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Wnt5a Promotes Lysosomal Cholesterol Egress and Protects Against Atherosclerosis

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Abstract

Background: Impairment of cellular cholesterol trafficking is at the heart of atherosclerotic lesions formation. This involves egress of cholesterol from the lysosomes and two lysosomal proteins, the Niemann–Pick C1 (NPC1) and NPC2 that promotes cholesterol trafficking. However, movement of cholesterol out the lysosome and how disrupted cholesterol trafficking leads to atherosclerosis is unclear. As the Wnt ligand, Wnt5a inhibits the intracellular accumulation of cholesterol in multiple cell types, we tested whether Wnt5a interacts with the lysosomal cholesterol export machinery and studied its role in atherosclerotic lesions formation.

Methods: We generated mice deleted for the *Wnt5a* gene in vascular smooth muscle cells (VSMCs). To establish whether Wnt5a also protects against cholesterol accumulation in human

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DISCLOSURES

The authors declare no competing interests.

SUPPLEMENTAL MATERIALS

Expanded Materials and Methods

Data Supplement Figures S1–S5

Data Supplement Table S4

VSMCs, we used a CRISPR/Cas9 guided nuclease approach to generate human VSMCs knockout for Wnt5a.

Results: We show that Wnt5a is a crucial component of the lysosomal cholesterol export machinery. By increasing lysosomal acid lipase expression, decreasing metabolic signaling by the mTORC1 kinase, and through binding to NPC1 and NPC2, Wnt5a senses changes in dietary cholesterol supply and promotes lysosomal cholesterol egress to the endoplasmic reticulum (ER). Consequently, loss of Wnt5a decoupled mTORC1 from variations in lysosomal sterol levels, disrupted lysosomal function, decreased cholesterol content in the ER, and promoted atherosclerosis.

Conclusions: These results reveal an unexpected function of the Wnt5a pathway as essential for maintaining cholesterol homeostasis *in vivo*.

Keywords

Atherosclerosis; Cell signaling/Signal transduction; Lipids and cholesterol; Metabolism; Physiology

INTRODUCTION

Wnt signaling has pleiotropic effects in diverse tissues. It plays an important role in cell differentiation, proliferation and migration during embryogenesis¹. It has been associated with diverse human diseases¹, and has been recently recognized as signaling involved in hyperlipemia syndrome and atherosclerosis. In mice, the mutation R611C of the Wnt co-receptor LRP6, a member of the LDLR gene family causes elevated plasma LDL and TG levels and fatty liver². In humans, a missense mutation in *LRP6* causes autosomal-dominant early onset cardiovascular disease and metabolic syndrome, including hyperlipidemia, diabetes, osteoporosis, and hypertension³. *LRP6_{R611C}* mutation carriers exhibit impaired LDL clearance and internalization with elevated serum LDL cholesterol, implicating LRP6 and Wnt signaling as drivers of cholesterol trafficking³. More recently, Wnt signaling was also reported to promote resolution of atherosclerosis in mice and human⁴. However, how Wnt signaling mechanistically causes hyperlipidemia and impaired cholesterol trafficking remains an enigma.

Cholesterol uptake begins when LDL-derived cholesteryl esters are endocytosed through clathrin-coated pits into late endosomes/lysosomes (LELs) where they are hydrolyzed into free cholesterol and fatty acids by lysosomal acid lipase (LAL)⁵. Free cholesterol then binds two lysosomal proteins essential for cholesterol egress, the soluble Niemann–Pick C2 (NPC2) which is concentrated in LELs, and the polytopic membrane-bound Niemann–Pick C1 (NPC1)⁵. Upon binding to NPC2 in the lumen of the lysosome, cholesterol is handed off to NPC1 and then delivered to other cellular compartments including the plasma membrane and eventually the endoplasmic reticulum (ER) where regulation of cholesterol biosynthesis occurs. Heritable mutations in the *NPC1* genes lead to massive cholesterol accumulation within LELs of many organs, including the brain. In macrophages, it causes impaired cholesterol efflux and atherosclerosis⁶. Whereas the functions of NPC1 and NPC2 are well understood at the molecular levels⁷, there are other crucial pieces of cholesterol

export machinery we know very little about. For instance, *in vitro* binding experiments showed that whereas cholesterol binds rapidly to NPC2, handing it over to NPC1 is a slow process, especially at 4°C suggesting that other components beside NPC proteins are needed to perform efficient LELs cholesterol egress⁷.

The nutrient/energy/stress sensor mTORC1 was also suggested to participate in cholesterol trafficking. Accumulation of cholesterol activates the phosphatidylinositol 3-kinase (PI3K) and AKT which promotes translocation of mTORC1 from the cytosol to the lysosomal limiting membrane. Active mTORC1 then suppresses autophagy, steering the cell toward cholesterol accumulation⁸. Conversely, when mTORC1 activity is low, lysosomal exit of cholesterol raises ER cholesterol and suppresses activity of the sterol regulatory element-binding protein-2 (SREBP-2), a main transcriptional driver of cholesterol biosynthesis⁹. In NPC1-defective cells, mTORC1 signaling is elevated suggesting that NPCs, possibly in complex with other proteins function as sensors, regulating the mTORC1-scaffolding complex via cholesterol-dependent physical interaction.

We reported that mice deficient in the transmembrane receptor, the low density lipoprotein (LDL) receptor-related protein 1 (LRP1) in vascular smooth muscle cells (VSMCs) rapidly develop atherosclerosis¹⁰. LRP1 protects against atherosclerosis by integrating TGFβ and PDGF signaling and by stimulating the expression of a Wnt signaling protein, Wnt5a, an LRP6 ligand which we identified as an inhibitor of intracellular cholesterol accumulation^{11,12}. LRP1 deficient mouse embryonic fibroblasts (MEFs) expressed very low endogenous Wnt5a¹¹. When treated with a standard adipogenic mixture containing insulin, dexamethasone, and IBMX¹¹, these cells accumulated large amounts of cholesterol within perinuclear cytosolic vesicles¹¹, whereas their treatments with recombinant Wnt5a inhibited cholesterol accumulation. Similarly, mice overexpressing Wnt5a in adipose tissue display decreased cholesterol biosynthesis and accumulation in adipocytes¹².

Wnt5a is also expressed in murine and human atherosclerotic lesions. Its expression positively correlates with the severity of the lesions^{13–15}. Wnt5a upregulates the reverse cholesterol transport in fibroblasts, macrophages, and vascular smooth muscle cells^{11,15}. However, it also stimulates endothelial cell proliferation and decreased endothelial NO production *in vitro*¹⁶, both of which being proatherogenic. Thus, its role in atherosclerosis lacks a solid mechanistic understanding. Here, we investigated whether, as previously reported with LRP1, augmenting Wnt5a in VSMCs protects against atherosclerosis in mice. We uncovered that lysosomal composition and function are profoundly disrupted in the absence of Wnt5a. We show that Wnt5a interacts with NPCs to down regulate mTORC1 signaling and lysosomal cholesterol egress. This mechanism is essential for maintaining cholesterol homeostasis and to protect against atherosclerosis.

METHODS

Data Availability.

The data and study material related to this study are available to other researchers on reasonable request. Methods are expanded in the Online Data Supplement.

RESULTS

Accelerated atherosclerosis in mice deleted for *Wnt5a* in VSMCs.

We achieved smooth muscle-specific *Wnt5a* inactivation by crossing SM22Cre transgenic mice with *Wnt5a*^{flox/flox} animals. To increase susceptibility to spontaneous atherosclerosis these mice were crossed to LDL receptor knockout animals to generate SM22Cre⁺/*Wnt5a*^{flox/flox}/LDLR^{-/-} mice (sm*Wnt5a*⁻) and littermate controls SM22Cre⁻/*Wnt5a*^{flox/flox}/LDLR^{-/-} mice (sm*Wnt5a*⁺) (Fig. S1A). Only 20% of the sm*Wnt5a*⁻ mice were born alive (Fig. S1B). Death was most likely due to heart defect as suggested by histology analysis showing cardiac tissue heavily disrupted and disorganized in dead mutants (data not shown). Surviving animals looked healthy. They were subjected to a cholesterol-rich (Paigen) diet for 5 months. As evaluated by p-NFκβ protein levels in the liver, we did not observe any toxicity of the diet (Fig. S1E). No significant difference was found in plasma cholesterol levels between mutants and controls (Fig. S1C). As shown by “en face” analysis (Fig. 1A) and quantification of the total size of the lesions in male and female animals (Fig. 1C), mutant mice developed twice as much atherosclerosis as controls. Interestingly, Oil-Red-O staining and histological analysis of thoracic and abdominal aortas showed lipid accumulation within lesions and in non-lesion areas in mutant mice, whereas in controls, lipid accumulated within lesions only (Fig. 1B, Fig. S2B), indicating that lysosomal function is impaired in the absence of *Wnt5a*. Thus, *Wnt5a* in VSMCs not only limits cholesterol accumulation, but also protects against atherosclerosis in mice, and in its absence lysosomal function is impaired.

