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Review Article

Current opinions on the mechanism, classification, imaging diagnosis and treatment of post-traumatic osteomyelitis

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ABSTRACT

Post-traumatic osteomyelitis (PTO) is a worldwide problem in the field of orthopaedic trauma. So far, there is no ideal treatment or consensus-based gold standard for its management. This paper reviews the representative literature focusing on PTO, mainly from the following four aspects: (1) the pathophysiological mechanism of PTO and the interaction mechanism between bacteria and the body, including fracture stress, different components of internal fixation devices, immune response, occurrence and development mechanisms of inflammation in PTO, as well as the occurrence and development mechanisms of PTO in skeletal system; (2) clinical classification, mainly the etiological classification, histological classification, anatomical classification and the newly proposed new classifications (a brief analysis of their scope and limitations); (3) imaging diagnosis, including non-invasive examination and invasive examination (this paper discusses their advantages and disadvantages respectively, and briefly compares the sensitivity and effectiveness of the current examinations); and (4) strategies, including antibiotic administration, surgical choices and other treatment programs. Based on the above-mentioned four aspects, we try to put forward some noteworthy sections, in order to make the existing opinions more specific.

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Introduction

Post-traumatic osteomyelitis (PTO) generally refers to osteomyelitis that occurs at the wound site after surgery, open fractures or other injuries. The most common cause is postoperative infection of open fractures. In most PTO patients, the bone tissue is contaminated by bacteria after trauma. Bacteria proliferate rapidly in the anaerobic environment in the medullary cavity, resulting in disturbance of blood supply for bone tissue or formation of dead bones. PTO has a high recurrent rate. Complete control of PTO can be hardly achieved because (1) very limited antibiotics can reach the infection focus that locates inner the medullary cavity via intravenous ways,¹ (2) the topical curative effects of the medicine

can only last for a short duration, and (3) there exists wide bacterial drug resistance.² The purpose of this study is to systematically review the pathology, clinical classification, imaging characteristics and treatment of PTO.

Pathology of PTO

The occurrence and progression of infection in traumatic osteomyelitis are mainly related to three factors. The first one is the degree of tissue injury, including the size and depth of the wound, the organs involved, any combined injuries, the mode of operation, and the surgical approaches. The second is the bacteria, mainly the number, strain, size of the contaminated area, bacteria virulence and reproduction rate, etc. The third is the host defense, mainly the immunologic status, nutritional condition, concomitant disease, etc. During high-energy trauma, the huge impact destructs the bone integrity and continuity, causing bone exposure and severe tissue damage. Moreover the following surgical procedures and

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lack of fracture fixation site will further aggravate the periosteal vascular injury. Damage of the periosteal vascular network can easily cause osteonecrosis, while necrotic tissue is an excellent medium for bacteria, which accelerates the infection to spread along the necrotic tissue into the bone marrow cavity and extraosseous tissue: the former forms PTO and the latter induces severe infection with suppurative osteomyelitis. Related reports also suggest that infection in inactivation bone areas has a very high risk of osteomyelitis.^{3,4}

The choice of internal fixation materials and mode of fracture fixation has a significant impact on the prognosis of bone infection management. A correct choice of internal materials and mode for fixation ensures a stable fracture fixation. If the fracture segments cannot be stabilized, their movement will not only aggravate the damage of the vascular network around the fracture block, but also aggravate the immune response. While destruction of the vascular network may induce new tissue necrosis and expand the range of the original necrotic tissue.⁵ The accumulating necrotic tissue strengthens the inflammatory response of the body, and eventually develops into systemic inflammatory response syndrome and PTO. The abovementioned pathophysiological process further illustrates the necessity and importance of constructing an anatomical reduction following fractures.⁶ When the fracture is not anatomically stable or fixed, the mild movement of bone fragments will also bring great interference to the formation and regeneration of the vascular network around the bone. If the implant of internal fixation is not stable, screw and plate loosening may happen, which can easily lead to exposure of the fracture internal fixation to form a new source of infection. Clinical studies and animal experiments have proved that the lack of stable internal fixation is one of the most important factors inducing infection following fractures.^{7,8} All the factors of time duration from injury to surgery, surgical approaches, minimally invasive or open surgery, and the material and size of the fixation implant have direct impacts on the recovery of trauma patients. At present, the components containing nickel in metal implants are more likely to cause allergies and secondary damage.^{9–11}

