

HHS Public Access

Author manuscript Ann Neurol. Author manuscript; available in PMC 2022 August 01.

Published in final edited form as:

Ann Neurol. 2021 August ; 90(2): 217–226. doi:10.1002/ana.26133.

Longitudinal CSF Iron Pathway Proteins in Posthemorrhagic Hydrocephalus: Associations with Ventricle Size and Neurodevelopmental Outcomes

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Abstract

Objective.—Iron has been implicated in the pathogenesis of brain injury and hydrocephalus after preterm germinal matrix hemorrhage-intraventricular hemorrhage, however it is unknown how external or endogenous intraventricular clearance of iron pathway proteins affect outcome in this group.

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Methods.—This prospective multicenter cohort included patients with posthemorrhagic hydrocephalus (PHH) who underwent (1) temporary and permanent cerebrospinal fluid (CSF) diversion and (2) Bayley Scales of Infant Development-III testing around 2 years of age. CSF proteins in the iron handling pathway were analyzed longitudinally and compared to ventricle size and neurodevelopmental outcomes.

Results.—Thirty-seven patients met inclusion criteria with a median estimated gestational age at birth of 25 weeks; 65% were boys. Ventricular CSF levels of hemoglobin, iron, total bilirubin, and ferritin decreased between temporary and permanent CSF diversion with no change in CSF levels of ceruloplasmin, transferrin, haptoglobin, and hepcidin. There was an increase in CSF hemopexin during this interval. Larger ventricle size at permanent CSF diversion was associated with elevated CSF ferritin ($p = 0.015$) and decreased CSF hemopexin ($p = 0.007$). CSF levels of proteins at temporary CSF diversion were not associated with outcome, however, higher CSF transferrin at permanent CSF diversion was associated with improved cognitive outcome ($p =$ 0.015). Importantly, longitudinal change in CSF iron pathway pro-teins, ferritin (decrease), and transferrin (increase) were associated with improved cognitive ($p = 0.04$) and motor ($p = 0.03$) scores and improved cognitive ($p = 0.04$), language ($p = 0.035$), and motor ($p = 0.008$) scores, respectively.

Interpretation.—Longitudinal changes in CSF transferrin (increase) and ferritin (decrease) are associated with improved neurodevelopmental outcomes in neonatal PHH, with implications for understanding pathogenesis of poor outcomes in PHH.

Introduction

Germinal matrix hemorrhage-intraventricular hemorrhage (GMH-IVH) is a significant cause of morbidity and mortality in preterm infants. Thirty percent of those with high grade GMH-IVH develop posthemorrhagic hydrocephalus (PHH) ,¹ which is responsible for the worst neurodevelopmental outcomes in patients with preterm brain injury.² PHH requires lifelong treatment beginning in the weeks after hemorrhage, first with temporary and later permanent cerebrospinal fluid (CSF) diversion, which is associated with failure rates of 40%³. Despite treatment for hydrocephalus, infants with PHH have overlapping debilitating neurodevelopmental outcomes with 85% experiencing cognitive deficits and 70% with motor deficits⁴. Importantly, there is a critical window between the occurrence of GMH-IVH and permanent CSF diversion where 1) the brain undergoes a period of significant neurodevelopment and 2) there is clearance and resolution of intracranial blood products associated with GMH-IVH. In 70% of patients after high grade IVH (grades III and IV) the response to the initial GMH-IVH and subsequent clearance of blood does not result in hydrocephalus¹. Similarly, within patients who develop PHH, there is a range of neurodevelopmental outcomes ².

GMH-IVH results in the release of red blood cell breakdown products (hemoglobin, iron, bilirubin) which have been implicated in the pathophysiology of PHH, while other blood components such as thrombin and fibrin have been associated with down-stream inflammation^{5,6}. We and others have shown hemoglobin and iron mediated pathogenesis of both neonatal and adult Posthemorrhagic hydrocephalus in animal models $7-15$. Our group recently reported that lumbar CSF levels of hemoglobin shortly after GMH-IVH in preterm

infants predicted the later development of PHH, further supporting our preclinical studies¹⁶. In addition, elevated CSF hemoglobin, ferritin and bilirubin levels were also associated with larger ventricle size. While these iron pathway proteins have been implicated in the pathophysiology of PHH and ventricle size, their longitudinal profiles and relationship to neurodevelopmental outcome is not known. We hypothesize that specific iron pathway proteins interact with the brain ventricles (CSF, ventricular ependyma, subependymal/ subventricular zone and choroid plexus) to alter neurodevelopment and that longitudinal CSF levels of these proteins may impact long-term outcome and ependymal development/ ventricle size.

