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# **Longitudinal Assessment of Early-Life White Matter Development with Quantitative Relaxometry in Nonhuman Primates**

**Jason F. Moody**1,\* , **Nakul Aggarwal**2,\* , **Douglas C. Dean III**1,3,4, **Do P.M. Tromp**2, **Steve R. Kecskemeti**4, **Jonathan A. Oler**2, **Ned H. Kalin**2, **Andrew L. Alexander**1,2,4

<sup>1</sup>Department of Medical Physics, University of Wisconsin-Madison, 1111 Highland Avenue, Madison, WI 53705, United States

<sup>2</sup>Department of Psychiatry, University of Wisconsin-Madison, 6001 Research Park Boulevard, Madison, WI 53719, United States

<sup>3</sup>Department of Pediatrics, University of Wisconsin-Madison, 600 Highland Avenue, Madison, WI 53792, United States

<sup>4</sup>Waisman Center, University of Wisconsin-Madison, 1500 Highland Avenue, Madison, WI 53705, United States

# **Abstract**

Alterations in white matter (WM) development are associated with many neuropsychiatric and neurodevelopmental disorders. Most MRI studies examining WM development employ diffusion tensor imaging (DTI), which relies on estimating diffusion patterns of water molecules as a reflection of WM microstructure. Quantitative relaxometry, an alternative method for characterizing WM microstructure changes, is based on molecular interactions associated with the magnetic relaxation of protons. In a longitudinal study of 34 infant non-human primates (NHP) (Macaca mulatta) across the first year of life, we implement a novel, high-resolution, T1-weighted MPnRAGE sequence to examine WM trajectories of the longitudinal relaxation rate  $(qR_1)$  in relation to DTI metrics and gestational age at scan. To the best of our knowledge, this is the first study to assess developmental WM trajectories in NHPs using quantitative relaxometry and the first to directly compare DTI and relaxometry metrics during infancy. We demonstrate that  $qR_1$ exhibits robust logarithmic growth, unfolding in a posterior-anterior and medial-lateral fashion, similar to DTI metrics. On a within-subject level, DTI metrics and  $qR_1$  are highly correlated, but are largely unrelated on a between-subject level. Unlike DTI metrics, gestational age at birth (time *in utero*) is a strong predictor of early postnatal  $qR_1$  levels. Whereas individual differences in DTI metrics are maintained across the first year of life, this is not the case for  $qR_1$ . These results point to the similarities and differences in using quantitative relaxometry and DTI in

Declaration of Competing Interests

**Corresponding Author:** Jason F Moody, University of Wisconsin-Madison, Department of Medical Physics, 1111 Highland Avenue #1005, Madison, WI 53705, Tel: (608) 265-6116, jfmoody@wisc.edu. \*These authors contributed equally

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developmental studies, providing a basis for future studies to characterize the unique processes that these measures reflect at the cellular and molecular level.

#### **Keywords**

quantitative relaxometry; neurodevelopment; nonhuman primate; longitudinal imaging; white matter; myelination

# **1. INTRODUCTION**

White matter (WM) consists of bundles of myelinated axons that transfer information between clusters of neurons via electrical signal transmission and provide the structural architecture of the human brain. By establishing the underlying connectivity that mediates efficient communication between distinct brain regions, WM plays a crucial role in healthy brain development and function. Disruptions in the maturation or structural integrity of WM can result in compromised brain connectivity, and consequently, alterations in WM microstructure in early childhood are believed to be associated with psychiatric, neurological, and developmental disorders (Dean et al., 2016; Heng et al., 2010; Kim & Whalen, 2009; Tromp et al., 2019).

Within the scope of magnetic resonance imaging (MRI) techniques, developmental WM microstructural changes are most commonly evaluated in vivo using diffusion tensor imaging (DTI) (Aggarwal et al., 2021; Lebel & Deoni, 2018). DTI metrics, including fractional anisotropy (FA), mean diffusivity (MD), radial diffusivity (RD), and axial diffusivity (AD), are sensitive to a host of biophysical properties that affect WM microstructure, such as myelination, axonal coherence and packing, and tissue density (Alexander et al., 2007; Budde et al., 2011; Jones et al., 2013; Pierpaoli & Basser, 1996). Distinct from DTI, quantitative relaxometry is an alternative method for assessing microstructural brain changes in vivo. Whereas DTI measurements are derived from the diffusion patterns of water molecules in the brain, relaxometry metrics reflect the molecular interactions and energy exchanges associated with the magnetic relaxation of protons. More specifically, in MRI, two fundamental time constants, known as T1 and T2, govern both the re-growth of the longitudinal magnetization due to an energy exchange between protons and surrounding molecules, and the decay of the transverse magnetization due to the loss of phase coherence between protons interacting with one another, respectively. In turn, quantitative relaxometry encompasses the measurement of these relaxation times ( $qT_1$  or  $qT_2$ ) and their inverse, relaxation rates ( $qR_1$  or  $qR_2$ ). Importantly, relaxometry metrics are highly sensitive to the presence of the fatty myelin sheath surrounding axons, including the associated proteins, cholesterol, glycolipids, and iron-containing oligodendrocytes and glial cells (Deoni, 2010; Leppert et al., 2009). As myelination progresses over development, more protons from free water molecules bind to the various myelin-associated macromolecules, which effectively lowers the free water concentration in the given tissue, and consequently, increases observed relaxation rates (Leppert et al., 2009). Correspondingly, measured changes in longitudinal relaxation have been associated with histological markers of myelin (Lazari & Lipp, 2021; Warntjes et al., 2017).

