


 Cite this: *RSC Adv.*, 2021, 11, 1654

 Received 12th November 2020
 Accepted 21st December 2020

DOI: 10.1039/d0ra09621k

rsc.li/rsc-advances

Amino acid ester-coupled caffeoylquinic acid derivatives as potential hypolipidemic agents: synthesis and biological evaluation†

 Xi Zhang,[‡] Dong-yun Liu,[‡] Hai Shang, Yi Jia, Xu-Dong Xu, Yu Tian[Ⓜ]* and Peng Guo*

Pandanus tectorius (L.) Parkins. (PTPs) is rich in caffeoylquinic acids and amino acids, especially some essential amino acids, such as valine, phenylalanine, and so forth. A series of novel amino acid ester-coupled caffeoylquinic acid derivatives have been designed and synthesized. Biological evaluation suggested that some amino acid ester-coupled derivatives exhibited varying degrees of lipid-lowering effects on oleic acid-elicited lipid accumulation in HepG2 liver cells. Particularly, derivatives **6c**, **6d**, **6e** and **6f** exhibited comparable potential lipid-lowering effect with the positive control simvastatin and chlorogenic acid. Further studies on the mechanism of **6c**, **6d**, **6e** and **6f** revealed that the lipid-lowering effects were related to their regulation of TG levels and mRNA levels of lipometabolic-modulating genes, and merit further investigation.

Introduction

Hyperlipidemia, one of the most common metabolic and endocrine disorder diseases, is characterized by the decreasing concentration of high density lipoprotein cholesterol (HDL-C) and increasing concentration of triglycerides (TG), total cholesterol (TC), and low density lipoprotein cholesterol (LDL-C).^{1–4} It is well known that hyperlipidemia is one of the key risk factors for cerebral and cardiovascular diseases, and the increasing levels of TG show a significant influence on coronary heart disease (CHD) and atherosclerosis (AS).^{5–7} Several studies have provided evidence that sterol-regulatory element binding protein 1 (SREBP1) is involved in low-density lipoprotein gene transcription and sterol synthesis, and acetyl-CoA carboxylase (ACC) and fatty acid synthase (FASN) are responsible for fatty acid synthesis; these three genes are all associated with lipid synthesis.^{8–11} Therefore, it is quite beneficial to research and explore anti-hypolipidemic agents that could modulate the dysregulation of lipid metabolism, and decrease the elevated levels of serum TG, the gene SREBP1, ACC, and FASN.

Pandanus tectorius (L.) Parkins. (PTPs, Fig. 1), shaped like a pineapple, is rich in phenolic acids and amino acids, and often used as a traditional medicine in the folk for treating leprosy, bronchitis, measles, dermatitis and diabetes diseases.^{12–14} The content of amino acids in PTPs fruit is as high

as 10.5 $\mu\text{g g}^{-1}$, including seven high content of essential amino acids, such as leucine (1.0 $\mu\text{g g}^{-1}$), valine (0.8 $\mu\text{g g}^{-1}$), phenylalanine (0.5 $\mu\text{g g}^{-1}$) and so on. These essential amino acids, which must be supplied by food, participate in many physiological functions of the human body.¹⁴ As the ester of caffeic acid and quinic acid, chlorogenic acid (3-*O*-caffeoylquinic acid, CA, **1**, Fig. 1) was also found abundantly in PTPs. CA was reported to have multiple potential activities, including antioxidant, anti-inflammatory, antimicrobial, and anti-hyperglycemic effects.^{15–18} Our previous researches revealed that the caffeoylquinic acid analogues extracted from PTPs were confirmed to possess obvious anti-hyperlipidemia activity, and could significantly inhibit lipid accumulation and TG levels in the liver.^{13,19} In addition, we also found that CA derivatives (chlorogenic acid diketal, **2**, Fig. 1) could decrease lipid accumulation in HepG2

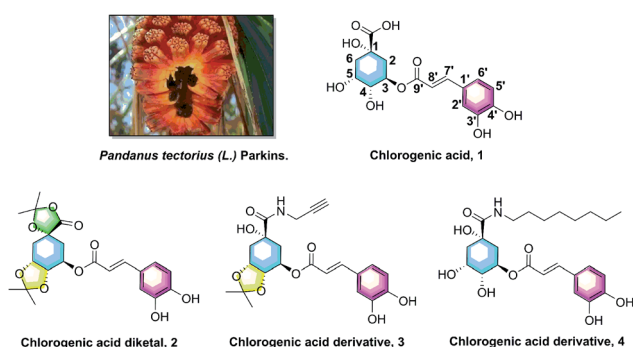


Fig. 1 The *Pandanus tectorius* (L.) Parkins. fruit and the structures of chlorogenic acid (**1**), and its active analogues chlorogenic acid diketal (**2**), derivatives **3** and **4**.

Institute of Medicinal Plant Development, Chinese Academy of Medical Sciences, Peking Union Medical College, No. 151, Malianwa North Road, Haidian District, Beijing 100193, P. R. China. E-mail: ytian@imiplad.ac.cn; 18010100068@163.com

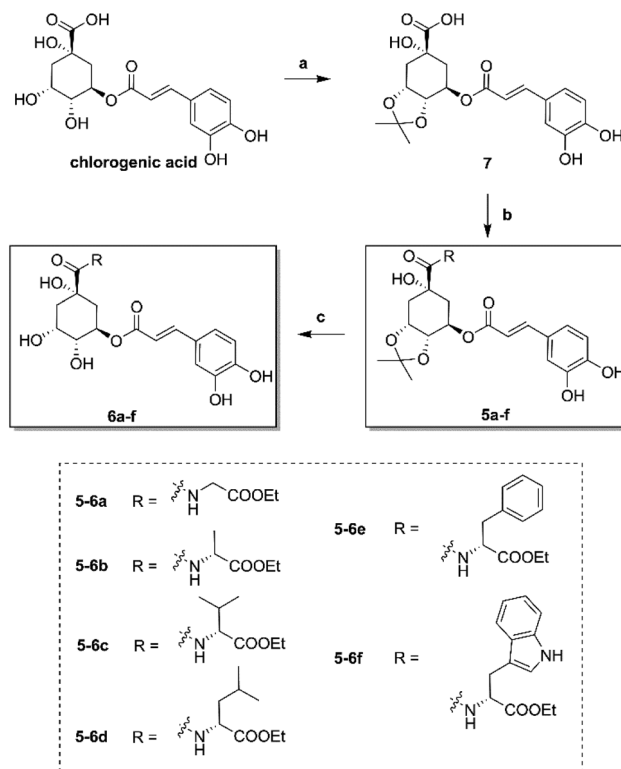
† Electronic supplementary information (ESI) available. See DOI: 10.1039/d0ra09621k

‡ These two authors contributed equally to this paper.



cells, with the ketal substituent on the 1,4,5-position hydroxyl and carboxyl group.²⁰ Recently, our preliminary SARs of chlorogenic acid suggested that the phenolic hydroxyl, not the carboxyl group, on the caffeic acid moiety is vital for the lipid-lowering activity of CA, and CA amide derivatives (**3** and **4**, Fig. 1) exhibited more potential lipid-lowering effect than the positive control simvastatin and chlorogenic acid.^{20,21} However, despite the anticipated pharmacological properties of caffeoylquinic acid amide analogues, synthesis and investigation of the novel amino acid ester-coupled caffeoylquinic acid derivatives lipid-decreasing effects has never been researched yet.

