

REVIEW

Role of genetic variants and host polymorphisms on COVID-19: From viral entrance mechanisms to immunological reactions

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Abstract

Coronavirus disease 2019 (COVID-19), caused by a highly pathogenic emerging virus, is called severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). Knowledge regarding the pathogenesis of this virus is in infancy; however, investigation on the pathogenic mechanisms of the SARS-CoV-2 is underway. In COVID-19, one of the most remarkable characteristics is the wide range of disease manifestation and severity seen across individuals of different ethnic backgrounds and geographical locations. To effectively manage COVID-19 in the populations, beyond SARS-CoV-2 detection, serological response assessment, and analytic techniques, it is critical to obtain knowledge about at-risk individuals and comprehend the identified variations in the disease's severity in general and also in the populations' levels. Several factors can contribute to variation in disease presentation, including population density, gender and age differences, and comorbid circumstances including diabetes mellitus, hypertension, and obesity. Genetic factors presumably influence SARS-CoV-2 infection susceptibility. Besides this, COVID-19 has also been linked with a higher risk of mortality in men and certain ethnic groups, revealing that host genetic characteristics may affect the individual risk of death. Also, genetic variants involved in pathologic processes, including virus entrance into cells, antiviral immunity, and inflammatory response, are not entirely understood. Regarding SARS-CoV-2 infection characteristics, the present review suggests that various genetic polymorphisms influence virus pathogenicity and host immunity, which might have significant implications for understanding and interpreting the matter of genetics in SARS-CoV-2 pathogenicity and customized integrative medical care based on population investigation.

KEYWORDS

ACE2, COVID-19, genetic diversity, polymorphism, SARS-CoV-2, TMPRSS2

1 | INTRODUCTION

COVID-19, a novel infectious disease discovered in China in December 2019, is triggered by SARS-CoV-2, a highly emerging deadly pathogen.¹⁻³ Fever, sputum production, fatigue, shortness of

breath, and cough are the most frequent SARS-CoV-2 symptoms.³⁻⁶

The establishment of SARS-CoV-2 disease relies on a particular interplay between Spike glycoprotein and angiotensin-converting enzyme 2 (ACE2) (from the host).⁷⁻⁹ The viral spike protein priming is carried out by the cellular serine protease transmembrane protease

serine 2 (TMPRSS2), a cleavage that promotes the fusing of membranes (between viral and cellular membranes) viral propagation in the cells infected with SARS-CoV-2.¹⁰⁻¹² This procedure might include human exopeptidase CD26, widely known as Dipeptidyl-peptidase 4 (DPP4), a crucial immunostimulatory component for hijacking and virulence.¹³

Age above 60, male gender, and the existence of comorbid metabolic disorders such as being overweight, hypertension, and diabetes have been implicated in the COVID-19 development and severity.¹⁴⁻¹⁶ Nonetheless, there is a continuous exploration of biological variables related to COVID-19 evolution. Genetic variables may affect the development and course of infectious diseases, according to evidence.¹⁷ Multiple genetic polymorphisms, mostly single-nucleotide polymorphisms (SNPs), have been linked to this setting's predisposition to viral respiratory infections.¹⁸ Genetic polymorphism is the hallmark of human biology.¹⁹ Scientists studying disease pathology are completely aware of this, and they often resort to simplifying human disease by establishing animal models that remove this complex facet via years of inbreeding.¹⁹ The immune system is undoubtedly the most significantly influenced by human genetic diversity.^{19,20} Until recently, the pinpoint significance function of genetic composition in SARS-CoV-2 related pathology has been understudied, but pro-inflammatory-related processes have been implicated.^{8,9,21} Identifying the host genetic elements implicated in SARS-CoV-2 disease might contribute to the emergence of innovative therapeutic approaches for the prophylaxis and clinical monitoring of this disease using a precision medicine strategy.^{22,23} As there is a paucity of information on genetics and SARS-CoV-2 pathogenicity, the objectives of this paper were to explore the role of genetic variants and host polymorphisms in specific viral entry and immune responses related to clinical consequences of COVID-19 in humans to design future clinical implementation.

2 | SARS-COV-2 ENTRY MECHANISMS INTO HUMAN CELLS

Initially, investigation for SARS-CoV-2 antiviral medications depended solely on the Vero E6 (African green monkey kidney cell line) as the host cell to evaluate inhibitory effects of antiviral candidate drugs on the cytopathic effect (CPE) of the virus.²⁴ Together with the absence of the expression of TMPRSS2 and ACE2, endogenous unspecified endosomal viral absorption mechanisms are involved for SARS-CoV-2 entrance in Vero E6 and several other types of cells.²⁴⁻²⁶ As a result, a broad range of compounds that regulate endosomal-lysosomal maturation and autophagy processes have been shown to have potent antiviral activity in Vero E6 cells, which might not apply to original epithelial cells from the lung. This opens the possibility that the antiviral suppression observed in Vero E6 assays by many of these drugs toward this virus is limited and in vitro activity and that they are neither relevant nor translatable as SARS-CoV-2 therapies.

SARS-CoV-2 and other coronaviruses infect epithelial cells in the mammalian lung by attaching their spike protein to a particular cellular receptor. ACE2, which is present on the lungs and gut epithelial cells and on kidney, heart, and adipose tissues, acts as a cell surface ligand for SARS-CoV-2 and the other related SARS-CoVs.^{10,12,15,27-30} After attaching to the cellular receptor, the spike protein is activated by a host protease at the intersection of its S1 and S2 regions through proteolytic processing.³¹ When the newly released S2 domain N-terminus is inserted further into the cellular membrane, the fusion between viral and cellular membranes leads to the transport of viral RNA further into the host cell cytoplasm, wherein viral proliferation may begin.³¹

The spike or S protein (as trimers) is located on the surface of SARS-CoV-2 particles, and every one of the S-protein subunits has two domains, which are designated as S1 and S2 on the S protein's structure.³² The S1 domain interacts with ACE2 receptors, while the S2 domain promotes membrane fusion, which allows the viral particle to enter the cell.³² SARS-CoV-2 enters the human cell via ACE2 receptors. The S1 domain's receptor-binding domain (RBD) interacts with ACE2 receptors.³² An in vitro research revealed that SARS-CoV-2 could not infect ACE2 null Vero E6 and Hela cells, implying that this receptor plays a critical role in cellular viral entry.³³ Membrane-bound TMPRSS2 is required for the cleavage of ACE2 and S-protein for viral entrance mediating membrane fusion and therefore performs a significant function in SARS-CoV-2 pathogenesis. Coronaviruses employ many additional cell surface receptors, plus TMPRSS2 and ACE2, to promote cellular entrance; these include DPP4 and furin for Middle East respiratory syndrome coronavirus (MERS-CoV), aminopeptidase N (ANPEP) for Human coronavirus 229E (HCoV-229E), TMPRSS11D for SARS-CoV, and ST6GAL1 (ST6 Beta-Galactoside Alpha-2,6-Sialyltransferase 1) and ST3GAL4 for Human coronavirus OC43 (HCoV-OC43) and Human coronavirus HKU1 (HCoV-HKU1).³⁴⁻³⁶ S-protein of SARS-CoV-2 has *80% sequence identity with SARS-CoV, and most of the remaining positions are conserved. Excluding the insertion of Val483 in SARS-CoV-2, the residues across Leu335 and Phe515 of SARS-CoV-2 are similar to those spanning Leu322 and Phe501 of SARS-CoV. This area contains three ACE2 interaction sections, namely CR1, CR2, and CR3, which are located inside a receptor-binding motif (RBM) of SARS-CoV-2 that has *50% sequence similarity with SARS-CoV.³⁷

