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High-Resolution Metabolomic Assessment of Pesticide Exposure in Central Valley, California

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Q.Y. and B.R. conceived of the study. Q.Y. carried out the statistical analyses. K.P., D.W., M.F., I.D.R., Y.Y., K.Z., and D.J. contributed to the data analysis plan, participated in the critical interpretation of the results, and contributed to the writing of the manuscript.

Supporting Information

Heatmap of pairwise correlations of pesticide counts; identification of metabolomic features associated with pesticide exposure; enriched pathways identified from the sensitivity analysis by additionally adjusting for education; list of chemicals within OP, PYR, or OC groups; significant HILICpos features; significant C18neg features; annotated metabolites within each enriched pathway based on *mummichog*; enriched pathways associated with pesticide exposures; enriched metabolic pathways associated with xMWAS cluster 1 (OP); enriched metabolic pathways associated with xMWAS cluster 2 (PYR, OC); pathway enrichment analysis for features associated with all three pesticides in xMWAS (PDF)

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Abstract

Pesticides are widely used in the agricultural Central Valley region of California. Historically, this has included organophosphates (OPs), organochlorines (OCs), and pyrethroids (PYRs). This study aimed to identify perturbations of the serum metabolome in response to each class of pesticide and mutual associations between groups of metabolites and multiple pesticides. We conducted high-resolution metabolomic profiling of serum samples from 176 older adults living in the California Central Valley using liquid chromatography with high-resolution mass spectrometry. We estimated chronic pesticide exposure (from 1974 to year of blood draw) to OPs, OCs, and PYRs from ambient sources at homes and workplaces with a geographic information system (GIS)-based model. Based on partial least-squares regression and pathway enrichment analysis, we identified metabolites and metabolic pathways associated with one or multiple pesticide classes, including mitochondrial energy metabolism, fatty acid and lipid metabolism, and amino acid metabolism. Utilizing an integrative network approach, we found that the fatty acid β -oxidation pathway is a common pathway shared across all three pesticide classes. The disruptions of the serum metabolome suggested that chronic pesticide exposure might result in oxidative stress, inflammatory reactions, and mitochondrial dysfunction, all of which have been previously implicated in a wide variety of diseases. Overall, our findings provided a comprehensive view of the molecular mechanisms of chronic pesticide toxicity, and, for the first time, our approach informs exposome research by moving from macrolevel population exposures to microlevel biologic responses.

Graphical Abstract



1. INTRODUCTION

Agricultural pesticides are chemicals used for crop protection and combating animal pests and disease. California leads the United States in pesticide use, with a total of 205 million pounds of pesticides applied in 2017.¹ In particular, the region of greatest pesticide use in California is the Central Valley area, including Fresno, Kern, and Tulare counties. Based on chemical properties, the main classes of insecticides used in California have historically included organophosphates (OPs), organochlorines (OCs), and pyrethroids (PYRs).

OPs are widely used insecticides, and they are designed to inhibit acetylcholinesterase enzyme activity, which leads to accumulation of the neurotransmitter acetylcholine and results in neurotoxic effects in the peripheral and central nervous system.^{2–4} OCs are a group of chlorinated compounds that are highly persistent organic pollutants (POPs) in the environment.⁵ The modes of action of OC pesticides include opening of sodium ion channels in neurons⁶ as well as binding with the GABA chloride ionophore complex producing a decreased uptake of chlorine ions in neurons.⁷ Due to the toxicity of OPs and the persistence of OCs, their use in agriculture has been restricted, and in recent decades, other types of insecticides, including PYRs, have been used more widely.⁸ The primary targets of PYRs are the membrane sodium channels, but they also act on potassium, chloride, and calcium channels, leading to abnormal neural activity.^{7,11} Furthermore, chronic exposure of OPs, PYRs, and OCs has been shown to have a wide range of downstream secondary effects, including genotoxicity and DNA damage, oxidative stress, immunotoxicity, mitochondrial dysfunction, and regulation of neuronal apoptosis.^{7,12–16}

Numerous epidemiological studies, as well as in vitro and in vivo experimental evidence, suggest these three pesticide groups are associated with a wide range of adverse health effects including neurodegenerative disease, such as seen in Parkinson's disease (PD) and Alzheimer's disease (AD), diabetes, and cancers.¹⁷ OC and PYR exposures have also been associated with neurodevelopmental impairment.^{18–20}

