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Somatic Mutations in Cardiovascular Disease

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Abstract

Advances in population scale genomic sequencing have greatly expanded the understanding of the inherited basis of cardiovascular disease (CVD). Reanalysis of these genomic datasets identified an unexpected risk factor for CVD, somatically acquired DNA mutations. In this review, we provide an overview of somatic mutations and their contributions to CVD. We focus on the most common and well described manifestation, clonal hematopoiesis of indeterminate potential (CHIP). We also review the currently available data regarding how somatic mutations lead to tissue mosaicism in various forms of CVD, including atrial fibrillation and aortic aneurism associated with Marfan Syndrome. Finally, we highlight future research directions given current knowledge gaps and consider how technological advances will enhance the discovery of somatic mutations in CVD and management of patients with somatic mutations.

Cardiovascular disease (CVD) is the leading cause of mortality, accounting for 32% of all deaths worldwide¹. A mainstay of the management of CVD is risk factor modification². Well established risk factors include modifiable lifestyle factors such as diet, alcohol consumption, tobacco use, and exercise while more recently, environmental as well as social determinants of health are partially modifiable risk factors contributing to the development of CVD^{3–5}. There is also strong evidence supporting non-modifiable risk factors such as age, biological sex, and inherited genetics in the development of CVD^{6–8}. Increasingly, somatic or acquired mutations in a variety of tissues have been identified as risk factors for the development of CVD, some with a substantial impact on the development and severity of CVD.

Most investigations into cardiovascular disease genetics focus on inherited genetic mutations; however, individuals acquire mutations throughout their lifespan. Although acquired mutations have historically been a focus of cancer genomics, recent technological advances in genome sequencing have enabled a new ability to catalog this axis of genetic diversity. These technological advances have resulted in an emerging appreciation for how acquired mutations contribute to diseases beyond cancer. These new technologies include error-corrected deep sequencing and single cell simultaneous multi-omics; both of which

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have scaled to higher throughput while at historically low costs. Simultaneous with the development of large-scale biobanks and tissue repositories, these technologies and methods have allowed for the discovery of mutations with low variant allele frequencies (VAF) in patients with CVD and led to a greater understanding of the somatic determinants of CVD.

In this review, we introduce the concept of somatic mutations leading to tissue mosaicism and subsequent disease, while providing an overview of the current understanding of the origin of this phenomenon. The most prominent example of somatic mosaicism is clonal hematopoiesis of indeterminate potential (CHIP) which has broad ranging effects across the CVD spectrum exerted primarily through an inflammatory mechanism. We then examine other somatic mutations in CVD, providing a framework for the consideration of somatic mutations in CVD more broadly. Lastly, we consider how new longitudinal cohorts with deep phenotyping and precision medicine derived clinical trials in combination with novel methods, such as deep error-corrected sequencing and single cell sequencing will enable re-appraisal of prior work and new discoveries.

Somatic Mutations and Mosaicism

Mutations occur throughout the life of an individual due to a variety of biological mechanisms⁹. Developmental timing determines the anatomical distribution, allele frequency, and clinical manifestations of these somatic mutations¹⁰. Widely known through our understanding of cancer development and progression, somatic mutations and subsequent tissue mosaicism result in a spectrum of clinical manifestations with malignancy at one extreme and quiescent mutations producing no clinically relevant disease at the other. Technological advancements over the past decade, including enhanced somatic variant calling, microdissection, and spatial genetics, have revealed mosaicism to be common both in health and disease^{11–13}.

Somatic mutations robustly occur as early as the first cellular division of embryogenesis, continuing throughout embryogenesis and into adulthood via several mechanisms^{12,14}. (Figure 1, left panel) The most common and reliable mechanism for somatic mutation formation is spontaneous deamination of 5-methylcytosine to thymine, primarily at methylated CpG dinucleotides¹⁵. Left unidentified for repair, this alteration is passed to progeny cells throughout the lifespan of the organism in a linear fashion and can serve as a marker of aging¹⁶. Small insertions and deletions (indels) may also commonly arise during non-homologous joining of DNA double-strand breaks and replication error by DNA polymerase, though at considerably lower rates^{17,18}. Larger structural variations, such as kilobase-sized insertions, deletions, loss-of-heterozygosity, and rearrangements are even more rare¹⁹.

Within cardiomyocytes, a cell that rarely undergoes division, somatic mutations were thought to be uncommon, reinforced by several studies using next generation sequencing (NGS) to evaluate primary cardiac tissue^{13,20,21}. However, single-cell whole genome sequencing (WGS) was recently used to identify single nucleotide variants (SNVs) from 48 single cardiomyocytes in 10 healthy individuals. Remarkably, this revealed human cardiomyocytes to have as many as 4,000 to 30,000 somatic SNVs per cell²².

However, given the non-dividing nature of cardiomyocytes, somatic mutations derived after organogenesis would not have the ability pass these mutations to progeny. This contrasts with somatic mutations within stem cell progenitors which can subsequently pass mutations to daughter cells, creating tissue mosaics.

Clonal Hematopoiesis of Indeterminate Potential

Unlike cardiomyocytes, hematopoietic stem cells (HSPCs) are constantly dividing. Somatic mutations in select genes confer a competitive advantage, leading to a clonal proliferation termed CHIP. HSPCs harboring CHIP driver mutations give rise to a similarly mutated population of peripherally circulating blood cells, collectively called a clone^{23,24} (Figure 1, right panel). While patients harboring driver mutations are at higher risk for myeloproliferative neoplasms, *CHIP* nomenclature is used to distinguish from cancer-related clonality as relatively few individuals with CHIP go on to develop blood cancers. HSPCs with CHIP driver mutations harbor the potential for malignant conversion with the acquisition of additional somatic mutations that would enable unchecked growth and organ dysfunction²⁵. An important aspect of CHIP diagnosis and prognosis is clone size. Currently, CHIP is considered present if the VAF reaches 2%, corresponding to 4% of circulating cells, presuming heterozygosity^{26,27}.

