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NANOTECHNOLOGY-MEDIATED THERAPEUTIC STRATEGIES AGAINST SYNUCLEINOPATHIES IN NEURODEGENERATIVE DISEASE

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AUTHOR DECLARATION TEMPLATE

We wish to draw the attention of the Editor to the following facts which may be considered as potential conflicts of interest and to significant financial contributions to this work.

Balaji Narasimhan is a co-founder of ImmunoNanoMed Inc., a start-up in Ames, IA with business interests in the development of nano-based vaccines against infectious diseases. He also has a financial interest in Degimflex LLC (see below).

Surya Mallapragada is a co-founder of Degimflex LLC., a start-up in Ames, IA with business interests in the development of flexible degradable electronic films for biomedical applications. She also has a financial interest in ImmunoNanoMed Inc.

Anumantha Kanthasamy and Vellareddy Anantharam have an equity interest in PK Biosciences Corporation located in Ames, IA. Anumantha Kanthasamy also has an equity interest in Probiome Therapeutics located in Ames, IA. The terms of this arrangement have been reviewed and approved by Iowa State University in accordance with its conflict of interest policies. Other authors declare no actual or potential competing financial interests.

We confirm that the manuscript has been read and approved by all named authors and that there are no other persons who satisfied the criteria for authorship but are not listed. We further confirm that the order of authors listed in the manuscript has been approved by all of us.

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Author Contributions

BWS and MH constructed section 1. BWS, MH, BNP, VA and AGK constructed section 2. BWS constructed sections 3, 4 and 5, and created Table 1. MH created Figure 1. All authors conceptualized and participated in the writing and proofreading of the paper.

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Conflicts of Interest

BN is a co-founder of ImmunoNanoMed Inc., a start-up in Ames, IA with business interests in the development of nano-based vaccines against infectious diseases. He also has a financial interest in Degimflex LLC (see below).

SKM is a co-founder of Degimflex LLC., a start-up in Ames, IA with business interests in the development of flexible degradable electronic films for biomedical applications. She also has a financial interest in ImmunoNanoMed Inc.

AGK and VA have an equity interest in PK Biosciences Corporation located in Ames, IA. AGK also has an equity interest in Probiome Therapeutics located in Ames, IA. The terms of this arrangement have been reviewed and approved by Iowa State University in accordance with its conflict of interest policies. Other authors declare no actual or potential competing financial interests.

Abstract

Synucleinopathies are a subset of debilitating neurodegenerative disorders for which clinically approved therapeutic options to either halt or retard disease progression are currently unavailable. Multiple synergistic pathological mechanisms in combination with the characteristic misfolding of proteins are attributable to disease pathogenesis and progression. This complex interplay, as well as the difficult and multiscale nature of therapeutic delivery into the central nervous system, make finding effective treatments difficult. Nanocarriers (NCs) are a class of materials that can significantly improve therapeutic brain delivery and enable multifunctional therapies. In this review, an update on the known pathology of synucleinopathies is presented. Then, NC-enabled therapeutics designed to target the multiple mechanisms by combination therapies and multiscale targeting methods is reviewed. The implications of these strategies are synthesized and evaluated to suggest opportunities for the rational design of anti-neurodegenerative NC therapeutics.

Keywords

Neurodegeneration; nano; drug delivery

1. Introduction

Synucleinopathies are a subset of neurodegenerative diseases involving the pathogenic misfolding of alpha-synuclein (α Syn) that leads to a progressive loss of cognitive and motor functions. As the most prevalent example, over one million individuals in the U.S. have Parkinson's Disease (PD) alone, which is associated with \$26 billion in indirect and non-medical costs [1]. Synucleinopathies are difficult to diagnose early due to pathologic and symptomatic similarities between diseases and the lack of a clinically approved diagnostic tool, leading to a lower quality of life of afflicted individuals. There are also no approved treatments that slow disease progression, and supportive patient management measures only alleviate symptoms.