Therefore, the aim of this study evaluating a multi-institution prospectively recruited cohort of patients with PHH is to (1) determine the longitudinal profile of key iron pathway proteins after GMH-IVH in patients treated with temporary and then permanent CSF diversion, and (2) determine the association of these proteins with ventricle size and neurodevelopmental outcomes. Understanding the relationship of these proteins to ventricle size and outcome will help guide specific interventions to interrupt the pathogenesis of PHH and brain injury in neonates with GMH-IVH.

Methods

Research subjects

Research subjects were recruited from 7 different centers of the Hydrocephalus Clinical Research Network (HCRN), including Vanderbilt University/Monroe Carell Jr. Children's Hospital, University of Alabama-Birmingham/Children's of Alabama, University of Utah/ Primary Children's Hospital, University of Toronto/The Hospital for Sick Children, Baylor College of Medicine/Texas Children's Hospital, University of Pittsburgh/UPMC Children's Hospital of Pittsburgh, and Washington University/St. Louis Children's Hospital. Each individual site maintained their own institution-specific Institutional Review Board approval for the study; written consent was obtained from the parents/guardians of the children who participated in the study. Washington University housed the CSF for the entire study and was solely responsible for the analysis. Individual site neurosurgeons and coordinators were responsible for screening and enrolling eligible participants. Inclusion criteria included preterm neonates (≤ 34 weeks pre-menstrual age (PMA)), < 1500 grams at birth weight, Papile's grade III or IV IVH¹⁷, Frontal Occipital Horn Ratio (FOHR) $\,$ 0.50, and a >72 hour life expectancy. This study followed the standardized HCRN Shunting Outcomes in PostHemorrhagic Hydrocephalus (SOPHH) parameters for PHH diagnosis and treatment¹⁸. For this study, patients meeting the above criteria with sufficient CSF for analysis and who underwent formal neurodevelopmental testing were ultimately recruited from 4/7 HCRN enrollment sites (Vanderbilt University/Monroe Carell Jr. Children's Hospital, University of Alabama-Birmingham/Children's of Alabama, University of Utah/Primary Children's Hospital, and Washington University/St. Louis Children's Hospital).

FOHR measurements

Cranial ultrasound scans closest to PMA of the CSF sample (median of 2 days for temporary and permanent procedure) were digitized and measurements of bi-frontal horn width (A), bi-

occipital horn width (B) along with interparietal diameter (C) were determined. Estimations of ventricular size were calculated using the frontal/occipital horn radio $[FOHR = (A+B)/$ $2C$]¹⁹.

CSF Acquisition

CSF was collected in the operating room following a stan-dardized protocol, either at the time of the temporizing procedure (reservoir $[n = 18]$, subgaleal shunt $[n = 13]$, or hybrid $[n = 1]$), and/or at the time of the permanent procedure (shunt $[n = 21]$; endoscopic third ventriculostomy [ETV], $[n = 3]$; ETV-choroid plexus cauterization $[n = 11]$). CSF was collected from the ventricular catheter and placed into polypropylene microcentrifuge tubes labeled with HCRN codes. The sample was then transported on ice to a −80°C freezer for storage until shipment time. Specimens were shipped in dry ice, every 4–6 months, to Washington University's Tissue Procurement Core. Samples remained at −80°C until they were slowly thawed for experimental analysis.

CSF Assays

Total CSF protein measurements were estimated using the Pierce Bicinchoninic Acid proteins assay (Thermo Scientific, Waltham, MA) according to the manufacturer's protocol as previously described¹⁶. Bovine serum albumin standards and CSF samples were pipetted into duplicate wells (R&D systems; Minneapolis, MN); working reagent then added and the entire plate incubated at 37°C for 30 minutes. Plates were then cooled and absorbance levels in each well were measured at 562 nm on a Versamax microplate reader (Molecular Devices; Sunnyvale, CA). Estimated total CSF proteins were extrapolated using a four-parameter logistic standard curve.