Considering of the high content of essential amino acids in PTPs fruit and the difference structures of amino acids, herein, we choose six kind of ethyl amino acid esters as the coupling groups (glycine, alanine, valine, leucine, phenylalanine, and tryptophan ethyl esters) which were coupled to the carboxyl group on 1-position of chlorogenic acid, and report the synthesis of twelve novel amino acid ester-coupled caffeoylquinic acid derivatives with various amino acid esters. Meanwhile, in consideration of diketal analogues of chlorogenic acid attenuated lipid accumulation, we design the derivatives with 4,5-position hydroxyl groups substituted by ketal (isopropylidene). Therefore, this research was aim to synthesize novel amino acid ester-coupled caffeoylquinic acid derivatives (**5a-f**, **6a-f**, Fig. 2) and investigate the effects of derivatives on oleic acid-elicited lipid accumulation in HepG2 cells. The underlying lipid-lowering effect mechanisms of the amino acid ester-coupled derivatives were also elucidated by intracellular TG quantification and quantitative real-time PCR.



Scheme 1 The synthesis of derivatives **5a-f** and **6a-f**. Reagents and conditions: (a) DMP, TsOH, dry acetone, 60 min, r.t., 82%; (b) BOP, DIEA, amino acid ester hydrochlorides, 3–8 h, r.t., 86% (**5a**), 81% (**5b**), 72% (**5c**), 78% (**5d**), 81% (**5e**), 67% (**5f**); (c) TFA, DCM, H₂O (9 : 1 : 1), 4 h, r.t., 89% (**6a**), 83% (**6b**), 79% (**6c**), 82% (**6d**), 83% (**6e**), 80% (**6f**).

Results and discussion

Chemistry

The synthesis of amino acid ester-coupled caffeoylquinic acids derivatives **5a-f** and **6a-f** were outlined in Scheme 1. Chlorogenic acid (**1**) was treated with dimethoxypropane (DMP) and *p*-toluenesulfonic acid (TsOH) in dry acetone to gain chlorogenic acid ketal the intermediate **7**. Then the target products

5a-f were attained *via* amidation with various amino acid ethyl esters hydrochloride (glycine ethyl ester hydrochloride, *L*-alanine ethyl ester hydrochloride, *L*-valine ethyl ester hydrochloride, *L*-leucine ethyl ester hydrochloride, *L*-phenylalanine ethyl ester hydrochloride, *L*-tryptophan ethyl ester hydrochloride) of carboxyl group on 1-position of intermediate **7** in BOP (benzotriazol-1-yl-oxtris(dimethylamino)phosphoniumhexafluorophosphate) and DIEA (dimethyltriethylamine) conditions, and then followed by deprotection of ketal with TFA (trifluoroacetic acid) to obtain another series of target products **6a-f**.

Biological results and discussion

Lipid-lowering effects of chlorogenic acid and compounds **5a-f and **6a-f** on oleic acid-elicited lipid accumulation in HepG2 liver cells.** The lipid-lowering effects of chlorogenic acid and amino acid ester-coupled caffeoylquinic acids derivatives against oleic acid-elicited lipid accumulation in HepG2 liver cells were detected by Oil red O staining assay. MTT assay showed that amino acid ester-coupled caffeoylquinic acids derivatives **5a-5f** and **6a-6f** (Fig. 3A) in 10 μmol L⁻¹ displayed no cytotoxicity within 24 h to HepG2 liver cells. As shown in Fig. 3B, the preliminary test of compounds **5a-5f** and **6a-6f** at 10 μmol L⁻¹ revealed that **6c**, **6d**, **6e** and **6f** exhibited better regulate effects than chlorogenic acid (CA). The absorbance decreased

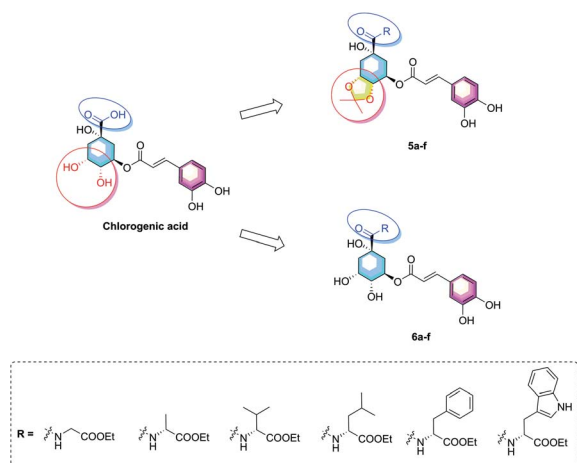


Fig. 2 The structures of amino acid ester-coupled caffeoylquinic acids derivatives.

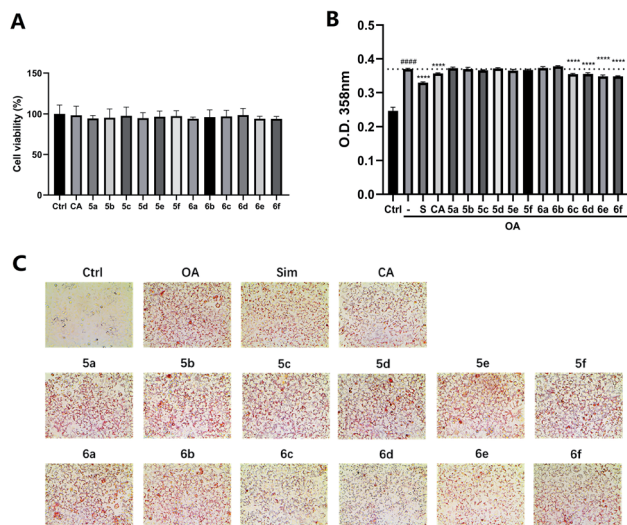


Fig. 3 The nontoxic effects of chlorogenic acid and amino acid ester-coupled caffeoylquinic acids derivatives on cell viability. (A) Cells treated with $10 \mu\text{mol L}^{-1}$ compounds **5a–5f** and **6a–6f** for 24 h respectively. (B) The regulation effects of chlorogenic acid and amino acid ester-coupled caffeoylquinic acids derivatives on oleic acid-elicited lipid accumulation in HepG2 liver cells. HepG2 cells were co-incubated in serum-free DMEM containing $100 \mu\text{mol L}^{-1}$ oleic acid (OA) (Model) and co-treated with $10 \mu\text{mol L}^{-1}$ of simvastatin (S or Sim) or chlorogenic acid (CA), compounds **5a–5f** and **6a–6f** for 24 h respectively. (C) Oil red O staining images. The data are expressed as the mean \pm SD ($n = 8$) from three independent experiments. ##### $p < 0.0001$ versus control group (Ctrl); **** $p < 0.0001$ versus OA-treated cells.

from 0.3698 (with oleic acid treatment alone) to 0.3547, 0.3552, 0.3483, and 0.3483 after treatment with $10 \mu\text{mol L}^{-1}$ compounds **6c**, **6d**, **6e** and **6f**, respectively. The Oil red O staining images were showed in Fig. 3C. Among them, derivatives **6c**, **6d**, **6e** and **6f** exhibited a more potent regulation effects than the others after treatment for 24 h, which suggests that **6c**, **6d**, **6e** and **6f** deserves further evaluation as potential hypolipidemic agents for regulation on oleic acid-elicited lipid accumulation in HepG2 liver cells.

