Wdfy3 regulates glycophagy, mitophagy and synaptic plasticity

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Abstract

Autophagy is essential to cell function, as it enables the recycling of intracellular constituents during starvation and in addition functions as a quality control mechanism by eliminating spent organelles and proteins that could cause cellular damage if not properly removed. Recently, we reported on Wdfy3's role in mitophagy, a clinically relevant macroautophagic scaffold protein that is linked to intellectual disability, neurodevelopmental delay, and autism spectrum disorder. In this study, we confirm our previous report that Wdfy3 haploinsufficiency in mice results in decreased mitophagy with accumulation of mitochondria with altered morphology, but expanding on that observation, we also note decreased mitochondrial localization at synaptic terminals and decreased synaptic density, which may contribute to altered synaptic plasticity. These changes are accompanied by defective elimination of glycogen particles and a shift to increased glycogen synthesis over glycogenolysis and glycophagy. This imbalance leads to an age-dependent higher incidence of brain glycogen deposits with cerebellar hypoplasia. Our results support and further extend Wdfy3's role in modulating both brain bioenergetics and synaptic plasticity by including glycogen as a target of macroautophagic degradation.

Keywords

Glycogen, brain, mitochondria, synapses, electron microscopy

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Introduction

Wdfy3 encodes an adaptor molecule centrally required for selective macroautophagy, the starvationindependent, discriminatory recruitment of cellular constituents for autophagic degradation.¹ Homozygous *Wdfy3* mutation in mice leads to perinatal lethality, megalencephaly, and global long-range connectivity defects. $2,3$ Allele-dependent, heterozygous mutation leads to milder neurodevelopmental abnormalities including megalencephaly and diminished long-range connectivity. Human pathogenic WDFY3 variants have been associated with increased risk for intellectual disability/developmental delay, macrocephaly, microcephaly, and neuropsychiatric disorders including autism spectrum disorder (ASD) .^{4–9} While neurodevelopmental defects associated with Wdfy3 loss are well-established, the functional consequences

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in adulthood remain more elusive. However, suggestions of important roles in this context come from work in Drosophila, where loss of the Wdfy3 homolog bchs, results in shorter lifespan, brain neurodegeneration, and altered endolysosomal transport, comparable to human neurodegenerative disorders, such as Alzheimer's disease, amyotrophic lateral sclerosis, Wallerian neurodegeneration, and spastic paraplegia. Recent work in modeling Huntington's disease (HD) in mice further underline the relevance of Wdfy3 function in maintaining brain health, as it apparently acts as a modifier whose depletion will accelerate the course of HD pathogenesis.¹⁰

Our previous studies in $Wdfv3^{+/lacZ}$ mice, revealed persistent Wdfy3 expression in adult brain, motor deficits, and a critical requirement for Wdfy3 in mitophagy, the selective clearance of damaged mitochondria, mitochondrial transport, and axonogenesis.^{2,7,11} This requirement appears to be critical for brain function, considering that mitophagy is essential in sustaining brain plasticity by enabling mitochondrial trafficking.^{12,13} Although clearance of damaged mitochondria in $Wdfv3^{+/lacZ}$ mice was partly abrogated by the formation of mitochondria-derived vesicles targeted for lysosomal degradation in a process named micromitophagy, the accumulation of defective mitochondria likely compromised ATP supply, thereby playing a critical role in synaptic plasticity.

Recently, mitochondria have been identified as key organelles modulating the neuronal activity set point for homeostatic plasticity. This is accomplished by different processes, including buffering presynaptic calcium levels, 14 contributing to neurotransmitter synthesis and release in axons and during dendritic development and maintenance.¹⁵ In addition, mitochondria provide local ATP to support protein synthesis required for cytoskeletal rearrangements during neuronal maturation and plasticity, $16,17$ axonal regeneration through mitochondrial transport, 18 and axonal development via mitochondrial docking and presynaptic regulation.19,20 The above-mentioned synaptic plasticity events along with neural circuits rely heavily on mitochondria-derived ATP; however, other pathways may contribute to sustain neuronal energy, including neuronal glycolysis especially during stress or high activity demands. 2^{1-23} However, the balance between energy production and demand may be altered under conditions in which both accumulation of damaged mitochondria and hampered glycogenolysis/glycophagy are evident. Even modest changes in energy availability may result in insufficient synaptic vesicle recycling, ensuing in defective synaptic transmission.

Based on the above concepts, we show here that Wdfy3 loss in $Wdfy3^{+/lacZ}$ mice dually affects brain bioenergetics by not only increasing the accumulation of defective mitochondria, but also increasing the number of glycophagosomes along with an agedependent accelerated accumulation of brain glycogen. Furthermore, Wdfy3 mutation leads to degenerative processes specific to the adult cerebellum suggesting brain area specific effects of Wdfy3-mediated metabolic dysregulations.

Materials and methods

Animal breeding and husbandry

 $Wdfv3^{lacZ}$ (*Wdfv3^{tm1a(KOMP*)*Mbp*) mice were generated} and genotyped as previously described² and maintained on C57BL/6NJ background as a mixed wild type (WT)/heterozygous mutant colony in facilities approved by the Association for Assessment and Accreditation of Laboratory Animal Care (AAALAC) International. Animals were housed in Plexiglas cages (2–4 animals per cage; 55 x 33 x 19) and maintained under standard laboratory conditions $(21 \pm 2 \degree C; 55 \pm 5\%$ humidity) on a 12 h light/dark cycle, with ad libitum access to both water and food. The mice were fed with a standard rodent chow. All animals were handled in accordance with protocols approved by the University of California at Davis Institutional Animal Care and Use Committee (protocol #20512) overseen by the AAALAC International accreditation program (latest accreditation in February $14th$, 2020) and in compliance with the ARRIVE²⁴ and NIH guidelines.²⁵ Animals were processed blindly of sex or genotype by the receiver until all outcomes were collected. While the $Wdfy3^{lacZ}$ allele is a hypomorph, as several lines of evidence suggest, we commonly refer to heterozygous mutants as haploinsufficient (HI). All mice were genotyped for Nnt as described before.²⁶

Chemicals and biochemicals

EDTA, EGTA, sodium succinate, mannitol, sucrose and HEPES were all purchased from Sigma (St. Louis, MO). Tris-HCl, glycine, sodium chloride, and potassium chloride were purchased from Fisher (Pittsburg, PA). Bovine serum albumin (fatty-acid free) was obtained from MP Biomedicals. All other reagents were of analytical or higher grade.

