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Drug delivery approaches for HuR-targeted therapy for lung cancer

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Abstract

Lung cancer (LC) is often diagnosed at an advanced stage and conventional treatments for disease management have limitations associated with them. Novel therapeutic targets are thus avidly sought for the effective management of LC. RNA binding proteins (RBPs) have been convincingly established as key players in tumorigenesis, and their dysregulation is linked to multiple cancers, including LC. In this context, we review the role of Human antigen R (HuR), an RBP that is overexpressed in LC, and further associated with various aspects of LC tumor growth and response to therapy. Herein, we describe the role of HuR in LC progression and outline the evidences supporting various pharmacologic and biologic approaches for inhibiting HuR expression and function. These approaches, including use of small molecule inhibitors, siRNAs and shRNAs, have demonstrated favorable results in reducing tumor cell growth, invasion and migration, angiogenesis and metastasis. Hence, HuR has significant potential as a key therapeutic target in LC. Use of siRNA-based approaches, however, have certain limitations that prevent their maximal exploitation as cancer therapies. To address this, in the conclusion of this review, we provide a list of nanomedicine-based HuR targeting approaches currently being employed for siRNA and

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Conflict of interest

The authors report no conflicts of interest in this work

shRNA delivery, and provide a rationale for the immense potential therapeutic benefits offered by nanocarrier-based HuR targeting and its promise for treating patients with LC.

Schematic representation of translating HuR targeted therapeutics from bench to bedside for lung cancer. Image created with BioRender.com

Keywords

lung cancer; RBP; HuR; siRNA; CRISPR/Cas-9; nanomedicine; drug delivery

Introduction

Regulation of gene expression occurs at both the transcriptional and post-transcriptional level. In the latter context, RNA Binding Proteins (RBPs), key mediators of RNA metabolism, streamline the flow of genetic material; they are the key players in posttranscriptional regulation of gene expression and as such contribute to growth and development, homeostasis, and effective functioning of the immune system. In addition to directly binding to mRNA, RBPs can bind to non-coding RNAs (ncRNA) and other RBPs, and contribute to regulation of mRNA processing, splicing, polyadenylation, and stability, along with protein translation [1, 2].

The interaction of RBPs with RNA occurs principally via RNA-binding domains (RBD) resulting in the formation of ribonucleotide-protein (RNP) complexes. RBPs can thus be broadly grouped based on their RBDs; over 50 different RBDs are known and include the RNA recognition motif (RRM), which is the most abundant RBD reported in the human

genome (e.g. HuR), K homology domain – KH identified from the heterogeneous nuclear riboprotein (hnRNP) (e.g. Nova 2), zinc finger domain (e.g. TTP, MBNL1, ZRANB2), pumilio homology domain (PUF) (e.g. DmPUM, FBF, APUM), double stranded RNA binding domains (dsRBM) (e.g. ADAR2), RGG (Arg-Gly-Gly) box (e.g nucleolin), Piwi/ Argonaute/Zwille (PAZ) domain (e.g DICER, Argonaute proteins) and cold shock domains (CSD) (e.g. LIN28A, LIN28B, YBX 1–3) [3–7]. The number of RBD units found in an RBP varies widely, each RBP can either contain multiple repeats of the same RBD unit or can possess multiple different RBDs [8, 9]. RBPs that contain the classic RBDs described above are termed "canonical RBPs", while those that lack RBDs and rather bind to RNA via intrinsically disordered regions are referred to as "non-canonical" RBPs [10]. Ubiquitously expressed RBPs involved in stabilization and/or destabilization of mRNA are shown in Table 1. Historically, most studies focused on deciphering the role of canonical RBPs in disease processes, however, more recently there is a growing interest in unravelling the mechanistic underpinnings of non-canonical RBPs [11]. In total, 311,571 canonical RBPs and 3,651 non-canonical RBPs have been identified in 162 eukaryotic species in the EuRPDB database [12].

Dysregulation of, and mutations in, RBPs are linked to various disease pathologies, including neurodegenerative diseases [13], cardiovascular diseases [14], and, most importantly for this review, cancer [9]. Manual curation of various high throughput datasets identified about 1,542 RBPs to be expressed in humans samples [15], of which 727 has been implicated in cancers [12]. Significant evidence supports the involvement of RBPs in modulating expression of various oncogenes and tumor suppressor genes. For example, Zhang et al., recently analyzed the expression pattern of RBPs in 16 human cancers and identified aberrant overexpression of 109 RBPs and downregulation of another 41 RBPs; each RBP associated with molecular features and disease prognosis across the various cancer types [16]. Additionally, RBPs are reportedly crucial governors of almost all cancer hallmarks, including cell proliferation (RBM 38, RBM24, IGF2BP1, hnRNP1, HuR), evasion of apoptosis (HuR, eiF4E, TIA-1), angiogenesis (HuR, TIA-1, TTP), epithelial to mesenchymal transition (EMT) and metastasis (HuR, hnRNP, IGF2BP1, KHSRP). All of these RBPsare key regulators of various aspects of tumorigenesis [1, 17], and their expression correlates with disease prognosis and patient survival across multiple cancer types; for example, expression of AUF1 correlates with disease stage and metastasis in both colorectal cancer [18] and esophageal squamous cell carcinoma [19], while elevated expression of Lin 28A and Lin 28B correlates with poor progression free survival and overall survival in multiple malignancies [20]. Many RBPs are also involved in lung cancer (LC) pathogenesis; reported correlations between expression of multiple RBPs and clinicopathological characteristics of LC tumorigenesis are listed in Table 2.

Since RBPs regulate expression of multiple genes they are attractive targets for cancer management [17]. In a disease like cancer, where multiple genes drive pathogenesis and each of those genes may be regulated via a unique distinct mechanism, definite strategies to mitigate cancer growth are unavailable. A relatively superior approach is potentially offered by modulation of RBP expression, which might in turn lead to global alterations in gene expression of numerous oncogenes and tumor suppressor genes, and thus block cancer progression. Over the last few decades, RBPs have become a prolific field of research and an

in-depth knowledge of RBP structure, biology, and function is thus essential to develop them as novel targeted anti-cancer therapies. This review discusses one important and well-studied RBP, Human antigen R (HuR), and describes its profound importance in the context of LC progression, its potential as a therapeutic target for LC, and strategies for targeted delivery of anti-HuR therapies.

HuR

Human Antigen R (HuR), a member of the embryonic lethal abnormal vision like (ELAVL) family of proteins, was first cloned by Ma et al., in 1996 [21]. The ELAVL family of proteins comprises the ubiquitously expressed non-neural protein HuR/HuA (ELAVL1), and the neuronal proteins – HuB (ELAVL2), HuC (ELAVL3), and HuD (ELAVL4). HuR is a 32kDa protein encoded at position 19p13.2 in the human chromosome [22], and contains three characteristic RNA recognition motifs (RRMs i.e. RRM-1, RRM-2 and RRM-3). Early studies, using a poly(A) sepharose beads-based sandwich assay, showed RRM-1 and 2 (the N-terminal domains) bind to AU-rich RNA elements (AREs) in the 3' untranslated regions (UTR) of mRNAs, while RRM-3 (C-terminal domain) binds the poly(A) tail of mRNAs and 5'U-rich RNA targets [23, 24]. An additional target motif for HuR, specifically a uracil rich RNA motif approximately 17–19 nucleotides in the 3' UTR, has been reported in various HuR target genes [25]. The RRM3 subunit is implicated in dimerization and RNA binding, and is thought to be pivotal for regulating HuR activity and function; any mutation in RRM3 will result in reduced recognition of target RNAs [24, 26, 27]. There is also a hinge region, the HuR nucleoplasmic shuttling domain (HNS), between the RRM2 and RRM3 subunits which is crucial for the shuttling of HuR between the nucleus and cytoplasm and for its interaction with nuclear proteins [27, 28].

The importance of HuR in biological systems is apparent as early as the embryonic stage. Mouse embryos with genetic ablation of HuR exhibit retarded growth and skeletal deformities and fail to survive beyond mid-gestation [29]. Another study using the Cre-recombination system for HuR deletion showed that HuR is essential for immune and hematopoietic progenitor cell survival [30]. The ubiquitous importance of HuR is underlined by multiple other studies demonstrating its importance in various physiological process including spermatogenesis [31], muscle physiology [32], myogenesis [33], and adipogenesis [34]. Recent studies show that HuR in smooth muscle cells is involved in regulation of blood pressure [35], and HuR knockout (KO) leads to atherosclerosis via increased expression of AMP- α1 and - α2 [36]. Thus, in normal cells HuR is a posttranscriptional regulator modulating expression of genes associated with vital biological processes including homeostasis, organ growth, and development.

Under normal conditions, HuR predominantly localizes to the nucleus; however, when cells are stressed, for example under hypoxia or in presence of proliferative signals, HuR binds to AREs typically located in 3[']- UTR of mRNAs (cytokines, growth factors, oncogenes, inflammatory molecules), shuttles to the cytoplasm, and influences the stability and processing of those mRNAs [26]. HuR regulated target mRNAs, including VEGF, COX-2, c-myc, and cyclin B1, among many others, are largely involved in cell growth and proliferation. The known HuR target mRNAs are comprehensively reviewed by Srikantan et

al. [37]. Further, the nucleo-cytoplasmic trafficking/shuttling of HuR is largely modulated by the MAPK, AMPK, Chk2, and PKC (α and δ) family of proteins [38]. Both intrinsic (inflammation, oxidative stress, hypoxia) and extrinsic factors (radiation, chemotherapeutic drugs, hormones, viral infections) contribute to the modulation and regulation of HuR function [39–41].

