



RESEARCH PAPER

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## Postmarketing surveillance of adverse events following meningococcal B vaccination: data from Apulia Region, 2014–19

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### ABSTRACT

Since the multicomponent meningococcal B vaccine introduction, the Apulian Regional Health Authority implemented postmarketing surveillance program, as provided by Italian laws.

From National Pharmacovigilance Network, we selected 4cMenB AEFIs reported in Apulia from 01 January 2014 to 31 December 2019, while the number of 4 cMen B doses administered per year was obtained from the regional immunization database (GIAVA).

For each subject who experienced an adverse event following meningococcal B vaccine (AEFIs), a predefined form was filled in.

A total of 214 AEFIs (26.5 × 100,000 doses) were reported after any dose of MenB-4 c vaccination of which 58/214 (27.1%) were classified as serious (7.2 × 100,000 doses), 145/214 (67.8%) as not serious (180 × 100,000 doses), and 11/214 (5.1%) as undefined (1.3 × 100,000 doses).

The average age of subjects who experienced an AEFI was 30 months. The majority of serious AEFIs were reported in 2- to 11-month-old children (44/57; 77.2%). A total of 31/58 (3.8 × 100,000 doses; 53.4%) serious AEFIs were reported as having a 'consistent causal association' with vaccination. Of these, fever/hyperpyrexia was reported in 21/31 (2.6 × 100,000 doses; 67.7%); hypotonic-hyporesponsive episode was reported in 7/31 (0.9 × 100,000 doses [add %age]) and was the most frequent adverse event with neurological symptoms. A total of 13/31 (41.9%) serious AEFIs classified as 'consistent causal association' were reported after the first dose of 4cMenB, of these 5/13 (38.5%) children did not complete the vaccination schedule.

Our data seemed to confirm, in a large population, the a good safety profile of the universal mass vaccination with 4CMENB.

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AEFI, post-marketing surveillance; causality assessment; hesitancy; hypotonic-hyporesponsive episode

## Introduction

*Neisseria meningitidis* is a gram-negative bacterium commensal of the nasopharynx, but also an important exclusive human pathogen, which may cause meningococcal invasive diseases (IMD), such as meningitis and sepsis.<sup>1,2</sup> It is classified into 12 serogroups, identified according to the different capsular polysaccharide structure: in particular, A, B, C, W135, Y, and recently also the X group (that in Saharan Africa is responsible for 99% of cases of meningococcal disease) can cause IMD in humans. IMD may occur as sporadic cases, outbreaks and epidemic.<sup>3–7</sup>

Prevalence changes overtime, and also W135 and C serotypes are causing large outbreaks since serotype A epidemics were eliminated after widespread vaccination with Men ACV.<sup>8,9</sup>

Because of gaps in surveillance, there are currently no reliable global estimates of IMD burden. Due to the dynamic nature of IMD epidemiology, the global distribution of the different serogroups of *Neisseria meningitidis* may change over time: the highest incidence rates are usually observed in the Sahel, from Senegal to Ethiopia (the so-called African meningitis belt).<sup>2,7–9</sup> Currently, meningococcal serogroup B (MenB) is a major cause of IMD in North America, South America, Australia, North

Africa, and Europe, although a decreasing incidence trend is being observed. Meningococcal serogroup C (MenC) was also reported as one of the most prevalent serogroups in Brazil, China, Russia, India, and Niger/Nigeria. In India, the predominant serogroup was meningococcal serogroup A (MenA). In Japan and Southern Africa (Mozambique) meningococcal serogroup Y (MenY), and meningococcal serogroup W (MenW) predominated, respectively. The emergence of MenW and MenY was evident in some countries worldwide.<sup>10</sup>

Globally, serogroup B caused the highest proportion of cases in all age groups below 65 years and accounted for 70% of IMD in children under the age of five years.<sup>11,12</sup> For example, serogroup B has been responsible for an outbreak in France in 2000–2003 and several outbreaks at US university and college campuses from 2013 to 2015.<sup>13–16</sup>