Bacterium is also one of the most important factors affecting the occurrence and development of PTO. *Staphylococcus aureus* is the most common bacteria in osteomyelitis and the most important bacteria in post-traumatic fracture infection.^{12–14} A series of severe complications are also likely to be caused by *Staphylococcus aureus*. Claro et al.¹⁵, Marriott et al.¹⁶ and Somayaji et al.¹⁷ reported that *Staphylococcus aureus* promotes osteoclast production by enhancing the expression of pro-inflammatory cytokines and NF- κ B, which conversely aggravated the local bone destruction. Alexander et al.¹⁸ and Young et al.¹⁹ reported that *Staphylococcus aureus* mediates bone destruction by inducing osteoblast apoptosis. Cassat et al.²⁰ revealed that Sae, a bacterial regulatory site, plays a key role in the pathogenesis of osteomyelitis. Sae promotes pathological bone remodeling and intraosseous bacterial survival, and regulates osteolytic exogenous protein α -phenol soluble modulin to produce cytotoxicity to osteoblasts and induce bone destruction.

Bacteria invade the body to cause inflammation, which induces macrophages to produce hydrolytic protease, but hydrolytic protease can also destroy the body's own tissue (Fig. 1). The leucocidin in *Staphylococcus aureus* further promotes and induces this reaction.²¹ Tissue necrosis, inflammatory infiltration and increased edema can lead to aggravation of bone marrow injury, bone trabecular necrosis, bone marrow infarction, and then localized formation of Brodie's bone abscess. The pus penetrates into the Haversian and Volkmann canal system and squeezes from the bone to the periosteum, resulting in interruption of the blood supply of the cortical bone and formation of a new extraosseous abscess. Extraosseous infection gradually forms a new soft tissue abscess or

is accompanied by skin rupture and pus outflow. In open fractures, periosteum is often detached from bone tissue due to trauma, which further leads to cortical necrosis.

The susceptibility to infection varies with the degree of injuries to soft tissue and bone, and is closely related to the location of the fracture and pathophysiological status of the local wound.^{22,23} The release of body-related inflammatory factors such as local injury, hypoxia and acidosis mediates the body's non-specific immune defense response, and the body stress response and emergency response are activated.^{24–27} Excessive immune response eventually leads to sepsis or systemic inflammatory response syndrome.^{28–30}

Clinical classification of PTO

The development of PTO is complex due to different injury mechanisms. At present, there is no recognized expert consensus on the clinical classification of PTO. It is difficult to classify PTO only by imaging examination. Now the clinical classification of PTO is mainly based on the clinical classification of osteomyelitis. Because of the complex characteristics of osteomyelitis, it is difficult to have a simple clear classification system.³¹ Previous classification systems are more based on the perspective of pathophysiology,^{32–34} pathogen specificity and the duration of infection.^{12,32,33,35} Since the classification of osteomyelitis was first put forward by Waldvogel et al. in 1970,³³ more and more scholars have proposed a variety of classification methods and basis. The following is a summary of them.

In 1970, Waldvogel and colleagues³³ first reported the classification of osteomyelitis, mainly hematogenous osteomyelitis, secondary osteomyelitis, functional osteomyelitis (common in patients with diabetes). Kelly³⁶ reported that the clinical types of osteomyelitis were hematogenous osteomyelitis, fracture healing with osteomyelitis, fracture nonunion with osteomyelitis and no fracture osteomyelitis. This classification standard puts more emphasis on the diagnosis of the etiology. The clinical classification of osteomyelitis reported by Gordon et al.³⁷ can be divided into three types, i.e. type A: tibia defect and nonunion, no obvious segmental loss; type B: tibia defect >3 cm, fibula intact; type C: tibia defect >3 cm, involving both tibia and fibula. Lew and Waldvogel¹² reported osteomyelitis secondary to adjacent infection (trauma, surgery or insertion of a joint prosthesis), secondary to vascular insufficiency (diabetic foot infection), or hematogenous osteomyelitis. This classification was based on the treatment. May et al.^{35,38} reported PTO classified by bone infection, soft tissue and bone defect in tibia, i.e. type I: tibia and fibula intact and load-bearing stable; type II: fibula intact, tibia continuous but need bone graft to have structural support; type III: fibula intact, tibia defect \leq 6 cm; type IV: fibula intact, tibia defect >6 cm; type V: tibia defect >6 cm, fibula fracture or apraxia.