CHIP is strongly linked to aging and is estimated to affect greater than 10% of individuals older than 70 years of age^{28–30}. Patients with CHIP have a tenfold increased risk of developing blood cancer; however, this risk does not fully account for the 30–40% increased risk of mortality associated with this condition. Rather, CHIP patients have higher rates of ischemic stroke and cardiovascular disease which accounts for the increased mortality (figure 2). In fact, the risk of developing coronary disease is twice as high in patients with the three most common CHIP mutations, DNMT3A, TET2, and ASXL1 while having a JAK2 mutation conferred a 12-fold relative risk of incident coronary artery disease (CAD)³¹.

Although there are ~75 CHIP driver mutations, the most common, DNMT3A, TET2, and ASXL1, account for two-thirds of patients with CHIP^{26,30,31}. DNMT3A and TET2 are involved in DNA methylation while ASXL1 is a chromatin regulator. Loss of function mutations in both DNMT3A or TET2 show enhanced renewal capability in mice *in vitro* leading to the development of clonal populations³². ASXL1 mediated histone modification is essential in normal hematopoiesis among HSPCs; however, a clear mechanism for clonal expansion has not yet been elucidated in the setting of CHIP³³. JAK2, PPM1D, and TP53 are also notable CHIP mutations due to their influence on CVD. TP53 is involved with DNA damage response (DDR) and HSPCs harboring mutations in this gene have a competitive advantage over neighbors within the same compartment³⁴. PPM1D is also part of the DDR pathway and mutations confer a proliferative advantage through resistance to p53 mediated apoptosis³⁵. JAK2 is part of the cellular JAK/STAT signaling pathway and activating mutations allow for unopposed cellular proliferation, supporting clonal expansion³⁶.

While CHIP mutations occur in somatic cells, mounting evidence suggests the presence of a germline predilection towards the development of CHIP mutations in HPSCs. In 2009, a GWAS-based analysis identified an allele in the JAK2 locus that predisposes

to the development of JAK2p.Val617Phe (JAK2^{V617F}) derived MPNs, a finding that has been affirmed by several other studies and lends credence to the notion of inherited risk of clonality^{37–41}. Later, telomerase reverse transcriptase (TERT), a key enzyme in the maintenance of telomeres, was found to be associated with incident CHIP in a whole genome-based GWAS among a large Icelandic cohort³⁰. The same germline TERT loci was again identified in a large study of nearly 100,000 genomes²⁹. It is notable that TERT is constitutively expressed in HPSCs whereas most cells within the body lack expression of this gene⁴². TERT itself has been associated with CVD in several GWAS, but the role of telomeres and their regulatory environment as it pertains to HPSC clonality and downstream effects is not fully known and remains a focus for future research^{43,44}. Several novel SNVs were identified in the same large study of 100,000 genomes, furthering the hypothesis of germline risk of CHIP²⁹. This group identified an intergenic region near TET2 (rs144418061) in patients with African ancestry which confers a 2.4-fold increased risk of CHIP, an association that was equal among the three most common CHIP driver mutations (DNMT3A, TET2, and ASXL1). Further work from the same paper showed a single locus within the intron of the T-cell leukemia/lymphoma 1A gene (TCL1A, rs2887399) leading to a 1.23-fold risk of acquiring DNMT3A-specific CHIP. There is partial overlap between the germline loci that give rise to CHIP mutations and germline loci associating with CVD that suggests a potential common genetic source for the development of CVD. The degree to which germline variants determine CHIP risk continue to be refined through larger studies, but the impact can be extrapolated from data from the above studies. For example, since the TET2 SNV rs144418061 confers a 2.4 fold increased risk of CHIP development for each copy of the risk allele, a 50 year old individual with one copy of this allele is at a similar risk to a 65 year old individual without this allele^{45,46}. Future studies will further refine our understanding of the germline determinants of CHIP development and progression.

CHIP in Cardiovascular Disease

Atherosclerotic Coronary Artery Disease

Somatic mutations in HPSCs leading to CHIP are strongly associated with the development of coronary artery disease^{29,31,47}. This association was confirmed across several of the CHIP driver mutations including *DNMT3A*, *TET2*, *ASXL1* and *JAK2*. Causality in humans is further supported by data showing that there is a dose-response relationship with VAF/clone size and atherosclerosis severity as assessed by coronary artery calcification scoring³¹. Studies in animal and cell models have revealed further mutation-specific mechanistic insights into the development of coronary disease.

