

RESEARCH ARTICLE

The evaluation of the overexpression of the *ERG-11*, *MDR-1*, *CDR-1*, and *CDR-2* genes in fluconazole-resistant *Candida albicans* isolated from Ahvazian cancer patients with oral candidiasis

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Abstract

Introduction: Resistance to azole drugs has been observed in candidiasis due to their long-term use and poor response to treatment. Resistance to azole drugs in *Candida albicans* isolates is controlled by several genes including *ERG11*, *CDR1*, *CDR2*, and *MDR1*. In this study, the expression of the mentioned genes was evaluated in *C. albicans* isolates susceptible and resistant to fluconazole.

Methods: After identifying the *Candida isolates* using morphological and molecular methods, the minimum inhibitory concentration (MIC) and drug susceptibility were determined using the European Committee on Antimicrobial Susceptibility Testing (EUCAST) method. RNA was then extracted and cDNA was synthesized from 24 *C. albicans* isolates from patients with cancer. Then, the mean expressions of these genes were compared in two groups using real-time polymerase chain reaction (RT-PCR).

Results: A total of 74 *Candida* isolates were obtained from the oral cavity of 61 cancer patients with oral candidiasis. After 24 h, 21.6% of the isolates were fluconazole-resistant, 10.8% were identified as dose-dependent, and the rest of the isolates (67.6%) were fluconazole-sensitive. The mean expressions of the *CDR1* and *MDR1* genes were significantly higher in the resistant isolates than in the sensitive ones. However, the *ERG11* and *CDR2* genes were not significantly increased in the resistant isolates.

Conclusion: The increased mean expressions of the *CDR1* and *MDR1* genes had a greater effect on fluconazole resistance among the drug-resistant strains of *C. albicans* in chemotherapy patients. It seemed that the accumulation of chemotherapeutic drugs in this organism stimulated some regulatory factors and increased the expression of these two genes and ultimately helped to further increase their expression and resistance to fluconazole.

KEYWORDS

chemotherapy, oral candidiasis, qPCR, resistance genes

1 | INTRODUCTION

Oral candidiasis is a common fungal infection in cancer patients and is currently recognized as the most frequent fungal disease in humans. Oral hygiene and early diagnosis are essential in the prevention and treatment of this disease.¹ Nowadays, candidiasis in any clinical form has become a new therapeutic problem especially in HIV patients and those undergoing chemotherapy and radiation therapy. Resistance to azole drugs in oral candidiasis is increasing due to the long-term use of these drugs and poor response to treatment.^{2,3} The changes in the target enzymes of azole drugs attributed to the overexpression and mutations of the *ERG11* gene have been noted in the study of resistance mechanisms to azole drugs.^{4,5} However, in a number of studies, the researchers have stated that the overexpression of genes encoding ABC membrane transport proteins (*CDR1* and *CDR2*) is the most frequent mechanism of azole resistance.^{6–8} Moreover, the main function of the increase in the expression of the *MDR1* gene in fluconazole-resistant isolates has been determined in several studies.^{9–12} A study (2018) on the combined effects of some (Food and Drug Administration) FDA-approved oncology drugs and fluconazole on *Candida albicans* found that some oncology drugs had a negative effect on the antifungal activity of fluconazole, itraconazole, and voriconazole. It seems that these drugs can induce their effects using the mechanism of azole resistance by affecting the genes encoding the peripheral membrane proteins of drug efflux pumps such as *MDR1* or *ABC* (*CDR1* and *CDR2*) and the Erg11 protein.¹³ The potential effect of azole drugs on fungal species and the effect of oncology drugs on mammalian host cells depend on the evolutionary similarity and eukaryotic nature of the affected cells.¹⁴

This study aimed to investigate the effects of chemical drugs used in various cancers on the overexpression of the genes (such as *ERG11*, *CDR1*, *CDR2*, and *MDR1*) involved in fluconazole resistance. To determine whether these genes have an overexpression in *C. albicans* isolates before exposure to fluconazole as the first line of treatment in Iran for patients with oral candidiasis, the increase in the expressions of these genes in various types of cancer was analyzed.