Commercially available sandwich ELISA assays were used to measure the concentrations of iron metabolism markers (Total Iron, Hemoglobin, Total Bilirubin, Ceruloplasmin, Ferritin, Transferrin, Haptoglobin, Hemopexin, and Hepcidin). Assays were all run in accordance to the manufacturer's protocol with CSF samples and protein standards placed in duplicate into the plate wells. As previously described, assays were piloted to determine the appropriate ¹⁶CSF dilutions. ELISA kit manufacturer details and dilutions used for each assay are listed in Supplementary Table 1. CSF dilutions were optimized based on the optical density measurements that fell in the middle of the range of standard curve of the pilot assays. Individual protein levels were determined using a four-parameter logistic standard curve as detailed by the manufacturer, except for total iron and total protein, where a linear standard curve was used.

Neurodevelopmental Testing

Each site had a trained psychometrician perform the Bayley Scales of Infant Development-III testing at 15–30 months corrected age. The Bayley III is a standard, validated testing paradigm to assess neurobehavioral development (cognition, language, and motor) in infants and toddlers 20 . The cognitive subtest assesses sensorimotor development, object exploration, manipulation, relatedness, memory and concept formation. The language subtest assesses receptive and expressive language development, and the motor subtest assesses the fine and gross motor function. These individual subtests were then combined

and a composite score for the three main categories were derived and used to compare performance versus age-matched, typically developing children (composite score equal to 100).

Statistical Analysis

Continuous variables were summarized as median and interquartile range while categorical variables were summarized with counts and percentages. Cohort demographics were summarized. Wilcoxon signed-rank test was used to compare the change in CSF antigen values from temporizing to permanent procedure (Table 2). Multivariable linear regression models were created to assess the relationship of the change in CSF antigen values (from temporizing and permanent procedure) with Bayley III scores, adjusting for gestational age at birth and IVH grade (III, IV). Additional multivariable linear regression models were developed to assess the relationship between CSF antigen values and FOHR at temporizing procedure and permanent procedure (Table 3). Statistical analysis was performed using SAS 9.4 (SAS Institute; Cary, NC). All p-values were based on testing with a two-sided alternative and considered significant if $p<0.05$. No adjustment was made for multiple comparisons, and all results should be considered exploratory.

Results

Subject Characteristics

A total of 37 subjects were included in our analysis (Table 1). The median PMA at birth was 25 weeks and the median birthweight was 800 grams. Sixty five percent of subjects were male; 54% were White, and 38% were African American. Thirty-eight percent presented with grade III IVH and 62% with grade IV IVH. Thirty percent of subjects presented with cardiovascular complex chronic conditions (cardiomyopathy, conduction disorder, dysrhythmias, heart and great vessel malformations), while none had any renal, gastrointestinal or congenital/genetic defect. Median PMA at the time of CSF sample acquisition corresponded with time of temporary and permanent CSF diversion, and was 31 (mean, 31) and 41 (mean, 46) weeks, respectively. Median occipitofrontal circumference was 28 cm at time of temporizing procedure and median FOHR was 0.68. The median time between temporary and permanent CSF diversion was 11 weeks (range = 7-16 weeks). FOHR was 0.64 at time of permanent procedure. All subjects underwent the Bayley III neurodevelopmental testing at a median of 23 months corrected age with a median cognitive composite score of 60 (range = $55 - 75$), language composite score of 65 (range = $53 - 80$), and motor composite score of 52 (range $= 46 - 71.5$).

CSF Iron Pathway Markers: Temporary vs. Permanent CSF Diversion

CSF levels of hemoglobin, iron, ferritin, total bilirubin and total protein decreased significantly between time of temporary CSF diversion and permanent CSF diversion (Table 2). There was no change in CSF levels of ceruloplasmin, transferrin, haptoglobin, or hepcidin between time points. The heme scavenger, hemopexin, was the only marker with a significant increase in CSF levels between treatment time points (4.3 vs. 16.1 mg/ml, p=0.018) in this study.

FOHR and CSF Iron Pathway Markers

As we previously showed a significant relationship between lumbar puncture CSF levels of hemoglobin, ferritin and bilirubin and ventricle size in IVH and PHH, we evaluated ventricular CSF levels of these proteins at temporary and permanent CSF diversion. The median rate of progression of ventricular enlargement from birth until temporary CSF diversion (FOHR at temporary CSF diversion/days since birth) is 0.021 [Q1 = 0.016, Q3 = 0.030].. There was no association between CSF levels of any of the iron pathway markers analyzed and FOHR at the time of temporary CSF diversion. However, at the time of permanent CSF diversion, higher CSF levels of ferritin were associated with larger FOHR (p=0.015) (Fig 1) and higher CSF hemopexin levels were associated with smaller FOHR (p=0.007) (Table 3, Fig 2).

