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Influence of basal media composition on barrier fidelity within human pluripotent stem cell-derived blood-brain barrier models

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Abstract

It is increasingly recognized that brain microvascular endothelial cells (BMECs), the principal component of the blood-brain barrier (BBB), are highly sensitive to soluble cues from both the bloodstream and the brain. This concept extends *in vitro*, where the extracellular milieu can also influence BBB properties in cultured cells. However, the extent to which baseline culture conditions can affect BBB properties *in vitro* remains unclear, which has implications for model variability and reproducibility, as well as downstream assessments of molecular transport and disease phenotypes. Here, we explore this concept by examining BBB properties within human induced pluripotent stem cell (iPSC)-derived BMEC-like cells cultured under serum-free conditions in DMEM/F12 and Neurobasal media, which have fully defined compositions. We demonstrate notable differences in both passive and active BBB properties as a function of basal media composition. Further, RNA sequencing and phosphoproteome analyses revealed alterations to various signaling pathways in response to basal media differences. Overall, our results demonstrate that baseline culture conditions can have a profound influence on the performance of *in vitro* BBB models, and these effects should be considered when designing experiments that utilize such models for basic research and preclinical assays.

Graphical Abstract

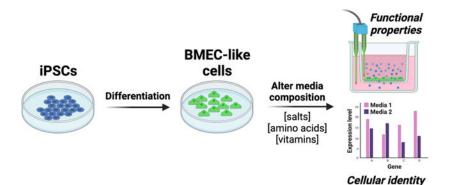
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Availability of data and materials

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EHN and ESL conceived the study. EHN, KAK, NAM, YS, KAH, and NAM performed the experiments. EHN, KAK, and ESL wrote the manuscript. All authors read and approved the final manuscript.

The RNA sequencing datasets generated from this study are available at ArrayExpress under accession ID E-MTAB-8802.



The blood-brain barrier (BBB) is highly sensitive to environmental cues *in vivo*, but the influence of the extracellular milieu on *in vitro* BBB models has not been extensively characterized. Using brain microvascular endothelial cell (BMEC)-like cells differentiated from human induced pluripotent stem cells (iPSCs), Neal, Katdare, and colleagues show that passive and active BBB properties can be significantly altered by different basal media compositions. These findings suggest that users of BBB models should be mindful of media composition when interpreting drug screening and disease modeling assays. These results may also motivate the use of fully defined media in BBB models.

Keywords

Blood-brain barrier; *in vitro* model; brain microvascular endothelial cell; human induced pluripotent stem cell

Background

Brain microvascular endothelial cells (BMECs), which comprise the functional component of the blood-brain barrier (BBB), respond dynamically to a variety of soluble cues. A plethora of in vitro BBB models, constructed with cells derived from primary bovine, porcine, rodent, and human sources, have demonstrated alterations to BMEC barrier functions upon non-contact co-culture with other cell types or treatment with proteins and small molecules (reviewed extensively in (Helms et al. 2016)). More recently, a series of in vivo studies have characterized the dynamic behavior of BMECs in response to complex changes in plasma composition (Chen et al. 2020; Yousef et al. 2019). Yet, when reflecting on how to properly study such in vivo phenomena in more controlled in vitro BBB models, a persistent limitation stands out: in vitro models predominantly use undefined culture conditions, particularly animal serum. This issue limits the standardization of model performances and can lead to unexpected variability. Such variability can have significant implications on interpretations of preclinical assays, for example predictions of small molecule and biological drug transport across the BBB. As such, our goal herein was to better understand how the composition of cell culture media can influence passive and active barrier properties within in vitro BBB models.

To study this issue, we utilized a well-characterized model system that employs endotheliallike cells with BBB properties (termed BMEC-like cells) differentiated from human

pluripotent stem cells (hPSCs). As first described in 2012 (Lippmann et al. 2012), hPSCderived BMEC-like cells express canonical endothelial and BBB markers, form a passive barrier as measured by transendothelial electrical resistance (TEER), express a cohort of active efflux transport proteins, and exhibit representative permeability to well-characterized small molecules that correlates well with in vivo uptake in rodents. Retinoic acid (RA) treatment was subsequently shown to upregulate VE-cadherin expression, as well as significantly increase TEER and multidrug resistance protein (MRP) activity (Lippmann et al. 2014a). Since the publication of these initial studies, as well as others that validated the BBB phenotype (Katt et al. 2016; DeStefano et al. 2017; Vatine et al. 2019; Delsing et al. 2018; Linville et al. 2019; Lim et al. 2017; Canfield et al. 2017), hPSC-derived BMEClike cells have been incorporated into increasingly complex neurovascular models ranging from 2D Transwell setups to 3D microfluidic chips that incorporate neurons, astrocytes, and pericytes from either primary or iPSC sources (Wang et al. 2016; Canfield et al. 2019; Appelt-Menzel et al. 2017; Vatine et al. 2019; Park et al. 2019; Brown et al. 2020; Motallebnejad et al. 2019). Such models have proven useful for analyzing diseases that afflict the neurovascular unit (Lim et al. 2017; Vatine et al. 2017; Blanchard et al. 2020). They have also gained traction for use in preclinical drug screening applications (Di Marco et al. 2020; Ohshima et al. 2019; Roux et al. 2019). Yet, like animal BBB models, the use of hPSC-derived BMEC-like cells is not standardized, and differences in cellular function and phenotype have been noted across the literature, which could reflect a combination of cell sourcing, technique, and culture conditions (Lippmann et al. 2020). Therefore, further efforts are warranted to improve understanding of how various external factors influence hPSC-derived BBB performance in vitro, and lessons learned from these studies could be potentially translated to other in vitro model platforms.