2 | MATERIALS AND METHODS

2.1 | Strains

The samples were obtained from the patients' oral cavity and tongue using sterile swabs. The mean age of these patients was 59 years. Among the 11 types of cancer, 69% of the isolates were related to leukemia, lymphoma, and liver cancers. Patients with underlying immunodeficiency and diabetics, mentally retarded individuals, and those who had used antifungal drugs in the past 4 weeks were not included in the study. Moreover, patients whose mouth was colonized by *Candida* (according to the number of colonies on the culture medium and by examining the smear stained with Giemsa) were not included in the study.

This study was conducted on 24 *C. albicans* isolates (12 sensitive and 12 resistant to fluconazole). These isolates were selected from 74 samples of cancer patients (with 11 types of cancer) undergoing chemotherapy and hospitalized in the Baghaei, Shafa, and Golestan hospitals of Ahvaz, Iran. The isolates were identified using conventional phenotyping methods and polymerase chain reaction-restriction fragment length polymorphism (PCR-RFLP).¹⁵ Subsequently, to separate the *C. albicans* isolates from the *C. dubliniensis* isolates, a duplex PCR method with CAL and CDU primers was employed on the samples identified as *C. albicans* during PCR-RFLP.¹⁶ No case of *C. dubliniensis* was identified among the *C. albicans* isolates. The isolates were kept in sterile distilled water until the experiment.

2.2 | The evaluation of fluconazole susceptibility using the EUCAST method

To determine the MIC of *C. albicans* isolates using the EUCAST method, fluconazole was diluted in the range of 0.125–64 mg/ml. In this method, the isolates with the MICs of ≤ 2 and > 4 are considered as sensitive and resistant, respectively.¹⁷

A suspension equivalent to 0.5 McFarland (1.5×10^6 cells per ml) was obtained using a spectrophotometer at a wavelength of 530 nm. Then, 100 μ l of the cell suspension was added to each well.¹⁸ Afterward, 100 μ l of the serial concentration of drugs prepared in batches of 10 (using RPMI 1640 containing 2% glucose) was added to the wells. The last two wells were used as positive and negative controls. According to the EUCAST protocol, the microplates were incubated at 35°C for 18–24 h.¹⁹ In this approach, the resazurin reagent (Sigma, Germany) was used for the final evaluation and determination of the MIC well. Resazurin was prepared using sterile distilled water in a 0.01% ratio. It was subsequently sterilized using a 0.45- μ m syringe filter. To determine the MIC of fluconazole, the resazurin reagent was diluted with RPMI 1640 medium (1:10 ratio).

To specify the MIC well with this method, the first well in which the blue color of resazurin was observed (without changing to the pink color of resorufin) was considered as the MIC of the drug.¹⁹

2.3 | RT-PCR

2.3.1 | RNA isolation

To extract RNA, the isolates were first cultured on Sabouraud dextrose agar (SDA) medium (Merck, Germany) and then incubated for 24 h at 37°C. The RNA extraction steps were performed using the RNeasy Plus Mini Kit (QIAGEN, Germany) according to the kit instructions using completely RNase-free equipment (4 h in an oven at 200°C). The qualitative assessment of RNA was carried out for all samples using a Nanodrop device (Thermo). The OD A260/A280 nm ratio of 1.9–2 was obtained for all samples, indicating the 90%–100% purity of the nucleic acid.

2.3.2 | cDNA synthesis and RT-PCR

Due to the instability of the extracted RNA, the cDNA synthesis was performed immediately for each sample in two steps using a cDNA synthesis kit (Fermentas) based on the manufacturer's instructions. After standardizing the concentrations of the samples according to the protocol of the cDNA synthesis kit, the volume of RNA used in the cDNA synthesis was determined which ranged from 0.1 ng to 5 µg. The samples were then stored at -20°C.

The RT-PCR was performed three times for each sample using the primers designed for the *ERG11*, *CDR1*, *CDR2*, and *MDR1* genes as well as the *ACT1* reference (internal control) gene in Gene Runner software. Notably, one negative control was considered for each gene (without a cDNA pattern) in each run. As a housekeeping gene, *ACT1* was used to confirm the PCR reaction in all molecular experiments.²⁰ The nucleotide sequence of the designed primers is shown in Table 1.

The reaction solutions included 1 µl of cDNA, 0.4 µl of each forward and reverse primer for each gene, and 5 µl of Master Mix Green High Rox. The final reaction volume reached 10 µl by adding 3.2 µl of sterile distilled water.

