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Reuterin in the healthy gut microbiome suppresses colorectal cancer growth through altering redox balance

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Summary

Microbial dysbiosis is a colorectal cancer (CRC) hallmark and contributes to inflammation, tumor growth, and therapy response. Gut microbes signal via metabolites, but how the metabolites impact CRC is largely unknown. We interrogated fecal metabolites associated with mouse models

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Author Contributions:

H.N.B., J.G., and Y.M.S. designed the study. H.N.B., R.R., J.G., R.S., N.K.D., S.A.K., N.K.D., M.J., J.M., W.H., M.J., and Y.M.S. acquired the data. H.N.B., R.S., R.R., M.J., J.M., C.A.L., E.R.H., R.L.B., S.G., and Y.M.S. analyzed the data. H.N.B. and Y.M.S. wrote the manuscript. Y.M.S. supervised the study.

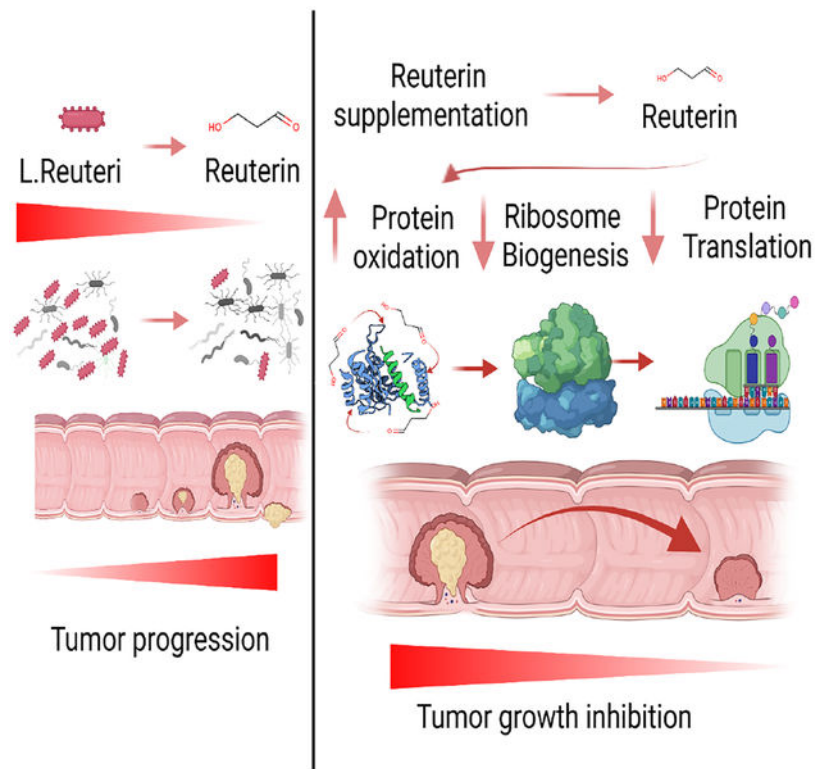
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The authors declare no competing interests.

of colon tumorigenesis with varying mutational load. We find that microbial metabolites from healthy mice or humans are growth-repressive, and this response is attenuated in mice and patients with CRC. Microbial profiling reveals that *Lactobacillus reuteri* and its metabolite, reuterin are downregulated in mouse and human CRC. Reuterin alters redox balance, and reduces proliferation and survival in colon cancer cells. Reuterin induces selective protein oxidation and inhibits ribosomal biogenesis and protein translation. Exogenous *Lactobacillus reuteri* restricts colon tumor growth, increases tumor reactive oxygen species, and decreases protein translation *in vivo*. Our findings indicate that a healthy microbiome and specifically, *Lactobacillus reuteri*, is protective against CRC through microbial metabolite exchange.

Graphical Abstract



eTOC Blurp:

Colon cancer has a significantly altered microbiome that promotes tumor growth. Bell et al. identified a decrease in anti-tumor bacteria *Lactobacillus reuteri* in colon cancer. *Lactobacillus reuteri* inhibits colorectal cancer by inducing oxidative stress and inhibiting protein translation. Recolonization with *Lactobacillus reuteri* increases survival in multiple colon tumor models.

Keywords

Microbiome; Reuterin; metabolites; protein oxidation; *Lactobacillus reuteri*; colorectal cancer

Introduction

Colorectal cancer (CRC) is the third most common cancer and the fourth most significant cause of cancer mortality (Arnold et al., 2017). In addition to inherited mutations in a subset of patients, a combination of lifestyle, diet, inflammation, and microbiome alteration influence the development of CRC (Thanikachalam and Khan, 2019). Outcomes for CRC patients are often favorable if regional or distant metastases are not present. However, effective treatments for patients with metastatic disease are lacking, and most CRCs are not responsive to immunotherapy (Le et al., 2018; Overman et al., 2018)

Alterations of the intestinal microbiome are common in CRC patients. Germ-free or broad-spectrum antibiotic mouse models have been utilized to understand the role of commensal bacterial communities in CRC (Leystra and Clapper, 2019). The data obtained from these studies is not consistent, likely due to differences in the models employed and variations in the intestinal microbiome among different colonies. However, the vast majority of these studies indicate that commensal bacteria promote tumorigenesis (Leystra and Clapper, 2019). Germ free mice have enhanced colon tumorigenesis in a colitis-associated colon cancer model (Zhan et al., 2013). Cumulatively, the data suggests that microbial species can either promote or inhibit colon tumor growth depending on the context. The complex role of the intestinal microbiome in colon tumorigenesis is also highlighted by work demonstrating that microbial-epithelial interactions maintain gut barrier function, sustain metabolism, and regulate the systemic and mucosal immune response (Kelly et al., 2015; Song et al., 2020). Disturbances in the resident microbial communities during the progression of CRC may lead to pathological dysbiosis which then promotes tumor growth and survival. Recent metagenomic studies have identified stage-specific shifts within the microbiota of patients with polyploid adenomas and intramucosal carcinomas (Yachida et al., 2019). The tumor microbiota is enriched for pathogenic bacteria *Fusobacteria*, *Bacterioides fragilis* and *Prevotella* (Pleguezuelos-Manzano et al., 2020; Tilg et al., 2018). Recent studies have advanced insights into the mechanisms by which pathogenic bacteria promote tumor growth and survival, such as by inducing inflammation, generating biofilms, and secreting genotoxins (Dejea et al., 2020, Pleguezuelos-Manzano et al., 2020, Tomkovich et al., 2019, Nougayrede J et al., 2021). However, few studies have reported on anti-tumor properties of specific host microbes.

Commensal microbes use host and dietary factors to generate metabolites via cell autonomous biosynthetic pathways. The best studied commensal microbial factors are short-chain fatty acids (SCFA), such as butyrate, which decrease growth of normal intestinal stem cells and a battery of cancer-derived cell lines (Kaiko et al., 2016). Heterocellular metabolic interactions between microbiota, tumor epithelium, and stromal cells is an emerging concept, and it is not clear how the microbiome alters tumor growth via metabolite exchange. In this work, we found that fecal metabolites from healthy humans and mice potently inhibited colon cancer growth. Mouse colon cancer mouse models with a higher mutational load were linked to dysbiosis and microbial metabolites that were growth permissive in CRC. We identified a commensal microbial species *Lactobacillus reuteri* (*L. reuteri*) and its major metabolite, reuterin, that potently reduced colon cancer progression. We found that the microbiome of wild-type mice altered the redox state of colon cancer

cells and inhibited ribosomal biogenesis. Together, our findings identify that a healthy microbiome and specifically, *Lactobacillus reuteri*, is a potential probiotic approach to treat CRC.

Results

Fecal metabolites from healthy mice inhibit the growth of CRC cells.

To address the potential contributions of microbial metabolites in the development of CRC, we used genetically engineered mouse models of colon tumorigenesis. We used the tamoxifen-regulated CDX2p-CreERT2 transgene to target both copies of the murine *Apc* allele (*SingleMut*), which leads to the development of non-invasive adenomas in the distal colon and rectum (Hinoi et al., 2007). We generated the *DoubleMut*, where both *Apc* and *Trp53* alleles are concurrently inactivated in colon epithelium, and the *TripleMut* combining the APC/p53 knockout with a *Kras* G12D knock-in allele (Figure 1A). Ten days following a single treatment of tamoxifen to initiate tumorigenesis, fecal microbial metabolites were isolated and used for the treatment in HCT116, SW480, DLD1, and RKO CRC cell lines (Figure 1B, Figure S1A). Fecal metabolites from wild-type mice were robustly inhibitory to CRC cell line proliferation. Fecal metabolites isolated from *SingleMut* and *DoubleMut* reduced proliferation to a lesser extent, whereas metabolites from the *TripleMut* were not growth suppressive. Fecal metabolites from wild-type mice induced cell death and decreased colony formation in all four cell lines (Figure 1C and D, Figure S1B and C). Similarly, normal human fecal metabolites, but not, metabolites isolated from CRC patients with active disease repressed the growth of CRC cell lines (Figure 1E). Microbial metabolites did not repress a non-cancerous human intestinal cell line NCM460 (Figure 1E). This fecal metabolite-based repression of the CRC cell lines was microbial in origin (Figure 1F).

Untargeted metabolomics identified the most abundant microbial metabolites in wild-type mice. A small molecule library was generated from microbially derived metabolites exclusively (Figure 1G) (Wikoff et al., 2009). The fifty most abundant metabolites were screened based on cell proliferation. We focused on the most inhibitory compounds. A secondary growth screen in a second cell line was performed. This led to the identification of 1,3-diaminopropane and reuterin, both of which are present in high abundance in normal colon (Das et al., 2020) (Figure 1H). Tyramine and pyridoxyl hydrochloride inhibited CRC growth to a lesser extent (Figure 1H). The initial screen used a single dose of 1 mM, the second screen a dose of 500 μ M. Reuterin was confirmed as the most inhibitory compound (Figure S1D).

Reuterin is actively reduced in human and mouse colon cancer.

We performed 16s rRNA sequencing on the feces of wild-type littermates (CRE negative), *DoubleMut* and *TripleMut* mice to determine how microbial communities are altered as tumors progress. The *DoubleMut* and *TripleMut* have comparable proliferative and dysplastic indexes at early time points. There were no changes in microbiome between the uninduced mice, or cage-specific stratification (Figure S2A and B). Principal coordinate analysis (PCoA) confirmed that CRE negative mice, *DoubleMut*, and *TripleMut* all had significantly different microbiomes by Analysis of MOlecular Variance (AMOVA), and

clustered separately on both PCoA axes (Figure 2A). Interestingly, the PCoA plot identified *Lactobacillus* as the top driver leading to differences between the groups (Figure 2B and Supplemental Table 1). This was followed by *Lachnospiraceae* and *Muribaculaceae*, both of which are associated with altered risk of inflammation and colon cancer (Flemer et al., 2018; Lang et al., 2020)

Reuterin, or 3-hydroxypropionaldehyde, was identified in our microbial metabolite growth screen. Reuterin has predominantly been studied as an antimicrobial (Asare et al., 2020). Reuterin is primarily produced by *L. reuteri*, a natural colonizer of the human gut, and is an intermediate in the metabolism of glycerol to 1,3-propanediol (Martín-Cabrejas et al., 2017; Zhang et al., 2020). *L. reuteri* was significantly decreased in the 16S-seq samples in the *DoubleMut* and *TripleMut* fecal samples (Figure 2C). *Lactobacillus* genus trended downward in the induced *DoubleMut* and *TripleMut* mouse models (Figure S2C). Other *Lactobacillus* species, such as *L. acidophilus*, were also downregulated (Figure S2D, E). *L. reuteri* was found to be robustly decreased in an additional independent cohort of *TripleMut* mice (Figure S2F). We next performed 16S rRNA sequencing on tumor mucosa samples. The genus *Lactobacillus* was not the main contributor to the PCoA vectors in tumors (Figure S2G and S2H). However, *L. reuteri* is strongly reduced in the *TripleMut* tumor mucosa (Figure 2D). No other *Lactobacillus* species assessed was significantly reduced in the tumor microbiome (Figure S2I). This suggests that although *Lactobacillus* as a genus may be globally downregulated in the feces, *L. reuteri* is specifically downregulated in the tumor mucosa.

