

HHS Public Access

Author manuscript Ann Surg. Author manuscript; available in PMC 2023 February 01.

Published in final edited form as:

Ann Surg. 2022 February 01; 275(2): 332–339. doi:10.1097/SLA.0000000000005079.

Aligning Patient Acuity with Resource Intensity after Major Surgery: a Scoping Review

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Abstract

Objective: Develop unifying definitions and paradigms for data-driven methods to augment postoperative resource intensity decisions.

Summary Background Data: Postoperative level-of-care assignments and frequency of vital sign and laboratory measurements (i.e., resource intensity) should align with patient acuity. Effective, data-driven decision-support platforms could improve value of care for millions of patients annually, but their development is hindered by the lack of salient definitions and paradigms.

Methods: Embase, PubMed, and Web of Science were searched for articles describing patient acuity and resource intensity after inpatient surgery. Study quality was assessed using validated tools. Thirty-five studies were included and assimilated according to PRISMA guidelines.

Results: Perioperative patient acuity is accurately represented by combinations of demographic, physiologic, and hospital-system variables as input features in models that capture complex, non-linear relationships. Intraoperative physiologic data enriches these representations. Triaging high-acuity patients to low-intensity care is associated with increased risk for mortality; triaging low-acuity patients to ICUs has low value and imparts harm when other, valid requests for ICU admission are denied due to resource limitations, increasing their risk for unrecognized

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decompensation and failure-to-rescue. Providing high-intensity care for low-acuity patients may also confer harm through unnecessary testing and subsequent treatment of incidental findings, but there is insufficient evidence to evaluate this hypothesis. Compared with data-driven models, clinicians exhibit volatile performance in predicting complications and making postoperative resource intensity decisions.

Conclusions: To optimize value, postoperative resource intensity decisions should align with precise, data-driven patient acuity assessments augmented by models that accurately represent complex, non-linear relationships among risk factors.

Mini-Abstract

Postoperative level-of-care assignments and frequency of vital sign and laboratory measurements (i.e., resource intensity) should align with patient acuity. Triaging high-acuity patients to lowintensity care increases risk for mortality; triaging low-acuity patients to ICUs has low value and imparts harm when other, valid requests for ICU admission are denied. Clinicians' resource intensity decisions should be augmented by machine learning models integrated with clinical workflows.

Introduction

More than 15 million major, inpatient surgeries are performed each year in the United States. Complications occur in as many as 32% of these surgeries, increasing cost by approximately \$11,000 per major complication.^{1–3} According to surgeons, judgement errors are the most common cause of major complications.⁴ When surgeons rely on hypotheticaldeductive reasoning and heuristics to make time-sensitive decisions, judgement errors are expected and extend beyond the operating room.^{5, 6} Immediately after major surgery, risk for adverse events and death (patient acuity) should align with level-of-care assignments and the frequency of vital sign and laboratory measurements (resource intensity). When high-acuity patients receive low-intensity care, postoperative complications can progress to critical illness and cardiac arrest.^{7–11} Providing high-intensity care to low-acuity patients increases costs and may impart harm from unnecessary treatments.12–15

Most data regarding resource intensity decisions describe medical or mixed medicalsurgical populations, limiting their generalizability to surgical patients: a population uniquely vulnerable to postoperative hemorrhage, respiratory failure, opioid-related adverse drug events, and hospital-acquired sepsis. $16-18$ Surgical literature is rife with prediction models that forecast postoperative outcomes, but lack of workflow integration impairs clinical adaptation, especially when busy clinicians face time constraints.19 Furthermore, associations between predictions and resource intensity decisions are rarely reported.¹⁹ Surgeons can easily infer relevant associations for extreme scenarios, but for common, daily resource intensity decisions, the absence of data-driven decision-making yields high variability and poor outcomes.^{5, 6} Finally, there are no consensus definitions for level-of-care that apply at national or international levels, which hinders systematic, hypothesis-driven investigation.

Toward the goal of developing data-driven methods to augment postoperative resource intensity decisions, this review distills existing surgical literature to develop validated, unifying definitions and paradigms. Given the substantial methodologic heterogeneity of relevant studies, a scoping review was performed to systematically map and critically evaluate available evidence. Major themes, supported by high-quality data, were united in proposing a conceptual framework to align postoperative resource intensity with patient acuity.

