

Review

COVID-19-related oral mucosa lesions among confirmed SARS-CoV-2 patients: a systematic review**Gizem S. Erbaş¹, Aysenur Botsali², MD, Nihan Erden³, MD, Canan Ari⁴, MD, Banu Taşkın⁵, MD, Sibel Alper⁵, MD and Secil Vural⁵, MD**

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Introduction

Severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) is a novel virus that was observed initially as a cluster of cases with pneumonia in December 2019 in Wuhan, China.¹ The fatality rate is reported as between 2% and 4% in all age groups, but it increases with advanced age and the presence of comorbid conditions.² Erythema with vesicles or pustules (pseudo-chilblain) in acral areas, varicella-like vesicular eruptions, urticaria, maculopapular eruptions, livedo, and necrosis are among the skin manifestations seen in coronavirus disease 2019 (COVID-19) cases.^{3,4} The pseudo-chilblain was usually associated with milder disease, whereas livedo and necrosis were associated with severe disease.⁵ In children, SARS-CoV-2 infection usually has a benign course; however, Kawasaki-like

Abstract

Severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) is the virus responsible for coronavirus disease 2019 (COVID-19), which manifests as a flu-like respiratory infection affecting multiple organ systems, including the gastrointestinal system, central nervous system, cardiovascular system, skin, and mucosa. In this review, we investigated the literature on specific manifestations of COVID-19 in the oral mucosa. An online literature search in PubMed, Scopus, Google Scholar, and Medline was conducted to retrieve relevant studies on confirmed COVID-19 patients with oral mucosa findings published between December 31, 2019, and April 07, 2021. After an independent review by two authors, 39 articles considering 59 laboratory-confirmed cases of SARS-CoV-2 infection were included in the final analysis. The most common finding, reported in 29 patients (43.9%), was Kawasaki-like syndrome. In addition, oral ulcers including aphthous, hemorrhagic, and necrotic ulcers were reported in 24 patients (36.3%). Other lesions reported included pustules, macules, bullae, maculopapular enanthema, and erythema multiforme-like lesions. Concomitant skin lesions were present in 60.6% of patients. Fever was reported in 86.2% of patients. Forty-eight patients (76.1%) were hospitalized. Loss of taste and smell was present in 30.8% of the patients. A comprehensive understanding of the dermatologic manifestations of COVID-19 can improve and facilitate patient management and referrals.

multisystem inflammatory syndrome may develop, with associated skin findings, in a subset of children.

Enanthema and oral lesions are among the typical manifestations of many viral diseases. When the diagnosis is uncertain, the presence of enanthema in oral mucosa assists in distinguishing the type of viral exanthema. Recently, we observed four confirmed COVID-19 patients with oral mucosa findings: three patients with erythema multiforme and accompanying oral ulcers and cracked lips, and one patient with a swollen red tongue (Figure 1). The erythema multiforme in these cases developed presumably due to a reactive response to COVID-19.

High infectivity and fatality rates restricted oral cavity examinations for COVID-19 patients owing to safety concerns. Still, numerous published case reports and case series show that skin changes in oral mucosa may precede or accompany the



Figure 1 SARS-CoV-2 confirmed cases with oral mucosa findings. (a) A 47-year-old woman with a maculopapular rash on admission developed erosions under the tongue and ulcers in the oral mucosa 3 days after diagnosing COVID-19. (b) A 78-year-old man developed herpetiform ulcers unresponsive to valacyclovir on the tongue 10 days after diagnosis. Herpes simplex type I IgM was negative, and IgG was positive with a low titer, and herpes simplex type II IgM and IgG were negative (c). A 53-year-old woman developed a red, edematous painful tongue 4 days after PCR and chest CT confirmation of COVID-19. (d) A 25-year-old woman with fever and a maculopapular rash developed cracked lips and erosions on the buccal mucosa. Herpes simplex type I and II antibodies were negative, and repeated SARS-CoV-2 PCR was positive on the 7th day of admission

disease. Furthermore, many publications have reported on the effect of altered health status in oral mucosa, including the effects of concurrent infections and related conditions, without focusing on the direct impact of viral infection. The concurrent infections considered included herpes simplex virus, candida, and mucormycosis, and concurrent non-infection conditions considered included drug use (antiplatelet, antibacterial drugs) in addition to other related factors.⁶ In this review, we searched the literature in detail for specific manifestations of COVID-19 in

the oral mucosa to promote a comprehensive understanding of possible patterns and to provide up-to-date information for clinical practice.

Materials and Methods

This review was planned and conducted based on PRISMA guidelines. The inclusion criteria consisted of case reports and case series that reported the co-occurrence of COVID-19 and

oral mucosal lesions. We performed a systematic literature search without language, publication time, or patient age, sex, or ethnicity restrictions in PubMed, Scopus, Google Scholar, and Medline for eligible records until April 07, 2021. We searched the electronic databases for relevant articles with the keywords “oral mucosa,” “oral lesions,” “mucocutaneous,” “gingiva,” “tongue,” “Kawasaki-like,” AND “SARS-CoV-2” or “Covid-19” or “Coronavirus 19.” An additional search across reference lists of included studies was performed. EndNote X9 was used to collect references and remove duplicates.⁷

Patients with molecular confirmation of SARS-CoV-2 with either reverse transcriptase-polymerase chain reaction or serologic confirmation of IgG/IgM antibodies against the virus were included. Oral mucosa lesions associated with the cases with concomitant infections (HSV, *Candida albicans*, or bacterial infections), reports related to mechanical trauma (intubation), reports related to possible drug reactions, studies only reporting taste disorders without mucocutaneous

findings, and reports with inadequate investigations were excluded.

