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Cyclosporin versus tacrolimus for liver transplanted patients (Review)

Haddad E, McAlister V, Renouf E, Malthaner R, Kjaer MS, Glud LL

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[Intervention Review]

Cyclosporin versus tacrolimus for liver transplanted patients

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ABSTRACT

Background

Most liver transplant recipients receive either cyclosporin or tacrolimus to prevent rejection. Both drugs inhibit calcineurin phosphatase which is thought to be the mechanism of their anti-rejection effect and principle toxicities. The drugs have different pharmacokinetic profiles and potencies. Several randomised clinical trials have compared cyclosporin and tacrolimus in liver transplant recipients, but it remains unclear which is superior.

Objectives

To evaluate the beneficial and harmful effects of immunosuppression with cyclosporin versus tacrolimus for liver transplanted patients.

Search methods

The Cochrane Hepato-Biliary Group Controlled Trials Register, the Cochrane Central Register of Controlled Trials in The Cochrane Library, MEDLINE, EMBASE, and Science Citation Index Expanded, and conference proceedings were searched (August 2005) to identify relevant randomised clinical trials. Our search included scanning of reference lists in relevant articles and correspondence with investigators and pharmaceutical companies.

Selection criteria

All randomised clinical trials where tacrolimus was compared with cyclosporin for the initial treatment of first-time liver transplant recipients. We included randomised trials irrespective of blinding, language, and publication status.

Data collection and analysis

The primary outcome measure was all-cause mortality. Data were synthesised (fixed-effect model) and results expressed as relative risk (RR), values less than 1.0 favouring tacrolimus, with 95% confidence intervals (CI). Two authors assessed trials for eligibility, quality, and extracted data independently.

Main results

We included 16 randomised trials. The number of deaths was 254 in the tacrolimus group (1899 patients) and 302 in the cyclosporin group (1914 patients). At one year, mortality (RR 0.85, 95% CI 0.73 to 0.99) and graft loss (RR 0.73, 95% CI 0.61 to 0.86) were significantly reduced in tacrolimus-treated recipients. Tacrolimus reduced the number of recipients with acute rejection (RR 0.81, 95% CI 0.75 to 0.88), and steroid-resistant rejection (RR 0.54, 95% CI 0.47 to 0.74) in the first year. Differences were not seen with respect to lymphoproliferative disorder

or de-novo dialysis rates, but more de-novo insulin-requiring diabetes mellitus (RR 1.38, 95% CI 1.01 to 1.86) occurred in the tacrolimus group. More patients were withdrawn from cyclosporin therapy than from tacrolimus (RR 0.57, 95% CI 0.49 to 0.66).

Authors' conclusions

Tacrolimus is superior to cyclosporin in improving survival (patient and graft) and preventing acute rejection after liver transplantation, but it increases the risk of post-transplant diabetes. Treating 100 recipients with tacrolimus instead of cyclosporin would avoid acute rejection and steroid-resistant rejection in nine and seven patients, respectively, and graft loss and death in five and two patients, respectively, but four additional patients would develop diabetes after liver transplantation.

PLAIN LANGUAGE SUMMARY

Tacrolimus is superior to cyclosporin in improving patient survival, graft survival, and in preventing acute rejection after liver transplantation, but increases post-transplant diabetes

Almost every liver transplant recipient takes either cyclosporin or tacrolimus to prevent rejection of the graft. This is a review of the clinical trials that compared patients initially prescribed one of the two anti-rejection drugs after liver transplantation. Sixteen trials (3813 participants) were included. The review shows that tacrolimus is marginally better than cyclosporin at preventing patient death and graft loss. Tacrolimus is substantially better than cyclosporin at preventing rejection. No differences were seen between the drugs with respect to adverse events (renal failure, lymphoproliferative disorder) except for diabetes mellitus, which was more common with tacrolimus. After liver transplantation more patients stayed on tacrolimus than on cyclosporin. Tacrolimus is more beneficial than cyclosporine and should be considered the treatment of choice after liver transplantation. This review does not evaluate the benefit or harm of switching from one anti-rejection drug to another.

BACKGROUND

Cyclosporin was introduced as primary immunosuppressant after liver transplantation instead of azathioprine over 20 years ago without testing in randomised clinical trials because of perceived transparent benefit (Starzl 1985). About 10 years ago, the first randomised clinical trials of immunosuppression after liver transplantation compared tacrolimus versus cyclosporin. Two large registration trials showed a reduction in the rate of acute rejection with tacrolimus, but reductions in post-transplantation mortality and graft loss were not statistically significant (European Study 1994; U. S. Study 1994). Subsequently both tacrolimus and cyclosporin were found to have a common mechanism of action (ie, inhibition of calcineurin phosphatase) even though they bound different intra-cellular proteins. These intra-cellular proteins belong to the immunophilin family. Cyclosporin binds cyclophilin and tacrolimus binds FKBP12 (Siekierka 1992). The role of immunophilin binding in the mechanism of toxicity is not clear, but it may allow for a different side effect profile of these drugs, which are now known as calcineurin inhibitors. For instance, cyclosporin is known to cause hirsutism whereas tacrolimus either has no effect or causes hair loss. Therefore, cyclosporin and tacrolimus may have different benefit and harm profiles, but to date randomised clinical trials have not shown statistically significant differences in major outcomes after liver transplantation. A systematic review of cyclosporin versus tacrolimus for kidney transplanted patients has been conducted (Knoll 1999; Webster 2005), but we have not identified previous meta-analyses or systematic reviews for liver transplanted patients (Knoll 1999).

OBJECTIVES

To evaluate the beneficial and harmful effects of immunosuppression with cyclosporin versus tacrolimus for liver transplanted patients.

METHODS

Criteria for considering studies for this review

Types of studies

Randomised clinical trials were included irrespective of language or publication status (ie, unpublished trials, abstracts, or full paper articles).

Types of participants

We included patients undergoing their first liver transplantation. Patients were excluded if they were undergoing multi-organ transplantation, had previously received a liver transplant, or were receiving an ABO-incompatible transplant.

Types of interventions

We included randomised comparisons of tacrolimus versus cyclosporin. The dose and duration of therapy were considered in our inclusion criteria, but were to be evaluated in subgroup analyses. Collateral interventions were allowed if received by all intervention arms with the exception of azathioprine administration, which was to be evaluated in subgroup analyses.

Types of outcome measures

The following outcome measures were evaluated one year after randomisation.

- (1) All-cause mortality (primary outcome measure)
- (2) Graft loss
- (3) Rejection
- (4) Steroid-resistant rejection (as defined by each study)
- (5) New-onset diabetes (as defined by each study)
- (6) New-onset dialysis-dependent renal failure
- (7) Post-transplant lymphoproliferative disease
- (8) Dose reductions due to adverse events
- (9) Withdrawals and dropouts.

In studies where one year follow-up was not available even after correspondence with the principal investigator, those outcomes that are available at the nearest time point to one year were included in the general and sub-group analyses.

Search methods for identification of studies

S Klingenberg, the Trials Search Coordinator, performed electronic searches using search strategies as revised by the authors. E Haddad and V McAlister evaluated whether these trials fulfilled the inclusion criteria. The search results and selections were monitored by all authors.

The Cochrane Hepato-Biliary Group Controlled Trials Register (August 2005), the Cochrane Central Register of Controlled Trials (CENTRAL) in The Cochrane Library (Issue 3, 2005), MEDLINE (1950 to August 2005), EMBASE (1980 to August 2005), and Science Citation Index Expanded (1945 to August 2005) (Royle 2003) were searched using the strategies as described in Appendix 1. E Renouf scanned bibliographies in relevant articles and conference proceedings (Transplantation Society biannual meetings 1988 to 2004; International Liver Transplantation Society Congress 1995 to 2004). V McAlister wrote to authors of included trials and pharmaceutical companies that are involved in the production of tacrolimus or cyclosporin.

Data collection and analysis

The present review was performed following the recommendations of The Cochrane Collaboration (Higgins 2005). Identified trials were listed and their fulfilment of the inclusion criteria assessed by V McAlister. Excluded trials were listed with the reason for exclusion.

Data extraction

E Haddad and V McAlister independently extracted data using standardised extraction forms. E Renouf prepared copies of the reports that were blinded with regard to place of publication, authors, and their affiliation for the primary data extraction process. Data extraction results were monitored by all authors. Disagreements were resolved by discussion. V McAlister wrote to investigators and to the sponsoring companies of included trials to ask for data that were not presented in the published reports.

From each trial, we extracted the following characteristics of the included:

- Patients (inclusions and exclusion criteria, mean age, proportion of men, aetiology of liver disease, creatinine pre-op and at one year;

- Interventions (dose and duration, concomitant therapy, maintenance drug dose, maintenance drug level);
- Trials (setting, methodological quality, publication status, duration of follow-up, and all outcomes).

Methodological quality

Randomisation and follow-up were extracted as measures of methodological quality (Kjaergard 2001) using the definitions listed below.

Generation of the allocation sequence

This is the procedure used to create a random sequence ensuring that each patient has a known, unpredictable, and usually equal chance of being assigned to intervention groups. The allocation sequence generation was classified as adequate (if the allocation sequence was generated by a computer or random number table), unclear (if the trial was described as randomised, but the method used for the allocation sequence generation was not described), or inadequate (if a system involving dates, names, or admittance numbers were used).

Allocation concealment

This is the procedure used to conceal the allocation sequence from the investigators who assign patients to the intervention groups. The allocation concealment was classified as adequate (if the allocation of patients involved a central independent unit, sealed envelopes, on-site locked computer, or identically appearing numbered drug bottles or containers prepared by an independent pharmacist), unclear (if the trial was described as randomised, but the method used to conceal the allocation was not described), or inadequate (if the trial was quasi-randomised).

Blinding

Considering the nature of the intervention, we expected that none of the eligible trials will be double blind. Blinding was therefore not included in our assessment of methodological quality.

Follow-up

We extracted the number and reasons for all losses to follow-up to assess the risk of attrition bias.

Statistical analyses

The analyses were performed in RevMan Analysis 1.0 (RevMan 2003) and Stata version 6.0 for Windows. The number of events and number of patients in all intervention arms were used to calculate relative risks (RR) with 95% confidence intervals (CI). Risk differences with 95% CI were also analysed and tabulated for outcome differences. Continuous outcomes were presented as weighted mean differences (WMD) with 95% CI. Because we expected considerable homogeneity, data were combined in fixed-effect meta-analyses. Random-effects meta-analyses were performed as sensitivity analyses, but were only to be reported if the results differ significantly from the fixed-effect models. Intention-to-treat analyses including all patients irrespective of compliance or follow-up was performed. Carry forward of the last observed response was used for patients with missing data. For the primary outcome measure, evidence of publication bias and other biases was evaluated in regression analyses of funnel plot asymmetry. Sources of heterogeneity were evaluated through sensitivity, subgroup, and meta-regression analyses. The analyses included the extracted patient, intervention, and trial characteristics listed above as explanatory variables. V McAlister performed all meta-analyses in RevMan. LL Gluud

performed additional blinded statistical analyses including meta-regression and regression analyses of funnel plot asymmetry. The following subgroup analyses were carried out: paediatric recipients; patients infected with hepatitis C virus at the time of transplantation; trials using oil-based cyclosporine; trials where cyclosporine was combined with azathioprine; trials where tacrolimus and cyclosporine are combined with mycophenolate mofetil or sirolimus. Sensitivity analyses that combine outcomes from trials where follow-up data for one year were not available, even after correspondence with the principle investigator, were performed using a time point closest to one year (either less or more) that was available.

RESULTS

Description of studies

Searches performed on August 30, 2005 resulted in 717 hits. This yielded 114 reports when duplicates were removed. After initial review, 20 randomised trials were identified of which four were excluded on further examination because they were a review of other studies (Arnold 1995), a sub-analysis of another study (Loinaz 2001), or designed for other purposes, usually regarding perioperative care, without any of the outcomes being studied for inclusion in this systematic review (Ericzon 1997; Trull 2002). Data at one year after liver transplantation were available in all the remaining 16 trials, except for two in which data were only available at three months (Timmermann 2002) and at six months (Stegall 1997). In one trial data were available at one year with the exception of graft loss, which was only available at six months (Grazi 2004). After contacting principal investigators and sponsoring pharmaceutical companies supplementary information was supplied regarding eight reports (Fung 1991; Fisher 1998; Klupp 1999; Loinaz 2001; Muehlbacher 2001; Therapondos 2002; Greig 2003; Grazi 2004).

Included trials

The 16 included trials allocated 3813 participants of whom 1899 were randomised to tacrolimus and 1914 to cyclosporin. Seven of the trials were conducted at single centre sites (Fung 1991; Stegall 1997; Fisher 1998; Zervos 1998; Klupp 1999; Rolles 1999; Therapondos 2002), while the remaining nine trials were multi-centred. In all, the trials involved 59 liver transplantation centres in 18 countries. Most of the randomised trials restricted enrolment to adults, but one included children (U. S. Study 1994) and one was restricted to children (Kelly 2004). Hepatitis C virus (HCV) cirrhosis was the commonest indication for transplantation in studies after 1994; two randomised trials confined entry to patients with hepatitis C virus (HCV) (Zervos 1998; Martin 2004); only one other trial identified the outcome in patients with HCV (Grazi 2004). The three earliest trials with 1157 participants compared tacrolimus with the original oil based formulation of cyclosporin (Sandimmun®) (Fung 1991; European Study 1994; U. S. Study 1994) whereas the other 15 trials with 1656 participants compared tacrolimus with the microemulsion formulation (Neoral®). Concomitant immunosuppression given to all patients (both study groups, all participating centres) included corticosteroids (all trials except Rolles 1999); azathioprine (O'Grady 2002; Therapondos 2002; Greig 2003; Martin 2004), and mycophenolate mofetil (Stegall 1997; Fisher 1998; Klupp 1999). In one multi-centred trial, azathioprine was given only in some centres but to both study groups (Grazi 2004). In five trials, azathioprine was given only to cyclosporin treated patients

according to local practice (European Study 1994; U. S. Study 1994; Muehlbacher 2001; Timmermann 2002; Kelly 2004). All of the trials used trough level monitoring to guide cyclosporin and tacrolimus dosing except one trial (Grazi 2004), which used the two hour post-dose level to guide the dose of cyclosporin.

Risk of bias in included studies

Allocation concealment was adequate in most trials. The method of allocation concealment was not specified in three trials (Stegall 1997; Zervos 1998; Rolles 1999). All of the trials were open labelled because of the need for therapeutic drug monitoring. Intention-to-treat analysis was available in all the trials. Follow-up data were complete for patient and graft survival (primary outcome) and for rejection, but reduced in all other categories. In one trial graft survival was only reported at six months, but all other data were available at 12 months after transplantation (Grazi 2004).

Effects of interventions

The primary outcome favoured tacrolimus. Mortality at one year was reduced by 15% in the tacrolimus patients (comparison 01.01: RR 0.85, 95% CI 0.73 to 0.99). Graft survival was reported in 15 trials favouring tacrolimus with 22% less grafts lost (comparison 01.02: RR 0.78, 95% CI 0.68 to 0.89). Rejection and steroid resistant rejection were reduced by 18% and 43%, respectively, in the tacrolimus treated recipients (comparison 01.03: RR 0.82, 95% CI 0.77 to 0.88; comparison 01.04: RR 0.57, 95% CI 0.46 to 0.71). These results are from intention-to-treat analyses. Substantially more patients discontinued cyclosporin than tacrolimus (comparison 01.10: RR 0.65, 95% CI 0.57 to 0.74). However, the rate of new-onset diabetes was increased by 27% in the tacrolimus-treated patients (comparison 01.08: RR 1.27, 95% CI 1.12 to 1.44).

No differences were seen in the rates of chronic renal failure requiring dialysis (comparison 01.05: RR 1.55, 95% CI 0.64 to 3.78) or of lymphoproliferative disorder after liver transplantation (comparison 01.09: RR 1.01, 95% CI 0.36 to 2.86). Differences in the serum creatinine at one year favouring tacrolimus were not statistically significant, but data were available from only two trials with a total of 672 patients (comparison 01.07: RR, -2.67 mmol/L, 95% CI -9.55 to 4.22). Insufficient data were reported regarding other adverse events for systematic analysis, but the data are included in the characteristics of included trials table.

The number of deaths was 254 in the tacrolimus group (1899 patients) and 302 in the cyclosporin group (1914 patients). The actual number of patients and events are presented in Table 1 with the absolute risk differences and 95% CI. Treating 100 recipients with tacrolimus instead of cyclosporin would avoid rejection and steroid-resistant rejection in nine and seven patients, respectively, and graft loss and death in five and two patients, respectively, but four additional patients would develop diabetes after liver transplantation.

Regression asymmetry tests showed no significant evidence of publication bias or other biases ($P = 0.33$). In meta-regression analyses the treatment effect was not significantly associated with the allocation sequence generation (regression coefficient -0.022, 95% CI -0.57 to 0.52) or allocation concealment (regression coefficient -0.17, 95% CI -0.48 to 0.15). Identical results for the primary outcome were found whether fixed-effect or random-effects meta-analyses were used because the studies lack

heterogeneity, $I^2 = 0\%$. Random-effects meta-analyses did not change the other outcomes.

Stratified analyses showed that the heterogeneity of the trials and the outcomes were not altered by inclusion of the following subgroups: (1) oil-based cyclosporin (comparison 02) (Fung 1991; European Study 1994; U. S. Study 1994); (2) trials with children (comparison 03) (U. S. Study 1994; Kelly 2004), and (3) trials not reporting 12 month data (comparison 04) (Stegall 1997; Timmermann 2002; Grazi 2004). Separate analyses of these subgroups showed similar results to the rest of the trials except that some subgroups were of insufficient size for the differences to be statistically significant. Stratified analysis of trials confined to patients with HCV (Zervos 1998; Martin 2004) did not alter the result when combined with the other trials, all of which included patients with HCV and other diagnoses (comparison 05). Stratified analysis of the different protocols of concomitant immunosuppression with azathioprine or mycophenolate mofetil also showed similar results in each subgroup, but the sample sizes were much reduced by the stratification (comparison 06). Reporting of actual doses and levels of drug used was too sparse to permit more detailed analysis, and the results are given in the characteristics table of each trial. Similarly, other adverse events, which were not reported regularly enough for comparison, are reported in the characteristics table of each trial.

DISCUSSION

Cyclosporin was introduced, without the benefit of clinical trial, into care of the recipient after liver transplantation. Even at the time that tacrolimus was developed, considerable hesitancy remained regarding the robustness of liver transplantation to allow for randomisation. This concern is apparent in a description of the earliest randomised trial in this review (Fung 1991) and in a discussion of the two registration randomised clinical trials of tacrolimus (Starzl 1995). In the succeeding decade, a further 13 randomised clinical trials of tacrolimus versus cyclosporin in liver transplantation were performed indicating increasing comfort with the procedure. This systematic review shows why this occurred. Outcomes after liver transplantation are very good. Overall patient and graft survival rates are 85% and 80%, respectively.

The superiority of tacrolimus over cyclosporin after liver transplantation has to be considered in the context of these excellent overall results. Calculating the risk difference of each treatment helps us understand its impact. Treating 100 liver recipients with tacrolimus instead of cyclosporin would result in two less deaths, five less graft losses, nine less patients with acute rejection, and seven less with steroid-resistant rejection, but four more patients would develop diabetes. The ranges suggested by 95% CI for these risk differences are included in Table 1.

More heterogeneity between the trials is seen in rejection than in other outcomes. One source of heterogeneity here may be the variable rates of rejection observed in each trial. This is probably due to the evolution of rejection diagnosis over time. Definition of rejection was standardised within trials, but not between trials. The rate of diagnosis of rejection appears to be lower in more recent trials than in earlier ones, even though the immunosuppressive protocols are similar. This might be due to improved differential diagnostic ability and a reduced liver biopsy rate, but these features are beyond the scope of this review. There was no evidence that different criteria were applied to recipients of either tacrolimus or

cyclosporin in the trials. Despite the heterogeneity, a consistent finding in each trial was a clinically and statistically significantly lower rate of rejection in liver transplant recipients randomised to tacrolimus.

Relatively few trials excluded adjuvant immunosuppression with either azathioprine or mycophenolate mofetil. Several trials permitted use of azathioprine in cyclosporin, but not tacrolimus treated patients at centres where this was the normal practice. One trial permitted this use of azathioprine at certain centres only if it were also prescribed to tacrolimus recipients. More recently trials of concomitant mycophenolate mofetil given to both groups have been performed. Stratification of the analyses according to the different forms of adjuvant immunosuppression reduced the sample size so that conclusions cannot be drawn with respect to mortality, but most of the other comparisons did not show any impact of adjuvant immunosuppression on the differences reported above between cyclosporin and tacrolimus.

The outcomes studied are reported on the basis of intention to treat. Cyclosporin discontinuation does not ameliorate the disadvantage associated with that group. The benefit of switching from cyclosporin to tacrolimus or vice versa cannot be evaluated from these trials. This review looked at outcomes one year after transplantation. The impact of diabetes may not be manifest for many years. The risk of post-transplant lymphoproliferative disorder persists beyond one year, so that outcomes for the groups with respect to that comparison may change. Similarly the risk of calcineurin inhibitor related nephrotoxicity may increase with time. The results of this review must be considered in the context of possible long-term outcomes.

The involvement of the majority of transplant centres throughout the world in the randomised trials reviewed combined with the lack of heterogeneity of the trials support the veracity of this review. Very similar results with respect to graft survival, rejection, and diabetes were achieved by a recent Cochrane review of tacrolimus and cyclosporin in kidney transplantation ([Webster 2005](#)). Both cyclosporin and tacrolimus are immunosuppressive because they inhibit calcineurin phosphatase in lymphocytes. Inhibition of the same pathway in the beta-cells of the pancreas reduces insulin

production. The superior effect of tacrolimus in the prevention of rejection was accompanied by an increase in the rate of diabetes in this review and in the kidney transplantation meta-analysis ([Webster 2005](#)). The difference between cyclosporin and tacrolimus may, therefore, be related to the potency of calcineurin phosphatase inhibition. Insufficient data regarding exposure to cyclosporin or tacrolimus were reported to know if the outcomes would merge with particular dosing protocols. The higher rate of cyclosporin discontinuation seen consistently throughout the reviews suggests that clinicians find it more difficult to achieve the balance between efficacy and unwanted effects with that medication than with tacrolimus. Differences between cyclosporin or tacrolimus in pharmacokinetic profiles or in secondary adverse events may account for this difficulty.

AUTHORS' CONCLUSIONS

Implications for practice

Tacrolimus is superior to cyclosporin in patients after liver transplantation. Liver transplant recipients on tacrolimus need careful monitoring for the development of diabetes.

Implications for research

More research with cyclosporin and tacrolimus is required to disassociate the unwanted effects of calcineurin inhibition from the intended immunosuppressive effect. These investigations may exploit the different pharmacokinetic profiles, different drug interactions, and different adverse effect profiles of cyclosporin and tacrolimus to maintain maximum patient and graft survival with minimum adverse events.

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* Indicates the major publication for the study

CHARACTERISTICS OF STUDIES

Characteristics of included studies [ordered by study ID]

European Study 1994

Methods	<p>Generation of the allocation sequence: adequate. Randomly assigned to treatment within centres in blocks of 4, each block containing an equal number allocated to the 2 treatment groups; stratified for the presence of fulminant hepatic failure.</p> <p>Allocation concealment: adequate. Third party allocation.</p> <p>Blinding: not performed.</p> <p>Follow-up: adequate.</p>
Participants	<p>Country: Eight centres in four European countries.</p> <p>Language: English.</p> <p>Inclusion criteria: Male and female patients, aged 18 to 70, undergoing primary isolated liver transplantation.</p> <p>Exclusion criteria / diagnoses: vasculitis, primary liver cancer with metastases, HIV, treatment with an investigational agent.</p> <p>Allocation: tacrolimus n = 264; cyclosporin n = 265.</p>
Interventions	<p>Tacrolimus protocol:</p> <ul style="list-style-type: none"> - 0.075 mg/kg IV over 4 hours q 12 h for 3 days then conversion to oral at 0.30 mg/kg/d - during the study changes to the tacrolimus regimen resulted in a lower daily dose - all tacrolimus patients also received IV methylprednisolone at 10 mg/kg intra-op or post-op (single dose) followed by 20 mg/d prednisolone or equivalent methylprednisolone if patient unable to take oral - steroids tapered and withdrawal was acceptable. <p>Cyclosporin protocol:</p> <ul style="list-style-type: none"> - cyclosporin formulation: oil-based - centre dependent - 1 to 6 mg/kg IV or 8 to 15 mg/kg oral - all cyclosporin patients also received azathioprine from 1 to 3 mg/kg, steroids from 0.5 to 2.0 mg/kg - in three centres the cyclosporin patients received ATG 5 mg/kg/d for 1 week . <p>Concomitant immunosuppression: steroids to all patients; antithymocyte globulin to both groups at 3 centres; azathioprine to cyclosporin recipients according to local practice.</p>
Outcomes	<ul style="list-style-type: none"> - patient survival - graft survival - acute rejection - refractory rejection - chronic rejection - insulin dependent DM - creatinine - infection - withdrawal - impaired renal function - neurologic complications - hirsutism
Notes	<p>Follow-up: 12 months</p> <p>Other adverse events: tremor - tacrolimus (127/264); cyclosporin (85/265) paraesthesia - tacrolimus (45/264), cyclosporin (44/265)</p>

European Study 1994 (Continued)

infection - tacrolimus (99/264); cyclosporin (107/265)
cytomegalovirus - tacrolimus (41/264); cyclosporin (58/265)
pneumonia - tacrolimus (43/264); cyclosporin (56/265).

Risk of bias

Bias	Authors' judgement	Support for judgement
Allocation concealment?	Low risk	A - Adequate

Fisher 1998

Methods	<p>Generation of the allocation sequence: adequate. Random numbers.</p> <p>Allocation concealment: adequate. Third party allocation.</p> <p>Blinding: not performed.</p> <p>Follow-up: adequate.</p> <p>Analysis: intention to treat.</p>
Participants	<p>Country: USA.</p> <p>Language: English.</p> <p>Inclusion criteria: adult patients, male and female, undergoing orthotopic liver transplantation.</p> <p>Exclusion criteria: not specified.</p> <p>Allocation: tacrolimus n = 49; cyclosporin n = 50.</p>
Interventions	<p>Tacrolimus protocol:</p> <ul style="list-style-type: none"> - 0.15 mg/kg/d orally twice per day started on day 2 to maintain blood levels of 10 to 15 ng/ml for 2 months and 5 to 10 ng/ml thereafter. <p>Cyclosporin protocol:</p> <ul style="list-style-type: none"> - cyclosporin formulation: microemulsion - cyclosporin 8 to 10 mg/kg/d orally twice per day starting on day 2 to maintain blood level of 300 to 400 ng/ml for 2 months and 200 to 300 ng/ml thereafter: <p>Concomitant immunosuppression: steroids all patients; MMF all patients.</p> <ul style="list-style-type: none"> - all patients received 1.5 g of MMF orally 4-6 hrs prior to transplantation; during 1st week MMF at 3 g/d if blood loss < 10 U and 2 g/d if >= 10 U; reduced to 2 g/d after 7 days and 1 g/d by 6 months (decreased by 50% or discontinued if WBC < 4) - prednisone was tapered to 20 mg/d by day 18, 7.5 mg/d by 3 months, 5 mg/d by 6 months - patients received PGE1 as a continuous central venous infusion over 5 to 7 days beginning at 10 ug/hr (dose dependant on SBP, plts, diarrhoea). PGE1 was stopped or restarted at a lower dose if SBP < 100 mmHg, plt < 60,000 or incapacitating diarrhoea - CMV treatment and prophylaxis regimens (details in article) - HBV treatment of positive patients.
Outcomes	<ul style="list-style-type: none"> - patient survival - graft survival - acute rejection - steroid resistant rejection - ALT, AST, ALP, total bilirubin - serum creatinine - haemoglobin, WBC

Fisher 1998 (Continued)

- hypertension, hypercholesterolaemia, DM, BMI
- conversion
- readmission

Notes

Follow-up: initial report 6 months, later report at 4 years.

Correspondence with principle investigator: May 2004 regarding 12 month outcomes
Other adverse events (at 6 months):
Infections - tacrolimus (24/49); cyclosporin (30/50)
CMV - tacrolimus (3/49); cyclosporin (9/50).

Risk of bias

Bias	Authors' judgement	Support for judgement
Allocation concealment?	Low risk	A - Adequate

Fung 1991

Methods

Generation of the allocation sequence: adequate, computer program implemented the block randomisation technique.

Allocation concealment: adequate, sealed envelope each containing a single treatment assignment.

Blinding: not performed.

Follow-up: adequate.

Analysis: intention to treat.

Participants

Country: USA.

Language: English.

Inclusion criteria: All male and female patients, from 16 to 60 years, undergoing primary isolated liver transplantation.

Exclusion criteria / diagnoses: hepatitis B virus; cancer; infection; advanced renal failure; coma; previous hepatic surgery; pregnancy or nursing.

Allocation: tacrolimus n = 41; cyclosporin n = 40.

Interventions

Tacrolimus protocol:

- 0.1 mg/kg IV over 24 hours beginning 4 hours after the revascularization of the new liver and continued daily until they were able to take po meds, then 0.15 mg/kg po q 12 h
- maintain trough levels from 1.0 to 5.0 ng/ml.

Cyclosporin protocol:

- cyclosporin formulation: oil-based
- 4 mg/kg IV over 24 hours, beginning 4 hours after revascularization until patient was able to take po meds, then 8 mg/kg po q 12 h to maintain trough level of 800 to 1500 ng/ml x 2 months then decrease dose to maintain trough of 600 to 800 ng/ml thereafter:

Concomitant immunosuppression: steroids all patients.

-in both groups, single intra-op 1 g methylprednisolone followed by a daily dose of 20 mg/d until oral dose was started

- a dose of 10 mg/d was allowed at 2 weeks if no evidence of rejection

- a further reduction to 5 mg/d was allowed at the end of 1 month if no evidence of rejection

Fung 1991 (Continued)

- patients were taken off steroids if there was no evidence of rejection.

Outcomes

- patient survival
- graft survival
- graft rejection
- steroid resistant rejection
- conversion
- serum creatinine
- dialysis
- CMV, TB, HCV, HBV, HSV infection
- PTLD.

Notes

Follow-up: 12 months.

Correspondence with principle investigator: May 2004 regarding 12 month outcomes.

Risk of bias

Bias	Authors' judgement	Support for judgement
Allocation concealment?	Low risk	A - Adequate

Grazi 2004

Methods

Generation of the allocation sequence: adequate, stratified according to hepatitis C virus.

Allocation concealment: adequate, central assignment.

Blinding: not performed.

Follow-up: adequate.

Analysis: intention to treat.

Participants

Country: Argentina, Australia, Austria, Belgium, Brazil, Canada, France, Germany, Italy, Japan, New Zealand, Norway, Spain, Sweden, Switzerland, United Kingdom, USA.

Language: English.

Inclusion criteria: All male and female patients, 18 to 75 years, undergoing primary isolated liver transplantation.

Exclusion criteria / diagnoses: ABO blood group incompatibility, non-heart-beating donor, cancer, HIV, unstable fulminant liver failure.

Allocation: cyclosporin n = 250; tacrolimus n = 245.

Interventions

Tacrolimus protocol:

- started within 24 hours of transplant
- from 0.1 to 0.15 mg/kg/d in 2 divided doses po
- after first dose adjusted in target range of 5 to 15 ng/ml at month 3 and from 5 to 12 ng/ml to month 6.

Cyclosporin protocol:

- cyclosporin formulation: microemulsion
- started within 24 hours of transplant
- from 10 to 15 mg/kg/d in 1 divided doses po
- after first dose adjusted to achieve target range of 0.8 to 1.2 ug/ml to month 3 and from 0.7 to 0.9 ug/ml to month 6.

Grazi 2004 (Continued)

Concomitant immunosuppression: steroids all patients; azathioprine according to local centre practice but had to be the same for both arms at that centre.

Tacrolimus actual:

- approximated from figure 1
- dose at 1 month 8.29 mg/kg/d (SD 4)
- dose at 3 months 5.14 mg/kg/d (SD 2.14)
- dose at 6 months 4.57 mg/kg/d (SD 1.71)
- level at 1 month 1157 ng/ml (SD 371)
- level at 3 months 942.9 ng/ml (SD 286)
- level at 6 months 771.4 ng/ml (SD 343).

Cyclosporin actual:

- approximated from figure 1
- dose at 1 month 0.13 mg/kg/d (SD 0.066)
- dose at 3 months 0.12 mg/kg/d (SD 0.066)
- dose at 6 months 0.109 mg/kg/d (SD 0.057)
- level at 1 month 11.14 ng/ml (SD 4)
- level at 3 months 9.7 ng/ml (SD 3.7)
- level at 6 months 9.5 ng/ml (SD 3.4)
- can use IV dose of cyclosporin or tacrolimus
- all received steroids, 1 g methylprednisolone intra-op, day 1 200 mg/d or 3 mg/kg/d of prednisone, tapered to a level from 10 to 20 mg by day 7 to end of first month. During second and third month dose was 7.5 to 15 mg/d. End of third month onward 5 to 10 mg/d
- withdrawal of steroids not permitted during first 6 months
- for HVC patients steroids adjusted to local practice
- no MMF or induction therapy
- for patient given antithymocyte globulin, antilymphocyte globulin or OKT3 for rejection, cyclosporin or tacrolimus could be stopped for up to 14 consecutive days
- dose of azathioprine according to local practice, but had to be the same for all patients in both arms within each centre.

Outcomes	<ul style="list-style-type: none"> - patient survival - graft survival - acute rejection - serum creatinine - malignancy - diabetes - hyperlipidaemia - hypertension.
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Notes	Follow-up: 6 months in first published report; 12 month data reported by abstract.
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Correspondence with sponsor regarding 12 month outcomes, August 2004.

Other adverse events:

- Event - tacrolimus (n = 254); cyclosporin (250)
- Any infection - 148; 158
- Neoplasm - 3; 5
- Hypertension - 89; 105
- Diarrhoea - 70; 34
- Convulsions - 15; 14
- Headache - 45; 42
- Psychiatric disorders - 121; 109
- Hirsutism - 0; 10
- Alopecia - 4; 5
- Gingival hyperplasia - 0; 5
- Pruritus - 19; 13.

