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## The integrated stress response contributes to tRNA synthetase-associated peripheral neuropathy

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### Abstract

Dominant mutations in ubiquitously-expressed tRNA synthetase genes cause axonal peripheral neuropathy, accounting for at least six forms of Charcot-Marie-Tooth (CMT) disease. Genetic

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**Author contributions:** ELS, RS, DJ, BP and LPB performed in vivo experiments; PB and DPH analyzed transcriptome data; TJH, ALDT, SP performed ISR activation studies; KHM and MGS generated mouse models; CG performed codon usage analysis; MP, MMR, MJJ, RH, YB and MES provided patient samples and analyses; BA-C and EMS provided mice prior to publication, ELS and RWB oversaw experimental design and data analysis and wrote the manuscript with input from all authors.

**Competing interests:** RWB is on the scientific board of the Hereditary Neuropathy Foundation, RWB, MR and MES are on the scientific board of the Charcot-Marie-Tooth Association. ELS and RWB are co-inventors on the pending patent “GCN2 inhibitors to treat peripheral neuropathy.”

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evidence in mouse and *Drosophila* models suggests a gain-of-function mechanism. Here, we used in vivo, cell-type-specific transcriptional and translational profiling to show that mutant tRNA synthetases activate the integrated stress response (ISR) through the sensor kinase GCN2. The chronic activation of the ISR contributed to the pathophysiology, and genetic deletion or pharmacological inhibition of *Gcn2* alleviated the peripheral neuropathy. The activation of GCN2 by tRNA synthetase mutations suggests that their activity is still related to translation and that inhibiting GCN2 or the ISR may represent a therapeutic strategy in CMT.

### One Sentence Summary:

Activation of GCN2 and the integrated stress response contributes to mutant tRNA synthetase-associated neurodegeneration.

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In humans, dominant mutations in at least six aminoacyl tRNA-synthetases (aaRSs) cause the specific degeneration of peripheral motor and sensory axons (1, 2). A shared underlying mechanism is possible (3), and mouse studies support a neomorphic activity of mutant aaRSs (4–6). Impaired translation is attractive as a candidate disease mechanism. Overexpression of mutant glycyl- or tyrosyl-tRNA synthetase (*GARS* or *YARS*, respectively) in *Drosophila* causes decreased translation, independent of their normal tRNA charging activity (7). However, whether decreased translation is an effect of a neomorphic activity or secondary to cell stress, and whether cell stress contributes to disease have not been investigated.

To evaluate translation in vivo, we performed fluorescent non-canonical amino acid-tagging (FUNCAT, (8, 9)) in motor neurons of two mouse models of Charcot-Marie-Tooth (CMT) type 2D, caused by dominant mutations in *Gars* (Figures S1 and S2) (4, 10). Translation is impaired in motor neurons in both models. In pre-disease-onset mice, impairments in translation were present, and correlated with onset of neurodegeneration (Figure S2). Translation was not impaired in the liver or heart of mutant *Gars* mice using puromycin labeling (Figure S2).

To further examine changes in transcription and translation in motor neurons, we performed RiboTagging using *Chat-Cre* to activate the system in cholinergic neurons (11). We validated this system using spinal cord samples from wild-type mice by confirming an enrichment of known motor neuron markers and depletion of non-neuronal genes (Figure S3), as well as upregulation of known markers of axotomy such as *Spr1a*, *Atf3*, and *Npy* (12–14) after unilateral sciatic nerve injury (Figure S3, and Supplementary Data S1).

We next compared ribosome-associated mRNA from *Gars*<sup>+/+</sup> spinal cord to that from mutant *Gars*<sup>C201R/+</sup> or *Gars*<sup>P278KY/+</sup> spinal cord. *Gars*<sup>C201R/+</sup> samples contain 1,976 upregulated and 126 downregulated transcripts and *Gars*<sup>P278KY/+</sup> show 603 upregulated and 233 downregulated transcripts (Figure 1, A–C). Many of the same highly upregulated transcripts, including Fibroblast growth factor 21 (*Fgf21*), growth differentiation factor 15 (*Gdf15*), and corneodesmosin (*Cdsn*), were found in both genotypes. We also performed RNA sequencing from whole spinal cord in mutant *Gars* mice, including a third humanized CMT2D model, *Gars*<sup>ETAQ/+</sup> (6). Upregulated transcripts were similar between RiboTagging and whole

