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## IRE1 $\alpha$ -mediated monounsaturated fatty acid synthesis drives B cell differentiation and lupus-like autoimmune disease

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### Abstract

**OBJECTIVES:** This study is to explore the molecular mechanisms underlying how the lipid metabolic dysregulation is associated with systemic lupus erythematosus (SLE) pathogenesis.

**METHODS:** B cells in peripheral blood from lupus patients and healthy controls were used for lipid body analysis. B-cell specific IRE1 $\alpha$  and SCD1 knockout mice were employed for studying the influence of IRE1 $\alpha$ -SCD1/2 pathway on B-cell differentiation and auto-antibody production. The preclinical efficacy of IRE1 $\alpha$  suppression in lupus treatment were elucidated in MRL/Lpr mice.

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**Contribution authorship:** YZ, MG, YW, NM, SC, BG, SAL, and SND performed the studies and analyzed the data; YSK, pathology analysis. YZ, HL, JMN, KZ and DF, designed the study and wrote the manuscript.

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**RESULTS:** We showed that supplementation of the monounsaturated fatty acid largely rescues plasma cell differentiation from IRE1 $\alpha$ -null B cells, indicating that the frailer of IRE1 $\alpha$ -null B-cell differentiation is due to a defect in monounsaturated fatty acid synthesis. IRE1 $\alpha$ -XBP-1 activation is required for B cell expression of stearoyl-CoA desaturase 1 and 2 (SCD1 and SCD2), two critical enzymes catalyzing monounsaturated fatty acid synthesis. Mice with targeted *Scd1* gene deletion largely phenocopies *Ire1a*-deficient mice with diminished B-cell differentiation into plasma cells. Importantly, IRE1 $\alpha$  expression and *Xbp-1* mRNA splicing in B-cells from lupus patients are significantly increased, which positively correlate with the expression of both *Scd1* and *Scd2* genes, as well as with the amount of lipid deposition in B cells. Either genetic or pharmacological IRE1 $\alpha$  suppression protected mice from lupus pathogenesis.

**CONCLUSION:** Our study reveals a molecular link of lipid metabolic dysregulation in lupus pathogenesis, demonstrates that the IRE1 $\alpha$ -XBP-1 pathway controls plasma cell differentiation through SCD1/2-mediated monounsaturated fatty acid synthesis, and provides a rationale for targeting IRE1 $\alpha$  and monounsaturated fatty acid synthesis in lupus treatment.

### Keywords

monounsaturated fatty acid; Lupus; B cell differentiation; IRE1 $\alpha$ ; stearoyl-CoA desaturase 1

## INTRODUCTION

One signature of systemic lupus erythematosus (SLE) is the production of self-reactive antibodies in lupus patients. The autoantibodies often deposit into tissues and organs that impairs their functions, such as the nephropathy, which leads to loss of the kidney functions. Since plasma cells, differentiated from B cells upon recognition of self-antigens, are the only resources of autoimmune antibodies, suppression of B-cell activation has been a focus for developing therapeutics for lupus as well as other Ab-mediated diseases [1–3]. Accumulated evidence suggests that the dysregulated lipid metabolism is involved in autoimmune diseases in human. Dramatic increases in free fatty acids, in particular the monounsaturated fatty acids oleic acid and palmitoleic acid, are positively correlated with SLE activity [4–7]. However, the direct connection between lipid metabolic dysregulation and SLE has remained largely unclear.

The immune responses can also be adversely affected by abnormalities in the unfolded protein response, which could potentially contribute to the development of autoimmunity [8, 9]. The transition of B cells into plasma cells provokes the unfolded protein response, as indicated by the Inositol-requiring enzyme 1 $\alpha$  (IRE1 $\alpha$ )-mediated mRNA splicing of the X-box binding protein 1 (*Xbp-1*), a transcription factor that promotes expression of ER chaperones [10]. IRE1 $\alpha$  is an ER stress sensor that contains an ER-luminal sensor domain that recognizes unfolded proteins and a cytosolic kinase/RNase domain that regulates downstream effectors such as XBP-1 [11–14]. XBP-1s up-regulates the synthesis of lipids and chaperones, contributing to the ER expansion and increased Ig production in plasma cells [15–17]. As the only enzyme that catalyzes the XBP-1 splicing, it is not surprising that IRE1 is involved in regulating B cells differentiation [18–20]. The IRE1 $\alpha$  RNase also selectively cleaves ER-bound mRNAs to alleviate ER protein load, a process known as the regulated IRE1-dependent decay (RIDD) [21]. Indeed, phosphorylation of IRE1 $\alpha$  at

S729 regulates RIDD in B cells and contributes to antibody production [18]. However, the exact molecular mechanisms underlying how IRE1 $\alpha$  controls B-cell differentiation into antibody-secreting plasma cells are not fully defined.

Unexpectedly, we observed that addition of the monounsaturated fatty acid to the culture media fully rescues plasma cell differentiation from IRE1 $\alpha$ -null B cells, indicating that the frailer of IRE1 $\alpha$ -null B-cell differentiation is due to a defect in monounsaturated fatty acid synthesis. Importantly, analysis of B cells from lupus patients detected a dramatic increase in IRE1 $\alpha$ -XBP-1 activation, which positively correlates both with the upregulation of stearoyl-CoA desaturase 1 and 2 (SCD1 and SCD2) expression and to the lipid accumulation in B cells. Similar to that of either *Ire1a* or *Xbp-1*, targeted deletion of *Scd1* gene largely diminished B-cell differentiation into plasma cells. Ablation of IRE1 $\alpha$ -XBP-1 pathway or treatment with IRE1 $\alpha$ -specific inhibitor partially protected mice from the development of lupus-like autoimmunity. These studies define a previously unappreciated molecular mechanism underlying how IRE1 $\alpha$ -XBP-1 pathway controls B cell immunity and provides a rationale for manipulation of the IRE1 $\alpha$ -XBP-1 pathway in combating autoimmune diseases including lupus.

## METHODS

### Human sample collection and B cell isolation

This study was approved by the Ethics Committee at the Third Xiangya Hospital of Central South University (2019-S190). All the patients fulfilled the America College of Rheumatology 1982 criteria for SLE. Patients were clinically evaluated based on the Systemic Lupus Erythematosus Disease Activity Index 2000 (SLEDAI-2k) [22], and the patients with SLEDAI-2k cores  $\geq 6$ , who were not under gone with immune suppressive treatment in particular with Rituximab, were included in the study. Fourteen patients with active SLE and eleven healthy subjects were enrolled in this study. All subjects involved gave informed written consent prior to study enrollment according to the Declaration of Helsinki. Whole venous blood samples were collected from SLE patients and healthy controls, the peripheral blood mononuclear cell (PBMC) were isolated by Ficoll-Hypaque density gradient centrifugation of EDTA-anticoagulated blood samples [23]. B lymphocytes were isolated from PBMC using CD19 microbeads (Miltenyi Biotec, Cat#: 130-050-301) according to the manufacturer's instructions.

### Mice

The *Ire1a*<sup>fl/fl</sup> [24] and CD19-Cre C57BL/6 mice[25] mice were backcrossed to MRL-MpJ-Fas<sup>lpr</sup> /J strain (Stock Number: 000485. Jackson Laboratory) for at least 10 generations, respectively. All animals used in this study were maintained under specific pathogen-free conditions, and all experiments were approved by the Institutional Animal Care and Use Committees (IACUC) at Northwestern University. Detailed information is described in supplemental file.

