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### **Decreased performance of live attenuated, oral rotavirus vaccines in low-income settings: causes and contributing factors**

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#### **Abstract**

**Introduction:** Numerous studies have shown that the oral rotavirus vaccines are less effective in infants born in low income countries compared to those born in developed countries. Identifying the specific factors in developing countries that decrease and/or compromise the protection that rotavirus vaccines offer, could lead to a path for designing new strategies for the vaccines' improvement.

**Areas covered:** We accessed PubMed to identify rotavirus vaccine performance studies (i.e., efficacy, effectiveness and immunogenicity) and correlated performance with several risk factors. Here, we review the factors that might contribute to the low vaccine efficacy, including passive transfer of maternal rotavirus antibodies, rotavirus seasonality, oral polio vaccine (OPV) administered concurrently, microbiome composition and concomitant enteric pathogens, malnutrition, environmental enteropathy, HIV, and histo blood group antigens.

**Expert commentary:** We highlight two major factors that compromise rotavirus vaccines' efficacy: the passive transfer of rotavirus IgG antibodies to infants and the co-administration of rotavirus vaccines with OPV. We also identify other potential risk factors that require further research because the data about their interference with the efficacy of rotavirus vaccines are inconclusive and at times conflicting.

#### **Keywords**

Rotavirus; vaccines; efficacy; immunogenicity; review

#### **1. Introduction**

Rotavirus is the most important cause of severe gastroenteritis in children worldwide [1]. The main symptoms of rotavirus gastroenteritis are low-grade fever, vomiting, and acute watery diarrhea. Vaccines represent the optimal practice for preventing the severe

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Declaration of interest

The authors have no relevant affiliations or financial involvement with any organization or entity with a financial interest in or financial conflict with the subject matter or materials discussed in the manuscript. This includes employment, consultancies, honoraria, stock ownership or options, expert testimony, grants or patents received or pending, or royalties. Peer reviewers on this manuscript have no relevant financial or other relationships to disclose.

consequences of rotavirus infection, especially in impoverished regions where resources and access to medical care are usually limited. Two live attenuated oral rotavirus vaccines were licensed in 2006. Rotarix (RV1, GSK Biologics) is a two-dose monovalent (G1P[8]) human rotavirus vaccine. RotaTeq (RV5, Merck & Co.) is a three-dose pentavalent vaccine consisting of a mixture of bovine-human mono-reassortants carrying the genes encoding the human G1, G2, G3, G4, and P[8] in the genetic background of a bovine rotavirus WC3 (G6P[5]) [2]. In 2009, the WHO recommended implementation of rotavirus vaccines worldwide. Rotavirus vaccine is recommended to be administered in infancy concurrently with polio, diphtheria-tetanus-pertussis, and pneumococcal (PCV) vaccines as early as 6 weeks of age [3,4]. Currently, rotavirus vaccines are introduced into national immunization programs of 85 countries and in a phase introduction of 7, including 41 GAVI-eligible countries with financial support for vaccine procurement [5]. Implementation of rotavirus vaccines into national vaccination programs has led to substantial declines in the burden of severe gastroenteritis in several countries [5-7].

RV1 and RV5 were preceded by RotaShield® (RRV-TV, Wyeth, U.S.A.), the first live attenuated oral rotavirus vaccine based on a Rhesus monkey rotavirus strain (RRV) that was reassorted with human rotavirus VP7 proteins representing the G-types G1, G2, and G4 [8]. With RRV as G-type 3, this was called 'tetravalent' or RRV-TV vaccine. However, this vaccine was withdrawn from the market after it was found to be associated with intussusception, a rare form of intestinal invagination [9]. Four other oral rotavirus vaccines are currently licensed in national markets: Lanzhou lamb rotavirus vaccine (LLR, Lanzhou Institute of Biological Products, China) containing a live attenuated lamb rotavirus strain, G10P[10], Rotavin-M1 (POLYVAC, Vietnam) containing a live attenuated human rotavirus strain, G1P[8], ROTAVAC (Bharat Biotech, India) containing a live attenuated neonatal rotavirus strain, G9P[11] (aka 116E), and ROTASIIL (Serum Institute, India) containing five bovine-human reassortant rotavirus strains (G1, G2, G3, G4, G9) [10]. In April 2016, ROTAVAC was launched in the routine immunization programs in four states in India and has been expanded to an additional five states in 2017. LLR and Rotavin-M1 are only available on the private market in China and Vietnam, respectively [10]. In two recent phase 3 trials in Niger and India, ROTASIIL showed efficacies of 67% and 39.5%, respectively [11,12]. Results for other two rotavirus vaccines were favorable for a neonatal dose in stage II clinical trials. In New Zealand, one neonatal dose with two additional infant doses of RV3-BB, a monovalent human rotavirus vaccine, performed comparably to a three-dose infant schedule [13]. In Ghana, one neonatal dose followed by one infant dose of RRV-TV had a vaccine efficacy of 63% [14]. Estimates suggest that rotavirus vaccines have the potential to prevent 2.46 million childhood deaths and 83 million disability-adjusted lifeyears between 2011 through 2030 [15].

Additionally, inactivated rotavirus particles and subunit rotavirus proteins have been proposed as an alternative to the current live oral vaccines [16,17]. First, the P2-VP8\* candidate (PATH), a truncated recombinant VP8\* protein of human rotavirus genotypes P[8] expressed in Escherichia coli, was tested and found to be safe and immunogenic in phase I and II clinical trials [18-21]. A trivalent P2-VP8-P[8]/P[6]/P[4] vaccine is being tested to determine its safety and immunogenicity in South African children. Second, the inactivated rotavirus vaccine (IRV), CDC-9 strain (G1P[8]) is being developed for intramuscular and

intradermal vaccination by US Centers for Disease Control and Prevention (CDC, U.S.A.). Studies showed that this monovalent IRV was effective in inducing homotypic (against the vaccine-type strain) and heterotypic (against non-vaccine-type strain) neutralizing antibody to different human strains, and protection against an oral challenge with a virulent human virus in animals [22,23]. The CDC researchers have prepared a pilot vaccine and are planning the first-in-human studies. Third, other subunit approaches include virus-like particles (VLPs) [24] in various formats—usually the inner capsid VP6 antigen, with or without the outer capsid proteins VP7 and/or VP4, and in some platforms combined with norovirus VLPs [25]. Both of these strategies are in early preclinical R&D.