For the selection of studies, a two-phase process was applied. At first, two authors (NE and GE) independently screened the articles based on the titles and abstracts to select those appearing to meet the inclusion criteria. In the second phase, the full text of the articles retrieved in the initial literature research was reviewed by the same two authors independently. The third author (AB) was involved in resolving conflict and making the final decision. All papers selected for inclusion in the systematic review were subjected to critical appraisal using the Joanna Briggs Institute Critical Appraisal Tools for case reports and case series.^{8,9}

The risk of bias in the studies was assessed independently by three authors (GE, NE, and AB) using the appropriate checklist. Information for each included patient regarding gender, age, laboratory testing for SARS-CoV-2, medical history, concomitant symptoms including skin findings, histopathology, onset, treatment, and resolution time were

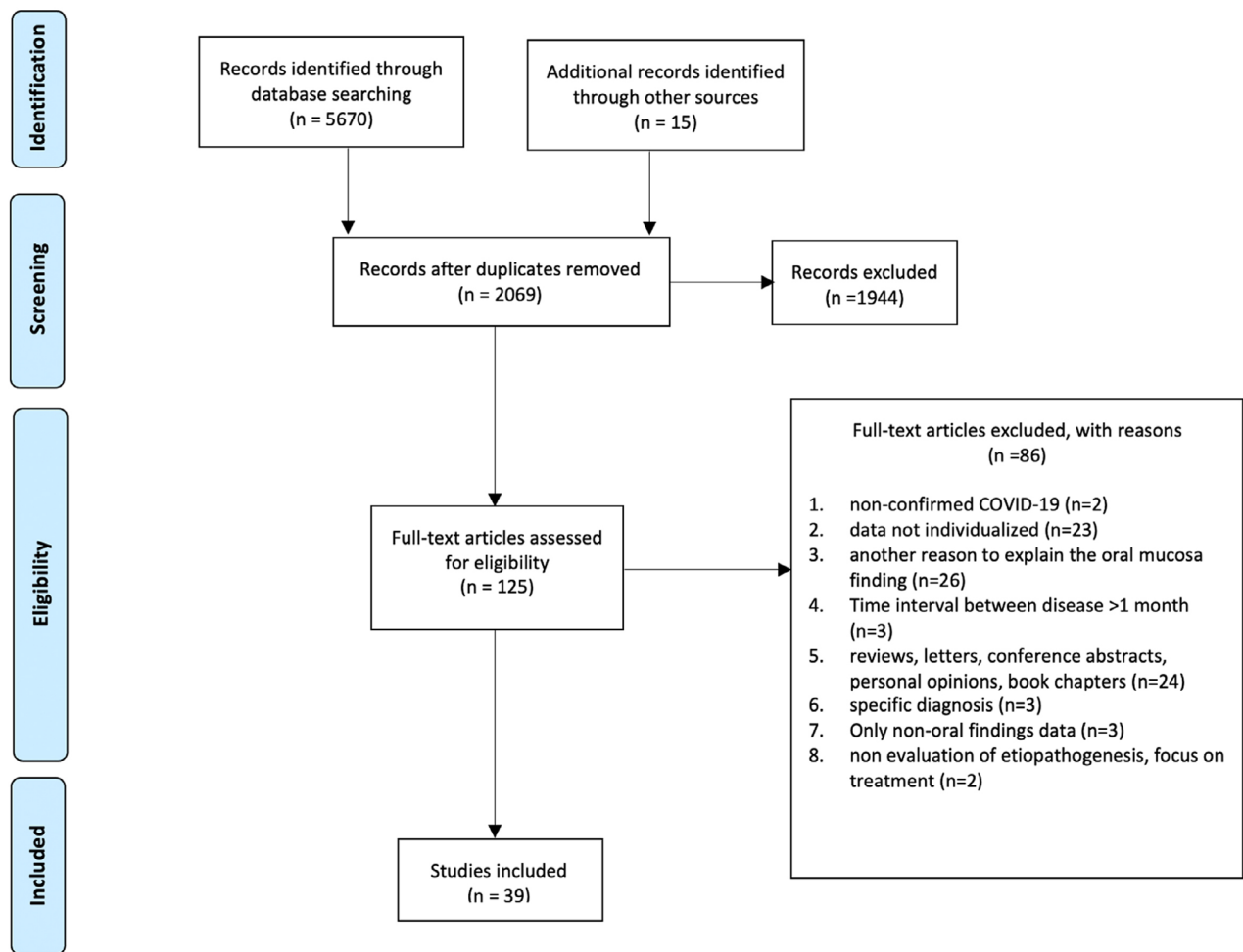


Figure 2 Article selection flow chart according to PRISMA guidelines

collected and summarized. After collecting the initial data, results were recruited into one of three categories: ulcers, Kawasaki-like syndrome-associated mucosal lesions, and miscellaneous lesions. Statistical analysis was performed with SPSS version 26. Group comparisons were evaluated with Kruskal–Wallis, Pearson chi-square test, and Fisher's exact test.