According to Cierny-Mader classification, the classification criteria of osteomyelitis were the combination of anatomical classification and physiological classification (Table 1).^{39–41} Anatomical classification is medulla, superficial limitation, diffuse; while physiological classification is mainly based on the evaluation of the patient's own condition: (1) patients with normal physiological function, normal immune and blood circulatory system; and (2) patients with abnormal or local physiological function, poor systemic condition, poor prognosis and worse treatment effect. The point of this staging is that it can make a better distinction between different types of patients and select targeted treatment programs for osteomyelitis at different stages of development. The disadvantage of this classification is that it does not include the pathogenic microorganism and factors affecting fracture stability, and thus more suitable for the diagnosis of long bone osteomyelitis.

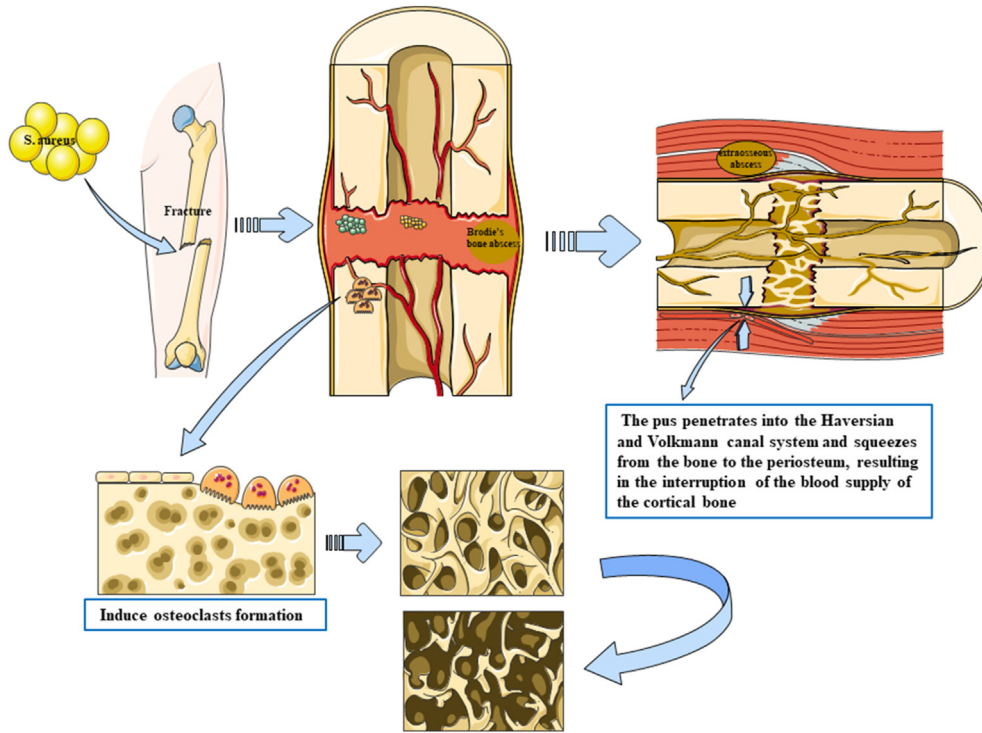


Fig. 1. Pathological pictures of PTO induced by *Staphylococcus aureus*. *Staphylococcus aureus* itself can enhance the expression of pro-inflammatory cytokines and osteolytic protein, induce osteoclast production, and aggravate bone destruction. *Staphylococcus aureus* infection of bone marrow produces inflammatory reaction and induces macrophages to produce hydrolytic protease, but hydrolytic protease itself can also aggravate tissue injury; on the other hand, tissue necrosis, inflammatory infiltration and edema can lead to aggravation of bone marrow injury, bone trabecular necrosis, bone marrow infarction, and then localized formation of Brodie's bone abscess in bone. The pus penetrates into the Haversian and Volkmann canal system and squeezes from the bone to the periosteum, resulting in the interruption of the blood supply of the cortical bone and the formation of a new extraosseous abscess.

Table 1
Cierny-Mader osteomyelitis staging system.^{39–41}

Classification	Description
Anatomic type	
Stage 1	Medullary osteomyelitis
Stage 2	Superficial osteomyelitis
Stage 3	Localized osteomyelitis
Stage 4	Diffuse osteomyelitis
Physiological class	
A host	Normal host
B host	Systemic compromise (Bs), local compromise (Bl), or systemic and local compromise (Bls)
C host	Treatment worse than the disease

In 2014, Schmidt et al.⁴² reported that they classified PTO by eight items, respectively source of the infection, the anatomical region, stability of the affected fracture (bone continuity), foreign body (internal fixation, prosthesis), infection range (structures involved), activity of the infection (acute, chronic, quiescent), pathogenic microorganisms (non-specific and specific bacteria, fungi) and comorbidity (systemic and localized immunosuppressive diseases). The classification of PTO was finally determined through different items. The Schmidt's classification separately classifies the source of infection, infection scope and infection activity, which is helpful to highlight the characteristics of traumatic osteomyelitis and take into account the previous project setting for osteomyelitis classification. It provides a good reference value for the clinical classification of PTO. However, the setting of these items is complex, and thus limits its use in clinic.