High vaccine efficacy (85–98%) against severe rotavirus disease has been reported for both RV1 and RV5 in high- and middle-income settings with sustained protection until 2 years of age [26]. High levels of both homotypic and heterotypic protection are induced by both vaccines in such settings [27]. However, the majority (>90%) of childhood deaths due to rotavirus gastroenteritis occur in low-income countries in Africa and Asia [1], and clinical trials have shown lower efficacy (50–64%) in these settings. These differences in efficacy are not explained by strain variation in these environments [27-37]. Moreover, striking reductions in efficacy were reported in the second year of life compared with the first year [33], particularly in sub-Saharan Africa where rotavirus is still a significant pathogen at that age [38]. Despite lower efficacy in developing countries, the mortality rate from rotavirus-associated disease was lowered in 27 countries that introduced rotavirus vaccine into their national routine [39]. Similar reductions were seen across mortality strata.

Many oral vaccines, primarily live ones, have shown reduced immunogenicity and efficacy when used in low-income compared with high-income countries. Reduced performance of oral polio vaccine (OPV) in developing countries is well recognized as a significant obstacle for the eradication of polio by vaccination [40-45]. Also, CVD 103-HgR live cholera vaccine 4144, B subunit-inactivated Vibrio cholera whole cell combination vaccine [46], and SC602 live Shigella flexneri 2a vaccine [47] were less effective in low-income settings. This gradient immunogenicity or protection has been seen in all age groups, from young infants to adults. The causes for reduced efficacy are likely multifactorial and their identification could allow the design of strategies for vaccine improvement. Because of the high burden of rotavirus disease, even a modest improvement in vaccine effectiveness in the individual could nonetheless have significant overall public health impact. In this review, we aim to systematically describe biological and environmental factors associated with low performance of rotavirus vaccines by reviewing the current literature.

#### **2. Passive transfer of maternal rotavirus antibodies**

#### **2.1. Breastmilk rotavirus antibodies**

We assessed the effect of breastfeeding on the response to two- or three-dose oral rotavirus vaccines (Table 1). Information of history of infants' feeding practices was obtained from parents or guardians in all the studies. Seven studies analyzed the effect of breastfeeding as a factor protecting against rotavirus gastroenteritis. In Germany, the researchers observed a statistically significant association between breastfeeding and rotavirus vaccines' (RV1/ RV5) failure [48]. Two pooled analyses from Africa (Ghana, Kenya, and Mali) and Asia

(Bangladesh and Vietnam) showed a slightly decreased efficacy of RV5 in children with exclusive breastfeeding, compared with children with nonexclusive breastfeeding who were immunized, but this difference was not statistically significant [49]. Also, in Europe, marginally decreased efficacy was observed in infants who were breastfed after 2 years of RV1, which was not statistically significant, either [50]. On the other hand, the efficacies of RRV-S1, RRV-TV, or WC3 in the U.S.A., and RV1 in Botswana were similar in infants who were breastfed and non-breastfed [35,51,52]. Four studies analyzed the effect of breastfeeding on the immunogenicity of rotavirus vaccines. In Mexico (RV1), breastfeeding was significantly associated with reduction of both IgA seroresponse and vaccine shedding [53]. In Israel, an analysis with RRV-TV showed a decreased IgA seroconversion in children who were breastfed compared with non-breastfed were immunized, but this difference was not statistically significant [54]. However, in the U.S.A. (RRV-S1, RRV-TV) and Europe (RV1) the immunogenicity was similar in infants who were breastfed and non-breastfed [50,52]. Thus, in the majority of studies, breastfeeding did not interfere significantly with rotavirus vaccine performance.

We analyzed the levels of breastmilk or colostrum' RV IgA and corresponding infants' IgA seroconversion post dose 1 or 2 of rotavirus vaccines in mother–infant pairs (Table 2) [55-59]. In India and Zambia, higher breastmilk IgA titers were significantly associated with non-IgA seroconversion to RV1. The same tendency was found in two studies in Nicaragua (RV5) and New Zealand (RV3-BB), but the differences were not statistically significant.

To investigate whether a transient abstention from breastfeeding at the time of vaccination would improve the immunogenicity of RV1, three randomized control trials were performed in South Africa, Pakistan, and India (Table 3) [55,60,61]. Lactating women and their infants were recruited and randomly allocated to groups that withheld breastfeeding for 1 h (South Africa and Pakistan) or 30 min (India) before and after RV1 vaccination. Control groups breastfed normally. Despite high compliance of the mothers, none of the three studies reported significantly higher IgA seroconversion post dose 2 in infants who had breastmilk withheld around vaccination compared to those who did not.

We hypothesize that rotavirus IgA present in the breastmilk may diminish the rotavirus vaccine response when infant breastfeeding is a common practice. We concluded that breastmilk anti-rotavirus IgA levels negatively impact the immunogenicity of rotavirus vaccines in some studies. In human colostrum and mature milk, IgA is the predominant immunoglobulin, accounting for 88–90% of its immunoglobulins [62]. The antibodies found in breast milk occur as a result of antigenic stimulation of maternal mucosa-associated lymphoid tissue and bronchial tree (broncho mammary pathway) [63]. These antibodies target the infectious agents encountered by the mother during the perinatal period, meaning that they also target the infectious agents most likely to be encountered by the infant. On the other hand, transient withholding of breastfeeding does not improve the immunogenicity of rotavirus vaccines. Antibodies or other immune factors may persist in infants' gastrointestinal tract for longer periods than the interval during which breastfeeding was withheld in these studies. An infant's gastric half-emptying time is between 47 and 56 minutes [64-66]. Therefore, despite withholding of breastfeeding before immunization, the vaccine still may have come into contact with breastmilk in the stomach or the intestines.