Macrophage phenotypic switching in the absence of *Wnt5a*.

Because in advanced atherosclerosis 40–50% of VSMCs express macrophage markers¹⁷, we next evaluated whether the loss of *Wnt5a* affected VSMCs plasticity. In control mice, we found low expression of the macrophage marker Galectin-3 in the media, whereas the VSMCs marker Acta-2 is expressed in the media and at the periphery of plaques. By contrast in mutant mice, we found higher expression of Galectin-3 (Fig. 1B, D) and decreased expression of Acta-2 (Fig. 1B) within lesions and in the media of the aortas. The endothelial cell markers CD31 expression was not affected (Fig. S2A). In addition, CD45 a leukocyte/macrophage specific marker never expressed by VSMCs is expressed in the media in control mice, but not in the absence of *Wnt5a* indicating that these Galectin-3-positive cells are VSMCs in origin (Fig. 1B). Together, these data suggested that *Wnt5a* protects against macrophage phenotypic switching of VSMCs. To confirm this in human VSMCs, we used a CRISPR/Cas9 guided nuclease approach to generate human VSMCs knockout for *Wnt5a* (*Wnt5a*^{-/-} VSMCs) and non-targeted controls (*Wnt5a*^{+/+} VSMCs). In human, *Wnt5a* gene produces two protein isoforms¹⁸. Both isoforms were deleted in human VSMCs (Fig. S3A, B). Cells were treated for 10 days with the cholesterol accumulation cocktail we previously reported, that consisted of a standard adipogenic mixture containing insulin, dexamethasone, IBMX, and the PPARγ agonist rosiglitazone¹¹. In human *Wnt5a*^{-/-} VSMCs western blot analysis revealed increased expression of the macrophage marker Galectin-3 (Fig. S1D) and decreased expression of the VSMCs marker MyoCD (Fig. 1F) upon cholesterol loading. In addition, mRNA expressions of the Kruppel-like transcription factor 4 (KLF4), a transcription factor known to silence VSMC marker genes¹⁷, and to

promote formation of cholesterol-induced VSMC-derived foam cells strongly increased in untreated cells and upon cholesterol loading in the absence of Wnt5a (Fig. 1F). Thus, Wnt5 contribute to protect against macrophage phenotypic switching of VSMCs *in vitro* and during vascular injury.

Lipid accumulation in Wnt5a^{-/-} human VSMCs.

We next tested whether Wnt5a protects against cholesterol accumulation in human VSMCs. When cultured in normal conditions, total cholesterol increased slightly but non significantly in human Wnt5a^{-/-} VSMCs when compared to controls (Fig. 2A). However, cholesteryl-ester (CE) concentrations were significantly higher in Wnt5a^{-/-} VSMCs (Fig. 2B). Upon cholesterol loading, Wnt5a protein levels increased over time in wild type human VSMCs (Fig. S3C) and neutral lipids accumulated modestly as shown by Oil-Red-O staining and microscopy analysis (Fig. S3E). By contrast, neutral lipids strongly accumulated in Wnt5a^{-/-} VSMCs compared to controls, whereas their treatment with human recombinant Wnt5a rescued neutral lipids accumulation back to control levels (Fig. 2D). At day 10, CE level was strongly increased in Wnt5a^{-/-} VSMCs (Fig 2B), and total cholesterol concentration was elevated as well (Fig. 2A). In both treated and untreated cells, triglyceride levels (Fig. S3D) as well as transcript levels of the acyl CoA:diacylglycerol acyltransferase 2 (DGAT2) enzyme that is required for triglyceride synthesis in adipocytes¹⁹, were similar in Wnt5a^{-/-} VSMCs and controls (Fig. S3G). To confirm cholesterol accumulation in Wnt5a^{-/-} VSMCs we used Ox-LDL as a lipoprotein vehicle for cholesterol loading. Previous reports indicated that upon ox-LDL treatments, RAW264.7 macrophages and VSMCs knockdown for Wnt5a accumulated cholesterol¹⁵. In agreement, we now show that when treated with ox-LDL for 12 days, Wnt5a^{-/-} human VSMCs accumulated more neutral lipids than controls as evaluated by Oil Red O staining and microscopic analysis (Fig. S4A).

We next tested whether loss of Wnt5a activates cholesterol biosynthesis genes in human VSMCs. We found that mRNA levels of SREBP-2, and mRNA and protein levels of its target gene HMG CoA reductase were increased in the absence of Wnt5a in untreated and treated human VSMCs (Fig. 2C, Fig. S3F). Thus, loss of Wnt5a in human VSMCs constitutively increased the SREBP-2 pathway. These data are consistent with our previous report indicating that overexpression of Wnt5a in adipose tissue of mice decreased SREBP-2 activity and cholesterol biosynthesis¹².

Absence of Wnt5a is associated with cholesterol accumulation in late endosomes.

We next analyzed in which compartment cholesterol accumulated in the absence of Wnt5a. Electron microscopic analysis of treated human Wnt5a^{-/-} VSMCs revealed accumulation of lipid droplets, accumulation of numerous very large endosome/lysosome (LELs) containing cholesterol crystals, and accumulation of very large electron-dense cytoplasmic lipofuscin containing vesicles (Fig. 2E, Fig. S4B) that were comparable in shape and size to those seen in the heart and in the aortas of smWnt5a^{-/-} mice (Fig. S2B). To determinate whether lipofuscin accumulated in endosomes, we used confocal imaging and the late endosomes marker (lysosome-associated membrane protein 1) Lamp1. We found that the lipofuscin-enriched large cytosolic vesicles that accumulate in Wnt5a^{-/-} VSMCs are Lamp1 positive LELs (Fig. S4C).

The increased in cholesterol and CE levels upon treatment with the cholesterol accumulation cocktail, together with the alteration of the endosomal compartments suggested that in the absence of Wnt5a, cholesterol does not reach the ER. To test this, we quantified cholesterol inside cells with a specific fluorescent probe: the D4 fragment of perfringolysin O fused to GFP (GFP-D4). This probe can be efficiently used to label sterols in the PM or in subcellular structures such as endosomes²⁰. We found more cholesterol-enriched cytosolic vesicles in Wnt5a^{-/-} VSMCs as shown by immunofluorescence (Fig. 3A) and by quantification of GFP-D4 positive vesicles (Fig. 3B). Moreover, co-labelling between Lamp1 and the GFP-D4 probe showed an overlap of both signals indicating that cholesterol accumulates in endosomal compartments (Fig. 3A). Quantification of co-localization between GFP-D4 and Lamp1 show that there is three times more Lamp1⁺/GFP-D4⁺ overlapping vesicles in VSMCs lacking Wnt5a compared to controls upon cholesterol accumulation (Fig. 3C). In addition, immunofluorescence analysis of the LELs marker Lamp1 indicated that Lamp1 protein levels are substantially higher in cholesterol-fed mutant cells compared to controls (Fig. 3A). A time course experiment revealed that, whereas in control cells Lamp1 protein expression increased modestly during the course of cholesterol accumulation protocol, its expression reached higher levels in VSMCs lacking Wnt5a (Fig. 3D, Fig. S4D). Analysis of acidic compartments using LysoTracker reagent showed numerous and bigger acidic compartments in the absence of Wnt5a (Fig. 3E, F). Similarly, upon treatments with the Ox-LDL protocol immunohistochemistry experiments revealed numerous and bigger Lamp1 positive compartments in the absence of Wnt5a (Fig. S4A). Thus, in the absence of Wnt5a cholesterol accumulated in multivesicular inclusions and enlarged LELs.

Absence of Wnt5a blocks cholesterol egress from LELs.