spinal cord RNA sequencing experiments, and among all three mouse models (Figure 1 D, E, Jaccard similarity indices 0.12–0.16,  $p < 0.002$  across RNAseq experiments). The upregulated transcripts in mutant *Gars* datasets did not overlap with the upregulated transcripts after sciatic nerve injury, or with results from a *mitofusin-2* mouse model of CMT2A (15). Only one differentially-expressed gene in the *Gars*<sup>C201R/+</sup> whole spinal cord overlapped with an equivalent experiment in a mouse model of *Ighmbp2*-associated spinal muscular atrophy (16). We also performed RiboTagging and RNA sequencing from pre-disease-onset mutant *Gars* mice and found early upregulation of a subset of the same transcripts (Figure S3). Ingenuity Pathway Analysis of upregulated genes indicated forms of cell stress and activation of the integrated stress response (ISR) (Figure 1F). The ISR-associated transcription factor *Atf4* and several known ATF4 targets were among the upregulated transcripts in our RiboTagging data (Figure 1C). We confirmed activation of the ISR using immunolabeling of phospho-eIF2 $\alpha$ , which was elevated in all three *Gars* alleles, and was specific to a subset of spinal motor neurons (Figure 1G, H and Figure S4). These data indicate the ISR is activated in spinal motor neurons, this upregulation occurs prior to overt neuropathy symptoms, and this is seen in three *Gars* alleles.

To address the cell type-specificity within the spinal cord, we examined five of the top upregulated ATF4-target genes using RNAscope in situ hybridization. *Chat* was used as a marker of motor neurons, which include *Spp1*-positive alpha motor neurons (~70%), and *Spp1*-negative gamma motor neurons (~30%) (Figure 2A) (17, 18). Robust and specific upregulation of all five transcripts was confirmed in *Chat*-positive cells in the ventral horn in mutant *Gars* motor neurons (Figure 2 B–D and figure S5). Approximately 70% of *Gars*<sup>P278KY/+</sup> motor neurons expressed the ATF4 target genes (Figure 2E and figure S5). ISR activation was selective to alpha motor neurons because *Spp1*-positive cells were also *Fgf21*-positive, whereas *Fgf21*-negative cells were *Spp1*-negative, (Figure 2 F, G, H).

We next examined a related mouse model of dominant intermediate CMT type C, carrying a disease-associated knockin mutation in tyrosyl tRNA-synthetase, *Yars*<sup>E196K</sup> (19) (Figure S6). We identified activation of the ISR in alpha motor neurons in this model at 7-months-of-age by phospho-eIF2 $\alpha$  labeling and by in situ hybridization for the same five ATF4 target genes. This was observed in *Yars*<sup>E196K/E196K</sup>, and to a lesser extent, *Yars*<sup>E196K/+</sup> mice (Figure S7). Whole spinal cord RNAseq also indicated that ATF4 target genes were upregulated in *Yars*<sup>E196K/E196K</sup> mice (Figure S8, Jaccard similarity index 0.064,  $p < 0.002$ , *Yars*<sup>E196K/E196K</sup> with the union of *Gars* gene lists), although the signal visible in *Yars*<sup>E196K/+</sup> motor neurons by *in situ* hybridization was not detectable, which was confirmed by qRT-PCR (Figure S8).

Peripheral sensory neurons were examined for ISR activation by probing for upregulation of the ATF4 target genes in lumbar dorsal root ganglia (DRGs, Figure S9). Robust upregulation of *Fgf21* was observed in a subset of mutant *Gars* DRG neurons, especially medium-large neurons, co-labeled with *Nefh* (20). We included parvalbumin (*Pvalb*) as an additional marker (21), and subsets of both mechanosensitive (*Nefh*<sup>+</sup>, *Pvalb*<sup>-</sup>) and proprioceptive (*Nefh*<sup>+</sup>, *Pvalb*<sup>+</sup>) sensory neurons expressed *Fgf21* (Figure S9). Thus, the ISR was activated specifically in alpha motor neurons and in a subset of sensory neurons.

