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# Viral Z-RNA triggers ZBP1-dependent cell death

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# Abstract

Z-DNA Binding protein 1 (ZBP1) activates Receptor Interacting Protein Kinase 3 (RIPK3) dependent cell death during lytic infection by members of the orthomyxovirus, herpesvirus and poxvirus families. ZBP1 possesses two Za domains capable of selective binding to Z-DNA, as well as to Z-RNA. We have now unveiled Z-RNA as the ligand that activates ZBP1 in cells infected with orthomyxoviruses (influenza A and B viruses) and the poxvirus vaccinia virus (VACV). Orthomyxovirus Z-RNA is sensed by ZBP1 in the nucleus of infected cells, resulting in nuclear activation of RIPK3, consequent rupture of the nucleus, and hyper-inflammatory 'nuclear necroptosis'. VACV-generated Z-RNA accumulates in the cytoplasm, where it is sequestered from ZBP1 by E3, the viral E3L gene product. In viruses where the E3 Za domain has been mutated, ZBP1 senses Z-RNA and triggers RIPK3-dependent necroptosis in the cytoplasm. Z-RNA is thus a new viral pathogen-associated molecular pattern (PAMP).

### Keywords

Z-NA; DAI; DLM-1; RIPK3; MLKL; cell death; necroptosis; influenza A virus; vaccinia virus; poxvirus; herpesvirus

"No one here gets out alive"

– Jim Morrison (of The Doors)

# Introduction.

Virus replication dictates the fate of the infected cell. Some lytic viruses destroy the cell within hours, releasing enormous amounts of progeny. Other viruses establish persistent or latent infections that may not impact - or may even improve - the viability of the host

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cell. Most poxviruses and all orthomyxoviruses initiate lytic infections, while herpesviruses initiate either lytic or latent infections depending on the cell type that becomes infected. For example, herpes simplex virus-1 and -2 (HSV-1 and HSV-2), while lytic in epithelial cells, initiate a non-lytic infection of neurons, switching to a latent life cycle lasting for the remaining lifespan of the host and often accompanied by recurrence at the epithelial surface.

Cell death triggered by lytic infection can promote both virus clearance and pathology. The 'poxes' caused by variola virus, a poxvirus and the etiological agent of smallpox, and the vesicular rashes of HSV or varicella zoster viruses largely result from lysis of infected cells, sometimes in combination with the host response to infection. Similarly, bronchioalveolar injury characterized by epithelial cell death are hallmarks of severe influenza A virus (IAV), allowing secondary bacterial pneumonia to take hold and predisposing to IAV-associated acute respiratory distress syndrome (ARDS). In many of these settings, cell death may be delayed until after viral progeny have been produced, favoring the virus, or death may cut short infection by eliminating cells before progeny are generated, acting in defense of the host.

#### Virus-activated pathways of apoptosis and necroptosis.

For decades, apoptosis was considered the dominant, if not sole, mechanism of programmed cell death activated by virus infections in multicellular organisms [1]. This caspasemediated pathway systematically dismantles infected cells and produces discrete membranebound apoptotic bodies that are then rapidly engulfed, phagocytosed, and destroyed, thus preventing or slowing virus spread [2]. The importance of apoptosis to host defense and virus control is underscored by the myriad viral mechanisms capable of blocking this mode of death. For example, virus-encoded caspase inhibitors (e.g., baculovirus p35, cowpox virus CrmA, VACV B13R, cytomegalovirus UL36, HSV ICP6) and anti-apoptotic proteins which function like host Bcl-2 family cell death suppressors (e.g., adenovirus E1B-19K, VACV F1L, cytomegalovirus UL37x1) prevent apoptosis of infected cells [3–6]. Indeed, blocking apoptosis by simply overexpressing Bcl-2 can change a lytic alphavirus infection into a persistent one [7], and eliminating viral suppression of apoptosis during latency results in reactivation of HSV-1 [8]. Thus, simply interfering with the apoptosis machinery can covert the infected host cell into a factory capable of sustained or recurrent progeny virion production! Such elegant findings demonstrate the importance of apoptosis in limiting virus production and spread to uninfected tissues [9-12].