The hallmark pathology of synucleinopathies involves the buildup of misfolded protein aggregates like α Syn in and around affected neurons, which are known as Lewy Bodies (LBs) [2]. Disease-slowing therapeutics in development are designed to slow or prevent the buildup of aggregated α Syn (α Syn_{agg}) in the brain. However, due to the blood-brain barrier (BBB) protecting the brain from systemic circulation [3], effective delivery of therapeutics is also challenging.

A significant thrust in the field is dedicated towards developing nanoscale delivery platforms (e.g. nanocarriers, NCs) that can be targeted to specific areas of the brain to optimize therapeutic delivery. But the brain is highly susceptible to invasion of foreign substances, which can lead to toxic side-effects. Rational NC design strategies can enable both effective and safe delivery of new and novel therapeutics for synucleinopathies by minimizing dose and enhancing the ability to slow disease progression. This review evaluates underlying mechanisms and synucleinopathy-related pathology to provide insight into recent NC-based therapeutic strategies designed to address one or more of these mechanisms.

2. Synucleinopathy Pathology

2.1 Parkinsonian syndrome

Parkinsonian syndrome (PS) is a clinical syndrome that refers to a group of neurological disorders encompassing a spectrum of movement disabilities, including PD, Dementia with Lewy Bodies (DLB), Progressive Supranuclear Palsy (PSP) and Multiple System Atrophy (MSA) [4]. PSP and MSA belong to a class referred to as atypical parkinsonism [4]. Currently it is difficult to clinically diagnose the different PS due to overlapping motor symptoms, but studies are underway to determine misfolded α Syn and Tau aggregates as early stage biomarker(s) to differentiate PS [5–7].

2.2 CNS pathology

The characteristic pathology of PD is the loss of dopaminergic (DA) neurons in the substantia nigra of the basal ganglia (BG) and the presence of intraneuronal α Syn_{agg} LB inclusions [8]. MSA has glial α Syn cytoplasmic inclusions and PSP has glial and neuronal tau inclusions with loss of neurons in the BG, pons, cerebellum, and other similar components in the brain [8]. These intrinsically disordered proteins are correlated with disease state, with microscopically visible components appearing later in the disease process [9].

The appearance of LB and LB-like inclusions is initiated and propagated by a seeding process. This process involves the interaction between internalized exogenous α Syn aggregates with endogenous, intracellular α Syn via direct membrane penetration by fibrils or by encapsulation into endocytic vesicles or exosomal pathway [10**,11]. Microglia and neuron-secreted exosomes are integral to α Syn propagation [12]. In the case of endocytic encapsulation, Galectin-3 accumulation ruptures the endosome and allows fibrils to interact with cytoplasmic α Syn to seed aggregation [11].

The propagation of LBs throughout the central nervous system (CNS) leads to dysfunction of numerous important cellular functions. The ubiquitin-proteasome system (UPS) catabolic pathway and the autophagy-lysosome pathway (ALP) are both disrupted [13]. These pathways are important mediators for breaking down debris such as fibrils, but deregulation occurs when LB formation via the α Syn seeding process outpaces UPS and ALP function [13]. In PD, mutation of the gene LRRK2 additionally contributes to the disruption of normal endosomal function to allow for this buildup of debris [14]. The pro-inflammatory signaling cascade associated with LRRK2 mutations also involves activation of glial cells [14].

An excellent review explains how α Syn fibrillation is associated with the activation and brain-infiltration of T-effector (Teff) cells in the neurodegenerative pro-inflammatory cascade [15]. Microglia, which are analogous to macrophages of the peripheral immune system, interact with Teffs and are then activated to a pro-inflammatory M1 phenotype [15]. In response, they release TNF- α , IL-6 and IL-1 β among other pro-inflammatory markers and contribute to the buildup of reactive oxygen species (ROS) [16]. Astroglia, which normally provide structural support for neurons and the BBB, filter toxins and fulfill other neuroprotective roles to address imbalances in homeostasis [17], also enter

a pro-inflammatory state in response to LB formation, releasing more pro-inflammatory cytokines and contributing to mitochondrial dysfunction and oxidative stress through the release of excess glutamate [18]. T-regulatory (Treg) cells can indirectly counteract this pro-inflammatory response due to their anti-inflammatory phenotype, but Tregs are overwhelmed in disease due to low numbers and dysfunction [15].