TET2 is the second most common CHIP mutation and has been the subject of multiple mechanistic studies by independent research groups evaluating atherosclerosis and coronary disease. Competitive bone marrow transplantation of TET2^{-/-} HPSCs in a mouse model of hypercholesterolemia-driven atherosclerosis recapitulated the clonal expansion seen in TET2 CHIP patients without alterations in blood counts⁴⁸. Post bone marrow transplant, the TET2-deficient cells expanded markedly in the marrow and led to a 60% increase in atherosclerotic plaque size⁴⁸. A contemporaneous study evaluated the effects of TET2 inactivation within all hematopoietic cells on the background of a diet-driven atherosclerotic

mouse model to find similarly, that TET2 inactivation led to 2.7 fold larger atherosclerotic lesion area³¹. Pursuing this mechanism further, myeloid lineage-specific TET2-knockout mice and macrophages showed accelerated atherosclerosis development dependent on an enhanced CXC chemokine expression and subsequent secretion of IL-1 β and IL-6^{31,48}. These findings are supported by prior studies in primary cells where TET2 was found to participate in the active suppression of IL-6 transcription during inflammation in innate myeloid cells, including dendritic cells and macrophages. Furthermore, loss of TET2 resulted in the upregulation of several inflammatory mediators, including IL-6⁴⁹. These fundamental studies have translational relevance as clinical data has pointed to a putative inflammatory mechanism implicating IL-6 in the development of coronary disease. One study evaluated the effects of a genetically mediated reduction in IL-6 signaling on CVD event rates. Utilizing a common variant in the IL-6 receptor gene that disrupts IL-6 signaling, whole exomes were evaluated revealing that those with the mutated IL-6 signaling had significantly lower CVD event rates⁵⁰. Furthering this notion, serum IL-6 levels are highly predictive of coronary artery disease as measured in patients of intermediate risk referred for coronary angiography⁵¹. In a sub-study of the CANTOS clinical trial, inhibition of IL-1 β , an upstream mediator of IL-6, reduced major adverse cardiovascular events among high-risk atherosclerosis patients with CKD⁵². Building on this finding, the initial results of the IL-6 inhibition with ziltivekimab in patients at high atherosclerotic risk (RESCUE) trial, found that IL-6 inhibition was effective at reducing C-Reactive protein (CRP) levels as well as fibrinogen, and lipoprotein(a), all biomarkers relevant to the development of atherosclerosis⁵³.

Similar to TET2, clonal hematopoiesis associated with JAK2^{V617F} mutations have significant effects on coronary disease. JAK2^{V617F} mutations lead to cytokine-independent activation of the JAK-STAT pathway, resulting in proliferation of mature myeloid cells, mechanistically distinct from DNMT3A and TET2 driver mutations⁵⁴. Mice with myeloid-specific JAK2^{V617F} mutations develop accelerated atherosclerosis in concert with cellular proliferation underpinned by AIM2 inflammasome activation and IL-1 β production⁵⁵. This is similar to what was observed in mice transplanted with JAK2^{V617F} positive bone marrow after irradiation⁵⁶. These events led to an overall increase in the burden of inflammatory macrophages within atherosclerotic lesions but also to increased necrotic core formation and putative plaque instability. These effects were prevented with the use of an IL-1 β inhibitor^{55,56}.

Ischemic Cardiomyopathy and Heart Failure

After initial associations with CVD and CAD, CHIP was next mechanistically linked to congestive heart failure (CHF) in animal models and human epidemiological cohorts^{57,58}. Initial investigation began in murine models of heart failure. One group evaluated TET2 inactivation in two separate models of murine heart failure. TET2 inactivation led to cardiac dysfunction in both models. They posited this was through an IL-1 β mediated mechanism as IL-1 β was upregulated in their experimental models. Furthermore, inactivation of the upstream mediator, NOD-, LRR- and pyrin domain-containing protein 3 inflammasome complex (NLRP3), protected against the development of heart failure in both models and prevented several markers of cardiac dysfunction⁵⁹. Clustered regularly interspaced

short palindromic repeats (CRISPR) technology was later used by this same group to introduce inactivating mutations in TET2 and DNMT3A in bone marrow cells which were subsequently engrafted into lethally irradiated mice. When challenged with an infusion of angiotensin II, mice with inactivating mutations in TET2 or DNMT3A displayed greater cardiac hypertrophy, decreased cardiac function, and higher levels of fibrosis when compared to wild type controls⁶⁰. TET2 inactivation promoted the expression of IL-1 β , IL-6 and CCL5 whereas DNMT3A inactivation promoted the expression of CXCL1, CXCL2, IL-6 and CCL5 when stimulated with lipopolysaccharide in a macrophage cell line. These results are supportive of an inflammatory mechanism for the enhanced effects of CHIP in these two specific mutations⁶⁰.

Beyond the CHIP genes that modulate epigenetics, JAK2, PPM1D, and TP53 also have notable cardiovascular consequences across several models of murine heart failure. Mice that underwent transduction of myeloid-restricted JAK2^{V617F} cells had larger infarct size in a LAD-ligation model of myocardial injury and subsequently were found to have a greater reduction in cardiac function when compared to controls as a result of this insult⁶¹. Consistent with prior studies, myeloid-restricted JAK2^{V617F} mice had greater expression of IL-6 and IL-1 β but had no alterations in overall cell counts. Using the same transduction model, this group sought to evaluate pressure-overload heart failure through transverse aortic constriction surgery. In this setting, mice with myeloid-restricted JAK2^{V617F} had greater cardiac hypertrophy and fibrosis along with decreased cardiac function⁶¹. Furthermore, heart tissue from these mice displays greater macrophage infiltration and IL-6 transcript expression⁶¹. In a separate line of work by another group, mice transplanted with bone marrow containing PPM1D-mutant cells were more susceptible to stress-induced cardiac remodeling and dysfunction. PPM1D-mutant macrophages displayed DDR pathway suppression and greater cytokine production in response to cardiotoxic stress via chemotherapy. Notably, NLRP3 inflammasome inhibition reversed the mouse phenotype that was conferred by the transplantation of the PPM1D-mutant cells. These data suggest gain-of-function mutations in PPM1D can contribute to chemotherapy induced cardiomyopathy through an inflammatory mechanism and inhibition of upstream mediators provide potential therapeutic targets for the treatment of this condition⁶². Adding to this, Sano et al. showed doxorubicin treatment can lead to the rapid expansion of a pre-existing TP53 clone, producing enhanced cardiotoxicity through a neutrophil mediated mechanism which further supports the important role of DDR CHIP mutations in the development of CVD⁶³.