Methods

Embase, PubMed, and Web of Science databases were searched from their inception to September 22, 2020 for relevant articles (see figure, Supplemental Digital Content 1) published in English. Titles and abstracts were searched for specific terms and keywords to identify articles describing major, inpatient surgery and concepts relating to patient acuity and resource intensity. Reviews, editorials, letters, and conference abstracts were excluded by screening criteria. Seventy articles were identified. The article search filter could not identify case reports, case series, and other articles featuring low grade evidence; these article types were excluded by study quality assessments. Study quality was independently rated by two investigators using quality assessment tools specific to the design of the study in question (available at: [https://www.nhlbi.nih.gov/health-topics/study-quality-assessment](https://www.nhlbi.nih.gov/health-topics/study-quality-assessment-tools)[tools](https://www.nhlbi.nih.gov/health-topics/study-quality-assessment-tools), accessed 9/22/2020). Studies rated "poor" or deemed not relevant to review objectives were recommended for exclusion. There were disagreements between the two investigators regarding the exclusion of six articles; disagreements were resolved via adjudication by a third investigator (see table, Supplemental Digital Content 2). Cohen's kappa statistic summarizing interrater agreement regarding article inclusion was 0.802 (observed agreement $= 0.914$, expected agreement $= 0.566$), suggesting that agreement between reviewers was substantial.^{20, 21} Fifty-one articles were excluded. Works cited by the remaining 19 articles were reviewed to identify other relevant articles, using the same inclusion and exclusion criteria. Another 16 articles were included in this manner. In total, 35 total studies were included and assimilated into relevant categories according to Preferred Reporting Items for Systematic Reviews and Meta-Analyses extension for Scoping Reviews (PRISMA-ScR) guidelines (see table, Supplemental Digital Content 3).

Results

A conceptual framework for aligning patient acuity and resource intensity is proposed in Figure 1. This framework is applied to illustrate major findings from each study in Figure 2. The design, population, analytic approach, and major findings for each study are listed in the Supplemental Digital Content 4 table and described in detail with context below.

Classifying Patient Acuity

Risk for Mortality—Seven studies classified patient acuity according to risk for mortality (see table, Supplemental Digital Content 4). All were retrospective, with population sizes ranging from 825 to 1.2 million patients, and a median of 46 thousand patients per study. These studies demonstrated that risk for death after major, inpatient surgery was associated with, or predicted by, several factors: advanced age, $22, 23$ severe co-morbidities, 24

mixed subjective and objective patient classification models (i.e., American Society of Anesthesiologists [ASA] physical status classification), $23, 25$ laboratory or vital sign abnormalities, 26 organ dysfunction and failure, 23 , 25 surgery performed at low-volume hospitals,²⁶ and readmission to a different hospital.²⁷ Collectively, findings from included studies demonstrated that postoperative patient acuity can be accurately represented by risk for mortality, with the strongest associations—and most accurate predictions—obtained when incorporating multiple demographic, physiologic, and hospital characteristic variables.

Several other key findings emerged from articles that classify patient acuity by risk for mortality. Regarding the optimization of physiologic input features, Korenkevych et al.²⁸ demonstrated that probabilistic modeling of non-linear creatinine time-series can improve model discrimination in predicting 90-day mortality (AUROC 0.87) compared with using static input features. Regarding hospital and health care delivery factors, Brooke et al.²⁷ found that when managing post-discharge complications, the odds of death were lowest for patients being readmitted to the index hospital (OR 0.74). The authors note that readmission to the index hospital may represent a surrogate for geographic location, access to health care resources, and care fragmentation in which data and knowledge regarding the patient's care is not shared between institutions. These variables have known, significant effects on patient outcomes.24 Finally, readmission to a different hospital that is closer to home often equates to receiving care at a low-volume hospital; a risk factor for postoperative mortality (RR 1.20 vs. the top volume quartile of hospitals), as identified by Forte et al.²⁶ Therefore, continuously resampled physiologic variables and careful interpretation of hospital and health care delivery factors have the potential to optimize patient mortality predictions and acuity assessments after major surgery.

Risk for Multiple Complication Endpoints—Sixteen studies classified patient acuity according to risk for multiple complication endpoints (see table, Supplemental Digital Content 4). Two had prospective, observational designs; the rest were retrospective. Population sizes ranged from 150 patients to 1.4 million inpatient surgeries, with a median of 42,533 inpatient surgeries per study. Compared with studies analyzing risk for mortality, these 16 studies had an expanded list of factors that include: laboratory values, $29, 30$ early warning scores, $31 \text{ organ dysfunction}$ and failure, $32 \text{ comorbidities}, 33 \text{ frality}, 34$ mixed subjective and objective patient classification models (i.e., ASA physical status classification), 35 combinations of clinical, demographic, and administrative variables, $36-39$ hospital volume, $40-42$ and system factors that potentiate failure-to-rescue.⁴³ Associations and predictions were strongest when incorporating multiple demographic, physiologic, and hospital-level variables.