Host adaptation to viral anti-apoptotic strategies likely resulted in the evolution, mostly within mammalian orders, of caspase-independent forms of death [6,13]. Indeed, apoptotic caspase inhibition in some settings does not prevent cell death, but instead switches the mode of death from apoptosis to (caspase-independent) programmed necrosis. Such necrotic death is observed when death receptors of the TNF receptor superfamily are activated in the presence of caspase inhibitors, or when cells are exposed to innate-immune stimuli such as double-stranded (ds)RNA (a virus mimetic) or to antiviral cytokines, such as interferons (IFNs) [14–21]. No matter the trigger, this programmed cell death pathway, called necroptosis, is mediated by the protein kinase RIPK3 and its substrate, the Mixed Lineage Kinase-Like protein MLKL [22–26].

Balachandran and Mocarski

Necroptosis is a potent host defense mechanism capable of bypassing caspase-8 inhibition by viruses and promoting the elimination of infected cells [6]. Indeed, work over the past decade has demonstrated that the 'lytic' death triggered by diverse virus families in many cell types is dependent on RIPK3 and can manifest as either apoptosis, necroptosis, or both, dictated by the presence or absence of virus-encoded inhibitors of each pathway. For example, the herpesvirus MCMV encodes an inhibitor of caspase-8 (M36-encoded Inhibitor of Caspase-8 Activation, or vICA) as well as an inhibitor of necroptosis (M45-encoded Inhibitor of RIP kinase Activation, or vIRA). A mutant of MCMV lacking vICA selectively induces apoptosis, the vIRA mutant primarily triggers necroptosis, and a mutant virus deficient in vICA and vIRA activates both death pathways [27]. Notably, orthomyxoviruses such as IAV lack obvious inhibitors of either pathway and therefore activate both death modalities in infected cells [28,29]. IAV-infected epithelial cells and fibroblasts may undergo either apoptosis or necroptosis; apoptosis is dictated by RIPK3-dependent recruitment and activation of caspase-8, and necroptosis by RIPK3-dependent phosphorylation of MLKL [29]. Of note, pyroptosis has also been reported in IAV-infected myeloid cells [30]. Apoptosis and necroptosis are mutually exclusive cell fates, indicating that a molecular switch may dictate downstream events leading to one mode of death or another [31].

#### ZBP1 as cell-death activating sensor of viruses.

A breakthrough in our understanding of RIPK3-dependent activation of apoptotic or necroptotic death came with the discovery that the host sensor protein ZBP1 (also called DAI or DLM-1) controls activation of RIPK3 during infection with herpesviruses such as MCMV and HSV-1, the poxvirus VACV, and the orthomyxoviruses IAV and IBV [30,32– 35]. ZBP1 was initially described as a sensor of cytosolic dsDNA in the pathway leading to activation of a type I IFN response [36]. But soon afterwards, ZBP1 was shown to be dispensable for induction of type I IFNs by dsDNA [37,38]. Instead, we and others discovered that ZBP1 contains a functional RIP homotypic interaction motif (RHIM), and associates with RIPK3 and RIPK1 [39,40]. We subsequently showed that MCMV encodes a specific inhibitor of RHIM-mediated signal transduction, the aforementioned necroptosis suppressor vIRA [41]. vIRA prevents ZBP1-mediated recruitment of RIPK3 and consequent necroptosis during infection. When vIRA is mutated or deleted, ZBP1 associates with RIPK3 and triggers necroptosis [33]. Homotypic RHIM:RHIM interactions between ZBP1 and RIPK3 initiates RIPK3 activation and cell death, but how does ZBP1 sense virus infections to activate RIPK3 in the first place?