Relaxometry metrics have been utilized to investigate age-related brain changes as well as alterations associated with various neurological and psychiatric disorders, including ischemic stroke (Hoque et al., 2007; McGarry et al., 2016), necrosis (Cheng et al., 2012; Deoni, 2010), multiple sclerosis (Burgetova et al., 2010; Gracien et al., 2016), dementia (Knight et al., 2019), traumatic brain injury (Mamere et al., 2009), ADHD (Anderson et al., 2002), major depressive disorder (Sacchet & Gotlib, 2017), and bipolar disorder (Gönenç et al., 2010; Johnson et al., 2015). Furthermore, numerous human imaging studies have used quantitative relaxometry to assess WM development in early infancy. These studies have documented large relaxation times in newborns that decrease rapidly (equivalent to increases in relaxation rates) throughout the first few years of life before leveling off between approximately 3 and 5 years of age (Deoni, 2010; Deoni et al., 2012; Eminian et al., 2018; Engelbrecht et al., 1998; Holland et al., 1986; Lebel & Deoni, 2018; Leppert et al., 2009; Masumura, 1987; Ouyang et al., 2019; Paus et al., 2001; Saito et al., 2009). These changes are thought to be driven concurrently by decreasing free water concentrations and progressive myelination marked by increasing protein and lipid concentrations (Deoni, 2010; Leppert et al., 2009; Ouyang et al., 2019; Paus et al., 2001). However, while these studies are informative and largely consistent, many of them are limited by cross-sectional designs.

Due to their conserved evolutionary development, similar brain homology, and analogous socio-emotional behaviors, nonhuman primates (NHPs), and in particular rhesus macaques, provide a useful animal model for investigating the spatiotemporal dynamics of human postnatal brain development and their relationship to the pathophysiology of early-life psychopathology (Howell et al., 2019; Kalin, 2004; Nelson & Winslow, 2009; Phillips et al., 2014; Zhang & Shi, 1993). Importantly, NHP models can be used to investigate causal relationships relevant to brain development and the risk to develop psychopathology. There are also logistical benefits to performing imaging studies in NHPs instead of humans (Raschle et al., 2012). For example, brain development in rhesus monkeys occurs at an accelerated pace compared to humans (Workman et al., 2013), allowing for robust and informative longitudinal neuroimaging studies to be carried out over a shorter window of time.

Previously, we used a longitudinal within-subjects design to characterize the spatiotemporal dynamics of developmental DTI trajectories extracted from 18 WM regions of interest (ROIs) in 34 infant rhesus monkeys assessed at 5 timepoints across the first year of life (Aggarwal et al., 2021). We documented robust logarithmic growth in DTI parameters, characterized by distinct posterior-to-anterior and medial-to-lateral gradients in WM maturation as well as especially rapid growth rates over the first 10 weeks of life that dropped precipitously thereafter. We also found that individual differences in DTI measures assessed at 3 weeks of age were significantly related to those at 1 year of age. Notably, these monkeys were also scanned with the novel, T1-weighted, MPnRAGE imaging sequence. MPnRAGE is a radial 3D sequence that samples hundreds of images along the inversion recovery curve, providing a method for producing robust quantitative  $qR_1$  (or  $qT_1$ ) maps (Kecskemeti et al., 2016, 2018; Kecskemeti & Alexander, 2020). Because of the potential for quantitative relaxometry to provide additional and complementary information pertaining to age-related changes in WM microstructure, we sought to investigate developmental trajectories of longitudinal relaxation rates  $(qR_1)$  and to compare these to the spatiotemporal

dynamics of traditional DTI parameters over the first year of life. Therefore, in this study, we analyzed the developmental trajectories of  $qR_1$  in the same 18 WM ROIs and NHP cohort as previously studied (Aggarwal et al., 2021). To our knowledge, this constitutes the first study of WM maturation in infant NHPs using  $qR_1$  relaxometry.

# **2. METHODS**

## **2.1 Ethics Statement**

All procedures were performed using protocols approved by the University of Wisconsin Institutional Animal Care and Use Committee.