RT-PCR was conducted according to the following temperature program: 95°C for 15 min (one cycle) and 95°C for 15 s and 60°C for 1 min (40 cycles). This was followed by the melt curve program using the ABI Step One device. Finally, the RT-PCR products were visualized by 2% agarose gel electrophoresis. The measured expression levels of the genes by RT-PCR were shown in CT units.

The RT-PCR results were analyzed to investigate the differences in the expressions of the *ERG11*, *CDR1*, *CDR2*, and *MDR1* genes in the fluconazole sensitive and resistant groups using the $2^{-\Delta\Delta CT}$ formula and GraphPad Prism software (version 8). In this relation, the mean cycle threshold (CT) performed in triplicate for each gene was employed. To obtain the ΔCT value, the mean CT of the *ACT1* reference gene was subtracted from the mean CTs of the tested *CDR1*, *CDR2*, *ERG11*, and *MDR1* genes. Using the $2^{-\Delta\Delta CT}$ formula, the fold changes in the expressions of the mentioned genes were determined by comparing the observed differences in the ΔCT values.

3 | RESULTS

3.1 | Testing the antifungal susceptibility of the clinical isolates

To detect the drug resistance genes in the oral candidiasis isolates obtained from individuals undergoing chemotherapy in Ahvaz, 24 *C. albicans* species including 12 susceptible and 12 resistant isolates were compared. The MIC value was determined using the EUCAST method. The MIC of each sample is shown in Table 2 according to the type of cancer.

3.2 | Gene expression

Using the GraphPad Prism (USA) software, the expression levels of the *ERG11*, *CDR1*, *CDR2*, and *MDR1* genes were compared with that of the *ACT1* gene. The overexpression of the *ERG11*, *CDR1*, *CDR2*, and *MDR1* genes was detected in the fluconazole-resistant isolates. The most common increase in the expression of genes in the 12 resistant isolates compared to the 12 sensitive ones was related to the *MDR1* gene, followed by the *CDR1* gene. The mean increase in the expression of these two genes was significant in the drug-resistant group compared with the sensitive group. According to our results, the highest expression of the *MDR1* gene (9/24) among the 12 isolates was observed in isolate No. 5. In addition, an increase in the expression level of this gene was seen in isolates No. 14, 42, 23, and 16. The lowest expression level (0.2) of the *MDR1* gene was observed in resistant isolates No. 6 and 49. This gene did not have a significant expression in the sensitive isolates. Finally, the mean expression of the *MDR1* gene was significantly higher in the resistant isolates than in the sensitive isolates and the *p*-value was < 0.02 (Figure 1).

Alternatively, isolate No. 14 showed the highest expression of the *CDR1* gene (3.24) among the twelve isolates in the resistant group. Moreover, it was observed that the expression level of this gene had an increase in isolates No. 16 and 42. Among the sensitive isolates, *CDR1* had the highest and lowest expression in isolates No.

TABLE 1 The designed primers

Genes	Primer sequence (5'→3')	Size (bp)	Accession number
<i>ERG11</i>	Forward (F) TTGGTGGTGGTAGACATAGATG	132	XM_711668.2
	Reverse (R) AACTATAATCAGGGTCAGGCAC		
<i>MDR1</i>	Forward (F) AGTTGCTTGGGGTAGTTCCG	96	XM_714072.2
	Reverse (R) CTTGCTCTCAACTTTGGTCCG		
<i>CDR1</i>	Forward (F) TGTGGGTTGGTCTCGATG	130	XM_718116.2
	Reverse (R) TCATAACCTGGACCACTTGG		
<i>CDR2</i>	Forward (F) ATGCCAATGCTGAACCGAC	154	XM_718076.2
	Reverse (R) AAAGTTGTAGCCAAATTAGCAGC		
<i>ACT1</i>	Forward (F) ACTGCTTTGGCTCCATCTTCT	166	XM_019475182.1
	Reverse (R) TGTGGTGAACAATGGATGGAC		

TABLE 2 The MIC of fluconazole against 24 resistant and sensitive *Candida albicans* isolates as determined by broth microdilution testing (mg/ml)