The abovementioned methods for classification of osteomyelitis and PTO are mainly aimed at the anatomical area of the patient and the source of infection. The Schmidt's classification integrates the

previous classifications for osteomyelitis and further refines the classification items, and roughly disassembles the causes affecting bone stability and infection-related indicators in the past. The Cierny-Mader classification is one of the most classical classifications of osteomyelitis at present, and the adopted classification criteria for physiological and anatomical indexes are still in use. The limitation of Cierny-Mader classification is that it is unable to well reflect the clinical characteristics of PTO. Looking for golden classifications of PTO, which not only highlights the clinical characteristics, but also facilitates its clinical application, is still our long-term goal.

Imaging diagnosis of PTO

The difficulty to diagnose PTO is also reflected in imaging examination. So far, no consensus has been reached on the imaging diagnosis of PTO. Timely and accurate diagnosis of PTO is still very challenging.^{43–46} At present, the imaging diagnosis of PTO is developing rapidly, including MRI, three-phase bone scintigraphy (TPBS), white blood cell (WBC) scintigraphy, antigranulocyte antibody (AGA) scintigraphy, 2-deoxy-2 [F] fluoro-D-glucose positron emission tomography (FDG-PET) and CT.

TPBS

TPBS is an examination that injects radionuclides or labeled compounds into the human body as tracers to analyze the blood flow, function and metabolism of different organs and tissues according to the spatial distribution of the tracers in specific organs and tissues. TPBS includes (1) blood flow phase (perfusion phase): dynamic image is obtained immediately after the injection of radiopharmaceuticals, reflecting the tissue blood perfusion and

infection, if has, at the lesion site (blood supply is enhance and blood flow phase is positive); (2) blood pool phase (soft tissue phase): 5 min after drug injection, which reveals positive results if soft tissue infection occurs; and (3) delayed phase (bone phase): imaging obtained 2–4 h after drug injection. Typical hyperemia and increased blood pool activity at soft tissue phase and focal bone uptake at bone phase are sensitive and specific signs for the diagnosis of osteomyelitis by TPBS.^{47,48} ^{99m}Tc-methylene diphosphate (^{99m}Tc-MDP) is one of the most commonly used bone imaging agents in clinic, mainly used to reflect the activity of bone metabolism. ^{99m}Tc-MDP can be used in the diagnosis and functional evaluation of bone tumor, femoral head osteonecrosis, PTO, prosthesis loosening or infection following artificial joint replacement, and diabetic foot. Although TPBS is highly sensitive to infection, it is not specific and accurate. For example, Devillers et al.⁴⁹ reported that the overall sensitivity, specificity and accuracy of ^{99m}Tc-MDP bone imaging for PTO were 100%, 17% and 53.3%, respectively.

^{99m}Tc-hexamethylpropyleneamine oxime (HMPAO)

The principle of WBC scintigraphy lies in that the radioactivity distribution of ¹¹¹In labeled leukocytes is different from that of ^{99m}Tc labeled sulfur colloids in vivo. The radioactivity of sulfur colloids is mainly distributed in bone marrow, and the radioactivity carried by labeled leukocytes is mainly distributed in blood and infected tissues. The sensitivity, specificity and accuracy of this method are higher than those of other WBC scintigraphies, but the results of ^{99m}Tc-HMPAO can still be easily disturbed by non-specific infection, chronic infection and abnormal hematopoietic function of bone marrow. Devillers et al.⁴⁹ reported that the overall sensitivity, specificity and accuracy of ^{99m}Tc-HMPAO for PTO were 93%, 100% and 96%, respectively. While Maugendre and Poirier⁵⁰ reported that ^{99m}Tc-HMPAO is an accurate method for the diagnosis of osteomyelitis at the site of bone destruction, with the sensitivity of 100% and the specificity of more than 95%. De Lima Ramos et al.⁵¹ reported that the sensitivity, specificity and accuracy of ^{99m}Tc-HMPAO for the location of bone and joint infection were 72.7%, 78.2% and 76.4%, respectively. Krznaric et al.⁵² reported the sensitivity, specificity and accuracy of ^{99m}Tc-HMPAO-WBC scintigraphy in the diagnosis of chronic osteomyelitis to be 94%, 91% and 92%, respectively. However, because the imaging procedures consist of drawing patients' venous blood first, separating and labeling WBCs, this examination is relatively environmental and technical demanding, and thus is limited in large-scale use.

