

Prognostic Model for De Novo and Recurrent Metastatic Breast Cancer

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PURPOSE Metastatic breast cancer (MBC) has a heterogeneous clinical course. We sought to develop a prognostic model for overall survival (OS) that incorporated contemporary tumor and clinical factors for estimating individual prognosis.

METHODS We identified patients with MBC from our institution diagnosed between 1998 and 2017. We developed OS prognostic models by Cox regression using demographic, tumor, and treatment variables. We assessed model predictive accuracy and estimated annual OS probabilities. We evaluated model discrimination and prediction calibration using an external validation data set from the National Comprehensive Cancer Network.

RESULTS We identified 10,655 patients. A model using age at diagnosis, race or ethnicity, hormone receptor and human epidermal growth factor receptor 2 subtype, de novo versus recurrent MBC categorized by metastasis-free interval, Karnofsky performance status, organ involvement, frontline biotherapy, frontline hormone therapy, and the interaction between variables significantly improved predictive accuracy (C-index, 0.731; 95% CI, 0.724 to 0.739) compared with a model with only hormone receptor and human epidermal growth factor receptor 2 status (C-index, 0.617; 95% CI, 0.609 to 0.626). The extended Cox regression model consisting of six independent models, for < 3, 3-14, 14-20, 20-33, 33-61, and ≥ 61 months, estimated up to 5 years of annual OS probabilities. The selected multifactor model had good discriminative ability but suboptimal calibration in the group of 2,334 National Comprehensive Cancer Network patients. A recalibration model that replaced the baseline survival function with the average of those from the training and validation data improved predictions across both data sets.

CONCLUSION We have generated and validated a robust prognostic OS model for MBC. This model can be used in clinical decision making and stratification in clinical trials.

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Metastatic breast cancer (MBC) is considered incurable, but survival has improved over time.¹⁻⁴ MBC accounts for 5%-10% of newly diagnosed breast cancers, termed de novo stage IV MBC.^{2,5,6} Most patients are initially diagnosed with nonmetastatic disease and receive local therapy (breast surgery and radiation therapy) and systemic treatment (chemotherapy, biotherapy, and hormone therapy) but eventually develop recurrent MBC. Patients with de novo MBC tend to have better prognosis compared with those with recurrent MBC^{7,8}; being naïve to treatment, they may respond better to systemic therapy, whereas inherent biologic differences could also explain this phenomenon.⁸⁻¹⁰ Patients with de novo or recurrent MBC are typically treated with similar systemic therapy. In recent decades, numerous prognostic factors in MBC have been identified.¹¹⁻²⁸

However, some of these prognostic models are now outdated, and many suffer from methodologic shortcomings such as small sample size, the absence of contemporaneous tumor data, or lack of external validation.

The objective of this study was to develop prognostic modeling for overall survival (OS) in MBC that incorporates contemporary clinical and tumor factors such as hormone receptor (HR) and human epidermal growth factor receptor 2 (HER2) status. Using robust statistical methodology applied to two large independent cohorts, we sought to demonstrate that clinical and tumor characteristics were important determinants of OS and that their combinatorial effect would further refine survival estimates in prognostic statistical models. Furthermore, we developed an online tool that estimates annual OS probabilities for individual

ASSOCIATED CONTENT

Data Supplement

Author affiliations and support information (if applicable) appear at the end of this article.

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CONTEXT

Key Objective

To develop a prognostic model for overall survival (OS) in patients with newly diagnosed metastatic breast cancer (MBC) that incorporates contemporary tumor and clinical factors with an accompanying online tool that estimates annual OS probabilities.

Knowledge Generated

Using robust statistical methodology applied to two large independent cohorts of patients with MBC, we demonstrated that demographic, contemporary tumor characteristics and treatment variables were important determinants of OS in MBC and that their combinatorial effect further refines survival estimates. The selected multifactor prognostic model that estimates up to 5 years of annual OS probabilities had good discriminative ability, and a recalibration methodology improved prediction across both independent data sets.

Relevance

This prognostic model for OS in MBC can be used in clinical decision making, refining stratification factors for clinical trials, and elucidating biologic factors contributing to metastasis and drug resistance and could also support a novel substaging classification for patients with MBC.

patients with MBC on the basis of clinical and tumor characteristics. Prognostic modeling in MBC could be useful in clinical decision making, refining stratification factors for clinical trials, and elucidating biologic factors contributing to metastasis and drug resistance. Given the heterogeneity of MBC outcomes, the results presented here could also support a novel substaging classification for patients with MBC.²⁹⁻³²

METHODS

Training Cohort

We identified women or men diagnosed with de novo or recurrent MBC between 1998 and 2017 from a prospective database of patients with breast cancer evaluated at The University of Texas MD Anderson Cancer Center. We chose starting in 1998 because since then, our institution has consistently measured HER2 expression^{33,34} on breast tumors and most patients with HER2-positive MBC have received trastuzumab.^{35,36} We obtained age at diagnosis of primary breast cancer and of MBC; race or ethnicity; tumor histologic and nuclear grade; estrogen receptor (ER), progesterone receptor (PR), and HER2 expression in the primary breast tumor and metastatic lesion; de novo MBC versus recurrent MBC categorized by metastasis-free interval (MFI, time elapsed between the date of diagnosis of primary localized breast cancer and diagnosis of MBC, < 24 months and \geq 24 months^{8,21,22,26,37,38}); type and number of organs affected by metastasis; Karnofsky performance status (KPS; categories: 10-60, 70-80, and 90-100) at first presentation with MBC; prior systemic treatment; and frontline treatment (initial systemic therapy given within 90 days of diagnosis of MBC). We obtained tumor grade, ER, PR, and HER2 status from the pathology report and determined the tumor stage at initial diagnosis of breast cancer following the American Joint Committee on Cancer (AJCC) guidelines current at the date of

diagnosis.³⁹⁻⁴¹ We used a composite histologic grade; however, if missing, we used nuclear grade as a surrogate (Data Supplement). A tumor was considered HR-positive if either ER or PR was positive, or HR-negative if both ER and PR were negative.⁴² The combination of HR and HER2 status generated a four-level variable: HR-positive and HER2-negative, HR and HER2-positive, HR-negative and HER2-positive, and HR and HER2-negative (triple-negative). If available, we used the reported HR and HER2 status of a metastatic lesion; otherwise, we used the HR and HER2 status of the primary breast tumor. We categorized the organs involved with metastatic disease as follows: (1) bone-only, (2) nonvisceral (ie, soft tissue, lymphadenopathy, and skin; could include bone), (3) visceral without CNS involvement (non-CNS), and (4) CNS with or without other organ involvement. We obtained approval from the MD Anderson Institutional Review Board, with a waiver of consent given the retrospective nature and minimal patient risk.