Risk of bias

Grazi 2004 (Continued)

Bias	Authors' judgement	Support for judgement
Allocation concealment?	Low risk	A - Adequate

Greig 2003

Methods	<p>Generation of the allocation sequence: adequate, stratified by centre.</p> <p>Allocation concealment: adequate, central assignment.</p> <p>Blinding: not performed.</p> <p>Follow-up: adequate.</p> <p>Analysis: intention to treat.</p>
Participants	<p>Country: Canada, multiple centres.</p> <p>Language: English.</p> <p>Inclusion criteria: All male and female patients, over 16 years, undergoing primary isolated liver transplantation.</p> <p>Exclusion criteria / diagnoses: ABO blood group incompatibility, advanced renal failure, cancer, acute pancreatitis, life expectancy less than 2 weeks.</p> <p>Allocation: tacrolimus n = 71; cyclosporin n = 72.</p>
Interventions	<p>Tacrolimus protocol: - from 0.1 to 0.15 mg/kg/d divided twice daily NG/po to maintain target trough of 10 to 20 ng/ml during 1st month and from 5 to 15 ng/ml thereafter</p> <p>Cyclosporin protocol: - cyclosporin formulation: microemulsion - from 10 to 15 mg/kg/d divided twice daily NG/po to maintain target trough of 300 to 400 ng/ml days 1 to 14, from 250 to 350 ng/ml days 15 to 28, from 200 to 300 ng/ml days 29 to 90 and from 100-250 ng/ml thereafter:</p> <p>Concomitant immunosuppression: steroids all patients; azathioprine all patients.</p> <p>Tacrolimus actual: - approximated from Figure 2 - dose at 1 month 14 mg (SD 6.5) - dose at 3 months 11 mg (SD 6.0) - dose at 6 months 9 mg (SD 5.5) - dose at 12 months 7 mg (SD 5.0) - trough at 1 month 12.5 ng/ml - trough at 3 months 11.75 ng/ml - trough at 6 months 11.75 mg/ml - trough at 12 months 10 ng/ml.</p> <p>Cyclosporin actual: - approximated from Figure 2 - dose at 1 month 517 mg (SD 150) - dose at 3 months 367 mg (SD 133) - dose at 6 months 300 mg (SD 83) - dose at 12 months 267 (SD 83) - trough at 1 month 320 ng/ml - trough at 3 months 245 ng/ml - trough at 6 months 230 ng/ml</p>

Greig 2003 (Continued)

- trough at 12 months 200 ng/ml
- all pts. received methylprednisolone or prednisone 1.0 mg/kg/d on day 1, 0.8 mg/kg/d on day 2, 0.6 mg/kg/d on day 3, 0.4 mg/kg/d on day 4, 0.3 mg/kg/d (usually 20 mg/d) thereafter during month 1; 0.2 mg/kg/d (usually 15 mg/d) during month 2 and 0.15 mg/kg/d (usually 10 mg/d) during month 3
- all pts. received azathioprine 1 mg/kg/d (usually 50, 75 or 100 mg/d) NG/po
- IV tacrolimus (0.025 mg/kg/d) or cyclosporin A (from 1 to 2 mg/kg/d) was used after the 1st 48 hours only if adequate trough levels could not be reached with the enterally administered drug.

Outcomes	<ul style="list-style-type: none"> - patient survival - graft survival - acute rejection - steroid resistant rejection - steroid withdrawal - dialysis - diabetes - creatinine - PTLD - coma, seizures, confusion, delirium, hallucinations, psychosis, depression, anxiety/nervousness, insomnia, somnolence, tremor, headache - viral, bacterial and fungal infection.
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Notes	<p>Follow-up: 12 months.</p> <p>Correspondence with sponsor: June 2004 regarding 12 month outcomes.</p> <p>Other adverse events (only % reported):</p> <p>Events - tacrolimus; cyclosporin</p> <p>Coma - 0; 7%</p> <p>Seizures - 3%; 3%</p> <p>Confusion - 23%; 30%</p> <p>Delirium - 4%; 7%</p> <p>Hallucinations - 14%; 13%</p> <p>Psychosis - 1%; 1%</p> <p>Depression - 24%; 18%</p> <p>Anxiety - 63%; 48%</p> <p>Insomnia - 66%; 46%</p> <p>Somnolence - 10%; 13%</p> <p>Tremor - 63%; 57%</p> <p>Headache - 75%; 64%</p> <p>Viral infections - 61%; 49%</p> <p>Bacterial infections - 76%; 69%</p> <p>Fungal infections - 24%; 25%.</p>
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Risk of bias

Bias	Authors' judgement	Support for judgement
Allocation concealment?	Low risk	A - Adequate

Kelly 2004

Methods	<p>Generation of the allocation sequence: adequate, stratified by age (< or => 3 years), type of donation, and treatment centre.</p> <p>Allocation concealment: adequate, central assignment.</p> <p>Blinding: not performed.</p> <p>Follow-up: adequate.</p>
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Cyclosporin versus tacrolimus for liver transplanted patients (Review)

Kelly 2004 (Continued)

Analysis: intention to treat.

Participants	<p>Country: Europe, multiple centres.</p> <p>Language: English.</p> <p>Inclusion criteria: All male and female patients, 16 years or younger, undergoing primary isolated liver transplantation.</p> <p>Exclusion criteria / diagnoses: ABO blood group incompatibility, infections, HIV, cancer or history of cancer, history of sensitivity to test agents.</p> <p>Allocation: tacrolimus n = 91; cyclosporin n = 90.</p>
Interventions	<p>First dose was to be given within 6 hours of transplantation.</p> <p>Tacrolimus protocol: - tacrolimus 0.3 mg/kg per day (po,NG, NJ) in two divided doses (doses adjusted to maintain trough of 10 to 20 mg/L in first 2 weeks, from 10 to 15 mg/L during weeks 3 to 4, from 5 to 15 mg/L during months 2 to 3 and from 5 to 10 mg/L thereafter)</p> <p>Cyclosporin protocol: - cyclosporin formulation: microemulsion - 10 mg/kg/d given in two divided doses (rest of doses adjusted to maintain trough of 250-350 mg/L within first 2 weeks, from 200-300 mg/L during weeks 3 to 12, from 150-200 mg/L during months 4 to 12 and from 100-150 mg/L thereafter.</p> <p>Concomitant immunosuppression: steroids all patients; azathioprine to cyclosporin recipients according to local practice.</p> <p>Tacrolimus actual: - mean dose 0.28 mg/kg (SD 0.16) for month 1, 0.18 mg/kg (SD 0.11) months 10 to 12 - mean trough 13.9 mg/L (SD 3.1) month 1, 7.3 mg/L (SD 2.8 for months 10 to 12).</p> <p>Cyclosporin actual: - mean dose 16.17 mg/kg (SD 9.77) month 1, 8.86 mg/kg (SD 2.96) months 10 to 12 - mean trough 263.4 mg/l (SD 81.5) month 1, 144.0 mg/L (SD 34.9) months 10 to 12 - can obtain approximate 3 and 6 month data from figure 2 - both treatment groups received: IV methyl prednisolone 10 mg/kg intraop and 2 mg/kg per day days 1 to 6 - oral prednisolone was given at daily doses of 1 mg/kg at days 7-13, 0.75 mg/kg at days 14 to 20, 0.5 mg/kg at days 21 to 28 and 0.25 mg/kg at months 2 to 3. Thereafter, steroids could be tapered off in accordance with centres protocol - patients in cyclosporin group received azathioprine at 1.5 mg/kg/d for the first 3 months, thereafter, discontinuation was optional.</p>
Outcomes	<ul style="list-style-type: none"> - patient survival - graft survival - acute rejection - steroid resistant rejection - creatinine
Notes	<p>Follow-up: 12 months.</p> <p>Other adverse events: Event - tacrolimus (n = 91); cyclosporin (n = 90) Fever - 42; 46 Hypomagnesemia - 36; 26 Hypertension - 35; 42 Abnormal liver function tests - 34, 25 Anaemia - 26; 17 Diarrhoea - 24; 23</p>

Kelly 2004 (Continued)

Acidosis - 24; 15
 Sepsis - 20; 18
 Pleural effusion - 20; 17
 Ascites - 15; 18
 Hirsutism - 1; 25
 Gingival hypertrophy - 1; 8
 CMV infection - 14; 22
 EBV infection - 24; 10.

Risk of bias

Bias	Authors' judgement	Support for judgement
Allocation concealment?	Low risk	A - Adequate

Klupp 1999

Methods	<p>Generation of the allocation sequence: adequate, three-arm trial.</p> <p>Allocation concealment: adequate, sealed envelope.</p> <p>Blinding: not performed.</p> <p>Follow-up: adequate.</p> <p>Analysis: intention to treat.</p>
Participants	<p>Country: Germany, single centre.</p> <p>Language: English.</p> <p>Inclusion criteria: Male and female patients undergoing primary isolated liver transplantation.</p> <p>Exclusion criteria / diagnoses: not specified.</p> <p>Allocation: cyclosporin/MMF n = 40; tacrolimus/MMF n = 40; tacrolimus n = 40.</p>
Interventions	<p>Concomitant immunosuppression: steroids all patients; MMF all patients.</p> <p>Dosages of tacrolimus, cyclosporin and MMF according to usual protocol of centre, not given in report.</p> <p>All patients received low dose prednisone.</p> <p>Cyclosporin formulation: microemulsion</p>
Outcomes	<ul style="list-style-type: none"> - patient survival - graft survival - acute rejection - steroid resistant rejection - OKT3 rescue therapy - mean bilirubin - bile production - bacterial, CMV and fungal infection - switching from cyclosporin to tacrolimus and vice versa
Notes	<p>Follow up: 12 to 26 month outcomes reported. 12 month data supplied by principal investigator in April 2005.</p> <p>Other adverse events: Bacterial infections - tacrolimus (14/40); cyclosporin (20/40) CMV - tacrolimus (13/40); cyclosporin (11/40) Fungal infections - tacrolimus (8/20); cyclosporin (7/40).</p>

Klupp 1999 (Continued)

Risk of bias

Bias	Authors' judgement	Support for judgement
Allocation concealment?	Low risk	A - Adequate

Martin 2004

Methods	<p>Generation of the allocation sequence: adequate, stratified by centre.</p> <p>Allocation concealment: adequate, central randomisation.</p> <p>Blinding: not performed.</p> <p>Follow-up: adequate.</p> <p>Analysis: intention to treat.</p>
Participants	<p>Country: USA, multiple centres.</p> <p>Language: English.</p> <p>Inclusion criteria: All male and female patients with hepatitis C virus, 18 years or older, undergoing primary isolated liver transplantation.</p> <p>Exclusion criteria / diagnoses: ABO blood group incompatibility, Hepatitis B virus, HIV, cancer, pregnancy, lactation.</p> <p>Allocation: tacrolimus n = 38; cyclosporin n = 41.</p>
Interventions	<p>Tacrolimus protocol:</p> <ul style="list-style-type: none"> - started 12 hours after transplantation; from 0.1 to 0.15 mg/kg/d adjusted to maintain trough of 5 to 10 ng/mL for 1st 6 months and from 5 to 10 ng/ml for next 6 months. <p>Cyclosporin protocol:</p> <ul style="list-style-type: none"> - cyclosporin formulation: microemulsion - started 12 hours after transplantation; from 6 to 10 mg/kg/d adjusted to maintain trough of 200 to 250 ng/ml for first 6 months and 100 to 250 ng/ml for next 6 months: <p>Concomitant immunosuppression: steroids all patients; azathioprine all patients.</p> <ul style="list-style-type: none"> - all patients received periop parenteral steroids which were tapered to 20 mg/d orally on day 6 and decreased to 5 mg/d at day 90 - all patients received azathioprine - 2 mg/kg/d tapered to 1 mg/kg/d by day 7 and then withdrawn gradually after 60 days - no OKT3 was used for rejection.
Outcomes	<ul style="list-style-type: none"> - recurrence of histologically diagnosed hepatitis - time to hepatitis C virus recurrence - change in viral load - graft survival - patient survival - biopsy-proven rejection rate.
Notes	Follow-up: 12 months.

Risk of bias

Bias	Authors' judgement	Support for judgement
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Cyclosporin versus tacrolimus for liver transplanted patients (Review)

Martin 2004 (Continued)

Allocation concealment? Low risk A - Adequate

Muehlbacher 2001

Methods Generation of the allocation sequence: adequate, stratified by centre.

Allocation concealment: adequate, central randomisation.

Blinding: not performed.

Follow-up: adequate.

Analysis: intention to treat.

Participants Country: Europe, multiple centres.

Language: English.

Inclusion criteria: Adult patients, 18 years or older, undergoing primary isolated liver transplantation.

Exclusion criteria / diagnoses: pregnancy, intolerance of test agents, uncontrolled infection, HIV, extra-hepatic malignancy.

Allocation: tacrolimus n = 310; cyclosporin n = 305.

Interventions Tacrolimus protocol:
- 0.15 mg/kg/d adjusted to achieve trough of 10 to 20 ng/mL for the 1st month and from 5 to 15 ng/mL thereafter:

Cyclosporin protocol:
- cyclosporin formulation: microemulsion
- from 8 to 15 mg/kg adjusted to achieve trough 150-300 ng/mL throughout study.

Concomitant immunosuppression: steroids to all patients; azathioprine to cyclosporin recipients according to local practice.

Tacrolimus actual:
- mean dose at 1 year 0.07 (+/- 0.045) mg/kg
- mean trough levels at 1 year 9.15 (+/- 3.42) ng/mL.

Cyclosporin actual:
- mean dose at 1 year 3.3 (+/-1.29) mg/kg
- mean trough at 1 year 170 (+/- 63) ng/ml

- tapering steroid scheme
- 43% were off steroids in either group at 1 year.

Outcomes - patient survival
- graft survival
- acute rejection
- steroid resistant rejection
- hypertension
- need for oral antidiabetic drugs
- use of insulin.

Notes Follow-up: 3 months in first report and 12 months in abstract.

Correspondence with sponsor regarding protocol, 12 month data in June 2004.

Other adverse events (only % reported, only 3 month follow-up):

Muehlbacher 2001 (Continued)

Event - tacrolimus; cyclosporin
 Diarrhoea - 12.9%; 4.9%
 Biliary system abnormalities - 5.2%; 9.5%
 Hyperuricaemia - 1.3%; 3.9%.

Risk of bias

Bias	Authors' judgement	Support for judgement
Allocation concealment?	Low risk	A - Adequate

O'Grady 2002

Methods	<p>Generation of the allocation sequence: adequate, stratified and blocked randomised sequences using computer-generated random numbers. Allocation was stratified for emergency and elective transplantation within each centre: randomisation for elective treatment had an equal number of blocks of size 6, 8 and 10 and ER treatment had an equal number of blocks of size 4 and 6; blocks were ordered at random.</p> <p>Allocation concealment: adequate, serially numbered opaque envelopes.</p> <p>Blinding: not performed.</p> <p>Follow-up: adequate.</p> <p>Analysis: intention to treat.</p>
Participants	<p>Country: UK, multiple centres.</p> <p>Language: English.</p> <p>Inclusion criteria: All male and female patients, 18 years or older, undergoing primary isolated liver transplantation.</p> <p>Exclusion criteria / diagnoses: ABO blood group incompatibility, pregnancy, lactation, contraindication to test agents.</p> <p>Allocation: tacrolimus n = 301; cyclosporin n = 305.</p>
Interventions	<p>Preferred assignment within 6 hours of transplantation; initial dose po/NG/NJ within 48 hours of transplant.</p> <p>Tacrolimus protocol: - 0.1 mg/kg/d up to a maximum of 10 mg/d to maintain target trough level of 5 to 15 ug/L.</p> <p>Cyclosporin protocol: - cyclosporin formulation: microemulsion - 10 mg/kg/d divided q 12 h to maintain a target trough level of 200 to 300 ug/ml within the 1st month and from 150 to 250 ug/ml thereafter</p> <p>- prednisone in both groups tapering dose starting at 20 mg/day reducing to 7.5 mg/day at 3 months or equivalent dose of methylprednisolone or hydrocortisone - azathioprine in both groups at 1 mg/kg/day IV/po.</p>
Outcomes	<ul style="list-style-type: none"> - patient survival - graft survival - graft rejection - diabetes - renal function - neurological complications

O'Grady 2002 (Continued)

- body hair abnormalities
- malignant disease

Notes

Follow-up: 12 months.

Other adverse events:
 Event - tacrolimus (n = 301); cyclosporin (n = 306)
 Infection treated - 265; 263
 Seizures - 17; 11
 Neuropathy (by nerve conduction studies) - 3; 3
 Neuropathy (subjective) - 31; 27
 Psychosis - 20; 22
 Coma - 9; 8
 Headaches - 56; 52
 Pruritus - 33; 25
 Hypertension treated - 56; 70
 Hypertrichosis - 9; 25
 Alopecia - 20; 7.

Risk of bias

Bias	Authors' judgement	Support for judgement
Allocation concealment?	Low risk	A - Adequate

Rolles 1999

Methods

Generation of the allocation sequence: not clear.
 Allocation concealment: not clear.
 Blinding: not performed.
 Follow-up: adequate.
 Analysis: intention to treat.

Participants

Country: UK, single centre.
 Language: English.
 Inclusion criteria: Adult patients undergoing primary isolated liver transplantation.
 Exclusion criteria / diagnoses: not specified.
 Allocation: tacrolimus n = 30; cyclosporin n = 34.

Interventions

Tacrolimus protocol:
 - 0.05 mg/kg po/NG with first dose within 6 hours of surgery, adjusted to maintain a blood level of 5 to 15 ng/ml.
 Cyclosporin protocol:
 - cyclosporin formulation: microemulsion
 - 5 mg/kg po/NG with first dose within 6 hours of surgery, adjusted to maintain a blood level from 100 to 300 ng/ml
 - no IV formula given.
 Concomitant immunosuppression: none.
 Tacrolimus actual:

Rolles 1999 (Continued)

- approximated troughs from figure 3
- trough at 1 month 8.05 ug/ml (SD 0.29)
- trough at 3 months 8.43 ug/ml (SD 0.50)
- trough at 6 months 8.25 ug/ml (SD 0.50)
- trough at 12 months 8.15 ug/ml (SD 0.57).

Cyclosporin actual:

- approximated from figure 3
- trough at 1 month 210 ug/ml (SD 12.5)
- trough at 3 months 175 ug/ml (SD 10)
- trough at 6 months 150 ug/ml (SD 10)
- trough at 12 months 130 ug/ml (SD 15).

Outcomes	- patient survival - graft survival - acute rejection
Notes	Follow-up: 12 months.
Risk of bias	
Bias	Authors' judgement Support for judgement
Allocation concealment?	Unclear risk B - Unclear

Stegall 1997

Methods	Generation of the allocation sequence: not clear. Allocation concealment: not clear. Blinding: not performed. Follow-up: adequate. Analysis: intention to treat.
Participants	Country: USA, single centre. Language: English. Inclusion criteria: All male and female patients, 18 years or older, undergoing orthotopic cadaver liver transplantation. Exclusion criteria / diagnoses: hepatitis B virus. Allocation: tacrolimus n = 35; cyclosporin n = 36.
Interventions	Tacrolimus protocol: - 6 mg/day po/NG adjusted to maintain a blood level of 10 to 15 ng/ml. Cyclosporin protocol: - cyclosporin formulation: microemulsion - 600 mg/day po/NG adjusted to maintain a blood level from 300 to 350 ng/ml - no IV formula given. Concomitant immunosuppression: steroids all patients; MMF all patients. Prednisone was withdrawn at 2 weeks.

Stegall 1997 (Continued)

Outcomes

- patient survival
- graft survival
- acute rejection.

Notes

Follow-up: results only available at 6 months even after correspondence with principle investigator.

Other adverse events:
 Hypertension - tacrolimus (3/25); cyclosporin (10/33)
 CMV - tacrolimus (2/25); cyclosporin (2/33).

Risk of bias

Bias	Authors' judgement	Support for judgement
Allocation concealment?	Unclear risk	B - Unclear

Therapondos 2002

Methods

Generation of the allocation sequence: adequate. Computer generated.

Allocation concealment: adequate. Numbered envelopes.

Blinding: not performed.

Follow-up: adequate.

Analysis: intention to treat.

Participants

Country: Scotland, single centre.

Language: English.

Inclusion criteria: Adult patients undergoing primary isolated liver transplantation.

Exclusion criteria / diagnoses: not specified.

Allocation: tacrolimus n = 20; cyclosporin n = 20.

Interventions

Tacrolimus protocol:
 - oral/NG within 6 hours of transplant
 - 0.1 mg/kg, target level from 5 to 15 ng/ml.

Cyclosporin protocol:
 - cyclosporin formulation: microemulsion
 - oral/NG within 6 hours of transplant
 - 10 mg/kg, target level from 150 to 200 nmol/L

Concomitant immunosuppression: steroids all patients; azathioprine all patients.

Azathioprine 2 mg/kg and prednisolone 20 mg x 4 weeks, reduced by 5 mg per subsequent month.

Outcomes

- patient survival
- cardiac events
- withdrawals
- blood pressure
- ECG changes
- echocardiographic data
- brain natriuretic peptide levels
- HRV (?)

Therapondos 2002 (Continued)

- nutritional parameters.

Notes

Follow-up: 12 month data provided by principal investigator (April 2005).

Other adverse events:

Cardiac events - tacrolimus (4/20); cyclosporin (4/20).

Risk of bias

Bias	Authors' judgement	Support for judgement
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Allocation concealment?	Low risk	A - Adequate
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Timmermann 2002
Methods

Generation of the allocation sequence: adequate. Random numbers.

Allocation concealment: adequate. Third party allocation.

Blinding: not performed.

Follow-up: adequate.

Analysis: intention to treat.

Participants

Country: Germany, multiple centres.

Language: English.

Inclusion criteria: Adult patients undergoing primary isolated liver transplantation.

Exclusion criteria / diagnoses: not specified.

Allocation: tacrolimus n = 72; cyclosporin n = 71.

Interventions

Tacrolimus protocol:

- oral/NG within 6 hours of transplant

- 0.1 mg/kg, target level from 5 to 15 ng/ml.

Cyclosporin protocol:

- cyclosporin formulation: microemulsion

- oral/NG within 6 hours of transplant dosed according to local practice.

Concomitant immunosuppression: steroids and antilymphocyte globulin given to each group according to local practice; azathioprine given to cyclosporin patients according to local practice.

Outcomes

- patient survival

- patient survival

- acute rejection

- diabetes.

Notes

Study only maintained for 3 months. Data for later follow up not available, confirmed by sponsor (April 2005).

Other adverse events (only % reported):

Event - tacrolimus; cyclosporin

Infections - 21.5%; 26.1%

CMV - 15.4%; 17.4%

hypertension - 13.8%; 20.3%

Timmermann 2002 (Continued)

tremor - 6.2%; 0.

Risk of bias

Bias	Authors' judgement	Support for judgement
Allocation concealment?	Low risk	A - Adequate

U. S. Study 1994

Methods	<p>Generation of the allocation sequence: adequate, centrally generated by computer, randomly assigned in blocks of four.</p> <p>Allocation concealment: adequate. Numbered envelopes.</p> <p>Blinding: not performed.</p> <p>Follow-up: adequate.</p> <p>Analysis: intention to treat.</p>
Participants	<p>Country: Eight centres in four European countries.</p> <p>Language: English.</p> <p>Inclusion criteria: Male and female patients, all ages, undergoing primary isolated liver transplantation.</p> <p>Exclusion criteria / diagnoses: vasculitis, cancer, renal failure, HIV, coma, pregnancy, treatment with anticoagulants, ABO blood group incompatibility.</p> <p>Allocation: tacrolimus n = 263; cyclosporin n = 266.</p>
Interventions	<p>Tacrolimus protocol:</p> <ul style="list-style-type: none"> - initial 0.075 mg/kg in a 4 hours IV infusion every 12 hours until it could be taken orally - IV was reduced to 0.05 mg/kg over a 12 hour period twice daily after first 48 patients (discovered renal toxicity) - oral 0.15 mg/kg q 12 h - patients also received hydrocortisone (1000 mg IV) followed by methylprednisolone (100 mg IV/po, decreased to 20 mg/d over 5 days) - treatment with oral prednisone (20 mg po once daily) was initiated in adults, dose was tapered to 5 mg po od over 3 months - children - prednisone (10 mg/kg) or equivalent of methylprednisolone IV, decreased by 2 mg/kg/d over 5 days. Thereafter prednisone 0.3 mg/kg/d was gradually tapered to 0.1 mg/kg/d over 3 months. <p>Cyclosporin protocol:</p> <ul style="list-style-type: none"> - cyclosporin formulation: oil-based <p>Concomitant immunosuppression: steroids all patients; azathioprine to cyclosporin recipients according to local practice.</p> <ul style="list-style-type: none"> - 10 centres - 1 mg/kg IV q 12 h and azathioprine 2 mg/kg IV once daily pre-op with initiation of corticosteroids during procedure - 1 centre - cyclosporin initiated at 2 mg/kg IV q 12 h x 1-2 days followed by 5 mg/kg po q 12 h; steroids began IV q 12 h x 1-2 days followed by 5 mg/kg po q 12 h (steroids began intraoperatively) - 1 centre - azathioprine 2 mg/kg IV/po once daily pre-op and continued during duration of study; Minnesota antilymphoblast globulin 10 mg/kg od began POD#1 x 5 days; st steroids began intra-op, cyclosporine started in POD#4. <p>- at all 12 centres - adult maintenance dose of steroids in cyclosporine group was a prednisone equivalent of 200 mg once daily beginning POD#1 and dose tapered to 20 mg by day 6, 15 mg by day 60, 12.5 mg by day 180 and 10 mg by day 360</p>

U. S. Study 1994 (Continued)

- at all 12 centres - children prednisone or equivalent began at dose of 10 mg/kg/d on POD#1 and decreased by 2 mg/kg/d over 5 days then adjusted at investigators discretion.

Outcomes	<ul style="list-style-type: none"> - patient survival - graft survival - LOS in hospital - acute rejection - steroid resistant rejection - withdrawal - creatinine - mean GFR - de novo diabetes - de novo dialysis - PTLD.
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Notes	<p>Follow-up: 12 months.</p> <p>Other adverse events: Event - tacrolimus (n =263); cyclosporin (n = 266)</p> <p>alopecia - 20; 6 anaemia - 47; 38 anorexia - 34; 24 diarrhea - 72; 47 fever - 48; 56 headache - 64; 60 hirsutism - 7; 31 hypertension - 47; 56 nausea - 46; 56 paraesthesia - 40; 30 pruritis - 36; 20 rash - 24; 19 tremor - 56; 46 vomiting 27; 15.</p>
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Risk of bias

Bias	Authors' judgement	Support for judgement
Allocation concealment?	Low risk	A - Adequate

Zervos 1998

Methods	<p>Generation of the allocation sequence: not clear.</p> <p>Allocation concealment: not clear.</p> <p>Blinding: not performed.</p> <p>Follow-up: not clear. Outcomes appear to account for all patients but withdrawals not clearly specified.</p> <p>Analysis: intention to treat.</p>
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Participants	<p>Country: USA, single centre.</p> <p>Language: English.</p> <p>Inclusion criteria: All male and female patients with hepatitis C virus undergoing liver transplantation.</p> <p>Exclusion criteria / diagnoses: not specified.</p>
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Zervos 1998 (Continued)

Allocation: tacrolimus n = 35; cyclosporin n = 36
 - tacrolimus n = 25
 - cyclosporin = 24.

Interventions

Tacrolimus protocol:
 - 0.05 mg/kg po, adjusted to maintain a blood level of 15 ng/ml.

Cyclosporin protocol:
 - cyclosporin formulation: microemulsion
 - 3 mg/kg po, adjusted to maintain a blood level from 200 to 300 ng/ml.

Concomitant immunosuppression: steroids all patients.

Outcomes

- patient survival
- graft survival
- acute rejection
- steroid resistant rejection
- withdrawal
- PTLD.

Notes

Follow-up: 417 days median (range: from 25 to 625 days).

Other adverse events:
 Event - tacrolimus (n = 25); cyclosporin (n = 25)
 CMV - 5; 6
 Infections - 17; 17
 headaches - 2; 0
 Seizures - 0; 4
 Aphasia - 0; 1.

Risk of bias

Bias	Authors' judgement	Support for judgement
Allocation concealment?	Unclear risk	B - Unclear

Other adverse events: adverse events reported in studies that are not included in the outcomes section of this review are reported in Notes.

CMV: cytomegalovirus

MMF: mycophenolate mofetil

PGE1: prostaglandin E1

plt: platelet count

LOS: length of stay

SBP: spontaneous bacterial peritonitis

od: once daily

po: per os or orally administered medication

q12h: every 12 hours

HIV: human immunodeficiency virus

NG: nasogastric

NJ: nasojejunal

SD: standard deviation

Characteristics of excluded studies [ordered by study ID]

Study	Reason for exclusion
Arnold 1995	Review of published studies.
Ericzon 1997	Specialised data only available at 10 days post-operatively.

Cyclosporin versus tacrolimus for liver transplanted patients (Review)

Study	Reason for exclusion
Loinaz 2001	Locally derived data merged with local site analysis of data contributed to included multicentred study.
Trull 2002	Follow-up to 1 month postoperatively looking at specialised data.

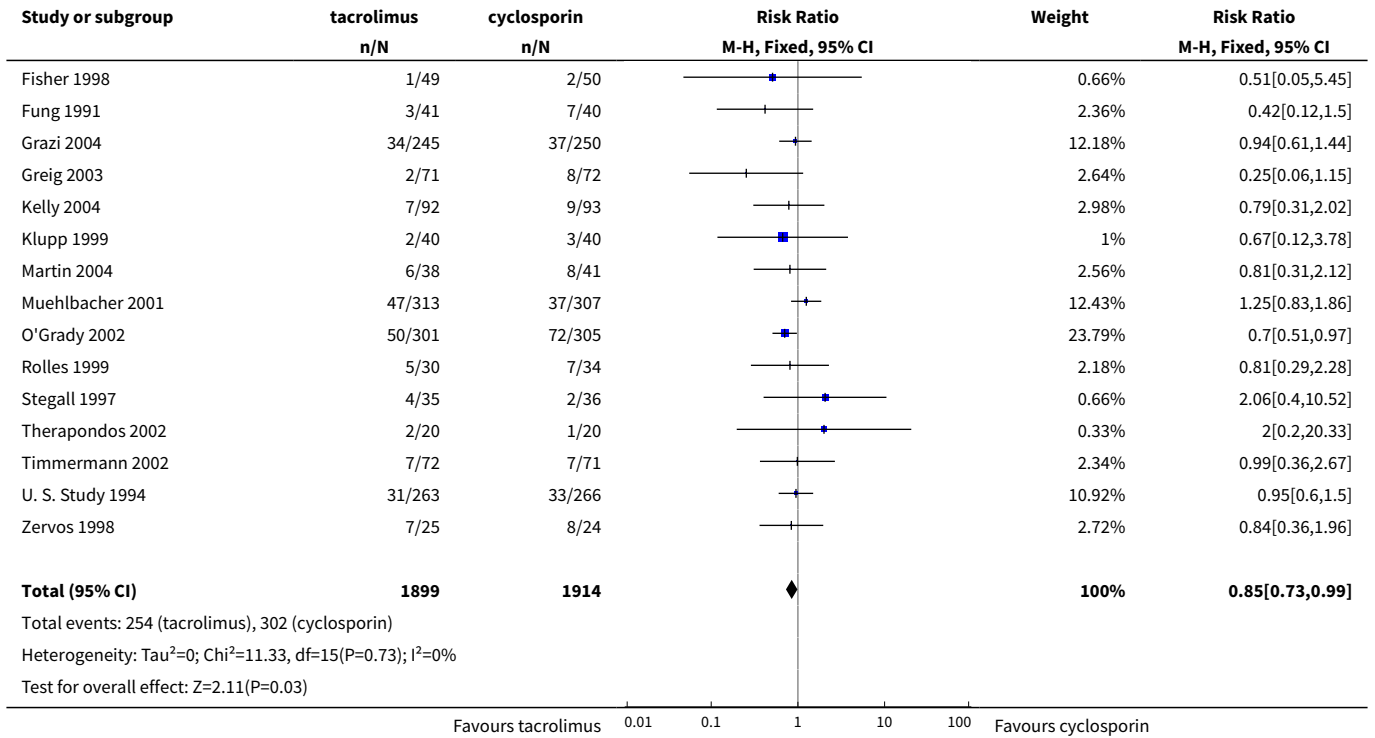
DATA AND ANALYSES

Comparison 1. Cyclosporin versus tacrolimus

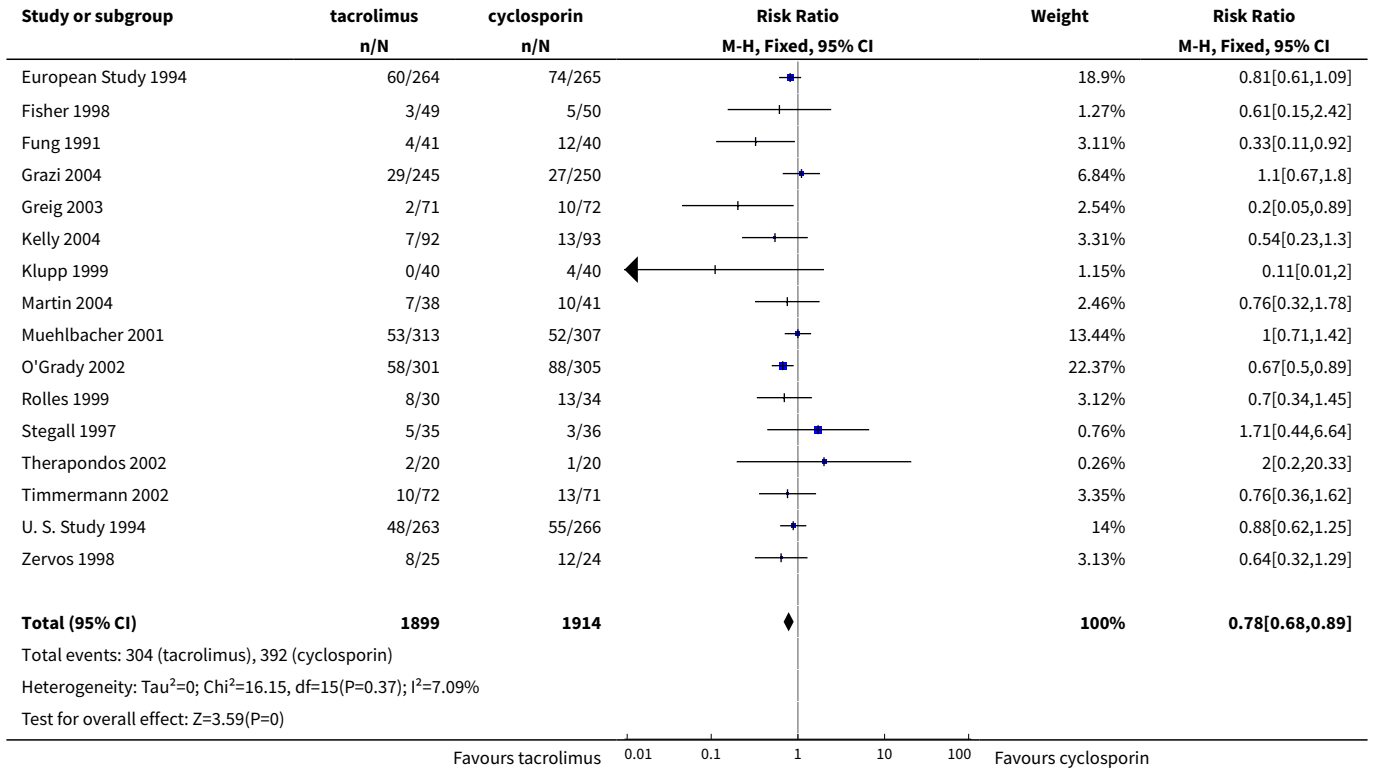
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Mortality	16	3813	Risk Ratio (M-H, Fixed, 95% CI)	0.85 [0.73, 0.99]
2 Graft loss	16	3813	Risk Ratio (M-H, Fixed, 95% CI)	0.78 [0.68, 0.89]
3 Acute rejection	16	3786	Risk Ratio (M-H, Fixed, 95% CI)	0.82 [0.77, 0.88]
4 Steroid-resistant rejection	11	2439	Risk Ratio (M-H, Fixed, 95% CI)	0.57 [0.46, 0.71]
5 Dialysis (de-novo requirement post-transplantation)	5	873	Risk Ratio (M-H, Fixed, 95% CI)	1.55 [0.64, 3.78]
6 Creatinine (umol/L) before transplantation	2	672	Mean Difference (IV, Fixed, 95% CI)	1.36 [-3.05, 5.77]
7 Creatinine (umol/L) 12 months after transplantation	2	672	Mean Difference (IV, Fixed, 95% CI)	-2.67 [-9.55, 4.22]
8 Diabetes mellitus: initially diagnosed after transplantation	11	3023	Risk Ratio (M-H, Fixed, 95% CI)	1.27 [1.12, 1.44]
9 Post transplant lymphoproliferative disease	7	1107	Risk Ratio (M-H, Fixed, 95% CI)	1.01 [0.36, 2.86]
10 Patients withdrawn from tacrolimus or cyclosporin	13	3156	Risk Ratio (M-H, Fixed, 95% CI)	0.65 [0.57, 0.74]

Analysis 1.1. Comparison 1 Cyclosporin versus tacrolimus, Outcome 1 Mortality.

