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# **Single-Particle Interferometric Reflectance Imaging Characterization of Individual Extracellular Vesicles and Population Dynamics**

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# **Abstract**

Extracellular vesicles (EVs) are nanometer-sized vesicles with a lipid bilayer that are secreted by most cells. EVs carry a multitude of different biological molecules, including protein, lipid, DNA, and RNA, and are postulated to facilitate cell-to-cell communication in diverse tissues and organs. Recently, EVs have attracted significant attention as biomarkers for diagnostics and therapeutic agents for various diseases. Many methods have been developed for EV characterization. However, current methods for EV analysis all have different limitations. Thus, developing efficient and effective methods for EV isolation and characterization remains one of the crucial steps for this cutting-edge research field as it matures. Here, we provide a detailed protocol outlining a single-particle interferometric reflectance imaging sensor (SP-IRIS), as a method that is capable of detecting and characterizing EVs from unpurified biological sources and purified EVs by other methodologies. This advanced technique can be used for multi-level and comprehensive measurements for the analysis of EV size, EV count, EV phenotype, and biomarker colocalization.

# **SUMMARY:**

This protocol presents single-particle interferometric reflectance imaging that is designed for the multi-level and comprehensive measurements of extracellular vesicles (EV) size, EV count, EV phenotype, and EV biomarker colocalization.

# **INTRODUCTION:**

Extracellular vesicles (EVs) are nanometer-sized membrane vesicles of cellular origin that can be isolated from numerous biological fluids, including blood, breast milk, saliva, urine, bile, pancreatic juice, cerebrospinal and peritoneal fluids. Derivation of EVs occurs via three main mechanisms: apoptosis, release via fusion of multivesicular bodies with the plasma

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membrane, and blebbing of the plasma membrane<sup>1</sup>. Evidence for EV transfer of donor cell components to neighboring or distant cells and tissues suggests these membrane enclosed packages may play important roles in paracrine as well as long distance or endocrine signaling cascades<sup>1–3</sup>. Because EVs can provide a snapshot of a cell's phenotype, the potential for their use as diagnostic and therapeutic tools for the treatment of various diseases has become an active area of research $4-8$ .

Many methods aimed at EV characterization have been developed $9-13$ . Most of these methods provide unique and valuable information about populations of EVs primarily in bulk. While a subset of these techniques can provide details regarding substances within or on single EVs, there can be limitations to characterizing EVs at the single EV level. For example, immuno-electron microscopy can be used to understand single EVs and their composition, but this technique is low throughput, severely limited in its ability to be used for describing population dynamics, and requires significant methods development $14$ .

Recently, development and commercialization of the single-particle interferometric reflectance imaging sensor (SP-IRIS) technique, via the ExoView platform, has opened individual EV characterization to those groups studying EVs using a routine and simple automated data collection method. The core of this technology is the chip, a 1 cm x 1cm  $Si/SiO<sub>2</sub>$  double layer, which enables the interferometric measurement of single biological nanoparticles. The chip is tilled with a microarray of individual functionalized antibody spots, allowing for multiplexed detection of up to six different capture types. Standard chips include the common tetraspanin markers (CD81, CD63, and CD9) for capture during the incubation step, and the user can add additional custom capture spots to isolate distinct populations of EVs separate from the tetraspanins. After the incubation step, each capture spot has bound to it many EVs which express the corresponding marker. These captured EVs can then be simply washed, dried, and scanned in the reader to quantify the size of vesicles bound to the capture spot between 50–200 nm to give a number weighted size distribution via  $SP-IRIS<sup>15</sup>$ . The system also offers three fluorescent detection channels for immunolabeling the captured EVs, and provides both the mean fluorescent intensity, which is not limited by the size like SP-IRIS measurements, and colocalization aspects for each fluorescent stain. This allows the user to define populations of single EVs based on the display of 4 different biomarkers per EV (capture plus three immunofluorescent labels). The system can go beyond measuring surface proteins with immunofluorescence, as an optional cargo protocol allows the user to probe for interior proteins of the captured EVs and luminal epitopes of membrane spanning surface markers, as well as allows the user to check for EV membrane integrity. In this article, we provide a detailed protocol outlining the steps necessary to obtain consistent data regarding EV size and number, with up to 4 different biomarkers at a single EV level on large populations of EVs. This technique can be used on both unprocessed biological fluids and EVs isolated using any number of techniques, such as ultracentrifugation, ultrafiltration, precipitating agents, immunoaffinity capture, microfluidics, and size-exclusion chromatography.