### Serum autoantibody analysis by ELISA and flow cytometry.

Serum titers of anti-nuclear antibodies and anti-dsDNA antibodies from *Ire1a<sup>fl/fl</sup>* and CD19-Cre/*Ire1a<sup>fl/fl</sup>* MRL.Fas<sup>lpr</sup> mice were measured with the commercial ELISA kits (anti-ANA, Cat#: M-5210; anti-dsDNA, Cat#: M-5110; Alpha Diagnostic, San Antonio, TX). Absorbance at 450 nm was detected using a FilterMax F5 microplate reader (Molecular Devices). For the flow cytometry analysis, sera from *Ire1a<sup>fl/fl</sup>* and CD19-Cre *Ire1a<sup>fl/fl</sup>* MRL.Fas<sup>lpr</sup> mice were diluted in 1% BSA, and incubated with prefixed and permeabilized mouse lymphoma EL4 cells on ice for 30 min, followed by staining with the appropriate fluorophore-conjugated anti-mouse Ig Abs, washed and analyzed on a FACSCanto II instrument (BD Biosciences).

### Statistical Analysis

All data are indicated as mean±SD. Statistics were calculated by two-tailed student's t test. The Gehan-Berslow-wilcoxon test was used for survival curves, and the Spearman rank test were applied for and correlations. \**p*<0.05, \*\**p*<0.01, \*\*\**p*<0.001, and \*\*\*\**p*<0.0001.

## RESULTS

### Elevated lipid accumulation in B cells from SLE patients.

It has been well documented that dramatic increases in free fatty acids, in particular the monounsaturated fatty acids, are positively correlated with SLE activity [4–7, 26, 27]. We then speculated whether the lipid deposition is consequently accumulated in B cells from lupus patients. Bodipy analysis revealed a significant increase in the lipid volumes in B cells from lupus patients *vs* healthy controls (Fig. 1A). In contrast, while with a modest increase in lipid volumes in T lymphocytes from SLE patients, this increase was not statistically significant (Fig. s1). Further real-time RT-PCR analysis detected a drastic increase in the expression of *Scd1* and *Scd2*, two critical enzymes for catalyzing the rate-limiting step in the formation of monounsaturated fatty acids [28], suggesting that the increased expression of *Scd1* and *Scd2* is involved in B-cell autoimmunity (Fig. 1B). We then analyzed whether the activation of IRE1α-XBP-1 pathway, which plays a critical role in lipid metabolic regulation [15, 28], is altered in lupus B cells. Indeed, a dramatic increase in the expression of *Ire1a* was detected in B cells from patients with active lupus compared with these from healthy controls. As a consequence, the levels of the spliced *Xbp-1* (*Xbp-1s*) were significantly increased. In addition, we detected a modest increase in the total *Xbp-1* (*Xbp-1t*) mRNA (Fig. 1C). More importantly, the ratios of *Xbp-1s* to total *Xbp-1* transcripts, an indicator of IRE1α activation, were increased for almost 3-fold in B cells from lupus patients compared with that from healthy controls (Fig. 1C). These results suggest that the elevated activation of the IRE1α-XBP-1 pathway in B cells is possibly involved in lupus pathogenesis. Therefore, B cells in SLE microenvironment exhibit a robust IRE1α-XBP-1 activation, which lead to more lipid accumulation in lupus B cells *vs* these from healthy controls through inducing *Scd1* and *Scd2* gene transcription. To support this notion, a strong positive correlation between IRE1α-XBP-1 activation with lipid accumulation levels was observed in B cells from lupus patients (Fig. 1D). In contrast, despite the expression of the ER stress responsive gene *Chop* was also increased, its correlation with B cell lipid levels is rather modest (Fig. 1E & F).

## B cell-intrinsic IRE1 $\alpha$ function is required for SLE progression and rapid mortality in mice.

To determine the possible pathogenic role of increased B-cell IRE1 $\alpha$  activation in lupus disease, we backcrossed the *Ire1 $\alpha$ <sup>fl/fl</sup>/CD19-Cre* mice, initially at the C57/B6 genetic background, with MRL.Fas<sup>lpr</sup> mice, who develop spontaneous lupus that resembles human disease [29, 30], for at least 10 generations and generated the *Ire1 $\alpha$ <sup>fl/fl</sup>/CD19-Cre/MRL.Fas<sup>lpr</sup>* (*Ire1* MRL.Fas<sup>lpr</sup>) mice. The Cre recombinase expression under CD19 promoter, while was insufficient to delete the floxed *Ire1 $\alpha$*  gene in naïve B cells, resulted in a sufficient *Ire1 $\alpha$*  deletion upon 48-hour LPS stimulation (Fig. s2A & B). Similarly, while the *Xbp-1s* levels were indistinguishable in naïve B cells from WT and *Ire1* MRL.Fas<sup>lpr</sup> mice, its expression in activated B cells was largely diminished by IRE1 $\alpha$  deletion (Fig. s2B). Further analysis revealed that neither the B-cell development nor its maturation were altered in *Ire1* MRL.Fas<sup>lpr</sup> mice (Fig. s2C), which is likely due to the insufficient *Ire1 $\alpha$*  gene deletion during B cell development and maturation.

Importantly, the survival of lupus mice was dramatically improved by the B-cell IRE1 $\alpha$  suppression when compared with their littermate controls (Fig. 2A). More than 50% of MRL.Fas<sup>lpr</sup> mice with B-cell-specific *Ire1 $\alpha$*  deletion survived for six months or more. In contrast, only 12.5% of IRE1 $\alpha$ -sufficient MRL.Fas<sup>lpr</sup> mice were able to survive to the same age (Fig. 2A). The impaired kidney functions have been known as one of the important pathogenic factors responsible for lupus lethality [31]. Indeed, the proteinuria, a measure of kidney function, was markedly reduced in *Ire1* MRL.Fas<sup>lpr</sup> mice compared with their littermate controls (Fig. 2B). Further histopathological analysis detected that the decrease in proteinuria was associated with significantly less glomerulonephritis (GN) by IRE1 $\alpha$  deletion, whereas interstitial nephritis was unaltered (Fig. 2C–E). A histological examination also demonstrated that a substantial reduction in lung and liver inflammation in mice with B-cell IRE1 $\alpha$  deletion (Fig. 2F–H). However, dermatitis severity in *Ire1* MRL.Fas<sup>lpr</sup> and control mice was indistinguishable, demonstrating B-cell *Ire1 $\alpha$*  ablation didn't protect MRL.Fas<sup>lpr</sup> mice from dermatitis (Fig. 2I). These data demonstrated that B-cell IRE1 $\alpha$  expression is responsible for multi-organ pathology and rapid mortality in MRL.Fas<sup>lpr</sup> mice.

The presence of high titers of auto-Abs is necessary for the development of kidney failure during lupus-like autoimmunity [32]. Therefore, we evaluated whether *Ire1 $\alpha$* -deficiency in B cells affected the production of auto-Abs. As reported, the autoreactive antibody levels were gradually increased with age in the sera from MRL.Fas<sup>lpr</sup> mice [33]. Importantly, B-cell specific IRE1 $\alpha$  suppression largely diminished the production of both anti-dsDNA and anti-nuclear antibodies (Fig. 2J & K). Further analysis validated a similar reduction in autoreactive IgG, IgG1, IgG2a, and IgA levels in sera from *Ire1* MRL.Fas<sup>lpr</sup> mice in particularly in later stages of the disease (Fig. s3). As a consequence, the autoreactive immune-complex deposition in kidney of MRL.Fas<sup>lpr</sup> mice was largely abolished by B-cell IRE1 $\alpha$  suppression (Fig. 2L & M). Collectively, our data indicate that B-cell IRE1 $\alpha$  activation drives lupus pathogenicity and IRE1 $\alpha$  suppression is a potential therapy to treat lupus disease.

Since plasma cells are the primary sources of autoantibodies, we analyzed the differentiation of B cells in IRE1 $\alpha$ -sufficient and -deficient MRL.Fas<sup>lpr</sup> mice. As expected, both the percentages and absolute numbers of B220<sup>int</sup>CD138<sup>+</sup> plasma cells in spleen and in lymph

node, were markedly decreased in an age-dependent manner in MRL.Fas<sup>lpr</sup> mice by B-cell *Ire1a* ablation (Fig. s4A & B), indicating that B-cell specific IRE1 $\alpha$  suppression protect MRL.Fas<sup>lpr</sup> mice from lupus pathogenesis via suppressing plasma cell differentiation. To support this, we further demonstrated that *Ire1a* gene deletion largely abolished B-cell differentiation to plasma cells *in vitro* (Fig. s4C & D). In addition, lack of *Ire1a* expression in B cells displayed a time-dependent reduction in both viability and proliferation (Fig. 3C–F). Collectively, these data demonstrate a pivotal role for IRE1 $\alpha$  expression in promoting B-cell immunity including survival, growth and plasma cell differentiation.