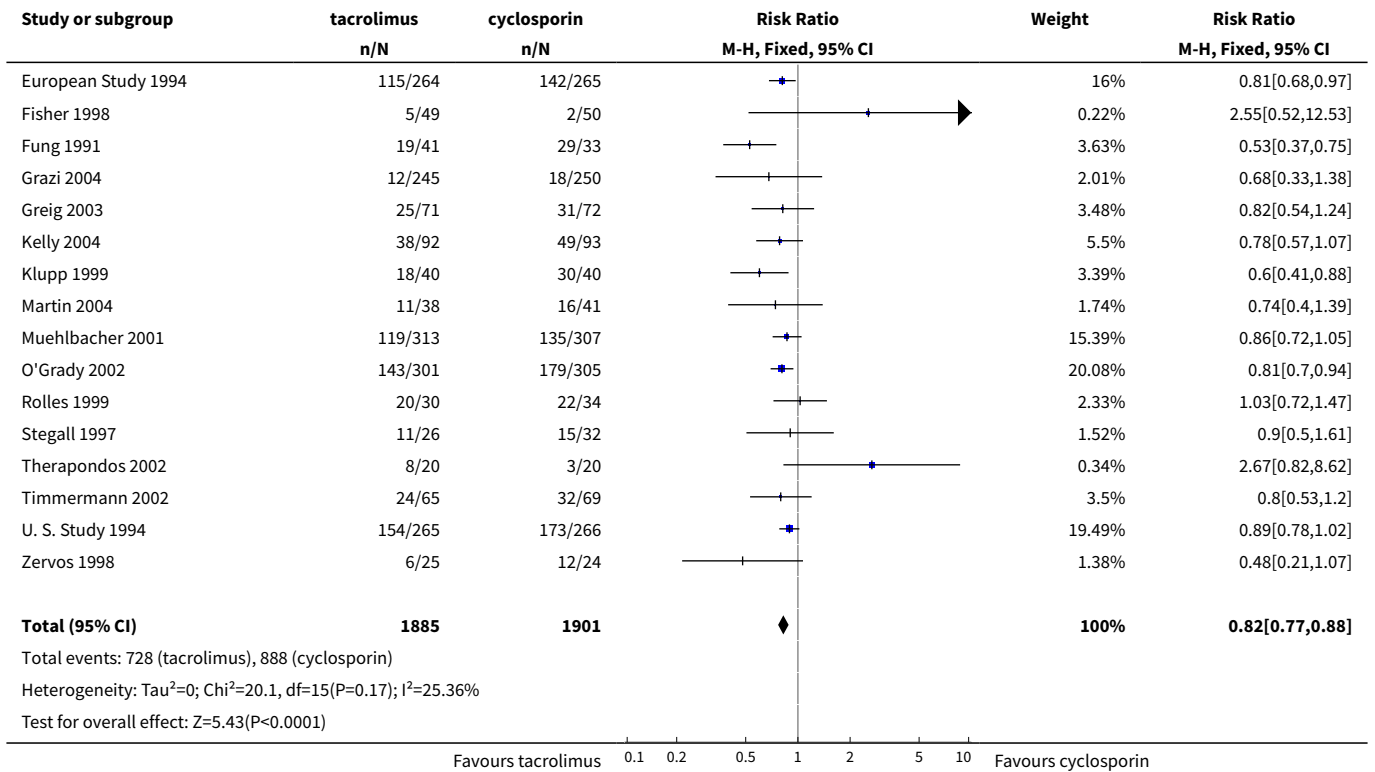
Study or subgroup	tacrolimus n/N	cyclosporin n/N	Risk Ratio M-H, Fixed, 95% CI	Weight	Risk Ratio M-H, Fixed, 95% CI
European Study 1994	46/264	61/265		20.25%	0.76[0.54,1.07]
Favours tacrolimus			0.01 0.1 1 10 100	Favours cyclosporin	



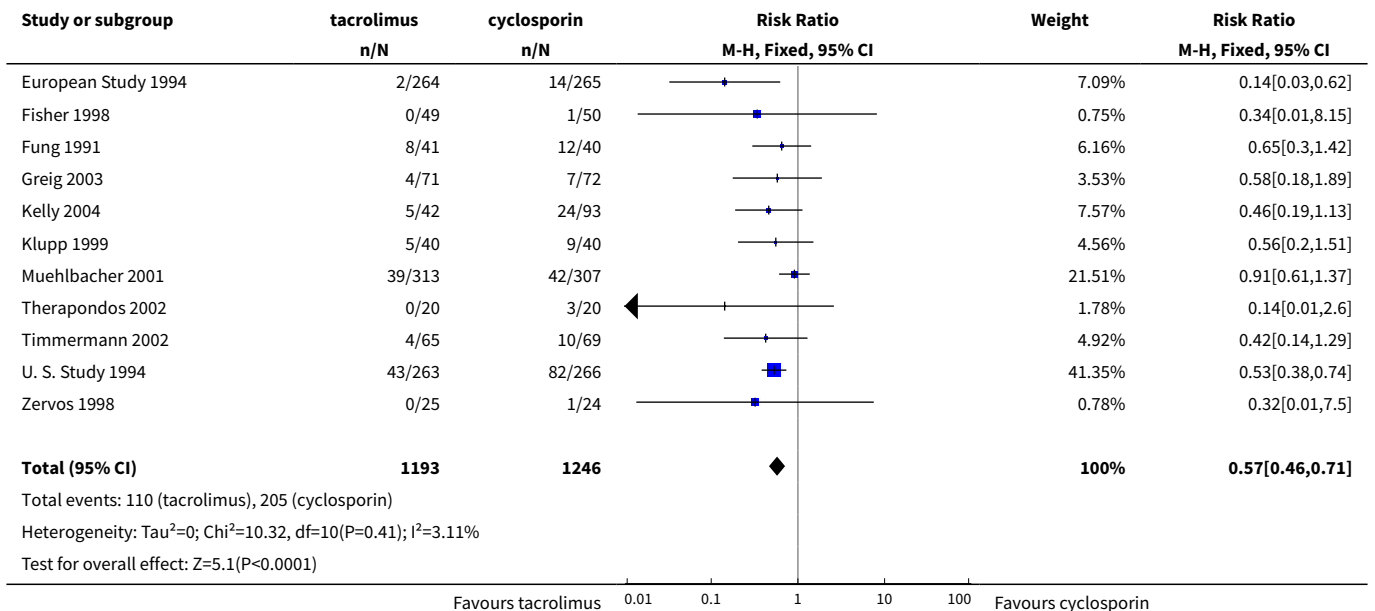
Analysis 1.2. Comparison 1 Cyclosporin versus tacrolimus, Outcome 2 Graft loss.



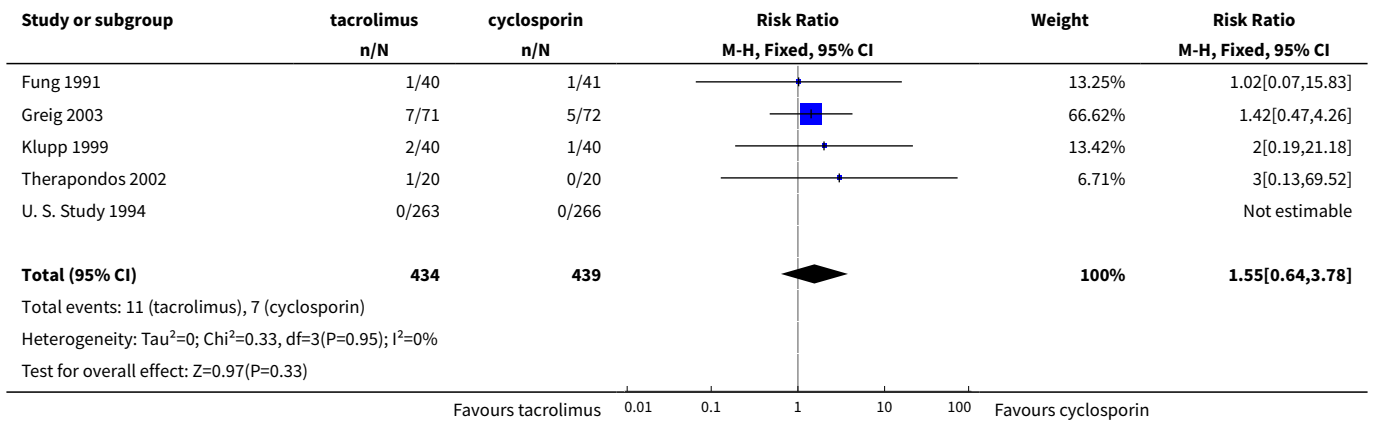
Analysis 1.3. Comparison 1 Cyclosporin versus tacrolimus, Outcome 3 Acute rejection.



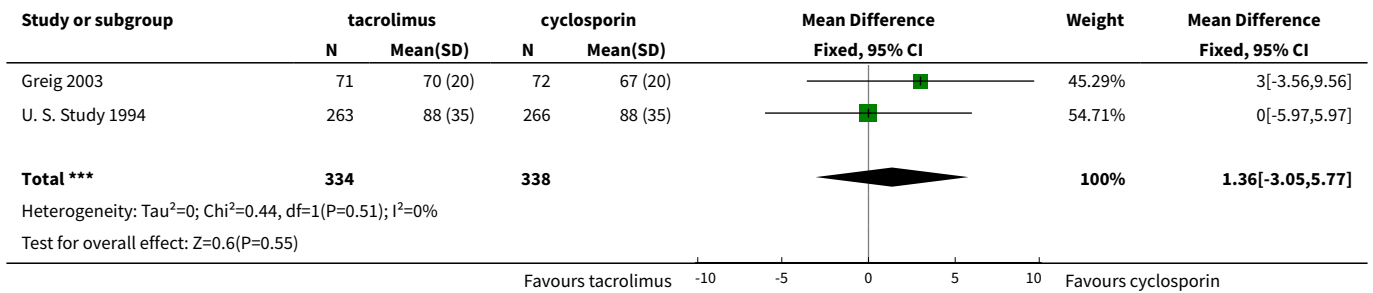
Analysis 1.4. Comparison 1 Cyclosporin versus tacrolimus, Outcome 4 Steroid-resistant rejection.



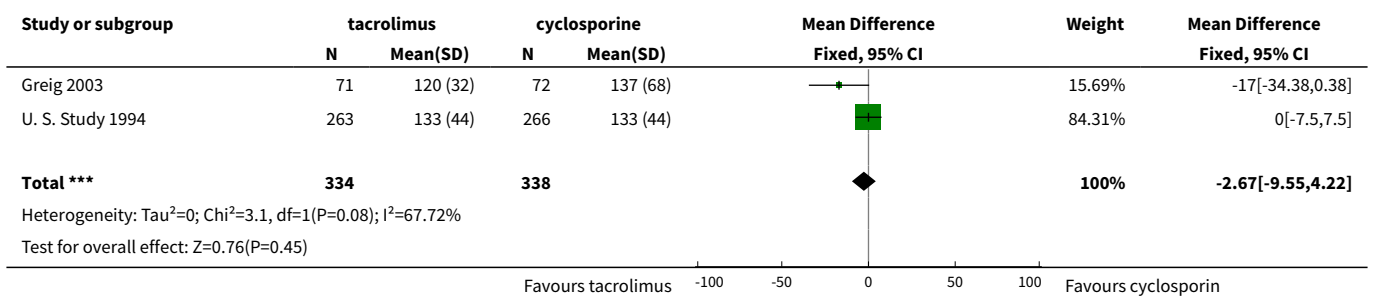
Analysis 1.5. Comparison 1 Cyclosporin versus tacrolimus, Outcome 5 Dialysis (de-novo requirement post-transplantation).



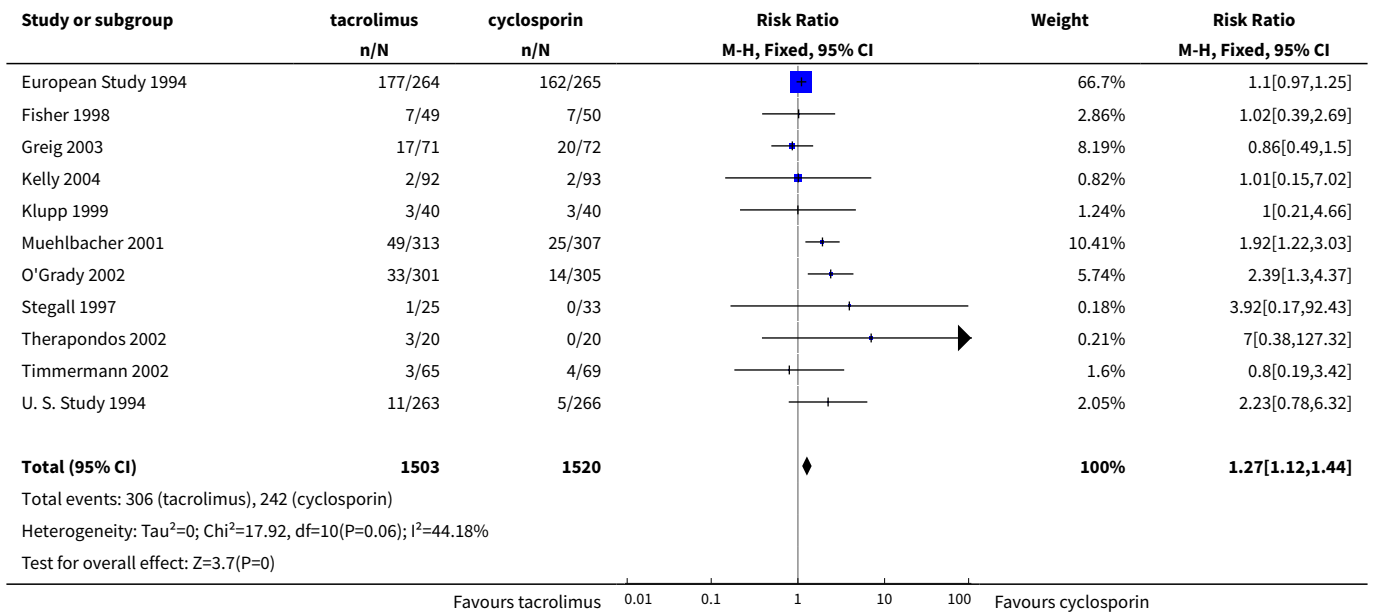
Analysis 1.6. Comparison 1 Cyclosporin versus tacrolimus, Outcome 6 Creatinine (umol/L) before transplantation.



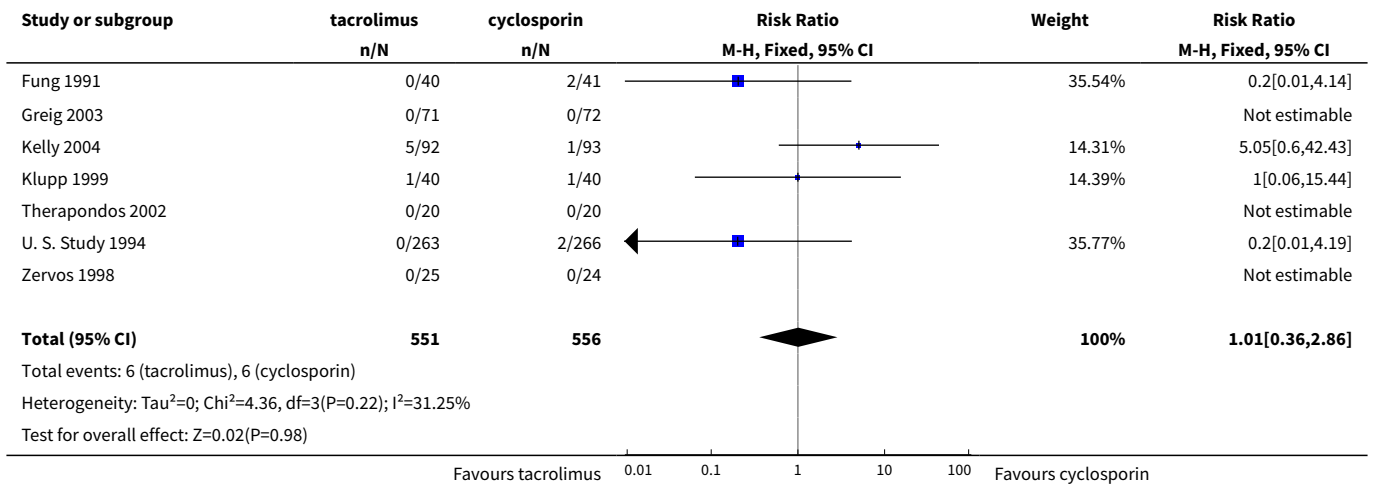
Analysis 1.7. Comparison 1 Cyclosporin versus tacrolimus, Outcome 7 Creatinine (umol/L) 12 months after transplantation.



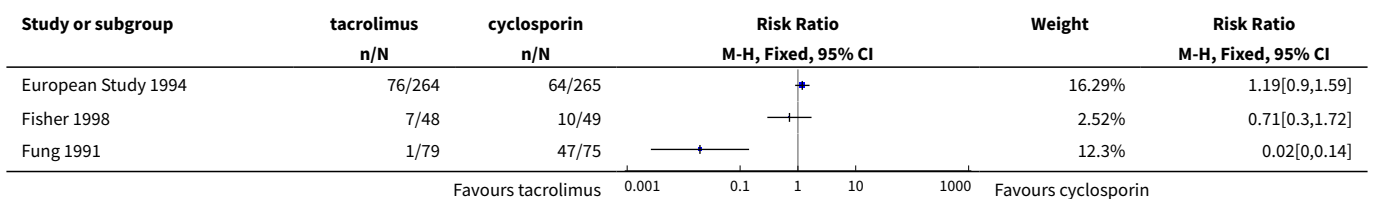
Analysis 1.8. Comparison 1 Cyclosporin versus tacrolimus, Outcome 8 Diabetes mellitus: initially diagnosed after transplantation.

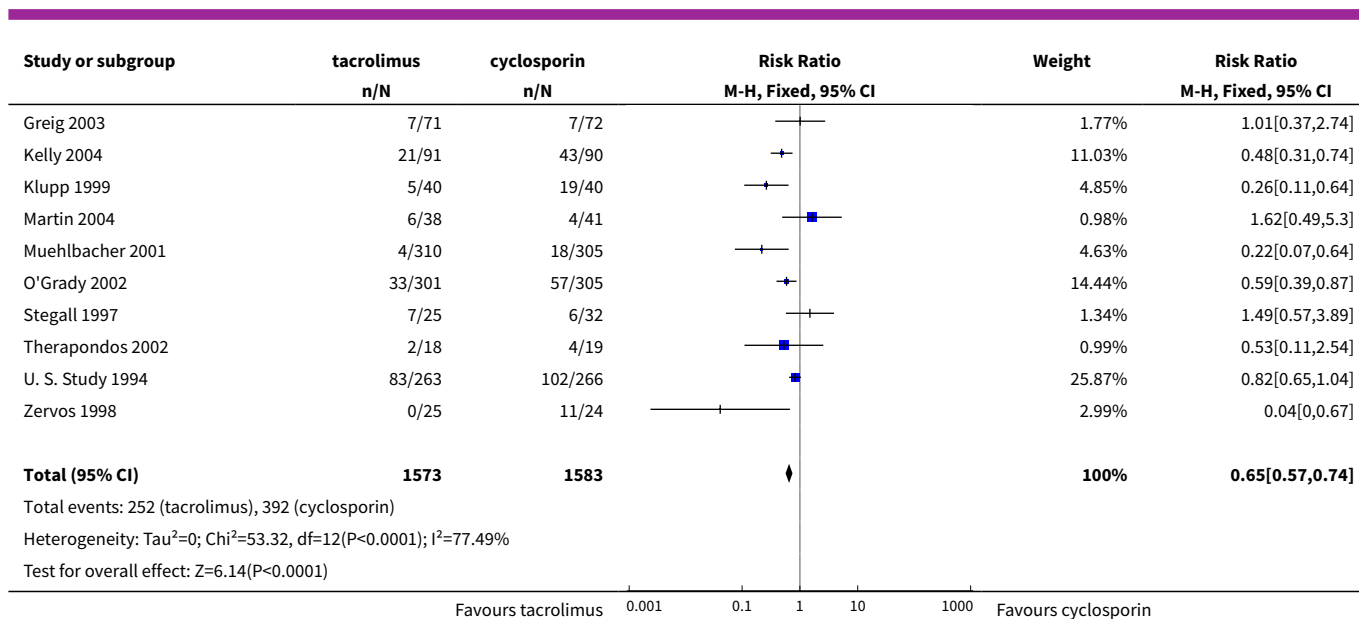


Analysis 1.9. Comparison 1 Cyclosporin versus tacrolimus, Outcome 9 Post transplant lymphoproliferative disease.



Analysis 1.10. Comparison 1 Cyclosporin versus tacrolimus, Outcome 10 Patients withdrawn from tacrolimus or cyclosporin.



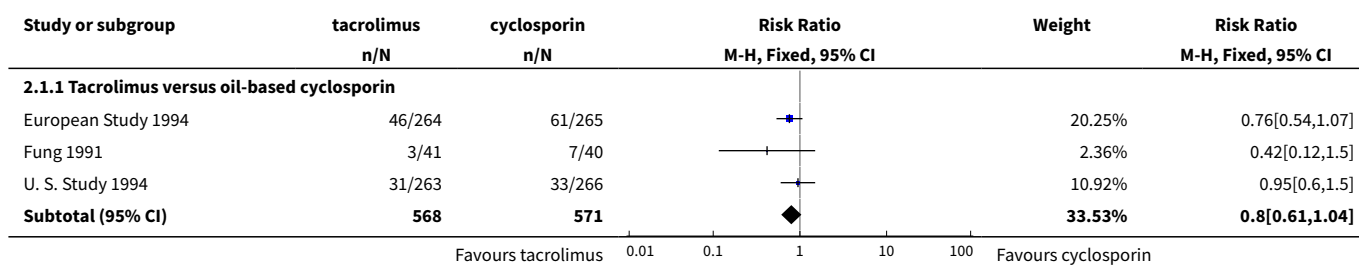


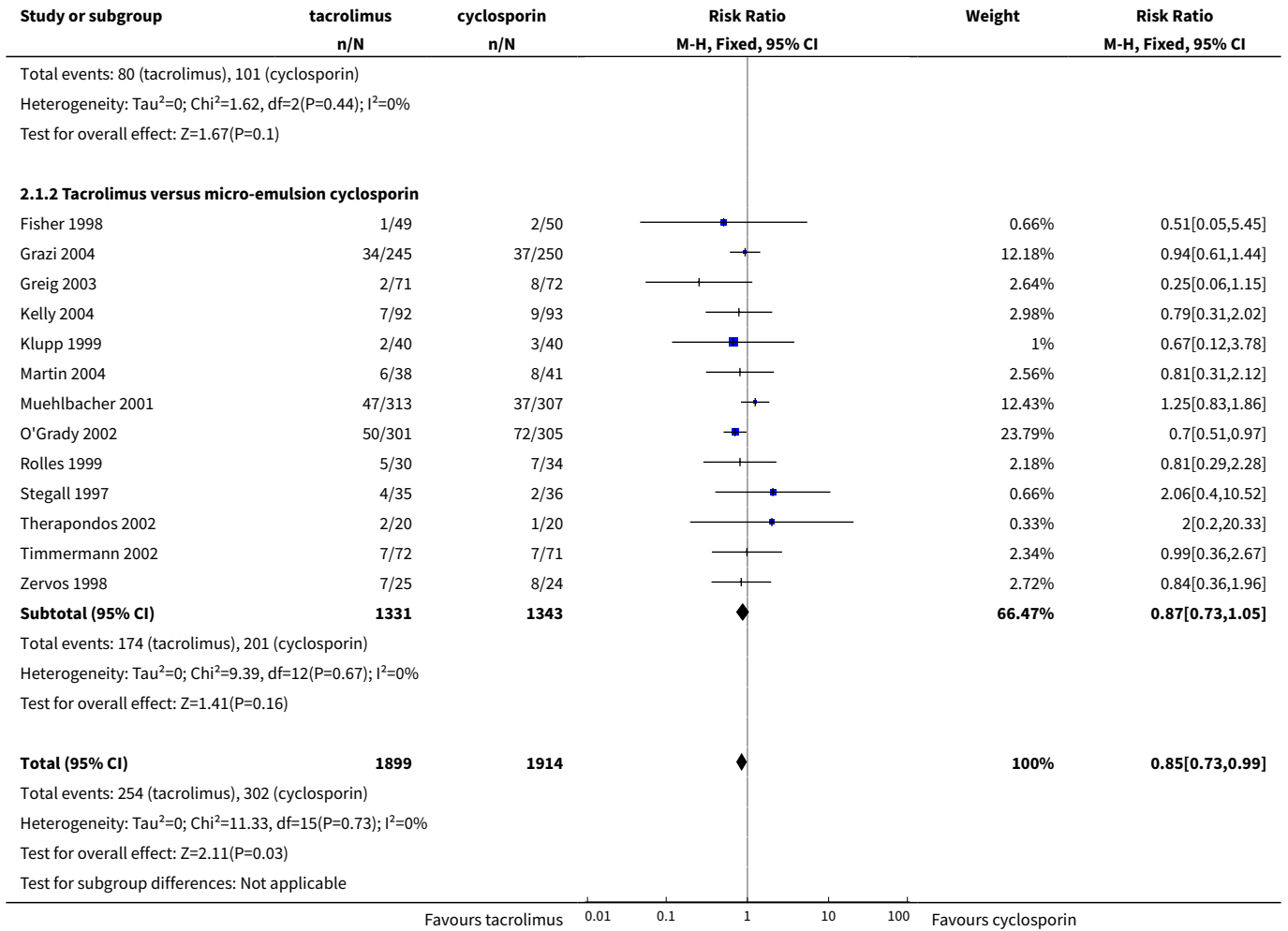
Comparison 2. Stratified analysis, by cyclosporin formulation

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Mortality	16	3813	Risk Ratio (M-H, Fixed, 95% CI)	0.85 [0.73, 0.99]
1.1 Tacrolimus versus oil-based cyclosporin	3	1139	Risk Ratio (M-H, Fixed, 95% CI)	0.80 [0.61, 1.04]
1.2 Tacrolimus versus micro-emulsion cyclosporin	13	2674	Risk Ratio (M-H, Fixed, 95% CI)	0.87 [0.73, 1.05]
2 Graft loss	16	3813	Risk Ratio (M-H, Fixed, 95% CI)	0.78 [0.68, 0.89]
2.1 Tacrolimus versus oil-based cyclosporin	3	1139	Risk Ratio (M-H, Fixed, 95% CI)	0.80 [0.64, 0.99]
2.2 Tacrolimus versus micro-emulsion cyclosporin	13	2674	Risk Ratio (M-H, Fixed, 95% CI)	0.77 [0.65, 0.92]
3 Acute rejection	16	3786	Risk Ratio (M-H, Fixed, 95% CI)	0.82 [0.77, 0.88]
3.1 Tacrolimus versus oil-based cyclosporin	3	1134	Risk Ratio (M-H, Fixed, 95% CI)	0.83 [0.75, 0.92]
3.2 Tacrolimus versus microemulsion cyclosporin	13	2652	Risk Ratio (M-H, Fixed, 95% CI)	0.82 [0.75, 0.90]
4 Steroid-resistant rejection	11	2439	Risk Ratio (M-H, Fixed, 95% CI)	0.57 [0.46, 0.71]

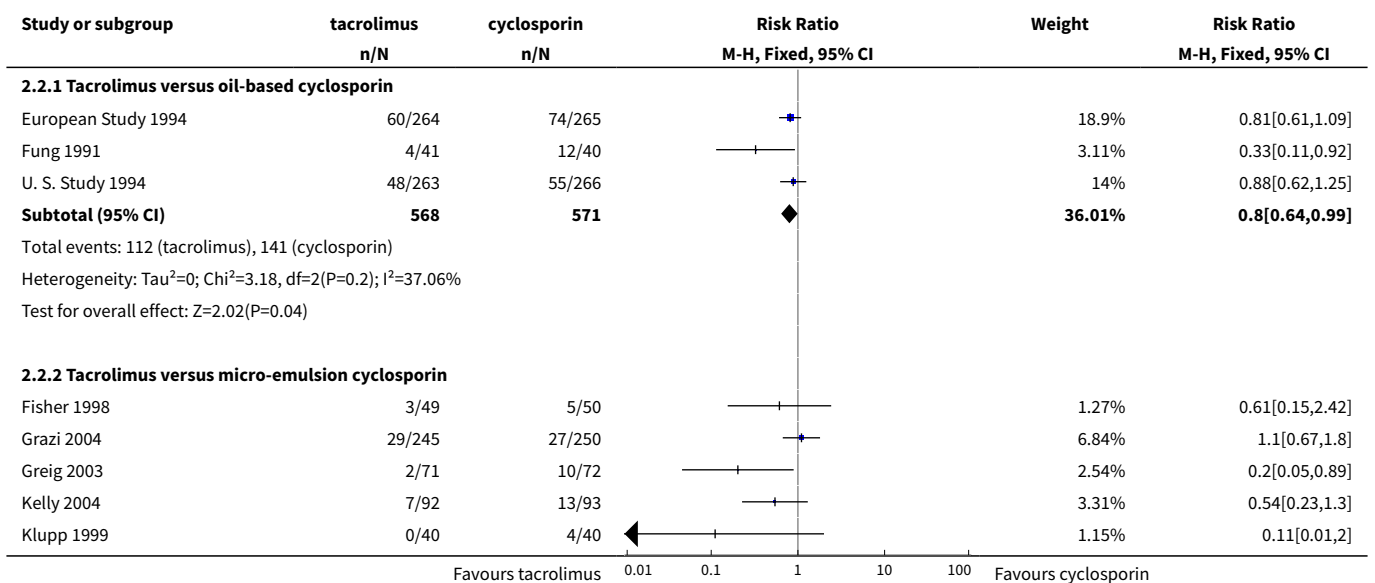
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
4.1 Tacrolimus versus oil-based cyclosporin	3	1139	Risk Ratio (M-H, Fixed, 95% CI)	0.49 [0.37, 0.66]
4.2 Tacrolimus versus microemulsion cyclosporin	8	1300	Risk Ratio (M-H, Fixed, 95% CI)	0.67 [0.49, 0.92]
5 Dialysis (de-novo requirement post-transplantation)	5	873	Risk Ratio (M-H, Fixed, 95% CI)	1.55 [0.64, 3.78]
5.1 Tacrolimus versus oil-based cyclosporin	2	610	Risk Ratio (M-H, Fixed, 95% CI)	1.03 [0.07, 15.83]
5.2 Tacrolimus versus microemulsion cyclosporin	3	263	Risk Ratio (M-H, Fixed, 95% CI)	1.63 [0.63, 4.20]
6 Diabetes mellitus: initially diagnosed after transplantation	11	3023	Risk Ratio (M-H, Fixed, 95% CI)	1.27 [1.12, 1.44]
6.1 Tacrolimus versus oil-based cyclosporin	2	1058	Risk Ratio (M-H, Fixed, 95% CI)	1.13 [0.99, 1.29]
6.2 Tacrolimus versus microemulsion cyclosporin	9	1965	Risk Ratio (M-H, Fixed, 95% CI)	1.57 [1.20, 2.06]
7 Post transplant lymphoproliferative disease	7	1107	Risk Ratio (M-H, Fixed, 95% CI)	1.01 [0.36, 2.86]
7.1 Tacrolimus versus oil-based cyclosporin	2	610	Risk Ratio (M-H, Fixed, 95% CI)	0.20 [0.02, 1.72]
7.2 Tacrolimus versus microemulsion cyclosporin	5	497	Risk Ratio (M-H, Fixed, 95% CI)	3.02 [0.62, 14.71]
8 Patients withdrawn from tacrolimus or cyclosporin	13	3156	Risk Ratio (M-H, Fixed, 95% CI)	0.65 [0.57, 0.74]
8.1 Tacrolimus versus oil-based cyclosporin	3	1212	Risk Ratio (M-H, Fixed, 95% CI)	0.75 [0.63, 0.90]
8.2 Tacrolimus versus microemulsion cyclosporin	10	1944	Risk Ratio (M-H, Fixed, 95% CI)	0.53 [0.42, 0.66]

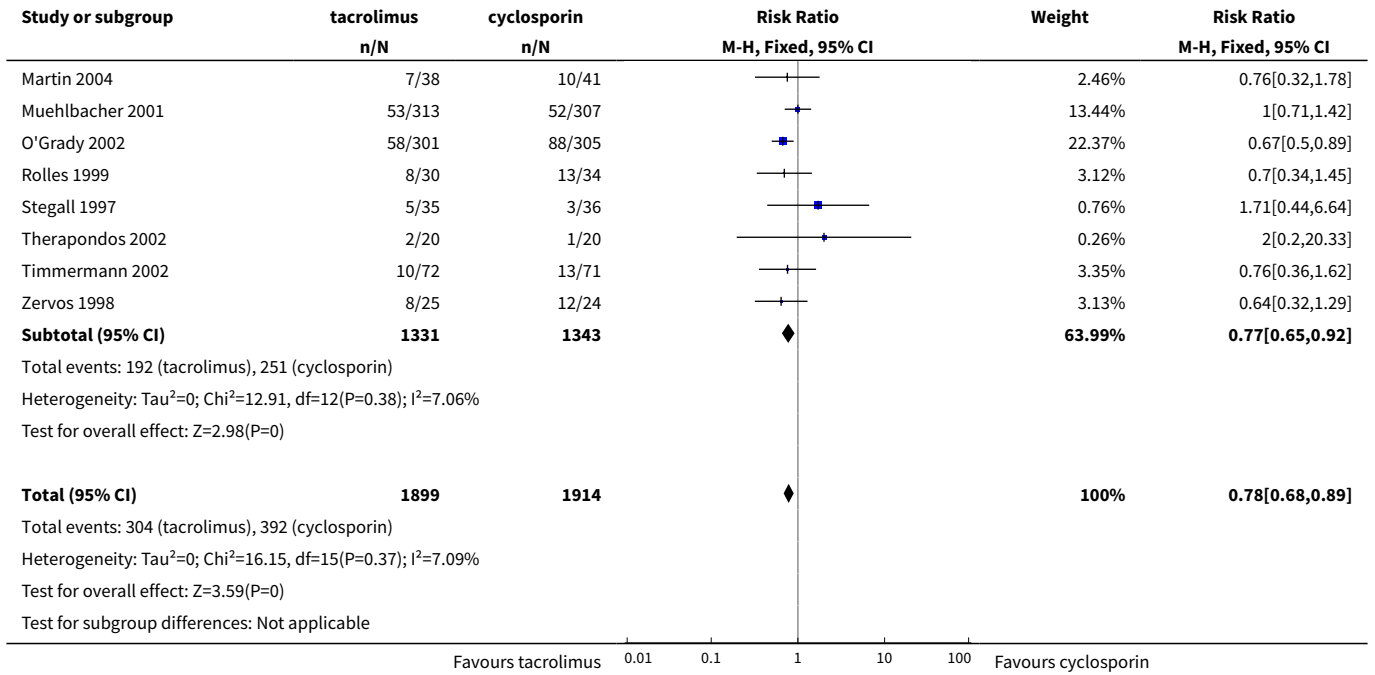
Analysis 2.1. Comparison 2 Stratified analysis, by cyclosporin formulation, Outcome 1 Mortality.