The new SARS-CoV-2 virus, like with the SARS, enters cells via the use of the ACE2 protein on the cellular membrane.³⁸ ACE2 works as an enzyme in the renin-angiotensin system (RAS), regulating blood pressure, fluid balance, and vascular constriction. Angiotensin I (Ang I) produced by renin degradation is transformed to Ang II by the angiotensin-converting enzyme ACE, which activates angiotensin II type I receptors (AT1Rs), leading to oxidative stress, pro-inflammatory signaling, elevated blood pressure, and vasoconstriction. A strong affinity for Ang II exists between the ACE2 enzyme and it, resulting in the formation of Ang II (1-7). As a result, ACE2 mitigates the effects of Ang II and protects against chronic conditions such as cardiovascular disorder, hypertension, and diabetes.³⁹ Significantly, higher concentrations of Ang II are found in COVID-19

individuals who have never had an ACE or an ARB, and elevated concentrations are linked with enhanced severity.⁴⁰

It is also necessary for SARS-CoV-2 virus entrance to be initiated by the serine protease TMPRSS2, which could be partly inhibited in certain cell types by the serine protease inhibitor camostat mesylate, which is also effective in some cell types.³⁸ It has been observed that when camostat inhibition of TMPRSS2 was coupled with an antagonist of endosomal cysteine proteases, cathepsin B/L, complete inhibition was accomplished.¹⁰

3 | IMMUNE RESPONSE TO SARS-COV-2

The body's immune system recognizes the entire virus or its surface epitope once inside the target cells, inducing an immune response (innate or adaptive).^{2,20,41,42} When a virus is initially detected, immune cells' pathogen recognition receptors (PRRs), mainly Toll-like receptors (TLRs) 3, 7, and 8, synthesize more interferon (IFN).^{1,20} The nonstructural proteins of SARS-CoV and MERS-CoV disrupt the activity of host innate immunity, affecting total cytokine generation.^{43,44} The humoral immunity to SARS-CoV-2 is similar to other coronavirus diseases, producing IgG and IgM formation.⁴⁵ B cells provide an initial response to the N protein when infected with SARS-CoV.

Nevertheless, antibodies toward S protein may be identified 4–8 days after the onset of first manifestations.^{46,47} Despite being smaller than S protein, the N protein is highly immunogenic. As it lacks glycosylation sites, it produces N-specific neutralizing antibodies at the initial stages of severe disease.⁴⁸ Individuals infected with SARS-CoV were shown to have IgA, IgG, and IgM antibodies specific to the virus at different times after the onset of symptoms.⁴⁸ Anti-S-RBD IgG was found in all 16 SARS-CoV-2 cases in an observational research investigation, while anti-N IgG and anti-S-RBD IgM were recognized in 15 cases and anti-N IgM in 14 cases.⁴⁹ According to a research study on pediatric patients, five out of six kids had a protecting humoral immunity, including neutralizing IgG and IgM antibodies against the SARS-CoV-2 N and S-RBD proteins.⁵⁰

In responding to viral diseases, our immune system acts in a series of activities that fight the invading virus.^{4,51} The innate immunity is first activated, which detects and destroys foreign viral material and initiates a signaling cascade that restricts virus transmission to adjacent cells.⁵¹ Although it is difficult to show experimentally, innate immunity may play a significant role in containing SARS-CoV-2 in certain instances, such as subclinical or moderate diseases in children and adolescents.⁵² T cells that recognize processed Ag expressed by MHC molecules (class I and II) are promptly engaged to eliminate infected cells and coordinate the immune reaction, whereas the IgM reaction proceeds simultaneously. Multivalent antiviral IgM is the first isotype generated toward viral diseases and therefore plays an essential role in the early phases of the disease.⁵¹ During SARS-CoV-2 recovery, immunophenotyping of peripheral B cells revealed that both un-switched IgM+ memory B cells and classical switched B cells are components of the circulatory

memory population and may hold steady for months.⁵³ Convalescent people have a memory of anti-SARS-CoV-2-reactive T cells.^{54,55}

On the other hand, cross-reactive T cells were found in a large proportion of pre-pandemic and seronegative people who had not been subjected to SARS-CoV-2, indicating that T cells seem to be more promiscuity than B cells.^{54–58} According to findings, cross-reactive IgM memory B cells evoked by prior exposures to pandemic COVID-19 could be involved in the reaction to SARS-CoV-2 in a subset of individuals, while the IgG reaction, particularly to the spike glycoprotein, is particular for SARS-CoV-2.^{59,60} To determine if past reactions to epidemic CoVs offer any degree of protection against symptomatic COVID-19, additional research must be conducted, and the issue will be explored in more depth later onwards.

3.1 | Human genetic diversity and infectious diseases

Human genetic makeup refers to the genetic differences between people and groups and includes alterations spanning from SNPs to massive genome alternations and epigenetic modifications.⁶¹ Thus according to commonly accepted evidence, human genetic variation is believed to be about 0.1%, which means that any two people vary on average by around 1 in 1000 nucleotides. However, some current findings indicate a greater rate of genetic variation in the human community.^{62,63} This is an interesting topic since it may provide insight into human history and evolution and enhance wellbeing. Individual and population genetic variations may influence diseases predisposition, resistance to disease and pathogens, and responsiveness to pharmacological therapies. Recognizing and tracking such variations is critical for understanding the foundation and processes of different illnesses, finding novel therapeutic strategies, and developing new therapeutics. The distribution of genetic diversity inside and across human societies results from tens of thousands of years of demographic background and evolution that altered the human genome as an adaptive reaction to dietary restrictions, the environment, and pathogens.^{64,65} Based on the current corpus of findings, newer genomics tools and methods will allow us to comprehend these distinctions better and use the information in biomedicine, from finding novel genes causing the disease to develop novel therapeutics.⁶⁶ Infectious diseases have been identified as one of the most significant evolutionary forces that have influenced and shaped the human genome throughout time. Pathogen-induced infections have been and continue to be the leading cause of death in many parts of the world, acting as a selective pressure that favors genetic variants that confer disease resistance over those that do not. Haldane initially proposed this hypothesis, noting that heterozygosity for some hematological diseases correlates with malaria resistance.⁶⁷

Furthermore, naturally occurring resilience to human immunodeficiency virus (HIV) disease is an instance of how the finding of genetic resistance may act as a foundation for future treatment.⁶¹ CCR5-32 (chemokine receptor 5—CCR5), the cell surface ligand that functions as an HIV coreceptor, has a 32-base deletion, which results

in resistance to HIV.^{61,68} The existence of this deletion inhibits viral entry and receptor expression on CD4 T cells, giving complete HIV protection in homozygous carriers and modest resistance toward disease development in heterozygous carriers.⁶¹ Following the finding that suppressing CCR5 expression may render cells resistant to HIV infection, this discovery has opened the path for the development of stem cell-based therapies. This method was initially shown to be effective over a decade earlier, whenever cases who got stem cells from a CCR5-32 homozygous donor maintained HIV-free.⁶⁹ A similar method was recently described in another patient, showing the possibility of creating HIV treatments based on decreasing CCR5 expression and the medical importance of finding naturally resistant variations in populations.⁷⁰