FDG-PET

¹⁸F-FDG is a kind of imaging that reflects the glucose metabolism of cells and tissues. The imaging principle is that the glucose metabolism of infected tissues is higher than that of normal tissues. ¹⁸F cannot be metabolized by cells with deoxyglucose and thus remains in the cells, which therefore can be detected and imaged in vitro. It is a relatively fast whole body imaging method and can be used to detect multiple lesions. The disadvantage is that recent fractures and the presence of metal implants in the body may reduce the accuracy of FDG-PET, as FDG uptake also increases in the inflammatory response.⁵³ For early diagnosis of non-bony infectious and inflammatory diseases,⁵⁴ Mumme et al.⁵⁵ compared the diagnostic effect between ¹⁸F-FDG-PET and TPBS for joint replacement related infections. It was found that the sensitivity and specificity of FDG-PET were 91% and 92%, respectively, and the accuracy was 91%, better than those for TPBS, the data of which were 78%, 70% and 74%, respectively. Goebel et al.⁵⁶ reported that for 50 patients with suspected PTO, the sensitivity and specificity of FDG-PET for the whole study group were 92% and 69%, respectively,

and the accuracy was 86%. The sensitivity, specificity and accuracy of using CT alone were 47%, 60% and 50%, respectively, while the data of using MRI alone were 82%, 43% and 67%, respectively. Wenter et al.⁵⁷ reported 215 patients with chronic osteomyelitis collected from 2000 to 2013, whose results showed that ¹⁸F-FDG-PET can identify osteomyelitis with a high sensitivity in patients with non-specific clinical symptoms of infection in orthopedic surgery.

AGA scintigraphy

Immunonuclide imaging with ^{99m}Tc-labeled monoclonal anti-granulocyte antibody has a high sensitivity and specificity in the diagnosis of PTO.^{58,59} Horger et al.⁶⁰ reported that the combined use of single PET and CT can improve the sensitivity and specificity and distinguish soft tissue infection, suppurative arthritis and osteomyelitis, as well as cortical, cortical and subperiosteal lesions. Claudemans et al.⁶¹ reported that through a retrospective single center study, it was further proved that the sensitivity of osteomyelitis by AGA scintigraphy was 97.9%, specificity 91.8%, and diagnostic accuracy 93.1%.

MRI and CT

Although the technology and equipment of MRI and CT have been greatly developed,⁶² and the characteristics of low cost and fast scanning speed have made the two examinations commonly used in most hospitals, MRI and CT has limited accuracy in determining the specific infection location and extent of PTO. Kaim et al.⁶³ reported that MRI is more sensitive to chronic osteomyelitis than to acute osteomyelitis, while PTO is more common chronic osteomyelitis. Goebel et al.⁵⁶ reported 50 patients with suspected PTO, among whom the diagnostic sensitivity, specificity and accuracy by CT were 47%, 60% and 50%, respectively, and by MRI 82%, 43% and 67%, respectively. MRI and CT play a certain role in the diagnosis of PTO, but with the increased introduce of internal fixation implants following fractures, the diagnosis by MRI and CT in PTO has been largely affected.

To sum up, AGA scintigraphy combined with SPET/CT, ^{99m}Tc-HMPAO and ¹⁸F-FDG-PET is relatively accurate in the diagnosis of PTO.

Treatment of PTO

Timely and correct diagnosis & treatment of PTO are vital for its therapeutic effect. The main treatment principles of PTO are similar to osteomyelitis, i.e. infection control, thorough elimination of the dead space, postoperative irrigation, adequate drainage and delayed closure of the wound.

Antibiotic treatment

Early use of sensitive antibiotics is still the most important part of current treatment, especially for *Staphylococcus aureus*. In 1994, Patzakis et al.⁶⁴ reported that 65%–70% of patients with chronic osteomyelitis were caused by *Staphylococcus aureus*. Yang et al.⁶⁵ reported that 37.5% of *Staphylococcus aureus* and 5.8% of *Staphylococcus epidermidis* were found in patients with PTO. Peng et al.⁶⁶ reported 84 PTO patients and 53.85% of them were infected by Gram-positive bacteria. So far, the drug resistance of bacteria is still a great challenge for clinicians.⁶⁷ Although the detection rate of Gram-positive bacteria is lower than that at 20 years ago, they are still the dominant bacteria in PTO. At present, gentamicin bone cement and vancomycin bone cement are most widely used for PTO.