#### **2.2. Transplacentally acquired rotavirus IgG**

Three studies in Nicaragua (RV5), India (RV1), and South Africa (RV1) found that higher levels of pre dose 1 mothers' RV-IgG were significantly associated with non-IgA seroconversion in vaccinated infants (Table 4(a)) [55,57,58]. Five studies analyzed the interference of transplacentally acquired RV-IgG with IgA seroconversion to rotavirus vaccines in infants (Table 4(b)). High titers of preexisting RV-IgG were significantly associated with non-IgA seroconversion to the 116E in India and to RV1 in South Africa [57,67]. The same trend was observed in Nicaragua (RV5), Zambia (RV1), and New Zealand (RV3-BB), although in these studies, trends lacked statistical significance [56,58,59].

The negative effect of both mothers' and infants' pre dose 1 anti-rotavirus-IgG on the immunogenicity of rotavirus vaccines was seen in several geographic locations. Even with the neonatal rotavirus strain RV3-BB, the nonresponders had higher titers of pre dose 1 RV-IgG, although the difference was not significant. In South Africa and Nicaragua, a significant correlation was found between levels of RV-IgG in sera of mother–infant pairs before their first rotavirus immunization, suggesting direct transplacental transmission of this antibody from mothers to infants [57,58]. During pregnancy, maternal IgG is transported over the placenta (transplacental transport) by an active, FcRn receptor mediated process and protects infants against different infections during the first months of life [68]. This transplacentally acquired RV-IgG is also one of the proposed factors for reduced infant vaccine efficacy in other pediatric vaccines [69], such as measles [70,71], tetanus [72], and pneumococcal vaccines [72,73].

#### **3. Rotavirus seasonality**

In Zambia, IgA seroconversion post RV1 was lower in children receiving their first vaccine dose during a rotavirus season, although with a marginal level of significance (Figure 1(a)) [56]. The same trend was found in Bangladesh and South Africa, but none of the studies detected significantly smaller IgA sercoconversion values in children receiving their first vaccine dose during a rotavirus season [57,74]. Additionally, in five studies from the Americas, the effectiveness of RV1 and RV5 was lower for children born during rotavirus season, but the effect was not significant in any single country (Figure 1(b)) [75-78]. The definition of a rotavirus season for Zambia, Bangladesh, and South Africa was based on data previously published [79-83]. The definition of a rotavirus season for each Latin American countries, rotavirus seasons was based on data from the WHO's global surveillance network for rotavirus [84]. For the U.S.A., the rotavirus season was defined based on data from the National Respiratory and Enteric Virus Surveillance System [85]. We observed a pattern of lower rotavirus vaccine performance in children either born or receiving their first dose during rotavirus season. However, there are a few factors that vary seasonally and could support the observed patterns. First, maternal rotavirus-antibody levels in mothers are likely to be much higher during the rotavirus season [60]. These passively acquired antibodies, which are transferred from mother to child either transplacentally or through breastfeeding, could potentially influence rotavirus vaccine immune response by neutralizing the vaccine and decreasing the response of rotavirus vaccine in children receiving their first dose or born during months with higher rotavirus activity [86]. A second possibility relates to an active

ongoing rotavirus infection during the rotavirus season that could interfere with rotavirus vaccine performance due to the damage to the intestinal epithelium and the ongoing immune response. Third, infections with multiple enteric pathogens are very common in many developing settings [87,88]. Infection with other enteric pathogens at the time of immunization could interfere and impair response to vaccine [89]. If enteric pathogens do interfere with vaccine performance, then, norovirus, which tend to co-circulate during the rotavirus season, could be more likely to interfere with vaccine performance than bacterial enteric pathogens, which are more prevalent during the non-rotavirus season.

#### **4. Changes in rotavirus vaccination schedules**

In Ghana, Kenya, and Mali, significantly higher pooled vaccine efficacy was observed in infants receiving their first dose at ages of 8 weeks or older compared with those receiving first dose before 8 weeks of age (Figure 2) [49]. The same trend was observed in pooled data from Bangladesh and Vietnam, but without statistical significance [49].

Immunogenicity studies specifically with Rotarix in Africa and Asia suggest a slight benefit in modulating dose schedule (Figure 3) [31,32,90-93]. In a post-licensure study from Ghana [91], the authors tested the immunogenicity after an additional, third dose of RV1 given at 14 weeks of age versus the standard two-dose schedule at 6 and 10 weeks of age. IgA seroconversion was significantly higher in the three-dose arm, but still low in absolute terms. A lesser benefit in IgA seroconversion was seen using a delayed two-dose schedule at 10 and 14 weeks of age, which did not reach statistical significance. These data are in line with findings from a clinical trial of RV1 from South Africa and Malawi performed prior to vaccine introduction. That study compared three doses given at 6, 10, and 14 weeks of age with two doses at ages 10 and 14 weeks to placebo. The IgA seroconversion and efficacy increased with the three-dose schedule over that provided by two doses, though the study was underpowered to analyze each separate schedule [31,32]. On the other hand, trials from Pakistan and India did not show higher IgA seroconversion with a three-dose or five-dose RV1 schedule [90,92]. In Vietnam, a later second dose schedule of RV1 showed a higher IgA seroconversion (although not statistically significant). Additionally, in Philippines, a later first dose showed a higher IgA seroconversion (also not statistically significant) [93].

An even later delay of dosing was tested in Bangladesh, in a controlled efficacy trial of RV1 given at 10 and 17 weeks after birth. In this study, effectiveness against severe rotavirus gastroenteritis was 74% (95% CI, 46–87%) [94], higher than the RV1 effectiveness of 41.4% (95% CI, 23–55%), reported in that country when vaccine doses were given at 6 and 10 weeks of age [95].

Both, delaying the rotavirus vaccination schedule and giving additional doses slightly improved vaccine immunogenicity. These schedules might decrease the impact of maternal antibody in reducing immune responses when vaccine is administered in early infancy as described before. There are high levels of circulating rotavirus antibodies in mothers living in developing countries. Another reason could be that the infant immune system is more immature at earlier time points and capable of more robust memory responses with age. Many studies have shown that the primary t-cell-dependent antibody responses

induced in the neonatal period differ from adult responses [96]. Neonatal antibody responses are delayed in beginning, reach lower peak levels, are of shorter duration, differ in the distribution of IgG isotypes (with neonates showing lower IgG2 than adults), and are of lower average affinity and reduced heterogeneity. Reduced antibody responses might be partially caused by the presence of maternal antibodies.