Results

Study selection

The initial search yielded 5685 references (last updated on April 7, 2021). After removing duplicates, 2072 citations remained. Following title and abstract screening, 1944 reports were considered irrelevant since they did not meet our inclusion criteria.

Table 1 Characteristics of included studies

Study	Design	Sample, <i>n</i>	Gender	Age, years	Risk of bias ^a
1 Akca et al. ¹⁰	CS	1, 3/4 cases excluded	M	7	Low
2 Alnashri et al. ¹¹	CR	1	M	16	Low
3 Ansari et al. ¹²	CR	2	F/M:1/1	56;75	Low
4 Bahrami et al. ¹³	CR	1	F	5	Low
5 Balasubramanian et al. ¹⁴	CR	1	M	8	Low
6 Bhaswati et al. ¹⁵	CR	1	M	4 months	Low
7 Blondiaux et al. ¹⁶	CS	2, 2/4 cases excluded due to the absence of oral mucosal findings	F/M:1/1	8;6	Low
8 Brandao et al. ¹⁷	CS	8	F/M:3/5	81;71;83;72;32;35;29;28	Low
9 Chauv-Bodard et al. ¹⁸	CR	1	F	45	Moderate
10 Chérif et al. ¹⁹	CR	1	F	35	Low
11 Chiotos et al. ²⁰	CS	3, 3/6 cases excluded due to the absence of oral mucosal findings	F/M:2/1	12;9;5	Low
12 Chiu et al. ²¹	CR	1	M	10	Low
13 Ciccarese et al. ²²	CR	1	F	19	Low
14 Cruz Tapia et al. ²³	CS	4	F/M:3/1	41;51;55;42	Low
15 Demirbaş et al. ²⁴	CR	1	F	37	Low
16 De Paulis et al. ²⁵	CR	1	F	4	Low
17 Dominguez-Santas et al. ²⁶	CS	4	F/M:1/3	43;33;37;19	Low
18 Gabusi et al. ²⁷	CR	1	M	78	Moderate
19 Haena et al. ²⁸	CR	1	M	11	Low
20 Holcomb et al. ²⁹	CR	1	M	17	Moderate
21 Jones et al. ³⁰	CR	1	F	6 months	Low
22 Cebeci-Kahraman et al. ³¹	CR	1	M	51	Low
23 Lidder et al. ³²	CR	1	M	45	Low
24 Labé et al. ³³	CR	1	M	6	Moderate
25 McGoldrick et al. ³⁴	CR	1, 1/2 case excluded due to the absence of COVID-19 confirmation	M	53	Moderate
26 Ng et al. ³⁵	CS	1, 2/3 cases excluded due to the absence of oral mucosal findings	M	17	Low
27 Peterson et al. ³⁶	CR	1	F	2	Low
28 Rafiei Tabatabaei et al. ³⁷	CR	1	M	11	Low
29 Renganathan et al. ³⁸	CR	1	M	10	Low
30 Rivera-Figueroa et al. ³⁹	CR	1	M	5	Low
31 Rodriguez et al. ⁴⁰	CS	1, 2/3 cases excluded as they were related to candidal infection	F	43	Moderate
32 Shaigany et al. ⁴¹	CR	1	M	45	Low
33 Soares et al. ⁴²	CR	1	M	42	Low
34 Soares et al. ⁴³	CR	1	F	23	Low
35 Sokolovsky et al. ⁴⁴	CR	1	F	36	Low
36 Spencer et al. ⁴⁵	CR	2	F/M:1/1	11; 7	Low
37 Taşkın et al. ⁴⁶	CR	1	F	61	Low
38 Tomo et al. ⁴⁷	CR	1	F	37	Low
39 Waltuch et al. ⁴⁸	CS	2, 1/3 case excluded due to the absence of oral mucosal findings	M:2	5; 13	Low

CR, case report, CS, case series, F, female, M, male, *n*, number of cases.

^aRisk of bias of each case is assessed by the Joanna Briggs Institute critical appraisal tools for case reports and prevalence studies.

Consequently, 128 articles underwent a complete review. The full-text review resulted in the exclusion of 89 studies according to the predetermined eligibility criteria, and 39 articles remained for final analysis. A flowchart representing this process is presented in Figure 2.

Summary of findings

The epidemiologic and clinical manifestations of the patients reported in the literature are summarized in Table 1. In the 39 studies reviewed, 59 eligible cases were reported, including 24 female and 35 male patients. Overall, patients were aged between 4 months and 83 years. The median age was 28. Among these 59 patients, 48 were diagnosed by SARS-CoV-2 RT-PCR, two had both SARS-CoV-2 IgM and IgG positivity, and nine had SARS-CoV-2 IgG positivity after the disease. Demographics of patients are summarized in Table 2.

The onset of oral lesions was synchronous with other symptoms and diagnosis in 15 patients (25.4%). Anosmia/dysgeusia accompanied oral mucosa lesions in 20 patients (30.8%). Additional skin lesions were detected in 40 patients (60.6%). Lesions developed after SARS-CoV-2 detection in 38 patients (64.4%). In six (10.1%) patients, oral lesions were present before molecular confirmation and the onset of other symptoms. The cases in the reports consisted of 48 hospitalized patients with severe disease and 11 patients with mild-moderate symptoms. The mean age was lower in patients with accompanying skin lesions (mean: 25 vs. 43; $P = 0.001$). Among hospitalized patients, the mean age was 31.1 ($P = 0.068$).