The ISR is activated by four discrete kinases, which all phosphorylate eIF2 $\alpha$  to suppress cap-dependent translation and activate ATF4 target gene expression (22). ISR activation through GCN2 kinase is observed with impairments in translation and ribosome stalling (23, 24). We tested for the involvement of GCN2 by breeding *Gars*<sup>P278KY/+</sup> mice into a *Gcn2* knockout background (*Gcn2*<sup>KO/KO</sup>). The *Gars*<sup>P278KY/+</sup> mice have a disease onset at ~2 weeks-of-age and actively lose motor and sensory axons until about 2 months-of-age, followed by very slow progression (Fig 3A) (4). We assayed body weight, grip strength and endurance using a wire hang test, and performed neurophysiology and histopathological examination in a cohort of mice aged to 8-weeks and in a second aged to 16-weeks.

The homozygous removal of *Gcn2* significantly alleviated neuropathy in *Gars*<sup>P278KY/+</sup> mice. The neuropathy started, but the progression was prevented, not merely delayed, as demonstrated by the improvement in phenotypes at 8 weeks-of-age (Figure S10), which was even greater by 16 weeks (Figure 3 B–F and Figure S11). At 16-weeks-of-age, body weights and motor performance of mutant *Gars* mice lacking GCN2 (*Gcn2*<sup>KO/KO</sup>;*Gars*<sup>P278KY/+</sup>) were restored to nearly *Gars*<sup>+/+</sup> levels. *Gcn2*<sup>KO/KO</sup>;*Gars*<sup>P278KY/+</sup> mice also had improved sciatic motor nerve conduction velocity, no significant motor axon loss, larger diameter motor axons, and less denervation at the neuromuscular junction (NMJ) compared to mutant *Gars* mice with GCN2 (*Gcn2*<sup>+/+ or +/KO</sup>;*Gars*<sup>P278KY/+</sup>). There was no expression of ATF4 target genes in motor neurons of *Gcn2*<sup>KO/KO</sup>;*Gars*<sup>P278KY/+</sup> mice by in situ hybridization or RNA sequencing (Figure 3G and figure S11). Upon removal of *Gcn2* only 85 genes were differentially expressed between *Gars*<sup>+/+</sup> and *Gars*<sup>P278KY/+</sup> mice (Data S1 and Figure S11), which no longer included the ATF4 target genes and included many pseudogenes. IPA suggested that these 85 genes show a translation signature. Thus, genetic deletion of *Gcn2* alleviates the ISR and neuropathy.

In a more translational experiment, we treated *Gars*<sup>ETAQ/+</sup> mutant and littermate control mice with a GCN2-inhibitor (GCN2iB) (25). Treatment began at disease-onset at 2-weeks-of-age and continued for three weeks (Figure 4A). GCN2iB improved body weight, motor performance, and sciatic nerve conduction velocity, although improvement in compound muscle action potential (CMAP) amplitude did not reach significance (Figure 4B–E). A decrement in CMAP amplitude with repetitive nerve stimulation, indicative of synaptic transmission problems at the NMJ (26), was also improved (Figure 4F). The effects of GCN2iB were seen in both sexes, but were of greater magnitude in males (Figure S12). GCN2iB effectively reduced ISR activation, assayed by phospho-eIF2 $\alpha$  labeling and by qRT-PCR for ATF4 target genes (Figure 4G and Figure S13), with a larger effect in males than females.

We tested for the presence of the secreted ATF4 targets FGF21 and GDF15 in the blood of neuropathy patients with mutations in *GARS*, alanyl-ARS (*AARS*), *YARS*, and tryptophanyl-ARS (*WARS*). Mutant *Gars* mice have elevated levels of FGF21 in blood (Figure S14). Neuropathy patients had highly variable levels of FGF21; however, GDF15 was significantly increased in both aaRS patients and in CMT1A patients. The cellular source of the circulating GDF15 is unknown, but it may serve as a biomarker of neuropathy.

Our findings indicate that neuropathy-causing mutations in aaRSs activate the ISR through GCN2 in alpha motor and a subset of sensory neurons, and that inhibiting GCN2 may be

an effective therapeutic strategy. The activation of GCN2 may be explained by translation defects downstream of the sequestration of tRNAs by the mutant synthetases (27). However, the highly specific activation of the ISR remains puzzling, and is not explained by codon bias, as we did not find evidence of this in motor neuron RiboTagging data (Figure S15). Furthermore, we cannot distinguish whether the ISR exacerbates neuropathy through a defect in translation that is compounded by eIF2 $\alpha$  phosphorylation, which further decreases translation, or whether expression of ATF4 target genes in peripheral neurons is deleterious. However, the residual phenotype is very mild when the ISR is blocked.

