Commentary: Treatment Considerations for Patients With Epidermal Growth Factor Receptor-Mutated Non-Small Cell Lung Cancer Brain Metastases in the Era of Tyrosine Kinase Inhibitors

Brain metastasis is a serious complication of non-small cell lung cancer (NSCLC) affecting up to 40% of NSCLC patients. A subset of NSCLC tumors has mutations in the epidermal growth factor receptor (EGFR) gene, and determination of tumor EGFR mutation status is essential in guiding treatment decisions, as it directly affects the treatment approach. Patients with EGFR-mutated NSCLC have a higher cumulative incidence of brain metastases, and are especially sensitive to EGFR tyrosine kinase inhibitors (TKIs). Patients with newly diagnosed EGFR-mutated lung cancer presenting to a neurosurgeon with a new diagnosis of brain metastases now have a variety of treatment options available, including whole brain radiation therapy, stereotactic radiosurgery, surgical resection, chemotherapy, and targeted therapeutics such as the EGFR TKIs. In this review, we discuss the impact of EGFR mutation status on brain and leptomeningeal metastasis treatment considerations. Additionally, we present clinical cases of patients treated with EGFR TKIs alone and in combination with other therapies to highlight treatment alternatives.

KEY WORDS: Brain metastasis, Leptomeningeal disease, Epidermal growth factor receptor, Tyrosine kinase inhibitor, Non-small cell lung cancer

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N on-small cell lung cancer (NSCLC) makes up 85% of all lung cancers.¹ Brain metastases occur in up to 40% of all patients with NSCLC, marking an acute decline in the quality of life and overall survival.² Treatment considerations must weigh number, location, size, and associated edema of brain metastases, as well as neurological symptoms, extent of systemic disease, need for tissue or genetic mutation diagnosis, and prior therapies.³ Treatment options include radiation modalities such as whole brain radiation therapy (WBRT) and stereotactic radiosurgery (SRS),

ABBREVIATIONS: CNS, central nervous system; CT, computed tomography; EGFR, epidermal growth factor receptor; LMC, leptomeningeal carcinomatosis; MRI, magnetic resonance imaging; NSCLC, non-small cell lung cancer; PCR, polymerase chain reaction; SRS, stereotactic radiosurgery; TKI, tyrosine kinase inhibitor; WBRT, whole brain radiation therapy surgical resection of large, symptomatic lesions in a subset of patients, and systemic therapies including treatment to decrease brain edema (eg, dexamethasone, bevacizumab), chemotherapy, immunotherapy, and targeted therapeutics in patients whose tumors harbor specific mutations. Outcomes and selection of the treatment options depend in part on the underlying mutations driving tumor progression. A subset of patients with NSCLC have tumors harboring epidermal growth factor receptor (EGFR) mutations, for whom targeted treatment with EGFR tyrosine kinase inhibitors (TKIs) improve progressionfree survival (PFS), including those with brain metastases.⁴⁻⁶ TKIs can effectively treat EGFRmutated brain metastases, and WBRT may be deferred together with the associated neurocognitive side effects. Compared with just a few years ago, patients with newly diagnosed EGFRmutated lung cancer presenting to a neurosurgeon with a new diagnosis of brain metastases now have a variety of treatment options available.

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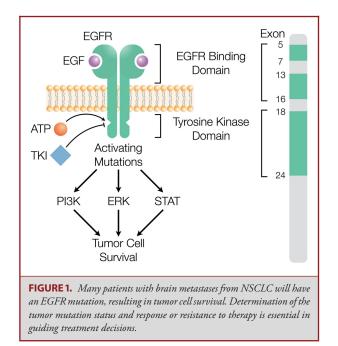
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BACKGROUND ON EGFR MUTATIONS IN LUNG CANCER AND BRAIN METASTASES

