

# The benefits of sacubitril–valsartan in patients with acute myocardial infarction: a systematic review and meta-analysis

Bo Xiong<sup>1†</sup>, Dan Nie<sup>2†</sup>, Jun Qian<sup>1</sup>, Yuanqing Yao<sup>1</sup>, Gang Yang<sup>1</sup>, Shunkang Rong<sup>1</sup>, Que Zhu<sup>1</sup>, Yun Du<sup>1</sup>, Yonghong Jiang<sup>1</sup> and Jing Huang<sup>1\*</sup>

<sup>1</sup>Department of Cardiology, The Second Affiliated Hospital of Chongqing Medical University, No. 76, Linjiang Road, Chongqing, 400010, China; and <sup>2</sup>Department of Gastroenterology, The Chongqing Traditional Chinese Medicine Hospital, Chongqing Academy of Traditional Chinese Medicine, Chongqing, China

## Abstract

**Aims** We aimed to investigate whether sacubitril–valsartan could further improve the prognosis, cardiac function, and left ventricular (LV) remodelling in patients following acute myocardial infarction (AMI).

**Methods and results** We searched the PubMed, Embase, Cochrane Library, and China National Knowledge Infrastructure (CNKI) from inception to 10 May 2021 to identify potential articles. Randomized controlled trials (RCTs) meeting the inclusion criteria were included and analysed. Thirteen RCTs, covering 1358 patients, were analysed. Compared with angiotensin-converting enzyme inhibitors (ACEI)/angiotensin receptor blockers (ARB), sacubitril–valsartan did not significantly reduce the cardiovascular mortality [risk ratio (RR) 0.65, 95% confidence interval (CI) 0.22 to 1.93,  $P = 0.434$ ] and the rate of myocardial reinfarction (RR 0.65, 95% CI 0.29 to 1.46,  $P = 0.295$ ) of patients following AMI, but the rate of hospitalization for heart failure (HF) (RR 0.48, 95% CI 0.35 to 0.66,  $P < 0.001$ ) and the change of LV ejection fraction (LVEF) [weighted mean difference (WMD) 5.49, 95% CI 3.62 to 7.36,  $P < 0.001$ ] were obviously improved. The N-terminal pro-brain natriuretic peptide (NT-ProBNP) level (WMD  $-310.23$ , 95% CI  $-385.89$  to  $-234.57$ ,  $P < 0.001$ ) and the LV end-diastolic dimension (LVEDD) (WMD  $-3.16$ , 95% CI  $-4.59$  to  $-1.73$ ,  $P < 0.001$ ) were also significantly lower in sacubitril–valsartan group than in ACEI/ARB group. Regarding safety, sacubitril–valsartan did not increase the risk of hypotension, hyperkalaemia, angioedema, and cough.

**Conclusions** This meta-analysis suggests that early administration of sacubitril–valsartan may be superior to conventional ACEI/ARB to decrease the risk of hospitalization for HF, improve the cardiac function, and reverse the LV remodelling in patients following AMI.

**Keywords** Sacubitril–valsartan; Angiotensin-converting enzyme inhibitors; Angiotensin receptor blockers; Heart failure; Acute myocardial infarction; Meta-analysis

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\*Correspondence to: Jing Huang, MD, FACC, Department of Cardiology, The Second Affiliated Hospital of Chongqing Medical University, No. 76, Linjiang Road, Chongqing 400010, China. Tel: +86 18883909081; Fax: 0086-023-63693702. Email: huangjingcqm@126.com

<sup>†</sup>These authors are equal contributors.

## Introduction

Acute myocardial infarction (AMI) is a common and severe type of coronary heart disease with high morbidity and mortality. Although primary percutaneous coronary intervention (pPCI) has been widely performed in patients with AMI

to reduce infarct size and preserve ventricular function, almost 25% AMI patients would develop into heart failure (HF).<sup>1</sup> Substantial evidences indicated that  $\beta$  blockers,<sup>2</sup> angiotensin-converting enzyme inhibitors (ACEI)/angiotensin receptor blockers (ARB),<sup>3,4</sup> and mineralocorticoid-receptor antagonists (MRA)<sup>5</sup> could effectively attenuate the left

ventricular (LV) remodelling and reduce the risk of death of AMI patients. However, their risk of re-hospitalization for HF and mortality remain high.<sup>6</sup>

Neuroendocrine hormones activation including the renin angiotensin aldosterone system (RAS) and sympathetic nervous system (SNS) play an important role in the progression of LV remodelling and HF occurrence after AMI.<sup>7,8</sup> Therefore, besides timely revascularization, regulating neuroendocrine hormone balance is another pivotal way to improving their prognosis. In addition to blocking the RAS, sacubitril–valsartan is also focused on inhibiting the activity of neprilysin and decreasing the degradation of natriuretic peptides to further counteract the adverse effects of RAS and SNS activation by promoting vasodilation, natriuresis, and diuresis, along with inhibiting myocardial fibrosis and hypertrophy.<sup>9,10</sup>

Recently, several clinical trials compared the benefits of sacubitril–valsartan and ACEI/ARB in patients following AMI and identified that sacubitril–valsartan could further improve the LV ejection fraction (LVEF) and significantly reduce the major adverse cardiac events (MACE), HF re-hospitalization risk, as well as LV dimensions.<sup>6,11,12</sup> However, Docherty *et al.*<sup>13</sup> found that in comparison with valsartan, sacubitril–valsartan neither effectively improved the LVEF nor significantly reduced the N-terminal pro-brain natriuretic peptide (NT-ProBNP) level, LV volume, and LV mass index in this kind of patients. Hence, compared with ACEI/ARB, the benefits of sacubitril–valsartan in patients following AMI are still controversial. For this purpose, we performed a meta-analysis to investigate whether sacubitril–valsartan could bring more clinical benefits for patients following AMI than ACEI/ARB drugs.