Untargeted proteomics and integrated bioinformatics to construct functional maps

Cortices from 3-m old female WT and $Wdfy3^{+/lacZ}$ mice (7 each) were used to obtain post-mitochondrial (PM) fractions. Sample preparation has been carried out as described before.²⁶ Briefly, after homogenization in MSHE buffer (0.22 M mannitol, 70 mM sucrose, 0.1% fatty acid-free BSA, 0.5 mM EGTA, 2 mM HEPES, pH 7.4), large cell debris and nuclei were pelleted by centrifugation at $600 \times g$ for 5 min. Mitochondria were precipitated by centrifuging the supernatant for 10 min at $10,300 \times g$. The supernatant was called the PM fraction. Untargeted proteomics was performed at the UCD core facility as described in detail before,²⁷ followed by functional analysis^{27–30} to determine glucose metabolic pathways in cortex from each genotype allowing to construct a "functional fingerprinting" of intermediary metabolism. Integration of pathways and metabolic outcomes was performed by using bioinformatics approaches as described before.27,31,32 Identified proteins were compared with the latest computational infrastructure that takes advantage of public tools pathway databases (DAVID, Innate, PathVisio, STRING). The resulting differentially expressed proteins were used to perform pathway analyses to determine those altered or different in each of the genotypes vs. WT (NetworkAnalyst). The calculation of power in omics is complex. For example, the number of observed metabolites is unknown *a priori* and is highly dependent on the analytical platform and the dynamic range of metabolite concentrations. Furthermore, there is strong multicolinearity between variables, arising both from technical sources and possible inter-metabolite associations comprising common metabolic networks. Thus, there is no widely accepted method to determine power, and many times studies are driven by sample availability, based on pilot or literature data.³³ Nevertheless, despite the above limitations, several of our studies have showed a strong discrimination between probands and controls when using \sim 20 subjects per diagnostic group.^{31,32,34}

Biochemical evaluation of glycogen

Freshly isolated cortex and cerebellum of WT $(n = 3)$ and $Wdfy3^{+/lacZ}$ (n = 5) 3 m old females was quickly dissected (\sim 5 min per brain), weighted, adjusted to a concentration of 10 mg tissue/200 µl ice-cold ddiH₂O, and homogenized for 10 min on ice. Subsequently, samples were subjected to either sonication (3 strokes of 30 s each for a total of 90 s on ice with a Fisher Scientific Sonic Dismembrator 550) or no sonication. Homogenates were then boiled for 10 min to inactivate enzymes, centrifuged at 18,000 rpm for 10 min and supernatants were collected for glycogen levels analysis. Biochemical quantification of glycogen was performed by a commercial glycogen colorimetric assay kit (#169558, Abcam) following the manufacturer's recommendations. Briefly, $50 \mu l$ of supernatant and glycogen standards were transferred to a 96 well plate, followed by incubation with $2 \mu l$ of hydrolysis enzyme mix for 30 min. Subsequently, the samples were incubated with $50 \mu l$ reaction mix for 30 min at room temperature. Absorption was followed with a Tecan Infinite M200 microplate reader at 450 nm. Glycogen concentration was calculated from the calibration curve obtained with glycogen standards. The final glycogen concentration was computed by subtracting the background value (the signal without hydrolysis enzyme mix).

Electron microscopy studies

Young adults (2–3 m old; 2 males per genotype) were anesthetized by isoflurane and tissues fixed by transcardiac perfusion with 25 ml phosphate-buffered saline (PBS) for 10 min, followed by 50 ml of fixative (4% paraformaldehyde in PBS) for 15 min. Tissues were rinsed twice in $0.1 M$ NaH₂PO₄ for a total of 30 min and placed in 1% osmium tetroxide, 0.1 M NaH₂PO₄ for 45 min. Tissues were then rinsed again in 0.1M $NaH₂PO₄$, dehydrated in increasing concentrations of ethanol (from 50%, 75%, 95% and 100%). Propylene oxide was used as transitional solvent. Tissues were then pre-infiltrated overnight in a 50:50 ratio propylene oxide:resin. The following day, tissues were infiltrated with 100% resin for 5 h, and subsequently embedded in fresh resin. The embedded tissues were sectioned with an ultramicrotome at a thickness of 90 nm and collected on copper mesh grids. The sections were mounted on collodion-coated copper grids and stained with 4% uranyl acetate for 30 min and for 2 min in 0.2% lead citrate in 0.1 N NaOH. Images were taken with FEI Talos L120C TEM microscope.

In interpreting the EM images, a synaptosome was defined as a clearly membrane-bound body containing 3 or more vesicles of 40-60 nm diameter (i.e. the typical diameter of synaptic vesicles). Synaptosome-like structures without intact plasma membrane were not considered as synaptosomes. Myelin was identified by its multilamellar structure. Myelin was measured as the length of transect line between the two widest points of intersection of a profile. Mitochondria were identified by the presence of a double membrane and cristae and were measured from outer membrane to outer membrane. Coated vesicles were identified by their size, typically 50-80 nm, and the characteristic electron-dense material adherent to their outer aspect. Unidentified material included all other profiles present, whether discretely membrane-bound or not.