#### **2.2 Subjects and Housing**

34 infant rhesus macaques were housed at the Wisconsin National Primate Research Center (WNPRC) in mother-infant pairs until they were weaned at approximately 6 months of age and subsequently grouped into aged-matched pairs for the remainder of the study. Standard husbandry included a 12-hour light/dark cycle, two daily feeding sessions, ad libitum access to water, and daily enrichment.

#### **2.3 MPnRAGE (T1-Weighted) Acquisition and Data Processing**

The NHP scanning protocol and scanning parameters were identical to those reported in a previous publication using this sample (Aggarwal et al., 2021). Briefly, 34 rhesus macaques (23 females, 11 males) were imaged with a 3T MR750 scanner (GE Healthcare, Waukesha, WI) at roughly 3, 7, 13, 25, and 53 weeks of postnatal age (i.e., time since birth). Whole brain, 3D T1-weighted images were acquired with MPnRAGE (Kecskemeti et al., 2016, 2018; Kecskemeti & Alexander, 2020) with 0.625 mm isotropic spatial resolution, and reconstructed to 0.47 mm isotropic resolution..

The structural MPnRAGE images for each subject were skull-stripped and then iteratively spatially normalized with non-linear, diffeomorphic registration using Advanced Normalization Tools (ANTs) software (Avants et al., 2008) to produce 34 within-subject (across time) templates. The same methodology was then implemented to co-register all 34 subject specific templates to produce a final, time-averaged, population template. The spatial transformations generated from the construction of the population template for each subject and timepoint were concatenated and the corresponding  $qR_1$  maps were warped into population space in a single interpolation step (Figure 1). Replicating the steps detailed in our previous report (Aggarwal et al., 2021), a publicly available NHP WM ROI atlas (Adluru et al., 2012; Zakszewski et al., 2014) was then warped to our population template and 52 WM ROIs were selected for analysis. In order to restrict our analysis to WM voxels, we used FMRIB's Automated Segmentation Tool (FAST) (Zhang et al., 2001) to compute a WM mask of our population template and applied this mask to our WM atlas in population template space.  $qR_1$  values from subgroups of the 52 ROIs were averaged to represent 18 major WM fiber bundles of interest, including projection (2), commissural (2), association (9), and brainstem (5) pathways that span across the brain. All 52 ROIs and associated composite regions are listed in Table 1 and Supplemental Tables 1-3.

## **2.4 DTI Acquisition and Data Processing**

Diffusion images were acquired and processed with procedures identical to our previously published DTI study in this sample (Aggarwal et al., 2021).

## **2.5 Developmental Trajectories of qR1 and Non-Linear Regression**

For each subject and time point, average values of  $qR_1$  were extracted from the 18 WM ROIs and then used to construct longitudinal trajectories. Using MATLAB software, nonlinear regression (via sum of squared errors [SSE] minimization) was implemented to fit these trajectories to a range of biologically relevant growth models. Candidate models included linear, quadratic, logarithmic, exponential, and Gompertz functions. Information criterion metrics, including Akaike Information Criterion (AIC) and Bayesian Information Criterion (BIC), as well as sum of squared errors (SSE), were calculated to evaluate the goodness of fit for each proposed model in all WM voxels delineated by our WM mask. Model testing demonstrated that a logarithmic growth model fit best (Supplemental Table 4), corresponding to DTI trajectories (Aggarwal et al., 2021) :

$$
qR_1 = A^*ln(GestAge) + B \tag{Eq. 1}
$$

In this model, the parameter A represents the rate of change of  $qR_1$  and the parameter B represents the model intercept.

#### **2.6 Linear Mixed-Effects Modeling & Individual-Level Trajectories**

For a more robust and complete characterization of WM development using quantitative relaxometry, we quantified the growth of  $qR_1$  over time within the framework of a linear mixed-effects (LME) model. For all 18 WM ROIs, we modeled WM trajectories with this general form:

$$
qR_1 = \beta 0 + \beta 1^* ln(GestAge) + \beta 2^* Sex + \beta 3^* (ln(GestAge) \cdot Sex) + \mu 0
$$
  
+  $\mu 1^* ln(GestAge) + \varepsilon$  (Eq. 2)

LME models allow for precise and unbiased effect estimates by accounting for repeated within-subject measures. To enable estimation of within-subject effects, all repeated independent variables were mean-centered within-subject. Our model is linear with respect to the natural log of gestational age at scan (GestAge) and also includes the Sex (male or female), and the interaction between ln(GestAge) and Sex as covariates. Note that GestAge is the sum of the gestational age at birth (i.e., time in utero) and the postnatal age (i.e., time since birth). In the equation denoted above, we estimate four fixed effects:  $\beta 0$  refers to the overall model intercept and represents an estimate of the magnitude of  $qR_1$  at birth in each WM ROI;  $\beta$ I refers to the main effect of GestAge (log-transformed) –our primary variable of interest;  $\beta$ 2 refers to the main effect of Sex; and  $\beta$ 3 refers to the interactive effect of GestAge and Sex. To account for the repeated longitudinal within-subject measurements, we also estimate two random effects:  $\mu$ 0 refers to the by-subject random intercept and  $\mu$ 1 refers to the by-subject random effect (slope) of GestAge. For each of the 34 monkeys, we

calculated  $\mu_0$  and  $\mu_1$  for each ROI. Lastly,  $\varepsilon$  refers to the variance of the model residuals. In total, we generated 18 different LME models, one for each WM ROI. All LME modeling was performed using the lme4 package in R (Bates et al., 2015). We report effect sizes for all models with model  $\mathbb{R}^2$  values, as well as partial- $\mathbb{R}^2$  and Cohen's  $f^2$  (Selya et al., 2012) values for the specific effect of ln(GestAge).