	<i>Candida albicans</i> isolates	FLC MICs (mg/ml)	Type of cancer
1	21	>64	Liver
2	36	>64	Gastric
3	37	>64	Liver
4	6	64	Uterine
5	49	64	Colon
6	23	64	Breast
7	16	>64	Leukemia
8	42	>64	Lymphoma
9	14	64	Leukemia
10	5	>64	Lymphoma
11	70	>64	Uterine
12	22	>64	Liver
13	9	0.12	Lymphoma
14	3	0.12	Breast
15	11	0.25	Gastric
16	13	0.25	Leukemia
17	12	0.25	Lymphoma
18	33	0.25	Bladder
19	34	0.06	Colon
20	44	0.12	Liver
21	2	0.12	Liver
22	18	0.25	Uterine
23	4	0.5	Leukemia
24	19	0.25	Gastric

19 (1.128) and 4 (1.038), respectively. The mean increase in the expression of *CDR1* in the resistant group was significantly higher than that of the sensitive group with the *p*-value of < 0.03 (Figure 2). The fold changes for the *CDR1* and *MDR1* genes were calculated to be 1.79 and 9.64, respectively.

The mean increase in the expression of the *ERG11* gene was also observed in the resistant isolates compared with the susceptible ones (Figure 3) so that its highest expression was observed in resistant isolate No. 49 (6.58), followed by isolates No. 6, 70, 16, 23, 5, 42, and 14. Isolate No. 21 showed the lowest expression of the *ERG11* gene among the drug-resistant isolates (0.31). Among the susceptible isolates, the highest expression of *ERG11* was found in isolate No. 3 (4.57) and the lowest expression was observed in isolate No. 18 (0.053). Furthermore, no increase in expression was observed in resistant isolates No. 36 and 37 and in sensitive isolates No. 2 and 34. Despite the increase in the mean expression level of *ERG11* in the resistant isolates compared with the susceptible ones, there was no significant difference between them given the *p*-value of < 0.05. The fold change of this gene was 1.35.

Finally, a review of the expression of the *CDR2* gene in the two study groups indicated no significant increase in any group. The

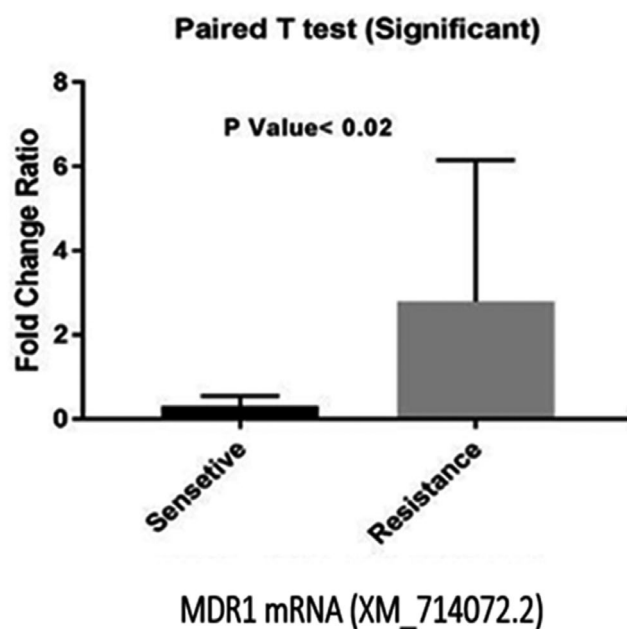


FIGURE 1 Comparison of mean *MDR1* gene expression between fluconazole resistant and sensitive groups