Because lysosome-derived cholesterol correlates closely with ER cholesterol, we indirectly assessed ER cholesterol levels by measuring ACAT1 (acyl-CoA cholesterolacyltransferase 1) expression and activity. ACAT1 is an ER resident enzyme that converts free cholesterol to cholesteryl ester. Its activity is controlled by cholesterol availability in the ER membrane²¹. In untreated cells, ACAT1 protein levels were markedly decreased in human Wnt5a^{-/-} VSMCs compared to controls (Fig. 4A, B), indicative of low ER cholesterol. In addition, ACAT1 activity (Fig. 4C) was almost undetectable in human Wnt5a^{-/-} VSMCs untreated or treated for cholesterol accumulation (Fig. 4C). LAL is the enzyme that hydrolyzes CE in lysosomes. Its activity in human VSMCs is markedly lower when compared to macrophages and this represent a mechanism for VSMCs foam cell formation²². To rule out the possibility that the CE accumulation observed in Wnt5a^{-/-} VSMCs is due to decreased lysosomal hydrolysis of CE we measured its expression. We found the LAL protein levels almost undetectable in the absence of Wnt5a (Fig. 4D). Thus, the loss of Wnt5a may reduce its capacity to catabolize atherogenic lipoproteins and CE. This results in the accumulation of cholesterol and CE in Lamp1 positive compartments at the expense of the ER.

Localization of Wnt5a in LEL particles.

To determine how Wnt5a enter the endocytic compartment we postulate that, as previously described in the cerebrospinal fluid²³, Wnt5a associates with LDL particles. For this, recombinant Wnt5a was incubated with either 0.6% CHAPS or human LDL lipoprotein fraction for 4 h at 37 °C and filtered through 100 kDa cut-off protein concentrator. When

recombinant Wnt5a was incubated with LDL, western blot confirmed presence of Wnt5a only in >100 kDa fraction but not in the <100 kDa fraction indicating that recombinant Wnt5a localized on LDL particles and forms a high-molecular weight complex (Fig. 4E).

Next, we hypothesize that Wnt5a might be internalized together with LDLs in LELs. For this, we used a subcellular fractionation approach to isolate LELs from human VSMCs as outlined in Fig. 4F. The cell homogenate (Fraction A) was subjected to two centrifugation steps in order to separate LELs membranes from other organelles (Fig. 4F, left panel). Centrifugation of the homogenate at 3000xg separates unbroken cells and the heaviest membranes. As assessed by immunoblot analysis of the fractions (Fig. 4F, right panel), a plasma membrane protein marker (Caveolin-1) and an ER membrane protein marker (ER-72) are mostly retained in the 3000xg pellet (Fraction B), whereas significant amounts of all other membrane markers, including the LEL protein marker Lamp1 were present in the 3000xg supernatant (Fraction C). Fraction C was then subjected to centrifugation through a discontinuous sucrose gradient and yielded two distinct bands of membranes (Fractions D, E). Fraction E contained ER membrane protein marker, whereas the LEL membrane protein Lamp1 was essentially present in Fraction D (Fig. 4F, right panel). Interestingly, Wnt5a was present in Fractions C and D, indicative of its localization in LELs. In addition, cholesterol in the fraction enriched in ER membranes (the heavy Fraction E) is decreased in mutant cells compared to controls, whereas cholesterol in the fraction enriched in LEL membranes (the light Fraction D) is increased (Fig. 4G). Thus, Wnt5a is directly associated with the LEL compartments, and in the absence of Wnt5a cholesterol is retained in LEL fractions.

Wnt5a down regulates the mTORC1 pathway.

LELs have emerged as the cellular site where the master growth regulator and nutrient sensor, mechanistic target of rapamycin complex 1 (mTORC1) is activated. Given that high mTORC1 activity coincides with low ER cholesterol, high ACAT-1 expression, and activation of SREBP-2⁹, we assessed mTORC1 activation in Wnt5a^{-/-} VSMCs. We found a robust increase of p-mTORC1 and its downstream targets, p-P70S6 and p-4EBP-1, and of p-Akt in the absence of Wnt5a in human VSMCs (Fig. 5A). During the course of cholesterol accumulation, p-mTORC1 remains highly activated in the absence of Wnt5a (Fig. S5A). Interestingly, rescue experiments show that treatment of human Wnt5a^{-/-} VSMCs with conditioned media enriched in Wnt5a (Fig. S5B) decreased the p-mTORC1 target gene p-P70S6 to control levels, whereas mock media had no effect (Fig. 5B). Similarly, treatment with recombinant human Wnt5a decreased p-mTORC1 in human Wnt5a^{-/-} VSMCs back to control levels (Fig. 5D). Treatment with Everolimus®, an mTORC1 inhibitor, decreased p-mTORC1 and p-Akt in human Wnt5a^{-/-} VSMCs to control levels (Fig. S5C). Everolimus® treatment decreased cholesterol accumulation in the CD63 positive compartments in human Wnt5a^{-/-} VSMCs (Fig. 5E). Similarly, Oil-red-o staining showed that neural lipids and cholesterol are reduced upon Everolimus treatments (Fig. S5D), and GC-MS quantification showed that Everolimus treatments decreased total cholesterol and cholesteryl esters in Wnt5a^{-/-} VSMCs, however without reaching significance (Fig. S5E). Thus, loss of Wnt5a coincides with high mTORC1 activity, and cholesterol accumulation.

Changes in cholesterol levels can alter the activity of signaling pathways originating at the plasma membrane involving phosphoinositide-3 kinase (PI3K) that can activate mTORC1²⁴. To test whether Wnt5a acts upstream of mTORC1 or directly on mTORC1 we measured PI3K activation in human VSMCs. We found the p85 subunit of PI3K to be highly tyrosine phosphorylated in human Wnt5a^{-/-} VSMCs compared to controls (Fig. 5C) and treatment with the PI3K inhibitor Wortmannin inhibited mTORC1 activation in human Wnt5a^{-/-} VSMCs (Fig. S5F). Marked activation of the Akt/mTORC1 pathway in the absence of Wnt5a was also observed *in vivo* with increased protein levels of p-Akt, p-P70 S6, and p-4EBP1 in aortas from smWnt5a⁻ mice compared to controls (Fig. 5F, G). Overall, these data suggest that Wnt5a promotes LEL cholesterol egress by down regulating the PI3K/Akt/mTORC1 pathway in human VSMCs.

Absence of Wnt5a activated the calcineurin-dependent TFEB nuclear re-localization.

The MiT/TFE transcription factor family member, TFEB drives the expansion of the lysosomal compartment and lysosomal biogenesis²⁵. To assess whether Wnt5a modulates TFEB activity, we measured mRNA levels of its target genes in human Wnt5a^{-/-} VSMCs and controls. Results show an increase in SGSH, CTSF, and TPP1 mRNA levels in untreated mutant cells, and an increase in ATP6V mRNA levels in cholesterol-fed mutant cells (Fig. S4E, F) suggesting that TFEB is activated in the absence of Wnt5a. In agreement, we found that upon cholesterol accumulation TFEB translocated to the nucleus in the absence of Wnt5a (Fig. 6A, B). Conditions that promote TFEB nuclear translocation, such as starvation and lysosomal stress, dephosphorylated TFEB, and one phosphatase involved in TFEB dephosphorylation has been identified as calcineurin²⁶. Conversely, mTORC1-mediated phosphorylation of TFEB at serine residues Ser142 and Ser211 promotes its cytoplasmic localization²⁷. To test whether in the absence of Wnt5a, TFEB dephosphorylation is driven by calcineurin, human Wnt5a^{-/-} VSMCs were treated with the calcineurin inhibitor FK506 upon cholesterol accumulation. FK506 treatments re-localized TFEB to the cytosol (Fig. 6A, B). In addition, using the Fura-8 fluorescent calcium marker, we found that basal intracellular calcium levels are increased in human Wnt5a^{-/-} VSMCs compared to controls (Fig. 6C), an event known to activate calcineurin²⁶. Collectively, these data suggest that in the absence of Wnt5a, activation of calcineurin by Ca²⁺ release from intracellular stores overrides the mTORC1 signal and causes TFEB to go to the nucleus.

Wnt5a physically interacts with NPC proteins.

