



Kikuchi–Fujimoto disease following vaccination against COVID-19

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Abstract

The purpose of this study is to explore the clinicopathological features of Kikuchi–Fujimoto disease (KFD) following vaccination against coronavirus disease 2019 (COVID-19). One case of KFD following vaccination against COVID-19 was examined clinically, histologically, and immunohistochemically. The patient was a 36-year-old Chinese man who suffered from fever and cervical lymph node swelling following simultaneous administration of the COVID-19 vaccine. The patient was diagnosed with KFD based on the histopathological findings of a lymph node core needle biopsy, and his fever and swelling resolved 2 months later without therapy. Although the exact pathogenesis of the development of KFD following immunization remains unknown, this information should be added to the list of potential triggers or factors associated with the development of KFD.

Keywords KFD · Histiocytic necrotizing lymphadenitis · COVID-19 · Vaccine

Introduction

Kikuchi–Fujimoto disease (KFD), known as histiocytic necrotizing lymphadenitis, is a rare disease seen mostly in Asian populations. KFD is a benign and self-limiting disease characterized by lymphadenopathy, mild fever, fatigue, and leukopenia [1]. The characteristic histopathologic features include extensive coagulative necrosis and apoptosis associated with prominent nuclear karyorrhexis and phagocytic activity [2]. Although the pathogenesis of KFD remains unclear, infectious agents, autoimmune causes, and physicochemical factors have been suggested as triggers [3]. However, KFD following vaccination has rarely been reported. We present herein a patient with KFD following simultaneous administration of vaccines against coronavirus disease 2019 (COVID-19).

Case presentation

A 36-year-old Chinese man presented to our local ear, nose, and throat (ENT) neck lump clinic with a new nonpainful left cervical lump. Upon clinical examination, it was revealed that he had received the first dose of the Sinopharm-inactivated COVID-19 vaccine (Vero Cell) into the right deltoid muscle 34 days earlier with no obvious side effects. Then, he received the second dose into the left deltoid muscle 28 days later. Six days after the second injection, he suffered from fatigue, mild fever, and a nonpainful left cervical lump. The patient was febrile with a body temperature of 38.2 °C but otherwise appeared well. Physical examination revealed left cervical lymph node swelling with tenderness.

Laboratory studies showed a white blood cell count of $2.3 \times 10^9/l$ (normal, $4.0\text{--}9.0 \times 10^9/l$). The erythrocyte sedimentation rate (ESR) was elevated at 48 mm/h, while other serologic tests were unremarkable. Serology testing for SARS-CoV-2 RNA by real-time reverse transcription polymerase chain reaction was negative.

An ultrasound scan (USS) was subsequently requested. USS of the neck showed a left posterior triangle node measuring 1.2 cm in diameter. The node had an echogenic center and color flow centrally, suggesting a reactive lymph node.

Clinical follow-up was advised. However, the swelled lymph node was still present after 2 weeks. Then, an ultrasound-guided core needle biopsy of the node was performed

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to rule out nasopharyngeal carcinoma or tuberculous lymphadenitis. The biopsy revealed an effaced architecture with numerous phagocytic histiocytes, prominent nuclear karyorrhexis, lymphoid cells, and some immunoblasts (Fig. 1a–b). No plasma cells or neutrophils were present. Immunohistochemically, we found CD68⁺ histiocytes in necrotic areas admixed with numerous CD3⁺ T cells. CD8⁺ T cells significantly outnumbered CD4⁺ T cells. Most cells were cytotoxic T cells that expressed GrB, TIA-1, and perforin. CD20⁺ B cells were rare. CD68⁺ histiocytes coexpressed myeloperoxidase (MPO) (Fig. 1c–h), and EBER in situ hybridization was negative. These findings were compatible with KFD. No therapy was given, and his fever and swelling resolved 2 months later.

Discussion

KFD, known as histiocytic necrotizing lymphadenitis, is a rare disease seen mostly in Asian populations. It is typically characterized by cervical lymphadenopathy with tenderness,