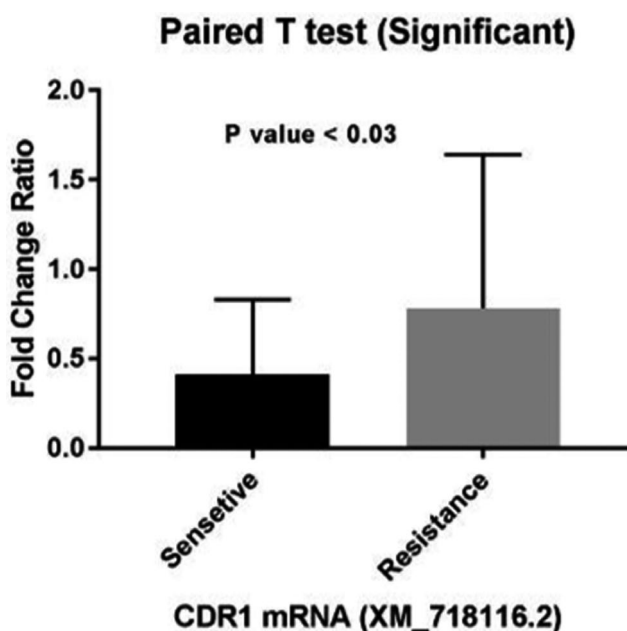


FIGURE 2 Comparison of mean *CDR1* gene expression between fluconazole resistant and sensitive groups

highest increase in expression was found in resistant isolate No. 70 (2.96), followed by resistant isolates No. 16 and 14 and sensitive isolate No. 4. There was no increase in the expression of the *CDR2* gene in resistant isolates No. 36 and 37. This gene was not expressed in susceptible isolate No. 2. The mean increase in the expression levels of the *CDR2* gene in the resistant isolates compared with the sensitive ones was not statistically significant (Figure 4) and the fold change for the *CDR2* gene was calculated to be 1.29.

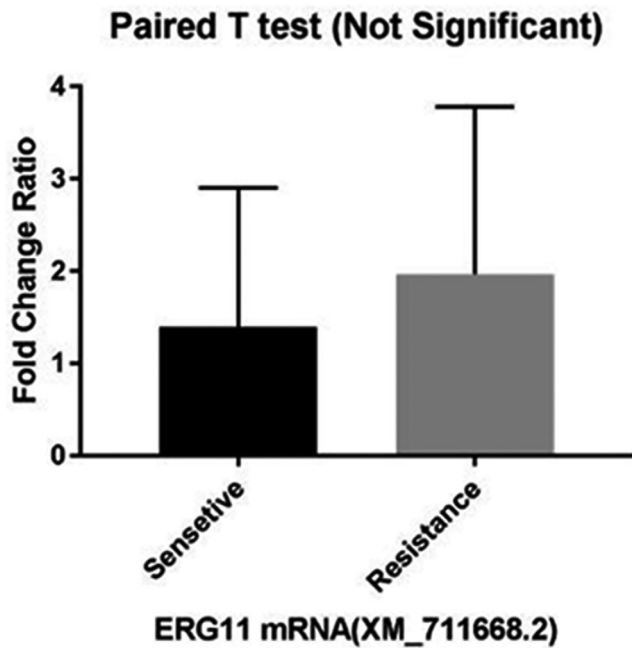


FIGURE 3 Comparison of mean ERG11 gene expression between fluconazole resistant and sensitive groups

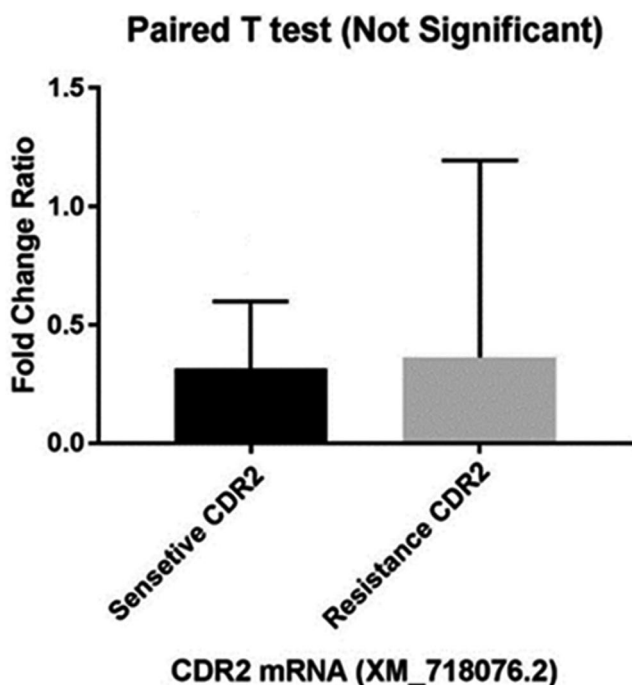


FIGURE 4 Comparison of mean CDR2 gene expression between fluconazole resistant and sensitive groups