Using ImageJ software, 35 images from both brain regions and both genotypes were examined and analyzed. In total, we analyzed 855 mitochondria from 36 images of the WT mice and 2055 mitochondria from 46 images of the Wdfy3 mutant mice for cerebellum and 452 mitochondria in 38 images from two

Wdfy3 mutant mice and 505 mitochondria in 39 images of cortices from WT mice. We focused on several key parameters, the first of which, size, which was quantified by area and perimeter of each mitochondrion. To quantify the images, the components (mitochondria and synapses) had to be identified by ImageJ, then visualized and (if needed) retraced by hand for morphological analysis. Mitochondria were identified as electron dense, roughly tubular structures with a visible double membrane and distinguishable cristae, identifiable through ImageJ. From the traced mitochondria, parameters of mitochondrial morphology, obtained with the ImageJ software, were the following: area, perimeter, aspect ratio $(AR = \text{major/minor axis})$, roundness (1/AR) and solidity (the fraction of pixels contained with a convex polygon fitted around a mitochondrion). Aspect ratio was calculated automatically by ImageJ by fitting an ellipse to the traced shape and determining the ratio between the major and minor axes and by utilizing the formula; [major axis]/[minor axis]. This formula calculates the ratio of the major axis to the minor axis of the fit ellipse (i.e., the smallest ellipse that circumscribes the selected mitochondrion). A value of 1 indicates a perfect circle. Values increase indefinitely as mitochondria become increasingly elongated. Roundness (inverse of aspect ratio) is reported as index of circularity. Circularity was also measured automatically by ImageJ with the formula $(4\pi x \text{ area})$ (perimeter²). On the circularity scale, a score of 1.0 is representative of a perfect circle, while values tend toward zero as mitochondria become increasingly elongated. Solidity [area/(convex hull area)] calculates the ratio of a mitochondrion's area to the area of the smallest convex shape that can encircle the mitochondrion. A value of 1 indicates no concavity. Values tend toward 0 as mitochondria become more concave. In other words, it represents the shape of individual mitochondria, with values closer to 0 indicating more regular and less branched mitochondria. Solidity values closer to zero describe highly branched mitochondria, whereas higher solidity values (closer to 1) tend to describe more uniformly shaped mitochondria with low branching.³⁶ Likewise, synapses were characterized as the electron-dense junction between two cells with an abundance of synaptic vesicles carrying neurotransmitters. Additional measurements taken were regarding the relative densities of mitochondria and of synapses between genotypes. Mitochondria per synapse were also assessed by counting the number of mitochondria per frame and dividing by the number of synapses in the same area. This value did not mean to describe the number of mitochondria directly surrounding each synapse but rather the overall ratio of mitochondria to synapses. The median value and quartiles of the data sets were found and compared. Analysis of mitochondrial morphology was assessed by evaluating criteria for the five categories based on 37 and modified as it follows: 5—Intact, sharply defined, numerous and/or regular cristae; 4—Occasional swollen cristae, slightly irregular packing, round mitochondrion; 3— Fragmented and/or swollen cristae, irregularly packed; 2—Severely fragmented and/or swollen cristae, warped membranes; 1—Delamination of inner and outer mitochondrial membranes, absent cristae.

PAS staining

Brain slices from mice (cortex and cerebellum from 2 of each genotype, all male aged 3-4 m or 4 of each genotype aged 7-8 m) were stained with periodic acid–Schiff (PAS) as described.³⁸ Briefly, $60 \mu m$ -sectioned slices were oxidized by a treatment with 0.5% periodic acid for 10 min, followed by incubation in saturated dimedone aqueous solution at 60°C for 30 min. Reaction with Schiff's reagent was conducted for 5 min at room temperature. This analysis was performed at the UCD CPL Facility.

Statistical analyses

Type of data distribution was tested for all the outcomes with D'Agostino & Pearson normality test. In instances of normally distributed data and for comparisons of two groups, the Student's unpaired t-test was used, whereas for multiple group comparisons, oneway ANOVA followed by the Bonferroni's post-hoc test. In instances of non-normally distributed data, the non-parametric Mann-Whitney test was applied. Significance was set at $p < 0.05$. Outliers were computed with the ROUT (Robust Regression and Outlier removal) method. Statistical analysis was computed by using GraphPad Prism (version 8.1.2).

Results

Brain carbohydrate metabolism is altered in Wdfy3^{+/lacZ} mice

To assess whether Wdfy3 loss impairs brain carbohydrate metabolism and, consequently, brain bioenergetics, we performed untargeted proteomics on cytosolic fractions from cerebral cortex of each genotype. This approach yielded 1,531 differentially expressed proteins that according to the gene ontology cellular compartment enrichment analysis were, as expected, associated with the following subcellular compartments: cytosol, ribosomes, synapses, axons, dendrites, cytoskeleton, and mitochondria associated with ER (Figure 1(a)). To visualize inter- as well as intra-group variabilities in an unsupervised manner and present differential expression

Figure 1. Cellular location and pathway overrepresentation analyses. Subcellular localization analysis (a) identified by untargeted proteomics performed on cerebral cortical cytosolic fractions of WT and Wdfy3^{+/lacZ} mice. The identified 1,531 proteins were enriched (only the top quartile is shown after performing enrichment analysis with the GO:CC feature in g:Profiler¹¹⁴) in the indicated cellular subcomponent. A heat map representation (b) was chosen to show individual protein levels selected by setting the p-value threshold at 0.05 for the Student's t test. Pathway overrepresentation analysis (c) obtained by using as input proteins with significantly differential expression between genotypes suggested a critical involvement of Wdfy3 in glucose processing and storage. Data were filtered by the interquartile range (IQR) and normalized for each individual sum. Analysis was performed by using MetaboAnalyst, setting the -LOG (p-value) $<$ 1.3. Pathways were ranked form left to right by most to least dysregulated.

levels of the proteomes associated with either genotype, we opted for a heat map display (Figure 1(b)). The known cellular roles of identified proteins and their relative contents were assessed by pathway analysis utilizing the Reactome and KEGG databases. While this approach identified differentially expressed proteins associated with a multitude of pathways, we recognized a notable overrepresentation of pathways associated with carbohydrate metabolism (glucose metabolism, glycogen storage diseases, metabolism of carbohydrates, myoclonic epilepsy of Lafora, and insulin signaling) (Figure 1(c)). Indeed, the top association was with glucose metabolism suggesting a critical involvement of Wdfy3 in glucose processing and storage. Further, enrichment analysis of differentially expressed proteins that took significantly coordinated pathway shifts into account, indicated that pathways related to carbohydrate metabolism (including glycogen processing) were predominantly downregulated (Table 1).