As chronic pesticide exposures may have profound effects on various biological systems, characterizing metabolic response to these chemicals and how they influence human health

systemically is important. High-resolution metabolomics (HRM) is a powerful analytical approach that can profile more than 10,000 endogenous and exogenous chemicals in biological specimens. Recently, HRM has been used to study the effects of environmental exposures such as metals, air pollution, tobacco smoking, and polycyclic aromatic hydrocarbons on human metabolism.^{21–23}

A large number of metabolomic studies have employed animal models or cell lines to study the toxicity of different pesticides.^{8,24–29} In recent years, metabolomics has also been applied to study the effect of OP, PYR, or OC pesticide exposure. For example, a cross-sectional study of 83 pregnant women characterizing the urine metabolome found that pesticide mixtures increased oxidative stress and disturbed energy metabolism,³⁰ while a larger study of 750 pregnant women identified mitochondrial catabolic pathways as being associated with low-level exposure to OCs.³¹ OP and OC metabolic profiling of 102 Chinese pregnant women found OP and OC exposures may disrupt thyroid hormone metabolism and glyceraldehyde metabolism.³² A Swedish study investigated dichlorodiphenyldichloroethylene and hexachlorobenzene exposure using serum metabolomic profiles from 1016 elderly participants and identified lipid metabolism as an essential metabolic response to OC pesticides.³³ Other studies focusing on persistent organic pollutants in general indicated that POPs disturb amino acid, lipid and fatty acid, and carbohydrate metabolism.^{34,35}

Most previous studies measured pesticide exposure levels via pesticide biomarkers in blood or in urine samples. While these biomarkers estimate exposure at the same time as the metabolome is being characterized, they may not be suitable for capturing the cumulative effects of low-level chronic past pesticide exposures or for chemicals with short biological half-lives. Also, POP exposures that occurred in the distant past may not be represented well in a recent blood draw, especially in older individuals. In addition, the majority of studies using biomarkers mostly focused on one or a few specific chemicals instead of integrating various types of pesticides. Here, we conducted an untargeted metabolomics study of exposure to three groups of pesticides (OPs, PYRs, and OCs) using metabolomes from serum samples from 176 older adults who were recruited as control subjects into a study of PD in the California Central Valley. Chronic pesticide exposure from ambient sources at homes and workplaces over decades was estimated with a geographic information system (GIS)-based model for each type of pesticide. We utilized the same liquid chromatography high-resolution mass spectrometry platform that has been used in several previous studies to examine the metabolomic response to environmental toxicants including OCs.^{36,37} This platform has been shown to be sensitive enough to capture metabolic perturbations associated with low-level environmental exposures, a goal of our study. Furthermore, by conducting an integrative network analysis, we aim to provide a comprehensive view of the way in which these pesticides may influence the human metabolome and how this may result in potential adverse health effects.

2. METHODS

2.1. Study Population and Samples Collection.

The Parkinson's Environment and Gene Study (PEG) is a community-based case-control study of PD etiology in agricultural regions of the California central valley that recruited control subjects from Kern, Tulare, or Fresno counties between 2001 and 2007.³⁸ Controls were randomly sampled either from Medicare rolls or from property tax assessor records listing residential parcels. Participation was limited to one person per household, and eligibility criteria included being 35+ years of age, having lived in one of the three counties for the past five years or more, and not having received a Parkinsonism diagnosis. More detailed information has been provided elsewhere.³⁹

Here, we used blood samples collected at enrollment from 176 adult controls as well as demographic information, lifestyle, and medical data collected in standardized interviews. Blood samples were collected by study staff during field visits in local clinics, centrifuged, transferred on ice, and stored in a -80 °C freezer at UCLA. Serum samples were shipped frozen to Emory University on dry ice for metabolomics analyses, where they were stored at -80 °C until analyses.

2.2. Pesticide Assessment.

Pesticide exposure assessment was performed as previously described.⁴⁰ Briefly, we estimated ambient pesticide exposure for each participant based on a GIS approach.⁴¹ Participants' residential and occupational address histories were used to assess proximity to commercial agricultural pesticide applications, which are reported in the California state-mandated pesticide use reports (CA-PUR). The CA-PUR is a state-wide registry of all commercial pesticide applications since 1974, and our GIS approach linked these data to land use surveys providing locations of specific crops, and eventually to participants' geocoded residential and occupational address histories.

