leading to the titration of side chain groups (Glu, Asp, or His) require corrections for their residues (68). An additional note is that accurate determination of experimental carbon chemical shifts is facilitated by extensive zero filling of data in the carbon dimension. Although the intrinsic resolution of the data is not improved by this procedure, the effective increase in the quality of the interpolation is important for determining the positions of resonances.

Once secondary shifts are calculated using carefully determined Ca chemical shifts and the appropriate random-coil shifts, identifying residual secondary structure follows the same principles used for well-folded proteins. However, the smaller secondary shifts introduce a greater degree of ambiguity into the procedure. In particular, the amplitude threshold must be relaxed. However, the contiguity requirement should typically be increased to compensate. Longer stretches of secondary shifts of the same sign, but where several or even many fall below the amplitude threshold, can be reliable indicators of residual structure. Short (three to four residue) stretches of residual structure are more difficult to diagnose with certainty unless the secondary shifts are all above the threshold value. It should be noted that the availability of any complimentary functional, biochemical, or structural data for the protein of interest can greatly increase the confidence of the chemical shift analysis. This is based on the observation that residual structure is often most evident in regions that are well structured in other contexts (in the native state if one exists, or in a well-defined conformation adopted upon binding to an interaction partner), and that such regions therefore also tend to stand out in biochemical or functional studies employing site-specific or deletion mutagenesis (24,69).

Although Ca secondary shifts are the most accurate indicators of secondary structure, other chemical shifts can also be helpful. Ha secondary shifts in particular are excellent indicators of secondary structure in well-folded proteins because of their great sensitivity to backbone ϕ/ψ angles. However, Ha shifts are also more sensitive than carbon shifts to other factors, such as ring currents, hydrogen bonding, and electrostatic effects (57), which effectively make them "noisier" than Ca shifts when dealing with small amplitude deviations. Nevertheless, Ha shifts are a useful complement to Ca shifts. Similarly, CO and C β shifts are also sensitive to secondary structure. While CO shifts show excellent dispersion in well-folded states, much of this dispersion originates from sequence-dependence effects and is, therefore, retained in disordered states. These effects are difficult to correct for, making CO secondary shifts relatively noisy (43). C β shifts are somewhat sensitive to strand structure, but are much less sensitive to helical structure (57). They also display considerably less dispersion even in well-folded structures, providing less dynamic range for the detection of residual structure (43). When residual structure is indicated by a consensus of secondary shifts from two or more nuclei, this again greatly increases the reliability of the analysis.

5.2. Nuclear Overhauser Effects

NOEs form the basis of classical structure determination by NMR by providing long-range constraints on global topology, and shorter-range constraints on local structure, including secondary structure (27). Well-characterized patterns of NOEs have long been used to delineate secondary structure in proteins (27). In disordered proteins, this type of analysis is not possible because of the fluctuating nature of any structural elements. Nevertheless, shortrange NOE data can help to distinguish between helical and extended or strand structure, and can help to corroborate observations made based on chemical shifts as previously described. $H_N H_{\alpha}(i,i-1)$ NOEs in particular are useful, because they are typically observable in highly unstructured proteins even at relatively low concentrations using standard ¹⁵Nseparated NOESY experiments. The distance reflected in this NOE is informative because it is considerably shorter in strand structure (~2.2 Å) than in helical structure (~3.5 Å) (27). Fluctuations in the intensity of this NOE signal can, therefore, support chemical shift-based inferences regarding the existence and nature of residual or nascent structure. Sequential H_NH_N NOEs can also be used in a similar fashion (this distance being longer in strand structure and shorter in helical structure), but these NOEs are typically weaker in poorly structured proteins and require much higher protein concentrations. H_NH_N NOEs for disordered proteins are most easily measured using the HSQC-NOESY-HSQC experiment (42,70).