Validation Cohort

We used the National Comprehensive Cancer Network (NCCN) Breast Cancer Outcomes database to identify patients with MBC who received treatment at one of the 16 NCCN centers (Data Supplement) between July 1, 1997, and December 31, 2012 (last follow-up date: February 15, 2013), on the basis of data availability. We excluded patients registered at MD Anderson, also an NCCN center, and those who did not have complete data on age at diagnosis, race or ethnicity, tumor stage, tumor grade, de novo versus recurrent MBC by MFI, HR and HER2 status, KPS, organ involvement, or frontline therapy.

Statistical Analysis

The primary end point was OS calculated from the date of diagnosis of MBC to the date of death, while censoring live patients at the date of their last clinic visit. Death was

ascertained by the Tumor Registry department of each institution. The cutoff data collection date for the training cohort was September 5, 2017. We first fitted univariate and multivariate Cox proportional hazards (PH) regression models assessing the statistical significance of all variables. We checked the PH assumption by inspecting the smoothed scaled Schoenfeld residuals and the hazard ratios by time intervals and assessed potential nonlinear effects of covariates (eg, age) using spline functions. When the PH assumption was violated, we fitted an extended Cox regression model allowing for time-varying coefficients.⁴³⁻⁴⁶ We calculated Harrell's C-index to evaluate the discrimination capacity of each model. A *P* value < .05 indicated statistical significance. We developed an algorithm to estimate individual prognosis using a Cox regression model to estimate the OS probabilities by including patients who had data on age at diagnosis, race or ethnicity, tumor stage, tumor grade, de novo versus recurrent MBC by MFI, HR and HER2 status, KPS, organs involved with metastasis, and frontline treatment. We defined prognostic index as the weighted sum of the variables in the Cox regression model, where the weights were the regression coefficients. We evaluated the model calibration by comparing the observed and predicted OS probabilities for five risk groups (by partitioning the prognostic index on its 16th, 39th, 62nd, and 84th percentiles) at 1, 2, 3, 4, and 5 years.⁴⁷ This partitioning generated two smaller groups with the lowest and highest risks of death and three larger central groups with intermediate risks. On a standard normal scale, the 39th and 62nd percentiles correspond to approximately ± 1 standard deviation from the mean.

We evaluated internal validity of the selected model by the apparent C-index (the selected model in the training data tested in the training data) and the bootstrap method.⁴⁸ A Cox regression model was fit in each bootstrap sample of patients selected from the original training data, and we computed the C-index in the bootstrap sample (bootstrap C-index) and in the training data (test C-index). After selecting 100 bootstrap samples, the model performance was estimated by the apparent C-index minus the average of the difference between the bootstrap C-index and the test C-index.⁴⁹

To assess the external validation, we computed predictions for each patient in the validation cohort using the model fit to the training data set and compared such predictions with the observed outcomes. Because of poor calibration, we conducted a recalibration methodology to improve calibration in the validation cohort yet maintain reasonable calibration in the training data set. A complete description of the statistical methods, including calibration and recalibration methods, is available in the Data Supplement. Statistical analyses were performed using SAS 9.4, R-3.5.2, and S-PLUS 8.2 for Windows software. SAS macro %SURVCSTD^{50,51} was used to calculate the C-index for survival data with time-dependent covariates.

RESULTS

We identified 10,655 patients with MBC, of whom 92 (0.9%) were men, seen at MD Anderson between 1998 and 2017. Table 1 shows patients' characteristics categorized by de novo and recurrent MBC by MFI (< 24 months and ≥ 24 months): 2,883 (27%) had de novo MBC, 3,059 (29%) had recurrent MBC with an MFI of < 24 months, and 4,713 (44%) had recurrent MBC with MFI ≥ 24 months. The median follow-up time from diagnosis of MBC was 56 months (95% CI, 53 to 57; de novo: 58 months; recurrent: 54 months). The median OS was 29 months (95% CI, 28 to 30; de novo: 41 months; recurrent: 25 months). At the cutoff date, 6,712 (63%) patients had died. Among those alive, 51% had a date of last follow-up within 2 years of September 2017, whereas in 15%, such date was > 5 years.

The training cohort was a subset of 7,606 (71%) patients (69 men) with complete data for prognostic model building after excluding 29% of patients for whom one or more variables listed in the Methods section were missing; of note, HER2 status was missing in 9%. The excluded subset did not differ significantly in age of diagnosis, but had more Black patients, more with tumor stage I, fewer with stage III, more with triple-negative tumors, and fewer with bone-only disease.

After comparing several prognostic models, we selected a model (labeled model 1) with the best prognostic accuracy for OS with an integrated area under the curve⁵² of 0.783 and an apparent C-index of 0.731 (95% CI, 0.724 to 0.738). By contrast, a model with only HR and HER2 had a C-index of 0.617 (95% CI, 0.609 to 0.636). Model 1 contained the covariate age at diagnosis of MBC, race or ethnicity, de novo versus recurrent MBC by MFI, HR and HER2 status, KPS, type and number of organs involved with metastasis, frontline biotherapy, frontline hormone therapy, the interaction between de novo versus recurrent MBC and HR and HER2 status, and the interaction between de novo versus recurrent MBC and frontline hormone therapy. The prognostic model that contained primary tumor stage and tumor grade had similar performance to model 1 (C-index 0.738); however, these variables are not always available at diagnosis of MBC. Prior systemic therapy (neoadjuvant and adjuvant), previous radiotherapy, and frontline chemotherapy (for MBC) did not substantially improve the performance of the model and were therefore excluded. Year of diagnosis of MBC as a continuous variable or a binary one using several cutoff years (2007, 2010, and 2012) did not improve the performance of the model. The multivariate Cox regression analysis on OS with the variables used for model 1 is given in the Data Supplement.