Because our previous work found that GestAge was correlated with both brain volume and DTI parameters (Aggarwal et al., 2021), and because brain volume is also highly correlated with  $qR_1$ , we performed a supplementary LME analysis of  $qR_1$  trajectories that additionally covaried for total brain volume. To this end, total brain volumes were extracted from the skull-stripped MPnRAGE structural images for each animal and timepoint using FSL software (Jenkinson et al., 2012).

## **2.7 Individual Differences in qR1 Across Time**

To assess the extent to which individual differences in  $qR_1$  were maintained across time, we computed Pearson correlations between  $qR_1$  measures for each animal at 1 year of postnatal age (timepoint 5) and each of the preceding timepoints (3, 7, 13, and 25 postnatal weeks).

### **2.8 Rank Order Analysis & Clustering of qR1 Trajectories**

Next, to delineate regional differences in WM status and development across the postnatal brain using quantitative relaxometry, we first ranked the magnitudes of the intercept  $(\beta 0)$ and slope  $(\beta I)$  terms from the LME models generated for each WM ROI in descending order. Next, we implemented k-means clustering of the  $qR_1$  trajectories corresponding to the 18 WM ROIs. We chose to partition the data into 4 clusters. While determining the optimal number of clusters generated from a k-means algorithm is largely subjective, our cluster selection was based on analysis of multiple k-means clustering criteria and cluster interpretability (Supplemental Figure 2). All clustering and statistical procedures were performed using the kml software package in R (a k-means clustering algorithm specifically designed for clustering longitudinal trajectories) (Genolini et al., 2015).

#### **2.9 Within-Subject and Between-Subject Correlations Between qR1 and DTI Metrics**

First, to investigate longitudinal relationships between  $qR_1$  and DTI parameters across the first year of life, we performed LME modeling to compute within-subject Pearson correlations between  $qR_1$  and DTI measurements in all 18 WM ROIs, controlling for gestational age at scan. Next, cross-sectional relationships between  $qR_1$  and DTI metrics were assessed at each of the five study timepoints using multiple linear regression to compute between-subject Pearson correlations between  $qR_1$  and DTI measures at each study timepoint, again controlling for gestational age at scan. For within-subject comparisons, we calculated the partial- $R^2$  and Cohen's  $f^2$  values to evaluate the specific effect sizes of the relationship between DTI metrics and qR1.

# **2.10 Relationship Between Gestational Age at Birth and Early Postnatal WM Microstructure**

To examine how variation in gestational age at birth (time in utero) affects relative WM status early in life, we computed Pearson correlations between gestational ages at birth and

$$
qR_1 = \beta 0 + \beta 1^*(GestAgeBirth) + \beta 2^*(PostnatalAge) + \beta 3^*(Sex) \qquad \qquad (\text{Eq. 3})
$$

This model is linear with respect to gestational age at birth (GestAgeBirth) and includes the postnatal age at scan (PostnatalAge) and Sex (male or female) as covariates. In addition to Pearson correlations, we assessed the specific effect sizes of gestational age at birth with partial- $R^2$  and Cohen's  $f^2$ .

## **2.11 Statistical Correction for Multiple Comparisons**

All analyses outlined above were performed in 18 WM ROIs. Therefore, all analyses were assessed for statistical significance using a Bonferroni-adjusted P-value for multiple comparisons correction ( $P_{\text{corrected}}$ <0.05/18=0.0028).

## **2.12 Data Availability**

Project data pertaining to this study can be found here: https://doi.org/10.5061/ dryad.7m0cfxpvx. Additional imaging data, along with the code used for these analyses, may be able to be shared with interested parties upon request by contacting the corresponding author.

# **3. RESULTS**

## **3.1 qR1 Exhibits Robust Logarithmic Growth Over the First Year of Life**

The fundamental aim of this study was to implement a novel, high resolution, T1-weighted, MPnRAGE sequence to assess longitudinal within-subject  $qR_1$  trajectories across 18 WM ROIs in developing rhesus monkeys throughout the first year of life (Figures 1–2 & Table 1).