Based on the California Department of Pesticide Regulation and the pesticide action network pesticide database, we identified individual chemicals that were classified as one of three types of pesticides: organophosphates (OP), pyrethroids (PYR), and organochlorines (OC). Specifically, 36 different chemicals were classified as OPs, 14 chemicals as PYRs, and 8 chemicals as OCs. We calculated the total pounds of each chemical applied within 500 m of the addresses annually from 1974 to the year of blood draw and then averaged the pounds per acre for each pesticide across residential and occupational addresses over the entire period. Exposures at both residential and occupational addresses were included, and each participant could have been exposed at both locations, only one, or neither. To calculate the total number of individual OP, PYR, and OC pesticides a participant had been exposed to, we dichotomized exposure to each of the individual chemicals based on each chemical's median exposure level and then summed the number of chemicals that each participant was exposed to above the median, counting chemical exposures at both residences and work places.

2.3. High-Resolution Metabolomics.

HRM profiling was completed according to established methods.⁴² Briefly, serum samples were collected during the interview and stored at -80 °C. Prior to HRM, batches of 40 serum samples were removed from storage and thawed on ice. Each sample was then thoroughly vortexed, and plasma proteins were precipitated by diluting 65 μ L of serum with 130 μ L of LC-MS grade acetonitrile. We previously compared extraction efficiency using different volume equivalents of acetonitrile and methanol.⁴³ Comparison of protein removal using the Lowry method and by SDS- PAGE with Coomassie blue staining and densitometry showed a 2:1 ratio of acetonitrile removed 98% of plasma proteins, and has been used for all subsequent HRM studies. The extract was centrifuged, and the resulting supernatant was transferred to an autosampler vial containing a low-volume insert and maintained at 4 °C until analysis (<24 h). To evaluate system performance, we used two separate quality assessment methods. Our first QC sample was NIST 195044 which was analyzed at the beginning and end of the entire analytical run. The second QC sample (Q-Std) included commercially purchased plasma pooled from an unknown number of males and females. Q-Std was analyzed at the beginning, middle, and end of each batch of 40 samples for normalization and batch effect evaluation.

Sample extracts were analyzed in triplicate using a dual-column, dual-polarity approach that includes hydrophilic interaction (HILIC) chromatography with positive ESI and C18 chromatography with negative ESI (Ultimate 3000, Q-Exactive HF, Thermo Fisher, m/z range 85–1275).⁴⁵ We chose HILICpos and C18neg because dual chromatography HRM with positive and negative electrospray ionization provides the optimal number of reproducible ions detected and matches to known chemicals in the Kyoto Encyclopedia of Genes and Genomes (KEGG) Human Metabolite database.⁴⁶ Following a 10 µL sample injection, HILIC separation was accomplished using a 2.1 cm \times 5 cm \times 2.5 μ m HILIC column (Waters XBridge BEH Amide XP HILIC) and acetonitrile gradient (A = water, B = acetonitrile, C = 2% formic acid) consisting of an initial 1.5 min period of 22.5% A, 75% B, and 2.5% C, followed by linear increase to 77.5% A, 20% B, and 2.5% C at 4 min and hold for 1 min. Separation by C18 was with 2.1 cm \times 5 cm \times 3 μ m column (Higgins end-capped C18) with C = 10 mM ammonium and the following gradient: initial 0.5 min period of 60% A, 35% B, and 5% C, followed by linear increase to 0% A, 95% B, and 5% C at 1.5 min and then held for an additional 3 min. Mobile phase flow rate was held at 0.4 mL/min for 1.5 min and then increased to 0.5 mL/min. The mass spectrometer was operated using ESI mode at a resolution of 120,000 and mass-to-charge ratio (m/z)range 85–1275. High-resolution detection of m/z features was accomplished by a maximum injection time of 10 ms and an AGC target of 1×10^6 . Raw data files were extracted and aligned using *apLCMS*⁴⁷ with modifications by *xMSanalyzer*.⁴⁸ Uniquely detected ions consisted of m/z, retention time (rt), and ion abundance, referred to as m/z features. Prior to data analysis, m/z features were batch corrected using a novel algorithm based on wavelet.⁴⁹ For further analyses, we only included metabolomic features detected in >25% of all plasma samples, with median coefficients of variation among technical replicates <30% and Pearson correlation >0.7. Following quality assessment, intensities of three replicates for each feature were summarized using the median value. In addition, we conducted a log 2 transformation

and autoscaling. Missing values were imputed using *k*-nearest neighbors $(k = 10)^{50}$ imputed in the *impute* R package.