Ultimately, we decided to focus this study on basal media composition. We recently described a series of improvements to the canonical hPSC-to-BMEC differentiation procedure that removed many undefined components in the cell culture media, particularly knockout serum replacement and platelet-poor serum (Hollmann et al. 2017; Neal et al. 2019). Overall, these changes vastly improved the consistency of differentiation and certain properties in the BMEC-like cells (for example, responsiveness to co-culture with astrocytes). However, the basal medium used in the later stages of differentiation and after purification of the BMEC-like cells (human endothelial serum-free medium, or hESFM) has a proprietary composition. Thus, despite the removal of serum from the differentiation procedure, we still had a limited understanding of the exact baseline cues the BMEC-like cells were receiving and how they were responding to these cues. To this end, we examined replacement of hESFM with either Neurobasal Medium (NB) or Dulbecco's Modified Eagle Medium/Nutrient Mixture F12 (DMEM/F12, referred to hereafter as DMEM). In contrast to hESFM, the full compositions of NB and DMEM are publicly available through their manufacturer. Both media contain a similar profile of amino acids, vitamins, nutrients, and inorganic salts, but at varying compositions, thus providing a useful testbed for assessing how seemingly innocuous cues might influence the BBB phenotype in vitro.

Through a variety of standard *in vitro* BBB assays, we show that BMEC-like cells exhibit different passive and active barrier properties when cultured in NB versus DMEM basal media. RNA sequencing revealed differential regulation of a number of genes, including

ones that encode molecular transporters. A Kyoto Encyclopedia of Genes and Genomes (KEGG) pathway analysis highlighted potential key differences in signaling activity, which were further validated by assessing the phosphorylation status of several kinases. Overall, our results help benchmark the plasticity and responsiveness of hPSC-derived BMEC-like cells to their extracellular environment and provide a new avenue for studying how soluble cues influence BBB properties using completely defined media compositions. More generally, these findings may aid in the standardization and interpretation of BBB properties in models constructed not only from hPSCs, but also from primary and immortalized cells.

Methods

hPSC maintenance

hPSCs were maintained as previously described (Hollmann et al. 2017; Neal et al. 2019). CC3 iPSCs (Kumar et al. 2014), CD10 iPSCs (Tidball et al. 2016), and CDH5-2A-eGFP knock-in reporter H9 hESCs (Bao et al. 2017) were acquired from their original laboratories and maintained in E8 medium (Chen et al. 2011), prepared as previously detailed (Hollmann et al. 2017). hPSCs were cultured on tissue culture plates coated with growth-factor reduced Matrigel (Corning #354230). hPSCs were passaged with Versene (Fisher Scientific #15-040-066) upon reaching 60-80% confluency. All hPSCs utilized in this study were from cryopreserved stocks previously determined to be karyotypically normal, and hPSCs were not used for experiments after passage 40. None of the cell lines used in this study are listed as commonly misidentified cell lines by the International Cell Line Authentication Committee (ICLAC).

hPSC differentiation to BMEC-like cells

hPSCs were differentiated to BMEC-like cells as previously described, with minor modifications (Neal et al. 2019). hPSCs were washed once with phosphate buffered saline (PBS; Fisher Scientific #14-190-144), dissociated with Accutase (Fisher Scientific #A1110501) for 3 minutes, and collected by centrifugation. hPSCs were then resuspended in E8 medium containing 10 µM Y27632 (Tocris #1254) and seeded onto Matrigel-coated 6-well plates at a density of 15,800-52,000 cells/cm². The following day, the cells were switched to E6 medium (Lippmann et al. 2014b) to initiate differentiation. Media was changed every day for 4 days. On day 4, the cells were switched to endothelial cell (EC) medium, which consisted of a basal medium supplemented with 200× B27 (Fisher Scientific #17-504-044), 10 µM all-trans RA (Sigma-Aldrich #R2625), and 20 ng/mL basic fibroblast growth factor (bFGF; PeproTech #100-18b). The basal medium was hESFM (Thermo Fisher Scientific #11111044), NB (Thermo Fisher Scientific #21103049), or DMEM/F12 with Glutamax (DMEM; Thermo Fisher Scientific #10565018). Cells were then left to incubate for 48 hours in EC medium without a media exchange. On day 6, resultant BMEC-like cells were purified and assayed as described below. For the CDH5-2A-enhanced green fluorescent protein (eGFP) line, fluorescent images were acquired at day 6 on live cells using a Leica DMi8 microscope with an environmental chamber.