With the increased incidence of traffic accidents and bone exposure after traumatic fractures, the ideal antibiotics for the

treatment of PTO should meet the following requirements: wide antibacterial spectrum, high safety, strong thermal stability, good water solubility and hypoallergy.⁶⁸ However, no single antibiotic can achieve a satisfactory result at present. Gentamicin belongs to aminoglycoside antibiotics, which has the advantages of wide antibacterial spectrum, good thermal stability and good absorption effect. Aminoglycosides play a role by specifically binding to the 16s rRNA decoding region A site of bacterial ribosomal 30s subunit, resulting in the formation of a stable inner ring structure of 16SrRNA.⁶⁹ At the same time, ribosomes are active for a long time, so that non-complementary paired tRNA can also pass through site A, resulting in the formation of wrong proteins.⁷⁰ At the same time, the conformational change of ribosome caused by the combination of aminoglycoside antibiotics and ribosomal 30s subunit can affect the migration of bacterial ribosomal subunit,⁷¹ which inhibits the binding of ribosomal recycling factor and slows down the process of ribosomal recycling, thus affecting the process of protein synthesis.⁷² The main factors of drug resistance of bacteria in aminoglycoside antibiotics are as follows: (1) change of the outer membrane permeability, decrease of the intimal transport and decrease of the intracellular drug accumulation caused by high expression of active efflux system⁷³; (2) aminoglycoside antibiotics modified by aminoglycoside antibiotic inactivating enzyme (aminoglycoside modifying enzymes, AME)⁷⁴; (3) the binding sites and targets of aminoglycoside antibiotics on 16s rRNA in bacterial ribosomal 30s subunit changed by mutation or methylation modification. The overexpression of aminoglycoside modifying enzyme in bacteria is the main mechanism of drug resistance of these antibiotics.⁷⁵

Vancomycin belongs to glycopeptide antibiotics, which shows an excellent antibacterial effect on *Staphylococcus aureus*, but has hepatotoxicity and nephrotoxicity. Due to the routine use of antibiotics for a continuous 4–6 weeks for osteomyelitis, many patients will have liver & kidney damage as well as blood routine three-line decline, after a long-term use of vancomycin. Glycopeptide antibiotics are complex natural products synthesized by several Actinomycetes or Streptomyces. Their structures are linear peptides and are composed of heptapeptide skeletons highly modified by aromatic partial cross-linking. In addition, glycopeptide antibiotics are often modified by chlorination, glycosylation, methylation, acylation or sulfation. They inhibit bacterial growth by interfering with cell wall biosynthesis and target the bacterial cell wall component D-Ala-D-Ala, so as to prevent the cross-linking of the peptidoglycan layer. According to the difference of amino acids, it can be divided into four groups: vancomycin group, rivaletin group, avoparcin group and synmonic group. Because of its unique mode of action, glycopeptide antibiotics show excellent anti-Gram-positive bacteria activity, and thus are clinically used in the treatment of various diseases caused by Gram-positive bacteria such as MRSA and susceptible enterococci. The resistance of *Staphylococcus aureus* to vancomycin is caused by the thickening of cell wall with the accumulation of peptidoglycan, while the vancomycin-resistant *Staphylococcus aureus* is produced after the modification of VanA phenotype of vancomycin-resistant enterococci lipid II.⁷⁶ With the increase of drug resistance of *Staphylococcus aureus*, vancomycin may be losing the clinical role against MRSA infection.⁷⁷

Surgical treatment

Surgical treatment is one of the most important parts in the treatment chain of PTO, which mainly includes adequate drainage, thorough debridement and dead space elimination.⁸⁷ Debridement and lavage is one of the most important defensive lines against PTO. Complete debridement is essential to prevent the development of PTO after trauma: removing necrotic tissue, dead bones, sinus, and

infected granulation tissue⁸⁸ until massive bleeding can be seen on the bone segment and soft tissue. After debridement, the anatomical stability of the fracture site should be restored as much as possible. Early restoration of the anatomical stability of the fracture site is beneficial to reduce the risk of poor bone healing and joint contracture.⁸⁹ If the wounded presents with bone exposure, iodophor solution, hydrogen peroxide solution and normal saline should be used for irrigation. Bone slices dropped outside the operating table should not be put back into the body in order to reduce the occurrence of PTO. After debridement, the patients should be treated with combined antibiotics and close monitor of the condition of the injured limb. Debridement treatment could be carried out again if necessary. At the same time, the principles of debridement and dressing change should be strictly followed to avoid PTO caused by contaminated wounds. Removal of the dead space helps to remove the pus and hematoma in the cavity and avoid the occurrence of PTO caused by bacterial reproductive infection.