ZBP1 possesses two N-terminal Za domains (Fig. 1A) and is a member of the Za family of proteins. The founding member of this family, adenosine deaminase RNA-dependent (ADAR) p150, binds Z-form (i.e., left-handed) dsDNA or dsRNA (Z-DNA or Z-RNA) in vitro [42,43]. ('Z' is short for 'zig-zag', reflective of the appearance of the left-handed double helical conformations of dsRNA or dsDNA, compared to either A-RNA or B-DNA, the right-handed duplexes of these nucleic acids; Fig. 1B). Z-DNA and Z-RNA were not thought to readily occur in natural settings because they are energetically less-favorable conformations of dsRNA. We have recently shown that Z-RNA produced during orthomyxovirus and VACV infection is sensed via ZBP1, demonstrating for the first time that Z-RNA is a naturally occurring ligand for ZBP1[44,45]. In this article, we summarize

our discovery of Z-RNA as a novel PAMP, and briefly outline our current mechanistic understanding of how Z-RNA is sensed by ZBP1 during both RNA (IAV and IBV) and DNA (VACV) virus infection. We also provide a concluding perspective on current unknowns and future directions.

#### Z-RNA as ZBP1 ligand in orthomyxovirus infections.

In 2016, we showed that IAV and IBV strains activated RIPK3-dependent cell death in fibroblasts and type I alveolar epithelial cells [29]. The same year, we and others reported that ZBP1 was the host sensor which detected replicating IAV and activated RIPK3-mediated necroptosis or apoptosis in non-immune cell types, as well as pyroptosis in myeloid cells [30,32]. Cells lacking ZBP1 or RIPK3 were mostly resistant to IAV-induced cell death, implicating ZBP1-dependent, RIPK3-regulated death modalities as the primary means by which IAV-infected primary cells succumb to infection.

We found that the Za2 domain of ZBP1 was essential for IAV-induced cell death signaling [32]. Mutating just two RNA contact residues (N122 and Y126) [46] in the Za2 domain of murine ZBP1 abolished death signaling, strongly suggesting that direct sensing of IAV RNA by ZBP1 instigated cell death. We then discovered that ZBP1 associated with several IAV genomic RNAs, and that these RNAs fell into two classes: Class I, which are smaller (<500 bp) RNA species, mapping to the very 3' and 5' ends of the polymerase gene segments; and Class II, which are somewhat longer RNAs (1000-1500 bp) representing full-length viral gene segments [32,45]. Interestingly, Class I RNAs were derived from defective viral genomes (DVGs) that form when the IAV polymerase falls off its template RNAs but re-engages to copy shorter subgenomic RNA segments. These truncated subgenomic RNAs nonetheless retain their 3' and 5' packaging signals, and are packaged into so-called defective interfering (DI) particles [47]. IAV stocks low in DVG content did not trigger ZBP1 as much as those with high DVG content, and a DVG derived from the PA gene segment robustly bound ZBP1 in infected cells, indicating that DVGs are virus-produced ligands for this sensor [45]. Notably, the 5' and 3' ends of IAV gene segments are semicomplementary to each other, so DVGs may adopt panhandle, corkscrew, and other dsRNA structures [47]. When these dsRNAs are in their A-conformation, they are established ligands for RLRs [48,49]. Whether they can also adopt the Z-conformation to serve as ZBP1 ligands was not known.

Z-RNAs are notoriously unstable *in vitro*, making their isolation from infected cells technically challenging. Previous studies have, however, used *in situ* antibody-based staining approaches to show that Z-RNAs do indeed form under natural conditions (for example, in the cytoplasm of the protozoan *Tetrahymena*), and that an immunofluorescence approach to detecting Z-RNA in fixed cells is feasible [50]. No antibodies to Z-RNA are currently commercially available, but Z-RNA and Z-DNA share very similar structures, and several antibodies (both monoclonal and polyclonal) raised to Z-DNA cross-react with Z-RNA [51–53]. To determine whether these antibodies also detect Z-RNA in cells, we first synthesized a Z-RNA hairpin by introducing 2'-*O*-methyl-8-methyl modified guanosine nucleosides (m<sup>8</sup>Gm) to stabilize CG-repeat dsRNA in the Z-conformation under physiological salt concentrations *in vitro* [54]. We then used these modified synthetic Z-RNAs to screen

Balachandran and Mocarski

anti-Z-DNA antibodies for their capacity to selectively detect Z-RNA. From this screen, we identified a polyclonal antiserum and a monoclonal antibody (clone Z22) capable of specifically recognizing the Z-RNA hairpin in vitro as well as within transfected cells [45].

