



# Identification and validation of xenobiotic metabolism-associated prognostic signature based on five genes to evaluate immune microenvironment in colon cancer

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**Background:** Xenobiotic metabolism plays an important role in the progression of colon cancer; however, little is known about its related biomarkers. This study sought to construct a prognostic model related to xenobiotic metabolism in colon cancer, and further reveal the characteristics of tumor immune microenvironment based on the prognostic model.

**Methods:** Transcriptome data of 41 normal colon tissues and 473 colon tumor tissues and the clinical features of 452 colon cancer patients were downloaded from The Cancer Genome Atlas (TCGA) database. Data on xenobiotic metabolism genes (XMGs) were obtained from the hallmark xenobiotic metabolism set of the Molecular Signatures Database (MSigDB) and articles. Additionally, data on differential XMGs in colon cancer were acquired for a functional enrichment analysis by R software. An XMG prognostic model was constructed by a Cox regression analysis, and evaluated using Kaplan-Meier survival curves, risk curves, receiver operating characteristic (ROC) curves, and an independent prognostic analysis in a training cohort and validation cohort. Moreover, tumor immune infiltration and negative regulatory immune genes of cancer-immunity cycle (CIC), including immune checkpoints and immune cytokines, were further analyzed between low- and high-risk groups in both the training and validation cohorts. Differences with P value <0.05 were interpreted as statistically significant.

**Results:** A total of 126 differential XMGs were distinguished in the colon cancer data set, which were mainly enriched in the metabolism pathways of drugs and nutrients. There were 5 optimized genes (i.e., *CYP2W1*, *GSTM1*, *TGFB2*, *MPP2*, and *ACOX1*) used to construct the prognosis model, which effectively predicted prognosis and had good ROC curves. Between low- and high-risk groups, there were significant differences in abundance for T cells CD4 memory resting and T cells regulatory (Tregs), and expression of *PDCD1*, *LAG3*, *NOS3*, *TGFB1*, and *ICAM1* in the training cohort and validation cohort.

**Conclusions:** The XMGs in the prognostic model have a good prediction effect on the prognosis of colon cancer patients. The T cells CD4 memory resting, and Tregs, immune checkpoints *PDCD1* and *LAG3*, and CIC negative regulatory immune cytokines *NOS3*, *TGFB1*, and *ICAM1* are closely associated with xenobiotic metabolism.

**Keywords:** Colon cancer; xenobiotic metabolism; prognosis; biomarker; immunity

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## Introduction

Cancer, including colorectal cancer (CRC), is a metabolic disease. In 2018, CRC was the third most common cancer in the world (1). To delay the progression of the disease and reduce its incidence and mortality, effective prevention and diagnosis and appropriate treatment at an early stage are essential. However, the methods of early diagnosis and treatment monitoring are not perfect. Precise biomarkers need to be identified urgently to improve diagnosis and treatment. Compared to esophageal cancer, gastric cancer, and hepatocellular carcinoma, the burden of CRC is higher in Europe and North America than the rest of the world (2). In addition to geographical and ethnic factors, lifestyle factors, especially eating habits, affect the occurrence and development of CRC; for example, a Mediterranean diet is negatively related to the incidence of CRC, while a Westernized diet may increase the risk of cancer (3,4). The intestinal tract is an important channel by which substances are absorbed in the human body. The colonic epithelium is exposed to a variety of compounds in the diet, including endogenous compounds and xenobiotics (5). There are many kinds of xenobiotics, for example, drugs, chemicals, pesticides, environmental pollutants, and metabolites of other species. The metabolism of xenobiotics in the human body can block or accelerate the progression of CRC to varying degrees (6,7). Thus, the role of xenobiotic metabolism in the development of CRC cannot be ignored. Further, xenobiotic metabolism-related biomarkers may prove effective in the prevention and treatment of CRC.

Xenobiotic metabolism enzymes (XMEs) are important bioactive molecules in the metabolism of xenobiotics. It has been speculated that XMEs are key regulatory factors in the occurrence of CRC (8). At present, XMEs can be divided into 3 categories: (I) cytochrome (CY) P450 (9); (II) glutathione S-transferase (GST) (10); and (III) uridine diphosphate glucuronosyltransferase (UGT) (11). Studies have shown that CYP450 activates proto-oncogenes through oxidation, then transforms them into reactive metabolites, which react irreversibly with macromolecules (12). This process leads to mutation and potential carcinogenesis; however, GST and UGT may inactivate or detoxify these active substances (10-12). Changes in metabolic binding pathways of xenobiotics have been shown to significantly affect drug-induced toxicity and cancer susceptibility. For example, taxane induces its own degradation by inducing CYP450 (13), while *UGT1A* weakens the cytotoxicity of anticancer drugs by reducing their intracellular exposure,

and resulting in metabolic elimination in colon cancer cell lines (14). Thus, the expression of many XMEs in the tissues of normal colon and colon tumor differs, and their correlation with clinicopathological factors is of great significance to understanding the pathogenesis of CRC.

Most exogenous substances are eliminated by a variety of enzymes and pathways. In addition to XMEs, many members of transporter families also play important roles in xenobiotic metabolism. Common transporters include solute carrier transporters (e.g., organic anion transporting polypeptides, organic cation transporters, organic cation/carnitine transporters, organic anion transporters, peptide transporters, concentrative nucleoside transporters, equilibrative nucleoside transporters, and multidrug and toxin extrusion transporters), adenosine triphosphate (ATP)-binding cassette transporters related to drug resistance (e.g., multidrug resistance proteins, multidrug resistance-associated proteins, and breast cancer resistance protein), and bile acid, cholesterol, aminophospholipid, and copper transporters (e.g., sodium taurocholate co-transporting polypeptide, apical sodium-dependent bile acid transporter, bile salt export pump, organic solute transporters, ATP-binding cassette transporter A1, ATP-binding cassette subfamily G members 5 and 8, ATPase copper-transporting  $\beta$  polypeptide, and ATPase class I type 8B member 1) (15). It is necessary to explore the biomarkers of CRC using these substances.

The existence of immune microenvironment suggests that the role of immune system in cancer process can not be ignored. The occurrence of cancer can be considered as the accumulation of a large number of genetic changes. Abnormal expression of genes is easy to induce the production of new antigens, so as to stimulate the immune system and trigger the immune response. Cancer-immunity cycle (CIC) reveals the process that immune cells, as members of tumor immune microenvironment, can identify and kill cancer cells according to a series of steps or procedures, which provides the target for cancer immunotherapy (16). Abnormally expressed genes may be involved in various physiological functions, including xenobiotic metabolism. Therefore, exploring the correlation between xenobiotic metabolism and CIC regulatory factors is helpful to provide new strategies for cancer immunotherapy.

In addition to hereditary factors, environmental exposure plays an important role in the development of the immune system. Xenobiotics in the environment can directly or indirectly activate the aryl hydrocarbon receptor (AhR),

which results in the transcription of additional enzymes involved in xenobiotic metabolism, and affects the process of inflammation and cancer through the cytosolic AhR transcriptional pathway (17). It has been suggested that AhR induces epigenetic changes of immune cells and regulates the intestinal immune reaction by the AhR signaling pathway (18). Further, xenobiotic metabolizing enzymes negatively regulate the intestinal AhR pathway based on the consumption of xenobiotics (19). Consequently, xenobiotic metabolism may also be associated with the immune response in CRC. It can be inferred that in the tumor microenvironment, if the expression level of genes or proteins related to xenobiotic metabolism changes, the degree of tumor immune infiltration may also change.