Notably, following the same trend as glycogen metabolism, pathways associated with neurotransmission were also downregulated further supporting the link between mitochondria- and glycogen-derived ATP and neurotransmission. $39-41$ Our proteomic analysis indicated a downregulation of mainly gamma aminobutyric acid (GABAergic) neurotransmission (Table 1). Several proteins involved in pre- and postsynaptic GABAergic (GABA-T, VGAT, PKA) as well as

Table 1. Enrichment analysis results performed on proteomics of brain cortex.

(continued)

Table 1. Continued

Note: The differential proteome was analyzed against the following pathway databases: KEGG, Reactome, Wikipathways, NETPath, PID Biocarta and PID NCI by utilizing InnateDB.¹¹⁵ The table shows the combined results organized by enrichment and negative log adjusted p-value.

glutamatergic (GRK, PKA, EAAT, HOMER, ERK1/2, GIGO, IP3R) neurotransmission were found to be downregulated in $Wdfy3^{+/lacZ}$ cortex (Figure S1). The levels of critical enzymes involved in glucose metabolism including the tricarboxylic acid (TCA) cycle (Figure S1; Table 1) were also downregulated, as energy production and neurotransmitter synthesis and recycling are bidirectionally interconnected processes (e.g., GABA shunt; Figure S1). Among the upregulated pathways, lysosome and phagosome formation, translation, as well as protein and lipid metabolism appeared notable (Table 1; Figure S2).

Figure 2. Glycogen pathway and content in cerebellum and cortex of WT and Wdfy3^{+/lacZ} mice. Wikipathways generated visualization of the glycogen pathway (a) indicate proteins with more than LOG2 fold change in the proteomic analysis and used as input values for Pathvisio (red overexpressed and blue, underexpressed). Glycogen levels (b) are shown as box plots (median with IQR) showing total, soluble (cortex and cerebellum) and insoluble (cortex) glycogen levels assessed in WT and Wdfy3^{+/lacZ} mice. Insoluble, membrane-bound glycogen content was calculated as the difference between total glycogen (obtained upon sample sonication) and soluble glycogen (nonsonicated samples). Statistical analysis of the data shown was carried out by Student's t-test.

Shift to glycogen synthesis vs. catabolism in Wdfy3 HI independent of lysosome content

A more detailed analysis of carbohydrate metabolism indicated that Wdfy3 haploinsufficiency (HI) was associated with a shift towards glycogen synthesis at the expense of glycogen catabolism (Figure 2(a)). Particularly, overexpression of UTP-glucose-1-phosphate uridylyltransferase (Ugp2), 1,4-alpha-glucan-branching enzyme (Gbe1), and Ser/Thr-protein phosphatase PP1 (Ppp1) complex catalytic subunits alpha (Ppp1ca) and beta (Ppp1cb) in combination with lower content of its inhibitors Ppp1r1a and Ppp1r2 were indicative of increased

glycogen synthesis, further confirmed by decreased levels of Gsk3a. However, decreased hexokinase 1 (Hk1) levels, required to form glucose-6-phosphate from glucose, and glycogenin, which serves as a starting point for glycogen synthesis, were also noted (Figure 2(a)), suggesting a combination of fewer glycogen granules with higher glycosyl units.Down-regulation of glycogen catabolism in $Wdfy3^{+/lacZ}$ mice was supported by decreased expression of glycogen phosphorylase (Pyg), phosphoglucomutase (Pgm), and debranching enzyme (Agl; Figure 2 (a)). With respect to Lafora disease, a condition characterized by the accumulation of polyglucosans, $Wdfy3^{+/-}$

 \int_{a}^{lacZ} mice showed overexpression of two of the five proteins encoded by Lafora disease-causing genes $42-46$ namely the laforin interacting proteins Epm2ap1 and the mitochondrial iron-sulfur cluster scaffold protein Hirip/Nfu1 were overexpressed in $Wdfy3^{+/lacZ}$ mice (log2 FC = 2.18 and 2.13, respectively).

Glycophagy comprises the breakdown of intralysosomal glycogen mediated by acid a-glucosidase $(Gaa^{47,48};$ In $Wdfy3^{+/lacZ}$ mice Gaa was overexpressed ($log2$ FC = 2.07), indicating that this enzyme was not the limiting step in glycophagy impairment of $Wdfy3^{+/-}$ lacZ mice. To discern whether Gaa overexpression was an isolated phenomenon rather than a generalized increase in total lysosomal content, we analyzed the expression of proteins associated with the gene ontology term "lysosome" (Figure S2(a)). Wdy3 HI was associated with increased expression of constitutive lysosomal proteins (including proteases, glycosylases, lipases, ceramidase, subunits of the vacuolar ATPase or ATPV, Lamp1, among others), as well as other proteins associated with lysosomal biogenesis (Ap1/Ap3, Mpr). This finding suggested a generalized upregulation of lysosomal biogenesis (Table 1; Figure S2(a)) possibly as a compensatory mechanism to Wdfy3 mediated deficits in selective macroautophagy.