Human data on CHIP in heart failure appear concordant with animal and cellular models. At the single cell level, Abplanalp et al. focused on DNMT3A mutations within monocytes and T cells and showed monocytes from heart failure patients with DNMT3A mutations have an increased proinflammatory signature compared to heart failure controls⁵⁸. This included increased expression of IL-6, CXCL2, IL-1 β , tumor necrosis factor (TNF), and NLRP3. These findings were experimentally corroborated using a DNMT3A-silenced human monocyte cell line. Interestingly, widespread genetic changes were found within both monocytes and T cells regardless of mutational status, suggesting a pleiotropic effect of DNMT3A mutations.

In a clinical study of 200 older and mostly male patients with CHF, the participants underwent bone marrow biopsy and their samples were subsequently sequenced for CHIP mutations. Worse long-term clinical heart failure outcomes, as measured by death or death combined with heart failure hospitalization, were found in patients with either DNMT3A or TET2 mutations compared with non-CHIP CHF patients. There was a statistically significant dose-response association between clone size and clinical outcome, suggestive of a causal relationship⁶⁴. Subsequently, a large prospective cohort study of 50,000 patients showed there was an association between overall CHIP presence and incident HF. Gene-based analyses in this study demonstrated significant associations specifically for TET2, JAK2, and ASXL1, but interestingly, not DNMT3A⁵⁷.

Aortic Stenosis

CHIP has been linked to poor outcomes after transcatheter aortic valve implantation (TAVI) in calcific aortic stenosis (AS). In one study, eight patients with severe degenerative AS and three controls underwent single-cell RNA sequencing analyses of circulating peripheral monocytes. AS patients who carried DNMT3A or TET2 CHIP-driver mutations had increased monocyte expression of IL-1 β , IL-6R, and NLRP3, all potent mediators of inflammation. Importantly, there were no significant differences in circulating levels of IL-6 or high-sensitivity C-reactive protein in this cohort of patients, leading the authors to speculate that patients with DNMT3A or TET2 driver mutations may be primed for excessive inflammatory responses⁶⁵. Other studies have noted increased circulating levels of IL-6 in patients with AS and have correlated this with disease progression. Therefore, increased inflammatory potential via IL-6 is a possible explanatory mechanism for poor outcomes in the time period after TAVI⁶⁶.

Another study evaluated 279 sequentially enrolled older patients undergoing TAVI for critical AS in Germany⁶⁷. Enrolled patients were sequenced for the presence of either TET2 or DNMT3A CHIP driver mutations and then followed with the primary endpoint of all-cause mortality. Notably, the evaluated CHIP mutations were enriched in patients with severe calcified AV stenosis undergoing TAVI. The primary finding of the study shows patients carrying either a DNMT3A or TET2 CHIP driver mutations experienced significantly worse clinical outcome for death during the first 8 months after TAVI with a hazard ratio of 3.1 when compared to non-CHIP controls. The authors subsequently performed FACS on a subset of the patients revealing a skew towards pro-inflammatory t-cell polarization in DNMT3A-CHIP patients and increased levels of circulating non-classical monocytes in TET2-CHIP patients. Inflammatory infiltrate in surgically removed mineralized aortic valves is composed of macrophages, mast cells, CD4+ T cells and CD8+ T cells⁶⁸ and as such, the cellular alterations seen in these CHIP mutations add to the notion that an inflammatory mechanism might be critical to poor outcomes in AS.

Peripheral Artery Disease and Venous Thromboembolism

Observations linking CHIP to atherosclerosis beyond the coronary vasculature are emerging. One group has identified TP53 as a potential driver of atherosclerosis in vascular beds across the body⁶⁹. This group leveraged whole exome sequences and tested whether CHIP was associated with increased risk of PAD and atherosclerosis within multiple arterial

beds. Their preprinted work revealed the novel finding that DDR TP53 and PPM1D CHIP associates with incident PAD. Specifically, there were significant associations between TP53 and CAD, aortic and peripheral aneurysms, and chronic mesenteric ischemia. A mouse model of atherosclerosis transplanted with 20% Trp53^{-/-} bone marrow cells proved sufficient to accelerate atherosclerosis development through a macrophage-dependent process⁶⁹. This stands in contrast to previous work on DNMT3A and TET2 CHIP, where elevated expression of pro-inflammatory cytokines IL-6 and IL-1 β in the aortic wall promote atherosclerosis suggesting a distinct mechanism for injury in this CHIP subtype.

To date there have been no studies on the effects of CHIP on VTE in the absence of MPN. There is one study to report negative results, where the presence of non-JAK2 CHIP mutations seem to have no impact on VTE formation in the setting of MPNs⁷⁰ For JAK2, patients with MPN found to have JAK2^{V617F} mutations had significantly elevated rates of venous thrombosis compared to controls in a large-scale clinical cohort study⁷¹. They postulated this effect was through an enhanced neutrophil extracellular trap (NET) formation, an important factor in thrombosis. Treatment with ruxolitinib, a JAK1/2 inhibitor, decreased NET formation in vitro and decreased thrombosis in JAK2^{V617F} mice in vivo⁷¹.