## Methods

This meta-analysis was performed according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines.<sup>14</sup>

### Search strategy and study selection

Literatures were searched in PubMed, Embase, Cochrane Library, and China National Knowledge Infrastructure (CNKI) without any restrictions from inception to 10 May 2021. The search strategy included the following MeSH headings or keywords: angiotensin-receptor neprilysin inhibitor, sacubitril–valsartan, LCZ696, MI, and AMI (Supporting Information, *Table S1*). Moreover, we manually checked the reference list of retrieved articles to identify the potentially relevant studies. Studies were included if they met the following criteria: (i) randomized controlled trials (RCTs); (ii) adult (age > 18 years) patients following AMI

were treated with sacubitril–valsartan vs. ACEI/ARB; and (iii) studies reported the primary or secondary outcomes.

### Data extraction and quality assessment

Data extraction was performed by two independent reviewers with discrepancies resolved by discussion. The following data were extracted from each included study: basic characteristics of studies (authors, publication year, journal, country, study design), characteristics of patients (sample size, gender, age, type of MI, time of pPCI, LVEF, medical history), sacubitril–valsartan and ACEI/ARB treatments (initial time, dosage, frequency, duration, mean follow-up time), primary outcomes (cardiovascular mortality, rate of myocardial reinfarction, rate of hospitalization for HF), and secondary outcomes [NT-ProBNP level, change of LVEF, change of 6 min walk test (6MWT) distance, change of left ventricular end-diastolic dimension (LVEDD), and incidence of side effects including hypotension, hyperkalaemia, angioedema, and cough]. The risk of bias of included studies was evaluated by RoB2 tool from Cochrane.<sup>15</sup>

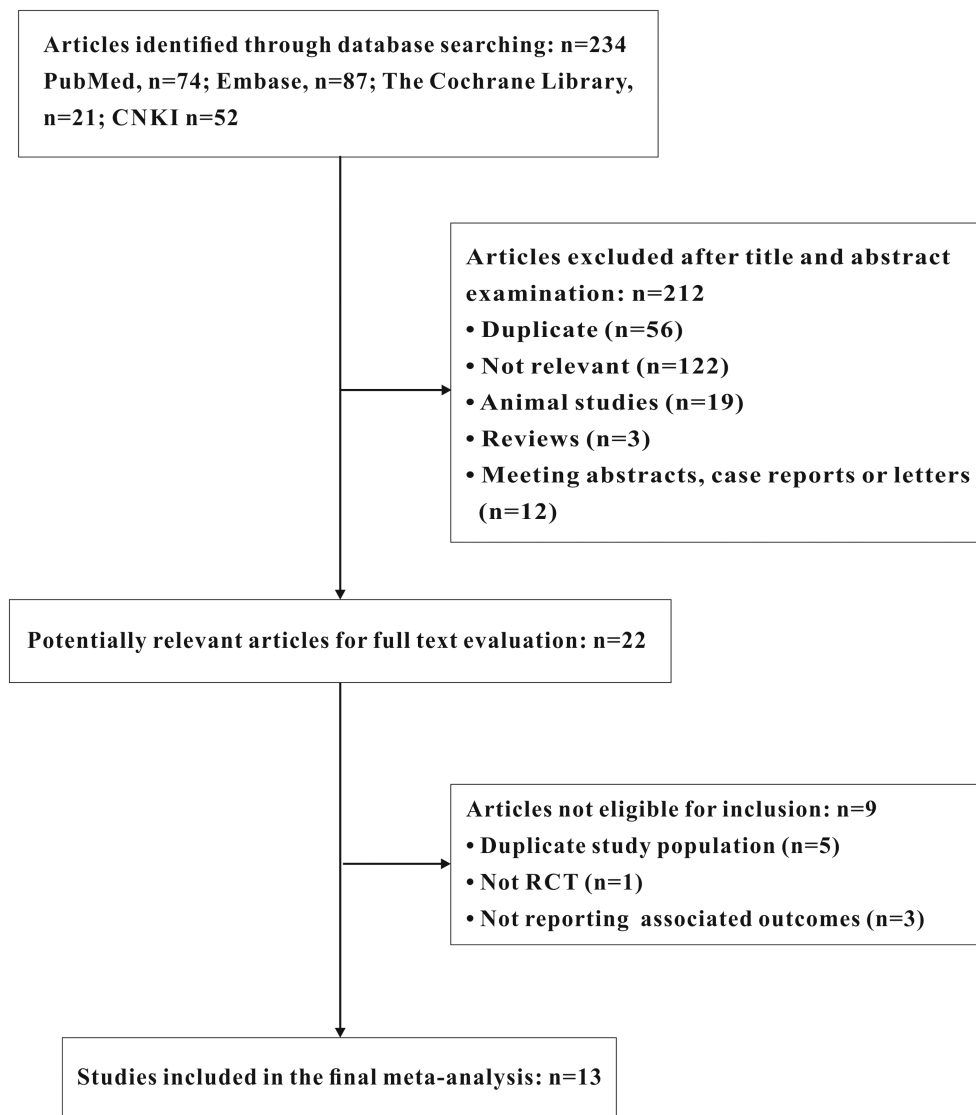
### Statistical analysis

Statistical methods according to our previous study were used with STATA 14.0 (Stata Corp, College Station, Texas).<sup>16</sup> Heterogeneity was evaluated using  $I^2$  test (0–40%: not important; 30–60%: moderate heterogeneity; 50–90%: substantial heterogeneity; 75–100%: considerable heterogeneity). Risk ratio (RR) and 95% confidence interval (CI) were calculated for cardiovascular mortality, rate of myocardial reinfarction, rate of hospitalization for HF, and incidence of side effects with fixed effect model, if there was no significant heterogeneity. Otherwise, a random effect model was used. Weighted mean difference (WMD) and 95% CI were calculated for NT-ProBNP level, and changes of LVEF, 6MWT distance, as well as LVEDD with fixed effect model, when there was no significant heterogeneity. Otherwise, a random effect model was used. In addition, sensitivity analysis, funnel plots, and Egger's test were used to assess the stability of estimates and the publication bias, respectively. The  $P$  value < 0.05 is considered significant.

