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Author manuscript

Nat Rev Cancer. Author manuscript; available in PMC 2022 April 08.

Published in final edited form as:

Nat Rev Cancer. 2016 November ; 16(11): 708–717. doi:10.1038/nrc.2016.87.

## The metabolic fate of acetate in cancer

## Zachary T. Schug<sup>1,2</sup>, Johan Vande Voorde<sup>1</sup>, Eyal Gottlieb<sup>1</sup>

<sup>1</sup>Cancer Metabolism Research Unit, Cancer Research UK Beatson Institute, Switchback Road, Glasgow G61 1BD, Scotland, UK.

<sup>2</sup>Present address: Wistar Institute, 3601 Spruce Street, Philadelphia, Pennsylvania 19104, USA.

## Abstract

Recent high-profile reports have reignited an interest in acetate metabolism in cancer. Acetyl-CoA synthetases that catalyse the conversion of acetate to acetyl-CoA have now been implicated in the growth of hepatocellular carcinoma, glioblastoma, breast cancer and prostate cancer. In this Review, we discuss how acetate functions as a nutritional source for tumours and as a regulator of cancer cell stress, and how preventing its (re)capture by cancer cells may provide an opportunity for therapeutic intervention.

The first comprehensive studies on acetate metabolism in cancer were reported in the 1950s by Sidney Weinhouse and as part of a series of letters on lipid metabolism and metabolic changes induced in response to substrate availability in neoplastic tissues<sup>1–3</sup>. Weinhouse was a pioneer in the use of isotopic tracers to study cancer metabolism. His studies on substrate competition between glucose, fatty acids and acetate demonstrated not only that acetate can be used to fuel tumour respiration but that oxidation of acetate, unlike that of fatty acids, was refractory to increases in the glucose concentration (for example, the Crabtree effect)<sup>3</sup>. His findings hinted that acetate may be uniquely controlled, even exploited, by cancer cells and that it represents an important respiratory substrate.

## **Crabtree effect**

The phenomenon whereby aerobic fermentation of glucose occurs and respiration is inhibited if the glucose concentration surpasses a threshold value.

At the same time that Weinhouse was studying the metabolic nature of cancer cells, the ideas of tumour hypoxia and intratumoural heterogeneity, in terms of nutrient availability, were just beginning to come to light<sup>4</sup>. It is now appreciated that cancer cells within metabolically stressed microenvironments, herein defined as those with low oxygen and low nutrient availability, adopt many tumour-promoting characteristics, such as genomic instability, altered cellular bioenergetics and invasive behaviour<sup>5,6</sup>. In addition, these cancer cells are often intrinsically resistant to cell death and their physical isolation

Correspondence to E.G, e.gottlieb@beatson.gla.ac.uk.

Competing interests statement

The authors declare competing interests: see Web version for details.

from the vasculature at the tumour site can compromise successful immune responses<sup>7</sup>, drug delivery and therapeutic efficiency<sup>8</sup>, thereby promoting relapse and metastasis, which ultimately translates into drastically reduced patient survival<sup>6</sup>. Therefore, there is an absolute requirement to define therapeutic targets in metabolically stressed cancer cells and to develop new delivery techniques to increase therapeutic efficacy. For instance, the particular metabolic dependence of cancer cells on alternative nutrients (such as acetate) to support energy and biomass production may offer opportunities for the development of novel targeted therapies.

In this Review, we aim to identify the sites of production and availability of acetate as a nutritional source for cancer cells and to discuss the current hypotheses concerning the intracellular fate of acetate. Furthermore, we discuss how non-invasive imaging of acetate uptake and metabolism by cancer cells may contribute to patient diagnosis and stratification as well as to monitoring cancer progression, responsiveness to therapy and drug efficacy. Altogether, we hope to enlighten the reader on how acetate may serve as an alternative lipogenic and bioenergetic source for metabolically stressed cancer cells.

## Availability of acetate

#### Exogenous and endogenous acetate sources.

Acetate levels in different tissues of the human body are determined by both exogenous sources and endogenous production. According to the Codex General Standard for Food Additives (GSFA), the major dietary sources of acetate are acetate-containing foods (for example, cheese and other dairy products, processed meats and bread), ethanol and indigestible carbohydrates<sup>9</sup> (FIG. 1). In addition, acetate can be liberated from acetylated metabolites within the body. For instance, during fasting, an acetyl-CoA hydrolase called acyl-CoA thioesterase 12 (ACOT12) becomes activated and generates free acetate from acetyl-CoA in the liver (FIG. 1) that can be released into the circulation and metabolized elsewhere in the body as needed<sup>10–12</sup>.

