Research Article



Superparamagnetic cobalt ferrite nanoparticles as T_2 contrast agent in MRI: in vitro study

ISSN 1751-8741 Received on 17th June 2019 Revised 28th February 2020 Accepted on 11th March 2020 E-First on 3rd June 2020 doi: 10.1049/iet-nbt.2019.0210 www.ietdl.org

Zahra Mohammadi¹, Neda Attaran², Ameneh Sazgarnia¹, Seyed Ali Mousavi Shaegh^{3,4}, Alireza

Montazerabadi¹ 🖂

¹Medical Physics Research Center, Mashhad University of Medical Sciences, Mashhad, Iran

²Department of Medical Nanotechnology, Applied Biophotonics Research Center, Science and Research Branch, Islamic Azad University, Tehran, Iran

³Orthopedic Research Center, Mashhad University of Medical Sciences, Mashhad, Iran

⁴Clinical Research Unit, Ghaem Hospital Mashhad University of Medical Sciences, Mashhad, Iran

⊠ E-mail: alireza.montazerabadi@gmail.com

Abstract: Superparamagnetic cobalt ferrite nanoparticles (CoFe₂O₄) possess favourite advantages for theranostic applications. Most of previous studies reported that CoFe₂O₄ magnetic nanoparticles (MNPs) are suitable candidates for induction of hyperthermia and transfection agents for drug delivery. The present study synthesized and investigated the potential use of CoFe₂O₄ as a contrast agent in magnetic resonance imaging (MRI) by using a conventional MRI system. The CoFe₂O₄ were synthesized using co-precipitation method and characterized by TEM, XRD, FTIR, EDX and VSM techniques. Relaxivities r_1 and r_2 of CoFe₂O₄ were then calculated using a 1.5 Tesla clinical magnetic field. The cytotoxicity of CoFe₂O₄ was evaluated by the MTT assay. Finally, the optimal concentrations of MNPs for MRI uses were calculated through the analysis of T_2 weighted imaging cell phantoms. The superparamagnetic CoFe2O4 NPs with an average stable size of 10.45 nm were synthesized. Relaxivity $r_{1,2}$ calculations resulted in suitable r_2 and r_2/r_1 with values of 58.6 and 51 that confirmed the size dependency on relaxivity values. The optimal concentration of MNPs for MR image acquisition was calculated as 0.154 mM. Conclusion: CoFe₂O₄ synthesized in this study could be considered as a suitable T_2 weighted contrast agent because of its high r_2/r_1 value.

1 Introduction

Magnetic nanoparticles (MNPs) have been widely employed for various applications including magnetic resonance imaging (MRI), cancer hyperthermia, drug delivery, tissue imaging [1, 2]. Ferritebased MNPs have been widely-explored as magnetic nanomaterials because of their excellent magnetic properties and multifunctional agents [3, 4]. Because of superparamagnetic properties of some ferrite-based nanoparticles, they have been largely employed to enhance the proton relaxivity for improved contrast and sensitivity of MR image acquisition [5]. In addition, ferrite-based MNPs could enhance the efficiency of hyperthermia owing to their high anisotropy, making them suitable candidates for theranostic applications. [6]. Among various ferrite-based MNPs, cobalt ferrite (CoFe₂O₄) nanoparticles have been recognised as a favourite contrast agent. They have hard magnetic material properties such as high saturation magnetisation, strong anisotropy and mechanical hardness [7]. Size and nanostructure of MNPs affect their magnetic properties that could be highly modulated by the preparation methods [8]. Water-soluble ferrite MNPs could be synthesised by a co-precipitation method for the biological applications [9]. Ferritebased MNPs are used as contrast agents for T_2 -weighted MR images. Based on theoretical models and experimental reports, r_2 relaxivity depends on the particles size and aggregation, the square of the saturation magnetisation and the applied magnetic field strength [10]. For small MNPs, which satisfy the motional averaging regime (MAR), $\Delta \omega \tau D < 1$, the outer sphere theory $(R = (16/45)f(\Delta \omega)\tau D \alpha d^2 Hyd)$ could be applied. This theory is not applicable for larger sizes of MNPs. The static dephasing regime is dominant for too large sizes. In this regard, r_2 enhances as size increases [2, 11]. According to Ta et al. [12] r₂ relaxivity increased as magnetic field strength enhanced from 1.5 to 9.4 T and then decreased. r_2/r_1 is an indicator of MRI efficiency that increases with the increment of field strength [13]. Some studies evaluated CoFe₂O₄ MNPs as MR contrast agent in different sizes and various magnetic fields, confirming the above-mentioned content [2, 14–17]. The studies indicated that high r_2/r_1 was obtained in large sizes and high magnetic fields. For clinical applications of superpramagnetic CoFe₂O₄, it is necessary to obtain high r_2 and r_2/r_1 in conventional MRI systems. A contrast agent with optimal efficiency within the range of clinical magnetic field might find clinical applications. In this study, the superparamagnetic CoFe₂O₄ MNPs were synthesised with high size stability, and characterised by high r_2/r_1 in clinical magnetic field strength. In addition, the cytotoxicity of this multifunctional agent was evaluated.

2 Material and methods

2.1 Materials

Co (II) and Fe (III) were purchased from Aldrich, Scharlau and Alfa Aesar. NaOH was obtained from Merck. MTT (3-(4, 5-Dimethylthiazol-2-yl)-2, 5-diphenyltetrazolium Bromide) was purchased from Sigma Aldrich. Agarose gel and deionised water (DI water) were used during the tests.

2.2 Preparation of CoFe₂O₄ MNPs

 $CoFe_2O_4$ MNPs were synthesised by co-precipitation method in an alkaline aqueous environment. The reaction mixture was prepared from iron sulphate (Fe₂ (SO₄)₃ salts) and cobalt chloride (CoCl₂ salt) with 0.1 M concentration of metal salts. All components of the reaction mixture were deoxygenated with nitrogen gas before mixing. In the next step, 5.0 M NaOH solution was added with vigorously stirring of mixing reaction until reaching a pH of 12.4. The obtained solution was then replaced while stirring at 80°C for

3 h under continuous nitrogen gas bubbling. Finally, the obtained sedimentary solution was centrifuged at 8500 rpm for 3 min, and was carefully rinsed 3 times using 10 ml of DI water. The sediment was then rinsed with ethanol. Afterwards, $CoFe_2O_4$ MNPs were dried at 50°C in dry heat [18].