We categorized the reported oral mucosa findings into three subgroups:

Table 2 Characteristics of COVID-19 patients with oral mucosa findings

Age (Median)	28 (4 months–83 years)
Sex	
Female	40.7% ($n = 24$)
Male	59.3% ($n = 35$)
SARS-CoV-2 detection	
SARS-CoV-2 RT-PCR (+)	81.4% ($n = 48$)
SARS-CoV-2 IgM (+) IgG (+)	3.4% ($n = 2$)
SARS-CoV-2 IgG (+)	15.2% ($n = 9$)
Oral lesion type	
Cheilitis/cracked lips	43.9% ($n = 29$)
Oral ulcer	36.3% ($n = 24$)
Miscellaneous	19.6% ($n = 13$)
Skin lesions	60.6% ($n = 40$)
Dysgeusia	30.8% ($n = 20$)
Fever	86.2% ($n = 56$)
Onset of oral lesions in relation to other symptoms	
Before	10.1% ($n = 6$)
Simultaneously	25.4% ($n = 15$)
After	64.4% ($n = 38$)

- KWL: Kawasaki-like syndrome-associated oral mucosa findings (cracked lips, dry lips, cheilitis with/without erythema of oral mucosa; Table 3).^{11,13–16,19–21,25,28,30,32,35–39,41,44,45,48,49}
- OU: Ulcers in the oral mucosa (aphthous, herpetiform, multiple, single, necrotizing; Table 4).^{17,18,22,24,26,27,29,33,40,42,43,46,49,50}
- M: Miscellaneous group (macular, papular, pustular, bullous, and overlapping cases; Table 5).^{22–24,31,33,34,42,43,47,51} Seven patients in this group had accompanying oral ulcers to other mucosal findings and are also included in Table 4.^{22,24,33,40,42,43,49}

Kawasaki-like multisystem inflammatory disorder associated with oral mucosa symptoms was reported in 29 patients. Male patients constituted 62.1% (18/29) of this group. The reported dermatological manifestations were cracked lips, cheilitis, chapped lips, dry red lips, swollen red lips, strawberry tongue, and hemorrhagic crusts on the tongue. The median age in this group was 9 years (4 months to 45 years). Twenty-eight patients were reported to have fever (96.1%). Skin lesions were present in 92% of the patients ($n = 27$). Seventeen patients had respiratory system involvement (58.6%). Anosmia and dysgeusia were reported in one patient (3.4%). The age of patients in the KWL group was lower than that in both the OU and the M groups ($P = 0.001$).

Oral ulcers were reported in 24 patients. The median age of patients with oral ulcers was 39 years (range: 6–83). In 17 patients (70.8%), multiple lesions were reported. The majority of ulcers (58.3%, 14/24) were defined as aphthous ulcers, in which the lesion is surrounded by an erythematous halo due to dilated blood vessels and the ulcer bed is covered with a yellowish pseudomembrane. Necrotizing or ischemic ulcers were present in 12.5% ($n = 3$) of the patients. Shallow ulcers with irregular borders were observed in five patients (16.6%). All patients with ulcers reported pain. The tongue was the most common location for ulcers (54.1%), followed by the lips, buccal mucosa, and the palate. In the oral ulcer group, accompanying skin lesions were reported in seven patients (29.7%). Respiratory system involvement was present in 91.7% of the patients. Twelve patients reported dysgeusia and/or anosmia (50%).

The miscellaneous lesions are summarized in Table 5. Various lesions in this group included overlapping lesions such as macular enanthema and oral ulcers. Four patients had maculopapular enanthema, and two of them had erythema multiforme, major type. Angina-bullosa-like lesions were reported in two patients ($n = 2$). In two patients, tongue depapillation was described.

There were more hospitalized patients and patients with systemic symptoms and fever in the KWL group versus the OU group ($P = 0.004$, 0.016, 0.049, respectively). Skin lesions were increased in the KWL group ($P = 0.001$). Dysgeusia and ageusia were reported more commonly among patients with oral ulcers ($P = 0.001$).

Histopathology was available for five lesions. The biopsy specimens from reddish skin areas and the ischemic ulcer, as

Table 3 Characteristics of SARS-CoV-2 (+) Kawasaki-like systemic disease patients with oral mucosa findings