Plasma acetate in mammals is primarily generated through the breakdown of dietary fibres by the intestinal microbiota through two metabolic pathways: saccharolytic fermentation or acetogenesis (FIGS 1,2). Fermentation of complex polysaccharides by bacteria residing in the lumen and mucosal layers of the colon results in high concentrations of the short-chain fatty acids (SCFAs) acetate, propionate and butyrate (with a combined concentration of 50–150 mM) that invariably remain in a 3:1:1 ratio<sup>13</sup>. The concentration of SCFAs is highest in the ascending colon and gradually decreases from the transverse to the descending colon and rectum<sup>14</sup>. However, the difficulty in obtaining samples other than faecal matter from healthy volunteers has meant that only a few reports on the acetate concentration in the different sections of the human large intestine are available. Acetate is produced by most species of intestinal bacteria through fermentation of pyruvate via acetyl-CoA (FIG. 2). In addition, acetogenic bacteria can produce acetate from CO<sub>2</sub> and H<sub>2</sub> via the reductive Wood-Ljungdahl pathway<sup>15</sup> (FIG. 2). Such facultative autotrophs can produce three molecules of acetate from one molecule of glucose or fructose<sup>15,16</sup>. SCFAs are efficiently absorbed from the mammalian gut lumen and can serve as an energy source for colonocytes<sup>17</sup>. which consume the majority of the butyrate produced in the  $colon^{14}$ . The remaining

SCFAs enter the liver through the portal vein, where the relative concentration of acetate becomes enriched owing to the metabolism of the gluconeogenic precursor propionate by hepatocytes<sup>14,18</sup>. The remaining acetate is released into the bloodstream, where it is consumed and oxidized by peripheral tissues. Taken together, the vast majority of circulating acetate, the concentration of which ranges from 50  $\mu$ M to 200  $\mu$ M in human plasma, is directly attributable to prokaryotic metabolism in the gut (TABLE 1).

#### Short-chain fatty acids

(SCFAs). Fatty acids with an aliphatic tail of two to six carbon atoms. The SCFAs acetate, propionate and butyrate are abundantly produced by bacterial fermentation of dietary carbohydrates in the colon.

#### Facultative autotrophs

Organisms that can grow using organic carbon but are also able to assimilate organic carbon from inorganic carbon sources such as CO<sub>2</sub>.

Acetate can be produced in the liver by oxidative catabolism of alcohol. The NAD<sup>+-</sup> dependent breakdown of ethanol to acetaldehyde by alcohol dehydrogenases occurs mainly in the cytosol of hepatocytes. Subsequently, acetaldehyde diffuses into the mitochondrial matrix and is converted into acetate in another NAD<sup>+</sup>-dependent reaction catalysed by aldehyde dehydrogenases<sup>19</sup>. Alcohol consumption induces sustained elevation of plasma acetate levels (>0.5 mM) for at least 3 hours after an ethanol intake equivalent to 2.5 pints of beer with an alcohol-by-volume percentage of 5% by a 75 kg individual<sup>20,21</sup> (FIG. 1; TABLE 1). Alcohol produces even higher levels of plasma acetate (>0.8 mM) in chronic drinkers than in controls, which is probably due to an enhanced ability of chronic drinkers to oxidize ethanol<sup>20</sup>. A causal link between increased cancer risk and alcohol consumption is widely accepted, and many of the effects of alcohol abuse are attributed to the carcinogenicity of acetaldehyde (reviewed in REF. 22). The effects of acetaldehyde are further compounded by the production of reactive oxygen species by cytochrome p450 2E1 (CYP2E1) during ethanol catabolism and the re-oxidation of the large amounts of NADH produced by the alcohol dehydrogenases and aldehyde dehydrogenases during ethanol oxidation<sup>22</sup>. Furthermore, increases in liver acetate levels may enhance hepatic inflammation by promoting histone acetylation at specific residues associated with pro-inflammatory gene transcription and cytokine synthesis<sup>23</sup>. Unfortunately, most studies on alcoholism and cancer fail to examine the effects of ethanol-derived acetate on tumour formation and growth. A large increase in circulating acetate levels may benefit some types of cancer (for example, breast, ovarian and lung cancer)<sup>24,25</sup> that have increased expression of acetate-metabolizing enzymes such as acetyl-CoA synthetases.

#### Acetate transport.

The transporters involved in the uptake of acetate are still debated and, at least in cancer cells, remain largely unexplored. The plasma membrane is impermeable to acetate anions  $(CH_3COO^-)$  but is permeable to the non-ionic form called acetic acid (CH<sub>3</sub>COOH).

However, given that acetic acid is a relatively weak acid ( $pK_a = 4.75$ ) and that the pH in the large intestine is between 5.5 and 7, only a small fraction of total acetate uptake into colonocytes occurs via passive diffusion, and this implies that the majority of the colonic acetate pool must be actively transported<sup>26</sup> (FIG. 2). There is now also ample evidence for active uptake of acetate and other SCFAs by plasma membrane transporters, and three main mechanisms have been described thus far.

The first mechanism couples the import of SCFAs to the export of bicarbonate  $(\text{HCO}_3^-)$  (FIG. 2). Despite monocarboxylate transporters (MCTs) being implicated as  $\text{HCO}_3^-$ -acetate antiporters, the identity of the transporter remains elusive<sup>26</sup>, and biochemical studies suggest that the function of  $\text{HCO}_3^-$  export is to aid in buffering the pH of the colonic lumen<sup>27,28</sup>.