2.3 Characterisation

2.3.1 Transmission electron microscopy (TEM): TEM was carried out to evaluate the morphology and size distribution of the synthesised particles. A 200 keV field emission Tecnia F 20 (FE) TEM was used to get a high-resolution TEM (HRTEM) and selected area (electron) diffraction (SAED) pattern. The particle size histogram was determined by measuring the diameter of ~508 NPs and fitted by a Gaussian distribution.

2.3.2 Scanning electron microscopy (SEM): SEM was carried out to evaluate the morphology and surface structure of the MNPs. A 20 kV High Voltage MIRA3 TESCAN in 1.38 μ m of the field of view was used for SEM.

2.3.3 *Phase structure:* The X-ray diffraction (XRD) indicated $CoFe_2O_4$ MNPs with crystal lattice structures. The data was collected at the room temperature on an X-ray diffractometer (GNR EXPLORER, ITALY). The Pure $CoFe_2O_4$ MNPs was obtained at a calcination temperature of 550°C [19]. The XRD system was run at 40 kV and 30 mA in a 2θ range of 20°–80°. In the present study, dimensions of $CoFe_2O_4$ MNPs crystal (D) were estimated using the XRD information through the Sherrer's equation.

2.3.4 Infrared spectra: Fourier-transform IR (FTIR) spectroscopy was used to identify functional groups and chemical structural changes in materials. For preparation of sample: the powder sample and KBr salt were ground to reduce the particles size. Then, a small amount of powder sample (about 0.1-2% of the KBr amount) was mixed with the KBr powder. Subsequently, the mixture was ground for 3–5 min. Uniformly fine-grained powders were prepared using milling the mixture using a mechanical vibrator or a mill. A thin and transparent pellet was obtained under pressure. Then, the pellet was put onto the sample holder in the FTIR system. The infrared spectrum was recorded by FTIR spectrometer (AVATAR 370 FT-IR Thermo Nicolet Spectrum) that operated at room temperature. It was performed by 64 scans and the samples were analysed in transmittance mode [20]. The Spectral resolution of the system was set at 4 cm⁻¹ [21].

2.3.5 Energy dispersive X-Ray spectroscopy (EDS or EDX) spectrum: EDX spectrum indicated the presence of Fe, Co and O elements for the elemental analysis or chemical characterisation of samples.

2.3.6 Magnetometry: A vibrating sample magnetometer (vibrating sample magnetometer) VSM (manufactured by Danesh Pajoush Magnetis Company of Kashan, VSMF model, Iran) was used to measure the magnetic field-dependent magnetisation loop from -15,000 to 15,000 Oe at room temperature.

2.4 Relaxometry

Contrast agents in MRI could change relaxation times in tissues of interest. They can reduce T_1 and T_2 relaxation times that can be introduced as positive or negative contrast agents in MR images, respectively. $CoFe_2O_4$ MNPs are often used to enhance T_2 contrast are referred to as T_2 weighted images. T_2 and r_2 of water protons through the synthesised $CoFe_2O_4$ MNPs were calculated at 1.5 T MRI scanner (Avanto/Siemens. Kamyab Hospital). An in vitro phantom containing $CoFe_2O_4$ MNPs with various concentrations of 0.03, 0.04, 0.8, 0.12, 0.21, 0.25, 0.31, 0.36 and 0.42 mM was used to measure r_1 and r_2 values. All curve fitting routines, which were used to determine relaxation rate maps, were performed by Excel

and R Software. T_1 -weighted image was acquired at TE: 8.7 ms; TR1/TR2/TR3/TR4/TR5/TR6: 100/300/600/900/1200/2000 ms; flip angle: 20°; matrix: 256 × 192; the field of view: 260 mm; 100%; averages: 1, echo train length: 1; slice thickness:5 mm. T_2 weighted images were obtained by a T_2 spin-echo multisection pulse sequence with fixed repetition time (TR) of 2000 ms; TE1/TE2/TE3/TE4/TE5/TE6/TE7/TE8/TE9/TE10/TE11/TE12/ TE13/TE14/TE15/

TE16/:13.8/27.6/41.4/55.2/69/82.8/96.6/110.4/124.2/138/151/165.6 /179.4/193.2/207/220.8, flip angle: 20° ; matrix: 256×192 ; field of view: 260 mm; 100%; averages: 1, echo train length: 1.

2.5 In-vitro MR imaging of cell phantoms

In vitro experiments were performed using KYSE 30 (RRID: CVCL1351), an oesophagus cancer cell line (CCLE) from Homo sapiens (Human), extracted from a 64-year-old man. KYSE 30 cells were seeded at a density of 2×10^6 at T12.5 culture flasks. After 24 h, different concentrations of CoFe₂O₄ composite 0.04, 0.8, 0.12, 0.21, 0.25, 0.31 mM) were added to the culture flasks. Culture flasks were then rinsed by PBS. The cells were then detached and centrifuged at a microtube (2 cc). Few drops of agarose gel were added to every microtube to fix cells followed by sonication to remove air bubbles. MR imaging of cell phantoms was performed for two times using a 1.5 T MRI system (Avanto/ SIEMENS. KAMYAB HOSPITAL). A T2-Tse-cor gradient-echo sequence was acquired using the following sequence parameters: TR: 4000 ms, TE: 81 ms; flip angle: 20° ; matrix: 256×192 interpolated; the field of view: 260 mm; averages: 1, echo train length: 1; slice thickness: 8 mm; 4 slices. The signal intensity (SI) was obtained from different concentrations of MNPs using Radiant Software (4.6.8 evaluation version) in cell phantoms. Percentage of $\Delta SI~((SI/SI_{Control}) \times 100)$ was calculated in which $SI_{Control}$ refers to cell phantom without MNPs.