### Supplementation of the monounsaturated fatty acids largely rescues plasma cell differentiation from IRE1 $\alpha$ -null B cells.

Since the increased activation of IRE1 $\alpha$ -XBP-1 pathway positively correlates to both the expression in monounsaturated fatty acids synthetic genes, *Scd1* and *Scd2*, as well as lipid accumulation in B cells from lupus patients (Fig. 1), we then hypothesized that IRE1 $\alpha$  may promote plasma cell differentiation through facilitating B-cell lipid homeostasis. Indeed, we detected a significant reduction in the expression of lipid metabolic enzymes, including *Scd1* and *Scd2* through an unbiased genome-wide transcriptome analysis (Fig. 3A & C). Pathways analysis also confirmed the reduction in the expression of genes in multiple lipid metabolic pathways including fatty acids metabolism by IRE1 $\alpha$  deletion in plasma cells (Fig. 3B). In contrast, the top upregulated genes in plasma cells by *Ire1a* deletion are involved in cell cycle progression and survival (Fig. 3B), further validating our discovery that IRE1 $\alpha$  suppression attenuated the growth and promoted the death of plasma cells (Fig. s4D–F). Real-time RT-PCR analysis confirmed the expression of both *Scd1* and *Scd2* is largely inhibited in plasma cells by *Ire1a* suppression (Fig. 3D). A similar reduction in *Scd1* and *Scd2* gene expression was also detected in the activated IRE1 $\alpha$ -null B cells (Fig. s5). As a consequence, the lipid volumes in B cells were dramatically decreased by *Ire1a* gene deletion (Fig. 3E). These results suggest that the reduction in the expression of lipid metabolic genes is possibly involved in the defect in plasma cell differentiation by IRE1 $\alpha$ -null B cells.

If IRE1 $\alpha$ -XBP-1 activation promotes B-cell differentiation through SCD1 and SCD2, we posed whether the SCD1 and SCD2 products, monounsaturated fatty acids, could facilitate plasma cell differentiation. Surprisingly, co-cultivation of B cells with oleic acid (OA) significantly enhanced B-cell differentiation into plasma cells *in vitro* (Fig. 3F & G). In contrast, addition of the saturated fatty acids, palmitic acid (PA) showed little effects (Fig. 3F & G). We then speculated whether OA administration rescues IRE1 $\alpha$ -null B-cell differentiation into plasma cells. As expected, *Ire1a* gene suppression dramatically impaired B-cell differentiation into plasma cells upon *in vitro* stimulation (Fig. 3H & I). Notably, supplementation of OA largely rescued plasma cell differentiation from IRE1 $\alpha$ -null B cells, clearly indicating that the impaired SCD1/2-mediated OA synthesis is responsible for the defect of IRE1 $\alpha$ -null B-cell differentiation into plasma cells (Fig. 3H & I). These results reveal an IRE1 $\alpha$ -XBP-1-SCD1/2 pathway essential for optimal plasma cell differentiation.

### Activation of IRE1 $\alpha$ -XBP-1 pathway promotes SCD1/2-mediated lipid accumulation during B-cell activation and plasma cell differentiation.

Our discovery that OA supplementation largely rescues IRE1 $\alpha$ -null B-cell differentiation into plasma cells suggests that IRE1 $\alpha$  controls plasma cell differentiation through promoting SCD1/2-mediated lipid synthesis. Indeed, analysis of the lipid levels in primary naïve and activated B cells and plasma cells revealed a gradual increase in lipid bodipy staining (Fig. 4A & B). This increase in lipid levels during B-cell activation and differentiation was further validated upon *in vitro* stimulation with either LPS (Fig. 4C & D) or anti-CD40 (Fig. 4E & F). Consistent with the increase in lipid levels, both *Scd1* and *Scd2* expressions were upregulated in activated B cells and plasma cells (Fig. 4G & H). Similarly, both the expression and activation of IRE1 $\alpha$  were dramatically elevated during B-cell activation and differentiation (Fig. 4I & J). Together with the fact that *Ire1a* genetic deletion resulted in the reduced *Scd1* and *Scd2* expression in B cells, these results indicated that IRE1 $\alpha$ -induced SCD1/2 expression is critical for B-cell activation and plasma cell differentiation. To support this, we further demonstrated that IRE1 $\alpha$  suppression dramatically reduced the lipid levels in naïve, activated B cells and plasma cells (Fig. 4K–N). Importantly, *Ire1a* genetic suppression dramatically reduced the lipid Bodipy signal in activated B cells and plasma cells without affecting cell size as analyzed by their side and forward scatters (Fig. 4O). Collectively, our results suggesting that IRE1 $\alpha$  regulates B-cell differentiation through SCD1/2-mediated lipid synthesis.

### Genetic and pharmacological SCD1 suppression impairs B-cell differentiation into plasma cells.

We first validated the critical functions of SCD1 in B-cell differentiation with a commercially available specific SCD inhibitor (SCDi) and tested its effects on plasma cell differentiation. As expected, SCDi treatment achieved a similar efficacy as that of *Ire1a* deletion by largely diminishing plasma cells differentiation *in vitro* (Fig. 5A–C). Similar to that of IRE1 $\alpha$ -null B cells, addition of oleic acid largely rescued plasma cell differentiation from SCDi treatment (Fig. 5D–F). Therefore, SCD1-mediated synthesis of oleic acid is essential for the optimal B-cell differentiation into plasma cells.

To provide a proof-of-concept evidence to support our conclusion that SCD1 is required for plasma cell differentiation, we determined the impact of targeted *Scd1* gene deletion on B-cell differentiation. Genetic deletion of *Scd1* did not alter the frequency of B220<sup>+</sup> B cells in the spleen of *Scd1*<sup>-/-</sup> mice. In contrast, both the absolute number and percentage of B220<sup>int</sup>CD138<sup>+</sup> plasma cells in spleen were remarkably reduced in *Scd1*<sup>-/-</sup> mice when compared with their littermate controls (Fig. 5G & H), indicating that SCD1 functions are essential for maintaining the plasma cell pool in the steady state in mice. In addition, *Scd1* gene deletion dramatically inhibited *in vitro* B-cell differentiation into plasma cells. More importantly, addition of OA could largely rescue the plasma cell differentiation from *Scd1*<sup>-/-</sup> B cells (Fig. 5I & J). These results clearly defined a critical role of SCD1-mediated monounsaturated fatty acids synthesis in B-cell differentiation into plasma cells.