Pulmonary Hypertension

Evaluating a large PAH cohort revealed mutations in TET2 were associated with PAH independent of previously established PAH genes. Interestingly, a significant proportion of these mutations were predicted to be germline rather than somatic (75% vs 25%, respectively). The identification of somatic variants, perhaps limited by read depth of whole exome sequencing, may have underestimated the prevalence of somatic mutations. Furthermore, primary lung tissue was not used to corroborate their findings. To investigate the underlying mechanisms of their clinical findings, a mouse model of conditional hematopoietic TET2 knockout was sufficient to induce PH typified by marked vascular remodeling and profound microvascular loss secondary to increased inflammation⁷². This model had increased levels of IL-1 β and the phenotype was recovered when treated with antibody-mediated IL-1 β blockade. A more recent study found that JAK2 CHIP was associated with the development of PAH in transgenic mice as well as mice transplanted with JAK2^{V617F} bone marrow cells⁷³. These effects were mediated through the enhanced differentiation of neutrophils in pulmonary arterial regions leading to upregulation of chemokine activity and subsequent arterial remodeling. However, unlike similar models of clonal hematopoiesis, this model harbored baseline hematological differences, such as elevated white blood cell count which could confound their results. An analysis of a 70 person PAH cohort identified an increase JAK2^{V617F} mutations in PAH cases (7%) compared to aged matched controls (0%)⁷³.

Primary Tissue Somatic Mosaicism in CVD

Marfan Syndrome

Marfan Syndrome (MFS) is a hereditary connective tissue disorder which typically results from heterozygous pathogenic variants in the FBN1 gene, encoding fibrillin-1. Cardiovascular manifestations include thoracic and abdominal aneurysms and dissections.

About 75% of cases have a positive family history whereas as many as 25% arise sporadically. Using clinically diagnosed probands, one group found 5 individuals with somatically-derived mutations in FBN1 in blood samples⁷⁴. Pathogenic mosaics had been described only rarely before with two prior case reports, and therefore were thought to be primarily clinically asymptomatic as is commonly observed in parents of patients with spontaneous MFS^{75,76}. Clinically, these five patients were heterogeneous in terms of typical MFS manifestations. Though still rare, this study and others illustrate somatically acquired mutations in the FBN1 gene are an important phenomenon and should be part of regular screening⁷⁷. This information is especially important regarding genetic counseling and family planning in the proband.

Atrial Fibrillation

Atrial fibrillation is the most common arrhythmia, affecting ~1% of the population. There has been significant effort to define the genetic architecture of this disease^{82,83}. Several pathogenic familial mutations have been identified and more recently GWAS-derived SNVs have been added together to produce clinically usable polygenic risk scores^{84,85}. Somatic mutations have been described in a minority of cases with several studies reporting that there were no somatic variants within their respective populations. A 2015 study evaluating paired DNA from lymphocytes and left atrial appendages of 25 atrial fibrillation patients using high-depth NGS could not reveal any significant somatic mutations and subsequently concluded that atrial-specific tissue mutations are rare and that somatic mosaicism within the atria is unlikely to significantly contribute to AF pathogenesis²¹. Similarly, a later paired-tissue study evaluated blood and left atrial tissue DNA (harvested from posterior left atrial wall, between the pulmonary veins) from 44 AF patients also revealed no somatic variants within the studied cardiac tissue⁸⁶. However, both studies were designed to evaluate valvular AF and were limited by sample size. Conversely, other reports suggest somatic mutations could contribute to the development of AF. Gollob et al showed 4 out of 15 patients with early onset idiopathic AF had heterozygous mutations in the GJA5 (connexin 40) gene in surgically harvested left atrial tissue but not in peripheral lymphocytes⁸⁷. Likewise, in a selected group of 10 patients undergoing surgical PVI, 1 was found to have a mutation in the coding region of the connexin 43 gene in atrial tissue only in a study from another group⁸⁸. Studies using paired cardiac tissue and DNA from blood samples combined with high-quality deep sequencing technology represent the gold standard for the determination of somatic variants and additional studies with more patients are needed to fully evaluate this phenomenon.

Long QT Syndrome

Somatic mosaicism has also been described as a rare cause of Long QT syndrome (LQTS). One group characterized an index patient with LQTS revealing the mosaic presence of a mutated SCN5A gene⁸⁹. Unsure if this could be causative of the patient's presentation, the researchers created a model simulation which suggested somatic mosaicism within the Purkinje system can lead to abnormal electrophysiological propagation consistent with LQTS, offering a potential explanation for the development of an arrhythmia-prone substrate. Furthermore, somatic mosaicism appeared to account for 0.17% of undiagnosed cases of LQTS in a large cohort of patients being evaluated for genetically derived

arrhythmias, supporting the notion that LQTS is rarely derived from somatic mutations but could be considered in sporadic cases⁸⁹.

Idiopathic VT

Idiopathic ventricular tachycardia occurs in patients without clear structural heart disease and in the absence of other arrhythmia syndromes such as LQTS. Notably, these arrhythmias primarily arise from the right ventricular outflow tract (RVOT), a defining characteristic of idiopathic VT. One group identified a focal somatic myocardial mutation in GNIA2 present in the RVOT, the site of the arrhythmogenic substrate, but nowhere else in the sampled myocardium⁹⁰. GNIA2 codes for the alpha subunit of guanine nucleotide binding protein, part of a larger family of G proteins which are involved in inhibition of adenylyl cyclase, activation of PI-3 kinase, and modulation of K⁺ and Ca²⁺ channels⁹¹. The absence of these inhibitor proteins were shown to predispose transgenic mice to ventricular arrhythmias⁹². Taken together, focal somatic mutations present in the RVOT could be contributory in the development of idiopathic VT. However, there have been no follow up studies and no human studies have recapitulated these findings to date.