In order to address the problem of reduced duration of protection, in a trial in Bangladesh, a third dose of RV1 was given at 9 months of age [97]. The third dose of RV1 enhanced its immunogenicity, mostly among those infants who were either seronegative or had low antibody titers prior to the third dose. In the previously mentioned two trials of alternate schedules (Malawi and South Africa), no adverse effects were attributed to RV1. Both trials were too small to detect intussusception [98]. Since the relative risk of intussusception was considered to be higher between those receiving the first dose after 3 months of age [99], age restrictions were placed on the timing of immunization with RV1 and RV5. Initially, WHO recommended that the first dose should be given by 15 weeks of age and the last dose by 32 weeks of age [100]. Post-introduction studies have shown that RV1 and RV5 were associated with an increased risk of intussusception primarily right after the first dose, but at a much lower level than that associated with RRV-TV [101]. Infants in low-income countries often do not receive prompt vaccination, and because any increase in deaths from intussusception is expected to be far outweighed by rotavirus deaths prevented through vaccination, the age restriction recommendation was consequently abandoned by the WHO to maximize the opportunity for infants to be immunized [98].

The vaccination later in infancy is expected to decrease the effect of maternal antibody in reducing immunogenicity as opposed to when the vaccine is administered in early infancy as described before. However, a timely vaccination in low-income countries is recommended because of the early natural exposure to rotavirus [102]. Early rotavirus vaccination could decrease the burden of rotavirus gastroenteritis in the first year of life, when infants are the most vulnerable to the symptomatic disease [4]. Immunization with the neonatal RV3- BB strain during the first 7 days of life generated immunogenicity comparable to the conventional vaccination schedule [13]. In developing countries, reinfection is common and is, in general, associated with milder disease [102-104]. However, an Indian cohort study has shown that infants can be symptomatically infected multiple times, even with a strain closely related to that of previous infections [102].

#### **5. OPV administered concurrently**

We reviewed several studies from various regions of the world that evaluated the influence of OPV on the immunogenicity of rotavirus vaccines (Figure 4) [74,105-112]. Five studies [South Africa (RV1), Bangladesh (RV1), Chile (RV1), and Latin America (RV1 or RV5)] found that co-administration of an OPV with rotavirus vaccines significantly decreased RV-IgA seroconversion. One of those, in South Africa [105], suggests that this effect may be more relevant at the time of the first dose of RV1. Also, in Bangladesh and Chile, both monovalent and bivalent OPV have shown significant reduction of IgA seroconversion to RV1 [74,109]. Three studies with RV1 in South Africa, Bangladesh, and China also found that infants that had co-administration of OPV with RV1 had lower RV-IgA seroconversion,

but the difference was not statistically significant. Emperador *et al*, reported an inhibitory effect of OPV on RV1 in early stages of virus replication, although the mechanism of interference still needs to be defined [74]. Despite the lower immunogenicity, one efficacy study in middle-income Latin American countries showed no decrease in efficacy of RV1 in infants receiving concurrent OPV [110,111].

#### **6. Microbiome composition and concomitant intestinal infections**

We reviewed studies evaluating the interactions of the gut microbiome with rotavirus vaccines immunogenicity (Table 5) [113-115]. In Ghana, researchers explored differences in pre-vaccination fecal microbiota composition between infants with and those without IgA seroconversion following RV1 vaccination and healthy, rotavirus-unvaccinated, Dutch infants of the same age, who were assumed to be rotavirus vaccine responders [113]. The authors found that RV1 response correlated with an increased abundance of Streptococcus bovis and a decreased abundance of the Bacteroidetes phylum in comparisons between both Ghanaian RV1 responders and nonresponders, and Dutch infants and Ghanaian nonresponders. In Pakistan, the authors found that RV1 immunogenicity correlated with a higher abundance of bacteria belonging to *Clostridium* cluster XI and Proteobacteria, including bacteria related to Serratia and Escherichia coli. Surprisingly, abundance of these Proteobacteria was also significantly higher in Dutch infants when compared to Pakistanian RV1-nonresponders [116]. Additionally, concurrent enterovirus infections correlated significantly with poor IgA seroconversion to RV1 in Bangladesh [114]. A study in Ecuador showed higher plasma IgA responses to rotavirus vaccine and OPV in children of helminth-infected mothers, compared to that of children of helminth-uninfected mothers [115]. However, the pathogenic mechanism for the observed difference is unclear, but may involve the transfer of helminth-induced cytokines (e.g. IL-10) across the placenta or in breastmilk. Additionally, the helminth infections were not associated with reduced immune responses to other infant vaccines.

Regarding the microbiome studies in Ghana and Pakistan, the authors speculate that they may complement one another—Proteobacteria and E. coli-derived lipopolysaccharide (LPS) might boost RV1 responses in some populations whereas Bacteroidetes-derived LPS might inhibit RV1 responses in others. Also, because the intestinal microbiome differs significantly in different geographic populations, hypothesis are arising that differences in the intestinal microbiome may help explain this gradient in RV vaccine immunogenicity. In humans, the intestinal microbiota does not become stable and mature until about 2 years of age (post-weaning), and several studies have shown the microbial composition prior to this time period is highly variable and sensitive to environmental exposures [117,118]. Given the central role that microbiota have on immune system development, it is a natural extension that the microbiota will impact upon live vaccine efficacy [119]. Additionally, recent work in animal models has demonstrated the significance of the microbiota and associated products (e.g. bacterial LPS) for the replication of enteric viruses [120]. Acute and persistent infections with diverse pathogens in the intestine and their interactions with microbiome can affect immune homeostasis and gut health, which could have a direct effect on vaccine performance [121,122]. Enteric live attenuated vaccines replicate and may interact with the gut microbiota in the intestinal tract. Therefore, the microbiota is also likely

to directly and/or indirectly affect efficient vaccine strain replication, which is necessary to elicit a protective local immune response. The microbiota of children living in low-income countries has been shown to be more diverse in its composition, and more variable over time, compared with the microbiota of children living in high-income countries [123-125].