Oligodendrocytes, which form protective sheaths around neuronal axons and enhance signal transmission, are also affected by LB-induced inflammation. Progressive degeneration of the oligodendrocyte-composed myelin sheaths and subsequent neurodegeneration results in a slow and inevitable loss of motor function within the body in MSA [19]. Additionally, in PD it was found that oligodendrocytes show varied genetic expression at even earlier stages of disease than DA neurons [19].

2.3 Gut-Brain Axis

The GI environment can widely influence and regulate CNS activity. The bidirectional signaling between the gut and the brain mediated through immune and/or nervous system regulates the homeostasis with reference to satiety and hunger and CNS inflammation. GI dysfunction in PD is manifested as mucosal inflammation of gut, constipation, decreased absorption of the nutrients, and delayed gastric emptying, enteric neuronal loss and enteric LB pathology [20]. GI dysfunction, a major non-motor symptom of PD could play a role as a potential early biomarker [21]. Braak's hypothesis proposes misfolded α Syn aggregates from the enteric nervous system (ENS) propagate in a prion like manner to the CNS through the dorsal motor nucleus of the vagus leading to PD pathogenesis of DA degeneration and the loss of dopamine in the striatum [22]. Studies published this year have detailed that gut microbial metabolites produced by gut dysbiosis in animal models and in PD patients can promote α Syn aggregation, non-motor and motor impairment, which can be overcome by dietary intervention, truncal vagotomy or fecal microbiota transplantation [23,24].

3. Therapeutics and Nanomedicines strategies

3.1 NCs as a solution to therapeutic challenges

The multifaceted nature and complex interplay of these pathological mechanisms provide a broad range of therapeutic targets. Recent reviews detail treatments that differentially alleviate some of these mechanisms [15,25]. Having so many targets makes developing an all-encompassing, effective treatment difficult. In addition, poor pharmacokinetics and pharmacodynamics due to the stringent nature of the astroglia-supported BBB and the susceptibility of therapeutics in systemic circulation or other degradative environments in the body after administration limit the extent of therapeutic efficacy provided by any of these methods.

To improve therapeutic efficacy, NCs can encapsulate and protect the therapeutics from systemic degradation and improve local bioavailability. By releasing therapeutics over a longer time, the dosing frequency can be minimized. The versatility of NCs can help to optimize pharmacokinetic and pharmacodynamic profiles (Figure 1). NCs targeted towards

attenuating α Syn fibril formation to alleviate pathology consist of a broad range of materials (Table 1).

3.2 Gene-silencing treatments

Several studies have used NCs to improve delivery of α Syn gene-silencing therapeutics to indirectly reduce the propensity for fibrillation (Figure 1A). Small interfering ribonucleic acids (siRNA) can interfere with α Syn fibrillation but exhibit poor brain and neuron-specific internalization. Acharya et al [26] encapsulated siRNA into layered double hydroxide NCs *in vitro* study to address this issue and effectively silence the α Syn gene in DA-like SH-SY5Y cells. Schlich et al [27] also saw an *in vitro* reduction in α Syn expression after treating mouse primary neurons with siRNA-encapsulated anionic liposomes. Helmschrodt et al [28] encapsulated siRNA in polyethylenimine NCs and administered via the intracerebroventricular (ICV) route to reduce α Syn gene expression *in vivo*. This was correlated with a reduced pro-inflammatory immune response [28].

3.3 Host and non-host derived antibodies against α Syn_{agg}

Anti- α Syn_{agg} antibodies can also be used to combat α Syn_{agg}-induced neuroinflammation (Figure 1B) [29–32]. Training the immune system towards an anti-inflammatory immune response, thereby generating host-derived anti- α Syn_{agg} antibodies, is one way to do this [15]. Rockenstein et al [29] immunized α Syn-transgenic mice with glucan microparticles with rapamycin and α Syn. They observed a reduction in α Syn-associated neuroinflammation, which was associated with induction of anti- α Syn_{agg} antibodies and a transition to CD4- (T-helper) and CD25-positive (Treg) cells for a more anti-inflammatory phenotype in the brain [29]. Such vaccine strategies may be beneficial for providing longer term protection against disease progression.