After testing a range of potential growth models, we confirmed a robust logarithmic relation (Supplemental Table 4) between gestational age at scan and  $qR_1$  across all 34 monkeys and five timepoints that was consistent with previously documented DTI trajectories in the same monkey cohort (Aggarwal et al., 2021). We next accounted for within-subject repeated measures as well as sex and gestational development in an LME model to test whether log-transformed gestational age at scan significantly predicted within-subject changes in  $qR_1$  over time. Results demonstrated that, for all 18 ROIs, the log-transformed GestAge term ( $\beta$ I) remained significant in predicting changes in qR<sub>1</sub> over time ( $P_{\text{corrected}}$ <0.05) and that the effect size of GestAge was large (mean partial- $R^2$ : 0.76; mean Cohen's  $f^2$ : 3.29). Individual-level trajectories for all 34 monkeys, along with the relative standard errors (RSE) of corresponding LME model parameters  $\beta\theta$  and  $\beta I$ , are provided for 4 select WM ROIs in Supplemental Figure 3. Additionally, when controlling for total brain volume, the ln(GestAge) term  $(\beta I)$  was still highly significant in all 18 ROIs, accounting for unique variance beyond that accounted for by brain volume ( $P_{\text{corrected}}$ <0.05). We depict the average within-subject effect of whole brain volume on whole-brain  $qR_1$  (calculated by averaging all 18 ROIs) in Supplemental Figure 4. LME model parameters for all 18 WM ROIs are provided in Supplemental Table 5.

# **3.2 Individual Differences in Early Postnatal qR1 Are Not Maintained Across the First Year of Life**

Across the sample of 34 monkeys,  $qR_1$  measurements at 3 weeks, the earliest timepoint, were significantly related to those at 1 year in only 1 out of 18 WM ROIs (the fornix), indicating that individual differences in very early postnatal longitudinal relaxation rates are generally not maintained across the first year of life (Table 2). However,  $qR_1$  measurements at 7 weeks, the second timepoint, were significantly related to those at 1 year in 14 out of 18 ROIs (Figure 3 and Table 2). The first result is in contrast with DTI metrics, for which there were meaningful relationships between 3 weeks and 1 year of postnatal age. For example, 16 of 18 FA ROI correlations, 8 of 18 RD ROI correlations, 5 of 18 MD ROI correlations, and 4 of 18 AD ROI correlations were significant after correcting for multiple comparisons (Aggarwal et al., 2021).

#### **3.3 Regional Asynchrony in qR1 During Very Early WM Development**

Results from k-means clustering of qR<sub>1</sub> and rank ordering of LME parameters ( $\beta_0$ ) and  $\beta_1$ ) for the 18 WM ROIs confirm regional differences in WM microstructure changes over time (Figure 4). Based on multiple k-means clustering criteria (Genolini et al., 2015), four clusters were selected in the clustering analysis. We recapitulate previously established patterns of medial-to-lateral and posterior-to-anterior gradients of WM maturation, characterized by medial and posterior regions in clusters with higher  $qR_1$ values and lateral and anterior regions in clusters with lower  $qR_1$  values. Cluster 1, which consists of ROIs with the highest  $qR_1$  magnitudes, is comprised of the cerebral peduncles, cerebellar peduncles, corticospinal tract, medial lemniscus, internal capsule, and posterior thalamic radiation. Cluster 2 contains the corona radiata, anterior commissure, corpus callosum, medial longitudinal fasciculus, superior fronto-occipital fasciculus, superior longitudinal fasciculus, sagittal striatum, and stria terminalis. Cluster 3 consists solely of the external capsule. Finally, Cluster 4, which contains ROIs with the lowest  $qR_1$  values, includes three frontal/limbic regions –the cingulum, fornix, and uncinate fasciculus.

We note that these patterns are consistent with those elucidated from our previously reported clustering of corresponding FA trajectories (Aggarwal et al., 2021). Furthermore, by comparing the rank orders of  $\beta\theta$  and  $\beta\theta$  to k-means clusters of qR<sub>1</sub> trajectories, we found that regional differentiation in the first year is related to the initial magnitudes of  $qR_1$ , consistent with our corresponding rank order analysis of DTI trajectories, which exhibited a similar trend with respect to initial DTI magnitudes.

# **3.4 Strong Within-Subject –and Weak Between-Subject –Associations Between qR1 and DTI Metrics**

Within-subject correlations revealed a significant and robust relationship between  $qR_1$  and DTI parameters across the brain throughout the first year of life. In particular,  $qR_1$  was significantly correlated to FA in 16 of 18 ROIs (mean partial  $\mathbb{R}^2$ : 0.50), to RD in 17 of 18 ROIs (mean partial  $R^2$ : 0.48), to MD in 16 of 18 (mean partial  $R^2$ : 0.43) ROIs, and to AD in 10 of 18 WM ROIs (mean partial  $R^2$ : 0.40). Conversely, between-subject analyses at each timepoint revealed that only a small minority of WM ROIs exhibited significant correlations between DTI metrics and  $qR_1$ . For FA, the only significant associations found with  $qR_1$  were

in the anterior commissure and corona radiata, and only at one or two timepoints. Withinsubject correlations, as well as between-subject correlations at each timepoint, between  $qR_1$ and all DTI metrics in all 18 WM ROIs are provided in Table 3 and Supplemental Table 7, respectively. Plots of within-subject relationships of  $qR_1$  versus FA are provided for 4 select WM ROIs in Figure 5. Corresponding plots for  $qR_1$  versus RD, MD, and AD are provided in Supplemental Figure 5.