#### **7. Probiotics**

We found two studies that examined the impact of supplementation with *Lactobacillus* rhamnosus GG (LGG) on the immunogenicity to rotavirus vaccines (Table 6). In India, daily supplementation with a LGG in conjunction with zinc resulted in a significant rise in IgA seroconversion compared with infants receiving placebo in a cohort of infants immunized with RV1 [126]. In a small study in Finland, LGG supplementation resulted in a significant increase in IgA seroconversion post RRV-S1 [127]. The two intervention studies with probiotics that increased the immunogenicity of rotavirus vaccines had small sample size and were different in study design (e.g. administration schedule, dose, and probiotic strain used), population-specific microbiota, and gut health. Combined supplementation of probiotic and zinc deserves further investigation. Additionally, studies in gnotobiotic pigs showed that LGG, B. lactis Bb12 (Bb12), and L. acidophilus (LA) probiotics had beneficial effects on AttHRV vaccine protective efficacy and immunogenicity and they moderated the severity of diarrhea, but only when given at least 21 days prior to human rotavirus challenge [128-130]. Severe rotavirus diarrhea in children has also been successfully treated using antibodies derived from hyperimmune bovine colostrum of immunized cows [131-133].

#### **8. Undernutrition**

Undernutrition, which is prevalent in the world's most impoverished regions, has been associated with failure of resisting infections and recovering from disease, especially in children under the age of 5 [134,135]. Studies on undernutrition and rotavirus vaccines response showed heterogeneous and non-consistent effects. Gastanaduy et al, showed a significant correlation between undernutrition (weight for length  $z$  score  $\lt -2$ , based on the WHO growth standards) and low effectiveness of RV1 in Botswana after 1 ne or 2 years of follow-up [35] (Table 7). Also, underweight infants (weight for age z score < −2) from three African countries (RV5) had a nonsignificant trend toward lower combined efficacy after 1 and 2years [49]. In pooled data from Bangladesh and Vietnam (RV5), undernourished infants (weight for age z score  $\langle -2 \rangle$ ) had slightly higher efficacy in the first year of follow-up, however, after the second year they showed lower efficacy [49]. In Latin America (RV1), however, undernutrition status (weight for age z score < −22) did not affect vaccine efficacy [136]. Additionally, in Bangladesh, IgA seroconversion post RV1 was not affected by the undernutrition status (weight for length  $z$  score  $\lt -2$ ) of the children [74].

We discovered that there is conflicting evidence on the impact of nutritional status on the performance of rotavirus vaccines in developing countries. Nutrition can impact the function of the mammalian adaptive immune system, and therefore, the responses to vaccines in children [137]. Several micronutrients are relevant for immune role and vaccine efficacy, including vitamins A and D, and zinc [138,139]. For example, vitamin A deficiency in mice has been shown to modulate trafficking of vaccine-specific CD8+T

cells to the gastrointestinal tract in an ovalbumin/simian immunodeficiency virus vaccine model by interfering with retinoic acid-dependent upregulation of mucosal homing integrins in vaccine-specific CD8+T cells [140]. Several in vivo studies comprising adult mice vaccinated subcutaneously or intramuscularly with inactivated vaccines co-administered with  $1,25-(OH)_2D3$  (the most active form of vitamin D that is transported to target tissues) showed the production of antigen-specific mucosal immunity and enhanced systemic immune responses [141-143]. The studies included IPV [141], Haemophilus influenzae type b oligosaccharide conjugated to diphtheria toxoid vaccine [142], and hepatitis B surface antigen [143]. The observation of induction of mucosal immunity is significant, as the traditional paradigm suggests this requires direct antigen presentation at the mucosal surface [144]. However, whether vitamin D will prove to be an adjuvant for rotavirus vaccination will require further study. Considering the effect of diet to the composition of the intestinal microbiome, it is possible that malnutrition modifies the microbiome significantly [145]. However, it is still unknown how these diet-driven microbiota changes affect rotavirus vaccine efficacy. Additionally, zinc plays a key role in the adaptive immune system, and deficiency is associated with depressed T cell function [146]. Studies have tested the effect of supplementation with zinc on the response to vaccination, including OPV and inactivated oral cholera vaccine [137,147-150]. In a study in rural Pakistan, supplementation with 10 mg zinc daily from birth to 18 weeks of age had no impact on seroconversion after four doses of trivalent OPV [147]. Zinc supplementation did increase serum vibriocidal antibody titers in children and adults following administration of inactivated oral cholera vaccine, although this effect was not apparent in infants 6–9 months old [148-150].

#### **9. Environmental enteropathy markers**

Environmental enteropathy (EE)—also referred as 'environmental enteric dysfunction'—is a subclinical condition characterized by histological and functional abnormalities in the small intestine, which seem to be almost ubiquitous in children living in resource-poor settings [151]. A prospective longitudinal study of infants in an urban slum from Bangladesh showed that fecal alpha-1-antitrypsin and IL-10 (biomarkers of enteric and systemic inflammation, respectively) were significantly correlated with non-IgA seroconversion after RV1 vaccination (Table 8) [152]. In Nicaragua, the researchers found that two fecal biomarkers of EE: myeloperoxidase (MPO) and calprotectin (CAL) were statistically associated with diminished IgA seroconversion post RV5 [153]. The two studies have shown that EE biomarkers were associated with lower rotavirus vaccine immunogenicity.

#### **10. HIV**

Diarrheal disease is a major cause of sickness and death in HIV-infected (HIV+) children; some studies reported more severe rotavirus infection in HIV+ children [154-158]. Two studies in Botswana and South Africa measured the RV1 effectiveness in HIV-exposeduninfected compared to HIV-unexposed-uninfected children and found no statistical difference between the groups (Table 9) [35,159]. In Zambia, the researchers measured the IgA seroconversion post RV1 in HIV-exposed-uninfected compared to HIV-unexposeduninfected children and found no statistical difference between the groups either [56]. The evidence available to date showed no impact of HIV-exposure on the performance

of RV1 in African countries. Additionally, one placebo-controlled trial of the safety and immunogenicity of RV5 administered to HIV+ and HIV-exposed-uninfected infants was performed in four African countries [160]. RV5 showed an IgA seroconversion of 85% in both HIV+ and HIV-exposed-uninfected infants, regardless of significant differences in inflammation and immune activation at the start of the immunization series in both groups [160,161].