Several other key findings emerged from articles that classify patient acuity by risk for complications. Bartkowiak et al.³¹ and Bertsimas et al.⁴⁴ each compared predictive performance across multiple analytic methods; in both studies, methods with greatest discrimination used larger input feature sets and had greater ability to capture complex, non-linear relationships among input variables (AUROC 0.79-0.91). Several studies found it advantageous to incorporate both preoperative and intraoperative variables.^{36–39} In a prospective, observational study of 150 patients undergoing inpatient surgery, Brennan et $al.$ ³⁷ reported that discrimination in predicting postoperative complications was significantly

greater for a machine learning model using automated electronic health record data (AUROC 0.73-0.85) than for clinicians, whose predictions were slightly better than chance (AUROC 0.47-0.69).

Hospital characteristics had significant associations with failure-to-rescue (i.e., death after a complication). Analyzing more than 1.8 million total surgeries, Eggli et al.⁴¹ and Silber et al.⁴² each found that higher hospital volume was associated with lower incidence of failureto-rescue. The importance of failure-to-rescue as a quality metric was substantiated by Fry et al.⁴³ in a large, multicenter study demonstrating that hospitals with improving mortality rates achieved better outcomes primarily by decreasing the incidence of failure-to-rescue, not by decreasing the incidence of complications themselves. A critically ill, postoperative patient admitted to a high-performance hospital seems to have a lower risk for death than a similar patient admitted to low-performance hospital; therefore, hospital characteristics should be considered in models that represent and classify patient acuity.

Classifying Resource Intensity

Level-of-Care Assignments—Six studies classified resource intensity according to postoperative level-of-care assignments (see table, Supplemental Digital Content 4). Two of these studies had prospective, observational designs; four were retrospective. Population sizes ranged from 20 to 2,000 patients, with median a of 256 patients per study. Findings of these studies include: a substantial proportion of decompensation events occur after transfer out of the ICU at a median of two days after surgery;¹⁶ unmet requests for postoperative ICU care are associated with increased mortality $(3.1\% \text{ vs. } 1.2\%);$ ⁴⁵ surgeon predictions of postoperative level-of-care requirements are highly variable and incorrect in approximately one third of all cases;^{46, 47} and machine learning techniques can predict the need for ICU resources after major surgery with 86% accuracy.47 Overall, postoperative level-of-care assignments were highly variable, often suboptimal, and likely to the detriment of patients. However, the reported associations between level-of-care assignments and outcomes do not imply causality. Therefore, it remains unknown whether a patient who is triaged to an ICU and does well received excessive care (poor decision) or appropriate care that prevented complications (good decision).

Several other key findings emerged from articles that classify resource intensity by postoperative triage assignments. Guidelines for appropriate ICU admission lack objectivity, rendering them difficult to apply in quantitative research.^{48, 49} Systematic, hypothesisdriven investigation is particularly difficult in the absence of adequate documentation in electronic health records. In one study of patients undergoing major surgery, level-of-care documentation met quality metrics for 0.7% of the study population.50 As an alternative to adequate level-of-care documentation, Wang et al.⁴⁷ proposed a list of index events that suggest appropriate ICU admission, though some events generate tautology; it remains plausible that patients with uneventful ICU stays simply received appropriate ICU-level care that prevented index events. However, the list of index events allowed the authors to perform decision tree modeling to predict the need for intensive care resources after major surgery. This method outperformed standard clinical practice (86% vs. 37% accuracy), suggesting

that modeling risk for ICU admission on index events has the potential to augment clinical decision-making regarding postoperative level-of-care.