The second mechanism for acetate uptake is mediated by sodium-coupled MCTs (SMCTs; part of the SLC family) (FIG. 2). Functional characterization of SMCT1 (also known as SLC5A8) demonstrated a Na<sup>+</sup>-dependent acetate transfer<sup>29,30</sup>. However, it is important to note that the uptake rate of butyrate by SMCT1 is nearly twofold higher than that of acetate<sup>29</sup>. In fact, many of the anti-cancer effects associated with high-fibre diets are directly attributable to the properties of butyrate, such as the inhibition of histone deacetylation that promotes differentiation and apoptosis<sup>13</sup>. Thus, one could envision that preventing substantial uptake of butyrate would be beneficial to a cancer cell. In line with this, it was found that SMCT1 is frequently silenced in colorectal cancer owing to promoter methylation<sup>31</sup> and that its expression in cell lines that previously lacked expression inhibited colony formation<sup>31</sup>. Thus, it seems that SCFA transporter activity, when coupled to butyrate uptake, may help to prevent the development of cancer, but this protective effect may be specific to colonocytes because of their unique exposure to the high concentrations of butyrate produced in the gut. Indeed, it was shown that SMCT1 expression was significantly higher in prostate cancer than in matched non-neoplastic prostate tissue, suggesting that SMCT1 may have alternative cancer-promoting properties outside the colon, where butyrate concentrations are extremely low relative to acetate concentrations<sup>32</sup>. In this situation, it is tempting to speculate that SMCT1-mediated uptake of acetate by prostate cancer cells might support tumour growth or initiation.

The third mechanism involves the co-transport of a SCFA and H<sup>+</sup>. This uptake is mediated by a different class of the MCTs and is most likely to be dictated by MCT1 (also known as SLC16A1) and hypoxia-induced MCT4 (also known as SLC16A3), which are the predominant family members expressed in the colon and many types of cancers<sup>33–36</sup> (FIG. 2). The  $K_m$  values of the MCTs for acetate follow the order of MCT1 < MCT2 (also known as SLC16A7) < MCT4 (REFS 37,38). MCT inhibitors are currently being tested in clinical trials against advanced cancers<sup>39</sup>, and their upregulation in many cancer types is causally linked to adoption of aerobic glycolysis and the necessity to export the lactate produced by this process<sup>40</sup>. However, it would also be interesting to examine how intratumoural lactate concentrations or pharmacological targeting of MCTs affects acetate metabolism *in vivo*.

Overall, it seems that butyrate and acetate have distinct roles in relation to tumour growth and that this may in part depend on the expression of plasma membrane transporters, individual substrate affinities and competition between the SCFAs.

## Metabolic fate of acetate

#### Acetyl-CoA synthetases.

After cellular uptake, there are only two enzymes that have proved to be capable of using acetate as a substrate: mitochondria-localized acetyl-CoA synthetase 1 (ACSS1)<sup>41</sup> and nucleocytosol-localized ACSS2 (REF. 42). A third family member, ACSS3, has been proposed based on sequence homology to ACSS1 and ACSS2 (REF. 43). However, the classification of ACSS3 as an acetyl-CoA synthetase remains speculative, as there have been no reports on its enzymatic function and RNA interference (RNAi)-mediated silencing of ACSS3 in HepG2 hepatocellular carcinoma (HCC) cells had little to no effect on acetate-dependent labelling of lipids or histones<sup>25</sup>. However, ACSS3 is predicted to be mitochondrial and may be more relevant to the production of tricarboxylic acid (TCA) cycle intermediates. Future studies on its localization and tissue expression patterns may help to shed light on its physiological function.

Acetyl-CoA synthetases by definition catalyse the ATP-dependent ligation of acetate and CoA to produce acetyl-CoA, which is a central metabolite at the nexus between glycolysis and the TCA cycle but also an important substrate for multiple other biochemical reactions and pathways such as the synthesis of sterols, hexosamines and ketones (FIG. 3). Data suggest that the rate-limiting step in acetate metabolism is the conversion of acetate to acetyl-CoA by acetyl-CoA synthetases<sup>42,44</sup>. To date, investigation of acetate metabolism in cancer has focused on three metabolic pathways: fatty acid biosynthesis, the TCA cycle and histone acetylation.

#### Acetate contribution to fatty acid synthesis.

The incorporation of acetate into fatty acids involves three enzymatic steps: ligation of acetate with CoA to produce acetyl-CoA by ACSS2, carboxylation of acetyl-CoA by acetyl-CoA carboxylase-a. (ACCa; also known as ACC1 and encoded by *ACACA*), and the condensation of acetyl-CoA and/or malonyl-CoA by fatty acid synthase (FASN) (FIG. 3). This enzymatic cascade occurs in the cytosol and, as such, relies on cytosolic acetyl-CoA as the substrate. A second intracellular pool of acetyl-CoA is contained within mitochondria and cannot contribute to lipogenesis without first being converted into citrate. Unlike acetyl-CoA, citrate can be transported to the cytosol and cleaved by ATP citrate lyase (ACLY) to regenerate oxaloacetate and acetyl-CoA (FIG. 3). Depletion of ACLY inhibits the growth of tumour xenografts originating from highly glycolytic cancer cell lines but not of those from cells with low rates of glycolysis, suggesting that there are alternative pathways for acetyl-CoA production in some cell types<sup>45</sup>. It was subsequently shown that ACSS2 is upregulated after ACLY depletion and is critical for the survival of cancer cells lacking ACLY<sup>46</sup>.

