original reports

Ibrutinib Plus Venetoclax for First-Line Treatment of Chronic Lymphocytic Leukemia: Primary Analysis Results From the Minimal Residual Disease Cohort of the Randomized Phase II CAPTIVATE Study

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PURPOSE CAPTIVATE (NCT02910583), a randomized phase II study, evaluates minimal residual disease (MRD)-guided treatment discontinuation following completion of first-line ibrutinib plus venetoclax treatment in patients with chronic lymphocytic leukemia (CLL).

METHODS Previously untreated CLL patients age < 70 years received three cycles of ibrutinib and then 12 cycles of combined ibrutinib plus venetoclax. Patients in the MRD cohort who met the stringent random assignment criteria for confirmed undetectable MRD (Confirmed uMRD) were randomly assigned 1:1 to double-blind placebo or ibrutinib; patients without Confirmed uMRD (uMRD Not Confirmed) were randomly assigned 1:1 to open-label ibrutinib or ibrutinib plus venetoclax. Primary end point was 1-year disease-free survival (DFS) rate with placebo versus ibrutinib in the Confirmed uMRD population. Secondary end points included response rates, uMRD, and safety.

RESULTS One hundred sixty-four patients initiated three cycles of ibrutinib lead-in. After 12 cycles of ibrutinib plus venetoclax, best uMRD response rates were 75% (peripheral blood) and 68% (bone marrow). Patients with Confirmed uMRD were randomly assigned to receive placebo (n = 43) or ibrutinib (n = 43); patients with uMRD Not Confirmed were randomly assigned to ibrutinib (n = 31) or ibrutinib plus venetoclax (n = 32). Median follow-up was 31.3 months. One-year DFS rate was not significantly different between placebo (95%) and ibrutinib (100%; arm difference: 4.7% [95% CI, -1.6 to 10.9]; P = .15) in the Confirmed uMRD population. After ibrutinib lead-in tumor debulking, 36 of 40 patients (90%) with high tumor lysis syndrome risk at baseline shifted to medium or low tumor lysis syndrome risk categories. Adverse events were most frequent during the first 6 months of ibrutinib plus venetoclax and generally decreased over time.

CONCLUSION The 1-year DFS rate of 95% in placebo-randomly assigned patients with Confirmed uMRD suggests the potential for fixed-duration treatment with this all-oral, once-daily, chemotherapy-free regimen in first-line CLL.

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INTRODUCTION

Targeted therapies that antagonize B-cell receptor signaling by inhibiting the Bruton tyrosine kinase (BTK) pathway and restore apoptosis by inhibiting the antiapoptotic protein B-cell lymphoma 2 (BCL-2) have remarkably improved outcomes for patients with chronic lymphocytic leukemia (CLL).¹ Ibrutinib, a oncedaily BTK inhibitor, is the only targeted therapy to demonstrate both improved progression-free survival (PFS) and overall survival (OS) over standard

chemotherapy and/or chemoimmunotherapy regimens in randomized phase III studies in previously untreated CLL or small lymphocytic lymphoma (SLL; RESONATE-2; ECOG1912).^{2,3} Venetoclax is an oral BCL-2 inhibitor approved for the treatment of CLL and SLL as a single agent or combined with anti-CD20 monoclonal antibodies (rituximab or obinutuzumab).⁴ Venetoclax provides deep responses with undetectable minimal residual disease (uMRD) rates in bone marrow (BM) of 16% with single-agent venetoclax in relapsed or

ASSOCIATED Content

Data Supplement Protocol

Author affiliations and support information (if applicable) appear at the end of this article.

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CONTEXT

Key Objective

Continuous single-agent ibrutinib affords survival benefit in the first-line treatment of chronic lymphocytic leukemia (CLL), but there is increasing desire for convenient, all-oral, time-limited treatment options that may be safely administered in the outpatient setting. This randomized phase II study evaluated minimal residual disease (MRD)-guided treatment discontinuation following combination treatment with ibrutinib plus venetoclax in patients with previously untreated CLL.

