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## Role of Bioactive Sphingolipids in Inflammation and Eye Diseases

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### Abstract

Inflammation is a common underlying factor in a diversity of ocular diseases, ranging from macular degeneration, autoimmune uveitis, glaucoma, diabetic retinopathy and microbial infection. In addition to the variety of known cellular mediators of inflammation, such as cytokines, chemokines and lipid mediators, there is now considerable evidence that sphingolipid metabolites also play a central role in the regulation of inflammatory pathways. Various sphingolipid metabolites, such as ceramide (Cer), ceramide-1-phosphate (C1P), sphingosine-1-phosphate (S1P), and lactosylceramide (LacCer) can contribute to ocular inflammatory diseases through multiple pathways. For example, inflammation generates Cer from sphingomyelins (SM) in the plasma membrane, which induces death receptor ligand formation and leads to apoptosis of retinal pigment epithelial (RPE) and photoreceptor cells. Inflammatory stress by reactive oxygen species leads to LacCer accumulation and S1P secretion and induces proliferation of retinal endothelial cells and eventual formation of new vessels. In sphingolipid/lysosomal storage disorders, sphingolipid metabolites accumulate in lysosomes and can cause ocular disorders that have an inflammatory etiology. Sphingolipid metabolites activate complement factors in the immune-response mediated pathogenesis of macular degeneration. These examples highlight the integral association between sphingolipids and inflammation in ocular diseases.

### Keywords

Inflammation; Sphingolipid; Ceramide; Ceramide-1-phosphate; Sphingosine-1-phosphate; Lactosylceramide; AMD; Uveitis; Diabetic retinopathy; Glaucoma

### 14.1 Introduction

Inflammation is a defensive mechanism of a host organism against infectious agents and injury. Inflammatory mechanisms represent a network of complex processes requiring the involvement of different metabolic and signaling pathways to resolve damage to tissue or

to fight against infection. However, inflammation may also be detrimental if it progresses out of control. Host organisms have evolved different signaling mechanisms to respond appropriately against a range of threats by utilizing specialized immune cells such as neutrophils, resident and recruited macrophages, dendritic cells, and lymphocytes [57]. Host immune machinery is activated against microbial pathogens and recognizes molecular structures found in pathogens, known as Pathogen-Associated Molecular Patterns (PAMPs) [80], whereas signals released from stressed and damaged host cells are known as Damage Associated Molecular Patterns (DAMPs) [175]. Both PAMPs and DAMPs are recognized by molecular structures on immune cells, known as Pattern recognition receptors (PRR). The Toll-like receptors (TLR) are important class of PRR [82] that recognize bacterial (pathogen) membrane lipopolysaccharides and viral RNA as well as endogenous molecules that are secreted from damaged or dying cells [126]. After activation, TLRs recruit downstream signal adaptor proteins, including Myeloid differentiation primary response 88 (MyD88) and TIR-domain containing adapter inducing interferon  $\beta$  (TRIF), which leads to activation of kinases, such as Inhibitor of kappa B (IkB) and Mitogen activated protein kinase (MAPK), downstream transcription factors, such as Nuclear factor kappa B (NF- $\kappa$ B), Activator protein-1 (AP-1), and interferon regulatory factor family proteins. These factors can stimulate transcription of several amplifiers and effectors [155]. Different types of cytokines, such as Tumor necrosis factor (TNF)- $\alpha$ , Interleukin (IL)-1 $\beta$  and IL-6, and chemokines, e.g., C-C motif chemokine ligand 2 (CCL2), C-X-C motif chemokine ligand 1 (CXCL1), and C-X-C motif chemokine ligand 10 (CXCL10) act as amplifiers and effector molecules in this mechanism. Another member of the innate immune sensor is the NOD-like receptor (NLR), which is a component of the inflammasome multiprotein complex [125]. The third type of pattern recognition receptor is Retinoic acid inducible gene 1 (RIG1) [87]. Cooperative interactions of inflammasomes and complement cascades play significant roles in immune surveillance and inflammatory processes [10]. During complement-mediated targeted cell lysis, there is an initiation of strong opsonization of the foreign pathogen or apoptotic cell/cellular compartment, followed by induction of proinflammatory signaling by anaphylatoxins, which lead to recruitment of macrophages and eventually phagocytosis of the pathogen through the formation of the membrane attack complex (MAC) [129]. Thus, the inflammasome-complement pathway eliminates the pathogen and clears and eliminates potential mediators of damage and injury. Acute and chronic inflammation can influence vascular permeability of the cell. Activation of proinflammatory cytokines up-regulates selectins (e.g., P-selectin) and integrin ligands, e.g., Vascular cell adhesion molecule 1 (VCAM-1) and Intercellular adhesion molecule 1 (ICAM-1), on the lumen of endothelial cells. These are sensed by selectin ligands, e.g., P-selectin glycoprotein ligand 1 (PSGL1) and integrins, e.g., Lymphocyte function-associated antigen 1 (LFA1) on the surface of leukocytes, and promote loosening of tight junctions between endothelial cells while permitting transfer of solutes to peripheral tissues and leukocyte infiltration through the blood-brain barrier [127]. Inflammasome activation can also regulate synthesis of various eicosanoids, such as prostaglandins (PGs), thromboxane, hydroxyeicosatetraenoic acid (HETEs) and leukotrienes [128]. In addition to inflammasome-mediated canonical activation of caspase-1-dependent maturation of proinflammatory cytokines IL-1 $\beta$  and IL-18, caspase-1 independently activates cytosolic phospholipase A2 (cPLA2) that stimulates eicosanoid synthesis. In this mechanism, there is formation of a

membrane pore, which drives rapid  $\text{Ca}^{2+}$  influx. The influx of  $\text{Ca}^{2+}$  then activates cPLA2 and generates arachidonic acid (AA) from membrane phospholipids. This arachidonic acid is further converted to prostaglandins and thromboxanes by cyclooxygenases-1 (COX-1) and COX-2, and leukotrienes and HETEs are converted by lipoxygenases [163]. The generation of eicosanoids is responsible for increasing vascular permeability and leucocyte recruitment during diverse homeostatic and pathological processes [30]. Thus, during injury or disease, the immune cells become reactive and their PRRs are activated, which leads to generation of innate inflammatory mediators including complement pathway, chemokines and cytokines, and inflammatory enzymes. These proinflammatory mediators stimulate immune cells to proliferate, migrate and induce expression of adhesion molecules on endothelial cells, which promote loosening of tight junctions and eventually infiltration of immune cells leading to recovery from injury or infection from pathogens or otherwise pathological changes in diseased state.