4 | GENETIC CHARACTERISTICS OF THE IMMUNE RESPONSE IN PATIENTS WITH COVID-19

As among the most studied risk factors for autoimmune disorders, the variation in the human leukocyte antigens (HLAs) gene has been identified as one of the most important.⁷¹ These genes code for MHC molecules, which are responsible for presenting antigens to T-lymphocytes on the cell surface.⁷² The HLA system is among the first to be exposed to exogenous antigens, which indicates its influence on future immunological responses, including autoimmune disorders.⁷³

According to a study, the HLA-C*07:29 and B*15:27 alleles have been related to SARS-CoV-2 vulnerabilities in the Han ethnicity.⁷⁴ MHC-B*46:01 has the lowest affinity for coronavirus proteins, according to an *in silico* research, which is why those with the HLA-B*46:01 genotype may be more vulnerable to COVID-19, as was previously shown for SARS-CoV.⁷⁵ These molecules of MHC (including MHC-A*02:02, -B*15:03, and -C*12:03) demonstrated the most potent ability to express evolutionary conserved SARS-CoV-2 peptides carried by human coronaviruses. This suggests that they could offer cross-protection through T-cell immunity.⁷⁵ In addition, MHC-A*25:01 and C*01:02, which have a low affinity for coronavirus proteins, were discovered in this investigation. Moreover, Secolin et al.⁷⁶ in the Brazilian population determined HLA alleles formerly correlated with the COVID-19 reaction at loci DQB1 and DRB1. Their findings might cause altering the rate of infection or reaction to infection by SARS-CoV-2 and should be further explored in cases with this infection.⁷⁶

Six genes in the 3p21.31 region, including SLC6A20, LZTFL1, CCR9, FYCO1, CXCR6, and XCR1, were linked to the severity of the disease in a genome-wide analysis of individuals from Spain and Italy.⁷⁷ The CXCR6 gene, which encodes the chemokine receptor 6 with the CXC motif (CXCR6), which regulates the precise placement of memory CD8+T lymphocytes (lung tissue-resident) that are specific for respiratory tract infections such as influenza viruses, was found to be expressed at a lower level in the individuals who participated in the research.⁷⁸ It has also been shown that upregulation of SLC6A20, which produces sodium/imino-acid (proline) transporter 1

(SIT1) and physiologically interfaces with ACE2, the cellular ligand of SARS-CoV-2, seems to be statistically crucial in patients with COVID-19.⁷⁹ Additional research investigated the HLA-genotyping of seven distinct HLA locus (including HLA-A, -C, -B, -DRB1, -DQA1, -DQB1, and -DPB1) and the connection between them and COVID-19 severity. They identified no link between vulnerability to serious COVID-19 and the number of HLA-alleles. CCR9 gene, which generates a chemokine ligand that is both homeostatic and pro-inflammatory, is one of the genes distinguished among other genes studied. This receptor is found to be implicated in the pathophysiology of many forms of pneumonia, and its production is elevated during the early stages of respiratory inflammation. Several types of pneumonia have been discovered to be mediated by this receptor, and its synthesis is heightened during the initial phases of inflammation in respiratory disease.⁸⁰

Lu et al.⁸¹ discovered many genes with mutations that were correlated with an elevated risk of mortality in COVID-19. Scientists discovered four genes with missense variations when analyzing the genotypes of 193 infected cases: the ERAP2 gene, the BRF2 gene, the TMEM181 gene, and the ALOXE3 gene have three different alleles, which are the rs150892504 allele, the s138763430 allele, and the rs117665206 allele, respectively.⁸¹ Mutations in the ERAP2 gene, which encodes a metalloaminopeptidase implicated in the final processing of antigens for presentation through MHC-I molecules, are among the mutations described.⁸¹ The analysis of four clinically relevant cases of severe coronavirus infection followed up with whole-genome sequencing showed the presence of loss-of-function mutations in the X-chromosomal TLR7 gene, which encodes the TLR7, in COVID-19 cases and their families.⁸¹ Patients' peripheral blood mononuclear cells showed a reduction in type I IFN signaling, which had been demonstrated as a decline in the expression levels of IRF7 proteins (Interferon Regulatory Factor 7), IFNB1 (Interferon Beta 1), and interferon-stimulated gene 15 (ISG15) after stimulation with imiquimod, a TLR7 agonist, as well as reduced expression of IFN-, IFN type II⁸² (Figure 1). Based on previous studies, researchers have shown that the X chromosome-specific TLR7 gene supports the innate immunity against coronaviruses.^{83,84} In a multi-population analysis, Smatti et al. discovered that multiple genetic variants such as intercellular adhesion molecule 3, IFN- γ , MBL, IL4, CCL2, CCL5, Furin, TMPRSS2, and CD209 promoter, which could potentially modulate SARS-CoV-2 infection, are markedly varying among populations, with the lowest incidence observed among Africans.⁸⁵ In another study, Verma et al.⁸⁶ discovered that the MUC5B variation rs35705950-T has a protective function in COVID-19 disease. Their findings revealed that the existence of rs35705950-T was related to decreased hospitalizations as well as fewer post-COVID-19 pneumonia episodes.⁸⁶

Moreover, according to the 2020 survey performed by Zhang et al.,⁸⁸ homozygous heredity of the rs12252 allele of the interferon-induced transmembrane protein 3 (IFITM3) might be linked with severe illness. IFITM3 produces a protein (an immune effector) that promotes mucosal immune cell longevity by increasing the concentration of CD8+T lymphocytes in the airways, which is vital in viral