Congenital Heart Disease

Congenital heart disease (CHD) represents a broad spectrum of cardiovascular dysfunction that is present at birth and has historically been associated with inherited genetics. However, there exists a significant proportion of CHD cases that occur in families without a history of CHD, suggesting a mutational acquisition early in embryological development. Due to enhanced analytical methods, somatic mutations have been identified as contributing to CHD in recent years^{78–80}. These findings have been very recently reviewed by Morton et al. and can provide the interested reader with detail beyond the scope of the current work⁸¹.

Heteroplasmy

Another facet of somatic mosaicism within the broader context of CVD is heteroplasmy. Heteroplasmy describes the presence of different mitochondrial DNA within the same organism resulting in a mosaic pattern within a particular tissue. This is thought to be an age-related phenomenon resulting from large deletions of mitochondrial DNA (mtDNA) leading to alterations in the generation of ATP or Ca²⁺ handling, which is especially important within the cardiac tissues^{93,94}. Heteroplasmy has been identified as potentially contributory in arrhythmia, heart failure, and atherosclerosis while decreased mtDNA copy number, a specific type of acquired heteroplasmy is associated with incident CVD across several large, well characterized cardiovascular cohorts⁹⁵.

In an animal model of accelerated accumulation of mtDNA deletions within cardiomyocytes, aged animals had significantly higher rates of arrhythmia than their control counterparts⁹⁶. Similarly, a 2017 study using transgenic mice observed higher rates of spontaneous and inducible cardiac arrhythmias after experimental myocardial infarction among mice with elevated mtDNA mutations⁹⁷. In humans, a prospective study evaluating high-risk patients undergoing CABG were more likely to have postoperative AF if higher levels of mitochondrial dysfunction was present in right atrial tissue⁹⁸. Another study appeared to confirm these results; this group evaluated 88 paired atria-blood tissue samples

for specific mtDNA deletions. mtDNA deletions were closely associated with age and were present in significantly higher quantities in patients with AF⁹⁹. A 2006 study revealed mtDNA mutations present in atrial tissue but not in mtDNA from peripheral blood cells of patients with chronic AF, leading the researchers to conclude that oxidative injury and large mtDNA deletions in cardiac muscle are increased in patients with chronic AF, which may lead to the pathogenesis of AF¹⁰⁰. More recently, mtDNA copy number was inversely associated with the risk of incident AF in several large population-based prospective cohort studies (Atherosclerosis Risk in Communities (ARIC) study, the Multi-Ethnic Study of Atherosclerosis (MESA), and the Cardiovascular Health Study (CHS)), independent of traditional risk factors for the development of AF. The investigators found mitochondrial DNA copy number is proportional to the transcription of mitochondrial genes and is a marker of mitochondrial dysfunction^{101,102}. This study however did not directly assess mtDNA copy number in atrial tissue, rather from peripheral blood where it is presumed to be a surrogate indicator for mtDNA in heart tissue. Additional studies are needed to confirm the role of heteroplasmy in the development of arrhythmia, especially atrial fibrillation.

Mitochondrial function is essential to cardiac physiology which is especially relevant in cardiac aging and heart failure. Mitochondrial dysfunction has been highly correlated with declining cardiac function and extensively reviewed elsewhere^{103–105}. Alterations in mtDNA are one mechanism for mitochondrial dysfunction and have been associated with heart failure. In an animal model of ischemic cardiomyopathy, mtDNA copy number is decreased in the post MI failing myocardium which correlated with increased cardiac remodeling and systolic dysfunction¹⁰⁶. In humans, there is reduced mtDNA replication and depletion of mtDNA in heart failure while up to 22% of idiopathic dilated cardiomyopathy cases can be attributed to mtDNA mutations^{107,108}.

Regarding atherosclerotic coronary disease, there have been multiple studies to correlate mtDNA content with the presence of coronary disease^{109,110}. One single-center study was able to identify mtDNA content in peripheral blood mononuclear cells as a predictor for CHD and further was able to correlate mtDNA content with severity of coronary atherosclerosis¹¹⁰. Higher rates of heteroplasmy have also been identified in several studies of post-mortem aorta samples with increased levels of atherosclerosis^{111–113}. There does indeed appear to be a link between the presence of mtDNA mutations or changes in copy number to atherogenesis however, the mechanisms leading to this are incompletely understood. It is possible that the mitochondrial damage leads to increased LDL oxidation and subsequent formation of atherogenic LDL species or activation of the NLRP3 inflammasome modulating the inflammation axis to promote plaque formation however additional studies are needed to confirm these theories^{114–116}.

Outlook for Somatic Mosaicism and CVD

The evaluation of somatic mosaicism and its most commonly identified form, CHIP, in CVD is a new and growing field based on advances in sequencing technology and is primed to expand considerably in the upcoming years. In the CHIP space, there is a lack of data regarding phenotype over time. There are no published studies following CHIP clone size over time and therefore we do not know the complete natural history of this

nascent condition, particularly as it relates to CVD. At least part of the difficulty with establishing this data lies with the current diagnostic tools available. With the development of a clinical CHIP bioassay, and deep error-corrected sequencing, patients could be more easily identified, and clone size followed in a longitudinal manner.