ECDC reported that notifications of serogroup B infectious diseases decreased from 0.42 cases per 100 000 in 2013 to 0.30 cases in 2017. The decrease was most pronounced in children, where rates diminished from 10.4 to 5.4 per 100 000 in children <1 year of age, and from 2.6 to 1.7 per 100 000 in ones 1–4 years of age.<sup>14</sup>

In the past decades, effective and safe vaccines against *N. meningitidis* serogroup A,C,W135 and Y have been developed and licensed on the basis that the conjugation of the respective polysaccharide to a protein is able to induce immunological memory and be immunogenic even in infants and young children. The application of this technique to develop vaccines against serogroup B was not feasible as the polysaccharide is an autoantigen being expressed by some host tissues (16). Until recently, no broadly effective serogroup B meningococcal vaccines were available as the capsular polysaccharide of meningococcal serogroup B is poorly immunogenic in humans.<sup>17,18</sup>

In January 2013, a novel vaccine against *Neisseria meningitidis* serogroup B, the multicomponent meningococcal serogroup B vaccine (4CMenB), was approved by the European Medicines Agency. The 4CMenB vaccine consists of subcapsular antigens including New Zealand strain outer membrane vesicles (NZOMV) with PorA 1.4 antigenicity and recombinant antigens which include NadA (neisserial adhesion A), NHBA (Neisseria heparin binding antigen) and fHbp (factor H binding protein).<sup>19–22</sup>

Based on initial published studies and licensure application, the vaccine has been shown to be immunogenic in infants between two and 5 months of age and has been approved for use in a three-dose primary series followed by a booster between 12 and 15 months of age (3 + 1 dose schedule), and in infants 6 months to 24 months a two-dose primary series followed by a booster; in young children from two years of age, adolescents and adults two doses led to protective antibodies against the vaccine antigens.<sup>23–26</sup>

However, the successful implementation of vaccine programs depends on many factors including safety and reactogenicity profile of the vaccine that may influence, the acceptability and adherence of the patient/parent. Because vaccines are administered to healthy populations, there is low tolerance for any potential risks as adverse events following immunization (AEFIs).<sup>27,28</sup>

In the 4CMenB pre-registrative clinical trials, 77% of infants experienced fever of  $38 \cdot 5^{\circ}\text{C}$  or higher after any dose, compared with 45% after routine vaccines alone; also the incidence of vaccine-related serious adverse events in individuals receiving 4CMenB is significantly higher than that of routine vaccines. In addition, prelicensure studies and postmarketing surveillance data suggested that 4CMenB is more reactogenic when coadministered with routine vaccines.<sup>29–32</sup>

National Regulatory Authorities such as AIFA in Italy) monitor the safety of vaccines in the postmarketing phase by collecting and analyzing reports of adverse events (passive surveillance) or by specific active surveillance programs.<sup>33,34</sup>

Apulia is a large region in the South of Italy (4,000,000 inhabitants) where meningococcal B vaccine (Bexsero is offered free-of-charge to all newborns since 2014. Since 2017 the vaccine is also used for catch-up strategies that targeted adolescents and adult people affected by some risk condition (e.g. splenectomized patients).<sup>35</sup>

Since MenB vaccine introduction, the Apulian Regional Health Authority implemented an active post-marketing surveillance program to evaluate safety and effectiveness of

antimeningococcal B vaccine administered in infants, young children, adolescents, and adults.

This work reports the results of the regional postmarketing passive surveillance program from 2014 to 2019.

## Material and methods

In Apulia Region surveillance of AEFIs is carried out by healthcare workers of Vaccination Centers, Family Pediatricians and Hospital Physicians. Each one has to report every case of AEFIs occurred in their patients to the National Pharmacovigilance Network (RNF), a platform managed by the Italian Drug Authority (AIFA). The report of AEFIs can also be carried out directly by the children's parents.

The source of information for this study were National Pharmacovigilance Network and the Regional Database of Immunization (GIAVA).

AEFIs after 4CMenB vaccination reported from Apulia Region from 01 January 2014 until 31 December 2019 were selected from the National Pharmacovigilance Network database, the number of 4cMen B doses administered per year in Apulia Region was obtained from the regional immunization database (GIAVA).