## 14.2 Sphingolipid Metabolites and Inflammation

Sphingolipids serve both structural and regulatory roles in eukaryotic cells [31, 56]. The sphingolipid metabolites Ceramide (Cer), Sphingosine-1-phosphate (S1P), Ceramide-1 phosphate (C1P), and Lactosylceramide (LacCer) are the major signaling molecules regulating key physiological functions and a variety of pathological processes, mainly related to inflammatory responses or inflammation-associated diseases [55]. Cer acts as a potent pro-inflammatory agent, whereas C1P and S1P can regulate either inflammation or participate in anti-inflammatory functions. LacCer plays a role as a signaling molecule in inflammation-induced proliferation or angiogenesis. Immune cell mediated secretion of pro-inflammatory cytokines stimulate inflammatory sphingolipid metabolic enzymes to convert sphingomyelin (SM) into Cer. Cer is then converted into either S1P or C1P or glycosphingolipid. The schematic diagram of sphingolipid metabolism and the biosynthetic enzymes involved in this process has been presented in Fig. 14.1. The conversion of different sphingolipid metabolites varies with cell type. These inflammatory sphingolipid mediators then induce different types of inflammatory transcription factors (e.g., NF $\kappa$ B) or they may activate cyclooxygenase -2, leading to production of pro-inflammatory prostaglandins. In this review, we provide an overview of the significant body of research that reveals involvement of sphingolipid metabolites in inflammation and their role in ocular diseases.

### 14.2.1 Ceramides

Sphingolipid metabolism is regulated by cascades of enzyme activation within different cellular compartments wherein Cer occupies a central position. [56, 109] Cer plays a structural role by regulating membrane properties and its permeability [161] leading to promotion of raft fusion [46]. Cer- enriched platforms facilitate clustering of receptor molecules and their ligands [65]. This in turn helps the induction of apoptosis by clustering of CD95/Fas death receptor ligand [47]. In addition to its structural role, Cer acts as a second messenger by activating a diverse set of kinases and phosphatases [132]. The *de novo* Cer biosynthesis pathway is an anabolic pathway, which begins with condensation of serine and palmitoyl-CoA catalyzed by Serine palmitoyltransferase (SPT) in the endoplasmic reticulum (ER). The catabolic pathway of Cer generation occurs

in the plasma membrane and lysosome via degradation of sphingomyelin (SM) to Cer and phosphorylcholine by sphingomyelinase. The third pathway is the lysosomal salvage pathway involving complex sphingolipids. Ceramide synthases play a significant role in the salvage pathway, thereby bypassing the formation of dihydroceramide. The fourth pathway of Cer biosynthesis occurs in liver mitochondria. The first report of the involvement of Cer in the inflammatory process demonstrated intracellular induction of a proinflammatory cytokine, TNF- $\alpha$ , which induced sphingomyelinase and, in turn, elevated Cer [75, 94]. Sphingolipidomics and transcriptomics studies revealed that lipopolysaccharide (LPS) induces inflammation through TLR4 in macrophage cell lines by inducing an increase in Cer [29]. In macrophages, the LPS-induced TLR4-mediated increase in *de novo* Cer biosynthesis is necessary for autophagosome formation, which could play a role in innate immunity [140]. Production of Cer subsequently activates a proinflammatory transcription factor, NF $\kappa$ B, the ubiquitously expressed transcription factor in mammalian cells [139]. The induction of NF $\kappa$ B encodes different cytokines, such as IL-1 $\beta$ , IL-6, IL-8, as well as chemokines, Monocyte chemoattractant protein-1 (MCP-1) including proinflammatory enzymes Cyclooxygenase -2 (COX-2), which is involved in the production of prostaglandins [169]. All these factors play important roles in inflammation. Another family of transcription factors, CCAAT/enhancer binding proteins (cEBP), is also activated by Cer in hepatocytes and macrophages. In hepatocytes, proinflammatory cytokine IL-1 $\beta$  induced CCAAT activation through Cer-mediated Extracellular signal regulated kinase 1/2 (ERK-1/2) pathway [42]. Cer can lead to induction of COX-2 via cEBP activation in macrophages stimulated with LPS [25]. Cer also plays a role in obesity by modulating inflammatory pathways. The Nlrp3 dependent inflammasome pathway increased caspase-1 activity through lipotoxicity-associated ceramide production in macrophage and adipose tissue of obese mice [162]. In mouse models, it has been reported that increases in Cer production leads to TLR-4 dependent insulin resistance by inhibiting Akt [60]. Stimulation of protein kinase C  $\zeta$  (PKC $\zeta$ ) by Cer is another pathway which inhibits Akt activity [39]. In summary, these studies support a strong link between Cer and inflammation-related disorders.

#### 14.2.2 Ceramide-1-P

Ceramide-1-phosphate (C1P) is mitogenic and anti-apoptotic for different cell types [44]. Interestingly, C1P can have a dual regulatory role by serving as an intracellular second messenger to regulate cell survival and/or as an extracellular receptor ligand to stimulate chemotaxis [43]. In inflammation, C1P also behaves in a promiscuous manner, either as a pro-inflammatory or anti-inflammatory agent. The biosynthesis of C1P takes place in the trans-Golgi network through phosphorylation of Cer by Ceramide kinase (CerK). The role of C1P in inflammation was first reported in A549 lung adenocarcinoma cells, where it stimulated release of arachidonic acid (AA) and subsequent production of proinflammatory eicosanoids [120]. C1P-mediated inflammation is directly regulated by activation of cytosolic phospholipase-A2 $\alpha$  (cPLA2 $\alpha$ ), an enzyme that releases AA from membrane phospholipids [121]. Further studies demonstrated that C1P-mediated activation of group IV cPLA2 proinflammatory enzyme is chain length-specific; C1P bearing an acyl chain of 6 carbon or higher, activated cPLA2 $\alpha$  in vitro, whereas C1P with a shorter acyl chain length (C<sub>2</sub>-C1P) was unable to activate this proinflammatory enzyme [150, 166].