Under nutrient-replete conditions, ACLY is predicted to generate the bulk of the cytosolic acetyl-CoA pool in most tissues, including tumours<sup>45,47,48</sup>. However, metabolic stresses, such as fasting or hypoxia, induce phosphorylation of pyruvate dehydrogenase (PDH) by pyruvate dehydrogenase kinases (PDKs) and inhibit the oxidation of pyruvate in the TCA cycle<sup>49,50</sup>. This directly impairs the production of citrate (the substrate for ACLY)<sup>49</sup>, so to

maintain nucleocytosolic acetyl-CoA levels alternative sources must be engaged. Indeed, analysis of the fatty acid pools in cancer cells under metabolic stress revealed a lipogenic substrate gap that could not be accounted for by carbon contributions from either glucose or glutamine<sup>24,51</sup>. It was shown that physiologically relevant concentrations of acetate are able to provide as much as half of the necessary substrate to support fatty acid synthesis under hypoxic conditions<sup>24,51</sup>, whereas the remaining lipogenic acetyl-CoA is most likely derived from a combination of sources, including glucose, glutamine, ketone bodies and branched chain amino acids.

#### Lipogenic substrate gap

Alternative carbon sources that contribute to *de novo* fatty acid synthesis, as a large proportion (20–40%) of carbons in fatty acids in hypoxic cancer cells cannot be attributed to glucose or glutamine.

ACSS2 was identified in an unbiased functional genomic screen as a critical enzyme for the growth and survival of breast and prostate cancer cells cultured in hypoxia and low serum<sup>24</sup>. Acetate also becomes a major carbon source for fatty acid and phospholipid synthesis during metabolic stress, particularly in cancer cell lines harbouring DNA copy number gains at the ACSS2 locus<sup>24</sup>. Furthermore, depletion of ACSS2 in tumour xenografts inhibits growth, suggesting that the conversion of acetate to acetyl-CoA is crucial for sustaining tumour growth<sup>24,25</sup>. Similar results were obtained in two genetically engineered mouse models of HCC that showed a decreased tumour burden and an increased percentage of well-differentiated tumours in an Acss2<sup>-/-</sup> background compared with those in a wild-type background<sup>25</sup>. Indeed, high expression of ACSS2 is frequently found in invasive ductal carcinomas of the breast, triple-negative breast cancer, glioblastoma, ovarian cancer and lung cancer, and often directly correlates with higher-grade tumours and poorer survival compared with tumours that have low ACSS2 expression<sup>24,25,52</sup>. Similarly to ACSS2, FASN is also upregulated in breast cancer, and this upregulation correlates with markedly poorer prognosis compared with patients whose tumours have low levels of FASN expression<sup>53</sup>. In addition, both ACSS2 and FASN are transcriptionally co-regulated in a hypoxia-inducible factor 1β (HIF1β; also known as aryl hydrocarbon receptor nuclear translocator (ARNT))dependent and sterol regulatory element-binding transcription factor 2 (SREBF2)-dependent manner under metabolically stressed conditions<sup>24</sup>, suggesting that upregulation of an acetate-dependent lipogenesis programme may be characteristic of more aggressive types of breast cancer.

Surprisingly, there have been no reported phenotypic differences in  $Acss2^{-/-}$  versus wildtype mice<sup>25,54</sup>, and only a single study reports on the ability of  $Acss2^{-/-}$  mice to handle stress<sup>54</sup>. In this latter study, the authors showed that acetate supplementation augments stress erythropoiesis in response to hypoxia or anaemia in a HIF2a (also known as EPAS1)and ACSS2-dependent manner<sup>54</sup>. Their result suggests that, although ACSS2 is dispensable for normal development, certain pathophysiological situations may require metabolism of acetate by ACSS2. The lack of any distinguishable phenotype in the  $Acss2^{-/-}$  mice also implies that compensatory pathways must exist for acetyl-CoA production or that acetatederived acetyl-CoA is of only minor importance in healthy tissues. Despite the inability to

directly generate cytosolic acetyl-CoA from acetate, ACSS2-deficient cells would still be able to capture acetate in the mitochondria through ACSS1 and this acetate-derived carbon would contribute to cytosolic acetyl-CoA pools through the activity of ACLY (FIG. 3). This may be sufficient for normal tissue homeostasis, but the data from mouse tumour models imply that ACSS1 compensatory pathways are insufficient to support tumorigenesis<sup>24,25</sup>. The interplay between ACSS1, ACSS2 and ACLY in the control of acetyl-CoA metabolism should be an exciting area for future research.

