

Application of Virtual Surgical Planning to Reduction Mandibuloplasty for Mandibular Hyperplasia Secondary to Acromegaly

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INTRODUCTION

Acromegaly is characterized by slowly progressive somatic abnormal hyperplasia caused by overproduction of growth hormone and insulin-like growth factor 1, and is frequently associated with pituitary adenomas.¹ This disorder commonly results in mandibular hyperplasia and orofacial deformities requiring surgical correction. Here, we describe a novel use of virtual surgical planning in reduction mandibuloplasty for correction of mandibular hyperplasia secondary to acromegaly.

CASE

A 25-year-old woman presented to our clinic with mandibular hyperplasia secondary to a growth-hormone secreting pituitary adenoma, consistent with facial manifestations of acromegaly. This had been treated with a combination of prior surgical resection and lanreotide. Interestingly, she presented with normal occlusion, and reported this to be at her premorbid baseline. After clearance by endocrinology, a surgical plan was developed for a reduction genioplasty and mandibuloplasty to reduce her lower facial proportions without altering her current normal occlusion.

To facilitate intraoperative bone resection, virtual surgical planning (3D systems, Littleton, Colo.) was used to develop prefabricated cutting guides for reduction genioplasty, and ostectomy of the inferior border and gonial angles of the mandible. The planned degree of bone resection was facilitated during a planning session by overlay of the patient's CT scan images with a "generic" female mandible model (Figs. 1, 2).

An intraoral approach was used for reduction genioplasty and mandibuloplasty, with a technique similar to that used for feminizing mandibuloplasty.⁵ Osseous genioplasty was performed with a T-shaped excision

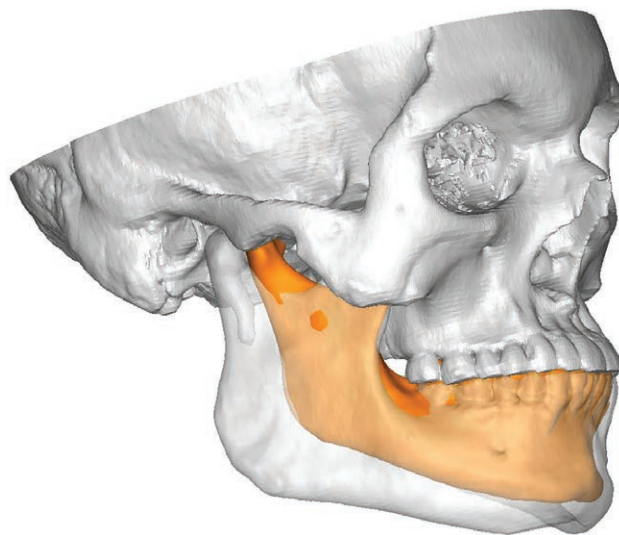


Fig. 1. Virtual surgical planning was used to assist in planning ostectomies of the lower mandible for correction of mandibular hyperplasia secondary to acromegaly. Preoperative mandible (gray) interposed with a "generic" female mandible (orange).

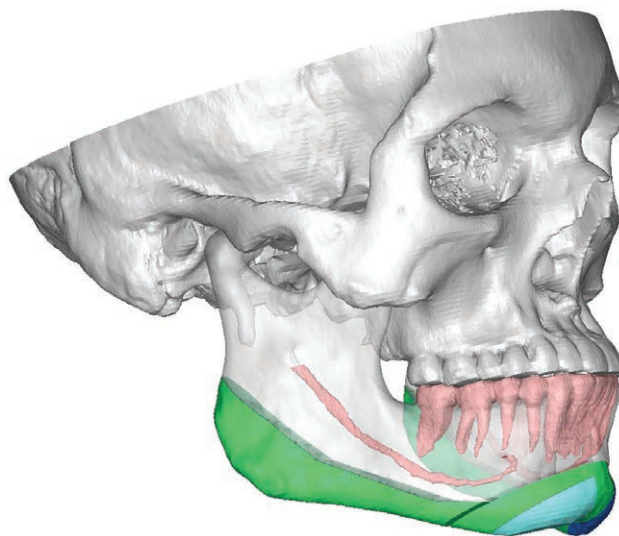


Fig. 2. Planned bone for resection is shown in green, and repositioned bone is shown in blue after T-shaped ostectomy to reduce the chin.

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of the bone to allow for reduction of chin dimensions in both horizontal and vertical vectors, with reduction amounts of 12.0mm and 7.2mm, respectively. Rigid titanium osteosynthesis of the remaining chin segments was performed. Osteotomy of the inferior border of the mandible was continued posteriorly and included the gonial angles to further reduce mandibular proportions. A surgical drain was placed for 24 hours. Routine postoperative oral hygiene and antibiotic prophylaxis was instituted, and the patient recovered uneventfully. A postoperative CT scan demonstrated effective mandibular reduction with contours approximating those of the “generic” female mandible used for surgical planning. (See figure, Supplemental Digital Content 1, which shows a postoperative CT scan demonstrating reduced mandible proportions, mirroring those of the “generic” female mandible used for surgical planning. <http://links.lww.com/PRSGO/B949>.)

DISCUSSION

Acromegaly results in overgrowth of skeletal and soft tissues, with typical enlargement of the mandible being seen. The most prominent facial manifestation of acromegaly is mandibular prognathism due to excessive jaw overgrowth, and the ramus is more often affected than the body of the mandible.^{2,3} Patients with acromegaly typically exhibit enlargement of all parts of the neurocranium and orofacial bones, though often sparing the maxilla, and common manifestations include dental malocclusion. This often warrants orthognathic surgery for correction of associated orofacial deformities. “Horseshoe horizontal

osteotomy” has also been utilized to reduce the vertical dimension of the body of the mandible.⁴

Interestingly, in our case, the lower facial enlargement was associated with normal occlusion, and a plan for lower mandible reduction was implemented. We found the use of virtual surgical planning in planning the appropriate osteotomies to be a useful tool in determining the degree of bone resection to mirror a “generic” female mandible proportion with a pleasing end result.

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DISCLOSURE

The authors have no financial interest to declare in relation to the content of this article.

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