HuR undergoes various post-translational modifications (PTM) such as phosphorylation, methylation, NEDDylation, and ubiquitination; these PTMS largely determine the localization and regulation of HuR function such as binding to mRNA transcripts. For example, the phosphorylation of HuR at S88, S100 (within RRM1), and T118 (within RRM2) by Chk2 and at S318 (within RRM3) by PKC δ influences the ability of HuR to bind target transcripts [27, 42–45]. Another study showed that JAK3-mediated phosphorylation of HuR at Y200 prevents accumulation of HuR in stress granules and lowers its interaction with target mRNAs including siRT1 and VHL [46]. Mutation of HuR at T118 position contributes to reduced interaction between HuR and the target mRNA cPLA₂ α [47]. Similarly, PTMs and mutations in the HNS region change the nuclear-cytoplasmic localization pattern of HuR. Phosphorylation at S158 and S221 by PKC increases cytoplasmic HuR levels [48], while phosphorylation at S202 by Cdk1 boosts HuR nuclear accumulation [45]. Kim et al., showed that the mutations S242D and S242A led to increased nuclear or cytoplasmic localization of HuR respectively [49]. Furthermore, methylation at R217 correlates with increased cytoplasmic HuR and additionally impacts survival rates of non-small cell lung carcinoma (NSCLC) patients [50]. Other PTMs, such as ubiquitination and NeDDylation at K313 and K326, are prerequisites for HuR RNA binding, protein stabilization, and localization functions [51, 52]. HuR PTMs and their functional effects are comprehensively reviewed by Grammatikakis et al. [53].

HuR plays a central role in the pathogenesis of multiple sclerosis [54], inflammatory diseases [55], diabetes and its associated complications [56], and cancer [39, 40, 57]. Notably, aberrant overexpression of HuR is a characteristic feature of almost all cancer types including LC [59], breast [39], liver [57], and colon [58] (Figure 1A–C). HuR, via its interactions with various cancer-associated mRNAs, mediates the vital processes of cell growth and proliferation, angiogenesis, invasion, and metastasis, and thus contributes to malignancy [39, 40]. The differential expression pattern of HuR between normal and cancerous tissues, along with its involvement in regulation of numerous genes makes HuR an attractive therapeutic target for cancer treatment.

Lung Cancer (LC)

Due to complex etiology and tumor heterogeneity, delayed diagnosis, and lack of effective treatments, LC remains a leading cause of death in the United States ([https://](https://cancerstatisticscenter.cancer.org) cancerstatisticscenter.cancer.org). The absence of early clinical symptoms also results in diagnosis at late stages (usually III or IV), further limiting treatment options and reducing survival [60]. Additionally, the conventional therapies, namely chemotherapy, radiation, and surgical excision of tumor removal have significant limitations associated with them. Although significant progress, such as molecular targeted therapies [61] and immunotherapy [62], has been made in the management of LC, a clear path to complete tumor remission

and cure is still lacking. Thus, there is an urgent need to identify novel mechanisms for drug delivery and disease management in LC.

Clinical significance of HuR expression in LC

As in multiple other cancers types, differential expression of HuR is reported between normal, benign, and tumorigenic lung tissues [63, 64]. Lauriola et al., examined the correlation between HuR levels and age or smoking parameters in stage I and II lung adenocarcinoma (LUAD) patients; and found no correlation between HuR levels and patient dependent factors such as smoking or age [65]. HuR trafficking from nucleus to cytoplasm is further associated with disease pathology (or) oncogenic transformation observed in LC, in contrast to the nuclear HuR expression seen in benign lung tissues, a mixture of both nuclear and cytoplasmic expression is detected in malignant NSCLC tissues [59, 66, 67]. Given this variation in localization patterns, cytoplasmic levels of HuR can be/is used as an indicator of disease prognosis [67]. Furthermore, expression of HuR is correlated with survival rates in patients. The 5-year survival rates of HuR- positive patients was reportedly lower (43%) when compared to HuR-negative patients (85%) [67]. Higher cytoplasmic HuR levels also correlated with risk of death and metastasis in stage I and II LUAD patients [65], and was further associated with clinico-pathological features such as tumor grade (39%, 62% and 68% at stage I, II and IIIA of NSCLC), increased tumor proliferation, micro vessel density, differentiation status, and lymph node metastasis in NSCLC [47, 59, 67, 68]. Additionally, cytoplasmic HuR is associated with higher VEGF-C expression levels [59] and COX-2 levels [67, 68] which in turn could contribute to formation of endothelial cells to support angiogenesis and cancer metastasis in LC. Furthermore, the ratio of nuclear to cytoplasmic HuR is a prognostic factor for evaluating clinical outcomes and metastasis in early stage LUAD patients [65].

Aberrant overexpression of HuR was also seen in the tumorigenic epithelial LC cell lines H1299, A549, HCC827, PC-9 and urethane induced lung tumors in vivo compared to the normal lung cells CCD16, MRC-9 [63, 69, 70] (Figure 1 A). Levels of cytosolic HuR protein were higher in more rapidly growing cell lines derived from papillary tumors (PCC4 and LM2) than in slower growing cell lines derived from solid tumors, supporting modifications in HuR levels concurrent with changes in growth rates/levels (confluence rates) [63].

Based on the clear and pronounced role of HuR in LC, in the current review we aim to summarize the critical role of HuR in LC progression and address the various pharmacological, biological, and genetic approaches for HuR inhibition. Finally, we describe the immense potential of using various novel nanomedicine approaches for targeted therapy of HuR that would benefit multiple cancer types including LC.

Regulation of HuR by non-coding RNAs (ncRNAs)

In the human genome, ncRNAs contribute to regulation of transcriptional and posttranscriptional gene expression and play major roles in biological processes such as splicing, transcription, protein localization and secretion [71]. ncRNAs comprise miRNA, snoRNAs,

piRNAs (short ncRNA) and long non-coding RNAs (lncRNA). Multiple studies demonstrate the dysregulated pattern of ncRNAs across various cancer types and discuss avenues for therapeutic targeting of ncRNAs [72, 73]. Various miRNAs have been identified to regulate HuR expression in cancer models; for example, miR-31 was shown to regulate HuR expression in LC cells. Inhibition of miR-31 increased HuR expression which in turn upregulated cyclins and VEGF [74] thereby supporting cell proliferation and angiogenesis. HuR inversely correlates with miR-145 expression in gastric cancer, supporting HuR as a direct target of miR-145 [75]. Similarly, overexpression of miR-22, via the Jun/miR-22/HuR axis, decreased colorectal cancer growth [76].Another miRNA, miR-155 is important for HuR- dependent increase in migration and chemotaxis in colon cancer cells; knockdown of miR-155 decreased cytoplasmic HuR levels and blocked the migratory potential of colon cancer cells [77].

With respect to lncRNAs, the lncRNA MALAT1 binds to HuR, and via the HuR-TIA-1 signaling cascade contributes to the aggressive and metastatic signature of pancreatic cancer cells [78]. Likewise, formation of a ribonucleotide complex encompassing MALAT1 and HuR reportedly regulates CD133 expression and contributes to to EMT in breast cancer [79]. Several ncRNA-based strategies have reached clinical trials ([NCT04594720,](https://clinicaltrials.gov/ct2/show/NCT04594720) [NCT03830619](https://clinicaltrials.gov/ct2/show/NCT03830619)) and are increasingly recognized for their therapeutic potential. The ncRNAs shown to regulate HuR expression in multiple cancer types are listed in Table 3. Novel strategies employing various ncRNAs that target HuR will thus be an attractive approach in cancer therapeutics.

Approaches for targeting HuR

As described above, HuR has an established role in tumor progression and drug resistance. Given the ubiquitous expression of HuR in almost all malignancies along with its profound role in post-transcriptional regulation of key genes relevant to tumor progression and survival, HuR is an attractive target for cancer therapy. Thus, it is imperative to identify novel therapeutic strategies to inhibit the biological functions of HuR. Various approaches using inhibitors, siRNAs, and shRNAs, have been proposed and are currently in use to block HuR function; these are discussed in brief in the following sections.