Scaled Schoenfeld residual plots indicated a violation of PH assumption for MFI, HR and HER2 subtype, KPS, type of

TABLE 1. MD Anderson Cohort by De Novo and MFI Status

Variable	Categories	Recurrent MBC			P
		De Novo MBC (n = 2,883)	MFI < 24 months (n = 3,059)	MFI ≥ 24 months (n = 4,713)	
Age at diagnosis of breast cancer, years	Mean ± SD	53.1 ± 12.8	49.1 ± 12.0	49.3 ± 11.6	< .0001
Age at diagnosis of MBC, years	Mean ± SD	53.7 ± 12.8	50.8 ± 12.0	54.9 ± 12.0	< .0001
Age at diagnosis of MBC categorized, years, No. (%)	< 40	433 (15)	591 (19.3)	511 (10.8)	< .0001
	40-69	2,148 (74.5)	2,263 (74)	3,667 (77.8)	
	≥ 70	302 (10.5)	205 (6.7)	535 (11.4)	
Sex, No. (%)	Female	2,847 (98.8)	3,044 (99.5)	4,672 (99.1)	.0068
	Male	36 (1.2)	15 (0.5)	41 (0.9)	
Race or ethnicity, No. (%)	White	1,994 (70.5)	2,047 (68.1)	3,330 (72)	.0001
	Black	409 (14.5)	465 (15.5)	559 (12.1)	
	Other	424 (15)	495 (16.5)	734 (15.9)	
Postmenopausal (women), No. (%)	Yes	1,690 (59)	1,540 (50.6)	2,306 (49.4)	< .0001
Karnofsky performance status, No. (%)	10-60	108 (4.1)	112 (4.3)	124 (2.8)	.0001
	70-80	446 (16.8)	465 (17.8)	670 (15.3)	
	90-100	2,097 (79.1)	2,034 (77.9)	3,590 (81.9)	
Tumor stage at initial diagnosis, No. (%)	I	0 (0)	275 (9.6)	1,076 (24.2)	< .0001
	II	0 (0)	1,273 (44.3)	2,219 (50)	
	III	0 (0)	1,328 (46.2)	1,146 (25.8)	
ER status, No. (%)	Positive	1,973 (70.8)	1,236 (41.6)	3,286 (72.5)	< .0001
PR status, No. (%)	Positive	1,444 (52.3)	783 (26.5)	2,262 (50.8)	< .0001
HR (ER and/or PR) status, No. (%)	Positive	2,079 (74.1)	1,405 (47.2)	3,486 (76.6)	< .0001
HER2 status, n (%)	Positive, trastuzumab	668 (25.3)	455 (16.0)	607 (14.6)	< .0001
	Positive, no trastuzumab	72 (2.7)	213 (7.5)	226 (5.4)	
HR and HER2 status, No. (%)	HR-positive and HER2-negative	1,499 (56.6)	1,030 (36.0)	2,602 (62.2)	< .0001
	HR and HER2-positive	448 (16.9)	306 (10.7)	570 (13.6)	
	HR-negative and HER2-positive	310 (11.7)	394 (13.8)	293 (7.0)	
	Triple-negative	390 (14.7)	1,128 (39.5)	721 (17.2)	
Histologic grade (or nuclear when histologic was not available), No. (%)	1	166 (6.6)	61 (2.1)	250 (6.1)	< .0001
	2	986 (39)	566 (19.9)	1,688 (41.1)	
	3	1,375 (54.4)	2,212 (77.9)	2,166 (52.8)	
Organs involved with metastatic lesions, No. (%)	CNS	132 (4.6)	419 (13.7)	334 (7.2)	< .0001
	Visceral, non-CNS	1,411 (49)	1,546 (50.6)	2,319 (49.7)	
	Bone-only	924 (32.1)	594 (19.4)	1,267 (27.2)	
	Nonvisceral	413 (14.3)	495 (16.2)	746 (16)	
No. of organs involved, No. (%)	1	1,714 (59.5)	1,800 (58.8)	2,885 (61.2)	.0639
	2	681 (23.6)	678 (22.2)	1,004 (21.3)	
	3	288 (10)	333 (10.9)	500 (10.6)	
	≥ 4	200 (6.9)	248 (8.1)	324 (6.9)	
Bilateral breast cancer, No. (%)	Yes	128 (4.4)	68 (2.2)	147 (3.1)	< .0001
Radiotherapy, No. (%)	Yes	143 (4.9)	1,906 (62.3)	3,055 (64.8)	< .0001

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TABLE 1. MD Anderson Cohort by De Novo and MFI Status (Continued)

Variable	Categories	Recurrent MBC			P
		De Novo MBC (n = 2,883)	MFI < 24 months (n = 3,059)	MFI ≥ 24 months (n = 4,713)	
Neoadjuvant chemotherapy, No. (%)	Yes	48 (1.7)	1,538 (50.3)	1,360 (28.9)	< .0001
Adjuvant chemotherapy, No. (%)	Yes	18 (0.6)	1,628 (53.2)	2,878 (61.1)	< .0001

NOTE. All patients are not included in every category.

Abbreviations: ER, estrogen receptor; HER2, human epidermal growth factor receptor 2; HR, hormone receptor; MBC, metastatic breast cancer; MFI, metastasis-free interval; PR, progesterone receptor; SD, standard deviation.

organs involved, number of organs involved, race or ethnicity, frontline biotherapy, frontline hormone therapy, and the interaction between de novo versus recurrent MBC and HR and HER2 subtype. An extended Cox regression model allowing for time-varying coefficients that included the same covariates as in model 1 was fit using 3, 14, 20, 33, and 61 months as cutoff values to ensure that as many covariates as possible met the PH assumption within each disjoint interval. Model e1 censored all patients at risk after 3 months; models e2 through e5 included patients who were alive at the start of each time interval and censored at the end of each time interval; model e6 included patients who were alive beyond 61 months (Table 2). For models e1-e5, no covariates violated the PH assumption. For model e6, tests suggested persistent time-varying effect for type of organs involved, but none of the remaining covariates violated the PH assumption. After selecting 100 bootstrap samples, the estimate of model performance was 0.734, indicating good predictive performance in the internal validation setting.