### Data and materials availability:

Animal models, reagents and protocols are available upon request, the GarsC201R mice were generated Harwell, UK. Data are presented here and in supplementary materials. Sequencing data is available through the GEO database (28). Code for codon usage analysis is available at [https://github.com/cgob/codon\\_usage/](https://github.com/cgob/codon_usage/) (29).

### Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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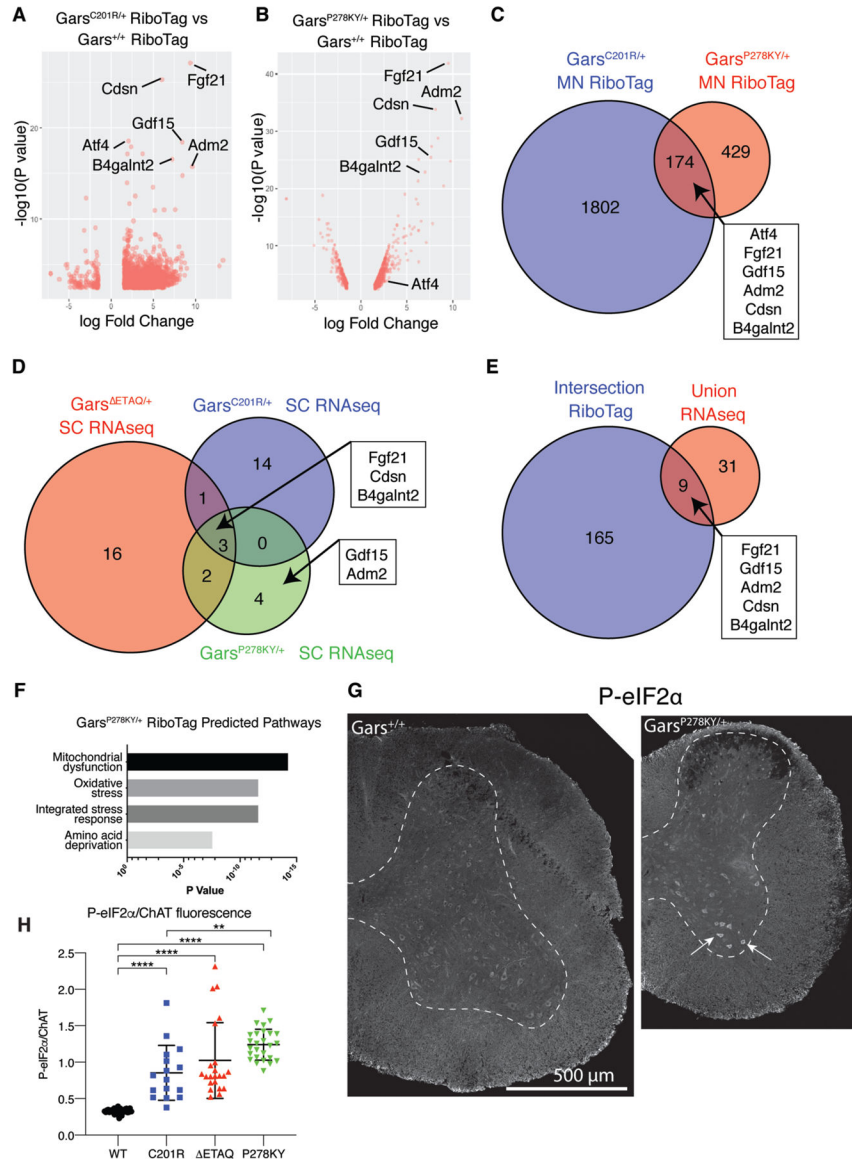
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**Figure 1. Differential gene expression in *Gars*/CMT2D mice.** (A) 1976 up- and 126 down-regulated ribosome associated mRNAs were found in *Gars*<sup>C201R/+</sup> motor neurons compared to *Gars*<sup>+/+</sup>. (B) 603 up- and 233 down-regulated ribosome-associated mRNAs were found in *Gars*<sup>P278KY/+</sup> motor neurons compared to *Gars*<sup>+/+</sup>. (C) 174 upregulated genes were found in common between *Gars*<sup>C201R/+</sup> and *Gars*<sup>P278KY/+</sup>, six genes relevant to subsequent studies are noted. (D) The intersections of upregulated gene lists from whole spinal cord RNAseq in three different dominant alleles of *Gars*. (E) The upregulated genes shared in RiboTagging data overlap the union upregulated gene list of whole spinal cord RNAseq. (F) Ingenuity Pathway Analysis of upregulated ribosome-associated mRNAs with log FC 1.5 and FDR<.05 in *Gars*<sup>P278KY/+</sup> motor neurons. (G) Activation of the ISR was confirmed with immunolabeling of phospho-eIF2 $\alpha$ , which was found specifically in ventral horn motor neurons (arrowheads) in *Gars*<sup>P278KY/+</sup> mutant spinal cord (right hand panel). (H) The ratio of phospho-eIF2 $\alpha$  labelling intensity to that of