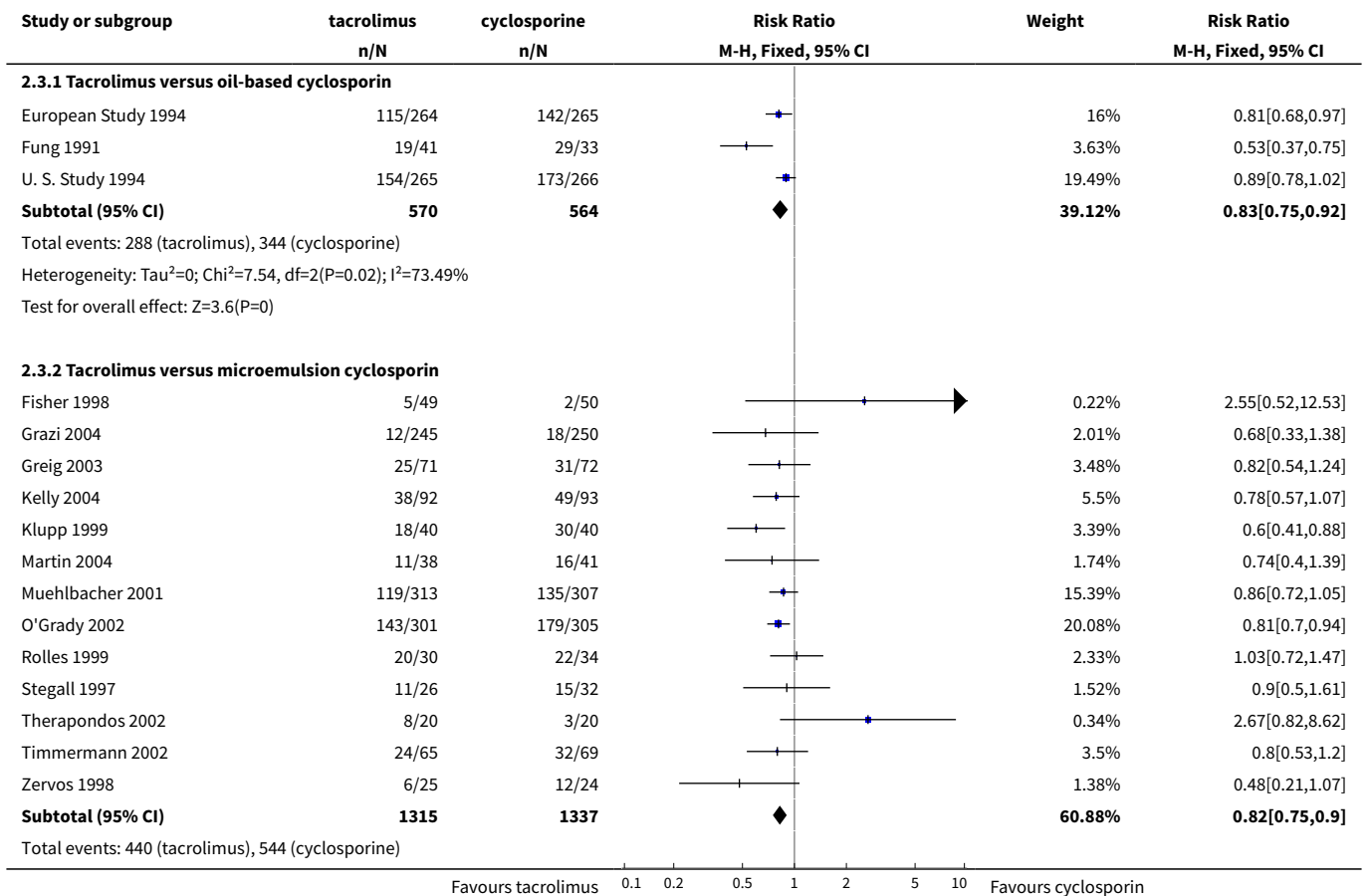


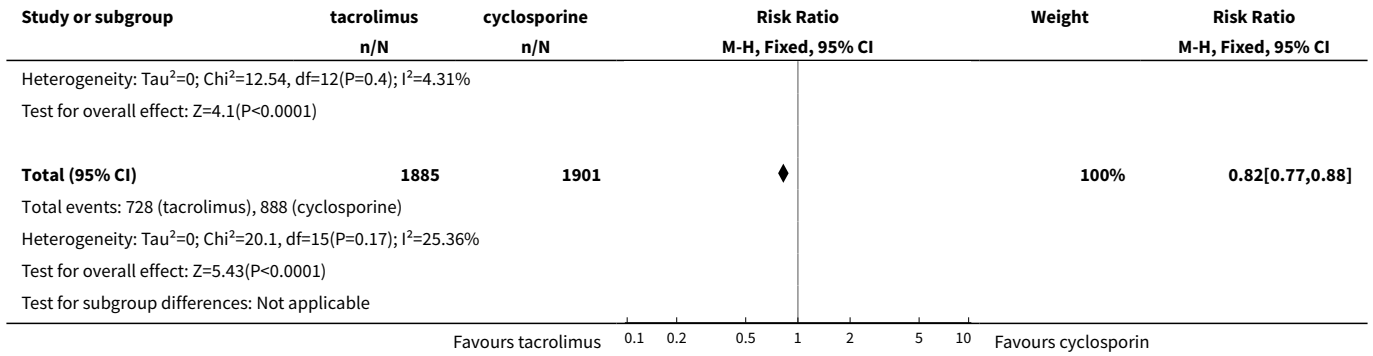
Analysis 2.2. Comparison 2 Stratified analysis, by cyclosporin formulation, Outcome 2 Graft loss.



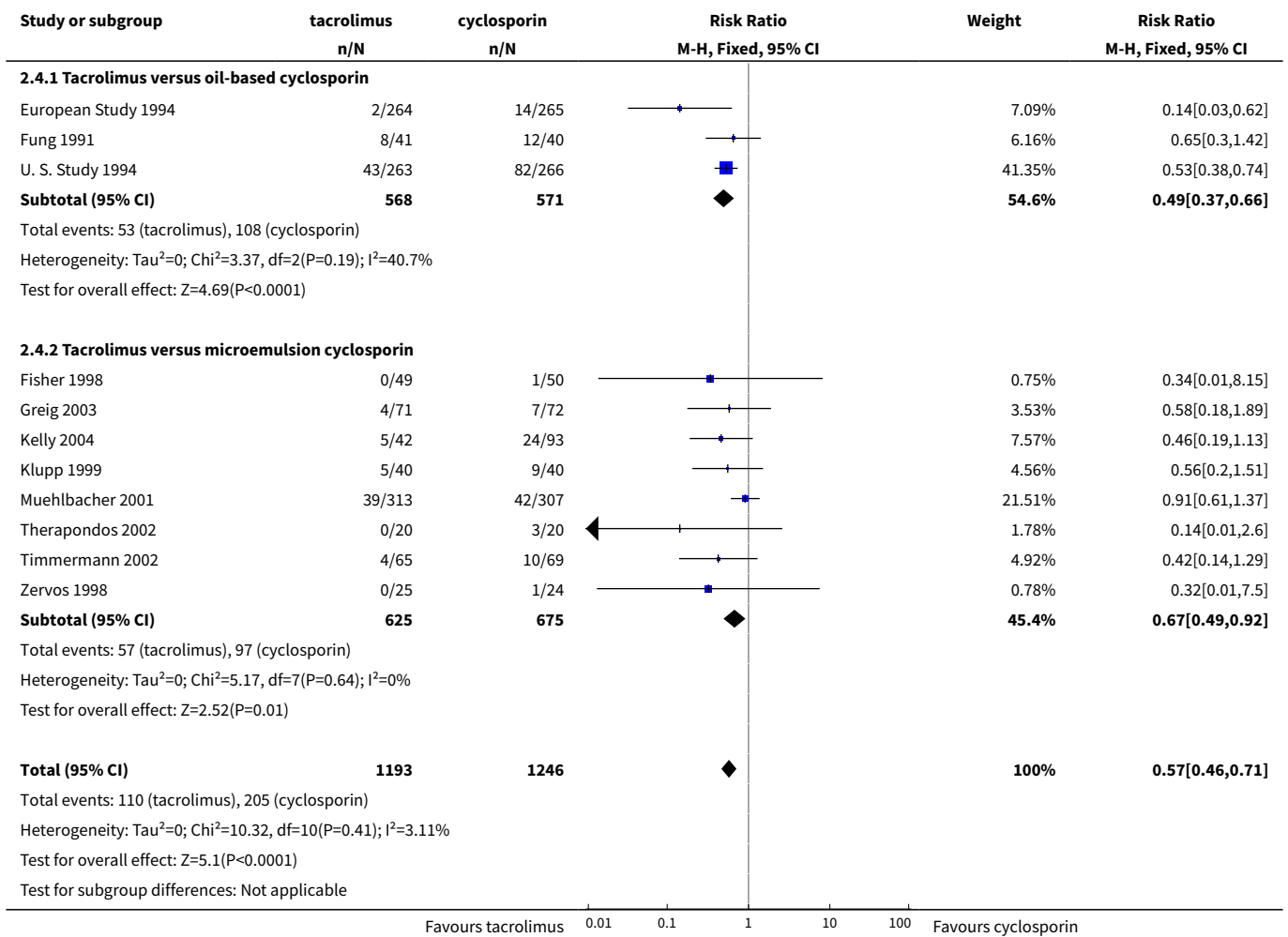


Analysis 2.3. Comparison 2 Stratified analysis, by cyclosporin formulation, Outcome 3 Acute rejection.

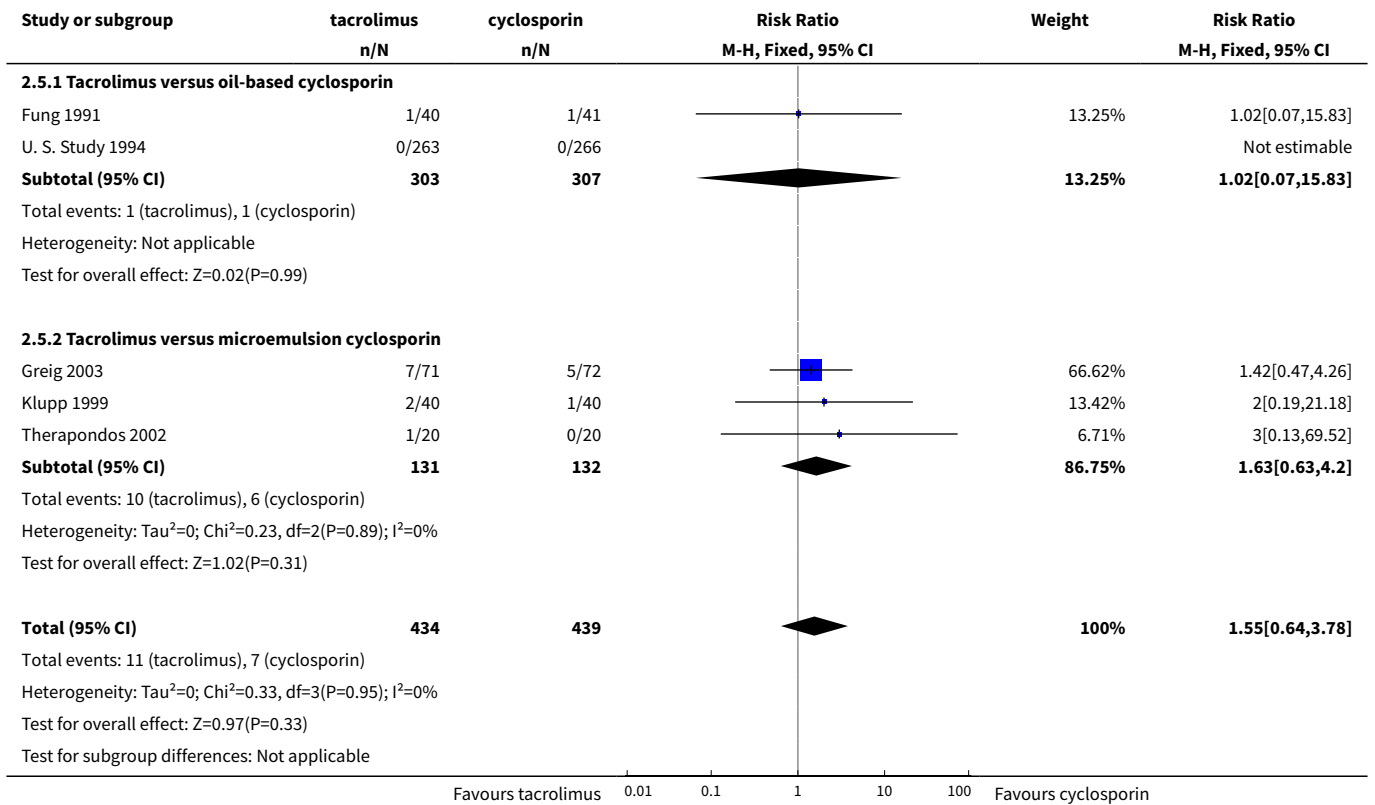




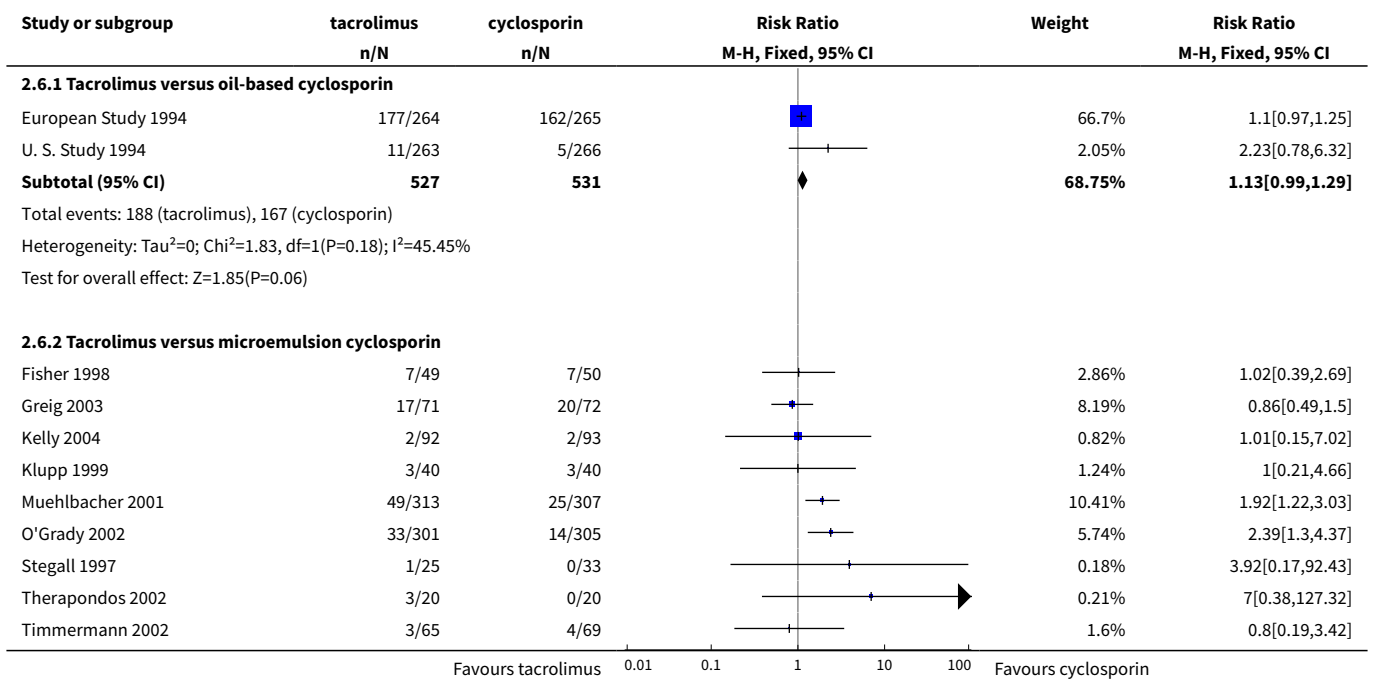
Analysis 2.4. Comparison 2 Stratified analysis, by cyclosporin formulation, Outcome 4 Steroid-resistant rejection.

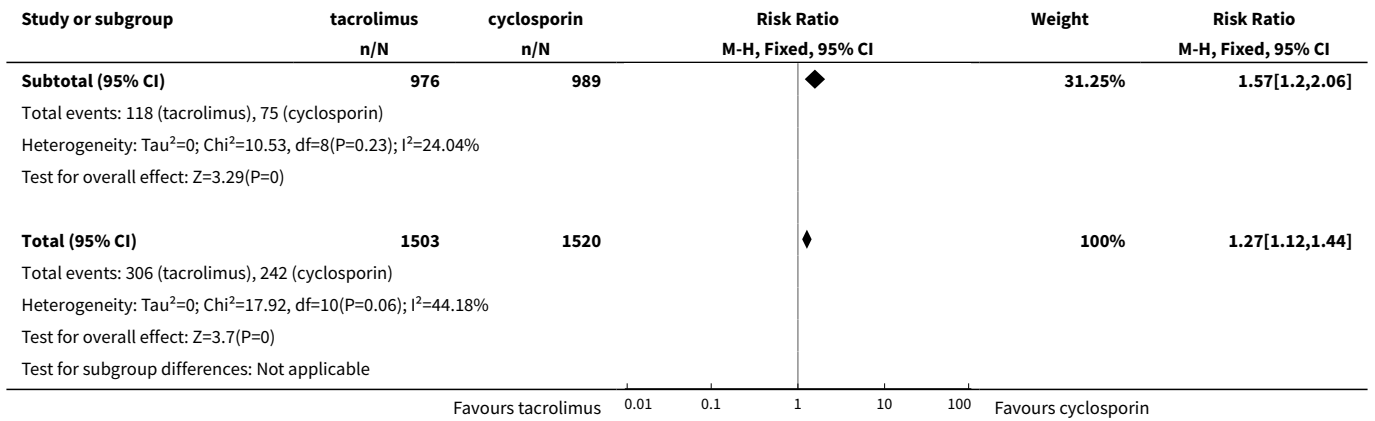


Analysis 2.5. Comparison 2 Stratified analysis, by cyclosporin formulation, Outcome 5 Dialysis (de-novo requirement post-transplantation).

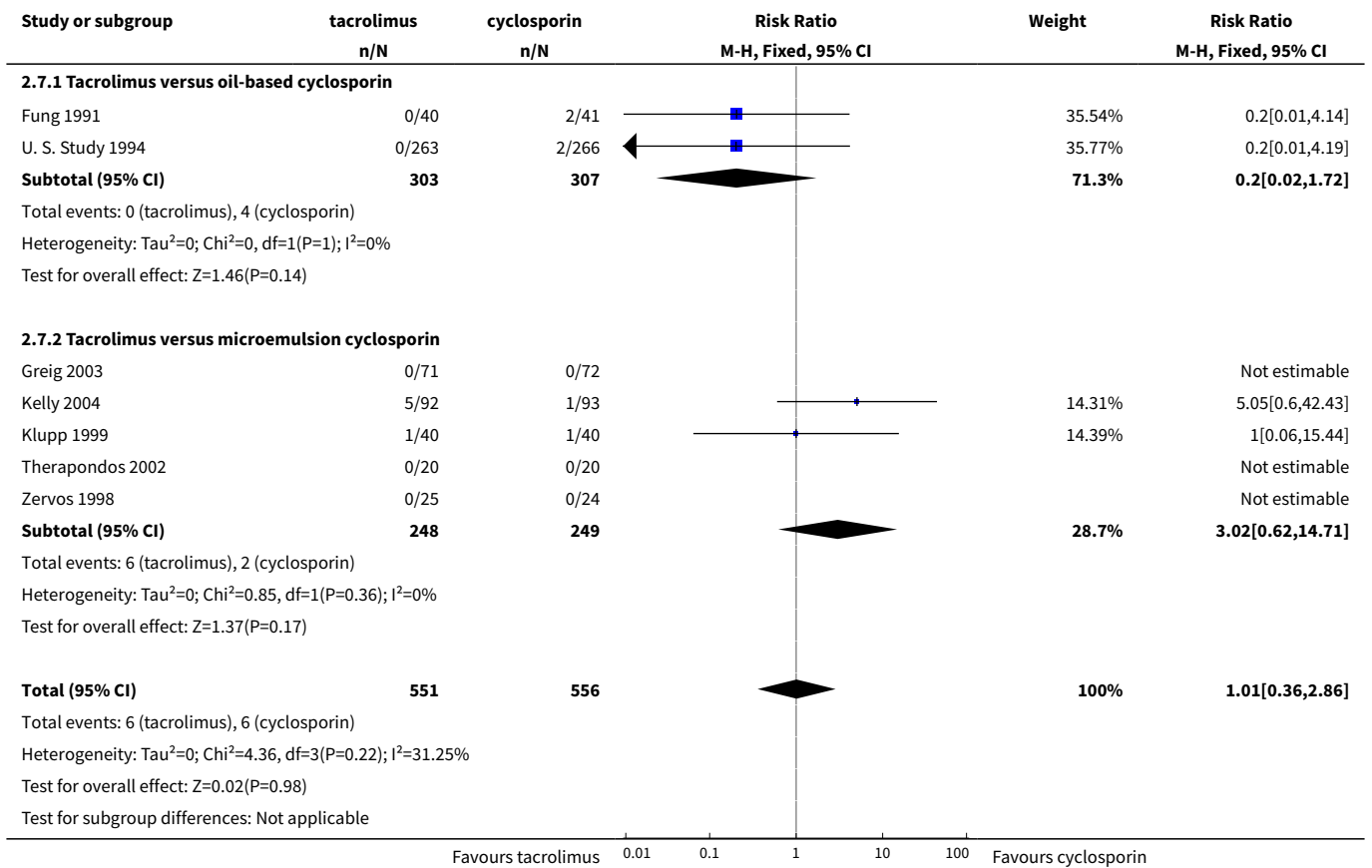


Analysis 2.6. Comparison 2 Stratified analysis, by cyclosporin formulation, Outcome 6 Diabetes mellitus: initially diagnosed after transplantation.

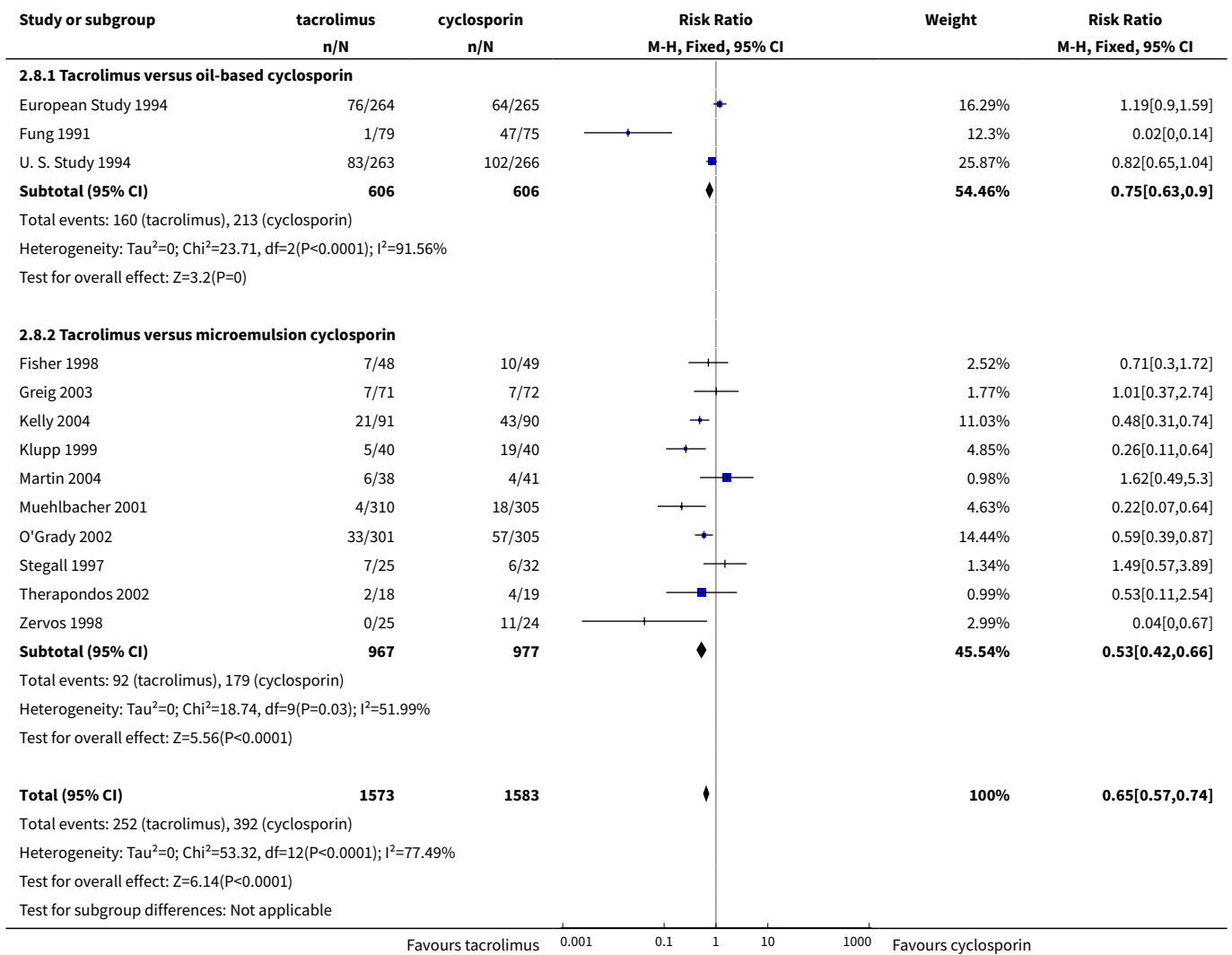




Analysis 2.7. Comparison 2 Stratified analysis, by cyclosporin formulation, Outcome 7 Post transplant lymphoproliferative disease.



Analysis 2.8. Comparison 2 Stratified analysis, by cyclosporin formulation, Outcome 8 Patients withdrawn from tacrolimus or cyclosporin.

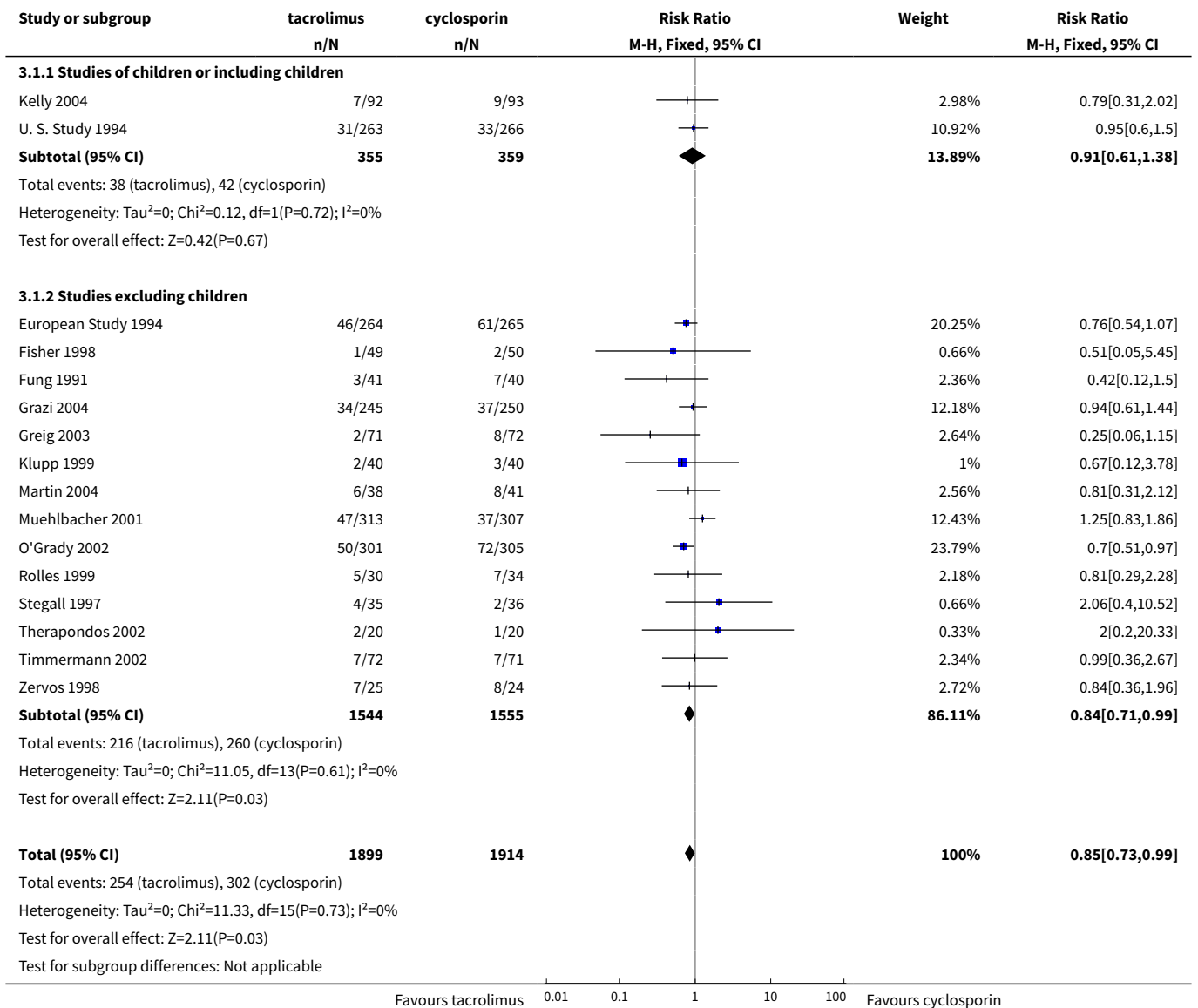


Comparison 3. Stratified analysis, by inclusion of children

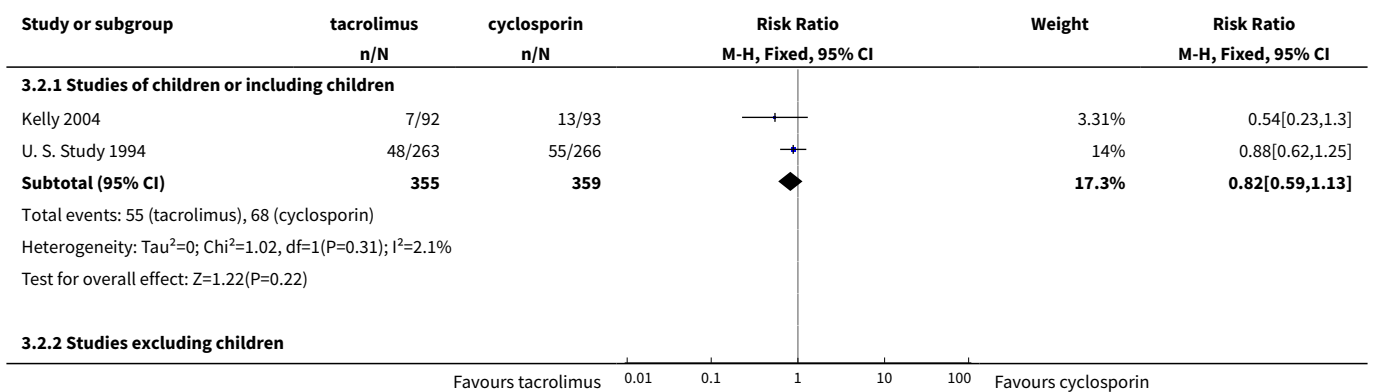
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Mortality	16	3813	Risk Ratio (M-H, Fixed, 95% CI)	0.85 [0.73, 0.99]
1.1 Studies of children or including children	2	714	Risk Ratio (M-H, Fixed, 95% CI)	0.91 [0.61, 1.38]
1.2 Studies excluding children	14	3099	Risk Ratio (M-H, Fixed, 95% CI)	0.84 [0.71, 0.99]
2 Graft loss	16	3813	Risk Ratio (M-H, Fixed, 95% CI)	0.78 [0.68, 0.89]
2.1 Studies of children or including children	2	714	Risk Ratio (M-H, Fixed, 95% CI)	0.82 [0.59, 1.13]

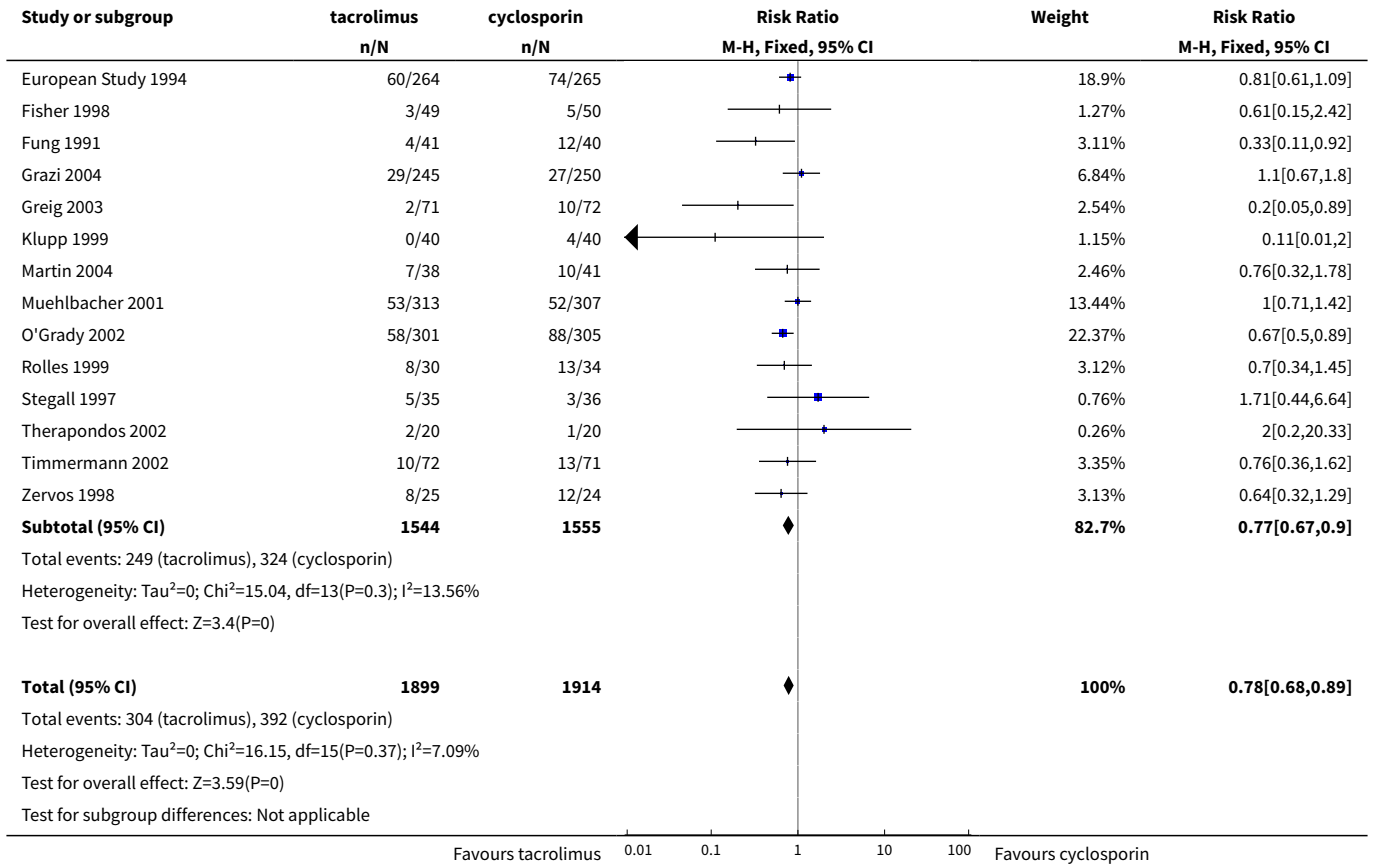
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
2.2 Studies excluding children	14	3099	Risk Ratio (M-H, Fixed, 95% CI)	0.77 [0.67, 0.90]
3 Acute rejection	16	3786	Risk Ratio (M-H, Fixed, 95% CI)	0.82 [0.77, 0.88]
3.1 Studies of children or including children	2	716	Risk Ratio (M-H, Fixed, 95% CI)	0.87 [0.77, 0.99]
3.2 Studies excluding children	14	3070	Risk Ratio (M-H, Fixed, 95% CI)	0.81 [0.74, 0.88]
4 Steroid-resistant rejection	11	2439	Risk Ratio (M-H, Fixed, 95% CI)	0.57 [0.46, 0.71]
4.1 Studies of children or including children	2	664	Risk Ratio (M-H, Fixed, 95% CI)	0.52 [0.38, 0.71]
4.2 Studies excluding children	9	1775	Risk Ratio (M-H, Fixed, 95% CI)	0.63 [0.47, 0.84]
5 Dialysis (de-novo requirement post-transplantation)	5	873	Risk Ratio (M-H, Fixed, 95% CI)	1.55 [0.64, 3.78]
5.1 Studies of children or including children	1	529	Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]
5.2 Studies excluding children	4	344	Risk Ratio (M-H, Fixed, 95% CI)	1.55 [0.64, 3.78]
6 Diabetes mellitus: initially diagnosed after transplantation	11	3023	Risk Ratio (M-H, Fixed, 95% CI)	1.27 [1.12, 1.44]
6.1 Studies of children or including children	2	714	Risk Ratio (M-H, Fixed, 95% CI)	1.88 [0.76, 4.65]
6.2 Studies excluding children	9	2309	Risk Ratio (M-H, Fixed, 95% CI)	1.25 [1.10, 1.42]
7 Post transplant lymphoproliferative disease	7	1107	Risk Ratio (M-H, Fixed, 95% CI)	1.01 [0.36, 2.86]
7.1 Studies of children or including children	2	714	Risk Ratio (M-H, Fixed, 95% CI)	1.59 [0.42, 6.02]
7.2 Studies excluding children	5	393	Risk Ratio (M-H, Fixed, 95% CI)	0.43 [0.07, 2.89]
8 Patients withdrawn from tacrolimus or cyclosporin	13	3156	Risk Ratio (M-H, Fixed, 95% CI)	0.65 [0.57, 0.74]
8.1 Studies of children or including children	2	710	Risk Ratio (M-H, Fixed, 95% CI)	0.72 [0.59, 0.89]
8.2 Studies excluding children	11	2446	Risk Ratio (M-H, Fixed, 95% CI)	0.61 [0.50, 0.73]

Analysis 3.1. Comparison 3 Stratified analysis, by inclusion of children, Outcome 1 Mortality.