Glycophagy requires not only functional lysosomes but also active autophagy.49,50 Consequently, using the gene ontology term "phagosome" in the KEGG pathway database in conjunction with Pathview, 51 we sought to identify possible dysregulations in the expression of proteins associated with phagosome formation (Figure S2(b)). While components required for autophagosomal membrane nucleation and lysosomal fusion were overrepresented in $Wdfy3^{+/lacZ}$ mice compared with WT (Figure S2(b), in red; Table 1), factors needed for the phagophore complex (Atgs, Wif1, and Rab33b) were underrepresented (Figure S2(b), in blue; Table 1). These results were consistent with Wdfy3's established role in phagosome formation by association with the Atg16l complex as we reported before.¹¹

Defective brain glycophagy in Wdfy3^{+/lacZ} mice

To shed light into whether accumulated glycogen was readily accessible in its cytosolic form or sequestered in phagolysosomes, we evaluated the glycogen content in sonicated and nonsonicated samples from cortex and cerebellum obtained from WT and $Wdfv3^{+/lacZ}$ mice (Figure 2(b)). Values of sonicated samples were considered to reflect total glycogen, whereas values of naive samples were considered as accessible or soluble cytosolic glycogen. The difference between these two sets of values was representative of insoluble glycogen, sequestered within membrane-bound structures. Irrespective of

sonication, samples containing glycogen were treated with amyloglucosidase (releases glucose from the hydrolysis of 1,4-, 1,6- and 1,3- α -D-glucosidic bonds) to ascertain the nature of the bonds within glycosydic residues. The free, soluble amount of glycogen was significantly lower in cortex of $Wdfy3^{+/lacZ}$ mice (53%; Figure 2(b)) with a concomitant increase in insoluble, but not total, glycogen (Figure 2(b)). A similar, albeit non-significant, trend was observed for soluble glycogen in cerebellum of $Wdfy3^{+/lacZ}$ mice, suggesting that other brain regions showed to a lesser extent this imbalance (Figure 2(b)). No significant difference was recorded between total and soluble cortical glycogen in WT mice (Figure 2(b)), suggesting that most glycogen $(\sim 88\%)$ is readily accessible in its soluble form. Of note, and as expected, total cortical and cerebellar glycogen contents in WT mice were respectively one- and two-orders of magnitude lower than that of the glycogen-rich organs skeletal muscle and liver 52 and consistent with several other studies, $53-56$ but lower than the highest reported values⁵⁷ (Table S1).

As the above results implied an accumulation of glycophagosomes in $Wdfy3^{+/lacZ}$ mice, we next sought to visualize glycogen distribution in cortex and cerebellum by utilizing electron microscopy. We identified electron opaque particles exhibiting ultrastructural features generally attributed to β -type glycogen^{58,59} that were distinguishable from other similarly sized particles by selectively enhancing electron density utilizing lead citrate staining.⁶⁰ In our preparations, other particulate structures - primarily ribosomes - exhibited about the same density as those in osmium tetroxide and uranyl acetate-stained preparations. Glycogen particles in WT cerebellum and cortex were abundant, appeared predominantly as a single particle (β -type) of 20-40 nm in diameter, and more seldom as compound particles (α -type), opposite to those noted in $Wdfy3^{+/lacZ}$ cerebellum (Figure 3(a) and (b)). Glycogen was associated with some profiles of the endoplasmic reticulum and occasionally in secondary lysosomes (Figure 3(c)). The electron microscopy analysis further revealed that Wdfy3 HI was associated with lipofuscin deposits (Figure 3 (c)) in both cerebellum and cortex. These deposits appeared as highly electron-opaque, non-membrane bound, cytoplasmic aggregates consistent with the appearance of lipofuscin. While lipofuscin deposits appeared more numerous in cerebellum and cortex of $Wdfv3^{+/lacZ}$ mice, their highly irregular distribution and uncertain association with individual cells made their precise quantification impossible. We also noted in the mutants a buildup of mitochondria with distorted morphology, vacuolization, faded outer membranes, and formation of mitochondria-derived vesicles (Figure 3(c) and (d)). In addition, in $Wdfy3^{+/lacZ}$ mice the incidence

Figure 3. Aberrant subcellular glycogen deposits, glycophagosomes, and mitochondria in Wdfy3^{+/lacZ} cerebellum and cortex. Representative TEM images (x 11,000) of WT (a) and Wdfy3^{+/lacZ} cerebellum (b) and cortex (c–f). Red asterisks indicate glycogen particles that are dispersed in the cytosol. Glycogen particles included into secondary lysosomes are shown in the insets in (b). These secondary lysosomes appear as highly electron-opaque, non-membrane bound, cytoplasmic lipofuscin deposits. Orange arrowheads point to mitochondria with distorted morphology, vacuolization (d), faded outer membranes, and formation of mitochondria-derived vesicles. Glycophagosomes (GIPh) were noted in Wdfy3^{+/lacZ} cortex (c), as well as highly electron-opaque lipofuscin deposits (orange asterisks in c). All scale bars are $1 \mu m$. Ax: axon; Mi: mitochondrion; Nu: nucleus.

of glycophagosomes was two-fold higher than in WT and typically presented as membrane-bound larger structures with dense matrix and/or accumulation of punctate material (Figure 3(e) and (f)).

These results were comparable to those observed in Pompe disease. This disorder presents with a characteristic longitudinal trajectory of ever increasing severity,⁶¹ accompanied by a decline of patchy glycogen with increases in high-intensity PAS positive clots (named polyglucosan bodies),⁶² lipofuscin, as well as lysosomal and autophagy defects. $63-65$ Taking these observations into account, we wanted to test the effects of older age on the formation of brain glycogen deposits in $Wdfv3^{+/-}$ $lacZ$ mice. Histological analysis of H&E (Figure 4(a) to (d)) and periodic acid–Schiff (PAS) stained brain slices (Figure 4(e) to (h)) revealed cerebellar hypoplasia and accumulation of $PAS⁺$ material with disorganization of the granule and Purkinje cell layers in 7-8 m old mice (Figure 4(g) and (h)). None of these neuropathological features were observed in either WT or $Wdfy3^{+/lacZ}$ mice at 3-5 m of age (Figure 4(e) and (f)). Although these changes were evident in both genotypes with age, the incidence of the $PAS⁺$ material was almost 2-fold higher in $Wdfv3^{+/lacZ}$ mice compared to agematched WT mice (Figure 4(i)).