## IRE1 $\alpha$ specific inhibitor as a potential therapeutic drug to treat lupus.

We then evaluated the preclinical efficacy of IRE1 $\alpha$ -specific inhibitor BI09, which prevents its ability to splice *Xbp-1* mRNA into the activated *Xbp-1* transcription factor [34], in protecting MRL.Fas<sup>lpr</sup> mice from lupus pathogenesis. We initiated the BI09 treatment of MRL.Fas<sup>lpr</sup> mice from the age of 10 weeks, a time point after the disease onset in terms autoimmune antibody production. Unsurprisingly, a transient BI09 treatment of MRL.Fas<sup>lpr</sup> mice largely protected them from lupus nephropathy because the levels of proteinuria were dramatically reduced comparing to those in untreated controls (Fig. 6A). Further immunohistological staining detected a trend of reduction in the autoreactive antibody deposition in the kidney of the BI09-treated MRL.Fas<sup>lpr</sup> mice with a *p* value of 0.054 (Fig. 6B & C), which is possibly due to the BI09 treatment, unlike the targeted genetic deletion as shown in Fig. 2, could only archive a partial suppression of IRE1 $\alpha$  activity. Consistently, neither the reduction in kidney glomerulonephritis nor in interstitial nephritis reached to a statistically significant level (Fig. 6D–F). However, similar to B-cell specific IRE1 $\alpha$  suppression, BI09 treatment significantly reduced the lymphocyte infiltration in the lung and liver without affect skin inflammation (Fig. 6D–H). These results indicate that IRE1 $\alpha$  specific inhibitor BI09 protects MRL.Fas<sup>lpr</sup> mice from autoreactive antibody-mediated lupus pathogenesis. To support this, the autoreactive antibody levels in the sera of BI09 treated mice were dramatically reduced (Fig. 6I & J). Flow cytometry analysis confirmed that BI09 treatment inhibited plasma cell differentiation in MRL.Fas<sup>lpr</sup> mice (Fig. 6K–M). Consistent with our observation in *Ire1a* -null B cells, pharmacological IRE1 $\alpha$  inhibition resulted in a dramatic reduction in B-cell lipid volumes (Fig. 6N & Fig. s6A). However, the autoimmune Ab levels were rebounded back 4-week after the termination of BI09 treatment (Fig. s6A), implying that the pharmacological IRE1 $\alpha$  suppression, unlike that by genetic deletion, is transient in lupus treatment.

We then validated the suppressive effects of BI09 on B-cell differentiation *in vitro* and observed that BI09 dose-dependently inhibited CD138<sup>+</sup> plasma cell differentiation (Fig. s6B–D). This reduction in plasma cell differentiation by BI09 is likely due to a direct inhibition of IRE1 $\alpha$  activation, because *Xbp-1* mRNA splicing was largely inhibited by BI09 treatment (Fig. s6E). As a consequence, *Scd1* and *Scd2* mRNA in B cells was significantly inhibited (Fig. s6F & G). Collectively, our data indicate that both genetic and pharmacological IRE1 $\alpha$  suppression block B-cell differentiation into plasma cells and consequently protected mice from B cell autoimmune pathogenesis.

## DISCUSSION

The current studies have defined a previously unappreciated molecular mechanism underlying how the IRE1 $\alpha$ -XBP-1 pathway controls B cell differentiation and provide a rationale for IRE1 $\alpha$  suppression in lupus therapy. First, IRE1 $\alpha$  suppression blocks B-cell differentiation into plasma cells which can be rescued by supplementation of the monounsaturated fatty acids; Second, IRE1 $\alpha$  activation positively regulates the transcription of monounsaturated fatty acid synthetic genes *Scd1* and *Scd2*; Third, genetic and pharmacological suppression of SCD1 inhibits plasma cell differentiation. In addition, IRE1 $\alpha$  suppression largely protects mice from lupus pathogenesis. Together with our



discoveries that IRE1 $\alpha$ -XBP-1 activation is elevated and positively correlated with both increased *Scd1* and *Scd2* expression and the lipid accumulation in B cells from lupus patients, our studies indicate that IRE1 $\alpha$  is a potential therapeutic target to treat lupus and other B cell-mediated autoimmune diseases.

It has been well established that the transcription factor *Xbp-1* is essential for B-cell differentiation into antibody producing plasma cells [20, 35]. As the only enzyme required for *Xbp-1* mRNA splicing in B cells, it is not surprising that B cell-specific IRE1 $\alpha$  suppressing largely diminished plasma cell differentiation and antibody secretion. XBP-1 promotes antibody production partially through induction of the production of IL-6, a cytokine that is critical for B-cell growth and plasma cell survival [36–38]. In addition, it is speculated that, in the absence of *Xbp-1*, cellular unfolded protein response is impaired and the inefficient processing and exportation of immunoglobulin results in an accumulation of unfolded protein and consequently cell death [39]. Surprisingly, we discovered that supplementation of monounsaturated fatty acids largely rescued plasma cell differentiation from B cells lacking IRE1 $\alpha$ , indicating that lack of the monounsaturated fatty acid is, at least partially, responsible for the frailer of IRE1 $\alpha$ -null B-cell differentiation into plasma cells. Indeed, as recently reported [28], we further confirmed that IRE1 $\alpha$  is required for the optimal expression of two monounsaturated fatty acid synthetic enzymes, SCD1 and SCD2. As a proof of concept, genetic *Scd1* suppression impaired B-cell differentiation into plasma cells. Therefore, the IRE1 $\alpha$ -XBP-1 pathway appears to regulate B-cell differentiation to plasma cells through multiple mechanisms. Moreover, we have shown that Hrd1, an ER resident E3 ligase critical for degradation of misfolded proteins through the ubiquitin pathway and degradation, also catalyzes IRE1 $\alpha$  degradation and functions as a negatively regulates IRE1 $\alpha$  function to suppresses the ER stress induced cell apoptosis, which is involved in arthritis pathogenesis and intestinal homeostasis [40]. Interestingly, as an ER stress responsive gene, HRD1 has been shown as a direct target of *Xbp-1* transcription factor, suggesting a feedback loop between IRE1 $\alpha$ -XBP-1 pathway and HRD1-mediated ubiquitination. In addition to IRE1 $\alpha$ , we have discovered HRD1 protects B cells from the activation-induced apoptosis by targeting the death receptor Fas [41]. It will be interesting to further elucidate whether, if yes how HRD1-mediated IRE1 $\alpha$  degradation affect B-cell immunity.

Results from this study has defined a pathogenic role IRE1 $\alpha$ -XBP-1 pathway in autoantibody producing plasma cell differentiation through SCD1, possibly as well as other SCD family members such as SCD2, mediated monounsaturated fatty acids synthesis and provided a rationale for manipulation of this pathway in lupus treatment. However, pharmacological IRE1 $\alpha$  suppression could only achieve a transient efficacy because the autoreactive Ab levels were restored three weeks after BI09 treatment termination. In addition, we observed that, while BI09 treatment inhibited the production of autoimmune Abs and partially protected mice from proteinuria, neither the reduction in kidney glomerulonephritis nor in interstitial nephritis reached to a statistically significant level in the treated mice. Unlike B cell-specific targeted gene deletion, pharmacological IRE1 $\alpha$  suppression with BI09 presumably inhibits all types of cells that express IRE1 $\alpha$ . Indeed, suppression of T-cell IRE1 $\alpha$  resulted in elevated Th2 immune response [42]. Obiedat et al reported that deletion of IRE1 $\alpha$  or XBP1 was sufficient to promote the expression of

NKG2D ligand, leading to the elevated killing of IRE1/XBP1 knockout target cells by NK cells [43]. Therefore, pharmacological IRE1 $\alpha$  suppression is more complicated than B cell specific IRE1 $\alpha$  gene deletion.