2.4. Metabolome-Wide A ssociation Analysis.

We present the distributions of three pesticide classes and Pearson correlations for levels of pesticide exposure. All analyses were performed using R version 4.0.1.

We conducted partial least-squares (PLS) regression to identify metabolomic features associated with each pesticide group (i.e., OPs, PYRs, and OCs). PLS regression is a supervised, multivariate analysis approach for dimensionality reduction that maximizes covariance between intensities of metabolomic features and exposures.⁵¹ To adjust for potential confounders, we regressed each feature's intensity on potential confounding variables (age, sex, and race/ethnicity) and formed residuals as the input matrix. Features with variable importance in projection (VIP) scores >2 were selected as significant. A 10-fold cross-validation was used to assess the performance of the selected features. We further applied linear regression to test for linearity between *m*/*z* features and pesticides.

To assess the potential confounding effect of socioeconomic status, we conducted a sensitivity analysis by additionally adjusting for education.

To gain a holistic view of the relationship between pesticides and the serum metabolome, we further conducted integrated network analysis using xMWAS.⁵² xMWAS calculates the pairwise association scores (approximation of the correlation coefficient) between each metabolomic feature and each pesticide using partial least-squares⁵³ and generates a multidata integrative network. Only associations with both the |association score| > 0.2 and p < 0.05 (by Student's *t* test) were included in the network. Finally, a multilevel community detection algorithm⁵⁴ was used to identify metabolite and exposure clusters that are tightly connected with each other, but sparsely connected with the rest of the network.

2.5. Annotation and Pathway analysis.

HRM provides accurate mass (± 5 parts per million; ppm) measures of ion *m/z*, which can be related to chemical monoisotopic mass. Significant features selected by PLS regression were first matched to a reference database of authenticated chemical standards previously characterized in our laboratory. The list of in-house database of metabolites was confirmed using MS/MS and authentic standards; the detailed process has been published previously.^{42,55} The error tolerance was 5 ppm and 15 s for *m/z* and retention time, respectively. Additional *m/z* features not matching these metabolites were then annotated by *xMSannotator*.⁵⁶ Accurate mass *m/z* for adducts formed under positive/negative ESI mode was matched to the Human Metabolome Database (HMDB), KEGG, and LipidMaps with a mass error threshold of 10 ppm. *xMSannotator* also considers the correlation of intensities and retention time and assigns confidence scores based on a multilevel scoring algorithm (0–3, a higher score representing higher-confidence result), ensuring annotation accuracy. Only results with an annotation score >2 were kept. The metabolite identification confidence levels⁵⁷ were reported for all annotation results.

We conducted pathway enrichment analysis utilizing *mummichog* version 2^{58} to identify perturbed metabolic pathways associated with pesticide exposure for each class of pesticides. All features previously selected by PLS regression with VIP 2 and features included in the integrated network analysis were included in this pathway enrichment analysis. *Mummichog* uses a permutation-based framework that accounts for the complexity of untargeted mass spectral data. Although annotation results in *mummichog* may include false positives, the enriched pathways inferred by the algorithm have been shown to be valid and reflect real biological activity.⁵⁹ All metabolites annotated by *mummichog* were required to present in at least their primary adduct (M + H or M – H for positive and negative mode, respectively) to reduce the false positive match rate. A pathway was considered significant if γ adjusted *p*-values were smaller than 0.05. Only pathways that contained at least three discriminative metabolites were interpreted.

3. RESULTS

3.1. Study Population.

Demographics of the 176 adult controls unaffected by PD and the distribution of pesticide exposures are provided in Table 1. Lists of chemicals classified as OPs, PYRs, or OCs can be found in Table S1. Approximately half of the participants included in the study were male (51%), and a majority were white (86%) with a mean age of 66 years. Participants who did not have metabolomics data available did not differ from participants we included in terms of age, sex, ethnicity, or pesticide exposure. OP exposure counts ranged from 0 to 41, PYR from 0 to 10, and OC from 0 to 8. Exposure levels of pesticides in the three classes were moderately correlated (Figure S1).