The protocol described below uses extracellular vesicles (EV) derived from HEK 293 cell culture media (described in Figure 7 legend) and from mouse serum using an established isolation methods<sup>16</sup>. The protocol has been applied to numerous other biological fluids,

cell culture medium and purified extracellular vesicles isolated from biological fluids. This Protocol is divided into a two-day procedure with the workflow for a typical experiment shown in Figure 1.

# **PROTOCOL:**

Ethics Statement: Serum samples were collected from mice according to an approved Institutional Animal Care and Use Committees (IACUC) at the University of Kansas Medical Center (KUMC) protocol. Use of these biological samples in these experiments was also approved by KUMC.

#### **1 Sample preparation (Day 1)**

1.1. Determine EV concentration using nanoparticle tracking or an equivalent technique.

1.2. Dilute the sample with the incubation solution to a concentration of  $5 \times 10^7 - 5 \times 10^8$ EVs / mL, a minimum 50 μL is needed.

NOTE: For samples in which the EV concentration is unknown, total protein at 1 μg/mL can be used as a substitute measure. If the sample is expected to be low in concentration, perform at least a 1:1 dilution in Incubation Solution before loading.

1.3. Place a 24-well plate on a flat surface, free of vibrations and brusque movements.

NOTE: To enhance contrast, a white sheet of paper can be placed under the plate.

1.4. Add water to areas surrounding the wells (Figure 2).

#### **2 Preparing and prescanning chips**

2.1. Remove the sealed 48-well plate containing chips from the 4–8 °C fridge and allow them to reach room temperature  $($   $\sim$  15 min) before opening the seal.

NOTE: This is essential to avoid condensation on the chips which can damage the spots. If condensation is observed on the surface upon removing the chip from the pack, wait longer before removing others.

2.2. Proceed to step 8 to retrieve chuck to prepare for the pre-scan run (Figure 3).

NOTE: The pre-scan data will be used to identify any particles that are detectable on the capture spots prior to the incubation with the sample so they can be removed during the analysis step.

2.3. Using tweezers, remove the desired number of chips (one chip per sample) from the 48-well plate and load the chips directly into the chuck for the prescan run. When all of the chips intended to be used for the experiment have been loaded and prescanned as described in Step 8, proceed to step 2.4

NOTE: When handling chips be sure to not touch the squares in the center, as the antibody capture spots are in this region and will be damaged if touched by the tweezer (Figure 4).

2.4. Place each pre-scanned chip with the functionalized surface face up into the preprepared 24-well plate. The functionalized surface is easily recognized by the distinct numbering, alignment grids, and the three black boxes in the middle. The non-functionalized side is a flat silver uniform surface.

2.5. Use fine point tweezers to ensure each chip is centered within the well (Figure 5).

NOTE: Centering the chip within the well is critical because if the chip touches the well wall the sample can be wicked off after loading.

#### **3 Loading and incubation of chip and sample**

3.1. Pipette 35 μL of the prepared sample (from Step 1) onto the chip.

NOTE: Be careful not to add bubbles or touch the chip with the pipette tip, as it can prevent the even distribution of sample on chip or damage the antibody spots on the chip. The sample should spread over the entire chip surface. In the event of sample wicking off the chip during loading either add additional sample to the well up to a volume of 250 μL or add incubation solution up to 250 μL and note the changed dilution factor for that sample.

3.2. Seal the plate, using the plate film included in the kit to prevent evaporation of the sample.

3.3. Incubate the sample/chip overnight (~16 h) in the sealed plate at room temperature in an area free of vibrations or movement.

NOTE: After the overnight incubation the user will choose the appropriate Day 2 option for their research question. If only EV size and count are desired proceed with **Step 4 (Day 2)**. If multiple surface marker analysis is desired skip to **Step 5 (Day 2)**.

#### **4 Determining EV size and count (Day 2)**

4.1. Add 1 mL of the solution A on the side of each well containing a chip, taking care to not directly add solution on the chip or scratching the chip with the pipette tip.