Similarly, we also have limited data as to the specific CHIP mutations and their effects on downstream pathologies. For example, are DNMT3A R882H hotspot mutations equally pathogenic as DNMT3A loss of function mutations? The distinction of clone type is an important one since CHIP represents a heterogeneous set of mutations and subsequent clinical impacts. Identification of the natural history for a specific mutation will be critical to individual risk estimation and implementation of prevention strategies. Larger prospective studies are needed to assist patients and clinicians to risk stratify patients in this manner. With the growth of mega-biobanks, such as NIH All of Us, UK Biobank and others, we expect that additional data will be available to answer these questions in the next few years.

Excitingly, based on the findings reviewed here, there are putative therapeutic targets for CHIP patients on the horizon. Given the findings of several large-scale trials testing anti-inflammatory approaches such as the Canakinumab Anti-inflammatory Thrombosis Outcome Study (CANTOS), Low Dose Colchicine 1 and 2 (LoDoCo), Colchicine Cardiovascular Outcomes Trial (COLCOT) there is strengthening evidence to suggest that inflammation plays a causal role in the pathogenesis of CVD. Indeed, a subgroup analysis of the CANTOS data revealed that patients who experienced the most inflammation reduction as measured by high-sensitivity CRP or IL-6 levels while on treatment with canakinumab were also the patients who derived the most benefit through decreased event rates¹¹⁷. Building on this, one team has sequenced a large proportion of the CANTOS participants to then sub-select for TET2 CHIP patients within the study and found treatment with the IL-1B inhibitor decreased relative risk of major CV events by 64% in TET2 CHIP patients compared to 15% overall¹¹⁸. In sum, the current available research supports a role of inflammation in the most common CHIP mutations, likely mediated via an IL-6 mechanism which makes the upcoming trial of Ziltivekimab (a selective IL-6 antagonist) compared to placebo in people with CVD (ZEUS) of particular interest; however, there are no current clinical trials specifically evaluating treatments for patients with CHIP. Together, these developments lend support for the notion that a precision medicine approach to address the unique pathophysiology of CHIP is increasingly feasible.

New technologies will catalyze ongoing efforts to identify and detect somatic mutations in all cardiovascular tissues and determine their clinical consequences. The development of deep error-corrected sequencing has led to an enhanced ability to identify somatic variants and we anticipate this trend to continue in the identification of somatic mosaicism within cardiovascular diseases. Revisitation of prior work may indeed yield divergent results, especially in the setting of evaluating somatic mutations within primary cardiovascular tissues. Combined with cutting edge bulk sequencing, emerging but low-throughput methods such as single cell DNA sequencing and multi-omics will shed light on the accumulation of mutations throughout the life of a particular cell and reveal critical aspects of pathophysiology as it pertains to cellular function over time, opening the door to new therapeutic modalities and the treatment of CVD.

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Non-Standard Abbreviations

AS	Aortic stenosis
CAD	Coronary artery disease
CANTOS	Canakinumab Anti-inflammatory Thrombosis Outcome Study
CH	Clonal hematopoiesis
CHIP	Clonal hematopoiesis of indeterminate potential
COLCOT	Colchicine Cardiovascular Outcomes Trial
CRP	C-Reactive protein
HPSC	Hematopoietic stem cell
Indel	Insertion and deletion
LoDoCo	Low Dose Colchicine Trial
NGS	Next generation sequencing
NLRP3	NOD-, LRR- and pyrin domain-containing protein 3 inflammasome complex
SNVs	Single nucleotide variants
TERT	Telomerase reverse transcriptase
VAF	Variant allele fraction
WGS	Whole genome sequencing