Frequency of Vital Sign Monitoring—Two studies assessed associations between postoperative vital sign monitoring and postoperative complications (see table, Supplemental Digital Content 4). Kyriacos et al.⁵¹ performed a retrospective review of 11 patients who died on hospital wards after surgery, matching each decedent with 4 survivors that had similar characteristics, thus forming a control cohort. Among the 11 patients who died on surgical wards, 55% had missing oxygen saturation records, compared with 7% among survivors. Taenzer et al.⁵² prospectively investigated the impact of routine continuous pulse oximetry among 2,841 surgical ward patients, integrated with a system for managing etiologies of respiratory dysfunction. During the intervention period, all patients had continuous pulse oximetry. Rapid response teams were activated by a respiratory rate of less than 8 or greater than 30 breaths per minute or blood oxygen saturation less than 90% while receiving supplemental oxygen. The frequency of rescue events decreased from 3.4 to 1.2 per 1,000 patient discharges (p=0.01); the frequency of ICU transfers decreased from 5.6 to 2.9 per 1,000 patient days (p=0.02) after routine continuous pulse oximetry. In two control units using standard monitoring during the same period, rescue events and ICU transfers were unchanged. These studies suggest that infrequent postoperative oxygen saturation measurements are associated with increased risk for rescue events and death after surgery, and that vital sign frequency is an important aspect of postoperative resource intensity. Although there is a lack of level 1 evidence supporting routine continuous postoperative monitoring, it remains plausible that maintaining a certain baseline level of continuous monitoring for all patients may preserve intensive care resources for critically ill patients by decreasing the incidence of unplanned ICU transfers from wards.^{53, 54}

Frequency of Laboratory Measurements—Associations among frequency of laboratory measurements, patient outcomes, and level-of-care assignments are less clear. Two studies assessed these associations (see table, Supplemental Digital Content 4). In a retrospective review of 1,894 patients undergoing cardiac surgery, Koch et al. 55 found that patients who underwent complex procedures had the greatest postoperative phlebotomy volumes. Median phlebotomy volume for an ICU patient was 116 mL per day, compared with approximately 18 mL per day on hospital wards. The reported median phlebotomy volumes for cardiac surgical ICU patients was substantially greater than volumes reported for mixed medical-surgical populations, which has been estimated at 40 mL per day.⁵⁶ Ko et al.57 implemented a daily checklist and staff education to promote judicious phlebotomy and assessed the efficacy of this program in a retrospective review of approximately 5,465 patient days in a surgical ICU. The program was associated with a 51% reduction in laboratory tests with no difference in patient illness severity or mortality, indicating that a substantial proportion of laboratory measurements performed for surgical ICU patients were not associated with outcomes and may have been unnecessary. Together, these studies suggest that although laboratory measurement frequency corresponds to operative complexity and postoperative level-of-care assignments, there is no evidence demonstrating that laboratory frequency affects clinical outcomes across low- or high-patient acuity or resource intensity.

Aligning Patient Acuity with Resource Intensity

Two studies classified both patient acuity and resource intensity after inpatient surgery. Pearse et al.⁷ defined high-risk procedures as those with mortality rate 5% or greater (timeframe not specified). This definition allows identification of high-acuity patients via procedural codes. In an analysis of 4.1 million hospital admissions involving a general surgical procedure in the United Kingdom, high-risk procedures accounted for 13% of all procedures and 84% of all postoperative deaths. Less than 15% of the high-risk cohort was admitted to the ICU postoperatively. Among patients who were admitted to the ICU after initial triage to a general ward, mortality was 37%. In a similar analysis using the same high-risk procedure definition, Jhangji et al.⁸ reported that high-risk patients had 12% overall in-hospital mortality; among patients who died, only 49% were admitted to an ICU at any time and 74% of deaths occurred outside the ICU. These findings demonstrate that in a single large health care system, postoperative patient acuity and resource intensity are often misaligned, and insufficient resource intensity is associated with increased in-hospital mortality.

Beyond simple classification of patient acuity and resource intensity, it may be possible to align these elements by predicting risk for postoperative ICU admission. This approach introduces some bias by incorporating triage decisions in outcome modeling, but offers the potential advantage of accounting for real-world, inherent variability in decision-making. Risk for postoperative ICU admission has been modeled accurately by Kongkaewpaisan et al.⁵⁸ for patients undergoing emergency surgery, by Sobol et al.⁵⁹ for patients undergoing major intraabdominal surgery, and by Glass et al. 60 for patients undergoing non-trauma surgery at a Veterans Affairs hospital. Further investigation is needed to determine whether such models improve triage decisions and patient outcomes.