Purification of hPSC-derived BMEC-like cells

On day 6 of differentiation, hPSC-derived BMEC-like cells were purified similar to previous descriptions (Lippmann et al. 2012; Lippmann et al. 2014a; Hollmann et al. 2017; Neal et al. 2019). Briefly, cells were washed once with DPBS, incubated with Accutase until a single cell suspension was achieved (approximately 20-45 min), and collected via centrifugation. Cells were resuspended in EC medium and plated onto Transwell filters (Fisher Scientific #07-200-161), cell culture plates (Corning), or 35 mm dishes with number 1.5 coverslips (MatTek Corporation #P35G1.514C) coated with 400 μ g/mL collagen IV (Sigma-Aldrich #C5533) and 100 μ g/mL fibronectin (Sigma-Aldrich #F1141). In all experiments, BMEC-like cells were purified using the same basal medium as during differentiation (e.g. if cells were differentiated in EC medium made from DMEM, they were subsequently subcultured into EC medium lacking bFGF and RA. In certain experiments, BMEC-like cells were changed to different basal media containing 200× B27 at specified time points – these experiments are noted in the text. With the exception of these select experiments, medium was not changed again after the removal of bFGF and RA for the duration of culture.

TEER measurements

After purification of BMEC-like cells onto Transwell filters, TEER was measured approximately every 24 hours using a World Precision Instruments EVOM2 voltohmmeter with STX2 chopstick electrodes.

Fluorescein permeability measurements

Three Transwell filters plated with BMEC-like cells, as well as one Transwell filter coated with collagen IV and fibronectin but containing no cells, were used to test permeability for each basal medium condition. All permeability assays were conducted 24 hours after removal of bFGF and RA from EC medium, referred to as day 1 of subculture. One hour prior to commencement of the assay, BMEC-like cells on Transwells received a full medium change in both apical and basolateral compartments. At the start of the assay, medium was fully aspirated from the apical portion of all Transwell filters and replaced with EC medium containing 10 μ M sodium fluorescein (Sigma-Aldrich #F6377). 200 μ L of medium was immediately removed from the basolateral chamber of each filter, transferred to a 96-well plate, and replaced with 200 μ L of fresh medium containing no fluorescein. This process was repeated every 30 minutes for a total of five time points with cells incubated at 37°C between medium removal and replacements. At the conclusion of the assay, the fluorescence of the collected samples was measured using a Tecan Infinite M1000Pro microplate reader, and effective permeability (P_e) values were calculated as previously described (Stebbins et al. 2016).

Transporter activity assays

Transporter activity was measured on day 1 of subculture. For each transporter studied, BMEC-like cells were incubated with fluorescent transporter substrate with or without transporter inhibitors. For inhibitor conditions, BMEC-like cells in well plates were treated with 10 µM cyclosporin A (Fisher Scientific #11-011-00), a p-glycoprotein inhibitor, or

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10 μ M MK571 (Sigma-Aldrich #M7571), an MRP inhibitor, for 1 hour on a rocking platform at room temperature. After 1 hour, medium was aspirated from all wells and replaced with medium containing 10 μ M rhodamine 123 (Thermo Fisher Scientific #R302), a p-glycoprotein substrate, or 10 μ M 2',7'-dichlorodihydrofluorescein diacetate (H2DCFDA; Thermo Fisher Scientific #D399), an MRP family substrate, with or without their respective inhibitors. After a 1-hour incubation at 37°C, BMEC-like cells were washed three times with PBS. Three wells of BMEC-like cells per condition were then lysed in PBS containing 5% Triton X-100 (Sigma-Aldrich #T8787), and one well per condition was fixed in ice cold 100% methanol. The fluorescence of the collected cell lysates was measured using a Tecan Infinite M1000Pro microplate reader. Cells fixed in methanol were incubated with 4',6-Diamidino-2-pheny-lindoldihydrochloride (DAPI; Thermo Fisher Scientific #D1306) for 10 minutes and subsequently imaged at 6 locations per condition using a Leica DMi8 microscope. Nuclei at each location were counted using Fiji (Schindelin et al. 2012) and used to determine cell density per well of each condition. Measured fluorescence values were subsequently normalized on a per cell basis using these counts.

Immunocytochemistry

Cells were washed twice with PBS before fixation in 4% paraformaldehyde (PFA; Fisher Scientific #AAJ19943K2) for 20 minutes or ice-cold 100% methanol for 10 minutes. Following fixation, cells were washed with PBS three times for five minutes per wash. Cells fixed in 4% PFA were blocked in PBS containing 5% donkey serum (Sigma-Aldrich #D9663) and 0.3% Triton X-100 (Sigma-Aldrich), collectively referred to as PBS-DT, for a minimum of 1 hour. Cells fixed in methanol were blocked in PBS with 5% donkey serum but lacking 0.3% Triton X-100, referred to as PBSD, for a minimum of 1 hour prior to primary antibody addition. Primary antibodies were diluted in either PBS-DT or PBSD, depending on the buffer used to block the cells, to the appropriate dilution (Table S1), and incubated overnight at 4°C.

Following overnight incubation, cells were rinsed once with DPBS and washed for an additional five times, 5 minutes per wash. Secondary antibodies (Table S2) were diluted 1:200 into PBS-DT or PBSD and incubated for 1-2 hours at room temperature. Nuclei were labeled in a 10-minute incubation using DAPI or Hoechst 33342 trihydrochloride trihydrate (Thermo Fisher Scientific #H1399) diluted in PBS-T or PBS. Finally, cells were rinsed once and washed four times, 5 minutes per wash, and imaged using a Leica DMi8 microscope.