## Results

### Study characteristics

The literature research and selection are shown in *Figure 1*. A total of 234 articles were acquired. A total of 212 articles

**Figure 1** Study selection. CNKI, China National Knowledge Infrastructure; RCT, randomized controlled trial.

were excluded by title and abstract screening and 22 articles were involved in full text evaluation. Seven articles were excluded for duplication, cohort study, or not reporting associated outcomes and 13 RCTs were finally included in our meta-analysis.<sup>6,11–13,17–25</sup> The baseline characteristics of included RCTs are summarized in *Table 1*. Generally, the 13 RCTs with a total of 1358 patients were published between 2019 and 2021. The baseline characteristics, such as sample size, mean age, and sex ratio of each study, were not significantly different between the two groups. The mean follow-up duration ranged from 1 to 13 months. The risk of bias analysis indicated that one study was high risk, six studies were some concerns, and six studies were low risk (*Figure S1*).

### Primary outcomes

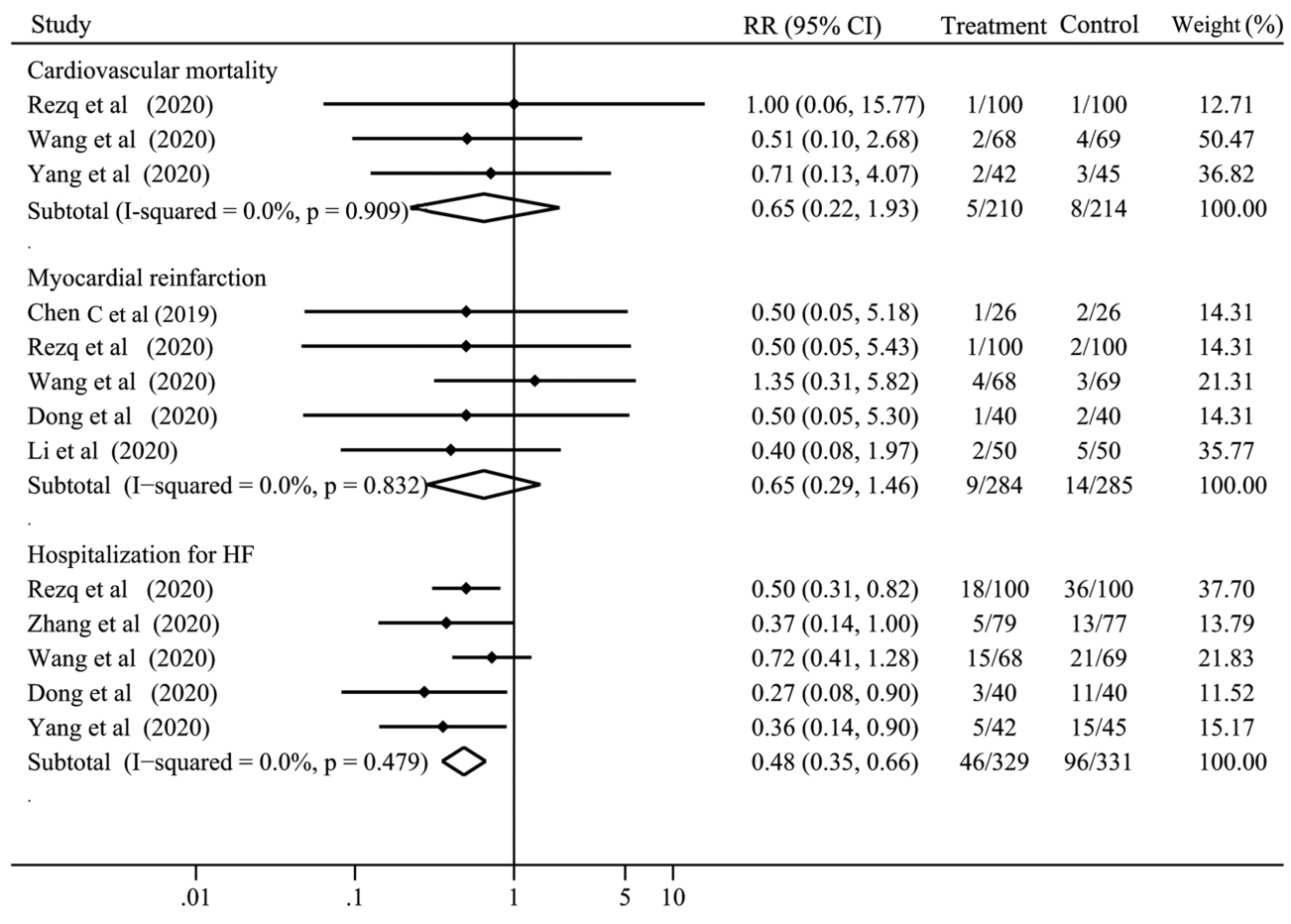
Three studies with a total of 424 patients reported the cardiovascular mortality. No significant heterogeneity was found ( $I^2 = 0\%$ ) and fixed effect model was used. In comparison with ACEI/ARB, the cardiovascular mortality was not significantly improved by sacubitril–valsartan in AMI patients (RR 0.65, 95% CI 0.22 to 1.93,  $P = 0.434$ ; *Figure 2*). In addition, the rates of myocardial reinfarction ( $I^2 = 0\%$ ) and hospitalization for HF ( $I^2 = 0\%$ ) were investigated in 5 RCTs including 469 and 660 patients, respectively, without significant heterogeneity. The results indicated that compared with ACEI/ARB, sacubitril–valsartan did not significantly lower the rate of myocardial reinfarction (RR 0.65, 95% CI 0.29 to 1.46,