Unfortunately, the small sample size of this study and its absence of an HIV-unexposed control group limit their ability to make conclusive statements about RV5 in HIV+ infants. Nevertheless, in perinatally infected infants, they demonstrated no effect of HIV-associated inflammation and immune activation on the immunogenicity to RV5. Although many HIV+ infants have received live rotavirus vaccines since the WHO recommended them, information on the safety and immunogenicity of rotavirus vaccines in HIV+ infants is limited to approximately 100 infants who received RV1 [159,162], and less than 50 infants who received RV5 [29,163]. Despite HIV+ infants may benefit from rotavirus vaccines, these vaccines have been implicated in prolonged gastroenteritis with persistent shedding of vaccine-strain virus in infants with severe combined immunodeficiency, and other live viral vaccines have caused disease in infants with advanced HIV infection [164-167].

#### **11. Histo-blood group antigens**

Certain histo-blood group antigens (HBGAs) expressed on enterocytes have been proposed as receptors for the VP8\* of rotaviruses (VP8\* is the globular head fragment of the spike protein, VP4) [168,169]. Additionally, several studies demonstrated an HBGA correlation with rotavirus disease [170-174]. HBGAs are synthesized by glycosyltransferases encoded by ABO, Lewis, and secretor gene families. Recent investigations have suggested that the sialic acid-independent human rotaviruses recognize certain HBGAs in a P genotypedependent manner. VP8\* sequencing identified segregation of animal and human rotaviruses into five P genogroups, and researchers have hypothesized that strains within a genogroup may interact with a specific HBGA epitope [169]. HBGA phenotype correlates significantly with rotavirus vaccine IgA seroconversion. In Pakistani infants, the IgA seroconversion after three doses of RV1 differed significantly by salivary HBGA phenotype, with the lowest rate (19%) among infants who were nonsecretors (i.e. who did not express the carbohydrate synthesized by FUT2), an intermediate rate (30%) among secretors with non-blood group O, and the highest rate (51%) among secretors with O blood group [175]. How this lower seroresponse impacts on clinical protection is not yet clear and may require additional studies. For instance, while nonsecretors may be less prone to respond to vaccination, they will also be less susceptible to natural infection with certain genotypes. The study in Pakistan showed that secretor and salivary ABO blood group antigen status predicted rotavirus vaccine IgA seroconversion. This finding is consistent with an *in vitro* data that showed recombinant VP8\* and cell-culture-adapted P[8] strains interacted with Lewis b and H type 1 antigens [168] and that RV1 VP8\*-GST fusion protein bound to saliva samples from secretors but not those from nonsecretors [176]. Epidemiological studies with some population diversity have found that children with rotavirus disease from P[8] strains are significantly more likely to be secretors, compared with the general population [177].

Epidemiological data from one location have also suggested that children with rotavirus disease from P[6] strains are more likely to be Lewis negative [170].

#### **12. Conclusions**

There was a nonsignificant trend of lower rotavirus vaccines performance in breastfed infants. The rotavirus IgG transplacentally transferred was negatively associated with vaccine response. We show a nonsignificant trend of lower rotavirus performance in children either born or receiving their first dose during a rotavirus season. Both delaying the rotavirus vaccination schedule and giving additional doses slightly improved vaccine immunogenicity. This might be due to the fact that the baseline antibodies have waned in those infants, and also that the infant immune system is capable of more robust memory responses with age. Co-administration with the OPV also decreases vaccine immunogenicity. In addition, intestinal microbiome differs significantly in rotavirus vaccines' responders and nonresponders and in different geographic populations. On the other hand, the role of undernutrition still remains controversial and further studies are needed. Two clinical trials have shown that L. rhamnosus GG increased immunogenicity of rotavirus vaccines. Furthermore, EE biomarkers were associated with lower rotavirus vaccine immunogenicity, but HIV status appeared to have no impact on the performance of RV1 in Africa. Recent data suggest potential roles of host genetic factors (e.g. HBGA) in rotavirus vaccine response. Understanding the risk factors for low rotavirus vaccines' performance is critical for maximizing the public health impact of the current oral vaccines and developing the next generation of rotavirus vaccines.

#### **13. Expert commentary**

Since rotavirus vaccines were introduced into routine national immunization programs in 2006, it had a tremendous public health impact, as evidenced by reductions in diarrheaassociated mortality in low and middle-income settings, and reductions of hospitalizations in high-income settings. However, in low-income settings, the lower vaccine efficacy and initial indications that rotavirus vaccine protection might decline beyond the first year of life pose ongoing challenges to sustainability of early vaccine success. Consequently, mechanisms for lower vaccine efficacy in low-income countries and practical strategies to modify contributing factors are being explored. IgG rotavirus antibodies passively transferred to the infants and co-administration with OPV were generally associated with the reduced rotavirus vaccine's immunogenicity.

Despite a nonsignificant interaction between breastfeeding practices and rotavirus vaccination in some studies, breastfeeding should be strongly recommended during immunization counseling. The still maturing immunologic systems of infants benefit greatly from breastfeeding's modulating effect on responses to pathogen challenges. Ideally, accurate descriptions of breastfeeding practices should be included in research databases of vaccine efficacy and safety trials. Randomized trials could evaluate the impact of vaccine administration schedule on efficacy in Africa and Asia with a high disease burden.

There is a need for an understanding of the relationship between the composition of microbiota to responses to rotavirus vaccines. For instance, studies correlating the use of antibiotics (that cause a major effect on microbial diversity) before vaccination, followed by analysis of vaccine-responses, would provide major insights into changes in the microbiota and rotavirus vaccine responses. Furthermore, additional research and analysis is needed on the role of particular species within communities and their correlation with rotavirus vaccine responses. And, the tools are now readily available (community sequencing, metagenomics, metabolomics, bioinformatics, etc.). Also, it is essential to further explore the importance of the whole microbiome in the gut as a potential modulator of responses to rotavirus vaccines and evaluating the impact of nutritional status of the infants on the performance of rotavirus vaccines in developing countries. More in vivo studies are needed to comprehend the role of probiotics' impact and its applications as a vaccine adjuvant.