RNA sequencing and pathway analysis

On day 1 of subculture, BMEC-like cells that had been plated on 6-well cell culture plates coated with collagen IV and fibronectin were washed once with PBS and collected via scraping and centrifugation. Resultant cell pellets were resuspended in 500 μ L of Trizol (Thermo Fisher Scientific #15596026) and stored at -80° C. After collection of 3 biological replicates per media condition, RNA from each sample was isolated using a Direct-zol Miniprep kit (Zymo Research #R2051), following the manufacturer's instructions with inclusion of a DNase treatment step. RNA samples were submitted to the Vanderbilt Technologies for Advanced Genomics facility for sequencing using an Illumina NovaSeq6000. Raw sequencing reads were obtained for the 6 paired-end samples and run

through a bulk RNA sequencing pipeline governed by the Snakemake (5.2.4) workflow management system (Köster and Rahmann 2018). Quality control was monitored with FastQC v0.11.8 before and after quality and adapter trimming, as performed by Trim Galore v0.5.0. Trimmed paired-end sequences were then aligned to the human genome (GRC38) with STAR 2.60c, utilizing Gencode genomic feature annotations (v26). Once quantitated, the feature counts were used for downstream analysis. The average mapped reads count was 41M reads (85% of total reads). Gene counts and sample metadata were used for differential gene expression in DESeq2 (Love et al. 2014). Principal Component Analysis and hierarchical clustering revealed that one of the DMEM samples was an outlier, so it was removed from downstream analysis. For each testing pair, we analyzed differential gene expression results quantitatively and visually. For the up- and down-regulated groups of top genes, we also performed functional gene enrichment analysis for Gene Ontology and KEGG pathways.

Phospho-proteome analysis

The relative phosphorylation levels of various kinases were measured using a Proteome Profiler Array human phospho-kinase array kit (R&D Systems #ARY003C) according to the manufacturer's instructions. Briefly, on day 1 of subculture, BMEC-like cells were washed once with DPBS, incubated with Accutase, and collected via centrifugation at 1000 rpm for 4 minutes. Cells were resuspended in 1 mL of DPBS, and cell density was determined using a Countess II. Cells were again centrifuged at 1000 rpm for 4 minutes and resuspended in Lysis Buffer 6 at a concentration of 10⁷ cells/mL. The resultant cell suspensions were incubated on ice for 30 minutes, followed by centrifugation at $14,000 \times g$ for 5 minutes. Supernatants were transferred to clean microfuge tubes, and protein content was determined using a Pierce BCA protein assay kit (Thermo Fisher Scientific #23225). Lysates were stored at -80° C until the day of the assay. On the day of the assay, all kit components were prepared as directed by the manufacturer's instructions, and 400 µg of protein per condition was diluted in Array Buffer 1 for incubation with kit membranes. Chemiluminescence for all membranes was detected using a Li-Cor Biosciences Fc imaging system at exposure times of 30 seconds, 2 minutes, and 10 minutes. Data collected from the 2-minute exposure were selected for presentation as this time maximized signal intensity while minimizing background signal.

Western blot analysis

On day 1 of subculture, BMEC-like cells were washed with 1 mL of DPBS, collected by scraping and transferred into a 15 mL conical in 1 mL of DPBS, and pelleted at 1000 rpm for 4 minutes. Cell pellets were resuspended in RIPA buffer (Sigma-Aldrich # R0278) with 1% v/v protease inhibitor cocktail (Sigma-Aldrich #P8340) and 1% v/v phosphatase inhibitor cocktail 3 (Sigma-Aldrich #P0044) and transferred to clean microfuge tubes. Lysates were incubated on ice for 30 minutes to 1 hour. After this incubation, lysates were centrifuged for 15 minutes at $12000 \times g$ at 4°C, and cleared supernatants were transferred to clean microfuge tubes. Protein isolates not immediately used were stored at -20° C.

Protein concentration for all samples was determined using a Pierce BCA protein assay. Each sample was prepared for western blotting by diluting 20-40 µg of protein with

 $1 \times$ Laemmli buffer (Bio-Rad #1610747) and ultrapure water (Invitrogen #10977015) to a final volume of 20-30 µL per sample. Prepared samples were heated at 95°C for 5 minutes, placed on ice for an additional 5 minutes, and briefly centrifuged. Samples, as well as Precision Plus Protein Dual Color standard (Bio-Rad #1610374), were loaded into 4-20% Criterion TGX precast midi protein gels (Bio-Rad #5671094). Gels were run at 80V until all protein samples had fully entered the gel. Voltage was then increased to 120-160V until desired degree of protein separation was obtained. Protein was transferred to a nitrocellulose membrane (Thermo Fisher Scientific # IB23001) using an iBlot 2 gel transfer device (Thermo Fisher Scientific #IB21001), and membranes were blocked in Intercept blocking buffer (Li-Cor Biosciences # 92760001) for a minimum of 30 minutes at room temperature on an orbital shaker. Following blocking, membranes were incubated with primary antibodies (Table S3) diluted in Intercept blocking buffer with 0.05% Tween-20 (Sigma-Aldrich) overnight at 4°C on an orbital shaker.