We first mined publicly available datasets to assess alterations in *L. reuteri* between the CRC and normal human microbiome. In a meta-analysis of eight colon intestinal microbiome studies, *Lactobacillus* was significantly reduced in both early and late-stage CRC (Figure S2J) (Wirbel, et. al, 2019). Sequenced luminal contents and tumor sections demonstrated a decrease in *Lactobacillus* in carcinomas (Figure S2K). Lastly, 16S rRNA sequencing on early and invasive colorectal cancers observed lower *Lactobacillus* in invasive compared to early cancer (Figure S2L). We next delved into a small cohort of CRC tissue samples with adjacent normal tissue to quantify *L. reuteri* (Figure 2E). We saw that *L. reuteri* levels were significantly reduced in the tumor samples. We next used a larger cohort of patient tissue samples from age matched normal controls, and different stages of CRC. *L. reuteri* was significantly reduced in all stages of colorectal cancer compared to normal controls in this independent cohort (Figure 2F).

We also used an inflammation-based carcinogenesis model, AOM-DSS to induce tumors. *L. reuteri* was reduced in tumors compared to the normal tissue, demonstrating that the reduction of *L. reuteri* in colon tumors was conserved (Figure S2M). Consistent with the decrease of *L. reuteri* in tumors, there was a graded decrease of reuterin in the sporadic and AOM-DSS colon tumor mouse models (Figure 2G and Figure S2N). Reuterin levels were also decreased in human tumor tissue compared to adjacent normal tissue (Figure 2H). This suggests that the cancerous epithelium locally effects *Lactobacillus reuteri* and thus reuterin levels. Diaminopropane was not altered, demonstrating that the decrease in reuterin is specific (Figure S2O and S2P, S2Q).

Interestingly, the *TripleMut* mouse fecal metabolites robustly inhibited *L. reuteri* growth *in vitro* (Figure 2I and J). In contrast, the CRE NEG extracts prohibited the growth of CRC cells, but have significantly less effect on the growth of *L. reuteri*. This effect is unlikely to be only a result of tumor burden, as the mice have the same percentage of the colon transformed. We verified that the *TripleMut* fecal extracts are not inhibitory to either *E. coli* or a complex compendium of fecal bacteria (Figure S2R, Figure S2S). We sought to identify whether the potential source of the inhibitory compound was microbial or epithelial. We treated *TripleMut* mice with a cocktail of broad-spectrum antibiotics for one week prior to tamoxifen induction. We discontinued the antibiotics at induction and generated fecal extracts at an endpoint of day 10. We observed that the growth inhibition on *L. reuteri* was sustained (Figure 2K). Moreover, our data suggests that the growth inhibition on *L. reuteri* from *TripleMut* mice is metabolite-derived, as the compound remains growth-inhibitory following heating. (Figure 2L). We investigated whether conditioned media from CRC cell lines inhibits *L. reuteri* (Figure 2M). Conditioned media from SW480, HCT116, and RKO inhibited *L. reuteri* growth. Boiling the media did not alter the growth repressive functions, suggesting that the inhibitory factor is a metabolite (Figure S2T). We developed an shRNA knockdown of KRAS in the mouse CRC cell line CT26 (Figure S2U). Decreasing KRAS did not reverse the repression of *L. reuteri* growth (Figure S2V).

Targeted metabolomics were performed on the *DoubleMut*, *TripleMut* and CRE negative mouse models. 2D unsupervised clustering showed clear differences between the mouse models (Figure 2N). We focused on metabolites that were upregulated in the *TripleMut*. We analyzed the enriched pathways for increased metabolites, and found that redox balance and homocysteine degradation were the most enriched (Figure 2O). We treated *L. reuteri in vitro* with increasing doses of these metabolites, and found that *L. reuteri* growth was repressed by the homocysteine degradative metabolites hydrogen sulfide and cystathionine (Figure 2P). Supplementation with the antioxidant glutathione ethyl ester did not alter *L. reuteri* growth, indicating that *L. reuteri* is not inhibited specifically by oxidative stress (Figure S2T). Together, the data suggests a bidirectional metabolite exchange between bacterial and host metabolites.

Reuterin is cytotoxic and growth inhibitory to colon cancer cells.

Reuterin inhibited the growth of HCT116, SW480, RKO and DLD1 CRC at a dose of 25 μ M (Figure 3A and S3A). The CRC, PDAC, lymphoma, ovarian and melanoma cell lines were significantly growth inhibited by reuterin (Figure 3B, S3B). Breast and cervical cancer cell lines were relatively resistant to reuterin. Complementary data showing growth inhibition was also obtained using colony forming assays (Figure 3C, Figure S3C). We confirmed reuterin-induced cell death with an LDH assay (Figure 3D and S3D). Cytotoxicity of reuterin *in vitro* was seen around 50 μ M, which is below the reuterin concentration of the normal colon (around 100 μ M). We hypothesized that growth suppressive effects of reuterin are preferentially affecting cancer cells. Enteroid cultures were generated from Cre-negative control mice or induced *TripleMut* mice ten days after Cre-mediated gene targeting *in vivo*. *TripleMut* enteroids and wildtype enteroids were incubated with 100 μ M of reuterin and cell death was assessed. Reuterin increased cell death in *TripleMut* colon epithelial cells, but not the control epithelial cells (Figure 3E). Moreover, we found that a panel of normal cell lines

are significantly less sensitive to reuterin than colon cancer cell lines (Figure 3F). Wild-type mouse fecal metabolites inhibited CRC cell lines HCT116 and SW480 in a dose dependent manner, whereas no change in growth was observed in a non-cancerous human colon cell line NCM460 (Figure 3G).

We had previously found that reuterin altered the activity of hypoxia-inducible factor (HIF)2 α (Das et al., 2020). HIF2 α is an important transcription factor for CRC growth (Xue et. al, 2016). We generated a HIF2 α -knockout HCT116 cell line (Figure S3E), but no change in sensitivity to reuterin was observed (Figure S3F). We have also previously shown that iron is central in potentiating electrophile-induced cell death (Singhal et al., 2021). We co-treated cells with reuterin and iron but observed no potentiation (Figure S3G). Taken together, these findings imply that reuterin is acting through a previously undescribed mechanism.

Reuterin induces oxidative stress in colorectal cancer cells.

In our efforts to generate molecular and mechanistic insights into the growth inhibitory effects of reuterin in intestinal cells, we used metabolomics, transcriptomics and proteomics. RNA-sequencing studies in an intestinal cell line treated with 100 μ M reuterin for 24 hours demonstrated definitive transcriptional changes (Figure 4A and Supplemental Table 2). Using PCA, gene expression in cells treated with reuterin were significantly altered (Figure S4A). We observed upregulation in genes essential for oxidative stress response, along with genes acting downstream of nuclear factor erythroid 2-related factor 2 (NRF2) (Figure 4B, Figure S4B). The most significantly enriched pathways include ribosomal subunit, translation initiation, and intramolecular transferase (Figure 4C). Targeted metabolomics identified glutathione metabolism as a significantly enriched pathway, with a 6-fold enrichment (Figure 4D and Supplemental Table 3). Subsequently, we created a network that integrates the transcriptomic and metabolomic data. This network shows enrichment of glutathione and glutamate metabolism, suggesting that oxidative stress is a potential mechanism (Figure S4C). We quantified how transcripts in the metabolic pathways of significantly altered metabolites were modulated. This approach also identified glutathione metabolism (Figure 4E). As a complementary approach, we quantified oxidized L-glutathione, a marker of the redox stress which confirmed that reuterin induced oxidative stress (Figure 4F). Subsequently, we observed that NAC inhibited the induction of NRF2-dependent oxidative stress genes (Figure S4D). These results provide detailed molecular confirmation that reuterin directly controls the redox balance of a cell.

Reuterin acts through Glutathione depletion.

To further address the role of reuterin in mediating oxidative stress, reactive oxygen species (ROS) were measured in SW480, HCT116, RKO and DLD1 cells. A dose-dependent increase in ROS was observed in all sensitive colon cancer cell lines studied following reuterin treatment (Figure 5A). We measured ROS in the reuterin-resistant cell line HeLa, and the normal colon, reuterin-resistant cell line NCM460. Reuterin did not induce ROS in HeLa or NCM460 cells (Figure 5A). Moreover, growth inhibition following reuterin treatment was completely rescued by NAC (Figure 5B–D, S5A). Our integrative multiomic approach identified glutathione as a key node in cellular response following

reuterin treatment (Figure S4C). Directly increasing glutathione using supplementation of glutathione ethyl ester robustly protected against the cytotoxic effects of reuterin (Figure S5B). Buthionine sulfoxamine (BSO), a compound that inhibits the synthesis of glutathione, potentiated the growth inhibitory effects of reuterin. (Figure 5E, S5C) (Lee et al., 2019). We generated dose response matrices for reuterin and BSO and found that reuterin and BSO synergize (Supplemental Table 7). NAC rescued cancer cell growth inhibition by the fecal metabolites from wild-type mice (Figure 5F, S5D). This indicates that wild-type microbial metabolites inhibit colon cancer cell growth through oxidative stress similar to reuterin.

Electrophilic compounds such as reuterin can target selective macromolecules for cellular damage. We measured lipid ROS using BODIPY 581/591 and observed no increase in lipid oxidation following treatment (Figure S5E). Moreover, liproxstatin and ferrostatin, two inhibitors of lipid ROS, completely failed to rescue reuterin cytotoxicity (Figure 5G) (Angeli et al., 2014; Gaschler et al., 2018). MitoTEMPO, a mitochondrial targeted superoxide dismutase, also did not alter cell growth following reuterin (Figure 5G). However, apoptotic inhibitor ZVAD rescued reuterin induced inhibition (Figure 5G).

We found that reuterin did not synergize with the double-strand break repair inhibitor olaparib (Figure S5F and Supplementary Table 7). Moreover, gamma-H2AX, a marker of DNA damage was not increased following reuterin treatment (Figure S5G). This suggests that reuterin is not functioning primarily through damaging nucleic acids. Interestingly, reuterin did synergize in cell lines with the chemotherapeutic 5-Fluorouracil, which is known to increase ROS (Figure S5H). Together, this work suggests that reuterin is inducing oxidative stress in a GSH-dependent manner without oxidizing DNA or lipids.

Reuterin induces protein oxidation and selectively inhibiting ribosomal biogenesis.

Our work suggests that reuterin is a highly selective electrophile that does not require HIF2 α , high levels of iron or targets nucleic acid and lipids. Electrophiles can interact with cysteines, causing irreversible oxidation, loss of protein function and cell death (Filipovic et al., 2018). Sodium sulfide can prevent protein oxidation by binding to cysteines leading to protective and reversible persulfidation (Figure 6A) (Filipovic et al., 2018). Sodium sulfide protected cells from reuterin-induced growth inhibition (Figure 6B). High-throughput cysteine-activity based proteomics is a recently developed approach to identify which cysteines an electrophile interacts with (Kuljanin et al., 2021). Cells were treated with reuterin, dimethyl fumarate (DMF) or vehicle for 24 hours. DMF was used as an additional control since this electrophile induces cell death mechanistically distinct from reuterin (Singhal et al., 2021) (Figure 6C and Supplemental Table 4). Cysteine proteomics revealed that reuterin selectively bound to cysteine residues in multiple biological replicates. The data was plotted as a competition ratio, where a high competition ratio indicates a higher proportion of reuterin bound protein. Several protein hits were significant as assessed by having a competition ratio three times greater than the standard deviation (Figure 6D). Similar analysis was performed with DMF to identify unique targets (Figure S6A).