Additional information about rotavirus vaccines in HIV-positives and immunocompromised infants is desirable because protective antibody responses can be impaired in infants with untreated HIV infection, and robust responses may not be achieved even when vaccine is administered after initiating antiretroviral therapy early in life. In the future, accurate assessment of the safety of rotavirus vaccines in HIV-exposed-uninfected and HIV+ infants will require larger-scale effectiveness studies because performing placebo-controlled efficacy trials are not deemed to be ethical. Additionally, it is important to understand if and how the expression of HBGAs in different populations influences the performance of rotavirus vaccines. More data is required to answer the question of whether the expression of particular HBGAs in infants will determine their susceptibility to RV infections and interfere with the uptake of RV vaccines. While we analyzed the data of the individual risk factors affecting the vaccines' efficacy, the impact of the combination of the specific risk factors has yet to be explored.

Parenterally administered, nonreplicating rotavirus vaccines could provide a valuable addition to the current range of available rotavirus vaccines and may elude some of the barriers discussed here. In addition to improved efficacy in developing countries, these vaccines might be produced at a low cost and can potentially be combined with other childhood vaccines, thus facilitating the vaccine delivery. Further, parenteral vaccines may avoid concerns about replicating vaccines and the associated risk of intussusception and possible vaccine strain transmission.

#### **14. Five-year view**

Adjustment of vaccine schedules may be implemented in low-resource areas if considered effective, including earlier and additional booster doses. Hopefully, ongoing large-scale vaccination campaigns that are already in place can be exploited to evaluate the link between microbiome composition and rotavirus vaccine effectiveness. The potential role of infant nutritional status and host genetic factors (as HBGA) on the vaccine performance should continue to be assessed for potential enhancement of vaccine's performance in resourcepoor settings. Parenteral rotavirus vaccines currently under development may be licensed and available to possibly overcome the barriers to orally administered vaccines in developing countries.

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#### **Key issues**

- **•** Two rotavirus vaccines, Rotarix (RV1) and RotaTeq (RV5), were licensed for global use since 2006.
- **•** After clinical trials showed high efficacy (85–98%) of both vaccines in high-income and upper-middle-income countries in the Americas, Asia, and Europe, many countries in these regions implemented national rotavirus vaccination programs.
- **•** Subsequent clinical trials conducted in low-income countries of Africa and Asia showed modest efficacy (50–64%). The reasons for this phenomenon have not been fully elucidated.
- **•** Infants who were breastfed had a non-significant lower protection compared to non-breastfed infants (ranges: 28–86% vs. 39–91% after 1 year, and 29– 69% vs. 37–89% after 2 years). However, 3 trials showed that a transient abstention from breastfeeding did not improve the immunogenicity of rotavirus vaccines.
- **•** Titers of RV IgG at pre dose 1 in either the infants or their mothers was about two times higher in non-vaccine seroresponders compared to responders.
- **•** There was a non-significant trend of lower protection in children born during a RV season compared with children born in other months (~72 vs. ~84%).
- **•** Delaying the rotavirus vaccination schedule and/or giving additional doses of vaccine slightly improved vaccine immunogenicity.
- **•** Infants who had co-administration with OPV had generally lower seroresponse to RV vaccination than infants without OPV (~59 vs. ~68%).
- **•** Intestinal microbiome differs significantly in RV1' responders and nonresponders.
- Undernutrition does not have a significant impact on the vaccine performance.
- **•** Biomarkers of environmental enteropathy were associated with lower rotavirus vaccine immunogenicity.
- **•** There was no impact of HIV-exposure on the performance of RV1 in African countries.



**Figure 1. Rotavirus vaccines IgA seroconversion by season of their first dose (a) and rotavirus vaccine effectiveness in the first year of life by season of birth (b).** Abbreviations: **SC**: seroconversion, **RV1**: Rotarix, **RV5**: Rotateq \* statistically significant at <sup>p</sup> < 0.1; **<sup>1</sup>** [56,57,74]; **<sup>2</sup>** [75-78]; **<sup>3</sup>** against RVGE; **€** World Bank list of economies (December

2016) low-income **(L)**; lower middle-income **(LM)**; upper middle-income **(UM)**; highincome **(H)**.



#### **Figure 2. Rotateq efficacy by age at first dose.**

Abbreviations: SC: seroconversion, RV5: Rotateq; †Statistically significant ( $p < 0.05$ ); \*Statistically significant at  $p < 0.1$ ; <sup>1</sup> against RVGE; <sup>2</sup>[49].



**Figure 3. Rotarix IgA seroconversion by number of doses and schedules<sup>1</sup> .** Abbreviations: SC: seroconversion, RV1: Rotarix; †Statistically significant ( $p < 0.05$ ); **1** [31,32,90-93]; **€** World Bank list of economies (December 2016) low-income **(L)**; lower middle-income **(LM)**; upper middle-income **(UM)**; high-income **(H)**.



**Figure 4. Rotavirus vaccine IgA seroconversion with and without OPV concurrently.** Abbreviations: SC: seroconversion, RV1: Rotarix, RV5: Rotateq † Statistically significant (p < 0.05); **<sup>1</sup>** [75,106-113]; **2**2 doses at 6 and 10 weeks of age; **3**2 doses at 10 and 14 weeks of age; **€** World Bank list of economies (December 2016) low-income **(L)**; lower

middle-income **(LM)**; upper middle-income **(UM)**; high-income **(H)**.

### **Table 1.**

Rotavirus vaccine response in infants with and without history of breastfeeding a .



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 $b_{\rm Against\,severe\,RVGE.}$ Against severe RVGE.

GNI per capita between \$1,026 and \$4,035; upper middle-income (UM) economies are those with a GNI per capita between \$4,036 and \$12,475; high-income (H) economies are those with a GNI per capita GNI per capita between \$1,026 and \$4,035; upper middle-income (UM) economies are those with a GNI per capita between \$4,036 and \$12,475; high-income (H) economies are those with a GNI per capita World Bank list of economies (December 2016) low-income (L) economies are defined as those with a GNI per capita, of \$1,025 or less in 2015; lower middle-income (LM) economies are those with a World Bank list of economies (December 2016) low-income (L) economies are defined as those with a GNI per capita, of \$1,025 or less in 2015; lower middle-income (LM) economies are those with a of \$12,476 or more. of \$12,476 or more.