Some XME gene biomarkers in CRC have been found, but other biomarkers related to xenobiotic metabolism that may be useful in the diagnosis and prognosis of CRC are still not very clear. In addition, the correlation between xenobiotic metabolism and immune microenvironment also needs to be explored in depth. As the prognosis of colon cancer may differ to that of rectal cancer, this study was limited to colon cancer. We analyzed differentially expressed xenobiotic metabolism genes (XMGs) in colon tumor tissues and normal colon tissues in The Cancer Genome Atlas (TCGA) database. A prognostic model was then constructed and validated by training cohort and validation cohort, respectively. Additionally, the tumor immune infiltration landscape was explored, and negative regulatory immune checkpoints and immune cytokines of CIC were also analyzed in low- and high-risk groups, in order to explore the mechanism of xenobiotic metabolism affecting the progression of colon cancer from the perspective of immunity. We present the following article in accordance with the TRIPOD reporting checklist (available at <https://dx.doi.org/10.21037/jgo-21-655>).

## Methods

The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). As this was a retrospective database study that used a public database, approval from the ethics committee was not required.

### Online data acquisition

The original transcriptome data and clinical features of a colon cancer data set were downloaded from TCGA database (<https://tcga-data.nci.nih.gov/tcga/>) on 15 March 2021.

The data comprised 452 colon cancer patients, 41 normal colon tissue samples, and 473 colon tumor tissue samples. In addition, data on 200 genes encoding proteins involved in the processing of drugs and other xenobiotics were obtained from the hallmark xenobiotic metabolism set of the Molecular Signatures Database (MSigDB) (<http://www.gsea-msigdb.org/gsea/msigdb/index.jsp>), and eight xenobiotic metabolism genes (see [Table S1](#)), which may be differently expressed between CRC patients and healthy people, were extracted from the literature as supplements (20).

### Identification of differentially expressed XMGs and the functional enrichment analysis

The differentially expressed XMGs between the normal samples and colon cancer samples were identified using the “limma” and “pheatmap” packages in R software for which the screening criteria was  $|\log_2 \text{fold change (FC)}| > 0.5$  and a false discovery rate (FDR)  $< 0.05$ . Gene Ontology (GO) and Kyoto Encyclopedia of Genes and Genomes (KEGG) enrichment analyses were performed by the “clusterprofiler” package in R software to identify potential molecular mechanisms of the differentially expressed XMGs. The packages of both “ggplot2” and “enrichplot” were applied to visualize the GO and KEGG enrichment analysis results.

### Establishment of the XMG prognostic model

Packages of “survival”, “caret”, “glmnet”, “survminer”, and “survivalROC” in R software were used to establish prognostic model. A univariate Cox regression analysis was performed to analyze the XMGs associated with prognosis in colon cancer patients. Subsequently, an XMG prognostic model was constructed by multivariate Cox regression analysis and potential prognostic biomarkers of colon cancer were identified. Further, the risk score of each colon cancer patient was calculated using the following equation:  $\text{risk score} = \text{expression of XMG}_1 \times \beta_1 + \text{expression of XMG}_2 \times \beta_2 + \dots + \text{expression of XMG}_n \times \beta_n$ , where  $\beta$  was the coefficient calculated by a multivariate Cox regression model (21). Finally, colon cancer patients were divided into low- and high-risk groups on the basis of risk score in both the training and validation cohorts.

### Evaluation of the XMG prognostic model

For both the training cohort and validation cohort, Kaplan-Meier survival curves were constructed using

the “survival” package in R to estimate differences in overall survival (OS) between the two risk groups. The risk plots were constructed through “pheatmap” in R software. Receiver operating characteristic (ROC) curves were constructed to evaluate the accuracy of the prognostic XMG model by the “survivalROC” package in R. The independent prognostic analyses, including the univariate and multivariate Cox regression analyses, were also performed using the “survival” package in R to determine whether the prognostic XMG signature was an independent predictor of OS in colon cancer patients. The covariates were age, gender, stage, tumor (T), node (N), metastasis (M), and risk score.

#### *Tumor immune cell infiltration analysis*

The CIBERSORT algorithm (<https://cibersort.stanford.edu/>) was used to calculate the relative abundances of infiltrated immune cells in the colon cancer tissue samples of the training cohort and validation cohort, and the barplots and boxplots were performed to describe the situation of immune infiltration.

#### *Analysis of genes negatively regulating the CIC*

Gene signatures related to CIC were acquired from website of Tracking Tumor Immunophenotype (<http://biocc.hrbmu.edu.cn/TIP/index.jsp>). The negative regulation genes of CIC were identified, including immune checkpoints and other immune regulation genes. The difference of gene expression between high- and low-risk groups and the correlation between gene expression and risk scores were analyzed in the training cohort and validation cohort.

#### *Statistical analysis*

The software R 4.0.2 (<https://www.r-project.org/>) was used in all statistical analyses, including in the plots, univariate and multivariate regression analyses, independent prognosis analysis, and correlation analysis. The R package can be downloaded from the Bioconductor platform (<https://www.bioconductor.org/>). The survival states were accessed using log-rank tests. Wilcoxon tests were conducted for immune cell infiltration analysis. A P value <0.05 was considered statistically significant.

