



Since January 2020 Elsevier has created a COVID-19 resource centre with free information in English and Mandarin on the novel coronavirus COVID-19. The COVID-19 resource centre is hosted on Elsevier Connect, the company's public news and information website.

Elsevier hereby grants permission to make all its COVID-19-related research that is available on the COVID-19 resource centre - including this research content - immediately available in PubMed Central and other publicly funded repositories, such as the WHO COVID database with rights for unrestricted research re-use and analyses in any form or by any means with acknowledgement of the original source. These permissions are granted for free by Elsevier for as long as the COVID-19 resource centre remains active.



Contents lists available at ScienceDirect

Trends in Cardiovascular Medicine

journal homepage: www.elsevier.com/locate/tcm

Editorial commentary: COVID-19 and COVID-19 vaccination: Observations on thrombosis and thrombocytopenia

Sandra Elsheikh^{a,b}, Gregory Y.H. Lip^{a,b,c,*}^a Liverpool Centre for Cardiovascular Science, University of Liverpool and Liverpool Heart & Chest Hospital, Liverpool, United Kingdom^b Department of Medicine, Whiston Hospital, St Helens and Knowsley Teaching Hospitals NHS Trust, Prescot, United Kingdom^c Department of Clinical Medicine, Aalborg University, Aalborg, Denmark

ARTICLE INFO

Keywords:

COVID-19
Thrombosis
Vaccination

When the world was shaken by the coronavirus disease 2019 (COVID-19) pandemic, millions of people lost their lives. As recently reported by the WHO in February 2022, there have been 430,257,564 confirmed cases of COVID-19 globally, including 5,922,047 deaths

[1]. It was early on during the pandemic that the world recognised the need for vaccination as a mean of reducing the risk of transmission and the risk of developing serious clinical forms of the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) infection.

Various vaccines of different types using different techniques were soon developed and tested in clinical trials: whole virus, protein subunit, viral vector and nucleic acid (RNA and DNA) [2]. The most commonly used types in the mass vaccination programs worldwide include: those encoding the spike protein antigen of SARS-CoV-2 in mRNA-based technology (BNT162b2 - BioNTech/Pfizer and mRNA1273-Moderna) and adenovirus vector-based vaccines (AstraZeneca, Johnson & Johnson, Gamaleya, CanSino). Inactivated virus vaccines (Sinopharm, Sinovac, Bharat Biotech) are also used in some parts of the world [2].

We learned during the pandemic that the COVID 19 is a highly coagulopathic condition, related to 'thromboinflammation' seen with the inflammation and cytokine storm in severe disease [3]. Soon after launching mass vaccination programs worldwide, unique thrombotic events with thrombocytopenia were also noted as a rare complication after vaccination with recombinant adenoviral vector vaccine (ChAdOx1 nCov-19, AstraZeneca) [4]. This unique complication is referred to as vaccine-induced immune thrombotic thrombocytopenia (VITT) or thrombosis with thrombo-

cytopenia syndrome (TTS). Unlike the adenoviral vaccines, vaccination with mRNA vaccines (Comirnaty/BioNTech/Pfizer and mRNA-1273/Moderna) was not associated with cerebral venous sinus thrombosis (CVST) and splanchnic venous thrombosis (SVT) [5].

As described in this paper by Iba et al [6], the pathogenesis of VITT is believed to resemble that of heparin-induced thrombocytopenia (HIT), where platelet-activating anti-platelet factor 4 (anti-PF4) antibodies seem to play a key role. However, antibodies in HIT are bound to aminoacids corresponding to different sites on PF4. Moreover, anti-PF4 in VITT have a stronger binding response to PF4 and PF4-heparin complexes [7].

Whereas anti-PF4 antibodies also have been detected after mRNA vaccination, their optical density tends to be low and they seem to have a poor function in terms of platelet aggregation, as detailed in the paper by Iba et al [6].

In the study by Thiele et al [8], the incidence of anti-PF4/polyanion antibodies in healthy vaccinees (after vaccination with ChAdOx1 or BNT162b2) was assessed, together with their ability to induce platelet activation. A total of 19 of 281 (6.8%) participants tested positive for anti-PF4/polyanion antibodies postvaccination; ChAdOx1: 8.0%, BNT162b2: 5.6%. Optical densities were mostly low (between 0.5 and 1.0 units; reference range, <0.50), and none of the PF4/polyanion enzyme immunoassay (EIA)-positive samples induced platelet activation in the presence of PF4. Hence, it concluded that pathogenic platelet-activating antibodies that cause VITT do not routinely occur after vaccination [8].