2.6 Cytotoxicity of CoFe₂O₄MNPs

KYSE 30 was seeded at a density of 10^4 cells/well in a 96 well plate and incubated at 37° C for a doubling time of KYSE30 cell line for sufficient growth. CoFe₂O₄ MNPs in concentrations of 0.05, 0.1, 0.2, 0.3, 0.4, 0.5, 0.75 and 1 mM were separately added to microwells. Cells were then incubated for 24 h. Finally, MTT (3-(4, 5-Dimethylthiazol-2-yl)-2, 5-diphenyltetrazolium Bromide) test was performed to determine the cell death percentage.

3 Results

3.1 XRD pattern

Fig. 1 shows the obtained XRD result of CoFe₂O₄ MNPs. The XRD profile from CoFe₂O₄ MNPs, prepared by co-precipitation method, revealed the maximum XRD peak occurred at 2θ value of 35.87° that represented a typical CoFe₂O₄ with an interlayer spacing value of 3.83242 A. The structural analysis of XRD pattern indicated that CoFe₂O₄ MNPs had an inverse cubic spinel-type. Mean size of crystals (D) was estimated by the Sherrer's equation: $D = K\lambda/\beta \cos\theta$ where K is the Scherrer constant (0.94), λ is the wavelength, β is the FWHM (in radians), and θ is the peak angular position. Consequently, the size of the $CoFe_2O_4$ crystal was calculated by the most intensive peak (311) with a value of 11.67 nm [1, 2, 22-24]. The peaks of (111), (220), (311), (400), (511), and (440) were the main peaks of the typical inverse cubic CoFe₂O₄ MNPs XRD spectrum [25–28]. The peak (311) was used to obtain the lattice constant (a) of CoFe₂O₄ MNPs according to the following equation [29]:

$$a = d_{hkl}\sqrt{h^2 + k^2 + l^2}$$

where d_{hkl} is an interplanar distance; h, k and l refer to Miller indices and the lattice constant. The constant (a) of CoFe₂O₄



Fig. 1 XRD pattern of sample CoFe₂O₄ synthesised by a co-precipitation method. The XRD system acted at 40 kV and 30 mA in a 20 range of 20–80 [26, 30]





Fig. 2 HRTEM images of CoFe₂O₄ MNPs

(a) HRTEM of CoFe2O4 MNPs, (b) Size distribution histogram of CoFe2O4 MNPs with Gaussian distribution, (c) SAED pattern of CoFe2O4 MNPs [31, 32]

crystal was computed according to the peak $(31\ 1)$ with a value of 0.83 nm.

3.2 High-resolution TEM

Fig. 2*a* shows the HRTEM image of $CoFe_2O_4$ MNPs. It is clear that $CoFe_2O_4$ MNPs synthesise were aggregated and had nonuniform shapes. Fig. 2*b* shows the nanoparticle size distribution in the histogram. Size distribution was determined by measuring the mean diameter of about 508 particles on HRTEM image. The average size was 10.45 nm that was fitted by a Gaussian distribution. The SAED pattern (Fig. 2*c*) shows at least four well-defined diffraction rings. The rings were indexed with estimating their d-spacing as (111), (311), (220) and (400) reflections of the cubic CoFe₂O₄ MNPs that are in agreement with the XRD results.

3.3 SEM

Fig. 3 shows the SEM image of $CoFe_2O_4$ MNPs that used to confirm the morphology of the synthesised MNPs. The obtained results show that $CoFe_2O_4$ MNPs had non-uniform shape. The average size was estimated as 25.6 nm using SEM analysis. Size estimation was performed by ImageJ software.

3.4 VSM

Magnetic properties of the synthesised $CoFe_2O_4$ MNPs were evaluated using a SQUID system. Magnetic hysteresis curves of MNPs were obtained at the magnetic field within the range of -15,000–15,000 Oe at room temperature. The magnetisation of CoFe₂O₄ MNP samples was not saturated by the SQUID (X Fig. 4). Therefore, the saturation magnetisation was obtained through extrapolation with a value of 7.5 emu/g [33].

3.5 EDX spectrum

EDX spectrum of $CoFe_2O_4$ MNPs shows the presence of elements of Fe, Co and O (Fig. 5). The peaks in the EDX pattern were perfectly assigned to the elements present in $CoFe_2O_4$ nanoparticles.

3.6 FTIR spectra

Fig. 6 shows the FTIR of $CoFe_2O_4$ MNPs. Two main bands at 590.31 and 416.35 cm⁻¹ are assigned to M–O bond in octahedral and tetrahedral sites. 416.3 cm⁻¹ is related to Co–O band and 590.3 cm⁻¹ is associated with Fe–O band that confirmed the formation of $CoFe_2O_4$ in the sample. The FT-IR spectra showed

IET Nanobiotechnol., 2020, Vol. 14 Iss. 5, pp. 396-404 © The Institution of Engineering and Technology 2020



Fig. 3 SEM images of CoFe₂O₄ MNPs. Size estimation was performed by imageJ software



Fig. 4 Magnetic hysteresis curves for CoFe₂O₄ MNPs. It was obtained at the magnetic field in the range of -15,000 to 15,000 Oe at the room temperature



Fig. 5 Energy dispersive X-ray spectroscopy (EDS or EDX) profile obtained from CoFe₂O₄ MNPs

board bands at 3380 cm^{-1} which are related to the OH group on the surface of nanoparticles. The bands at 3414.3 and 1349.9 cm⁻¹ are assigned due to the stretching of H–O–H bindings [34].