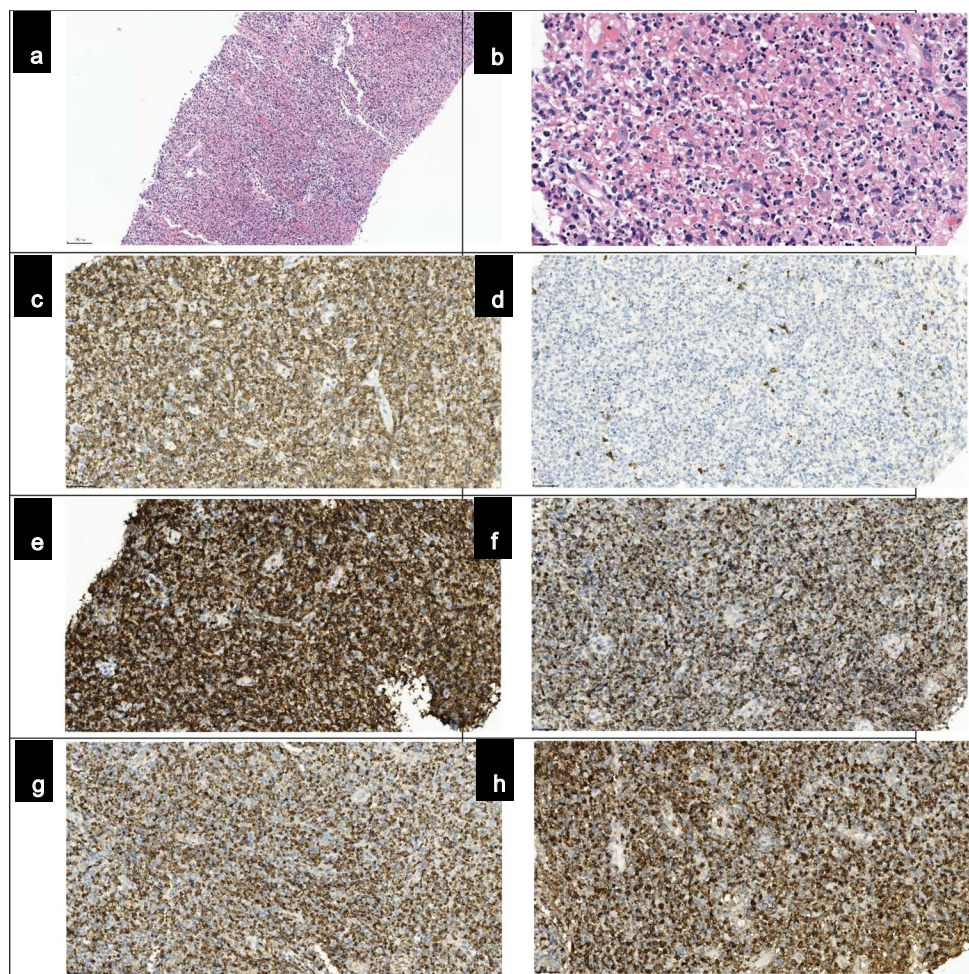
mild fever, and fatigue and is usually a benign and self-limiting disease [1].

The diagnosis of KFD is made on histopathologic examination of the affected lymph node. The most striking histologic features of KFD include the presence of coagulative necrosis, apoptosis associated with prominent nuclear karyorrhexis, and phagocytic activity. Neutrophils and eosinophils are not found [1, 2]. The differential diagnosis of KFD includes systemic erythematosus (SLE), infectious lymphadenitis, non-Hodgkin lymphoma, leukemia, and Kawasaki disease [3].

There is no specific treatment for KFD, and only symptomatic treatment should be used to relieve distressing local and systemic complaints [3]. However, some patients with severe or persisting symptoms have been treated with corticosteroids [3].

Although the exact etiology of KFD remains unknown, the clinical presentation, course, and histologic changes suggest a T cell-mediated hyperimmune reaction induced by diverse antigens, such as infectious agents or physicochemical factors [4]. Some viral infections, such as human herpes

Fig. 1 Histopathological and immunohistochemical findings from the biopsy specimen. Lymph node core needle biopsy showed effaced architecture (a, H&E, $\times 10$ objective, $\times 100$ magnification), with numerous phagocytic histiocytes, prominent nuclear karyorrhexis, lymphoid cells, and some immunoblasts (b, H&E, $\times 40$ objective, $\times 400$ magnification). There were numerous CD3⁺ T cells and few CD20⁺ B cells (c and d, $\times 20$ objective, $\times 200$ magnification). Most T cells expressed CD8 and GrB (e and f, $\times 20$ objective, $\times 200$ magnification). These histiocytes coexpressed CD68 and MPO (g and h, $\times 20$ objective, $\times 200$ magnification).



virus-6, Epstein-Barr virus, cytomegalovirus, parvovirus B19, and human immunodeficiency virus, have also been proposed as possible triggering factors for KFD [4]. Several physicochemical factors have been identified as triggers of KFD, including pacemaker implantation, and ruptured silicone breast implantation [4].

KFD following vaccination has rarely been reported, and Toru Watanabe et al. reported a patient with KFD after HPV vaccination [5]. Viral vaccines might induce KFD because they have some viral or other antigens, which could lead to an aberrant immune response in vaccine recipients. Our patient developed KFD following simultaneous administration of COVID-19 vaccines.

COVID-19 is an emerging respiratory infectious disease caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) which has crippled human health worldwide. The public health emergency required urgent efforts to develop and test the efficacy and safety of vaccines to combat the COVID-19 pandemic. As of May 9, 2021, 183 vaccines were in preclinical development, and 97 were in clinical trials [6]. Trials have demonstrated that these vaccines are safe with no serious side effects. The commonly reported local adverse events were pain at the site of injection, swelling, and redness. Systemic reactions included fever, fatigue, myalgia, and headache. All reactions resolved within 3–4 days [7–9]. Some trials have also reported laboratory derangements, such as decreased hemoglobin, increased bilirubin, and altered SGOT and SGPT. None of these derangements were clinically manifested, and all were self-limiting [10]. KFD following vaccination against COVID-19 has never been reported. Our patient developed KFD following simultaneous administration of COVID-19 vaccines. Because the patient had no discomfort before the vaccines were administered, the COVID-19 vaccine was the more likely cause of KFD in our patient.

In summary, we describe a patient with KFD following vaccination against COVID-19. Although the precise pathogenesis of the development of KFD following vaccination remains unknown, vaccination should be added to the list of potential triggers or factors associated with the development of KFD.

Author contribution Study conception and design, Yingying Guan and Huadong Lu; data collection, Xiao Xia; draft manuscript preparation, Yingying Guan and Huadong Lu; all authors reviewed the results and approved the final version of the manuscript.

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Data availability All data included.

Code availability Not applicable

Declarations

Ethics approval Compliance with ethical standards.

Consent to participate Written informed consent for participation of their details was obtained from the patient.

Consent for publication Written informed consent for publication of their details was obtained from the patient.

Conflict of interest The authors declare no competing interests.

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