For every subject who experienced an adverse event following meningococcal B vaccination (AEFIs), a specific form was built, including information on date of birth, gender, date of vaccine administration, other vaccines administered in the same visit and information about the AEFIs (date of onset and date of computing in National Pharmacovigilance Network, clinical characteristics of the adverse events, case description, duration and treatment, hospitalization or emergency room access, final outcome).

Excel spreadsheet was used to built the database and perform the analyses.

The total reporting rate was calculated as the total number of AEFIs/number of 4cMen B doses administered, while the annual reporting rate was calculated using the number of AEFIs occurred in the year by the number 4cMen B doses administered in the same year.

WHO guidelines were used to classify AEFIs as “serious” or “not serious.” An AEFI is considered serious, if: it results in death; it is life-threatening; it requires in-patient hospitalization or prolongation of existing hospitalization; it results in persistent or significant disability/incapacity; it is a congenital anomaly/birth defect, or requires intervention top event permanent impairment or damage. Additionally, in 2016 AIFA published a list of particular health conditions that must be considered as serious AEFIs, if they occur after vaccination. This list is the Italian edition of EMA IME list.<sup>36,37</sup>

For serious AEFIs, we retrospectively applied the WHO causality assessment algorithm to classify AEFI as ‘consistent causal association,’ ‘inconsistent causal association,’ ‘indeterminate,’ or ‘not-classifiable.’<sup>38</sup>

For serious AEFIs, 1 month after notification, a follow up was been carried out in order to guarantee a supplemental surveillance of vaccine safety.

For AEFIs that required hospitalization, we reviewed the causality assessment using additional data from the medical record.

## Results

From 2014 to 2019 a total of 807.446 doses of 4CMenB vaccine were administered in Apulia Region. During the same period, a total of 214 AEFIs after MenB-4c immunization (reporting rate:  $26.5 \times 100,000$  doses) were reported in Apulia Region: data are similar to Italian ratio as indicated in 2018 in AIFA report ( $30.8 \times 100,000$  doses)

In Graph 1, the number and rate of AEFIs reported by year is: the highest number (54/214, 25.2%) was registered in 2017 while the highest reporting rate ( $47.3 \times 100,000$  doses) was registered in 2015.

The average time elapsed between administration of the vaccine and the onset of the adverse event is  $1.9 \pm 7.6$  days (range = 0.0–70.0) while the median time between the onset of the suspected adverse reaction and the report to RNF is 32.0 days (IQR interval = 11.0–60.0; interval = 0.0–833.0).

In several AEFIs report (n = 183; 85.6%), 4CMenB was administered alone while in 11/214 (5.1%) the meningococcal serogroup ACYW vaccine was simultaneously administered, in 7/214 rotavirus vaccine and in 5/214 the meningococcal serogroup C vaccine. The majority of the reports (n = 182; 85.0%) were from healthcare professionals and 25 (11.7%) from consumers and 7 (3.3%) from pharmacists.

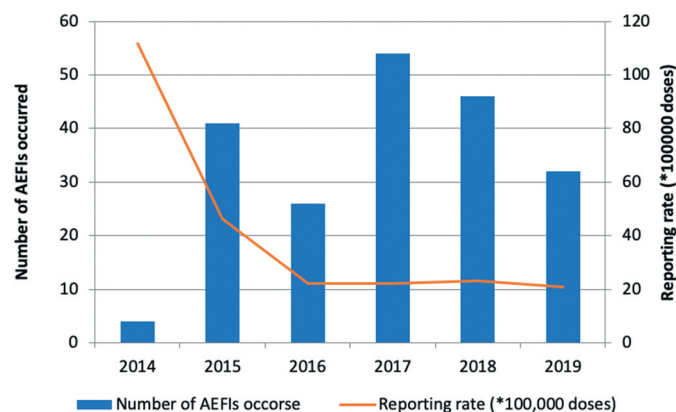
The median age of people who had a 4CMENB AEFI reported was 30.0 months (range: 2–394), the age was unknown for 7 subjects, 50.9% (109) were males and 48.1% (103) were females, the gender was unknown for 2 (0,9%).

58/214 (27.1%) AEFIs were classified as serious (reporting rate:  $7.2 \times 100,000$  doses); 145/214 (67.8%) as not serious (reporting rate =  $180 \times 100,000$  doses); and 11/214 (5.1%) as undefined (reporting rate =  $1.3 \times 100,000$  doses).