3.7 Relaxivity r₂

The MR capability of $CoFe_2O_4$ MNPs was tested using a 1.5 T MRI system. T_1 (longitudinal relaxation) and T_2 (transverse relaxation) are two independent relaxation processes to generate an MR image. In the presence of MNPs, the relaxation rate $(R = 1/T_{1,2})$ increases linearly with the MNPs concentration according to the following equation:

$$\frac{1}{T_{1,2}} = \frac{1}{T_0} + r_{1,2}C$$

where $1/T_0$ is the relaxation rate of pure water and *C* is the concentration of MNPs [35]. T_2 spin-echo multisection pulse sequence with fix TR of 2000 ms and different TEs ranging between 13.8 and 220 ms were acquired for T_2 measurement. Suspensions of CoFe₂O₄ MNPs at various concentrations (0.03–0.42 mM) were prepared in the DI water in 2 ml microtubes and DI water acted as controls in experiments. T_2 relaxation rates (1/ T_2) were obtained by analysing the TE-dependent SI curve for various concentrations of CoFe₂O₄ MNPs (Fig. 7). T_2 weighted image of

this nanostructure showed noticeable darkening by changing concentrations of MNPs in DI water. Thus, the SI of samples decreased at higher CoFe₂O₄ MNPs concentrations (Fig. 8*a*). The r_2 relativity was calculated as 58.6 mM⁻¹ s⁻¹ according to the linear plot slope of the CoFe₂O₄ MNPs concentration depending on the inverse T_2 with R = 0.99 (Fig. 8*b*).

3.8 Relaxivity r₁

Using the same token, r_1 was calculated by spin-echo with fix TE of 8.7 ms value and changing TR (from 100 to 2000 ms). T_1 weighted image of this MNPs showed low darkening by changing



Fig. 6 *FTIR spectroscopy of CoFe*₂*O*₄ *MNPs*



Fig. 7 SI as a function of time of echo (TE) in various concentration of $CoFe_2O_4$ MNPs. Spin-echo multisection pulse sequence with fix time of repetition (TR) of 2000 ms and different TEs ranging between 13.8 and 220 ms for T_2 measurement at various concentrations (0.03–0.42 mM) that were prepared in the DI water and DI water played roles as a control sample



Fig. 8 MR Image and calculated T₂ relaxation rates and relaxivity

(a) T_2 -weighted MR image of CoFe₂O₄ MNPs in water medium obtained by a conventional spin-echo pulse sequence on a 1.5 T MRI system, (b) T_2 relaxation rates (1/ T_2) depending on the concentration, calculated T_2 relaxivity (r_2) at various Fe concentrations of (0.03 to 0.42 mM)



Fig. 9 Spin echo sequence with fixed time of echo (TE) of 8.7 value and changing time of repetition (TR) (from 100 to 2000 ms) for T_1 measurement at various concentrations (0.03–0.42 mM) of CoFe₂O₄ MNPs that were prepared in the DI water



Fig. 10 Calculated T₁ relaxation rates and relativity at 1.5 T with varying Fe concentration of CoFe₂O₄ MNPs (0.03 to 0.42 mM)

Table 1 Changes in SI and percentage of Δ SI ((SI/SI_{control}) × 100) which SI_{control} was related to cell phantom without MNPs) with concentration in cell phantoms image

Concentration, mM	Signal intensity	ΔSI, %	
0	464	—	
0.04	372	20	
0.8	284	38	
0.12	105	77	
0.21	93.5	79	
0.31	71.3	84	



Fig. 11 SI depended on concentration T₂- weighted MR image. 50 and 75% SI_{control} accrue at concentrations of 0.87 and 0.154 mM, respectively

concentrations of this MNPs (Fig. 9). According to Fig. 10, the longitudinal relaxation rate, r_1 , was $1.15 \text{ mM}^{-1}\text{s}^{-1}$ for CoFe_2O_4 MNPs in DI water.

 r_2/r_1 ratio: The r_2/r_1 ratio is an interesting sensitive parameter that is used to identify the category of the contrast agents (T_1 or T_2 contrast agent). The r_2/r_1 ratio was calculated as 51 in the present study.

3.9 In vitro MR imaging of cell phantom

To optimise the clinical application of $CoFe_2O_4$ MNPs, SI and Δ SI ((SI/SI_{control}) × 100) were obtained from cell phantom T_2 weighted image (X Table 1). The results indicated that the optimal concentration of $CoFe_2O_4$ MNPs was 0.154 mM to obtain 75% of maximum decay (Fig. 11).



Fig. 12 In vitro cytotoxicity of CoFe₂O₄ MNPs tested on KYSE 30 cell line for 24 h by MTT assay. The * sign indicates the significance of the statistic test



Fig. 13 Morphology image of KYSE 30 cell

(a) Without treatment (control), (b) Treated by 0.75 mM of CoFe2O4 MNPs, (c) Treated by 0.1 mM of CoFe2O4 MNPs

Cytotoxicity of $CoFe_2O_4$ MNPs: The cytotoxicity of $CoFe_2O_4$ MNPs was evaluated by analysing the cell survival MTT assay using KYSE30 cells. $CoFe_2O_4$ MNPs were incubated at various concentrations within the rage of 0.01–1 mM for 24 h. The test showed a survival rate of more than 80% for the maximum concentration of 1 mM (Fig. 12). Statistical analysis was performed by One-Way ANOVA test to compare control cells with the treated cells. Significant *p*-value was obtained by 0.009 and 0.028 for 0.75 and 1 mM of the MNPs concentrations, respectively. Morphology images of the treated KYSE30 cells with various concentrations of $CoFe_2O_4$ MNPs are shown in Fig. 13.

4 Discussion

This study aimed to synthesise and evaluate the performance of using superparamagnetic $CoFe_2O_4$ MNPs as a suitable T_2 contrast in clinical magnetic field strengths. Small size $CoFe_2O_4$ MNPs were synthesised through co-precipitation method that could be the result of using a good multifunctional agent. Relaxometry of $CoFe_2O_4$ MNPs, the optimal concentration of MNPs for MR imaging, and cytotoxicity effects of the MNPs were investigated.

HRTEM image of the synthesised CoFe₂O₄ MNPs shows a non-uniform and heterogeneous morphology. Also, there was an aggregation. Previous studies reported that smaller particles have a higher aggregation tendency due to lower energy barriers [36, 37]. The size distribution obtained from the HRTEM image revealed an average sizeof 10.45 nm for the synthesised MNPS. This size range was chosen for two reasons. Firstly, the superparamagnetic nanoparticles were characterised by size of <20 nm [38]. Secondly, MNPs smaller than 7 nm could not positively affect the r_2 relaxivity. However, slightly higher sizes could be optimal for the enhancement of the r_2 relaxivity [15, 17].