Membranes were rinsed once with 1× TBS-T, prepared by diluting 10× TBS (Fisher Scientific # MT46012CM) with distilled water and adding 0.05% Tween-20 (Sigma-Aldrich #P9416), and washed three times, 5 minutes per wash, in TBS-T. The secondary antibody (IRDye 800CW goat anti-rabbit; Li-Cor #926-32211) was diluted in TBS-T at 1:15,000 and incubated with membranes for 1-2 hours at room temperature on an orbital shaker. Membranes were rinsed once and washed three times with TBS-T for 5 minutes per wash. Membranes were imaged using a Li-Cor Odyssey CLx Imager, and band intensity was determined using Image Studio Lite software.

Ethical statement and study design

Institutional ethical approval was not required for this study. Pre-registration and randomization were not required for this study. No blinding was performed for experimental analyses. No sample calculations were performed. This study was exploratory with no inclusion or exclusion criteria. For all experiments, a biological replicate refers to an independent iPSC differentiation. When iPSC-derived BMEC-like cells are purified into multiple Transwell filters or wells for analysis, each of the filters or wells is considered a technical replicate.

Statistical analyses

GraphPad Prism software was used for statistical analyses of wet lab experiments. As specified in each figure legend where statistical analyses were performed, the student's unpaired t-test, one-way ANOVA, and two-way ANOVA were used to assess statistical significance (alpha = 0.05). Normality of the data was not assessed. The ROUT test revealed no outliers. Sample sizes were based on our prior work (Neal et al. 2019), with a minimum of 3 biological replicates per experiment.

Results

Marker expression in different basal media

hPSCs were differentiated for 4 days in E6 medium and 2 days in EC medium containing varying basal media of hESFM, DMEM, or NB (Figure 1A). The standard additives to EC

medium (RA, B27 supplement, bFGF) were unchanged from our previous protocol (Neal et al. 2019). In cells differentiated from the H9 CDH5-2A-eGFP human embryonic stem cell (hESC) line, expression of eGFP was similar at day 6 regardless of basal media, and colonies of cells harboring green fluorescence signal at cell-cell borders could be identified in each condition (Figure 1B); these results agree with previous observations (Lippmann et al. 2020). For further validation, we differentiated CC3 and CD10 iPSCs in either DMEM or NB, followed by subculture and immunostaining. In all cases, the BMEC-like cells maintained a VE-cadherin+ endothelial signature with smooth claudin-5+ and occludin+ tight junctions, as well as expression of GLUT-1 (Figure 1C). Thus, on a qualitative level, the use of different basal media did not impact the differentiation procedure or the gross identity of the purified BMEC-like cells.

Passive barrier function in response to different basal media

We next assessed passive barrier function in the BMEC-like cells using measurements of TEER and small molecule permeability. Whereas BMEC-like cells differentiated from CC3 iPSCs and subcultured in NB exhibited TEER in line with maximum values previously observed in hESFM (7,000-8,000 $\Omega x cm^2$) (Neal et al. 2019), TEER values in BMEC-like cells differentiated and subcultured in DMEM were consistently and significantly lower $(2,000-4,000 \ \Omega \text{xcm}^2)$ (Figure 2A). These relative differences were confirmed in BMEClike cells derived from CD10 iPSCs (Figure 2B). To clarify whether these results were simply suboptimal differentiations (e.g. if differentiation in DMEM produces unhealthy cells because a critical factor is missing from the medium), we characterized the dynamic responsiveness to media composition. We first differentiated and subcultured BMEC-like cells derived from both CC3 and CD10 iPSCs in DMEM medium, then switched to NB medium after 1 day (Figure 2C-D) or 7 days (Figure 2E-F). In both cases, the switch to NB medium yielded a statistically significant increase in TEER, showcasing that diminished passive barrier function in DMEM was reversible and not the result of an intrinsic defect acquired during the differentiation process. Similarly, differentiation and subculture in NB medium, followed by a switch to DMEM medium, also yielded a decrease in TEER compared to cells that remained in NB medium, though the effect was less pronounced (Figure 2G-H). Despite these dramatic differences in TEER, sodium fluorescein permeability was not significantly different between BMECs in either DMEM or NB medium (Figure S1), but this result was unsurprising given that *in vitro* permeability differences are not observed in Transwell assays when TEER exceeds $500-1,000 \,\Omega x cm^2$ (Mantle et al. 2016). Furthermore, the observed differences in TEER were not due to significant changes in claudin-5 tight junction expression across different media conditions or obvious differences in cell density (Figure S2). These results agree with a previous finding that TEER increases in iPSC-derived BMEC-like cells in response to RA treatment are not due to changes in claudin-5 expression levels (Stebbins et al. 2018). Overall, our data suggest that basal media can influence the relative strength of paracellular barrier function, with maintenance of a minimum barrier threshold.