Interestingly, prostaglandin production is a coordinated function of C1P and S1P, where S1P stimulates COX-2 activity and then cPLA2 $\alpha$  functions in synthesis of AA to produce prostaglandins [122]. The interaction of C1P in proinflammation has also been proposed in some studies. It has been shown that, compared to wild type mice, CerK knock-out mice generate decreased level of proinflammatory cytokines, IL-6 and TNF- $\alpha$  in high fat diets and show normal insulin signaling [98]. These knock out animals show higher expression of insulin receptors and glucose transporter GLUT4 and decreased signaling of MCP-1 in infiltrating macrophages of adipose tissue. However, the role of C1P in proinflammation is complex, as other studies have demonstrated that C1P may also reduce inflammation. C1P was shown to inhibit tumor necrosis factor (TNF)-converting enzyme or TACE, which is the major metalloprotease for cleaving pro-TNF to its active form that plays a role in inflammation [79]. Also, exogenous use of C1P was shown to suppress production of IL-6, IL-8, TNF, and IL-1 $\beta$  in LPS treated human peripheral blood mononuclear cells [54]. The bimodal behavior of C1P in pro- and anti-inflammation could provide a novel therapeutic strategy for modulating inflammation associated with different diseases.

### 14.2.3 Sphingosine-1-P

To date, Sphingosine-1-phosphate (S1P) is the best-described mediator within the sphingolipid pathway. Unlike Cer, which promotes apoptosis, S1P is responsible for suppressing apoptosis [146]. As an extracellular and intracellular messenger, S1P plays diversified roles in inflammation, cancer, atherosclerosis, autoimmunity, and angiogenesis [153]. The diversified actions of S1P are mainly regulated by five widely expressed S1P G-protein-coupled receptors, S1PR(1–5) [147]. S1P is produced by phosphorylation of free sphingosine by Sphingosine kinase isoenzymes 1 and 2 (SphK1 and SphK2). Topologically, SphK1 is a cytosolic protein and may also be localized at the plasma membrane and endocytic membrane trafficking network, whereas SphK2 mainly resides in the nucleus, mitochondria or in the ER [53]. It has been well documented that S1P gradient in circulation plays major role in lymphocyte migration and trafficking [12]. Usually, in the blood and lymph S1P level is higher than in tissues, which is important for maintaining vascular integrity. The maintenance of circulating lymphocytes is balanced through S1P; lymphocytes are attached through S1P with their receptors in the lymphoid organ to prevent their egression into blood. In inflamed tissues, there is production of S1P by SphK1 in endothelial cells. Simultaneously, S1PR1 is also activated by inflammatory signals, which in turn lead to disbalance in circulating lymphocytes [133]. The synthetic S1P analog FTY720 (Fingolimod) prevents egression of lymphocytes in circulation and accumulation in the lymph nodes [131]. Thus, FTY720 acts as an immunosuppressive drug in inflammation and autoimmune diseases. The role of S1P in inflammation varies with cell type. It plays an important role during activation of mast cells and the subsequent development of inflammatory responses [111]. The involvement of S1P in inflammation is supported by the fact that loss of generation of S1P leads to decreased levels of proinflammatory cytokines (TNF- $\alpha$ , IL-6) and proinflammatory factor, arachidonic acid, in SphK2 deficient fetal liver mast cells [112]. TNF- $\alpha$  induced proinflammatory enzyme, COX2 and production of prostaglandin E2 are regulated by activation of the Sphk1/S1P axis [120]. In addition, in an animal model of inflammation, S1P levels were decreased in dextran sulfate induced colitis of Sphk1-lacking mice [143]. TNF- $\alpha$  mediated activation of Sphk1 is responsible for

activation of inflammatory transcription factor NF $\kappa$ B. S1P binds and stimulates ubiquitin E3 ligase TRAF2 activity, resulting in Lys-63 linked polyubiquitination of Receptor interacting protein-1 (RIP-1), leading to phosphorylation of IKK complex and activation of NF $\kappa$ B [6]. Similarly, in Rheumatoid arthritis, S1P/S1P receptor 1 signaling upregulates pro-inflammatory receptor activator of NF $\kappa$ B ligand (RANKL) [154]. Contrary to its role in inflammation, S1P has also been reported to have anti-inflammatory effects by causing a switch from pro-inflammatory macrophage subtype M1 to anti-inflammatory subtype M2. [130]. In mice, it has been reported that lymphopoiesis and neuroinflammation has been restrained by HDL-bound S1P [18]. Although lots of information supports the role of the S1P/Sphk1 axis in activation of NF $\kappa$ B, nevertheless it has also been reported that downregulation of SphK1 enhances chemokine CCL5, which plays an active role in recruiting leukocytes in inflammatory sites. Downregulation of Sphk2 reduced CCL5 expression. In this mechanism p38MAPK may play a significant role without affecting NF $\kappa$ B [2]. Another complexity in S1P biology is that not all tissues respond in a similar fashion to regulation of S1P production. For example, in a mouse model, deletion of *Sphk1* decreases S1P in blood, whereas deletion of *Sphk2* increases it [86, 143]. Although we have progressed significantly in various aspects of S1P research, we are still lacking in a comprehensive understanding of the involvement of S1P mechanistic pathways in inflammation related diseases.