SAED pattern revealed that the synthesised sample is in polycrystalline nature (Fig. 2*c*). It shows dotted rings pattern corresponding to spinel cubic $CoFe_2O_4$ MNPs [31, 39, 40].

According to the SEM image, the synthesised MNPs showed non-uniform shape. Agglomeration of the MNPS could be the reason for higher size in SEM image that could be due to Van der Waals forces between the particles [41].

Through the analysis of XRD pattern, the crystal size of the synthesised $CoFe_2O_4$ MNPs (D) was estimated by theSherrer's equation with a small value of 11.67 nm. Subsequently, the lattice constant was estimated at 0.834 nm.

This finding is in agreement with the studies of Kalamet al. [42] and Houshiar *et al.* [1] indicating that the constant (a) of nanocrystalline depends on the size and synthesis method.

According to the hysteresis curve analysis of the $CoFe_2O_4$ MNPs, the lack of Hc and Mr refer to the superparamagnetic properties of the sample [33]. The small size effect and increased surface area of nanoparticles leading to superparamagnetic properties and the hysteresis curve without any loop [43]. The saturation magnetisation (M_S) of small-sized MNPs can be described by a magnetic-dead layer model.

It can be explained by the demagnetisation of surface spin due to the surface-to-volume ratio effect. According to this model, the reduced MNP size increased the surface-to-volume ratio, and thus the increased dead layer component decreased $M_{\rm S}$ [15].

After the characteristics of MNPs, MR images of $CoFe_2O_4$ MNPs were performed in an aqueous environment to evaluate the contrast between different concentrations of MNPs. T_2 weighted imaging of MNPs show a noticeable contrast by changing concentrations of MNPs. Therefore, $CoFe_2O_4$ MNPs could be considered as a negative contrast agent. Dephasing of the magnetic moment of protons could be caused by inhomogeneity in the magnetic field of environmental molecules in the presence of MNPs [44].

The r_2 value of CoFe₂O₄ MNPs was estimated at 58.6 by a magnetic relaxometry of CoFe₂O₄ MNPs suspension at a 1.5 T conventional MRI system. The r_2 value highly depends on size, M_S and the magnetic field strength [6]. The obtained r_2 was consistent with reports by Kanget al. indicating that T_2 relativity depends on the particle size, mass magnetisation and the concentration of MNPs [2, 45, 46]. The result was consistent with the study performed by Joos *et al.* [11] who proved that smaller MNPs, r_2 and r_{2}^{*} decreased in a higher range of particle size because of the high surface spin anisotropy [47]. It was also consistent with the MAR theory. The size-dependent effect was strongly observable at low frequencies [15]. Consequently, the value of r_2 is related to small synthesised CoFe₂O₄ MNPs, low frequency and M_S that depended on the magnetic-dead layer. Despite these results, Venkatesha et al. [48] showed that with decreasing the size of $CoFe_2O_4$, an increase of r_2 could be achieved. This result could be due to many sharp edges on the surface of MNPs that leads to higher magnetic gradient.

Table 2 Some studies information using cobalt ferrite as a MRI contrast agent in aqueous	medium
--	--------

Reporter	Sample name	Size (nm) (TEM)	<i>B</i> , T	<i>M</i> s, emu/g	<i>r</i> ₁ , s ^{−1} m M ^{−1}	<i>r</i> ₂ , s ^{−1} mM ^{−1}	<i>r</i> 2/ <i>r</i> 1
Present study	CoFe ₂ O ₄	10.5	1.5	7.5	1.15	58	51
Vamvakidis-2018 [35]	CoFe ₂ O ₄ cluster	95 ± 12	1.5	116	0.2	3.1	14.8
latridi-2016 [62]	MnFe ₂ O ₄ :CoFe ₂ O ₄ -Copolymer	<100	1.5		1.85	39.87	21.55
Sitthichai-2017	CoFe ₂ O ₄	20	1.5	40.36	—	1313	—
	CoFe ₂ O ₄ coated	12	1.5	99	_	176	_
	DMSA						
Venkatesha-2014	CoFe ₂ O ₄	6,9,14	9.4	9.9, 34.2, 44.7	—	32, 2, 5	—
Liu-2013	CoFe ₂ O ₄ /H + /citrate	12.98–37.89	0.47	28.42-45.50	12.8–27.8	16.6–75.1	1.3–2.7
	CoFe ₂ O ₄ /H + /citrate	12.98–37.89	0.93		7.1–9.1	12.4–51	1.75–5.6
Cheongwon- 2013	CoFe ₂ O ₄	10.5	4.7	—	—	66	—
	CoFe ₂ O ₄ @ SiO ₂	15.8		—	—	179	—
		20		—	—	208	—
		24/2		—	—	302	—
		70.8				130	
Ravichandran- 2015	CoFe ₂ O ₄ nanowhisker	40–90	7	74	2.367	256	108
Georgiadou-2015	CoFe ₂ O ₄ -SBR	9–16	4	87	—	167.4	—

In this study, r_1 value was estimated at 1.15 mM⁻¹ s⁻¹. The longitudinal relaxivity, r_1 , was related to the dead layer of paramagnetic material by the free spin on the surface of NPs. r_1 also highly depended on the applied magnetic field. In this way, the increase of magnetic field strength decreases the value of r_1 [49, 50]. Some reports indicated that for MNPs of below 20 nm, r_1 increases with size [51].

The high value of r_2/r_1 ratio indicated T_2 contrast agent and vice versa [6, 52]. Some studies used cobalt ferrite as a contrast agent in the aqueous medium as shown in X Table 2. According to the data of Table 2, the higher r_2/r_1 was achieved in large sizes of MNPs and high magnetic field values. In this study, the calculated high r_2/r_1 (51) compared to similar studies, indicated CoFe₂O₄ MNPs as a good candidate for a negative contrast agent in clinical magnetic field strength. The optimal concentrations of MNPs for MR image were calculated for the clinical applications. The research result indicated that higher concentrations of 0.154 mM of MNPs did not have any clinical value to obtain higher signal decay. Recent studies have found that MFe_2O_4 (M = Co, Ni, Cu or Zn) could induce the cytotoxicity and apoptosis by ROS generation and oxidative stress. The cytotoxicity of CoFe₂O₄ nanoparticles and risks for biological systems must be checked because of their widespread application [53-56]. Few research studies reported the toxic potential of cobalt MNPs [57, 58]. However, there are studies indicating the lack of toxicity of cobalt ferrite nanoparticles [59-61]. The cytotoxicity study of CoFe₂O₄ MNPs in this study indicated that concentrations of above 0.75 mM were toxic and the result agrees with the finding of Ravichandran et al. [14].