Out of the serious AEFIs, 30/58 (51.2%) were hospitalized, 1/58 resulted in death (1.7%), 1/58 in life threatening (1.7%), 2/58 in sequelae (3.5%), and 24/58 (41.9%) had particular health conditions (listed by AIFA in 2016) (Table 1).<sup>36</sup>

The majority of serious AEFI reports were in children of 2–11 months of age (n = 44/57; 77.2%) (Table 2). For 7 subjects the age in unknown.

Performing causality assessment, 31/58 (53.4%, reporting rate =  $3.8 \times 100,000$  doses) serious AEFIs were classified as ‘consistent causal association’ to the 4cMenB vaccination,



**Graph 1.** Distribution of 4CMenB AEFIs, per year of onset and annual reporting rate  $\times 100,000$  doses. Puglia Region (Italy), 2014–2019.

**Table 1.** Number and reporting rate of symptoms/clinical signs most frequently notified in spontaneous 4cMen B vaccine AEFI-reports. Puglia Region (Italy), 2014–2019.

Symptom/clinical sign	n	Reporting rate ( $\times 100,000$ doses)
Injection site reactions (redness, skin rash, swelling, local pain)	138	17.0
Fever, hyperpyrexia	94	12.9
Neurological symptoms	74	8.8
• Hypotonic-hyporesponsive episode	11	1.4
• Agitation, nervousness	20	2.5
• Sleep disorders	12	1.5
• Fatigue, weakness, headache	22	2.7
• Seizure, clonus, dyskinesia	7	0.9
• Excessive, inconsolable crying	13	1.6
• Dizziness, lipothymia	3	0.4
Gastrointestinal diseases	31	3.8
Allergic reaction	6	0.9
Lymphadenitis	2	0.3
Other local signs/symptoms	50	7.7

**Table 2.** Distribution of 4cMenB AEFIs reports per severity and age class. Puglia Region (Italy), 2014–2019.

Age groups	2–11 months		11–23 months		>23 months		Total	
	n	%	n	%	n	%	n	%
Serious	44	77.2	1	1.8	12	21.0	57*	100
Not serious	97	69.3	8	5.7	35	25.0	140**	100
Not defined	10	100	0	0	0	0	10***	100

\*for 1 people age is unknown.

\*\*for 5 people age in unknown.

\*\*\*for 1 people age is unknown.

while 2/58 (3.4%, reporting rate =  $2.5 \times 100,000$ ) were indeterminate and 17/58 (29.4%, reporting rate =  $2.1 \times 100,000$ ) were classified as ‘not consistent causal association’; 8/58 serious AEFIs (13.8%, reporting rate =  $3.8 \times 100,000$  doses) were considered as not classifiable.

Fever/hyperpyrexia was detected in 21/31 (67.7%) ‘consistent causal association’ serious AEFIs reporting rate =  $2.6 \times 100,000$  doses); hypotonic-hyporesponsive episode (7/31, reporting rate  $0.9 \times 100,000$  doses) was the most frequent adverse event of neurological symptoms (Graph 2).

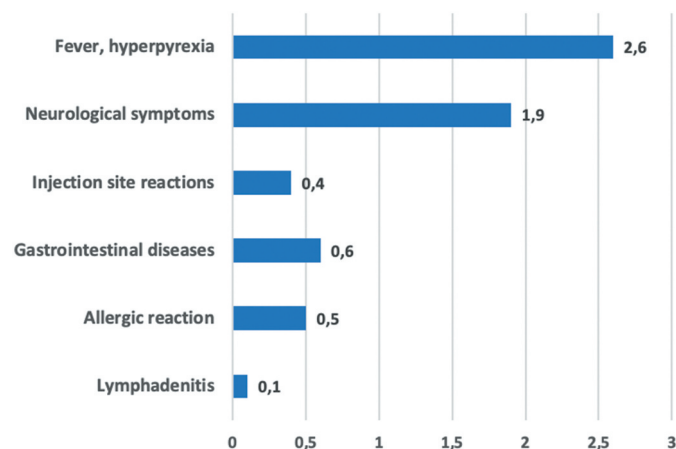
At the time of data collection serious AEFIs, classified as ‘consistent causal associated’ to the 4cMenB vaccine were completely resolved without sequelae.