Using these antibodies, we observed a modest RNase-sensitive nuclear signal in IAVinfected cells, but not in uninfected cells [45]. In agreement with previous work showing that viral RNAs are masked by cellular or viral proteins [55], protease treatment of IAV-infected cells post-fixation was required to fully unmask viral Z-RNAs. A nuclear Z-RNA signal that was first observed 2 to 4 hr p.i. and increased in intensity over the course of infection. In support of the idea that IAV DVGs are a dominant source of Z-RNA, the Z-NA-specific antibodies detected more Z-RNAs in cells infected with DVG-enriched IAV stocks than in cells infected with equivalent amounts of IAV low in DVG content. Other orthomyxoviruses, including seasonal strains of IAV and IBV, also produced nuclear Z-RNA [45]. ZBP1 is primarily a cytoplasmic protein in most uninfected cell types, but rapidly accumulates in the nucleus following IAV infection, where it senses viral Z-RNAs via its Za2 domain. Binding viral Z-RNAs triggers ZBP1 activation, likely by inducing its oligomerization. Once activated in the nucleus, ZBP1 initiates 'inside-out' (i.e., nucleus-to-cytoplasm) cell death signaling by stimulating RIPK3 and activating MLKL. Active (phosphorylated) MLKL triggers disruption of the nuclear envelope, releasing DNA and other nuclear material, and culminating in hyper-inflammatory 'nuclear necroptosis'. Such nuclear necroptosis is a very effective antiviral mechanism in mild cases of 'the flu', where it not only prevents virus spread by eliminating infected cells, but also promotes adaptive immunity by releasing viral antigen (for potential cross-presentation to T cells by APCs) and DAMPs (for generating effective adaptive immune responses) [29,31]. Either apoptosis or necroptosis signaling is equally effective at protecting mice from IAV, such that only combined elimination of both pathways in mice (e.g., ZBP1-, RIPK3- or combined FADD/MLKL-deficiency) compromises host defense [29,32]. In mice lacking both apoptosis and necroptosis, infected cells are not promptly eliminated and become virus factories. Consequently, virus clearance is compromised and the animal succumbs to infection at doses that are sub-lethal in wildtype mice with intact ZBP1-RIPK3 signaling [29,32,45].

#### Z-RNA as ZBP1 ligand in VACV infections.

Another remarkable instance of Z-RNA acting as a PAMP emerged from studies of the VACV strain Western Reserve (WR). This strain is known to be susceptible to the antiviral impact of TNFα-mediated necroptosis [22]. VACV WR encodes a potent suppressor protein kinase R (PKR) activation, E3, that also subverts death signaling initiated by ZBP1. E3 is composed of two functional domains: an N-terminal Zα domain [46], and a C-terminal dsRNA binding domain (dsRBD), which selectively binds A-RNA [56]. The dsRBD has long been known to compete with PKR for A-RNA, and to prevent PKR activation late in infection [57]. The dramatic attenuation in virulence manifested by the E3L mutant virus *in vivo* [58], however, is not driven by PKR, but rather by ZBP1-RIPK3-mediated necroptosis [59]. Our laboratories have now shown that E3 Zα-deficient viruses produce Z-RNA, which accumulates in the cytoplasm within a few hours after VACV infection [44]. When the E3 Zα domain is intact, it outcompetes ZBP1 for Z-RNA and prevents the antiviral consequences of necroptosis. However, when the N-terminal Zα-containing region

of E3 is deleted, or when Z-RNA binding is disrupted by the introduction of specific point mutations (Y48A or P63A) into Za, E3 fails to prevent ZBP1 activation and necroptosis. One surprise from these studies was the discovery that the E3 A-RNA binding dsRBD was necessary for Z-RNA accrual in the cytoplasm, and for activation of ZBP1. VACV mutants with a complete deletion of E3 *did not* induce necroptosis; only Za mutants with an intact dsRBD did. These findings identify an unanticipated role for the C-terminal dsRBD of E3 in the formation or stabilization of Z-RNA [44]. Although it remains to be seen how the dsRBD promotes Z-RNA binding by E3, these new insights bring to closure expectations of biological activity for Za domains first suspected when VACV E3 Za mutants were shown almost two decades ago to be nonpathogenic [58].