The validation cohort consisted of 2,334 patients after excluding 1,733 MD Anderson patients. Table 3 compares their characteristics with those of the training cohort (n = 7,606). The validation cohort had no men, a slightly older mean age at the diagnosis of MBC (54.8 v 53.2 years) and higher rates of de novo MBC (35.2% v 28.0%), White race or ethnicity (76.9% v 71.3%), triple-negative (26.7% v 22.3%) and HER2-positive (28.3% v 24.4%) disease, and only one organ involved (79.2% v 60.9%). The types of organs involved by metastasis were comparable. For both cohorts, about 8% had CNS involvement and 15% had nonvisceral disease. Bone-only disease was slightly more common in the validation cohort (31% v 27.2%). Visceral non-CNS disease was more frequent in the training cohort (49.3% v 45.5%). The median follow-up time was 54 months for both cohorts. The median OS was 24 months for the validation cohort versus 31 months for the training cohort. Figures 1 and 2 depict the Kaplan-Meier curves by the risk groups defined by the prognostic index on the basis of each model for both the training and validation cohorts, which suggest a clear separation of the risks of death across the groups.

Calibration plots from the training cohort using the selected prognostic model (Table 2) and the predicted and observed annual OS probabilities for each of the predetermined five risk groups starting from the date of diagnosis of MBC are shown in the Data Supplement; the plots show good model prediction. The prognostic model was not well-calibrated when applied to the validation cohort, which can be seen in the Data Supplement; the observed annual OS probabilities were lower than the predicted OS probabilities. To improve the calibration, we recalibrated the prediction model by replacing the survival function of the baseline population with the average of the baseline survival functions from the training and validation data without modifying the slope of the prognostic index. The calibration plots after recalibration for the training and validation cohorts are shown in the Data Supplement, respectively. Using the recalibrated model, we developed an online tool that estimates individual annual OS probabilities for up to 5 years and is available at The University of Texas MD Anderson Cancer Center website.⁵³

DISCUSSION

We generated a robust statistical prognostic model for OS of patients with MBC, incorporating contemporary variables commonly available at diagnosis. This prognostic model estimates annual OS probabilities for up to 5 years using the input of clinical and biologic variables and is available as an online tool for the practicing oncologist when discussing prognosis with patients with newly diagnosed MBC. This tool can also estimate event rates in defined patient populations to aid in clinical trial design and sample size calculations.

Several of the variables in our prognostic model have been previously validated. De novo patients with MBC tend to have better outcomes compared with those with recurrent MBC, but less pronounced when the MFI is > 24 months.^{7,8,38} African American patients with MBC tend to have an increased risk of death compared with White patients, despite receiving similar treatments.⁵⁴ We believe that the best method to determine prognosis in MBC is by a comprehensive statistical model that combines several of the established prognostic factors.

TABLE 2. Multivariate Cox Regression of Variables in Selected Prediction Models for Overall Survival in Metastatic Breast Cancer Before Recalibration

Variable	Categories	Model e1 (≤ 3 months) (n = 7,606)		Model e2 (3-14 months) (n = 6,795)	
		Parameter Estimate	P	Parameter Estimate	P
Age at diagnosis of MBC (continuous)	Cubic spline ^a				
De novo and MFI status	De novo	0		0	
	MFI < 24 months	1.66	< .0001	1.61	< .0001
	MFI ≥ 24 months	0.96	.0049	0.78	< .0001
HR and HER2 status	HR-positive and HER2-negative	0		0	
	HR and HER2-positive	0.46	.4398	-0.25	.4382
	HR-negative and HER2-positive	1.53	.0018	0.68	.0206
	Triple-negative	0.29	.5252	1.42	< .0001
KPS	90-100	0		0	
	70-80	-0.08	.6057	0.35	< .0001
	10-60	0.67	.0002	1.15	< .0001
Organs involved	Nonvisceral	0		0	
	Bone-only	-0.06	.8683	-0.06	.6354
	Visceral, non-CNS	0.93	< .0001	0.41	< .0001
	CNS	1.66	< .0001	0.92	< .0001
No. of organs involved	1	0		0	
	2	0.70	< .0001	0.39	< .0001
	3	1.01	< .0001	0.75	< .0001
	≥ 4	1.21	< .0001	0.99	< .0001
Race or ethnicity	White	0		0	
	Black	0.53	.0002	0.29	.0001
	Others	-0.10	.5832	-0.01	.9380
Frontline biotherapy (trastuzumab and/or pertuzumab)	Yes	-1.31	< .0001	-0.77	< .0001
Frontline HT	Yes	-1.21	.0373	-0.32	.1598

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TABLE 2. Multivariate Cox Regression of Variables in Selected Prediction Models for Overall Survival in Metastatic Breast Cancer Before Recalibration (Continued)

Variable	Categories	Model e1 (≤ 3 months) (n = 7,606)		Model e2 (3-14 months) (n = 6,795)	
		Parameter Estimate	P	Parameter Estimate	P
Interaction between de novo and recurrent MBC status and HR and HER2 status	De novo MBC or HR-positive and HER2-negative	0		0	
	Recurrent MBC and HR and HER2-positive	-0.41	.5098	-0.06	.8514
	Recurrent MBC and HR-negative and HER2-positive	-2.29	< .0001	-0.58	.0541
	Recurrent MBC and triple-negative	-0.28	.5645	-0.80	< .0001
Interaction between de novo and recurrent MBC status and HT	De novo MBC or no HT	0		0	
	Recurrent MBC and HT	-0.21	.7371	-0.36	.1499

Variable	Categories	Model e3 (14-20 months) (n = 4,847)		Model e4 (20-33 months) (n = 3,886)	
		Parameter Estimate	P	Parameter Estimate	P
Age at diagnosis of MBC (continuous)	Cubic spline ^a				
De novo and MFI status	De novo	0		0	
	MFI < 24 months	1.09	< .0001	1.09	< .0001
	MFI ≥ 24 months	0.38	.0362	0.69	< .0001
HR and HER2 status	HR-positive and HER2-negative	0		0	
	HR and HER2-positive	-0.40	.2327	-0.05	.8235
	HR-negative and HER2-positive	-0.20	.5925	0.56	.0134
	Triple-negative	1.21	< .0001	1.06	< .0001
KPS	90-100	0		0	
	70-80	0.32	.0017	0.28	.0005
	10-60	0.92	< .0001	0.702	.0003
Organs involved	Nonvisceral	0		0	
	Bone-only	-0.66	< .0001	0.094	.3850
	Visceral, non-CNS	-0.10	.3506	0.18	.0405
	CNS	0.28	.0841	0.23	.1492
No. of organs involved	1	0		0	
	2	0.29	.0043	0.36	< .0001
	3	0.42	.0031	0.44	.0001
	≥ 4	0.78	< .0001	0.62	< .0001
Race or ethnicity	White	0		0	
	Black	0.17	.1540	0.33	.0002
	Others	0.23	.0411	-0.23	.0204