5 Conclusion

In this study, $CoFe_2O_4$ MNPs were synthesised by a coprecipitation method. It successfully produced approximately small superparamagnetic cobalt ferrite MNPs by the average size of 10.45 nm. T_1 and T_2 relaxation times of hydrogen protons in aqueous solutions of varying concentrations were determined with a conventional MRI. T_1 and T_2 relaxivities (r_1 and r_2) were determined to be 1.15 and 58 mM⁻¹ s⁻¹, respectively. Owing to the high value of r_2/r_1 (51), this research demonstrated the potential use of the synthesised MNPs as appropriate negative contrast agents at the conventional MRI system at low applied concentration. In addition, our results suggest that the CoFe₂O₄ MNPs represent a perspective contrast agent suitable for cell labelling. The optimal concentration of CoFe₂O₄ MNP as an MR contrast agent was obtained at 0.154 mM which is within a nontoxic concentration range. In vitro cell viability assays indicate that the $CoFe_2O_4$ MNPs showed no cellular viability reduction for concentrations up to 0.75 mM. As a result, it is suggested that this MNPs can be considered in further studies as a theranostic agent for improving the diagnostic and therapeutic application.

6 Acknowledgments

Results of this study were derived from a PhD thesis (Thesis #951622) in the Department of Medical Physics at Mashhad University of Medical Sciences. The work was financially supported by the Research Deputy of Mashhad University of Medical Sciences. The research did not receive any specific grant from other funding agencies in the public, commercial, or non-profit sectors.

7 References

- Houshiar, M., Zebhi, F., Razi, Z.J., et al.: 'Synthesis of cobalt ferrite (CoFe₂O₄) nanoparticles using combustion, coprecipitation, and precipitation methods: a comparison study of size, structural, and magnetic properties', J. Magn. Magn. Mater., 2014, **371**, pp. 43–48
 Kang, J., Lee, H., Kim, Y.-N., et al.: 'Size-regulated group separation of
- [2] Kang, J., Lee, H., Kim, Y.-N., et al.: 'Size-regulated group separation of CoFe₂O₄ nanoparticles using centrifuge and their magnetic resonance contrast properties', *Nanoscale Res. Lett.*, 2013, 8, (1), p. 376
- [3] Kherlopian, A.R., Song, T., Duan, Q., et al.: 'A review of imaging techniques for systems biology', BMC Syst. Biol., 2008, 2, (1), p. 74
- [4] Sharma, P., Singh, A., Brown, S.C., et al.: 'Multimodal nanoparticulate bioimaging contrast agents', in 'Cancer nanotechnology' (Humana Press, New Jersey, 2010), 624, pp. 67–81
- [5] Venkatesha, N., Poojar, P., Ashwini, R., et al.: 'Ultrafine graphene oxide– CoFe₂O₄ nanoparticle composite as T₁ and T₂ contrast agent for magnetic resonance imaging', RSC Adv., 2016, 6, (21), pp. 17423–17429
- [6] Rollet, A.-L., Neveu, S., Porion, P., *et al.*: 'New approach for understanding experimental NMR relaxivity properties of magnetic nanoparticles: focus on cobalt ferrite', *Phys. Chem. Chem. Phys.*, 2016, 18, (48), pp. 32981–32991
 [7] Zhang, M., Lu, J., Zhang, J.-N., *et al.*: 'Magnetic carbon nanotube supported
- [7] Zhang, M., Lu, J., Zhang, J.-N., et al.: 'Magnetic carbon nanotube supported Cu (CoFe2O4/CNT-Cu) catalyst: a sustainable catalyst for the synthesis of 3-Nitro-2-Arylimidazo [1, 2-a] pyridines', Catal. Commun., 2016, 78, pp. 26– 32
- [8] Özdinçer, M., Durmuş, S., Dalmaz, A.: 'Magnetic spinel-type CoFe₂O₄ nanoparticles: synthesis and investigation of structural, morphological properties', *Süleyman Demirel Üniversitesi Fen Bilimleri Enstitüsü Dergisi*, 2017, **21**, (2), pp. 311–315
- [9] Colombo, M., Carregal-Romero, S., Casula, M.F., et al.: 'Biological applications of magnetic nanoparticles', Chem. Soc. Rev., 2012, 41, (11), pp. 4306–4334
- [10] Hadera, H.T.: 'Iron oxide nanocrystals clustered in oil-in-water nanoemulsions: preparation, characterization, and transverse relaxivities'. NTNU, 2015
- [11] Joos, A., Löwa, N., Wiekhorst, F., et al.: 'Size-dependent MR relaxivities of magnetic nanoparticles', J. Magn. Magn. Mater., 2017, 427, pp. 122–126
- [12] Ta, H.T., Li, Z., Wu, Y., et al.: 'Effects of magnetic field strength and particle aggregation on relaxivity of ultra-small dual contrast iron oxide nanoparticles', *Mater. Res. Express*, 2017, 4, (11), p. 116105