3.2. Metabolome-Wide Analysis.

We detected 12,925 metabolomic features from the HILIC column coupled with positive ionization mode (HILICpos) and 7209 metabolomic features from the C18 column coupled with negative ionization mode (C18neg). After quality control steps, a total of 16,510 metabolomic features (10,959 HILICpos and 5551 C18neg) were included in the analyses.

After adjusting for potential confounding variables (age, sex, and race/ethnicity), PLS regression selected 389 metabolomic features (254 HILICpos features and 135 C18neg features) across three components that were associated with OP exposure (Figure S2, Tables S2 and S3). Among these, 226 features (58%) were positively associated with OP exposure. Furthermore, 517 metabolomic features (331 HILICpos features and 186 C18neg features) were associated with PYR pesticide, and 233 features (45%) increased with increasing levels of PYR exposure (Figure S2, Tables S2 and S3). We also identified 485 features (311 HILICpos features and 174 C18neg features) related to OCs. Approximately half of the features (229 features, 47%) were positively associated with OCs (Figure S2, Tables S2 and S3). A large proportion of metabolomic features were uniquely associated with just one of the pesticide groups, but 72 statistically significant features were shared across all three pesticide classes (Figure 1).

Based on *xMSannotator*, in total, 15.9% of the HILICpos features and 16.2% C18neg features were matched to compounds in the HMDB, KEGG, and LipidMaps databases (identification confidence level 3). We matched metabolomic features related to at least one of the pesticide groups to known metabolites based on authenticated chemical standards verified by tandem mass spectrometry (identification confidence level 1). In total, we confirmed the identities of 12 metabolites (Table 2), including metabolites involved in the carnitine shuttle pathway and β -alanine metabolism.

Using *mummichog*, we examined whether the features that were selected by PLS regression were enriched within specific metabolic pathways. The result indicated that 33 metabolic pathways were significantly enriched with a *p*-value smaller than 0.05 (Figure 2, Table S4). List of putatively annotated metabolites (identification confidence level 3) within each pathway can be found in Table S5. The majority of pathways were uniquely associated with exposure to one of the pesticide groups, whereas β -alanine metabolism and glycine, serine, alanine, and threonine metabolism were linked with all three classes, that is, OPs, PYRs, and OCs. Carnitine shuttle, glutamate metabolism, glycolysis and gluconeogenesis, butanoate metabolism, and pyruvate metabolism were related to both OPs and OCs. The enriched pathways are involved in a wide range of metabolic functions, including lipid metabolism, central carbon metabolism, amino acid metabolism, neurotransmitter precursors, cofactors, and nucleotide metabolism.

To assess the potential for additional confounding, we adjusted for education information (Figure S3), which can serve as a surrogate for socioeconomic status. Enriched pathways identified in the sensitivity analysis were very similar to the original results.

3.3. Integrated Network analysis.

To identify systemic metabolic alterations associated with different pesticides, we adopted a network-based approach to integrate metabolomic features with the three pesticide classes. In total, 383 features were included in the network, with an association score >0.2 and a p < 0.05 (Figure 3). Unlike the previous MWAS approach in which most of the features identified were uniquely associated with one pesticide, this network was more densely connected, that is, 187 out of 383 features within the network were correlated with all three pesticides. We identified two separate clusters using a community detection algorithm, including one cluster (blue) centered on OPs and a second cluster (yellow) that included PYRs and OCs (Figure 3). Both clusters included pathways related to fatty acid β -oxidation. In addition, the OP cluster consisted of several pathways involved in amino acid metabolism and neurotransmitter precursors (Tables S6–S8).

4. DISCUSSION

Our community-based study provided us with a unique opportunity to link GIS derived pesticide exposure data with a HRM approach, thus allowing the external and internal exposomes to inform on each other. Specifically, we first used a complex GIS approach to combine almost a half century of California pesticide application records spatially with home and work address histories to generate measures of long-term pesticide exposure from agricultural applications in older adults. Then we combined these exposure histories with