Knowledge Generated

One-year disease-free survival rates after random assignment were not significantly different between placebo- and ibrutinib-randomly assigned patients with confirmed undetectable MRD following 12 cycles of combined ibrutinib plus venetoclax. Progression-free survival rates were ≥ 95% across all MRD-guided randomized treatment arms.

Relevance (J.W. Friedberg)

These results show the potential for fixed-duration treatment with ibrutinib plus venetoclax, using MRD guidance. Ongoing randomized trials are comparing fixed-duration therapy to continuous Bruton tyrosine kinase inhibitor therapy in patients with CLL.*

*Relevance section written by JCO Editor-in-Chief Jonathan W. Friedberg, MD.

refractory CLL⁵⁻⁸ and 57% with venetoclax plus obinutuzumab in previously untreated CLL.⁹ Continuous ibrutinib affords survival benefit, but there is increasing desire for convenient, all-oral, time-limited treatment options that may be safely administered in the outpatient setting.

Ibrutinib plus venetoclax provides synergistic and complementary antitumor activity beyond peripheral blood (PB) and BM compartments.¹⁰⁻¹⁴ In preclinical CLL models, combined ibrutinib plus venetoclax resulted in greater antitumor activity than either agent alone.^{10,11,14} Ibrutinib and venetoclax have complementary mechanisms of action: ibrutinib inhibition of BTK enhances dependence of CLL cells on BCL-2 through reductions in MCL-1 and BCL-X₁.^{10,11} In addition to inhibiting CLL cell proliferation and survival, ibrutinib mobilizes CLL cells from protective microenvironment niches and disease compartments into circulation by blocking retention signals, rendering cells more susceptible to apoptosis, which is notably accelerated by addition of venetoclax.^{10,12,14,15} Recent clinical studies with ibrutinib plus venetoclax demonstrated high uMRD rates in both PB and BM in patients with CLL or SLL.¹⁶⁻²⁰

With time-limited therapies, uMRD is an important end point that appears predictive of durable efficacy outcomes. In patients treated with chemoimmunotherapy, such as fludarabine, cyclophosphamide, and rituximab (FCR), uMRD status correlated with longer PFS and OS, regardless of depth of clinical response per International Workshop on CLL (iwCLL) criteria.²¹⁻²³ uMRD at the end of combination venetoclax and rituximab in relapsed or refractory CLL was also predictive of longer PFS.²⁴ Increasing MRD clearance with targeted combinations is anticipated to lead to longer PFS and potentially OS.

In CAPTIVATE, we investigated combined ibrutinib plus venetoclax in first-line treatment of CLL or SLL. We report primary analysis results from the CAPTIVATE MRD cohort

evaluating disease-free survival (DFS) and treatment-free remission.

METHODS

Study Design and Patients

CAPTIVATE is a multicenter, international, randomized, phase II study conducted at 35 sites (Data Supplement, online only). The study comprised two cohorts: the MRD cohort and a separate fixed-duration (FD) cohort (enrolled after the MRD cohort and to be reported subsequently). The study was conducted in accordance with International Conference on Harmonisation guidelines for Good Clinical Practice and principles of the Declaration of Helsinki. The Protocol (online only) was approved by institutional review boards or independent ethics committees of all participating institutions. All patients provided written informed consent. This study is registered with ClinicalTrials.gov (NCT02910583).

Eligible patients were age ≥ 18 to < 70 years with previously untreated CLL or SLL requiring treatment per iwCLL criteria²⁵ and had measurable nodal disease by computed tomography; Eastern Cooperative Oncology Group performance status 0-1; and adequate hepatic, renal, and hematologic function. Patients with known allergy to xanthine oxidase inhibitors and/or rasburicase were excluded because of requirement for tumor lysis syndrome (TLS) prophylaxis per venetoclax prescribing information.⁴