## **Results**

### *Workflow and clinical features*

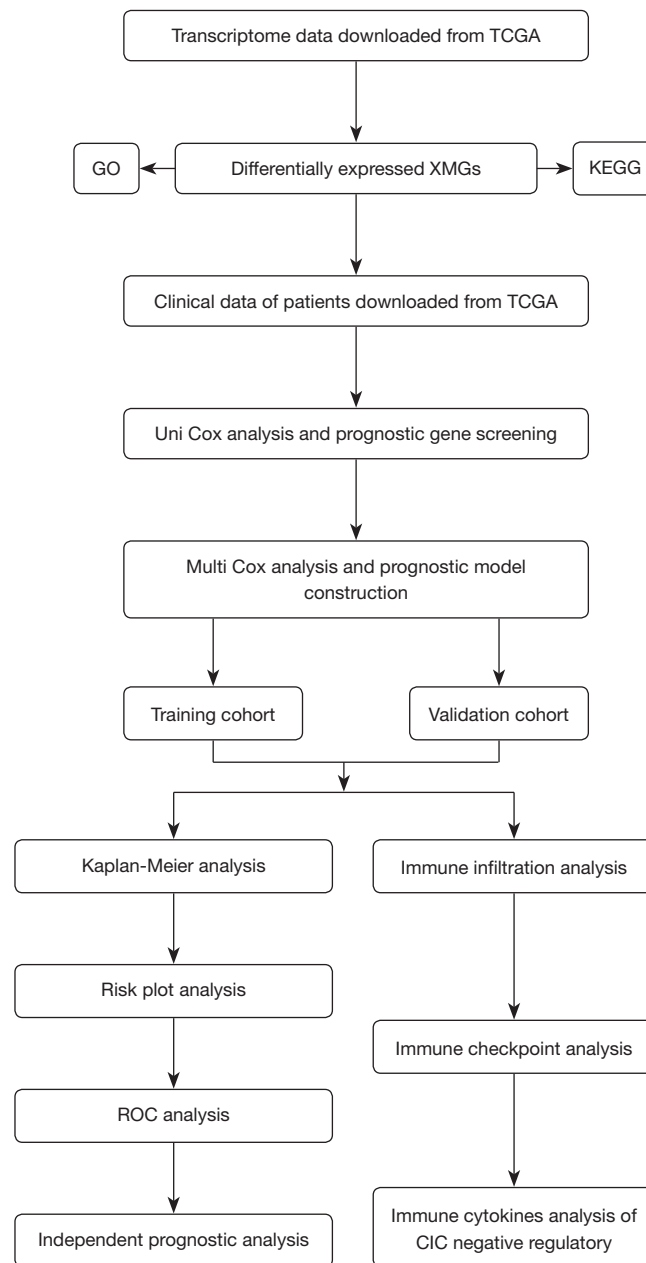
The study flowchart is shown in *Figure 1*. In brief, the transcriptome data were downloaded from TCGA database, and XMGs were screened and functionally analyzed. Next, the clinical data of colon cancer patients were also obtained from TCGA. A prognostic model was then constructed based on the XMGs and clinical data, and the prognostic value and accuracy of the prediction model were evaluated in the training cohort and validation cohort. Additionally, the tumor immune cell infiltration and negative regulation genes of the CIC in high- and low-risk groups were analyzed in the two cohorts. In relation to the clinical characteristics of the colon cancer patients, TCGA data set comprised 235 males and 212 females, aged 31–90 years (patients were excluded if they had incomplete data).

### *Identification of differentially expressed XMGs*

The ribonucleic acid sequencing (RNA-seq) data of the colon cancer data set in TCGA database were standardized using R software. A total of 126 differentially expressed XMGs, including 77 upregulated genes and 49 downregulated genes, were identified in the 41 normal colon tissue samples and 473 colon tumor tissue samples using the following screening criteria;  $|\log_2$  fold change (FC)| >0.5 and FDR <0.05 (see the volcano and heat maps in *Figure 2A,2B*).

### *Functional annotations of differentially expressed XMGs*

To further explore the biological function of differentially expressed XMGs in colon cancer patients, GO enrichment and KEGG pathway analyses were performed with R software. The results of the GO analysis showed that the XMGs were significantly enriched in the biological processes (BPs) involved in the metabolism of small molecular substances. The BPs included the cofactor metabolic process, small molecule catabolic process, fatty acid metabolic process, response to xenobiotic stimulus, cellular amino acid metabolic process, and so on. The significant cellular components (CCs) for the GO items contained mitochondrial matrix, peroxisome, microbody, secretory granule lumen, cytoplasmic vesicle lumen, and so on. Molecular function (MF) enrichment mainly focused on



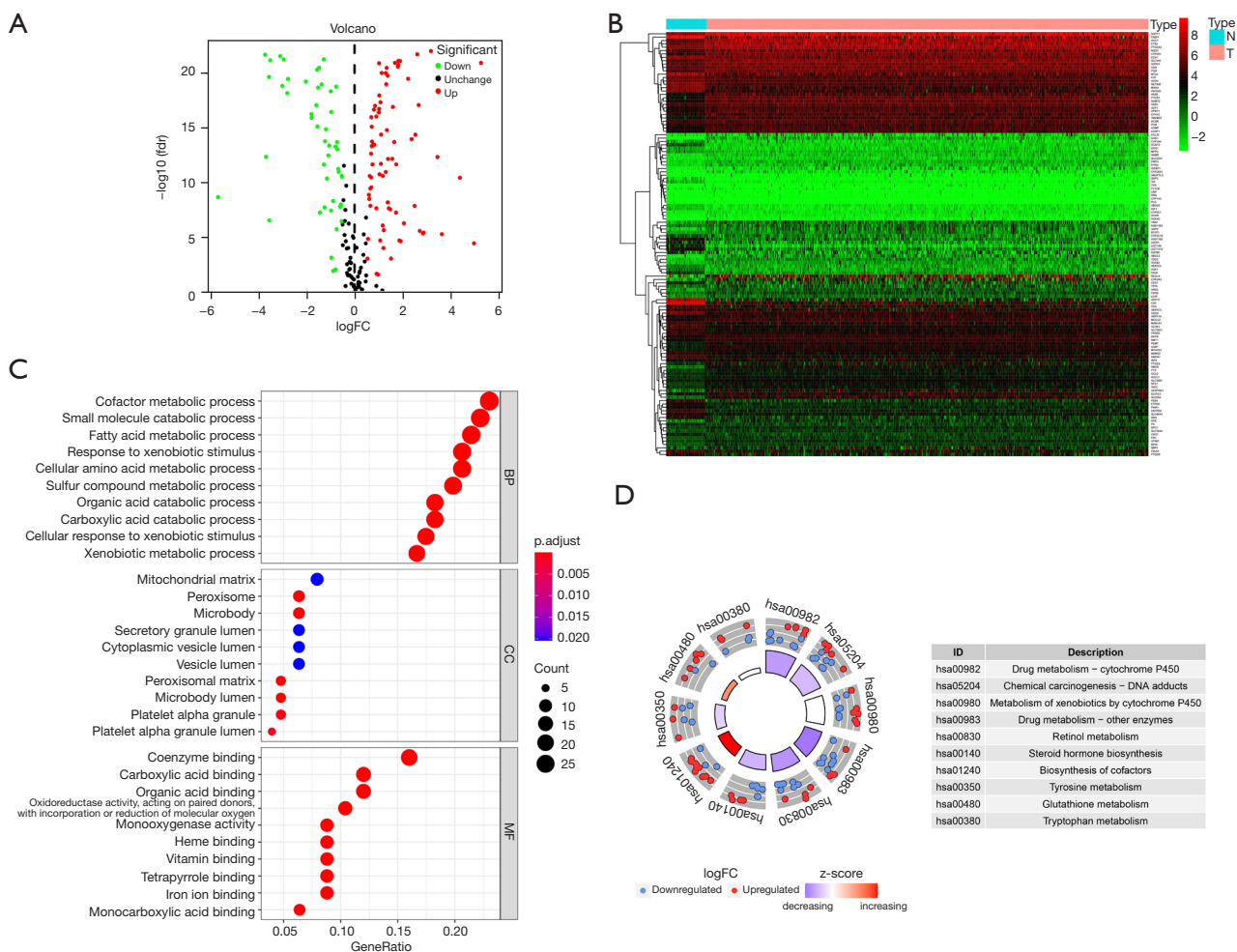
**Figure 1** Flowchart of the research. TCGA, The Cancer Genome Atlas; GO, Gene Ontology; XMGs, xenobiotic metabolism genes; KEGG, Kyoto Encyclopedia of Genes and Genomes; ROC, receiver operating characteristic; CIC, cancer-immunity cycle.

the binding of small molecular substances, such as coenzyme binding, carboxylic acid binding, organic acid binding, heme binding, monocarboxylic acid binding, and so on (see *Figure 2C*). The results of the KEGG pathway analysis showed that the differentially expressed XMGs were mainly enriched in signaling pathways related to the metabolism of nutrients and drugs, for example, drug metabolism-CYP450, chemical

carcinogenesis-DNA adducts, metabolism of xenobiotics by cytochrome P450, drug metabolism-other enzymes, and retinol metabolism (see *Figure 2D*).