4.2. Place the plate on an orbital shaker rotating at ~500 rpm for 3 min at room temperature.

NOTE: If the chips rattle on the plate, immediately decrease the speed such that the liquid is swirling but there is no rattling.

4.3. Remove 750 μL of liquid. Avoid tilting the plate during liquid removal to prevent accidental drying of the chip.

4.4. Add 750 μL of Solution B using technique described in 4.1 and shake at ~500 rpm for 3 mins at room temperature.

4.5. Repeat Steps 4.3 – 4.4 twice more for a total of 3 washes with Solution B.

4.6. At the end of the last wash remove 750 μL of solution, leaving 250 μL of Solution B in the well.

4.7. Add 750 μL of double distilled water (ddH<sub>2</sub>O) and shake at ~500 rpm for 3 min at room temperature.

4.8. Fill a 10 cm Petri dish with 50 mL of ddH2O and transfer one chip at a time from the well into the dish using a tweezer.

NOTE: Take care to transfer the chip horizontally and ensure it does not dry. Up to 8 chips can be washed prior to replacing the  $ddH<sub>2</sub>O$ .

4.9. In the ddH2O, hold the chip by the edges using a tweezer, and swirl in the dish for three revolutions to remove debris.

4.10. Remove the chip at a 45°angle out of the water and place chip on absorbent paper with the chip ID facing up (Figure 6).

NOTE: Chips are now ready to be read. Skip to Step 8 for scanning on the SP-IRIS reader.

#### **5 Preparation of antibody solution (Day 2)**

5.1. Add 300 μL of blocking solution per chip into an appropriately sized tube (0.5 to 3 mL).

5.2. Add 0.6 μL of antibody per 300 μL blocking solution. Mix gently by tapping the tube and quick spin.

NOTE: Antibodies for human CD9, CD81, and CD63 or murine CD9, CD81, and CD63 are included in the appropriate kits. If other fluorescently conjugated antibodies are desired, determine the optimal staining concentration using a typical titration over a 0.1 to 10 μg/ml range with a constant sample loading as you would for flow cytometry.

#### **6 Determining EV size, count, and phenotyping with immunofluorescent staining**

6.1. Add 1 mL of Solution A on the side of each well containing a chip, taking care not to directly add the solution on the chip or scratch the chip with the pipette tip.

6.2. Place the plate on an orbital shaker rotating at  $\sim$  500 rpm for 3 min at room temperature.

NOTE: If the chips rattle on the plate, immediately decrease the speed such that the liquid is swirling but there is no rattling.

6.3. Remove 750 μL of the liquid. Avoid tilting the plate during liquid removal to prevent accidental drying of the chip.

6.4. Add 750 μL of Solution A using the technique described in 6.1 and shake at ~500 rpm for 3 mins at room temperature.

6.5. Repeat 6.3 and 6.4 twice for a total of 3 washes with Solution A.

6.6. At the end of the last wash remove 750 μL of solution, leaving 250 μL of Solution A in the well.

Note: If the user desires Cargo Staining, proceed to Step 7 at this point. If not, proceed to Step 6.7

6.7. Add 250 μL of the Antibody Solution (Step 5) to each chip in the well. Cover the plate with foil to protect from light and shake for 1 h on the orbital shaker at room temperature.

6.8. Add 500 μL of Solution A, so the total volume per well is  $\sim$ 1000 μL.

6.9. Immediately remove 750 μL and add 750 μL of solution A and shake at ~500 rpm on the orbital shaker for 3 mins at room temperature.

6.10. Remove 750 μL of solution and add 750 μL of Solution B and shake at ~500 rpm for 3 mins at room temperature.

6.11. Repeat 6.10 twice more for a total of 3 washes.

6.12. Add 750 μL of double distilled water (ddH<sub>2</sub>O) and shake at ~500 rpm for 3 mins at room temperature.

6.13. Fill a 10 cm Petri dish with 50 mL of  $\frac{ddH_2O}{d}$  and transfer one chip from the well into the dish using a tweezer.

Note: Take care to transfer the chip horizontally and ensure it does not dry. Up to 8 chips can be washed prior to exchanging to fresh ddH<sub>2</sub>O.