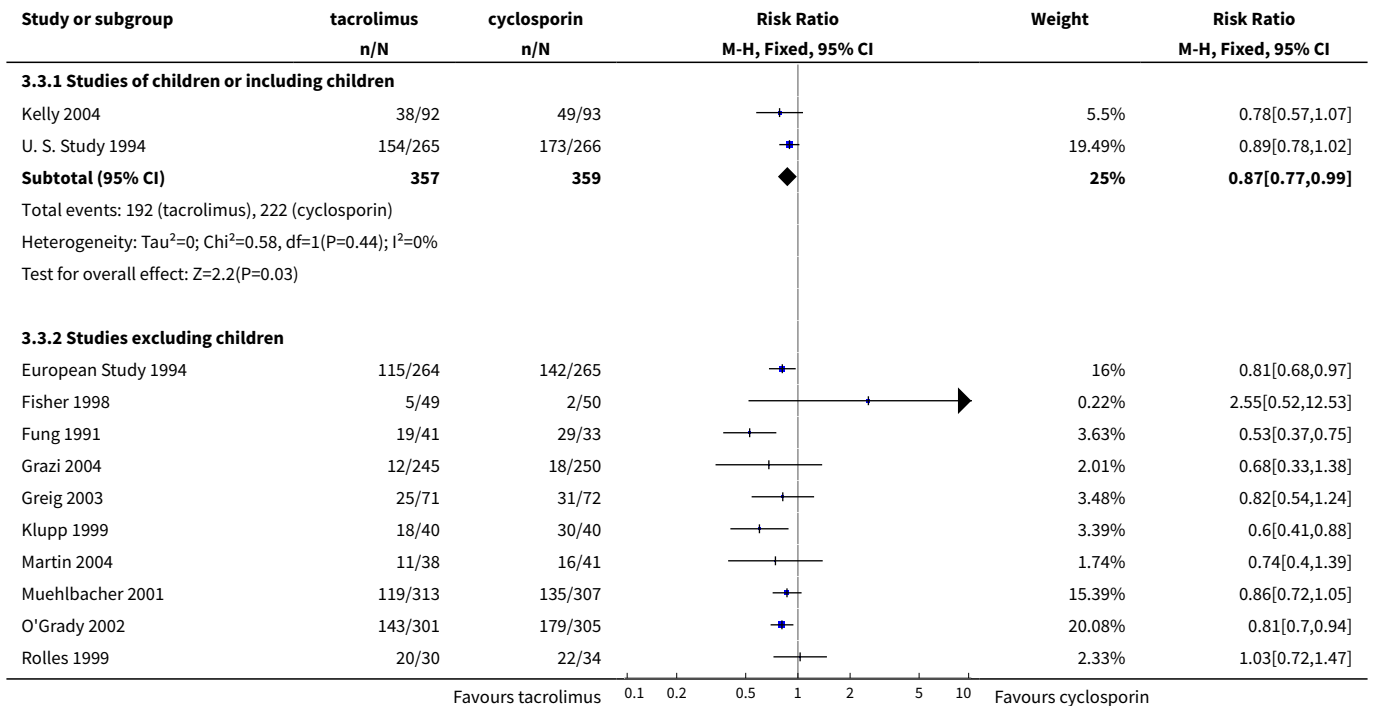


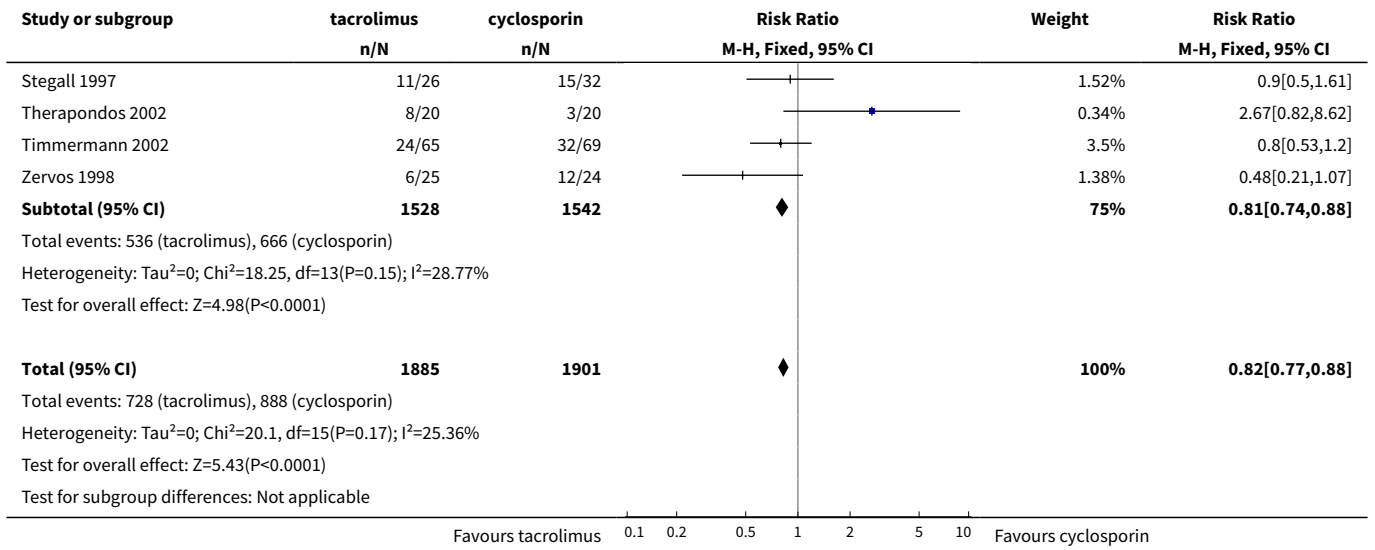
Analysis 3.2. Comparison 3 Stratified analysis, by inclusion of children, Outcome 2 Graft loss.



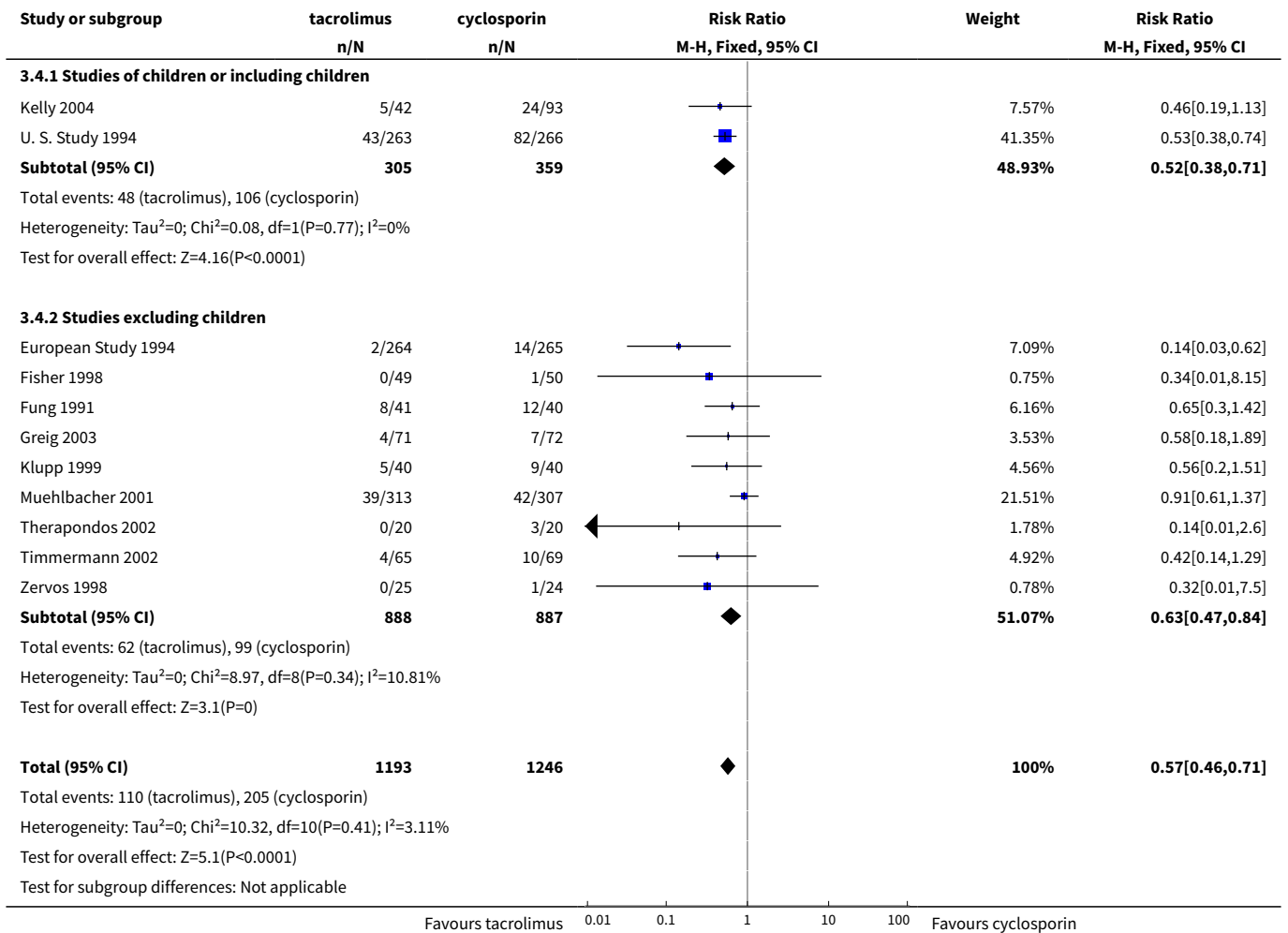


Analysis 3.3. Comparison 3 Stratified analysis, by inclusion of children, Outcome 3 Acute rejection.

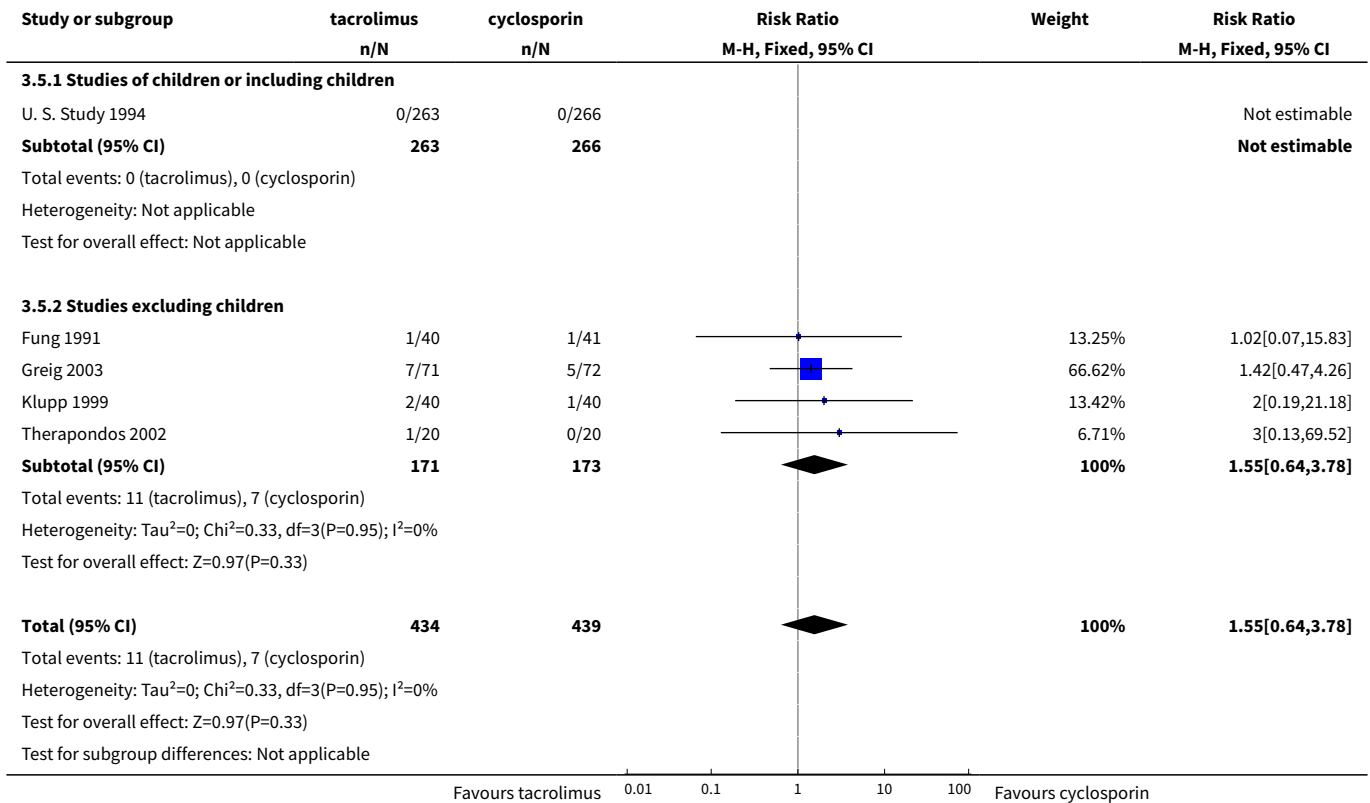




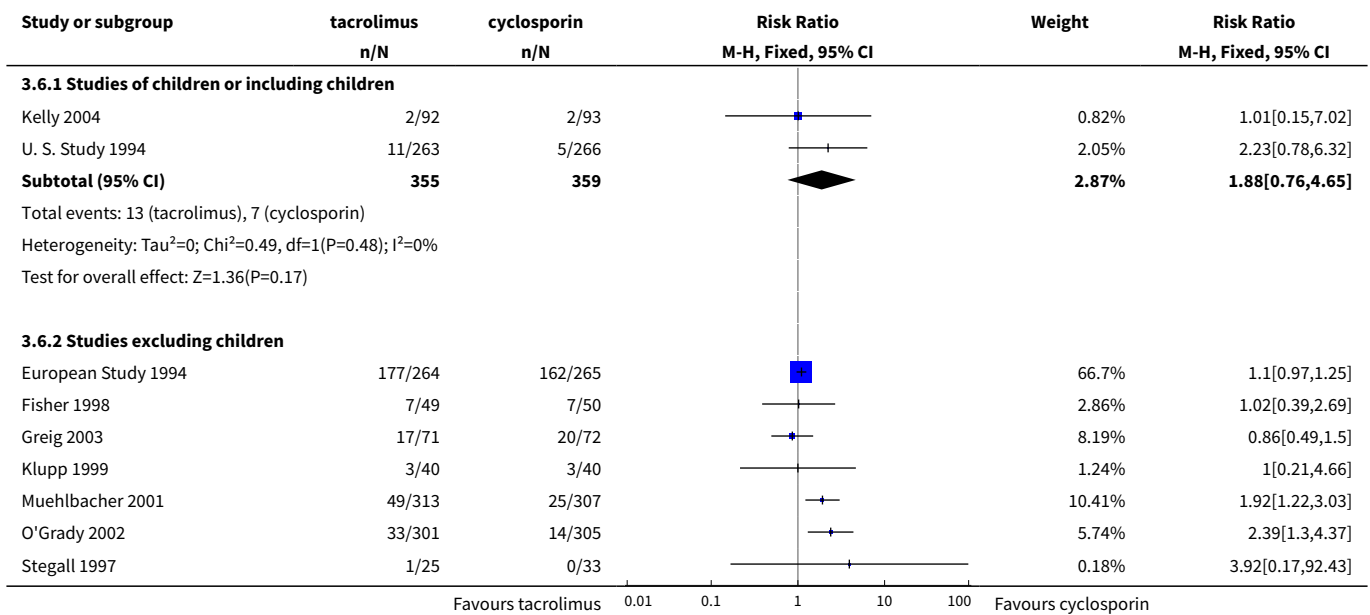
Analysis 3.4. Comparison 3 Stratified analysis, by inclusion of children, Outcome 4 Steroid-resistant rejection.

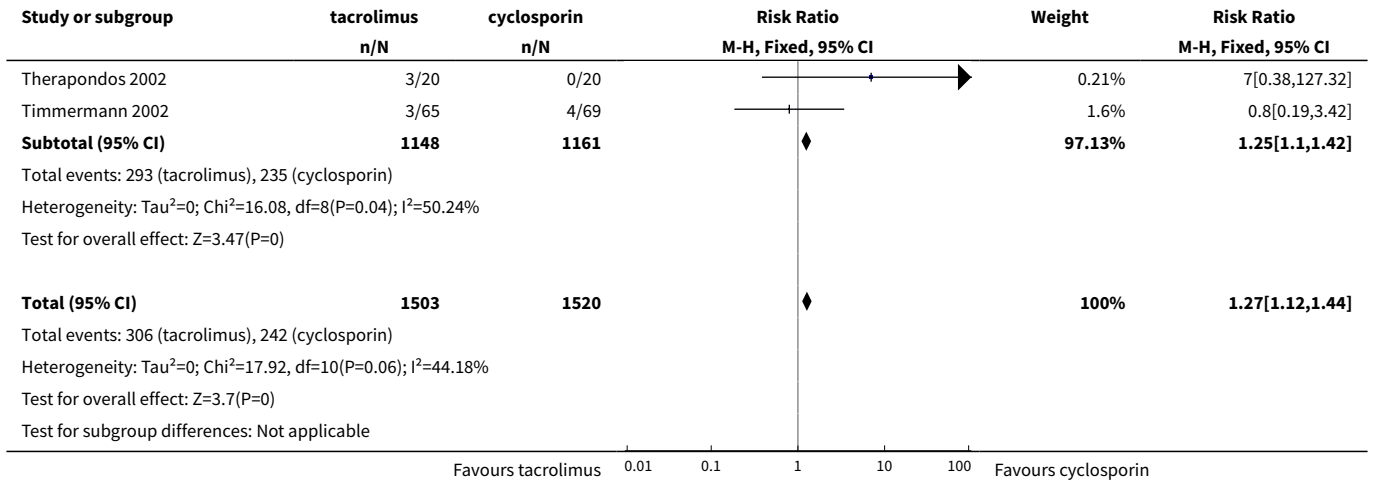


Analysis 3.5. Comparison 3 Stratified analysis, by inclusion of children, Outcome 5 Dialysis (de-novo requirement post-transplantation).

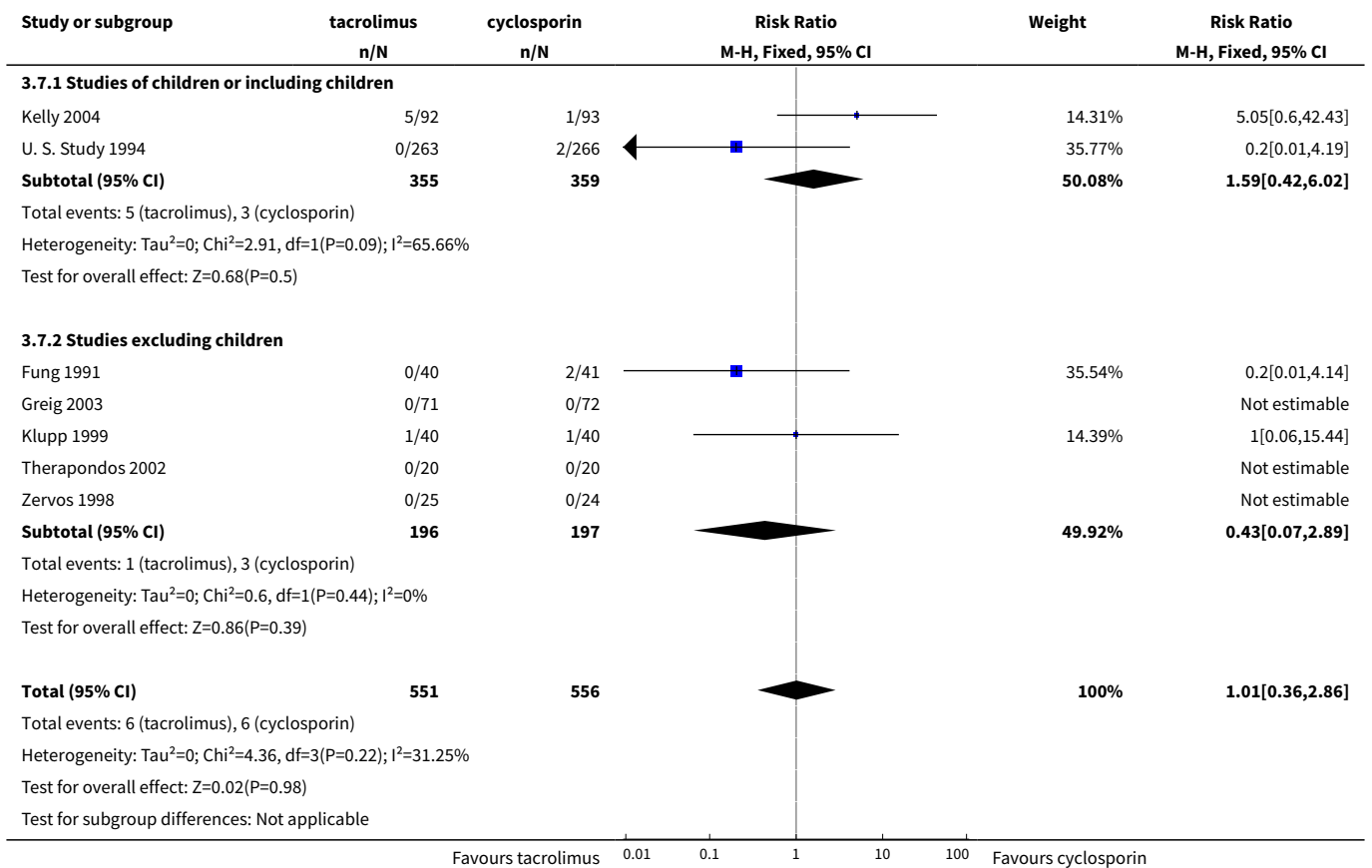


Analysis 3.6. Comparison 3 Stratified analysis, by inclusion of children, Outcome 6 Diabetes mellitus: initially diagnosed after transplantation.

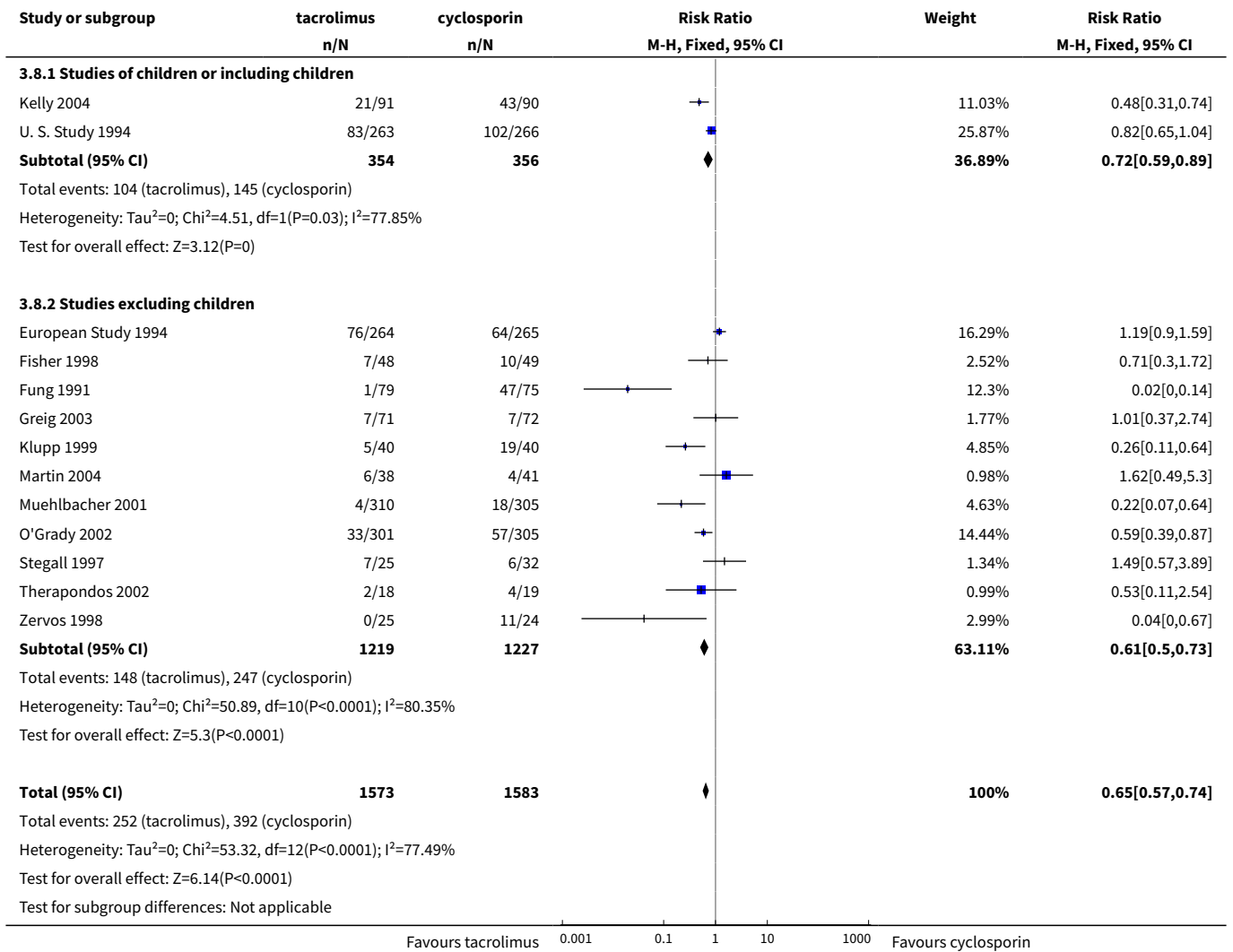




Analysis 3.7. Comparison 3 Stratified analysis, by inclusion of children, Outcome 7 Post transplant lymphoproliferative disease.



Analysis 3.8. Comparison 3 Stratified analysis, by inclusion of children, Outcome 8 Patients withdrawn from tacrolimus or cyclosporin.

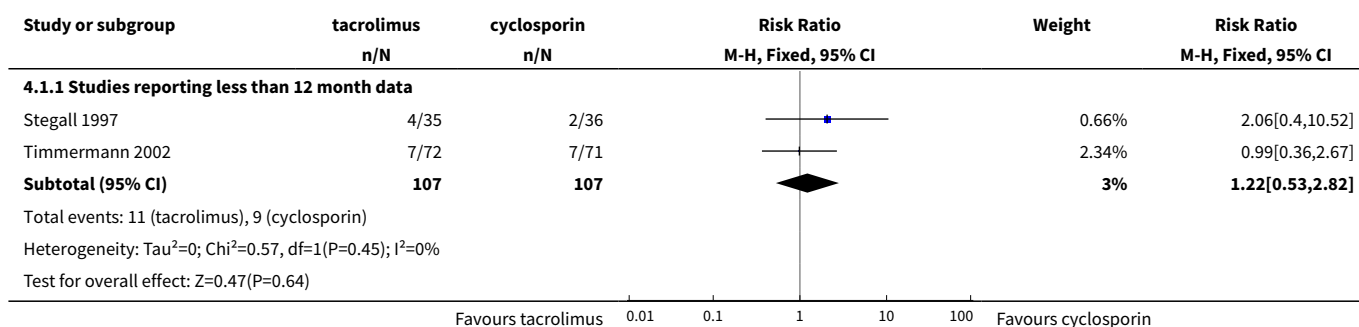


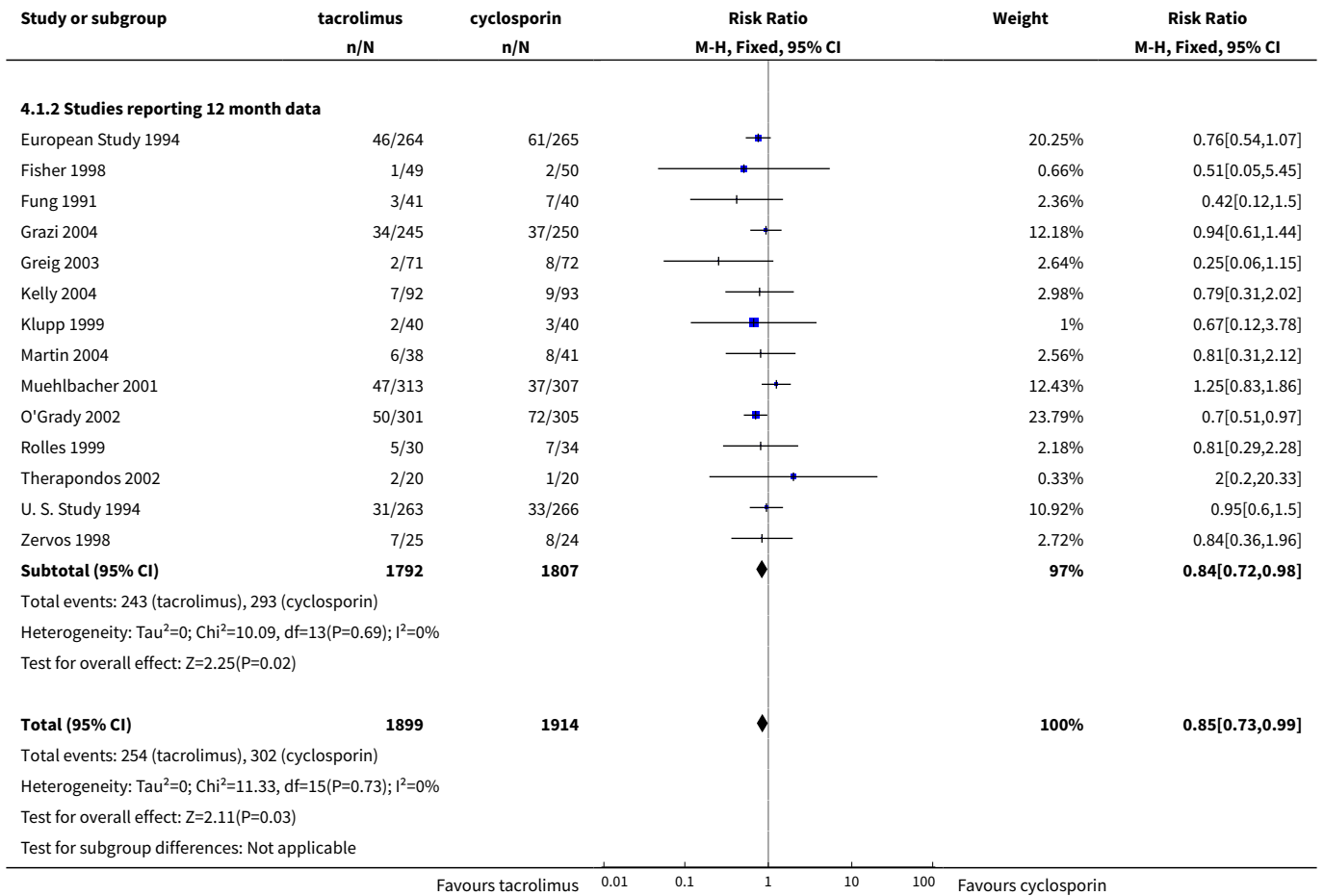
Comparison 4. Stratified analysis, by studies reporting 12 month data

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Mortality	16	3813	Risk Ratio (M-H, Fixed, 95% CI)	0.85 [0.73, 0.99]
1.1 Studies reporting less than 12 month data	2	214	Risk Ratio (M-H, Fixed, 95% CI)	1.22 [0.53, 2.82]
1.2 Studies reporting 12 month data	14	3599	Risk Ratio (M-H, Fixed, 95% CI)	0.84 [0.72, 0.98]
2 Graft loss	16	3813	Risk Ratio (M-H, Fixed, 95% CI)	0.78 [0.68, 0.89]