Table 1 Baseline characteristics of included studies

Study	Type of MI	Sample size		Age (years, mean $\pm$ SD)		Male/female		Initial time		Drugs		Follow-up (months)
		ARNI	Control	ARNI	Control	ARNI	Control	ARNI	Control	ARNI	Control	
Chen C <i>et al.</i> , 2019 <sup>17</sup>	AMI	26	26	56.3 $\pm$ 10.1	55.7 $\pm$ 9.7	15/11	14/12	In 2 weeks after AMI	Sacubitril/valsartan 200 mg, bid	Enalapril 5 mg, qd	6	
Zhang <i>et al.</i> , 2020 <sup>12</sup>	STEMI	79	77	60.3 $\pm$ 11.7	60.0 $\pm$ 10.9	59/20	55/22	In 24 h after pPCI	Sacubitril/valsartan, MTD	Perindopril, MTD	6	
Wang <i>et al.</i> , 2020 <sup>6</sup>	STEMI	68	69	59.1 $\pm$ 7.2	60.6 $\pm$ 7.6	52/16	54/15	After pPCI	Sacubitril/valsartan 100 mg, bid	Enalapril 5 mg, bid	6	
Dong <i>et al.</i> , 2020 <sup>18</sup>	STEMI	40	40	63.9 $\pm$ 8.2	62.0 $\pm$ 7.6	23/17	26/14	After pPCI	Sacubitril/valsartan 200 mg, bid	Valsartan 80 mg, qd	6	
Rezq <i>et al.</i> , 2020 <sup>11</sup>	STEMI	100	100	52.0 $\pm$ 9.2	57.0 $\pm$ 11.6	86/14	88/12	After pPCI	Sacubitril/valsartan 100 mg, bid	Ramipril 5 mg, bid	6	
Li <i>et al.</i> , 2020 <sup>19</sup>	AMI	50	50	54.4 $\pm$ 6.0	54.9 $\pm$ 6.1	28/22	27/23	After pPCI	Sacubitril/valsartan 200 mg, bid	Enalapril 10 mg, bid	6	
Yang <i>et al.</i> , 2020 <sup>20</sup>	AMI	42	45	67.2 $\pm$ 4.2	67.6 $\pm$ 3.8	25/17	26/19	NA	Sacubitril/valsartan 100 mg, bid	Valsartan 80 mg, qd	12	
Xiong <i>et al.</i> , 2020 <sup>21</sup>	AMI	75	71	59.0 $\pm$ 8.0	61.0 $\pm$ 9.0	55/16	46/29	1 month after AMI	Sacubitril/valsartan 200 mg, bid	Valsartan 80 mg, qd	12	
Chen H <i>et al.</i> , 2020 <sup>22</sup>	AMI	30	30	55.4 $\pm$ 10.1	54.6 $\pm$ 10.3	15/15	15/15	After pPCI	Sacubitril/valsartan, MTD	Enalapril, MTD	6	
Chen L <i>et al.</i> , 2021 <sup>23</sup>	AMI	31	30	56.3 $\pm$ 10.1	55.7 $\pm$ 9.7	16/15	17/13	After pPCI	Sacubitril/valsartan 50 mg, bid	Enalapril 5 mg, qd	1	
Chen M <i>et al.</i> , 2021 <sup>24</sup>	AMI	48	48	59.9 $\pm$ 13.2	60.0 $\pm$ 11.7	31/17	30/18	NA	Sacubitril/valsartan 200 mg, bid	Benazepril 10 mg, qd	3	
Zhao <i>et al.</i> , 2021 <sup>25</sup>	AMI	45	45	62.8 $\pm$ 3.9	62.7 $\pm$ 6.1	25/20	27/18	In 24 h after pPCI	Sacubitril/valsartan 50 mg, bid	Valsartan 80 mg, qd	3	
Docherty <i>et al.</i> , 2021 <sup>13</sup>	AMI	47	46	61.8 $\pm$ 10.6	59.7 $\pm$ 10.1	42/5	43/3	3 months after AMI	Sacubitril/valsartan 200 mg, bid	Valsartan 160 mg bid	13	

AMI, acute myocardial infarction; ARNI, angiotensin receptor–neprilysin inhibitor; MTD, maximum tolerated dose; NA, not available; pPCI, primary percutaneous coronary intervention; SD, standard deviation; STEMI, ST segment elevation myocardial infarction.

**Figure 2** Risks of cardiovascular mortality, myocardial reinfarction, and hospitalization for HF with sacubitril–valsartan vs. angiotensin-converting enzyme inhibitors/angiotensin receptor blockers. CI, confidence interval; HF, heart failure; RR, risk ratio.



$P = 0.295$ ; Figure 2); the rate of hospitalization for HF (RR 0.48, 95% CI 0.35 to 0.66,  $P < 0.001$ ; Figure 2) was obviously lower in sacubitril–valsartan group than in ACEI/ARB group. In addition, subgroup analysis suggested that sacubitril–valsartan was superior to both ACEI and ARB for decreasing the rate of hospitalization for HF (Figure S2).