Pharmacologic approaches

a) Inhibitors from natural sources

The most widely used HuR inhibitor, MS-444 (a myosin light chain kinase inhibitor) was identified from microbial culture by Meisner et al., in 1996. MS-444 is reported to interfere with HuR binding, disrupt cytoplasmic trafficking of HuR and its homodimerization, and inhibit interaction of HuR with ARE's [80]. Colorectal cancer cells treated with MS-444 show decreased growth and increased expression of genes related to apoptosis [81]. The effect of MS-444 was also assayed in glioblastoma cells derived from xenograft models and brain tumor initiating cells. MS-444 induced apoptosis, resulted in cell death, inhibited sphere formation, and the invasive abilities of glioblastoma cells, and decreased the mRNA expression of genes relevant to key cancer hallmarks, namely angiogenesis (VEGF, HIF-1α), evasion of immune response (TGF-β1, TGF-β2, PD-L1, iNOS) and

apoptosis (CIAP2, Bcl-2, Bcl-xl, DR5) [82]. Similarly, MS-444 showed promising results in curtailing tumor growth in malignant peripheral nerve sheath tumor (MPNST) models [83]. Programmed death-ligand 1 (PD-L1) is widely overexpressed in tumor cells and via engaging with programmed cell death −1 (PD-1) contributes to immune evasion. Hence, various approaches have been proposed to inhibit the complex PD-1/PD-L1 regulatory pathways [84]. In this regard, few reports support the involvement of HuR in PD-L1 regulation. A recent study showed MS-444 based HuR inhibition upregulated the expression of CMTM6 which consequently led to reduction in the PD-L1 overexpression normally seen under HuR overexpression conditions [85].

Novel inhibitors from natural products also inhibit HuR's interaction with AU-rich elements. Kaur *et al.*, used a fluorescence polarization assay to identify a compound, azaphilone (AZA-9), from fungal products that blocks HuR–RNA binding residues and inhibits their interaction [86]. However, the efficacy of AZA-9 in blocking LC cell growth and progression requires a thorough assessment. Latrunculin A, a macrolide from sponges, when administered to HepG2 and Huh7 hepatocellular carcinoma cells also reduced cytoplasmic HuR levels, resulting in decreased stability of various HuR-binding mRNAs i.e. COX-2, cyclin A and D1, and subsequently impaired migratory properties and prostaglandin E2 synthesis [87].

Another natural compound, Dihydrotanshione I (DHTS), from Salvia miltiorrhiza (red sage) is widely used in Chinese medicine. DHTS, via stabilizing a closed conformation of HuR [88] reportedly inhibits HuR function and RNA binding activity. Agostino et al., provided supporting evidence that DHTS inhibits breast cancer migratory properties in a HuR-dependent manner [89]. Additionally, DHTS in combination with HuR KO in the HCT 116 colon cancer cell models reduced tumor growth with minimal toxicity to mice [88].

b) Synthetic chemistry-based lead identification:

Fluorescence polarization assays coupled with high throughput screening was employed by Wu et al., to identify small molecule inhibitors that disrupt the interaction of HuR with its target mRNAs. Using this technique, nine compounds from Chemical Methodology and Library Development center (CMLD 1–6) and (NC 1–3) were developed and their ability to disrupt HuR-ARE interactions were tested. Two candidate molecules, CMLD-1 and CMLD-2, showed promising results in inhibiting HuR and its target proteins (Bcl-2 and XIAP) leading to apoptotic cancer cell death [90]. Following this finding, a large number of studies used CMLD-2 to inhibit HuR function in a plethora of cancer cell line models and achieved effective outcomes. CMLD-2, via downregulation of MAD-2, decreased cell viability, increased apoptosis further lowering the migratory and colony forming abilities of thyroid cells [91]. Our own laboratory has assessed the effects of CMLD-2 in NSCLC cells. Consistent with the findings in other cancer types, CMLD-2 treatment resulted in a preferential concentration-dependent cell cytotoxicity selective to tumor cells as characterized by activation of caspases and increased apoptosis. Furthermore, LC cells treated with CMLD-2 exhibited cell cycle arrest at G1 phase consistent with cell death. Therein, we also showed a decrease in the levels of multiple HuR-regulated mRNAs

and pro-apoptotic proteins, such as Bcl-2, Cyclin E and Bcl-XL, and increased rates of mitochondrial perturbation in cells treated with CMLD-2 [92].

The newest class of inhibitors potentially inhibiting cytoplasmic dimerization of HuR also showed encouraging results. Filipova *et al.*, combined approaches from medicinal chemistry with high-throughput based firefly-luciferase HuR assays to identify inhibitors (A92, SRI-42127, and SRI-41664) that inhibit cytoplasmic dimerization of HuR. SRI-42127, halted the proliferation and colony forming abilities of patient-derived glioblastoma (PDGx) xenolines. In addition, SRI-42127 reduced the interaction between HuR and Bcl-2 and HuR and Mcl-1 leading to induction of apoptosis and decreased tumor growth. The inhibitor altered various cell signaling pathways and reportedly crossed the blood-brain barrier to decrease glioma growth [93].

Inspired by the functional activity of DHTS against HuR, researchers utilized synthetic chemistry- based approaches to identify various next generation tanshione mimics capable of blocking HuR function. Tanshione mimics 6 and 6a, by keeping HuR in a closed conformation, prevent HuR binding to various target mRNAs [94], leading to reduced tumor cell growth [83]. Additionally, multimerization of HuR (aggregation of 3 domains) is associated with glioma progression, and tanshinone compounds disrupt this HuR multimerization reducing tumor cell proliferation and survival [95]. Similar mechanisms of HuR multimerization in other cancer types warrant further studies, and novel pharmacologic and targeted-therapy based approaches to inhibit HuR multimerization will be beneficial for cancer management.

c) Commercial drugs as HuR inhibitors

Various commercially available drugs are increasingly recognized as HuR inhibitors. For instance, the anthelmintic pyrvinium pamoate reportedly blocks both cytoplasmic accumulation and nucleocytoplasmic translocation of HuR. Furthermore, combinatorial therapy using pyrvinium pamoate and other chemotherapeutic agents resulted in reduced growth of urothelial carcinoma in vitro and in vivo. Pyrvinium pamoate activates the AMPK/importin α1 cascade, thus promoting the nuclear import of HuR, while the nucleocytoplasmic translocation of HuR is blocked by inhibition of the Chk1/Cdk1 pathway [96]. Pyrivinium pamoate also had potent therapeutic effects and led to complete tumor regression in vivo in MPNST models [83]. Similarly, the anti-typanosomal drug suramin, binds to HuR and decreases the expression of cyclins A2 and B1; decreases motility and invasive properties of oral (tongue) carcinoma cells [97]. Eltrombopag, a drug used for treating low platelet count (thrombocytopenia) and anemia, is promising promise as a HuR inhibitor in multiple cancer models. Use of eltrombopag altered HuR levels and decreased mRNA copy numbers of VEGF-A and MMP-9 resulting in reduced microvessel density and impaired angiogenic process [98], providing proof of concept for its anti-tumor and anti-angiogenic effects. Additional data regarding the effect of these drugs on the expression of other HuR regulated mRNAs is necessary to fully realize their potential for cancer therapy.

Various other small molecule inhibitors have also been tested for their effect on HuR regulation. The microtubule inhibitor MPT0B098, decreases HuR trafficking to the cytoplasm thereby leads to destabilizing HIF-1α mRNA [99]. Additionally, the myosin inhibitor blebbistatin decreases nuclear-cytoplasmic HuR shuttling in hepatocellular carcinoma cells, thereby decreasing destabilized COX-2 and cyclin expression and reducing tumor growth [87]. The anti-proliferative effects of abemaciclib, an established CDK 4/6 inhibitor, were assessed in PDAC cell lines; where induced senescence and cellular apoptosis thus blocking cell cycle progression. The authors showed that abemaciclib resulted in inhibition of HuR and YAP1, which in turn led to downregulation the cyclin D1/CDK4/6 axis thereby leading to the to the aforementioned effects [100].

The information provided in this review on pharmacological approaches of HuR inhibition is not exhaustive, and interested readers are directed to the review by Schultz *et al.*, $[101]$ for more comprehensive information on HuR inhibitors, and their mechanism of action. HuR is a key molecular regulator driving cancer progression in various cancer types, including LC, and the above cited reports provide strong evidence that HuR inhibitors are a promising therapeutic target for disease management. However, more in-depth studies addressing the pharmacokinetics, pharmacodynamics, and regulatory mechanisms of these small molecule inhibitors are essential before they can be tested in the clinical arena as therapeutics for management of cancer.

Biological approaches

a) RNA interference based approach

The process of oncogenesis is tightly controlled by multi-level regulatory networks of genes that dictate cell proliferation and growth. RNA interference (RNAi) is a powerful therapeutic strategy that is being widely used to suppress aberrant overexpression of such diseasecausing genes. Gene silencing approaches based on RNAi have an edge over conventional treatment modalities because of their ability to selectively turn off key genes responsible for disease progression. In cancer, RNAi can result in global knockdown of key proteins involved in various cancer-related pathways thus decreasing tumor growth. Furthermore, they are indispensable tools for manipulating "druggable" and, more importantly, "nondruggable" targets that lack any commercially available drugs or small molecule inhibitors. RNAi works via two cellular approaches. In the first, a commercially synthesized small interfering RNA (siRNA) is exogenously added to the biological system; the introduced double-stranded DNA or RNA duplex is cleaved by DICER and converted to shorter siRNA strands, which load into RNA induced silencing complex (RISC). Subsequently the guide strand of the siRNA binds complementarily to the target mRNA of interest followed by mRNA cleavage by Argonaute proteins to result in gene knockdown [102, 103]. siRNAs are delivered into cells via transfection, electroporation, viral vectors and various chemical modifications can also be introduced into the siRNA sequence to improve its stability. The second approach involves use of short hairpin RNA (shRNA). shRNA, widely used for in vivo experimental models, allows target gene knockdown for longer durations. These shRNA systems are also inducible, for example with tetracycline, to allow gene knockdown

in a conditional manner. Additionally, the shRNA systems have selectable antibiotic markers which removes untransfected cells from the system [104]. Since their initial development, RNAi based interventions have become increasingly important for management of various diseases including cancer [105]. Currently many RNAi based therapeutics for cancer are being tested in clinical trials [\(NCT01591356](https://clinicaltrials.gov/ct2/show/NCT01591356), [NCT04995536](https://clinicaltrials.gov/ct2/show/NCT04995536), [NCT02166255](https://clinicaltrials.gov/ct2/show/NCT02166255)). In the following sections, we summarize reports on genetic inhibition of HuR using siRNAs and shRNA, and it effects on various attributes of tumor growth in cancer models, in particular LC.