Inhibitory effects of compounds 5a–f and 6a–f toward intracellular triglycerides accumulation. To investigate whether amino acid ester-coupled caffeoylquinic acids derivatives could affect TG levels, the inhibitory effects of derivatives **5a–f** and **6a–f** toward triglycerides were assessed by means of intracellular TG quantification assay. As shown in Fig. 4, it was found that **5d** and **6c–f** can reduce the TG level of HepG2 cells in the **5a–f** and **6a–f** tests at $10 \mu\text{mol L}^{-1}$. Treatment of HepG2 liver cells with **6c**, **6d**, **6e** and **6f** showed a better inhibitory effect than CA. As shown in Fig. 4, the levels of TG in HepG2 liver cells decreased from 100.0% (with OA treatment alone) to 70.4%, 68.4%, 80.6% and 74.5%, after treatment with $10 \mu\text{mol L}^{-1}$ compounds **6c**, **6d**, **6e** and **6f**. Among them, compounds **6c** and **6d** showed comparable potential inhibitory effect with the positive control simvastatin (S: 71.4%) and chlorogenic acid (CA: 83.7%). And the efficacy of **6e** and **6f** in decreasing TG levels was little weaker than that of simvastatin, but better than that of CA. Taken

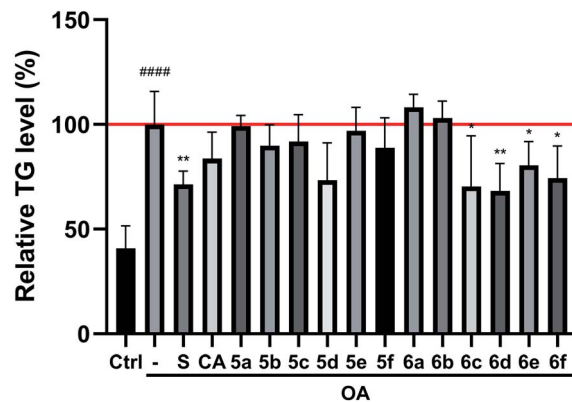


Fig. 4 Inhibitory effects of compound **5a–f** and **6a–f** toward intracellular triglycerides accumulation in HepG2 cells. Positive control: simvastatin (Sim, 71.4%) and chlorogenic acid (CA, 83.7%); control (Ctrl, 40.8%): DMEM; OA (100.0%): oleic acid. Intracellular levels of triglycerides were measured by kits according to the manufacturer's instructions. Bars depict the means \pm SD in triplicate. ##### $p < 0.0001$ versus control group (Ctrl); ** $p < 0.01$ versus OA-treated cells, * $p < 0.05$ versus OA-treated cells.

together, these results indicated that derivatives **6c**, **6d**, **6e** and **6f** inhibited TG levels markedly on oleic acid-elicited lipid accumulation in HepG2 liver cells.

The preliminary structure–activity relationships (SARs) suggested that, compared to the positive group Sim and CA, the amino acid ester-coupled caffeoylquinic acids derivatives with 4,5-position hydroxyl groups substituted by ketal were weaker potent than those with 4,5-position hydroxyl groups exposed. Beyond that, the derivatives **6c**, **6d**, **6e** and **6f** with valine, leucine, phenylalanine, and tryptophan esters groups could better regulate lipid accumulation after oleic acid treatment, indicating that the introduction of valine, leucine, phenylalanine, and tryptophan esters groups could ameliorate lipid accumulation. Among them, derivative **6c** and **6d** exhibited more potent lipid-lowering effects, compared to **6e** and **6f**, which means that aliphatic group with on the amino acid is sort of favourable substituent for regulation lipid accumulation than aromatic group in HepG2 liver cells. However, derivatives **6a** and **6b**, including glycine and alanine esters groups, were inert, suggesting that such unbranched aliphatic glycine and alanine esters groups was negative factor for the derivatives. In addition, the above derivatives showed lipid-lowering effects in Fig. 3 and 4, illustrating that blockage of 4,5-position hydroxyl groups on the chlorogenic acid with isopropylidene may deteriorate regulating lipid effects, such as compound **5c** vs. **6c** and **5e** vs. **6e**, and different amino acid esters groups on 1-position carboxyl group influenced lipid-lowering activities obviously.

The regulation of compounds 5a–f and 6a–f on lipometabolic-modulating genes. Lipogenesis and lipid oxidation considered to be two important processes regulate liver lipid metabolism. SREBP1c is one of the most important transcription factors modulating *de novo* lipogenesis in the liver and primarily regulates genes involved in fatty acid biosynthesis, including acetyl-CoA carboxylase (ACC) and fatty acid synthase (FAS). To investigate the regulation of CA and its amino acid

ester-coupled analogues on lipometabolic-modulating genes, **6c**, **6d**, **6e** and **6f** that having the preferable potency compounds were selected for further investigation with CA, and their regulation on these lipometabolic involved genes were assessed. As shown in Fig. 5, quantitative real-time PCR results showed that compounds **6c–f** exhibited moderate to good regulation effects on lipometabolic-modulating genes. Among them, compound **6c**, possessing valine ester group, remarkably stimulated down-regulation of ACC and FAS transcription than CA. Compound **6d** with leucine ester moiety significantly reduced the expression of lipogenic genes SREBP1c as well as its downstream genes FAS. These results proved our previous data obtained from oil-red O staining and TG levels, and demonstrated that compound **6c**, **6d**, **6e** and **6f** shows more potent regulation effects on these lipogenic and lipid oxidation related genes.

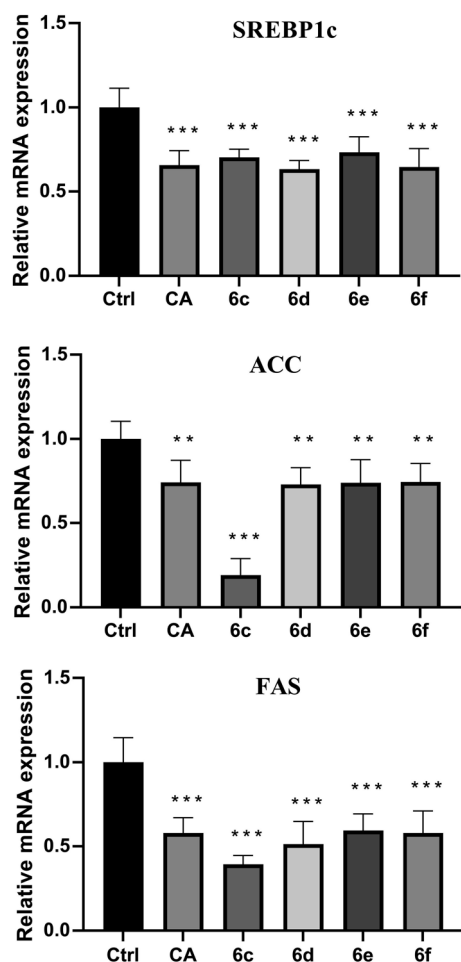


Fig. 5 Effects of CA and its amino acid ester-coupled analogues **6c–f** ($10 \mu\text{mol L}^{-1}$) on the mRNA levels of lipogenic genes SREBP1c, ACC and FAS in OA-elicited HepG2 cells. Real-time quantitative PCR was conducted with gene-specific oligonucleotide primers. The amplification of β -actin served as an internal control ($n = 6$). Data are depicted as means \pm SD in triplicate. ** $p < 0.01$, *** $p < 0.001$, test groups vs. negative control group. Ctrl: negative control; CA: chlorogenic acid; SREBP1c: sterol response element binding protein 1c; ACC: acetyl-CoA carboxylase; FAS: fatty acid synthase.