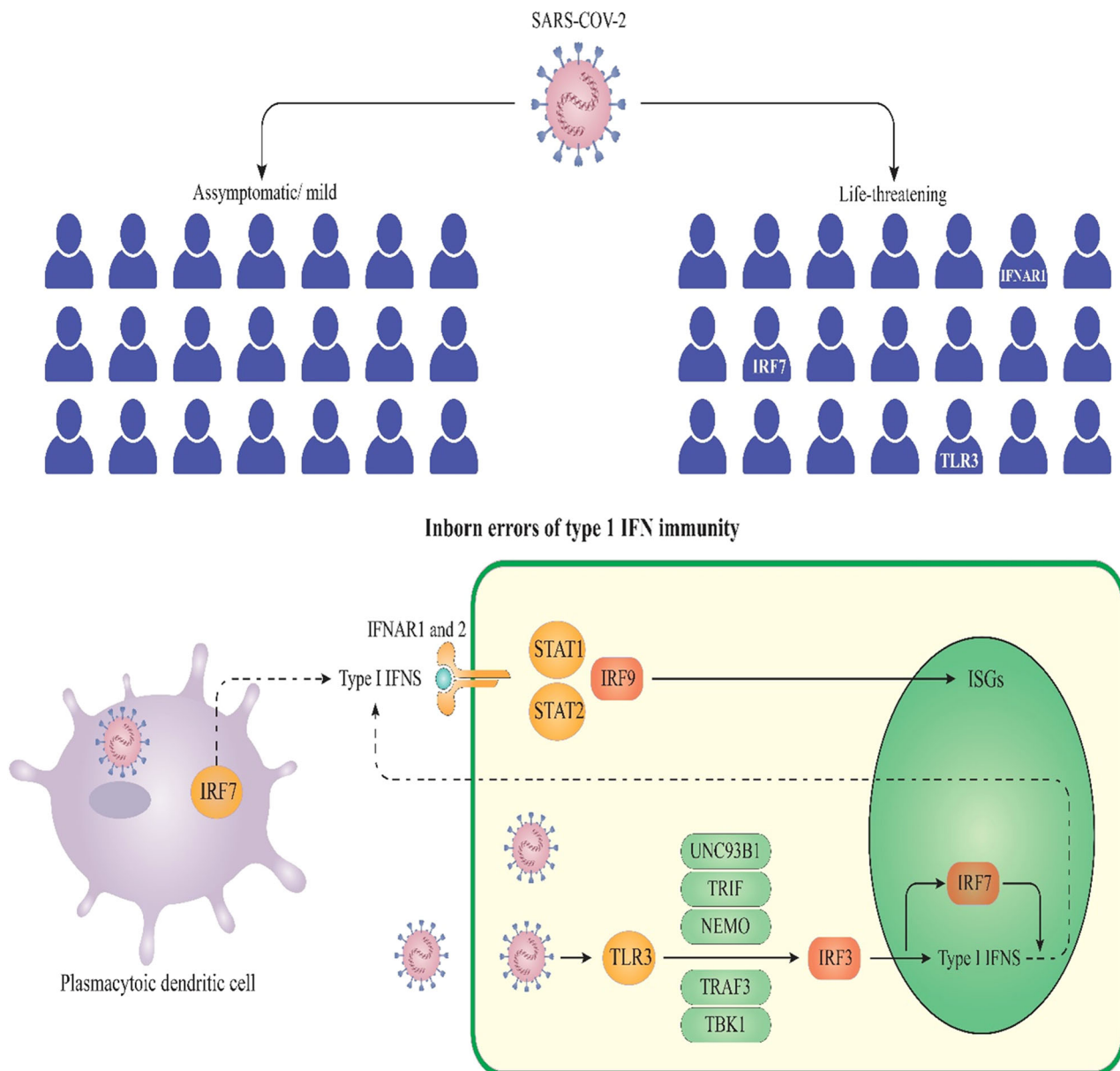


FIGURE 1 Diversity of type I IFN production and life-threatening COVID-19 pneumonia. It has been demonstrated that variants at the TLR3- and IRF7-dependent type I IFN immunity are related to life-threatening COVID-19 pneumonia and asymptomatic infection.⁸⁷ COVID-19, coronavirus disease 2019; IRF7, interferon regulatory factor 7; IFN, interferon; TLR3, toll-like receptor 3 (TLR3)

diseases.^{89,90} This protein is involved in viral invasion and is linked to the COVID-19 severity and the cytokine storm.⁹¹

5 | OTHER COVID-19 ASSOCIATED GENES

Interindividual heterogeneity in vulnerability to COVID-19 disease has been linked to the existence of genetic variants in numerous genes, particularly those that code for proteins involved in the pathogenicity.⁹² This section gives a brief overview of the many genes involved in SARS-CoV-2 illness and their association with disease severity (Table 1).

5.1 | ACE

ACE is the enzyme that converts angiotensin-2 to angiotensin (1-7) from 114. It has been shown that nearly all organs, including the lungs, liver, kidney, vascular system, and other organs, express ACE2.^{115,116} The cellular receptor for SARS-CoV-2 infection is considered to be ACE2.⁴⁴ The COVID-19 attaches to target cells via the ACE2 receptor, facilitating COVID-19 adherence, invading, and penetrating.¹¹⁷ Several receptors may be utilized, although the virus prefers ACE2 and has lower affinities for Glucose-Regulate Protein 78 (Grp78) and CD147 as an additional ligand.¹¹⁶ The amount of ACE2 expression in males is substantially more significant than in females, which may underlie the male preponderance of COVID-

19.^{118,119} The effects of ACE2 polymorphism on SARS-CoV-2 pathogenesis are illustrated in Figure 2.

Nevertheless, in another investigation, ACE2 activity was not correlated with a male/female disease severity difference amongst Italian subjects with COVID-19.¹²¹ Another researcher discovered similar findings, revealing no differences in ACE2 gene expression across age or genders (male vs. female) categories.¹²² ACE2 gene is highly polymorphic; several polymorphisms in ACE2 have been associated with higher ACE2 protein production and are more prevalent in the East Asian populations.^{117,123,124} It is not just that, but the ACE deleting allele, which is related to changes in ACE synthesis, affects the propagation of the virus and the consequences of COVID-19 disease, particularly in Asian communities.^{125,126} According to Stawisk's research, numerous genetic polymorphisms in ACE2 are linked with COVID-19 susceptibility.¹²⁷

Some ACE2 gene variants may also affect neurological sequelae frequencies in COVID-19 cases.¹²⁸ In contrast, Delanghe et al.¹²⁹ could not find a connection amongst deletion allele occurrence of the ACE I/D variant in European, North African, and Middle Eastern countries and COVID-19 disease and mortality rates. There was a low prevalence of polymorphisms in the ACE2 gene in a cohort study of 120 individuals in Madrid, and there was no connection between this gene and COVID-19.¹³⁰ Many variables, including genetic makeup, lifestyle, regional and cultural variations across groups, demographic features of the population (gender, age), and comorbidity, may explain the conflicting findings of these research.

There are 26 exons in the ACE gene, which is located on chromosome 17q35.¹³¹ ACE insertion/deletion (I/D) polymorphism of a 287-bp Alu repeat sequence of intron 16 may induce alternative splicing in ACE protein, with one active site for the ACE I allele and two active sites for the ACE D allele.¹³¹ The I/D polymorphism accounts for 47% of variations in plasma ACE concentrations, whereas the DD polymorphism is related to the highest concentration in most ethnic groups examined.^{132,133} The use of ACE blockers enhanced ACE2 levels.¹³⁴ Several investigations show a link between the ACE "D" allele and pneumonia in SARS patients and ARDS mortality. Accordingly, in a study by Verma et al.,¹³⁵ they explored how the ACE1 I/D genotype influenced the disease severity of patients with COVID-19 in the north Indian community. They discovered that ACE1 DD polymorphism, the abundance of D allele, age above 46, unmarried lifestyle, and incidence of diabetes and hypertension were substantially higher in severe COVID-19 subjects. The ACE1 ID polymorphism was shown to be positively correlated with socioeconomic COVID-19 subjects.¹³⁵ These data suggest that the ACE1 polymorphism might influence the frequency and outcomes of cases with COVID-19 and serve as a predictor of COVID-19 susceptibility and morbidity.

5.2 | CD26

The DPP4 is another receptor for coronaviruses, also identified as CD26, which is the primary receptor for MERS-CoV cell

entrance.¹³⁶ Furthermore, CD26 has been identified as a cellular ligand for SARS-CoV-2 entrance into human cells.¹³⁷ Beyond its potential involvement in the entrance of this virus into the target cell, CD26 has been linked to obesity, insulin resistance, and hypertension.¹³⁸ DPP4 blockers were used to treat type 2 diabetes mellitus (T2DM) because they enhance the half-life of glucagon-like peptide 1 (GLP-1).¹³⁹ Given that diabetes and obesity are essential determinants for COVID-19 development and disease severity, studying DPP4 protein in these individuals may offer valuable information. According to another research, individuals hospitalized with COVID-19 had lower levels of DPP4 than a control group.¹⁴⁰ This study even included a group of sepsis subjects who had no changes in DPP4 levels, indicating that the SARS-CoV-2 infection causes a reduction in this protein. The DPP4-encoding genes are heterogeneous; a connection between enzyme levels and specific polymorphism genotypes and pathologies such as T2DM and myocardial infarction has been discovered.^{141,142} In this line, a study by Posadas-Sánchez et al.¹³⁸ discovered the DPP4 level in a sample of COVID-19 cases and determined whether these levels are linked to severity and certain clinical observations. Furthermore, a link between the DPP4 rs3788979 polymorphism and COVID-19 was discovered.