Downregulation of synaptic neurotransmission pathways in cerebellum is reflected in decreased number of synapses and accumulation of aberrant synaptic mitochondria of Wdfy $3^{+/lacZ}$ mice

"Healthy" brain circuitry requires active glycogenolysis and functional mitochondria for adequate synaptic

density, activity, and plasticity.^{12,13} We reasoned that deficits in selective macroautophagy may not only compromise fuel metabolism between glia and neurons, but also neurotransmission and synaptogenesis. To further explore this question and potentially identify ultrastructural morphological features that may explain the different effects of Wdfy3 loss on cortex compared to cerebellum, we performed transmission electron microscopy (TEM) to quantify mitochondria and their morphological features (area, perimeter, aspect ratio, roundness, and solidity), number of synapses, and analyze the expression of proteins involved in pre- and postsynaptic transmission. Our data confirmed in 2-3-months-old cerebellum, but not cortex, of $Wdfy3^{+/lacZ}$ mice, an increased number of enlarged mitochondria (Figure 5(a)). In cortex, the roundness and solidity of mitochondria were increased in $Wdfy3^{+/lacZ}$ compared with WT. Moreover, altered packing of cristae with fragmentation and delamination of inner and/or outer membrane was also noted in both brain regions based on a modified score system for evaluating mitochondrial morphology³⁷ (Figure 5) (b)). Mitochondria with disrupted cristae and outer membrane (identified by lower scores) were evidenced in cortex $(7%)$ and even more so in cerebellum $(15%)$ of $Wdfy3^{+/lacZ}$ mice. Overall, the results indicated that defective mitochondrial clearance in $Wdfy3^{+/lacZ}$ resulted in the accumulation of damaged mitochondria with altered ultrastructural morphology. In cerebellum of $Wdfy3^{+/lacZ}$ mice, the number of synapses per μ m² was 30% lower than WT, but no significant changes were observed in cortex (Figure 6(a) to (c)). By combining both data sets (mitochondrial parameters and

Figure 4. Age- and Wdfy3-dependent cerebellar neurodegeneration and glycogen accumulation. H&E staining was performed on brain slices from 3 m old WT and 8 m old Wdfy3^{+/lacZ} mice (a–d). White arrows indicate cerebellar hypoplasia. Asterisks indicate areas of cellular disarray. Brain glycogen was evidenced in brain slices from 3 (e, f) and 8 m (g, h) old WT and Wdfy3^{+/lacZ} mice by staining with PAS. Red arrows indicate glycogen deposits which is visualized by a pink color. Incidence of brain hypoplasia and glycogen with age in WT and Wdfy3^{+/lacZ} mice was calculated at 3–5 m and 7–8 m of age (i). Scale bars are 500 µm in A, B and 100 µm in (c–h). GCL: granular cell layer; PCL: Purkinje cell layer; MCL: cellular layer.

Figure 5. Altered mitochondrial morphology in Wdfy3^{+/lacZ} brains. Mitochondrial parameters were evaluated in TEM images shown in Figure 3 with ImageJ software (a). Number of mitochondria is reported per μ m², and average mitochondrial area and perimeter respectively as μ m² and μ m. Representative TEM images (b) show cristae and outer membrane degree of intactness (cerebellum), and quantification (cerebellum and cortex) of mitochondrial morphology. Numbers at bottom right of each micrograph indicates morphological score (from 1 to 5). All other details were included under Materials and Methods. Data are shown as violin plots (median $+$ IQR). Statistical analysis performed with Mann-Whitney test for non-parametric data and significance is considered for $p < 0.05$.

Figure 6. Changes in synaptic density and synaptic mitochondrial content in Wdfy3^{+/lacZ} cerebellum. Representative images of cerebellar synapses (Sy; a, b)—defined as electron dense confined vesicular accumulations—and mitochondria in WT and Wdfv3^{+/lacZ} mice. The number of synapse/ μ m² and number of mitochondria/synapse are shown in in panels (c and d), respectively. Data are presented as violin plots, showing median and IQR. Statistical analysis was performed with Mann-Whitney test for non-parametric data. Scale bar is $1 \mu m$.

Ax: axon; Mi: mitochondrion; Nu: nucleus.

synapse numbers), the number of accumulated mitochondria with altered morphology per synapse was 1.8-fold higher in $Wdfy3^{+/lacZ}$ cerebellum compared with WT ($p < 0.05$; Figure 6(d)), but not significantly different in cortex.

As TEM did not reveal the contribution of pre- vs. postsynaptic processes to the cerebellar pathological alterations that we observed, we used orthogonal bioinformatic tools to identify biological pathways and cellular compartments relevant to synaptic processes in our differential cortical proteome dataset. We proceeded by testing our dataset for enrichment in proteins annotated to synaptic compartments and processes using the SynGO knowledgebase.⁶⁶ The analysis revealed significant enrichment of the input proteins in the presynaptic compartment ($p = 3.35 \times 10^{-8}$) including synaptic vesicles $(p = 0.020)$, presynaptic membranes ($p = 0.005$), and their integral components $(p = 0.022)$ (Figure S3). The postsynaptic compartment was also enriched ($p = 1.3 \times 10^{-5}$), albeit at a lower significance compared to the presynaptic compartment, mainly at the level of the postsynaptic cytoskeleton $(p = 0.00025)$. In regards to biological function, enriched synaptic processes were constituted by synapse organization ($p = 2.01 \times 10^{-5}$), especially at the level of assembly ($p = 0.001$). At the presynaptic level $(p = 0.0003)$, synaptic vesicle cycle $(p = 0.0003)$ was over-represented, whereas regulation of postsynaptic membrane neurotransmitter receptor levels ($p = 0.017$) and chemical synaptic transmission $(p = 0.006)$ were over-represented at the post-synaptic level ($p = 0.017$).