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Mosaicism Mechanisms

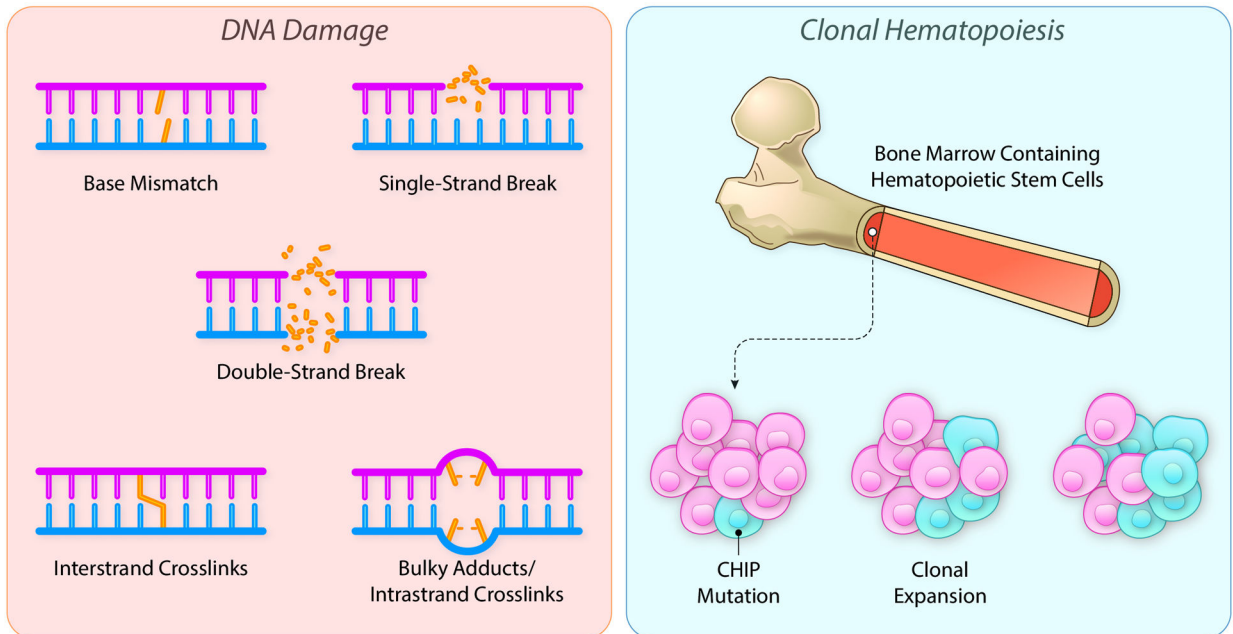


Figure 1. Mechanisms of somatic mutations giving rise to tissue mosaicism

Mosaicism results from somatic DNA mutations obtained throughout the lifespan of the individual. Mutations arise from a variety of mechanisms including base mismatches, single and double strand breaks, and various crosslinks (left panel). When these mutations occur in driver genes within hematopoietic stem cells (blue cells), a survival advantage can be conferred, leading to the enhanced proliferation of the mutated cells (right panel). Clonal hematopoiesis of indeterminate potential results from this selective advantage. Created with [BioRender.com](https://www.biorender.com). Illustration Credit: Ben Smith.

Somatic Mutations in Cardiovascular Disease

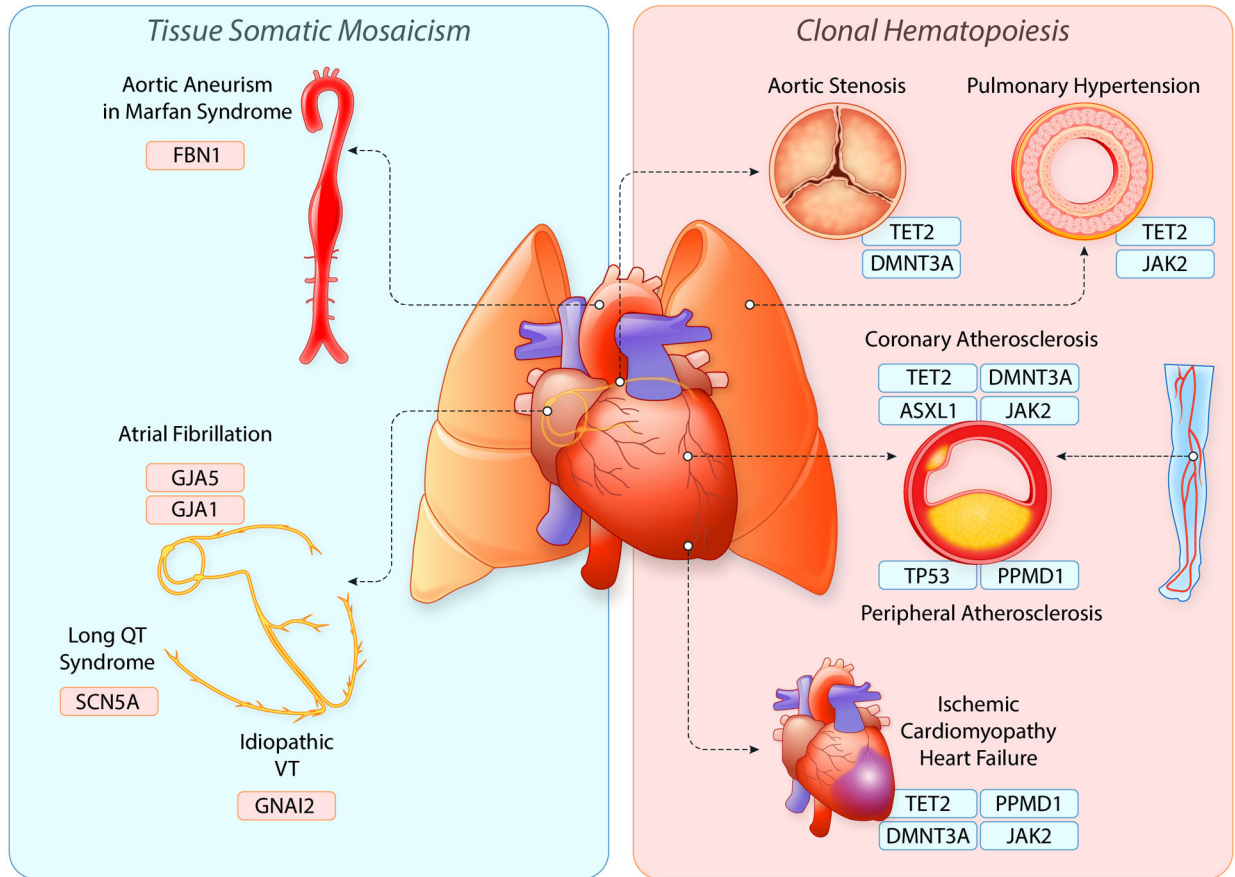


Figure 2. Somatic mutations in cardiovascular disease
 Somatic mutations can lead to a variety of manifestations in cardiovascular disease ranging from conduction system alterations to the development of atherosclerotic coronary disease. The most commonly identified somatic mutations are CHIP mutations within hematopoietic stem cells which lead to deleterious downstream effects across the cardiovascular system. Due to technological advancements, somatic mutations are increasingly being identified and characterized across cardiovascular tissues. Created with [BioRender.com](https://www.biorender.com). Illustration Credit: Ben Smith.