CSF markers of Neurodevelopmental Outcome

After controlling for PMA at birth and IVH grade, CSF levels of iron metabolism markers at time of temporary CSF diversion were not associated with cognitive, motor or language composite scores of the Bayley's examination at 2 years of age. At the time of permanent CSF diversion, higher CSF levels of transferrin were significantly associated with improved cognitive composite scores of the Bayley III examination (Fig 3), 2.17 (95% confidence interval $\text{[CI]} = 0.47 - 3.87$, $p = 0.015$). No other CSF iron metabolism proteins at time of permanent procedure were associated with Bayley III scores.

Longitudinal CSF response to IVH and Neurodevelopmental Outcome

We analyzed the change in levels of CSF markers (Table 2) between the time of temporary and permanent CSF diversion in order to assess if clearance of iron pathway proteins or response to hemorrhage by iron handling proteins was associated with long term neurodevelopmental outcomes. After controlling for PMA at birth and IVH grade, all proteins were evaluated for the association of longitudinal change with neurodevelopmental outcome. We found that a larger decrease in ventricular CSF ferritin from the time of temporary to permanent CSF diversion was associated with improved cognitive (3.33, 95% CI = -6.55 , -0.12 , p = 0.043) and motor (-4.45 , 95% CI = -8.42 , -0.48 , p = 0.03) composite scores. In this same model controlling for PMA at birth and IVH grade, an increase in CSF transferrin between temporary and permanent CSF diversion was significantly associated with improved Bayley III composite cognitive (p=0.04), language $(p=0.035)$ and motor $(p=0.008)$ scores (Fig 3). Finally, as we found a significant relationship between ferritin and FOHR at the time of permanent procedure, in addition to PMA at birth and IVH grade, we also controlled for change in FOHR from temporizing to permanent procedure and found that the significant relationship between change in CSF ferritin and cognitive (p=0.04) and motor (p=0.028) outcome remained.

Discussion

This is the first study to directly evaluate and compare red blood cell breakdown and iron handling in patients undergoing early treatment for PHH, during a critical period of brain development. We show that there are significant decreases in CSF levels of the iron pathway proteins, hemoglobin, iron, total bilirubin, and ferritin with a significant

increase in CSF levels of the heme scavenger, hemopexin between temporary and permanent CSF diversion. We show that ventricle size is associated with CSF ferritin (increase) and hemopexin (decrease). Finally, longitudinal changes in CSF transferrin (increase) and ferritin (decrease) were associated with improved neurodevelopmental outcomes. These findings have implications for direct interaction of these proteins with the ventricular system including the ependyma, choroid plexus, and subependymal regions (subventricular zone, hippocampus and additional brain resions subjacent to the epedyma) in the setting of IVH to result in hydrocephalus and alter neurodevelopment.

Ferritin is an intracellular protein which stores iron in the ferric $(3+)$ state while also functioning as a ferroxidase reducing ferrous $(2+)$ iron to ferric $(3+)$ iron, preventing ferrous iron from participating in the Fenton reaction with H2O2, which produces a free radical. Ferritin also functions as an acute phase reactant and is upregulated in the presence of infection, stress and chronic disease states. We show here that a larger decrease in ferritin levels between temporary and permanent CSF diversion is associated with improved cognitive and motor outcomes. Finally, higher CSF ferritin levels at time of permanent CSF diversion were associated with larger ventricle size. The mechanisms underlying modulation of ventricular CSF ferritin may involve a direct response to elevated iron (and thereby blood products) after hemorrhage as we have previously shown that peripheral treatment with iron chelation decreases ventricle size in a rat model of IVH⁷ . However, CSF ferritin may also be acting as an acute phase reactant in response to inflammation, and this deserves further study.

We previously showed in CSF obtained via lumbar puncture in preterm infants that elevated CSF ferritin levels were associated not only with high-grade IVH and PHH, but with early ventriculomegaly. Animal models of IVH and PHH have shown both periventricular and hippocampal ferritin localization $(3, 5, 6)$ which is consistent with autopsy studies of PHH²¹. The germinal matrix and subventricular zone, located immediately subjacent to the ventricle, actively contribute to neuro- and glio-genesis during the critical developmental time period between temporary and permanent CSF diversion. There may be direct effects of local iron neurotoxicity and subsequent ferritin levels or from inflammatory-mediated pathways which contribute to worse cognitive and motor outcomes. Further study into the exact role of ventricular CSF ferritin and the relationship to ventricle size and neurodevelopmental outcomes is needed, particularly in light of long-term data from the DRIFT trial where those treated with CSF irrigation and fibrinolysis had a significant improvement in long-term cognitive outcomes, but no differences in rates of shunt placement 22,23 .