Experimental

General information

All the reagents were used without further purification unless otherwise specified. Solvents were dried and redistilled before used in the reaction. Analytical TLC was performed using silica gel HF254. Preparative column chromatography was performed with silica gel H. ^1H and ^{13}C NMR spectra were recorded on a Bruker Advance III 600 MHz spectrometer. HRMS were obtained on a Thermofisher LTQ-Orbitrap XL. Chlorogenic acid, DMP (dimethoxypropane), TsOH (*p*-toluenesulfonic acid), BOP (benzotriazol-1-yl-oxytris (dimethylamino)phosphonium-hexafluorophosphate), DIEA (dimethyltriethylamine), glycine ethyl ester hydrochloride, *L*-alanine ethyl ester hydrochloride, *L*-valine ethyl ester hydrochloride, *L*-leucine ethyl ester hydrochloride, *L*-phenylalanine ethyl ester hydrochloride, *L*-tryptophan ethyl ester hydrochloride, TFA (trifluoroacetic acid), DCM (dichloromethane) were purchased from the InnoChem Company. Dulbecco's Modified Eagle Medium (DMEM), fetal bovine serum were purchased from Corning Inc (CA, USA). Penicillin and streptomycin were procured from Hyclone (Logan, Utah, USA). Simvastatin, oil-red O, oleic acid (OA) and dimethyl sulphoxide DMSO were purchased from Sigma-Aldrich (St. Louis, MO, USA). The kits for triglyceride (TG) were purchased from Jian Cheng Biotechnology Company (Nanjing, China). Total RNA extraction reagent Trizol (Ambion, USA), PrimeScript RT reagent kit and SYBR-Green PCR kit were purchased from Transgene Biotech, Inc. (Beijing, China).

Chemistry

Procedure for the synthesis of intermediate 7. To a suspension of chlorogenic acid (10.5 g, 29.7 mmol) in dry acetone (90 mL) and DMP (60 mL), catalytic amount of TsOH (75 mg, 0.39 mmol) was added. Then the reaction mixture was stirred at room temperature for 60 min. Reaction was monitored by TLC. The crude mixture was neutralized with Na_2CO_3 powder to pH 6. Then the suspension was filtered out and the filtrate was evaporated and the crude product was subjected to column chromatography (eluent: PE-EtOAc, 1 : 1) to offer pure light yellow solid compound **7** (9.6 g, 82% yield).

General procedure for the synthesis of compounds 5a–f. The compound **7** (1.2 g, 3.1 mmol) was dissolved in dry THF (50 mL), and then BOP (1.4 g, 3.1 mmol) and organic base DIEA (0.8 g, 6.2 mmol) were added and stirred at room temperature under N_2 air. After that, various amino acid ester hydrochlorides (glycine ethyl ester hydrochloride, *L*-alanine ethyl ester hydrochloride, *L*-valine ethyl ester hydrochloride, *L*-leucine ethyl ester hydrochloride, *L*-phenylalanine ethyl ester hydrochloride, *L*-tryptophan ethyl ester hydrochloride) were putted in and reacted respectively for 3–8 h. When completed by TLC monitor, the reaction solvent was evaporated and the crude product was subjected to column chromatography (eluent: DCM- CH_3OH , 50 : 1) to obtain pure compounds **5a–f** as white solid.

1-*N*-Ethoxycarbonylmethyl-4,5-di-*O*-isopropylidene-chlorogenic acid amide (5a). White powder, 86% yield; $^1\text{H-NMR}$ (600 MHz, MeOD) δ : 7.57 (d, $J = 15.8$ Hz, 1H, H-7'), 7.05 (d, $J =$

2.0 Hz, 1H, H-2'), 6.95 (dd, $J = 8.2$ Hz, 2.0 Hz, 1H, H-6'), 6.78 (d, $J = 8.2$ Hz, 1H, H-5'), 6.28 (d, $J = 15.9$ Hz, 1H, H-8'), 5.48–5.44 (m, 1H, H-3), 4.56–4.54 (m, 1H, H-4), 4.22–4.16 (m, 3H, H-5, COOCH₂CH₃), 3.95 (s, 2H, NH-CH₂), 2.38–2.35 (m, 1H, H-2), 2.19–2.16 (m, 1H, H-2), 2.02–1.99 (m, 1H, H-6), 1.94–1.89 (m, 1H, H-6), 1.53 (s, 3H, CH₃-C-O), 1.35 (s, 3H, CH₃-C-O), 1.26 (t, $J = 7.1$ Hz, 3H, COOCH₂CH₃); ¹³C-NMR (150 MHz, MeOD) δ : 178.5 (CONH), 171.2 (COOEt), 168.6 (C-9'), 149.6 (C-4'), 147.2 (C-7'), 146.8 (C-3'), 127.7 (C-1'), 123.1 (C-6'), 116.5 (C-5'), 115.1 (C-2'), 115.0 (C-8'), 110.4 (O-C-O), 78.6 (C-3), 76.1 (C-1), 75.5 (C-4), 72.5 (C-5), 62.4 (COOCH₂CH₃), 42.0 (NHCH₂), 37.7 (C-2), 35.3 (C-6), 28.4 (CH₃-C-O), 26.2 (CH₃-C-O), 14.4 (COOCH₂CH₃); HRMS (ESI): calcd for [M + Na]⁺ C₂₃H₂₉NNaO₁₀: 502.1689, found 502.1691.

1-N-(α -Ethoxycarbonyl)ethyl-4,5-di-O-isopropylidene-chlorogenic acid amide (5b). White powder, 81% yield; ¹H-NMR (600 MHz, MeOD) δ : 7.57 (d, $J = 15.8$ Hz, 1H, H-7'), 7.05 (d, $J = 2.0$ Hz, 1H, H-2'), 6.95 (dd, $J = 8.2$ Hz, 2.0 Hz, 1H, H-6'), 6.78 (d, $J = 8.2$ Hz, 1H, H-5'), 6.28 (d, $J = 15.9$ Hz, 1H, H-8'), 5.47–5.43 (m, 1H, H-3), 4.56–4.53 (m, 1H, H-4), 4.37 (q, $J = 7.3$ Hz, 1H, NHCH₂CH₃), 4.21–4.16 (m, 3H, H-5, COOCH₂CH₃), 2.35–2.31 (m, 1H, H-2), 2.18–2.15 (m, 1H, H-2), 1.97–1.90 (m, 2H, H-6), 1.53 (s, 3H, CH₃-C-O), 1.42 (d, $J = 7.3$ Hz, 3H, NHCH₂CH₃), 1.35 (s, 3H, CH₃-C-O), 1.27 (t, $J = 7.2$ Hz, COOCH₂CH₃); ¹³C-NMR (150 MHz, MeOD) δ : 177.6 (CONH), 173.9 (COOEt), 168.6 (C-9'), 149.7 (C-4'), 147.2 (C-7'), 146.8 (C-3'), 127.7 (C-1'), 123.0 (C-6'), 116.5 (C-5'), 115.1 (C-2'), 115.0 (C-8'), 110.4 (O-C-O), 78.6 (C-3), 76.0 (C-1), 75.4 (C-4), 72.5 (C-5), 62.5 (COOCH₂CH₃), 49.5 (NHCH₂CH₃), 37.6 (C-2), 35.3 (C-6), 28.4 (CH₃-C-O), 26.2 (CH₃-C-O), 17.5 (NHCH₂CH₃), 14.4 (COOCH₂CH₃); HRMS (ESI): calcd for [M + Na]⁺ C₂₄H₃₁NNaO₁₀: 516.1846, found 516.1846.