To fully stage lung cancer, patients should undergo a contrastenhanced computed tomography (CT) scan and positron emission tomography CT.⁷ If biopsy establishes NSCLC larger than a few centimeters, or there is metastatic disease detected, patients should also have central nervous system (CNS) imaging, preferably a magnetic resonance imaging (MRI) with gadolinium contrast. A subset of NSCLC tumors has mutations in the EGFR gene, which can be detected by polymerase chain reaction-based (PCR-based) direct sequencing, or multiplexed PCR testing.⁷⁻¹⁰ Clinical and pathological characteristics predictive of EGFRmutated NSCLC include patients of Asian race, adenocarcinoma histology, female sex, lack of prior smoking history, and young age.¹¹ These mutations, which occur in exons 18, 19, and 21 of the EGFR gene, result in a frame deletion or amino acid substitution around the ATP-binding pocket of EGFR tyrosine kinase (Figure 1).² Deletions in exon 19 and the L858R point mutation in exon 21 account for more than 90% of EGFR mutations.^{7,12} Determination of the tumor EGFR mutation status is essential in guiding treatment decisions, as it directly affects the treatment approach.¹¹ The cumulative incidence of brain metastases is higher in patients with EGFR mutant NSCLC (39%) vs wildtype NSCLC (28%).¹³ EGFR mutant NSCLC is exquisitely sensitive to EGFR TKIs, which can also penetrate the CNS.

TREATMENT OPTIONS FOR PATIENTS WITH EGFR-MUTATED LUNG-TO-BRAIN METASTASES

Careful consideration of the patient's functional status, prior exposure to chemotherapy, targeted therapeutics or radiation, associated symptoms, number and size of the lesions, and the mutation profile helps to determine the best treatment option for EGFR-mutated lung-to-brain metastases.¹⁴⁻¹⁶ Here, we discuss surgical resection, WBRT, SRS, targeted therapeutics, chemotherapy, and combination therapy. We additionally present 3 clinical cases highlighting these treatment options. The case studies were approved by our home institution's institutional review board. Patient information was retrieved retrospectively from the patient chart and deidentified to protect confidentiality.

Treatment decisions are highly dependent on the individual patient's circumstances, and aggressive treatment of the primary lung cancer is a major factor associated with overall survival.^{2,17} Table 1 summarizes the prognosis of patients with NSCLC treated with the various treatment options discussed. Additional negative prognostic indicators include metastases at initial NSCLC diagnosis, multiple brain metastases, and uncontrolled primary disease.

Surgical Resection

Surgical resection of accessible solitary intracranial lesions is indicated for selected patients with controlled or absent extracranial disease and good performance status (Karnofsky performance status >70).¹⁶ Resection of a large, symptomatic brain metastasis also has the benefit of rapid relief of the mass effect, histologic confirmation of the diagnosis, genetic testing for targetable mutations, and decreasing brain edema. If only a tissue diagnosis and mutation profile is required, a percutaneous, stereotactic biopsy is a reasonable alternative to an open biopsy or resection. Postoperative radiation to the resection cavity regularly follows surgical resection to reduce the likelihood of local recurrence.¹⁷⁻²⁰ Unlike WBRT, SRS to the resection cavity limits the exposure of normal brain tissue to radiation. This approach is beneficial in EGFR-mutated lung cancer patients who are TKI naïve, as they may have an extended survival. Thus, a lower integral dose to the brain can decrease the risk of developing potential long-term neurocognitive decline.²¹ As is highlighted in the following case, the adjunct of postoperative SRS allows surgeons to leave a small volume of residual tumor, rather than risk devastating neurological injury.