## Secondary outcomes

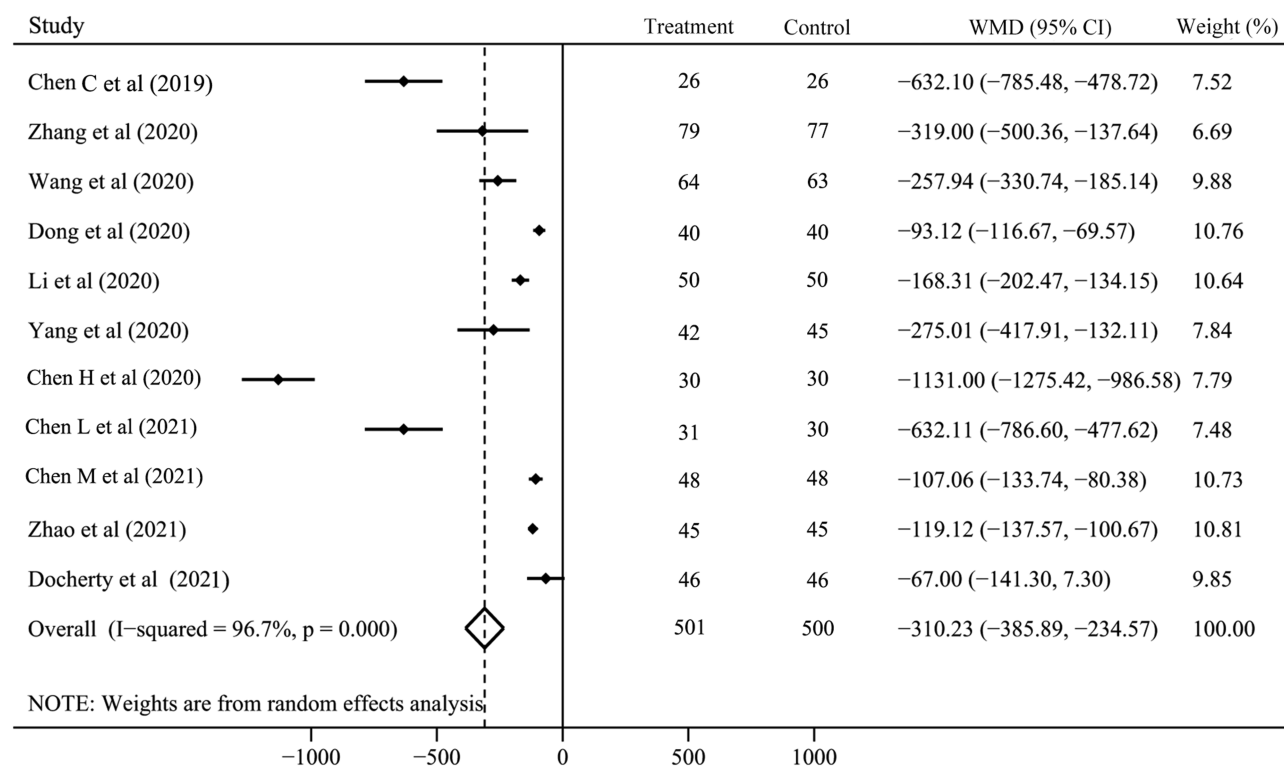
Eleven studies with 1001 patients compared the NT-ProBNP level at the time of last visit between the two groups. There was considerable heterogeneity ( $I^2 = 96.7\%$ ) and random effect model was used for analysis. The NT-ProBNP level was significantly lower in sacubitril–valsartan group than in ACEI/ARB group (WMD  $-310.23$ , 95% CI  $-385.89$  to  $-234.57$ ,  $P < 0.001$ ; Figure 3), and this effect was always observed in the subgroup analysis of ACEI and ARB (Figure S3). Moreover, the improvement of 6MWT distance was

evaluated in 3 studies including 288 patients with considerable heterogeneity ( $I^2 = 99.8\%$ ). Compared with ACEI/ARB, sacubitril–valsartan was inclined to effectively improve the 6MWT distance in patients following AMI, but no significant difference was observed (WMD 73.44, 95% CI  $-25.81$  to 172.69,  $P = 0.147$ ; Figure 4).

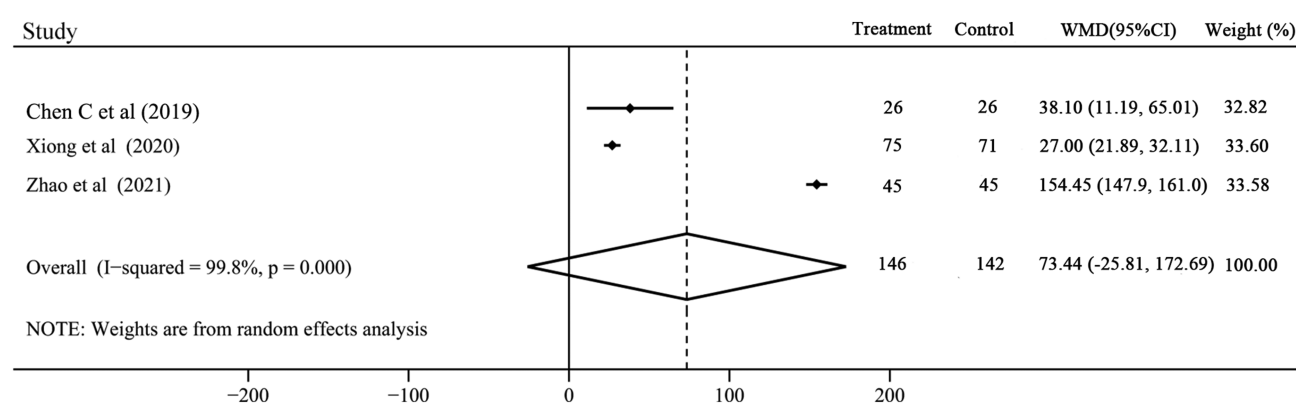
There were 11 RCTs with 1043 patients and 7 RCTs with 636 patients reported the changes of LVEF and LVEDD, respectively. Both of them had considerable heterogeneity (LVEF:  $I^2 = 99.8\%$ ; LVEF:  $I^2 = 99.6\%$ ) and random effect model was used. Our results showed that sacubitril–valsartan significantly increased the LVEF (WMD 5.49, 95% CI 3.62 to 7.36,  $P < 0.001$ ; Figure 5) and reversed the LVEDD (WMD  $-3.16$ , 95% CI  $-4.59$  to  $-1.73$ ,  $P < 0.001$ ; Figure 6). Subgroup analysis indicated that either compared with ACEI or ARB, sacubitril–valsartan could invariably improve the LVEF (Figure S4) and LVEDD (Figure S5).