4 | DISCUSSION

Oral candidiasis is a common fungal infection in patients with cancer and is currently recognized as the most prevalent fungal disease in humans.¹ In cancer patients, chemotherapy and radiation therapy

disrupt the immune system cells and cause neutropenia. As a result, *Candida* species colonize the mucosal tissues (including the oral cavity) and can eventually enter the bloodstream through the mucosa and lead to candidiasis. Therefore, such patients are at high risk of invasive candidiasis. Today, candidiasis in any of its clinical forms has become a new therapeutic challenge. In addition, resistance to azole drugs with their long-term use and poor response to the treatment of oral candidiasis are also increasing.^{2,3}

Fluconazole is an antifungal triazole drug which is used as the first line of systemic treatment in patients undergoing chemotherapy. Furthermore, fluconazole is widely used to prevent fungal infections in neutropenic patients with malignancy.^{21,22} Various reports have shown that over the past few decades, the susceptibility of *albicans* and non-*albicans* species to fluconazole has gradually decreased.^{23,24} In a study conducted on patients undergoing chemotherapy, the resistance of *Candida* species to fluconazole was reported to be 47.2%, with the highest resistance observed in the *C. albicans* isolates. The increased resistance of *C. albicans* species to fluconazole has been reported by several researchers.^{25,26} Identifying the reason for the resistance of clinical isolates of *C. albicans* to azole drugs will lead to more appropriate treatment strategies in the future.

Resistance to fluconazole can be due to several factors including the increased expressions of the *ERG11*, *CDR1*, *CDR2*, and *MDR1* genes. In the study of the mechanisms of resistance to azoles, the changes in the target enzyme of azole drugs have been discussed and attributed to the overexpression of and mutations in the *ERG11* gene.^{4,5} The expression level of *ERG11* in *C. albicans* varies significantly in the presence and absence of fluconazole. The overexpression of *ERG11* in azole-resistant isolates has been observed in several investigations.^{27,28}

However, some researchers have concluded that there is no clear relationship between the expression levels of *ERG11* and increased fluconazole resistance.²⁹ In this study, the expression level of *ERG11* was 50% and 67% in 24 clinical isolates of *C. albicans* which were sensitive and resistant to fluconazole, respectively. The increased expression of this gene in half of the sensitive isolates showed a poor correlation with fluconazole resistance. Salari et al.³⁰ (2015) also compared two sensitive and resistant groups of *C. albicans* isolated from HIV patients. They concluded that the increased expression of the *ERG11* gene was not associated with resistance to azoles.

In previous studies, researchers have stated that the overexpression of genes encoding ABC membrane-transport proteins (*CDR1* and *CDR2*) is the most frequent mechanism of azole resistance.^{6-8,27} Indeed, the overexpression of ABC transporter genes (*CDR1* and *CDR2*), which encode Cdr1p and Cdr2p plasma membrane proteins, has been accepted as an important factor in the resistance of *Candida* isolates to fluconazole. In the current study, the mean increase in the expression of *CDR1* and *CDR2* in the resistant isolates has been compared with that of the sensitive isolates. The mean expression of the *CDR1* gene in the resistant isolates was higher than that of the sensitive isolates. This difference was statistically significant. Although the mean expression

of the *CDR2* gene in the resistant isolates was shown to be higher than that of the sensitive isolates, no statistically significant difference was observed in this regard.

Our results were similar to those of Holmes et al.¹⁰ who evaluated the increased expression of genes encoding Cdr1p and Cdr2p in 18 fluconazole-resistant clinical isolates of *C. albicans*. They showed that Cdr1p had a more effective role than Cdr2p in increasing resistance to fluconazole in these isolates. Similarly, the higher importance of Cdr1p in the resistance of *C. albicans* isolates to fluconazole has been demonstrated by Nakamura et al. and Sanglard et al.^{31,32} The studies of Holmes, Hiller, Morschhäuser, Park, and Perea et al.^{9–12} have revealed the essential role of the increase in the expression of *MDR1* in fluconazole-resistant isolates. In the current study, the expression of *MDR1* depending on the *MFS* superfamily encoding membrane transport proteins was typically increased only in the resistant isolates and the difference in the expression between the two groups was statistically significant. Moreover, among the four genes under study, *MDR1* showed the highest increase in expression among the fluconazole-resistant isolates. In a study by Hiller et al.⁹ on the increase in the expression of the *MDR1* gene in the clinical isolates of *C. albicans*, the relationship between the expression level of this gene and the excretion of toxins in the cell was examined. They found that the expression of *MDR1* was directly associated with the level of resistance to toxins.