Case 1

A 49-yr-old never-smoker female presented with a symptomatic 4 cm right medial temporal brain tumor, 2 smaller cerebellar lesions, and a lung mass concerning for metastatic disease from the lung (Figure 2A). The patient underwent a right temporal craniotomy for resection of the large mass. Postoperatively, the patient was neurologically intact following resolution

Study	n	EGFR status	Treatment	Group n	MST (mo)	Р	PFS (mo)	Р
Randomized controlled trials								
Aoyama, ²³ 2006 (1-4 BM)	132	Unknown	SRS + WBRT	65	7.5	.42	-	
			SRS	67	8.0			
Brown, ²⁶ 2016 (1-3 BM)	213	Unknown	SRS + WBRT	102	7.4	.92		
			SRS	111	10.4			
Chang, ²⁴ 2009 (1-3 BM)	58	Unknown	SRS + WBRT	28	5.7	.003	-	-
			SRS	30	15.2			
Lim, ²⁹ 2015 (1-4 BM)	98	Unknown	Chemo	49	15.3	.418	9.4	.248
			SRS + Chemo	49	14.6		6.6	
Post hoc analysis								
LUX-Lung 36 ⁴⁴ (asymptomatic BM)	81	Mutated	Afatinib	48	22.4	.6412	8.2	.0297
			Chemo	33	25.0		5.4	
Retrospective								
Choi, ²⁰ 2012 (> 2 cm BM)	97	Unknown	Surgery +SRS	97	15.6	-	-	-
Lin, ² 2015	23 874	Mixed (mutated	WBRT		6.36	<.0001	-	-
		received TKI)						
			WBRT + TKI		12.12			
			WBRT + SRS		17.52			
			WBRT + TKI + SRS		27			
Magnuson, ²² 2017	351	Mutated	SRS then TKI ^a	131	46	<.001	23	.025
			WBRT then TKI	120	30		24	
			TKI then SRS or WBRT	100	25		17	
Prospective								
Barlesi, ⁴⁹ 2011 (asymptomatic BM)	43	Unknown	Cisplatin/pemetrexed		7.4	-	4.0	-
Dinglin, ⁵¹ 2013	41	Mixed	WBRT + cisplatin/pemetrexed		12.6	-	10.6	_
Park, ⁴⁶ 2012	28	Exon 19 or 21 mutated	First generation EGFR TKI		15.9	-	6.6	-
Yamamoto, ²⁸ 2014 (1-10 BM)	1194	Unknown	SRS			<.0001	_	-
			1 BM	455	13.9			
			2-4 BM	531	10.8			
			5-10 BM	208	10.8			

 TABLE 1.
 Survival and Brain Metastasis Treatment. Studies Reporting the Median Survival Time and PFS Depending on the Brain Metastasis

 Treatment Received. Treatments Included Surgical Resection, WBRT, SRS, EGFR-Targeted TKI, and Chemotherapy

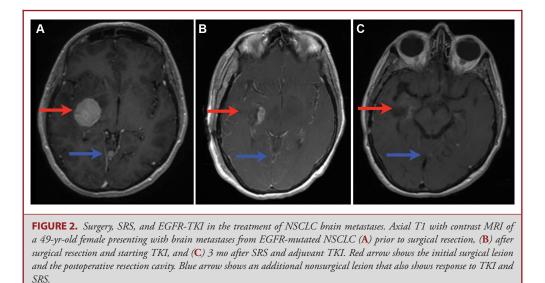
^aPatients received the second treatment at intracranial progression (eg, SRS at presentation then TKI at intracranial progression). MST, median survival time; BM, brain metastasis.

of a transient left upper quadrant field cut. Pathology and genetic testing revealed EGFR L858R-mutated NSCLC. The small residual tumor involving the posterior cerebral artery, and the other intracranial metastases were treated in 1 fraction with SRS at 18 and 20 Gy, respectively (Figure 2B). The patient started erlotinib, with her intracranial lesions showing good response (Figure 2C) and she also responded systemically.