- [13] Qin, J., Laurent, S., Jo, Y.S., et al.: 'A high-performance magnetic resonance imaging T2 contrast agent', Adv. Mater., 2007, 19, (14), pp. 1874-1878
- Ravichandran, M., Oza, G., Velumani, S., et al.: 'Cobalt ferrite nanowhiskers [14] as T2 MRI contrast agent', RSC Adv., 2015, 5, (22), pp. 17223-17227
- Liu, F., Laurent, S., Roch, A., et al.: 'Size-controlled synthesis of CoFe2O4 [15] nanoparticles potential contrast agent for MRI and investigation on their sizedependent magnetic properties', J. Nanomater., 2013, 2013, p. 127
- Georgiadou, V., Tangoulis, V., Arvanitdis, I., *et al.*: 'Unveiling the physicochemical features of CoFe₂O₄ NPs synthesized via a variant [16] hydrothermal method: NMR relaxometric properties' J. Phys. Chem. C., 2015, **119**, (15), pp. 8336–8348
- [17] Menelaou, M., Iatridi, Z., Tsougos, I., et al.: 'Magnetic colloidal superparticles of Co, Mn and Ni ferrite featured with comb-type and/or linear amphiphilic polyelectrolytes; NMR and MRI relaxometry', Dalton Trans., 2015, **44**, (24), pp. 10980–10990
- [18] Mikalauskaitė, A., Kondrotas, R., Niaura, G., et al.: 'Gold-coated cobalt ferrite nanoparticles via methionine-induced reduction', J. Phys. Chem. C, 2015, **119**, (30), pp. 17398–17407
- [19] Rajput, A.B., Hazra, S., Ghosh, N.N.: 'Synthesis and characterisation of pure single-phase CoFe2O4 nanopowder via a simple aqueous solution-based EDTA-precursor route', J. Exp. Nanosci., 2013, 8, (4), pp. 629-639
- Moreno, A.G., Guerrero, M.L., Alonso, E.V., et al.: 'Development of a new [20] FT-IR method for the determination of iron oxide. Optimization of the synthesis of suitable magnetic nanoparticles as sorbent in magnetic solid phase extraction', *New J. Chem.*, 2017, **41**, (17), pp. 8804–8811
- Faghihzadeh, F., Anaya, N.M., Schifman, L.A., *et al.*: 'Fourier transform infrared spectroscopy to assess molecular-level changes in microorganisms exposed to nanoparticles', *Nanotechnol. Environ. Eng.*, 2016, **1**, (1), p. 1 [21]
- George, M., Nair, S.S., John, A.M., et al.: 'Structural, magnetic and electrical [22] properties of the sol-gel prepared Li0.5Fe2.5O4 fine particles', J. Phys. D: *Appl. Phys.*, 2006, **39**, (5), p. 900
- Duong, G.V., Turtelli, R.S., Hanh, N., et al.: 'Magnetic properties of [23] nanocrystalline Co1-xZnxFe2O4 prepared by forced hydrolysis method', J. Magn. Magn. Mater., 2006, 307, (2), pp. 313-317
- Phong, P., Phuc, N., Nam, P., et al.: 'Size-controlled heating ability of [24] CoFe2O4 nanoparticles foráhyperthermia applications', Phys. B, 2018, 531, pp. 30-34
- Zhao, S., Ma, D.: 'Preparation of CoFe2O4 Nanocrystallites by Solvothermal [25] Process and Its Catalytic Activity on the Thermal Decomposition of Ammonium Perchlorate', *J. Nanomater*, 2010, **2010**, (48), pp. 1–5 Nabiyouni, G., Sharifi, S., Ghanbari, D., *et al.*: 'A simple precipitation method for synthesis CoFe₂O₄ nanoparticles', *J. Nanostruct.*, 2014, **4**, (3),
- [26] pp. 317–323
- Shahjuee, T., Masoudpanah, S.M., Mirkazemi, S.M.: 'Coprecipitation [27] synthesis of CoFe2O4 nanoparticles for hyperthermia', J. Ultrafine Grained Nanostruct. Mater., 2017, **50**, (2), pp. 105–110 Khodaei, M., Fayazzadeh, S.: 'Magnetic properties of CoFe₂O₄ nanoparticle
- [28] synthesized by salt-assisted sol-gel auto-combustion method', Mater. Res. Express, 2019, 6, (8), p. 086115
- Ramalho, M., Gama, L., Antonio, S., *et al.*: 'X-ray diffraction and Mössbauer spectra of nickel ferrite prepared by combustion reaction', *J. Mater. Sci.*, [29] 2007, 42, (10), pp. 3603-3606
- Hedayati, K., Azarakhsh, S., Ghanbari, D.: 'Synthesis and magnetic [30] investigation of cobalt ferrite nanoparticles prepared via a simple chemical precipitation method', *J. Nanostruct.*, 2016, **6**, (2), pp. 127–131 Darwish, M.S., Kim, H., Lee, H., *et al.*: 'Synthesis of magnetic ferrite
- [31] Darwsh, M.S., Kin, H., Ec, H., et al.: Synthesis of magnetic leftice nanoparticles with high hyperthermia performance via a controlled co-precipitation method', *Nanomaterials*, 2019, **9**, (8), p. 1176 Chandekar, K.V., Mohan Kant, K.: 'Synthesis and characterization of low
- [32] temperature superparamagnetic cobalt ferrite nanoparticles', Adv. Mater. Lett., 2017, 8, (4), pp. 435-443
- Alsmadi, A., Bsoul, I., Mahmood, S., et al.: 'Magnetic study of M-type doped barium hexaferrite nanocrystalline particles', J. Appl. Phys., 2013, **114**, (24), [33] p. 243910
- [34] Vinosha, P.A., Mely, L.A., Mary, G.I.N., et al.: 'Study on cobalt ferrite nanoparticles synthesized by co-precipitation technique for photo-Fenton
- application', *Mech. Mater. Sci. Eng. J.*, 2017, 9, (1), pp. 110–115 Vamvakidis, K., Mourdikoudis, S., Makridis, A., *et al.*: 'Magnetic hyperthermia efficiency and MRI contrast sensitivity of colloidal soft/hard [35]
- ferrite nanoclusters', J. Colloid Interface Sci., 2018, **511**, pp. 101–109 Marimón-Bolívar, W., González, E.E.: 'Study of agglomeration and magnetic [36] sedimentation of glutathione@ Fe3O4 nanoparticles in water medium', Dyna, 2018, 85, (205), pp. 19-26
- Gambinossi, F., Mylon, S.E., Ferri, J.K.: 'Aggregation kinetics and colloidal stability of functionalized nanoparticles', *Adv. Colloid Interface Sci.*, 2015, [37] 222, pp. 332-349