Recommendations

Collectively, results from this review suggest that postoperative patient acuity should be classified using a combination of demographic, physiologic, and hospital system variables as inputs for models that accurately represent complex, non-linear relationships among risk factors for morbidity and mortality. Intraoperative physiologic data enriches these representations and should be used to update patient acuity assessments immediately after surgery. High-acuity patients benefit from close surveillance with continuous vital sign monitoring and the immediate availability of critical care resources and personnel for preventing and treating organ dysfunction and postoperative complications. Low-acuity patients garner little or no clinical benefit from high-intensity care, but can displace critically ill patients to hospital wards, increasing their risk for unrecognized decompensation and failure-to-rescue. To promote high-value care after major surgery, clinicians' resource intensity decisions should be augmented by data-driven patient acuity classifications that are integrated with clinical workflows, as illustrated in Figure 3.

Discussion

This review found substantial evidence that postoperative patient acuity is most accurately classified by combinations of demographic, physiologic, and hospital system variables.

Classifications were most accurate when using machine learning models that accurately represent complex, non-linear relationships among inputs. Several studies support the hypothesis that data-driven methods to augment postoperative resource intensity decisions are enriched by data representing intraoperative physiologic changes. There is a paucity of literature classifying postoperative resource intensity, most of which focuses on level-ofcare assignments. These classifications are limited by the lack of consensus definitions or standards for level-of-care that apply at the national or international level, much less the inter-institutional level. Clinicians exhibited volatile performance in predicting complications and making postoperative resource intensity decisions. In two direct comparisons between clinicians and machine learning algorithms, the algorithms performed best.37, 47 Suboptimal postoperative triage was associated with low-value care and adverse outcomes, especially when high-acuity patients were triaged to wards. This is consistent with a Delphi Consensus in which there was 100% agreement that inadequate staffing levels threaten surgical ward safety.61 Conversely, triaging low-acuity patients to ICUs may impart population-level harm through increased systemic costs or the occupation of limited beds that are better suited for higher-acuity patients. ICU bed stewardship mimics antibiotic stewardship in that excessive treatment of one patient can harm another. Although it seems plausible that providing high-intensity care for a low-acuity patient may confer harm through unnecessary testing and subsequent treatment of incidental findings, there is insufficient evidence to support this hypothesis. Regardless, excessive resource intensity is expensive; surgical ICU admission costs range from \$2,000 to more than \$10,000 per day.^{14, 15} The weight of evidence suggests that mismatched patient acuity and resource intensity leads to decreased value and increased morbidity and mortality.

The present review focuses on major, inpatient surgery; similar themes and concepts emerge for outpatient surgery and mixed analyses of inpatient and outpatient surgery. This is fortunate because unexpected hospital admission after ambulatory surgery is not rare. The National Surgical Quality Improvement Program Surgical Risk Calculator is the most prominent and well-validated method for predicting postoperative complications and death.62, 63 It is constructed from massive volumes of patient-level input variables —including procedure type, demographics, and physiology—and conveys risks through regression cutoff values. Yet, the ability of regression coefficients to represent complex, nonlinear associations among correlated, interacting, and nested input variables is questionable, especially when applied to atypical patient presentations and non-elective operations.^{64–67} In such instances, it may be advantageous to leverage analytic techniques that learn from data rather than conforming to rules and static variable thresholds. For example, Bertsimas et al.44 developed a machine learning model to predict morbidity and mortality after emergency surgery. This method achieved predictive discrimination that was greater than that of the ACS NSQIP calculator, though both methods were effective (AUROC 0.92 vs. 0.90). While existing methods for measuring and predicting patient acuity are strong, methods for classifying resource intensity are comparatively weak.

Previous work describing alignment between patient acuity and resource intensity has focused primarily on medical and medical-surgical populations. Moorman et al.68 have demonstrated that potentially catastrophic respiratory, hemorrhagic, and sepsis events are often preceded by physiological signatures of adaptive regulation. Multivariable

regression can predict these events up to 24 hours in advance with reasonable accuracy $(AUROC~0.61-0.88).⁶⁹$ In predicting more general adverse events in mixed medical-surgical populations, other high-performing methods include $eCART^{70}$ and the Rothman Index, 71 which leverage multi-source, patient-level variables. Predictive accuracy is further enhanced when physiologic data are represented by continuous, time-series inputs to deep learning models.72 Medical and mixed medical-surgical literature features a relative paucity of evidence regarding resource intensity, most of which supports the postoperative resource intensity concepts presented in Figure 1. For example, routine chest radiographs increase the probability of false-positive results thus leading to potentially harmful treatments; false alarms from continuous vital sign monitoring beget alarm fatigue; and denied requests for ICU admission are associated with increased mortality.^{73–77} Literature from medical populations corroborates findings from surgical literature regarding patient acuity assessments, despite fundamental differences in the etiologies of adverse events between medical and surgical patients.