#### Acetate contribution to the TCA cycle.

Acetate oxidation in the TCA cycle provides reducing equivalents for energy production by oxidative phosphorylation (FIG. 3). The labelling of citrate from [<sup>13</sup>C]acetate confirmed that intra-mitochondrial acetyl-CoA can be generated from acetate in cancer cells<sup>24</sup>. However, the mechanism of acetate import into mitochondria remains unknown. ACSS1 has been proposed to be the mitochondrial equivalent of ACSS2 and catalyses intra-mitochondrial conversion of acetate to acetyl-CoA. Similar to the lipogenic substrate gap observed in breast and prostate cancer cell lines<sup>24,51</sup>, a recent report identified a bioenergetic substrate gap in which a large fraction of the acetyl-CoA pool had not been derived from glucose or glutamine<sup>55</sup>. Follow-up studies on glioblastomas and brain metastases from patients that had been infused with [<sup>13</sup>C]acetate during tumour resection indicated that acetate may provide this missing link<sup>52</sup>. Nearly one-half of the intra-mitochondrial acetyl-CoA pool in patient tumours was found to be derived from blood-borne acetate, as indicated by the production of <sup>13</sup>C-labelled glutamate<sup>52</sup>. These data were further verified in patient-derived xenograft (PDX) brain tumour models in mice that had been co-infused with [<sup>13</sup>C]glucose and [<sup>13</sup>C]acetate to directly compare substrate utilization<sup>52</sup>. Strikingly, the PDX models displayed nearly identical labelling patterns to in situ human brain tumours, and perhaps even more astounding was the finding that multiple different brain metastases, regardless of the tissue of origin, exhibited very similar patterns as well. Unfortunately, the more relevant role of ACSS1 in supplying acetyl-CoA to the TCA cycle in these models was not explored. Rather, the authors showed that RNAi-mediated silencing of ACSS2 expression in primary glioblastoma cultures severely inhibited neurosphere growth<sup>52</sup>, suggesting that, in addition to being a mitochondrial bioenergetics substrate, acetate may be important for other metabolic pathways in glioblastoma (for example, lipogenesis or acetylation)<sup>52</sup>. A more recent report that compared gene expression profiles of HCC tissue with adjacent normal liver tissue found ACSS1 to be significantly upregulated and positively correlated with cell proliferation markers, suggesting that mitochondrial capture of acetate may be more important in some cancer types<sup>56</sup>. Altogether, these metabolic fates of acetate indicate that when mitochondrial glucose oxidation is compromised (under conditions of hypoxia or low glucose) or availability of exogenous lipids is limited owing to disorganized vascularization, acetate can be used to generate acetyl-CoA for energy production via the TCA cycle and/or to generate biomass.

#### **Bioenergetic substrate gap**

Alternative sources of carbon that contribute to tumour bioenergetics, as less than 50% of acetyl-CoA in human brain tumours is derived from blood-borne glucose.

In addition, it seems that the ability to metabolize acetate can be induced by the microenvironment. In support of this hypothesis, when mouse primary astrocytes were cultured *ex vivo*, the expression of ACSS2 significantly decreased at early passages<sup>52</sup>. This suggests that acetate utilization is highly influenced and regulated by the specific conditions to which cells are exposed. A recent report has highlighted that cancer cell metabolism can undergo profound changes in tissue culture<sup>57,58</sup>. However, the potential of other indirect causes of ACSS2 downregulation created by culturing cells for multiple passages *in vitro* cannot be excluded. Future studies are needed to elucidate why acetate metabolism may be favoured under *in vivo* over *in vitro* culture conditions.

#### Acetate contribution to histone acetylation.

The versatility of acetate-derived acetyl-CoA extends beyond being a bioenergetic substrate and a lipogenic precursor to include acetylation of proteins and metabolites. Lysine acetyltransferases (KATs) catalyse the transfer of the acetyl group from acetyl-CoA to the terminal amine on lysine side chains. Conversely, lysine deacetylases (KDACs) that contain  $Zn^{2+}$  (herein referred to as Zn-KDACs) catalyse the hydrolysis of the amide linkage to release free acetate. Acetate released by such KDACs can be either exported<sup>59</sup> or potentially recaptured by acetyl-CoA synthetases (FIG. 3).

The role of acetyl-CoA synthetases in the regulation of histone acetylation was first identified in yeast; loss of acetyl-CoA synthetase expression drastically reduced histone acetylation and caused global transcriptional repression owing to a reduction in the nucleocytosolic acetyl-CoA pool<sup>60</sup>. Ablation of Acss2 in mouse embryonic fibroblasts or RNAi-mediated silencing of ACSS2 in cancer cell lines also markedly inhibits acetylation of histones by acetate<sup>25</sup>. Conversely, supplementation of acetate alone increases histone acetvlation in a dose-dependent manner and rescues histone deacetvlation caused by ACLY inhibition in an ACSS2-dependent manner<sup>47</sup>. More recently, it was shown that acetate supplementation to cancer cell lines cultured in hypoxia predominately activated the expression of lipogenic genes (that is, ACACA and FASN) by acetylation of specific lysine residues on histone H3 and that expression of ACSS1 and ACSS2 in tissues derived from patients with HCC positively correlated with histone acetylation and FASN expression<sup>61</sup>. Adding a further layer of complexity, a recent report identified that histone crotonylation is partly controlled by the expression of ACSS2, suggesting that the substrate specificity of ACSS2 may not be solely limited to acetate<sup>56</sup>. Interestingly, some recent studies suggest that the activation of HIF2 by acetylation during metabolic stress is dependent on the generation of nuclear acetyl-CoA by ACSS2 (REFS 54,62).

#### Crotonylation

A post-translational modification of histone lysine residues that has been shown to stimulate transcription and is, at least partially, dependent on acetyl-CoA synthetase 2 (ACSS2)-catalysed production of crotonyl-CoA from the short-chain fatty acid crotonate.