A total of 13/31 (41.9%) serious AEFIs classified as ‘consistent causal association’ were reported after the first dose of 4cMenB and 5/13 (38.5%) of these children did not complete vaccination schedule.

Of 15/31 (48.4%) children who experienced a serious AEFIs classified as ‘consistent causal association’ after the subsequent doses, 5/15 (33.3%) have not completed the vaccine schedule; for 3/31 serious AEFIs classified as ‘consistent causal association’ the information of the dose administered is not available.

## Discussion and conclusion

Post-marketing surveillance of adverse events following immunization (AEFIs) is routinely carried out by a passive system, based on the spontaneous notification by Health Care Workers and patients: this model is badly affected by the risk of



**Graph 2.** Reporting rate of symptoms/clinical signs most frequently notified in serious 4cMenB AEFIs reports with a consistent causal association with immunization. Puglia Region (Italy), 2014–2019.

underreporting. In our study we tried to provide a picture of 4cMenB vaccine safety, even if limited by data from spontaneous reporting (e.g. missing or incomplete data).<sup>39,40</sup>

Using the AIFA database, all adverse events following 4cMenB vaccination notified in the Apulia region since vaccine authorization were analyzed. In general, the AEFI reports are consistent with the known safety profile of 4cMenB as reflected in the Summary of Product Characteristics and other postmarketing findings.<sup>21,41</sup>

The reported events were mostly evident in the first and second day after the vaccination: 145/214 regarded local reactions with rapid and spontaneous resolution, while 58/214 (27.1%) were classified as serious (reporting rate:  $7.2 \times 100,000$  doses).

2/58 (3.4%) serious AEFI were related with a death or life threatening, but performing causality assessment they were classified as 'not consistent causal association. In particular, one of the two events regards a case of B meningitis and meningococemia happened 7 days after the first dose of 4CMENB (according to temporal pattern, it could not be classified as a vaccine failure and there is not plausibility of a causing role of vaccination in the onset of infection).

Fever and hyperpyrexia are the adverse events most frequently detected in serious AEFI reports (21/31, 67.7%) classified as consistent with immunization (reporting rate  $2.6 \times 100,000$  doses): data are similar to prelicensure findings.

The fever after 4cMenB vaccine remains one of the most important problem about its acceptability and the risk of missing the competition of vaccination schedule. Murdoch et al. demonstrated that fever and hyperpyrexia were connected to an increased risk of hospital admission within 3 days of the vaccine administration and suggested use of prophylactic paracetamol.<sup>42,43</sup>

Because of fever ( $\geq 38.5^\circ\text{C}$ ) in young children aged less than 2 years is a common and expected adverse event following 4cMenB administration, Government of South Australia recommended Paracetamol with every dose of this vaccine for those aged less than 2 years.<sup>44</sup>

NHS also recently published a *Protocol for the supply or administration of paracetamol oral suspension 120 mg/5 mL to*

*infants under 12 months of age receiving primary doses of MenB vaccination.*<sup>45</sup>

Even if the role of paracetamol in the 4cMenB immunization has been studied also in prelicensure trial, in Italy there is no a formal recommendation about its prophylactic use and postmarketing evaluation is crucial to assess its role in the prevention of serious AEFIs and the risk/benefit balance.

In 7/31 serious AEFI classified as consistent with immunization a hypotonic-hyporesponsive episode was notified: our findings are in line with the previously published literature regarding the benignity of the episodes, as they mostly resolved briefly and all the infants returned to the prevaccination status with no alteration in neuropsychomotor development.<sup>46</sup>

An emerging issue must be studied in future research: the experience of an AEFI as determinants of missing vaccination schedule. In our report, we documented that 19/28 people with an history of serious AEFIs missed the competition of vaccination cycle and this phenomenon could be very important for Public Health. Because of spontaneous reporting surveillance system are badly affected by underreporting, the impact of the experience of serious AEFIs in vaccination compliance could be, in principle, very notable and requires specific studies on large population.

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