Treatment and Random Assignment

Patients in the MRD cohort received treatment during two phases: a prerandomization phase followed by an MRDguided randomization phase (Data Supplement). During the prerandomization phase, patients received single-agent oral ibrutinib (420 mg once daily) lead-in for three cycles followed by ibrutinib plus oral venetoclax (target dose 400 mg once daily after standard 5-week ramp-up, with TLS prophylaxis and monitoring per venetoclax prescribing information)⁴ for 12 cycles. Each cycle was 28 days. TLS risk categories were based on tumor burden (Data Supplement).⁴ Patients in the high-risk category for TLS (≥ 1 lymph node lesion ≥ 10 cm in longest diameter, or ≥ 1 lesion ≥ 5 cm plus circulating lymphocytes $> 25 \times 10^{9}$ /L) were hospitalized during the first 24-48 hours of venetoclax treatment for more rigorous TLS monitoring and prophylaxis.⁴ Hospitalization was also recommended for patients with medium TLS risk and creatinine clearance < 80 mL/min.⁴

Patients who completed the three-cycle ibrutinib lead-in and then 12 cycles of ibrutinib plus venetoclax continued one additional cycle of ibrutinib plus venetoclax, during which MRD status was confirmed and tumor response was assessed; eligible patients were then randomly assigned to subsequent treatment according to MRD status (stratified by immunoglobulin heavy variable [IGHV] gene mutation status). Patients with Confirmed uMRD (defined as < 1 CLL cell per 10,000 leukocytes, serially over ≥ 2 assessments ≥ 3 months apart, and in both PB and BM) (Data Supplement) were randomly assigned 1:1 to double-blinded treatment with placebo or ibrutinib until confirmed MRD relapse (increase to \geq 1 CLL cell per 100 leukocytes, confirmed on two separate occasions) or disease progression. Patients who did not meet the strict Confirmed uMRD definition (ie, uMRD Not Confirmed population) were randomly assigned 1:1 to open-label treatment with single-agent ibrutinib or continued ibrutinib plus venetoclax (maximum 2 years overall duration for venetoclax) until disease progression or unacceptable toxicity.

Outcomes and Assessments

The primary end point was 1-year DFS rate in the Confirmed uMRD population. One-year DFS was defined as absence of MRD relapse, progression, or death at least 1 year after random assignment. Secondary end points were uMRD rates in PB and BM, overall response rate per investigator assessment using 2008 iwCLL criteria,^{25,26} complete response (CR) rate (including CR with incomplete BM recovery [CRi]), duration of response, TLS risk category reduction (proportion of patients at high risk for TLS after ibrutinib lead-in v baseline), PFS, OS, pharmacokinetics of ibrutinib and venetoclax in combination, and safety and tolerability (Data Supplement).

Assessments included MRD status by flow cytometry and clinical response using physical examination, laboratory evaluations, and radiographic evaluation (Data Supplement). Safety was evaluated at every visit. TLS risk per US prescribing information for venetoclax⁴ was assessed at baseline and before venetoclax initiation, and limited pharmacokinetic sampling was performed (Data Supplement).

Statistical Analysis

Sample size was calculated based on the primary end point (1-year DFS rate) with placebo versus ibrutinib in patients with Confirmed uMRD. Assuming a 40% uMRD rate at random assignment, enrollment of 150 patients would

ensure random assignment of 60 patients with Confirmed uMRD. This would provide approximately 80% power to detect a 30% difference for continued ibrutinib versus placebo at a two-sided significance level of 0.05.

Efficacy and safety were evaluated in all patients who received ≥ 1 dose of study treatment. Time-to-event end points, including 1-year DFS rates, were estimated using the Kaplan-Meier method. Between-arm difference in 1-year DFS rates was tested by Z test with standard error of each arm computed based on Greenwood's formula. Pharmacokinetics were evaluated using noncompartmental analysis. Other efficacy end points and adverse events (AEs) were summarized descriptively. 95% Cls for response rates were estimated based on the exact binomial distribution.

RESULTS

Patient Characteristics

Among 164 enrolled patients, median age was 58 years (range, 28-69 years). Most patients had high-risk disease features, including del(17p) (16%), del(11q) (17%), del(17p) or *TP53* mutation (20%), complex karyotype (19%), *TP53* mutation (12%), and unmutated IGHV gene (60%; Table 1). Baseline characteristics by MRD-guided randomized treatment arm are shown in the Data Supplement.