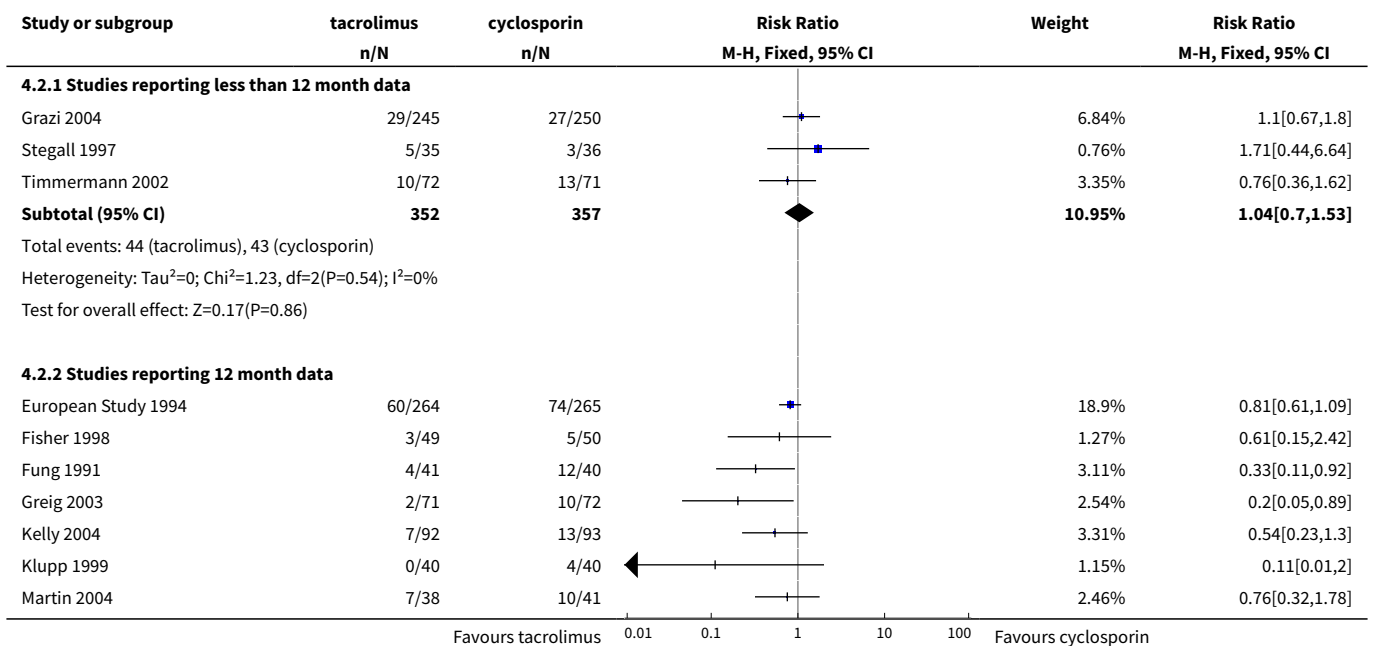
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
2.1 Studies reporting less than 12 month data	3	709	Risk Ratio (M-H, Fixed, 95% CI)	1.04 [0.70, 1.53]
2.2 Studies reporting 12 month data	13	3104	Risk Ratio (M-H, Fixed, 95% CI)	0.75 [0.65, 0.87]
3 Acute rejection	16	3786	Risk Ratio (M-H, Fixed, 95% CI)	0.82 [0.77, 0.88]
3.1 Studies reporting less than 12 month data	2	192	Risk Ratio (M-H, Fixed, 95% CI)	0.83 [0.59, 1.16]
3.2 Studies reporting 12 month data	14	3594	Risk Ratio (M-H, Fixed, 95% CI)	0.82 [0.77, 0.89]
4 Steroid-resistant rejection	11	2573	Risk Ratio (M-H, Fixed, 95% CI)	0.57 [0.46, 0.70]
4.1 Studies reporting less than 12 month data	1	134	Risk Ratio (M-H, Fixed, 95% CI)	0.42 [0.14, 1.29]
4.2 Studies reporting 12 month data	11	2439	Risk Ratio (M-H, Fixed, 95% CI)	0.57 [0.46, 0.71]
6 Diabetes mellitus: initially diagnosed after transplantation	11	3023	Risk Ratio (M-H, Fixed, 95% CI)	1.27 [1.12, 1.44]
6.1 Studies reporting less than 12 month data	2	192	Risk Ratio (M-H, Fixed, 95% CI)	1.11 [0.31, 3.92]
6.2 Studies reporting 12 month data	9	2831	Risk Ratio (M-H, Fixed, 95% CI)	1.27 [1.12, 1.44]
8 Patients withdrawn from tacrolimus or cyclosporin	13	3156	Risk Ratio (M-H, Fixed, 95% CI)	0.65 [0.57, 0.74]
8.1 Studies reporting less than 12 month data	1	57	Risk Ratio (M-H, Fixed, 95% CI)	1.49 [0.57, 3.89]
8.2 Studies reporting 12 month data	12	3099	Risk Ratio (M-H, Fixed, 95% CI)	0.64 [0.55, 0.73]

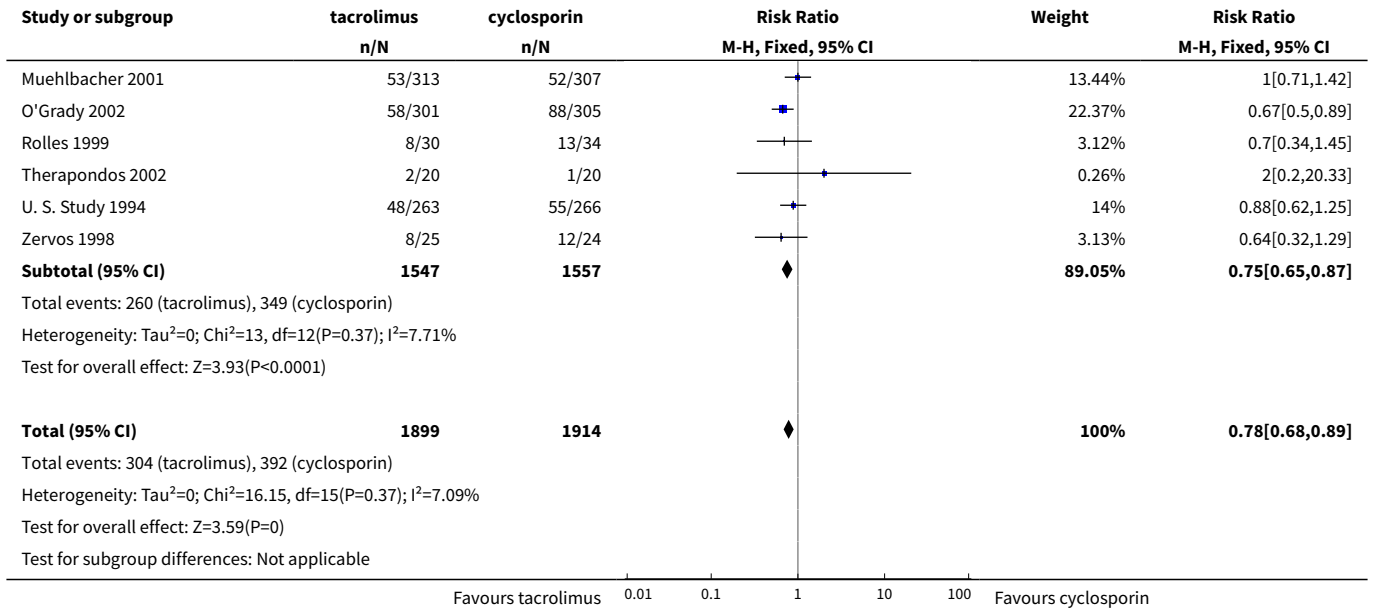
Analysis 4.1. Comparison 4 Stratified analysis, by studies reporting 12 month data, Outcome 1 Mortality.



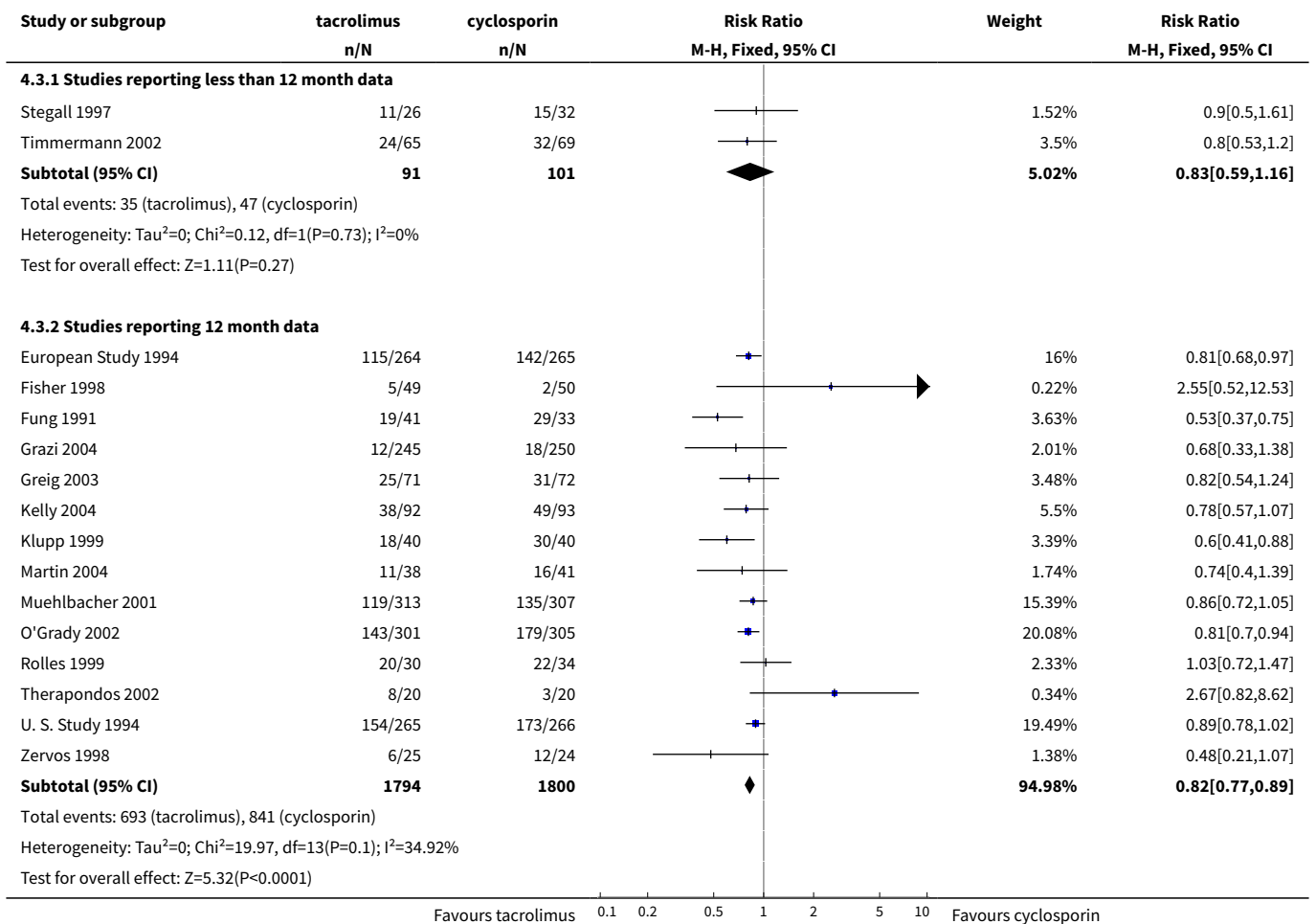


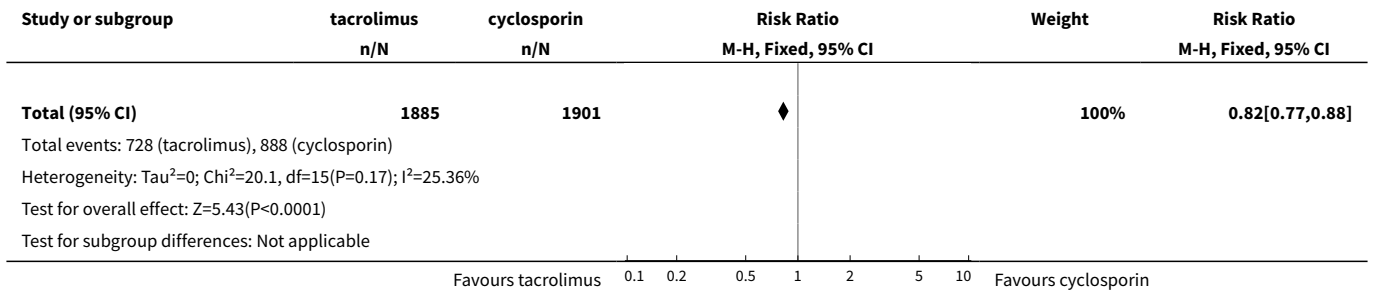
Analysis 4.2. Comparison 4 Stratified analysis, by studies reporting 12 month data, Outcome 2 Graft loss.



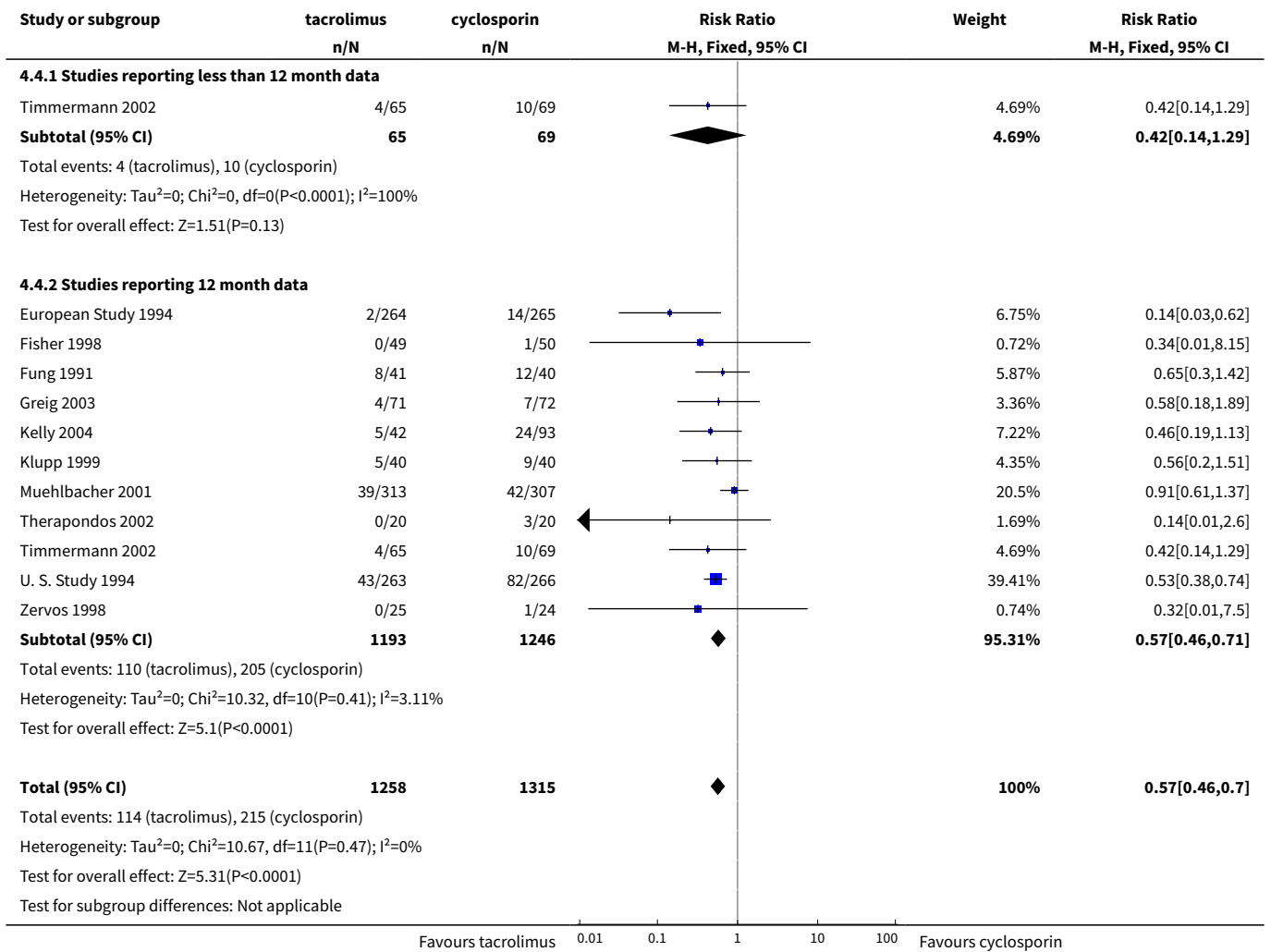


Analysis 4.3. Comparison 4 Stratified analysis, by studies reporting 12 month data, Outcome 3 Acute rejection.

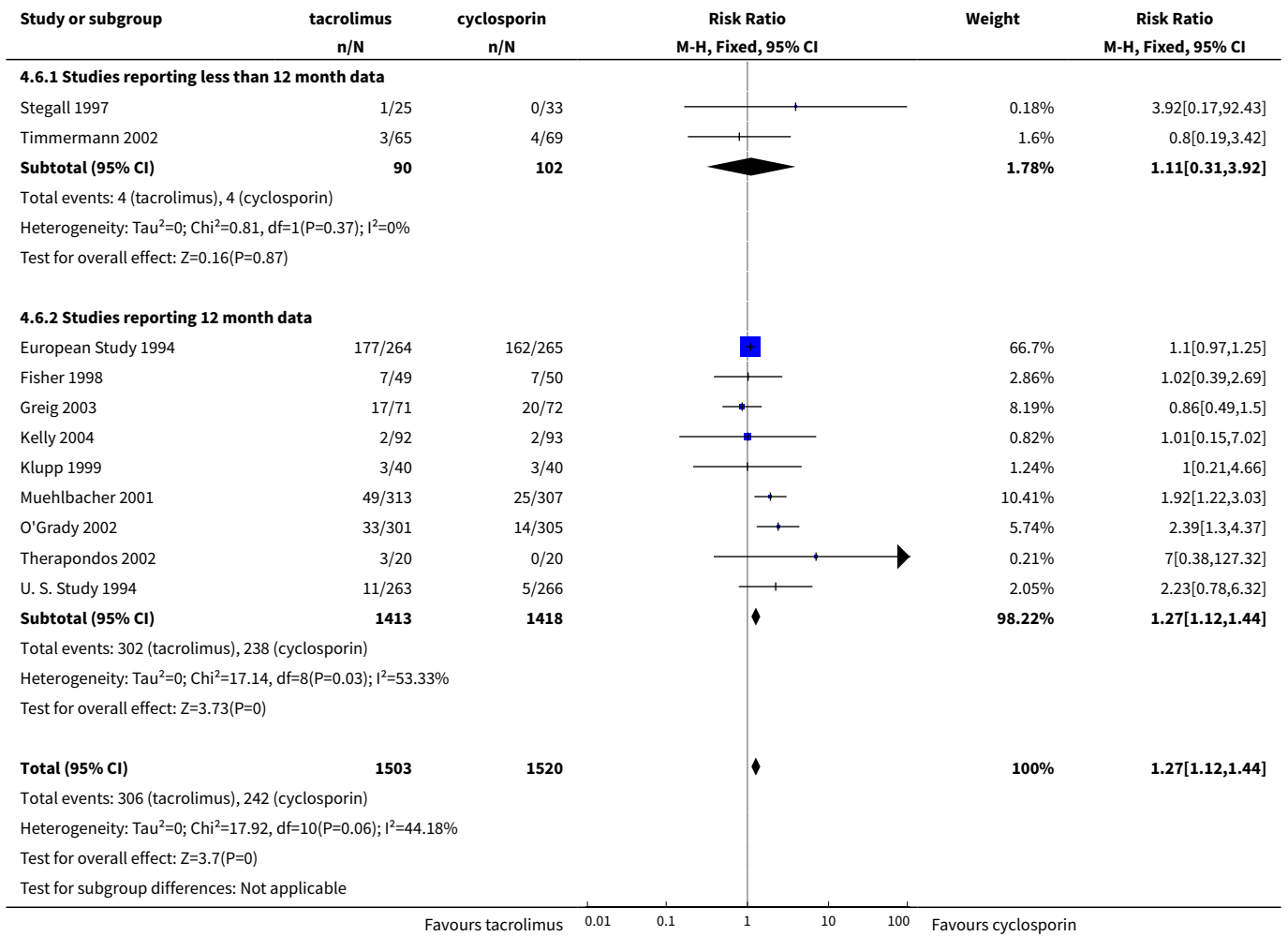




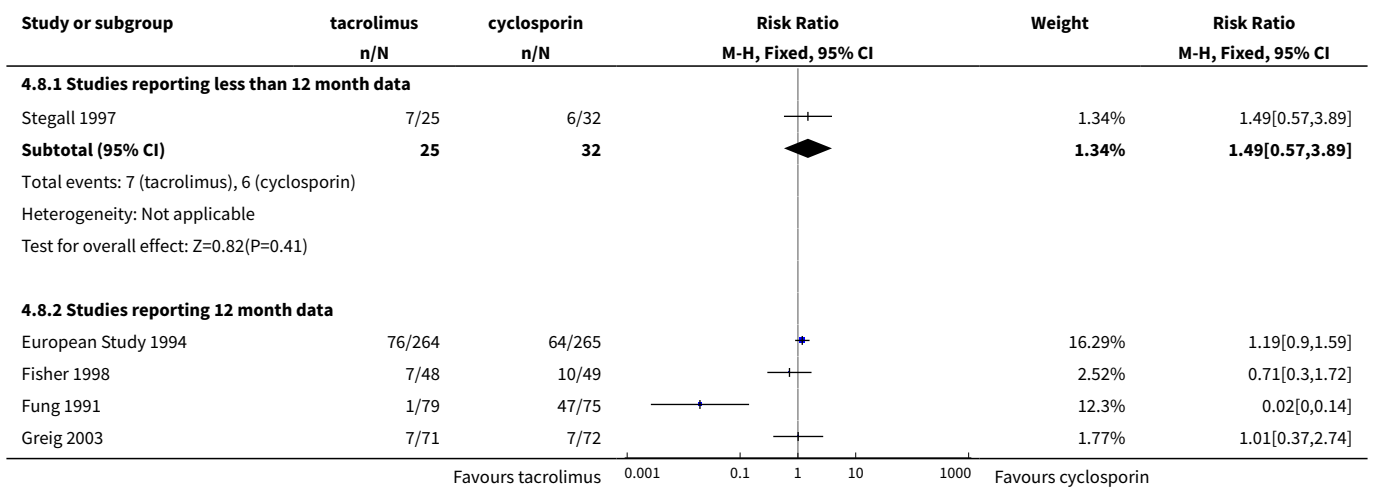
Analysis 4.4. Comparison 4 Stratified analysis, by studies reporting 12 month data, Outcome 4 Steroid-resistant rejection.

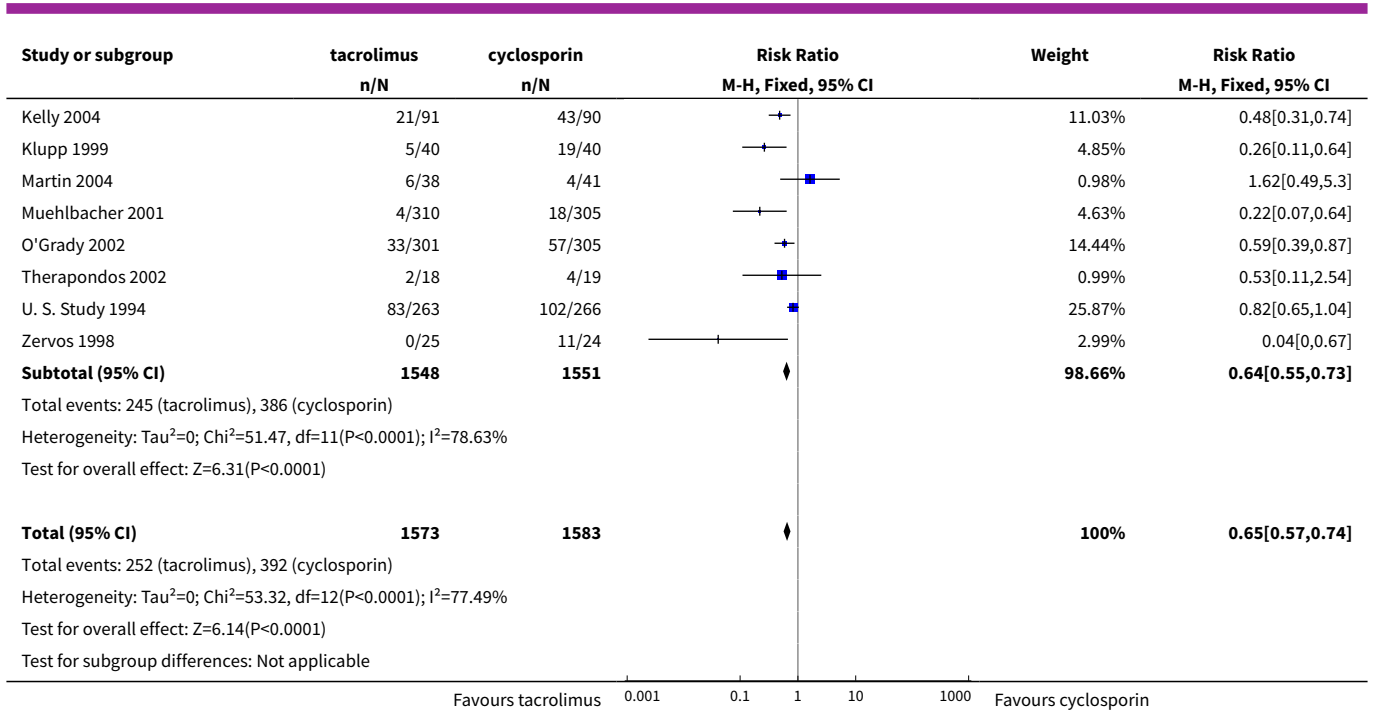


Analysis 4.6. Comparison 4 Stratified analysis, by studies reporting 12 month data, Outcome 6 Diabetes mellitus: initially diagnosed after transplantation.



Analysis 4.8. Comparison 4 Stratified analysis, by studies reporting 12 month data, Outcome 8 Patients withdrawn from tacrolimus or cyclosporin.



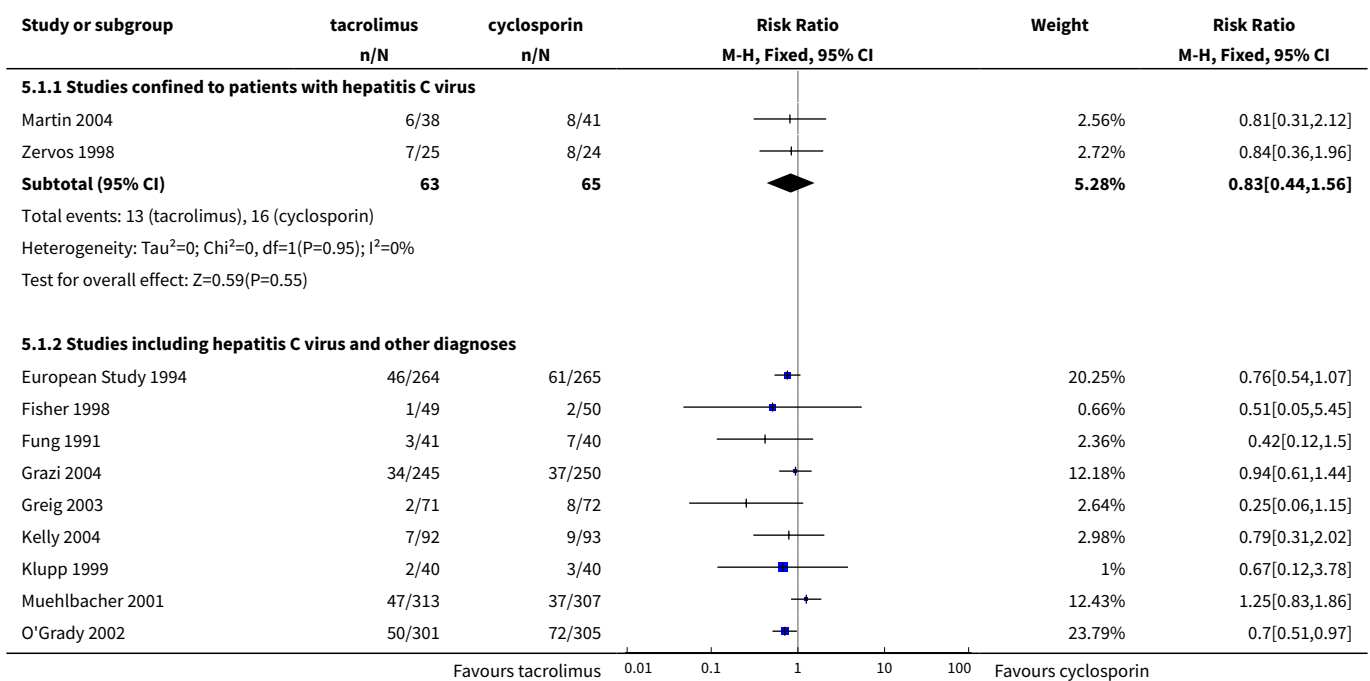


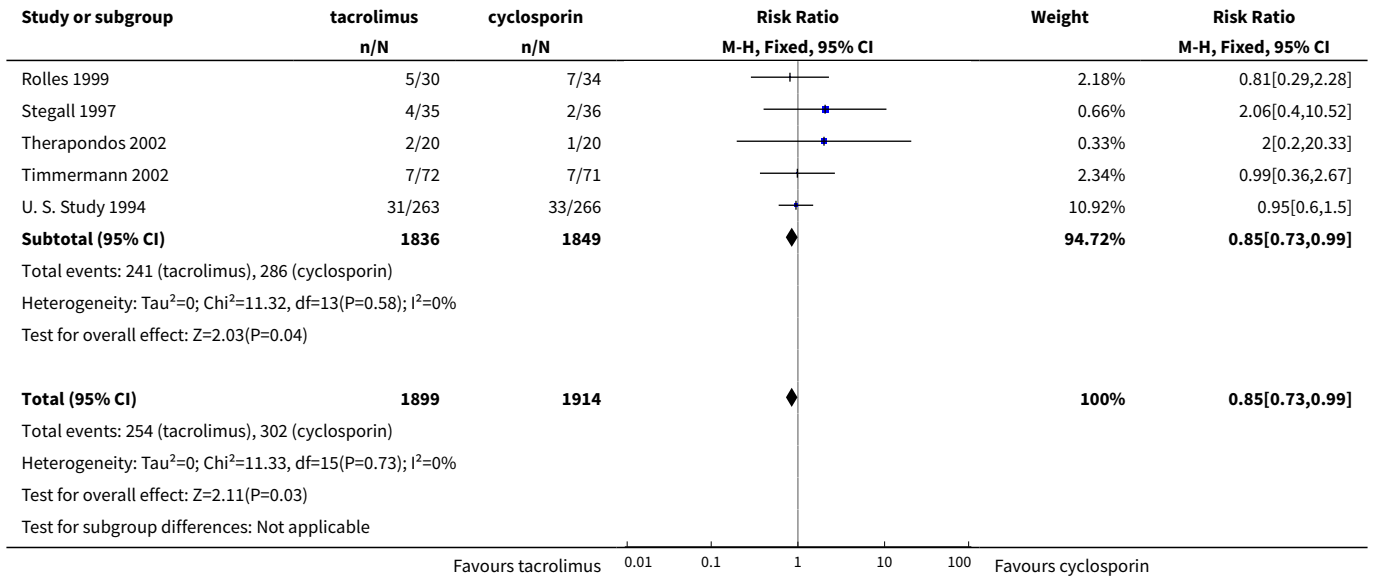
Comparison 5. Stratified analysis, by studies confined to patients with hepatitis C virus

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Mortality	16	3813	Risk Ratio (M-H, Fixed, 95% CI)	0.85 [0.73, 0.99]
1.1 Studies confined to patients with hepatitis C virus	2	128	Risk Ratio (M-H, Fixed, 95% CI)	0.83 [0.44, 1.56]
1.2 Studies including hepatitis C virus and other diagnoses	14	3685	Risk Ratio (M-H, Fixed, 95% CI)	0.85 [0.73, 0.99]
2 Graft loss	16	3813	Risk Ratio (M-H, Fixed, 95% CI)	0.78 [0.68, 0.89]
2.1 Studies confined to patients with hepatitis C virus	2	128	Risk Ratio (M-H, Fixed, 95% CI)	0.69 [0.40, 1.19]
2.2 Studies including hepatitis C virus and other diagnoses	14	3685	Risk Ratio (M-H, Fixed, 95% CI)	0.79 [0.69, 0.90]
3 Acute rejection	16	3786	Risk Ratio (M-H, Fixed, 95% CI)	0.82 [0.77, 0.88]
3.1 Studies confined to patients with hepatitis C virus	2	128	Risk Ratio (M-H, Fixed, 95% CI)	0.63 [0.38, 1.02]
3.2 Studies including hepatitis C virus and other diagnoses	14	3658	Risk Ratio (M-H, Fixed, 95% CI)	0.83 [0.77, 0.89]

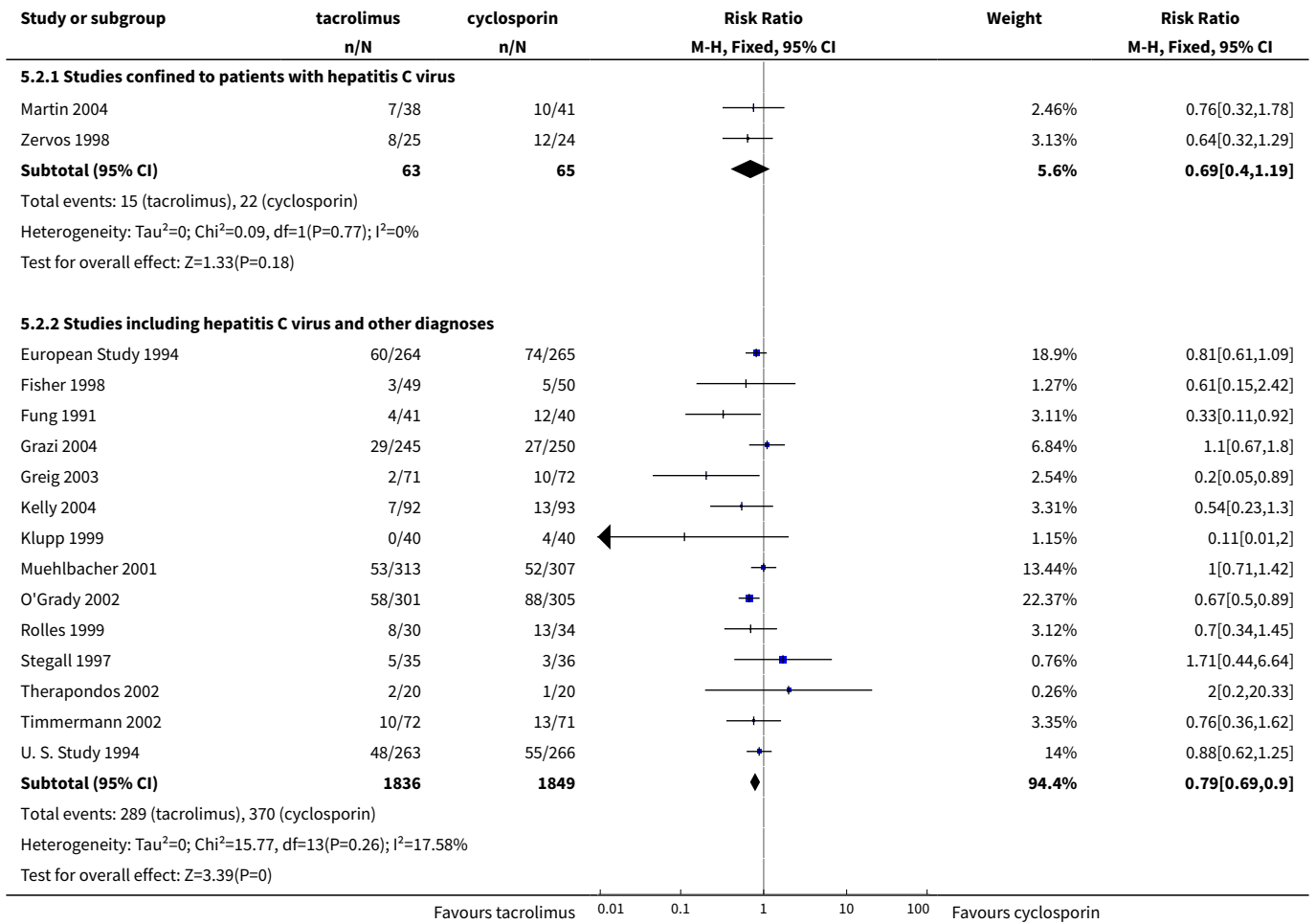
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
4 Steroid-resistant rejection	11	2439	Risk Ratio (M-H, Fixed, 95% CI)	0.57 [0.46, 0.71]
4.1 Studies confined to patients with hepatitis C virus	1	49	Risk Ratio (M-H, Fixed, 95% CI)	0.32 [0.01, 7.50]
4.2 Studies including hepatitis C virus and other diagnoses	10	2390	Risk Ratio (M-H, Fixed, 95% CI)	0.58 [0.47, 0.71]
5 Post transplant lymphoproliferative disease	7	1107	Risk Ratio (M-H, Fixed, 95% CI)	1.01 [0.36, 2.86]
5.1 Studies confined to patients with hepatitis C virus	1	49	Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]
5.2 Studies including hepatitis C virus and other diagnoses	6	1058	Risk Ratio (M-H, Fixed, 95% CI)	1.01 [0.36, 2.86]
6 Patients withdrawn from tacrolimus or cyclosporin	13	3156	Risk Ratio (M-H, Fixed, 95% CI)	0.65 [0.57, 0.74]
6.1 Studies confined to patients with hepatitis C virus	2	128	Risk Ratio (M-H, Fixed, 95% CI)	0.43 [0.18, 1.02]
6.2 Studies including hepatitis C virus and other diagnoses	11	3028	Risk Ratio (M-H, Fixed, 95% CI)	0.66 [0.57, 0.76]

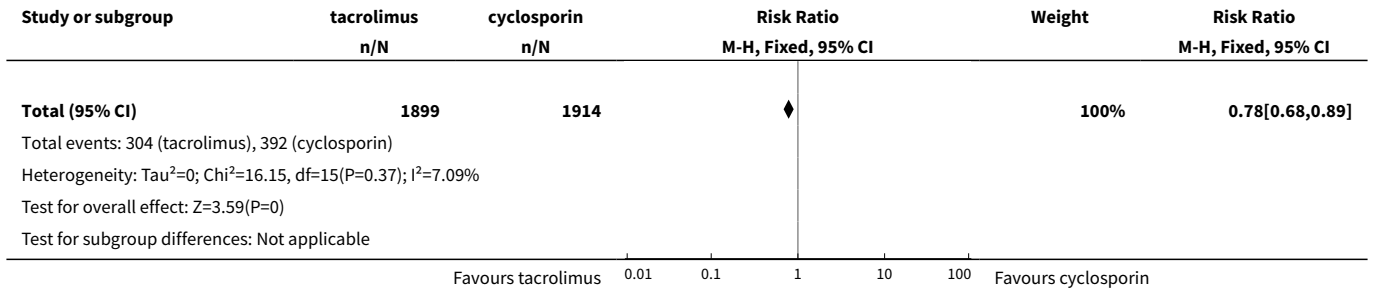
Analysis 5.1. Comparison 5 Stratified analysis, by studies confined to patients with hepatitis C virus, Outcome 1 Mortality.