Reference	Type of KD	Sex	Age	Systemic manifestations	Skin	Oral lesions	Onset	Hospitalization	Treatment of oral lesions
Akca et al.	IC	M	7	Fever, respiratory symptoms	Yes	Erosive hyperemia of oral mucosa	N/A	+	IVIG, azithromycin, hydroxychloroquine, ritonavir, lopinavir, tocilizumab, mesenchymal stem cell treatment
Alnashri et al.	KL-MISC	M	16	Fever	Yes	Fissured lips	N/A	+	IVIG, tocilizumab
Bahrami et al.	KL-MISC	F	5	Fever	Yes	Swelling and congestion of lips	After SS	+	IVIG, acetylsalicylic acid
Balasubramanian et al.	KL-MISC	M	8	Fever, respiratory symptoms	Yes	Cracked lips, strawberry tongue	After SS	+	IVIG, aspirin, tocilizumab
Bhaswati et al.	C-KD	M	4 months	Fever	Yes	Red lips, red congested throat	N/A	+	Aspirin, IVIG
Blondiaux et al.	KL-MISC	F	8	Fever	Yes	Cheilitis	With SS	+	IVIG, prednisolone, aspirin
Blondiaux et al.	KL-MISC	F	6	Fever	Yes	Cheilitis	With SS	+	IVIG, prednisolone, aspirin
Chérif et al.	C-KD	F	35	Fever, respiratory symptoms, hypogeusia	Yes	Chapped lips, with ulceration above the upper lip, lingual enanthema characterized by a reddish and swollen tongue	After SS		Hydroxychloroquine, azithromycin, cefuroxime
Chiotos et al.	KL-MISC	M	12	Fever, respiratory symptoms	N/A	Fissured lips	N/A	+	Methylprednisolone, IVIG
Chiotos et al.	KL-MISC	F	9	Fever	No	Fissured lips, strawberry tongue	After SS	+	IVIG, methylprednisolone, aspirin
Chiotos et al.	KL-MISC	F	5	Fever	Yes	Fissured lips	With SS	+	IVIG, methylprednisolone, anakinra
Chiu et al.	KL-MISC	M	10	Fever	Yes	Cracked lips	After SS	+	ibuprofen, dopamine
De Paulis et al.	KL-MISC	F	4	Fever, respiratory symptoms	Yes	Cracked lips	After SS	+	Acyclovir, antibiotics, dobutamine, IVIG
Haena et al.	C+MIS-C	M	11	Fever	Yes	Cracked lips, strawberry tongue	After SS	+	Aspirin, IVIG
Jones et al.	C-KD	F	6 months	Fever	Yes	Dry, cracked lips, prominent tongue papilla	After SS	+	IVIG, acetylsalicylic acid
Lidder et al.	IC	M	45	Fever, respiratory symptoms	Yes	Cheilitis, cracked lips	N/A	+	IVIG, tocilizumab, triamcinolone
Ng et al.	C+MIS-C	M	17	Fever, respiratory symptoms	Yes	Cracked lips	N/A	+	IVIG, aspirin, ceftriaxone, clindamycin
Peterson et al.	C-KD	F	2	Fever	Yes	Dry, cracked lips, strawberry tongue	After SS	+	IVIG, acetylsalicylic acid

Table 3 Continued

Reference	Type of KD	Sex	Age	Systemic manifestations	Skin	Oral lesions	Onset	Hospitalization	Treatment of oral lesions
Rafiei Tabatabaei S et al.	C-KD	M	11	Fever, diarrhea, respiratory symptoms	Yes	Strawberry tongue	After SS	Yes	IVIg, ASA
Renganathan et al.	KL-MISC	M	10	Fever, headache, irritability, disoriented speech	Yes	Dry cracked lips	N/A	+	IVIg, methylprednisolone
Rivera-Figueroa et al.	IC	M	5	Fever	No	Dry, cracked, erythematous lips	N/A	+	IVIg, diphenhydramine, methylprednisolone, aspirin
Shaigany et al.	KL-MISC	M	45	Fever, respiratory symptoms	Yes	Cracked lips	After SS	+	Heparin, IVIg, tocilizumab
Sokolovsky et al.	C-KD	F	36	Fever, respiratory symptoms	Yes	Cracked lips	After SS	+	Aspirin, IVIg, methylprednisolone
Spencer et al.	IC	M	11	Fever, respiratory symptoms	Yes	Red, swollen lips	After SS	+	IVIg, corticosteroids
Spencer et al.	KL-MISC	F	7	Fever, respiratory symptoms	Yes	Cracked lip, strawberry tongue	N/A	+	Corticosteroids.
Waltuch et al.	IC	M	13	Fever, respiratory symptoms	Yes	Erythematous tongue and oropharynx	After SS	+	Enoxaparin, antibiotics, IVIg, tocilizumab, anakinra
Waltuch et al.	IC	M	5	Fever, respiratory symptoms	Yes	Dry, cracked lip, mildly erythematous posterior oropharynx	N/A	+	Ceftriaxone, clindamycin, enoxaparin, IVIg, tocilizumab

the authors describe, on the buccal mucosa and the hard palate showed vacuolization and hemorrhage in the lamina propria, CD34+ thrombi and endothelial cells, CD3+ inflammatory cell infiltration, and cytotoxic T cells.⁴² Ulcers from two patients revealed edema, mucosal desquamation, granulation, ulceration under the mucosa, invasion of mononuclear cells, and neutrophilic infiltration.⁵⁰ Histopathological evaluation of multiple red macules on the hard palate was consistent with stratified squamous epithelium with paranuclear keratinocytes, vacuolization focally in the spinous layer, perivascular lymphocytic proliferation in the lamina propria, and subepithelial tissue with marked vascular congestion, hemorrhage, and lymphatic vessel ectasia mixed with fibrin and cellular debris.²³ Lip biopsy from a COVID-19 patient revealed moderate lymphocytic infiltrate and microvascular thrombosis. In this case, SARS-CoV-2 spike protein was shown by immunohistochemistry in inflammatory endothelial cells, keratinocytes, and acinar and ductal cells of the minor salivary glands.⁴³

Fever was reported in 86.2% of cases (51/59). Respiratory or gastrointestinal symptoms were present in 69.4% ($n = 41$) of the cases with oral mucosa findings. One patient with asthenia

as the only symptom of COVID-19 infection later developed painful tongue papillae and an irregular oral ulcer accompanied by an erythematous macule on the left toe.¹⁸

Certainty of evidence

In accordance with the types of studies (cases and case series) collected and publication bias, the evidence obtained is considered to be low grade.