Prerandomization Phase: Disposition and Efficacy

All patients initiated ibrutinib lead-in and 159 received ibrutinib plus venetoclax (Fig 1). Overall, 148 of 164 patients (90%) completed planned prerandomization treatment (Fig 1); see the Data Supplement for all progressive disease events. Fifteen patients were ineligible for random assignment because of discontinuation of one or both study drugs (Fig 1).

During the prerandomization phase, 75% (123 of 164) and 68% (112 of 164) of all-treated patients achieved a best MRD response of uMRD in PB and BM, respectively (75%) [123 of 163] and 72% [112 of 156] of evaluable patients, respectively) (Fig 2A). Among patients with uMRD in PB prerandomization with matched BM sample, 94% had uMRD in both compartments. High uMRD rates in BM ranging from 56% to 79% were observed across patient subgroups based on clinical and biologic features, including those with high-risk disease features (Fig 2B). Response was achieved in 159 of 164 patients (overall response rate, 97%; 95% CI, 93 to 99) with CR including CRi in 76 of 164 (46%; 95% Cl, 39 to 54). In patients with best response of CR including CRi, 83% (63 of 76) achieved PB uMRD and 80% (61 of 76) achieved BM uMRD; in patients with a best response of partial response (PR) or nodular PR, corresponding rates were 72% (60 of 83) and 61% (51 of 83), respectively.

Among 149 patients eligible for random assignment, 86 patients met Confirmed uMRD criteria for random assignment (best uMRD rates of 100% in both PB and BM

 TABLE 1. Patient Demographics and Disease Characteristics at Baseline

 Characteristic
 All Patients (N = 164)

Age	
Median, years (range)	58 (28-69)
≥ 65 years, No. (%)	41 (25)
Male, No. (%)	103 (63)
ECOG PS, No. (%)	
0	105 (64)
1	59 (36)
Histology, No. (%)	
CLL	157 (96)
SLL	7 (4)
Rai stage, No. (%)	
0 or I or II	111 (68)
III or IV	53 (32)
Bulky disease, No. (%)	
≥ 5 cm	53 (32)
≥ 10 cm	5 (3)
Cytopenia at baseline, No. (%)	
Any cytopenia	59 (36)
Hemoglobin ≤ 11 g/dL	35 (21)
Platelet count $\leq 100 \times 10^{9}/L$	30 (18)
ANC $\leq 1.5 \times 10^{9}$ /L	14 (9)
Hierarchical cytogenetics classification, No. (%) ^a	
Del(17p)	26 (16)
Del(11q)	28 (17)
Trisomy 12	22 (13)
Normal	25 (15)
Del(13g)	63 (38)
Unknown	0
TP53 mutation, No. (%)	
Yes	19 (12)
No	132 (80)
Unknown	13 (8)
Del(17p) or TP53 mutation, No. (%)	
Yes	32 (20)
No	120 (73)
Unknown	12 (7)
IGHV gene mutation status, No. (%)	(.)
Unmutated	99 (60)
Mutated	63 (38)
Unknown	2 (1)
Complex karvotype No. (%) ^b	2 (1)
Yes	.31 (19)
No	106 (65)
linknown	27 (16)
GTINIOWIT	27 (10)

Abbreviations: ANC, absolute neutrophil count; CLL, chronic lymphocytic leukemia; ECOG PS, Eastern Cooperative Oncology Group performance status; IGHV, immunoglobulin heavy variable; MRD, minimal residual disease; SLL, small lymphocytic lymphoma.

^aPer Dohner hierarchy.

^bDefined as \geq 3 abnormalities by conventional CpG-stimulated cytogenetics.

prerandomization) (Fig 2C). The remaining 63 patients not meeting strict criteria of Confirmed uMRD for random assignment (Data Supplement) still achieved best uMRD rates of 48% (30 of 63) in PB and 32% (20 of 63) in BM prerandomization (Fig 2C).