#### 14.2.4 Lactosylceramide

Lactosylceramide (LacCer) acts as a common precursor of all types of the lactose series of complex glycosphingolipids (GSLs) (e.g. the gangliosides and globotriosylceramide). It acts as a bioactive lipid in various physiological processes ranging from inflammation, proliferation, expression of adhesion molecules, angiogenesis and endocytosis [17]. LacCer is synthesized from ceramide generated by the *de novo* pathway and from other sphingolipids. Glucosylceramide (GlcCer) is the first glycosylation product of ceramide generated at the cytosolic surface of the Golgi. GlcCer is then translocated to the lumen of the Golgi and LacCer synthase [UDP-Galactose: glucosylceramide  $\beta$ 1,4 galactosyl transferase ( $\beta$ 4GalT)] converts GlcCer to LacCer. LacCer is an important signaling component in astrogliosis and induction of inflammatory mediators in neuroinflammatory diseases. The proinflammatory factor arachidonic acid is generated by LacCer-mediated activation of cytosolic phospholipase A2 $\alpha$  [103]. The inflammatory mediators TNF  $\alpha$  [116] and LPS/IFN- $\gamma$  [117] activate LacCer, which in turn induces inflammatory factors, namely inducible nitric oxide synthase enzyme (iNOS) that eventually generates nitric oxide(NO) and causes neuroinflammation. In this LacCer-mediated inflammatory mechanism, Ras-NF $\kappa$ B-MAPK [117] and Ras-ERK1/2 [116] pathways play significant roles. LacCer also induces inflammatory mediator, NADPH oxidase and generates reactive oxygen species (ROS) from endothelial cells [16] and from neutrophils [9]. Inflammation stimulates proliferation and migration of immune cells and induces expression of adhesion molecules on endothelial cells. LacCer induces expression of Platelet endothelial cell adhesion molecule-1 (PECAM1) on endothelial cells in the microenvironment of monocyte accumulated cells at the site of inflammation [45]. This LacCer-mediated expression of PECAM1 is regulated by cross-talk between activation of PKC- $\alpha/\zeta$  and stimulation of phospholipase A2. The inflammation induced LacCer activation plays a role in PECAM1

expression and induces angiogenesis. LacCer mediated induction of angiogenesis has been shown in Human umbilical vein endothelial cells (HUVEC). Loss of the LacCer synthase gene in HUVEC cells leads to reduction of angiogenesis by reduction of PECAM1 expression when induced with Vascular endothelial growth factor (VEGF) [124]. LacCer serves as a lipid second messenger in VEGF induced angiogenesis, separate from S1P mediated pathway [77]. LacCer also contributes to mitochondrial dysfunction and generation of ROS in murine model of diabetes [107]. This information suggests that LacCer acts as a connecting modulator between inflammation and angiogenesis by expression of cell adhesion molecules and eventually, angiogenesis.

## 14.3 Sphingolipids in Ocular Disease

### 14.3.1 Ocular Inflammation

Interestingly, ocular tissues prevent and resolve inflammation by different mechanisms. The barrier between circulating blood and the retina, lack of a direct lymphatic drainage pathway, and the intraocular microenvironment limit local immune and inflammatory responses and make the eye an immune-privileged tissue [148]. A major population of innate inflammatory cells involved in ocular inflammation are macrophages [27], whereas adaptive immune elements, CD4+ and CD8+ T cells, express effector function in the eye [119]. In the most common ocular inflammatory disease, uveitis, inflammation is associated with Th1 and Th17 cells [21] along with different innate effectors, such as monocytes and neutrophils. In Age-related macular degeneration (AMD), innate/complement inflammatory responses play a significant role [32] along with adaptive immune responses [108]. Diabetic retinopathy (DR) is another inflammatory and a classical microvascular disease, where presence of microglia has been reported in the outer nuclear layer and photoreceptor layer [173].

### 14.3.2 Sphingolipidoses and Ocular Inflammation

There are similar reports on ocular inflammation from metabolic diseases, which often cause neurodegeneration and visual impairment. Many of these diseases are lysosomal storage disorders resulting in functional impairment of lysosomal enzymes or co-factors responsible for accumulation of sphingolipid metabolites in the cell [23]. Sphingolipids are fatty amino alcohols, which regulate cell survival, growth, inflammation, senescence and apoptosis [89]. In the mouse model of GM1 and GM2 gangliosidoses, there is microglial activation leading to elevation of pro-inflammatory cytokines TNF- $\alpha$ , IL-1 $\beta$  [68]. The GM1 and GM2 Gangliosides are sialic acid-containing glycosphingolipids, which plays important role in cell-cell recognition, adhesion and signal transduction. The loss of beta hexosaminidase A and hexosaminidase B causes accumulation of gangliosides in the brain and nerve cells during Tay Sachs and Sandhoff disease, the lysosomal storage disorders [171]. The accumulation of gangliosides in patients' retinas has been reported in Tay Sachs [104] and Sandhoff disease [135]. Accumulation of glucocerebroside has been observed in Gaucher patients leading to pathological abnormalities in the eye ranging from ocular motor apraxia [35] to corneal opacity [51] followed by infiltration of monocytes/macrophages [40]. In Krabbe's disease (globoid cell leukodystrophy or galactosyl ceramide lipidosis), neuroinflammation is the major component of pathogenesis. A reduction of retinal