the motor neuron marker ChAT is increased in all three alleles of *Gars*, and in *Gars*<sup>P278KY/+</sup> compared to *Gars*<sup>C201R/+</sup>, points represent individual motor neurons, n=3 mice/genotype. Volcano plots show transcripts with log FC>|1.5|; P<.05. N = 4–6 mice (in A-C) or 6 mice (3 males, 3 females in D) per genotype at 8-weeks-of-age.

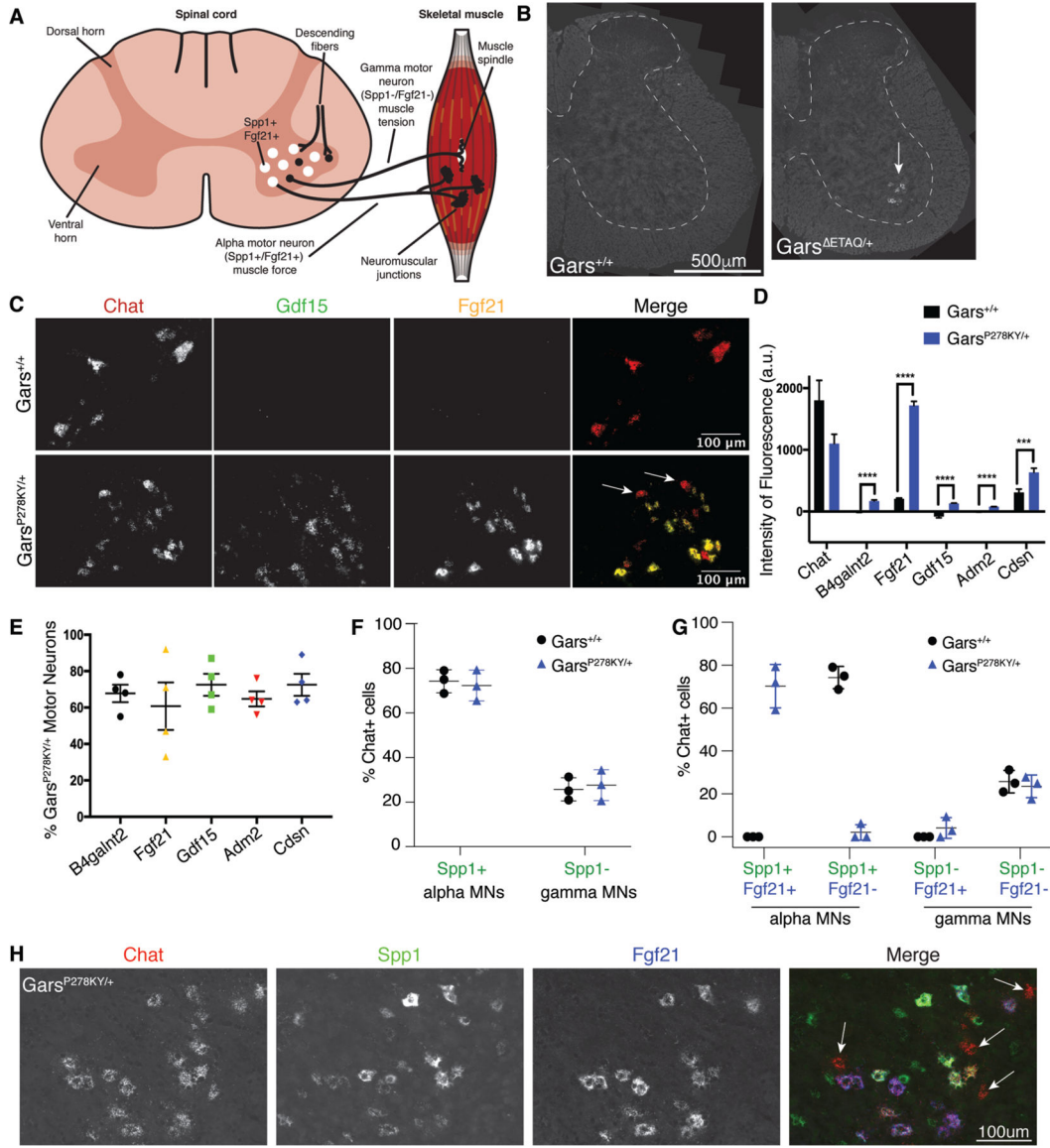
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**Figure 2: ATF4 target gene expression is restricted to alpha motor neurons within mutant *Gars* spinal cord.**