HuR is extensively studied in the context of cell proliferation. HuR regulates the expression of various pro-survival markers such as COX-2, VEGF, c-Myc, CDK and cyclins, and thus enhances cell growth and survival. High cytoplasmic HuR levels have been correlated with COX2 levels in squamous cell carcinoma [106] and prostate cancer [107], and co-expression of these molecules predicts tumor type and proliferative capacity [68]. Deregulation of the HuR subcellular localization of is further associated with change in the expression of COX-2 [68]. Additionally, a positive correlation between HuR and the DNA replication and proliferation markers MCM-6 and Ki-67, observed in NSCLC, supports the role of HuR in cell proliferation [50]. Higher levels of cytoplasmic HuR were a characteristic feature of rapidly growing cell lines derived from papillary lung tumors (PCC4 and LM2) when compared to slower growing cell lines derived from solid lung tumors. These data support a strong connection between HuR levels and rates of cellular proliferation [63].

Numerous studies show HuR stabilizes the expression of genes (Table 1) responsible for/ involved in cancer cell survival, as well as migratory and invasive properties. HuR, via its binding and interaction with CDK3 mRNA promoted apoptosis and decreased proliferation of breast cancer cells [108]. In the same breast cancer cell line models, MCF-7 and MDA-MB-231, HuR knockdown decreased expression of cyclin D1 and MMP-9 leading to stunted growth and impaired invasive abilities [109]. Jimbo et al., attempted a targeted-therapy approach using shRNA and siRNA to knockdown HuR in PDAC cell lines and further establish its role in cell proliferation, invasion, migration and anchorage independent cell growth. The study supported role of HuR knockdown in reducing the malignant phenotype of PDAC cells [110]. Other studies with shRNA- mediated knockdown of HuR in both, in vitro and intracranial in vivo models of glioblastoma also showed decreased tumor growth including anchorage-independent growth and proliferation compared to untreated cells [111].

siRNA and shRNA based-strategies to block HuR in ovarian cancer cells were assessed by Huang *et al.*,. Transiently and constitutive suppression of HuR in ovarian cancer cells using siRNA and shRNA respectively, led to decreased cell proliferation, colony forming abilities, invasion and migratory potential and suppression of tumor growth in vivo. This was attributed to reduced rates of cellular proliferation rather than induction of tumor cell death. Differential transcriptomic profiles from ovarian cancer A2780 cells with and without HuR knockdown showed that HuR regulated essential processes including cell proliferation, angiogenesis, cell-cycle regulation, apoptosis, and DNA repair [112]. Cancer stemness contributes to self-renewal abilities in cells and tumor progression by giving rise to various lineages of cells. HuR knockdown inhibited expression of Oct4 and Nanog (markers for

cancer stemness) in LC cells, suppressing their tumorigenic sphere formation and blocking growth [113]. Since these essential processes are crucial for tumor growth, blocking HuR is beneficial for management of cancer.

Evidence from multiple studies shows that cancer growth to arise from chronic inflammation [114, 115]. HuR, via post transcriptional regulation of inflammation associated cytokines IL-6, IL-8, TNF-α, TGF-β, IFN-γ, and COX-2 is identified to support tumor progression [29, 37, 116–118]. High HuR levels reportedly contribute to an inflammatory microenvironment which in turn fosters fibrosis [119–121], potentially leading to tumorigenesis [122]. Interestingly, HuR expression, function and translocation can be altered by presence of inflammatory factors. For example, one study reported that treatment of A549 LC cells with the pro-inflammatory cytokine IL-1β enhanced the interaction of HuR with cPLA₂α mRNA, a molecule implicated in inflammation; a siRNA based HuR knockdown approach in the same cells inhibited IL-1β induced cPLA₂α expression [47].

Angiogenesis is a complex process comprising of various steps such as extracellular matrix (ECM) degradation, and migration and proliferation of endothelial cells resulting in the formation of new blood vessels to support tumor growth. Increased angiogenesis is essential for tumorigenesis and metastasis [123]; and HuR is increasingly recognized as a contributor to the process of angiogenesis [124]. Expression of cytoplasmic HuR correlates with angiogenesis and lymphangiogenesis in NSCLC tissues [66]. HuR, via binding to ARE in 3' UTRs, regulates expression of key molecules in angiogenesis, specifically VEGF, COX-2, MMP-9, HIF-1 and uPA [124–126]. Various studies showed siRNA mediated knockdown of HuR to result in decreased levels of both, VEGF-C [59] and COX-2 [127]. Chang et al., used a selective site specific HuR KO in mouse myeloid cells to establish that expression of HuR in bone marrow macrophages is a prerequisite for stabilizing the expression of genes by binding to 3'UTRs. This study also established the role of miR-200b in regulating the interaction of HuR with VEGF-A, and in doing so modulating angiogenesis [128]. VEGF and COX-2 are crucial mediators of angiogenesis in malignancy, and HuR, by stabilizing VEGF and COX-2 mRNAs, activates the angiogenic phenotype in tumor endothelial cells (TECs) to facilitate angiogenesis. Knockdown of HuR reduces expression of VEGF-A and COX-2 and inhibits motility and tube formation in TECs of both oral carcinoma and melanoma [129]. Additionally, angiotensin has been shown to amplify the cytokine (TNF-α and IL-1β) induced interaction of HuR with COX-2 in glomerular mesangial cells whereas siRNA-based HuR silencing reduced the observed increase in COX-2 and prostaglandin levels seen under stimulated conditions [130].

HuR in combination with another RBP, polypyrimidine tract-binding protein (PTB), binds to HIF-1α mRNA, a master regulator switch for angiogenesis, thus increasing its translation. HIF-1α correlates with VEGF levels [131] as well as with poor survival in LC patients [132]. In breast cancer models, inhibition of HuR expression reduced HIF-1α translation [132] which in turn decreased expression of the transcription factor Hsf1 and reduced angiogenesis [133]. HuR is also implicated in stabilization of the angiogenesis regulator urokinase-type plasminogen activator (uPA) and HuR knockdown using RNAi reduces uPA levels [126]. Collectively, HuR-mediated reduction of HIF-1α or uPA levels would decrease VEGF [126, 131] and constitute a therapeutic approach for targeting angiogenesis.

Cancerous cells, via various discrete mechanisms, have the ability to evade the immune response and thus enhance their survival. HuR is required for survival of hematopoietic stem cells (HSCs) [30], which contributes to generation of various blood cell lineages. Early experiments on mouse spleen cells stimulated with CD3/CD28 showed increased HuR levels [134]. High HuR expression is seen under conditions of B cell activation, further supporting HuR as an elemental factor for B cell growth, differentiation, and antibody production [135]. Additionally, HuR deletion in pro B-cells led to a reduction in the number of immature and mature B cells in the spleen and bone marrow compared to controls; this study also demonstrated that HuR mediates B cell-T cell interactions, further contributing to humoral immunity [136]. Rothamel *et al.*, combined data from multiple high-throughput studies and showed that HuR regulates target mRNAs involved in various pathways of adaptive (Th1 and Th2 cell differentiation) and innate immunity (IL-17 signaling, TNF signaling and TLR signaling) [137]. In terms of tumor progression, glioma models in HuR conditional KO mice showed increased infiltration of CD4+ cells and M1 macrophages contributing to reduced tumor growth and prolonged survival [138]. HuR knockdown also decreased expression of PD-L1, a target for cancer immunotherapy, and a combined approach using KH3 (a small molecule HuR inhibitor) along with an antibody directed at PD-1 (the PD-L1 receptor), decreased tumor growth in breast cancer [139]. Our laboratory has also identified HuR knockdown as contributing to increased PD-L1 expression in LC cells (unpublished data). Additional studies on HuR inhibition and PD-L1 expression are essential to incorporate HuR inhibition to enhance immune cell recognition and benefit cancer immunotherapy. Similarly, another cytokine, granulocyte-macrophage colony stimulating factor (GM-CSF), is gaining prominence in the context of cancer immunotherapy. GM-CSF plays a vital role in immune evasion and tumor progression [140]; GM-CSF upregulates PD-L1 expression and leads to poor prognosis in patients [141]. An association between HuR and GM-CSF has been reported, specifically HuR binds to the 3'UTR of GM-CSF mRNA and regulates its expression; HuR KO in Th17 cells reduces GM-CSF expression [142]. HuR-based regulation of GM-CSF expression, which in turn would modulate PD-L1, would open new avenues for immunotherapy in cancer.