ganglion cells and nerve fiber layers of the retina are observed in Krabbe's disease [34]. In murine models, there is a generation of numerous proinflammatory molecules, including Major histocompatibility complexes (MHC) [95], TNF- $\alpha$ , IL-6 [84], and Monocyte chemoattractant protein-1 (MCP 1), and IL-10 [167]. Activated microglia produce an inflammatory signaling mediator, Prostaglandin D<sub>2</sub> (PGD<sub>2</sub>), which activates astrocytes in mouse models of Krabbe's disease [101]. Monoglycosylsphingolipid (Psychosine) plays a significant role as an inflammatory component in the pathogenesis of Krabbe's disease [152]. Niemann-Pick is a lysosomal storage disease caused by a mutation in the acid sphingomyelinase gene leading to dysfunction of sphingolipid signaling [81]. In Niemann-Pick Type A, ocular abnormalities range from corneal opacification to retinal opacification with a macular cherry red spot [164]. Whereas in the case of Niemann-Pick Type B, the ocular manifestation is mainly retinal with pathological features including macular halos and cherry-red maculae [96]. Optic nerve pallor and perimacular gray discoloration in Niemann-Pick Type C have been observed, both clinically and histologically. In knock-out mouse models of Niemann-Pick disease, there is enhancement of microglial activity and upregulation of IL-1 $\beta$  from astrocytes [15]. In Farber disease, there is accumulation of ceramide in the joints, liver, throat, CNS and retina due to deficiency of ceramidase [41]. The pathological changes are observed in retinal ganglion cells with gross distention and inclusions [172]. Fabry disease is a deficiency of  $\alpha$ -galactosidase A which leads to accumulation of globotriosylceramide. The most common ocular condition arising from this is cornea verticillate [144]. Overall, these observations suggest a role for sphingolipids in ocular inflammatory diseases.

### 14.3.3 Sphingolipids and Autoimmune Eye Diseases

Uveitis is an autoimmune eye disease where the uvea is pathologically affected. There is inflammation of the uvea, which composes the middle layer of eye including the iris, ciliary body and choroid. There are different types of uveitis, which is classified according to International Uveitis Study Group (IUSG) Classification, which includes Anterior Uveitis, Intermediate Uveitis, Posterior Uveitis and Panuveitis [66]. Anterior Uveitis is acute type and it is most common kind of uveitis where anterior chamber is inflamed. It mainly affects the iris and is often called as Iritis. Iridocyclitis and Anterior cyclitis are also included in this category of Anterior Uveitis. In Intermediate Uveitis there is chronic inflammation, which affects the vitreous. It includes Pars planitis, Posterior cyclitis and Hyalitis. During Posterior Uveitis inflammation affects retina, choroid and optic nerve. It could be chronic and recurrent in nature. The disease named Chorioretinitis, Retinochoroiditis, Retinitis and Neuroretinitis are under the category of Posterior Uveitis. Pathologically, Posterior Uveitis involves breakdown of blood-retinal barrier (BRB), whereas in other forms of uveitis do not [37]. Like Posterior uveitis pathology, in Experimental Autoimmune Uveitis (EAU), there is an extensive breakdown of BRB and release of retinal autoantigen [49]. The EAU follows classical example of organ-specific autoimmune disease that resembles Posterior Uveitis in humans [22]. In case of Panuveitis, the inflammation affects entire uvea. The inflammation associated with uveitis is due to infiltration of both innate and adaptive immune cells [61]. Using a murine model of uveitis, it has been confirmed that T cells are involved and that Th17 and Th1 play a significant role in the inflammatory mechanism. Th17 and Th1 recruit different innate effector molecules: Th17 recruits neutrophils and Th1 recruits



monocytes; both cause tissue destruction with independent mechanisms of pathology, with proinflammatory cytokines playing a major role [119]. Interestingly, FTY720, a structural analog of Sphingosine (Sph) and an FDA-approved therapeutic drug for Multiple sclerosis (MS), has been found to be effective in a rat model of experimental autoimmune uveitis [26]. The exact mechanism of FTY720 is still unknown, but it acts in a complex way on sphingolipid metabolism. Sphk2 phosphorylates FTY720 to FTY720-P, which is a mimetic of S1P and inactivates S1P receptor mediated signaling [91]. It also inhibits *de novo* ceramide synthesis and also acts to inhibit ceramide synthase enzymes [23]. This same drug was earlier used in experimental treatment of Vogt-Koyanagi-Harada (VKH) uveitis patients to suppress production of granulocyte monocyte colony stimulating factor by T cells [134]. The T cell clones (TCC) from aqueous humor (AH) or peripheral blood mononuclear cells (PBMCs) from VKH patients produced significantly higher level of proinflammatory cytokines IL-6, IL-8 and IFN- $\gamma$  in comparison with healthy donors. This finding suggests a role for sphingolipid in inflammation and lymphocyte migration in uveitis. Recently, in a Wister rat model of endotoxin-induced uveitis (EIV), increased levels of proinflammatory cytokines IL-6 and TNF- $\alpha$  were noted in the aqueous humor [165]. Increased levels of ceramides C24:0 and C24:1, and sphingomyelin C24:0 were also reported in the aqueous humor. In the retina, similar length carbon chain species of ceramide also have been noticed in EIV rats. Increased levels of proinflammatory transcription factor NFkB were also observed in the retina of EIV rats. These observations suggest that infiltration of innate and adaptive immune cells induces inflammation, which could be mediated through modulation of sphingolipid metabolites. Thus, sphingolipids may play a major role in uveitis pathology.

Multiple Sclerosis is an autoimmune disease. Inflammation-related retinal atrophy is one of the pathological features related to MS. Significant loss of retinal ganglion cells and the presence of human leukocyte antigen-DR positive cells in the retina, with activation of microglia are characteristic abnormalities associated with MS [48, 160]. In the central nervous system (CNS), oligodendrocytes are the myelin forming cells, which are affected during MS by activation of glial cells and infiltration of lymphocytes and macrophages, leading to apoptosis of oligodendrocytes. Sphingolipids are the major component of myelin sheath and there are multiple pathophysiological roles of sphingolipids in MS. In MS patients, increased levels of ceramide have been reported in oligodendrocytes [141] in association with an increase in sphingosine in white matter [102]. In addition to NSMase- Ceramide upregulation in MS, sphingosine kinase 1- S1P receptor signaling regulates astroglial proliferation and gliosis [168]. As S1P- S1P receptor1 is a main pathway of lymphocyte egression in MS, application of Fingolimod or FTY720, an immunosuppressive S1P receptor agonist drug reduces lesion formation in MS patients [73]. Neutral Sphingomyelinase (NSMase) activation and production of ceramide has been linked with types of neuroinflammation other than MS, including those that are connected to NFkB regulated pathways that cause blood brain barrier disruption, vascular leakage, and lymphocyte migration with upregulation of ICAM1, VCAM1 and selectin [67]. Although Fingolimod is currently used in the treatment of MS, one of the common side effects of this drug is Fingolimod-associated macular edema (FAME) [90]. Retinal hemorrhages and retinal vein occlusion can also occur in Fingolimod treated patients. Although information pertaining to molecular mechanisms associated with FAME is still lacking, a possible

mechanism could be disruption of cell-to-cell and cell-to-matrix adhesion complexes in retinal vessels resulting in stress in vascular permeability and subsequent macular edema [97, 113]. While our current understanding of MS is incomplete, there appears to be a strong correlation between MS related retinal degeneration and ceramide-related inflammatory pathways.