The genetic vulnerability of DPP4 to COVID-19 was investigated, and a connection was discovered between the rs13015258 missense variation in the CD26 gene and vulnerability to COVID-19. The *in silico* analysis also indicates that the S protein of SARS-CoV-2 interacts with the targets CD26 and TMPRSS2.¹³⁷

5.3 | IFITM3

The IFITM proteins are important in antiviral protection in adaptive and innate immunity.¹⁴³ The IFITM loci in humans are found on chromosome 11p15.5 and include five genes, one of which is IFITM3.¹⁴³ IFITM3 inhibits hemifusion between both the viral envelope and the host cellular membranes in a wide range of enveloped viruses, including Marburg virus, influenza A virus, SARS-CoV virus, and Ebola virus.¹⁴⁴ IFITM3 suppresses viral-cell membrane fusion by altering cell membrane flexibility.¹⁴⁵ Previous research has shown that SNPs in the gene IFITM3 might reduce IFITM3's antiviral activity, increasing infection sensitivity and disease severity.¹⁴⁶ In pioneering research, Zhang et al.⁸⁸ identified a greater incidence of rs12252 C variants in severe COVID-19 cases than in moderate cases. It was later demonstrated that C-allele carriers of the SNP rs12252 in the Spanish population had a twofold higher risk of COVID-19 relative to a reference population obtained before the pandemic.¹⁰⁵

The reduction of S protein-mediated entrance by IFITM1, IFITM2, and IFITM3 was shown in functional *in vitro* experiments for SARS-CoV-2.¹⁴⁷ SARS-CoV-2 and SARS-CoV-1 have an 82% sequence similarity.¹⁴⁸ Kim and Jeong¹⁴⁹ discovered different mortality rates in cases with COVID-19 from each ethnic group in preliminary research. Significantly, they discovered a significant

TABLE 1 Main COVID-19 associated genes and their polymorphisms

Gene	Chromosome	Function in COVID-19	Polymorphism (SNP)	Study population	Result	References
ACE1	17	ACE-1 and ACE-2 are angiotensin peptide cleavers, with ACE-1 cleaving Ang I and creating Ang II. At the same time, ACE-2 cleaves Ang II and produces Ang III, which triggers vascular constriction and bronchoconstriction, enhances endothelial dysfunction, fibrosis, and inflammation, and continues the progression of ARDS and lung collapse cases with COVID-19.	rs1799752	Korea, Europe	Evidence shows that the ACE1 I/D polymorphism might be implicated in various clinical diseases induced by SARS-CoV-2 diseases such as renal damage, pneumonia, ischemic stroke, and immunological reaction, including the cytokine storm.	93,94
ACE 2	Xp22.2	It has been discovered that the SARS-CoV-2 S protein recognizes the ACE2 ligand. This recognition promotes the virus' binding to the cell.	rs2106806, rs6629110	Spain	According to the current investigation findings, the minor A allele inside rs2106806 enhances the risk of developing severe COVID-19.	95,96
ACE 2	-	-	rs2285666	India	In this study, researchers discovered for the first time a positive and statistically significant connection between alternative allele (T or A) of rs2285666 with a reduced infection and mortality rate in Indian communities.	97
ACE 2	-	-	S19P, I21T/V, E23K, A25T, K26R, T27A, E35D/K, E37K, Y50F, N51D/S, M62V, N64K, K68E, F72V, E75G, M82I, T92I, Q102P, G220S, H239Q, G326E, E329G, G352V, D355N, H378R, Q388L, P389H, E467K, H505R, R514G/*, and Y515C	Europeans, Africans, Asians, and Americans	For the virus to enter and infect the host, these variations played a central role. According to recent research, the uncommon variations of human ACE2 appear to become one of the determining variables linked with adaptation in the fight toward SARS-CoV-2.	98

TABLE 1 (Continued)

Gene	Chromosome	Function in COVID-19	Polymorphism (SNP)	Study population	Result	References
ACE 2	-	-	rs61299115, rs11088551, and rs4303794	Asian and African descents in Israel	The combination of the three SNPs, which are very frequent in the overall population (25%–36%) but are relatively uncommon in the East Asian and Korean populations, suggests that TMPRSS2 is expressed at a lesser rate in these groups. This, together with the differences identified in the promoter of ACE2, might lead to the conclusion that COVID-19 has varied pathogenesis and outcome in different societies.	7
TMPRSS2	21q22.3	An additional requirement for viral entrance to the target cell is S priming by cell-surface proteases, including the TMPRSS2, which also is accomplished by degradation of the virus's S protein at the S1/S2 and S2 domains.	p.Val160Met	Indonesia	However, while the current analysis found no connection between the p.Val160Met variant and illness severity, they did notice a possible connection between the TMPRSS2 (pVal160Met) variation and viral load in subjects with COVID-19.	10
TMPRSS2	-	-	rs383510	German	This study demonstrated that the intron variation rs383510 in the gene TMPRSS2 is related to an elevated risk of SARS-CoV-2 disease in a German population.	99
IFITM3	-	-	rs6598045	Worldwide	A noteworthy finding of this investigation was discovering a significant connection between the death rate of COVID-19 and the allele frequency of the rs6598045 SNP of the IFITM3 locus.	100
TMPRSS2	-	-	rs3787946, rs9983330, rs12329760, rs2298661, and rs9985159	Italy	Furthermore, while comparing the critically ill patients to the reference persons, it was discovered that the alleles with minor frequency were less frequently identified, indicating that they may have a protective function against the advancement of the disease. Unexpectedly, four of the five SNPs were found to be repeated in two Asian-derived	101

(Continues)

TABLE 1 (Continued)

Gene	Chromosome	Function in COVID-19	Polymorphism (SNP)	Study population	Result	References
TMPRSS2	-	-	p.V197M (p.Val197Met) (rs12329760)	Finland, Italy	cohorts, but just two SNPs were found to be replicated in a case series of African descent. Furthermore, we confirmed the relationship between the rs12329760 SNP and Italian nationality in a separate case-control cohort of Italian origins, which was previously published. These findings clearly imply that the gene 21q22.3 is a new susceptibility locus to an adverse outcome of COVID-19 and that people of diverse ethnic backgrounds might share the molecular processes behind this genetic propensity.	
					It was discovered that there is a frequent variation of the gene p.V197M (p.Val197Met) (rs12329760) which has a detrimental impact on the protease and beneficial effects on the patients. It is thought to play a significant role among two sub-groups, namely, young men and older women and those with co-morbidities. The variant amplitude is more prevalent in individuals who were moderately influenced by the disease and did not demand inpatient care or mechanical ventilation than those who were more significantly affected, who mandated mechanical ventilation or intubation.	102
CD26	2	In recent research, it has been revealed that SARS-CoV-2 interacts with the DPP4/CD26 receptor as it enters cells of the respiratory system. It indicates that the link between the S protein (SARS-CoV-2) and the DPP4/CD26 is a critical component in the hijacking and pathogenicity of the virus.	rs13015258	Worldwide	rs13015258, a 5' UTR polymorphism from CD26, has been shown to have a vital function in controlling the expression of essential regulatory genes, which may be implicated in the internalization of SARS-CoV-2. Increased expression of CD26 caused by epigenetic	103,104

TABLE 1 (Continued)