There are two non-host-derived anti- α Syn_{agg} therapeutic monoclonal antibodies (mAb) that have shown promising results in Phase I clinical trials [30,31]. Recent results with BIIB054, developed by Biogen [30], as well as Prasinezumab, developed by Hoffmann-La Roche and Prothena [31], have shown good pharmacokinetic and safety profiles in the brain after IV administration in patients. Both studies have progressed into ongoing Phase II clinical trials. Given the overall lack of effective and FDA-approved therapeutics for synucleinopathies, these are promising developments for PD treatment. FDA-approved NCs, a list of which are detailed in a recent review [33], could be used in mAb treatments to further optimize mAb bioavailability and therapeutic efficacy.

3.4 Targeting ligands for improved pharmacokinetics

Many treatment strategies for brain delivery have incorporated targeting ligands on, or integrated targeting strategies with, NCs to further improve therapeutic pharmacokinetics (Figure 1C) [34**–39]. Zhang et al [37] used ultrasound sonication to disrupt the BBB and found improved brain bioavailability in mice after intravenous (IV) administration of curcumin-encapsulated liposomes, which was correlated with an improvement of motor function and restoration of an important DA-homestotatic molecule tyrosine hydroxylase (TH) after PS-inducing 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP) challenge [37]. Recent research has shown that cationic ligands can improve both BBB-crossing

and local mitochondrial delivery [35,36]. Some NCs can also intrinsically demonstrate brain-targeting characteristics, as shown by the chitosan NCs in the study by Bhattamisra et al [40].

Multiscale targeting techniques are growing in popularity due to the multiscale nature of brain delivery, as discussed in a recent review [41]. Tang et al [34**] encapsulated dopamine Printopoly(lactic-co-glycolic acid) (PLGA) NCs coated with borneol and lactoferrin to improve BBB-crossing and striatum-specific delivery, respectively. This promising multiscale NC-based treatment protected against the DA toxin oxidopamine (6-OHDA) *in vivo* [34**]. Additionally, Li et al [38**] incorporated the peptide B6 on polymeric-superparamagnetic iron oxide self-assembled NCs conjugated to the therapeutic epigallocatechin gallate (EGCG). The B6 ligand improved transport across an *in vitro* BBB model by targeting the transferrin receptor (TfR), and the mazindol modification on the NCs allowed for dopamine transporter targeting on neurons [38**]. The synergistic effects provided by this multicomponent NC improved efficacy in the treatment interfering with α Syn_{agg} fibrillation *in vivo* [38**].

3.5 Multifunctional and combination therapeutic treatments

Some neuroprotective drugs that suffer from poor pharmacokinetic profiles have multiple therapeutic effects. Taebnia et al [42] addressed poor pharmacokinetic properties of curcumin by encapsulating it in a mesoporous silica NC formulation to improve α Syn fibrillation-inhibiting, antioxidant and TH restoring properties in PC-12 cells. Kundu et al [39] co-encapsulated curcumin and piperine in a liposomal formulation coated with glycerol monooleate to improve brain delivery. Both curcumin and piperine have antioxidant properties, and the combination therapy significantly improved efficacy in protecting against α Syn_{agg}-driven PS *in vitro* and *in vivo* by restoring mitochondrial and ALP function and improving motor coordination [39]. Improving multifunctional drugs and enabling combination treatments is a significant benefit that NCs can provide for treatment regimen (Figure 1D).