A complication that arises when interpreting NOE data is that various relaxation processes exert a significant effect on NOE intensities. Therefore, it can be difficult to distinguish whether fluctuations in raw NOE intensities arise from differences in structure or dynamics. One method for partly compensating for this ambiguity is to normalize NOEs by the intensities of either diagonal peaks or other NOE peaks that originate nearby, with the rational being that the effects of local motions should, at least to a first approximation, be normalized out (71). Specifically, $H_N H_{\alpha}(i,i-1)$ NOEs are sometimes normalized by the intraresidue $H_N H_{\alpha}(i,i)$ NOE to produce the so called $\sigma_{N\alpha}/\sigma_{\alpha N}$ ratio (72), whereas sequential $H_N H_N$ NOEs are normalized by the diagonal (or self-NOE) signal to produce the σ_{NN} ratio (73,74). This concern is most relevant when there is enough residual structure present to lead to significant variations in the backbone dynamics of the protein. For more highly unstructured proteins, the dynamics are often quite uniform, and the unnormalized NOE intensities can be informative (69). It should also be noted that short-range NOEs can also be used to detect the presence of polyproline-II structure (60), and that hydrophobic clusters can also be detected using short- and medium-range NOEs (12).

5.3. Dynamics

Molecular motions profoundly influence the relaxation of NMR signals, and can, therefore, be characterized by measuring NMR relaxation rate constants (75,76). Well-structured proteins typically exhibit rather uniform relaxation parameters that primarily reflect overall molecular tumbling. Intramolecular motions, however, can often be detected as departures from this uniform behavior, and can be highly informative regarding functionally important motions, such allosteric transitions (77) or enzyme active site rearrangements (78,79). In disordered proteins, relaxation rates are strongly influenced by local motions, and can provide an additional mechanism for detecting regions of residual structure, especially

the presence of hydrophobic clusters. In completely unstructured polypeptides, transverse relaxation rates (R2) data are relatively uniform, but when hydrophobic residues participate in either local- or long-range contacts, this tends to restrict the motions of the protein backbone in a manner that leads to exchange broadening of NMR signals (80). This effect can often be detected as local regions, or clusters, of unusually high R2 values. The exchange contribution (Rex) to R2 can also be measured and analyzed directly. Rex is typically determined using CPMG-based relaxation dispersion methods at multiple field strengths (81). Correlations between high R2 values or significant Rex values and a high degree of local hydrophobicity (which can be evaluated using Kyte-Doolittle [82] or similar algorithms) are good indicators of hydrophobic clusters (19). If several hydrophobic clusters are detected, the possibility of intercluster contacts can be probed by studying the effects of perturbing mutations on the relaxation rate constants of residues belonging to distant clusters (83). Such contacts can also be detected directly by measuring side chain NOEs in samples selectively protonated at methyl and aromatic sites (84). Residual secondary structure, if present, may also be reflected in backbone relaxation parameters (19,85).

5.4. Residual Dipolar Constants

Residual dipolar constants (RDCs) are a recent addition to the NMR toolbox used for structure determination (32,33). RDCs provide a measure of the dipolar interaction between two (nuclear) magnetic moments, which is related both to the distance between them and to the orientation of the vector connecting them relative to the external magnetic field. In solution NMR, the dipolar couplings are averaged to zero by the isotropic tumbling of the solute molecules. If the symmetry of this molecular tumbling is broken, the dipolar couplings are reintroduced to an extent proportional to alignment of the solute along the preferred direction, and can be observed by NMR. The alignment must be weak enough that the tumbling time of the molecules is not unduly decreased (to prevent line broadening) but strong enough to produce measurable RDCs. A number of different aligning media have been described (86), and many of them appear to work well for disordered proteins.