Radiation Therapy

While surgical resection is indicated for solitary symptomatic large brain lesions that are readily accessible, radiotherapy is often preferred for multiple metastases that do not require tissue diagnosis, or in patients who are not surgical candidates. Radiation also prevents progression or recurrence at the site of surgical resection. Radiation therapy can be given to the whole brain or to the lesions only. WBRT remains the standard treatment when focal approaches are not feasible due to numerous intracranial metastases, or leptomeningeal disease.¹⁷ SRS has the benefit of delivering focused radiation that minimizes damage to the normal brain.¹⁴

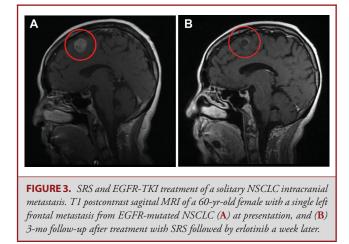
WBRT with SRS has demonstrated an improved PFS when compared to WBRT alone.²¹ In patients with less than 4 brain metastases, SRS boost after WBRT has better local control,²² fewer intracranial relapses, and fewer neurological deaths as compared to those who receive SRS or surgical resection alone.^{21,23,24} However, the addition of WBRT did not change the duration of functional independence, overall survival, or quality of life.^{23,25,26} Furthermore, the omission of upfront WBRT in patients treated with SRS have a lower likelihood of learning and memory function decline over time.^{23,26-28} As many EGFRmutated NSCLC patients benefit from an extended disease control and survival with targeted therapies, one should consider



deferring up front WBRT in TKI-naïve patients if possible to avoid the potential associated long-term cognitive deterioration.

SRS has been established for patients with up to 3 brain metastases at diagnosis or those with stable extracranial disease.^{2,28} In a trial in which 98 patients with NSCLC and 1 to 3 asymptomatic brain metastases were randomized to SRS plus chemotherapy (n = 49) or chemotherapy alone (n = 49), there was no difference in overall survival, and platinum doublet chemotherapy alone had a 37% intracranial response rate, compared with 57% for SRS plus chemotherapy (P = .011).²⁹ Several trials have since supported the use of SRS alone as initial treatment for up to 10 brain metastases, with tumor volume correlating with survival.^{28,30,31} The risk of new metastasis occurrence outside the radiated field can be up to 54% within 1 yr.¹⁵ Therefore, SRS-treated patients are recommended to adhere to a rigorous radiological follow-up with an MRI every 3 mo, or at the time of symptom onset or systemic disease progression.

In the postoperative setting, an addition of a 2-mm margin to the surgical cavity has demonstrated an excellent overall local control rate of 89% to 100%.^{20,32} In certain cases, SRS may have comparable or improved results to those of surgical resection in patients with metastases < 2 cm,^{1,17,21,33} particularly when considering the importance of SRS to the resection cavity to improve local control. In addition, SRS of brain metastases incurs 58.8% of the cost of open surgical resection.³³ In a 2017 retrospective multi-institutional study of TKI-naïve patients (n = 351), Magnuson et al³⁴ found that upfront SRS followed by an EGFR TKI at intracranial progression (n = 131) had the longest overall survival (P < .001) as compared to upfront WBRT followed by EGFR TKI (n = 120) or upfront EGFR TKI followed by SRS or WBRT (n = 100) at intracranial disease progression (46, 30, and 25 mo, respectively).³⁴ In patients with a more favorable prognosis-defined by the authors as a disease-



specific Graded Prognostic Assessment of 2 to 4—this effect was even more dramatic: median overall survival in patients in the upfront SRS group of 64 vs 32 mo in the upfront EGFR TKI group (P < .001). The following case highlights the rapid response to be expected from combination SRS and EGFR TKI.

Case 2

A 60-yr-old woman presented with a lung mass and an asymptomatic, solitary, left frontal metastasis. Biopsy of the lung mass confirmed the diagnosis of EGFR-mutated NSCLC. The combination of SRS (20 Gy in 1 fraction) with an EGFR TKI (erlotinib) started the following week achieved a marked decrease in lesion size and surrounding edema at 3-mo follow-up (Figure 3). The patient remained asymptomatic with local control at most recent follow-up, 2 yr after treatment.