data from HRM to interrogate links between complex patterns of pesticide exposure with metabolic responses. Our approach provided us with the opportunity to measure more than 10,000 metabolomic features in serum samples simultaneously, and we found that chronic exposure to pesticides in three classes, OPs, PYRs, or OCs, seemed to perturb a wide range of metabolic pathways. Employing MWAS for these three pesticide groups as well as an integrative network approach, we identified metabolic pathways distinctly associated with only one group of pesticides as well as metabolic response patterns shared across the pesticide classes that included fatty acid metabolism, central carbon metabolism, and amino acid metabolism. Specifically, we found that the β -alanine metabolism and glycine, serine, alanine and threonine metabolism were related to all three pesticides. Also, several fatty acid metabolic pathways were associated with both OPs and OCs. Network analysis showed that the fatty acid β -oxidation pathway was a common pathway shared by all three pesticide groups. More generally, the alterations we observed in these pathways suggested that chronic pesticide exposure may result in oxidative stress, inflammatory reactions, and mitochondrial dysfunction. These findings are informative as various pesticide-related health outcomes, such as neurodegenerative disorders, diabetes, and cancer, are related to these pathways.⁶⁰⁻⁶⁴

Previous epidemiological and experimental studies have shown that chronic exposure to OPs, PYRs, and OCs results in various secondary toxic effects, including mitochondria dysfunction and oxidative stress.^{7,14,64} In our study, we identified alterations in oxidative stress-induced fatty acid oxidation in peroxisomes as being associated with OP and PYR exposures and glycerophospholipid metabolism as being associated with OC pesticide exposures. Based on our network analysis, diunsaturated fatty acid β -oxidation was related to all three exposure types. This finding is consistent with previous findings that abnormal fatty acid metabolism and glycerophospholipid metabolism are correlated with persistent organic pollutant exposure.^{34,35} A study that focused on polybrominated and polychlorinated biphenyl POPs also found alterations in fatty acid metabolism, including fatty acid activation and glycerophospholipid metabolism.³⁶ Moreover, the same fatty acid metabolism pathways were associated with other environmental exposures such as trichloroethylene, benzo[a]pyrene, or air pollution.^{65–67} Oxidative stress and disturbed fatty acid metabolism are thought to underlie many adverse health outcomes such as heart disease, diabetes, and neurodegenerative diseases including AD and PD.68-70 The pathophysiology of PD involves the depletion of dopamine neurons, which is a neuronal population that is particularly susceptible to oxidative stress owing to its low antioxidant capacity.⁷¹

Pesticide-induced oxidative stress may lead to mitochondrial dysfunction, and we observed enrichment of several pathways associated with mitochondrial energy metabolism. For example, the carnitine shuttle, short-chain fatty acid (butanoate) metabolism, glycolysis and gluconeogenesis pathway, and pyruvate metabolism were perturbed with higher OPs and OCs exposure. Fatty acid oxidation in the peroxisome was associated with both OPs and PYRs. Although the carnitine shuttle pathway was not significantly enriched with the PYR class pesticides, several acylcarnitines, including lauroylcarnitine and octanoylcarnitine, were significantly decreased when PYR exposure levels increased. The carnitine shuttle refers to the process of transporting long-chain fatty acetyl coenzyme A (acyl-CoA) into

mitochondria as acylcarnitines for fatty acid oxidation.⁷² This process is critical for energy supply in every tissue. Studies have shown that plasma acylcarnitine levels can serve as an indicator of mitochondrial function.^{73,74} Mitochondrial dysfunction contributes to diabetes, cardiovascular disease, cancer, metabolic syndrome, and chronic neurodegenerative disorders such as PD and Huntington's disease.^{75–77}

There is also increasing evidence for immunotoxicity of certain pesticides.^{10,71} In our study, several inflammation-related pathways, including histidine metabolism, arachidonic acid metabolism, and prostaglandins metabolism, were associated with OPs and PYRs. Histidine has anti-inflammatory effects and is negatively associated with inflammation and oxidative stress.⁷⁸ Oxidative stress can also induce the activation of phospholipase A2 and generate polyunsaturated free fatty acid, including linoleic acid and arachidonate acid.⁷⁹ Arachidonic acid is an inflammatory intermediator and can be converted to prostaglandins, which has a major proinflamma-tory effect. In accordance with our results, previous studies also linked inflammation-related pathways to environmental toxicants.⁸⁰