We found a strong relationship between an increase in ventricular CSF transferrin levels between temporary and permanent CSF diversion and improved outcomes in all components of the Bayley III examination (cognition, language, and motor). Transferrin is a protein that binds ferric iron, and whereas most transferrin is produced by the liver, there is significant endogenous transferrin production in the brain by the choroid plexus and oligodendrocytes, with more transferrin production from the choroid plexus by weight than the liver 24 . The exact role of transferrin in the brain is not known. Unlike iron regulatory protein 1, iron regulatory protein 2 and divalent metal transporter 1, which are expressed in high levels from birth in the ventricular ependyma, the transferrin receptor is absent at birth until

it is expressed at high levels at postnatal day $15^{25,26}$. Transferrin is likely to function in distributing iron through the brain interstitium, particularly in the developing brain, with cellular uptake independent of the transferrin receptor²⁶, however it may have a role independent from iron²⁷. Transferrin is also important in the myelination and functioning of oligodendrocytes and has been shown to promote myelinogenesis along with IGF-1 in a myelin deficient rat model²⁸. With respect to CSF transferrin, after intraventricular injection in a rat model, transferrin was present in the periventricular regions as well as the anterior thalamic and medial habenular nuclei and regions with synaptic communication to these areas²⁶. In a separate study, transferrin was found to be present in the choroid plexus and ependyma without detectable iron or ferritin and suggests these periventricular regions may be a regulatory site of CSF transferrin levels²⁹. Similar to our findings, CSF transferrin levels increased after shunt placement for normal pressure hydrocephalus and were associated with cognitive recovery³⁰. As transferrin is normally secreted by the choroid plexus, higher CSF levels, as seen in association with improved outcomes in our study, may indicate a return to normal function of the choroid plexus, and could be a baseline marker of less severe brain injury. Alternatively, the significance of CSF transferrin levels may directly relate to iron handling at the CSF-choroid plexus and CSF-ependymal surfaces. Further studies are needed to more clearly define the role of transferrin in choroid plexus function, transferrin's role in iron distribution within the brain and neurocognitive outcomes.

In this cohort, we found a significant increase between the time of temporary and permanent CSF diversion in CSF levels of the heme scavenger, hemopexin, which binds met-heme and is then taken up by the CD91/LRP-1 cell surface receptor. Hemopexin was the only CSF marker that was increased between time points and CSF levels at time of permanent CSF diversion inversely correlated with ventricle size. CSF hemopexin has been studied in CNS diffuse B cell lymphoma 31 and degenerative disk disease 32 where in both cases it was elevated in the disease state. In a mouse intracerebral hemorrhage (ICH) model, increased endogenous brain hemopexin resulted in improved outcomes³³. Hemopexin expression in one study was limited to ventricular ependymal cells and to a lesser extent the hippocampus 34 and may play an important role in CSF and brain heme levels. Our finding of the inverse relationship between CSF hemopexin levels and ventricle size could be related to retained function of ependymal cells in the setting of more normal ventricular morphology, and possibly function in the setting of response to IVH, although this deserves further study.

Limitations.

Our study was limited to patients who ultimately underwent permanent CSF diversion and therefore does not capture patients who were initially treated for PHH and never went on to require permanent CSF diversion or patients who did not participate in Bayley III testing. The patients in our study therefore may vary from those who were excluded and our results may not be generalizable beyond this specific group. Ventricular tapping protocols vary between centers and treating neurosurgeons and therefore, we were not able to control for the amount of CSF that was drained between temporary and permanent CSF diversion. Given our small sample size we were unable to control for age at time of either procedure which may be an important factor in outcome. In addition, our sample size is small and

given our multiple statistical analyses there is the potential for false discovery. Our findings need to be validated in a larger cohort of infants. The CSF samples used for this study were collected prospectively under the same protocol by four of seven enrolling HCRN centers and stored in a single biobank (Washington University in St. Louis), however, given the multicenter nature of the study there may have been slight differences in the way the samples were handled which may have contributed to variability in the results. Finally we were able to include patients from four of the seven enrolling sites due to limited CSF availability for patients recruited from three of the sites.