On the basis of our results indicating that absence of Wnt5a interferes with cholesterol trafficking in LELs, we examined whether the Wnt5a sequence contains cholesterol-binding motifs. We identified 5 putative cholesterol recognition amino acid consensus (CARC) motifs that we named D1–5 (Fig. 7A). The consensus CARC sequence (L/V)-X_{1–5}-Y-X_{1–5}-(K/R) has been described in transmembrane domains of cholesterol-regulated proteins such as caveolins, the Ca²⁺ channel Orai 1, and SLC38A9 within the mTORC1 scaffolding complex^{28,29}. However, cholesterol-binding domains have also been identified outside the membrane-spanning regions of soluble proteins such as α -synuclein³⁰. Using the 3D structure of Wnt8 another Wnt ligand that is 33 % homologous to Wnt5a as a template³¹, we modeled *in silico* the 3D structure of Wnt5a and the subsequent localization of CARC motifs (Fig. 7A). CARC motifs D2, D3, and D4 were found at the periphery of the 3D

structure of Wnt5a, accessible to cholesterol, and thus in a biologically relevant position (Fig. 7A). We next investigated the ability of Wnt5a to bind cholesterol in liposomes reconstituted with phosphatidylcholine, enriched with cholesterol (PC+Chol) or not (PC). Co-sedimentation assays revealed that Wnt5a did not pellet with PC-containing liposomes (Fig. 7B, lane 4). However, the inclusion of cholesterol in PC-containing liposomes enhanced their association with Wnt5a (Fig. 7B, lane 2) indicating that Wnt5a binds to cholesterol-enriched membranes.

We next tested whether Wnt5a interacts with NPC1 and NPC2, and measured their mRNA levels in the absence of Wnt5a. We found that mRNA levels of NPC1 increased by 2–3X in Wnt5a^{-/-} VSMCs compared to controls (Fig. 7C), whereas NPC2 levels remain unchanged (not shown). Moreover, when co-expressed in HEK293T cells, we found that Wnt5a co-immunoprecipitated with NPC1 and NPC2 (Fig. 7D). The immunoprecipitate does not contain the late endosome marker, Lamp1 suggesting that the interaction between Wnt5a and NPC proteins (Fig. 7D) is not a mere co-precipitation of proteins present in the same membrane complex. We also found that Wnt5a co-immunoprecipitated with NPC1 and NPC2 using mass spectrometry analysis of the interactome (Table S4). We further tested the specific interaction between Wnt5a and NPC2 using *in vitro* binding experiments and recombinant proteins. We found that purified recombinant Wnt5a physically interacts with recombinant NPC2 (Fig. 7E). This *in vitro* interaction demonstrates a direct binding between these two proteins and indicates that Wnt5a interacts with the lysosomal cholesterol export machinery.

The U18666A compound is a cholesterol transport-inhibiting agent, used to mimic NPC1 deficiency, which causes the accumulation of cholesterol in cells. Interestingly, we found that in human Wnt5a^{-/-} VSMCs, Wnt5a⁻ enriched conditioned medium decreased mTORC1 activity induced by U18666A treatments, whereas mock medium had no significant effect (Fig. 7F). Thus, loss of Wnt5a or NPC1 inhibition have similar effects on mTORC1 activation and cholesterol trafficking, and Wnt5a counteracts the activation of mTORC1 mediated by U18666A-induced NPC1 inhibition.

DISCUSSION

How cholesterol moves between cellular membranes in mammalian cells is not understood. Our study identifies Wnt5a as essential for lysosomal cholesterol egress.

Wnt5a act as intercellular signaling molecules but is lipid modified. Therefore, its intercellular transport requires extracellular carriers¹. Here, we report that Wnt5a enter the endocytic compartment through binding to the LDL lipoparticles. In human or murine VSMCs Wnt5a^{-/-} the LAL expression is very low and the cholesterol hydrolysis processes are overwhelmed. Cholesterol and CE accumulated in enlarged LELs and this coincide with high mTORC1 activity. Within LELs, Wnt5a interacts with NPC proteins, down regulates mTORC1, and promotes cholesterol egress to the ER and lysosomal function. Thus, Wnt5a appears to sense sterol abundance and translates cholesterol levels directly into mTORC1 activity, in parallel with the NPC proteins (Fig. 7G).

We previously reported that pre-adipocytes and mouse embryonic fibroblasts (MEFs) LRP1^{-/-}, that expressed low endogenous Wnt5a, did not form adipocytes when submitted to an adipogenic cocktail. Instead, they accumulated cholesterol and CE^{11,12}. Fatty acid synthesis is impaired and triglycerides levels remained unchanged^{11,12}. Here, we found essentially the same changes in human Wnt5a^{-/-} VSMCs.

In agreement with our data, previous reports showed that siRNA-mediated silencing of Wnt5a in both macrophages and VSMC significantly increased cholesterol content upon exposure to oxLDL¹⁵. In addition, Wnt signaling enhanced the macrophage response to inflammation resolving factors⁴. However, it was also reported that siRNA-mediated silencing of Wnt5a attenuated atherosclerosis potentially through inhibiting the proinflammatory NF- κ B and mitogen-activated protein kinase (MAPK) signaling pathways³² suggesting that immune function and/or endothelial cell function are affected by the loss of VSMC Wnt5a. Here, we did not find any significant difference in the expression of the endothelial cell markers CD31 in the absence of Wnt5a in VSMC. In addition, an alteration of the immune or endothelial cell function would be against the atheroprotective effects of LRP6 observed in human. These apparent discrepancies may be related to the receptor availability of Wnt5a that can both activate canonical and non-canonical pathways. For instance, the non-canonical Wnt5a/CaMKII pathway contributes to the inflammatory response of human macrophages¹⁶, whereas the Wnt5a/beta-catenin or the LRP6 pathway prevent against cholesterol accumulation and atherosclerosis^{3,11}.

As cholesterol accumulated, Wnt5a protein levels increased in human Wnt5a^{+/+} VSMCs (Fig. S3C) and, as described by others and we, also increased in the aortic wall during atherosclerosis¹³⁻¹⁵. However, the correlation between its expression and the accumulation of cholesterol in the arterial wall does not mean there is a causal effect. Here, by deleting Wnt5a in the VSMCs of mice we directly addressed its protective role against cholesterol-induced atherosclerosis. In addition, the absence of Wnt5a activated the PI3K/mTORC1 pathway. PI3K integrates signal from cellular growth and functions as a checkpoint for slowing or preventing degenerative disorders of the vascular wall. For instance, LRP1 mutant mice containing in VSMCs a mutated PDGF receptor-b kinase domain that disrupted the PI3K activation, are protected against atherosclerosis³³.

Under nutrient-rich conditions, through mTORC1-mediated phosphorylation, TFEB is retained inactive in the cytoplasm. Upon starvation or under conditions of lysosomal dysfunction, TFEB is dephosphorylated by calcineurin and rapidly translocates to the nucleus to activate the transcription of its target genes. In human Wnt5a^{-/-} VSMCs, we found TFEB in the nucleus and increased intracellular Ca²⁺ levels, an event known to activate calcineurin²⁶. In the absence of Wnt5a, activated calcineurin overrides the mTORC1 signal and causes TFEB to go to the nucleus where it drives the expansion of the lysosomal compartment allowing cholesterol to accumulate.