The geometrical dependence of RDCs is the basis for their use in the structure determination of well-ordered proteins. Measurements of RDCs, however, are also affected by molecular motions, and although this dependence can in principle be used to infer dynamics from RDCs, this is a challenging and ongoing effort (87,88). Because of their highly dynamic nature, RDCs measured from poorly structured proteins are difficult to interpret. Nevertheless, recent work has shown that such measurements can be highly informative. In some cases, it appears that RDCs of non-native states can reflect long-range order and topology (89), which can be similar to that present in the relevant native state (90). When this is not the case, however, RDCs can be directly related to residual structure. In disordered systems, local elements of secondary structure appear to behave and align as semi-independent structural units (91,92). Because NH bond vectors in helical and strand structure are approximately perpendicular to each other, the NH RDCs resulting from independently aligning helices and strands have opposite signs. Thus, NH RDCs can report on residual secondary structure (92,93). In addition, regions of increased flexibility are expected to be less aligned on average and to exhibit below average RDC amplitudes. Such regions have been interpreted as molecular hinge regions (92).

To date, RDC-based analyses of residual structure have relied primarily on NH RDCs. The most straightforward method for measuring these RDCs is the IPAP-HSQC experiment (94). However, because 2D spectra of poorly structured proteins can be highly overlapped, the 3D HNCO-IPAP experiment (95) should also be considered.

5.5. Other Parameters

In addition to chemical shifts, NOEs, relaxation rate constants, and RDCs, additional NMR parameters can be useful in characterizing residual structure. Scalar coupling constants, for example, can be related to dihedral angles in both backbone and side chain groups (27), and can be diagnostic of secondary structure and side chain conformations. Random-coil values of the ϕ -related vicinal coupling constant ${}^{3}JH_{N}H_{\alpha}$ and for the χ_{1} -related ${}^{3}JH_{\alpha}H_{\beta}$ have been reported (96,97). Temperature coefficients of NH chemical shifts have been used to detect hydrogen-bonding interactions in disordered proteins (98–100), although conformational transitions and other factors can complicate this approach for disordered proteins (101). Measurements of the exchange rates of amide protons with solvent protons can be highly informative regarding hydrogen-bonded or solvent-excluding structure in partially folded proteins (15,16), but are more difficult to obtain and interpret for more highly disordered states (102,103). Although these additional observables can provide useful and unique information in certain cases and for specific sites, they typically offer somewhat more limited insights than the parameters previously described, and are, therefore, not described in further detail in this chapter.

6. Further Reading

NMR studies of disordered, non-native states of proteins have been reported for several decades, and a number of excellent reviews of the results and methodologies exist (104–108). This chapter is intended both to provide an update, and to provide an avenue for nonspecialists to enter into this area of structural biology as it draws more interest and produces results with increasingly important biological implications. Although references to many of the primary sources relevant to this topic have been included, many important papers will unavoidably have been left out, and readers are encouraged to consult these reviews for further reading and additional perspectives.

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Fig. 1.

Illustration of dipeptide spin systems constructed using backbone HN, N, C α , and CO resonances for a hypothetical cyclical four-residue peptide. Inter-residue (i–1) chemical shift correlations are shown in italics.





Illustration of resonance assignment process relying on matching resonance frequencies between overlapping regions of different dipeptide spin systems.

Table 1

Preparation of Isotopically Labeled Minimal Media

To make 1 L of 5X M9 salts
34 g of Na ₂ HPO ₄ (or 36 g of Na ₂ HPO ₄ [H ₂ 0] or 64 g of Na ₂ HPO ₄ [7H ₂ 0])
15 g of KH ₂ PO ₄
2.5 g NaCl
Bring up volume to 1 L with dH_20 and sterilize by autoclaving
To make 1 L of 15N- or 15N,13C-labeled minimal media
200 mL of 5X M9 salts
700 mL of sterile dH ₂ O
100 μ L of sterile 1 <i>M</i> CaCl ₂ (add only after other salts are completely dissolved!)
1 mL of sterile 1 $MMgSO_4$ (add only after other salts are completely dissolved!)
Dissolve and sterile filter into above:
1.0 g of labeled 15N-labeled ammonium chloride
4.0 g of unlabeled glucose (or 2.0–4.0 g of 13C-labeled glucose)
10 mL of 100X Basal Eagle vitamin mix
$30 \text{ mL of } dH_2O$
Adjust to 1 L with dH 2 0