Local antibiotic treatment with poly-methyl methacrylate (PMMA) cement combined with antibiotic preparation is another popular choice for the treatment of PTO, which has been going on for more than 40 years.⁷⁸ In 1978, Wahlig et al.⁷⁸ reported that the implantation of gentamicin-PMMA microspheres may prove to be a valuable new form of local antibiotic therapy. Calhoun et al.⁷⁹ conducted a randomized controlled trial and reported that infective nonunion can be treated with local antibiotics instead of long-term systemic antibiotics. Ostermann et al.⁸⁰ reported that the adjuvant use of PMMA microspheres with local antibiotics can reduce the incidence of infection in severe compound fractures. The topical use of antibiotics to treat osteomyelitis can reduce the side effects of long-term systemic medication, help patients to start walk exercises as soon as possible and reduce the cost of hospitalization. With the continuous development of new material technology, new biomaterials have been introduced as carriers for the treatment of osteomyelitis. Xie et al.⁸¹ used the biodegradable borate glass as the carrier of vancomycin in the treatment of osteomyelitis. Compared with traditional methods, this new material has better biocompatibility and can reduce the occurrence of rejection.

Ilizarov method has been widely applied in the treatment of osteomyelitis and bone defect. The Ilizarov annular external fixator, pierced by thin steel needle and fixed under tension, was invented in 1951. Ilizarov has been found to be able to give continuous, stable and slow pulling force to the broken end of the fracture, and the metaphysis of the long bone can stimulate the regeneration of bone tissue. Cattaneo et al.⁸² and Paley et al.⁸³ reported their experience of treating the infectious nonunion and segmental defect of tibia by Ilizarov method. With the development of medical technology, a combined use of Ilizarov fixation and negative pressure closed drainage like vacuum sealing drainage has been adopted for clinical management of PTO.⁸⁴ The advantage of this combined method is that the pus in the bone marrow cavity can be sucked in time, and the simultaneous antibiotic irrigation can improve the condition of PTO.

Induced membrane technique is a simple, reliable and effective method for the treatment of PTO.⁸⁵ This technique was first proposed by a French scholar Masquelet in 1986 to treat large segmental bone defects with induced membrane and autogenous bone transplantation. At present, Masquelet technology has been widely used in the treatment of infectious bone defect, aseptic bone defect and bone defect after tumor resection. Compared with Ilizarov method, Masquelet technique can overcome the limitations of needle track infection and long-term placement of external fixator. Tong et al.⁸⁶ reported no significant difference between Masquelet technique and Ilizarov method regarding bone repair, but the Masquelet technique shows a better result in terms of function restoration of the affected limb.

A fresh skin flap with a good blood supply can provide a protective barrier and adequate blood supply to the wound, which further provides a good blood supply to the bone and thus promote bone regeneration. Studies have shown that the skin flap can provide growth factors and cytokines to promote bone regeneration.^{90,91} Covering the fracture area with the skin flap prevents direct contact with the air and avoids the possibility of recurrent infection. The flap can also protect the underlying bone from trauma or pressure ulcers for a long time.⁸⁹ Flap repair not only avoid the growth of bacteria and formation of biofilm,⁹¹ but also reduce the chance of infection and shorten the duration of hospitalization.⁹² Gokalp et al.⁹³ reported that in 30 cases of chronic osteomyelitis treated by skin flap transplantation, the combined use of antibiotics for 6 weeks after operation showed favorable outcome in 29 cases. Skin flap transplantation combined with antibiotics can well handle osteomyelitis and promote bone regeneration, but it still has the disadvantage of long time consuming, high cost, and not very high survival rate of the flap. The results of Schaverien et al.⁹⁴ suggested that partial failure of the flap was related to smoking, diabetes and peripheral vascular disease. The significant increase in the number of smokers and patients with diabetes also brings new challenges and difficulties for skin flap repair. At present, skin flap mainly refers to myocutaneous flap, free myocutaneous flap and pedicled flap. The choice of each flap depends on the location of trauma and the degree of injury, and the bearing capacity of the patient. The vacuum sealing drainage device can be trimmed according to the size of the wound, which should be able to temporarily replace the skin flap, and simultaneously isolate the wound and air to avoid infection. Negative pressure can promote the growth of granulation tissue and crawl to cover the wound, which provides preparation conditions for later skin transplantation.