In conclusion, the work presented here identifies a previously unrecognized crucial role for Wnt5a in controlling cholesterol homeostasis. The absence of Wnt5a down regulates LAL and this leads to the accumulation of CE in enlarged LELs. Accumulation of cholesterol activates the nutrient-dependent mTORC1 axis at the surface of LELs, whereas Wnt5a

interacts with NPC proteins to communicate lysosomal sterol abundance to the mTORC1 complex. This is required for cholesterol transport across the lysosomal membrane and its trafficking to the ER for subsequent redistribution and export via ABC transporters. Through this mechanism, Wnt5a limits cholesterol accumulation in VSMCs, and protects against atherosclerosis in mice.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Nonstandard Abbreviations and Acronyms:

4EBP1	Eukaryotic translation initiation factor 4E-binding protein 1
ACAT1	Acyl-CoA cholesterolacyltransferase 1
ACTA	Alpha-smooth muscle actin
AKT	Protein kinase B
ATP6V	V-type proton ATPase
CARC	Cholesterol recognition amino acid consensus motifs
CE	Cholesteryl-ester
CTSF	Cathepsin F
DGAT2	Acyl CoA:diacylglycerol acyltransferase 2
ER	Endoplasmic reticulum
GAL3	Galectin-3
GFP-D4	D4 fragment of perfringolysin O fused to GFP
LAL	Lysosomal acid lipase
LAMP1	Lysosome-associated membrane protein 1
LDLR	Low-density lipoprotein (LDL) receptor

LELs	Late endosomes/lysosomes
LRP1	Low-density lipoprotein (LDL) receptor-related protein 1
LRP6	Low-density lipoprotein (LDL) receptor-related protein 6
MAPK	Mitogen-activated protein kinase
mTORC1	Mechanistic target of rapamycin complex 1
MyoCD	Myocardin
NF-κB	Nuclear factor κ B
NPC1/2	Niemann–Pick C1/2
p-4EBP1	Phospho-Eukaryotic translation initiation factor 4E-binding protein 1
P70 S6	Ribosomal protein S6 kinase beta-1
p-Akt	Phospho-Protein kinase B
PDGF	Platelet-derived growth factor
PI3K	Phosphatidylinositol 3-kinase
p-P70 S6	Phospho-Ribosomal protein S6 kinase beta-1
SGSH	N-sulphoglucosamine sulphohydrolase
SREBP-2	Sterol regulatory element-binding protein-2
TGFβ	Transforming Growth Factor β
TFEB	Transcription Factor EB
TPP1	Tripeptidyl Peptidase 1
KLF4	Kruppel-like transcription factor 4
VSMCs	Vascular smooth muscle cells
WT	Wild type

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NOVELTY AND SIGNIFICANCE

What Is Known?

- Disrupted cholesterol trafficking leads to atherosclerosis.
- In humans, missense mutation in the Wnt co-receptor *LRP6* causes autosomal-dominant early onset cardiovascular disease.
- The LRP6 ligand, Wnt5a is expressed in murine and human atherosclerotic lesions.
- Wnt5a deficiency in mouse embryonic fibroblasts (MEFs) promotes cholesterol accumulation within perinuclear cytosolic vesicles.
- Wnt5a increases cholesterol export and decreases cholesterol bio-synthesis.

What New Information Does This Article Contribute?

- Mice deficient for Wnt5a in vascular smooth muscle cells (VSMCs) developed twice as much atherosclerosis as controls.
- Wnt5a binds to cholesterol-rich membranes and to the lysosomal Niemann–Pick C1 (NPC1) and NPC2 proteins, and promotes lysosomal cholesterol egress.
- The loss of Wnt5a in VSMCs reduces the Lysosomal Acid Lipase expression and its capacity to catabolize atherogenic lipoproteins.
- Wnt5a promotes cholesterol trafficking by down regulating the PI3K/Akt/mTORC1 pathway in human VSMCs.

The present studies provide evidence that Wnt5a is essential for cholesterol homeostasis. It activates lysosomal function, promotes cholesterol trafficking, and protects against atherosclerosis.

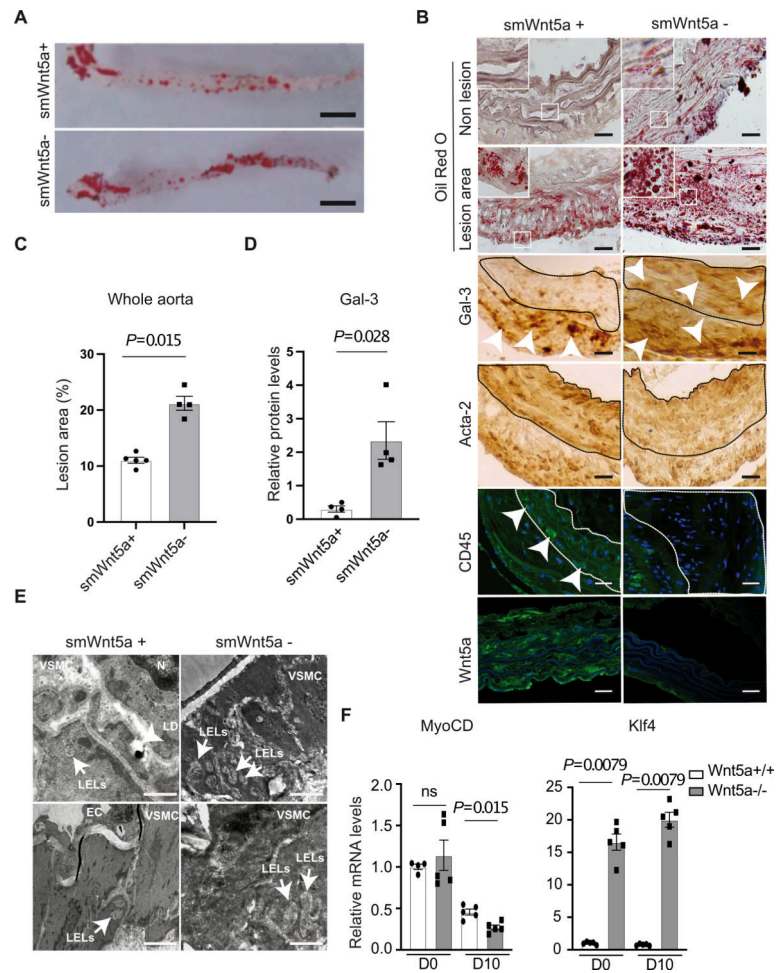


Fig. 1. Accelerated formation of atherosclerotic lesions in smWnt5a⁻ mice.

A, Opened and Sudan IV-stained whole aortas from cholesterol-fed LDL receptor deficient mice that express (smWnt5a⁺) or lack Wnt5a (smWnt5a⁻) in VSMCs. Scale bar 0,5 cm (n=6 mice/group). **B**, Oil Red O and immunohistochemical staining of Galectin-3, Acta-2, CD45, and Wnt5a in thoracic aortas from mice lacking Wnt5a in VSMCs or controls fed a cholesterol rich diet. The subpanels are higher magnification images (2.5X) of the areas outlined in white. The dashed line demarcates the media. Arrow heads show macrophages staining (Gal-3 and CD45). Scale bars 50μm (n=6 mice/group). **C**, Quantitative analysis of atherosclerotic lesion size in whole aortas from cholesterol-fed mice. The plot shows individual values with mean ± SEM (n=4 mice/group). **D**, Relative protein levels of Gal-3 in mutant and control mice. The plot shows individual scatter with mean ± SEM (n=4 mice/group). **E**, Representative electron micrographs show enlarged late endosomes/lysosomes (LELs) in VSMCs from thoracic aortas of mutants vs controls. Endothelial cells, nuclei, and lipid droplets are indicated (EC, N, LD). Scale bar top panels: 5μm, bottom panels 2μm (n=6 mice/group). **F**, Relative transcript levels of indicated genes in human VSMCs Wnt5a^{-/-} and Wnt5a^{+/+} untreated (D0) and upon cholesterol loading (D10) taking GAPDH as internal control. The plot shows individual scatter with mean±SEM (MyoCD n=5 and Klf4 n=5). Statistical significance was assessed by Shapiro-wilk to test normality and Mann-Whitney

test for **C**, **D** and **F**. **C**, $P=0.015$; **D**, $P=0.028$ indicate significance relative to smWnt5a+; **F**, $P=0.015$ and $P=0.0079$ indicate significance relative to Wnt5a+/+. ns indicates not significant.