With regard to the safety, we analysed the most common side effects of sacubitril–valsartan and ACEI/ARB including

**Figure 3** N-terminal pro-brain natriuretic peptide with sacubitril–valsartan vs. angiotensin-converting enzyme inhibitors/angiotensin receptor blockers. CI, confidence interval; WMD, weighted mean difference.



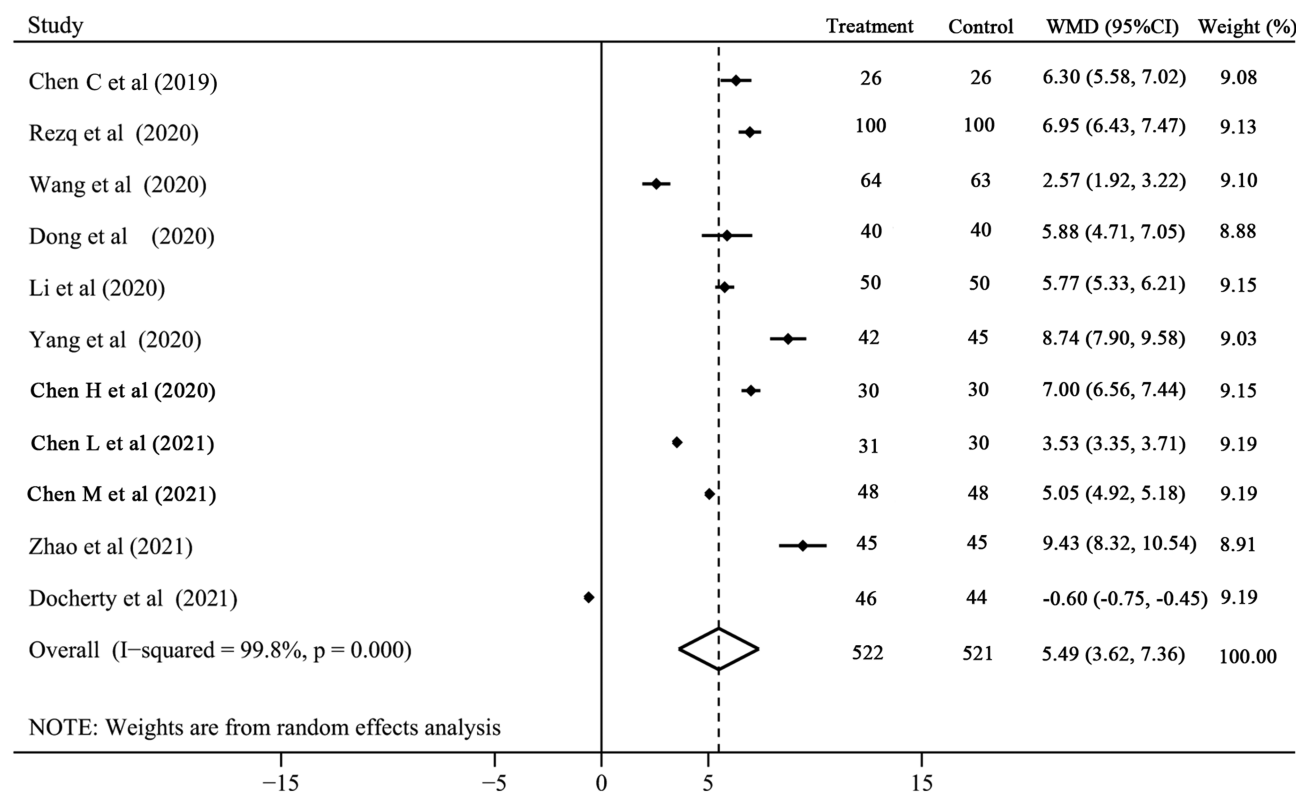
**Figure 4** The change of 6 min walk test distance with sacubitril–valsartan vs. angiotensin-converting enzyme inhibitors/angiotensin receptor blockers. CI, confidence interval; WMD, weighted mean difference.



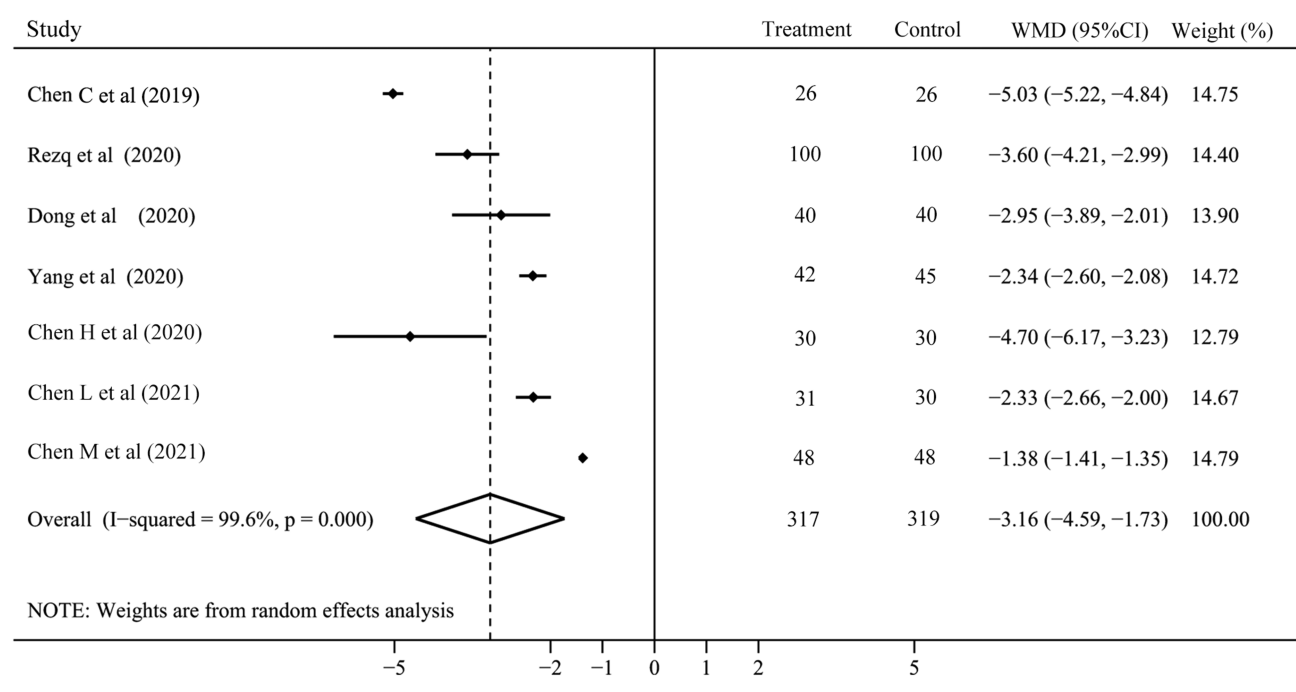
hypotension (5 RCTs with 439 patients), hyperkalaemia (4 RCTs with 378 patients), angioedema (2 RCTs with 148 patients), and cough (2 RCTs with 198 patients). Except hypotension with moderate heterogeneity, none of them had significant heterogeneity and fixed effect model was used. The incidences of hypotension (RR 1.24, 95% CI 0.74