Other treatments

Bilge et al.⁹⁵ reported that ozone treatment can enhance anti-oxidation and reduce oxidative stress to assist the treatment of

osteomyelitis on an experimental model of rat osteomyelitis. Rose and Shields⁹⁶ reported that hyperbaric oxygen was used to treat osteomyelitis. Hyperbaric oxygen may increase the partial pressure of oxygen in anoxic tissue to improve local hypoxia and induce oxidative stress. Liu et al.⁹⁷ shared the external application of traditional Chinese medicine combined with surgery in the treatment of post-traumatic tibial osteomyelitis. Our team once investigated the effect of calcium hydroxide cement carrier system on chronic osteomyelitis, and found that OH⁻ can be continuously released from calcium hydroxide, which could increase the bacterial cell membrane permeability, induce bacteria protein degeneration and cause bacteria DNA damage,^{98,99} resulting in bacterial death (Fig. 2). Meanwhile, the calcium hydroxide cement carrier system could dissolve the necrotic tissue in the medullary cavity, induce hard tissue deposition,¹⁰⁰ inhibit the activity of osteoclasts, and promote healing of the infected bone in the end.

Future prospects

The treatment of PTO remains a major challenge in the field of trauma till now. The continuous development of new technologies provides more and more choices and new ideas for its management. Multidisciplinary research and personalized therapeutic strategy are the future research trends. In order to better study PTO, it is urgent to focus on its clinical classification. In addition, exploring a cheaper and more effective therapy to reduce the high burden and risk of amputation is crucial and remains unsolved.

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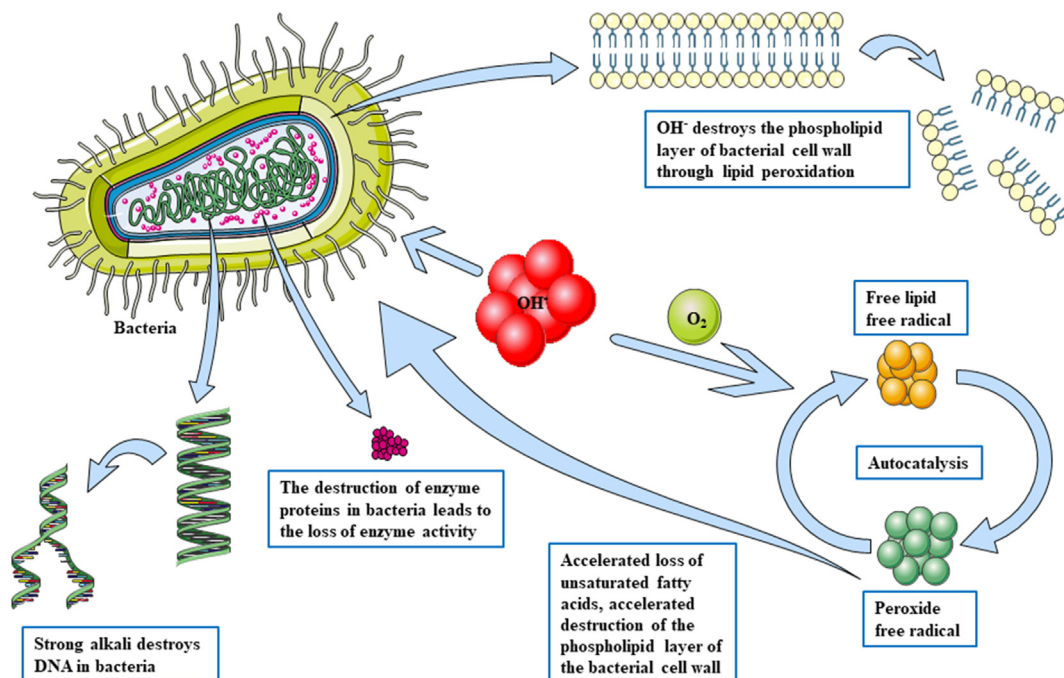


Fig. 2. Mechanism of calcium hydroxide killing bacteria by producing OH⁻.

Ethical statement

Not applicable because this is a review.

Declaration of competing interest

The authors declared that no existing competing interests.

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