#### *Construction and evaluation of the XMG prognostic model*

The results of the univariate Cox regression analysis

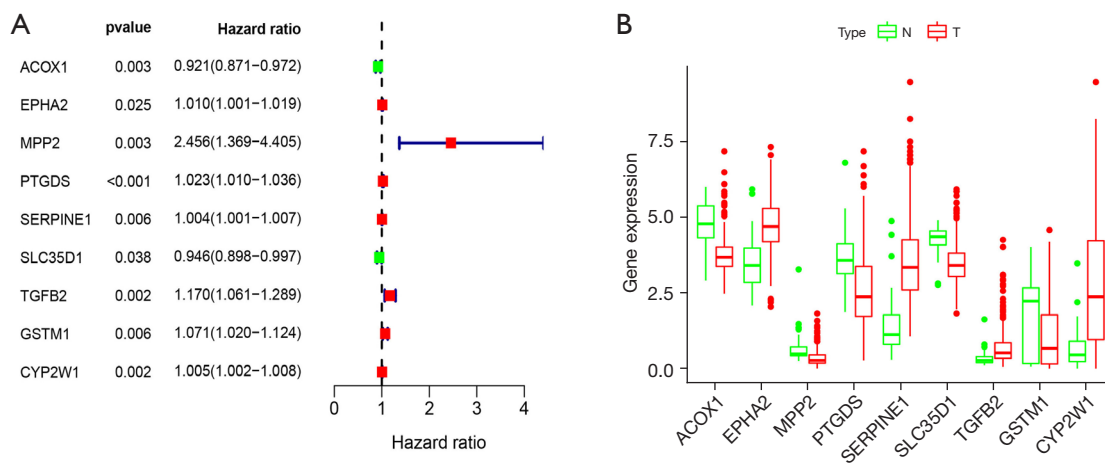


**Figure 2** Information of differentially expressed XMGs of the colon cancer data set in TCGA. (A) Volcano plots. (B) Heatmap. (C) GO enrichment analysis. (D) KEGG pathway analysis. XMGs, xenobiotic metabolism genes; TCGA, The Cancer Genome Atlas; GO, Gene Ontology; KEGG, Kyoto Encyclopedia of Genes and Genomes.

showed that 9 differentially expressed XMGs were significantly correlated with the OS of colon cancer patients (see *Figure 3A*). The detailed expression of the 9 genes in normal and tumor tissues is shown in *Figure 3B*. Following optimization by a multivariate Cox regression analysis, 5 XMGs (i.e., *CYP2W1*, *GSTM1*, *TGFB2*, *MPP2*, *ACOX1*; for the full names, see *Table 1*) were screened for inclusion in the prognostic prediction model. Among them, the hazard ratios (HRs) for *CYP2W1*, *GSTM1*, *TGFB2*, and *MPP2* were >1, but for *ACOX1*, the HR was <1, which suggests that *CYP2W1*, *GSTM1*, *TGFB2*, and *MPP2* are risk genes, while *ACOX1* is a protective gene. However, the expression levels of *CYP2W1* and *TGFB2* were upregulated in colon tumor tissues than normal

colon tissues, while those of *GSTM1*, *MPP2*, and *ACOX1* were downregulated in TCGA data set (*Figure 3B*). These findings need to be validated in other data sets.

The Kaplan-Meier (KM) survival curve analysis indicated that low-risk patients had a better prognosis than high-risk patients in the training cohort ( $P < 0.01$ ; see *Figure 4A*) and validation cohort ( $P < 0.01$ ; see *Figure 4B*). As the heatmap shows, the expression levels of *CYP2W1*, *GSTM1*, *TGFB2*, and *MPP2* were higher in high-risk group, and the expression of *ACOX1* was higher in low-risk group in both the training and validation cohorts (see *Figure 4C, 4D*). Distribution of risk scores indicated that patients in high-risk group had much higher risk scores than those in low-risk group in the training cohort (see *Figure 4E*), in



**Figure 3** Analysis of prognostic genes. (A) Forest map of 9 prognostic XMGs. (B) Expression level of 9 prognostic XMGs. XMG, xenobiotic metabolism gene.

**Table 1** The prognostic genes involved in XMG model based on a multivariate Cox regression analysis

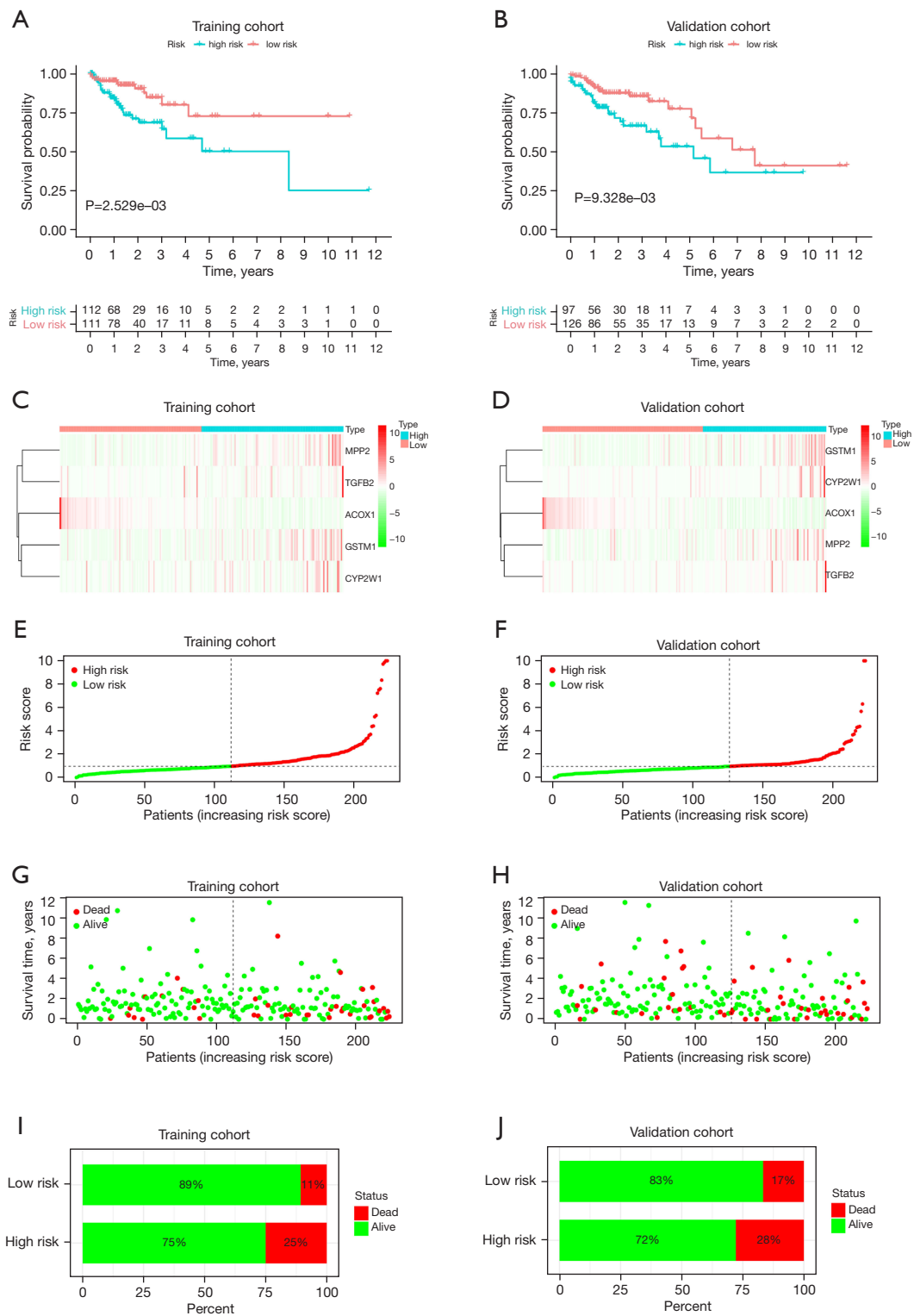
Gene	Full name	Coefficient	HR	HR 95% CI (low)	HR 95% CI (high)
<i>CYP2W1</i>	Cytochrome P450 2W1	0.0042	1.0042	0.9999	1.0084
<i>GSTM1</i>	Glutathione S-transferase Mu 1	0.0913	1.0956	1.0276	1.1680
<i>TGFB2</i>	Transforming growth factor beta-1	0.2130	1.2373	1.0675	1.4342
<i>MPP2</i>	MAGUK p55 subfamily member 2	0.9292	2.5324	1.0626	6.0353
<i>ACOX1</i>	Peroxisomal acyl-coenzyme A oxidase 1	-0.1166	0.8899	0.8165	0.9700