Tumor debulking with three cycles of ibrutinib²⁷ (reductions in lymph node diameter and absolute lymphocyte count) (Data Supplement) led to substantial reduction in TLS risk category. Together, 36 of 40 patients (90%) with high TLS risk at baseline shifted to medium or low TLS risk categories after ibrutinib lead-in and 4 of 164 (2%) remained at high TLS risk (Fig 3); no patients with medium or low TLS risk shifted to high-risk category. The proportion of patients with hospitalization indicated for TLS monitoring decreased from 47% (77 of 164) at baseline to 18% (30 of 164) after ibrutinib lead-in. Overall, 131 of 159 patients (82%) initiated venetoclax without hospitalization. Rasburicase was used per investigator discretion for treatment of hyperuricemia in 1 of 164 (1%) patients and as TLS prophylaxis in 10 of 164 (6%) patients.

Prerandomization Phase: Safety and Pharmacokinetics

Median treatment duration in the prerandomization phase was 14.7 months (range, 0.5-22.7 months) (Data Supplement). The most common treatment-emergent AEs among 164 patients treated during the prerandomization phase were diarrhea (71%, n = 116), nausea (45%, n = 74), and neutropenia (43%, n = 70) (Data Supplement). Most diarrhea events and all nausea events were grade 1 or 2. The most common grade 3 or 4 AEs were neutropenia (35%, n = 58), hypertension (8%, n = 13), thrombocytopenia (5%, n = 9), and diarrhea (5%, n = 8) (Data Supplement). No fatal AEs occurred. Serious AEs of any grade occurred in 35 patients (21%) (Data Supplement). Atrial fibrillation of any grade occurred in 12 patients (7%) and was grade \geq 3 in three (2%). Major hemorrhage occurred in two patients (1%). Grade \geq 3 infections occurred in 14 patients (9%) and febrile neutropenia occurred in three (2%). No clinical TLS occurred. Laboratory TLS per Howard criteria²⁸ occurred in one patient categorized as low risk for TLS who did not receive Protocol-specified oral hydration and allopurinol; abnormalities spontaneously resolved without dose modification, clinical sequelae, or hospitalization.

AEs led to dose reductions of ibrutinib in 24 patients (15%) and venetoclax in 16 patients (10%) before random assignment. AEs led to discontinuation of ibrutinib in 10 patients (6%) and venetoclax in six patients (4%). Two patients with grade 3 or 4 cardiac arrest discontinued both ibrutinib and venetoclax; no other AEs led to discontinuation of either study drug in > 1 patient, and no patients discontinued because of infections. Diarrhea, neutropenia, and thrombocytopenia were rarely associated with dose reductions (1%-4% of patients) or discontinuations. Forty-eight patients (29%) received neutrophil growth factor at investigator discretion per local standards of care.

There was no change in ibrutinib mean plasma area under the curve (n = 112) when coadministered with venetoclax (660 ng·h/mL) versus that observed during single-agent ibrutinib lead-in (677 ng·h/mL). Venetoclax mean plasma area under the curve (n = 151) was higher when coadministered with ibrutinib (58.6 μ g·h/mL) than that previously reported for single-agent venetoclax 400 mg/d (32.8 μ g·h/mL), but was within the range observed in doses previously studied (150-800 mg/d).⁴ Pharmacokineticsafety analyses revealed no association between exposure and AEs (data not shown).

Randomized Phase: Efficacy and Safety in Confirmed uMRD Population

The primary end point of DFS rate 1 year after random assignment was not significantly different for patients with Confirmed uMRD randomly assigned to placebo (95%) versus ibrutinib (100%; arm difference: 4.7% [95% Cl, -1.6 to 10.9]; P = .15) (Fig 4). With a median follow-up of 31.3 months (16.6 months after random assignment), there were three (7%) DFS events (disease progression, n = 2; MRD relapse, n = 1) in the placebo arm and no events in the ibrutinib arm. No additional DFS events were



FIG 1. Patient flow and disposition. AEs, adverse events; MRD, minimal residual disease; PD, progressive disease; uMRD, undetectable minimal residual disease.