Basal media influence on transcriptome and transporter regulation

Given the rather striking differences in passive BBB function between BMEC-like cells differentiated using NB and DMEM, we employed bulk RNA sequencing to identify

differentially regulated genes to gain insight into these phenotypic differences. RNA was collected from BMEC-like cells differentiated in either DMEM or NB, sequenced and analyzed for differential expression using DESeq2 (Love et al. 2014). Our analysis identified 19,086 genes with a nonzero total read count within these samples, and differential expression was found to cluster strongly as a function of basal media condition (Figure 3A shows Principal Component Analysis and Table S4 shows the full list). Using an adjusted p < 0.05, we identified 2,793 genes as being upregulated (15%) and 3,069 genes as being downregulated (17%) under DMEM conditions as compared to NB conditions. Of these upregulated genes, 490 genes were upregulated at least 2-fold under DMEM conditions and 97 genes were at least 5-fold upregulated under DMEM conditions (Figure 3B). 680 genes were downregulated a minimum of 2-fold under DMEM conditions, and 192 genes were downregulated a minimum of 5-fold under DMEM conditions (Figure 3B). A number of differentially expressed genes encoded for transporters, including efflux transporters and solute carriers; we cross-referenced this list with a single-cell RNAsequencing database of mouse brain endothelial cells (Vanlandewijck et al. 2018) to identify predicted in vivo BBB transporters, and indeed several of these BBB transporters were differentially regulated in vitro by media conditions, including ABCB1 (p-glycoprotein), ABCC4 (MRP4), SLC1A1, SLC2A1 (GLUT1), SLC6A6, SLC7A5 (LAT1), and SLC39A8 (Figure 3C). Protein expression of select transporters GLUT1, MRP4, and p-glycoprotein correlated with the RNA sequencing data, although the differences between DMEM and NB conditions were not statistically significant (Figure S3). We followed up on these results using well-established accumulation assays to measure efflux transporter activity, specifically probing p-glycoprotein activity using rhodamine 123 (substrate) and cyclosporin A (inhibitor) and multidrug resistance proteins using H2DCFDA (substrate) and MK571 (inhibitor). We determined that rhodamine 123 accumulation was significantly increased by cyclosporin A treatment in cells cultured in DMEM but not NB conditions (Figure 3D). We also found that H2DCFDA accumulation was significantly increased by MK571 treatment in cells cultured under either DMEM or NB conditions, but the increase was more substantial under DMEM conditions (Figure 3E). Collectively, these results show that basal media can influence the expression of various genes and proteins, including transporters, as well as the activity of these transporters.

Basal media influence on intracellular signaling

We further employed a pathway analysis to understand cellular alterations in response to basal media, which revealed seven downregulated KEGG pathways and 39 upregulated KEGG pathways under DMEM conditions relative to NB conditions (q<0.1) (Figure 4A shows select list and Table S5 shows full list). The nature of some of these pathways suggested potential changes to intracellular signaling in response to basal media. To query this possibility, we performed two semi-quantitative, antibody-based assays: a commercially available phospho-kinase array and western blotting with phospho-specific antibodies. In both cases, we detected changes in the phosphoproteome. The phospho-kinase array showed numerous changes to the phosphorylation status of various kinases, including ERK1/2, GSK-3, and β -catenin, which were more heavily phosphorylated under NB conditions (a select portion of the array is shown in Figure 4B and the entire array is shown in Figure S4). We further explored specific changes to ECM-receptor and focal adhesion signaling

pathways by western blotting for phosphorylation status of ERK1/2 and FAK, which showed differential regulation (Figure 4C). These results highlight that basal media can influence signaling pathway activation in BMEC-like cells, which in turn may alter BBB properties.

Discussion

In this study, we explored how basal media composition influences BBB properties in iPSCderived BMEC-like cells. We determined that differences in basal media, which can include baseline concentrations of salts, amino acids, and vitamins, alter both the passive and active BBB phenotype. RNA sequencing and protein analyses revealed many differentially expressed genes and phosphorylated kinases. Our results benchmark the performance of iPSC-derived BMEC-like cells in different media and will serve as a resource in this area moving forward. Our results also suggest that media composition may be an important consideration when interpreting experimental results in other BBB model formats.

These findings are likely important for a variety of *in vitro* applications ranging from drug screening to disease modeling. For instance, in drug screening applications, proper assessment of molecular transport (which can be impacted by transporter expression and activity levels) is critical. Our data show that, although TEER was above the minimal threshold necessary to prevent paracellular leakage, different basal media yielded notable changes to transporter expression in the iPSC-derived BMEC-like cells that were also different from our previous work in hESFM media (Neal et al. 2019), though direct comparisons were not made in this study. Thus, small molecule permeability measurements could vary widely depending on media composition and its effects on molecular transporters, including both efflux transporters and solute carriers (which can influence drug influx (Abdullahi et al. 2017)). When human *in vivo* data for the BMEC transcriptome ultimately become available, it will be useful to benchmark the transcriptomes of the *in vitro* models against these results, which will assist in selecting the best media for *in vitro*-like characteristics within the *in vitro* models.

One interesting outcome from the pathway analyses in this study was the possible identification of differential Wnt signaling between the media conditions. Canonical Wnt/ β -catenin signaling is important for CNS angiogenesis and the development of BBB properties (Daneman et al. 2009; Stenman et al. 2008; Liebner et al. 2008). In the canonical Wnt signaling pathway, β -catenin is constitutively phosphorylated on the N-terminus by GSK-3 β , which targets the protein for ubiquitination and degradation; inhibition of GSK-3 β and/or stabilization of β -catenin by other means allows the protein to translocate to the nucleus and act as a transcription factor (Verheyen and Gottardi 2010). The KEGG pathway analysis suggests that the NB condition yields a lower level of Wnt signaling relative to the DMEM condition. In the phosphoproteome array, β -catenin phosphorylation was elevated in the NB condition, indeed suggesting degradation and downregulation of Wnt/ β -catenin signaling. Phosphorylation of GSK-3 β was also elevated in the NB condition at either serine-9 (GSK-3 α) and serine-21 (GSK-3 β); the antibody in the array did not discriminate between these two isoform sites. These modifications are associated with decreased active site availability and inhibition of GSK-3-mediated phosphorylation of substrates (Beurel et