XMG, xenobiotic metabolism gene; HR, hazard ratio; CI, confidence interval.

accordance with that in the validation cohort (see *Figure 4F*). Distribution of survival status suggested that the high-risk colon cancer population had a relatively higher death toll compared to the low-risk population in the training cohort (see *Figure 4G*), as well as that in the validation cohort (see *Figure 4H*). Besides, it was also indicated that mortality was higher in the high-risk group compared to low-risk group in the training cohort (see *Figure 4I*) and the same is true for the validation cohort (see *Figure 4J*).

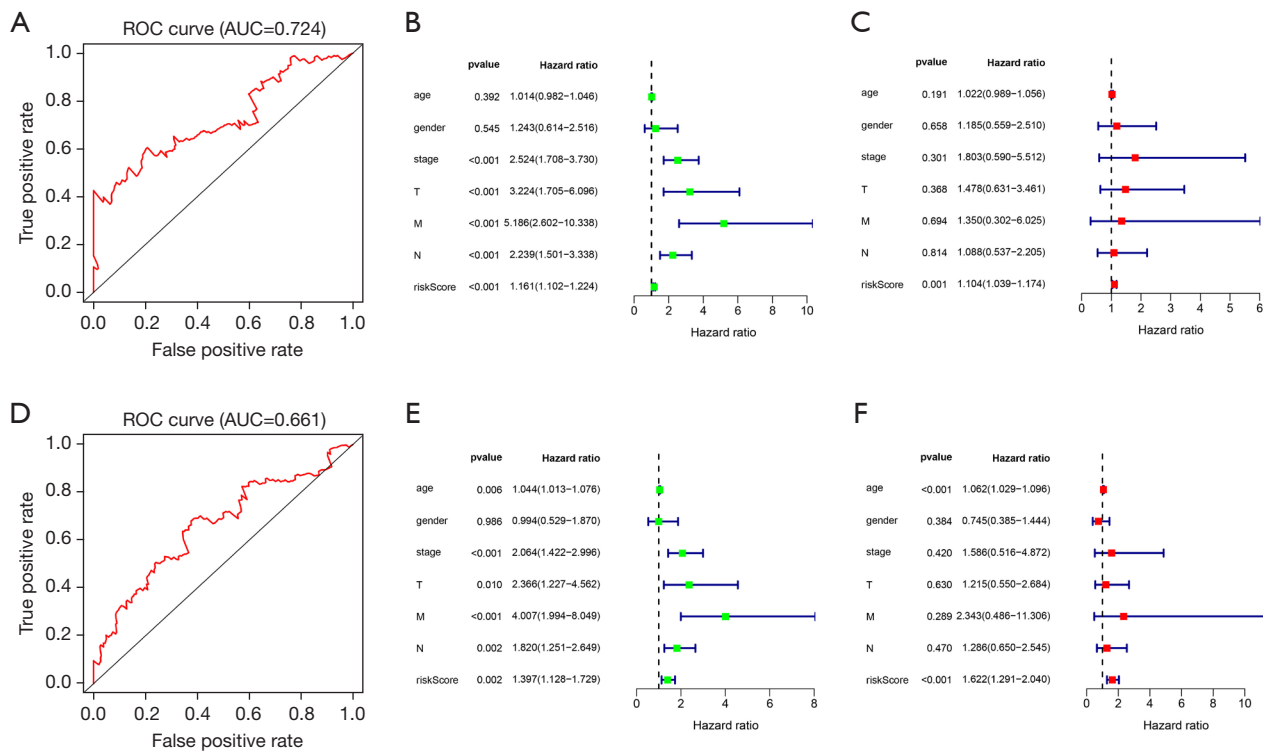
In the training cohort, the areas under the curve (AUCs) of the ROC implied that the model had good efficiency in the prediction of prognosis (AUC =0.724; see *Figure 5A*); the univariate Cox regression analysis showed that stage ( $P<0.001$ , HR =2.524, 95% CI: 1.708 to 3.730), T ( $P<0.001$ , HR =3.224, 95% CI: 1.705 to 6.096), M ( $P<0.001$ , HR =5.186, 95% CI: 2.602 to 10.338), N ( $P<0.001$ , HR =2.239, 95% CI: 1.501 to 3.338), and risk score ( $P<0.001$ , HR =1.161, 95% CI: 1.102 to 1.224) were univariate independent prognostic factors of colon cancer

(see *Figure 5B*). The multivariate Cox regression analysis showed that only risk score ( $P=0.001$ , HR =1.104, 95% CI: 1.039 to 1.174) was the multivariate independent prognostic factor of colon cancer (see *Figure 5C*); thus, risk score is an independent prognostic indicator of colon cancer. In the validation cohort, the AUCs of the ROC confirmed the accuracy of this prognostic model (AUC =0.661; see *Figure 5D*); the univariate Cox regression analysis showed that age ( $P<0.01$ , HR =1.044, 95% CI: 1.013 to 1.076), stage ( $P<0.001$ , HR =2.064, 95% CI: 1.422 to 2.996), T ( $P<0.05$ , HR =2.366, 95% CI: 1.227 to 4.562), M ( $P<0.001$ , HR =4.007, 95% CI: 1.994 to 8.049), N ( $P<0.01$ , HR =1.820, 95% CI: 1.251 to 2.649), and risk score ( $P<0.01$ , HR =1.397, 95% CI: 1.128 to 1.729) were univariate independent prognostic factors of colon cancer (see *Figure 5E*). The multivariate Cox regression analysis showed that age ( $P<0.001$ , HR =1.062, 95% CI: 1.029 to 1.096), and risk score ( $P<0.001$ , HR =1.622, 95% CI: 1.291 to 2.040) were multivariate independent prognostic factors



**Figure 4** Evaluation of the XMG prognostic model. (A,B) Kaplan-Meier survival curves of low- and high-risk groups of colon cancer patients. (C,D) Heatmap of expression levels of XMGs involved in prognostic model in low- and high-risk groups of colon cancer patients. (E,F) Risk score distribution in low- and high-risk groups of colon cancer patients. (G,H) Survival status distribution in low- and high-risk groups of colon cancer patients. (I,J) Mortality in low- and high-risk groups of colon cancer patients. XMG, xenobiotic metabolism gene.