#### Concluding perspectives.

We end by highlighting a few areas meriting further exploration. First, the mechanisms by which viral Z-RNA forms in infected cells is currently unclear. Drawing on studies examining Z-DNA formation in cells, we suggest that Z-RNAs may arise as a consequence of torsional strain generated in viral dsRNAs by polymerase activity during virus replication [60,61]. The Z-conformation may also be stabilized as a consequence of binding to the Za domains of ZBP1, given their known ability to induce an  $A \rightarrow Z$  transition in Z-prone dsRNA [46]. Unclear is whether covalent modifications to RNA (such as m6A) impact Z-RNA formation. It is notable that not all RNA viruses produce detectable Z-RNA or appear to activate ZBP1 during infection, although the same viruses (e.g., VSV or EMCV) may generate substantial amounts of A-RNA [45]. These observations indicate that additional virus-specific co-factors, or aspects of virus biology unique to orthomyxoviruses and other ZBP1-activating virus families, are required for Z-RNA formation in cellulo; these await discovery. Second, although our work implicates Z-RNA as ZBP1-activating ligand during orthomyxovirus and poxvirus infections, the Za domain also binds Z-DNA [43] and has been shown to associate with G-quadruplexes [62]. Whether other ZBP1-activating viruses (such as the herpesviruses HSV-1/2 and MCMV) produce Z-DNA ligands, and whether RNA-DNA hybrids or other non-B conformations of dsDNA (such as G-quadruplexes) are physiologically relevant ligands for ZBP1 during virus infections remains to be seen. Relatedly, whether other viruses besides those mentioned in this review produce Z-NAs and activate ZBP1 is not known. Third, emerging evidence suggests that endogenous (i.e., host cell-derived) Z-RNAs can activate ZBP1 in certain settings, such as when the threshold for triggering necroptosis is lowered by deletion or mutation of RIPK1 [63,64]. These endogenous Z-RNAs are repressed by the p150 subunit of ADAR1 [65–68], which is the only other known mammalian protein (besides ZBP1) with a Za domain[43]. Whether endogenous Z-RNAs contribute to ZBP1 activation during acute virus infections, and whether ADAR1 p150 regulates ZBP1 function in these settings is unknown. Finally, the necroptosis machinery is absent in invertebrates, conserved in most mammals (but not across all vertebrate species), and curiously missing in mammalian carnivores [69]. Neither ZBP1 nor RIPK3 are found in birds [69], which are the major orthomyxovirus reservoirs in the wild. These observations indicate that the necroptosis machinery, while capable of robust antiviral activity as a standalone cell death mechanism [31], can also pose a selective disadvantage during host-virus coevolution, when the benefits of its antiviral

activity are outweighed by the downsides to its hyperinflammatory consequences [70]. How viruses [and other potential sources of ZBP1-activating ligands, such as endogenous retroelements [64,71,72]] impact both positive and negative selection of necroptosis genes, and, by corollary, how an intact necroptosis machinery dictates cross-species spread of necroptogenic viruses [73–75], are each largely unexplored frontiers.

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Balachandran and Mocarski

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#### Fig. 1. Z-RNA is a ZBP1-activating PAMP.

A. Structures of the left- and right-handed conformations of dsRNA and dsDNA. The 'handedness' of each duplex, and their cellular receptors, are shown below each structure. **B.** Orthomyxoviruses (IAV/IBV) and poxviruses (VACV) produce Z-RNAs, which are sensed by ZBP1 in a manner requiring the second of its two Za domains. VACV E3 contains a Za domain and prevents ZBP1 activation by competing with ZBP1 for Z-RNA. ZBP1 activates the kinase RIPK3 via RHIM:RHIM interactions between these proteins. RIPK3 then activates parallel pathways of apoptosis and necroptosis in infected cells. Herpesviruses (MCMV, HSV-1/2) also activate ZBP1, but the ZBP1-triggering ligand(s) produced by these viruses is currently unknown. It remains to be seen if members of other virus families activate ZBP1, and if cellular sources of Z-RNA, for example those originating from transcription of endogenous retroviral elements (EREs), contribute to ZBP1 activation during acute infections.