#### 14.3.4 Sphingolipids and Degenerative Retinal Diseases

Progressive damage to the retina and death of photoreceptors is a hallmark for degenerative retinal diseases, including Age-related macular degeneration (AMD) and Retinitis Pigmentosa (RP). AMD is associated with several pathological disorders, ranging from inflammation, malfunctioning of autophagy and chronic oxidative stress leading to degeneration of retinal pigment epithelium (RPE) and ultimately photoreceptor death with vision loss [99, 123]. RPE is the pigmented cell layer, which is attached to underlying choroid and provides nourishment to overlying retinal visual cells. It also functions in phagocytosis, secretion and immune modulation. Photoreceptor cells function in visual phototransduction and visual signal generation. There are two types of photoreceptor cells in mammalian retinas, rods and cones, along with second and third order neurons, bipolar and ganglion cells, respectively. During early stage of AMD there is accumulation of extracellular deposits called drusen in the retina, between RPE and Bruch's membrane. Drusen formation is linked to chronic low-level inflammation and complement activation during initial stages in the pathogenesis of AMD [7, 69]. Activation and secretion of various cytokines and chemokines, e.g., IL-1 $\beta$ , IL-6, TNF- $\alpha$ , CXCL8 play a significant role in initiation of inflammation [83]. The later stage of disease progression is classified as either 'Dry AMD' or 'Wet AMD'. Dry AMD is limited to damage of the macula region of the retina caused by atrophy whereas wet AMD also includes both macular atrophy as well as choroidal neovascularization (CNV). Inflammation mediated by complement factor plays an important role in AMD. In addition to this, genetic mutations associated with complement factor gene is among the major risk factors in AMD pathogenesis. One such factor in AMD is the inheritable genetic mutation, *Y402H* in complement factor H (*CFH*) [52, 76]. Other variants are present in *C3*, *CFB*, *C2* genes, associated with susceptibility to AMD [8]. These mutations are associated with a reduction of anti-inflammatory iC3b component and an increase of proinflammatory cytokines TNF- $\alpha$  and IFN- $\gamma$  [24]. RPE also plays role in autophagy by autophagic degradation of photoreceptor outer segments (POS) in the process called heterophagy [70]. In aging, the function of RPE declines and results in accumulation of POS, which eventually forms lipofuscin in lysosomes leading to malfunctioning of lysosomes, generation of oxidative stress and retinal inflammation [36]. Oxidative stress-induced Cer biosynthesis genes are involved in photoreceptor cell death [13]. Increased Cer levels in RPE cells raises the level of inflammatory factor and ROS, which leads to mitochondrial permeabilization and activation of caspase-3, followed by apoptosis [72]. Use of desipramine protects photoreceptor death by reducing inflammatory factors and oxidative stress augmented by Cer, as desipramine inhibits sphingomyelinase's ability to convert sphingomyelin to Cer [136]. Similarly, overexpression of Acid ceramidase (ASAH1) in ARPE19 cells (Human retinal pigment epithelial cell line) protects from oxidative stress by reducing Cer level [151]. On the other hand, overexpression of Sphingomyelin phosphodiesterase 3 (SMPD3) enhances Cer production, which in turn leads to enhancement

of RPE cell death by increasing inflammatory factors and stress [174]. In mouse models, it has been reported that cholesterol mediates activation of acid sphingomyelinase, which disrupts autophagy in RPE and leads to early onset macular degeneration [159]. Increases in Cer eventually promote inflammatory factors and oxidative stress, which prevent proper endosomal recycling of complement regulatory proteins after complement attack and disrupt endosomal biogenesis [156]. Aberrant endosomal biogenesis mediates complement activation in the RPE cells in murine model of macular degeneration [74]. In Rd10 mouse models, inhibition of *de novo* Cer biosynthesis by myriocin lowers retinal Cer levels and restricts photoreceptor death in RP [149]. Accumulation of POS increases oxidative stress and activates CFB, leading to AMD associated neovascularization [157]. The inflammatory factor also activates complement factor C3 and aggravates AMD pathogenesis [105]. Ceramide induces retinal degeneration, whereas choroidal neovascularization (CNV) is promoted by administration of alpha-galactosylceramide into the vitreous cavity of C57BL/6 mice [58]. Similarly, S1P2 receptor deficient mice do not develop neovascularization in the murine model of ischemia driven retinopathy [142]. The blockage of S1P by sonopizumab, a humanized monoclonal antibody, also significantly reduces CNV in mouse models [170]. In summary, sphingolipids appear to play a significant role in retinal degenerative diseases by increasing inflammation, generating oxidative stress and deregulating lysosomal function in RPE and triggering photoreceptor cell death and/or neovascularization.