3.6 Non-antibody based anti- α Syn_{agg} NCs

The most direct method to combat α Syn_{agg} pathology is by targeting α Syn fibrils for breakdown. Some NCs exhibit intrinsic targeting or therapeutic effects. For example, Bhattamisra et al [40] encapsulated Rotigotine into intrinsically brain-targeted chitosan NCs to protect rats against the PS-inducing agent Haloperidol [40]. Alternatively, some NCs intrinsically attenuate α Syn fibrillation (Figure 1E). Gao et al [43*] found that gold nanoclusters interact with and reduce α Syn *in vitro* and additionally protect against MPTP *in vivo*. Cerium oxide nanoclusters can also provide therapeutic effects ranging from reducing α Syn fibrillation via interaction kinetics to ameliorating oxidative stress and mitochondrial dysfunction, as demonstrated *in vitro* in SH-SY5Y cells after α Syn_{agg} challenge [44] and *in vivo* in α Syn-transgenic (e.g., α Syn-overexpressing) yeast cells [45]. Aliakbari et al [46*] found that zwitterionic, cholesterol-loaded liposomes interfered with fibrillation *in vitro*, and provided similar therapeutic effects in both SH-SY5Y and PC12 cells.

Most of the above therapeutics target α Syn_{agg} directly, but it is also crucial to evaluate therapeutic efficacy in specifically restoring ALP function (Figure 1F). Bourdenx et al [47] used a non-loaded, acidic PLGA formulation to restore lysosome function after testing against toxin- and genetic-based PS models by co-localizing with lysosomes and restoring lysosomal pH *in vitro*. This led to protection against MPTP-induced toxicity *in vivo* [47]. The multifunctional treatment by Kundu et al [39] described above also showed promising indications in the ability of their treatment to repair ALP function.

3.7 Gut-targeted treatment strategies

Due to evidence of the gut-brain connection in neurodegenerative disease, gut-targeted treatment is also necessary to slow disease progression. Since an unhealthy gut microbiota plays a key role in CNS pathology, repairing microbiota health is a primary focus in this thrust [48,49]. Many probiotics and prebiotics are being investigated to treat neurodegenerative disease in this way [49]. However, because probiotic treatments are usually delivered orally, there is often a potential for gastric degradation of these therapeutics, reducing therapeutic efficacy.

4. Perspectives

It's possible that ENS and CNS pathology occur simultaneously [50]. The separate and significant pathology in both systems suggests the need for discovering synergistic CNS and ENS treatment paradigms. To appropriately screen for such treatment strategies, the screening process must include a variety of pathogenic models, including lysosomal impairment, MPTP/rotenone/6-OHDA challenge, and CNS and ENS-associated α Syn transgenic models, since each exacerbates different underlying mechanisms leading to disease. Additionally, the use of multiscale *in vitro* models like a transwell BBB model can be performed prior to *in vivo* experimentation to allow for more rapid screening of multiscale nanocarrier-based CNS treatments. Table 1 lists relevant studies covering these and other concepts.

There is an increased risk of steric hindrance that reduces functionality of the components in multifunctional schemes. NCs with intrinsic targeting or therapeutic properties could enable more facile multifunctional strategies because of the need for fewer components. Polymeric and liposomal NCs are typically larger in size than metallic NCs and are therefore more easily able to encapsulate therapeutics. They often also have many functional groups for facile incorporation of targeting ligands. Therefore, polymeric and liposomal NCs that intrinsically slow α Syn fibrillation have significant multifunctional potential.

The administration route will dictate many decisions about the NC chemistry. For example, ICV delivery may be a more direct route to the CNS but is highly invasive. Intranasal (IN) delivery will lead therapeutics to the nose-brain barrier, so IN-administered NCs would benefit from different targeting ligands than the BBB. Care must be taken with IV-administered NCs to avoid thrombosis after administration, reducing the applicability of flocculation-prone NCs. Orally administered probiotics or prebiotics pass through the highly acidic stomach and will degrade before reaching the target site, so encapsulation by low pH stable NCs can protect these therapeutics from this environment.

5. Conclusions

The complex nature of synucleinopathic disease progression necessitates the complex design of new and novel treatment strategies. By incorporating combination therapies in CNS-targeted NCs, the ability to alleviate or prevent α Syn fibrillation, oxidative stress, ALP and UPS impairment, and excessive brain inflammation could be significantly improved. Multiscale targeting can enable better bioavailability of such combination therapies. Additionally, due to the significance of the gut-brain axis in neurodegenerative disease, administration of such a CNS platform with an ENS-targeted NC treatment must be considered in all-encompassing treatment strategies. Multiscale, multifunctional, combination treatment paradigms like the ideas proposed herein have the potential to provide the road to a cure to diseases like PD, DLB and MSA.