**Figure 5** Analysis of ROC and independent prognostic factors of prognostic model. (A) ROC curve in the training cohort. (B) Univariate independent prognostic analysis in the training cohort. (C) Multivariate independent prognostic analysis in the training cohort. (D) ROC curves of prognostic model in the validation cohort. (E) Univariate independent prognostic analysis in the validation cohort. (F) Multivariate independent prognostic analysis in the validation cohort. ROC, receiver operating characteristic.

of colon cancer (see *Figure 5F*); thus, age and risk score are independent prognostic indicators of colon cancer. In summary, the risk score of the XMG model can effectively predict the prognosis of colon cancer.

### Immune infiltration landscape

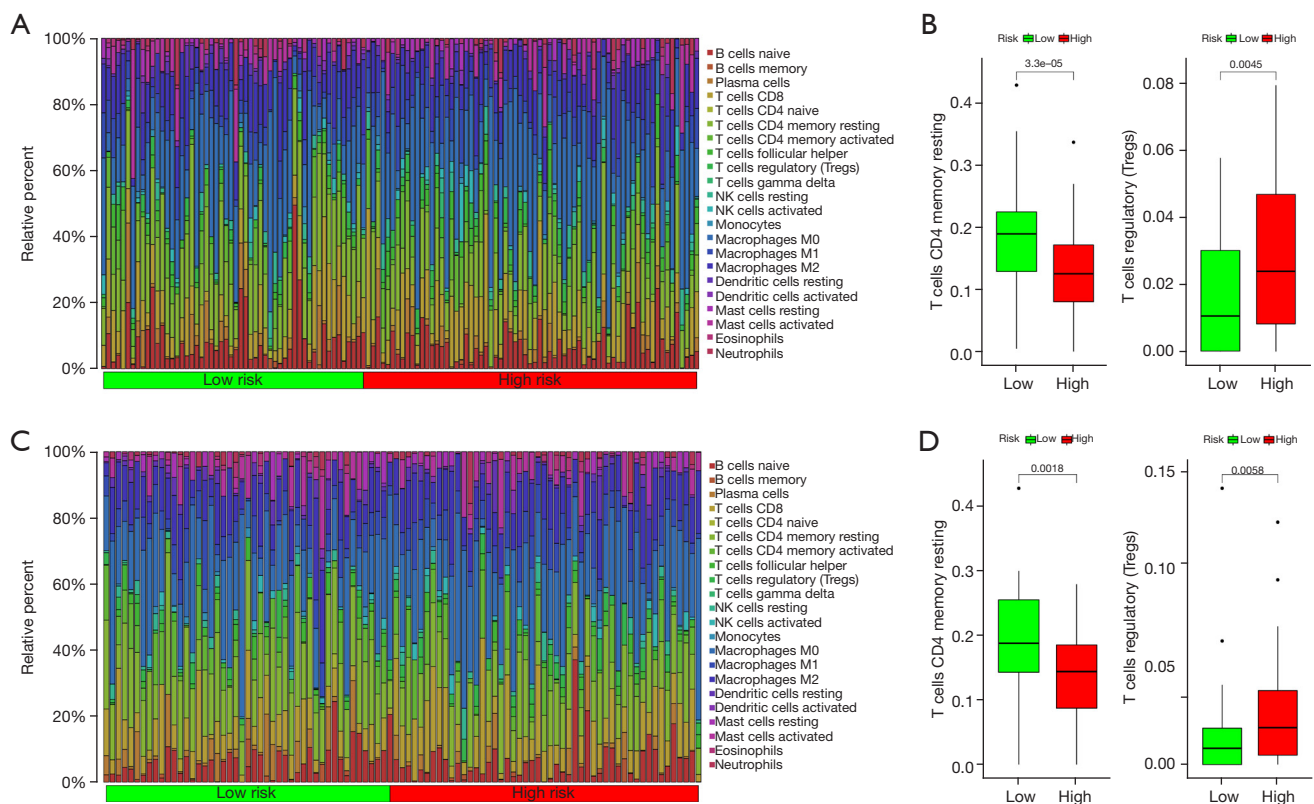
Between the low- and high-risk groups of colon cancer patients divided by the risk score, the infiltration of 22 kinds of tumor immune cells was analyzed using the CIBERSORT method. The abundance distribution of each immune cell in each sample in the training cohort is shown in *Figure 6A*, and the statistical results implied that the abundance of T cells CD4 memory resting was higher in low-risk group compared to high-risk group and that of T cells regulatory (Tregs) was higher in high-risk group compared to low-risk group (see *Figure 6B*; both  $P < 0.01$ ). In the validation cohort, the abundance distribution of each immune cell in each sample is shown in *Figure 6C*, and the abundance of T cells CD4 memory resting and Tregs (see

*Figure 6D*; both  $P < 0.01$ ) was similar to that in the training cohort.

### Negative regulation genes of the cancer-immunity cycle

Focusing on negative regulatory genes of CIC in the tracking tumor immunophenotype website, differentially expressed immune genes between low- and high-risk groups were exhibited as heatmaps. There were 16 different genes in the training cohort, including immune checkpoints programmed cell death protein 1 (*PDCD1*), lymphocyte activation gene 3 protein (*LAG3*), hepatitis A virus cellular receptor 2 [*HAVCR2*, also named T-cell immunoglobulin mucin receptor 3 (*TIM-3*)], and cluster of differentiation 160 (*CD160*) (see *Figure 7A*), and 13 different genes in the validation cohort, including immune checkpoints T-cell immunoreceptor with Ig and ITIM domains (*TIGIT*), *PDCD1*, and *LAG3*, respectively (see *Figure 7B*).

The common immune checkpoints in the training and validation cohorts which were differentially expressed



**Figure 6** Analysis of immune cell infiltration. (A) Histogram of the distribution of infiltrated immune cells in low- and high-risk groups in the training cohort. (B) Abundance of infiltrated immune cells with differences between low- and high-risk groups in the training cohort. (C) Histogram of the distribution of infiltrated immune cells in low- and high-risk groups in the validation cohort. (D) Abundance of infiltrated immune cells with differences between low- and high-risk groups in the validation cohort.