(A) Motor neurons in the ventral horn of the spinal cord include alpha- (*Spp1*-positive) and gamma- (*Spp1*-negative) populations, but only *Spp1*-positive cells express *Fgf21* in mutant mice. (B) RNAscope in situ hybridization (ISH) showed upregulation of the ATF4 target gene *Fgf21* in a subset of ventral horn motor neurons in *Gars*<sup>ETAQ/+</sup> mice. (C) ISH in spinal cord of *Gars*<sup>P278KY/+</sup> mice. *Chat* (red), *Gdf15* (green), *Fgf21* (yellow). Some *Chat*-positive mutant *Gars* motor neurons do not show expression of disease-related transcripts (arrows) (D) Quantification of background-subtracted ISH fluorescence intensity. \*\*\**p*<.001, \*\*\*\**p*<.0001 (two-tailed Student’s T-test, N=4 mice per genotype at 8 weeks of age.) (E) Percentage of *Gars*<sup>P278KY/+</sup> motor neurons that expressed the 5 disease-associated transcripts. (F) RNAscope ISH in spinal cord with *Chat* and *Spp1* revealed the same percentage of alpha- and gamma motor neurons in mutant mice. (G, H) Only *Spp1*-positive alpha motor neurons in mutant spinal cords express *Fgf21*. Arrows in (H) point to cells

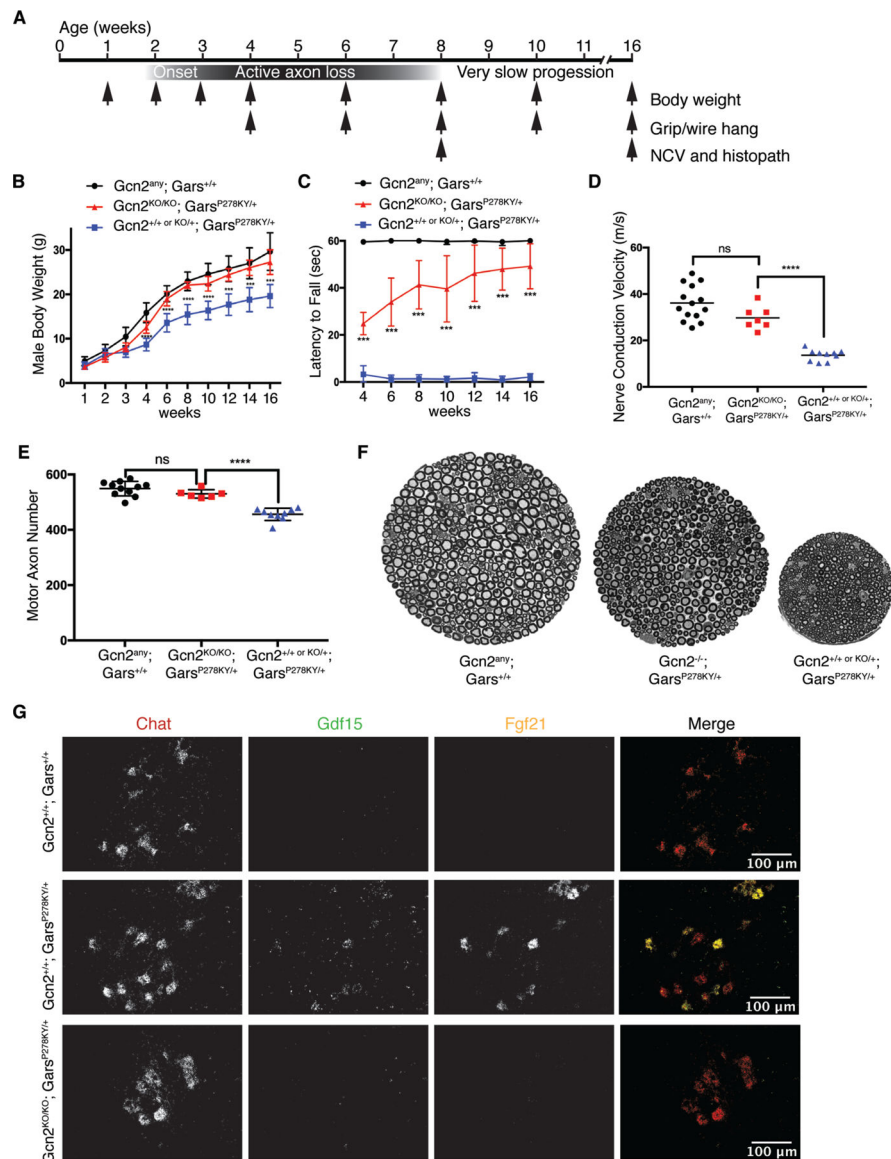
labeled with *Chat* that do not express *Spp1* or *Fgf21*. N=3 mice per genotype at 8 weeks of age in F-H.