#### **3.5 Effect of Gestational Age at Birth on qR1 at 3 Weeks of Age**

Gestational age at birth was positively correlated with mean  $qR_1$  at 3 weeks of postnatal age in 15 of 18 WM ROIs, exhibiting large effect sizes (mean partial- $R^2$ : 0.43; mean Cohen's  $f^2$ : 0.78) and explaining variance in  $qR_1$  magnitudes beyond that accounted for by postnatal age at scan and sex ( $P_{\text{corrected}}$ <0.05). Longer gestational periods were associated with higher  $qR<sub>1</sub>$  values at 3 weeks of postnatal age across the developing rhesus brain. Additionally, we note that at an uncorrected threshold ( $P_{uncorrected}$ <0.05), gestational age at birth was positively correlated with  $qR_1$  values at 7, 13, and 25 weeks of postnatal age in several ROIs (Supplemental Tables 8-9). Strikingly, this relationship was nonexistent for DTI parameters at any postnatal age. Correlations between gestational age at birth and FA and  $qR_1$  at 3 weeks of postnatal age are provided in Table 4, while those for MD, RD, and AD are provided in Supplemental Table 10. Plots of  $qR_1$  versus gestational age at birth for 4 select WM ROIs are provided in Figure 6.

# **4. DISCUSSION**

This study constitutes the first characterization of developmental trajectories of  $qR_1$  in WM fiber bundles across the first year of life in NHPs. While numerous studies have assessed WM trajectories of relaxometry parameters in human infants, none have offered a corresponding characterization of  $qR_1$  in developing NHPs. Here, using a longitudinal within-subjects design, we model the spatiotemporal dynamics of  $qR_1$  in 18 WM ROIs across the brain in 34 rhesus monkeys, beginning at 3 weeks of postnatal age and continuing through 53 weeks.

Overall, our analysis of  $qR_1$  trajectories indicates a logarithmic pattern of WM growth with respect to gestational age at scan across the first year of life that was marked by particularly rapid increases in  $qR_1$  over the first 6 months of life (Figure 2). Based on the relative brain maturation rates between rhesus monkeys and humans (approximately a 4:1 ratio (Workman et al., 2013)), these results are consistent with human studies, which document similar rates of growth in  $qT_1$  and  $qT_2$  that are apparent in early childhood (Deoni, 2010; Deoni et al., 2012; Eminian et al., 2018; Engelbrecht et al., 1998; Holland et al., 1986; Lebel & Deoni, 2018; Leppert et al., 2009; Masumura, 1987; Ouyang et al., 2019; Paus et al., 2001; Saito et al., 2009). More specifically, two notable studies in children found patterns similar to ours, identifying exponential changes in  $qT_2$  from birth to four years of age (Leppert et al., 2009) and logarithmic changes in both  $qR_1$  and  $qR_2$  from birth to five years (Deoni et al., 2012). The growth patterns observed in our data also exhibited regional heterogeneity in WM developmental rates (Figure 4), characterized by posterior-toanterior and medial-to-lateral maturational gradients, consistent with our previously reported

assessment of DTI trajectories in the same monkeys (Aggarwal et al., 2021). In this regard, the k-means cluster with the lowest  $qR_1$  values was comprised of the cingulum, fornix, and uncinate fasciculus, indicating that these three fiber bundles were the least structurally developed regions among the 18 we assessed. This aligns with considerable evidence which suggests that frontotemporal tracts are among the latest to myelinate and mature in both humans and NHPs (Olson et al., 2015).