Gene	Chromosome	Function in COVID-19	Polymorphism (SNP)	Study population	Result	References
IFITM3	11	IFITM3 has a vital antiviral function in the body since it prevents viruses from crossing through the lipid bilayer of the cell. Variants of the IFITM3 gene are related to clinical responses to influenza and other viruses.	rs12252	China	alteration at the rs13015258-C allele was discovered to be necessary, and this might underlie the increased mortality rate associated with SARS-CoV-2 infection among patients with type 2 diabetes.	88,105
IL-6	7p15.3	Growing evidence suggests an upsurge of IL-6 in COVID-19 critically ill patients, and the presence of this rise is associated with the severity of the illness and the risk of death.	rs1800796/rs1800795	Worldwide	The polymorphisms in the IL-6 gene at the rs1800796/rs1800795 loci were studied in communities from India, Mexico, Turkey, Brazil, Russia, Italy, South Africa, the Netherlands, and Greece. The GG genotype was found in most of the communities from these countries, whereas the GC genotype was found in the majority of the societies from China, Spain, Sweden, Poland, Germany, and the United Kingdom.	106,107
HLA	6	Considering that HLA plays an essential role in the immunological reactions to pathogens and the pathogenesis of infectious diseases, it has been suggested that HLA diversity in a population might be associated with COVID-19 occurrence.	HLA-A*24:02	China	Only the Japanese population exhibited the CC genotype for the rs1800796 variant.	92,108

(Continues)

TABLE 1 (Continued)

Gene	Chromosome	Function in COVID-19	Polymorphism (SNP)	Study population	Result	References
ABO	9q34.2	An accumulating body of data shows that the ABO blood type may play a major role in the immunopathology of SARS-CoV-2 disease, with group O persons being less likely to test positive and group A persons being more susceptible to infection and more likely to suffer from severe illness.	3p21.31 and 9q34	Italy	9q34 contains the ABO blood group loci, and blood-group-specific research discovered a stronger connection between being A-positive and having a greater chance of contracting covid19 than previously thought.	109,110
DBP	4q11q13	It was shown that having higher 25-hydroxyvitamin D levels was linked with a considerably reduced amount of total lung participation while having low 25-hydroxyvitamin D levels was related to an increased risk of death. It brought attention to the relevance of the polymorphisms of vitamin D binding protein (DBP), the main transporter of vitamin D, and performs a potentially underappreciated role in the pathophysiology of COVID-19 infection.	rs7041 and rs4588	Turkey	Between both the occurrence (per million) and death rates (per million), as well as the GT genotype (P.05), significant positive associations were discovered. In contrast, a significant negative relationship was discovered between both the occurrence (per million) and death rates (per million), as well as the TT genotype atrs7041 locus amongst the communities ($p < 0.05$). In conclusion, the differences in the occurrence of COVID19 and the death rates associated with it may be linked with the DBP variants rs7041 and rs4588 were shown to have different effects on vitamin D metabolism.	111,112
GSTT1	1p13.3	The GSTT1 and GSTM1 deficient variants are linked with an increased risk of various oxidative stress-related complex illnesses. It is widely recognized that oxidative stress is a significant contributor to the development of viral respiratory diseases. Pulmonary fibrosis is one of the most serious consequences of COVID-19 illness, which is characterized by high levels of oxidative stress in the body.	GSTM1 and GSTT1	India	Patients with the GSTM1+/+ and GSTT1-/- genotypes had a poor survival rate. These findings recommended that patients with the GSTT1-/- genotype in COVID-19 had a higher death rate.	113

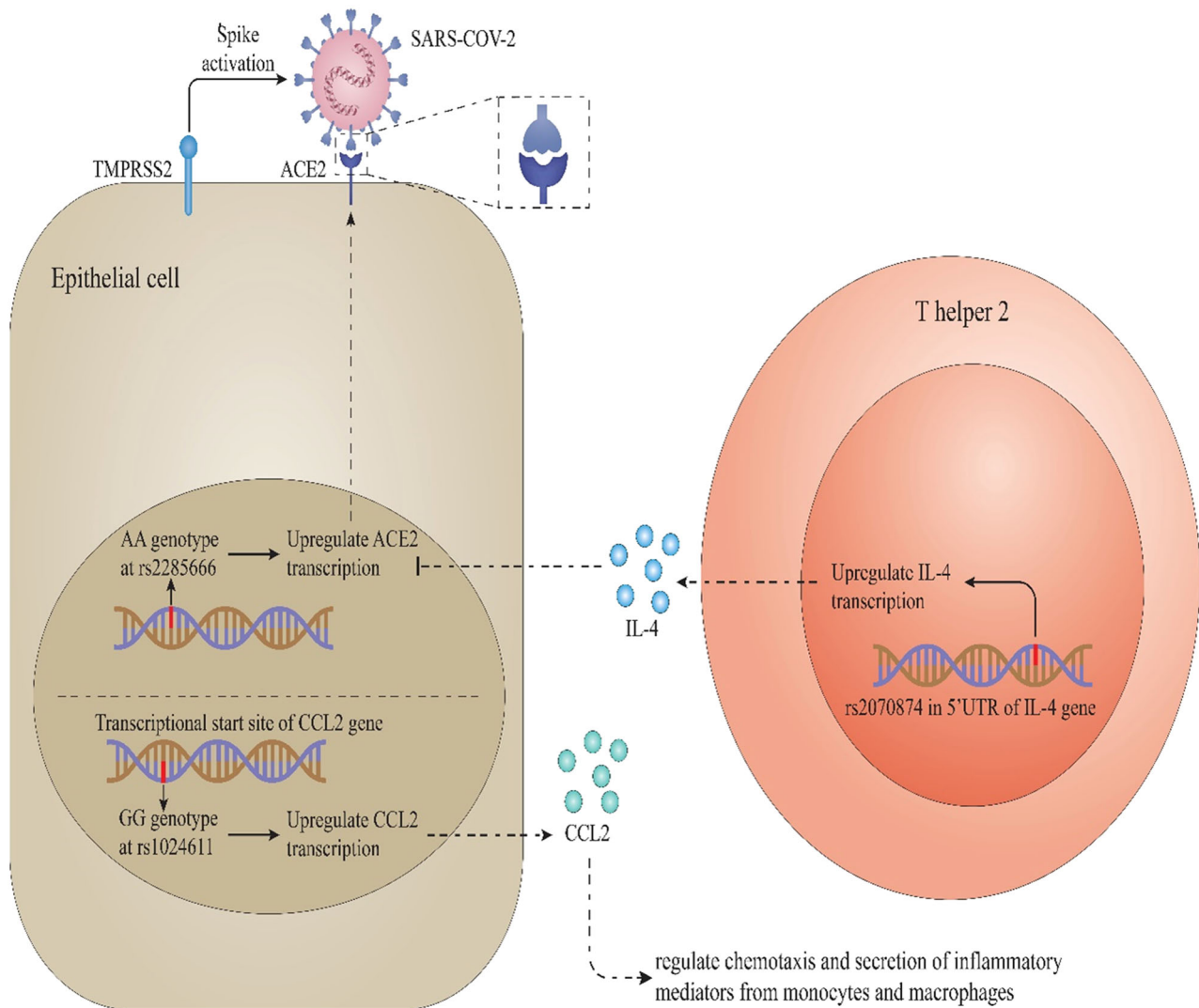


FIGURE 2 ACE2 polymorphism and effects on SARS-CoV-2 entrance and outcomes. It has been found that the AA genotype of the rs2285666 is mediated to higher ACE2 expression that causes more virus attachment and can affect the infection course.¹²⁰ Besides this, the GG genotype of this polymorphism is mediated to higher expression of CCL2, a chemokine that regulates the formation of chemotaxis and inflammatory mediators from macrophages and monocytes. ACE2, angiotensin-converting enzyme 2; CCL2, C-C Motif Chemokine Ligand 2

connection between the COVID-19 death rate and the genotype frequencies of the IFITM3 gene's rs6598045 SNP. This is the first research to demonstrate a substantial population-level link between the COVID-19 mortality rate and the IFITM3 gene's rs6598045 SNP. As a result, mutations in this protein may affect the risk and severity of respiratory diseases, including influenza and COVID-19 permeability.^{146,150} Furthermore, IFITMs significantly impact infection in several different ways, including modifying cellular membrane characteristics, changing the lipid/protein structure of acidic subcellular compartments, increasing cholesterol levels on late endosomes and lysosomes, and hindering membrane fusion via a hemagglutinin-mediated mechanism.¹⁵¹ In a nutshell, the mechanisms of IFITM-mediated SARS-CoV-2 suppression need more investigation.¹⁵²