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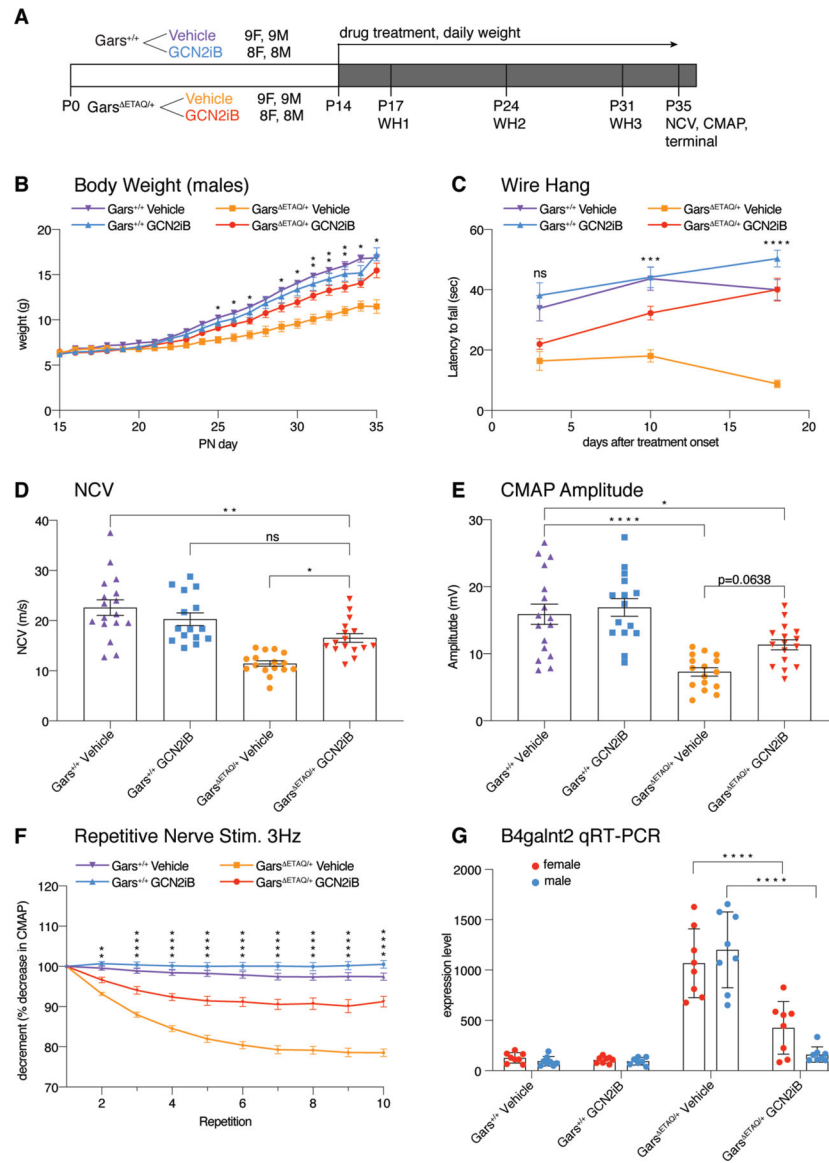
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**Figure 3. Deletion of *Gcn2* alleviates the *Gars*<sup>P278KY/+</sup> phenotype.**