Furthermore, the differences in the  $K_{\rm m}$  of the various KATs (for example, GCN5 (also known as KAT2A), P/CAF (also known as KAT2B) and p300 (also known as EP300))

for acetyl-CoA predict that fluctuations within the physiological range of acetyl-CoA concentrations could selectively affect their individual activities<sup>63,64</sup>. However, the extent to which acetate availability can influence specific epigenetic marks, global acetylation levels or the activity of KATs remains to be determined. Nevertheless, acetate may become a substantial source for cellular acetyl-CoA when other carbon sources (for example, glucose and glutamine) are limited, and acetate utilization will depend on its availability, efficiency of uptake and the expression of acetate-capturing enzymes (for example, ACSS1 and ACSS2).

## Acetate (re)capture

As discussed above, some types of cancer (particularly colorectal cancer) may be exposed to high, locally produced, concentrations of acetate. Although it is tempting to speculate on a potential bioenergetic or lipogenic role of acetate in such tumours, no supporting published data are available to date. Also, it is still unclear to what extent colorectal cancer cells utilize luminal or mucosal metabolites compared with nutrients that are delivered by the vasculature. As the concentration of acetate in human plasma is in the range of ~50–200  $\mu$ M (TABLE 1), it begs the questions: to what extent can acetate support biomass or energy production in peripheral tumours, and what effect does its capture have on tumour growth? The answer most likely involves a combination of two processes: the capture, or recapture, of free acetate generated intracellularly and enhanced acetate uptake from the extracellular milieu.

Zn-KDACs have been shown to be overexpressed in various cancers<sup>65</sup>, and with an estimated  $1 \times 10^9$  potential histone acetylation sites per mammalian cell<sup>66</sup>, acetylated residues on histones collectively represent a substantial carbon source in cancer cells that could be quickly mobilized. However, if large-scale histone deacetylation proceeded in the absence of a mechanism to salvage the acetate (for example, low ACSS2 expression), then cells would be unable to exploit this nutritional source and the accumulation of intracellular free acetate would become toxic (causing acidosis) if not excreted. Indeed, it has been noted that acetate is excreted from some cancer cells cultured in low glucose<sup>62,67</sup>. The release of acetate anions during histone deacetylation has been shown to be involved in the regulation of intracellular pH by providing a buffering capacity for cancer cells in response to pH changes in the often acidic tumour environment<sup>59</sup>. In this scenario, the liberated acetate facilitates the export of protons through the MCTs to alleviate acidosis. In cancer cells with high expression of acetyl-CoA synthetases, the acetate generated by histone deacetylation may provide short-term relief during metabolic stress. This respite may be sufficiently long to support growth and survival under metabolic stress and to allow other means of acetyl-CoA biosynthesis to become activated (for example, glucose oxidation, fatty acid oxidation and/or branched chain amino acid degradation).

Altogether, the ability to capture and recycle free acetate would be advantageous to a cell, particularly a cancer cell that is under selective pressure to increase its growth rate, and hence would favour metabolic flux distributions that produce essential biomass precursors at high rates. The observed upregulation of ACSS2 during hypoxia would aid in capturing acetate from the tumour microenvironment when other nutrients are scarce or perhaps in

recapturing intracellularly generated free acetate to prevent its loss. One could surmise that if most normal tissues and well-vascularized regions of tumours are amply supplied with other nutritional sources and are additionally inept at capturing acetate (for example, owing to low ACSS2 expression), then unadulterated acetate may be able to penetrate into poorly vascularized regions of tumours, which is similar to what has been described for lactate<sup>68</sup>.

Some sirtuin (SIRT) family members are NAD<sup>+</sup>-dependent KDACs (NAD<sup>+</sup>-SIRTs), and their expression is controlled by many nutrient-sensing transcription factors (for example, forkhead box O (FOXO) proteins, peroxisome proliferator-activated receptors (PPARs) and carbohydrate-responsive element-binding protein (CHREBP))<sup>69</sup>. However, unlike Zn-KDACs, NAD<sup>+</sup>-SIRTs do not release free acetate but rather produce acetyl-ADP-ribose. During instances of fasting or caloric restriction, these SIRTs become activated owing to an increased NAD<sup>+</sup>:NADH ratio<sup>70</sup>. Interestingly, ACSS1 and ACSS2 are reversibly acetylated at a highly conserved lysine residue within their active site and their deacetylation by SIRT3 and SIRT1, respectively, induces acetyl-CoA synthetase activity<sup>71–73</sup>. Thus, a major metabolic response to accumulation of NAD<sup>+</sup> and bioenergetic stress is the activation of acetyl-CoA synthetases and acetate metabolism.

#### **Caloric restriction**

Caloric restriction without malnutrition is a dietary strategy that has been studied extensively as a way to slow ageing and extend lifespan.