FIG 2. MRD response during the prerandomization phase. (A) MRD levels serially over time in PB and best MRD response in PB and BM. (B) Forest plot of undetectable MRD in BM across patient subgroups by baseline characteristics. (C) Best MRD response of the prerandomization (continued on following page)



FIG 2. (Continued). phase in all-treated patients and according to Confirmed uMRD status in patients eligible for random assignment. ^aBM MRD assessment was scheduled after completion of 12 cycles of combination treatment (cycle 16). ^bPer Dohner hierarchy. ^cPatients without available samples (PB, n = 1; BM, n = 8) were counted as having detectable MRD. BM, bone marrow; CLL, chronic lymphocytic leukemia; ECOG PS, Eastern Cooperative Oncology Group performance status; FISH, fluorescence in situ hybridization; IGHV, immunoglobulin heavy variable; MRD, minimal residual disease; PB, peripheral blood; uMRD, undetectable minimal residual disease.

observed with additional follow-up (Data Supplement). Estimated 30-month PFS rates (from first dose of study treatment) were 95% (95% CI, 83 to 99) with placebo and 100% (95% CI, 100 to 100) with ibrutinib (Data Supplement). Modest CR including CRi rate improvements (5%-9%) were observed postrandomization in both arms (Data Supplement). At random assignment, uMRD in PB and BM was 100%; at 12 cycles postrandomization, uMRD was 84% (36 of 43) in PB and 81% (35 of 43) in BM with placebo, and 77% (33 of 43) in both PB and BM with ibrutinib.

Median treatment duration across the overall study period was 31.3 months (range, 19.4-37.0 months) in the placebo arm and 31.3 months (range, 20.3-39.8 months) in the ibrutinib arm (Data Supplement). AEs of any grade generally decreased in prevalence over time after random assignment (Fig 5A). Prevalence of grade \geq 3 AEs also decreased before and after random assignment, with a greater reduction in the placebo arm (Fig 5B). Diarrhea and neutropenia were less prevalent with placebo versus ibrutinib before and after random assignment and decreased over time in both arms (Figs 5A and 5B).

Randomized Phase: Efficacy and Safety in uMRD Not Confirmed Population

Estimated 30-month PFS rates in the uMRD Not Confirmed population were 95% (95% CI, 71 to 99) with ibrutinib and 97% (95% CI, 79 to 100) with ibrutinib plus venetoclax (Data Supplement). Approximately half of the patients who achieved a best response of PR prerandomization converted to CR including CRi with further ibrutinib (8 of 15) or ibrutinib plus venetoclax (10 of 24) (Data Supplement). With randomized treatment, the proportion of patients with best response of uMRD remained relatively unchanged at 45% in PB but improved from 32% to 42% in BM with ibrutinib, and from 50% to 69% in PB and from 31% to 66% in BM with ibrutinib plus venetoclax (Fig 6).

Median treatment duration across the overall study period was 31.2 months (range, 17.8-36.6 months) in the ibrutinib



FIG 3. Impact of single-agent ibrutinib lead-in on TLS risk category. Shown are TLS risk categories at baseline and after ibrutinib lead-in in the prerandomization phase. TLS, tumor lysis syndrome.

arm and 29.2 months (range, 15.4-36.9 months) in the ibrutinib plus venetoclax arm (Data Supplement). In the uMRD Not Confirmed population, the prevalence of grade \geq 3 AEs was higher with ibrutinib plus venetoclax than with ibrutinib during months 7-12 postrandomization (Fig 5B). The prevalence of infections increased postrandomization in both arms (Fig 5A). One grade 5 AE (sudden cardiac death) occurred in the ibrutinib arm during cycle 32.

DISCUSSION

First-line treatment with three cycles of single-agent ibrutinib followed by 12 cycles of combined ibrutinib plus venetoclax provided deep remissions, as evidenced by attainment of uMRD in over two-thirds of patients with CLL or SLL, including high BM uMRD rates in those with high-risk disease features, such as del(17p) or *TP53* mutation, del(11q), and unmutated IGHV gene. Overall, best uMRD rates were high in both BM (68%) and PB (75%), and compartmental concordance was 94%. These findings are consistent with preclinical synergistic antitumor activity between ibrutinib and venetoclax.^{10,11,14}