(A) *Gars*<sup>P278KY/+</sup> mice have a phenotype by 2-weeks-of-age, and actively lose peripheral axons until ~8-weeks-of-age, after which the phenotype progresses very slowly. (B) Body weight of male *Gcn2*<sup>KO/KO</sup>;*Gars*<sup>P278KY/+</sup> mice is significantly increased over *Gcn2*<sup>+/+ or +/KO</sup>;*Gars*<sup>P278KY/+</sup> (one-way ANOVA, *Gcn2*<sup>any</sup> denotes +/+, +/KO, or KO/KO genotype). (C) *Gcn2*<sup>KO/KO</sup>;*Gars*<sup>P278KY/+</sup> mice have increased latency to fall from an inverted wire grid (one-way ANOVA). The test is stopped after 60 seconds and the mean of 3 trials is reported for each day. Body weight and wire hang analyses performed with 18–22 mice per grouped genotype. (D) Motor nerve conduction velocity of the sciatic nerve is increased in *Gcn2*<sup>KO/KO</sup>;*Gars*<sup>P278KY/+</sup> mice compared to *Gcn2*<sup>+/+ or +/-</sup>;*Gars*<sup>P278KY/+</sup>, and no longer different from *Gars*<sup>+/+</sup> regardless of *Gcn2* genotype (one-way ANOVA). (E) The average number of motor axons in the femoral nerve of 16-week-old *Gcn2*<sup>KO/KO</sup>;*Gars*<sup>P278KY/+</sup> mice is greater compared to *Gcn2*<sup>+/+ or +/-</sup>;*Gars*<sup>P278KY/+</sup>.

*Gcn2*<sup>KO/KO</sup>;*Gars*<sup>P278KY/+</sup> axon counts are no longer different from *Gars*<sup>+/+</sup> mice regardless of *Gcn2* genotype (one-way ANOVA). (F) The motor branch of the femoral nerve in *Gcn2*<sup>KO/KO</sup>;*Gars*<sup>P278KY/+</sup> mice is intermediate in size compared to *Gars*<sup>+/+</sup> and *Gcn2*<sup>+/+</sup> or +/-;*Gars*<sup>P278KY/+</sup>. (G) *Gcn2*<sup>+/+</sup>;*Gars*<sup>+/+</sup> motor neurons show no expression of ATF4 target genes *Gdf15* (green) or *Fgf21* (yellow), while *Gcn2*<sup>+/+</sup>;*Gars*<sup>P278KY/+</sup> motor neurons show robust upregulation. ATF4 target gene expression is eliminated in *Gcn2*<sup>KO/KO</sup>;*Gars*<sup>P278KY/+</sup> motor neurons. Data points in D and E represent individual mice of both sexes.



**Figure 4. Pharmacological inhibition of GCN2 is efficacious.**

(A) Study design: Cohorts of *Gars*<sup>ETAQ/+</sup> or littermate control (*Gars*<sup>+/+</sup>) mice were treated with GCN2iB or vehicle starting at 2-weeks-of-age for three weeks, 8–9 mice per sex per genotype per treatment group were enrolled. (B) GCN2iB improved body weight in *Gars*<sup>ETAQ/+</sup> male mice. (C) GCN2iB improved strength and endurance in the wire hang test. (D) GCN2iB improved sciatic motor nerve conduction velocity in *Gars*<sup>ETAQ/+</sup> mice, although values were still reduced compared to controls. (E) Compound muscle action potential amplitude was not significantly improved over vehicle-treated mutant mice. (F) The decrement in CMAP amplitude following bouts of repetitive nerve stimulation was alleviated in *Gars*<sup>ETAQ/+</sup> mice with GCN2iB treatment. Data from male and female mice is pooled in C-F, although improvement was generally greater in males. (G) Expression of the ATF4 target gene *B4galnt2* was reduced with GCN2iB treatment; effects were greater in males. Statistical analysis: B, C, F, G were tested with 2-way ANOVA and correction

for multiple comparisons, D, E were tested with 1-way ANOVA and correction for multiple comparisons. Asterisks in B, C, F indicate significance between GCN2iB-treated *Gars*<sup>ETAQ/+</sup> and vehicle-treated *Gars*<sup>+/+</sup> mice, and the pairwise comparisons noted in D, E and G.

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