Additionally, although some cross-sectional studies in specific clinical samples have shown that DTI metrics and relaxation rates are highly correlated in certain WM ROIs (Cherubini et al., 2009; Syka et al., 2015), this between-subject relation was not observed in our sample. However, we did find robust within-subject correlations between these parameters. To the best of our knowledge, other studies have not explicitly quantified longitudinal, withinsubject, relationships between DTI and relaxometry parameters. Furthermore, none of these studies have examined these associations in the weeks and months immediately following birth. Here, we report widespread, significant within-subject correlations between  $qR_1$  and DTI parameters across 18 WM pathways throughout the first year of life, highlighted by particularly strong  $qR_1$  associations with RD and FA and weaker associations with AD (Figure 5, Supplemental Figure 5, & Table 3). The strong within-subject associations that we detected may reflect maturational influences that, at the individual level, have similar impacts on  $qR_1$  and DTI developmental trajectories. In this regard, genetic factors could be important. To the extent that DTI and  $qR_1$  metrics are genetically correlated and share genetic variance, it would be expected that these metrics would show strong within-subject correlations. Studies in humans and NHPs demonstrate significant heritability of DTI parameters (Geng et al., 2012; Jahanshad et al., 2013; Kochunov et al., 2010, 2014, 2015; Luo et al., 2021; Tromp et al., 2019), whereas the extent to which  $qR_1$  measures are heritable remains unknown. The reason why our study fails to detect between-subject relaxometry-DTI associations, while others report this association, is unclear. A unique feature of our study was the assessment of these inter-metric relations in NHPs very early in life, which differs from prior human studies examining the associations between these metrics in older samples (Cherubini et al., 2009; Syka et al., 2015).. While complementary, it is likely that DTI and  $qR_1$  metrics are differentially sensitive to the biophysical properties of WM microstructure (e.g., myelination, axonal packing, cell permeability) and this may be particularly evident early on in WM maturation. The lack of between-subject  $DTI-qR<sub>1</sub>$ correlations found in our study could be explained by non-heritable factors particularly relevant to early postnatal brain development, such as environmental stimulation, stress, and maternal rearing, that not only vary considerably between individuals but early in life may also differentially affect the WM properties that are reflected in DTI and  $qR_1$  measurements. From a broader perspective, these findings underscore the importance of longitudinal designs in understanding individual differences in neurodevelopmental trajectories that are ultimately relevant to behavior and psychopathology.

Our previous DTI findings revealed meaningful relationships between measures across the first year of life, such that metrics assessed at 3 weeks old were significantly correlated with those assessed at 53 weeks old. In contrast, for  $qR_1$ , we did not find significant associations for this relation. In 17 of 18 WM ROIs,  $qR_1$  values at 3 weeks were not significantly correlated with those at 53 weeks (Table 2). However, in 14 of 18 WM ROIs, individual

differences in  $qR_1$  measurements at 7 weeks were found to be significantly correlated to those at 53 weeks. It is possible that the lack of stability in  $qR_1$  from 3 to 53 weeks could be due to overriding factors occurring *in utero* that influence early-life  $qR_1$  parameters.

Another interesting and possibly related finding is the observation that gestational age at birth is correlated with  $qR_1$  at 3 weeks of postnatal age, whereas this was not found to be the case with any DTI metric. More specifically, in 15 of 18 WM ROIs, we found significant relations between gestational age at birth and  $qR_1$  measurements at 3 weeks of postnatal age (Figure 6 & Table 4). Of note, gestational age at birth was not found to be correlated to  $qR_1$  at the later ages, after multiple comparisons correction. To our knowledge, no other studies have examined the relation between  $qR_1$  assessed early in postnatal life with gestational age at birth. The gestational period is a critical epoch of neurodevelopment that encompasses rapid macrostructural and microstructural brain changes that lay the foundation for healthy cognitive and socio-emotional function later in life, including robust white matter (WM) growth characterized by rapid myelination that begins in the second trimester (Wilson et al., 2021). As mentioned above, we did not find relations between gestational age at birth and the DTI parameters. In this regard, it is important to keep in mind that DTI measurements and  $qR_1$  are assessed with different methods and are based on different biophysical properties. For example, FA is a measure of the anisotropy of water diffusion and is thought to reflect the microstructural maturation and organization of WM fiber bundles, while  $qR_1$  is based on spin-lattice (i.e., proton-molecule) interactions that are sensitive to the presence of lipid molecules, which may provide a more direct measure of myelin content. Because  $qR_1$  was significantly related to gestational age at birth, this may indicate that longer gestational periods contribute to higher levels of postnatal myelin early in life. This finding is in contrast to that reported in two studies in human infants, demonstrating that longer gestational periods were associated with higher postnatal FA values (Broekman et al., 2014; Ou et al., 2017) and lower MD, RD, and AD values (Ou et al., 2017).

We note potential limitations that should be considered when interpreting the results from our study. First, it is important to recognize the differences between the laboratorycontrolled setting used here, as compared to studies in humans in which environmental differences and variables have a much broader range. This could be important in understanding differences between NHP and human studies in relation to heterogeneity and developmental trajectories, as WM maturation is influenced by environmental factors and experience (Lebel & Deoni, 2018). Despite the suggestion that  $qR_1$  reflects myelination, caution should be used in interpreting  $qR_1$  as a direct reflection of myelin content. In general, relaxation rates may be affected by a host of biophysical processes, including myelination, iron accumulation, inflammation, edema, necrosis, changes in free water concentration, and the presence of any number of specific macromolecules (Deoni, 2010). Finally, due to the relatively low number of males  $(n=11)$  in our monkey cohort, we were unable to identify sex-related differences in developmental  $qR_1$  trajectories.