EGFR TKI

Based on evidence from several trials, EGFR TKIs including gefitinib, erlotinib, and afatinib are now considered to be standard first-line therapy for patients with tumors harboring activated EGFR mutations. This is based on clinical trials demonstrating improved PFS vs chemotherapy in the first-line treatment setting.³⁵⁻⁴⁰ Two randomized controlled trials have shown that erlotinib significantly increases PFS when compared to chemotherapy.^{40,41} The EURTAC study (n = 173) reported PFS of 9.7 mo for patients treated with erlotinib (n = 86) as compared to 5.2 mo for those treated with chemotherapy (n = 1 87, P < .0001). ⁴⁰ The OPTIMAL study (n = 154) found a 13.1mo PFS in patients treated with erlotinib (n = 82) as compared to 4.6-mo in those treated with carboplatin/gemcitabine (n =72, P < .0001).⁴¹ Similarly, 3 randomized controlled trials have shown that gefitinib significantly increases PFS when compared to chemotherapy, ranging from 9.2 (WJTOG3405 study) to 10.8 mo (NJ002 study).^{35,42,43}

EGFR TKIs are often effective in the treatment of brain metastases in patients with EGFR-mutated NSCLC. A post hoc analysis of the LUX-Lung 3 and 6 revealed a significantly increased PFS (P = .0297) in patients with asymptomatic brain metastases from EGFR-mutated NSCLC treated with a fatinib (n = 48, 8.2 mo) as compared to chemotherapy (n = 33, 5.4 mo).⁴⁴ One-third of patients in each treatment arm had prior WBRT. In a phase II trial of gefitinib in patients with brain metastases from EGFRmutated lung adenocarcinoma (n = 41), Iuchi et al⁴⁵ found an 87.8% response rate, with a median PFS of 14.5 mo and median overall survival time of 21.9 mo. In a similar phase II trial, 28 patients with brain metastases from EGFR-mutated (exon 19 or 21) NSCLC received either gefitinib or erlotinib at the treating physician's discretion.⁴⁶ Patients had not received prior SRS, WBRT, or surgical resection of their brain tumors. The median PFS and overall survival times were 6.6 and 15.9 mo, respectively, with no difference based on EGFR TKI used. The result of these trials supports the use of EGFR TKIs as firstline therapy in patients with EGFR-mutated NSCLC. However, the recent findings of the multi-institutional retrospective study (n = 351), conducted by Magnuson et al,³⁴ suggest that the use of upfront SRS followed by an EGFR TKI at intracranial progression results in longer overall survival than upfront EGFR TKI followed by SRS or WBRT at intracranial progression. In this study, erlotinib was used in 98% (n = 344) of patients who received an EGFR TKI. While no clinical data currently suggest superiority of a specific EGFR TKI, animal data from a new EGFR TKI in development, osimertinib, suggest improved blood-brain barrier penetration with osimertinib as compared to gefitinib, rociletinib, and afatinib.⁴⁷ Randomized control trials comparing EGFR TKI alternatives and comparing upfront EGFR TKI and upfront SRS are warranted to establish the standard of care. As demonstrated by the following case, TKI-naïve brain metastases can respond well to systemic TKI, and at the time of systemic progression (indicative of TKI-resistance) the prior brain metastases may or may not show interval growth, which can then be treated with SRS.

Case 3

A 79-yr-old male with diffusely metastatic EGFR-mutated NSCLC had evidence of 5 brain metastases at the time of diagnosis. The largest metastasis was 3 cm in the left temporal lobe, and others were subcentimeter in the left frontal vertex, right frontal, left caudate body, and inferior cerebellar vermis. The patient refused WBRT and SRS and was instead treated with erlotinib, which resulted in significant improvement to the left anterior temporal lobe, left frontal vertex, and right frontal region (Figure 4). He was monitored closely with serial follow-up MRI scans showing stable disease. Eleven months later, the patient was found to have progression of his extracranial disease. In preparation for clinical trial enrollment for his extracranial disease, he stopped treatment with erlotinib and received SRS for the stable left anterior temporal lobe lesion. Two months after stopping erlotinib treatment, the patient developed a 2-mm punctate focus of enhancement in the central pons.