to 2.08,  $P = 0.421$ ; *Figure S6*), hyperkalaemia (RR 0.85, 95% CI 0.28 to 2.62,  $P = 0.783$ ; *Figure S6*), angioedema (RR 0.67, 95% CI 0.12 to 3.85,  $P = 0.650$ ; *Figure S6*), and cough (RR 0.60, 95% CI 0.15 to 2.41,  $P = 0.468$ ; *Figure S6*) were all similar between sacubitril–valsartan and ACEI/ARB groups.

**Figure 5** The change of left ventricular ejection fraction with sacubitril–valsartan vs. angiotensin-converting enzyme inhibitors/angiotensin receptor blockers. CI, confidence interval; WMD, weighted mean difference.



**Figure 6** The change of left ventricular end-diastolic dimension with sacubitril–valsartan vs. angiotensin-converting enzyme inhibitors/angiotensin receptor blockers. CI, confidence interval; WMD, weighted mean difference.



## Publication bias and sensitivity analysis

We evaluated the publication bias of the rate of myocardial reinfarction, the rate of hospitalization for HF, the NT-ProBNP, the change of LVEF, the change of LVEDD, and the incidence of hypotension. The funnel plots of all were not symmetric (*Figure S7*), but Egger's test indicated that publication bias was only observed in the NT-ProBNP ( $P = 0.009$ ) and there were no significant publication bias in the rate of hospitalization for HF ( $P = 0.211$ ), the change of LVEF ( $P = 0.232$ ), the change of LVEDD ( $P = 0.132$ ), and the incidence of hypotension ( $P = 0.749$ ). To test the stability of our results, we performed sensitivity analyses for all outcomes and the results indicated that all estimates were stable (*Table S2*).

## Discussion

Our meta-analysis demonstrated that compared with conventional ACEI/ARB, early administration of sacubitril–valsartan neither significantly improved the cardiovascular mortality and the rate of myocardial reinfarction nor increased the 6MWT distance in patients following AMI. But it was able to reduce the rate of hospitalization for HF and NT-ProBNP level, improve the LVEF, and alleviate the LV remodelling. Moreover, the risk of side effects, including hypotension, hyperkalaemia, angioedema, and cough, was similar between sacubitril–valsartan and ACEI/ARB groups.

Substantial myocardial cells necrosis could decrease myocardial contractility and cardiac output, and compensatory activate several neurohormone pathways including RASS and SNS, which is beneficial to maintain haemodynamic stability in the short term.<sup>6,26</sup> However, RASS and SNS long-term activation could increase cardiac volume and pressure loads, enhance myocardial oxygen consumption, facilitate cardiomyocyte hypertrophy, and finally result in LV remodelling. On the contrary, the natriuretic peptide system, as an important compensation pathway for HF, not only had vasodilatory and diuretic effects but also could suppress the RASS and SNS to facilitate myocardial relaxation and reverse cardiac remodelling.<sup>27</sup> Therefore, suppressing the RAAS and SNS pathways, and augmenting the natriuretic peptide system, may be a promising strategy for the management of patients following AMI, especially, in patients with LV dysfunction or at high risk of developing HF.

Similar with ACEI/ARB, which is able to inhibit RASS, sacubitril–valsartan is also to suppress neprilysin to prevent the degradation of ANP and BNP and elevate the activity of natriuretic peptide system. Several studies have proved that sacubitril–valsartan was a more effective alternative than ACEI/ARB to improve the clinical outcomes of HF with reduced ejection fraction (HFrEF).<sup>28,29</sup> But whether early administration of sacubitril–valsartan in patients following

AMI could bring more benefits is still unclear. In accordance with most included RCTs, our meta-analysis found that in comparison with ACEI/ARB, sacubitril–valsartan could significantly decrease the rate of hospitalization for HF, but not cardiovascular mortality and myocardial reinfarction. In fact, for patients following AMI, timely reperfusion, standard antiplatelet, and lipid lowering therapies may be a more pivotal management for lowering the risk factors of coronary heart disease and decreasing the occurrence of myocardial events and reinfarction.<sup>11</sup>

The 6MWT distance is an important indicator for the evaluation of cardiac function. In our meta-analysis, sacubitril–valsartan was inclined to increase the 6MWT distance, but there was no significant difference. Actually, the 6MWT distance from each included RCTs was effectively improved by sacubitril–valsartan.<sup>17,21,25</sup> The limited sample size and study numbers may decrease the power of our meta-analysis. NT-ProBNP is not degraded by neprilysin, and hence, the dynamic levels of NT-ProBNP could reflect the reduction of LV wall stress in patients treated with sacubitril–valsartan. As with most RCTs, NT-ProBNP was significantly reduced by sacubitril–valsartan in this meta-analysis. However, Docherty *et al.*<sup>13</sup> did not find this difference. It was noteworthy that the initial time of sacubitril–valsartan treatment in this study was 3 months after AMI, and before sacubitril–valsartan administration, the early therapies have made a rapid reduction in NT-ProBNP to the almost normal level (baseline: 213 pg/mL vs. 242 pg/mL). Therefore, it is hard to further decrease the NT-ProBNP from the aforementioned baseline by sacubitril–valsartan. In addition, the considerable heterogeneity for NT-ProBNP and 6MWT may be also partly attributed to the significant variations of baseline cardiac function and sacubitril–valsartan doses of participants in each included RCT.