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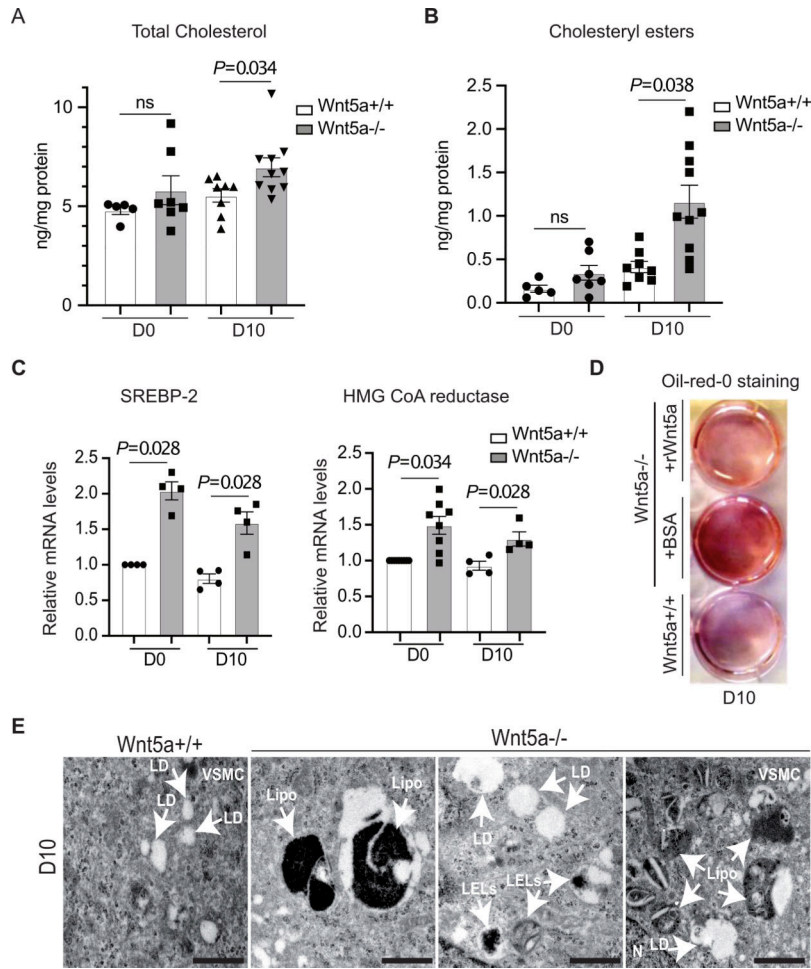


Fig. 2. Cholesterol accumulation and altered lysosomal function in human VSMCs *Wnt5a*^{-/-}. Human VSMCs *Wnt5a*^{-/-} and *Wnt5a*^{+/+} were analyzed untreated (D0) or upon treatment with a cholesterol accumulation protocol during 10 days (D10). **A**, Quantification of total cholesterol $n=5$ D0 *Wnt5a*^{+/+}, $n=7$ D0 *Wnt5a*^{-/-}, $n=8$ D10 *Wnt5a*^{+/+}, $n=10$ D10 *Wnt5a*^{-/-}. **B**, Quantification of cholesteryl esters ($n=5$ D0 *Wnt5a*^{+/+}, $n=7$ D0 *Wnt5a*^{-/-}, $n=8$ D10 *Wnt5a*^{+/+}, $n=10$ D10 *Wnt5a*^{-/-}). **C**, Relative transcript levels of SREBP-2 ($n=4$ D0 and D10) and HMG CoA reductase ($n=9$ D0 *Wnt5a*^{+/+}, $n=8$ D10 *Wnt5a*^{-/-}, $n=4$ D10 *Wnt5a*^{+/+} and $n=4$ D10 *Wnt5a*^{-/-}) taking GAPDH 18S as internal control. **D**, Oil Red O staining upon treatment for cholesterol accumulation during 10 days in presence of human recombinant *Wnt5a* (+rWnt5a) or BSA (+BSA) in human *Wnt5a*^{-/-} VSMCs ($n=3$). **E**, Representative electron micrographs show presence of large lipofuscin containing vesicles (Lipo), lipid droplets (LD), and large LELs in human *Wnt5a*^{-/-} VSMCs vs controls. Scale bar $1\mu\text{m}$ ($n=3$). **A**, **B**, and **C** show individual value along with mean \pm SEM. Statistical significance was assessed by Shapiro-wilk to test normality, unpaired *t* test for **A** and **B**, and Mann-Whitney test for **C**. **A**, $P=0.034$; **B**, $P=0.038$; **C**, $P=0.028$ and $P=0.028$ for SREBP-2 and $P=0.034$ and $P=0.028$ for HMG CoA reductase indicate significance relative to *Wnt5a*^{+/+}. ns indicates not significant.

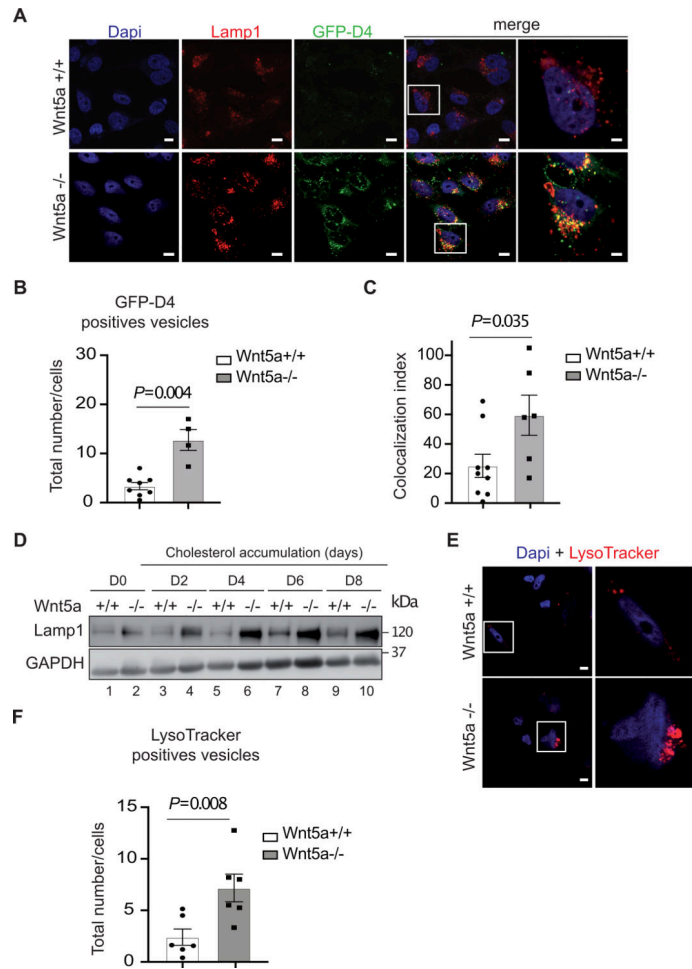


Fig. 3. Cholesterol accumulated in Lamp1 positive cytosolic vesicles in human Wnt5a^{-/-} VSMCs.
A, Cholesterol accumulation in human VSMCs Wnt5a^{-/-} and controls labeled with anti-Lamp1 antibodies (red) a LELs marker, and with the fluorescent cholesterol probe GFP-D4 (green). Nuclei were stained in blue with Dapi. Higher magnification (2.5X) images of the areas outlined in white are shown in the right panels. Scale bar 5µm (n=4). **B**, Quantification of GFP-D4 positive vesicles/cells in human VSMCs Wnt5a^{-/-} and controls (n=8 Wnt5a^{+/+}, n=4 Wnt5a^{-/-}). **C**, Quantification of confocal analysis shows increased colocalization between GFP-D4 (cholesterol) and Lamp1 (LELs) in human VSMCs Wnt5a^{-/-} compared to controls (n=9 Wnt5a^{+/+}, n=6 Wnt5a^{-/-}). **D**, A representative immunoblot shows the protein expression of Lamp1 during the course of cholesterol accumulation (n=3). **E**, Human VSMCs Wnt5a^{-/-} and controls were treated with 50 nM lysosome-tracker red. Higher magnification (2.5X) images of the area outlined in white are shown on the right. Scale bar 6µm (n=4). **F**, Quantification of lysosome-tracker red positive vesicles (n=6 Wnt5a^{+/+} and Wnt5a^{-/-}). **B**, **C**, and **F** show individual value along with mean±SEM. For **C**, statistical significance was assessed by Shapiro-wilk to test normality followed by an unpaired t-test. For **B and F** statistical significance was assessed by Shapiro-wilk to test normality followed by a Mann-Whitney test. **B**, *P*=0.004; **C**, *P*=0.035 and **F**, *P*=0.008 indicate significance relative to Wnt5a^{+/+}.