Consistent with different mechanisms of action we found that reuterin had a significantly different cysteine proteomics profile than DMF. Pathway analysis showed enrichment for protein binding and catalysis (Figure S6B). The reuterin and DMF proteomic profiles were

distinct (Figure S6C). Whole cell lysate proteomics also revealed significant differences in proteins induced by reuterin and DMF (Figure S6D and Supplemental Table 5). We utilized a network approach to integrate the proteomics with the metabolomics and transcriptomics data. We used known links from genes to metabolites to score each of our significantly changed metabolites by the number of linked genes differentially expressed. The metabolic pathways critical in NAD was the most significant hit, indicating an important role of reuterin in redox balance (Figure S6E). The network approach further implicated oxidative stress as primary mechanism of action for reuterin (Figure S6F).

We next assessed the proteins bound by reuterin in a dose-dependent manner. Proteins that were unique to reuterin were further filtered for essentiality using the Cancer Dependency Map project (Tsherniak et al., 2017) (Figure 6E). We identified 6 proteins. 3 of these 6 proteins, Ltv1 ribosome biogenesis factor (LTV1), Rio Kinase 2 (RIOK2), and YEATS domain containing protein 2 (YEATS2) are involved with ribosomal biogenesis (Cerezo et al., 2021; Collins et al., 2018; Mi et al., 2017). LTV1, CASC5, RIOK2, CHKA, MCM6 and YEATS2 were not downregulated transcriptionally in reuterin-treated HCT116 cell line (Figure S6G). This combined with our previous enrichment for ribosomal structural proteins in the RNA-sequencing analysis (Figure 4B), led us to hypothesize that inhibiting ribosomal assembly is an important cytotoxic pathway of reuterin. YEATS2 regulates a large subset of ribosomal protein-encoding genes (Mi et al., 2017). YEATS2 target genes were decreased after reuterin treatment (Figure 6F) (Mi et al., 2017). We utilized CX-5461, an established inhibitor of the initiation of ribosome biogenesis (Mars et al., 2020). We found that low dose CX-5461 and reuterin synergized but CX-5461 and DMF did not (Figure 6G and S6H, Supplemental Table 7). We utilized a puromycin incorporation assay (SUnSET) to quantify active protein translation in reuterin treated cell lines. Reuterin reduced protein translation in HCT116 and SW480 cell lines, but not reuterin resistant HeLa and NCM460 (Figure 6I and Figure S6H and Figure S6I). These results demonstrate that reuterin induces protein oxidation, and that this oxidation inhibits ribosomal biogenesis and downstream protein translation which inhibits cancer growth *in vitro* (Figure 6J).

Reuterin inhibits colorectal cancer growth in vivo.

We implanted HCT116 and SW480 colon cancer xenograft tumors subcutaneously in nude mice. The mice were gavaged daily with *L. reuteri* (reuterin-producing) or *L. reuteri* genetically engineered to not produce reuterin daily. Treatment with wild-type but not mutant *L. reuteri* reduced HCT116 and SW480 tumor growth significantly beginning two days after treatment initiation (Figure 7A). We quantified systemic reuterin in these syngeneic tumors. Reuterin was significantly increased in treated tumors (Figure 7B). Reuterin levels quantified in treated tumors are at a level that is cytotoxic in cell culture. Cleaved caspase 3 (cCaspase3) was increased in wild-type but not mutant *L. reuteri* treated mice in both HCT116 and SW480 tumors (Figure 7C). We quantified ROS and found that wild-type but not mutant *L. reuteri* significantly increased ROS (Figure 7D). We next verified wild-type *L. reuteri* decreased syngeneic flank tumor growth of the mouse cell line MC38. Again, *L. reuteri* reduced tumor size significantly and reuterin levels were increased almost three-fold (Figure 7E and 7F). The tumors in mice gavaged with wild-type *L. reuteri* were noticeably smaller (Figure 7G). A marked decrease in KI67 levels were observed in

reuterin-treated tumors compared to vehicle control treatment (Figure S7A). Moreover, we verified mutant and wild-type *L. reuteri* strains have similar colonization and *in vivo* growth by performing QPCR in the colons of wild-type mice gavaged daily for one week (Figure S7B). We found a significant increase in ROS species in wild-type *L. reuteri* mice compared to mutant *L. reuteri* treated mice (Figure 7H).

To extend our results to a genetic model of colon cancer, we induced a cohort of *TripleMut* mice with low dose tamoxifen, and gavaged daily with wild-type *L. reuteri*, as well as mutant *L. reuteri* strain (Figure 7I) (Schaefer et al., 2010). Daily gavages of wild-type *L. reuteri*, but not the mutant strain, increased reuterin levels in colon tissues to roughly the levels observed in healthy tumor free mice (Figure 7J). We quantified colonic diaminopropane and saw no changes in any of the treatment groups (Figure S7C). We found a robust protective effect for the wild-type *L. reuteri* (reuterin-producing) treatment, with a significant increase in survival compared to mouse cohorts treated with PBS or the mutant *L. reuteri* strain (Figure 7K). *L. reuteri* treatment did not alter normal tissues homeostasis as assessed by ALT and AST, body weight and H&E histological assessments (Figure S7D, S7E, and S7F). *L. reuteri* treated mice did not have any changes in immune infiltration and pro-inflammatory cytokines (Figure S7G and S7H). Moreover, reuterin has previously been shown to activate the aryl hydrocarbon receptor (AHR) pathway (Cervantes-Barragan et. al, 2018). Neither *TripleMut* mice or syngeneic tumors treated with *L. reuteri* have any significant, consistent changes in AHR pathways (Figure S7I and S7J). However, colons of *TripleMut* mice treated with wild-type *L. reuteri* have a more than three-fold increase in ROS species than mutant *L. reuteri* treated mice (Figure 7L). We also saw an increase in 4HNE, a marker of reactive oxygen species in *TripleMut* mice treated with wild-type *L. reuteri* (Figure 7M). A striking decrease in dysplastic transformation was observed in reuterin treated mouse colons (Figure 7N). Mice treated with *L. reuteri* had lower grade and less invasive lesions (Figure 7O). This data is consistent with a decrease in KI67 staining and an increase in cCASP3 in wild-type *L. reuteri* treated *TripleMut* mice (Figure S7K and S7L). Consistent with our *in vitro* analysis, an *ex vivo* puromycin assay in the *TripleMut* mice was performed. Mice gavaged with *L. reuteri* showed reduced translation compared to mice gavaged with mutant *L. reuteri*, supporting our *in vitro* mechanism (Figure 7P). Together, the data demonstrates a critical role of *L. reuteri* and reuterin in modulating CRC redox balance and growth.

Discussion

Cancer metabolism is a rapidly developing field, but insight into how microbial metabolites impact colon cancer initiation and progression is limited. Recent work has highlighted that certain bacterial populations can impair or facilitate cancer growth (Chen et al., 2017, Cullin et al., 2021). Microbial byproducts like butyrate and other short chain fatty acids have been shown to have variable effects on cancer cells. While some work has shown that butyrate induces cancer cell death at high concentrations, other studies have shown that carbohydrate-derived metabolites such as butyrate induce hyper-proliferation and increased colorectal tumors in colon epithelial cells (Belcheva et al., 2014, Liu et al., 2018, Kaiko et al., 2016, Okumura et al., 2021). Moreover, other short chain fatty acids have been shown to drive hepatocellular carcinoma (Singh et al., 2018).

Studies examining interactions between the microbiome and metabolic byproducts from the tumor microenvironment (TME) are in their infancy. The TME is notably nutrient poor (Lyssiotis and Kimmelman, 2017). The rapid consumption of nutrients by cancer cells leads to the suppression of the T cell response (Bian et al., 2020; Moir et al., 2020; Nachev et al., 2021). How the TME effects dysbiosis, and how this cycle impacts colon cancer growth is unknown. We clearly show a metabolite exchange where the healthy microbiome produces several metabolites, including reuterin that decreased colon cancer growth. However, since these are endogenous metabolites produced at high levels, it was not clear how tumors bypassed this toxicity to establish growth. Our work suggests that dysbiosis is central for CRC progression through limiting the production of anti-cancer, endogenous, cytotoxic metabolites. Further, our data suggests that homocysteine and cystathionine metabolism is dysregulated in our advanced colon cancer model, and in turn this inhibits colonization of *L. reuteri*. Much more work is needed to understand the mechanistic basis of dysbiosis in colon cancer. Future work is needed to identify what molecular pathways facilitate production of these metabolites. We clearly show that increased mutational burden rapidly changes that microbiome. However, knockdown of KRAS in cell lines did not rescue *L. reuteri* growth *in vitro*. Moreover, cell lines with different mutational landscapes decreased *L. reuteri* growth *in vitro*. This suggests that there is a complex yet undefined interplay with tumor progression, mutations and microenvironmental stressors that are central to dysbiosis.

Electrophilic species such as reuterin can bind to thiols and alter or decrease protein function. Therefore, it is entirely possible two parallel, but essential pathways lead to cytotoxicity, (i) by inducing ROS and (ii) direct binding and altered function of ribosomal biogenesis (Figure 6J). Future work will understand if key thiols on ribosomal biogenesis proteins are essential to mediate cancer selective cell death. Our findings also demonstrate that distinct electrophiles maintain selectivity and different mechanisms of action. DMF and reuterin are cytotoxic electrophiles that induce death via protein oxidation. However, DMF and reuterin have distinct molecular targets, differential HIF2 α dependency, and only reuterin targets ribosomal biogenesis (Singhal et al., 2021). Our data suggests that microbial metabolites may alter host response through modulating selective cysteine oxidation. This is a promising area for future studies.

Reuterin is an antimicrobial compound, and we demonstrate that reuterin has potent cytotoxic effects specific to cancer cells. Reuterin has been shown to be well tolerated *in vivo* at high doses (Asare et al., 2020). It is currently unknown how normal cells preferentially avoid reuterin induced growth inhibition. We hypothesize that a heightened state of oxidative stress due to altered metabolism in cancer cells contributes to the preferential cytotoxic effects of reuterin (Harris and DeNicola, 2020). Cells under heightened oxidative stress following 5-FU or BSO treatment are significantly more susceptible to the cytotoxic effects of reuterin. Reuterin does not decrease protein translation or induce ROS in a normal intestinal cell line. It is likely a complex integration of mutational status, proliferation, and microenvironmental stressors and waste products determines reuterin sensitivity.

L. reuteri is currently being studied in several clinical trials for colitis, colic, asthma, and *H. pylori* infection and has a confirmed safety profile ((Dore et al., 2019; Giudice et al., 2016;

Oliva et al., 2012; Sung et al., 2017). Reuterin's robust, cancer-specific cytotoxic effect *in vivo* and *in vitro* makes it a promising target for future clinical studies, as an adjunct to traditional therapy or as a preventative approach. Our work further highlights the utility of a precision approach to probiotics.

STAR Methods:

Resource Availability:

Lead Contact: Further information and requests for resources and reagents should be directed to and will be responded to by Yatrik Shah, shahy@umich.edu.

Materials Availability: 16s rRNA gene sequencing is deposited at GEO publicly available as identified below. No unique plasmids or mouse lines were developed for this project. Any additional information required to reanalyze the data reported in this paper is available from the lead contact upon request.

Data and Code Availability: 16S RNA-seq data has been deposited at GEO and is publicly available at the date of publication. GEO accession number is GSE186880 and is also listed in the key resources table. Microscopy data reported in this paper will be shared by the lead contact upon request. Any additional information required to reanalyze the data reported in this paper is available from the lead contact upon request.

Experimental Model and Subject Details:

Mice: All mice used in this paper are in a predominant C57Bl/6J background. Male and female were equally mixed and littermates were randomly assigned to experimental conditions. The mice were housed in a temperature controlled, specific pathogen free environment, with a 12 hour light/dark cycle. They were fed ad libitum with standard chow diet. Studied mice were between 4–6 weeks old. For reuterin studies, *L. reuteri* was cultured as described below, and after 18 hours of culture, bacteria were harvested by centrifugation and diluted in PBS. Serial dilutions were prepared to assess concentration, and then mice were treated with .2 mL by gavage at a dose of 2×10^9 colony forming units per mL. There were no significant gender differences. Mouse lines used were CDX2-ER^{T2}Cre; *Apc*^{fl/fl} mice, CDX2-ER^{T2}Cre; *Apc*^{fl/fl}; *Trp53*^{fl/fl}, and *Apc*^{fl/fl}; *Trp53*^{fl/fl}; *Kras*^{LSLG12D} mice. All animal studies were carried out in accordance with Association for Assessment and Accreditation of Laboratory Animal Care International guidelines and approved by the University Committee on the Use and Care of Animals at the University of Michigan.