5.4 | TMPRSS2

TMPRSS2 is another human ligand for the SARS-CoV-2 that performs a pivotal function in viral entry into the target cell.¹⁰ The study of TMPRSS2 activity in human tissues emphasized the significance of expression in lung tissue and the existence of four polymorphisms (rs383510, rs2070788, rs469390c, and rs464397); these variations are considered to have the potential to affect TMPRSS2 expression and performance.¹⁵³ According to Cheng et al.'s research,¹⁵⁴ two genetic polymorphisms in this gene (rs2070788 and rs383510) were strongly linked with the risk of influenza. Furthermore, it was discovered that gender could affect TMPRSS2 gene expression in a large Italian cohort.⁹² Several genetic polymorphisms in this gene result in higher TMPRSS2 production and are linked to an increased risk of

influenza.⁹² Others have been influenced by androgens, which may underlie the gender disparity in severity of COVID-19.¹²¹ As a result, in German case-control research, researchers investigated the impact of SNPs in the gene *TMPRSS2*. Schönfelder et al.⁹⁹ genotyped SNPs rs383510, rs12329760, and rs2070788 in the gene *TMPRSS2* in 239 positive cases and 253 negative individuals for SARS-CoV-2 infection. They investigated the relationship between the SNPs and vulnerability to SARS-CoV-2 disease and the disease severity. The characteristics of positive and negative COVID-19 patients were not different. The CC polymorphism of *TMPRSS2* rs383510 was linked to a 1.73-fold higher risk of SARS-CoV-2 disease although not to the disease severity. However, neither *TMPRSS2* rs2070788 nor the rs12329760 variants were correlated to the probability of SARS-CoV-2 disease or the COVID-19 severity. The rs383510 CC polymorphism maintained an important predictor of a twofold higher SARS-CoV-2 risk of infection in multivariable analysis (MVA). In brief, the investigation by Schönfelder et al.⁹⁹ seems to have demonstrated that the intron variant rs383510 in the *TMPRSS2* gene is linked with an elevated risk of COVID-19 in a German population.

Senapati et al.¹³⁷ discovered significant associations between three *TMPRSS2* gene variations (rs61735794, rs61735792, and rs75603675) and COVID-19 in Madrid populations, also, they discovered four variants in the *TMPRSS2* gene (rs713400, rs77675406, rs11910678, and rs112657409) that control gene expression of *TMPRSS2* and impact the chance of COVID-19 infection.

5.5 | GSTT1-M1

Glutathione S-transferases (GSTs) are a versatile isoenzyme superfamily that facilitates glutathione coupling with electrophilic chemicals, which detoxifies various endogenous and foreign substances by the cell.¹⁵⁵ GSTs have a key component in detoxifying numerous carcinogens and medicines and the protection of cells toward different kinds of cellular oxidative damage.¹⁵⁶ The different interindividual activities of the GST enzyme are assumed to contribute to the elimination of oxidative stress intermediates by the GST enzyme.¹⁵⁷ It has been discovered that there are eight different types of GST enzymes found inside the cytosol of mammalian tissue (including alpha (α)-GSTA, mu (μ)-GSTM, pi (π)-GSTP, omega (ω)-GSTO, theta (θ)-GSTT, sigma (σ)-GSTS, kappa (κ)-GSTK, and zeta (ζ)-GSTZ).¹⁵⁸ The μ (GSTM1: MIM: 600436) and θ (GSTT1: MIM: 138350) are the most frequent variants of GST genes, and they are found on chromosomes 1p13.3 and 22q11.23, correspondingly, on chromosomes 1 and 22.¹⁵⁸ The null genotype (GSTM1^{-/-}) and GSTT1 (GSTT1^{-/-}) genes are linked with decreased enzyme activity and an increased risk of many oxidative stress-related multifaceted disorders, such as cardio-respiratory disorders.¹⁵⁸ The GSTT1 and GSTM1 genetic variants result in a full gene deletion, resulting in the complete lack of GSTT1 and GSTM1 enzyme activity in the affected subjects.¹⁵⁹ For example, in research conducted in the North Indian population, Abbas et al.¹⁵⁸ examined the relationship of GSTM1 and/or GSTT1 genotypes with COVID-19 vulnerability and its

consequence. The incidence of GSTM1/, GSTT1/, and GSTM1/GSTT1/ was greater in severe cases than in moderate COVID-19 cases; however, they did not find a statistically significant relationship between these two factors. In the Cox hazard model, mortality was substantially 2.28-fold greater in individuals with the GSTT1^{-/-} polymorphism ($p = 0.047$). Cases with the GSTM1^{+/+} and GSTT1^{+/+} polymorphisms died at a lower rate than those with the GSTM1^{+/+} genotype ($p = 0.02$). They demonstrated that participants who were GSTT1 null had a greater risk of SARS-CoV-2 infection than those with GSTT1 present. In East-Asian nations, increased COVID-19 occurrences and deaths were reported, where the GSTT1 null gene was less prevalent than in other genotypes.

5.6 | ABO

In humans, the method for classification of the blood system is called the ABO system, which is comprised of A and (B glycoprotein antigens), as well as polyclonal antibodies toward these antigens in those who do not display the antigens.¹⁶⁰ In addition to red blood cells, A and B antigens may be found on various kinds of cells, such as epithelial cells of the gastrointestinal and respiratory system and endothelium lining the blood vessels.¹⁶⁰ As a result, in addition to RBC transfusions, for organ cell, tissue, and cell transplantation, ABO compatibility is required.¹⁶⁰

Previous research has shown that the ABO blood group variation impacts predisposition to COVID-19, with people in A and O groups getting a more significant and reduced risk, correspondingly.¹⁶¹ Since then, many investigations have shown a connection between ABO blood groups and SARS-CoV-2, among others, such as Zhao et al.,¹⁶² Zietz et al.,¹⁶³ and Zeng et al.¹⁶⁴ A further study by Li et al.¹⁶⁵ analyzed the distribution of ABO blood type in 265 cases with COVID-19 and 3694 healthy subjects. The percentage of patients belonging to group A was considerably more significant than the proportion of control subjects (39.3% vs. 32.3%, $p = 0.017$). In contrast, the percentage of cases belonging to group O was substantially lower than the ratio of control subjects (25.7% vs. 33.8%, $p = 0.01$).¹⁶⁵ In general, the distribution patterns of groups A and O among people of different ages and genders were nearly identical to the general trend.¹⁶⁵ Individuals belonging to groups A and O were shown to have a greater and lower infectious risk, correspondingly, from the other investigations.^{166,167} In a genome-wide association study of 1980 cases with COVID-19 and 1394 Italian controls, researchers discovered two genetic regions on chromosomes 3p21.31 and 9q34 that were associated with predisposition to COVID-19 disease. Six significant genes are found in the 3p21.31 locus, one of which codes for the transporter Sodium/Imino-acid (proline) Transporter 1 t (SLC6A20 gene) interacts with the ACE2 protein.¹⁶⁸ The 9q34 locus, which contains the ABO blood type locus, and a blood-type-specific study showed a more vital link among A groups and COVID-19 susceptibility. Moreover, the risk genotypes of the lead variations in 3p21.31 and 9q34.2 were more common in mechanically ventilated cases than to those receiving oxygen