6.14. In the ddH<sub>2</sub>O, hold the chip by the edges using a tweezer, and swirl in the dish for three revolutions to remove debris.

6.15. Remove chip at a 45°angle out of the water and place chip on absorbent paper with the chip ID facing up (Figure 6). Note: Chips are now ready to be read. Skip to Step 8 (Data Collection) for instructions on how to set up the chips for scanning on the ExoView R100 reader.

#### **7 Optional cargo staining**

Note: this protocol allows simultaneous labeling of internal and surface markers.

7.1. With 250 μL of solution A remaining in each well add 250 μL of Solution C into each well.

7.2. Immediately place on the orbital shaker and set to  $\sim$  200 rpm for precisely 10 min.

Note: In this step and step 7.8 below both timing and slower shaking speed are critical, be sure the speed gives only slow swirling in the wells and use a timer.

7.3. After 10 mins of incubation with Solution C add 500 μL of Solution A to each well.

7.4. Immediately remove 750 μL and add 750 μL of solution A and shake at ~500 rpm on the orbital shaker for 3 mins at room temperature.

7.5. Repeat Step 7.4 twice more for a total of 3 washes.

7.6. At the end of the last wash remove 750 μL of solution, leaving ~250 μL of solution in the well with chip.

7.7. Add 250 μL of Solution D to each well.

7.8. Immediately place on orbital shaker set to ~200 rpm for precisely 10 min

7.9. After 10 min of incubation with Solution C add 500 μL of Solution A to each well.

7.10. Immediately remove 750 μL and add 750 μL of solution A and shake at ~500 rpm on the orbital shaker for 3 mins at room temperature.

7.11. Repeat Step 7.10 twice for a total of 3 washes.

7.12. Remove 750 μL of solution after last wash and return to Step 6.7 above for staining and completing assay protocol.

#### **8 Data collection**

Note: The procedure for collecting data from the chips using the ExoView R100 is automated and requires no user inputs. Detailed instructions can be found in the User Guide and corresponding video for loading the chip carrier, or "chuck", and data acquisition  $17$ .

8.1. Power on the EV characterization platform using the two power switches on the rear of the instrument and then start the scanner software by double clicking on the desktop icon.

Note: When the scanner software starts the reader will automatically home and then prompt the user to "Open the door to load chips".

8.2. Open the door on front of reader by lifting the silver handle. This will eject the stage, allowing the user access to the chuck and set up a new scan in the software.

8.3. Identify the location where the user desires to save the data by clicking the **Save Folder**  and selecting a desired location for the data to be saved.

Note: It is often useful to name the save location something insightful like the experiment name, and then create two subfolders, one for pre-scans and one for post-scans. This makes finding and matching the data during analysis easier.

8.4. To scan the chips, locate the chipfiles on the control computer.

Note: Chipfiles are maps of the antibody spot layout on the chip in use and allow the scanner to know where to scan on each chip. In every kit there is a USB key with the chipfiles for the chips inside. These should be saved to a location on the control computer upon kit receipt where users can reliably find them.

8.5. Load the chips onto the chuck with the number on the chips facing the handle on the chuck, and then from the Chip dropdown menu on the computer, select each chip from the

chipfiles list and place it into the appropriate matching location in the virtual chuck in the scanner software. Once complete, an on-screen prompt asking the user to "PLACE THE CHUCK ON STAGE" will appear.

8.6. Place the loaded chuck on the stage, the magnetic alignment on the chuck will automatically move it to the correct location on the stage, then click **Ok** next to "Place the Chuck on Stage". The scanner will then begin the automated data collection routine.

NOTE: Data is ready to be analyzed once the software reports the scan status of each chip as successful.

#### **9 Data analysis**

9.1. Double click **ExoView Analyzer** on desktop of the control PC. After the software boots, click **Prescan Data** button and select the folder location for the prescan dataset in section 8.3

9.2. Click **Postscan Data** button and select the folder location for the postscan dataset in section 8.3

Note: If data is properly detected in both folders for at least some of the chips the software will display "X" number of chips detected next to the Chipfile location button. When properly saved the detected chips should match the number of chips scanned.