Human Subjects: The study was approved by the institutional review boards at the University of Michigan (IRBMED, protocol number HUM00085066) and the Department of Health and Human Services, Food and Drug Administration (Research Involving Human Subjects Committee/RIHSC, protocol number 14–029D). The study was carried out in accordance with the protocol and applicable local regulatory requirements. All subjects (both male and female, age 18–55 years) provided written informed consents and participated after completion of a physical examination and review of their previous medical history. For *L. reuteri* quantitation, tissue was collected during either an open surgical

procedure or a colonoscopy for both normal and tumor tissue. Tissue was immediately flash frozen until time of extraction as described below. All qPCR was normalized to a universal bacteria control and normalized to the average of the normal tissue or cohort. Feces were collected from patients and then flash frozen.

Cell Lines: Human intestinal cell lines HCT116, RKO, SW480, and DLD1 were used for most experiments. Other cell lines used are MC38, HT29, CT26, MIAPACA, PaTu8988t, ID8, HCC1187, HCC1937, HCC 1806, HCC 38, DU 4475, MT3, HCC1143, MT4, 178A, B16F10, YUMM 5.1, HELA, HF27, HF29, N9, MCF10A, Vero2, HCN-2, NCM356, NCM460, CRL1831, and CCD18Co. Cell lines have been STR-authenticated. All cells were maintained in complete DMEM medium (supplemented with 10% fetal bovine serum and 1% antibiotic/antimycotic agent) at 37°C in 5% CO₂ and 21% O₂.

Method Details:

Proliferation Assay: Growth assays were performed using MTT reagent (Thiazolyl Blue Tetrazolium Bromide). Briefly, cells were plated down and 24-hours following plating a Day 0 reading was taken. Cells were incubated for 45 minutes with MTT solution (5X concentrate stock: 5 mg/ml, in 1XPBS, pH 7.4). Media and MTT solution were then carefully aspirated followed by solubilization with dimethyl sulfoxide. Absorbance was read at 570nm. Following the Day 0 read, the cells were treated with indicated doses and readings were taken after 24-hours. Cell growth assays were also measured using the Cytation 5 Imaging Multi-Mode reader. Cells were plated down, treated 24 hours later with indicated treatments, and immediately imaged and analyzed for cell number. Images were then taken every 24 hours.

Bacterial Strains: *L. reuteri* strain ATCC PTA6475 (originally isolated from human breast milk, gift of Dr. Robert Britton, Baylor College of Medicine) and *L. reuteri* strain PRB94 (*delta pduC* mutant in ATCC PTA6475 background, gift of Dr. Robert Britton, Baylor College of Medicine) was used as described previously (Das et al., 2020). The bacteria were cultured in de Man, Rogosa and Sharpe (MRS) broth at 37 degrees Celsius in a sealed tube under atmospheric oxygen concentration. The bacteria were cultured in Luria broth (LB) media at 37°C under atmospheric oxygen concentration. Fecal bacteria were grown from homogenized wild-type mouse feces inoculum, grown at 37 degrees Celsius in MRS broth.

Antibiotics Treatment—Antibiotics treatment (Abx) was performed as described previously (Ramakrishnan et al., 2019). Briefly, animals were given water containing antibiotic cocktail (Ampicillin 1 g/L, neomycin 1 g/L, gentamycin 500 mg/L; penicillin 100U/L) in the drinking water, ad libitum. In addition, oral gavage of vancomycin (1 mg/mL) and metronidazole (0.5 mg/mL) was given on alternate days for 1 week. Mice were then induced and metabolite extracts were prepared 10 days after induction and discontinuation of antibiotics.

Real time Quantitative PCR: 1µg of total RNA extracted using Trizol reagent from mouse tissues (intestinal epithelial scrapes), human intestinal cell lines, and mouse feces. RNA was reverse transcribed to cDNA using SuperScript™ III First-Strand Synthesis

System (Invitrogen). Real time PCR reactions were set up in three technical replicates for each sample. cDNA gene specific primers, SYBR green master mix was combined, and then run in QuantStudio 5 Real-Time PCR System (Applied BioSystems). The fold-change of the genes were calculated using the Ct method using β -actin as the housekeeping gene. Primers are listed (Supplemental Table 6). Bacterial qPCR was performed on extracted ribosomal DNA. Primers were designed to specifically amplify the indicated bacteria and normalized to an all bacteria primer control.

Western Blotting: Whole-cell lysate preparations were described previously (Anderson et al., 2013). Whole cell lysates were prepared from cell lines by RIPA buffer. Homogenates were incubated in RIPA buffer for 15 minutes on ice followed by 13,000 rpm centrifugation for 15 minutes. Supernatants were transferred to a new tube and mixed with 5X Laemmli buffer and boiled for 5 minutes. Lysates containing 30–40 μ g of protein per well were separated by SDS-PAGE, transferred onto nitrocellulose membranes, and immunoblotted overnight at 4°C with indicated antibodies. All the primary antibodies were used at a dilution of 1:1000. HRP-conjugated secondary antibodies used were anti-rabbit and anti-mouse at a dilution of 1: 2000 and immunoblots were developed using Chemidoc imaging system (ChemiDoc, BioRad).

Immunostaining: Tissues were fixed with formalin for 24 hours, and then placed in ethanol for 24 hours. Paraffin embedded tissues were sectioned (6 μ m). Antigen retrieval was performed by boiling slides for 10 minutes in citrate buffer. Sections were blocked in 5% (vol/vol) normal goat serum in TBST for 30 min at room temperature and probed with polyclonal rabbit anti-Ki67 or 4-HNE primary antibody (1:250) overnight at 4°C. The samples were then incubated with rabbit IgG Alexa Fluor 594 for Ki67 (1:500) or HRP coupled secondary for 1 hour in dark at room temperature, followed by mounting and counterstaining by Prolong™ Gold Antifade Mountant with DAPI. For Gamma H2AX ataining positive control was treated with 2 Gy radiation for 2 minutes. Cells were fixed in 10% formaldehyde and permeabilized in 0.01% Triton X 100. Primary antibody was stained overnight, then secondary for one hour in the dark in 0.01% Triton X 100 and 3% BSA. Confocal microscopy was performed.

Metabolite Extraction: Metabolites from feces were extracted by 2:1 methanol: chloroform (v/v) in water as described previously (Sridharan et al., 2014). Pre-weighed freshly collected feces were homogenized in 3 mL of dry ice cold 80% methanol and incubated on dry ice for 10 minutes followed by centrifugation at 4,000 rpm for 10 minutes at 4 degrees Celsius. Supernatant was passed through a 70- μ m cell strainer and centrifuged at 13,000 rpm for 10 minutes. 0.6 mL of ice-cold water was added per 1.5 mL of supernatant, then the sample tube was vortexed vigorously and centrifuged at 13,000 rpm for 10 minutes to obtain phase separation. The upper and lower phases were separately collected into fresh sample tubes without disturbing the interface. Samples were dried in a speed vac (Eppendorf Vacufuge) to and were resuspended in DMSO for *in vitro* experiments.

16S RRNA Gene Sequencing and Bacterial Community Analysis: Bacterial sequencing analysis was done as described previously at the Microbial Systems Molecular

Biology Lab, a part of the University of Michigan Host Microbiome Initiative (Ramakrishnan et al., 2019). Briefly, the V4 region of the 16S rRNA was amplified from freshly collected mouse feces or tumor mucosal scrapes using the Dual-indexing sequencing strategy. Sequencing was done on the Illumina MiSeq platform, using a MiSeq reagent kit V2 500 cycles, according to the manufacturer's instructions. Bacterial community analysis was performed using Mothur (v1.42.3) aligning to the full SILVA reference alignment (release 132) provided by Mothur (Schloss et al., 2009). Sample quality was determined by assuring samples contained more aligned reads than the DNA extraction control and that samples clustered within their genotypes via principal component analysis in PC1/PC2.

LDH Assay: Cell death was measured using the LDH Cytotoxicity Assay Kit from Takara Bio. 10,000 cells were seeded in a 96 well plate overnight. The next day, cells were treated with the indicated condition. Supernatants were harvested after 24 hours of treatment and a media only control and Triton X-100 control were included. The supernatant was incubated with LDH detection reagent for 30 minutes per the manufacturer's instructions. Absorbance was taken at 490 nm in technical triplicate. Cytotoxicity was calculated using the manufacturer's protocol.

Colony Forming Assay: Cells were plated in biological triplicates in a 6 well plate at 600 cells per well in 2 mL of media. After 48 hours, cells were treated with different reagents as mentioned in the legends. Assays were concluded at 15 days by fixing in cold 10% buffered formalin for 10 minutes and staining with 0.5% crystal violet, 20% methanol solution for 30 minutes. Colonies were manually counted via a study blinded observer.

C11-BODIPY lipid ROS measurement: 1 million colorectal cancer cells were seeded in a 12 well plate overnight. Cells were then treated with the indicated concentration of Reuterin and incubated for 12 hours. Cells were harvested in HBSS, washed, and stained with 5 μ M C11-BODIPY (ThermoFisher) at 37 degrees C for 30 minutes. Fluorescent intensity was measured on the FITC channel on the Beckman Coulter MoFlo Astrios. A minimum of 20,000 cells were analyzed per condition, data was analyzed using FlowJo software (Tree Star). Values are MFI.

ROS Detection Assay: Cell permeable free radical sensor carboxy-H₂DCFDA (Invitrogen) was used. Cells were treated with indicated reuterin concentration for 24 hours, then incubated with 10 μ M carboxy-H₂DCFDA in PBS at 37 degrees C for 45 minutes. Cells were then washed and resuspended in PBS. Mean fluorescent intensity was obtained from the Cytation 5 Imaging Multimode Reader. For *in vivo* ROS assay, epithelial cells were isolated from either induced *TripleMut* mouse colon or from syngeneic tumors using Collagenase IV incubation. Cells were then strained and then stained as above with 10 μ M carboxy-H₂DCFDA. Mean fluorescent intensity and percent ROS positive cells was obtained from flow cytometry.

Metabolomics: Cells were plated at 1 million cells per well in 6 well plates. After 24 hours, cells were treated with 100 μ M Reuterin for 24 hours. Cells were then washed once with ice cold PBS, then incubated in dry-ice cold 80% methanol on dry ice for 10 minutes. Cells were scraped and the polar metabolite supernatant was collected on dry ice. Tissues

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were bead homogenized in the polar metabolite methanol. Samples were clarified via high speed centrifugation. Protein concentration was determined by processing a parallel well and used for normalization. Cell or tissue solutions were lyophilized using a SpeedVac concentrator. Metabolite pellets were resuspended in 50:50 methanol/water mixture for LC-MS analysis. Data were collected using previously published parameters(Bennett et al., 2008; Chae et al., 2015). QQ data were preprocessed with Agilent MassHunter Workstation Quantitative Analysis Software (B0700). Additional analyses were postprocessed for further quality control. Each metabolite abundance level in each sample was divided by the median of all abundance levels across samples for comparison and statistics. Statistical significance was determined by a one-way ANOVA with a significance threshold of 0.05. Further pathway analysis took place on Metaboanalyst. For microbial metabolites, identification was performed as described in Das, 2019. Briefly, samples were homogenized, centrifuged, and incubated with 50 mM sodium hydroxide and propanol/pyridine. Propylchloroformate was added on ice and derivatized for 30 minutes. The samples were extracted with hexane twice and stored for GC-MS analysis. For DAP a headspace sampler was utilized, for Reuterin a standard GC/MS sampling. A HP5 ms 5% phenylmethylpolysiloxane capillary GC column (Agilent) was employed with helium as the carrier gas. The initial temperature was 70 degrees C. increased to 230 degrees C. The total run time was 20 minutes and the mass spectral data ranges were from 30–400 m/x. Reuterin was quantified by peak area of extraction m/z 219 as described previously(Talarico and Dobrogosz, 1989). L-glutathione was measured from lyophilized cell pellets. Pellets were resuspended in 50:50 methanol/ water mixture for LC-MS analysis. QQ data was preprocessed with Agilent MassHunter Workstation Quantitative Analysis Software (B0700).