HuR has also been implicated in cancer metastasis. Multiple reports reveal a correlation between HuR levels and its localization pattern with tumor metastasis in both bladder cancer [143] and LC [59, 68]. In addition to playing a role in invasion and migration, HuR, in the presence of increased ATP, increases the stability of MMP-9 mRNA [144] potentially contributing to ECM degradation which is an essential first step in tumor cells intravasating into blood vessels. Furthermore, HuR stabilizes Snail mRNA leading to increased migration [145] and induction of EMT which supports metastasis. HuRexpressing PDAC cells injected into mice preferentially metastasized to the liver and lung compared to HuR-KO mice. The report concluded that HuR KO decreased expression of CTNNB1 and YAP1 mRNAs which led to decreased metastasis [146]. Irigoyen et al., studied the effects of shRNA mediated HuR knockdown on various tumor promoting aspects of MPNSTs; HuR shRNAs decreased cell viability, suppressed MPNST cell growth, decreased clonogenic and anchorage-independent growth, and abrogated tumor formation. The study also examined the influence of HuR depletion in pre-formed tumor models. The authors concluded that HuR depletion altered core biological processes causingdecreased

proliferation, increased senescence, G1 phase cell cycle arrest, apoptosis, and necrosis leading to attenuated tumor growth. The HuR depletion also reduced conversion of micro metastasis to macro metastasis, further confirming the role of HuR in cancer metastasis. Pathways downregulated by shHuR included YAP/TAZ (Hippo signaling - responsible for cell survival), Wnt/β-catenin (responsible for cell proliferation, differentiation, and apoptosis), PI3K/AKT/mTOR, and RAS (involved in signal transduction allowing ECM to support tumor growth), alongside altered levels of key transcription factors including MYC, RB, and E2F [83]. Additionally, the HuR inhibitor KH-3 reduced the interaction of HuR and FOXQ1 and inhibited lung metastasis of breast cancer cells [147].

Although various experimental models across multiple cancer types support a role of HuR in cancer metastasis, there is dearth of data revealing pathways mediated by HuR in the context of LC metastasis. Wu et al., identified interactions between CRABP2 and HuR that are mediated by integrin β1/FAK/ERK signaling and lead to metastasis in LC models. They further demonstrated that CRABP2 knockdown with shRNA or siRNA abated the metastatic ability of C10F4 LC cells [148]. Given this preliminary finding, additional studies using preclinical models with LC metastasis are essential to elucidate the regulatory role of HuR in this context.

The goal of cancer therapy is to achieve complete tumor remission and improve over-all patient survival. However, in most cancers, the complex genomic landscape limits the ability to achieve optimal treatment responses and results in therapeutic failure. Drug resistance, largely governed by the tumor microenvironment which contains cancer cells, immune cells and stromal populations, is a multifaceted problem and a principal cause for failure of anti-cancer therapies. The association of HuR with drug resistance has been explored in numerous cancer types, including pancreas, breast, brain, and lung [149], and many studies conclude that HuR post-transcriptionally regulates expression of genes related to multi drug resistance (MDR) further supporting HuR as a therapeutic target. Few studies indeed supported downregulation of HuR as a mechanism contributing to drug resistance in cancer types. One preliminary study reported that HuR knockdown reduced expression of Bim which regulated the resistance to EGFR-TKIs that is common in LC; HuR knockdown reduced apoptosis induced by the EGFR-TKI gefitinib. In contrast, restoring HuR expression levels restored Bim expression and increased sensitivity to gefitinib [70]. EGFR-TKI resistance is widely seen in LC patient and modulation of HuR function has the potential to address this critical issue. HuR, by modulation of Top2A, has also been linked to in vitro resistance of breast cancer cells to doxorubicin [41]. The information provided here regarding the role of HuR in cancer drug resistance is not comprehensive and readers are directed to the review by Zhou et al., for additional information [149].

HuR knockdown has also been reported to sensitize cells to anti-cancer therapies such as chemotherapeutic drugs and ionizing radiation. HuR overexpression, by regulating CDC6, increased proliferation, tumor growth, and resistance to oxiplatin in colorectal cells while HuR knockdown increased sensitivity to oxiplatin [150]. A similar effect of HuR knockdown on the response to epirubicin has been described. Specifically, HuR knockdown increased generation of reactive oxygen species (ROS) and via the ROS-HuR-TGF-β pathway increased sensitivity to epirubicin. Inhibition of galectin-3/β-catenin signaling

by siHuR, led to decreased expression of MDR proteins and was identified as a key mechanism for prevention of MDR in colorectal cancer cells [151]. In pancreatic cancer cells, silencing of HuR decreased COX-2 and HO-1 levels thus contributing to increased sensitivity to gemcitabine [152]. In contrast, Constantino et al. concluded that cytoplasmic HuR expression regulates the stabilization of deoxycytidine kinase (dCK) mRNA to serve as a predictor of gemcitabine efficacy [153]. The precise impact of HuR on gemcitabine response is not clearly defined and requires further investigation.

Radiation therapy is a routine treatment modality for cancer management. In a few reports, a link between HuR knockdown and sensitization of cells to ionizing radiation has also been established. HuR, by upregulating caspase-2 and inhibiting thioredoxin reductase, sensitized colorectal [154] and breast cancer cells [155] to radiation therapy. Additionally, studies from our laboratory verified that post-transcriptional regulation of ARID1A by HuR increased resistance to radiation therapy in breast cancer cells [156]. Combining HuR knockdown with radiation therapy could, thus, lead to reduced tumor burden.

In summary, HuR correlates to both therapeutic resistance and sensitivity in cancers. The observed difference in mechanisms reported regarding the role of HuR with respect to resistance and sensitivity may be largely attributable to the complex genomic landscape of different cancers. A more in depth understanding of how HuR regulates treatment response in pre-clinical models and in clinical trials would bridge the missing links and open additional avenues for HuR-based targeted therapy.

b) Genome editing approaches

Mutations confer malignant potential to normal cells and by discrete genetic and epigenetic mechanisms causes tumor cell growth, proliferation, and metastasis. During the carcinogenic process multiple oncogenes are overexpressed and, thus, the goals of cancer therapy are largely to suppress the aberrant expression of oncogenes and in turn profoundly impact therapeutic response and patient survival. Clustered regularly interspaced short palindromic repeats (CRISPR) associated protein (Cas9) is a genome editing tool widely used for genetic manipulation. Using this technology, precise changes, including insertions, deletions and corrections, can be made in a genome in order to study gene function. There is convincing evidence for the potential benefits of CRISPR-Cas9 technology in various disease states, including diabetes [157], obesity [158], and neurodegenerative and eye disorders [159].

Over the last years, CRISPR-Cas9 has gained significant attention in the field of cancer therapy [160]. Some studies have employed CRISPR-Cas9 to better understand HuR regulation and biology in pancreatic and colorectal cancer models [161]. Lal et al., used CRISPR-Cas9 based genome editing to selectively delete the HuR gene in pancreatic (MIAPaCa-2 and Hs766T) and colorectal cancer (HCT116). HuR deletion resulted in a less malignant phenotype, increased apoptosis, and reduced sphere forming abilities in vitro compared to the wild type cells, thus supporting the role of HuR in cell proliferation and growth. Furthermore, MIAPaCa-2, Hs 766T, and HCT 116 mouse models deficient in HuR had reduced tumor volume further substantiating the importance of HuR in regulation of oncogenesis. The authors concluded that deletion of HuR modulated KRAS activity as well as expression of other oncogenic genes to impair tumor growth in mice. In line with this

report, Dong et al., and Chand et al., provide evidence supporting CRISPR-Cas9 based HuR deletion to benefit pancreatic cancer therapy. In the first report by Dong et al., HuR KO pancreatic cancer cells exhibited decreased invasion, migration, and spheroid formation compared to controls in vitro, as well as delayed tumor formation in vivo [162]. Chand et al., showed that CRISPR-Cas9-based HuR deletion regulated PARG enhanced sensitivity of PARP inhibitors (olaparib, veliparib and rucaparib), and that HuR silencing combined with PARP inhibitors attenuated tumor growth in PDAC models [163].

While CRISPR-Cas9-based knockdown of HuR has been extensively interrogated in pancreatic cancer models, its effect in other cancers, including lung, remain largely untested. Information on CRISPR-Cas9-based HuR inhibition in LC would advance our understanding of the complex HuR regulatory mechanisms in LC. Given that KRAS mutations are widely reported in LC, it would be worthwhile to study the effect of HuR on KRAS regulation in LC. Likewise, PARP inhibitors are increasingly recognized for management of SCLC [164] and NSCLC [\(NCT01788332](https://clinicaltrials.gov/ct2/show/NCT01788332)), and integration of HuR silencing with PARP inhibitors may beneficial be for LC management.