#### 14.3.5 Sphingolipids and Diabetic Retinopathy

Diabetic retinopathy is a microvascular disease affecting retinal vascular degeneration and defective repair of retinal endothelial cells with persistent low-grade inflammation. It has been reported that activated retinal glial cells and pigment epithelial cells express proinflammatory cytokines and VEGF in diabetes, which contributes to damage of retinal vasculature [1, 20, 100]. In addition to this, activation of circulating myelomonocytic cells from bone marrow increases leukocyte adhesion and contributes to retinal inflammation [85, 138]. There is also myeloid derived monocyte infiltration in diabetic retinas and exacerbation of inflammation by secreting proinflammatory cytokines, which further activates resident microglia, astrocytes and Muller glia in the retina [1, 59, 145]. The proinflammatory cytokines secreted from these cells cause endothelial cells to produce Acid sphingomyelinase (ASMase). Endothelial cells produce up to 20-fold more secretory sphingomyelinase than macrophages in response to cytokine stimulation [92]. The increase in ASMase regulates cytokine-mediated inflammation by generation of Cer in diabetic human and animal models [115]. Using different inhibitors, it has been observed that ASMase plays a major role in diabetic retinopathy. Increases in ASMase by TNF- $\alpha$  and IL-1 $\beta$  induce VEGF and ICAM-1 in Human retinal endothelial cells (HREC) and regulate retinal microangiopathy [114]. Retinal vascular permeability is mediated by very long chain ceramide, which is decreased in diabetic conditions due to decreases of biosynthetic enzyme, an Elongation of very long-chain fatty acids protein 4 (ELOVL4) [71, 158]. The streptozocin-induced rat models exhibit decreased levels of Cer and a concomitant increase of Glucosylceramide (GlcCer). The inhibition of glucosylceramide synthase increases the viability of retinal neuronal cells and insulin sensitivity in retinal neurons [38]. In addition to this it has also been observed that the pharmacological inhibition of glucosylceramide synthase increases insulin sensitivity in Zucker diabetic fatty (ZDF)

rat [3]. Thus sphingolipid, more specifically Cer and GlcCer, play significant role in inflammation and retinal neovascularization in diabetic retinopathy.

#### 14.3.6 Sphingolipids and Glaucoma

Glaucoma is a neurodegenerative disease where retinal ganglion cells (RGC) and their axons in the optic nerve are affected. The major risk factor of glaucoma is elevation of intraocular pressure (IOP). The neuroinflammatory responses during early stages of glaucoma are mediated by astrocytes, resident microglia, and other monocyte-derived cells in the optic nerve head (ONH). Proteomic analysis of human glaucomatous retinas revealed upregulation of TLR signaling, where TLR2, TLR3 and TLR4 was observed in microglia and astrocytes from glaucomatous retinas [88]. In DBA/2J (Dilute Brown Non Agouti, which develops progressive eye abnormalities that closely mimic hereditary glaucoma) mice in early stages of glaucoma, 11 of the 13 TLRs were upregulated in the optic nerve head (ONH) [62, 64]. As there was upregulation of TLR, the downstream factors such as MyD88, MAPK and NFkB all were activated, which in turn lead to activation of proinflammatory cytokines. In RGC degeneration, Fas ligand also is a major effector in DBA/2J mice models [50]. In disease pathology apart from monocytes derived cells [63], the complement cascade system plays a significant part in inflammation in DBA/2J animal models. Upregulation of C1 complex was observed in microglial cells in ONH in DBA/2J glaucomatous mice [62]. The second component of the complement cascade that plays a damaging role is complement component C5, a necessary component for MAC generation. Although there is incomplete information on role of sphingolipids in glaucoma development, it has been reported that in the aqueous humor there are native sphingolipid species. The levels of sphingomyelin and sphingoid base were reduced in hypertensive state from normotensive conditions, whereas S1P and ceramide levels increased in a hypertensive state [33] in DBA/2J mouse models. Data pertaining to sphingolipid composition of human aqueous humor [5] and trabecular meshwork [4] have also been generated. There is still a significant lack of information regarding the sphingolipid biology in glaucoma.

#### 14.3.7 Sphingolipids and Dry Eye Syndrome

Dysfunctional tear syndrome (DTS), commonly known as dry eye disease, is caused by tear deficiency or excessive evaporation [19]. In addition to this, ocular surface inflammation due to increase in tear osmolarity plays a major role in DTS [78]. The tear film performs diversified functions, ranging from maintaining light refraction, supplying the cornea with nutrients and oxygen, lubrication of the cornea and conjunctiva, and ocular surface protection against foreign materials [110]. There are three different layers in tear film composition: the carbohydrate-rich glycocalyx layer, the intermediate aqueous layer, and the superficial tear film lipid layer (TFLL) [28]. Meibomian glands are the major source of TFLL lipids. Meibomian Gland Dysfunction (MGD) is a complex multifactorial disorder arise from combination of five different pathophysiological mechanisms; these are eyelid inflammation, conjunctival inflammation, corneal damage, microbiological changes and dry eye disease resulting from tear film instability [14]. Mass spectrometry (MS) data from dry eye disease patient reveals the role of sphingolipid in maintaining TFLL integrity [78]. In patient meibomian samples, significant increases of SM levels were observed compared to normal subjects. The individual short chain GlcCer species were significantly increased

in patient meibomian samples. Whereas in case of meibomian keratoconjunctivitis (MKC), increased levels of Cer were reported due to abnormal hyperkeratinization [93]. Similarly, increased Cer levels disrupt stability and elasticity of TFL [11]. However, patients with chronic blepharitis had been reported with decreased amount of cerebroside in their meibomian gland [106]. In animal models, very long chain ceramides (acylceramide) in TFL prevent dry eye disease, as transgene ELOVL1 mice developed corneal opacity with vascular invasion, accompanied by epidermalization of the cornea due to lower level of acylceramide in epidermis and in the meibomian gland [137]. Recently, our lab has reported increase in Cer/S1P ratio from poor quality meibomian gland tear film as compare to the good quality individuals [118]. The sphingolipid metabolites in meibomian gland tear film could serve as clinical signature of different types of eye diseases.