RV: rotavirus; BF: rreastfeeding; RVGE: rotavirus gastroenteritis; NS: non-statistically significant (p > 0.05); OR: odds ratio, GMT: geometric mean titer; RRV-S1: rhesus-human reassortant monovalent RV: rotavirus; BF: rreastfeeding; RVGE: rotavirus gastroenteritis; NS: non-statistically significant (p > 0.05); OR: odds ratio, GMT: geometric mean titer; RRV-S1: rhesus-human reassortant monovalent serotype 1; RRV-TV: rhesus-human reassortant tetravalent; RV1: rotarix; RV5: rotateq. serotype 1; RRV-TV: rhesus-human reassortant tetravalent; RV1: rotarix; RV5: rotateq.



# **Table 2.**

Pre dose 1 breast milk rotavirus-IgA by infants' rotavirus vaccines IgA seroconversion  $\ddot{\phantom{a}}$ 



 $a$ Studies that analyzed mother-infant pairs. Studies that analyzed mother–infant pairs.

 $b$  Doses administered at 0, 8, 15 weeks of age, Doses administered at 0, 8, 15 weeks of age,

 $\mathcal C_{\text{Doses}}$  administered at 8, 15, 24 weeks of age. Doses administered at 8, 15, 24 weeks of age.

World Bank list of economies (December 2016) low-income (L); lower middle-income (LM); upper middle-income (UM); high-income (H). World Bank list of economies (December 2016) low-income (L); lower middle-income (LM); upper middle-income (UM); high-income (H).

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### **Table 3.**

Rotarix IgA seroconversion with and without abstention from breastfeeding at the time of vaccination  $\ddot{\phantom{a}}$ 



 ${}^4\!{\rm Post}$  licensure randomized control trials. Post licensure randomized control trials.

 $b$  destention from breast<br>feeding for at least 30 or 60 min before and after each dose or Rotarix. Abstention from breastfeeding for at least 30 or 60 min before and after each dose or Rotarix.

 $c_{\mbox{\footnotesize{Unrestricted}}}$  breast<br>feeding was encouraged. Unrestricted breastfeeding was encouraged.

 $d_{\text{World Bank list of economics (December 2016) low-income (L); lower middle-income (LM); upper middle-income (UM); high-income (H).}$ World Bank list of economies (December 2016) low-income (L); lower middle-income (LM); upper middle-income (UM); high-income (H).

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**Table 4.**

Mothers' (a) and infants' (b) pre dose 1 serum rotavirus-IgG by infants' rotavirus vaccines IgA seroconversion  $\ddot{\phantom{a}}$ 



 $53F[7]$ .

 $a$ Studies that analyzed mother-infant pairs Studies that analyzed mother–infant pairs

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 $b_{\rm{Doses\,\,administered\,\,at\,0,\,8,\,\,15\,\, weeks\,\,of\,age}}$ Doses administered at 0, 8, 15 weeks of age

 $c_{\text{Doses}}$  administered at 8, 15, 24 weeks of age; Doses administered at 8, 15, 24 weeks of age;

World Bank list of economies (December 2016) low-income (L); lower middle-income (LM); upper middle-income (UM); high-income (H). World Bank list of economies (December 2016) low-income (L); lower middle-income (LM); upper middle-income (UM); high-income (H).



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R: responders; NR: non responders; IQR: interquartile range; OR: odds ratio; FDR: false discovery rate; RV1: rotarix. R: responders; NR: non responders; IQR: interquartile range; OR: odds ratio; FDR: false discovery rate; RV1: rotarix.

<sup>4</sup>World Bank list of economies (December 2016) low-income (L); lower middle-income (LM); upper middle-income (UM); high-income (H). World Bank list of economies (December 2016) low-income (L); lower middle-income (LM); upper middle-income (UM); high-income (H).

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Probiotic supplementation by rotavirus vaccine IgA seroconversion. Probiotic supplementation by rotavirus vaccine IgA seroconversion.



 ${}^4\hskip-2pt \nabla$  additional zinc supplementation. With additional zinc supplementation.

<sup>*b*</sup>World Bank list of economies (December 2016) low-income (L); lower middle-income (LM); upper middle-income (UM); high-income (H). World Bank list of economies (December 2016) low-income (L); lower middle-income (LM); upper middle-income (UM); high-income (H).



## **Table 7.**

Rotavirus vaccine response in infants with and without undernutrition. Rotavirus vaccine response in infants with and without undernutrition.



 $b$ Undernutrition was defined as a weight-for-age z score <-2 based on World Health Organization growth standards. Undernutrition was defined as a weight-for-age z score <−2 based on World Health Organization growth standards.

 $c$  World Bank list of economies (December 2016) low-income (L/; lower middle-income (LM); upper middle-income (UM); high-income (H). World Bank list of economies (December 2016) low-income (L); lower middle-income (LM); upper middle-income (UM); high-income (H).

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### **Table 8.**

Environmental enteropathy biomarkers by rotavirus vaccine IgA seroconversion. Environmental enteropathy biomarkers by rotavirus vaccine IgA seroconversion.



R: responders; NR: non responders; NS: non-statistically significant (p > 0.05); EE: environmental enteropathy; RV1: rotarix; RV5: rotateq. R: responders; NR: non responders; NS: non-statistically significant (p > 0.05); EE: environmental enteropathy; RV1: rotarix; RV5: rotateq.

 $*$   $-$ No reported but significant. <sup>a</sup>World Bank list of economies (December 2016) low-income (L); lower middle-income (LM); upper middle-income (UM); high-income (H). World Bank list of economies (December 2016) low-income (L); lower middle-income (LM); upper middle-income (UM); high-income (H).



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 ${}^2$ An HIV-uninfected child was judged to be HIV-exposed if the mother gave history of testing HIV positive during pregnancy, or HIV-unexposed if the mother had a history of negative HIV test during An HIV-uninfected child was judged to be HIV-exposed if the mother gave history of testing HIV positive during pregnancy, or HIV-unexposed if the mother had a history of negative HIV test during pregnancy. pregnancy.

 $b_{\rm Againt\;severe\;RVGE;}$ Against severe RVGE;

 $c_{\rm Against\;any\;RVGE;}$ Against any RVGE;

World Bank list of economies (December 2016) low-income (L); lower middle-income (LM); upper middle-income (UM); high-income (H). World Bank list of economies (December 2016) low-income (L); lower middle-income (LM); upper middle-income (UM); high-income (H).