Histology: Tumor tissues were rolled and fixed in formalin for 24 hours, then embedded in paraffin. Sections of 5µm were stained for H&E and mounted with Permount Mounting Medium (Thermo Fisher Scientific). For immunohistochemistry, paraffin tissue sections underwent antigen retrieval, blocking in 5% goat serum in PBS, and probed with Ki67 antibody (Cell Signaling, 1:250). Sections were washed 2 times with PBST and incubated with HRP conjugated anti-rabbit IgG (1:500, catalog 7074S, Cell Signaling Technology) for 1 hour. Sections were then washed with PBST and incubated with DAB substrate. After the sample turned brown, the reaction was stopped with distilled water and dehydration steps were completed. The slides were mounted with Permount Mounting Medium. Histological scoring of dysplasia was done by a pathologist as previously described (Triner et, al, 2019).

Immune Cell Isolation: Colons were removed, washed thoroughly in PBS, and then incubated with 10 mM EDTA for 45 minutes. Supernatant was removed, and then cells were isolated with 1 mg/mL collagenase Type IV for 45 minutes. Immune compartment was obtained through a Percoll gradient, cells were stained using indicated antibody, and then acquired using flow cytometry.

RNA-SEQ analysis: RNA-Seq analysis: IEC6 cells were seeded in triplicate overnight, then treated with 100µM Reuterin for 16 hours. RNA was isolated from culture tissue as described above. Quality of fastq files was assessed using FastQC v0.11.8 and MultiQC v1.7(Ewels et al., 2016). Reads were then aligned to GENCODE's GRCm38.vM24

assembly using STAR v2.6.1a_08–27(Dobin et al., 2013; Frankish et al., 2018). Aligned reads were counted using featureCounts v1.6.3(Liao et al., 2014). PCA-based clustering was used to identify outliers and then differential expression was performed using DESeq2 v1.30.1(Ren and Kuan, 2020). Genes with an adjusted p-value < 0.05 were considered differentially expressed. All analysis was carried out on the University of Michigan Great Lakes HPC cluster.

Pathway analysis: Significant metabolites obtained from metabolomic analysis (see above) were converted to HMDB identifiers using MetaboAnalyst v5.0(Pang et al., 2021). HMDB identifiers were then mapped to known protein interactors using MetaBridge v1.2 via KEGG and MetaCyc(Hinshaw et al., 2018). These protein-metabolite interactions were then overlaid with differentially expressed genes from RNA-sequencing analysis (see above). Metabolites with links to 3 or more differentially expressed genes were plotted in a network using cytoscape v3.8.0(Shannon et al., 2003).

Syngeneic and Xenograft Studies: Wild-type or immunocompromised mice of both sexes were inoculated with 2 million MC38, HCT116, or SW480 cells. Cells were implanted into lower flanks, and treatment began at day 10 after visible tumors as described above. Tumor size was measured with digital calipers. At the endpoint, mice were sacrificed and tumors were excised. Tumor volume and weight was measured and tissues were prepared for histology, IHC, and flow cytometry.

Proteomics and Cysteine Proteomics: Proteomics analysis was performed as described (Kuljanin et al., 2021). Briefly, cells were treated for 24 hours, then washed twice with PBS. Cell pellet was homogenized and sonicated, and total protein was determined. Each sample was treated with DBIA for 1 hour, and then proteins were precipitated by chloroform/methanol. Protein pellets were solubilized in 4-(2-hydroxyethyl)-1-piperazinepropanesulfonic acid at pH 8.5 and digested using LysC and trypsin overnight. For whole proteome analysis cells were lysed in 8 M urea and 200 mM EPPS at pH 8.5 Samples were homogenized and reduced. Cysteine peptides were enriched using streptavidin beads as described in Kuljanin, 2021. Mass spectrometry data were acquired using an Orbitrap Fusion Lumos mass spectrometer in line with a Proxeon NanoLC-1200 UPLC system. Intelligent data acquisition was performed using orbiter and the Comet search algorithm. Spectral searches were performed eliminating common contaminants. Cysteine modified peptides were filtered for site localization using the AScore algorithm with a cutoff of 13. A total sum signal to noise of all reporter ions of 100 was required. Cysteine engagement was assessed by the blocking of the labeling of the probe. Peptides showing a 95% reduction were assigned a maximum ratio of 20. Multiple cysteines with confident localization scores were separated. Competition ratios were found by dividing the control channel by the electrophile channel. Replicate measurements were averaged.

Puromycin Assay: Cells were treated for 24 hours with reuterin, then incubated with 1 mg/ml puromycin for 10 minutes. Lysates were flash frozen then western blot was performed for puromycin antibody. Small pieces of tumor or colon were homogenized

thoroughly for the *in vivo* assay, then incubated with 1 mg/mL puromycin for 30 minutes. Lysates were then generated using bead homogenization before western blotting for anti-puromycin.

Epithelial Cell Isolation: Colons were removed and washed into PBS. Colon was incubated at 150 RPM for 30 minutes in 25 mL of 10 mM EDTA in RPMI. Colons were vortexed twice, and the liquid collected. RPMI was added, tissues were vortexed and liquid collected, repeated twice. Cells were counted, plated, and imaged on the Cytation 5 Imaging MultiMode Reader at 0 and 12 hours.

Dose Response Matrices: Cells were plated in triplicate for each indicated dose. The average percent inhibition was calculated, and then the coefficient of drug interaction (CDI) was calculated from the matrix by dividing the 2-drug combination inhibition by the two single drug concentrations multiplied together. $CDI < 1$ indicates synergism, $CDI = 1$ indicates additivity and $CDI > 1$ indicates antagonism.

Quantification and Statistical Analysis:

In vitro experiments were validated in 4 cell lines. Each cell line experiment was performed in technical replicates for each condition and repeated at least three times with biological triplicates to ensure reproducibility. Figures show a representative biological replicate unless otherwise indicated. Blinding was performed whenever appropriate. Sample description and identification was unavailable to the core personnel during data collection and analysis. Statistical details of all experiments can be found in the figure legends. The sample numbers are mentioned in each figure legend and denote biological replicates. Statistical details are reported in figure legends. Results are expressed as the mean plus or minus the standard error of the mean for all figures unless otherwise noted. Significance between 2 groups was tested using a 2 tailed unpaired t test. Significance among multiple groups was tested using a one-way ANOVA. GraphPad Prism 7.0 was used for the statistical analysis. Statistical significance is described in the figure legends as: * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Highlights:

Microbial metabolites from the healthy colon inhibit colon tumorigenesis

L. reuteri and reuterin levels are reduced in mouse and human colon cancer

Reuterin induces protein oxidation and inhibits ribosomal biogenesis

L. reuteri and reuterin decrease tumor growth and prolong survival in mice

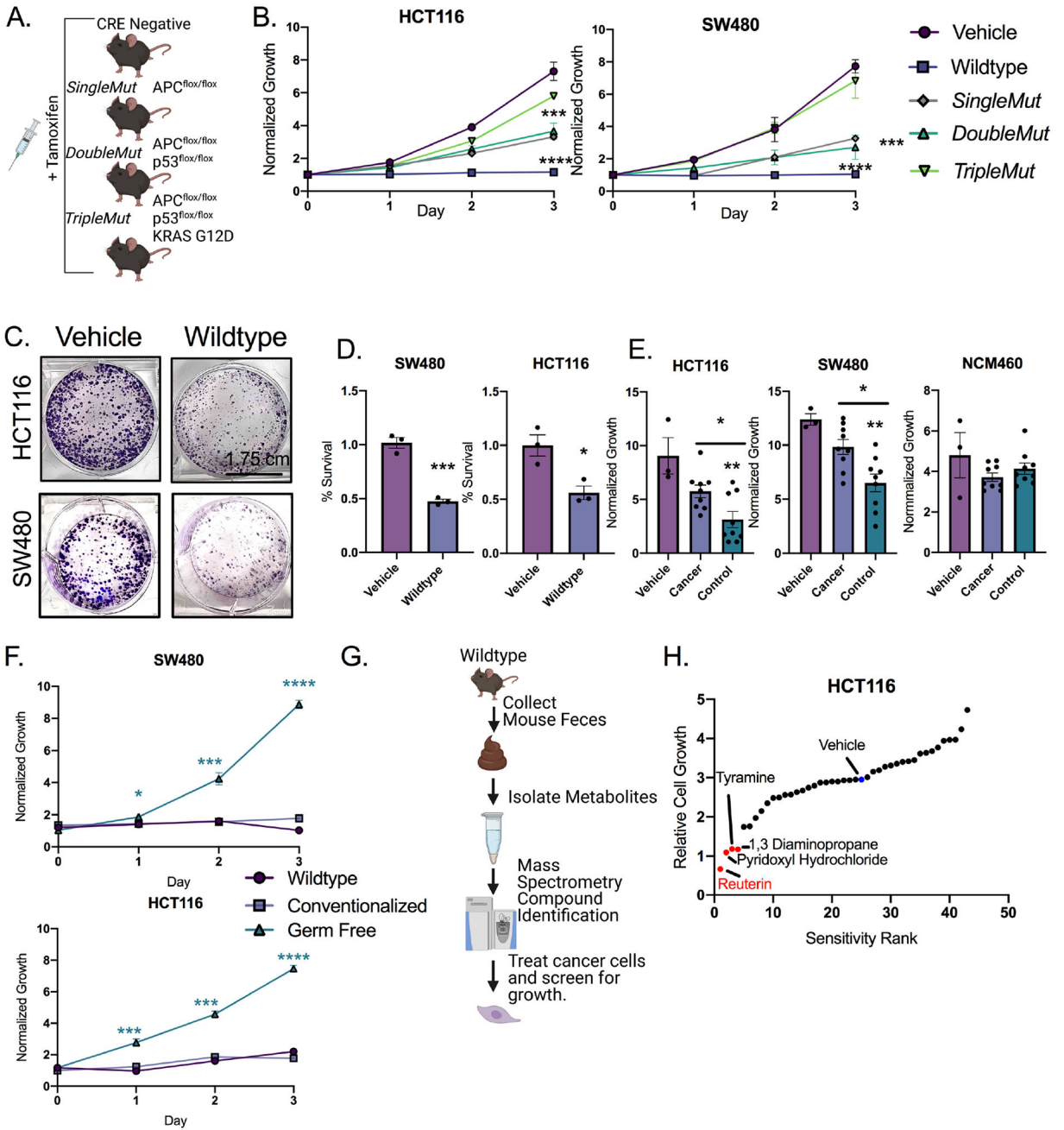


Figure 1: Fecal metabolites from wild-type mice suppress colorectal cancer cell growth *in vitro*. A) Mouse models and treatment strategy employed. B) Dried, organic, metabolite pellets were resuspended in DMSO and treated at 100X concentration and growth was assessed by live cell imaging. (n=9). Error bars are standard error of the mean +/- the mean C) Colony forming assay of cells treated with 100X wild-type fecal metabolites for 14 days. (n=3). D) LDH assay of cells treated with 100X fecal metabolites at 24 hours. (n=3). Mean +/- the standard error of the mean. E) Growth assays from organic fecal metabolites from age matched controls and cancer patients. Each human sample was assayed in triplicate. Mean +/- the standard error of the mean. F) Growth assays from fecal metabolites from wild-type,

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germ-free mice, and recolonized germfree. (n=3 per group). G) Schematic representation of the screen to identify inhibitory compounds. H) Sensitivity rank graph of cell growth after 72 hours of treatment at 1 mM for each indicated compound. (n=3). Statistical significance was measured by a one-way ANOVA (Panels B, E, and F) or T-test (Panel D) *p < 0.05, ** p < 0.01, *** p < 0.001, **** p < 0.0001. Data is presented as mean +/- the standard error of the mean. All experiments were performed in triplicates at least three times.