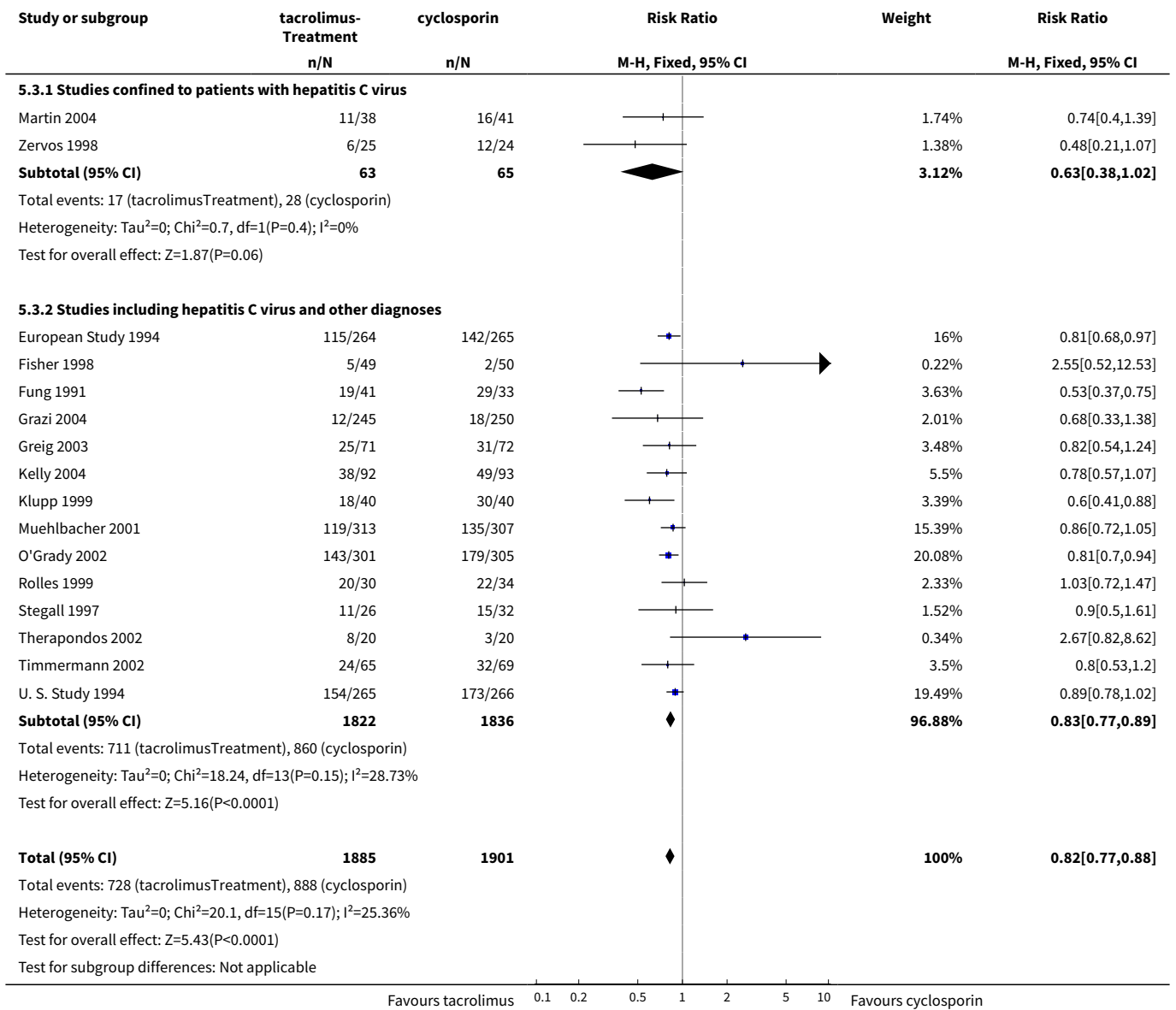


Analysis 5.2. Comparison 5 Stratified analysis, by studies confined to patients with hepatitis C virus, Outcome 2 Graft loss.

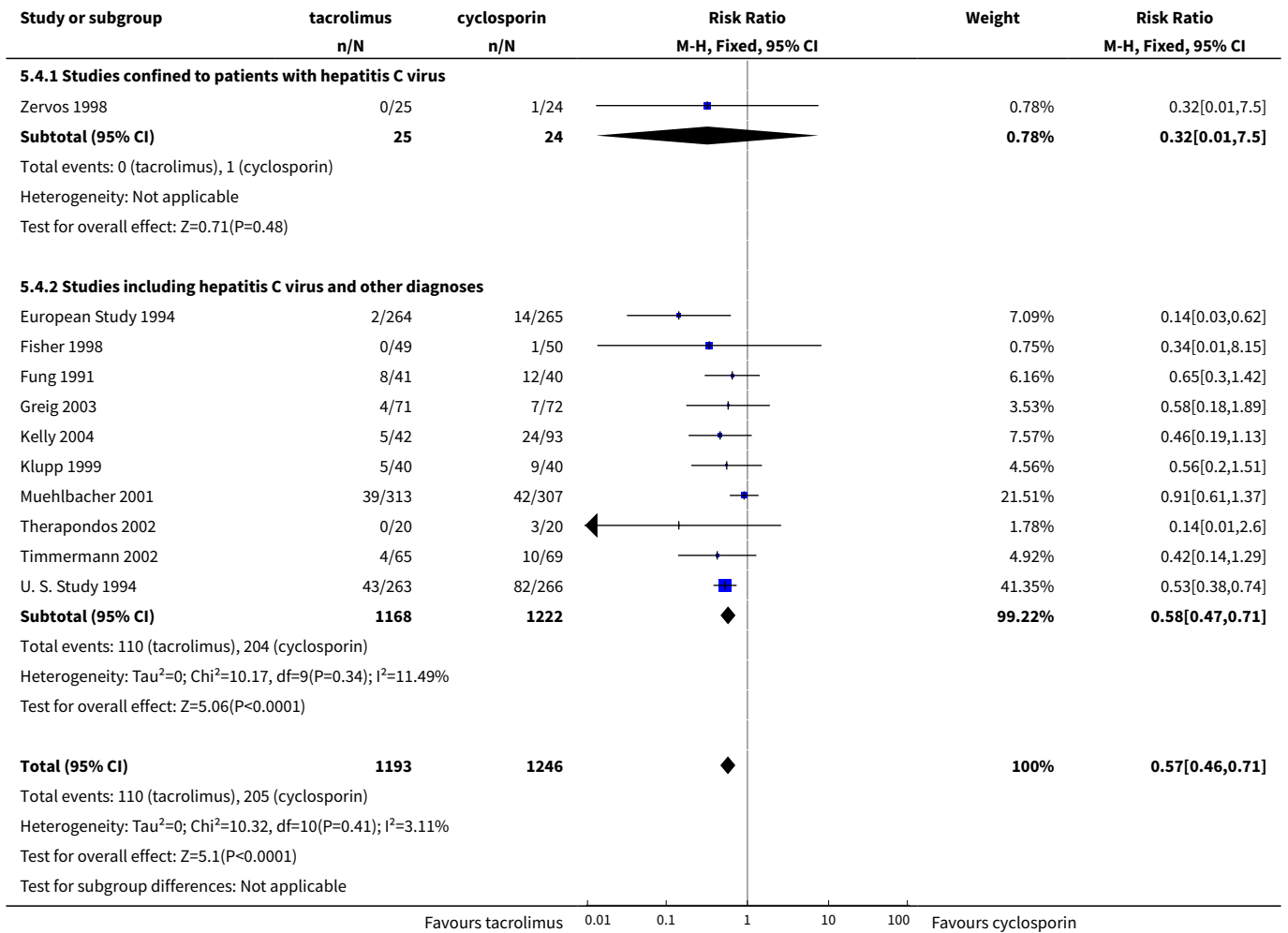




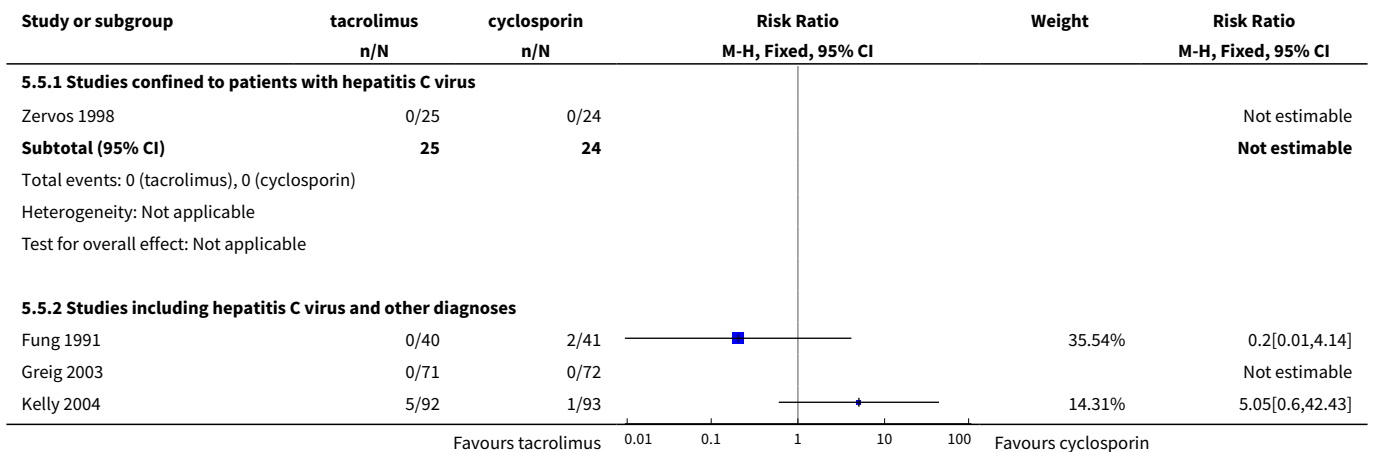
Analysis 5.3. Comparison 5 Stratified analysis, by studies confined to patients with hepatitis C virus, Outcome 3 Acute rejection.

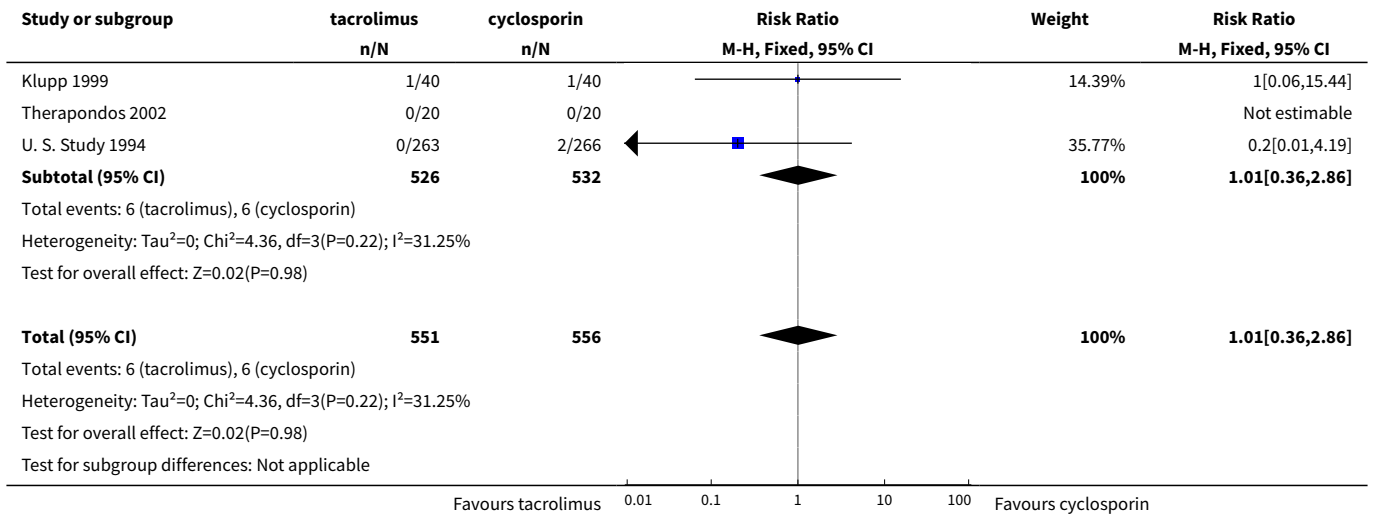


Analysis 5.4. Comparison 5 Stratified analysis, by studies confined to patients with hepatitis C virus, Outcome 4 Steroid-resistant rejection.

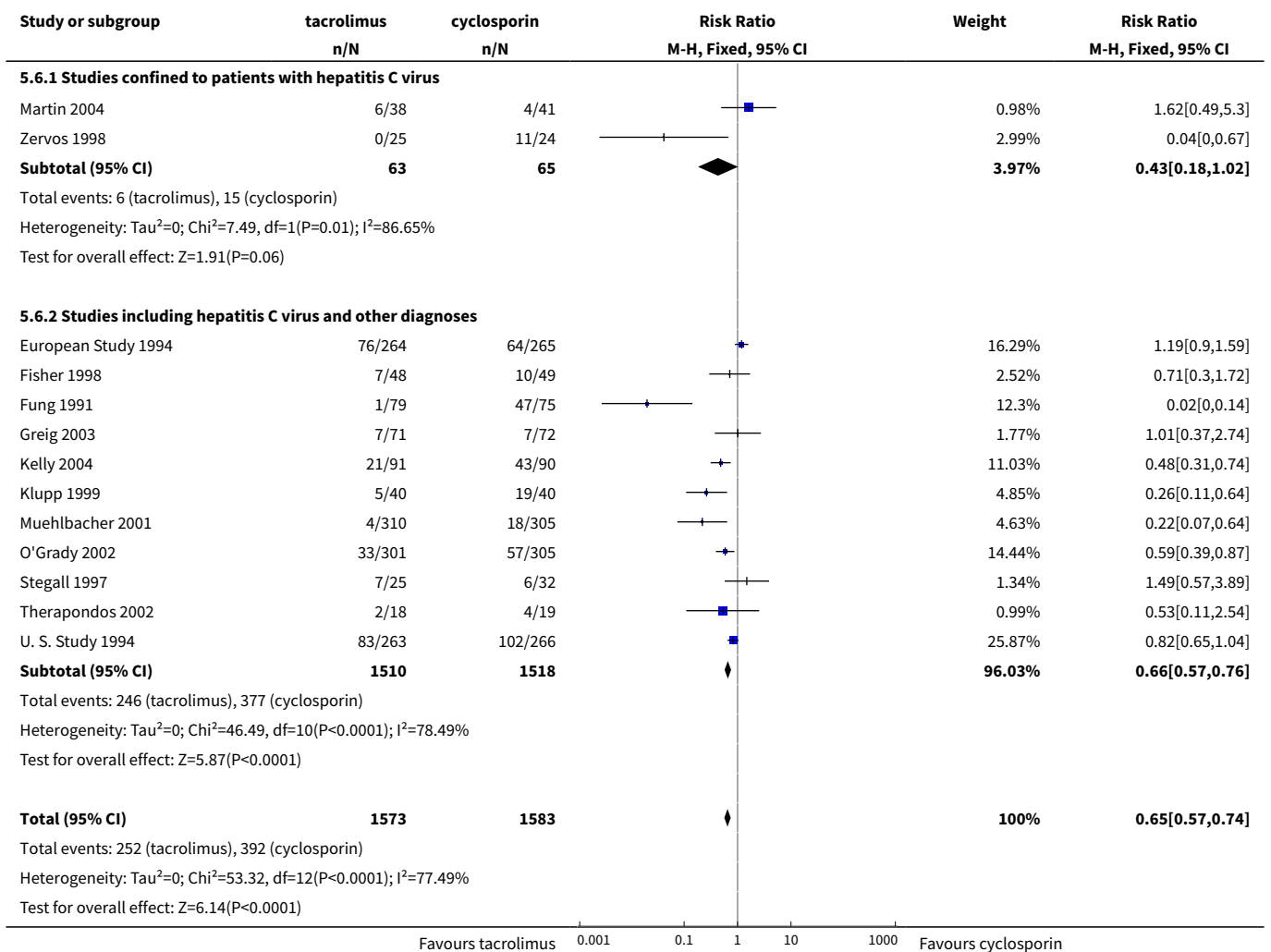


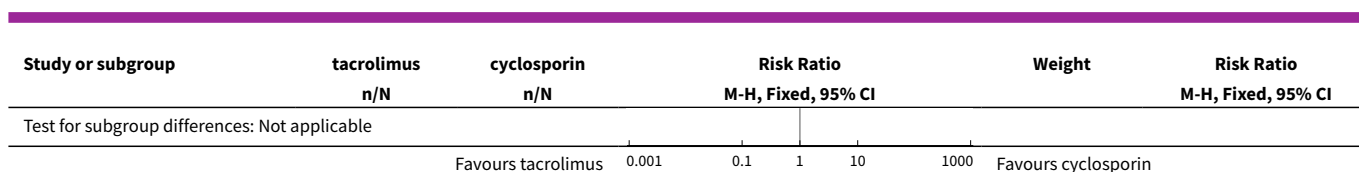
Analysis 5.5. Comparison 5 Stratified analysis, by studies confined to patients with hepatitis C virus, Outcome 5 Post transplant lymphoproliferative disease.





Analysis 5.6. Comparison 5 Stratified analysis, by studies confined to patients with hepatitis C virus, Outcome 6 Patients withdrawn from tacrolimus or cyclosporin.





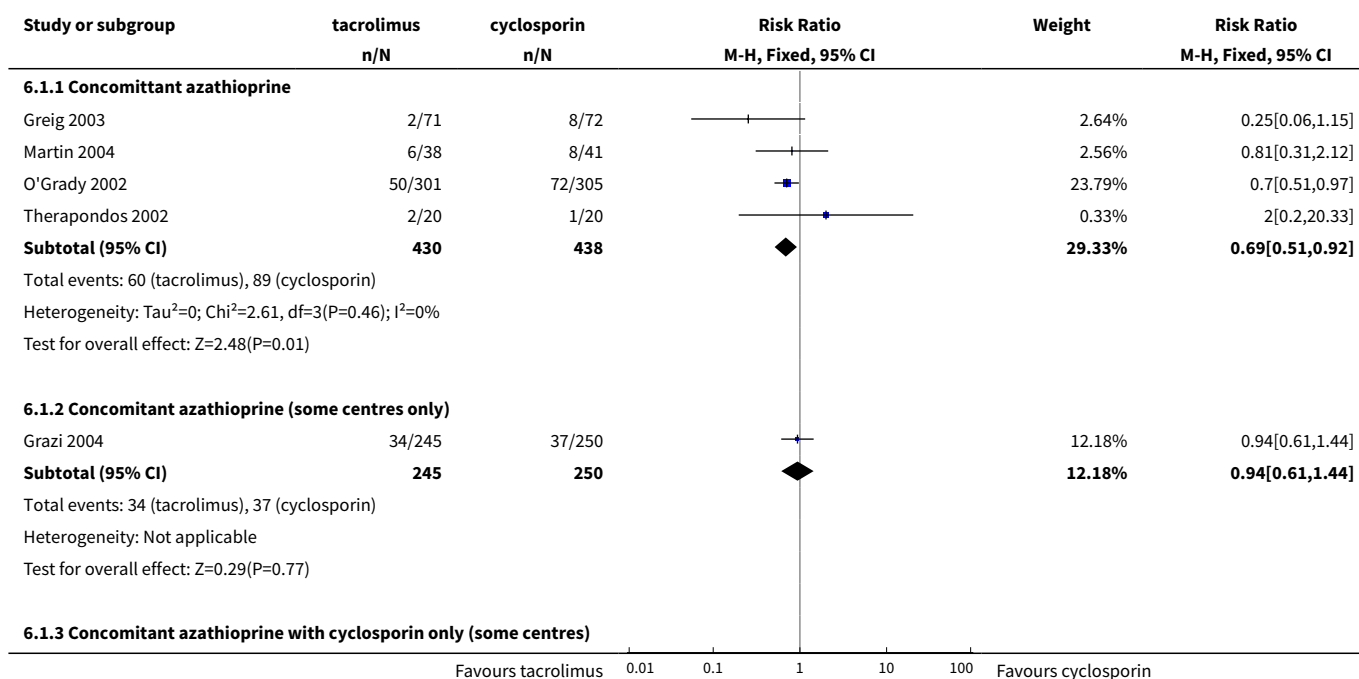
Comparison 6. Stratified analysis, by concomitant azathioprine or mycophenolate mofetil

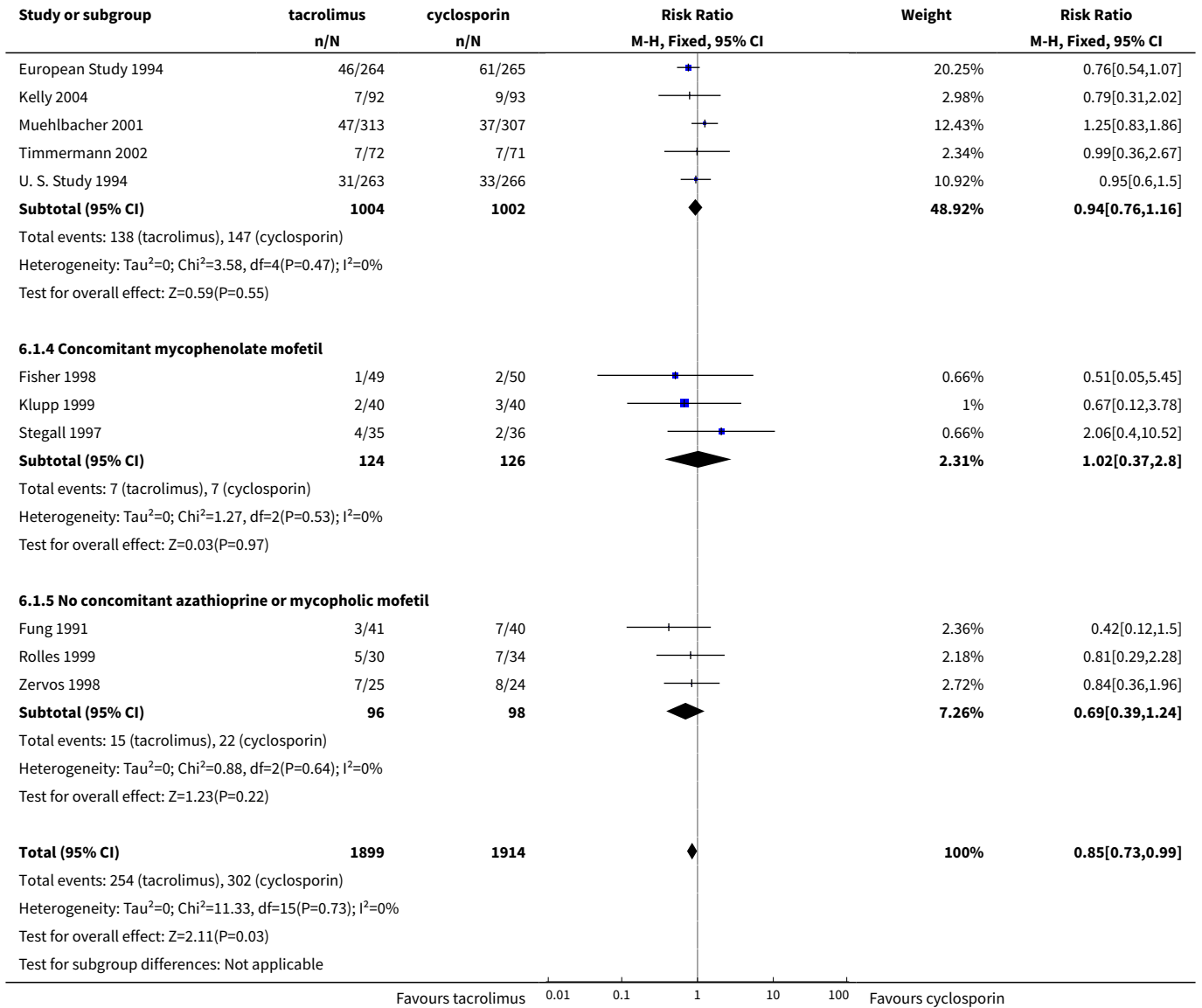
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Mortality	16	3813	Risk Ratio (M-H, Fixed, 95% CI)	0.85 [0.73, 0.99]
1.1 Concomittant azathioprine	4	868	Risk Ratio (M-H, Fixed, 95% CI)	0.69 [0.51, 0.92]
1.2 Concomitant azathioprine (some centres only)	1	495	Risk Ratio (M-H, Fixed, 95% CI)	0.94 [0.61, 1.44]
1.3 Concomitant azathioprine with cyclosporin only (some centres)	5	2006	Risk Ratio (M-H, Fixed, 95% CI)	0.94 [0.76, 1.16]
1.4 Concomitant mycophenolate mofetil	3	250	Risk Ratio (M-H, Fixed, 95% CI)	1.02 [0.37, 2.80]
1.5 No concomitant azathioprine or mycopholic mofetil	3	194	Risk Ratio (M-H, Fixed, 95% CI)	0.69 [0.39, 1.24]
2 Graft loss	16	3813	Risk Ratio (M-H, Fixed, 95% CI)	0.78 [0.68, 0.89]
2.1 Studies with concomittant azathioprine	4	868	Risk Ratio (M-H, Fixed, 95% CI)	0.65 [0.49, 0.84]
2.2 Concomitant azathioprine (some centres only)	1	495	Risk Ratio (M-H, Fixed, 95% CI)	1.10 [0.67, 1.80]
2.3 Concomitant azathioprine with cyclosporine only (some centres)	5	2006	Risk Ratio (M-H, Fixed, 95% CI)	0.86 [0.72, 1.03]
2.4 Concomitant mycophenolate mofetil	3	250	Risk Ratio (M-H, Fixed, 95% CI)	0.69 [0.30, 1.60]
2.5 No concomitant azathioprine or mycophenolate mofetil	3	194	Risk Ratio (M-H, Fixed, 95% CI)	0.55 [0.35, 0.88]
3 Acute rejection	16	3786	Risk Ratio (M-H, Fixed, 95% CI)	0.82 [0.77, 0.88]
3.1 Concomitant azathioprine	4	868	Risk Ratio (M-H, Fixed, 95% CI)	0.83 [0.72, 0.95]
3.2 Concomitant azathioprine (some centres only)	1	495	Risk Ratio (M-H, Fixed, 95% CI)	0.68 [0.33, 1.38]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
3.3 Concomitant azathioprine with cyclosporin only (some centres)	5	1999	Risk Ratio (M-H, Fixed, 95% CI)	0.85 [0.78, 0.93]
3.4 Concomitant mycophenolate mofetil	3	237	Risk Ratio (M-H, Fixed, 95% CI)	0.77 [0.56, 1.06]
3.5 No concomitant azathioprine or mycophenolate	3	187	Risk Ratio (M-H, Fixed, 95% CI)	0.68 [0.53, 0.86]
4 Steroid-resistant rejection	11	2439	Risk Ratio (M-H, Fixed, 95% CI)	0.57 [0.46, 0.71]
4.1 Concomitant azathioprine	2	183	Risk Ratio (M-H, Fixed, 95% CI)	0.43 [0.15, 1.26]
4.2 Concomitant azathioprine with cyclosporin only (some centres only)	5	1947	Risk Ratio (M-H, Fixed, 95% CI)	0.58 [0.46, 0.74]
4.3 Concomitant mycophenolate mofetil	2	179	Risk Ratio (M-H, Fixed, 95% CI)	0.53 [0.20, 1.37]
4.4 No concomitant azathioprine or mycophenolate mofetil	2	130	Risk Ratio (M-H, Fixed, 95% CI)	0.61 [0.29, 1.31]
5 Dialysis (de-novo requirement post-transplantation)	5	873	Risk Ratio (M-H, Fixed, 95% CI)	1.55 [0.64, 3.78]
5.1 Concomitant azathioprine	2	183	Risk Ratio (M-H, Fixed, 95% CI)	1.56 [0.56, 4.39]
5.2 Concomitant azathioprine with cyclosporin only (some centres only)	1	529	Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]
5.3 Concomitant mycophenolate mofetil	1	80	Risk Ratio (M-H, Fixed, 95% CI)	2.0 [0.19, 21.18]
5.4 No concomitant azathioprine or mycophenolate mofetil	1	81	Risk Ratio (M-H, Fixed, 95% CI)	1.03 [0.07, 15.83]
6 Diabetes mellitus: initially diagnosed after transplantation	11	3023	Risk Ratio (M-H, Fixed, 95% CI)	1.27 [1.12, 1.44]
6.1 Concomitant azathioprine	3	789	Risk Ratio (M-H, Fixed, 95% CI)	1.57 [1.06, 2.33]
6.2 Concomitant azathioprine with cyclosporin only (some centres only)	5	1997	Risk Ratio (M-H, Fixed, 95% CI)	1.22 [1.07, 1.40]
6.3 Concomitant mycophenolate mofetil	3	237	Risk Ratio (M-H, Fixed, 95% CI)	1.14 [0.52, 2.49]
7 Post transplant lymphoproliferative disease	7	1107	Risk Ratio (M-H, Fixed, 95% CI)	1.01 [0.36, 2.86]

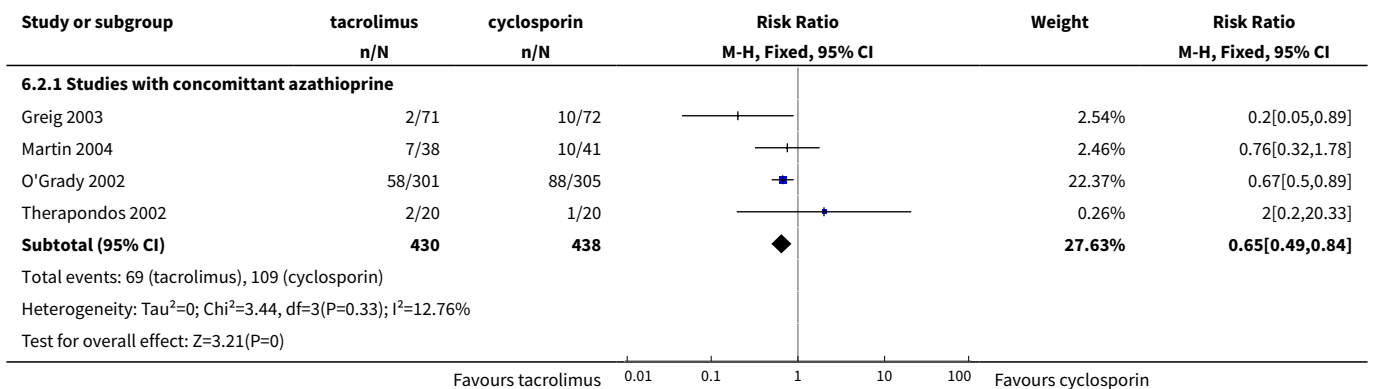
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
7.1 Concomitant azathioprine	2	183	Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]
7.2 Concomitant azathioprine with cyclosporin only (some centres only)	2	714	Risk Ratio (M-H, Fixed, 95% CI)	1.59 [0.42, 6.02]
7.3 Concomitant mycophenolate mofetil	1	80	Risk Ratio (M-H, Fixed, 95% CI)	1.0 [0.06, 15.44]
7.4 No concomitant azathioprine or mycophenolate mofetil	2	130	Risk Ratio (M-H, Fixed, 95% CI)	0.20 [0.01, 4.14]
8 Patients withdrawn from tacrolimus or cyclosporin	13	3156	Risk Ratio (M-H, Fixed, 95% CI)	0.65 [0.57, 0.74]
8.1 Concomitant azathioprine	4	865	Risk Ratio (M-H, Fixed, 95% CI)	0.68 [0.48, 0.96]
8.2 Concomitant azathioprine with cyclosporin only (some centres only)	4	1854	Risk Ratio (M-H, Fixed, 95% CI)	0.81 [0.69, 0.96]
8.3 Concomitant mycophenolate mofetil	3	234	Risk Ratio (M-H, Fixed, 95% CI)	0.58 [0.36, 0.96]
8.4 No concomitant azathioprine or mycophenolate mofetil	2	203	Risk Ratio (M-H, Fixed, 95% CI)	0.02 [0.00, 0.12]

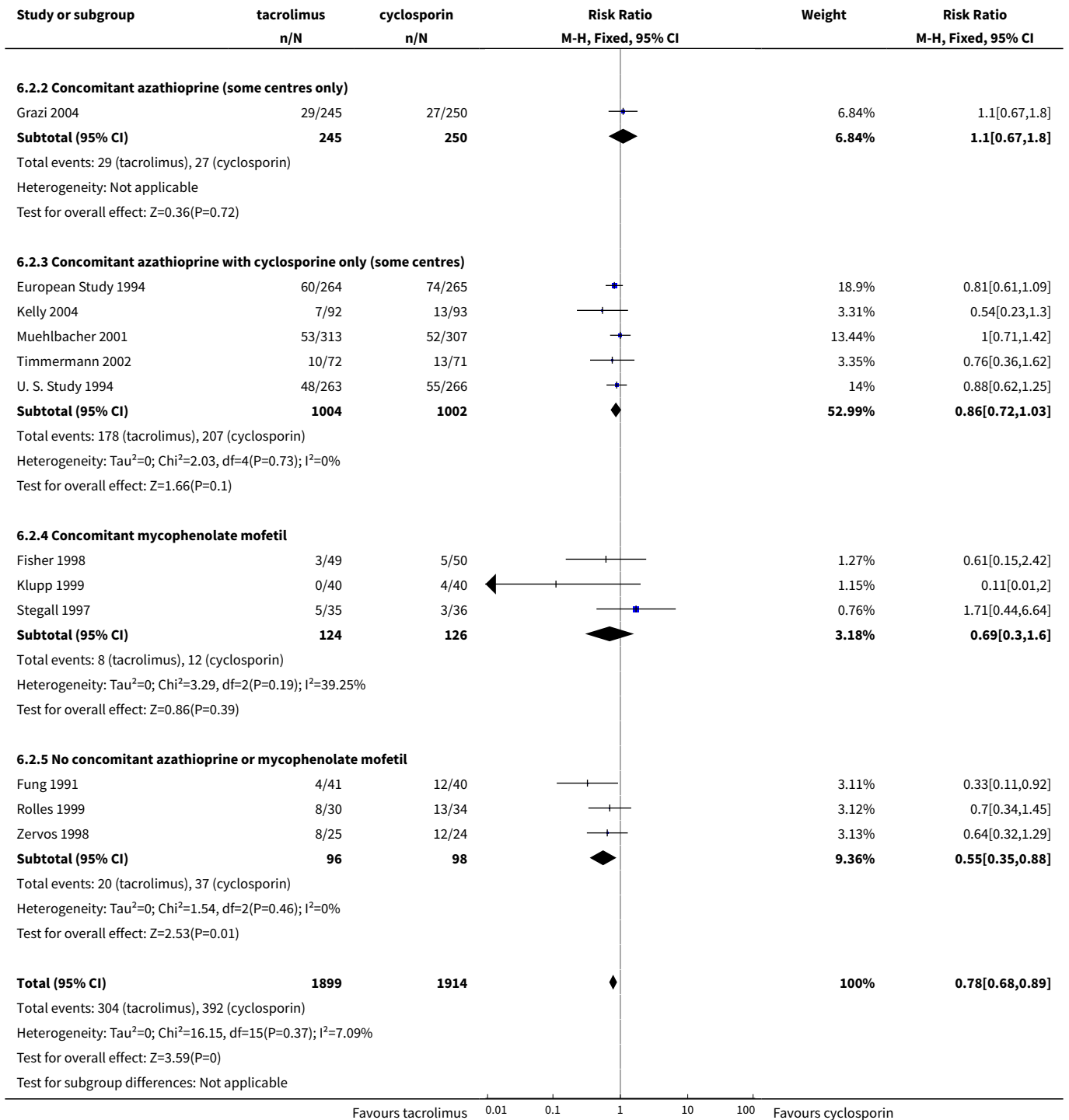
Analysis 6.1. Comparison 6 Stratified analysis, by concomitant azathioprine or mycophenolate mofetil, Outcome 1 Mortality.