One of the most successful drugs developed by depleting B cells is the chimeric anti-human CD20 monoclonal Ab, Rituximab, which has been successfully used to treat lupus and other Ab-mediated autoimmune diseases such as RA [44, 45]. However, a recent review shows that, out of 71 patients, six deaths occurred in association with the Rituximab treatment. The paraneoplastic pemphigus, a disease characteristically resistant to conventional medication and with a high mortality rate, appears to be the number one cause of the death, as 4 out of the six deaths are with this disease. Infectious disease, both viral and bacterial infections, is often associated with Rituximab usage[45]. After binding of Rituximab to CD20<sup>+</sup> cells, cells undergo apoptosis via direct effect, complement and antibody dependent cytotoxicity, and inhibition of cell proliferation [44]. Recovery of B cells begins 6–9 months after Rituximab treatment, with levels returning to normal one year later [46]. In contrast, our observations here suggest that IRE1 $\alpha$  could be a better target for Ab-mediated disease therapy: (i) genetic suppression of IRE1 $\alpha$  abolishes antigen-specific antibody production without reducing B cell numbers in mice. (ii) IRE1 $\alpha$  suppression by its specific inhibitor BI09 suppresses plasma cell differentiation and protected mice from lupus pathogenesis in mice. These are important facts in drug development, because we could expect that, in the case of infection occurs during lupus treatment, termination of IRE1 $\alpha$  inhibitor treatment allows an immediate B-cell function recovery to combat the pathogens. Moreover, a combination of Rituximab with an IRE1 $\alpha$  inhibitor could produce a synergistic effect on lupus treatment. More importantly, while Rituximab suppresses autoantibody production by B-cell depletion, presumably it has no effects on suppressing inflammatory cytokine production by myeloid cells. Results from our previous publications [24] and data in the current studies demonstrate that IRE1 $\alpha$  suppression has a “kill two birds with one stone” efficacy to inhibit autoimmune response of both myeloid and B cells.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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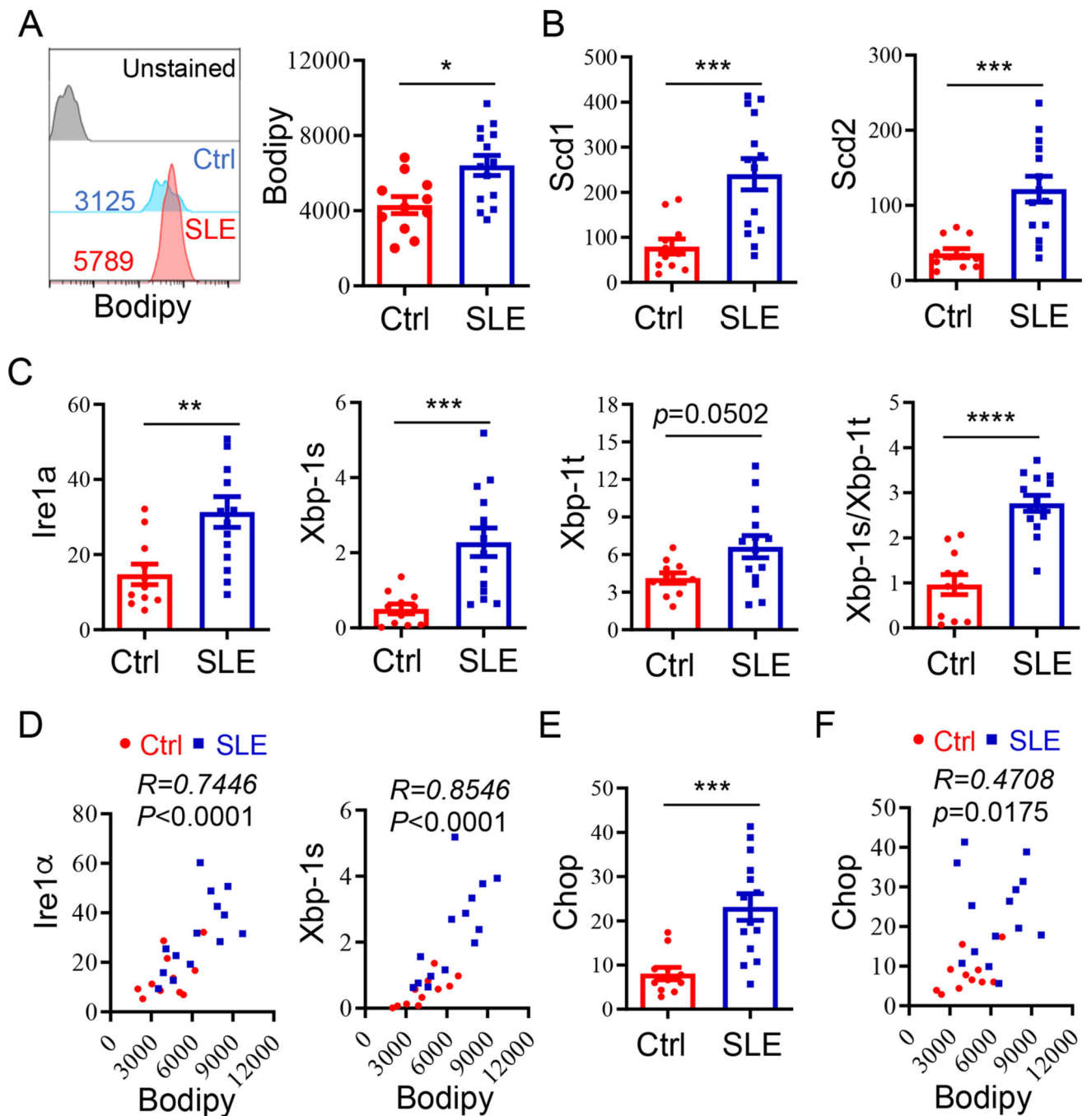
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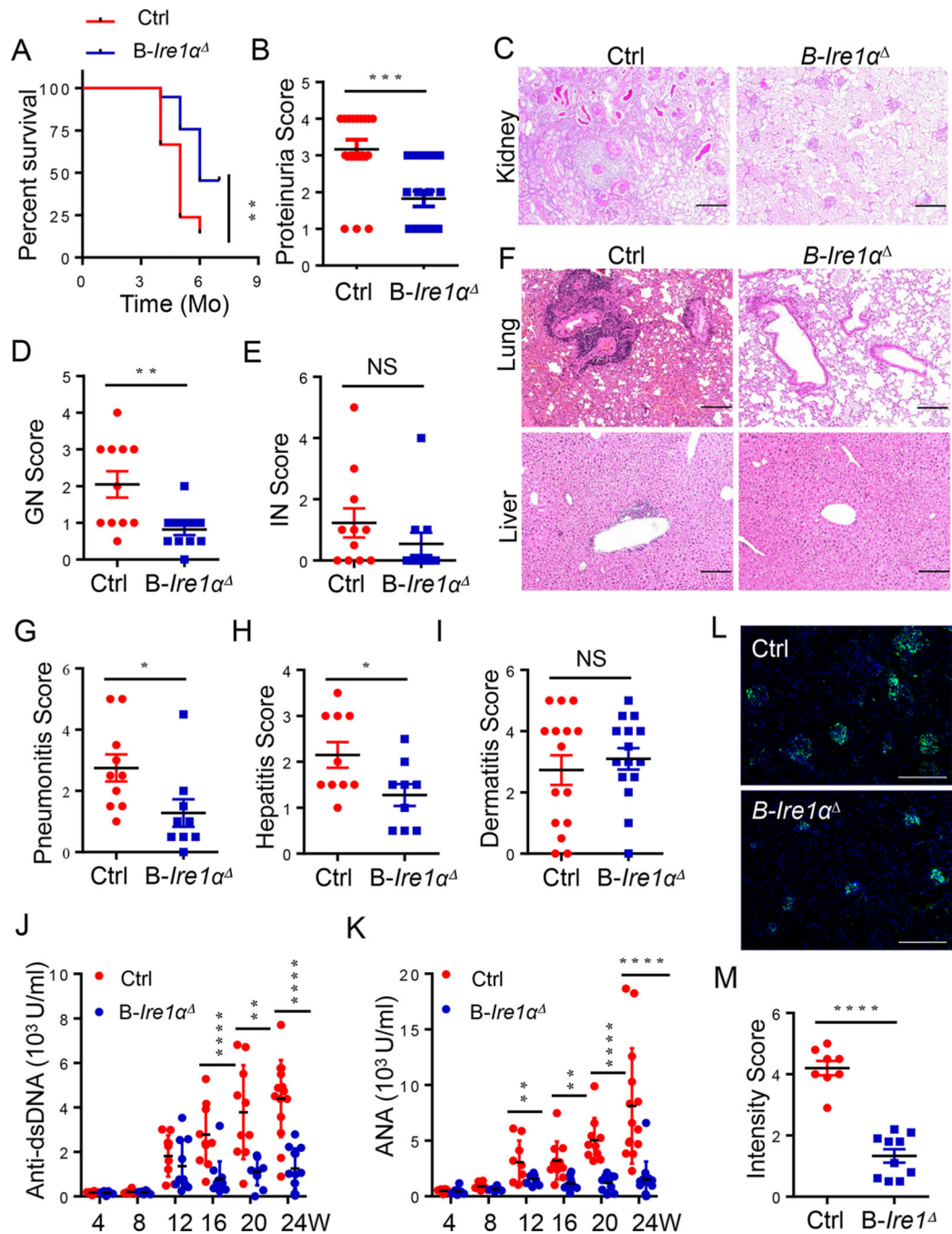
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**Fig. 1. Increased lipid accumulation in B cell from SLE patients.**