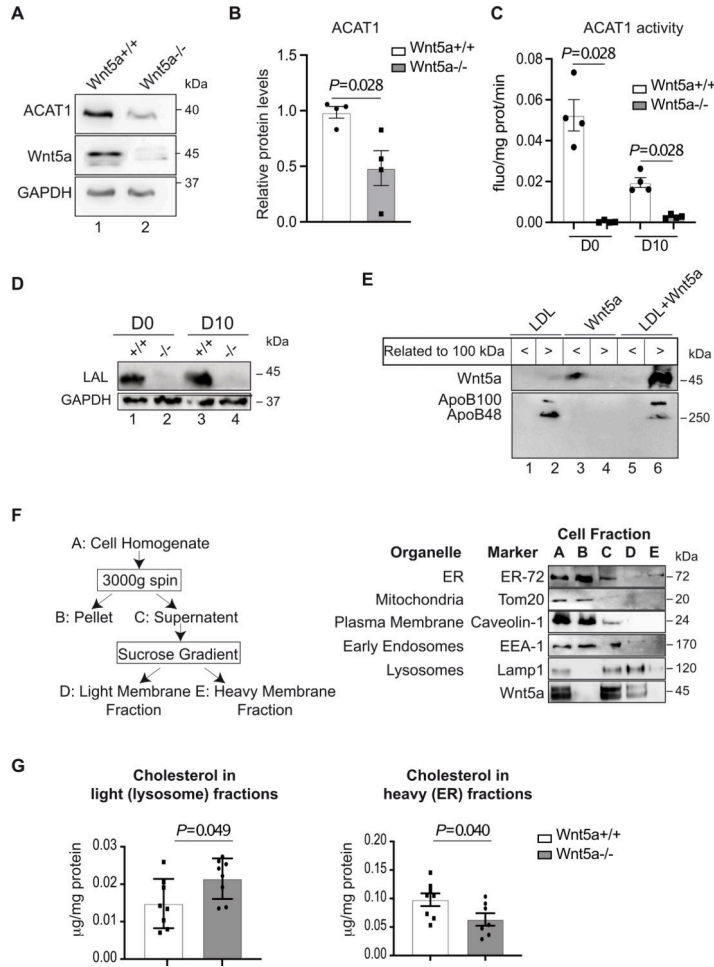


Fig. 4. Decreased concentrations of ER membrane cholesterol in human VSMCs Wnt5a -/-. **A**, A representative immunoblot shows the protein expression of ACAT1 and **B**, its quantification in human Wnt5a-/- VSMCs vs controls upon cholesterol accumulation protocol calculated as relative to GAPDH expression (n=3). **C**, ACAT1 activity in human Wnt5a-/- VSMCs vs controls before (D0) and upon (D10) cholesterol accumulation treatments during 10 days (n=4). **D**, A representative immunoblot shows the protein expression of the Lysosomal acid lipase (LAL) (n=4). **E**, Wnt5a was incubated with human LDL particles as described in the method section. A representative immunoblot shows the presence of Wnt5a in the <100 kDa fraction when incubated with CHAPS, or in >100 kDa apoB positive fraction when incubated with human LDL (n=3). **F**, Purification of ER and LELs, purification of mitochondria, plasma and early endosomal membranes. Left panel is showing the diagram of LELs membrane fractionation scheme. A-E denote major fractions recovered and analyzed by western blot. Right panels, VSMCs were treated according to the fractionation scheme and as described in the method section. Aliquots representing equal volumes of each fraction (A-E) were subjected to immunoblot analysis for the indicated organelles markers and Wnt5a. **G**, Quantification of cholesterol concentrations in heavy (E, ER) and light (D, lysosomes) membrane fractions from human Wnt5a-/- VSMCs and Wnt5a+/+ (n=8 and n=7 Wnt5a-/- heavy fractions). **B**, **C** and **G** show individual data along

with mean \pm SEM. For **B**, **C** and **G**, data were analyzed using a Shapiro-Wilk test to assess normality followed by Mann-Whitney test. For **B**, $P=0.028$; **C**, $P=0.028$ and **G**, $P=0.049$ and $P=0.040$ indicate significance relative to Wnt5a+/+.

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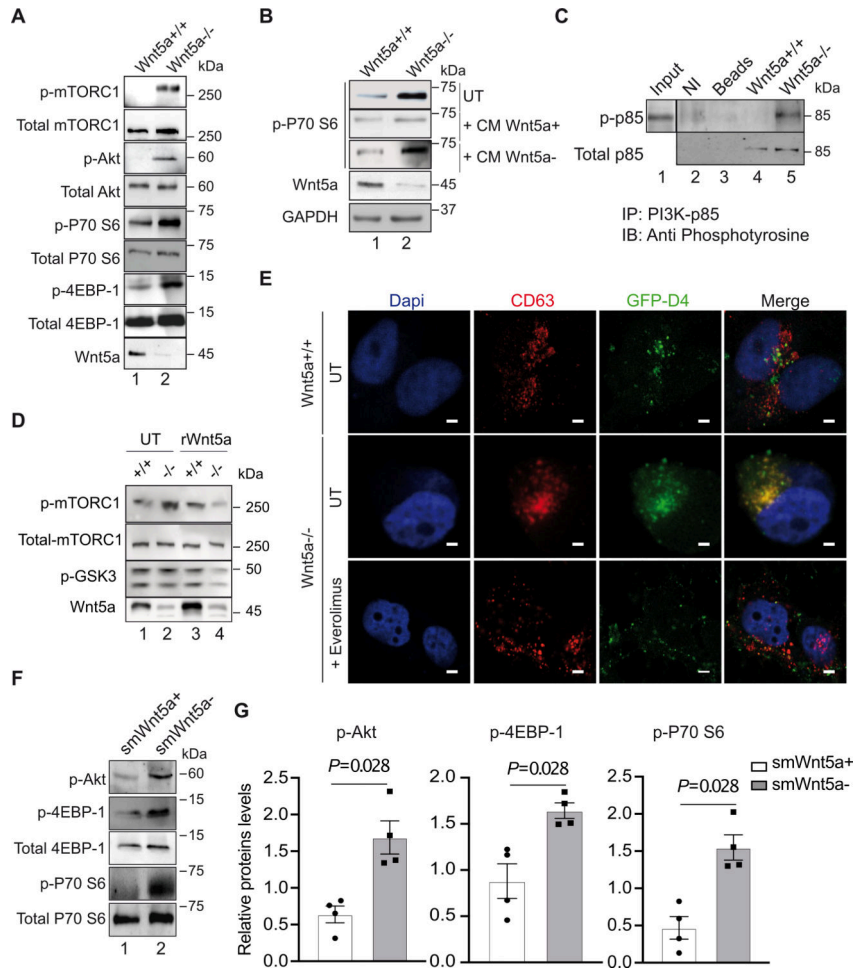


Fig. 5. Wnt5a decreases mTORC1 activity.

A, shows a representative immunoblot of the indicated genes in human Wnt5a^{-/-} and control VSMCs upon cholesterol accumulation (n=3). **B**, Western blot analysis showing p-P70 S6 (Thr389) expressions in Wnt5a^{-/-} VSMCs untreated (UT) or treated with conditioned medium enriched in Wnt5a (CM Wnt5a⁺) or mock medium (CM Wnt5a⁻) as described in the method section (n=3). **C**, Immunoprecipitation in Wnt5a^{-/-} VSMCs and controls of the PI3K-p85 subunit followed with immunoblotting with anti-phosphotyrosine (4G10) antibodies show the tyrosine-phosphorylated form of p85 (p-p85) in the absence of Wnt5a. NI=non-immune antibodies, Beads = empty beads. Input is from whole cell lysate (n=3). **D**, A representative immunoblot shows p-mTORC1, total mTORC1, p-GSK3, and Wnt5a expressions in Wnt5a^{-/-} VSMCs (-/-) and control cells (+/+) untreated (UT) or treated (rWnt5a) with human recombinant Wnt5a (n=3). **E**, Confocal analysis showing colocalization (yellow) between GFP-D4 positive vesicle (cholesterol, green) and CD63 (LELs, red) in untreated (UT) and Everolimus® (30nM) treated Wnt5a^{-/-} VSMCs. Scale bars are 5µm (n=3). **F**, Western blot analysis and **G**, quantification of relative protein levels of the indicated genes in aortas from control (smWnt5a⁺) and mutant (smWnt5a⁻) mice (n=4 mice/group). **G** shows individual data along with mean±SEM. Data were analyzed

using Shapiro-wilk followed by Mann-Whitney test. **G**, $P=0.028$ indicate significance relative to smWnt5a+ mice.