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TABLE 2. Multivariate Cox Regression of Variables in Selected Prediction Models for Overall Survival in Metastatic Breast Cancer Before Recalibration (Continued)

Variable	Categories	Model e3 (14-20 months) (n = 4,847)		Model e4 (20-33 months) (n = 3,886)	
		Parameter Estimate	P	Parameter Estimate	P
Frontline biotherapy	Yes	-0.46	.0085	-0.19	.1384
Frontline HT	Yes	-0.40	.0970	-0.01	.9700
Interaction between de novo and recurrent MBC status and HR and HER2 status	De novo MBC or HR-positive and HER2-negative	0		0	
	Recurrent MBC and HR and HER2-positive	0.38	.2768	-0.19	.3882
	Recurrent MBC and HR-negative and HER2-positive	0.06	.8818	-0.72	.0030
	Recurrent MBC and triple-negative	-0.73	.0027	-0.66	.0020
Interaction between de novo and recurrent MBC status and HT	Recurrent MBC and HT	-0.17	.5348	-0.28	.1240
	De novo MBC or no HT	0		0	
Variable	Categories	Model e5 (33-61 months) (n = 2,388)		Model e6 (> 61 months) (n = 888)	
		Parameter Estimate	P	Parameter Estimate	P
Age at diagnosis of MBC (continuous)	Cubic spline ^a				
De novo and MFI status	De novo	0		0	
	MFI < 24 months	0.51	.0003	0.04	.8335
	MFI ≥ 24 months	0.38	.0020	0.31	.0760
HR/HER2 status	HR-positive and HER2-negative	0		0	
	HR and HER2-positive	-0.21	.2463	-0.39	.0964
	HR-negative and HER2-positive	0.48	.0276	-0.92	.0076
	Triple-negative	0.35	.1217	-0.74	.0878
KPS	90-100	0		0	
	70-80	0.07	.4326	0.43	.0008
	10-60	0.12	.6402	0.33	.4384
Organs involved	Nonvisceral	0		0	
	Bone-only	0.26	.0196	0.20	.2283
	Visceral, non-CNS	0.22	.0252	-0.11	.4726
	CNS	0.34	.0611	-0.70	.0846
No. of organs involved	1	0		0	
	2	0.35	.0002	0.38	.0117
	3	0.61	< .0001	0.35	.1207
	≥ 4	0.31	.0727	0.50	.0494

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TABLE 2. Multivariate Cox Regression of Variables in Selected Prediction Models for Overall Survival in Metastatic Breast Cancer Before Recalibration (Continued)

Variable	Categories	Model e5 (33-61 months) (n = 2,388)		Model e6 (> 61 months) (n = 888)	
		Parameter Estimate	P	Parameter Estimate	P
Race or ethnicity	White	0		0	
	Black	0.11	.3101	0.03	.8744
	Others	-0.21	.0340	-0.17	.2553
Frontline biotherapy	Yes	-0.47	.0003	-0.16	.4011
Frontline HT	Yes	0.17	.1942	0.12	.4791
Interaction between de novo and recurrent MBC status and HR and HER2 status	De novo MBC or HR-positive and HER2-negative	0		0	
	Recurrent MBC and HR and HER2-positive	0.19	.3611	0.16	.5462
	Recurrent MBC and HR-negative and HER2-positive	-0.52	.0333	0.59	.1234
	Recurrent MBC and triple-negative	0.05	.8605	0.47	.3546
Interaction between de novo and recurrent MBC status and HT	De novo MBC or no HT	0		0	
	Recurrent MBC and HT	-0.25	.1163	-0.15	.5076

Abbreviations: HER2, human epidermal growth factor receptor 2; HR, hormone receptor; HT, hormone therapy; KPS, Karnofsky performance status; MBC, metastatic breast cancer; MFI, metastasis-free interval.

^aEstimated spline function of age by model (or interval): (1) model e1: $0.21516 \times \text{age} - 0.00379 \times \text{age}^2 + 0.0000248 \times \text{age}^3$, for survival time $t \leq 3$ months; (2) model e2: $0.04929 \times \text{age} - 0.00099 \times \text{age}^2 + 7.68617\text{E-}6 \times \text{age}^3$, for $3 < t \leq 14$ months; (3) model e3: $0.03523 \times \text{age} - 0.0002345 \times \text{age}^2 + 3.79269\text{E-}7 \times \text{age}^3$, for $14 < t \leq 20$ months; (4) model e4: $-0.04449 \times \text{age} + 0.0007980 \times \text{age}^2 - 4.1388\text{E-}6 \times \text{age}^3$, for $20 < t \leq 33$ months; (5) model e5: $-0.10046 \times \text{age} + 0.00138 \times \text{age}^2 - 4.9662\text{E-}6 \times \text{age}^3$, for $33 < t \leq 61$ months; and (6) model e6: $-0.14863 \times \text{age} + 0.00275 \times \text{age}^2 - 0.0000163 \times \text{age}^3$, for $t > 61$ months.

Regression coefficient for each category of each variable is the natural log of the corresponding hazard ratio.

PI_i: prognostic index by model e_i as a weighted sum of the variable values in model e_i, where the weights were the regression coefficients, $i = 1, \dots, 6$.