1-N-(α -Ethoxycarbonyl- β -methyl)propyl-4,5-di-O-isopropylidene-chlorogenic acid amide (5c). White powder, 72% yield; ¹H-NMR (600 MHz, MeOD) δ : 7.57 (d, $J = 15.9$ Hz, 1H, H-7'), 7.04 (d, $J = 1.9$ Hz, 1H, H-2'), 6.95 (dd, $J = 8.2$ Hz, 2.0 Hz, 1H, H-6'), 6.77 (d, $J = 8.2$ Hz, 1H, H-5'), 6.27 (d, $J = 16.0$ Hz, 1H, H-8'), 5.47–5.43 (m, 1H, H-3), 4.55–4.53 (m, 1H, H-4), 4.29 (d, $J = 5.4$ Hz, 1H, NHCH), 4.25–4.16 (m, 3H, H-5, COOCH₂CH₃), 2.36–2.33 (m, 1H, H-2), 2.22–2.14 (m, 2H, H-2, NHCHCH), 1.96–1.91 (m, 2H, H-6), 1.53 (s, 3H, CH₃-C-O), 1.34 (s, 3H, CH₃-C-O), 1.28 (t, $J = 7.1$ Hz, COOCH₂CH₃), 0.97–0.92 (m, 6H, 2 \times CH₃); ¹³C-NMR (150 MHz, MeOD) δ : 177.7 (CONH), 172.7 (COOEt), 168.6 (C-9'), 149.7 (C-4'), 147.3 (C-7'), 146.9 (C-3'), 127.6 (C-1'), 123.1 (C-6'), 116.5 (C-5'), 115.1 (C-2'), 115.0 (C-8'), 110.4 (O-C-O), 78.6 (C-3), 76.2 (C-1), 75.4 (C-4), 72.4 (C-5), 62.4 (COOCH₂CH₃), 58.8 (NHCH), 37.9 (C-2), 35.1 (C-6), 32.1 (NHCHCH), 28.4 (CH₃-C-O), 26.2 (CH₃-C-O), 19.4 (CHCH₃), 18.2 (CHCH₃), 14.5 (COOCH₂CH₃); HRMS (ESI): calcd for [M + Na]⁺ C₂₆H₃₅NNaO₁₀: 544.2159, found 544.2161.

1-N-(α -Ethoxycarbonyl- γ -methyl)butyl-4,5-di-O-isopropylidene-chlorogenic acid amide (5d). White powder, 78% yield; ¹H-NMR (600 MHz, MeOD) δ : 7.56 (d, $J = 15.9$ Hz, 1H, H-7'), 7.04 (d, $J = 2.0$ Hz, 1H, H-2'), 6.95 (dd, $J = 8.2$ Hz, 2.0 Hz, 1H, H-6'), 6.77 (d, $J = 8.2$ Hz, 1H, H-5'), 6.27 (d, $J = 15.9$ Hz, 1H, H-8'), 5.46–5.42 (m, 1H, H-3), 4.55–4.53 (m, 1H, H-4), 4.43–4.41 (m, 1H, NHCH), 4.21–4.14 (m, 3H, H-5, COOCH₂CH₃), 2.35–2.31 (m, 1H, H-2), 2.18–2.15 (m, 1H, H-2), 1.94–1.92 (m, 2H, H-6), 1.71–1.64 (m,

3H, NHCHCH₂CH), 1.53 (s, 3H, CH₃-C-O), 1.34 (s, 3H, CH₃-C-O), 1.26 (t, $J = 7.1$ Hz, COOCH₂CH₃), 0.95–0.94 (m, 3H, CH₃), 0.92–0.91 (s, 3H, CH₃); ¹³C-NMR (150 MHz, MeOD) δ : 177.8 (CONH), 173.9 (COOEt), 168.6 (C-9'), 149.7 (C-4'), 147.3 (C-7'), 146.8 (C-3'), 127.7 (C-1'), 123.1 (C-6'), 116.5 (C-5'), 115.1 (C-2'), 115.0 (C-8'), 110.4 (O-C-O), 78.6 (C-3), 76.1 (C-1), 75.4 (C-4), 72.5 (C-5), 62.4 (COOCH₂CH₃), 52.1 (NHCH), 41.4 (NHCHCH₂), 37.7 (C-2), 35.3 (C-6), 28.4 (CH₃-C-O), 26.2 (CH₃-C-O), 26.0 (CH(CH₃)₂), 23.3 (CHCH₃), 21.9 (CHCH₃), 14.5 (COOCH₂CH₃); HRMS (ESI): calcd for [M + Na]⁺ C₂₇H₃₇NNaO₁₀: 558.2315, found 558.2319.

1-N-(α -Ethoxycarbonyl)phenethyl-4,5-di-O-isopropylidene-chlorogenic acid amide (5e). White powder, 81% yield; ¹H-NMR (600 MHz, MeOD) δ : 7.58 (d, $J = 15.8$ Hz, 1H, H-7'), 7.27–7.24 (m, 2H, H-ph''), 7.19–7.17 (m, 3H, H-ph''), 7.06 (d, $J = 1.9$ Hz, 1H, H-2'), 6.95 (dd, $J = 8.2$ Hz, 1.9 Hz, 1H, H-6'), 6.79 (d, $J = 8.2$ Hz, 1H, H-5'), 6.28 (d, $J = 15.8$ Hz, 1H, H-8'), 5.40–5.36 (m, 1H, H-3), 4.67–4.66 (m, 1H, NHCH), 4.52–4.50 (m, 1H, H-4), 4.19–4.14 (m, 3H, H-5, COOCH₂CH₃), 3.19 (dd, $J = 13.8$ Hz, 5.6 Hz, 1H, ph''CH₂), 3.06 (dd, $J = 13.8$ Hz, 8.3 Hz, 1H, ph''CH₂), 2.32–2.29 (m, 1H, H-2), 2.11–2.08 (m, 1H, H-2), 1.76–1.68 (m, 2H, H-6), 1.51 (s, 3H, CH₃-C-O), 1.34 (s, 3H, CH₃-C-O), 1.24 (t, $J = 7.2$ Hz, COOCH₂CH₃); ¹³C-NMR (150 MHz, MeOD) δ : 177.4 (CONH), 172.7 (COOEt), 168.6 (C-9'), 149.7 (C-4'), 147.3 (C-7'), 146.8 (C-3'), 137.7 (C-Ph''), 130.4 (2C-Ph''), 129.6 (2C-Ph''), 128.0 (C-Ph''), 127.7 (C-1'), 123.1 (C-6'), 116.5 (C-5'), 115.2 (C-2'), 115.1 (C-8'), 110.4 (O-C-O), 78.5 (C-3), 76.0 (C-1), 75.4 (C-4), 72.5 (C-5), 62.6 (COOCH₂CH₃), 54.8 (NHCHCH₂), 38.4 (NHCHCH₂), 37.7 (C-2), 35.0 (C-6), 28.4 (CH₃-C-O), 26.2 (CH₃-C-O), 14.4 (COOCH₂CH₃); HRMS (ESI): calcd for [M + Na]⁺ C₃₀H₃₅NNaO₁₀: 592.2159, found 592.2163.