This study was limited by heterogeneity in available literature regarding study populations and methods for classifying patient acuity and resource intensity. The article screening and inclusion criteria sought to establish balance between homogeneity of study populations and generalizability to all patients undergoing major, inpatient surgery. This approach, while optimal for addressing review objectives, introduces selection bias because all patients and operations represented in the main analysis were subject to one, common resource intensity decision: hospital admission rather than discharge home. In the absence of trials randomizing postoperative patients to admission or discharge, this element of selection bias was unavoidable. The diffuse methods for classifying patient acuity and resource intensity precluded a pooled analysis of results and strengthened the rationale for performing this scoping review. Finally, this review does not include intermediate care and high-dependency units, which offer greater patient surveillance compared with general wards, but use fewer overall resources compared with ICUs. These intermediate units, in combination with initial postoperative observation in a post-anesthesia care unit, have been associated with decreased use of ICU resources without significantly increasing risk for postoperative morbidity and mortality.^{78, 79} This approach introduces a third layer for triage decisions and warrants further investigation in prospective studies. Future research should also quantify potential gains in mortality, morbidity, and health care costs for appropriate alignment of patient acuity with postoperative resource intensity. Associations between patient acuity and resource intensity should be investigated with causal inference methods to determine whether a patient who is triaged to an ICU, and has favorable outcomes, received excessive care that consumed resources unnecessarily versus appropriate care that prevented complications. To ensure generalizability of results and determine whether hospital characteristics (e.g., ICU bed capacity) affect postoperative triage patterns and outcomes, future research should incorporate multiple practice settings (i.e., high- and low-volume academic and non-academic hospitals) and patient populations (i.e., urban and rural areas with varied race and ethnicity distributions). Finally, developing international consensus definitions for level-of-care would promote systematic, hypothesisdriven investigation that is generalizable across practice settings.

Conclusions

Postoperative patient acuity can be classified using a combination of demographic, physiologic, and hospital system variables in models that accurately represent complex, nonlinear relationships among risk factors for morbidity and mortality. Among the few studies classifying postoperative resource intensity, the predominant representation is level-of-care assignment. Triaging high-acuity patients to hospital wards is associated with increased risk for mortality; further studies are needed to determine whether triaging low-acuity patients to ICUs imparts harm to other patients via unwarranted occupation of ICU beds. Clinicians exhibited volatile performance in estimating both risk for complications and assigning postoperative resource intensity, while machine learning algorithms consistently demonstrated superior performance. Future research should quantify potential gains in mortality, morbidity, and health care costs for appropriate alignment of patient acuity with postoperative resource intensity and develop data-driven platforms that augment clinicians' decisions.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgements

The authors declare no conflicts of interest. TJL was supported by the National Institute of General Medical Sciences (NIGMS) of the National Institutes of Health under Award Number K23GM140268. PTJ was supported by R01GM114290 from the NIGMS and R01AG121647 from the National Institute on Aging (NIA). PR was supported by National Science Foundation CAREER award 1750192, P30AG028740 and R01AG05533 from the NIA, 1R21EB027344 from the National Institute of Biomedical Imaging and Bioengineering (NIBIB), and R01GM-110240 from the NIGMS. AB was supported by R01GM110240 from the NIGMS and 1R21EB027344 from the NIBIB. This work was supported in part by the National Center for Advancing Translational Sciences and Clinical and Translational Sciences Award to the University of Florida UL1TR000064. The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Institutes of Health.

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Published literature describing postoperative patient acuity and resource intensity is heterogeneous and rarely establishes alignment between patient acuity and resource intensity

Figure 2: Published literature describes postoperative patient acuity and resource intensity, but rarely establishes alignment between them.

ASA: American Society of Anesthesiologists physical status classification system, AUC: area under the receiver operating characteristic curve, DVT: deep vein thrombosis, eCART: Electronic-Cardiac Arrest Risk Triage, E-PASS: Estimation of Physiologic Ability and Surgical Stress, EWS: early warning score, HR: hazard ratio, ICU: intensive care unit, MELD: Model for End-Stage Liver Disease, OR: odds ratio, PE: pulmonary embolism, qSOFA: quick sequential organ failure assessment score, RR: relative risk.

After major surgery, clinicians' resource intensity decisions should be augmented by datadriven patient acuity classifications.