Taken together, these results indicated a relevant role for presynaptic events, mainly at the level of synaptic vesicle recycling, a process heavily supported by mitochondria-derived ATP in presynaptic terminals.⁶⁷

Discussion

The scaffold protein Wdfy3, a central component in selective macroautophagy, has been recognized as an important neurodevelopmental regulator. During prenatal development, Wdfy3 loss-of-function adversely impacts neural proliferation, as well as neuronal migration and connectivity.^{2,3} What remains much less explored are the consequences of Wdfy3 loss for adult brain function. Our previous work confirmed a requirement for Wdfy3 in regulating mitophagy, the targeted removal of functionally impaired mitochondria that is required for optimal bioenergetics and cell health, particularly so in energy-demanding neurons.¹¹ Intriguingly, the generation of cytosolic proteomic data and subsequent pathway analysis revealed that differentially expressed cortical proteins that were overrepresented in $Wdfy3^{+/lacZ}$ mice clustered within carbohydrate-associated pathways, namely glucose metabolism, glycogen storage diseases, carbohydrate metabolism, and myoclonic epilepsy of Lafora hinting at a possible role for Wdfy3 in glycogen degradation. Based on these observations, here we expand on Wdfy3's mitophagic function and provide additional evidence that Wdfy3 mutation negatively affects glycophagy, synaptic density, and neurotransmission, processes connected to synaptic plasticity. Synaptic plasticity presents the dominant model underlying our understanding of how the brain stores information, i.e., how it forms new memories and recalls them, and if pathologically altered how it may affect subjects with autism and intellectual disabilities.68–72

Our results show that Wdfy3 HI decreases the number of synapses in cerebellum, but not cortex, suggesting that autophagic processing or some other Wdfy3-mediated mechanism is relevant to synaptic maintenance especially evident in tissues such as cerebellum with a higher content of neuron-to-glia ratios than cortex (\sim 10-fold⁷³). This result conforms to other recent findings that link autophagy in neural and nonneural cells (primarily microglia) in controlling dendritic spine pruning in mouse cortex.^{74,75} While loss of mTORC1-dependent macroautophagy was linked to defective synaptic pruning and altered social behaviors,74,76,77 to our knowledge no studies have implicated selective macroautophagy (i.e., mitophagy and glycophagy) as a critical effector in the same process and by extension brain plasticity. Several lines of evidence provided in this and our previous study support a role for Wdfy3 in modulating synaptic plasticity via coupling to selective macroautohagy. First, Wdfy3 is widely expressed in the postnatal brain, including hippocampal fields that undergo continuous synaptic remodeling.¹¹ Second, clearance of damaged mitochondria via mitophagy is essential to sustain normal mitochondrial trafficking and brain plasticity.^{12,13} Third, brain glycogen metabolism is relevant for memory processing $78,79$ and learning-dependent synaptic plasticity.⁸⁰ Fourth, as the balance between energy production and demand is altered when damaged mitochondria and hampered glycogenolysis/glycophagy are present, insufficient synaptic vesicle recycling can be expected resulting in defective synaptic transmission.

Our data point to an imbalance between glycogen synthesis and breakdown in $Wdfy3^{+/lacZ}$ mice, due to an impairment of glycophagy. This scenario is supported by our findings of equal total glycogen content in cortex and cerebellum between genotypes, but significant differences in distribution favoring insoluble glycogen in $Wdfy3^{+/lacZ}$ mice. A plausible explanation for this observation appears to be that routing of glycogen for lysosomal degradation via autophagosomes is diminished in $Wdfy3^{+/lacZ}$ brain due to the Wdfy3dependent nature of these autophagosomes. This idea is supported by the higher content of lysosomes, but not autophagosomes, and the accumulation of glycophagosomes in the mutant. Although the molecular mechanism by which glycogen is transferred to the lysosome is still poorly understood, our findings suggest a direct requirement of Wdfy3 in this process. Currently, it remains unknown whether glycophagy provides a quantitatively different route of glycogen breakdown compared to phosphorylase-mediated glycogen catabolism. Plausible scenarios may include glycophagy-mediated glucose release in subcellular compartments with high-energy demand, such as synapses, or a different timescale of release to enable sustained or rapid availability. It is also conceivable that glycogen directed for glycophagy may be qualitatively different to that degraded in the cytosol, thus requiring a different route of degradation. For instance, abnormally branched, insoluble, and/or hyperphosphorylated glycogen may inhibit phosphorylase action and favor its recruitment to the glycophagosome. In a related example, loss-of-function of either the phosphatase

laforin or the E3 ubiquitin ligase malin results in the accumulation of abnormally branched, hyperphosphorylated glycogen and polyglucosan inclusion $\frac{1}{6}$ bodies called Lafora bodies.⁸¹ As expected, overexpression of laforin prevents stress-induced polyglucosan body formation in neurons, 82 but surprisingly also increases autophagy via the mTOR pathway, 83 providing a link between glycogen catabolism and autophagy. Notably, two of the five Lafora disease-causing genes, encoding the laforin interacting proteins Epm2aip1⁴⁴ and $Hirip5/Nfu1⁴⁵$ showed higher expression in $Wdfy3^{+/lacZ}$ mice. While Epm2aip1 is yet of unknown function, it colocalizes with laforin in polyglucosan formations44,84 suggesting a role in glycogen quality control by preventing the formation of polyglucosans. 84 Relevant to mitochondria biology, the assembly protein Hirip5/Nfu1^{45,85} is critical for the formation of mitochondrial iron-sulfur clusters.^{85,86}