1-N-[(α -Ethoxycarbonyl)-1H-indol-3'-yl]ethyl-4,5-di-O-isopropylidene-chlorogenic acid amide (5f). White powder, 67% yield; ¹H-NMR (600 MHz, MeOD) δ : 7.57 (d, $J = 15.9$ Hz, 1H, H-7'), 7.50–7.49 (m, 1H, H-indole''), 7.30–7.29 (m, 1H, H-indole''), 7.08 (s, 1H, H-indole''), 7.06–7.03 (m, 2H, H-2', H-indole''), 7.00–6.96 (m, 2H, H-6', H-indole''), 6.78 (d, $J = 8.1$ Hz, 1H, H-5'), 6.27 (d, $J = 15.8$ Hz, 1H, H-8'), 5.40–5.36 (m, 1H, H-3), 4.68–4.66 (m, 1H, NHCH), 4.50–4.48 (m, 1H, H-4), 4.15–4.09 (m, 3H, H-5, COOCH₂CH₃), 2.30–2.29 (m, 2H, indole-CH₂), 2.30–2.27 (m, 1H, H-2), 2.10–2.07 (m, 1H, H-2), 1.74–1.73 (m, 2H, H-6), 1.50 (s, 3H, CH₃-C-O), 1.31 (s, 3H, CH₃-C-O), 1.18 (t, $J = 7.3$ Hz, COOCH₂CH₃); ¹³C-NMR (150 MHz, MeOD) δ : 177.5 (CONH), 173.2 (COOEt), 168.6 (C-9'), 149.7 (C-4'), 147.2 (C-7'), 146.9 (C-3'), 138.0 (Cindole''), 128.7 (C-indole''), 127.7 (C-1'), 124.6 (C-indole''), 123.1 (C-6'), 122.5 (C-indole''), 119.9 (C-indole''), 119.3 (C-indole''), 116.5 (C-5'), 115.1 (C-2'), 115.0 (C-8'), 112.3 (C-indole''), 110.4 (O-C-O), 110.2 (C-indole''), 78.6 (C-3), 76.0 (C-1), 75.4 (C-4), 72.4 (C-5), 62.6 (COOCH₂CH₃), 54.5 (NHCHCH₂), 37.5 (C-2), 35.1 (C-6), 28.4 (CH₃-C-O), 28.3 (NHCHCH₂), 26.2 (CH₃-C-O), 14.3 (COOCH₂CH₃); HRMS (ESI): calcd for [M + Na]⁺ C₃₂H₃₆N₂NaO₁₀: 631.2268, found 631.2269.

General procedure for the synthesis of compounds 6a–f. The compounds 5a–f (1.0 mmol) was dissolved in TFA-DCM-H₂O (8 mL) and reacted for 4 h at room temperature. After reaction finished, the solvent was evaporated and the oily residue was

purified by silica gel column chromatography (eluent: DCM-CH₃OH, 10 : 1) to gain pure compound **6a-f** as white solid.

1-N-Ethoxycarbonylmethyl-chlorogenic acid amide (6a). White powder, 89% yield; ¹H-NMR (600 MHz, MeOD) δ: 7.57 (d, *J* = 15.8 Hz, 1H, H-7'), 7.04 (d, *J* = 2.0 Hz, 1H, H-2'), 6.95–6.94 (m, 1H, H-6'), 6.77 (d, *J* = 8.2 Hz, 1H, H-5'), 6.29 (d, *J* = 15.9 Hz, 1H, H-8'), 5.44–5.39 (m, 1H, H-3), 4.25–4.24 (m, 1H, H-4), 4.19–4.15 (m, 2H, COOCH₂CH₃), 3.97–3.90 (m, 2H, NH-CH₂), 3.72–3.70 (m, 1H, H-5), 2.19–2.17 (m, 1H, H-2), 2.09–2.06 (m, 1H, H-2), 2.02–1.98 (m, 2H, H-6), 1.27–1.24 (m, 3H, COOCH₂CH₃); ¹³C-NMR (150 MHz, MeOD) δ: 177.5 (CONH), 171.2 (COOEt), 169.1 (C-9'), 149.6 (C-4'), 147.0 (C-7'), 146.8 (C-3'), 127.8 (C-1'), 123.0 (C-6'), 116.5 (C-5'), 115.4 (C-2'), 115.1 (C-8'), 77.8 (C-3), 74.4 (C-1), 72.6 (C-4), 71.9 (C-5), 62.4 (COOCH₂CH₃), 42.0 (NHCH₂), 39.9 (C-2), 38.7 (C-6), 14.4 (COOCH₂CH₃); HRMS (ESI): calcd for [M + Na]⁺ C₂₀H₂₅NNaO₁₀: 462.1376, found 462.1378.

1-N-(α-Ethoxycarbonyl)ethyl-chlorogenic acid amide (6b). White powder, 83% yield; ¹H-NMR (600 MHz, MeOD) δ: 7.58 (d, *J* = 15.8 Hz, 1H, H-7'), 7.05 (d, *J* = 2.0 Hz, 1H, H-2'), 6.95 (m, *J* = 8.2 Hz, 2.0 Hz, 1H, H-6'), 6.78 (d, *J* = 8.2 Hz, 1H, H-5'), 6.30 (d, *J* = 15.9 Hz, 1H, H-8'), 5.43–5.39 (m, 1H, H-3), 4.37 (q, 1H, NHCH), 4.25–4.24 (m, 1H, H-4), 4.21–4.13 (m, 2H, COOCH₂-CH₃), 3.72–3.70 (m, 1H, H-5), 2.15–2.12 (m, 1H, H-2), 2.06–1.99 (m, 3H, H-2, H-6), 1.41 (d, *J* = 7.3 Hz, 1H, NHCHCH), 1.26 (m, *J* = 7.3 Hz, 3H, COOCH₂CH₃); ¹³C-NMR (150 MHz, MeOD) δ: 176.6 (CONH), 174.0 (COOEt), 169.1 (C-9'), 149.6 (C-4'), 147.0 (C-7'), 146.8 (C-3'), 127.8 (C-1'), 123.0 (C-6'), 116.5 (C-5'), 115.3 (C-2'), 115.1 (C-8'), 77.7 (C-3), 74.3 (C-1), 72.6 (C-4), 71.9 (C-5), 62.5 (COOCH₂CH₃), 49.5 (NHCHCH₃), 39.8 (C-2), 38.6 (C-6), 17.5 (NHCHCH₃), 14.4 (COOCH₂CH₃); HRMS (ESI): calcd for [M + Na]⁺ C₂₁H₂₇NNaO₁₀: 476.1533, found 476.1537.

1-N-(α-Ethoxycarbonyl-β-methyl)propyl-chlorogenic acid amide (6c). White powder, 79% yield; ¹H-NMR (600 MHz, MeOD) δ: 7.58 (d, *J* = 15.8 Hz, 1H, H-7'), 7.04 (d, *J* = 2.0 Hz, 1H, H-2'), 6.95 (m, *J* = 8.2 Hz, 2.0 Hz, 1H, H-6'), 6.77 (d, *J* = 8.2 Hz, 1H, H-5'), 6.30 (d, *J* = 15.9 Hz, 1H, H-8'), 5.43–5.39 (m, 1H, H-3), 4.30–4.27 (m, 1H, NHCH), 4.25–4.23 (m, 1H, H-4), 4.22–4.17 (m, 2H, COOCH₂CH₃), 3.72–3.70 (m, 1H, H-5), 2.22–1.96 (m, 5H, H-2, H-6, NHCHCH), 1.28 (t, *J* = 7.1 Hz, COOCH₂CH₃), 0.95–0.93 (m, 6H, 2×CH₃); ¹³C-NMR (150 MHz, MeOD) δ: 176.7 (CONH), 172.7 (COOEt), 169.0 (C-9'), 149.6 (C-4'), 147.1 (C-7'), 146.8 (C-3'), 127.7 (C-1'), 123.0 (C-6'), 116.5 (C-5'), 115.3 (C-2'), 115.1 (C-8'), 77.9 (C-3), 74.3 (C-1), 72.6 (C-4), 71.8 (C-5), 62.4 (COOCH₂-CH₃), 58.7 (NHCH), 40.2 (C-2), 38.5 (C-6), 32.1 (NHCHCH), 19.4 (CHCH₃), 18.2 (CHCH₃), 14.5 (COOCH₂CH₃); HRMS (ESI): calcd for [M + Na]⁺ C₂₃H₃₁NNaO₁₀: 504.1846, found 504.1849.