al. 2015), which potentially disagrees with the β -catenin phosphorylation status. However, it is possible that phosphorylation of GSK-3a, but not GSK-3 β , is being detected by this antibody. Other phosphorylation sites can also enhance the activity of GSK isoforms, for example tyrosine-216 and tyrosine-279 (Beurel et al. 2015), and antibodies to detect these modifications were not present in the array. Moreover, other signaling pathways can feed into the activity of GSK, and many different pathways were more active under NB conditions. Thus, it is possible that the basal media alter intracellular signaling and subsequently barrier functions through the Wnt/ β -catenin pathway, but more work is needed to fully interrogate these findings, potentially through more nuanced molecular biology techniques that utilize phospho-specific antibodies and small molecule-mediated pathway manipulation. Future work may also involve assessment of which BBB properties are specifically impacted through this signaling pathway versus others, as well as whether these effects are mediated through canonical or non-canonical Wnt pathways (the latter being independent of β -catenin).

Given that the two media compositions tested in this study primarily differ by amino acid and vitamin content, we initially believed that the differences in BBB properties between the basal media conditions could also be the result of changes to metabolic pathways within the cells as a function of nutrient availability. The KEGG analysis does suggest this notion is possible, given that the mTOR signaling pathway was differentially regulated. Other differentially regulated pathways that seemed relevant to BBB and endothelial cell function (besides the previously discussed Wnt/β-catenin signaling) included extracellular matrix (ECM)-receptor interactions, focal adhesions, and axon guidance. The behavior of iPSC-derived BMEC-like cells has previously been shown to be strongly dependent upon matrix composition (Al-Ahmad et al. 2019; Katt et al. 2018), which aligns with our observed connections between BBB phenotype and differential regulation of ECM-receptor and focal adhesion signaling pathways. The identification of differential axon guidance pathway signaling is perhaps more surprising, but there is previously described interplay between developing vasculature and neural cells (Paredes et al. 2018), and axon guidance signaling has previously been identified using molecular profiling of mouse retinal microvascular cells (Jeong et al. 2017). These observations do not discount potential differences in signaling pathway activity could be due to nutrient availability and metabolic feedback, but more nuanced techniques like metabolic tracing may be necessary to explicitly establish these links.

Overall, we have demonstrated that basal media composition can influence both passive and active barrier properties in hPSC-derived BMEC-like cells. Moving forward, these outcomes and technological developments may assist a number of future studies. For example, we have characterized BBB function and transcriptional identity under two fully defined media compositions. These newer, serum-free systems can be utilized for explicit cause-and-effect experiments to study how any potential factor (nutrients, metabolites, hormones, etc.) may influence the BBB phenotype. The knowledge for how basal media influence BBB properties might also be used to improve the function of primary cell-based models, which historically exhibit a diminished BBB phenotype after isolation and *in vitro* culture. Finally, the ability to utilize fully defined, serum-free culture conditions could improve *in vitro* drug transport predictions by mimicking differential concentrations of soluble cues

under healthy and diseased conditions. These considerations could extend towards modeling natural biological processes that endogenously fluctuate, for example, circadian rhythms that impact BBB transporter functions (Zhang et al. 2018; Cuddapah et al. 2019) or hormonal changes associated with stress that could impact drug permeation through the BBB (Brown et al. 2020).

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Abbreviations

BBB	blood-brain barrier
bFGF	basic fibroblast growth factor
BMEC	brain microvascular endothelial cell
DAPI	4',6-Diamidino-2-pheny-lindoldihydrochloride
DMEM	Dulbecco's Modified Eagle Medium/Nutrient Mixture F12
EC	endothelial cell
eGFP	enhanced green fluorescent protein
ECM	extracellular matrix
H2DCFDA	2',7'-dichlorodihydrofluorescein diacetate
hESFM	human endothelial serum-free medium
hESC	human embryonic stem cell
hPSC	human pluripotent stem cell
iPSC	induced pluripotent stem cell
KEGG	Kyoto Encyclopedia of Genes and Genomes

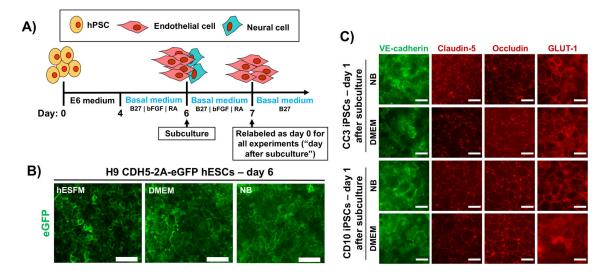
MRP	multidrug resistance protein
NB	neurobasal
PBS	phosphate buffered saline
PFA	paraformaldehyde
RA	retinoic acid
TEER	transendothelial electrical resistance

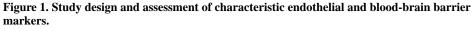
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(A) Timeline for differentiation of human pluripotent stem cells (hPSCs) into brain microvascular endothelial cell (BMEC)-like cells. Basal medium is the only altered variable between all experiments. The day of subculture is noted, as well as the notation used for experiments that occur after subculture. (B) Enhanced green fluorescent protein (eGFP) fluorescence as a function of basal media in the H9 CDH5-2A-eGFP human embryonic stem cell (hESC) line at day 6 of differentiation. (C) Expression of VE-cadherin, claudin-5, occludin, and GLUT-1 in purified BMEC-like cells at day 1 after subculture. Representative images are shown in BMEC-like cells derived from the CC3 and CD10 lines. In all images, scale bars are 50 µm.