## **4.1 Conclusion**

In summary, we present the first comprehensive characterization of  $WM \, qR_1$  trajectories in NHPs during the first year of life. Specifically, we established quantitative (LME) models of  $qR_1$  in 18 WM ROIs, identifying logarithmic patterns of WM development and regional heterogeneity in WM maturation rates consistent with corresponding DTI trajectories.  $qR_1$  values were highly correlated with DTI metrics on a within-subject level but at any single timepoint were largely unrelated in between-subject analyses. Unlike DTI parameters,  $qR_1$  values at 3 weeks did not predict  $qR_1$  values at 1 year, while those at 7 weeks were predictive of those at 1 year. Additionally, gestational age at birth was significantly related to  $qR_1$  measures at 3 weeks of age, which was not the case for the DTI metrics. This suggests the importance of *in utero* events in determining individual differences in  $qR_1$  early in postnatal life. Taken together, these results support the utility of assessing  $qR_1$  in longitudinal studies as a metric that reflects developmental changes in WM microstructure. Future work with animal models, integrating neuroimaging, behavioral, and genetic approaches, has the potential to provide a more in-depth understanding of the specific components of WM maturation captured by quantitative relaxometry and DTI metrics, as well as their relationships to the neurodevelopmental origins of adaptive and maladaptive behavior.

# **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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# **Highlights**

Logarithmic growth of  $qR_1$  in the first year of non-human primate life

- **•** Medial-to-lateral and posterior-to-anterior gradients of qR1 maturation
- Early individual differences in  $qR_1$  are not maintained across the first year
- **•** qR1 and DTI metrics are correlated within-subjects, but not between-subjects
- Gestational age at birth predicts early postnatal qR<sub>1</sub>, unrelated to DTI at any age

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#### 3 wks. 7 wks. 13 wks. 25 wks. 53 wks.

**Figure 1. Axial (top) and coronal (bottom) views of the average qR1 maps (ms−1) at each age in population template space.**

Note the increasing contrast and complexity of the WM over the first year of life, especially in the frontal lobes.

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Average within-subject  $qR_1$  trajectories over the first year of life extracted from 18 WM ROIs, shown with age (left) and log-transformed age (right). Each line represents the logarithmic (left) or linear (right) fit for a given ROI.



**Figure 3.**  Correlations of individual differences in  $qR_1$  at 7 and 53 weeks in 18 WM ROIs.

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9.91E-04

9.90E-04

9.86E-04

9.81E-04

9.51E-04

8.68E-04

7.94E-04

7.91E-04

7.55E-04

 $CR$ 

 $cc$ 

**ST** 

**AC** 

EC

**FX** 

UF

**CING** 





Cluster compositions, along with rank ordering of intercept and slope magnitudes (β0 and β1), are listed in the bottom two tables. Cluster 1 represents the regions that develop earliest in life and Cluster 5 represents the later developing regions, relative to each other. Rank order tables are color-coded by k-means cluster.

SFO

1.87E-04

1.81E-04

1.60E-04

1.47E-04

1.28E-04

1.27E-04

47F -04

73E-04

**ML** 

 $CP$ 

ST

**UF** 

MLF

**FX** 

**CING** 

**CBP** 

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**Figure 5. Within-subject relations between qR1 and FA in 4 WM regions (CC, CST, UF, and CING).**

In each graph, each colored line represents a subject-specific regression line predicting  $qR_1$ from within-subject centered FA values, while controlling for gestational age at scan. Each point represents an individual scan, color-coded by subject. The bolded black line depicts the average within-subject relation of  $qR_1$  and FA.

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**Figure 6. Correlations between gestational age at birth (i.e., time** *in utero***) and qR1 metrics extracted from 4 WM regions at approximately 3 weeks of postnatal age (CC, CST, UF, and CING).**

Analyses control for postnatal age.

# **Table 1.**

# The 18 WM ROIs organized by fiber type (FromAggarwal et al., 2021.)



# **Table 2. Stability of early individual differences in qR1.**

 $R^2$  values (and with corresponding P-values) for correlations between qR<sub>1</sub> values at: 1) 3 weeks and 53 weeks, and 2) 7 weeks and 53 weeks for each 18 WM ROI. Significant  $R^2$  values ( $P_{\text{corrected}}$ <0.05) are bolded.



# **Table 3.**

# Partial-R<sup>2</sup> and Cohen's f<sup>2</sup> values for the effect of DTI parameter (FA, MD, RD, or AD) in **within-subject (longitudinal) correlations between qR1 and DTI metrics extracted from 18 WM regions.**

Analyses control for gestational age at scan. Significant partial- $R^2$  and Cohen's  $f^2$  values ( $P_{\text{corrected}}$ <0.05) are bolded.



## **Table 4.**

# **R2 values for correlations between gestational age at birth (i.e., time** *in utero***) and FA and qR1 at 3 weeks of age extracted from 18 WM regions, along with corresponding** *P***-values.**

Significant  $R^2$  values ( $P_{\text{corrected}}$ <0.05) are bolded.