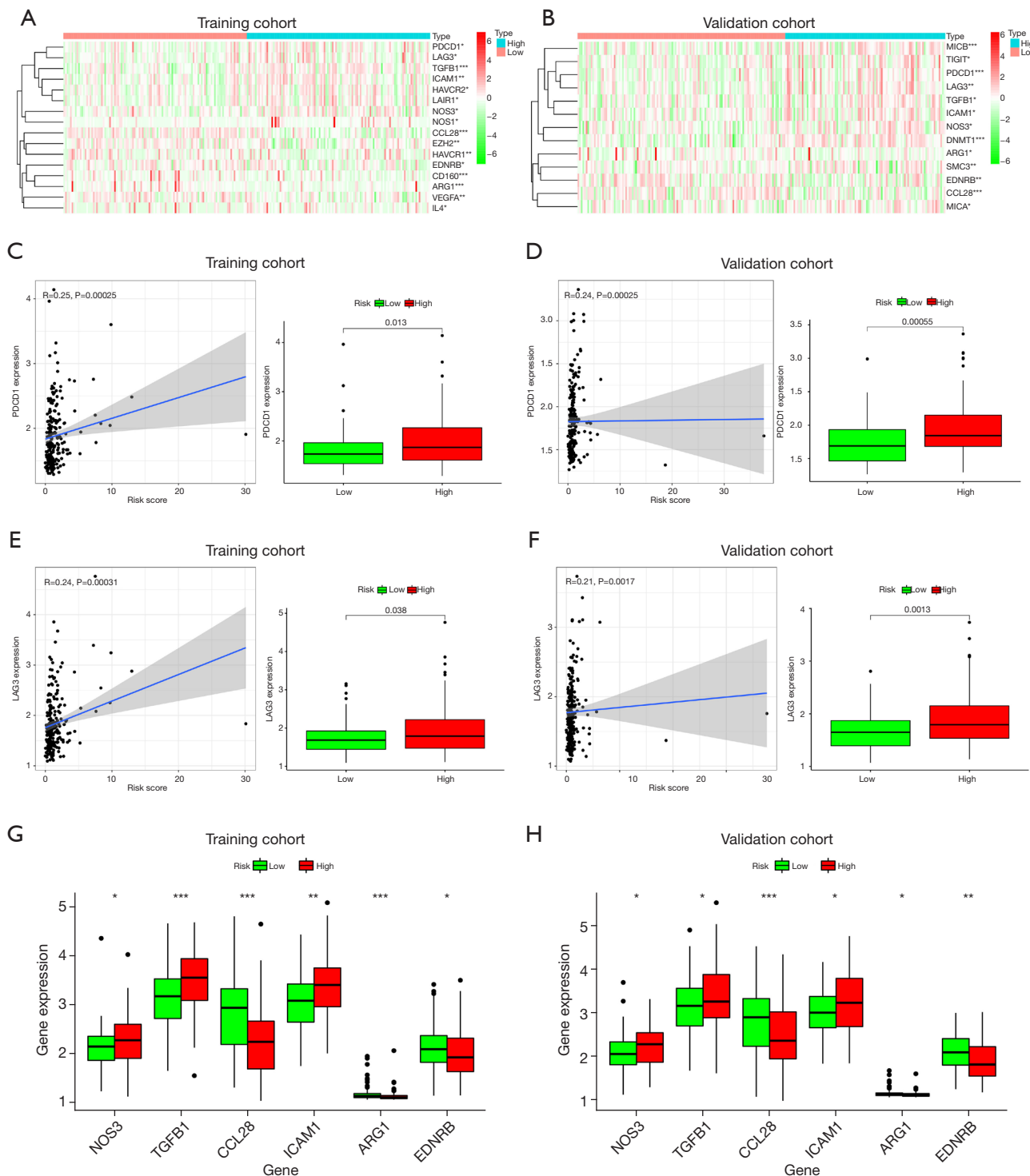
between the low- and high-risk groups were *PDCD1* and *LAG3*. The *PDCD1* gene was positively correlated with the risk score, and upregulated in high-risk colon cancer populations compared to low-risk in both the training cohort (see *Figure 7C*;  $P < 0.05$ ) and validation cohort (see *Figure 7D*;  $P < 0.001$ ). The correlation with risk score and the expression trends in low- and high-risk groups of *LAG3* were close to those of *PDCD1* in the training cohort (see *Figure 7E*;  $P < 0.05$ ), as well as the validation cohort (see *Figure 7F*;  $P < 0.01$ ).

For the differentially expressed immunomodulatory cytokines between low- and high-risk groups, the expression of nitric oxide synthase 3 (*NOS3*), transforming growth factor beta-1 proprotein (*TGFBI*), and intercellular adhesion molecule 1 (*ICAM1*) was higher in the high-risk group while that of C-C motif chemokine 28 (*CCL28*), arginase-1 (*ARG1*), and endothelin receptor type B (*EDNRB*) was higher in low-risk group in the training

cohort (see *Figure 7G*; all  $P < 0.05$ ), which was similar to the validation cohort (see *Figure 7H*; all  $P < 0.05$ ).

## Discussion

In addition to metabolizing sugars, lipids, and proteins, xenobiotic metabolism is an important part of the BPs related to metabolism in the human body. With the exception of drugs, most exogenous substances are harmful to human body. Xenobiotics usually go through four processes in the human body: absorption, distribution, metabolism, and excretion. The metabolic process is particularly important. Xenobiotics affect the body by producing pharmacological or toxicological effects; however, they are also metabolized by the body. Most lose their pharmacological or toxicological activities through metabolic transformation, becoming highly water soluble substances. In addition, some drugs need to be metabolized



**Figure 7** Analysis of negative regulatory genes of CIC. (A,B) Heat map of differentially expressed negative regulatory genes in low- and high-risk groups in the training cohort and validation cohort, respectively. (C,D) Scatter plot of the correlation between *PDCD1* and risk score and boxplot of gene expression in the training cohort and validation cohort, respectively. (E,F) Scatter plot of the correlation between *LAG3* and risk score and boxplot of gene expression in the training cohort and validation cohort, respectively. (G,H) Expression of negative regulatory cytokine in the training cohort and validation cohort, respectively. \*,  $P<0.05$ ; \*\*,  $P<0.01$ ; and \*\*\*,  $P<0.001$ . CIC, cancer-immunity cycle.

to exert their pharmacological effects, and most toxic xenobiotics need to be metabolized to induce cancer. Thus, the metabolism process of xenobiotics is particularly important for human health and disease prognosis. If the human body is overexposed to xenobiotics, abnormal changes in biomolecules or the immune microenvironment related to the xenobiotic metabolism may result. Variations in the biomacromolecules and immune cells involved in the regulation of xenobiotic metabolism need to be monitored to identify biomarkers that can be used in the early diagnosis of diseases.

The occurrence of colon cancer is affected by many factors. In addition to hereditary colon cancer, sporadic colon cancer is closely related to environmental and lifestyle factors. Food is an important source of xenobiotics. Pesticides, environmental pollutants, and other xenobiotics can be indirectly absorbed by the human body through the enrichment of the food chain. The heterocyclic amines, polycyclic aromatic hydrocarbons, and N-nitroso compounds produced in food processing are well-known carcinogens (22). These carcinogens can be activated by XMEs, which increase the risk of CRC. Thus, the abnormal expression of metabolizing enzymes may indicate a risk of colon cancer. At present, studies have shown that XMEs are often dysfunctional in cancers and some XME biomarkers have been identified. In patients with CRC, the expression of *CYP3A4*, *GSTM1*, *GSTA1*, *UGT1A8*, and *UGT1A10* in tumor tissues is significantly lower than that in normal mucosa tissues (7). However, the metabolism of xenobiotics is complex. Similar to XMEs, little is known about the other biological functional molecules or immune cells involved in the xenobiotic metabolic pathways; thus, further study is needed.