- [38] Ishizaki, T., Yatsugi, K., Akedo, K.: 'Effect of particle size on the magnetic properties of Ni nanoparticles synthesized with trioctylphosphine as the
- capping agent', *Nanomaterials*, 2016, **6**, (9), p. 172 Qasim, M., Asghar, K., Das, D.: 'Preparation and characterization of CoFe₂O₄ and CoFe₂O₄@ albumen nanoparticles for biomedical [39] applications', Ceram. Int., 2019, 45, (18), pp. 24971-24981
- Saccone, F.D., Ferrari, S., Errandonea, D., *et al.*: 'Cobalt ferrite nanoparticles under high pressure', *J. Appl. Phys.*, 2015, **118**, (7), p. 075903 Joseph, A.M., Thangaraj, B., Gomathi, R.S., *et al.*: 'Synthesis and [40]
- [41] characterization of cobalt ferrite magnetic nanoparticles coated with polyethylene glycol', AdvNanoBioM&D., 2017, 1, (1), pp. 71-77
- [42] Kalam, A., Al-Sehemi, A.G., Assiri, M., et al.: 'Modified solvothermal synthesis of cobalt ferrite (CoFe2O4) magnetic nanoparticles photocatalysts for degradation of methylene blue with H2O2/visible light', Results Phys., 2018, 8, pp. 1046-1053
- [43] Theivasanthi, T., Alagar, M.: 'Innovation of superparamagnetism in lead nanoparticles', arXiv preprint arXiv:1402.1431, 2014
- Zhou, Z., Tian, R., Wang, Z., et al.: 'Artificial local magnetic field [44] inhomogeneity enhances T2 relaxivity', Nat. Commun., 2017, 8, (1), pp. 1-10
- Jun, Y.-W., Huh, Y.-M., Choi, J.-S., et al.: 'Nanoscale size effect of magnetic [45] nanocrystals and their utilization for cancer diagnosis via magnetic resonance
- imaging', J. Am. Chem. Soc., 2005, **127**, (16), pp. 5732–5733 Shapiro, E.M., Skrtie, S., Sharer, K., et al.: 'MRI detection of single particles for cellular imaging', *Proc. Natl. Acad. Sci.*, 2004, **101**, (30), pp. 10901– [46] 10906
- [47] Issa, B.: 'Reduction of T₂ relaxation rates due to large volume fractions of magnetic nanoparticles for all motional regimes', Appl. Sci., 2018, 8, (1), p. 101
- Venkatesha, N., Srivastava, C., Hegde, V.: 'Synergetic effect of size and [48] morphology of cobalt ferrite nanoparticles on proton relaxivity', IET Nanobiotechnol., 2013, 8, (4), pp. 184-189
- Rohrer, M., Bauer, H., Mintorovitch, J., et al.: 'Comparison of magnetic [49] properties of MRI contrast media solutions at different magnetic field strengths', *Invest. Radiol.*, 2005, **40**, (11), pp. 715–724 Weerakoon, B.S., Osuga, T., Konishi, T.: 'Enhancement effect of superparamagnetic iron oxide nanoparticle-based MRI contrast agent at
- [50] different concentrations and magnetic field strengths', World Academy of Sci. Eng. Technol. Int. J. Chem. Mol. Nuclear, Mater. Metallurgical Eng., 2016, 10, (1), pp. 50-53
- Davies, G.L., Corr, S.A., Meledandri, C.J., et al.: 'NMR relaxation of water in [51] nanostructures: analysis of ferromagnetic Cobalt-Ferrite polyelectrolyte nanocomposites', ChemPhysChem, 2011, 12, (4), pp. 772-776
- Issa, B., Obaidat, I.M., Albiss, B.A., et al.: 'Magnetic nanoparticles: surface [52] effects and properties related to biomedicine applications', Int. J. Mol. Sci., 2013, 14, (11), pp. 21266–21305
- Thunus, L., Lejeune, R.: 'Overview of transition metal and lanthanide [53] complexes as diagnostic tools', Coord. Chem. Rev., 1999, 184, (1), pp. 125-155
- [54] Sijens, P.E., Van Den Bent, M.J., Nowak, P.J., et al.: '1 h chemical shift imaging reveals loss of brain tumor choline signal after administration of Gdcontrast', Magn. Reson. Med., 1997, 37, (2), pp. 222-225 Chang, C.A.: 'Magnetic resonance imaging contrast agents design and
- [55] physicochemical properties of gadodiamide', Invest. Radiol., 1993, 28, pp. S21-S27
- Xiao, Y.-D., Paudel, R., Liu, J., et al.: 'MRI contrast agents: classification and [56] Napplication, *Int. J. Mol. Med.*, 2016, **38**, (5), pp. 1319–1326 Naqvi, S., Samim, M., Abdin, M., *et al.*: 'Concentration-dependent toxicity of
- [57] iron oxide nanoparticles mediated by increased oxidative stress', Int. J.
- Nanomed., 2010, **5**, p. 983 Huang, G., Chen, H., Dong, Y., *et al.*: 'Superparamagnetic iron oxide nanoparticles: amplifying ROS stress to improve anticancer drug efficacy', [58] Theranostics, 2013, **3**, (2), p. 116 Ahmad, F., Liu, X., Zhou, Y., *et al.*: 'An in vivo evaluation of acute toxicity of
- [59] cobalt ferrite (CoFe2O4) nanoparticles in larval-embryo Zebrafish (Danio Rerio)', Aquat. Toxicol., 2015, 166, pp. 21-28
- Song, M.-M., Song, W.-J., Bi, H., et al.: 'Cytotoxicity and cellular uptake of [60] iron nanowires', *Biomaterials*, 2010, **31**, (7), pp. 1509–1517 Cao, J., Liu, Y., Jia, L., *et al.*: 'Curcumin attenuates acrylamide-induced
- [61] cytotoxicity and genotoxicity in HepG2 cells by ROS scavenging', J. Agric.
- *Food Chem*, 2008, **56**, (24), pp. 12059–12063 Iatridi, Z., Vamvakidis, K., Tsougos, I., *et al.*: 'Multifunctional polymeric platform of magnetic ferrite colloidal superparticles for luminescence, [62] imaging, and hyperthermia applications', ACS Appl. Mater. Interfaces, 2016, 8, (51), pp. 35059-35070