## Acetate as a signalling molecule

The physiological function of acetate extends beyond being a nutritional source. Acetate also acts as a ligand for a small family of broadly expressed G protein-coupled receptors (GPCRs) called free fatty acid receptors (FFARs)<sup>74</sup>. Two FFARs (FFAR2 and FFAR3) have been shown to be activated by SCFAs, whereas FFAR1 binds long-chain fatty acids<sup>74</sup>. FFAR2 was more sensitive to acetate than FFAR3 and activates GPCR signalling via the G proteins  $Ga_{\alpha/11}$  and  $Ga_{i/0}$  to induce intracellular  $Ca^{2+}$  release<sup>74</sup>. FFAR2 signalling has been implicated in diabetes and insulin secretion<sup>75,76</sup>, the stimulation of adipogenesis<sup>77,78</sup> and the regulation of many different immune cells<sup>79–82</sup>. However, the role of FFARs in cancer has been explored in only a handful of studies, some of which have reported conflicting results. A screen to identify transforming genes from a surgically resected gall bladder cancer suggested that FFAR2 may be oncogenic<sup>83</sup>. The authors showed that FFAR2 over-expression in NIH 3T3 fibroblasts induced transformation and enhanced viral RAS (v-RAS)-induced tumour growth in immunocompromised mice<sup>83</sup>. However, a separate report showed that FFAR2 signalling inhibited colorectal cancer proliferation and promoted cell death, suggesting a tumour-suppressive role<sup>84</sup>. Last, FFAR2 activation can also help to manage cellular stress through p38 MAPK activation in MCF7 breast cancer cells<sup>85</sup>. Overall, given the low circulating levels of acetate, the cell signalling function of acetate may yet prove to be a more critical determinant for cancer growth and progression than its nutritional value to the tumour and will most likely be influenced by the tissue of origin and FFAR expression.

## Acetate biotracers in PET imaging

[<sup>18</sup>F]Fluorodeoxyglucose ([<sup>18</sup>F]FDG) is the most prolific biotracer used in clinical positron emission tomography (PET) imaging today. The uptake of [<sup>18</sup>F]FDG fundamentally provides a readout of metabolic activity and has proved to be an excellent probe for identifying highly proliferative tumours that possess a high rate of glucose uptake<sup>86,87</sup>. However, many tumours do not have high rates of glucose consumption, and others have limited access to glucose owing to aberrant vasculature<sup>88</sup>. In addition, some tumours reside in healthy tissues that naturally consume high amounts of glucose (for example, brain tissue), which prevents resolution of cancer tissue from normal tissue<sup>89,90</sup>. Therefore, it is paramount that novel cancer-specific biotracers be developed to address this unmet need in cancer detection.

[<sup>11</sup>C]acetate has shown excellent potential in providing such an alternative (reviewed in REF. 91), and thus far it has been predominantly used in prostate cancer<sup>92–98</sup> but has also been successfully applied in patients with renal cell cancer<sup>99</sup>, HCC<sup>25,100</sup>, lung cancer<sup>101</sup>, glioma<sup>89,102</sup> or multiple myeloma<sup>103</sup>. Indeed, emerging data suggest that [<sup>11</sup>C]acetate outperforms [<sup>18</sup>F]FDG in detection and staging of gliomas and multiple myeloma<sup>89,103</sup> and in visualization of bone metastases in patients with advanced prostate cancer<sup>104</sup>. A recent report highlighting substantial intratumoural metabolic heterogeneity in patients with lung cancer<sup>105</sup> suggests that the use of [<sup>18</sup>F]FDG and [<sup>11</sup>C]acetate together as a dual modality might offer a more effective diagnostic tool<sup>58</sup>. The application of [<sup>11</sup>C]acetate extends beyond the clinic and can be used as a valuable *in vivo* metabolism research tool. For instance, it was recently shown that late PET imaging with [<sup>11</sup>C]acetate produces better contrast and, as the tracer accumulates in the lipid fraction, can offer information about acetate-dependent lipogenesis<sup>101</sup>.

### **Future research directions**

It has now become apparent that acetate metabolism plays a major part in many different types of cancer. Some tumours mainly use it for energy production, others for lipid production and still others as a means to regulate histone acetylation and, by extension, gene transcription. However, these individual metabolic fates of acetate need not be mutually exclusive. Exploring why tissues handle acetate in such diverse manners will aid in understanding how it is capable of supporting tumour growth, and elucidating the factors that control acetate capture, metabolism and recycling can reveal new drug targets for cancer therapy.

The expression of ACSS2 is emerging as one of the key factors in the regulation of acetate metabolism. ACSS2 expression endows cancer cells with the ability to maximally utilize acetate as a nutritional source. It is this kind of metabolic plasticity — the ability to exploit and survive on a variety of nutritional sources — that confers resistance to many of the current cancer metabolism drugs as monotherapies. Interestingly, ACSS2 is highly expressed in many cancer tissues, and its upregulation by hypoxia and low nutrient availability indicates that it is an important enzyme for coping with the typical stresses within the tumour microenvironment and, as such, a potential Achilles heel. Moreover,

highly stressed regions of tumours have been shown to select for apoptotic resistance and promote aggressive behaviour, treatment resistance and relapse. In this way, the combination of ACSS2 inhibitors with a therapy that specifically targets well-oxygenated regions of tumours (for example, radiotherapy) could prove to be an effective regimen.

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#### Figure 1 |. Sources and production sites of acetate in the human body.