1-N-(α-Ethoxycarbonyl-γ-methyl)butyl-chlorogenic acid amide (6d). White powder, 82% yield; ¹H-NMR (600 MHz, MeOD) δ: 7.58 (d, *J* = 15.9 Hz, 1H, H-7'), 7.05 (d, *J* = 2.0 Hz, 1H, H-2'), 6.95 (m, *J* = 8.2 Hz, 2.0 Hz, 1H, H-6'), 6.78 (d, *J* = 8.2 Hz, 1H, H-5'), 6.30 (d, *J* = 15.9 Hz, 1H, H-8'), 5.43–5.39 (m, 1H, H-3), 4.44–4.41 (m, 1H, NHCH), 4.25–4.23 (m, 1H, H-4), 4.20–4.14 (m, 2H, COOCH₂CH₃), 3.72–3.70 (m, 1H, H-5), 2.13–2.00 (m, 4H, H-2, H-6), 1.71–1.63 (m, 3H, NHCHCH₂CH), 0.95–0.94 (m, 3H, CH₃), 0.92–0.91 (s, 3H, CH₃); ¹³C-NMR (150 MHz, MeOD) δ: 176.8 (CONH), 173.9 (COOEt), 169.1 (C-9'), 149.6 (C-4'), 147.1 (C-

7'), 146.8 (C-3'), 127.8 (C-1'), 123.0 (C-6'), 116.5 (C-5'), 115.3 (C-2'), 115.2 (C-8'), 77.8 (C-3), 74.3 (C-1), 72.6 (C-4), 71.9 (C-5), 62.4 (COOCH₂CH₃), 52.1 (NHCH), 41.4 (NHCHCH₂), 39.9 (C-2), 38.6 (C-6), 26.1 (CH₃-C-O), 23.3 (CHCH₃), 21.9 (CHCH₃), 14.5 (COOCH₂CH₃); HRMS (ESI): calcd for [M + Na]⁺ C₂₃H₃₁NNaO₈: 518.2002, found 518.2009.

1-N-(α-Ethoxycarbonyl)phenethyl-chlorogenic acid amide (6e). White powder, 83% yield; ¹H-NMR (600 MHz, MeOD) δ: 7.58 (d, *J* = 15.9 Hz, 1H, H-7'), 7.27–7.24 (m, 2H, H-ph''), 7.19–7.17 (m, 3H, H-ph''), 7.05 (d, *J* = 2.0 Hz, 1H, H-2'), 6.96 (m, *J* = 8.2 Hz, 2.0 Hz, 1H, H-6'), 6.78 (d, *J* = 8.2 Hz, 1H, H-5'), 6.29 (d, *J* = 15.9 Hz, 1H, H-8'), 5.36–5.32 (m, 1H, H-3), 4.65–4.62 (m, 1H, NHCH), 4.21–4.20 (m, 1H, H-4), 4.18–4.14 (m, 2H, COOCH₂-CH₃), 3.67–3.65 (m, 1H, H-5), 3.19–3.16 (m, 2H, NHCHCH₂), 3.07–3.04 (m, 1H, NHCHCH₂), 2.02–1.79 (m, 4H, H-2, H-6), 1.23 (m, *J* = 7.3 Hz, 3H, COOCH₂CH₃); ¹³C-NMR (150 MHz, MeOD) δ: 176.5 (CONH), 172.6 (COOEt), 169.0 (C-9'), 149.6 (C-4'), 147.0 (C-7'), 146.8 (C-3'), 137.8 (C-Ph''), 130.4 (2C-Ph''), 129.5 (2C-Ph''), 128.0 (C-Ph''), 127.8 (C-1'), 123.0 (C-6'), 116.5 (C-5'), 115.3 (C-2'), 115.1 (C-8'), 77.7 (C-3), 74.3 (C-1), 72.5 (C-4), 71.8 (C-5), 62.5 (COOCH₂CH₃), 54.7 (NHCHCH₂), 39.9 (NHCHCH₂), 38.5 (C-2), 38.3 (C-6), 14.4 (COOCH₂CH₃); HRMS (ESI): calcd for [M + Na]⁺ C₂₇H₃₁NNaO₁₀: 552.1846, found 552.1850.

1-N-[(α-Ethoxycarbonyl)-1H-indol-3'-yl]ethyl-chlorogenic acid amide (6f). White powder, 80% yield; ¹H-NMR (600 MHz, MeOD) δ: 7.58 (d, *J* = 15.9 Hz, 1H, H-7'), 7.50–7.49 (m, 1H, H-indole''), 7.31–7.29 (m, 1H, H-indole''), 7.07–7.05 (m, 3H, 2H-indole'', H-2'), 7.01–6.98 (m, 1H, H-indole''), 6.96 (m, *J* = 8.2 Hz, 2.0 Hz, 1H, H-6'), 6.78 (d, *J* = 8.2 Hz, 1H, H-5'), 6.30 (d, *J* = 15.9 Hz, 1H, H-8'), 5.38–5.33 (m, 1H, H-3), 4.68–4.65 (m, 1H, NHCH), 4.20–4.19 (m, 1H, H-4), 4.13–4.08 (m, 2H, COOCH₂-CH₃), 3.67–3.65 (m, 1H, H-5), 3.30–3.29 (m, 2H, NHCHCH₂), 2.01–1.85 (m, 4H, H-2, H-6), 1.17 (m, *J* = 7.1 Hz, 3H, COOCH₂-CH₃); ¹³C-NMR (150 MHz, MeOD) δ: 175.1 (CONH), 171.8 (COOEt), 167.6 (C-9'), 148.2 (C-4'), 145.6 (C-7'), 145.4 (C-3'), 136.6 (C-indole''), 127.3 (C-indole''), 126.4 (C-1'), 123.2 (C-indole''), 121.6 (C-6'), 121.1 (C-indole''), 118.5 (C-indole''), 117.9 (C-indole''), 115.1 (C-5'), 114.0 (C-2'), 113.7 (C-8'), 110.9 (C-indole''), 108.8 (C-indole''), 76.3 (C-3), 72.9 (C-1), 71.1 (C-4), 70.4 (C-5), 61.1 (COOCH₂CH₃), 53.1 (NHCHCH₂), 38.4 (C-2), 37.1 (C-6), 26.9 (NHCHCH₂), 12.9 (COOCH₂CH₃); HRMS (ESI): calcd for [M + Na]⁺ C₂₉H₃₂N₂NaO₁₀: 591.1955, found 591.1960.

The spectrograms of the derivatives **5a-f** and **6a-f** were shown in ESI.†

Evaluation of the biological activity

Cell culture and compounds solution preparation. HepG2 cells were from American Type Culture Collection (ATCC) (Manassas, VA, USA) and obtained from the Peking Union Medical College (Beijing, China). HepG2 cells were cultured in Dulbecco's Modified Eagle Medium (DMEM) supplemented with 10% fetal bovine serum, 1% penicillin and streptomycin at 37 °C in 5% CO₂ atmosphere with 100% humidity. Compounds were dissolved in dimethyl sulphoxide (DMSO) and the equal volume of it was added in control group. Chlorogenic acid and its derivatives **5a-f**, **6a-f** were dissolved in dimethyl sulphoxide

(DMSO) to a final concentration of 20 mmol L⁻¹ for cellular assay.

Cell viability assay. Cell viability was examined using MTT assay. HepG2 cells in 96-well culture plates were treated with 10 μmol L⁻¹ compounds. The cells were incubated for 24 h, and MTT reagent was added to each well according to the instruction of CellTiter 96® Aqueous One Solution Cell Proliferation Assay Kit (Promega Corporation, Beijing, China). The absorbance at 490 nm was measured using a microplate reader (ThermoFisher Ltd., Shanghai, China).