Discussion

The present systemic review was designed to collect and review reports of oral mucosa lesions in patients with COVID-19. Aphthous ulcers and Kawasaki-associated enanthema were reported multiple times, which enabled us to subcategorize the oral mucosa findings. Oral ulcers and cracked lips with erythema were among the most common findings in the oral mucosa.

Although symptoms and signs of infection including dysgeusia and mucosal lesions were reported, the involvement of the oral cavity in COVID-19 has not yet been clarified. The

Table 4 Characteristics of oral ulcers reported in COVID-19 patients

Reference	Sex	Age	Systemic manifestations	Skin lesions	Oral lesions	Ulcer localization	Onset	Hospitalization	Treatment of oral lesions
Akca et al. ^a	M	7	Fever, respiratory symptoms	Yes	Erosive hyperemia	N/A	N/A	+	IVIG, azithromycin, hydroxychloroquine, ritonavir, lopinavir, tocilizumab, mesenchymal stem cell treatment
Ansari et al.	F	56	Fever, respiratory symptoms	No	Ulcers	The hard palate	After S	+	Remdesivir, azithromycin, magic mouthwash
Ansari et al.	M	75	Respiratory symptoms	No	Ulcers	The anterior part of the tongue	After S	+	Azithromycin, magic mouthwash
Brandao et al.	M	81	Fever, respiratory symptoms, dysgeusia	No	Multiple shallow aphthous-like ulcers of varying sizes and irregular margins covered with mucopurulent membrane	The upper and lower lip mucosa and anterior dorsal tongue	After S	+	Azithromycin, ceftriaxone, acyclovir, photobiomodulation therapy (PBMT) Unresponsive to acyclovir
Brandao et al.	F	71	Respiratory symptoms, dysgeusia	No	Hemorrhagic ulcers, focal areas of shallow necrosis on the anterior tongue	The upper and lower lip	After S	+	Acyclovir, PBMT Unresponsive to acyclovir
Brandao et al.	F	83	Respiratory symptoms	No	Aphthous-like ulcers, petechia, shallow necrosis	The lateral border of the tongue	After S	+	PBMT
Brandao et al.	M	72	Fever, respiratory symptoms	No	Hemorrhagic ulcers, necrotic ulcers, aphthous-like ulcers	The upper and lower lips, vermilion border, and lower lip mucosa	After S	+	Acyclovir, PBMT
Brandao et al.	F	32	Fever, respiratory symptoms	No	Aphthous-like ulcers	The apex and lateral borders of the tongue	After S	–	N/A
Brandao et al.	M	35	Fever, respiratory symptoms, hyposmia, ageusia	No	Aphthous-like ulcers	Peritonsillar and lateral border of tongue	After S	–	N/A
Brandao et al.	M	29	Fever, respiratory symptoms, anosmia, ageusia	No	Aphthous-like ulcers	The ventral portion of the tongue	After S	–	No
Brandao et al.	M	28	Fever, respiratory symptoms, anosmia, ageusia	No	Aphthous-like ulcers	The upper and lower labial mucosae, on the border of the tongue	After S	–	0,12% chlorhexidine mouthwash
Chaux-Bodard et al.	F	45	Asthenia	Painful erythematous plane lesion on the toe	Irregular ulcer on the dorsal side of the tongue	The dorsal side of the tongue	Before	N/A	N/A
Ciccarese et al. ^a	F	19	Fever, respiratory symptoms, hyposmia	Yes	Erosions, ulcers, blood crust, petechial enanthema	Inner surface of the lower lip	After S	+	I.V. immune globulins, methylprednisolone