To predict survival probability at 1 year, we used models e1 and e2: $S(t) = (S_0(t))^{\exp(\text{PI}_2)} \times (S_0(t_1^*))^{\exp(\text{PI}_1) - \exp(\text{PI}_2)}$, where $t_1^* = 3$ months, PI₁ = prognostic index by model e1 (≤ 3 months), and $S_0(t)$ = survival function of baseline population (PI₁ = 0).⁷⁷

To predict survival probability at 2 years, we used models e1, e2, e3, and e4: $S(t) = (S_0(t))^{\exp(\text{PI}_4)} \times (S_0(t_1^*))^{\exp(\text{PI}_1) - \exp(\text{PI}_2)} \times (S_0(t_2^*))^{\exp(\text{PI}_2) - \exp(\text{PI}_3)} \times (S_0(t_3^*))^{\exp(\text{PI}_3) - \exp(\text{PI}_4)}$, where $t_2^* = 14$, $t_3^* = 20$, PI₂ = prognostic index by model e2, PI₃ = prognostic index by model e3, PI₄ = prognostic index by model e4, and $S_0(t)$ = survival function of baseline population (PI₁ = 0).⁷⁷

To predict survival probability at 3, 4, and 5 years, we used models e1, e2, e3, e4, and e5: $S(t) = (S_0(t))^{\exp(\text{PI}_5)} \times (S_0(t_1^*))^{\exp(\text{PI}_1) - \exp(\text{PI}_2)} \times (S_0(t_2^*))^{\exp(\text{PI}_2) - \exp(\text{PI}_3)} \times (S_0(t_3^*))^{\exp(\text{PI}_3) - \exp(\text{PI}_4)} \times (S_0(t_4^*))^{\exp(\text{PI}_4) - \exp(\text{PI}_5)}$, where $t_4^* = 33$, PI₅ = prognostic index by model e5, and $S_0(t)$ = survival function of baseline population (PI₁ = 0).⁷⁷

TABLE 3. Patient Characteristics for the Training (MD Anderson) and Validation (National Comprehensive Cancer Network) Cohorts

Variable	Categories	Training (n = 7,606)	Validation (n = 2,334)	P
Age at diagnosis of breast cancer, years	Mean ± SD	50.1 ± 12.2	53.0 ± 13.2	< .0001
Age at diagnosis of MBC, years	Mean ± SD	53.2 ± 12.4	54.8 ± 13.2	< .0001
Age at diagnosis of MBC grouped by years, No. (%)	< 40	1,132 (14.9)	303 (13.0)	< .0001
	40-69	5,749 (75.6)	1,703 (73.0)	
	≥ 70	725 (9.5)	328 (14.0)	
Sex, No. (%)	Female	7,537 (99.1)	2,334 (100)	< .0001
	Male	69 (0.9)	0 (0)	
Race or ethnicity, No. (%)	White	5,426 (71.3)	1,795 (76.9)	< .0001
	Black	966 (12.7)	317 (13.6)	
	Others	1,214 (16.0)	222 (9.5)	
Karnofsky performance status, No. (%)	10-60	278 (3.7)	199 (8.5)	< .0001
	70-80	1,249 (16.4)	506 (21.7)	
	90-100	6,079 (79.9)	1,629 (69.8)	
MFI, No. (%)	< 24 months	2,175 (28.6)	709 (30.4)	< .0001
	≥ 24 months	3,302 (43.4)	803 (34.4)	
Tumor stage at initial diagnosis, No. (%)	I	925 (12.2)	205 (8.8)	< .0001
	II	2,654 (34.9)	803 (34.4)	
	III	1,898 (25.0)	504 (21.6)	
	IV de novo	2,129 (28.0)	822 (35.2)	
HR and HER2 status, No. (%)	HR-positive and HER2-negative	4,050 (53.3)	1,052 (45.1)	< .0001
	HR and HER2-positive	1,083 (14.2)	356 (15.3)	
	HR-negative and HER2-positive	776 (10.2)	304 (13.0)	
	Triple-negative	1,697 (22.3)	622 (26.7)	
Histologic grade (or nuclear when histologic was not available), No. (%)	1	371 (4.9)	95 (4.1)	< .0001
	2	2,664 (35.0)	687 (29.4)	
	3	4,571 (60.1)	1,552 (66.5)	
Organs involved, No. (%)	CNS	605 (8.0)	186 (8.0)	.0023
	Visceral, non-CNS	3,750 (49.3)	1,062 (45.5)	
	Bone-only	2,070 (27.2)	724 (31.0)	
	Nonvisceral and nonbone	1,181 (15.5)	362 (15.5)	
No. of organs involved, No. (%)	1	4,628 (60.9)	1,849 (79.2)	< .0001
	2	1,684 (22.1)	320 (13.7)	
	3	760 (10.0)	131 (5.6)	
	≥ 4	534 (7.0)	34 (1.5)	
Prior neoadjuvant chemotherapy, No. (%)	Yes	2,140 (28.1)	623 (26.7)	.1734
Prior adjuvant chemotherapy, No. (%)	Yes	3,237 (42.6)	960 (41.1)	.2220
Frontline biotherapy in HER2-positive disease, No. (%)	Yes	1,076 (57.9)	347 (52.6)	.0182
Frontline chemotherapy, No. (%)	Yes	4,022 (52.9)	1,186 (50.8)	.0805
Frontline HT for HR-positive disease, No. (%)	Yes	2,213 (43.1)	678 (48.2)	.0007
Median follow-up, months		54	54	—
Median overall survival, months		31	24	—

Abbreviations: HER2, human epidermal growth factor receptor 2; HR, hormone receptor; HT, hormone therapy; MBC, metastatic breast cancer; MFI, metastasis-free interval; SD, standard deviation.