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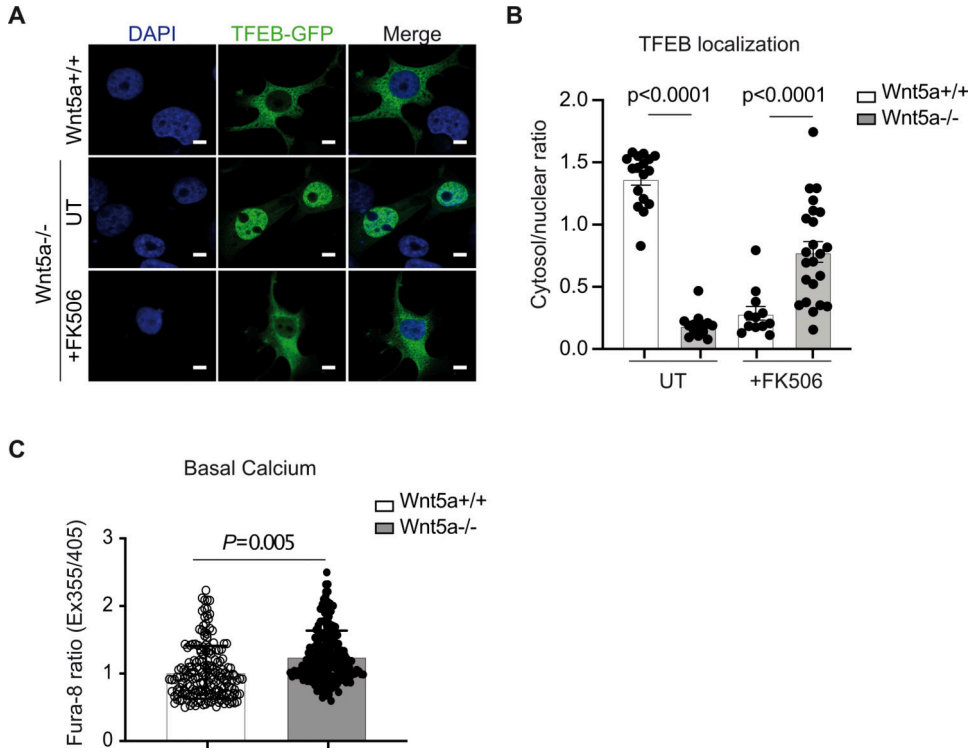


Fig. 6. Calcineurin-dependent nuclear re-localization of TFEB in *Wnt5a*^{-/-} VSMCs. **A**, Nuclear localization of TFEB-GFP and its quantification **B**, in human VSMC *Wnt5a*^{-/-} and controls untreated (UT) or treated with the calcineurin inhibitor FK506 (+FK506). Scale bars are 5 μ m (n=17 *Wnt5a*^{+/+} UT, n=14 *Wnt5a*^{-/-} UT, n=12 *Wnt5a*^{+/+} +FK506 and n=23 *Wnt5a*^{+/+} +FK506). **C**, Intracellular calcium quantification in human VSMC *Wnt5a*^{-/-} and controls (n=184 *Wnt5a*^{+/+} and n=187 *Wnt5a*^{-/-}). **B** and **C** show individual data with mean \pm SEM. Statistical analysis was done using Shapiro-Wilk test followed by Mann-Whitney test. **B** and **C** $P < 0.0001$ indicate significance relative to *Wnt5a*^{+/+}.

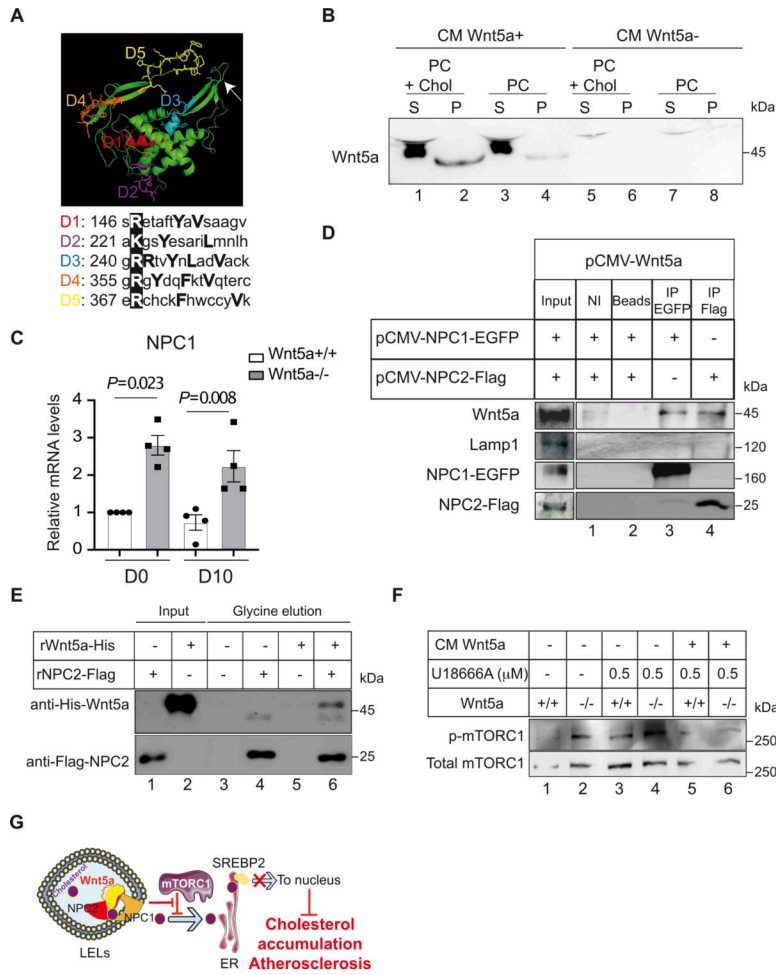


Fig. 7. Wnt5a interacts with NPC proteins and cholesterol-enriched liposomes.

A, Predictive 3D structure of Wnt5a and localization of the CARC motifs. The arrow is showing localization for the palmitoleic acid lipid group. The essential Arg/Lys within the CARC motifs are boxed in dark. **B**, Conditioned medium enriched in Wnt5a (CM Wnt5a+) or mock medium (CM Wnt5a-) were incubated with liposomes containing 80–85% phosphatidylcholine (PC) or 80–85% phosphatidylcholine + 5% cholesterol (PC + Chol). Liposomes were sedimented, washed and analyzed by immunoblotting for the presence of Wnt5a. Supernatant (S) and pellets (P) were loaded (n=3). **C**, Relative transcript levels of NPC1 in human VSMC Wnt5a-/- and controls untreated (D0) or treated for cholesterol accumulation during 10 days (D10). GAPDH is taken as internal control. The plot shows individual values with mean±SEM (n=4). **D**, HEK293 cells were co-transfected with either pCMV-Wnt5a and pCMV-NPC1-EGFP or pCMV-Wnt5a and pCMV-NPC2-Tag expression plasmids. Immunoprecipitations of NPC1 (lane 3) or with NPC2 (lane 4), followed with immunoblotting with Wnt5a show that Wnt5a interacts with both NPC proteins. NI=non-immune antibodies, Beads=empty beads (n=3). **E**, *In vitro* direct binding between His-Wnt5a and Flag-NPC2. Recombinant Flag-NPC2 was incubated with Flag-NTA agarose beads allowing NPC2 to bind to the beads. Then 10 μg of human recombinant Wnt5a were added and incubated at room temperature. Complex of proteins was then eluted with a

glycine buffer and analyzed by western blotting (n=4). **F**, Effects of the U18666A compound on the phosphorylation of mTORC1 in presence of control medium (CM Wnt5a-) or Wnt5a enriched condition medium (CM Wnt5a+) in human VSMC Wnt5a-/- and controls (n=3). **G**, Wnt5a is required for proper lysosomal functions. It promotes cholesterol egress from late endosomes to ER through inhibition of p-mTORC1. In LELs, upon binding to NPC2 and cholesterol, Wnt5a might facilitate cholesterol transfer to NPC1 and to the ER membrane. This suppresses SREBP-2 activity, limits cholesterol accumulation in VSMCs, and protect against atherosclerosis. Statistical analysis was done using a Shapiro-Wilk test followed by one-Way ANOVA and Tukey post hoc analysis for **C**. **C**, $P=0.023$ and $P=0.088$ indicate significance relative to Wnt5a+/+.

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