Table 4 Continued

Reference	Sex	Age	Systemic manifestations	Skin lesions	Oral lesions	Ulcer localization	Onset	Hospitalization	Treatment of oral lesions
Demirbaş et al. ^a	F	37	Respiratory symptoms	Yes	Ulcers	Lower lip, tongue, palate	After S 5th day of treatment	+	Methylprednisolone, anesthetic, and antiseptic mouthwashes
Dominguez-Santas et al.	F	43	Fever, respiratory symptoms, anosmia	N/A	Aphthous-like ulcers	Buccal mucosa	After S	N/A	N/A
Dominguez-Santas et al.	M	33	Fever, respiratory symptoms, anosmia	N/A	Aphthous-like ulcers	Mucogingival junction	After S	N/A	N/A
Dominguez-Santas et al.	M	37	Fever, respiratory symptoms, anosmia	N/A	Aphthous-like ulcers	Tongue	After S	N/A	N/A
Dominguez-Santas et al.	M	19	Fever, respiratory symptoms, anosmia	N/A	Aphthous-like ulcers	Labial mucosa	With S	N/A	N/A
Gabusi et al.	M	78	Respiratory symptoms	No	Painful ulcerated plaque	Tongue, both lips, soft palate	After S	Yes	Topical betamethasone, chlorhexidine gel, topical lidocaine
Holcomb et al.	M	17	Anosmia, ageusia	Yes	Mucositis, shallow erosions	Lips and hard palate	Without S	N/A	Betamethasone, intraoral dexamethasone solution, viscous lidocaine, acetaminophen, ibuprofen
Labé et al. ^a	M	6	Asymptomatic	Yes	Erosive cheilitis, gingival erosion, thick hemorrhagic crust	Gingiva	N/A	+	N/A
Rodríguez et al. ^a	F	43	Fever, respiratory symptoms, anosmia, dysgeusia	N/A	Aphthous-like ulcers, tongue depapillation	Tongue	After S	–	Triamcinolone acetonide 0.05%
Soares et al. ^a	F	23	Fever, respiratory symptoms	Yes	Vesicobullous lesions	Outer surface of the lips	After S	N/A	Systemic dexamethasone
Soares et al. ^a	M	42	Fever, cough, shortness of breath	Petechia-like small vesiculobullous lesions	Ulcer, maculopapular enanthema	Buccal mucosa	After S	N/A	Dexamethasone, dipyrone
Taskin et al.	F	61	Fever, fatigue, arthralgia, myalgia, respiratory symptoms	Sweet's syndrome	Aphthous ulcers on the hard palate and buccal mucosa	The palate and buccal mucosa	With S	+	Tocilizumab, Favipiravir 0.12% chlorhexidine mouthwash
Tomo et al. ^a	F	37	Fever, asthenia, dysgeusia, anosmia	No	Mucositis, diffuse bilateral erythema, petechia, depapillation of tongue	Generalized	After S 9th day	–	Chlorhexidine 0.12% mouthwash Dexamethasone, metimazole

F, female; M, male; S, systemic involvement.

^aCases with oral ulcers accompanied by other mucosa findings, please see Tables 3 and 5.

Table 5 Characteristics of the patients with miscellaneous lesions

Reference	Sex	Age	Systemic manifestations	Skin lesions	Oral lesions	Location/type	Onset	Hospitalization	Treatment of oral lesions
Ciccarese et al.	F	19	Fever, respiratory symptoms, hyposmia	Yes	Erosions, ulcers, blood crust, petechial enanthema	Overlap (ulcer, maculopapular enanthema)	After S	+	I.V. immune globulins, methylprednisolone
Cruz Tapia et al.	F	51	Fever	No	Macule (12 mm), papule-plaque (8 mm)	Maculopapular enanthema	N/A	+	Dexamethasone, azithromycin, indomethacin
Cruz Tapia et al.	M	42	Fever, dysgeusia	No	Macules (3–4 mm), mucositis	Maculopapular enanthema	After S Persistent after resolution	N/A	Clorhexidine 0.12%, topical mometasone
Cruz Tapia et al.	F	41	Fever, hyposmia, Myalgia, dysphagia	No	Angina bullosa-like hemorrhagic lesion (6 mm) on palate	Bullous	After S	–	N/A
Cruz Tapia et al.	F	55	Fever, headache, nasal congestion	No	Purple bulla (8 mm) On hard palate	Bullous	After S	–	N/A
Demirbaş et al.	F	37	Respiratory symptoms	Yes	Ulcers on lower lip tongue palate	Erythema multiforme	After S 5th day of treatment	+	Methylprednisolone, anesthetic, and antiseptic mouthwashes
Holcomb et al.	M	17	Anosmia, ageusia	Yes	Mucositis, shallow erosions	Erythema multiforme	Without SS	–	Betamethasone, dexamethasone solution, viscous lidocaine, acetaminophen, ibuprofen
Kahraman et al.	M	51	Sore throat, fever, fatigue, dry cough, inability to taste or smell	No	Erythematous surface in the oropharynx and in the hard palate, petechiae in the midline and numerous pustular enanthema near the soft palate border (1–3 mm in diameter)	Generalized	After S 10th day	–	Clarithromycin 500 mg b.i.d. PO
Labé et al.	M	6	Asymptomatic	Yes	Erosive cheilitis, gingival erosion, thick hemorrhagic crust	Generalized Erythema multiforme	N/A	+	N/A
McGoldrick et al.	M	53	No	No	Tongue and mouth swelling	Nonspecific	Before SS	+	IV steroid
Rodriguez et al.	F	43	Fever, respiratory symptoms, anosmia, dysgeusia	N/A	Aphthous-like ulcer, tongue depapillation	Overlap	After S	–	Triamcinolone acetonide 0.05%

Table 5 Continued

Reference	Sex	Age	Systemic manifestations	Skin lesions	Oral lesions	Location/type	Onset	Hospitalization	Treatment of oral lesions
Soares et al. ^a	F	23	Fever, respiratory symptoms	Yes	Intact vesicobullous lesions on the vermillion border and hemorrhagic crusts on the outer surface of the lip	Bullous	After SS	N/A	Systemic dexamethasone
Soares et al.	M	42	Fever, cough, shortness of breath	Petechia-like small vesiculobullous lesions	Ulcer, maculopapular enanthema	Overlap (ulcer, maculopapular enanthema)	After S	N/A	Dexamethasone, dipyrone
Tomo et al.	F	37	Fever, asthenia, dysgeusia, anosmia	No	Mucositis, diffuse bilateral erythema, petechia, depapillation of tongue	Generalized	After S 9th day	–	Chlorhexidine 0.12% mouthwash Dexamethasone, metimazole

underlying event causing the oral mucosa lesions is unclear; however, multiple etiologic factors may have a role. The lesions may be a direct result of the SARS-CoV-2 virus infection, or they could be related to stress, drugs used for COVID-19 treatment, or the general immunosuppressive status brought about by prolonged disease and hospitalization.⁵² Kaya et al. reviewed the skin lesions associated with COVID-19 and reported that the frequency of such lesions varied between 1.8 and 20.4%.⁵³ Sousa et al. suggested that the frequency of oral mucosa lesions is probably comparable to the frequency of skin lesions, supposing that both have similar underlying pathology.⁵⁴ Among the cases included in this review, 60% had accompanying skin lesions. The rate was higher, however, in the KWL group. The presence of skin lesions may indicate the possibility of accompanying oral lesions; when evaluating such patients, physicians may consider asking about oral mucosa symptoms during the examination.