RESISTANCE TO EGFR TKIS AND TRANSITION TO CHEMOTHERAPY

Unfortunately, patients with EGFR-mutated NSCLC have disease progression on TKI.⁶ This can occur by acquiring an EGFR T790M point mutation on exon 20, MET amplification, HER2 amplification, or small cell histologic transformation.⁴⁸ Although chemotherapy with water-soluble drugs was believed to be ineffective in the treatment of brain metastases due to the blood-brain barrier, the blood-tumor barrier is disrupted by the presence of metastases.¹⁴ For patients with EGFR mutant adenocarcinoma, most receive second line platinum-pemetrexed based chemotherapy, which has a cerebral response rate around 40%, similar to that observed for systemic disease responses.^{49,50} Cisplatin/pemetrexed may be used concurrently with WBRT, though the efficacy and safety of this combination treatment remains uncertain.⁵¹ New highly lipid-soluble drugs such as temozolomide in combination with WBRT have been shown to improve neurologic symptoms and radiographic response rates, according to a study conducted by the Hoosier Oncology Group (n = 48).¹⁴ Since discontinuation of an EGFR TKI could lead to accelerated primary disease progression, patients with CNS-only progression can be treated with local therapy (surgical resection, radiofrequency ablation, SRS, or conventional radiotherapy to a non-CNS site) with continuation of an EGFR TKI.⁵²

LEPTOMENINGEAL CARCINOMATOSIS

Metastatic spread of tumor cells along the central nervous system leptomeninges (leptomeningeal carcinomatosis, LMC) occurs in 5% of NSCLC patients; if untreated, the median survival of patients is 4 to 6 weeks.⁵³ WBRT may result in longer survival with LMC (median survival 6.4 mo) as compared to systemic chemotherapy (4.7 mo), though it is not always effective⁵⁴⁻⁵⁶ (Table 2). Riess et al⁵⁷ (n = 30) found that patients

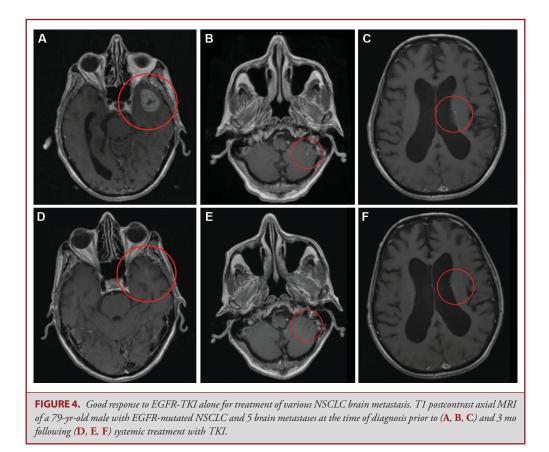


TABLE 2. Studies Reporting the Median Survival Time of Patients With LMC who Received a variety of Treatments, Including EGFR-TKIs, WBRT, Intrathecal and Systemic Chemotherapy

Study	n	Leptomeningeal carcinomatosis					
		EGFR Status	Treatment	Group n	MST (mo)		
Xu, ⁵⁴ 2015	108 ^a	Unknown	SC	59	4.7		
			SC + WBRT	32	5.2		
			WBRT	49	6.4		
			ТКІ	42	11.1		
			TKI + SC	13	11.1		
			TKI + WBRT	19	12.3		
Morris, ⁶⁰ 2012 125 ^b	125 ^b	Unknown	WBRT	46	3.0		
		Unknown	IT	7	18		
		Mutated	TKI	9	14		
Gong, ⁵⁵ 2015	21	Mutated	TKI (icotinib)	21	10.1		

^aFor analysis, patients were categorized in all applicable treatment groups (eg, a patient receiving SC + WBRT is included in the "SC," "WBRT," and "SC + WBRT" groups), therefore overall sample size is smaller than the sum of the group sizes.