Conclusions

This is the first study to show the longitudinal profiles of iron pathway proteins in the CSF of preterm infants treated for PHH. We show that larger ventricle size is associated with increased CSF ferritin and decreased CSF hemopexin levels. Furthermore, longitudinal changes in CSF transferrin (increase) and ferritin (decrease) are associated with improved neurodevelopmental outcomes. The direct interaction of these ventricular CSF proteins with the ependymal surface lining the ventricles, subependymal/subventricular zone and choroid plexus deserves further study, where hemopexin, transferrin and ferritin handling in the brain ventricles in response to IVH is a potentially modifiable outcome determinant.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

The authors would like to acknowledge the patients and families who generously participated in this study and the members of the individual HCRN clinical teams who participated in their care (Supplementary Online Table 2).

Sources of funding for this study: This project was supported by the Doris Duke Fund to Retain Clinical Scientists (JMS), NIH R01 NS110793 (JMS), K23 NS075151-01A1 (DL), Neurosurgeon Research Career Development Program (JMS), the Gerber Foundation Ref. 1692-3638 (C.N.S.), NIH/NINDS 1RC1NS068943, private philanthropy, and the Hydrocephalus Association. No industry funding was used during the completion of this study. None of the sponsors participated in design and conduct of this study; collection, management, analysis, and interpretation of the data; or preparation, review, or approval of this manuscript.

Sources of funding for the HCRN: The HCRN is thankful for the following sources of funding: National Institute of Neurological Disorders and Stroke (NINDS grant nos. 1U01NS107486-01A1 and 1RC1NS068943-01), Patient Centered Outcome Research Institute (PCORI grant no. CER-1403-13857), The Gerber Foundation (reference no. 1692-3638), private philanthropy and the Hydrocephalus Association.

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Figure 1.

Top panel (A). Relationship between FOHR and ventricular CSF ferritin levels at temporizing and permanent procedure. At the time of permanent CSF diversion, higher CSF levels of ferritin were associated with larger FOHR $(p=0.015)$ when controlling for PMA at birth and IVH grade. Graph lines represent best fit between FOHR and ferritin at each time point not controlling for other factors. Bottom Panel (B). Relationship between Bayley III composite scores and change in ventricular CSF ferritin levels from temporizing to permanent procedure. Ventricular CSF ferritin levels at time of permanent CSF diversion

Change in Ferritin (micrograms/ml)

are associated with Bayley III composite cognitive (p=0.04) and motor (p=0.028) when controlling for change in FOHR from temporizing to permanent procedure. Graph lines represent best fit between composite scores and change in ferritin levels not controlling for other factors.

Figure 2.

Relationship between frontal occipital horn ratio (FOHR) and ventricular cerebrospinal fluid hemopexin levels at temporizing and permanent procedure. At the time of permanent CSF diversion, higher CSF levels of hemopexin levels were associated with smaller FOHR (p=0.007) when controlling for PMA at birth and IVH grade. Graph lines represent best fit between FOHR and hemopexin at each time point not controlling for other factors.

Figure 3.

Longitudinal changes in CSF transferrin are associated with outcome in posthemorrhagic hydrocephalus. Top panel (A). No relationship between ventricular CSF transferrin levels vs. Bayley III composite cognitive, language and motor scores at time of temporary CSF diversion. Middle Panel (B). Ventricular CSF transferrin levels at time of permanent CSF diversion are associated with Bayley III composite cognitive scores. Bottom Panel (C). Change in ventricular CSF transferrin levels between temporary and permanent CSF diversion is significantly associated with improved Bayley III composite cognitive (p=0.04),

language (p=0.035) and motor (p=0.008) scores. Statistical model controls for PMA at birth and IVH grade. Graph lines represent best fit between composite scores and transferrin not controlling for other factors.

Patient Demographics

Continuous variables are summarized as Median [Q1, Q3].

 $¹$ Missing on 5 patients.</sup>

 2 Missing on 4 patients.

 β Missing on 5 patients.

 4 Missing on 2 patients.

Table 2:

CSF iron metabolism at temporizing procedure and permanent procedure

 1 Wilcoxon signed-rank test

Table 3:

CSF iron metabolism markers in predicting frontal occipital horn ratio at temporary and permanent CSF diversion.

¹ Reported effect estimates are for an increase of one half of the interquartile range, (Q3 - Q1)/2, in the CSF iron metabolism marker.Results are based on multivariable model(s) adjusting for Gestational age at birth (weeks), IVH grade.