CD19<sup>+</sup> B cells were isolated from PBMCs from patients with active SLE (SLEDAI  $\geq 6$ ; n=14) and healthy controls (n=11), respectively. (A) Intracellular lipid content in CD19<sup>+</sup> B cell populations. (Left) Representative flow cytometric profile of lipid staining for B cells from patients with active SLE and healthy controls. (Right) Lipid quantification expressed as mean fluorescence intensity (MFI) of Bodipy 493/503 staining. (B) RT-qPCR analysis of expression levels of *Scd1* and *Scd2* in CD19<sup>+</sup> B cells from PBMCs. (C) Expression of the indicated transcripts in B cell was determined by RT-qPCR. (D) Data

plots show the correlation of intracellular lipid content with relative mRNA level of *Ire1a* and *Xbp-1s*. (E) RT-qPCR analysis of expression level of *Chop* in B cells from PBMCs. (F) Correlation between intracellular lipid content and *Chop* mRNA expression. Data are shown as mean±SD. Student's *t* test (two-tailed) was used for statistical analysis (A-C & E), and the correlation coefficient R and P values were calculated by the Spearman rank correlation test (D & F). \* $p<0.05$ , \*\* $p<0.01$ , \*\*\* $p<0.001$ , and \*\*\*\* $p<0.0001$ .



**Fig. 2. B cell-intrinsic IRE1 $\alpha$  expression is responsible for SLE progression and rapid mortality in murine lupus.**

(A) Survival of *Cd19-Ire1a* mice and their littermate control mice (n=10). (B) Proteinuria scores of 16-week-old mice. (C-E) Representative low magnification images of PAS-stained kidneys sections (C), and scores of glomerular nephritis (D) and interstitial nephritis (E) were shown (n=11). (F) Representative images of H&E-stained lung (top) and liver sections (bottom) illustrating perivascular infiltrates in target organs from 20-week-old mice. (G-I) Pneumonitis scores (G), Hepatitis scores (H), and Dermatitis scores (I) of control and

*Cd19-Ire1a* mice. **(J & K)** ELISA analysis of anti-dsDNA (J) and ANA (K) in serum from *Cd19-Ire1a* mice and their litter controls. **(L & M)** Representative immunofluorescence histology staining of kidney glomeruli (L) and data analysis (M) of anti-IgG (Green) were shown (Red, n=8; blue, n=10). Significance determined by Gehan-Berslow-wilcoxon test (A) and an unpaired Student's *t*-test (B, D, E, G-K, & M). \* $p<0.05$ , \*\* $p<0.01$ , \*\*\* $p<0.001$ , and \*\*\*\* $p<0.0001$ . Scale bars, 200  $\mu\text{m}$  (C, F & L).

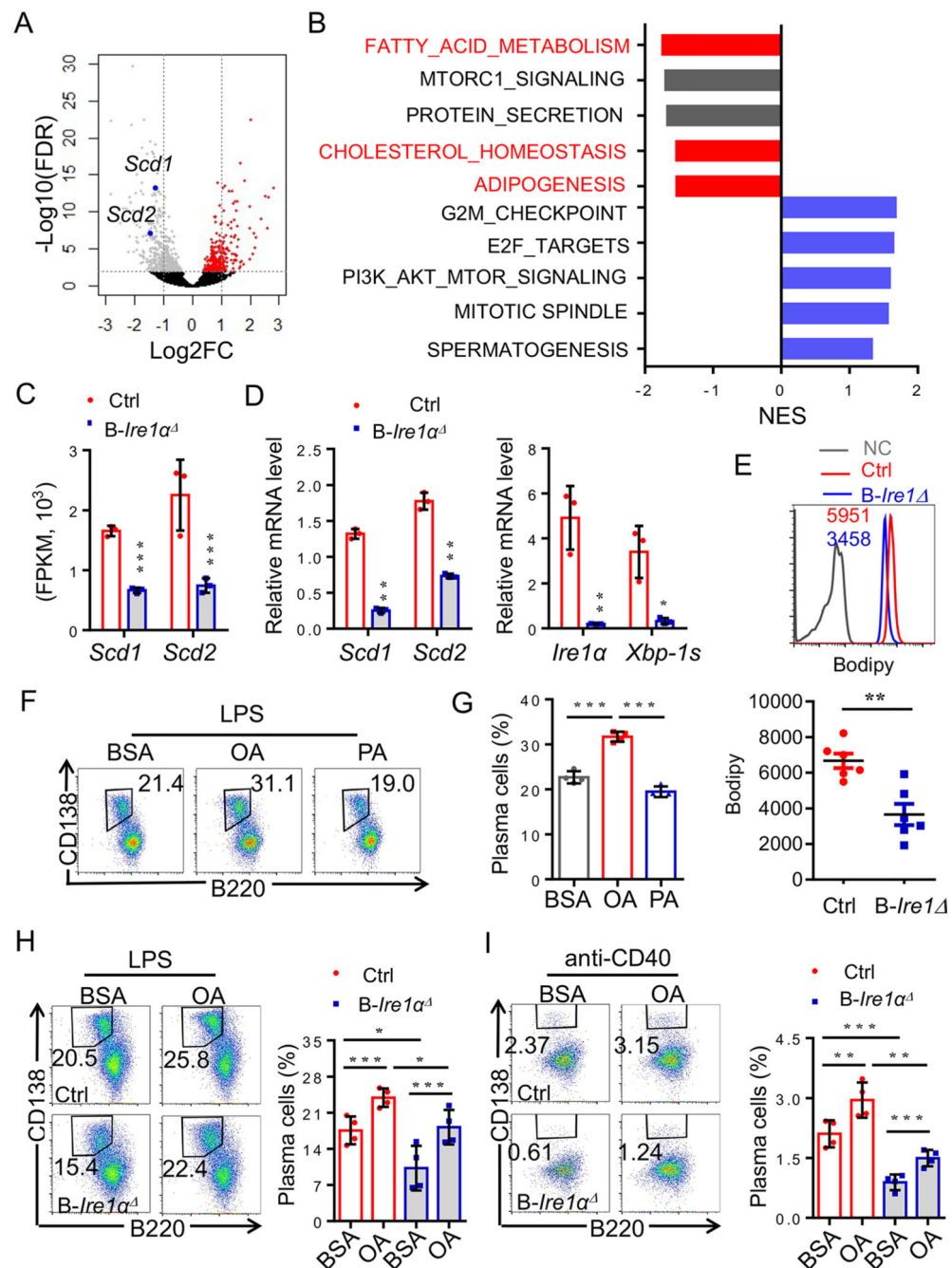
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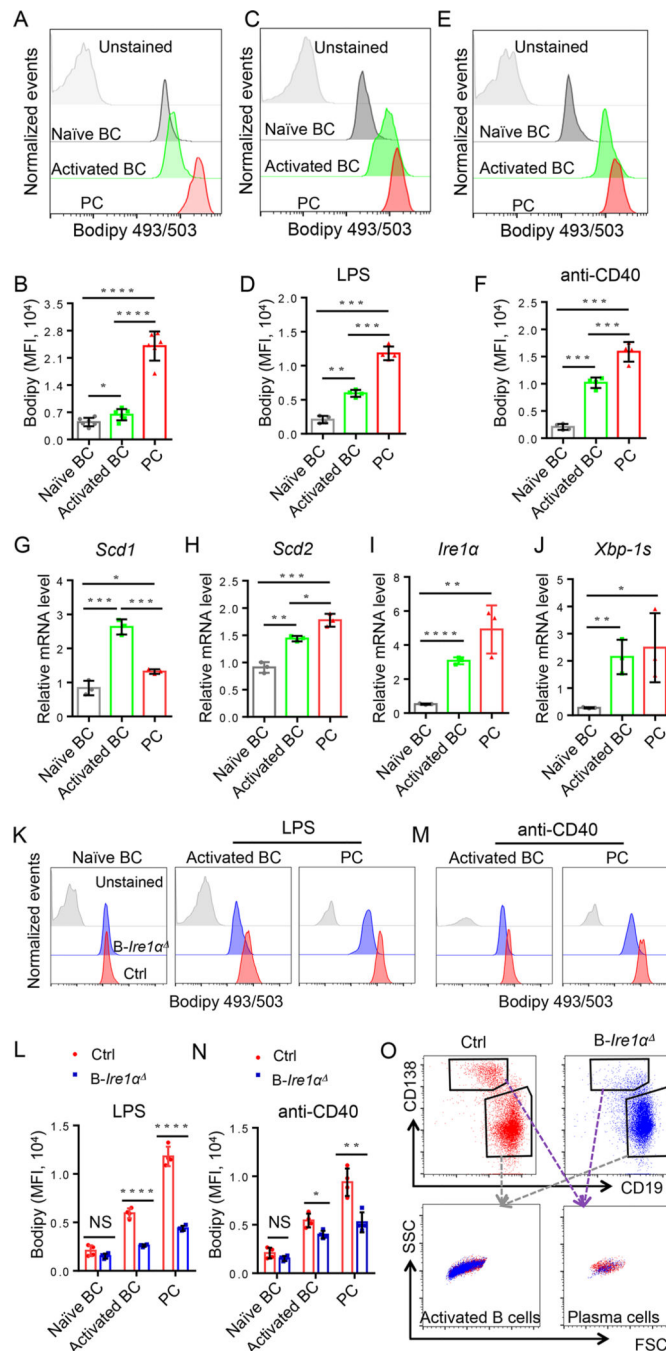