## 14.4 Summary and Conclusion

This chapter summarizes our current understanding of inflammation and its correlation with sphingolipid metabolites in eye diseases. Although ocular immune privilege protects the eye and retina from inflammation, the modulation and accumulation of different sphingolipid metabolites can perturb the ocular anti-inflammatory environment and lead to ocular pathology in different lysosomal storage disorders, autoimmune diseases, age related macular degeneration and diabetic retinopathy, suggesting an involvement of sphingolipid metabolites in maintaining homeostasis of the eye. Fig. 14.1 shows a schematic diagram of sphingolipid metabolism and involvement of different sphingolipid metabolites in ocular diseases. The bioactive sphingolipid ceramide acts as a proinflammatory lipid, whereas C1P and S1P have both pro- and anti-inflammatory functions. LacCer, on the other hand, acts as an angiogenic sphingolipid and induces neovascularization. In ocular diseases, ceramides are found to be inflammatory factors for stimulating proinflammatory cytokines and in some cases, proinflammatory cytokines induce the formation of ceramide that may be ultimately responsible for retinal cell death. GlcCer, LacCer, and S1P have been found to be associated with the cross talk between immune cells and endothelial cells that eventually develop neovascularization in 'wet AMD' and diabetic retinopathy. The loss of homeostasis in diseased conditions leads to stress in the endoplasmic reticulum, mitochondria, lysosomes and ultimately to activation of different proinflammatory factors. A more complete understanding of sphingolipid metabolites and their role in inflammation will help in our understanding of the etiology and pathobiology of various eye diseases that have inflammatory links.

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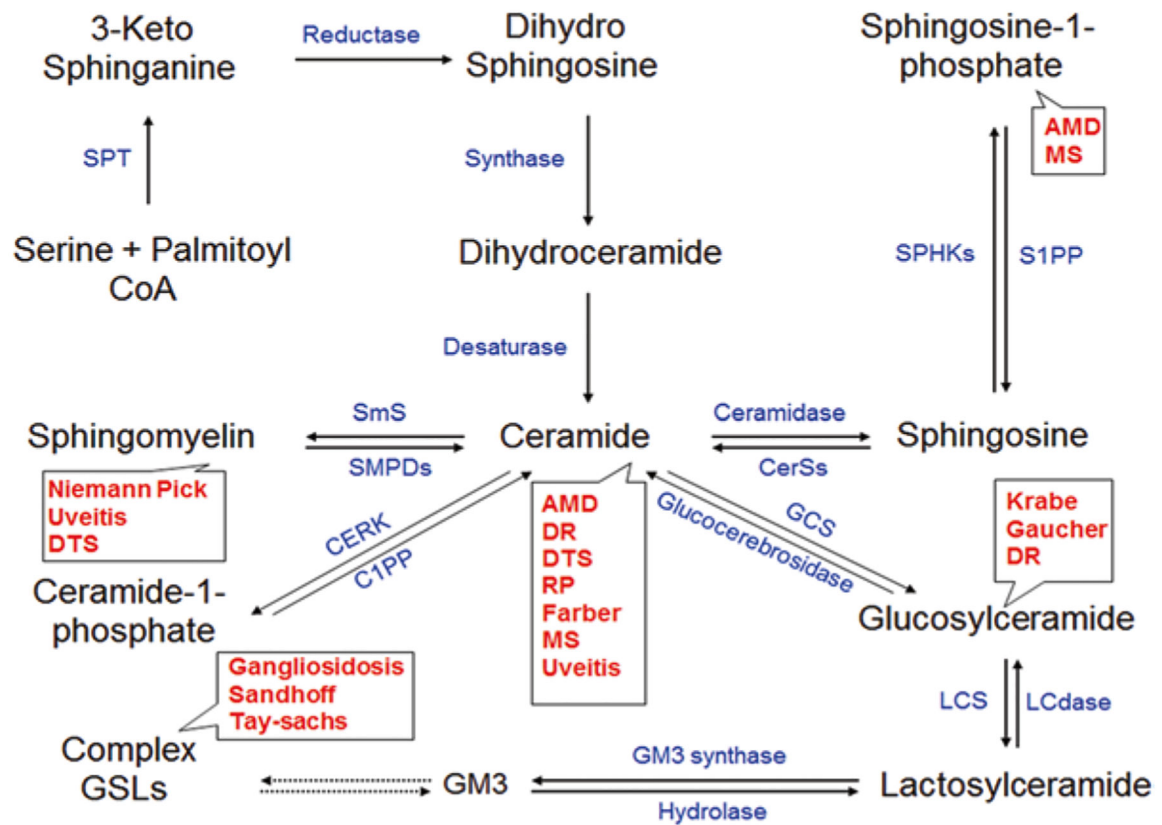
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**Fig. 14.1.**

Sphingolipid Metabolites in Ocular Diseases. The name of the disorders are presented in red and enzymes responsible for these metabolites are presented in blue. The *de-novo* Ceramide (Cer) biosynthesis is mediated by Serine palmitoyltransferase (SPT). In salvage pathway Ceramide synthase isoenzymes (CerSs) plays role in formation of Cer from Sphingosine. Sphingomyelin phosphodiesterase isoenzymes (SMPDs) converts Sphingomyelin (SM) to Cer. Sphingomyelin synthase (SmS) is the enzyme that converts Cer to SM. Ceramide kinase (CerK) and Ceramide-1-phosphate phosphatase (C1PP), respectively converts Cer to Ceramide-1-phosphate or vice versa. Conversion of Sphingosine-1-phosphate (S1P) is mediated by Sphingosine kinase isoenzymes (SPHKs) and for reverse reaction Sphingosine-1-phosphate phosphatase (S1PP) plays its role. Addition of glucose moiety with Cer is mediated by Glucosylceramide synthase (GCS). Lactosylceramide synthase (LCS) converts Glucosylceramide (GlcCer) to Lactosylceramide (LacCer) and Lactosylceramidase (LCdase) converts LacCer to GlcCer. GM3 ganglioside formation is mediated by GM3 synthase. Complex Gangliosides are generated by other carbohydrate moiety adding enzymes, which we discussed in our earlier review. *AMD* Age-related macular degeneration, *DR* Diabetic Retinopathy, *DTS* Dysfunctional Tear Syndrome, *MS* Multiple Sclerosis, *RP* Retinitis Pigmentosa