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Abbreviations

αSyn	Alpha-synuclein
PD	Parkinson's Disease
LB	Lewy Bodies
BBB	blood-brain barrier
NCs	nanocarriers
αSyn_{agg}	aggregated alpha-synuclein
PS	Parkinsonian syndrome
DLB	Dementia with Lewy Bodies
PSP	Progressive Supranuclear Palsy
MSA	Multiple System Atrophy
DA	dopaminergic
BG	basal ganglia
UPS	ubiquitin-proteasome system
ALP	autophagy-lysosome pathway
Teff	T-effector
ROS	reactive oxygen species

Treg	T-regulatory
siRNA	small interfering ribonucleic acids
ICV	intracerebroventricular
TfR	transferrin receptor
TH	tyrosine hydroxylase
IV	intravenous
PLGA	poly(lactic-co-glycolic acid)
6-OHDA	oxidopamine
MPTP	1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine
IN	intranasal

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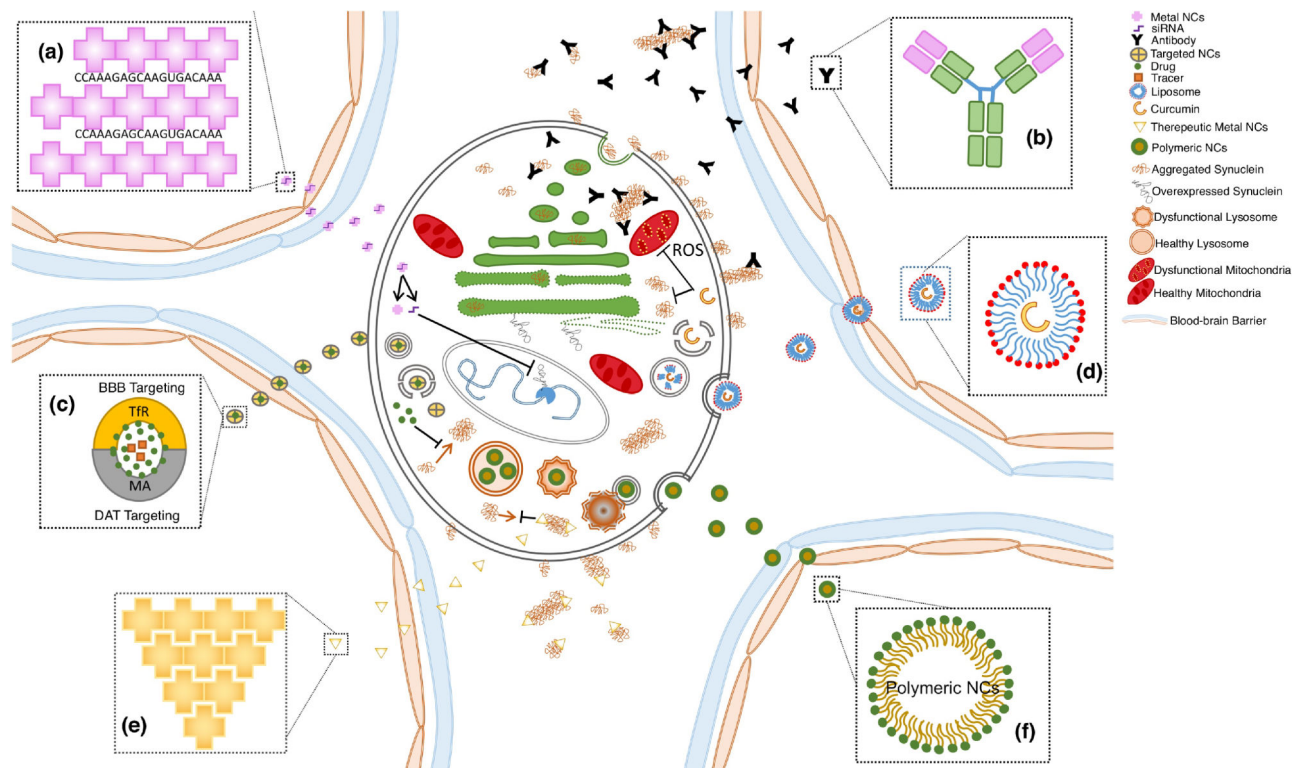
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Figure 1.