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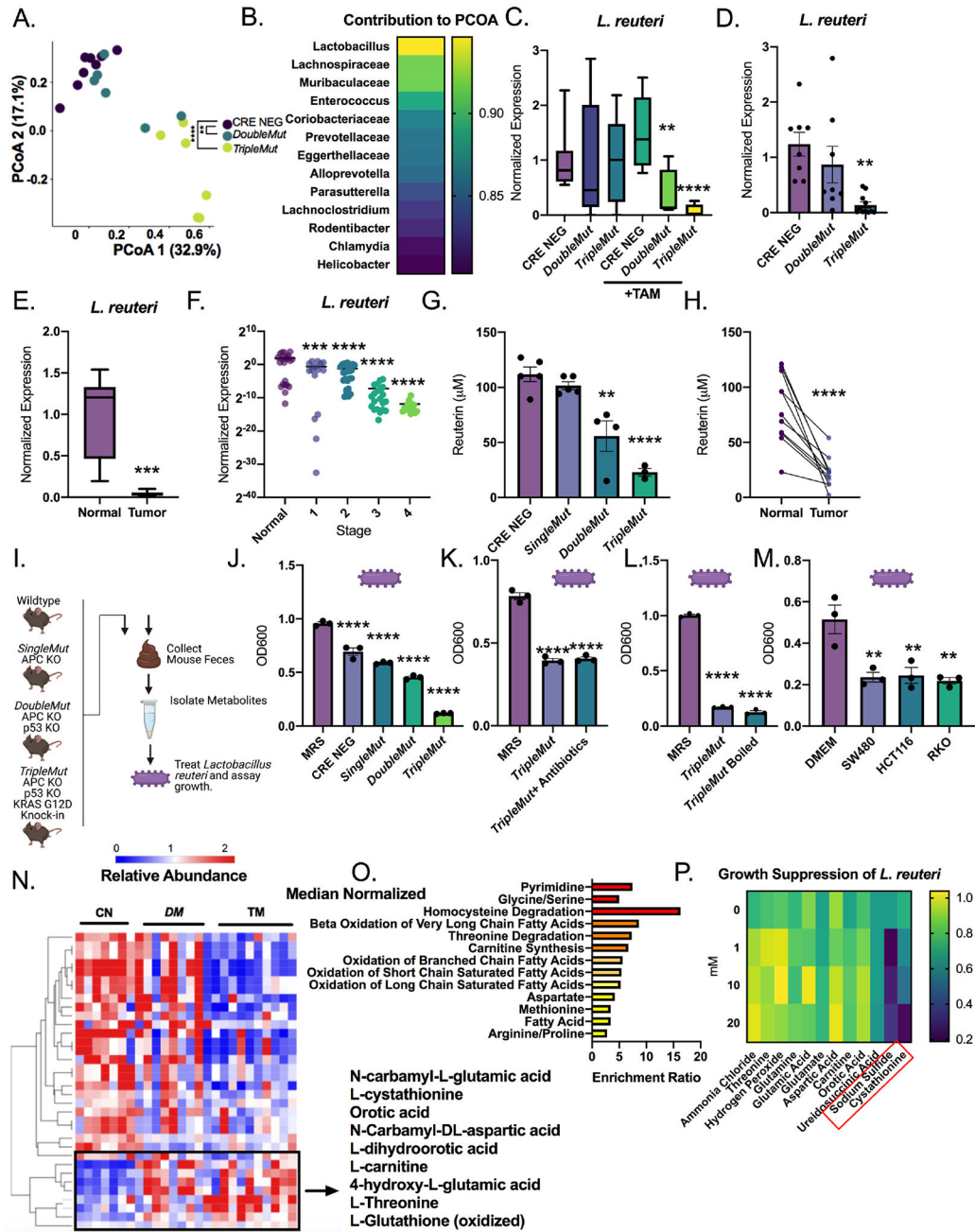


Figure 2: *L. reuteri* abundance and host metabolites are altered in mouse colon tumor models and human colorectal cancer.

A) PCoA plots of 16S rRNA sequencing of fecal DNA from the induced (50 mg/kg tamoxifen) mice (n=6–8). Significance is compared to the Cre-negative control mice. B) Length of the vector of the PCoA plot by the indicated species. (n=6–8). C) qPCR of *L. reuteri* in fecal DNA of indicated mouse model induced with 50 mg/kg tamoxifen. (n=6–8). D) qPCR of indicated mouse strain from colon mucosal scrapes 14 days after induction (same animals as used for tissue 16s sequencing). (n=6–8). E) qPCR of human colon tumor and normal samples. (n=7–8). F) qPCR for *L. reuteri* of human colon tumor tissue isolated from patients with different stages of cancer. (n=96). One way ANOVA compared to normal

human colon tissue. G) Reuterin quantification from colon samples by mass spectrometry. (n=3–5). H) Reuterin quantification from human whole colon normal and tumor paired sections. (n=9). I) Schematic representation of studies of metabolite extracts and treatment of *L. reuteri*. J) Treatment of *L. reuteri* with fecal extracts isolated from indicated mice for 24 hours at a 100X concentration. Control is grown in MRS broth. (n=3). K) Treatment of *L. reuteri* with fecal extracts isolated from *TripleMut* mice treated with a broad-spectrum antibiotic. (n=3). L) Treatment of *L. reuteri* with fecal extracts isolated from *TripleMut* mice which were boiled for 10 minutes. (n=3). M) Cells were grown in DMEM and 10% FBS for 48 hours, then media was supplemented with 20% MRS broth before incubation with *L. reuteri*. (n=3). N) Unsupervised clustering of metabolite extracts from colon scrapes from induced indicated mouse models (n= 7–8). Metabolites significantly different in the *TripleMut* compared to the CRE negative are shown, and metabolites that are upregulated in the *TripleMut* are boxed. O) Metaboanalyst pathway analysis of significantly upregulated metabolites listed by p value. P) *L. reuteri* incubated with indicated metabolite for 24 hours, then growth assessed by reading at 600 nm. Statistical significance measured by one way ANOVA (A, C, F, F, G, J, K, L, M) or t-test (E, H). Statistical significance was measured by a one-way ANOVA or T-test compared to vehicle control at Day 3, ** p < 0.01, *** p < 0.001, **** p < 0.0001. Data is presented as mean +/- the standard error of the mean. Microbial 16 sequencing experiments, metabolomics, and human tissue analysis were performed once, all other assays were performed in triplicates at least three times.

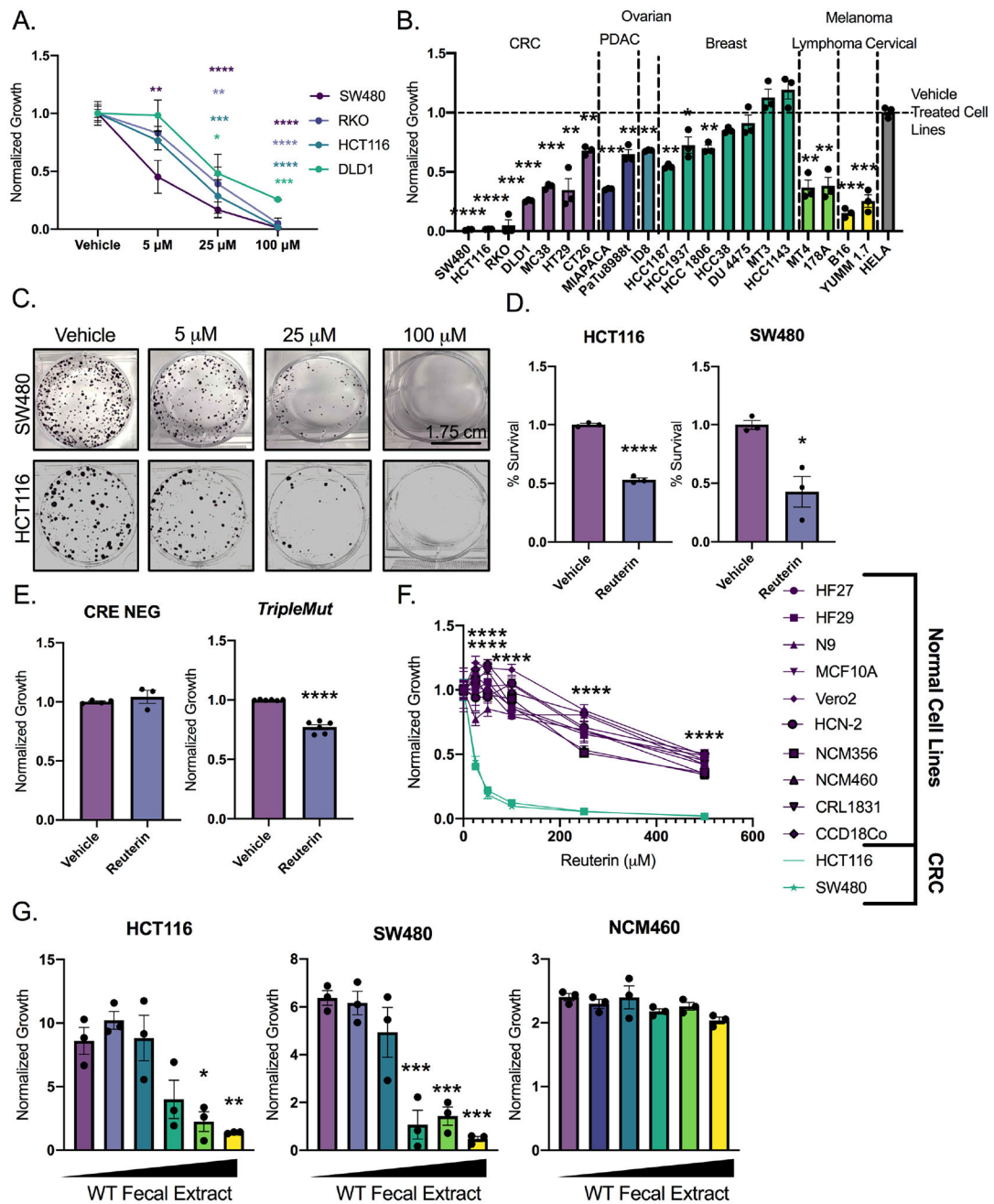


Figure 3: Reuterin preferentially inhibits the growth of colorectal cancer cells over normal colon epithelial cells.

A) Dose curve of panel of cell lines treated reuterin for 72 hours. (n=3). B) Cell growth following 100μM reuterin treatment. (n=3). C) Colony forming assay of cells treated with indicated concentration of reuterin. (n=3, representative shown). D) LDH assay of cells treated with 100μM reuterin for 24 hours. (n=3). E) Epithelial cell death in indicated mouse models 14 days after induction. (n=3). F) Cell growth in normal and cancer cells. Purple: normal cell lines; green: colon cancer cell lines. Data was collected at 72 hours. (n=3). G) Dose curve of wild-type fecal extracts on indicated cell line. (n=3). Statistics were calculated with one-way ANOVA (A, B, F, and G) or t-test (D and E). *p < 0.05, ** p < 0.01, *** p <

0.001, **** $p < 0.0001$. Data is presented as mean \pm the standard error of the mean. All experiments were performed in triplicates at least three times with the exception of panel F which was performed in triplicate a single time.