Differentially expressed XMGs have a variety of functional roles, and the proteins encoded by them include drug transporters (e.g., canalicular multispecific organic anion transporter 1), XMEs (e.g., CYP450), aquaporin (e.g., Aquaporin-9), dimethylaniline monooxygenase [e.g., eimethylaniline monooxygenase (N-oxide-forming) 3]. The GO and KEGG enrichment analyses suggested that these differentially expressed XMGs are mainly associated with the metabolism of drugs and nutrients. The value and accuracy assessment of the prognostic model in TCGA revealed that among the prognosis-related genes, a combination of 5 genes can effectively predict the outcome of colon cancer.

The CYP450 superfamily can be divided into 18 families and 33 subfamilies, encoding 57 kinds of CYP

proteins, a third of which participate in xenobiotics metabolism (23). As a young member, CYP2W1 belongs to family 2 and subfamily W of CYP450 enzymes (24). It has been found to overexpress in CRC (25), and is supposed to be an effective target of drug therapy for CRC (26). Meanwhile, *GSTM1*, which is a member of the GST family and involved in carcinogen metabolism, may be related to risk and progression of CRC through gene polymorphisms, gene variation, and diet (27,28). The transforming growth factor- $\beta$  (TGFB) family plays an important role in the process of tumorigenesis by regulating epithelial-mesenchymal transition. Among them, *TGFB2* was reported to induce the formation of lipid droplets to promote metastasis of colon cancer cells (29). In addition, *TGFB2* combining with HIF1  $\alpha$  contributed to chemoresistance in hypoxic tumor microenvironment in CRC (30). As a kind of tumor suppressor protein, members of the membrane-associated guanylate kinase homologs (MAGUKs) family regulate the proliferation, intracellular junctions, and signal transduction of tumor cells by interacting with the cytoskeleton. The decreased expression of a MAGUK family member, *MPP2*, is thought to be associated with the development of cancer. It has been reported that *MPP2* gene was downregulated in relapse Wilms tumors (31), and may be a biomarker of pituitary tumors (32). The relationship between *MPP2* and colon cancer needs to be explored. *In vivo* and *in vitro* experiments showed that *ACOX1* was closely related to a variety of cancers (33). The activation of the fatty acid oxidation (FAO) pathway induces metastasis in colon cancer (34), and *ACOX1* is the rate-limiting enzyme of the FAO pathway, hence, enhancing or restoring the expression of *ACOX1* prevents metastasis in colon cancer cells (35). The present study suggests that the cell biology pathway and the fatty acid metabolism pathway are also involved in the process of xenobiotic metabolism, and the 5 genes can be used as diagnostic genes.

Notably, the risk scores related to the XMGs were associated with T cells CD4 memory resting and Tregs, which confirms that xenobiotic metabolism affects the immune microenvironment of colon cancer to a certain extent. The functions of T cells CD4 memory resting and Tregs on CRC have been revealed by bioinformation and experimental studies (36,37). Therefore, immune regulation may be one of the mechanisms of xenobiotic metabolism affecting CRC process.

Negative regulation genes of CIC, including immune checkpoints, were also involved in the immune regulation

of xenobiotics metabolism. The concept of CIC was proposed in 2013, referring to the process of tumor cell releasing antigen, tumor antigen presentation, T cell activation, T cell migrating to tumor tissue, T cell infiltration in tumor tissue, T cell recognizing tumor cells, and clearing tumor cells (16,38). The CIC reveals the mechanism of immune system killing tumor cells. These 7 processes need the synergy of corresponding positive and negative regulatory factors to keep the activation of the immune system within the normal range. Negative regulation genes of CIC may affect the inhibition of cancer by the immune system. Programmed cell death 1 ligand 1 (PD-L1) [also named cluster of differentiation 274 (CD274)] and PDCD1 are the first checkpoints to be discovered. The functions of PD-L1 and PDCD1 in the human body are diverse, and protective immunity is restricted by PDCD1 expression in response to chronic pathogens and cancer (39). However, not all cancer patients are responsive to inhibitors of PD-L1 or PDCD1, so other checkpoints are subsequently discovered. The next wave of co-inhibitory receptor targets being explored in clinical trials includes LAG-3, TIM-3, and TIGIT: LAG3 is highly expressed on CD8<sup>+</sup> and activated CD4<sup>+</sup> T cells, and a subset of natural killer (NK) cells, promoting exhaustion of T cells; TIM-3 is selectively expressed on CD8<sup>+</sup> T cytotoxic 1 (Tc1), interferon (IFN)- $\gamma$ -inducing CD4<sup>+</sup> T helper 1 (Th1), Tregs, dendritic cells (DCs), NK cells, and monocytes, indicating dysfunctional or exhausted CD8<sup>+</sup> T cells in cancer; TIGIT can be found on activated T cells, NK cells, memory T cells, follicular T helper (Tfh) cells, and a subset of Tregs, directly exerting function on T and NK cells, and indirectly suppressing immune responses (40). Further, CD160 contributes to NK cell activation, T cell inhibition, and mucosal immunity (41). In addition to immune checkpoints, the role of immunosuppressive cytokines in tumor microenvironment should not be ignored. For example, NOS3 can modulate immune responses and inflammatory processes *in vivo* (42); TGF $\beta$ 1 has been demonstrated to suppress NK cell activity, inhibit DC maturation, alter T-cell cytotoxic properties, and so on (43); as an inflammation biomarker, ICAM1 is expressed in most cell types of tumor microenvironment and affects tumorigenesis and metastasis (44). We have shown that the abundance for checkpoints PDCD1, LAG3, and the expression for immune regulation genes *NOS3*, *TGF $\beta$ 1*, and *ICAM1* upregulated in the high-risk group in both the training and validation cohorts, which may be the reasons

for immune escape in CRC.

In this study, we established and validated a prognostic model related to xenobiotic metabolism for predicting the outcome of colon cancer patients and explored the related characteristics of the tumor immune microenvironment. However, this study had some limitations. First, the model we constructed was only based on TCGA database; thus, the data of diverse races, regions, countries, or nations are needed to improve the general applicability of the prognostic model and the biomarkers. Second, due to time constraints, the latest research data could not be included. Third, due to the close relationship between xenobiotic metabolism and drugs and diet, dietary habits and medication history may affect the prognostic model and genes; however, due to a lack of information, these factors were not considered in this study, which may have led to a bias in the results. To address these issues, multicenter, large-scale clinical cohort studies including eating habits and drugs as correction factors need to be conducted to further validate the prognostic model and biomarkers in the future. This study can provide reference for the prevention and treatment of colon cancer from the perspective of xenobiotic metabolism.

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### Footnote

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*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). As this was a retrospective database

study that used a public database, approval from the ethics committee was not required.

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