NC-based treatments for Synucleinopathies. A) Metal NCs are used as a carrier for therapeutic agents like siRNA to prevent overexpression and subsequent fibrillation B) Antibody strategies, both host and non-host derived, directly combating fibrillation C) Targeted NCs can further enhance delivery of therapeutics D) Lipid-based delivery of therapeutic compounds, including the ability to incorporate multiple therapeutics in the same formulation, e.g. multifunctional E) Metal NCs intrinsically act as therapeutics by directly interfering with fibril formation F) Polymeric NCs intrinsically act as therapeutics by restoring lysosome function

Table 1.NCs for targeting different aspects of α Syn_{agg}-associated neuropathology.

Class	Nanocarrier	Therapeutic	Therapeutic Purpose	Modifications	Model	Challenge	Admin	Ref	
Synthetic	Silica NCs	Curcumin	Antioxidant, Antiamyloid	-	<i>in vitro</i> (PC-12)	α Syn	-	[42]	
	PLGA NCs	Dopamine	Neuro-protective	borneol (BBB) Lactoferrin (striatum)	<i>in vivo</i> (rats)	6-OHDA	IN	[34**]	
		-	restore lysosome acidification	-	<i>in vitro</i> (various)	Toxin and genetic models	-	[47]	
	Polyethylenimine NCs	siRNA	aSyn gene silencing	-	<i>in vivo</i> (mice)	MPTP	Intra-cerebral		
<i>in vivo</i> (mice)					α Syn transgenic	ICV	[28]		
Lipid	Liposomes	siRNA	aSyn gene silencing	-	<i>in vitro</i> (mouse primary neurons)	α Syn	-	[27]	
		Curcumin	Antioxidant, Antiamyloid	Ultrasound (BBB) Polysorbate 80	<i>in vivo</i> (mice)	MPTP	IV	[37]	
		Curcumin, Piperine	Antioxidant, Antiamyloid, ALP repair	Glycerol monooleate (BBB)	<i>in vitro</i> (PC-12)	rotenone	-	[39]	
		-	-	Cholesterol, PEG	<i>in vitro</i> (SH-SY5Y)		α Syn transgenic		-
Metal, metal oxide	DSPE-PEG-iron oxide NCs	EGCG	α Syn fibrillation-inhibiting	B6 (TfR-BBB)	<i>in vitro</i> (SH-SY5Y)	α Syn transgenic	-	[38**]	
	Gold nanoclusters	-		N-isobutryryl-L-cysteine	<i>in vivo</i> (mice)		MPP+		-
	Cerium Oxide nanoclusters	-		-	-	<i>in vitro</i> (SH-SY5Y)	α Syn _{agg}	-	[44]
						<i>in vivo</i> (yeast cells)	α Syn transgenic	-	[45]
Layered double hydroxide metal NCs	siRNA	aSyn gene silencing	-	<i>in vitro</i> (SH-SY5Y)	α Syn overexpressed	-	[26]		
Poly-saccharide	Glucan	α Syn (antigen)	Vaccine	rapamycin	<i>in vivo</i> (mice)	α Syn transgenic	Intra-peritoneal	[29]	
	Chitosan	Rotigotine	Dopamine agonist	-	<i>in vitro</i> (SH-SY5Y) <i>in vivo</i> (rats)	6-OHDA haloperidol	N/A IN	[40]	

Class	Nanocarrier	Therapeutic	Therapeutic Purpose	Modifications	Model	Challenge	Admin	Ref
-	-	mAbs	anti- α Syn _{agg}	-	clinical trial	PD	IV	[30,31]

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