In summary, studies from our laboratory and other groups show HuR to be an essential molecular regulator of cancer progression and that HuR inhibition, either transient or stable via use of inhibitors, siRNAs, shRNAs, and CRISPR/Cas9, can strikingly reduce cell viability and tumor growth in vitro and in vivo. Such RNAi, gene silencing, and pharmacologic inhibition based therapies targeting HuR exhibit profound beneficial effects at the preclinical level, however, their successful transition into clinical use to benefit patients is compromised by certain limitations associated with the use of these approaches. Firstly, the efficacy of siRNA delivery largely depends on the route of administration. While few examples of local administration, i.e. intranasal administration of Beclin-1 siRNA for HIV [165] and intravitreal caspase-2 siRNA for improving retinal ganglion cell survival [166] have shown promising results, directed and efficacious delivery to tissues by systemic administration remains a challenge [167]. The transport of siRNAs to a specific target site is primarily limited by their relatively small size and short half-life i.e. faster clearance by the kidneys, the inherent difficulty of penetrating cell membranes due to their negative charge, the unstable nature of siRNAs in the blood stream, and their susceptibility to nuclease degradation [168]. Achieving cell- or tissue-specific delivery of siRNAs is yet another major limiting factor restricting their therapeutic application. There are also significant hurdles to incorporating CRISPR/Cas-9 based genome editing technology into a clinical setting. Constraints pertaining to site specific delivery of CRISPR/Cas-9 systems with minimum off-target effects currently limits its application. Emerging evidence supports incorporating novel nanomedicine-based drug delivery systems to overcome the observed limitations pertaining to degradation, site specific delivery, and off-target effects associated with the use of siRNAs and CRISPR/Cas-9 [169–174]. Developing effective carrier molecules capable of supporting site-specific delivery with minimal cytotoxicity is crucial in order to successfully translate siRNA, shRNA and CRISPR-Cas9 based approaches. These nanomedicine-based approaches are described in the following sections.

The field of nanomedicine, due to its ability to specifically deliver drugs and other biological moieties, such as DNA, RNA, and peptides, to target sites, has gained much attention over the last decade. The term nanomedicine broadly encompasses the use of materials/ carriers in the "nano" size range to encapsulate therapeutics and deliver them directly to the diseased site in order to achieve a potent therapeutic effect. Numerous studies report that use of nanomedicine-based approaches offer significant benefits over conventional therapies. Nanomaterials widely used in cancer therapy, especially LC, include polymeric nanoparticles, metallic nanoparticles, dendrimers, liposomes, and solid-lipid nanoparticles [175–177]. The physico-chemical properties such as shape, size, and surface charge largely dictate both, the fate of the nanocarrier within cells and the observed therapeutic effect. Nanoparticles owing to the enhanced permeation and retention (EPR) effect preferentially accumulate in target tissue of interest [178]. Specific features of nanoparticles, i.e. their tunable physico-chemical characteristics, their ease of synthesis and characterization, biocompatibility, and lack of immunogenicity support their application in modulation of cell signaling, drug delivery, imaging, gene therapy and immunotherapy [179]. Their superior and selective tumor-targeting abilities coupled with minimal toxicity to normal healthy cells are major advantages of using nanomedicine-based systems. Nanomedicinebased approaches such as Abraxane, paclitaxel stabilized in a nanoparticle formulation, are approved by the Food and Drug Administration for treating LC [180, 181].

In most cases, nanocarrier-mediated drug delivery depends on the model used for the study i.e. diseased condition and cell or tissue of interest. Every cell type possesses certain specific receptors on their surface, and this characteristic feature can be exploited to target those using nanocarriers. Effective targeting of nanocarrier has been explored in the past by decorating the surface of the nanoparticle with different targeting ligands. Conjugating siRNAs to nanocarriers such as dendrimers and liposomes would prevent degradation of siRNA and help achieve targeted delivery of siRNA and thus effective knockdown of target mRNA [174]. Although, a number of nanomedicine approaches have been reported for targeted therapy in LC [182–184], herein we selectively focus on dendrimers, liposomes, extracellular vesicles (EVs), and anti-sense oligonucleotides (ASOs) utilized for improved delivery of HuR siRNA/shRNA in cancer models. Furthermore, we also discuss a few emerging studies that support incorporation of a similar nanocarrier based approach of HuR knockdown in alleviating pain, diabetes and its associated complications, inflammation, and fibrosis.

Dendrimers

Dendrimers are a category of self-assembled nano-sized polymeric macromolecules [185] with profound importance in cancer drug delivery and therapy. The structure of dendrimers largely consists of a spherical core that is the central element, branched structures or dendrons, and end groups. They are synthesized by both convergent (synthesis begins with dendrons and finally adds them to the central core) and divergent (synthesis starts with the central core and then adds molecules) approaches. The physical, chemical, and biological properties of dendrimers can be modified via functionalization of end groups [186]. These

special features such as surface functionalization tailored for specific purposes, controlled monodisperse synthesis of dendrimer particles with modifiable physico-chemical properties, makes them attractive options for use in biomedical applications such as delivery of drugs, gene delivery and as agents for magnetic resonance imaging (MRI) [187]. Chemotherapeutic drugs and other biomolecules and also nanocarriers can be loaded onto end groups attached to the dendrimers and the rate of drug loading and release can be modified by tuning the size of dendrimers.

Dendrimers belonging to the group of non-viral delivery systems have shown immense potential for delivery of nucleic acid therapeutics such as siRNAs and miRNAs [188–190]. The most widely used dendrimers for delivering nucleic acid therapeutics include polyamidoamine (PAMAM) and polypropylene (PPI). Others such as carbosilane dendrimers, triazine dendrimers, polylysine dendrimers, and phosphorous containing dendrimers have also been reported for carrying nucleic acids [188, 191, 192]. Readers are advised to refer to a review by Dzmitruk et al., to gain more information on applications of dendrimers as carrier molecule for siRNA and miRNAs [191].

To enhance the efficiency of drug delivery systems, researchers have also used novel cell-specific receptors (e.g. folate [193], integrins [194], and adhesion molecules [195]) overexpressed in cancerous conditions and designed delivery systems to recognize these cells for targeted delivery of cargoes such as siRNA, drug molecules, and imaging agents. For example, folate receptors are overexpressed in almost all cancer types including ovarian, breast, and lung. As a result, researchers have conjugated ligand (such as folic acid-FA) to a folate receptor in order to deliver siRNAs and anticancer drug to cancer cells using dendrimer- and liposome-based drug delivery systems. This active targeting overcomes a significant limitation of conventional drug delivery, i.e. passive targeting, and delivers the payload selectively to cancer cells which, in turn, offers benefits by increasing efficacy and reducing off target effects. In the context of HuR, a novel Cy3 labeled FA-derivatized DNA dendrimer was utilized by Huang et al., to deliver HuR siRNA to folate receptor overexpressing ovarian cancer cells. To overcome degradation of siRNAs in serum, the authors modified the nucleotide bases to improve stability of siRNA in serum. Intraperitoneal administration of FA-3DNA-siHuR in a mouse model for 4 weeks, reduced tumor growth and minimized chronic inflammation. In addition, survival of FA-3DNA-siHuR mice was prolonged 1.5 fold compared to controls, confirming that nanomedicine-based tumor targeting improves efficacy of targeted siRNA [112].

Dendrimer-based drug delivery can also overcome non-specific toxicities usually seen with systemic administration of chemotherapeutic agents such as cisplatin (cisdichlorodiammineplatinum; CDDP). Our laboratory used a similar folate receptor-tumor targeting approach to specifically deliver siRNA and drug to LC cells. We developed a chemo-biologic co-delivery system combining CDDP and HuR siRNA with an FA-conjugated-PAMAM dendrimer and polyethyleneimine nanoparticles in order to demonstrate therapeutic efficacy in folate receptor overexpressing LC models [196]. Detailed protocols for synthesis, characterization, surface functionalization as well as the release kinetics of dendrimer-based delivery of CDDP and HuR siRNA to LC cells are described in our publication [197]. Polyethyleneimine was incorporated to increase the

efficiency of siRNA complex formation and facilitate endosomal escape of bound siRNA into the cytoplasm. This targeted therapy showed greater therapeutic effect as characterized by increased cytotoxicity to LC cells with minimal cytotoxicity to normal MRC-9 cells [196].

Lipid nanoparticles or liposomes

Liposomes, artificial vesicles created from phospholipids, are a well-established mode of drug delivery [198]. Following the approval of Doxil®, the chemotherapeutic agent doxorubicin hydrochloride encapsulated in liposomes and the first approved liposomal formulation, several other liposomal based formulations (Daunoxome®, Myocet®, Depocyt®) have been approved for human use [199] and even more are undergoing clinical trials ([NCT00765973,](https://clinicaltrials.gov/ct2/show/NCT00765973) [NCT03088813,](https://clinicaltrials.gov/ct2/show/NCT03088813) [NCT04047251\)](https://clinicaltrials.gov/ct2/show/NCT04047251). Liposomes offer several advantages including ease of synthesis, improved pharmacokinetics and pharmacodynamics, superior bioavailability, less cytotoxicity, and the ability to load drugs with varying solubility. Hydrophobic drugs are encapsulated in the phospholipid bilayer and hydrophilic drugs are loaded into the aqueous cavity of the liposomes. Furthermore, controlled release of siRNA over an extended time period can be achieved with liposomes [200]. Owing to these features, liposomal-based delivery systems remain the preferred choice for nanomaterialbased therapeutics. Various categories of liposome, such as cationic lipid-based liposomes (DOTAP, DOTMA), neutral lipid-based liposomes (DOPC), solid-lipid nanoparticulate systems, lipoid based formulations, and cholesterol conjugates are currently in use for siRNA delivery and have been extensively reviewed by others [200, 201].