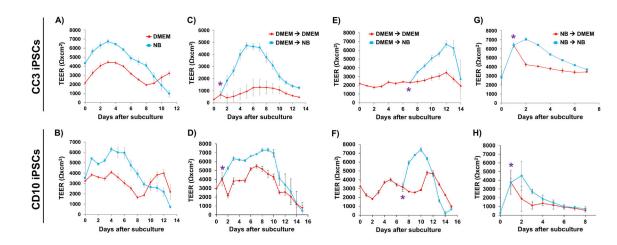


Figure 2. Passive permeability in CC3- and CD10-derived brain microvascular endothelial celllike cells as a function of basal media.

All TEER plots represent a single biological replicate. Each time point is the result of a technical N=9 as cell are purified onto triplicate filters for all conditions tested, and each filter was measured in 3 locations per time point. All data are represented as mean ± standard deviation for these collective measurements. All trends were confirmed across a minimum of 3 biological replicates. Results from CC3-derived (top row) and CD10-derived (bottom row) brain microvascular endothelial cell (BMEC)-like cells are subdivided in the figure. (A-B) Representative trans endothelial electrical resistance (TEER) in BMEC-like cells differentiated in NB versus DMEM media. (C-H) Representative TEER plots in BMEC-like cells in response to the dynamic media changes indicated in each panel. The asterisk indicates the time point at which the media was changed.

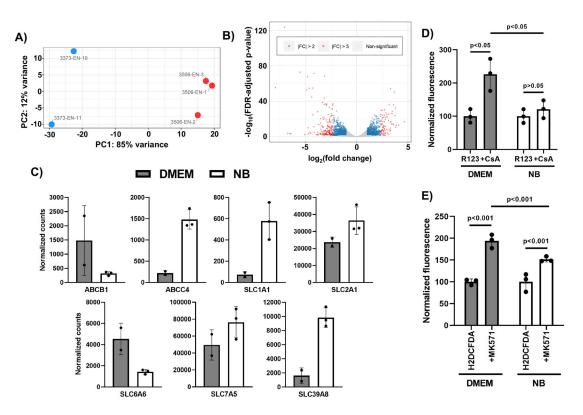


Figure 3. Basal media alters the transcriptome and transporter activity in CC3-derived brain microvascular endothelial cell-like cells.

(A) Principle Component Analysis of the DMEM and NB samples. The red dots are NB samples and the blue dots are DMEM samples. (B) Volcano plot highlighting up- and downregulated genes in DMEM versus NB. Blue dots indicate genes with a fold-change greater than 2 and red dots indicate genes with a fold-change greater than 5. (C) Normalized counts for select transporters. Data represent mean \pm standard deviation from biological replicates. Raw and normalized counts for all genes are found in Table S4. (D-E) Substrate accumulation assays for p-glycoprotein (panel D) and multidrug resistance proteins (MRPs) (panel E). Fluorescence was measured on a per cell basis in three separate wells (technical triplicate), and within each media condition, values are presented as mean \pm standard deviation normalized to cells treated with substrate only. A two-way ANOVA was used to evaluate statistical significance upon inhibitor treatment, as well as the degree of increase upon inhibitor treatment between the two media conditions. The trends between media conditions and statistically significant differences were validated in an additional biological replicate.

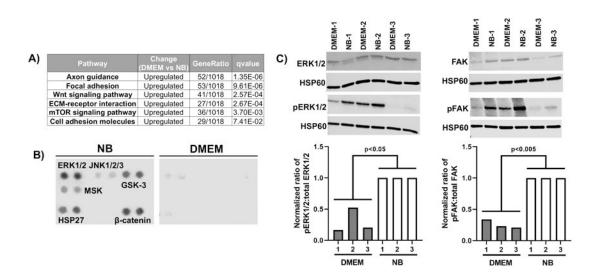


Figure 4. Basal media alters signaling pathways in CC3-derived brain microvascular endothelial cell-like cells.

(A) Select differentially altered Kyoto Encyclopedia of Genes and Genomes (KEGG) pathways. The full list of pathways is found in Table S5. (B) Analysis of protein phosphorylation using a phosphoproteome array. Based on how the assay is run, this analysis represents a biological N=1, with technical duplicates, for each media condition. A relevant subset of the array is shown here, and the full array is found in Figure S4. (C) Assessment of total and phospho-specific expression of ERK1/2 and FAK by western blot. Samples 1, 2, and 3 represent biological replicates where the corresponding DMEM and NB samples were prepared from the same differentiation. Each blot was first normalized to HSP60. Ratios of phosphorylated to total protein were then normalized to the NB condition within each pair of samples (NB-1 to DMEM-1, NB-2 to DMEM-2, and NB-3 to DMEM-3). Each biological replicate is presented as an individual bar on the graph. The entire cohort was analyzed for statistical significance using a one-way ANOVA.