Oil red O staining. The cells with 70–80% confluence in 96 well plates were incubated in serum-free DMEM + oleic acid (OA) (100 μmol L⁻¹) and 10 μmol L⁻¹ of chlorogenic acid, the derivative compound **5a-f**, **6a-f** respectively or the positive control simvastatin (10 μmol L⁻¹) for 24 h. Cells were then fixed with 4% w/v paraformaldehyde at room temperature for 30 min and stained with filtered oil-red O staining solution (prepared by mixing two volume of 0.5% oil-red O stock solution with three volume of ddH₂O) at room temperature for 15 min. The oil-red O was redissolved with DMSO and measured by a Tecan Infinite M1000Pro Microplate Reader and spectrophotometry at 358 nm.

Intracellular TG quantification. HepG2 cells with 70–80% confluence in 6 well plates were incubated in serum-free DMEM + OA (100 μmol L⁻¹) and 10 μmol L⁻¹ of chlorogenic acid, compound **5a-f**, **6a-f** respectively or the positive control simvastatin (10 μmol L⁻¹) for 24 h. The cells were subjected to TG quantification as introduced by the protocol of Triglyceride Quantification Kit. Each experiment was performed in duplicates with three wells for each compound.

RNA isolation and quantitative real-time PCR. The total RNA of each sample was extracted with Trizol (Invitrogen). cDNA was synthesized using EasyScript® One-Step gDNA Removal and cDNA Synthesis SuperMix (Transgen Biotech), and quantitative real-time PCR was performed with ABI Prism7500 Instrument, using TransStart® Green qPCR SuperMix (Transgen Biotech). The specificity of primer was confirmed *via* agarose gel electrophoresis and melting-curve analysis. A housekeeping gene (β-actin) was used as an internal standard. The relative expression or amount of specific genes was quantitated with the 2^{-ΔΔC_t} calculation.

The primers used are shown in the ESI Table 1.†

Statistical analysis. Data are expressed as mean ± SEM. One-way ANOVA was used to determine significant differences among groups, after which the modified Students *t*-test with the Bonferroni correction was used for comparison between individual groups. All statistical analyses were performed with SPSS 17.0 software (SPSS Inc., Chicago, IL, USA). A value of *P* value < 0.05 was considered statistically significant.

Conclusions

The results of the present research indicated that amino acid ester-coupled caffeoylquinic acids derivatives **6c**, **6d**, **6e** and **6f** exerts a profound lipid-lowering activity against oleic acid-elicited lipid accumulation for HepG2 liver cells through regulation of TG levels and mRNA levels of lipometabolic-

modulating genes. Preliminary SAR analysis has shown that the aliphatic group on the amino acid ester-coupled derivatives had a good impact on the protective effect. Further studies are in progress as the promising results demonstrate that these amino acid ester-coupled caffeoylquinic acids derivatives merit further investigation as potential hypolipidemic agents.

Conflicts of interest

There are no conflicts to declare.

Acknowledgements

This work was supported by Beijing Natural Science Foundation (grant no. 7192129), the National Natural Sciences Foundation of China (grant no. 81302656), and the CAMS Innovation Fund for Medical Science (CIFMS) (grant no. 2016-I2M-1-012).

Notes and references

- 1 T. J. Lan, Q. F. Li, M. Chang, C. L. Yin, D. Zhu, Z. Wu, X. L. Li, W. Q. Zhang, B. W. Yue, J. L. Shi, H. B. Yuan, Z. H. Su and H. W. Guo, *J. Ethnopharmacol.*, 2020, **260**, 112989.
- 2 H. L. Gao, Y. Z. Long, X. Q. Jiang, Z. C. Liu, D. C. Wang, Y. Zhang, D. W. Li and B. L. Sun, *Exp. Gerontol.*, 2013, **48**, 572–578.
- 3 S. Gao, G. S. Hu, D. Li, M. Z. Sun and D. H. Mou, *J. Funct. Foods*, 2020, **66**, 103837.
- 4 M. J. Hao, Z. J. Guan, Y. Gao, J. L. Xing, X. X. Zhou, C. Y. Wang, J. Xu and W. M. Li, *Phytomedicine*, 2020, **78**, 153292.
- 5 T. T. Zeng, D. J. Tang, Y. X. Yuan, J. Su and H. Jiang, *Gene*, 2017, **626**, 319–325.
- 6 V. Bittner, L. Q. Deng, R. S. Rosenson, B. Taylor, S. P. Glasser, S. T. Kent, M. E. Farkouh and P. Maul, *J. Am. Coll. Cardiol.*, 2015, **66**, 1864–1872.
- 7 Y. X. Zhang, Y. Y. Gu, Y. B. Chen, Z. Y. Huang, M. Li, W. H. Jiang, J. H. Chen, W. T. Rao, S. F. Luo, Y. Y. Chen, J. Q. Chen, L. J. Li, Y. H. Jia, M. H. Liu and F. H. Zhou, *J. Ethnopharmacol.*, 2021, **266**, 113436.
- 8 J. Bordoloi, D. Ozahc, T. Borac, J. Kalitaa and P. Mannaa, *J. Nutr. Biochem.*, 2019, **70**, 174–184.
- 9 Z. S. Xie, X. M. Wan, L. J. Zhong, H. Yang, P. Li and X. J. Xu, *J. Funct. Foods*, 2017, **31**, 217–228.
- 10 M. W. Martin, L. D. R. Jr, H. B. Li, S. E. R. Schiller, A. V. Toms, Z. G. Wang, K. W. Bair, J. Castro, S. Fessler, D. Gotur, S. E. Hubbs, G. S. Kauffman, M. Kershaw, G. P. Luke, C. McKinnon, L. Yao, W. Lu and D. S. Millan, *Bioorg. Med. Chem. Lett.*, 2019, **29**, 1001–1006.
- 11 L. Q. Han, T. Y. Gao, G. Y. Yang and J. J. Loor, *J. Dairy Sci.*, 2018, **101**, 6523–6531.
- 12 Y. Andriani, N. M. Ramli, D. F. Syamsumir, M. N. I. Kassim, J. Jaafar, N. A. Aziz, L. Marlina, N. S. Musa and H. Mohamad, *Arabian J. Chem.*, 2019, **12**, 3555–3564.
- 13 C. M. Wu, X. P. Zhang, X. Zhang, H. Luan, G. B. Sun, X. B. Sun, X. L. Wang, P. Guo and X. D. Xu, *J. Nutr. Biochem.*, 2014, **25**, 412–419.

- 14 L. H. Peng, J. W. Liu, J. K. Zheng, J. L. Cheng and M. Y. Xian, *Chin. J. Ethnomed. Ethnopharm.*, 2012, **5**, 24–25.
- 15 I. Tomaca, M. Šeruga and J. Labudab, *Food Chem.*, 2020, **325**, 126787.
- 16 V. Francisco, G. Costa, A. Figueirinha, C. Marques, P. Pereira, B. M. Neves, M. C. Lopes, M. T. Cruz and M. T. Batista, *J. Ethnopharmacol.*, 2013, **148**, 126–134.
- 17 D. Liu, S. Meng, Z. H. Xiang, N. J. He and G. W. Yang, *Phytochemistry*, 2019, **163**, 1–10.
- 18 D. Y. Wang, X. M. Zhao and Y. L. Liu, *Int. J. Biol. Macromol.*, 2017, **102**, 396–404.
- 19 X. P. Zhang, C. M. Wu, H. F. Wu, L. H. Sheng, Y. Su, X. Zhang, H. Luan, G. B. Sun, X. B. Sun, Y. Tian, Y. B. Ji, P. Guo and X. D. Xu, *PLoS One*, 2013, **8**, 61922.
- 20 X. X. Cao, C. M. Wu, Y. Tian and P. Guo, *RSC Adv.*, 2019, **9**, 12247–12254.
- 21 Y. Tian, X. X. Cao, H. Shang, C. M. Wu, X. Zhang, P. Guo, X. P. Zhang and X. D. Xu, *Molecules*, 2019, **24**, 964.