**a** | The three main dietary sources of acetate are acetate-containing foods, ethanol and dietary fibres such as resistant starches, indigestible oligosaccharides and other plant-derived polysaccharides. Acetate is found in pickled foods, cheese and other dairy products, processed meats, bread, wine and beer, and is also added to some foods as an emulsifier, acidity regulator or preservative. **b** | The liver is the main site for alcohol detoxification and the production of acetate from acetyl-CoA during conditions of fasting. **c** | The commensal microbiota is the main source of acetate within the human body. Bacteria break down indigestible polysaccharides to generate large amounts of short-chain fatty acids in the gut, the most abundant of which is acetate. In addition, bacteria have the ability to fix  $CO_2$ -derived carbon. **d** | Apart from these major production sites, there can also be more localized production of acetate through the deacetylation of histones, other proteins and metabolites.



## Figure 2 $\mid$ . Production of acetate by the commensal microbiota and the subsequent uptake by colonic epithelial cells.

Colonocyte or cancer cell

Resistant starches and other indigestible polysaccharides are broken down on the surface of bacterial cells by carbohydrate-degrading enzymes (top panel). These hexoses enter the cell and are converted, through glycolysis, into pyruvate. Pyruvate in turn is converted into acetyl-CoA and CO<sub>2</sub>. Phosphotransacetylases exchange a phosphate for CoA to form acetyl-phosphate (acetyl-P). Acetate kinase catalyses the transfer of the phosphate from acetyl-P to ADP, which generates ATP and acetate. Alternatively, the CO2 released from pyruvate decarboxylation can enter the Wood-Ljungdahl pathway, which uses reductive acetogenesis to form acetyl-CoA from CO and 5-methyl-tetrahydrofolate (5-MTHF). Once formed, acetate can be exported from the bacterial cell into the lumen of the gut, where it is absorbed by one of two methods by the colonic epithelium (bottom panel). The first mechanism is passive diffusion of the protonated form of acetate, acetic acid, which is facilitated by the extremely high concentrations of acetate and the relatively low pH in the proximal colon and caecum. The second route of entry is through the active transport of acetate by monocarboxylate transporters (MCTs), in which acetate is co-transported with Na<sup>+</sup> or H<sup>+</sup> or exchanged for HCO<sub>3</sub><sup>-</sup>. Dashed lines represent multistep reactions. 10-formyl-THF, 10-formyl-tetrahydrofolate; GAP, glyceraldehyde-3-phosphate; glucose-6-P, glucose-6-phosphate; fructose-6-P, fructose-6-P; SMCT, sodium-coupled MCT; THF, tetrahydrofolate.



#### Figure 3 |. Intracellular acetate metabolism and the flow of acetate carbons.

Acetate is taken up by the cell through the mechanisms described in FIG. 2. Intracellular acetate is quickly converted into acetyl-CoA by acetyl-CoA synthetase 2 (ACSS2; nucleocytosolic) or ACSS1 (mitochondrial). Cytosolic acetyl-CoA can be used in various biosynthetic pathways, including those that produce fatty acids, isoprenoids and sterols, ketones and N-acetyl-glucosamines (top). Alternatively, acetyl-CoA can be used by lysine acetyltransferases (KATs) to acetylate metabolites and proteins, including histories (bottom right). Conversely, histones, as well as other proteins, and metabolites can be deacetylated by specific lysine deacetylases (KDACs), such as  $Zn^{2+}$ -containing KDACs (Zn-KDACs), or metabolite deacetylases to regenerate acetate. Mitochondrial acetyl-CoA enters the tricarboxylic acid (TCA) cycle and condenses with oxaloacetate to form citrate (bottom left). Citrate can be further oxidized through the TCA cycle, generating reducing equivalents for ATP production, or citrate can be exported to the cytosol and cleaved back into acetyl-CoA and oxaloacetate. Ac, acetylation; ACCa, acetyl-CoA carboxylase-a; ACLY, ATP citrate lyase; ACOT12, acyl-CoA thioesterase 12; FASN, fatty acid synthase; HMG-CoA, hydroxymethylglutaryl-CoA; HMGCS, hydroxymethylglutaryl-CoA synthase; (S)MCT, (sodium-coupled) monocarboxylate transporter.

#### Table 1

#### Acetate concentrations in human tissues

Tissue	[Acetate] (mM)*	Range (mM) <sup>‡</sup>	Refs
Portal vein	$0.219\pm0.123$	0.128-0.375	14,18,106,107
Arterial plasma	$0.140\pm0.052$	0.056-0.212	108–113
Venous plasma	$0.074\pm0.035$	0.035-0.140	12,14,106,107,112, 114–118 and Z.T.S., L Zheng and E.G., unpublished observations
Plasma (post-alcohol) $^{\$}$	$0.621\pm0.101$	0.520-0.760	20,21,115,119
Plasma (post-fibre)	$0.193 \pm 0.068$	0.114-0.295	12,109,111,112,120

<sup>\*</sup>Plasma acetate concentrations are shown as the mean  $\pm$  s.e.m. of the values reported in the cited references. Participants in these studies were typically fasted overnight before analyses. In all cases, efforts were made to ensure values are representative of normal, healthy individuals, with the exception of the alcohol studies, which did include some alcoholic patients.

 $^{\ddagger}$ The range represents the lowest and highest mean acetate concentration reported for each particular tissue.

<sup>§</sup>For alcohol studies, volunteers were administered ethanol and plasma acetate concentrations were monitored at various time points for up to 8 hours.

For the fibre studies, subjects were typically fasted overnight and then placed on a starch diet (30–60 g) or administered lactulose (10–20 g).