augmentation. The connection on 9q34.2 was traced to the ABO gene.¹⁶⁸

In group O, participants had 25% lower blood concentrations of von Willebrand factor (vWF) and factor VIII (FVIII), both of which are required for platelet adhesion, accumulation, and fibrin clot development.¹⁶⁰ The vWF protein is a transporter and stabilizer for FVIII, which is primarily produced in the vascular endothelium and discharged into the circulation.^{160,169} Individuals in the non-O group are at a higher risk of pulmonary embolism, venous thromboembolism, and thrombosis.¹⁶⁹ As a result, ABO variation is related to vascular tone, leakage dysregulation, oxidative damage, and cytokine storm production. As a result, the ABO variant may influence the development of COVID-19 illness via a molecular process that does not require natural antibodies.

5.7 | IL-6

A cytokine that has been identified as pro-inflammatory is interleukin 6 (IL-6), which is generated by a wide variety of cells including fibroblasts, keratinocytes, mesangial cells, and macrophages as a response to tissue damage and disease.¹⁷⁰ In instances of SARS-CoV-1, elevated concentrations of IL-6 were found in the acute phase, which was shown to be associated with pulmonary lesions.¹⁷¹ In response to SARS-CoV-1 invading the respiratory system, IL-6, in particular, can elicit a hyper-inflammatory (innate) response.¹⁷² Intriguingly, compared to the influenza A virus, SARS-CoV-1 can generate higher concentrations of IL-6 in human epithelial cells.¹⁷³ In certain murine viral diseases, IL-6 is protective and vital in the resolution of infection; but, in others, such as SARS-CoV-1, high concentrations of IL-6 were linked with acute inflammation and were shown to be connected with death in the mice [140]. This also occurs in those diagnosed with SARS-CoV-2: special retrospective and meta-analysis investigations indicate that higher IL-6 and C-reactive protein (CRP) are associated with death and severity of disease in comparison to mild form.¹⁷⁴⁻¹⁷⁶ According to growing data, critically severe cases with acute respiratory failure and SARS-CoV-2 have either immunological deregulation or a macrophage recruitment disorder, both of which are characterized by pro-inflammatory cytokines. The immunological deregulation, in particular, is mediated by IL-6 rather than interleukin-1 (IL-1) beta.¹⁷⁶ Increased generation of pro-inflammatory cytokines through lymphocyte and monocytes dysfunction with CD4 lymphopenia are two critical characteristics of this immune dysregulation.¹⁷⁶ Increased expression of this cytokine was implicated in the development of SARS-CoV-2 infection and mortality.¹⁷⁷⁻¹⁷⁹ Research examining the relationship between IL-6 variants and SARS-CoV-2 infection found a link between the IL-6-174C variant and the severity of pneumonia.¹⁸⁰ Also, it suggested that an anti-IL-6R antibody may have been a valuable therapy for SARS-CoV-2. In another research, IL-6 genotypes were shown to predict COVID-19 severity.^{180,181} At the same time, Ravi et al.¹⁸² discovered that the IL-6 rs1800795 G polymorphism was related to SARS-CoV-2 diseases incidence and death.

5.8 | DBP

Vitamin D binding protein (DBP), which is primarily generated in the liver, regulates the circulatory metabolites of vitamin D (free and total metabolites).¹⁸³⁻¹⁸⁵ Indeed, DBP is the most heterogeneous protein, having many variants that significantly impact its biological activities.¹⁸³ The two most frequent DBP genotypes, rs4588, and rs7041 have been linked to the development of various clinical disorders, owing to their affinity for vitamin D.¹⁸³ According to findings, individuals with the AA genotype at the rs4588 loci had increased plasma concentrations of 25-hydroxyvitamin D (25(OH)D) in their plasma.^{186,187} Subjects with the GG genotype had lower 25(OH)D concentrations following the same dosage of vitamin D treatment.¹⁸⁷

Remarkably, two variants, including rs7041 and rs4588, have been linked to obstructive pulmonary disease (COPD).¹⁸⁸ Another finding indicated that the rs7041 loci were more susceptible to hepatitis C infection.¹⁸⁹ In a different population, DBP genetic variants have been significantly correlated with the enhanced vulnerability to illnesses and vitamin D insufficiency; they might even have a function in COVID-19.¹⁹⁰⁻¹⁹²

According to recent research, the rs7041 locus is linked with a greater incidence of SARS-CoV-2 diseases and death.¹⁹³ As a result, the relationship between DBP and COVID-19 genetic variation may be due to the pleiotropic modulatory effects of bioavailability vitamin D concentrations.¹⁸⁶ According to a recent study, these SNPs in the DBP gene, particularly the rs7041 locus, are associated with the frequency (GT genotype: $r = 0.73$, $p = 0.02$; TT genotype: $r = 0.62$, $p = 0.04$) and mortality (GT genotype: $r = 0.87$, $p = 0.01$; TT genotype: $r = 0.66$, $p = 0.04$) frequencies of SARS-CoV-2 in all populations studied.¹⁹³ In China, Japan, Nigeria, and Kenya, individuals having a TT polymorphism were more susceptible to COVID-19. Racial variations in the frequency of these frequent genetic variants may lead to an imbalance in vitamin D metabolism, affecting the severity of acute lower respiratory infections.¹⁹³

6 | CONCLUSION

The previous findings highlighted the axial role of genetic variants in the susceptibility of many diseases such as cancer, autoimmune diseases, and infectious diseases such as COVID-19. Concerning the COVID-19, according to the accumulation of evidence, it seems that the pathogenic fate of COVID-19 is affected by a wide range of genetic variants and environmental factors. To achieve a decent knowledge of the etiology and pathogenic processes associated with SARS-CoV-2 disease, it is crucial to know the factors which are implicated in the disease. Furthermore, this might contribute to predicting the risk of COVID-19 disease, providing for more effective prevention. The current work demonstrated that a wide range of genes found in cell surface receptors for SARS-CoV-2 is linked with an increased risk of getting COVID-19 infection. A genotype known as "DD" can contribute to explaining the host response's vulnerability to SARS-CoV-2 disease, which may result in a broad spectrum of

pathophysiological conditions. Therefore, the ACE I/D variant might have been a helpful tool for estimating disease progression and intervention results when applied to the COVID-19 to create a population-based treatment development strategy to prevent disease. Also, it seems that the genetic variation in immune cells might influence immunity against SARS-CoV-2. All in all, further investigation with larger cohorts and control subjects should be carried out to understand better the relationship between COVID-19 severity and various polymorphisms and therapeutic response.

CONFLICT OF INTERESTS

The authors declare no conflict of interest.

AUTHOR CONTRIBUTIONS

Abolfazl Adli had the idea for and planned the study and contributed to the writing of the paper. Mandana Rahimi, Reza Khodaieh, and Niloofar Hashemzadeh contributed to the writing of the report. Sayed M. Hosseini contributed to the critical revision of the report. All authors read and approved the final version.

DATA AVAILABILITY STATEMENT

The data supporting this study's findings are available from the corresponding author upon reasonable request.

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