9.3. Click **Next** at the bottom of the data loading area.

9.4. In the meta table dropdown menu, each chip will have a cell, enter the sample names, dilution factors, and what markers are being stained in each detection channel by clicking in the corresponding box and typing the information in, when completed click **Next** again.

Note This metadata will be saved with the data.

9.5. Preform quality control (QC) by clicking the **Disable** tab under the QC button in the upper left.

Note: This feature allows for specific probes and chips to be turned off for analysis. The software will provide two different warnings regarding the data, one for high counts which can indicate that a particular capture is saturated, and high Coefficient of variation (CV) which identifies when one of the replicates of a capture type is different from the others.

9.5.1. Click on a **Warning Spot**, for high CV, examine the spots that are being called out by the software and see if there is obvious physical damage, when damage is identified click **Spot Number** to turn that spot off in the analysis.

9.5.2. Repeat until all Warnings have been evaluated, then Click **Next.**

9.6. Preform cutoff analysis by clicking **Cutoff** tab located next to Disable Tab under the QC button in the upper left.

Note: This will present the control spot fluorescent response in a chart, and offer the user two settings, a minimum and maximum for each color channel (red/green/blue). Setting the cutoff value for each fluorescent detection channel is the only data adjustment that needs to be made and is relatively simple. Importantly, the final cutoff that is chosen should be consistent across an experiment and as noted should fall within the rules of thumb for 300– 400 a.u. in red and green, and 400–700 a.u. for blue in typical experiments; the software has color coded guides for the user for these ranges too.

9.6.1. Click the **Green Color** tab to load the data for that channel and display the current cutoffs. Examining the isotype negative control spot one might see detection events with very low fluorescence intensities, in this case, users should typically expect to set the green between 300–400 a.u.

9.6.1.1. Increase the minimum for each of the detection channels until the "Avg % Inc" (the average % of the detected particles on the control spot included above the cutoff) under the data display has no warnings as indicated by red or yellow highlighting in that cell.

NOTE: The maximum value does not generally need to be adjusted from the default but can be lowered to filter out bright particles or limit the fluorescent detection to a narrower range.

9.6.1.2. Click the **Next** button.

9.6.2. Click the **Red Color** tab to load the data for that channel and display the current cutoffs. Again, examining the isotype negative control spot you might see detection events with very low fluorescence intensities, in this case, users should typically expect to set the red between 300–400 a.u. Follow same procedures as noted in  $9.6.1.1 - 3$ .

9.6.3. Click the **Blue Color** tab to load the data for that channel and display the current cutoffs. Again, examining the isotype negative control spot follow same procedures as noted in  $9.6.1.1 - 3$ .

NOTE: The blue channel is unique in that the antibody in the spot is auto-fluorescent at sufficient levels to require a slightly higher cutoff of 400–700 a.u. even for blank chips.

9.7. Following completion of the Cutoff analysis, click **Next** and the heatmap plot will appear which will give an overview of the particle binding across the experiment. There are several visualization tools that the user can use to plot the data. These plots and associated raw data can be added to a report by clicking the **Add Plot Report button**.

Note: The heatmap is the default data display which shows an All samples, all capture view of a particular detection. The default display is the total which quantifies the unique EVs bound to each capture spot.

9.8. Click **Export Report** button and select a save location for the report.

Note: The report will open in a browser, find the Filtered Particle List excel file attached to the report, this is the information to submit to EVTRACK.

9.9. Continue adding reports using the different selections of Samples and Capture types in the dropdown menus at the top of the screen. The data displayed is controlled with the selection of channel detection buttons on the top left, set a particular phenotype/ sample selection/capture channel by clicking on each color button to toggle that detection channel off (grayed out) or on (colored).

9.10. Click **Add Plot to Report Button** to aggregate the desired plots into a report.

9.11. Click **Export Report** and define the save location for the final report.

# **REPRESENTATIVE RESULTS:**

Figure 7A shows a 3-color composite image of EVs derived from HEK293 conditioned media bound to the CD63 spot on the chip and stained for CD81, CD63, and CD9 in the following channels green, red, and blue, respectively. Figure 7B is a zoomed in image that shows each of the captured EVs can display co-localization of 1 or more colors with varying intensities in each channel. The difference in staining of the captured EVs represents the heterogeneity of the expression of the three tetraspanins on single vesicles and can be quantified by the data analysis software. Figure 7C displays the sizing histograms of the EVs which above 50 nm. The sizing histogram shows that the captured EVs on the CD63 spot have an mode size of 50 nm. The color colocalization, intensity, and size for each EV bound to the spot image represents the phenotypic data which makes up the fundamental data in the measurement.