Perturbed glutamate metabolism was related to increased OPs and OC exposures, which was consistent with the results obtained in some animal models.^{81,82} Glutamate is a precursor for glutathione, the second major thiol redox couple for antioxidant defense. Moreover, glutamate serves as an excitatory neurotransmitter in the central nervous system. Previous studies have demonstrated a link between glutamate-mediated excitotoxicity and degeneration of dopamine neurons,^{83,84} and glutamate may play a role in the development of PD. Furthermore, we also observed an association between tyrosine metabolism and OP exposure, and tyrosine is a precursor of dopamine, that is, tyrosine is converted to L-dopa by tyrosine hydroxylase.³⁶ Previous studies suggested that alterations of tyrosine hydroxylase can contribute to neurodegenerative diseases, including PD and AD because it affects the biosynthesis of dopamine.^{85,86} Studies also linked these pesticides to an increased risk of PD and other neurodegenerative disorders. Our data suggest that dysregulation of these neurotransmitter precursors are tentatively associated with OPs or OCs.

By utilizing an integrative network analysis, we obtained a holistic view of interactions between the metabolome and various pesticides. Even though there were distinct mechanisms of action for each pesticide class, most metabolomic connections were shared across pesticide groups. A similar overlap of metabolomic responses has been described before for dichlorodiphenyltrichloroethane, poly and perfluoroalkyl substances, oxychlordane, hexachlorobenzenes, and several polychlorinated biphenyl compounds; specifically, the metabolome-exposure network converged on oxidative stress, fatty acid metabolism, and mitochondrial energy metabolism.³⁷ Our findings, and those of previous studies, might suggest general metabolic mechanisms an organism employs in response to the stress induced by various environmental toxicants.

Two amino acid metabolism pathways, β -alanine metabolism and glycine, serine, alanine, and threonine metabolism, were found to be associated with all three pesticide groups. β -Alanine is a nonessential amino acid the human body makes by converting pyruvate.⁸² Alanine has various biological functions in different tissues. For example, β -alanine functions as a neurotransmitter or a neuromodulator in the brain, while in skeletal muscle, it

is a major energy source and a component of carnosine.^{87,88} Using authentic standards, we were able to identify both alanine and carnosine within the β -alanine metabolism pathway. Alanine increased with higher levels of OPs and OCs, and carnosine was significantly and positively associated with OPs and PYRs. Similarly, increased alanine levels have been found in the brain of goldfish after exposure to PYRs.⁸² Rats exposed to OP pesticides expressed an abnormal level of alanine aminotransferase due to disturbances in the oxidative-reductive hepatocyte system.⁸⁹ A human study found elevated urine alanine levels in pesticide applicators compared to nonapplicators.⁹⁰ Carnosine can function as an antioxidant that scavenges ROS.^{91,92} Similarly, glycine and serine also act as a cytoprotective agent.⁹⁰ Therefore, the increased activity in alanine, glycine, and serine metabolism may indicate the activation of antioxidative defense mechanism in response to pesticide-induced oxidative stress, as has been shown in previous metabolomics studies of pesticide mixtures.³⁰ Vitamin C is a water-soluble antioxidant,⁹³ and disturbances of vitamin C metabolism may also indicate responses to oxidative damage caused by OP exposure. Finally, there are several other amino acid metabolism and cofactor pathways related to OP pesticide exposure that are involved in oxidative stress and inflammation. Methionine is an essential amino acid that promotes ROS production, in line with chronic OP exposure inducing oxidative stress.

Our study has some limitations. Our GIS model-based chronic pesticide exposure measure allowed us to investigate low-level exposure that occurred over decades; however, it is challenging to estimate the absolute exposure levels for each chemical we investigated. In addition, our pesticide measure does not necessarily translate into total pesticide exposure levels as other sources of pesticide exposures may also contribute. Despite the inherent challenges in GIS model-based exposure estimation, our pesticide measurements have been associated with a number of prior health outcomes such as PD, autism spectrum disorders, and neural tube defects.^{94–96} Also, our previous epigenomic studies of OPs and PYRs identified critical genetic pathways consistent with the pathophysiology of each pesticide type of action, in support of the validity of our exposure assessment model. Diet may also explain differences in metabolites, and we did not have information on the participants' dietary intake; however, in order for dietary differences to have confounded our analyses, they would have had to be related to agricultural pesticide exposure, which would be more likely for dietary pesticide sources rather than ambient exposures due to agricultural applications near homes and workplaces. By controlling for age, sex, and race/ethnicity, we hope to have at least partially addressed potential confounding. Another limitation is the annotation of metabolomic features detected using untargeted analysis. Adopting a pathway and network analysis approach, we were able to improve annotation results, but there may still be incorrect matches that could have influenced the interpretation of our results. It is recommended to improve metabolite identification using either tandem MS or internal standards in future studies.