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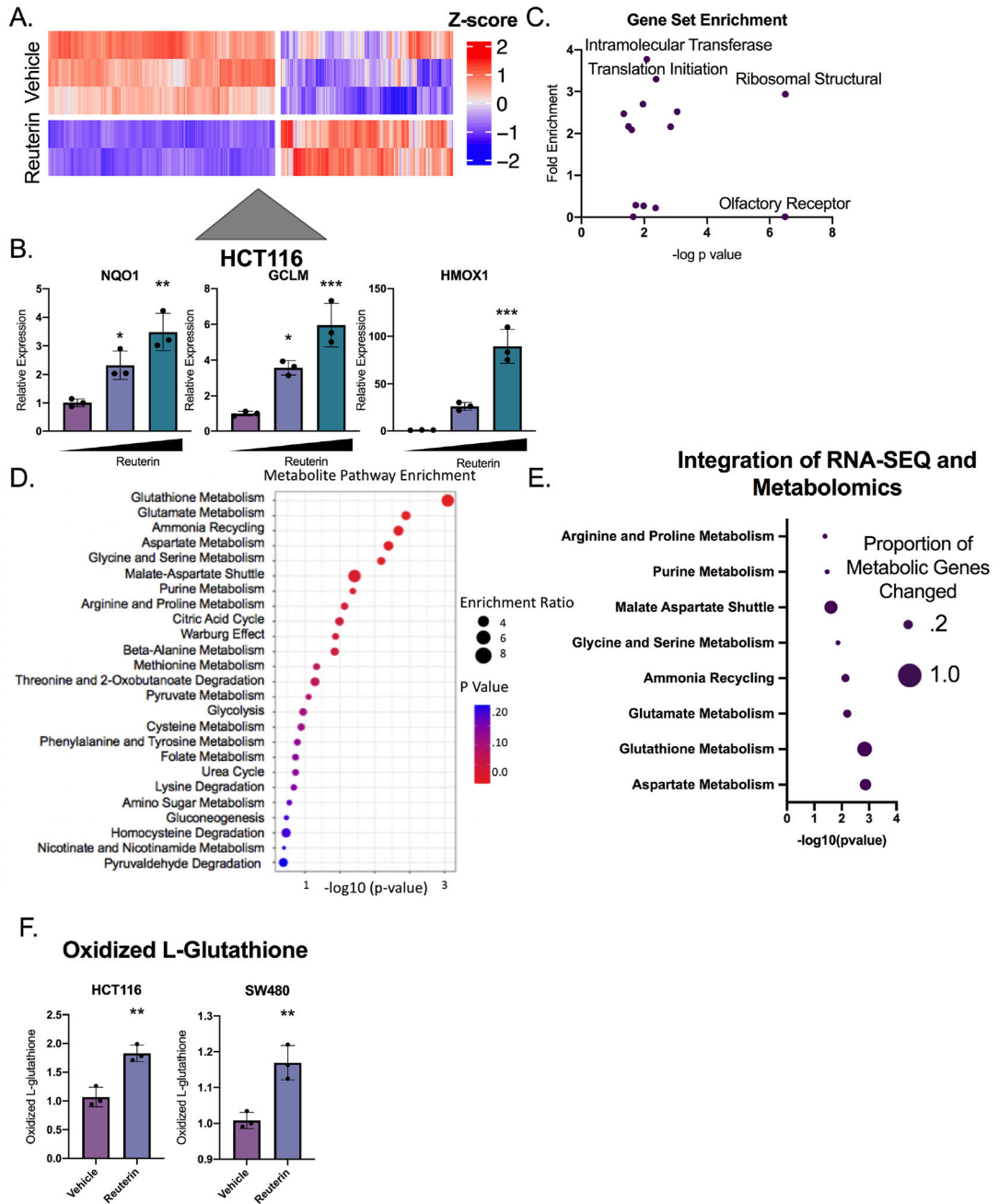


Figure 4: Multi-omics approach reveals Reuterin induces oxidative stress.
 A) Heat map of altered genes treated with 100 µM reuterin for 24 hours. (n=2–3). B) qPCR of NRF2 target genes with vehicle control, 25µm and 100µm reuterin treatment for 24 hours. (n=3). C) KEGG pathway enrichment for genes differentially expressed between vehicle and reuterin treated cells. D) Metabolomics pathway enrichment of significantly altered metabolites in SW480 cells. E) Proportion of genes altered in the RNA-SEQ of metabolic pathway associated genes. The size of the dot represents the percentage of genes altered transcriptionally in the indicated metabolic pathway. The p value is the significance of the metabolic pathway enrichment. F) Quantification of oxidized L-glutathione. (n=3). Statistics

were calculated with one-way ANOVA (B) or t-test (F). * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$. Data is presented as mean \pm the standard error of the mean. Metabolomics and RNA-SEQ experiments were performed a single time in triplicate, all other experiments were performed at least three times in triplicate.

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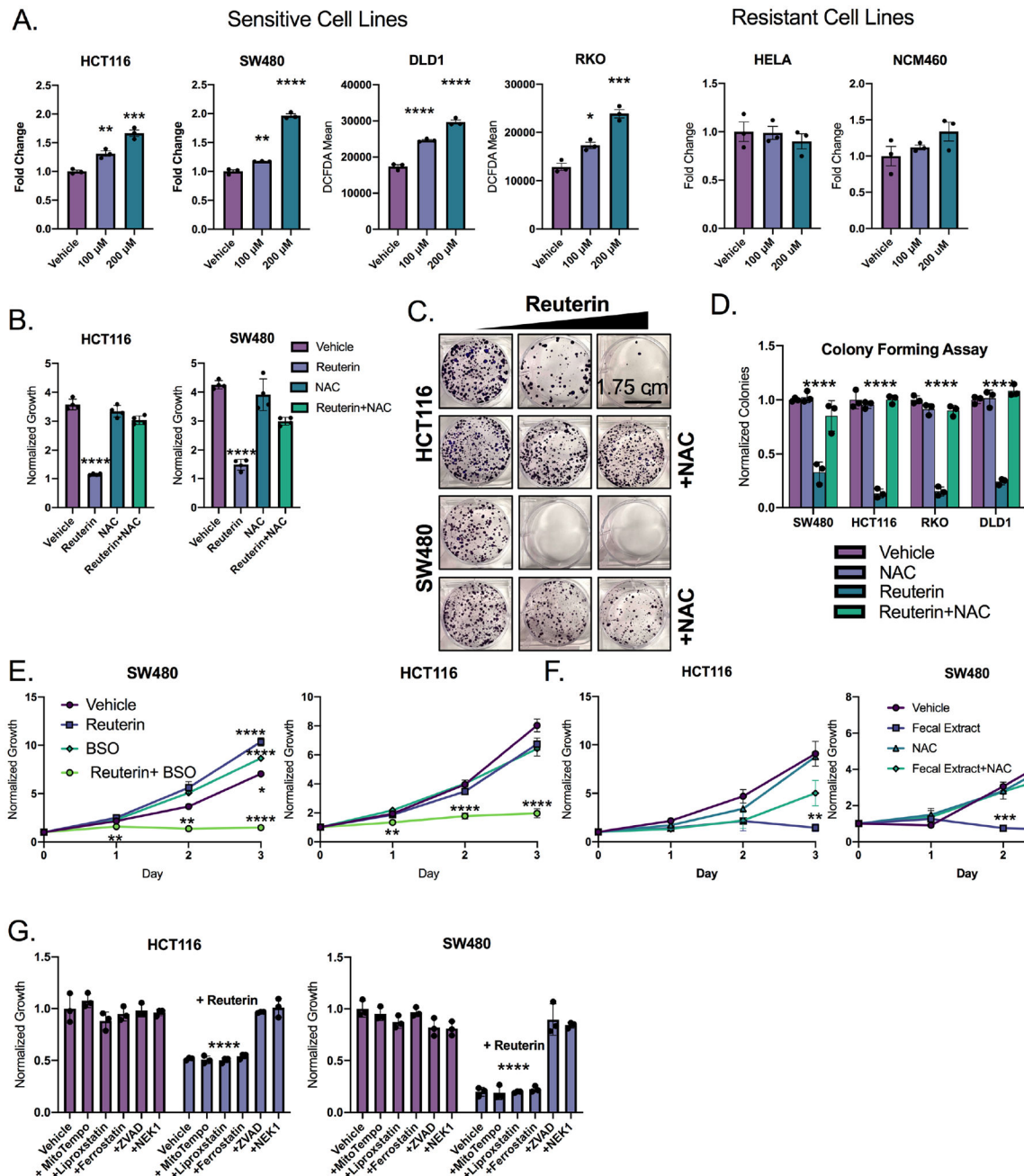


Figure 5: Reuterin induces oxidative stress in a GSH-dependent manner.

A) Cells were treated with indicated reuterin concentration for 24 hours, then stained with DCFDA ROS dye and analyzed by flow cytometry. Values are MFI. (n=3). B) Cells were pretreated with NAC for 24 hours, then treated with reuterin for 72 hours, then analyzed by live cell imaging. (n=3). C) Representative colony forming assay (CFA) at 14 days for cells pretreated with NAC for 12 hours. (n=3, representative shown). D) Quantification of CFA of cells treated as in panel C. (n=3). E) Cells were cotreated with 10 μ M Reuterin and 100 μ M BSO. (n=3). F) Cells were pretreated with NAC for 12 hours then treated with wild-type organic fecal extract. (n=3). G) Cells were pretreated with mitotempo (1 mM),

liproxstatin (10 μ M), ferrostatin (10 μ M), ZVAD(50 μ M) or necrostatin-1 (50 μ M) then treated with 100 μ m reuterin for 3 days, growth was assessed via live cell imaging. (n=3). Statistics were calculated with one-way ANOVA (A, B, D, E,F, and G). *p < 0.05, ** p < 0.01, *** p < 0.001, **** p < 0.0001. Data is presented as mean +/- the standard error of the mean. All experiments were performed in triplicates at least three times.

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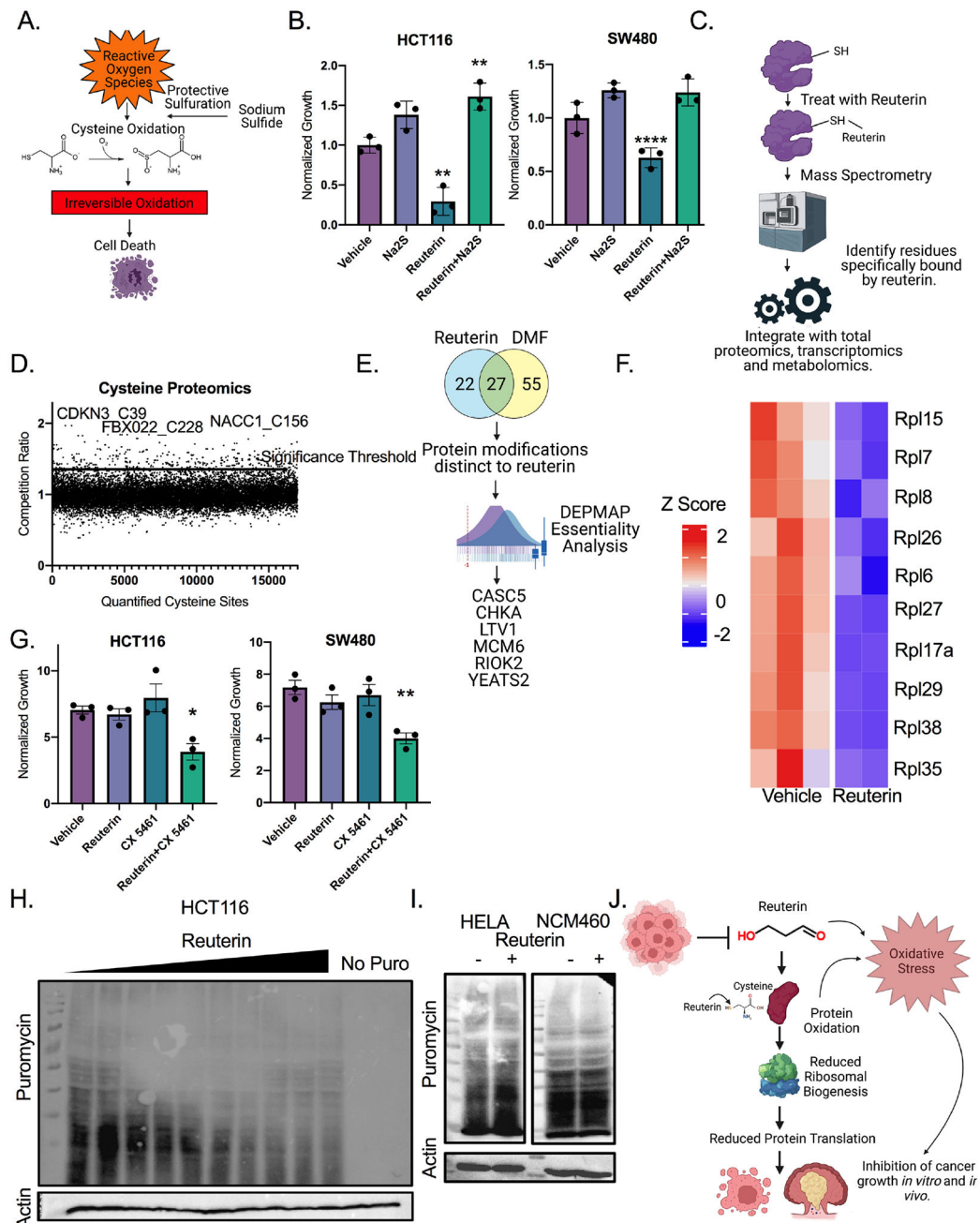


Figure 6: Reuterin induces protein oxidation and inhibits ribosomal biogenesis.