**Fig. 3. Effects of the monounsaturated fatty acids on plasma cells differentiation from IRE1 $\alpha$ -null B cells.**

(A-C) Sorted B220<sup>int</sup>CD138<sup>hi</sup> plasma cells were analyzed by RNA sequencing (Red, n=3; blue, n=3). (A) Volcano plot comparing the *P* value of sorted B220<sup>int</sup>CD138<sup>hi</sup> plasma cells from *Cd19-Ire1a* mice and their litter controls. Genes upregulated (red) and downregulated (blue). *Scd1* and *Scd2* were labeled in blue. (B) GSEA was performed, and significant downregulated and upregulated pathways were shown. (C) mRNA expression levels of *Scd1* and *Scd2* in plasma cells from the indicated mice. (D) RT-qPCR analysis of expression

levels of *Scd1*, *Scd2*, *Ire1a* and *Xbp-1s* in *Ire1a*-deficient- and sufficient- plasma cells (n=3). **(E)** Lipid bodipy analysis of *Ire1a*-null B cells (n=6). **(F-G)** Representative flow cytometric profiles (F) and data plots (G) show frequencies of B220<sup>int</sup>CD138<sup>hi</sup> plasma cells under treatment with LPS plus BSA, or OA, or PA (n=4). **(H-I)** Representative FACS profiles and data analysis show OA largely rescued plasma cell differentiation from IRE1α – null B cell upon *in vitro* stimulation with either LPS (H) or anti-CD40 (I) (n=4). Statistical differences were tested using an unpaired unpaired Student's *t*-test (two-tailed). \**p*<0.05, \*\**p*<0.01, \*\*\**p*<0.001.



**Fig. 4. IRE1 $\alpha$  activation promotes SCD1/2-mediated lipid accumulation during B cell activation and plasma cell differentiation.**

(A-B) *In vivo* intracellular lipid content in B cell populations of splenocytes from *Ire1a<sup>fl/fl</sup>* MRL.Fas<sup>lpr</sup> mice (n=6). (A) Representative FACS analysis of lipid staining for B cells from the indicated populations. (B) Lipid quantification expressed of Bodipy 493/503 staining. (C-F) *In vitro* intracellular lipid content in B cell populations of splenocytes from *Ire1a<sup>fl/fl</sup>* MRL.Fas<sup>lpr</sup> mice. Primary naive B cells were isolated from splenocytes, and stimulated with LPS (1mg/ml) or anti-CD40 (4 $\mu$ g/ml) for 2 and 3 days, respectively (n=4). (G - J) RT-qPCR

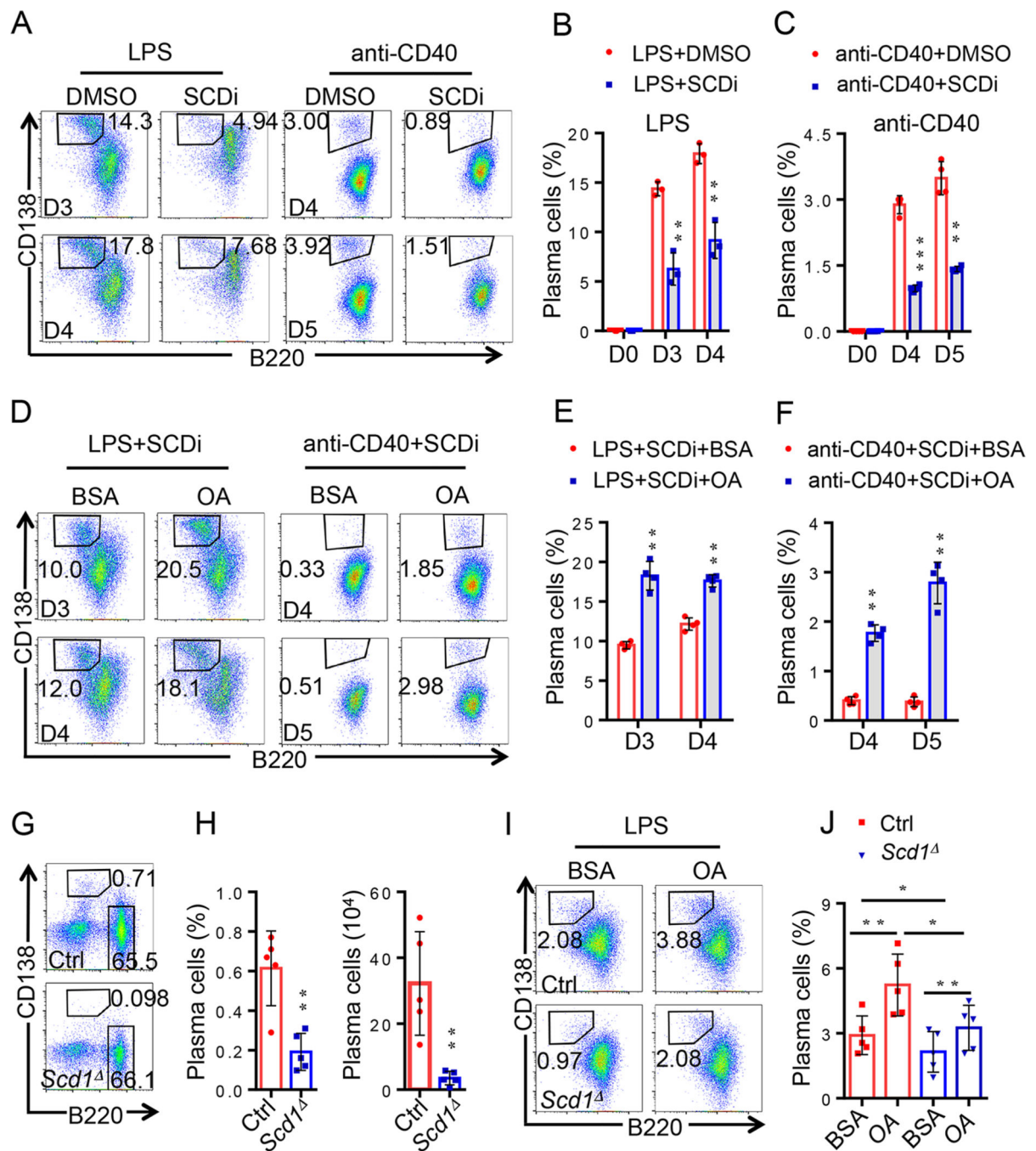
detection of expression levels of *Scd1* (G), *Scd2* (H), *Ire1a* (I), and *Xbp-1s* (J) in naïve B cells, activated B cells, and plasma cells (n=3). **(K - N)** Primary B cells were isolated from 4 to 5-week old of *Cd19- Ire1a* mice and their littermate control mice and stimulated with LPS (K & L) or anti-CD40 (M & N) *in vitro* for 4 days (n=4). Representative FACS analysis (K & M) and data plots (L & N) of lipid staining for B cells from indicated sources. **(O)** Representative FACS analysis of cell size of activated B cell and plasma cells from *Cd19- Ire1a* mice and their littermate controls. Significance determined by an unpaired Student's *t*-test (two-tailed). \* $p<0.05$ , \*\* $p<0.01$ , \*\*\* $p<0.001$ , and \*\*\*\* $p<0.0001$ .