In a 2018 study on the combined effect of some FDA-approved oncology drugs and fluconazole on *C. albicans*, it was found that several oncology drugs had a negative impact on the antifungal activity of fluconazole, itraconazole, and voriconazole. The combination of the oncology drugs with the mentioned azoles increased the antifungal resistance of *C. albicans* in vitro. These drugs are prescribed for the treatment of breast cancer, myeloid leukemia, lymphoma, prostate cancer, bladder cancer, and sarcoma. It appears that oncology drugs can induce their effect using the azole resistance mechanism, affecting the genes encoding the drug efflux proteins such as *MDR1* or *ABC* (*CDR1* and *CDR2*), and influencing the Erg11 protein.¹³ Given that the *C. albicans* isolates of the present study were obtained from patients with various cancers, a closer examination of the resistant isolates and the type of cancer revealed that isolates No. 5, 14, and 42, obtained from patients with lymphoma and leukemia, had the highest expression of the *MDR1* gene. On the other hand, the increased expression of the *CDR1* gene was observed only in isolates No. 14, 16, and 42 from patients with lymphoma and leukemia. Therefore, in this study, it is likely that the oncology drugs prescribed to treat patients with leukemia and lymphoma were a factor in increasing the mean expression of the *MDR1* and *CDR1* genes and in decreasing the absorption of the antifungal drug fluconazole in patients undergoing chemotherapy. One of the mechanisms for increasing the expression of the *MDR1* and *CDR1* genes is the regulatory factor *MRR1* which increases the expressions of the *MDR1* and *CDR1* genes in conditions caused by the accumulation of chemical drugs, toxins, benomyl, etc. *MRR1* is

not involved in the regulation of the *CDR2* and *ERG11* genes.^{33,34} It seems that the use of chemotherapy drugs in the patients in this study stimulated the *MRR1* regulatory factor of the *MDR1* and *CDR1* genes, leading to a greater effect on increasing the expressions of these two genes.

Recent studies have shown that cell excretion associated with *ABC* and *MDR1* superfamilies is an important mechanism of resistance in *C. albicans*, *C. glabrata*, and *C. auris*. Alternatively, it has been shown that the deletion of the *CDR1* gene reduces fluconazole resistance up to sixfold, whereas the deletion of the *CDR2* and *MDR1* genes reduces resistance to fluconazole by 1.5- and 2-fold, respectively.³⁵ Therefore, in the present study, it appears that the overall increase in the expression of the *CDR1* gene had a greater effect on the fluconazole resistance of the drug-resistant *C. albicans* species in patients undergoing chemotherapy.

5 | CONCLUSIONS

Detecting the mechanism of resistance to azole compounds and identifying the *Candida* isolates in clinical laboratories are of high importance. In the present study, the increase in the mean expression of the *MDR1* gene followed by that of the *CDR1* gene among the drug-resistant *C. albicans* species were found to be statistically significant in the subjects undergoing chemotherapy compared with those of the susceptible group.

Since the overexpression of these genes occurred exclusively on the isolates from patients with different types of cancer and under treatment with various chemical drugs, it is suggested that more studies be done on chemical drugs and the type of cancer to identify the mechanisms that increase the overexpression of the *MDR1* and *CDR1* genes. In addition, according to the results of this study, it is suggested that in future studies, the overexpression of the *MRR1* gene which has a regulatory role in these genes be investigated in patients undergoing chemotherapy.

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CONFLICT OF INTEREST

There are no financial conflicts of interest to disclose.

AUTHOR CONTRIBUTIONS

Mahnaz Fatahinia was involved in the study design, the interpretation of the data of the study, and the final editing of the manuscript. Mehrnoush Maheronnaghsh contributed to all steps of the experimental work, data analysis, and preparation of the manuscript draft. Parvin Dehghan contributed to the collection and preparation of clinical samples. Ali Teimoori was involved in the study design and the interpretation of the data of the study.

DATA AVAILABILITY STATEMENT

Data are available on request from the authors.

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