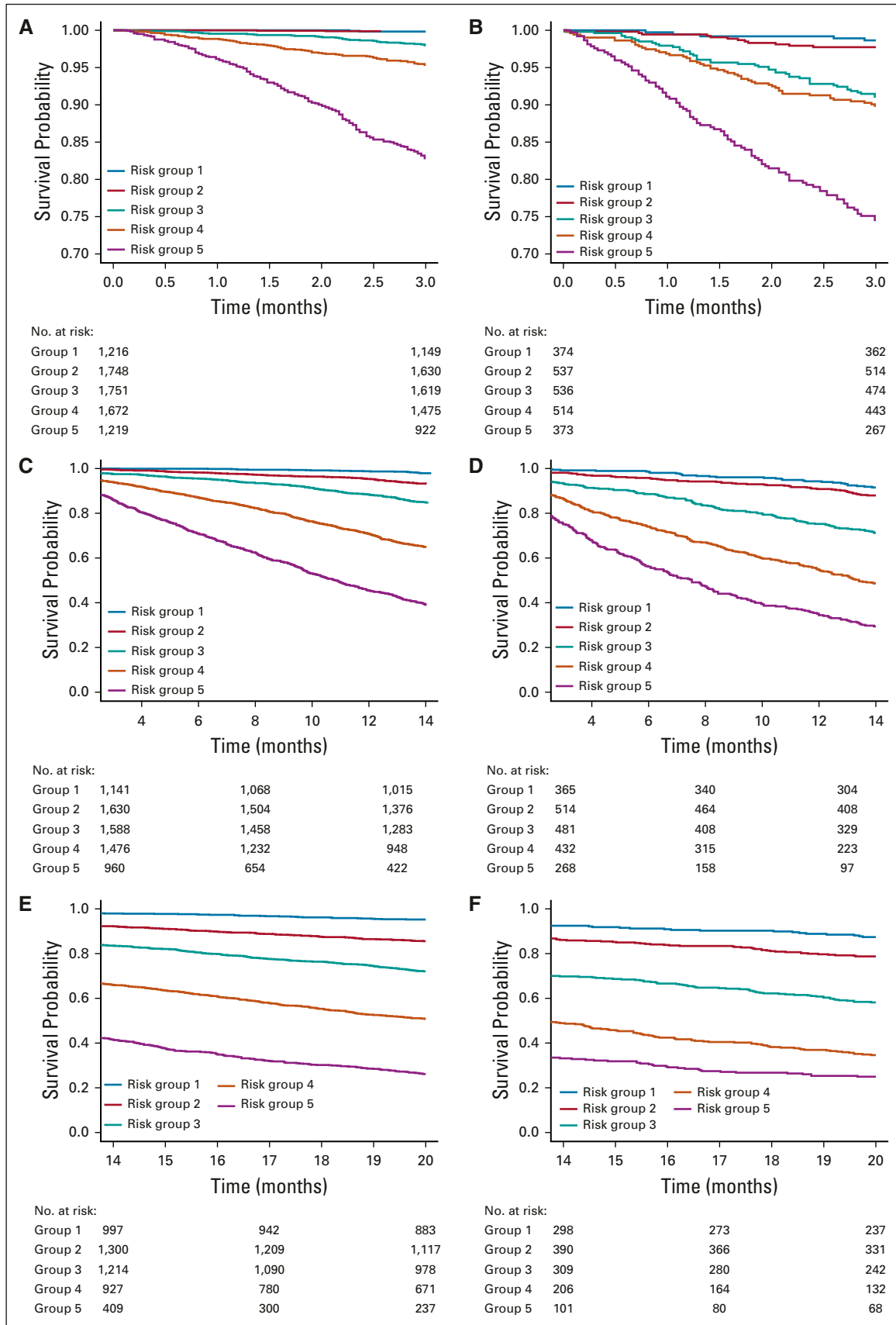


FIG 1. Kaplan-Meier overall survival curves for the training versus validation cohorts by risk groups formed by prognostic index percentiles on the basis of models e1, e2, and e3. (A) Kaplan-Meier curve for training cohort by risk groups formed by prognostic index percentiles on the basis of model e1. Solid blue line indicates risk group 1 (prognostic index \leq 16th percentiles); solid red line

FIG 1. (Continued) indicates risk group 2 (16th percentiles < prognostic index ≤ 39th percentiles); solid green line indicates risk group 3 (39th percentiles < prognostic index ≤ 62th percentiles); solid orange line indicates risk group 4 (62th percentiles < prognostic index ≤ 84th percentiles); and solid purple line indicates risk group 5 (prognostic index > 84th percentiles); numbers at risk by risk group are presented (by the order of risk group); risk group 1 and risk group 2 are overlapping. (B) Kaplan-Meier curve for validation cohort by risk groups formed by prognostic index percentiles on the basis of model e1. (C) Kaplan-Meier curve for training cohort by risk groups formed by prognostic index percentiles on the basis of model e2. (D) Kaplan-Meier curve for validation cohort by risk groups formed by prognostic index percentiles on the basis of model e2. (E) Kaplan-Meier curve for training cohort by risk groups formed by prognostic index percentiles on the basis of model e3. (F) Kaplan-Meier curve for validation cohort by risk groups formed by prognostic index percentiles on the basis of model e3.