In line with the established aberrant HuR overexpression in LC, our laboratory utilized DOTAP: Cholesterol lipid nanoparticles to selectively downregulate HuR levels and interrogate the effect on modulation of various key oncoproteins. As described above, this system also delivered HuR siRNA selectively to LC cells overexpressing folate receptor. This targeted therapy approach of delivering HuR siRNA via lipid nanoparticles (HuR-FNP) protected the siRNA from degradation and increased cellular uptake. This HuR-FNP formulation in H1299 LC cells induced apoptosis and arrested the cells in G1 phase of cell cycle resulting in reduced cell viability. In addition, HuR knockdown altered expression of cyclin D1, E and Bcl-2, and all major proteins implicated in tumorigenesis [69].

The transferrin receptor (TfR), which binds the iron-carrying protein transferrin for iron import into the cell, is another surface ligand over expressed in NSCLC and expression of which correlates with poor prognosis [202]. We developed a targeted liposomal formulation to deliver HuR siRNA to TfR-overexpressing LC cells. This study using DOTAP: Cholesterol compared the efficacy of targeted (TfR) and non–targeted (i.e. nanoparticles not conjugated to TfR) HuR siRNA delivery (Figure 2). We found greater growth inhibition and HuR knockdown with the TfR-targeted treatment of A549 and HCC827 LC cells, as well as minimal growth inhibition and impact on HuR expression in control MRC-9 cells. In vivo bio-distribution studies further showed preferential accumulation of HuR-TfNP at the tumor site and pronounced reduction in tumor burden [203] (Figure 3).

Given the promising results with HuR-FNP-based targeted therapy in LC cells, our laboratory also investigated a combination therapy with HuR siRNA and small-molecule inhibitors in LC cells. Expression of CXCR4, an identified target of HuR [204], correlates with LC invasion and metastasis and predicts poor prognosis in LC. This led us to combine HuR-FNP with AMD3100 (a CXCR4 antagonist) and we foundthe combination more effectively suppressed HuR mRNA expression at 48 h than did HuR-FNP treatment alone. The combination (HuR-FNP +AMD3100) induced cell cycle arrest at G1 phase, decreased cell viability, invasion and migration in H1299 LC cells (Figure 4). Additionally, HuR-FNP+3100 decreased expression of key proteins i.e. HuR, CXCR4, pAKT (Ser473), MMP-2, and MMP-9 implicated in invasion, migration, angiogenesis, and metastasis .hence [205].

We also extended this combinatorial therapy approach to investigate HuR knockdown in melanoma cells. Inhibition of HuR resulted in reduced cell proliferation and increased cell death characterized by activation of caspase-9 and cleavage of PARP. Furthermore, it led to reduction in expression of various oncoproteins (Cyclin D1, E1, Bcl-2, HIF-1a, VEGF-A, MITF) along with a concordant increase in expression of cell cycle protein p27. Various attributes of tumor growth such as invasion and migration were decreased in HuR siRNA treated melanoma cells compared to control melanocytes. Moreover, a combinatorial therapy of HuR siRNA with a MEK1/2 inhibitor led to greater decrease in MITF levels and p-MEK1/2 Ser 217/221 and increased cell growth inhibition in MITF overexpressing melanoma (MeWo) cell lines [206], establishing the potential for this approach in melanoma management.

While the role of HuR in pathogenesis of cancers is well established, its involvement in other diseases, such as diabetes and its complications (e.g. retinopathy and cardiac diseases), is also a burgeoning research area. For example, the involvement of HuR and activation of the PKCβ/HuR/VEGF pathway in diabetic retinopathy (DR) has been reported. PKCβ functions to activate HuR which in turn binds to VEGF mRNA and increases VEGF protein levels as seen in DR. Furthermore, increased retinal HuR and VEGF levels are seen in experimental STZ-induced diabetes models. To address this, Amadio et al., utilized liposome-siRNA complexes (lipoplexes) to deliver HuR siRNA to rat retinas for management of DR. Liposomal delivery decreased HuR levels, which via post transcriptional regulation of VEGF ameliorated retinal damage induced by STZ treatment [207].

Extracellular Vesicles (EVs)

It is increasingly recognized that EVs, the secreted bodies from cells responsible for cell-cell communication, have great potential for delivery of therapeutics. EVs, a broad term used to describe cell secreted vesicular bodies, largely comprises exosomes, micro vesicles and apoptotic bodies. EVs function to carry cargoes such as DNA, RNA, and other biological moieties and are implicated in various aspects of tumor progression including response to therapy and immune cell regulation [208–210].

Various methods are currently available for synthesis and characterization of EVs. Additionally, the content of EVs largely depends on cell type of origin, and thus EVs can serve as biomarkers or candidates for liquid biopsy of diseased conditions [211–214]. EVs isolated from various cell types, tissues, and bodily fluids (serum/blood, urine, amniotic fluid, saliva and breast milk) have supported their potential for disease diagnosis [214–216]. These natural drug carriers are able to cross biological barriers, including the BBB [217, 218], which conventional drugs cannot, and are key modulators of cell-cell communication. Owing to these attributes EVs constitute an active field of research in cancer diagnosis and therapy.

The advent of nanotechnology has significantly contributed towards exploiting the potential of EVs as drug-delivery vehicles, and this, in turn, has led to an explosion in the number of studies incorporating EVs as carrier molecule for siRNA delivery. Biological moieties when loaded into the lipid bilayer of EVs are protected from nuclease degradation [219], which results in more effective uptake by cells. Furthermore, EVs are an inherent component of cells and as such are neither immunogenic nor cytotoxic. Synthesized EVs can also be functionalized with various targeting ligands towards receptors that are overexpressed in cancer cells for selective delivery of biological molecule.

In this context, the role of HuR in governing levels of exosome secretion in cancer cells has been documented. Overexpression of HuR elevates exosome production four fold in colorectal cancer cells [220]. In contrast, HuR KO reduces exosome secretion in breast cancer cells [139]. EVs are also increasingly recognized as carriers for delivery of RBP therapeutics. Loughlin et al., exploited the therapeutic potential of EVs to deliver lipid (cholesterol)-conjugated HuR siRNA. Various synthesis parameters such as EV: siRNA ratio, incubation time, temperature, and reaction volume were optimized to facilitate efficient uptake of siRNAs. Temperature was a crucial factor dictating the incorporation of siRNA; at 4° C only 12% of cc-siRNA was incorporated into EVs while the efficiency increased to 60% at 22°C, 66% at 37 °C, and 75% at 42°C. The authors reported that 1h incubation at 37°C in 100 μl at a 1:15 ratio of EV: siRNA, resulted in dose-dependent silencing of the target HuR for up to 168 h, further validating the beneficial role of EVs in siRNA delivery strategies [221].

While there only a single study supporting the use of EVs to deliver siRNA to RBPs such as HuR, studies have successfully used EVs to modulate expression of target genes such as VEGF. Yang et al., used exosomes derived from brain endothelial cells to carry fluorescent-labelled VEGF siRNA. This formulation decreased VEGF levels up to 75% in glioblastoma cells (U87-MG). Furthermore, using zebrafish models, the authors showed that the formulation could cross the BBB and successfully deliver the siRNA to brain tumor cells [217]. Our laboratory has used nanosomes (i.e. an exosome/gold nanoparticle-based delivery system) to selectively deliver doxorubicin to LC cells [222]. A similar approach could be used to deliver HuR siRNA to LC cells, by incorporating HuR siRNA into nanosomes. More studies focusing on EVs to inhibit HuR expression along with its target genes are essential to assess if this is a feasible approach for management of LC.

Anti-sense oligonucleotides (ASOs)

ASOs are short stranded synthetic oligonucleotides (18–30 bp in length) which via complementary base pairing bind to mRNA resulting in modification of protein expression [223, 224]. The concept of utilizing antisense oligonucleotides as cancer therapeutics has been described in the context of angiogenesis and drug delivery [225]. Factors such as high specificity and limited toxicity make them attractive options for cancer therapy and a growing number of clinical trials are focused on unravelling the potential of ASOs in targeted cancer therapy ([NCT01829113,](https://clinicaltrials.gov/ct2/show/NCT01829113) [NCT03101839,](https://clinicaltrials.gov/ct2/show/NCT03101839) [NCT00640861\)](https://clinicaltrials.gov/ct2/show/NCT00640861). Unmodified ASOs are susceptible to nuclease degradation [226] and thus, various chemical modifications are incorporated to improve stability of ASOs [223]. These include phosphorothioate, phosphorodiamidate, locked nucleic acids, and ribose substitutions at the $2'-O$ -methyl $(2'-O)$ OMe) and 2'-O-methoxyethyl (2'-MOE) positions. These modifications greatly improve the stability and target binding features, and result in enhanced uptake of ASOs by various tissues [227], thus improving efficacy [223, 228].