A) Schematic of protective persulfuration from protein oxidation. B) Cells were pretreated with 50 μ m reuterin for 12 hours, then media was washed out, and cells were treated with 200 μ m sodium sulfide for 24 hours before LDH assay. (n=3). C) Schematic for integrated proteomics, transcriptomics and metabolomics. D) Competition ratio of average of three separate samples for cysteine sites bound by reuterin. (n=3, repeated twice). E) Analysis of cysteine proteomics data with DepMap. F) Heat map of YEATS2 target genes in cells treated with reuterin. (n=5). G) Growth assays of cells co-treated with 2 μ m of CX5461 and 10 μ m of reuterin for 72 hours. (n=3). H) Puromycin western blot of cells treated with

doses increasing from 1 to 150 μ m reuterin for 24 hours. I) Puromycin western blot of cells treated with 100 μ m reuterin for 24 hours. J) Schematic of proposed mechanism of action for reuterin. Statistics were calculated with one-way ANOVA (Panels B and G). * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$. Data is presented as mean \pm the standard error of the mean. Cysteine proteomics was performed in triplicate two times, RNA-SEQ experiment was performed in triplicate once. All other experiments were performed in triplicates at least three times.

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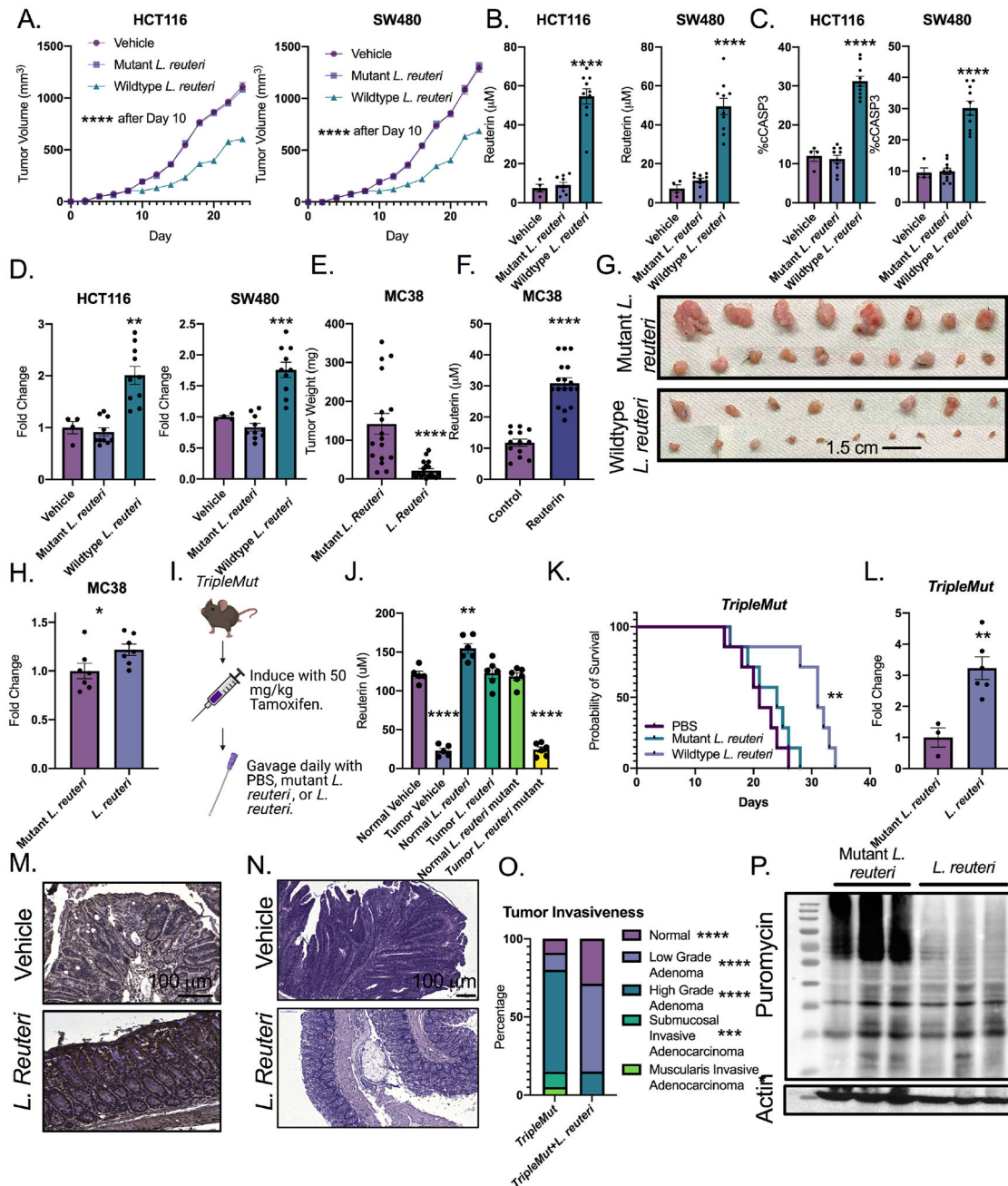


Figure 7: Reuterin inhibits colorectal cancer growth *in vivo*.

A) Quantification of tumor size of implanted HCT116 and SW480 cells in nude mice followed by daily gavage with wildtype or mutant *L. reuteri* or PBS (n=4–10). B) Quantification of reuterin in tumor from panel A. C) Percent cleaved caspase 3 cells (cCASP3) in tumors from panel A. D) Fold change of DCFDA ROS signal in tumors from panel A. E) End point weight of tumors of MC38 in mice gavaged daily with *L. reuteri* (n=8–9). F) Quantification of reuterin in MC38 tumors from E. G) Picture of representative tumors from D. H) Fold change of DCFDA ROS measurements from MC38 tumors. I) Schematic for treatment of the *TripleMut*. J) Quantification of reuterin in whole colon from

indicated treatment groups. (n=4–6). K) Survival curve of mice gavaged daily by either wild-type or mutant *L. reuteri*. (n=7). L) DCFDA ROS measurements from the colons of induced *TripleMut* mice treated with either mutant or wildtype *L. reuteri*.(n=3–6). M) Representative 4HNE immunohistochemistry in induced *TripleMut* mice. (n=3–6, representative shown). N) H and E of PBS treated or *L. reuteri* treated *TripleMut* mice. (n=3–6, representative shown). O). Pathological score of *TripleMut* mice treated with wild-type or mutant *L. reuteri*. (n=4–5). P) Puromycin western blot of induced *TripleMut* mice sacrificed on Day 10 and treated with daily gavage of either wild-type or mutant *L. reuteri*. Colons were washed, homogenized, and stained with puromycin *ex vivo* for thirty minutes. (n=3–6, representative shown). Statistics were calculated with one-way ANOVA (Panels A, B, C, D, J, K, and O) or t-test (panels E, F, H and L). *p < 0.05, ** p < 0.01, *** p < 0.001, **** p < 0.0001. Data is presented as mean +/- the standard error of the mean. Xenograft experiments were performed once. MC38 syngeneic experiments were performed two times with the indicated mouse numbers.

KEY RESOURCES TABLE

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Antibodies		
HIF-2-alpha Antibody	Bethyl Laboratories	Cat# 179483;
Ki67 Antibody	Cell Signaling	Cat#12202T
Actin Antibody	Protein Tech	Cat# 60008-1-Ig
Cleaved Caspase 3	Cell Signaling	Cat#9661T
Puromycin Antibody	Developmental Studies Hybridoma Bank	Cat# PMY-2A4
4-HNE Antibody	Bioss Antibodies	Cat# BS-6313R
Anti-p-histone H2A	Sigma	Cat#ZMS05636
Bacterial and Virus Strains		
Wildtype <i>L. reuteri</i>	Robert L. Britton	N/A
Mutant <i>L. reuteri</i>	Robert L. Britton	N/A
Chemicals, Peptides, and Recombinant Proteins		
FG-4592	Cayman Chemical	Cat#15294
N-acetyl-cysteine	Cayman Chemical	Cat#20261
Sodium Sulfide	Cayman Chemical	Cat#10122555
Cystathionine	Cayman Chemical	Cat# 16061
Olaparib	Cayman Chemical	Cat#10621
CX-5461	Cayman Chemical	Cat#18392
L-Threonine	Sigma	Cat# 72-19-5
Ammonia Chloride	Sigma	Cat#213330
5-Fluorouracil	Sigma	Cat#F6627
L-carnitine	Sigma	Cat#21489
Aspartic Acid	Sigma	Cat#1043819
L-Glutamic Acid	Sigma	Cat#G1251
L-Glutamine	Sigma	Cat#G8540
Hydrogen Peroxide	Sigma	Cat#HX0636
L-Buthionine-Sulfozimine	Cayman Chemical	Cat#14484
Glutathione Ethyl Ester	Cayman Chemical	Cat#14953
Orotic Acid	Sigma	Cat#O2750
Ureidosuccinic Acid	Cayman Chemical	Cat#34126
Deposited Data		
16S Sequencing	Yachida et. al, 2019	PMID: 31171880
16S Sequencing	Chen et. al, 2012	PMID: 22761885
16S Sequencing	Cheng Tao Pu, 2020	PMID: 31609493
16S Sequencing	GEO	GSE186880
Experimental Models: Cell Lines		
NCM460	ATCC	N/A

REAGENT or RESOURCE	SOURCE	IDENTIFIER
HCT116	ATCC	N/A
MC38	ATCC	N/A
CT26	ATCC	N/A
DLD1	ATCC	N/A
SW480	ATCC	N/A
RKO	ATCC	N/A
HF27	ATCC	N/A
HF29	ATCC	N/A
MCF10A	ATCC	N/A
Vero2	ATCC	N/A
HCN2	ATCC	N/A
NCM356	ATCC	N/A
CRL1831	ATCC	N/A
CCD18Co	ATCC	N/A
Experimental Models: Organisms/Strains		
Wildtype: C56Bl/6J	Jackson Labs	N/A
<i>SingleMut</i> : CDX2-ER ^{T2} Cre; <i>Apc</i> ^{fl/fl}	Jackson Labs	N/A
<i>DoubleMut</i> : CDX2-ER ^{T2} Cre; <i>Apc</i> ^{fl/fl} ; <i>Trp53</i> ^{fl/fl}	Jackson Labs	N/A
<i>TripleMut</i> : <i>Apc</i> ^{fl/fl} ; <i>Trp53</i> ^{fl/fl} ; <i>Kras</i> ^{LSLG12D}	Jackson Labs	N/A
Oligonucleotides		
List of primers	Supplemental Table 6	N/A