Figure 8 shows 3-color composite image and intensity histogram for two examples of types of isotype control responses that a user may encounter. The top panel (sample example 1, EX1) shows nominal operation, the isotype control spot has no binding with fluorescent intensity greater than the auto-fluorescent signature in blue  $(500)$ , and  $(5300 \text{ a.u.})$  in the red and green, allowing the user to set low cutoffs. The lower panel (sample non-specific 1, NS1) shows when EVs bind to the isotype control and results in high intensity staining as shown by the histogram. In this scenario, the data on the marker specific spots are unreliable, because it covers the same intensity range as the EVs on the control spot, the inference that the EVs on the active spots are specifically recruited there no longer holds. When this phenomenon occurs, it is typically related to the state of the sample.

Figure 9 represents single-EV protein colocalization of human serum derived EVs. EVs were captured using anti-CD63, CD9, CD81 and mlgG capture antibody and stained for CD81 (green), HSP72 (red), and CD9 (blue). Figure 9 shows that CD81 is the most accumulated marker in human serum derived EVs. While, CD63 level is the lowest compared to CD81 AND CD9. Among anti-CD63, CD9 and CD81 antibody captured EVs, the HSP72 ratio in CD63 captured EV is higher, while this level is similar between anti-CD9 and CD81 antibody captured EVs. This detection of the specific localization of HSP72 and CD63 among all the non HSP72 positive EVs which also carry the tetraspanin markers demonstrates the unique data collection capability of single particle interferometry and fluorescence.

### **DISCUSSION:**

Current EV characterization methods largely rely on purified EVs, which is restricted by current experimental limitations of EV purification methods<sup>9–13</sup>. Single-particle interferometric reflectance imaging (SP-IRIS) is an effective technology that can eliminate purification steps required for sample analysis and therefore save time and reduce costs that are associated with typical EV workflows. The required sample input is generally very small, leaving the remainder of the sample available for additional analytical methods.

Furthermore, the ability to measure EVs in an antigen-specific way is very important for fundamental EV research as well as for rare event detection in diagnostic and therapeutic applications. However, disease-specific EVs may be present at low concentrations in blood relative to other circulating EVs and contaminants<sup>2; 11; 12</sup>. The protocol can be modified to incorporate other antibodies for the detection of these subpopulations using fluorescently labeled antibodies with excitation at 488nm, 555nm, or 647nm respectively. In that case a positive and negative biological control should be developed, against which a titration series can be used to optimize the detection of the marker of interest. It should be noted in this case that the positive selection method employed by SP-IRIS can become a detriment for this experiment because the marker of interest could not colocalize strongly with the tetraspanin pull down, making detection difficult. If this situation arises it is advantageous to capture EVs on the chip using the marker of interest thus overcoming the positive selection bias on the tetraspanin spots.

The generalized labeling capability of SP-IRIS imaging makes it possible to detect up to four markers on a particular capture spot which necessitates discussion about how to design and interpret the detection of novel markers by SP-IRIS and appropriate controls. When using the Isotype control spot as the only control for a chip, we are really considering whether there is nonspecific sample binding of the antibody directly to the isotype capture spot during the cutoff setting. If we observe similar colocalization signature on the isotype control and marker specific spot, this is indicative that EVs are non-specifically stuck to the control and the protocol should be examined. Selecting good positive and negative control samples can help users differentiate if the non-specific binding is from the antibodies on chip or the fluorescently labeled primary antibodies. If EVs binding to the isotype control spot is suspected then, a negative control EV sample can be incubated at a fixed concentration on a chip and stained with the normal staining concentration of the antibody of interest. Cutoff settings should be performed as described in section 9 Data Collection, step 9.6. Confirm no binding is present on spots for the marker of interest. The cutoffs established on the negative EV sample can be applied to the rest of the samples in the experiment. Whenever a positive control is available, it is useful to run a titration staining test to determine the optimal staining concentration with additional antibodies.