Inflammation is not specific to cancer, but is also associated with various other disorders including spinal cord nerve injury. Peripheral nerve injury contributes to activation of microglia and release of pro-inflammatory factors to result in nerve pain and injury. HuR, via altering expression of key inflammatory molecules such as IL-1β, TNF-α and IL-6, has been implicated in mediating inflammation. As a result, targeted knockdown of HuR using phosphorothioate phosphate- modified ASOs was attempted by Borgonetti *et al.*, to minimize neuropathic pain caused by nerve injury in peripheral mononeuropathy mouse models. The ASOs were incubated with cationic lipid (DOTAP) to enhance cellular uptake and stability, and administered via intranasal and intrathecal routes. Administration of the ASO reduced levels of the pro-inflammatory cytokines IL-1β and iNOS, and increased secretion of IL-10, which converted M1 macrophages to the M2 phenotype and reduced glial cell activation [229].

Studies regarding the role of various ncRNAs in regulation of HuR, and discussion of targeted approaches using ncRNA to modulate HuR, have been described in previous sections of this review. Additionally, the role of lncRNA MALAT1 in the regulation of HuR and its target mRNAs has also been discussed. Use of an ASO-based approach to inhibit lncRNA MALAT1 was described by Amodio et al., [230]; they showed that LNAgapmeR ASO decreased NRF1 and NRF2 and led to caspase-mediated apoptosis in multiple myeloma cell lines and xenograft models. Although, this report did not provide information on the effect of LNA-gapmeR on HuR levels, we speculate that a HuR-based regulatory mechanism would mediate all of these effects. Follow-up studies on the role of this ASO in HuR function will provide additional essential information. Similar strategies targeting lncRNA MALAT1 and other ncRNAs that regulate HuR are expected to mitigate tumor progression and display therapeutic benefits.

Conclusion

HuR is a pivotal regulator of tumor progression and has profound clinical importance in LC. Increasing evidence, from both experimental and clinical datasets, continues to

enhance our knowledge regarding the regulation of key oncogenes and cytokines by HuR. Despite significant advances in understanding the multi-level regulatory networks of HuR in other cancer types, there remains a substantial knowledge gap with respect to LC. The pronounced involvement of HuR in almost every aspect of tumorigenesis, has led researchers to develop strategies to block HuR function. Studies from our laboratory and others have provided direct evidence, using pharmacologic inhibitors, siRNAs, and shRNAs in both *in vitro* and *in vivo* models (Figure 5), to support the claim that HuR inhibition is highly beneficial in cancer. However, to date no HuR-based therapy has reached clinical trials. A suitable experimental model using HuR knockout specifically in lung cancer will provide necessary support to progress HuR-based therapies to clinical trials. LC patients have higher incidences of metastasis to bone, liver, and brain, and studying the role of HuR in metastatic LC models could elucidate its specific involvement in metastasis and further enhance development of anti-cancer therapeutics.

The reports discussed herein convincingly demonstrate the versatility and adaptability of nanotechnology-based approaches (i.e. liposomes, dendrimers, EVs, ASOs) for targeted delivery of cancer therapeutics. However, the advances made in this field remain nascent (Figure 5), and more intense preclinical investigation of these systems is warranted to better utilize and adapt these models for the management of cancer. Given the fact that HuR is required for effective functioning of normal cells and that the global knockdown of HuR in cells is reportedly lethal [30], the use of nanocarriers to selectively suppress HuR in cells and tissues of interest with minimal or no toxicity to normal, healthy cells offers immense potential for clinical application. However, the following points must be carefully considered when seeking to translate these proof-of-concept studies to clinics. First, numerous factors, both intrinsic and extrinsic, have been reported to modulate HuR expression and function, thus a relevant study model to delineate HuR biology is urgently required. Second, efforts to optimize design parameters for nanocarriers must be made in order to deliver equal payloads of siRNA to individual cells. Thirdly, incorporating an exogenous and endogenous stimuliresponsive nanomaterial [231] would provide controlled release of siRNA to the site of interest. Fourth, the route of administration for these biologics must be thoughtfully planned in such a way as to ensure maximum bioavailability and therapeutic effect with minimum cytotoxicity. Finally, the complex intratumoral heterogeneity seen in tumorigenic conditions such as LC cannot be ignored and could potentially result in disparities in HuR levels among different individuals, resulting in failure of therapies. While our advocacy for delivery of siRNA as a standalone therapy may not fulfill all requirements of LC management, combining siRNAs and chemotherapeutic drugs/inhibitors using novel nanomedicine-based drug delivery systems would benefit the field of personalized medicine and provide patient specific siRNA-targeted therapies.

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Abbreviations

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Figure 1.

Detection of HuR protein expression by western blotting (A, B) and immunofluorescence (C) in human cancer cell lines. **A**, HuR expression in human normal lung and tumor cell lines and **B**, in panel of human cancer cell lines. Beta-actin was used as a loading control **C**, Immunofluorescence images showing the cytoplasmic localization of HuR in different cancer cell lines. Blue – nuclear DAPI staining; Green – HuR staining.

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Figure 2.

DOTAP: Cholesterol mediated delivery of HuR-TfNP in mice bearing A549-luc experimental lung tumors shows suppression of tumor growth in vivo. **A**, Representative bioluminescence images showing decreased signal intensity in HuR-TfNP treated mice compared to C-TfNP treatment. **B**, Average radiance in HuR-TfNP–treated mice compared to C-TfNP (control). **C**, HuR-TfNP treatment reduced the average number of tumors compared to C-TfNP treatment. Image reproduced from Muralidharan et al., 2017 that is under an open access Creative Commons CC BY 4.0 license.

Figure 3.

Schematic representation of nanomedicine-based HuR targeted therapy to reduce various aspects of tumor growth in LC. Image created with [BioRender.com.](http://BioRender.com)

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Figure 4.

DOTAP:Cholesterol mediated delivery of HuR-FNP + AMD3100 inhibited **A**, cell proliferation; **B**, induced cell cycle arrest at G1 phase at 24 h and 48 h after treatment; **C**, decreased cell migration and **D**, invasion of H1299 LC cells. * p<0.05. Image reproduced from Muralidharan et al., 2015 under an open access Creative Commons CC BY 4.0 license.

Figure 5.

Summary of various pharmacological, biological and nanomedicine-based HuR inhibition strategies available across various cancer models. Image created with BioRender.com

Table 1:

S.No. RBP Name **Stabilization/Destabilization Target genes References References** 1 hnRNP E1 Stabilization/Destabilization eNOS, c-Src, Dab2, ILEI, PRL-3, Inhibin βA [232–236] 2 hnRNP E2 Stabilization/Destabilization c-Src, Dab2, ILEI, PRL-3, Inhibin βA [233–236] 3 HuR Stabilization/Destabilization SET, VEGF, COX-2, lncRNA NEAT1, LncRNA-HGBC, p21, cyclin A, cyclin B1, MMP9, GM-CSF, eotaxin, IL-2, c-myc, cyclin E1, LincRNA-p21, lncRNA HOTAIR [237–245] 4 LARP1 Stabilization/Destabilization Bcl2/BIK [246] 5 SRSF1 (SF2/ASF) Stabilization/Destabilization CXCL1, PTEN [247] 6 CPEB2 Stabilization p53 [248] 7 eIF4E Stabilization PI3-K [249] 8 FXR1 Stabilization miR17HG, TAL1 [250] 9 hnRNP Stabilization Snail1, TCF3, APP [251–253] 10 | hnRNP H Stabilization | TCF3 | [252] 11 | hnRNP H1 | Stabilization | APP | | [253] 12 | hnRNP I Stabilization | Insulin | Insulin | [254] 13 | hnRNP K | Stabilization | c-Src, mPer3 | [233, 255] 14 | hnRNP M Stabilization | IL-6 [256] 15 | hnRNP R Stabilization | CCNB1, CENPF | [257] 16 | hnRNPA2/B1 | Stabilization | BIN1, WWOX, CFLAR, CASP9, CD44, TP53IP2, E-cadherin, Twist, Snail1 [258] 17 | IGF2BP1 | Stabilization | circXPO1 | [259] 18 | IGF2BP3 (IMP3) | Stabilization | miRlet-7 | [260] 19 | IGFBP2 (IMP2) | Stabilization | miR438–3p, miR151–5p | [261] 20 Khd1p Stabilization MTL1 [262] 21 LARP6 Stabilization Vimentin 20 Stabilization (263] 22 LARP7 Stabilization SIRT1 [264] 23 | MSI Stabilization PTEN, TIMP-3 [265, 266] 24 PDCD4 Stabilization Bcl-xL [267] 25 QKI Stabilization RASA1 [268] 26 RBM10 Stabilization SMN2 [269] 27 RBM3 Stabilization 1GF2, YAP1 [270] 28 RBM47 Stabilization AXIN1, DKK1 [271, 272] 29 SAM68 Stabilization lncRNA HOTAIR, miR155HG, 273] 30 SMAD Stabilization TGF-β1/p53 [274] 31 SRSF3 Stabilization β-catenin / TCF4 [275] 32 TIA-1 Stabilization \vert IL-1β [276] 33 Wig1 (ZMAT3) Stabilization p53 [277, 278] 34 CELF1 Destabilization BAD, Bax, JunD [279] 35 DND1 Destabilization CCR4-NOT [280]

RBP's in stabilization and destabilization of mRNAs

Table 2:

RBPs and their significance in LC progression RBPs and their significance in LC progression

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Table 3:

Regulation of HuR by ncRNAs