5. CONCLUSION

In summary, we utilized a HRM approach to identify perturbations in the serum metabolome of older adults in response to long-term ambient OP, PYR, and OC exposures measured via a complex GIS approach and pesticide application records. We identified

disturbances in metabolic pathways related to oxidative stress, inflammation, lipid and fatty acid metabolism, mitochondrial energy metabolism, and neurotransmitter precursors. Furthermore, by adopting integrative network analysis, we illustrated that different pesticides might share similar biochemical fingerprints at the metabolomic response level. Collectively, our study points to potential common molecular mechanisms of chronic pesticide toxicity and thus may also shed light on the physiology these exposures affect that eventually can lead to various adverse pesticide-related health outcomes. Most importantly, our approach for the first time informs the field of exposome research by moving from macrolevel population exposures to microlevel biologic responses, thereby generating hypotheses about toxicological mechanisms that can be studied in vivo.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Figure 2.

Metabolic pathways correlated with pesticides from a serum metabolome-wide association study. The vertical axis represents the pathways associated with pesticides. The circle radius is proportional to the number of correlated metabolite features within each pathway (ratio). The horizontal axis also represents the ratio. The color represents the $-\log 10$ (*p*-value) of each pathway.



Figure 3.

Integrative network analysis with xMWAS. (a) The metabolome-pesticide network revealed two metabolomic communities. Only metabolomic features with an association score >0.2 and p < 0.05 were included in the network. Round nodes represent metabolomic features, and triangle nodes represent three pesticides. The edges' color represents the direction of association (red: positive, green: negative). Multilevel community detection algorithm identified two clusters, represented by different node colors. (b) Heatmap of the association scores between metabolomic features and pesticides. Only features included in the network are shown here. (c) UpSet plot shows the number of features associated with each pesticide group and the intersection size.

Table 1.

Distribution of Demographics and Pesticide levels

	PEG study community controls (n = 176)
Age	
min	35
max	92
mean (SD)	66.13 (13.40)
Sex	
male (%)	90 (51)
female (%)	86 (49)
Race/Ethnicity	
white (%)	159 (90)
hispanic (%)	17 (10)
Education	
less than high school	20 (11)
high school	32 (18)
more than high school	124 (71)
Organophosphate Count	
min	0
max	41
mean (SD)	7.58 (8.46)
Pyrethroid Count	
min	0
max	10
mean (SD)	0.94 (1.70)
Organochlorine Count	
min	0
max	8
mean (SD)	1.23 (1.72)

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name	KEGG ID	2/ m	time	coefficient	<i>P</i> -value	coefficient	P-value	coefficient	P-value
L-histidine	C00135	154.0623	50.63	0.014	0.031	0.091	0.005	090.0	0.067
lauroylcarnitine c12	CA1406	344.279	48.7	-0.013	0.070	-0.077	0.027	-0.067	0.055
alanine	C00041	90.055	97.36	0.014	0.044	0.059	0.072	0.065	0.050
octanoylcarnitine c8	C02838	288.2166	52.25	-0.011	0.114	-0.068	0.037	-0.068	0.039
sphinganine	C00836	302.3049	46.12	-0.018	0.024	-0.044	0.255	-0.122	0.001
cytidine 2,3-cyclic monophosphate	C02354	306.0489	118.2	-0.017	0.041	-0.039	0.338	-0.080	0.051
11-deoxycortisol	C05488	347.2207	47.92	0.016	0.078	0.091	0.043	0.087	0.054
pyruvate	C00186	87.0087	38.65	0.019	0.032	0.064	0.131	0.065	0.133
O-acetyl-L-carnitine	C02571	204.123	70.68	-0.012	0.162	-0.069	0.107	-0.088	0.041
L-methionine	C00073	148.0439	47.27	0.012	0.156	0.100	0.013	0.053	0.197
carnosine	C00386	227.1136	110.36	0.012	0.121	0.095	0.012	0.034	0.374
omega-hydroxydodecanoic acid	C08317	217.1798	20.12	0.022	0.011	0.057	0.167	0.028	0.498