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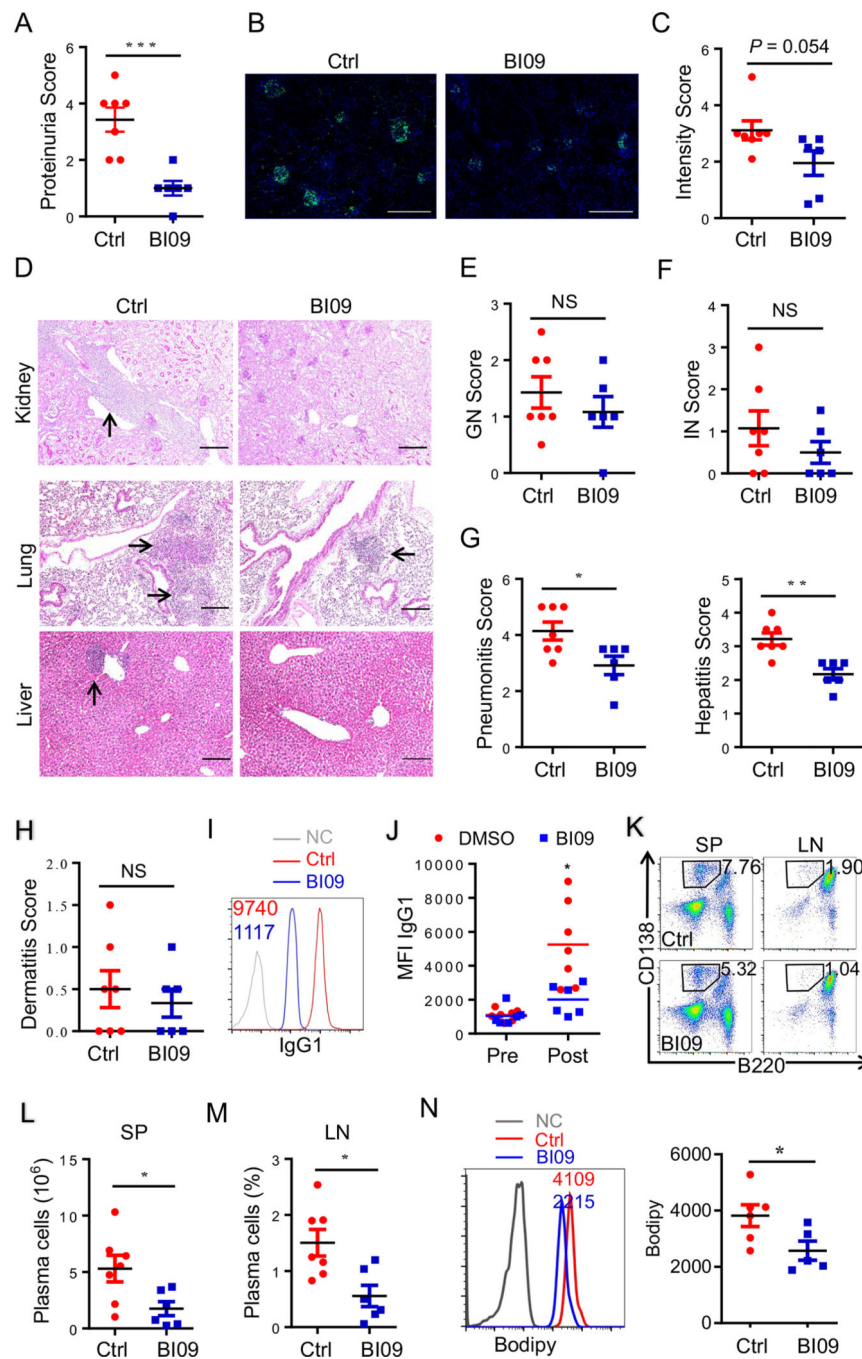
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**Fig. 5. Genetic and pharmacological SCD1 suppression impairs B-cell differentiation into plasma cells.**

(A-C) Representative flow cytometric profiles (A) and data plots (B & C) show frequencies of CD3<sup>+</sup>B220<sup>int</sup>CD138<sup>hi</sup> PCs under treatment with SCDi (n=3 or 4). Primary CD43<sup>+</sup> B cells were isolated from splenocytes, treated with SCDi (0.5 $\mu$ M) plus LPS (1mg/ml) for day 3 and day 4 (A & B) or with SCDi (0.5 $\mu$ M) plus anti-CD40 (4 $\mu$ g/ml) for day 4 and day 5 (A & C), respectively. (D-F) Representative flow cytometric profiles (D) and data plots (E & F) show OA partly rescued plasma cell differentiation from SCDi treatment upon *in vitro*

stimulation with either LPS (D & E) or anti-CD40 (D & F) (n=4). **(G & H)** Representative flow cytometric profiles (G) and data plots (H) of CD3<sup>-</sup>B220<sup>int</sup>CD138<sup>hi</sup> PCs percentage and absolute number from Scd1-deficient B cells *in vivo* (n=5). **(I & J)** Representative flow cytometric profiles (I) and data plot (J) show OA partly rescued plasma cell differentiation from Scd1-null B cell upon *in vitro* stimulation with LPS (n=5). Significance determined by two-tailed Student's *t*-test. \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ , and \*\*\*\*  $p < 0.0001$ .



**Fig. 6. IRE1 $\alpha$  specific inhibitor BI09 protects mice from lupus pathogenesis.**

(A) Data analysis of Proteinuria Score from lupus mice treated with BI09 and Control (Red, n=7; blue, n=6) for 3 weeks. (B & C) Representative images (B) and quantitative measures (C) of kidney glomeruli immunofluorescent staining of IgG1 from lupus mice treated with BI09 and Control DMSO. (D-G) Representative images of PAS- stained kidneys sections (D, top panels), its GN Score (E) and IN Score (F), as well as H&E-stained lung (middle panels) and liver (bottom panels) sections (D) and data analysis (G) of Pneumonitis Scores and Hepatitis Scores from lupus mice treated with BI09 and Control. (H) Data analysis of

Dermatitis Scores from lupus mice treated with BI09 and Control. **(I & J)** Representative FACS image (I) and data plot (J) of IgG1 staining from serum samples from lupus mice treated with BI09 and control. **(K-M)** Representative flow cytometric profiles (K) and data plots (L & M) show and absolute numbers of CD3<sup>+</sup>B220<sup>int</sup>CD138<sup>hi</sup> PCs in splenocytes (K & L) and frequencies in lymph nodes (K & M) from lupus mice treated with BI09 and Control. **(N)** Lipid bodipy analyses of B cells from BI09 treated and control mice are shown. Significance determined by an unpaired Student's *t*-test (two-tailed). \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ , and \*\*\*\*  $p < 0.0001$ . Scale bar, 200  $\mu\text{m}$ .