^bThe remaining patients received systemic chemotherapy or palliative care, but MST was not reported.

MST, median survival time; IT, intrathecal chemotherapy; SC, systemic chemotherapy.

who received modern systemic therapy (erlotinib, gefitinib, pemetrexed, bevacizumab, or crizotinib) had a prolonged survival (hazard ratio = 0.24, P = .007) with LMC compared with patients who did not receive these treatments (43% received older chemotherapy regimens and 71% received WBRT for LMC).⁵⁷ Retrospective studies on the use of erlotinib, gefitinib, and icotinib suggest that they are effective for the treatment of LMC.⁵⁴⁻⁵⁶ Lee et al⁵⁶ retrospectively compared the efficacy of gefitinib (n = 14) and erlotinib (n = 11) for control of LMC in NSCLC, and found that patients treated with erlotinib showed a better cytologic conversion rate compared to gefitinib (64.3% vs 9.1%, P = .012). All patients in this study also received intrathecal chemotherapy including methotrexate. In a retrospective study of 21 patients with EGFR mutant NSCLC treated with icotinib, 90% of patients reported improvement in dizziness and headache and 100% of patients reported less nausea or vomiting.⁵⁵ In patients who developed LMC while on icotinib standard therapy, a double dose of icotinib relieved them of their symptoms for more than 4 mo.

When standard dosing of an EGFR TKI fails to control LMC, erlotinib administered at a "pulsatile" high dose (1500 mg) once weekly has been reported to be tolerable and control LMC in patients with EGFR sensitive mutations.⁵⁸ In a phase II clinical trial, the administration of pulsatile high-dose erlotinib (n = 13, a 450 mg dose every 3 d) or gefitinib (n = 29, a 1000 mg dose every 4 d) to patients with drug resistance to conventional erlotinib or gefitinib treatment, respectively, was determined to be safe and efficient.⁵⁹ Median PFS was 30 mo, with no statistically significant difference between the 2 TKIs.

Time between initial NSCLC diagnosis and presentation with LMC affects prognosis for patients with leptomeningeal disease.⁵⁷ In a study by Xu et al⁵⁴ (n = 108), patients presenting with LMC within 12 mo of initial NSCLC diagnosis had a median survival time of 4.9 mo, compared to 7.5 mo in patients presenting with LMC more than 12 mo after initial NSCLC diagnosis.⁵⁴ Additionally, the presence of parenchymal brain metastases has been found to be a negative prognostic indicator in patients with LM from EGFR-mutated NSCLC. Patients with parenchymal brain metastases had a median survival of 8.1 mo as compared to 11.1 mo in those who did not.⁵⁵

CONCLUSION

The number, size, symptoms, genetic mutations, and location of brain metastases greatly influence the most appropriate treatment selection. Given the efficacy of targeted therapies in treating both systemic and intracranial metastases in patients with EGFR-mutated NSCLC, radiation and surgical resection of these brain tumors must be carefully tailored to the individual needs of a particular patient. In the case of brain metastases diagnosed at the time of presentation (ie, TKI naïve), patients may live a significantly long period of time, and WBRT could be avoided or delayed depending on response to TKI therapy. Comorbidities factor into a patient's eligibility for surgical resection, and SRS remains a good first-line therapy depending on lesion size, number, and symptoms. Brain metastases in TKI-naïve patients may show response to systemic therapy. Treatment of NSCLC brain metastases requires a complex and often multi-disciplinary approach, with careful consideration of the extent of primary disease, the quantity, size, and associated symptoms of metastases, comorbidities, and EGFR mutation status.

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