The advantage of specific detection used in SP-IRIS for EVs can also present limitations for the technique. The incubation step in section 3 is inherently a positive selection method, which provides no information on particles that might be present in the sample but do not display markers corresponding to the capture types on a specific chip, as they will be washed away after capture and not realized during the analysis. Owing to the fact that there is no

accepted universal marker present on all EVs, users should review their data as a measured population, and consider the quantity of particles captured against orthogonal measures of total particle concentration to decide whether the SP-IRIS capture data represents all of the EVs in a particular sample.

The SP-IRIS technique has been applied to other biological nanoparticles (e.g. pathogenic viruses and viral vectors)  $^{18}$ . To apply SP-IRIS to the detection of other biological particles a capture antibody or probe against a surface marker needs to be selected to allow its immunocapture on the chip. Currently, biological particles up to 200 nm diameter can be characterized using SP-IRIS. There is no lower limit on diameter if fluorescence readout is utilized since the SP-IRIS has single detection probe sensitivity. To ensure rigor and reproducibility of SP-IRIS studies and to facilitate integration with the other EV data we propose using the EV Track platform<sup>19</sup>. Uploading total data is not practical (gigabytes) and is only accessible to those with ExoView software. We therefore propose that for each sample interrogated and part of a publication, that the Filtered Particle List file that can be easily exported with the heatmap be uploaded into EV Track. This file has the complete particle data and cutoff settings from which any figure or question could verified or answered.

In conclusion, SP-IRIS offers an effective and efficient method of EV characterization that provides a simple way to make routine measurements of single EV size and biomarker display. This newly available data can reveal hidden details on the stoichiometry of EV loading, detection of rare subpopulations directly, and help pave the way for further advances in our understanding of the important role of EVs in health and disease.

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#### **Figure 1. Assay workflow.**

Assay workflow for choosing the type of analysis to be completed for the sample between size and count, size count and surface staining, and size count and cargo staining



## **Figure 2. 24-well plate layout.**

The locations of where to aliquot  $ddH<sub>2</sub>O$  (blue dye was added for visualization purposes only) and the wells in which the chips will be held is shown.







#### **Figure 4. Chip and proper chip handling.**

A) Yellow dotted line indicates location of the spotted antibodies, or functional side of chip. Chip ID is located below line ("58"). Figure also shows proper handling. B) Demonstrates inappropriate handling of the chip. C) Nonfunctional side of chip.



## **Figure 5. Demonstration of proper chip placement in the well.**

A) Chips should be set in the middle of the well, with no corners touching the sides of the well. B) Depiction of improper placement of chip, where the corners touch the sides of the well.



**Figure 6. Correct way to remove the chip out of the ddH2O water at a 45° angle.**

A) View from the top and B) view from the side demonstrating the angle at which to remove the chip.



**Figure 7. Tricolor image of the full spot shows a complete CD63 capture spot with HEK293 derived EVs bound and stained for antiCD9-CF488, antiCD81-CF555, antiCD63-CF647.** Zoomed image depicts digital detection of single EV phenotypes using fluorescent colocalization. The SP-IRIS derived size distribution for this chip is shown in lower right. EVs were collected from conditioned medium of HEK293T cells. Cells were cultured to 80% confluency, then washed with PBS and cultured for 48 hours in media containing EV depleted FBS (10% vol/vol). Conditioned media collected at the end of the 48 h was then spun down at 2,500 g to remove cellular debris and the remaining supernatant containing EVs were analyzed.



# **Figure 8. Cutoff analysis.**

The upper left image shows a nominal control spot and the associated fluorescent histograms (upper right), where the particles above cutoff are shown in the shaded area, the lower left image presents an example of nonspecific EV binding to the control spot, and the shaded areas in the fluorescent histogram are those above the cutoff, in the same range as positive EVs on the capture spot.



#### **Figure 9. Single-EV protein colocalization.**

EVs derived from human were captured using anti-CD63, CD9, CD81 and mlgG (isotype) capture antibody and stained for CD81 (green), HSP72 (red), and CD9 (blue). The EV population was imaged using fluorescence mode.

## **Table of materials**