Given the lack of information on PFS outcomes after FD treatment with ibrutinib or venetoclax at the time of study design, a strict definition of Confirmed uMRD was used to ensure equipoise for placebo-randomly assigned patients. For patients who achieved Confirmed uMRD in PB and BM with ibrutinib plus venetoclax prerandomization, rates of DFS 1 year after random assignment to placebo or ibrutinib were comparable at 95% and 100%, respectively, suggesting that ibrutinib can be discontinued in the setting of a deep response with minimal risk of early relapse during the first year after discontinuation. The proportion of patients with uMRD in PB at 12 cycles postrandomization was comparable with placebo or ibrutinib; the majority (84%) of placebo patients still had uMRD through the first year after discontinuing active CLL treatment, supporting the potential for durable, treatment-free remissions with FD ibrutinib plus venetoclax.

PFS rates at 30 months were \geq 95% across all four treatment arms in this population of young, fit patients. Taking patient population differences into account, and pending confirmation in the phase III setting, these rates



FIG 4. Disease-free survival. Kaplan-Meier estimates of DFS by randomized treatment arm in the Confirmed uMRD population. Tick marks indicate patients with censored data. Patients who did not experience a DFS event were censored by the last MRD sample date with a valid result or the date of last adequate disease assessment after random assignment, whichever occurred earlier. ^aThe three DFS events in the placebo arm were disease progression in two patients and MRD relapse in one patient; of the two patients with disease progression, after primary analysis one was confirmed to have partial response (not progression), for a total of two DFS events. ^bAt 12 cycles after random assignment. DFS, disease-free survival; MRD, minimal residual disease; uMRD, undetectable minimal residual disease.



FIG 5. Rates over time of AEs of clinical interest. (A) Prevalence of AEs of clinical interest over time by randomized treatment arm for any-grade AEs and (B) grade \geq 3 AEs. ^aAt postrandomization 7-12 months, Confirmed uMRD population: placebo (n = 42), ibrutinib (n = 42); uMRD Not Confirmed population: ibrutinib (n = 30), ibrutinib plus venetoclax (n = 29). ^bGrade 3 menorrhagia in one patient. ^cGrade 3 retroperitoneal hemorrhage in one patient. AEs, adverse events; uMRD, undetectable minimal residual disease. (continued on following page)



FIG 5. (Continued).



FIG 6. Best overall uMRD rates by randomized treatment arm in the uMRD Not Confirmed population. BM, bone marrow; PB, peripheral blood; uMRD, undetectable minimal residual disease.

appear to compare favorably with 3-year PFS rates reported with FCR (73%), continuous ibrutinib combined with rituximab (89%), and FD venetoclax plus obinutuzumab (82%).^{3,9} Longer follow-up and results from the CAPTIVATE FD cohort and ongoing randomized phase III study comparing FD ibrutinib plus venetoclax to chlorambucil plus obinutuzumab (GLOW, NCT03462719) will help answer important remaining questions regarding time-limited treatment with this promising combination, including durability, efficacy in patients with high-risk genomic features, and characteristics of patients most suitable to receive time-limited versus continuous treatment with ibrutinib. Observed high CR and uMRD rates may translate into even longer-term PFS.²¹

uMRD rates are consistent with those previously reported with ibrutinib plus venetoclax (61% in BM after 12 cycles) in first-line CLL,²⁹ and higher than those reported with singleagent ibrutinib (\leq 10% in both PB and BM)^{30,31} or singleagent venetoclax (PB, 27%; BM, 16% in relapsed or refractory patients).⁵⁻⁸ uMRD rates also compare favorably with first-line CLL treatments, such as ibrutinib plus obinutuzumab (PB, 30%; BM, 20%),32 FCR (PB, 59%-63%; BM, 43%),^{3,21-23} venetoclax plus obinutuzumab (PB, 76%; BM, 57%),⁹ and ibrutinib plus venetoclax plus obinutuzumab (67% in both PB and BM).³³ particularly for MRD eradication in BM. The results from the postrandomization phase add to the body of evidence correlating depth of response (uMRD and CR) with survival outcomes, with similar changes in uMRD and CR status in patients receiving further treatment with placebo or ibrutinib after 12 cycles of ibrutinib plus venetoclax. Greater improvements in uMRD rates are seen in patients with uMRD Not Confirmed status receiving further treatment with ibrutinib plus venetoclax. Additional follow-up will elucidate the impact of further treatment with ibrutinib or ibrutinib plus venetoclax on long-term outcomes, such as PFS.