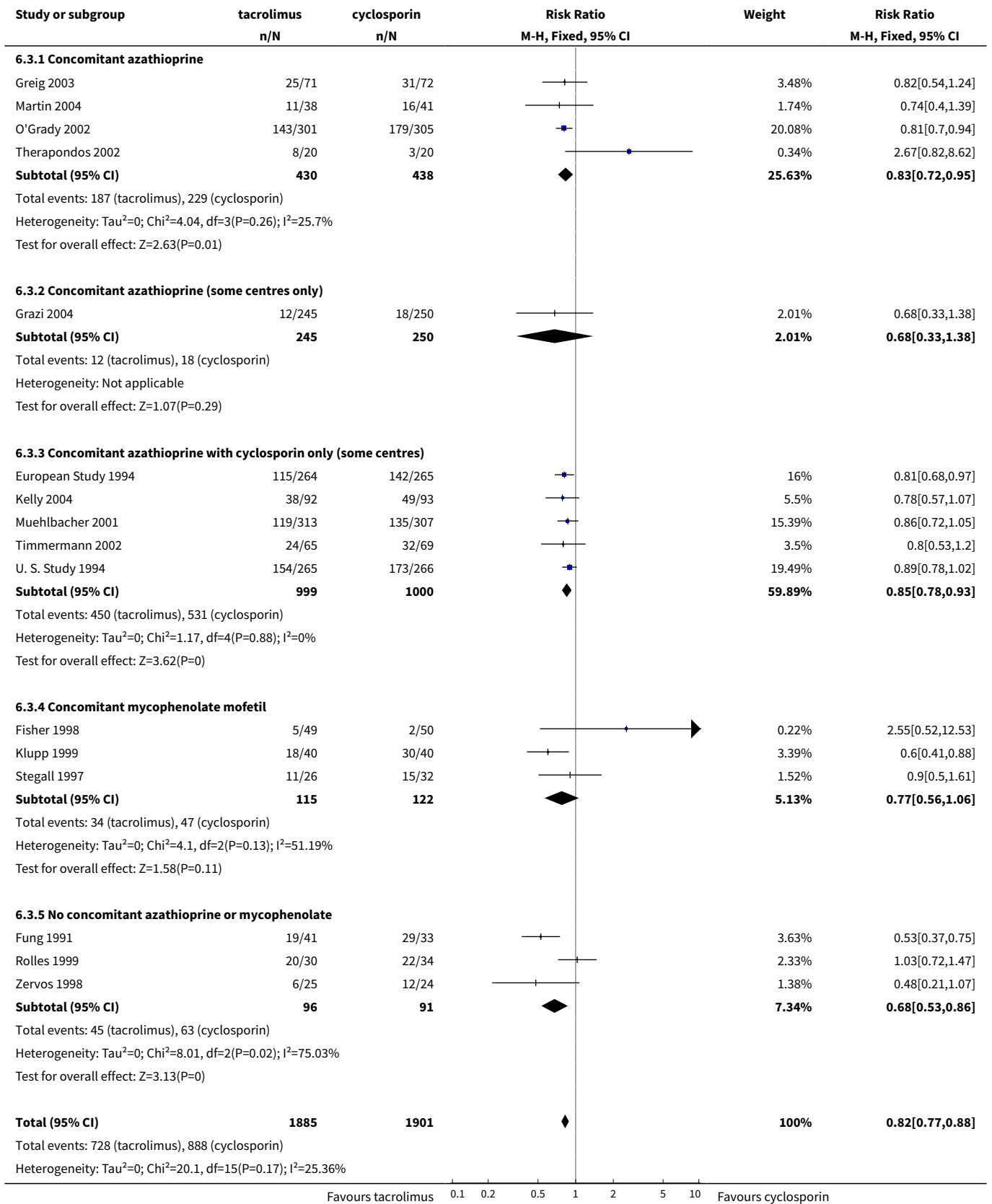


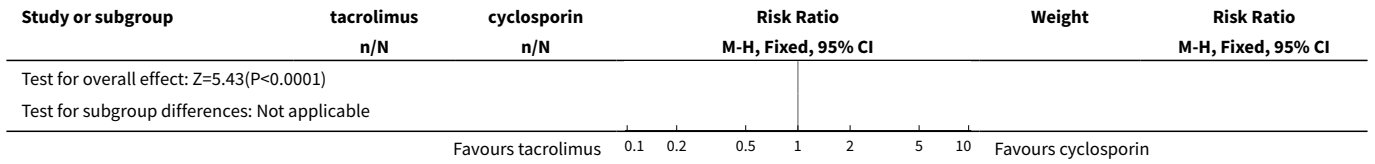
Analysis 6.2. Comparison 6 Stratified analysis, by concomitant azathioprine or mycophenolate mofetil, Outcome 2 Graft loss.



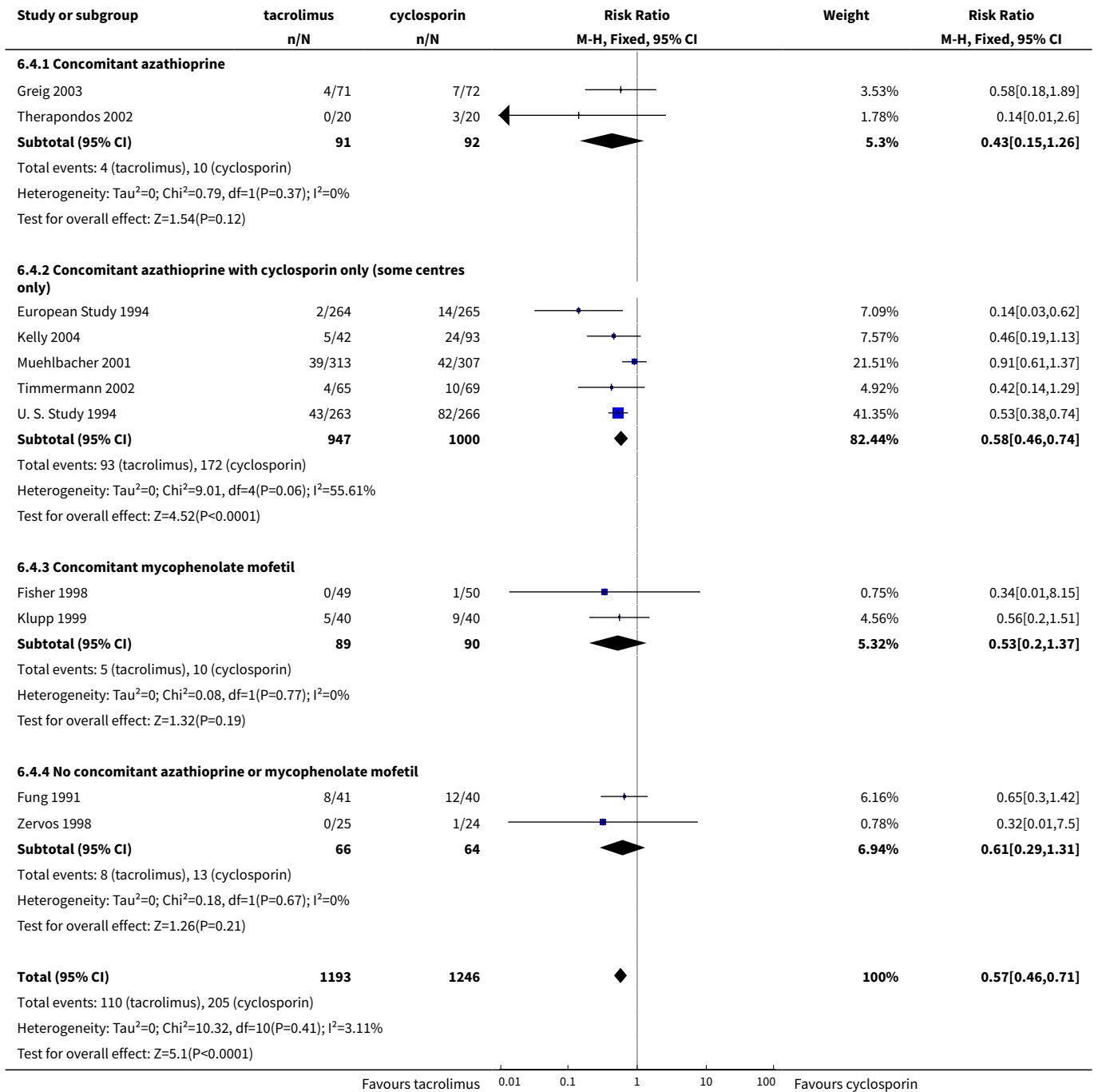


Analysis 6.3. Comparison 6 Stratified analysis, by concomitant azathioprine or mycophenolate mofetil, Outcome 3 Acute rejection.





Analysis 6.4. Comparison 6 Stratified analysis, by concomitant azathioprine or mycophenolate mofetil, Outcome 4 Steroid-resistant rejection.



Study or subgroup	tacrolimus n/N	cyclosporin n/N	Risk Ratio M-H, Fixed, 95% CI	Weight	Risk Ratio M-H, Fixed, 95% CI
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Test for subgroup differences: Not applicable

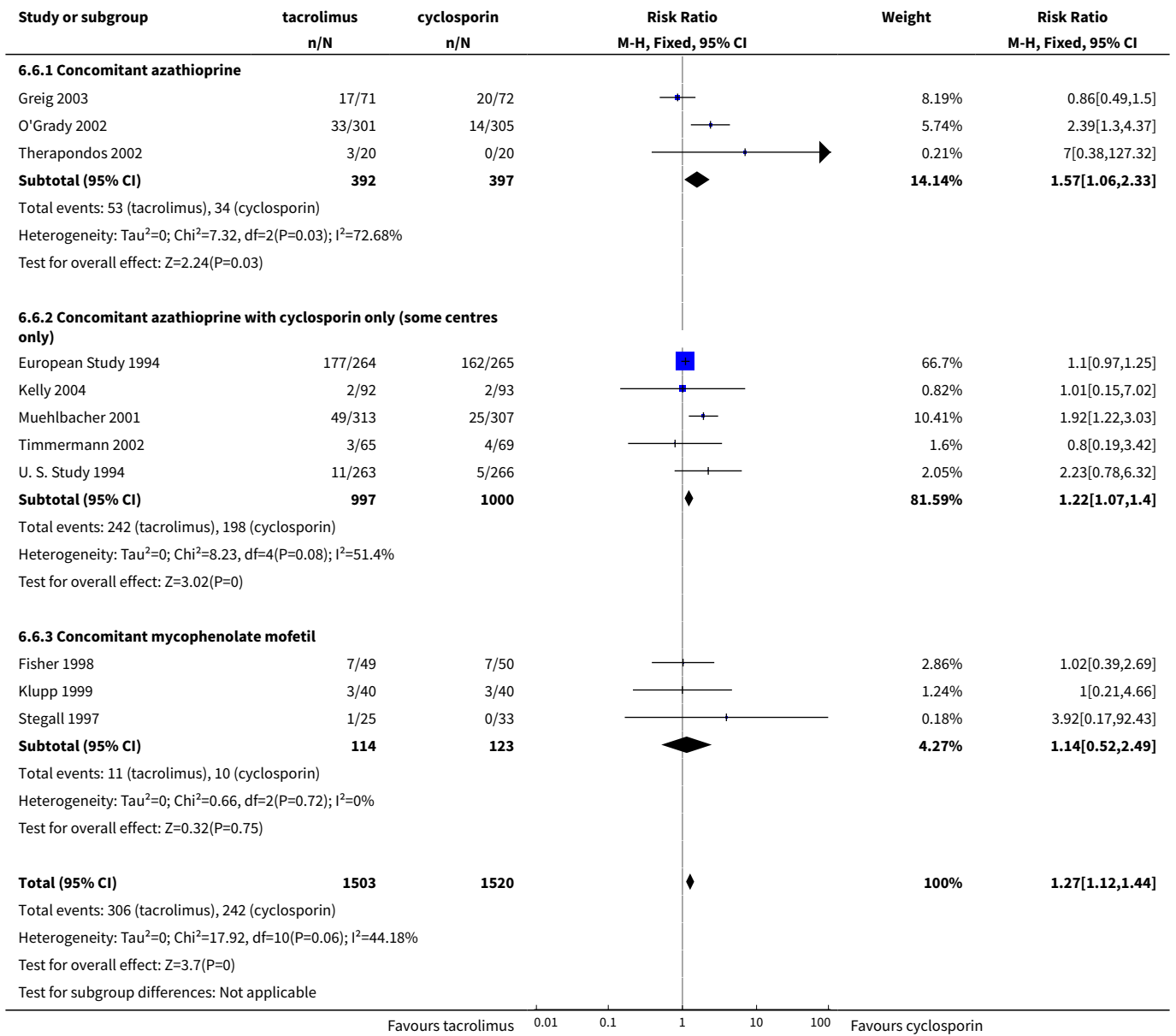
Favours tacrolimus 0.01 0.1 1 10 100 Favours cyclosporin

Analysis 6.5. Comparison 6 Stratified analysis, by concomitant azathioprine or mycophenolate mofetil, Outcome 5 Dialysis (de-novo requirement post-transplantation).

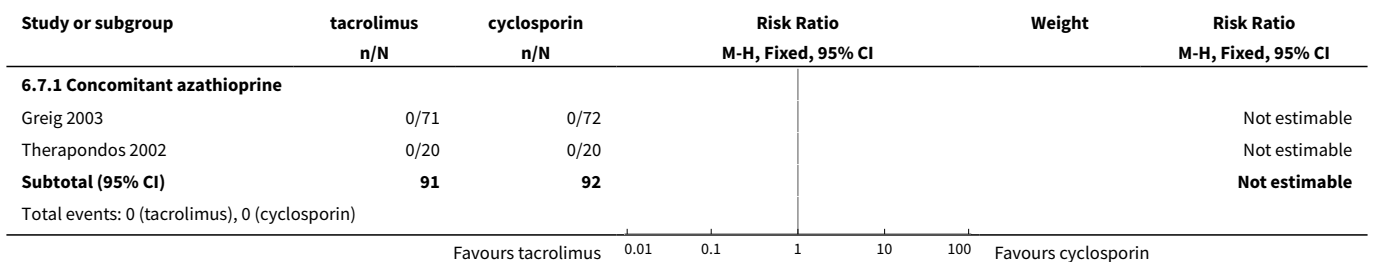
Study or subgroup	tacrolimus n/N	cyclosporin n/N	Risk Ratio M-H, Fixed, 95% CI	Weight	Risk Ratio M-H, Fixed, 95% CI
6.5.1 Concomitant azathioprine					
Greig 2003	7/71	5/72		66.62%	1.42[0.47,4.26]
Therapondos 2002	1/20	0/20		6.71%	3[0.13,69.52]
Subtotal (95% CI)	91	92		73.33%	1.56[0.56,4.39]
Total events: 8 (tacrolimus), 5 (cyclosporin) Heterogeneity: Tau ² =0; Chi ² =0.19, df=1(P=0.66); I ² =0% Test for overall effect: Z=0.85(P=0.4)					
6.5.2 Concomitant azathioprine with cyclosporin only (some centres only)					
U. S. Study 1994	0/263	0/266			Not estimable
Subtotal (95% CI)	263	266			Not estimable
Total events: 0 (tacrolimus), 0 (cyclosporin) Heterogeneity: Not applicable Test for overall effect: Not applicable					
6.5.3 Concomitant mycophenolate mofetil					
Klupp 1999	2/40	1/40		13.42%	2[0.19,21.18]
Subtotal (95% CI)	40	40		13.42%	2[0.19,21.18]
Total events: 2 (tacrolimus), 1 (cyclosporin) Heterogeneity: Not applicable Test for overall effect: Z=0.58(P=0.56)					
6.5.4 No concomitant azathioprine or mycophenolate mofetil					
Fung 1991	1/40	1/41		13.25%	1.02[0.07,15.83]
Subtotal (95% CI)	40	41		13.25%	1.02[0.07,15.83]
Total events: 1 (tacrolimus), 1 (cyclosporin) Heterogeneity: Not applicable Test for overall effect: Z=0.02(P=0.99)					
Total (95% CI)	434	439		100%	1.55[0.64,3.78]
Total events: 11 (tacrolimus), 7 (cyclosporin) Heterogeneity: Tau ² =0; Chi ² =0.33, df=3(P=0.95); I ² =0% Test for overall effect: Z=0.97(P=0.33) Test for subgroup differences: Not applicable					

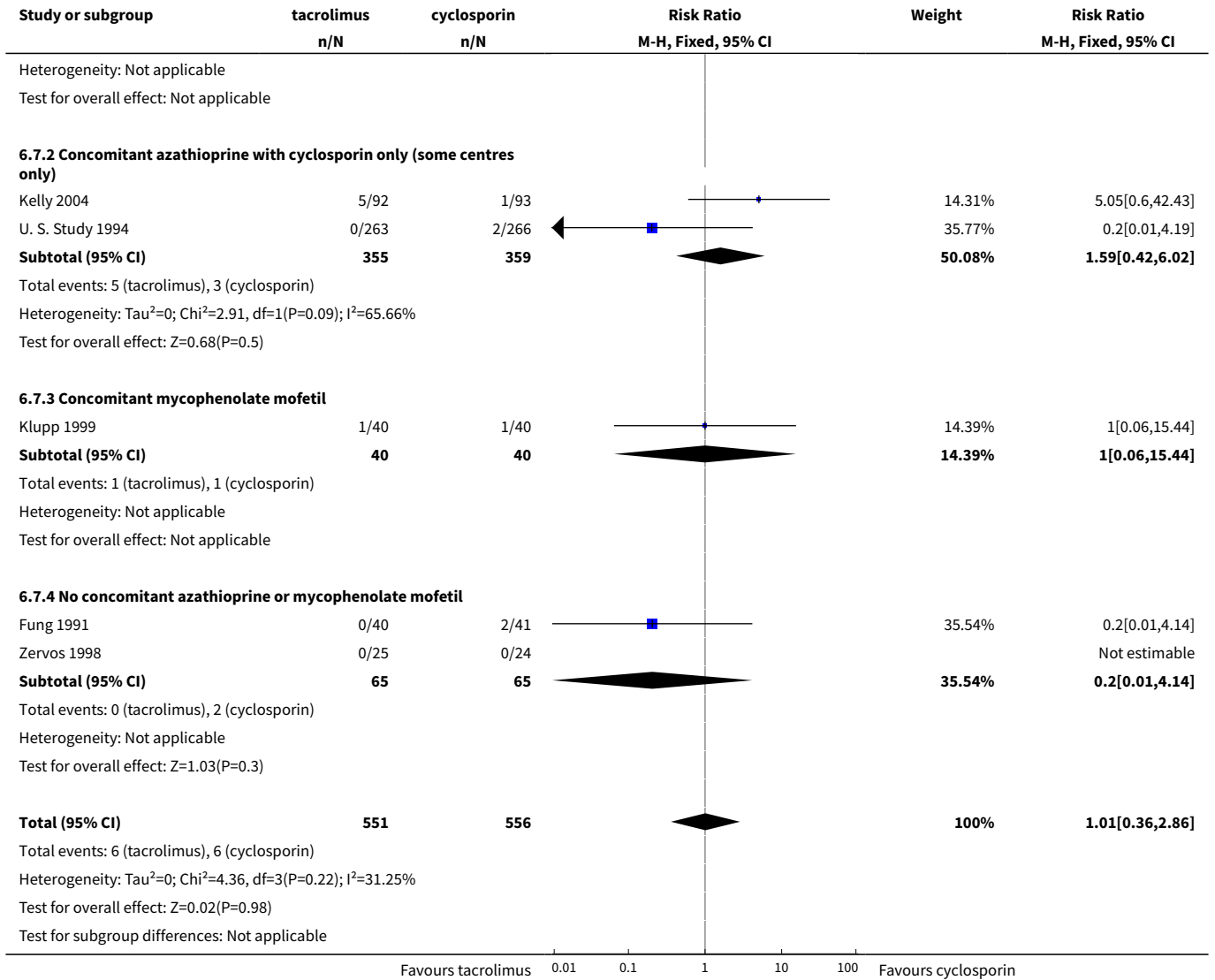
Favours tacrolimus 0.01 0.1 1 10 100 Favours cyclosporin

Analysis 6.6. Comparison 6 Stratified analysis, by concomitant azathioprine or mycophenolate mofetil, Outcome 6 Diabetes mellitus: initially diagnosed after transplantation.

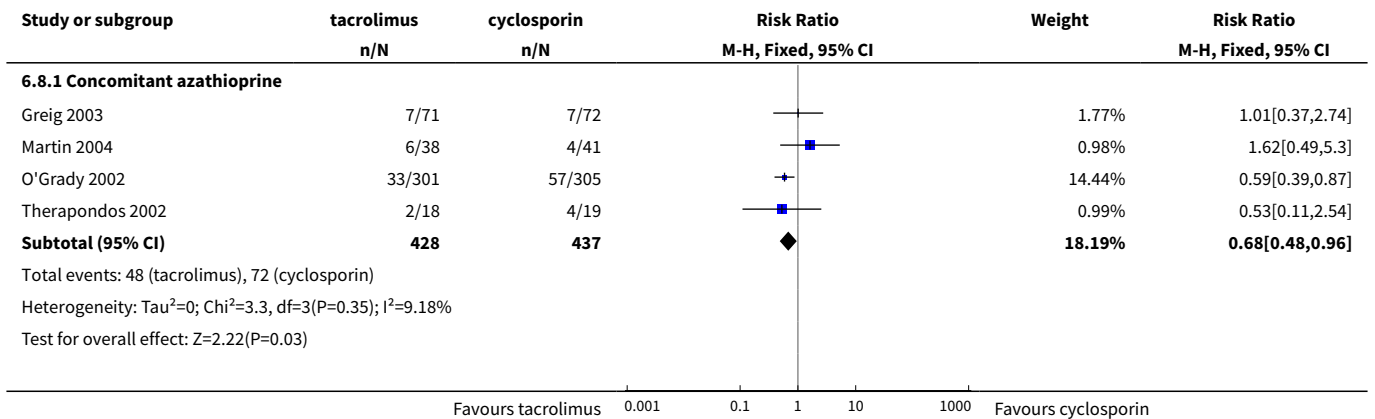


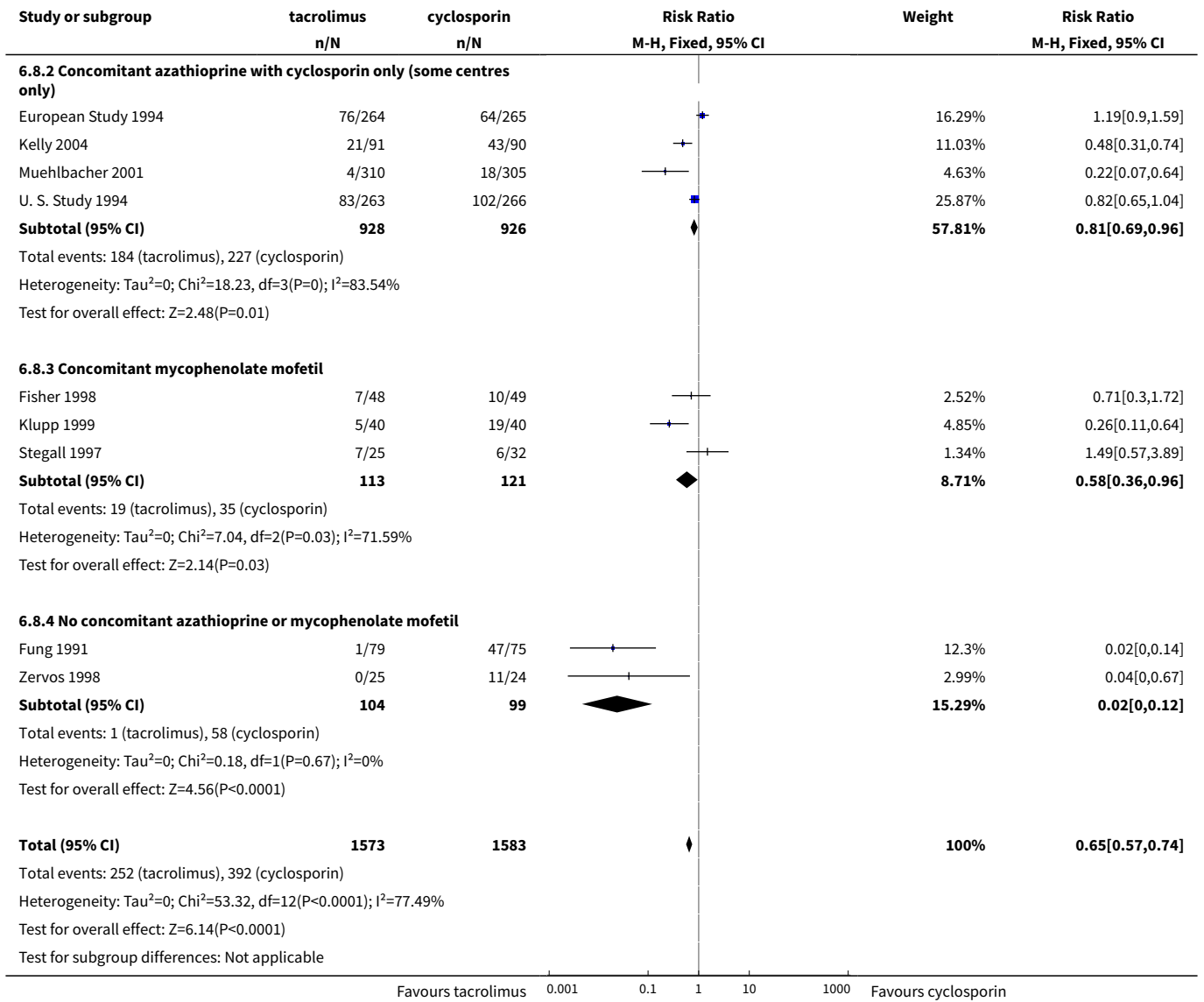
Analysis 6.7. Comparison 6 Stratified analysis, by concomitant azathioprine or mycophenolate mofetil, Outcome 7 Post transplant lymphoproliferative disease.





Analysis 6.8. Comparison 6 Stratified analysis, by concomitant azathioprine or mycophenolate mofetil, Outcome 8 Patients withdrawn from tacrolimus or cyclosporin.





ADDITIONAL TABLES

Table 1. Number of patients (N), events (n), risk difference, 95% confidence interval CI

Event	Tacrolimus n/N (%)	Cyclosporin n/N (%)	risk difference	95% CI minimum	95% CI maximum
Death	254 / 1899 (13.4%)	302 / 1914 (15.8%)	-2%	0%	-5%
Graft loss	281 / 1654 (17.0%)	365 / 1664 (21.9%)	-5%	-2%	-8%
Acute rejection	720 / 1865 (38.6%)	885 / 1881 (47.0%)	-9%	-6%	-12%
Steroid-resistant rejection	110 / 1193 (9.2%)	205 / 1246 (16.5%)	-7%	-4%	-9%

Table 1. Number of patients (N), events (n), risk difference, 95% confidence interval CI (Continued)

Drug discontinuation	222 / 1573 (14.1%)	392 / 1583 (24.8%)	-11%	-8%	-13%
Diabetes	306 / 1503 (20.4%)	242 / 1520 (15.9%)	4%	2%	7%

APPENDICES

Appendix 1. Search Strategies

Database	Timespan of search	Search strategy
The Cochrane Hepato-Biliary Group Controlled Trials Register	August 2005.	(c*closporin* OR neoral* OR sandimmun*) AND (tacrolimus OR prograf OR FK506) AND ('liver transplant*')
Cochrane Centrale Register of Controlled Trials in The Cochrane Library	Issue 3, 2005.	#1 MeSH descriptor Cyclosporine explode all trees in MeSH products #2 c*closporin* OR neoral* OR sandimmun* in All Fields in all products #3 (#1 OR #2) #4 MeSH descriptor Tacrolimus explode all trees in MeSH products #5 tacrolimus OR prograf OR FK506 in All Fields in all products #6 (#4 OR #5) #7 MeSH descriptor Liver Transplantation explode all trees in MeSH products #8 liver transplant* in All Fields in all products #9 (#7 OR #8) #10 (#3 AND #6 AND #9)
MEDLINE (WinSPIRS 5.0)	1950 to Aug 2005.	#1 explode "Cyclosporine"/ all subheadings #2 c*closporin* or neoral* or sandimmun* #3 #1 or #2 #4 explode "Tacrolimus"/ all subheadings #5 tacrolimus or prograf or FK506 #6 #4 or #5 #7 explode "Liver-Transplantation"/ all subheadings #8 liver transplant* #9 #7 or #8 #10 #3 and #6 and #9 #11 random* or placebo* or blind* or meta-analysis #12 #10 and #11
EMBASE (WinSPIRS 5.0)	1980 to Aug 2005.	#1 explode "cyclosporin"/ all subheadings #2 c*closporin* or neoral* or sandimmun* #3 #1 or #2 #4 explode "tsukubaenolide"/ all subheadings #5 tacrolimus or prograf or FK506 or tsukubaenolide #6 #4 or #5 #7 explode "liver-transplantation"/ all subheadings #8 liver transplant* #9 #7 or #8 #10 #3 and #6 and #9 #11 random* or placebo* or blind* or meta-analysis #12 #10 and #11

(Continued)

Science Citation Index Expanded (http://portal.isiknowledge.com/portal.cgi?DestApp=WOS&Func=Frame)	1945 to Aug 2005.	#1 TS=(c*closporin* OR neoral* OR sandimmun*) #2 TS=(tacrolimus OR prograf OR FK506) #3 TS=(liver transplant*) #4 #3 AND #2 AND #1 #5 TS=(random* or placebo* or blind* or meta-analysis) #6 #5 AND #4
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WHAT'S NEW

Date	Event	Description
17 October 2008	Amended	Converted to new review format.

CONTRIBUTIONS OF AUTHORS

All authors contributed to the design of the protocol. V McAlister and E Haddad evaluated whether the trials fulfilled the inclusion criteria. E Renouf hand searched reference sections of the reports for other randomised clinical trials, and prepared blinded copies of all selected reports. V McAlister and E Haddad independently extracted data. R Malthaner adjudicated differences. All authors reviewed trial selection and data extraction. V McAlister wrote to investigators and to the sponsoring companies of included trials to ask for data that are not presented in the published reports. V McAlister and E Haddad performed all meta-analyses in RevMan. LL Gluud and M Kjaer performed additional blinded statistical analyses including meta-regression and regression analyses of funnel plot asymmetry. All authors contributed to and approved the review.

DECLARATIONS OF INTEREST

V McAlister has taken part in clinical trials of tacrolimus and cyclosporin in liver and kidney transplantation. He has received grants-in-aid for laboratory research from Sandoz (Novartis) and Fujisawa (Astellis).

INDEX TERMS

Medical Subject Headings (MeSH)

*Liver Transplantation [mortality]; Cyclosporine [adverse effects] [*therapeutic use]; Graft Rejection [mortality] [*prevention & control]; Graft Survival; Immunosuppressive Agents [adverse effects] [*therapeutic use]; Randomized Controlled Trials as Topic; Tacrolimus [adverse effects] [*therapeutic use]; Time Factors

MeSH check words

Humans