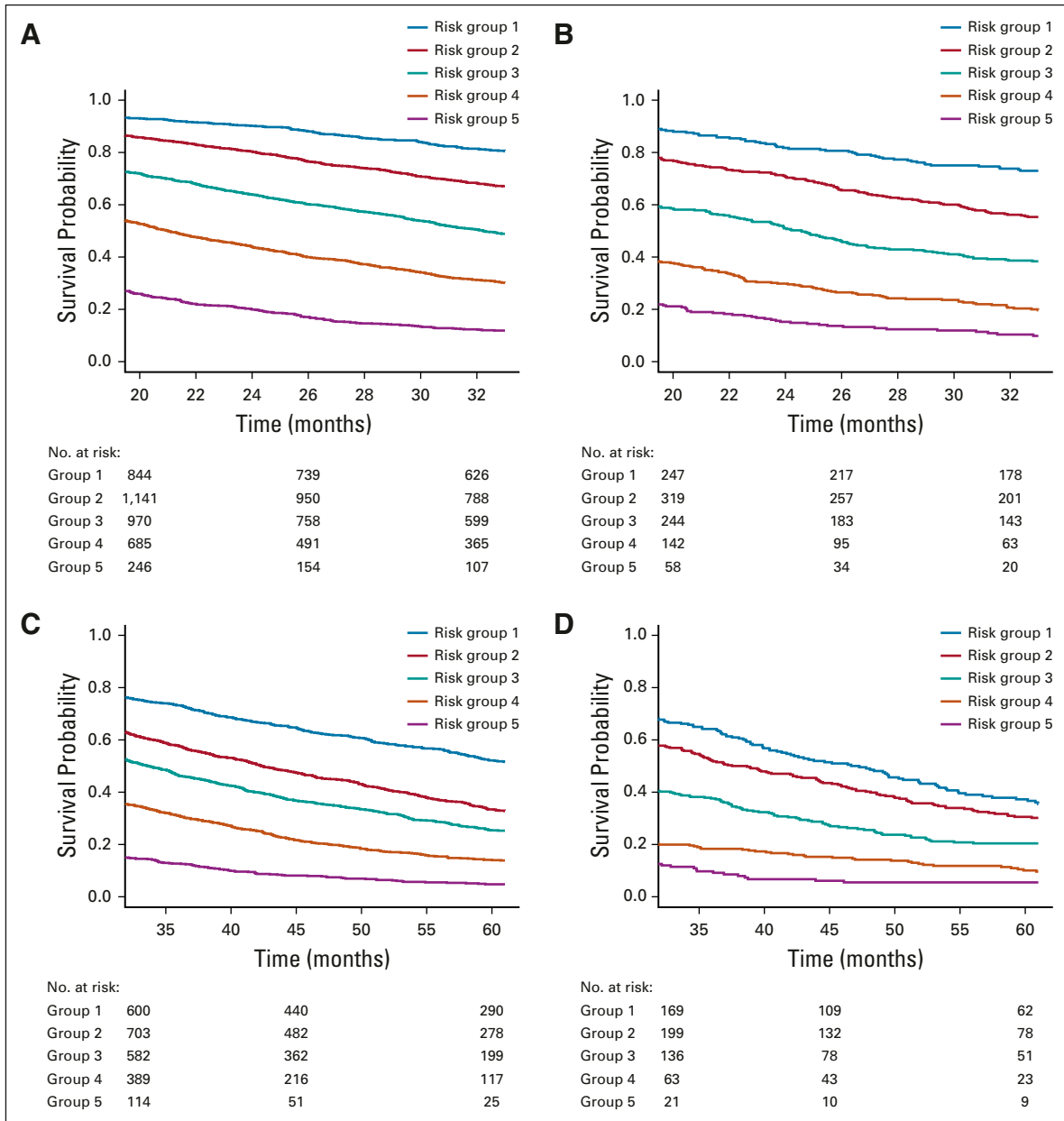


FIG 2. Kaplan-Meier overall survival curves for the training versus validation cohorts by risk groups formed by prognostic index percentiles on the basis of models e4 and e5. (A) Kaplan-Meier curve for training cohort by risk groups formed by prognostic index percentiles on the basis of model e4. Solid blue line indicates risk group 1 (prognostic index < 16th percentiles); solid red line indicates risk group 2 (16th percentiles < prognostic index < 39th percentiles); solid green line indicates risk group 3 (39th percentiles < prognostic index < 62th percentiles); solid orange line indicates risk group 4 (62th percentiles < prognostic index < 84th percentiles); and solid purple line indicates risk group 5 (prognostic index > 84th percentiles); numbers at risk by risk group are presented. (B) Kaplan-Meier curve for validation cohort by risk groups formed by prognostic index percentiles on the basis of model e4. (C) Kaplan-Meier curve for training cohort by risk groups formed by prognostic index percentiles on the basis of model e5. (D) Kaplan-Meier curve for validation cohort by risk groups formed by prognostic index percentiles on the basis of model e5.

Several multivariate analyses of prognostic factors in MBC have been reported, including from our institution. The M-bioscore model uses tumor receptor status, low tumor burden, and low nuclear grade as prognostic variables; however, this model did not consider performance status nor age, and the follow-up time was limited (median, 13 months).²⁸ Many of the other analyses are now outdated and do not consider contemporary well-established variables such as receptor status,¹¹⁻¹⁵ or such data were missing in a considerable number of patients.^{16-19,55} Modalities of treatment and staging have also evolved. Several reports lacked complete data for HER2 status.^{21-23,26,56-59} Some reports focused on determining prognostic factors in subgroups of patients with MBC with specific organs involved, such as bone,^{60,61} liver,⁶² or the CNS,⁶³ or focused on subsets, such as de novo MBC^{5,25,64-66} or elderly women.⁶⁷ Although more recent publications consider contemporary variables, these analyses are limited by small sample sizes^{20,27,65,68,69} or short median follow-up times²⁸ or lack external validation.^{8,24,38} Circulating tumor cells are well-established as a prognostic factor in MBC,^{70,71} and circulating tumor DNA is emerging as a novel prognostic factor⁷²⁻⁷⁴; however, because of cost and lack of technology availability and standardization, that information is not currently routinely collected.

In the current 8th edition of the AJCC TNM staging system, a single M1 stage covers all MBC. However, MBC is a heterogeneous disease with dissimilar outcomes, and we strongly support the idea of partitioning the M1 stage into substages to reflect this phenomenon. Formal substages could assist the counseling of patients about treatment options and risk versus benefit considerations and could also aid in randomized clinical trial design by enabling better estimation of sample sizes and choice of stratification criteria. As early as 1980, good sites of breast cancer recurrence, such as bone, and bad sites, such as brain, were identified.³² More recent studies have proposed dividing

the M1 stage in de novo MBC.²⁹⁻³¹ Our findings support modifying the current M1 stage^{75,76} by classifying patients with de novo MBC into prognostic categories using a combination of clinical and tumor characteristics.

Our study has limitations. First, we used information from a single high-volume cancer center with a particular patient population and referral and practice patterns. Second, the selected prognostic model did not calibrate well when applied to the validation cohort; however, it improved with recalibration procedures. Third, the validation cohort lacked male patients, but the proportion in the training cohort was very small and did not change the discriminative ability or the calibration or recalibration results. Fourth, the study spanned a long period that saw significant diagnostic and therapeutic advances^{3,4}; however, year of diagnosis did not improve the performance of the model. Fifth, the final recalibrated prediction model was not validated using another independent data set. Sixth, certain variables known to be prognostic were not available, like tumor mutation burden. Seventh, certain patient subpopulations were under-represented in the models (ie, Black women). Finally, there could be additional interaction effects with other variables not considered or that were unavailable, such as tumor response to frontline treatment, type of prior breast surgery, and type of axillary nodal evaluation.

In conclusion, we have generated a robust and contemporary prognostic model for OS in patients with MBC that was validated internally and externally using a representative nationwide database. Furthermore, we developed an online tool available for clinicians and useful for clinical trial design. Caution is recommended for the use of this model in under-represented patient populations. Our findings support an update of the current AJCC TNM staging system in which patients with MBC would be classified into separate M1 substage prognostic categories.

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