As the key clinical markers for cardiac function and LV remodelling, both the LVEF and LVEDD were obviously improved by sacubitril–valsartan, but considerable heterogeneity was observed. The heterogeneity may result from the different measuring methods for LVEF and LVEDD. Most RCTs used transthoracic echocardiography; however, the Docherty *et al.* study used cardiac magnetic resonance imaging (MRI), which is more accurate to assess the cardiac function. Data from the Docherty *et al.* study<sup>13</sup> suggested that sacubitril–valsartan neither increased LVEF (36.9% vs. 39.1%) nor reduced the left ventricular end-diastolic volume index (LVEDVI, 111.0 mL/m<sup>2</sup> vs. 118.1 mL/m<sup>2</sup>). As we all known, the cardiac remodelling started at the early stage of AMI and myocardial fibrosis was completed in a few months.<sup>30</sup> Therefore, to inhibit the LV remodelling preferably, sacubitril–valsartan or ACEI/ARB should be used as soon as possible. The initial time of sacubitril–valsartan administration in most included RCTs was in 24 h after the pPCI, except for the Docherty *et al.* study in which was 3 months after AMI. Hence, the discrepancy between this meta-analysis and the



Docherty *et al.* study may be mainly attributed to the initial time difference of sacubitril–valsartan use.

With regard to the safety of sacubitril–valsartan, previous studies demonstrated that hypotension was more frequently appeared in patients receiving sacubitril–valsartan. Data from PARAGON-HF suggested that the mean systolic blood pressure was approximately 5 mmHg lower in sacubitril–valsartan than in valsartan.<sup>31</sup> However, in our meta-analysis, the incidences of hypotension, hyperkalaemia, angioedema, and cough were similar between sacubitril–valsartan and ACEI/ARB groups. But, due to the limited study numbers, these results about side effects should be interpreted prudently.

There were several limitations in this meta-analysis. First, the sample size of most included RCTs was small and may make our estimates at risk of bias. Second, about sacubitril–valsartan administration, the initial time, dosage, and duration were variable in each included RCT, which might produce confound bias for the evaluation. Third, Egger's test indicated that publication bias was observed in the NT-ProBNP, and hence, it should be interpreted prudently. Fourth, the different type and dosage of ACEI/ARB in each study might also influence the accuracy of our estimates. Lastly, the cardiac function of participants in included RCTs was significant variation; this may influence the benefit evaluation. Carefully selecting patients at higher risk of developing HF, or even with early signs of LV dysfunction, may increase the benefits of sacubitril–valsartan for AMI patients.

## Conclusions

In summary, this meta-analysis suggests that early administration of sacubitril–valsartan may be superior to conventional ACEI/ARB to decrease the risk of hospitalization for HF, improve the cardiac function, and reverse the LV remodelling in AMI patients. In the future, PARADISE-MI study,<sup>32</sup> a well-designed RCT with large sample size, will confirm our findings and further investigate whether sacubitril–valsartan could improve the long-term prognosis of patients following AMI.

## Acknowledgements

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## Conflict of interest

The authors declare that they have no conflict of interest.

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## Supporting information

Additional supporting information may be found online in the Supporting Information section at the end of the article.

**Table S1.** Search strategies of PubMed and the Cochrane Library.

**Table S2.** Results of sensitivity analysis of all outcomes.

**Table S3.** DOI number of included Chinese studies.

**Figure S1.** Risk of bias of included RCTs by RoB2 tool from Cochrane.

**Figure S2.** The subgroup analysis of hospitalization for HF based on the use of ACEI or ARB in control group. ACEI, angiotensin-converting enzyme inhibitors; ARB, angiotensin receptor blockers; CI, confidence interval; HF, heart failure; RR, risk ratio.

**Figure S3.** The subgroup analysis of the NT-ProBNP based on the use of ACEI or ARB in control group. ACEI, angiotensin-converting enzyme inhibitors; ARB, angiotensin receptor blockers; CI, confidence interval; WMD, weighted mean difference.

**Figure S4.** The subgroup analysis of the change of LVEF based on the use of ACEI or ARB in control group. ACEI, angiotensin-converting enzyme inhibitors; ARB, angiotensin receptor blockers; CI, confidence interval; LVEF, left ventricular ejection fraction; WMD, weighted mean difference.

**Figure S5.** The subgroup analysis of the change of LVEDD based on the use of ACEI or ARB in control group. ACEI, angiotensin-converting enzyme inhibitors; ARB, angiotensin receptor blockers; CI, confidence interval; LVEDD, left ventricular end-diastolic dimension; WMD, weighted mean difference.

**Figure S6.** The incidence of side effects with sacubitril–valsartan vs. ACEI/ARB. CI, confidence interval; RR, risk ratio.

**Figure S7.** Funnel plots of the rate of myocardial reinfarction (A), the rate of hospitalization for heart failure (B), the change of LVEF (C), the change of LVEDD (D), the level of NT-ProBNP (E), the incidence of hypotension (F). LVEF, left ventricular ejection fraction; LVEDD, left ventricular end-diastolic dimension.

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