Historically, glycogen metabolism has been described primarily in glia^{87–91} with a defined role in behaviors associated with memory formation and consolidation⁹² [see reviews^{92,93}]. However, at a smaller scale neurons appear to actively metabolize glycogen as well, as they express both glycogen synthase and glycogen phosphorylase, 94 and accumulate some glycogen.⁹⁴ Neuronal glycogen has been associated with memory formation and synaptic plasticity, 95 and more recent studies in humans have shown accumulation of glycogen in neurons of the elderly in the form of abnormal glycogen deposits named polysaccharidebased aggregates, or alternatively corpora amylacea.⁹⁶ Similar deposits have been discovered in mouse and *Drosophila* brains, 97 as well as postmortem in frontal cortex of individuals with neurodegenerative disorders (Alzheimer's and Pick's diseases and Parkinson disease).⁹⁸ The inability to inhibit neuronal glycogen synthesis constitutes the basis of Lafora disease, 99 and impaired activity of glycogen branching enzyme has been reported in adult polyglucosan body disease.¹⁰⁰ Furthermore, targeted downregulation of Drosophila glycogen synthase in neurons improves neurological function with age and extends lifespan. 97 Consistent with these previous reports, we demonstrated that while cerebellar hypoplasia and accumulation of glycogen deposits increased with an animal's age, their incidence, and likely their onset, was higher in $Wdfy3^{+/lacZ}$ mice suggesting a critical role for Wdfy3 in glycogen degradation and neurodegeneration, mirrored by an age-dependent decline in associative learning, cognitive, and memory-forming processes. Wdfy3 may act in this context as a modifier to disease progression as recently described in a mouse model of HD (BACHD, which expresses a full-length human mutant HTT gene). While Wdfy3 loss on its own would not initiate the accumulation of Htt aggregates, and BACHD mice

will show only late-onset selective neuropathology, BACHD-Wdfy3 compound mutants revealed significant increases of Htt aggregates in cortex and striatum of 9 and 12 m old mice.¹⁰ The accumulation of aggregates also correlated with an accelerated onset of HD symptoms in BACHD-*Wdfv3* mice further supporting Wdfy3's role as a disease modifier.

Additional associations exist between neuronal glycogen accumulation, autophagic flux, and HD. Specifically, glycogen deposits have been proposed as neuroprotective agents by enhancing the clearance of mutant Htt protein via activation of the autophagic machinery both *in vitro* and in a mouse model (R6/ $2)$.⁹⁸ The authors also showed that PAS⁺ glycogen deposits can be found in neurons of postmortem brain samples of individuals clinically diagnosed to have Alzheimer's disease, Pick's disease, or Parkinson's disease suggesting a general link between neuronal glycogen and neurodegenerative disorders. However, as that study demonstrated, accumulation of glycogen in healthy neurons is detrimental even when autophagy is overactivated highlighting the delicate balance between glycogen homeostasis and brain function. A link between defective glucose metabolism and neuronal degeneration is also suggested by findings that hexokinase-II (HK-II), which catalyzes the first step of glycolysis, can induce apoptosis in primary neurons in response to glucose depletion.¹⁰¹ Similarly, glucose deprivation results in dephosphorylation of the glucose metabolism modulator Bad protein (BCL-2 associated agonist of cell death) and Bad-dependent cell death.¹⁰² Incidentally, in *Bad* mutant mouse lines reduced glucose metabolism increases the activity of metabolically sensitive neuronal K(ATP) channels and confers seizure resistance.¹⁰³

While our study did not differentiate between glial and neuronal glycogen, the fact that similar glycogen contents were observed in both cortex and cerebellum, areas with very different ratios of nonneuronal cells-toneurons,^{73,104} supports the concept that observed changes also apply to neurons. Differences in glia-neuron ratios may also explain the perplexing differences in phenotypic severity between cortex and cerebellum. The dramatic accumulation of synaptic mitochondria with altered ultrastructural morphology and the lower number of synapses observed in mutant cerebellum compared with cortex may be explained by the relatively lower number of glycogen-containing glia in cerebellum and thus, diminished capacity to compensate for glycophagy impairment.

In summary and in line with other studies linking macroautophagy to synaptic pruning and aberrant behavior, $74,76,77$ here we suggest that Wdfy3dependent selective macroautophagy may alter synaptic plasticity impacting neuronal circuits and brain

health. The process may involve buffering glucose concentrations in the brain via rapid glycogenolysis as it offsets decreased glucose availability during periods of elevated activity followed by restoration of the glycogen pool during resting periods.¹⁰⁵ In addition, it is crucial for learning and memory processes where increased energy-demanding synaptic activity is required to elicit learning acquisition and storage under physiological conditions.^{106–109} The association between glucose availability and autophagy regulation has also been recognized in cardiomyocytes and other cells, were hexokinase-II (HK-II) downregulation diminished while overexpression increased glucose deprivation-induced autophagy via TORC1 inhibition.¹¹⁰ Interestingly, several studies have shown that repression of the activity of glycogen synthase kinase 3 (GSK3), a multifunctional kinase involved in glycogen synthesis and a key modulator of synaptic plasticity, is associated with psychiatric, neurodegenerative and neurodevelopmental disorders, $111-113$ suggesting that defects in WDFY3 may contribute to the onset and/ or morbidity of ASD and intellectual disability/developmental delay. This suggestion fits well with the larger context of Wdfy3-association with neuropsychiatric disorders as revealed by our *in silico* analysis (Figure S4) connecting several disorders including schizophrenia, global developmental delay, muscle hypotonia, seizures, epilepsy, intellectual disability, and bipolar disorder to Wdfy3 HI.

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Authors' contributions

E.N. evaluated glycogen content, performed the EM studies, analyzed statistically most of the experiments, and contributed to the writing of the study; A. A. P. maintained $Wdfy3^{lacZ}$ al input and contributed to the writing; K.S.Z. maintained $Wdfy3^{lacZ}$ mice, collected tissue for biochemical and histological examination, and co-wrote the manuscript; C.G. conceived and design the study, wrote the manuscript and performed the interpretation and statistical analyses of the omics.

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Supplementary material

Supplemental material for this article is available online.

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