Reductions in TLS risk category through effective debulking before venetoclax initiation have the potential to improve convenience for patients, caregivers, and health care providers and increase the ease of venetoclax administration. In the CLL14 study, no TLS was noted during venetoclax initiation after initial treatment with obinutuzumab; however, TLS occurred during obinutuzumab lead-in.³⁴ Three cycles of single-agent ibrutinib reduced TLS risk category in 90% of patients with high baseline TLS risk and only 2% remained categorized with high risk before initiation of venetoclax rampup. TLS risk category reduction was primarily attributable to rapid reductions in lymph node bulk with single-agent ibrutinib as predicted by earlier studies.^{27,29} Consequently, the frequency with which hospitalization was indicated for TLS monitoring decreased by more than half (from 47% to 18%) after ibrutinib lead-in. Moreover, rasburicase use for TLS prophylaxis (6%) was lower than that reported with singleagent venetoclax (27%-45%).^{35,36}

The safety profile of ibrutinib plus venetoclax was consistent with known AEs for each agent alone, with no new safety signals observed. Diarrhea and neutropenia infrequently led to dose modifications or treatment discontinuation. Rates of grade \geq 3 diarrhea were somewhat higher than expected with ibrutinib alone but were similarly low (\leq 5%) as with continuous ibrutinib plus rituximab or FCR,³ venetoclax plus obinutuzumab,⁹ or ibrutinib plus venetoclax plus obinutuzumab.33 Rates of grade \geq 3 neutropenia (35%) were higher than continuous ibrutinib plus rituximab (26%)³ but lower than FCR (45%),³ venetoclax plus obinutuzumab (53%),⁹ or ibrutinib plus venetoclax plus obinutuzumab (56%).³³ AEs led to discontinuation of ibrutinib and/or venetoclax in 7% of patients prerandomization, compared with 11% and 24% with ibrutinib plus rituximab and FCR, respectively, in ECOG1912³ and 16% with venetoclax plus obinutuzumab in CLL14.9

Frequencies of new or ongoing AEs were generally highest during the first 6 months of prerandomization treatment with ibrutinib plus venetoclax and then decreased over time irrespective of randomized arms. A slightly higher prevalence of infections was observed postrandomization in the uMRD Not Confirmed population than in the Confirmed uMRD population, suggesting that prevalence of infections may be influenced by disease status. Postrandomization treatment with ibrutinib plus venetoclax was associated with higher prevalence of grade \geq 3 AEs, any-grade neutropenia, and any-grade diarrhea than placebo or continued ibrutinib. Thus, the benefit of improved uMRD and CR rates with continued ibrutinib plus venetoclax needs to be weighed against the risk of increased or ongoing toxicities.

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In conclusion, the ibrutinib plus venetoclax combination for first-line treatment of patients with CLL or SLL represents an alloral, once-daily, chemotherapy-free regimen that provides high rates of uMRD in both BM and PB. The 1-year DFS rate of 95% in patients with Confirmed uMRD randomly assigned to placebo following 12 cycles of combined ibrutinib plus venetoclax and 30-month PFS rates of \geq 95% across MRD-guided randomized treatment arms suggest the potential for FD treatment with this combination, which may provide physicians with the ability to continue to select ibrutinib-based therapy (continuous or fixed) in the outpatient setting while considering patient preferences and treatment goals. Fixed duration is being evaluated in the younger population of patients in the CAPTIVATE FD cohort and in a complementary elderly or unfit population in the ongoing phase III GLOW study.

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DATA SHARING STATEMENT

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AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

Ibrutinib Plus Venetoclax for First-Line Treatment of Chronic Lymphocytic Leukemia: Primary Analysis Results From the Minimal Residual Disease Cohort of the Randomized Phase II CAPTIVATE Study

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