As for the COVID 19 infection itself, the risk ratio of venous thromboembolism at 8–14 days was estimated at 13.86 (95% CI, 12.76 to 15.05), compared to risk ratio of 1.10 (95% CI, 1.02 to 1.18) after ChAdOx1 vaccine and 0.99 (95% CI, 0.90 to 1.08) after BNT162b2 vaccine. While the risk for CVST after ChAdOx1 vaccination was higher than that after BNT162b2 vaccination [4.01 (95% CI, 2.08 to 7.71 at 8–14 days) versus 2.57 (95% CI, 0.85 to

DOI of original article: [10.1016/j.tcm.2022.02.008](https://doi.org/10.1016/j.tcm.2022.02.008)

* Corresponding author.

E-mail address: gregory.lip@liverpool.ac.uk (G.Y.H. Lip).

7.78 at 15–21 days)], the risk was still the highest after COVID-19 infection per se (at 13.43 (95% CI, 1.99 to 90.59)) [9].

In summary, the morbidity and mortality associated with SARS-CoV-2 infection remain significantly higher than that seen with vaccination, and importantly, thrombosis is estimated to occur at least 100-fold more often in COVID-19 without vaccination than with vaccination [5].

References

- [1] “WHO Coronavirus (COVID-19) dashboard | WHO Coronavirus (COVID-19) dashboard with vaccination data.” <https://covid19.who.int/> (accessed Feb. 27, 2022).
- [2] Gerotziakas GT, Catalano M, Theodorou Y, Van Dreden P, Marechal V, Spyropoulos AC, et al. The COVID-19 pandemic and the need for an integrated and equitable approach: an international expert consensus paper. *Thromb Haemostasis* Aug. 2021;121(8):992. doi:10.1055/A-1535-8807.
- [3] Bikedli B, Madhavan MV, Gupta A, Jimenez D, Burton JR, Der Nigoghossian C, et al. Pharmacological agents targeting thromboinflammation in COVID-19: Review and implications for future research. *Thromb Haemostasis* Jul. 2020;120(7):1004–24. doi:10.1055/S-0040-1713152.
- [4] Greinacher A, Thiele T, Warkentin TE, Weisser K, Kyrle PA, Eichinger S. Thrombotic thrombocytopenia after ChAdOx1 nCov-19 vaccination. *N Engl J Med* Jun. 2021;384(22):2092–101. doi:10.1056/NEJMoa2104840.
- [5] Elalamy I, Gerotziakas G, Alamowitch S, Laroche JP, Van Dreden P, Ageno W, et al. SARS-CoV-2 vaccine and thrombosis: An expert consensus on vaccine-induced immune thrombotic thrombocytopenia. *Thromb Haemostasis* Aug. 2021;121(8):982–91. doi:10.1055/a-1499-0119.
- [6] Iba T, Levy J. Thrombosis and thrombocytopenia in COVID-19 and after COVID-19 vaccination. *Trends Cardiovasc Med* 2022.
- [7] Huynh A, Kelton JG, Arnold DM, Daka M, Nazy I. Antibody epitopes in vaccine-induced immune thrombotic thrombocytopenia. *Nature* 2021;596. doi:10.1038/s41586-021-03744-4.
- [8] Thiele T, Ulm L, Holtfreter S, Schönborn L, Kuhn SO, Scheer C, et al. Frequency of positive anti-PF4/polyanion antibody tests after COVID-19 vaccination with ChAdOx1 nCoV-19 and BNT162b2. *Blood* 2021;138(4):299–303. <https://www.ncbi.nlm.nih.gov/sars-cov-2/> Jul. doi:10.1182/blood.2021012217.
- [9] Hippisley-Cox J, Patone M, Mei XW, Saatci D, Dixon S, Khunti K, et al., “Risk of thrombocytopenia and thromboembolism after covid-19 vaccination and SARS-CoV-2 positive testing: self-controlled case series study,” 2021, doi:10.1136/bmj.n1931.