Moreover, it is possible to encounter a COVID-19 patient with isolated oral mucosa lesions. SARS-CoV-2 infection was recently shown in the oral mucosa and glands. Virus shedding was confirmed in patients' saliva.⁵⁵ Asymptomatic transmission of SARS-CoV-2 is a potential mechanism for virus spread in this pandemic; therefore, necessary precautions must be taken when examining patients in outpatient clinics with lesions in the oral mucosa.

Angiotensin-converting enzyme II (ACE2) stands in the foreground of the portrait of cellular entry of SARS-CoV-2.⁵⁶ ACE2 receptors are distributed diffusely on the mucous membrane of the whole oral cavity, especially on the tongue.⁵⁷ The high expression of ACE2 receptors in the oral mucosa may contribute to the onset of oral mucosa lesions by causing a hyperinflammatory state in the mouth upon infection with the SARS-CoV-2 virus. In the COVID-19 cases reviewed here, the tongue was also the most common location for aphthous ulcers. Many etiological factors have been associated with aphthous lesions,

including stress, viral and bacterial infections, inflammatory conditions (Behçet's disease, inflammatory bowel disease), neutropenia, and mechanical trauma. COVID-19 can cause an exaggerated immune response, and this response may be critical in the formation of oral mucosa lesions. In aphthous lesions, for instance, T helper 1 proinflammatory cytokine expression is dominant. Moreover, heat-shock protein expression decreases, and neutrophils exhibit a hyperactive state. T regulatory cells and CD4+ T cells are decreased in the area of inflammation.⁵⁸ Jouan et al. have shown that mucosal-associated invariant T (MAIT) cells are decreased in the peripheral blood of severe COVID-19 patients. In contrast, their numbers were significantly increased in the mucosal surfaces.⁵⁹ Whether this recruitment of T cells has a functional relevance related to oral lesions is not clear. The COVID-19 disease state may prepare a suitable environment for aphthous lesions through cytokine storm and upregulated T helper 17 response. COVID-19-associated coagulation (CAC) is provoked by endothelial injury, immobilization, and increased circulating prothrombotic factors.⁶⁰ CAC and immune attacks may contribute to the formation of necrotic ulcers in the oral mucosa.

In addition to the direct effect of the infection, reactivation of herpes gingivostomatitis and candidal superinfection in COVID-19 cases was reported in the recent literature.^{6,17,61} According to Dzedzic et al.,⁶² oral lesions could be related to a weakened immune system or multi-drug treatment. Recurrent HSV-1 infections typically accompany an impaired immune system, and fungal infections commonly stem from dysbiosis after antibacterial therapies. The findings could also be rooted in a complex relationship between COVID-19 and the microbiome. Physicians should be aware of potential secondary infections in severe COVID-19 patients receiving multi-drug regimens, including antibiotics.

Our review has several limitations. COVID-19 is a relatively new disease, and the published information in the literature is

limited. Even though we included cases with detailed medical reports and laboratory testing, we cannot entirely rule out the possibility of a secondary cause. Two authors searched independently for cases, and we repeated our search multiple times until submission, but we cannot guarantee that the latest publications are included. In addition, due to limited publications, we had a small sample size, which might pose a risk of bias. Last, we included nine patients with IgG positivity. Although the majority of the patients were diagnosed before July 2020, which makes the possibility of a past infection unlikely due to the timeline and none of them were vaccinated, we cannot completely rule out the possibility of a previous COVID-19 infection.

This review illustrates that oral mucosa findings in COVID-19 patients may be heterogeneous. However, ulcers, enanthema, and cheilitis comprise most of the lesions. The patients with oral lesions demonstrated a wide range of clinical phenotypes, including severe and asymptomatic cases. According to our review, oral mucosa lesions in Kawasaki-like multisystem inflammatory syndrome (cracked lips, cheilitis, strawberry tongue) correlates with more severe disease and hospitalization.

Although COVID-19 cases around the world had increased to 174 million by June 2021, low numbers of patients with specific oral mucosa findings have been reported in the literature. The SARS-CoV-2 virus may infect oral mucosa; however, this tissue may be resistant to the direct effect of the virus due to the protection afforded by innate immune barriers and rich vasculature. Tele-dermatology is an effective method to diagnose and treat oral and skin symptoms of COVID-19 without increasing the risk of infection through a doctor's visit.⁶³ In light of safety concerns, teleconsultation or self-photography may help monitor signs and symptoms in the oral mucosa and may aid in identifying more cases.

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Supporting Information

Additional Supporting Information may be found in the online version of this article:

Table S1. The studies that were excluded after critical reading.